



Winter 2019, Finals Week
 UC San Diego LGBT Resource Center
 Monday-Thursday 8am-7pm;
 Friday 8am-4:30pm

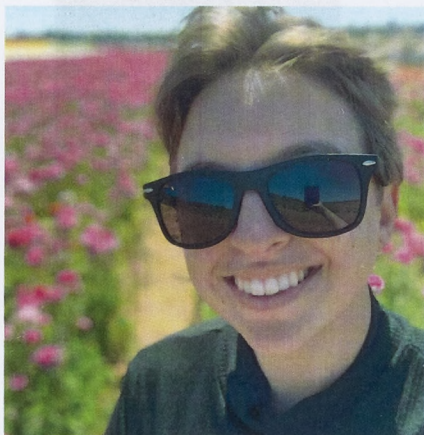
"Goodbyes are not forever, are not the end; it simply means I'll miss you until we meet again."

- **Unknown**

858-822-3493 | rainbow@ucsd.edu | lgbt.ucsd.edu



Special Announcements



Hello friends!

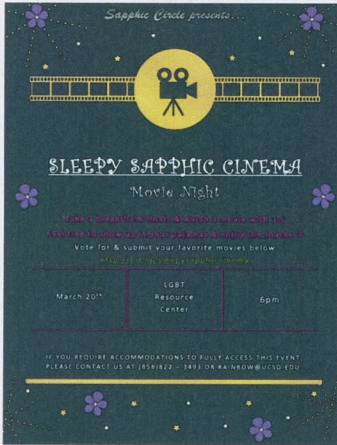
My name is Dylan and I am the current UC San Diego LGBT Resource Center Programs & Operations Coordinator and my pronouns are they, them, and theirs. I have been with our Center for about a year and half in this role, and previous to this I was an undergraduate student intern and the group facilitator of a student organization called Fluid Attraction.

I am so thankful for my time here at UC San Diego and for the space to get to know many of you on a personal level and to support growth in its many forms--and it is also my time to say goodbye as I move toward exciting opportunities. One of my greatest joys is in knowing the perseverance and playfulness of our queer and trans students in a university that wasn't designed with them in mind, and yet here we (were) are, graduating, forming organizations, finding community. I am so grateful our space together and for allowing me to be a part of your lives at UCSD.

My last day here will be March 28th and I would love to say goodbye in person, so please feel free to come by my office any time before then, otherwise I will see you all at Rainbow Graduation in June. There will be a temporary employee in the position until the hiring process finishes in late Spring.

With much love and commitment to social justice,

Dylan Andretta

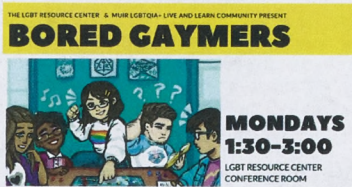


Sleepy Sapphic Cinema: Movie Night
March 20 | 6:00 PM | LGBT Resource Center

Take a break from finals and watch a movie with us! Feel free to show up in your pajamas and enjoy free snacks.

Vote and submit your favorite movies [here](#).

Queer Student Organization Affiliates



Bored Gaymers
Mondays | 1:30-3:00 PM |
Conference Room, LGBT RC

Come play board games with us weekly at the LGBT Resource Center! Feel free to see what games we have or even bring your own!

No experience required!

Love is Light
Mondays | 5:00-6:00 PM
Conference Room, LGBT RC

Love is Light aims to create a welcoming and comforting social environment for LGBT students of all spiritual backgrounds. As inclusion is the founding principle, allies and non-religious LGBT students are welcome. The group will affirm students' identity as part of



LOVE
Is
LIGHT

A social group for LGBTQIA+ individuals
with religious/spiritual beliefs

Mondays
5-6 pm

LGBT Resource Center Conference Room
Come join us! :)



the LGBT spiritual community and promote compassion, tolerance, and self-care through mental, spiritual, and physical wellness.

QTPOC

Odd Thursdays | 5:00 - 6:30 PM |
Conference Room, LGBT RC

QUEER/TRANS PEOPLE OF COLOR is a student org that creates a safe space to dialogue, educate, and socialize around LGBTQ+ identified people of color. For more information about QTPOC, contact qt pocucs d@gmail.com or check out their [Facebook page](#)



Black Queer Collective

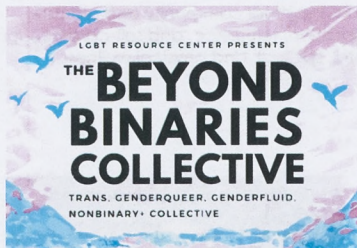
Even Wednesdays | 5:00-6:00 PM |
Conference Room, LGBT RC

Black Queer Collective is a group dedicated to finding and fostering Black queer community at UC San Diego. For more information about Black Queer Collective, please click [here](#).

