

THIS WEEK AT THE **LGBT RC**

WEEK 9 | Nov. 26th – Nov. 30th

MON, 11/26

4:00PM – 5:30PM Bored Gaymers Conference Room

TUES, 11/27

12:00PM – 1:30PM Microaggressions: Combatting and Processing Everyday Racism Conference Room

2:30PM – 3:30PM Sapphic Circle Conference Room

WEDS, 11/28

3:00PM – 4:30PM Ask A Health Educator Office Hours Family Room

3:00PM – 4:30PM LGBT RC Staff Meeting Conference Room

5:00PM – 6:00PM Love is Light Conference Room

THURS, 11/29

12:00PM – 1:00PM Caravana LGBTQ Conference Room

2:00PM – 3:00PM Beyond Binaries Collective Conference Room

5:00PM – 6:00PM Disability Student Alliance Conference Room

6:30PM – 8:30PM oSTEM Conference Room, Family Room

FRI, 11/30

11:30AM – 1:00PM QTPOC Lunch Conference Room

4:30PM – 7:00PM Multi-Identity Art Collective Conference Room, Family Room



Fall 2018, Week 9
 UC San Diego LGBT Resource Center
 Monday-Thursday 8am-7pm;
 Friday 8am-4:30pm

"All power is
 the willingness to accept responsibility."
 - Larry Kramer

858-822-3493 | rainbow@ucsd.edu | lgbt.ucsd.edu



Audio Newsletter

Please click **HERE** to access our Audio Newsletter!

Special Announcements

A poster for Trans Day of Remembrance. The title "Trans Day of Remembrance" is at the top in a white, cursive font. Below it, there is a paragraph of text: "Join us for Trans Day of Remembrance to mourn and honor the lives of our trans siblings. Feel free to bring bouquets, flower crowns, bouquets, and flower crowns will also be available to make on library walk." The poster is divided into two main sections: "Nov 15th" and "Nov 20th". The "Nov 15th" section lists: "10am-11am | The Spirit of Remembrance at the LGBT at UCSD Black Resource Center" and "All Day | Community Altar: Spirit of the Black Resource Center and Black Resource Center". The "Nov 20th" section lists: "10am-11am | Trans History Timeline and Community Altar at Library, Walk 10am-11am | Episode Screenings of Pulse of the Black Resource Center 11am-12:30pm | Trans Vigil and Memorial of Science at the Black Resource Center" and "12:30pm-1:30pm | Trans Day of Remembrance Reception at the Black Resource Center". At the bottom, there is a paragraph: "Rides to the Hillcrest event will be coordinated for those who do not have their own transportation. To RSVP to the Hillcrest event by Nov. 15th, please use the link below: https://go.ucsd.edu/j/20181115TDR" and another paragraph: "If you require accommodations to fully access the event, please contact us at (858) 822-3493 or rainbow@ucsd.edu." At the bottom of the poster, there are logos for LGBT, UCSD, BRC, and RZA.

Trans Day of Remembrance

Nov. 20 | 10:00 AM - 8:00 PM | LGBT Resource Center

Join us for Trans Day of Remembrance to mourn and honor the lives of our trans siblings. Events will be happening throughout November 20th coordinated by the UCSD LGBT Resource Center, Women's Center, Black Resource Center, and Raza Resource Center.

Feel free to bring any personal items to altar spaces, bouquets and flower crowns will also be available to make on library walk.

Volunteer Appreciation Event

Nov. 30 | 3:00 - 4:00 PM | LGBT Resource Center

The LGBT Resource Center would like to invite every single LGBT Resource Center volunteer to



our Volunteer Appreciation Event! It's a good way to relax a bit before starting to study for finals. We're going to have sandwich supplies and crafts, including t-shirts, and we're trying to secure a couple of video games that we can play as a group. We hope to see you there so we can thank you in-person for all of the work you do for our Center! We really couldn't run without our amazing volunteer team.

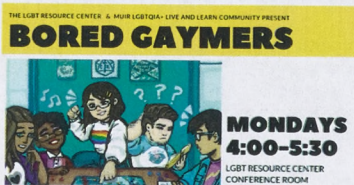
Thank you!



UC San Diego LGBT Resource Center's 20th Anniversary

In 2019 the UC San Diego LGBT Resource Center will celebrate 20 years on our campus. As we begin to plan for events connected to our 20th anniversary year, please hold Saturday, February 2nd, 2019 from 4pm-6:30pm for an event which honors our 20 years.

Queer Student Organization Affiliates



Bored Gaymers

**Mondays | 4:00-5:30 PM |
Conference Room, LGBT RC**

Come play board games with us weekly at the LGBT Resource Center! Feel free to see what games we have or even bring your own!

No experience required!

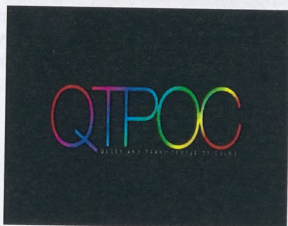
Love is Light

**Odd Wednesdays | 5:00-6:00 PM |
Conference Room, LGBT RC**



A safe space LGBTQ+ individuals and allies
of all spiritual backgrounds.
Come hang out!

Starting Wed. Oct 17
Meetings Every Odd Week
Wednesdays 5-6 pm
LGBT Resource Center Conference Room

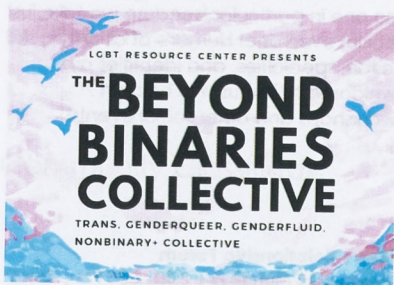


Love is Light aims to create a welcoming and comforting social environment for LGBT students of all spiritual backgrounds. As inclusion is the founding principle, allies and non-religious LGBT students are welcome. The group will affirm students' identity as part of the LGBT spiritual community and promote compassion, tolerance, and self-care through mental, spiritual, and physical wellness.

QTPOC

**Odd Wednesdays | 7:30 - 9:00 PM |
Conference Room, Cross Cultural Center**

QUEER/TRANS PEOPLE OF COLOR is a student org that creates a safe space to dialogue, educate, and socialize around LGBTQ+ identified people of color. For more information about QTPOC, contact qt pocucs d@gmail.com or check out their [Facebook page](#)



Beyond Binaries Collective

**Thursdays | 2:00 - 3:20 PM | Conference
Room, LGBT RC**

Come to a flexible, loving space with other folks who identify outside of the gender binary or are questioning if they are. Every week is a new space to explore who you are in a safe environment and find community and support.

Black Queer Collective

**Even Thursdays | 4:00-5:00 PM |
Conference Room, LGBT RC**

Black Queer Collective is a group dedicated to finding and fostering Black queer community at UC San Diego. For more



information about Black Queer Collective, please click [here](#).



oSTEM
Odd Thursdays | 6:30-8:30 PM |
Conference Room, LGBT RC

Out in Science, Technology, Engineering, and Mathematics is a national LGBTQ-affirming organization that aims to provide services and support for students in science, technology, engineering, and mathematics and to create a dynamic network between students and professionals in industry and academia. For more information, check out their [Facebook](#) page!



UCSD Multi-identity Art Collective
Fridays | 4:30-7:00 PM | LGBT RC

Multi-identity Artist Collective is an intersectional art group geared toward no one in particular because we take just about everyone! Humans of all artistic skill levels, specialties, and identities are welcome to join us. We hold art workshops and other social events!

Community Support Groups

Men's Relationship Forum
Weeks 2-10 Mondays | 2:30- 4:00 PM | Small Meeting Room, Women's Center

Join us for conversations about our experiences as gay men, and connect with other gay men on campus. This group addresses relationships, sexual health, community building and more.

Men's Relationship Forum



For more information please contact:
Greg Koch at gkoch@ucsd.edu.

Coming Out Group Tuesdays | 3:30-5:00 PM | Small Meeting Room, Women's Center

The Coming Out group is a place to meet and gain support while discussing your sexual and/or gender identities in a confidential setting. This group is for lesbian, gay, bisexual, transgender, straight, or questioning folks who are coming out, considering coming out or may already be out. Topics are determined by group participants and can include stress, fear, anxiety, loneliness, family/cultural issues, excitement and celebration with regard to coming out. The group is open to new members the first 3 meetings of each quarter and then closes to maintain safe space.

For more info, please contact Cat Thompson at cathompson@ucsd.edu or Luis Legaspi at llegaspi@ucsd.edu

Community Classifieds

Ask a Health Educator Odd Wednesdays | 11:00 AM - 12:00 PM | LGBT RC

Bria Hamlet is a Certified Health Promotion Specialist from the Health Promotion Services (HPS) department. Her focus areas include Alcohol and Other Drugs and Sexual Health. During her office hour, she will provide information about services available at Student Health Services (SHS), as well as upcoming wellness events and workshops. Bria also counsels

ASK A HEALTH EDUCATOR!

Meet with a health educator to learn more about the following health topics. We can help you make informed decisions when it comes to your health.

- Alcohol
- Tobacco
- Other Drugs
- Sexual Health
- Sleep
- Stress
- Health Eating
- Physical Activity

HEALTH PROMOTION SERVICES

Health Promotion Services provides a variety of services that help enhance and maintain the health of UC San Diego students and the collective campus community.

CONTACT
858-422-0455
healthpromotion.ucsd.edu



students before they begin pre-exposure prophylaxis, or PrEP, for HIV infection prevention. She can answer questions about that process as well.

MODERATED Q&A PANEL AND NETWORKING WITH ALUMNI

MEET THE BOSS: STARTUPS



TANER MALICIOGLU '16
FOUNDER, TANKS INC.



JULIE WARTELL '91
FOUNDER, THE WARTELL GROUP
CO-FOUNDER, FUELJET



PING YEN '91
CO-FOUNDER, FURNACE

WEDNESDAY | 11:05 | 6 PM - 8 PM | THE LOFT
REG: TINYURL.COM/SAN213TE

UC San Diego
STUDENT ALUMNI ASSOCIATES

Meet the Boss: Startups

Nov. 28 | 6:00 - 8:00 PM | The Loft, PC

Interested in startups and entrepreneurship? Want to connect with UC San Diego alumni? Come to Student Alumni Associates' first event of the year, Meet the Boss: Startups! This event will feature a moderated Q&A with several alumni who have been involved with startups in different capacities, investing, and entrepreneurship. After, we will break out into a night of networking. Free food and refreshments will be served.

GRAB A TICKET (limited spots available) and LEARN MORE ABOUT THE SPEAKERS [HERE](#).

Questions? Message us on Facebook or email saa@ucsd.edu.

Student Night Out: A Christmas Carol

Nov. 28 | 7:30 PM | Cygnet Theatre

Students with eligible ID enjoy free entrance to the play.

Address: 4040 Twigg's St., San Diego, CA 92110

A CHRISTMAS CAROL
 Nov. 28 - Dec. 30, 2018
 Adaptation & Lyrics by Sean Murray
 Original Score by Billy Thompson

Music, ghosts, and a little redemption.

FREE STUDENT NIGHT OUT!
 Wed., Nov. 28 @ 7:30PM
 Mix and mingle, enjoy a show, and get festive!

NOTE: Visit the box office in person (8000 Telaga St.) or call 619-237-1525 to reserve up to two seats. Bring a valid photo ID, high school ID, college ID, or proof of age to the Box Office when you pick up your tickets.

CYGNET THEATRE UP CLOSE. FAR REACHING.
 Tickets: 619.337.1525 www.cynettheatre.org

CROSS-CULTURAL CENTER PRESENTS:

NO STRESS; JUST SUCCESS

NOVEMBER 29, 2018
 WEEK 9
 4:30-6:30 PM
 CROSS-CULTURAL CENTER
 COMUNIDAD ROOM

- Student Success Strategies
- Massage
- Build your own Parfait
- Slime

For accommodations or info please contact violetag@ucsd.edu
 A Division of Diversity, Equity and Inclusion

No Stress, Just Success

Nov. 29 | 4:30 - 6:30 PM | Cross-Cultural Center Comunidad Room

Finals coming up? Take a break and learn about strategies on how to be successful in college, and destress with various activities.

Contact violetag@ucsd.edu for more information or accommodation.

Fall Immigration Forum

Nov. 29 | 5:00 - 6:30 PM | Student Services Center Room 400

At the event, our immigration attorney, Saya Austin, will discuss the importance of immigrant families developing a Family Preparedness Plan given our political climate and the increase of



UC SAN DIEGO
UNDOCUMENTED
STUDENT SERVICES

UC Immigrant Legal Services presents

Fall Immigration Forum

Learn about your rights and create a family preparedness plan for immigration emergencies!

Dinner will be provided.