Beyond Binaries Collective

Thursdays | 11:00 AM - 12:20 PM |
Conference Room, LGBT RC

Come to a flexible, loving space with other folks who identify outside of the gender binary or are questioning if they are. Every week is a new space to explore who you are in a safe



environment and find community and support.



oSTEM

Thursday of Week 3, 7, and 9 | 6:30-8:30 PM | Conference Room, LGBT RC

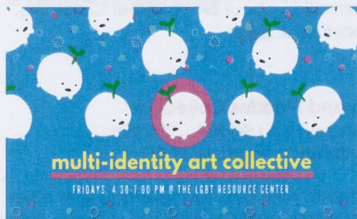
Out in Science, Technology, Engineering, and Mathematics is a national LGBTQ-affirming organization that aims to provide services and support for students in science, technology, engineering, and mathematics and to create a dynamic network between students and professionals in industry and academia. For more information, check out their [Facebook](#) page!



Queer and Asian Collective

Even Thursdays | 5:30-6:30 PM | Conference Room, LGBT RC

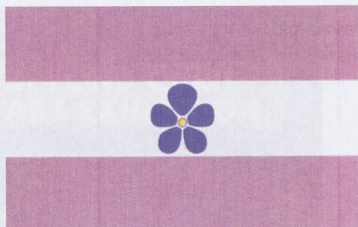
UCSD Queer and Asian Collective seeks to provide a brave space for TLGBQIA+ (trans, lesbian, gay, bisexual, queer, intersex, asexual, aromantic,+) Asians, South Asians, and Southeast Asians. We strive to provide support for and empower the queer Asian community at UCSD through focusing on the intersection of being trans and/or queer and Asian.



UCSD Multi-Identity Art Collective

Fridays | 4:30-7:00 PM | LGBT RC

Multi-identity Artist Collective is an intersectional art group geared toward no one in particular because we take just about everyone! Humans of all artistic skill levels, specialties, and identities are welcome to join us. We hold art workshops and other social events!



Sapphic Circle

Sapphic Circle is a diverse and accessible support network inclusive of all sapphic-identifying individuals. Please bring your lovely Sapphic self and an open, inclusive mind! The space will change and evolve to accommodate the needs of the community on a quarter-by-quarter basis.

Please fill out the [Google Form](#) if interested!

LGBT+ Community Events

FROM USD SCHOOL OF LAW, THLA & THE LGBT CENTER

FREE NAME & GENDER-MARKER CHANGES CLINIC

FREE CLINIC FOR TRANSGENDER & NON-BINARY INDIVIDUALS SEEKING NAME &/OR GENDER-MARKER CHANGES ON OFFICIAL DOCUMENTS.



2019 DATES:

Clinics are held 6:30-9 pm at the Hillcrest LGBT Community Center.

JANUARY
TUES 8TH & WED 23RD

FEBRUARY
TUES 12TH & WED 27TH

MARCH
TUES 12TH & WED 27TH

Student & attorney volunteers help you complete court paperwork & requests for fee waivers.

Walking welcome, or email Helen to make an appointment: transclinic.sandiego@gmail.com

Trans Name & Gender Marker Changes Clinic

6:30 - 9:00 PM | Hillcrest LGBT Community Center

Free clinic for transgender and non-binary individuals seeking name and/or gender-marker changes on official documents.

Based on recent demand, we are going to pilot having the Clinic twice monthly for the first part of the year - the second Tuesday and fourth Wednesday of the month for January through March.

2019 dates:
- March 27th

Community Support Groups

Men's Relationship Forum

Weeks 2-10 Mondays | 2:30- 4:00 PM | Small Meeting Room, Women's Center

Join us for conversations about our experiences as gay men, and connect with other gay men on campus. This group addresses relationships, sexual health, community building and more.

Men's Relationship Forum

For more information please contact:
Greg Koch at gkoch@ucsd.edu.

Community Classifieds

UC SAN DIEGO
CROSS-CULTURAL CENTER

SOCIAL JUSTICE LEADERSHIP ACADEMY
SPRING 2019

BE THE CHANGE

WEDNESDAYS
5:00-6:00 PM

APPLY BY:
FRIDAY MARCH 22
11:59 PM

W1: APRIL 9
W2: MAY 15
W3: APRIL 17
W4: MAY 22
W5: MAY 7
W6: MAY 29

Social Justice Leadership Academy Deadline March 22 | 11:59 PM

UCSD Social Justice-Minded Students - we are looking for you! Apply to the Cross-Cultural Center Social Justice Leadership Academy, a six-session seminar occurring on Wednesdays from 5:00-6:00 PM of Spring quarter.

Members of the SJLA cohort will learn foundational concepts in social justice work, practice self-awareness, and explore the interconnecting complexities of social identity and power. This is an interactive course that will engage the emerging leader in critical thinking skills, facilitation, and leadership opportunities using a social justice lens.

Accepting applications until March 22, 11:59 PM.

WOMXN'S HERSTORY MONTH 2019
CREATING OUR FEMINIST FUTURE

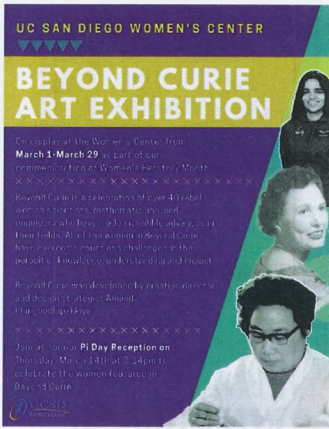
UCSD

Womxn's Herstory Month Calendar March 01 - March 31

Visit our center and all social media platforms for relevant events, displays, and posts! This year's theme is Creating Our Feminist Future! For a more updated on scheduled event changes go to women.ucsd.edu.