Student Services Center, Rm 400
Nov 29, 2018
5 - 6:30 pm

rsvp tinyurl.com/fallforumreg

immigration enforcement in our communities. She will go over what should be included in your Family Preparedness Plan, such as a Caregiver's Authorization Affidavit for minor children in case their parents face an immigration emergency, for example a raid, detention, or deportation.

Dinner will also be provided.

RSVP via this [link](#).



Black Soccer Night

December 1st, 6:00-7:30 PM, Warren Field

Join us for food, afrobeats, and soccer with our community
*For accomodatoins please contact brc@ucsd.edu
Closed Black Space


BRC CLTS

Black Soccer Night Dec. 01 | 6:00 - 7:30 PM | Warren Field

Come join us for food, afro-beats, and soccer with our community!

This is a closed Black space. Thank you.

For accomodation, please contact brc@ucsd.edu.



PRO PUBLICA

Want to work in journalism? Apply to ProPublica Dec. 02

ProPublica has a fantastic program offering stipends to five students of color who work or want to work at college journalism outlets - newspapers, websites, radio stations or TV stations.

We want to make college journalism accessible to students for whom it would otherwise be economically out of reach. [The Emerging Reporters Program](#) provides a \$9,000 stipend, along with mentoring, and trips to the National Institute for Computer-Assisted Reporting conference and our New York office. Check out [our previous fellows](#).

Application is accepted until December 02.

If you'd like to learn more about the program, [read our Q&A](#).

And if you have questions, email us at emerging.reporters@propublica.org.



La Jolla Playhouse: The Year to Come
Dec. 04 | 7:30 - 9:00 PM | Mandell Weiss Theatre

Every New Year's Eve a family gathers in their Florida backyard to ring in the coming year. In between dips in the pool, politically incorrect banter and a highly-anticipated onion dip, their relationships grow and fracture in moments that become family legend. Unfolding backwards in time, *The Year to Come* is a funny, touching and relatable world premiere that shows how the promise of our future is shaped by the lens of our past.

\$10 dollar TRITON TICKETS for all UC San Diego students. Use the promo code TRITON to purchase discounted tickets. Students must present a valid UC San Diego student ID for ticket pick up.

Midterm Stress? Project Success

HOPE specializes in working with first-generation, underrepresented communities. We provide free one-on-one tutoring in various courses for math, biology, and chemistry in UC San Diego.

To book an appointment, contact us at hopeps@ucsd.edu.

HOPE presents
MIDTERM STRESS?
PROJECT SUCCESS

Free one-on-one tutoring
CHEM, MATH, PHYSICS, BIO AND MORE!
hopeps@ucsd.edu

RA/HA 2018 selection

If you're interested in becoming a **RESIDENT ASSISTANT / HOUSE ADVISOR**, please visit one of our upcoming informational sessions.

The application opens Saturday, 1/4/17 @ 2pm and remains open until Thursday, 1/4/18 @ 2pm.

APPLY ONLINE NOW: hdh.ucsd.edu/ssoStudent/RAHAApply

Please note: link is case sensitive

RA/HA Application Jan. 8, 2019 | 2:00 PM

Calling all LGBTQ+ identified student leaders!

It's that time once again already to start applying for our 2019-2020 Resident Assistant (RA)/House Assistant (HA) teams across campus! We wanted to remind you to make sure to review our applications and attend our info sessions if you have any interest in applying in any of our residential areas! Please use this [link](#) to find different information on the areas that you're interested in applying to, when their information sessions are, how to apply and our deadlines!

We look forward to seeing your applications!

Marine Physical Laboratory Summer Internship Program Jan. 18, 2019 | 4:00 PM

Our internship program is a great opportunity for inquisitive and motivated undergraduate students with exceptional aptitude for quantitative science majoring in Oceanography, Applied Mathematics, Engineering, Physics, Chemistry, Biology and Geology to work with some of the most notable scientists in the world while earning a modest salary.

3/14/2019

Trans Day of Remembrance and Volunteer Appreciation Event



More information can be found through our [website](#).

Application is due at 4:00 PM on January 18, 2019.



Marine Physical Laboratory Summer Internship Program

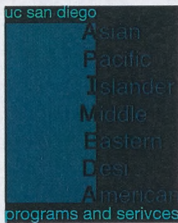
The Marine Physical Laboratory (MPL) at world renowned Scripps Institution of Oceanography (SIO) seeks qualified motivated undergraduate students with exceptional academic for quantitative science, majoring in engineering, physics, applied mathematics, chemistry, biology or geology.

Undergraduate college students contemplating a career in scientific research and development are encouraged to apply for a summer research internship in marine science and technology. This ten-week summer internship program offers qualified students the opportunity to work with some of the most notable scientists in the world while earning a modest salary. In addition to their research, students will attend weekly seminars given by members of MPL faculty and scientists, staff and others.

Eligibility:
Applicant must be a US citizen or permanent resident currently enrolled as a 2nd, 3rd or 4th year undergraduate at a college or university. Former year undergraduates, former MPL interns and high school applicants are not eligible.

- Summer 2019 students: \$24,700.
 - Offered on a full-time basis (8:00 am to 5:00 pm) with no pay.
 - Travel is available to host in-kind work for the duration of the internship. Accommodations with full kitchen and bath.
- Application Procedure:**
- To apply, visit the online application at [scripps.ucsd.edu/mpl/summer-internship-program](#), beginning 12/1/18.
 - Follow all steps outlined in our online application.
 - Applications are due until the end of 1/18/19.
 - Selection email for applicants by end of April.
- Required Documents:**
- Resume
 - Statement of interest, including appropriate in-class graduate work
 - Academic transcripts (college or university)
 - Two letters of recommendation from current or recent programs
- [scripps.ucsd.edu/mpl/summer-internship-program](#) • [scripps.ucsd.edu/research](#) • [scripps.ucsd.edu/engineering](#)
- SIO is an equal opportunity employer, with a strong institutional commitment to excellence through diversity.

EDI Programs & Campus Community Centers



Asian Pacific Islander Middle Eastern Desi American Programs and Services



Black Resource Center



3/14/2019

Trans Day of Remembrance and Volunteer Appreciation Event

[Cross-Cultural Center](#)

[Intertribal Resource Center](#)



[Raza Resource Centro](#)



UCSD

Women's Center

[Women's Center](#)

Rainbow Newsletter submissions

If you would like to submit relevant events to be featured in the newsletter, please fill out our Rainbow Newsletter Contribution Form located [HERE!](#)

SEE YOU NEXT WEEK!



UCSD LGBT Resource Center | 9500 Gilman Drive | La Jolla | CA | 92093



Fall Quarter Newsletter

Week 9





THE NEWSLETTER

November 2018 ISSUE 11 VOLUME 25



DECEMBER MEETING SCHEDULE: Metro PFLAG SDC will not meet in December due to the proximity of the holidays. All other support groups will be meeting on their scheduled day with the exception of the North County Coastal Support Group, Our Space-Poway (High School and Middle School). They will only meet on December 11.



A FUNNY THING HAPPENED

Please join us for our general meeting on **Monday, November 26** at 7:00 pm at Jewish Family Service (JFS), 8788 Balboa Avenue, San Diego.

Everyone loves a comedian! That's why we are delighted to have Craig Fox as our guest speaker. Craig currently teaches English and Creative Writing at Canyon Crest Academy. He has written, directed, and produced many plays. He feels one of his greatest accomplishments was helping to run a children's theater. Craig has lots of "gay" stories to share from his days as a Playwright student at San Francisco State to the present.

Please join us for Craig's presentation, the cookie social, followed by support groups.

**CONGRATS TO NEWLY-ELECTED LGBT "POLITICANS."
YA DONE US PROUD!**

"DANCE OUT LOUD"

If you live in the South Bay, are between the ages of 18-21, are LGBTQ+ or an ally, can dance, act, or are a storyteller, there is a place for you! If you don't have these particular skills, you just need a willingness to learn, explore, share, grow, and perform!

"Dance Out Loud" is a collaboration between Our Safe Place and transcDANCE Youth Arts Project with the support of the City of Chula Vista. It is a series of workshops ran by artists from transcDANCE at Our Safe Space drop-in center. While there is no cost, transcDANCE is looking for young people who will make a commitment to the program.

There is a demo workshop and info session on **Wednesday, December 5** from 5:00-7:00 pm at Our Safe Place, 746 Ada Street in Chula Vista. To register for the workshop, go to danceoutloud-osp.eventbrite.com. After December 5, the group will meet weekly on Wednesdays at 5:00 pm until April, 2019. The weekly program will guide youth to creatively explore their identities and stories through dance, movement, and spoken word. The program will culminate in a staged performance with the ultimate goal of reflecting their stories back to the community. It will be a free community performance at a professional venue.

If you are unfamiliar with Our Safe Place, it is a welcoming community center for LGBTQ+ youth, their families, and allies. More info is available on the website www.SouthBayCommunityServices.org. transcDANCE Youth Arts Project guides youth to transcend barriers, expand ambitions, and create positive change through dance and performance. Their website is www.tDArts.org.

Contact Leo O'Driscoll at lodriscoll@csbcs.org or 619-643-5241 with any questions.

WE MUST MAKE SURE THE DYE ISN'T CAST

The *New York Times* obtained a memo that the Trump administration did not want the public to see. The report suggests this administration is trying to define "transgender" out of existence under federal law. They are considering narrowly defining gender "on a biological basis that is clear, grounded in science, objective and administrable." It is also "an immutable condition determined by genitalia at birth": you are either born male or female and "it's unchangeable." Any dispute about one's sex would have to be clarified using genetic testing. (It will be interesting to see how they will deal with those individuals who are intersex). This is the most drastic move yet in a government-wide effort to roll back recognition and protections of transgender people under federal civil rights law.

A series of decisions by the Obama administration loosened the legal concept of gender in federal programs, including in education and health care, recognizing gender largely as an individual's choice and not determined by the sex assigned at birth. The policy prompted fights over bathrooms, dormitories, single-sex programs and other arenas where gender was once seen as a simple concept. Conservatives, by and large, were incensed.

Now the Department of Health and Human Services is spearheading an effort to establish this legal definition of sex under Title IX, the federal civil rights law that bans gender discrimination in education programs that receive government financial assistance. Unfortunately, Title IX doesn't define "sex" or "discrimination." The plan is to draft federal guidance that will reject the current interpretation.

WE MUST continued on page 4

PFLAG.COM

UP NEXT!



Daria Bonds is the recipient of the **Raytheon STEM Scholarship**. It is provided by members of The Raytheon GLBTA Employee Resource Group as a STEM scholarship to attract, support, and train future LGBT professionals in STEM fields (Science, Technology, Engineering, or Math).

While at Escondido High School, Daria was a tri-varsity athlete in cross-country, soccer, and track, serving as the cross-country team captain. She participated in band, show choir, the Young Democrats Club, the California Scholarship Federation, the National Honor Society, and the Robotics team. Daria was an active member of GSA for four years and served as its president in her junior and senior years. In addition, she has been widely recognized on and off her school campus: Cougar Awards of Excellence, Rotary Youth Leadership Award, American Legion Auxiliary Girls State Delegate, National Hispanic Scholar Award. Her long-term goal is to earn a PhD in Astrophysics at UCSD and make a contribution through scientific research. In addition, she plans to encourage LGBT students and other underrepresented students to pursue STEM careers.

"For the last two years, I have served as my school's Gender Sexuality Alliance (GSA) president. I organized school and community events such as the Day of Silence and Ally Week. In addition, I organized lunchtime and after-school talks with guest speakers who discussed issues and served as role models for our membership. I represented our club at the GSA Awards at MiraCosta College. I spoke about how my team of officers and I plan social events in which members feel safe to be themselves. In addition, I hold virtual office hours, in which members can text me with concerns and questions. I lend support and refer students to resources under the supervision of my advisor. Since becoming the president of GSA, I have worked hard to ensure that students of all genders feel valued and safe at Escondido High School (EHS).

Throughout the past year, in particular, I have worked closely with the Escondido YMCA's LGBTQ+ resource center and with the North County Resource Center (NCRC). I have participated in community events with both centers. For example, I assisted with the planning of the NCRC's Queer Prom at Del Lago Academy. Through my encouragement, communication between our GSA and local resource centers has increased. Our students feel empowered knowing that information and support is accessible to them beyond our high school walls.

As the president of GSA, I have cultivated leadership skills

while serving a diverse community. I plan to use these skills throughout my personal and professional life. My long-term goal is to earn a PhD and conduct research in the field of astrophysics, while serving as an advocate for science education for all. I plan to make a contribution to humanity through scientific discoveries that further our knowledge of the universe. While I am working on my undergraduate and graduate degrees, I plan to participate in programs, such as Sally Ride Science, that encourage K-12 students from underrepresented backgrounds to develop proficiency in science and pursue STEM careers.