Beyond Curie Art Exhibition March 01 - March 31 | Women's Center

On display at the Women's Center, as part of our commemoration of Womxn's Herstory Month, will be our Beyond Curie Art Exhibition! Beyond Curie



is a celebration of over 40 rebel women scientists, mathematicians, and engineers who have made incredible advances in their fields. All of the women in Beyond Curie have overcome countless challenges in the pursuit of knowledge, understanding, and impact.

Beyond Curie was developed by creative director and design strategist Amanda Phingbodhipakkiya. Join us for our Pi Day Reception on Thursday, March 14th at 3:14pm to celebrate the women featured in Beyond Curie.

Hate Crimes Against the LGBTQ Community: Theory, Policy & Practice

Taught by Kevin Medina, MPP/MSW

Description: An introductory course examining hate crimes from an intersectional LGBTQ lens. The course will explore hate crimes laws, history, enforcement, theory, and will culminate in application of knowledge to analysis of hate crime cases. Course is listed as LGBTQ5 182: Variable Topics in Education, Law and Public Policy.

Tuesdays & Thursdays 1-3:05pm in Kaufman Hall 153

Summer Session A

Summer Session A Course:
Hate Crimes Against the LGBTQ Community: Theory, Policy, & Practice
 LGBTQ5 182: Variable Topics in Education, Law, and Public Policy
 Tuesdays/Thursdays 1-3:05pm

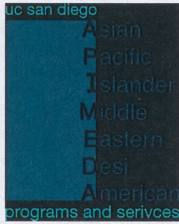
Description:
 An introductory course examining hate crimes from an intersectional LGBTQ lens. The course will explore hate crimes laws, history, enforcement, theory, and will culminate in application of knowledge to analysis of hate crime cases.

Any person may register and enroll in UCLA Summer Sessions courses; visiting students (including other UC students) must submit the Academic Course Registration form and pay a \$150 nonrefundable deposit in order to enroll in classes. More details about enrollment for non-UCLA folks is available on the Summer Sessions website: <https://lnkd.in/gDdZzn5>. Information about payment and fees (including an estimator) is accessible online as well: <https://lnkd.in/gfyVpc>

EDI Programs & Campus Community Centers

4/2/2019

Goodbye Message from our Program and Operations Coordinator



Asian Pacific Islander Middle Eastern Desi American Programs and Services



Black Resource Center



Cross-Cultural Center



Intertribal Resource Center



Raza Resource Centro



UCSD
Women's Center

Women's Center

Rainbow Newsletter submissions

If you would like to submit relevant events to be featured in the newsletter, please fill out our Rainbow Newsletter Contribution Form located [HERE!](#)

SEE YOU NEXT WEEK!



<https://ui.constantcontact.com/mavmap/emcf/email/view?flow=view&camefrom=view&campaign=cb3ea7ea-82bb-4f73-a88f-f44f3c4eb986>

8/9

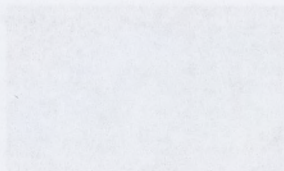
4/2/2019

Goodbye Message from our Program and Operations Coordinator

UCSD LGBT Resource Center | 9500 Gilman Drive | La Jolla | CA | 92093



Center for the Study of Women



Center for the Study of Men

Center for the Study of Women
American Professorial Association



Center for the Study of Men



Center for the Study of Women



Center for the Study of Men

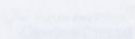


UCSD
Center for the Study of Women

Center for the Study of Women

If you wish to be included in our next issue, please send your submission to the Center for the Study of Women, University of California Press, 2130 Shattuck Avenue, Berkeley, CA 94720.

SEE YOU NEXT WEEK







Winter Quarter Newsletter Finals Week



SPRING QUARTER



UC San Diego LGBT Resource Center

LGBT Affiliates

Asian & Queer Collective

Even Thursdays
5:30-6:30 PM
LGBT Resource Center
Conference Room



UCSD Queer & Asian Collective seeks to provide a brave space for TLGBQIA+ Asians, South Asians, and Southeast Asians. We strive to provide support for and empower the queer Asian community at UCSD through focusing on the intersections of being trans and/or queer and Asian.

Contact:
queernasianucsd@gmail.com

Beyond Binaries Collective

Thursdays
11:00-12:20PM
LGBT Resource Center
Conference Room



Come to a flexible, loving space with other folks who identify outside of the gender binary or are questioning if they are.

Every week is a new space to explore who you are in a safe environment and find community and support.

Contact:
rainbow@ucsd.edu

Want your organization affiliated with the
UC San Diego LGBT Resource Center?
Contact us at rainbow@ucsd.edu!

UC San Diego LGBT Resource Center

LGBT Affiliates





Black Queer Collective

Even Wednesdays
5:00-6:00 PM
LGBT Resource Center
Conference Room



Black Queer Collective is a group dedicated to finding and fostering Black queer community at UC San Diego. For more information about Black Queer Collective and their mixer, please visit our website!