After earning a PhD in astrophysics, I will continue to share my knowledge and encourage others to develop their scientific curiosity and access to careers in STEM. For children and young adults, I want to spark an interest in the world and how it works. I would like to provide resources and guidance to all students so that they can reach their full potential, especially students of color and LGBTQ+ students who are underrepresented in the sciences. An understanding of the physical world in which they live, access to opportunity, and a better understanding of the people with whom they share this world will ultimately change the world for the better."

DECEMBER HAPPENINGS

Saturday, December 1: World AIDS Day. You are invited to participate in Mama's Kitchen and Village Hillcrest's 27th Annual Tree of Life Ceremony, 6:00 pm at the Village Hillcrest Retail Center, 3965 Fifth Avenue in Hillcrest. If you would like to purchase personalized ornaments for the Tree of Life (\$15 for one or \$25 for two), www.mamaskitchen.org or call 619-233-6262. All proceeds benefit Mama's Kitchen.

Saturday, December 1 & Sunday, December 2: San Diego Women's Chorus presents *Home for the Holidays*, a winter concert featuring diverse songs of the season. Featured will be a string quartet, body percussionists and hilarious dancing elves. University Christian Church, 3900 Cleveland Avenue in Hillcrest. For tickets: www.sdwc.org.

Saturday, December 8: "Come Home for the Holidays." Please join the LGBT Center's annual multicultural holiday party from 5-8:00 pm. This event brings our community together to dance, eat and celebrate our diverse holiday traditions with "family" away from home. The event is free, but guests are asked to bring a new, unwrapped toy to support the Imperial Court de San Diego's annual toy drive.

Sunday, December 9: *Jingle*, the San Diego Gay Men's Chorus' popular holiday highlights show will be at Sycuan Casino at 6:00 pm. Tickets: sycuancasino.yapsody.com/event/index/312836/san-diego-gay-mens-chorus-jingle.

Through December 9: The Diversionary Theatre presents *This Beautiful City*, an intriguing musical. This timely musical explores faith, and the organized resistance against Gay rights. Ticket info: www.diversionary.org or 619-220-0097. For \$5 off each ticket, use Promo Code PFLAG. The theatre is located at 4545 Park Blvd. in San Diego.

Wednesday, December 12: Support TransFamily Support Services by purchasing a ticket for their annual Dreamgirls Revue. Hosted by Chad Michaels, the event will take place at Urban Mo's, 308 University Avenue in Hillcrest. Tickets: urbanmos.com/tfss/.

Saturday, December 15 & Sunday, December 16: The San Diego Gay Men's Chorus presents *Jingle*, their annual holiday concert. Shows are at 8:00 pm on Saturday and 3:00 pm on Sunday at the Balboa Theatre, 868 Fourth Avenue, downtown San Diego. For ticket info, go to www.sdgmc.org.

TIME TO RENEW MEMBERSHIPS

Part of the mission for PFLAG is to promote the health and well-being of lesbian, gay, bisexual, and transgender persons and their families and friends. We are only able to offer this support, education, and advocacy through your generosity of being a member or your donation. Renew (or become members) online, www.pflag.com, at the General Meeting, or application below. Memberships and donations are tax deductible.

Membership Application

Fill out and mail in this form. Confidentiality is respected.

- New Renewal Change of Address
- Please contact me for volunteer opportunities

Make checks payable to: PFLAG San Diego, PO Box 82762, San Diego, CA 92138

Your donation is tax deductible (Tax ID 33-0512868)

Type of Membership

- Individual \$30 Household\$40
- Business \$50 Supporting\$60
- Contributing \$125 Lifetime\$1000
- Other \$_____

Accept my donation, please do not list.

Name.....

Address.....

City..... State..... ZIP.....

Email..... Phone.....

SUPPORT GROUPS

SD METRO GENERAL MEETING & SUPPORT GROUP

Meets every 4th Monday at 7:00 pm, at Jewish Family Service, 8788 Balboa Ave, San Diego in Kearny Mesa. For further information, contact the Info Line: 888-398-0006 or www.pflag.com

NORTH COUNTY COASTAL

Meets the 1st Monday at 6:30 pm Pilgrim UCC, 2020 Chestnut Avenue, Carlsbad. Annette: 760-518-3345 | northcountycoastal@pflag.com

NORTH COUNTY INLAND

Meets 2nd & 4th Tuesdays from 6:30-8:30 pm St. Bart's Church, 16275 Pomerado Road, Poway. Jill/Dan: 760-855-9424 | RBPowaypflagsdc@pflag.com

EAST COUNTY

Not currently meeting. For questions and information: Raegan: 858-531-5426 | eastcountysdc@pflag.com

SOUTH BAY

Meets 3rd Monday at 6:00 pm, Our Safe Place, 746 Ada St, Chula Vista. Patti: 619-227-6092 | pboman@pflag.com

RAMONA

Meets 1st Tuesday from 6:00-8:00 pm, St. Mary's in the Valley, 1010 12th Street, Ramona. For meeting info:: Carlee: 757-448-5640 | Ramonapflagsdc@pflag.com

POWAY LGBTQ YOUTH SUPPORT/HIGH SCHOOL

Meets 2nd & 4th Tuesdays from 6:30-8:30 pm St. Bart's Church, 16275 Pomerado Road, Poway. Al: 858-382-2262 | al@transfamilysos.org

OUR SPACE-POWAY--LGBTQIA/MIDDLE SCHOOL

Meets 2nd & 4th Tuesdays from 6:30-8:30 pm, St. Bart's Church, 16275 Pomerado Road, Poway. Facilitated by youth. Al: 858-382-2262 | al@transfamilysos.org

MI FAMILIA (Spanish)

Meets 2nd Monday from 6-8 pm, South Chula Vista Library, 389 Orange Avenue, Chula Vista. Patti: 619-227-6092 | pboman@pflag.com

TRANSFAMILY SUPPORT GROUP

Support groups held separately for children, teens, & adults to explore topics around gender identity and expressions. Kathie: 858-382-9156 | info@transfamilysos.org

WE MUST continued from page 1

Over the years, the American medical community has called for legal protections for those whose gender identity does not fit squarely into the categories of man or woman, such as transgender and gender-nonconforming people. And several courts have granted them those protections through prohibitions against sex stereotyping.

The administration's definition could exclude transgender people from existing federal civil rights protections in education, employment and access to health care, if adopted.

It comes as no surprise that just one month into Trump's presidency, the administration rescinded Obama-era Education Department guidance recommending that schools let students use facilities and pronouns consistent with their gender identity.

In October 2017, then-Attorney General Jeff Sessions reversed guidance that protected transgender workers from employment discrimination. Trump then signed a directive banning transgender military recruits, though, thankfully, the ban has been blocked by a federal court.

PFLAG THANKS YOU!
GENERAL FUND DONATION: Melanie & Jim Kilgore

TRANSGENDER DAY OF REMEMBRANCE

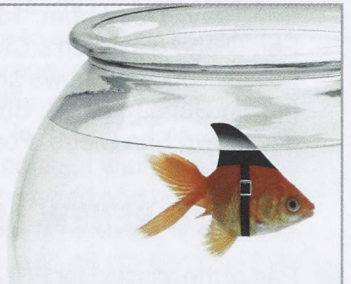
Transgender Day of Remembrance (TDOR) will be observed on **Tuesday, November 20**. We will honor the memory of those whose lives were lost in acts of anti-transgender violence. People who were perceived to be transgender or who are gender variant are among those being remembered. Please join the San Diego LGBT Center in remembering these individuals at a march that begins at The Center (3909 Centre Street in Hillcrest) at 6:00 pm. A program will follow at 7:00 pm at The Center.

LOOK LIKE
A BIG FISH

Competition is fierce.
It's time to get aggressive.



Call for a Free Consult
858.220.7478
belladiadesign.com



Psychotherapy for Gay, Lesbian, Bisexual and Transgender Children...

Coming out • School safety • Self-Acceptance
Self-Esteem • Parent-Child Communications • Siblings

... and their Parents

Crisis Counseling • Religious Issues • Telling Friends & Family
Safety Concerns • Grief & Loss • Depression n Anxiety

All Services are Completely Confidential

Stephen White, Psy.D.

Clinical Psychologist PSY 20739

16496 Bernardo Center Drive, Suite 307 San Diego CA 92128

(619) 922-1579

swhite@the-rainbow-connection.org

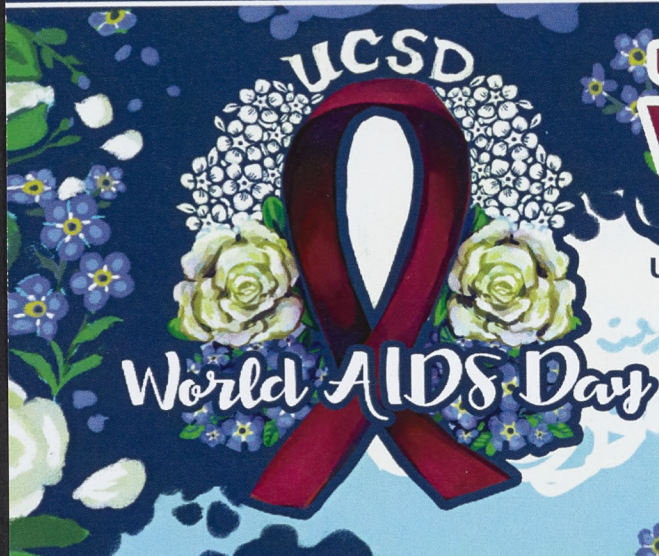




UC SAN DIEGO WORLD AIDS DAY 2018

NOV-26th to DEC-1st





UC SAN DIEGO WORLD AIDS DAY 2018 — NOV-26th to DEC-1st

UC San Diego will honor World AIDS Day throughout the week leading up to Saturday, December 1, 2018, to focus attention on and raise awareness about the impact that HIV/AIDS has had and continues to have in the San Diego community, the nation, and the world. Our campus sponsors a number of opportunities in recognition of World AIDS Day.

learn more at worldAIDSday.ucsd.edu

Monday, NOV 26

HIV/AIDS at the Border: Binational Challenges
5:00-7:00 PM @ Robinson Building Complex
Hosted by the School of Global Policy and Strategy

Tuesday, NOV 27

World AIDS Day Art and Soul Crafts
11:00-12:00 PM @ The Zone

Wednesday, NOV 28

HIV/AIDS Resource and Information Fair
11:00-3:00PM @ Library Walk
Presented by Student Health Advocates

Free Confidential HIV Testing
11:00-3:00PM @ UCSD LGBT Resource Center
Courtesy of Family Health Centers of San Diego

PrEP and PEP Talk with Dr. Ankita Kadkia from UCSD's Owen Clinic
12:00-1:00PM @ School of Medicine's Liebow Auditorium

Thursday, NOV 29

Free Confidential HIV Testing
10:00-3:00PM @ Library Walk
Courtesy of Family Health Centers of San Diego

Friday, NOV 30

Liyana Film Screening and Panel
5:00-8:00PM @ Price Center Theater
Hosted by Tritons of Gender Equity and Center on Gender Equity and Health

Panel of Young People Living with HIV
5:30 PM @ Price Center Ballroom East
Hosted by UCSD's Students for Global Health and UCSD Mother, Child and Adolescent HIV program

World AIDS Day Display
10:00AM-7:00PM @ Price Center Balroom East
AIDS Memorial Quilt Display
"Alternate Ending, Activist Rising" Screenings
Poster Presentations of HIV/AIDS Research
Student Pledges from all six colleges

Saturday, DEC 1

Bike Ride from San Diego's Mission Bay South Shore Boat Launch to UCSD Campus
7:30-9:30AM
Courtesy of San Diego Participants in the annual AIDS/Life Cycle 545 mile bike ride from SF to LA and the San Diego Recovery Ride

World AIDS Day Display
8:00AM-11:00PM @ Price Center Balroom East

Reflections, Past and Present
10:00AM @ Price Center Ballroom East

WORLD AIDS DAY



WORLD AIDS DAY



WHAT IS IT?

World AIDS Day is dedicated to raise awareness about HIV/AIDS and to honor the lives that were lost.

WHAT DOES UCSD DO?

UC San Diego honors World AIDS Day every year with a week of free events, including the viewing of a piece of the AIDS Memorial Quilt. We strive to promote more research for a cure, to remove the stigma of living with HIV/AIDS, to inform and educate, and to prevent new infections.

WHEN?

Events will run all of week 9 and end with the showcasing of the quilt on Friday, November 30, 2018 and Saturday, December 1, 2018.

WHAT WE'RE ASKING OF YOU:

Outreach to your residents/students/peers about getting involved (attending or volunteering). Also we encourage for you to come out and attend or volunteer if you can. Finally, we ask if you can wear red and tell others to wear red on the day of World AIDS Day: Saturday, December 1st.