Website:
blacktriftons.wixsite.com/ucsdbsu/collectives



Bored Gaymers

Mondays
5:00-6:30 PM
LGBT Resource Center
Conference Room



Come play games with us weekly at the LGBT Resource Center! We play board games, tabletop games, card games, and video games regularly!

Feel free to see what games we have or even bring your own!

No experience required!

Want your organization affiliated with the UC San Diego LGBT Resource Center?
Contact us at rainbow@ucsd.edu!

UC San Diego LGBT Resource Center

LGBT Affiliates



Coming Out Group

Tuesdays
3:30-5:00 PM

**Women's Center
Small Conference Room**



The Coming Out Group is a place to meet and gain support while discussing your sexual and/or gender identities in a confidential setting. This group is for lesbian, gay, bisexual, transgender, straight, or questioning folks who are coming out, considering coming out, or those who may already be out. The group opens to new members the first 3 meetings of each quarter and then closes to maintain safe space.

Contact:
cathompson@ucsd.edu

Delta Lambda Phi



The Alpha Delta chapter of Delta Lambda Phi is a multi-campus fraternity in San Diego. We welcome anyone male, trans masculine, or non-binary identified to join the siblinghood and encourage any female or transfemme identified individuals to inquire about the fraternity sweetheart position.

Contact:
alphadelta.chapter@dlp.org

Want your organization affiliated with the UC San Diego LGBT Resource Center?
Contact us at rainbow@ucsd.edu!

UC San Diego LGBT Resource Center

LGBT Affiliates

LGBTQ Pharmacy & Med Students

Monthly Socials

Please check website
for more information
about meetings.



The mission of LGBTQ-PhaM is to forge community, foster professional relationships for LGBTQ students and allies, and confront LGBTQ health disparities through education and advocacy. LGBTQ-PhaM centers and empowers the voices of trans and gender non-conforming folks, people of color, women, and the LGBTQ+ Community.

Website:
pharmacy.ucsd.edu/current/websites/lgbtq.shtml

Love is Light

Mondays
5:00-6:00PM
LGBT Resource Center
Conference Room



A safe space for LGBTQIA+ individuals and their allies of all spiritual backgrounds.

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UC San Diego LGBT Resource Center?
Contact us at rainbow@ucsd.edu!

UC San Diego LGBT Resource Center

LGBT Affiliates

oSTEM

**Thursday of
Week 3, 7, and 9
6:30-8:00 PM
LGBT Resource Center**



Out in Science, Technology, Engineering, and Mathematics is a national LGBTQ-affirming organization that aims to provide services and support for students in science, technology, engineering, and mathematics and to create a dynamic network between students and professionals in industry and academia.

**More Info:
facebook.com/oSTEMUCSD/**

Multi-Identity Art Collective

**Fridays
4:30-7:00PM
LGBT Resource Center**



MIAC is an intersectional family of artists from different experience levels, majors, and backgrounds. We welcome all identities, skill levels, specialties, and majors to come make art with their fellow artists!

**Facebook:
facebook.com/groups/ucsdmiac**

**Want your organization affiliated with the
UC San Diego LGBT Resource Center?
Contact us at rainbow@ucsd.edu!**

UC San Diego LGBT Resource Center

LGBT Affiliates

QTPOC

**Thursday of
Week 3, 7, and 9
6:30-8:00 PM
LGBT Resource Center**



Out in Science, Technology, Engineering, and Mathematics is a national LGBTQ-affirming organization that aims to provide services and support for students in science, technology, engineering, and mathematics and to create a dynamic network between students and professionals in industry and academia.

**More Info:
facebook.com/oSTEMUCSD/**

QTPOC Lunch

**Odd Wednesdays
11:00-12:20PM
LGBT Resource Center
Conference Room**



Queer/Trans People of Color is a student org that creates a safe space to dialogue, educate, and socialize around LGBTQ+ identified people of color.

**Contact:
qtpocucsd@gmail.com**

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UC San Diego LGBT Resource Center?
Contact us at rainbow@ucsd.edu!**



GAYMERS RISE UP

BORED GAYMERS EVERY MONDAY 5 PM

ANSWER THE CALL.

THE LGBT RESOURCE CENTER &
MUIR LGBTQIA+ LIVE AND LEARN COMMUNITY

BORED GAYMERS



QUEER TABLETOP, VIDEO, AND BOARD GAMING



NEW SPRING MEETING TIME

ROLL INITIATIVE!

Play games weekly with fellow queer nerds!
Bring your own games or play some of ours!
No experience required at all!
Can't wait to see you there!

EVERY MONDAY
5:00-6:30 PM
LGBT RESOURCE CENTER
CONFERENCE ROOM
STARTING WEEK 2



LOVE

Is

LIGHT

A social group for LGBTQIA+ individuals
with religious/spiritual beliefs

Even Thursdays

2-3 pm

LGBT Resource Center Conference Room

Come join us! :)



SPRING 2019

QTPOC LUNCH



12:30-2:30 PM

EVEN WEEKS
UCSD LGBT
RESOURCE
CENTER

ODD WEEKS
TRITON STEPS
AT PRICE
CENTER



UCSD LGBT RESOURCE CENTER PRESENTS

THE BEYOND BINARIES COLLECTIVE

TRANS, GENDERQUEER, GENDERFLUID,
NONBINARY+ COLLECTIVE

Come to a flexible, loving space with other folks who identify outside of the gender binary or are questioning if they are. Every week is a new space to explore who you are in a safe environment and find community. This is a space for and by folk who identify beyond the binary.