CONTACTS:

Shaun Travers

stravers@ucsd.edu

Kayla Ortiz

kao003@ucsd.edu

For more info:

<http://worldaidsday.ucsd.edu>



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CONTACTS:

Shaun Travers

stravers@ucsd.edu

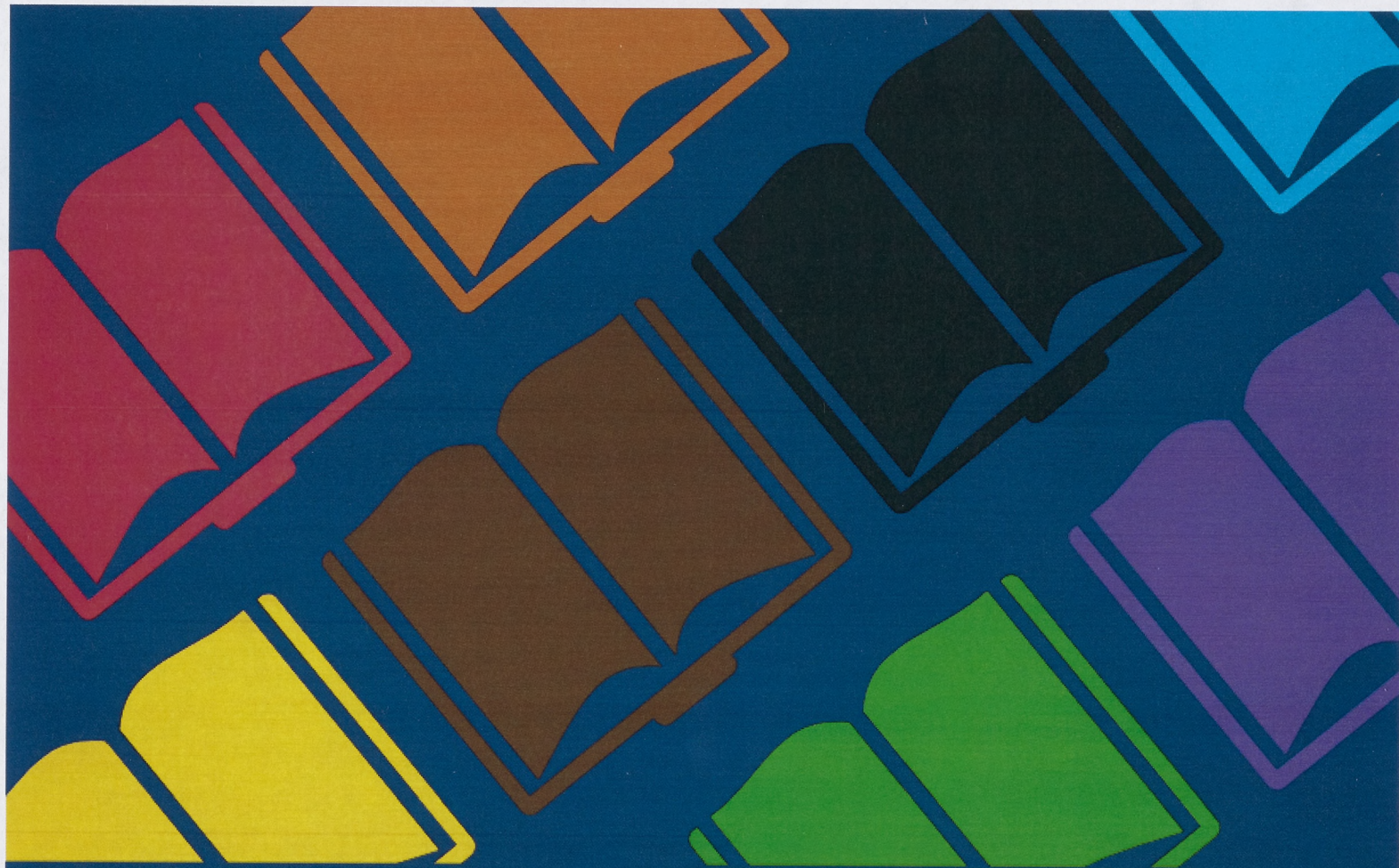
Kayla Ortiz

kao003@ucsd.edu

For more info:

<http://worldaidsday.ucsd.edu>





MICROAGGRESSIONS: COMBATTING AND PROCESSING EVERYDAY RACISM

Come on out to learn about racial justice, and practical methods of combating racism in daily life! The event will also cover journaling for emotional wellness and mindful techniques in how to process racism. Journals and pens will be available to those who attend!

**NOVEMBER 27TH AT THE UCSD LGBT
RESOURCE CENTER
FROM 12:00 PM TO 1:30 PM**

If you require accommodations to fully access the event, please contact us at :
(858) 822-3493 or rainbow@ucsd.edu.



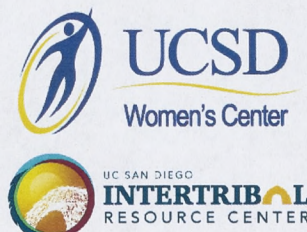
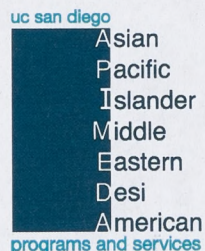
COMMUNITY CONVERSATIONS: CENTRAL AMERICAN ASYLUM SEEKERS



Wednesday
Nov. 28th
12 - 2 PM
Raza Resource
Centro

Join us in a conversation discussing how Xenophobia and Violence have been endured by asylum seekers from Central America, as well as it's impacts on yourself and our campus community.

If you'd like to help, supplies are being collected in various locations across campus, including the Raza Resource Centro. Immediate need for canned goods, rice, beans, sleeping bags, and hygiene products.



If you require accommodations, please contact Daniel Cardenas at (858) 534-5019 or raza@ucsd.edu



COME JOIN FELLOW STUDENTS, FACULTY
AND STAFF AT THE FIRST ANNUAL...

YOUUCSD MINI-FEST

Nov. 28th 2018 10am-1pm
@The Old Student Center (aka the hump)


**FOOD, MUSIC, ACTIVITIES, OPPORTUNITIES TO
MEET OTHER STUDENTS AND TO CONTRIBUTE TO
THE:**



UC DIVERSITREE

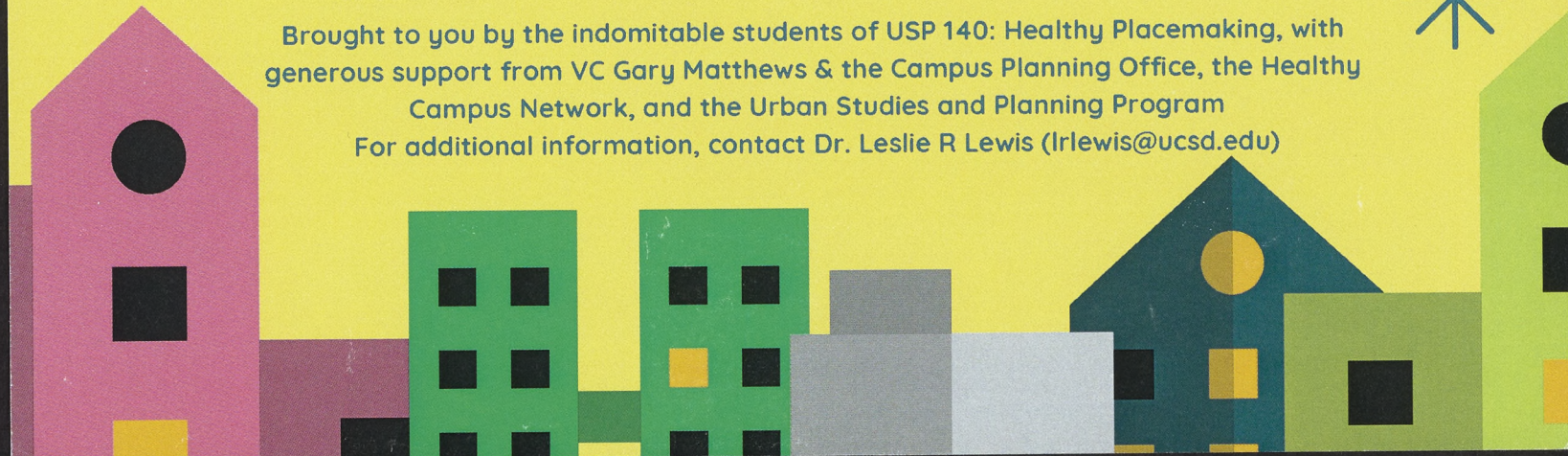



What is this event about?
YOU (we all) make up this campus community.
Campus should feel like home
(a warm, welcoming, vibrant place)
To everyone who lives, learns, works and plays here.
Let's collectively make UCSD a space of
Belonging, connection, and joy as well as
A place of learning, perspective-taking and career-launching.



**FIRST 100 PARTICIPANTS GET A \$5
STARBUCKS GIFTCARD!**

Brought to you by the indomitable students of USP 140: Healthy Placemaking, with
generous support from VC Gary Matthews & the Campus Planning Office, the Healthy
Campus Network, and the Urban Studies and Planning Program
For additional information, contact Dr. Leslie R Lewis (lrlewis@ucsd.edu)



THE BLACK
RESOURCE CENTER
PRESENTS...

WAVES CURLS & KINKS

FRIDAY NOVEMBER 29th 11AM-1PM

Location: Black Resource Center
Conference Room

For Accomadations
please contact:
brc@ucsd.edu



t.

CARAVANA LGBTQ

community conversation

THURSDAY 11/29, 12-1PM
LGBTRC CONFERENCE ROOM

A group of roughly 80 LGBTQ migrants separated from the much larger Central American caravan, and were among the first to arrive at the U.S. border on Sunday, November 10. The migrants are seeking to apply for asylum in the U.S. and are fleeing extreme violence and poverty in their home countries.

Group leaders have detailed some of the discrimination that LGBTQ Caravan members have faced throughout their journey. Join us for a conversation to discuss the challenges the migrants have been facing and what solidarity for LGBTQ refugees and migrants can look like.

Co-sponsored by the Raza Resource Centro



UC San Diego
LGBT
RESOURCE CENTER

If you require accommodations to fully access the event, please contact us.

858. 822.3493 | rainbow@ucsd.edu | lgbt.ucsd.edu

CROSS-CULTURAL CENTER PRESENTS:

NO STRESS; JUST SUCCESS

NOVEMBER 29, 2018

WEEK 9

4:30-6:30 PM

CROSS-CULTURAL CENTER
COMUNIDAD ROOM

- **Student Success Strategies**
- **Massages**
- **Build your own Parfait**
- **Slime**

For accommodations or info please contact violetag@ucsd.edu

A Division of Diversity, Equity and Inclusion





THE BLACK RESOURCE CENTER PRESENTS

GETTIN' FRESH WITH CALFRESH

- Do you have a Cal Grant? Do you make less than \$2000/mo? Do you NOT have the 3900 meal plan?
- **YOU QUALIFY!**
- As a UC San Diego student you probably qualify for SNAP benefits for FREE access to healthy and nutritious food!!!
- *****An SD County Worker Will Be On-Site To Approve Applications on the Spot*****
- Helpful Tips & Documents in the google link below and also at <http://basicneeds.ucsd.edu/calfresh/>

DATE: THURSDAY, NOVEMBER 29TH

**LOCATION: BLACK RESOURCE CENTER,
2ND FLOOR OF THE OLD STUDENT CENTER**

TIME: 1 PM TO 4 PM

REFRESHMENTS WILL BE SERVED!!!

For more info about the CalFresh process, please visit
the link below:

[https://drive.google.com/file/d/1Wg9tL3h1csqXqbtWl
WSGSIDC6MVXo8u/view?usp=sharing](https://drive.google.com/file/d/1Wg9tL3h1csqXqbtWlWSGSIDC6MVXo8u/view?usp=sharing)

For Accommodations/Questions please email

brc@ucsd.edu

GENDER BUFFET

Gender Buffet is a weekly informal dialogue on issues connected to gender. We offer a discussion on a variety of topics, and we also offer free snacks + tea at each event!

a new topic every friday
12 - 1:30pm @ The Women's Center

Week 6 (11/09) - QTPOC & WOC in Music

Week 7 (11/16) - Decolonization is not a Metaphor

Week 9 (11/30) - LGBTQ+ Liberation & Visibility in the Trump Era

Week 10 (12/07) - Gender Buffet and Chill (A Finals Study Jam)

The Women's Center is located in the
Original Student Center
Above Blue Pepper / Across from Main Gym



Women's Center

For general information or to request an accommodation, contact
Jessica via: jem132@ucsd.edu.