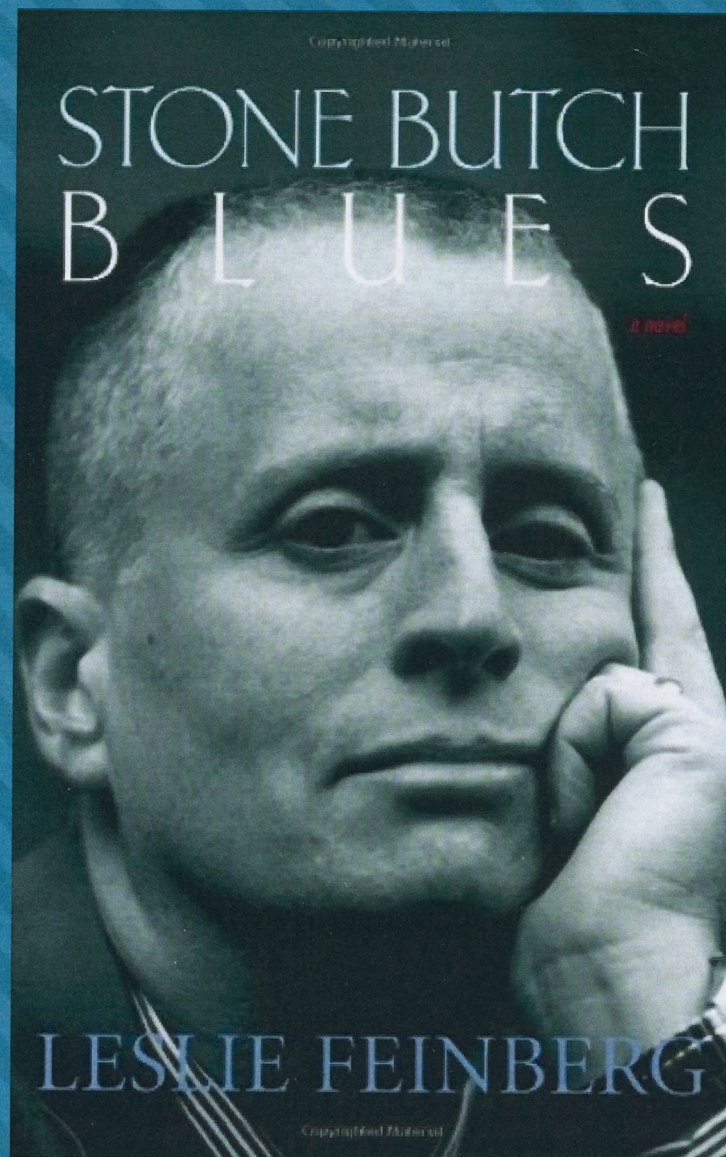
FRIDAYS

11:00-12:30 PM

LGBT RESOURCE CENTER

CONFERENCE ROOM

for any accommodations to access our events contact us



Leslie Feinberg's semi-autobiography is a revolutionary novel that has been a crucial work in lesbian and transgender literature. Feinberg's work is available to read for free online! Visit the website www.lesliefeinberg.net and click the pdf link given to read the novel.

Caution: This novel deals with sensitive topics such as: physical and sexual assault, police brutality, moments of severe homophobia, transphobia, anti-Semitism and anti-black racism.



UCSD LGBTQ-PHAM PRESENTS

TRANSGENDER WEEK OF VISIBILITY



APR 1ST
MON

KICKOFF EVENT

12-1 PM, HSEC (SKAGGS) AUDITORIUM

Start off Trans Week of Visibility with an empowering message from UCSD School of Medicine's very own Daniella McDonald!

APR 2ND
TUE

HEALTHCARE PANEL

12-1 PM, HSEC (SKAGGS) AUDITORIUM

Hear from health care providers about their experience working with and advocating for the trans community

APR 3RD
WED

TRANS TRIVIA

12-1 PM, HSEC (SKAGGS) AUDITORIUM

Learn about trans history and issues through an interactive video clip and Kahoot game. Winners get prizes!

APR 4TH
THU

TRANS PATIENT PANEL

12-1 PM, HSEC (SKAGGS) AUDITORIUM

Hear from transgender individuals about their experience navigating through the healthcare system

APR 5TH
FRI

KEYNOTE SPEAKER

12-1 PM, LIEBOW AUDITORIUM

Join us for a final talk presented by Hillary Whittington, author of Raising Ryland!

UCSD SCHOOL OF MEDICINE, 9500 GILMAN DRIVE, LA JOLLA, CA 92093

Please RSVP here:

<http://tinyurl.com/yxjt94b9>

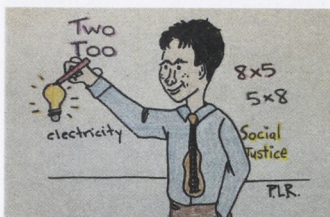




THE NEWSLETTER

April 2019 ISSUE 4 VOLUME 26

FIGHTING FOR STUDENTS' RIGHTS



Please join us for our general meeting on **Monday, April 22** at 7:00 pm at Jewish Family Service (JFS), 8788 Balboa Avenue, San Diego. **PLEASE NOTE: WE MEET ON THE 4TH MONDAY OF THE MONTH, NOT APRIL 29.**

Our speaker, Mick Rabin, is the Project Resource Teacher for LGBTQIA Advocacy in the San Diego

Unified School District. He was a classroom teacher for 21 years before he transitioned to this position, which he has held for the past three years. Mick has spent his career developing ways to integrate and infuse advocacy, affirmation, and respect for underrepresented populations into existing curriculum formats.

Mick will give us information regarding the upcoming documentary, "Raising Zoey." See article below.

Please join us for support groups, the cookie social, followed by Mick's presentation.

"RAISING ZOEY"

On **April 26** from 6:00-8:30 pm, the San Diego Central Library presents "Raising Zoey," the coming-of-age story of a transgender teen on a journey to find her voice — as a daughter, sister, student and activist. The film covers topics pertaining to growing up trans in a working-class Latino home, and the intersectionality of the family addresses subjects like immigration, early transitioning, knowing your rights at school as a trans/gender non-conforming student, navigating medical insurance, community support, early medical support, suicide prevention, empowerment, and peer to peer advocacy. Following a screening of the 50-minute documentary, there will be Q&A time with Ofelia Barba and Zoey Luna, as well as filmmaker Dante Alencastre. PFLAG will have a table to distribute literature.

The library is located at 330 Park Blvd., downtown San Diego, and the screening is in the Shiley Special Events Suite, 9th Floor. There is free parking validation for 2 hours. The parking garage is located beneath the library. There is also free meter parking beginning at 6:00 pm.

YOU DON'T WANT TO MISS HEDWIG

Hedwig and the Angry Inch made its explosive debut 20 years ago and changed American theatre forever. It's an iconic queer rock musical which comes to pulsating life for the first time on the Diversionary Theatre stage. Outcast turned rock underdog, Hedwig catapults the audience into their outrageous origin story that is both hilarious and horrifying, connecting the deeply personal to the universal. As Hedwig discovers themselves anew through telling their tale, this transcendent musical journey is a thrilling ride to discover your own rock and roll destiny.

Hedwig is at the Diversionary **through April 21**. For performance times and ticket info, go to: www.diversionary.org. You can also call: 619-220-0097. For \$5 off each ticket, use Promo Code PFLAG. The theatre is located at 4545 Park Blvd. in San Diego.

"QUIET NO MORE"

The San Diego Women's Chorus invites you to attend their monumental 2019 spring concert, "Quiet No More: A Choral Celebration of Stonewall." This inspiring event will take place **Saturday, May 18** at 7:00 pm and **May 19** at 4:00 pm. The concert will honor the 50th anniversary of the Stonewall Uprising. SDWC is participating in a commission project for a brand new, unique work that will commemorate and convey the impact and legacy of Stonewall.

The work will tell the Stonewall story clearly and passionately and will include previously unheard voices and the latest historical insights. The history of Stonewall will be balanced with the uprising's continuing impact in the present moment, and the future campaigning work that is still undone.

The concert will be performed at Lincoln High School, 4777 Imperial Avenue in San Diego in the Theatre at the Performing Arts Center (Building 900) on the campus. Tickets can be purchased at www.sdwc.org or at the door for \$25 (\$20 for student, senior, military, disabled, youth). VIP tickets are also available.

HARVEY MILK DIVERSITY BREAKFAST

The 11th Annual Harvey Milk Diversity Breakfast will be held on Friday, **May 17** from 7:30-9:00 am at the Hilton San Diego Bayfront Hotel. Proceeds benefit the social services programs of the LGBT Center. Attended by more than 1,000 people, businesses, groups, and organizations, this San Diego event is the largest Harvey Milk celebration in the state of California! What a way to honor a gifted LGBT activist who brought about so many changes in the community. For ticket information: events.thecentersd.org/HMDB.

OFFICERS, COMMITTEES & VOLUNTEERS

President

Terrie Vorono
619-997-6139
tvorono@pflag.com

Past Co-President

Patti Boman
pboman@pflag.com

Vice-President

Sherry Cohen-Richards
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scohenrichards@pflag.com

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Tiffany Gonzalez
tgonzalez@pflag.com

Treasurer

Nancy Colbert
ncolbert@pflag.com

Greeter

Lonnie Brunini
lbrunini@pflag.com

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Bobbi Harwood
858-453-3249
bharwood@pflag.com

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Support/Outreach
888-398-0006

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Tax ID #33-0512868

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Sherry Cohen-Richards
scholarships@pflag.com

Spanish Interpreter

Patti Boman
619-227-6092

Speakers Bureau

Transgender Coordinator

Kathie Moehlig
kathie@transfamilyosos.org

Refreshments

Ina Price

Website

Lisa Smith, Belladia
Marketing & Design

Board Members

Brenda Arnold
Sherry Cohen-Richards
Nancy Colbert
Dan Conger
Tiffany Gonzalez
Bill Luna
Vicki Luna
Mike Minnick
Kathie Moehlig
Gretchen Porton
Ina Price
Terrie Vorono

National PFLAG, Washington, DC
(202) 647-8180, www.pflag.org

Membership Application

- New Renewal Change of Address
 Please contact me for volunteer opportunities

Confidentiality is respected. Your donation
is tax deductible (Tax ID 33-0512868)

Make checks payable to: PFLAG San Diego
PO Box 82762, San Diego, CA 92138

- Individual \$30 Household \$40
 Business \$50 Supporting \$60
 Contributing \$125 Lifetime \$1000
 Other \$ _____
 Accept my donation, please do not list.

Please fill out, clip and mail this form
or apply online www.pflag.com

Name.....

Address.....

City State ZIP

Email.....

Phone.....Date

SMILE!

If you have an account with Amazon, you can help raise funds for PFLAG San Diego County by changing your account to smile.Amazon. For every purchase, our chapter will receive .05% of the dollar amount of the order. This may not sound like a lot, but it adds up with the more people we have participating.

Go to smile.Amazon.com and log onto your account. When selecting to support PFLAG, it will be listed as either PFLAG San Diego County or by Parents and Friends of Lesbians and Gays San Diego County (our original name registered with the IRS).

THANK YOU

Arlene Prater for the General Fund Donation



Equality is the soul of liberty, there
is, in fact, no liberty without it.

Frances Wright

Current Events

April 15 | Monday
PFLAG Support Group
South Bay

April 16 – 1ST MEETING
Tuesday
PFLAG Support Group
El Cajon
(see Support Groups for details)

Thru April 21
Diversionary Theatre
Hedwig and the Angry Inch
(see article)

April 22 | Monday
San Diego Metro General
Meeting and Support Groups

April 23 | Tuesday
PFLAG Support Group
North County Inland

April 23 | Tuesday
Our Space-Poway/High School

April 23 | Tuesday
Our Space-Poway/Middle
School

April 26 | Friday
"Raising Zoey"
San Diego Central Library
(see article)

April 27 | Saturday
Project Youth Prom
(see article)

May 2 | Thursday
Dining Out for Life®
(see article)

May 6 | Monday
PFLAG Support Group
North County Coastal

May 7 | Tuesday
PFLAG Support Group
Ramona

May 11 | Saturday
Launching Leaders Luncheon
(see article)

May 13 | Monday
Mi Familia

May 14 | Tuesday
PFLAG Support Group
North County Inland

May 14 | Tuesday
Our Space-Poway/High School

May 14 | Tuesday
Our Space-Poway/Middle
School

May 17 | Friday
Harvey Milk Diversity Breakfast
(see article)

May 18-19
Friday-Saturday
San Diego Women's Chorus
Concert
(see article)

SUPPORT GROUPS

.....
SD METRO GENERAL MEETING & SUPPORT GROUP
Meets every 4th Monday at 7:00 pm, at Jewish Family Service, 8788 Balboa Ave, San Diego in Kearny Mesa.
For further information, contact the Info Line:
888-398-0006 or www.pflag.com
.....

NORTH COUNTY COASTAL
Meets the 1st Monday at 6:30 pm
Pilgrim UCC, 2020 Chestnut Avenue, Carlsbad.
Annette: 760-518-3345 | northcountycoastal@pflag.com
.....

NORTH COUNTY INLAND
Meets 2nd & 4th Tuesdays from 6:30-8:30 pm
St. Bart's Church, 16275 Pomerado Road, Poway.
Jill/Dan: 760-855-9424 | RBPowaypflagsdc@pflag.com
.....

EAST COUNTY - 1st MEETING THIS TUESDAY
Meets the 3rd Tuesday from 6:00-7:30 pm, El Cajon Library, 201 E. Douglas Avenue, El Cajon.
Raegan: 858-531-5426 | eastcountysdc@pflag.com
.....

SOUTH BAY – NEW MEETING LOCATION
Meets 3rd Monday from 7:00-8:00 pm, South Bay Youth Center, 1180 Third Avenue, Suite C1, Chula Vista.
Patti: 619-227-6092 | pboman@pflag.com
.....

RAMONA
Meets 1st Tuesday from 6:00-8:00 pm, St. Mary's in the Valley, 1010 12th Street, Ramona. For meeting info:.
Carlee: 757-448-5640 | Ramonapflagsdc@pflag.com
.....

POWAY LGBTQ YOUTH SUPPORT/HIGH SCHOOL
Meets 2nd & 4th Tuesdays from 6:30-8:30 pm
St. Bart's Church, 16275 Pomerado Road, Poway.
Al: 858-382-2262 | al@transfamilysos.org
.....

OUR SPACE-POWAY--LGBTQIA/MIDDLE SCHOOL
Meets 2nd & 4th Tuesdays from 6:30-8:30 pm, St. Bart's Church, 16275 Pomerado Road, Poway. Facilitated by youth. **Al: 858-382-2262 | al@transfamilysos.org**
.....

MI FAMILIA (Spanish) NEW LOCATION
Meets 2nd Monday from 6:00-7:30 pm, South Bay Youth Center, 1180 Third Avenue, Suite C1, Chula Vista.
Patti: 619-227-6092 | pboman@pflag.com
.....

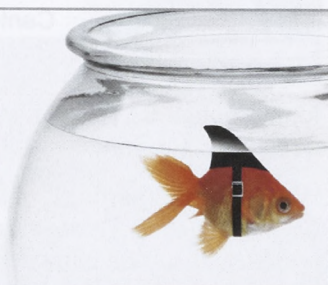
TRANSFAMILY SUPPORT GROUP
Support groups held separately for children, teens, & adults to explore topics around gender identity and expressions.
Kathie: 858-382-9156 | info@transfamilysos.org

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LGBT COMMUNITY LEADERSHIP COUNCIL STANDS TALL

The Community Leadership Council commits to last year's resolution protesting the exclusion of Transgender service members from military service. PFLAG San Diego County will again stand with the community against the ban. Here is the Resolution:

The United States Department of Defense Exclusion of Transgender Persons from Military Service April 26, 2018

Whereas the mission of the San Diego LGBT Community Leadership Council, a project of The San Diego LGBT Community Center, is to support and enhance the business, political, cultural, and community life of the San Diego LGBT community, improve the health and well-being of its members, and advance the equality and civil rights of all by providing a stable, effective, and on-going collaborative mechanism through which LGBT community organizations and their allies can effectively exchange information, coordinate community activities, collaborate on community projects, and provide coordinated community leadership,

Whereas, On March 23, 2018, The President of the United States, Donald J. Trump, announced a Department of Defense policy that excludes transgender persons from military service based on their gender identity, except under certain limited circumstances; and

Whereas, The American Medical Association stated that there "is no medically valid reason — including a diagnosis of gender dysphoria — to exclude transgender individuals from military service"; and

Whereas, The American Psychological Association finds "substantial psychological research shows that gender dysphoria is a treatable condition, and does not, by itself, limit the ability of individuals to function well and excel in their work, including in military service"; and

Whereas, No scientific research has shown that transgender servicemembers adversely impact readiness or unit cohesion, but research does show that discrimination and stigma harms morale and readiness by creating stress for transgender persons that harms their well-being; and

Whereas, The American Psychiatric Association has also voiced strong opposition to banning transgender persons from military service; and

Whereas, This policy will result in the loss of potential and current fully trained and deployable military personnel bases solely on their gender identity; and

Whereas, Transgender individuals, including those from San Diego, have served, and continue to serve, our country with honor, and should be allowed to continue doing so; now, therefore, be it

Resolved that the San Diego LGBT Community Leadership Council finds the exclusion of transgender persons from United States military service unfair, discriminatory and unconstitutional.

Dr. Shaun Travers
Community Leadership Council Chair

MUCH ADO AT NORTH COUNTY LGBTQ RESOURCE CENTER

On **Saturday, April 27**, the Resource Center presents Project Youth's Prom 2019, "Out of this World" from 6:00-9:00 pm. It is open to 8th grade-12th grade students. For more info: lgbtplusprojectyouth@gmail.com.

And for the whole family, you are invited to the Resource Center's Annual Benefit Gala, "Leading with Love, an LGBTQI Gala Experience." The gala takes place on **Sunday, June 9** from 2:00-7:00 pm at the Leichtag Foundation, 441 Saxony Avenue in Encinitas. The signature event is what keeps their doors open to serve thousands of people each year. In 2019, their aim is to support more homeless youth, and to serve more marginalized and disadvantaged folks through the diversity of programs they offer.

While more details will be in the May newsletter, you can buy tickets at the early bird price until May 15. You can also sponsor or donate, all one stop shopping at: www.ncresourcecenter.org/2019-annual-gala/.

AND THE AWARDEES ARE...



Image from Chris Ward Facebook

You can be there in person to find out who is receiving the 12 PFLAG scholarships at the Launching Leaders Luncheon on **Saturday, May 11** (I'm on my cell and can't bold the date). The luncheon is from 11:30 am-2:00 pm at the LGBT Community Center, 3909 Centre Street in Hillcrest. Tickets are \$60 each and you can use the information from the

form on page 5 to purchase tickets or make a donation. For questions: scholarships@pflag.com.

We are pleased to announce that District 3 City Councilmember, Chris Ward, is the Keynote speaker. In addition, he will be presenting commendations from the City of San Diego to each recipient. The emcee is Ruthie Inacay, recipient of last year's Richard P. Geyser Memorial Ethics Scholarship.

Hope to see you there.

CHEERS FOR LORI LIGHTFOOT

In early April, Lori Lightfoot won a resounding victory (i.e., landslide) to become both the first African American woman and openly gay person elected mayor of Chicago, dealing a stinging defeat to a political establishment that has reigned over City Hall for decades.

Lightfoot's win makes Chicago the largest U.S. city ever to elect an openly gay mayor.

"A lot of little boys and girls are out there watching us tonight, and they're seeing the beginning of something, well, a little bit different," Lightfoot said with a smile. "They're seeing a city reborn, a city where it doesn't matter what color you are, where it surely doesn't matter how tall you are and where it doesn't matter who you love, just as long as you love with all your heart."

It's heartwarming to hear of Ms Lightfoot's improbable journey, from the diminutive daughter of poor parents who worked multiple low-wage jobs in the segregated steel town of Massillon, Ohio, to graduate of University of Michigan and the University of Chicago law school, to federal prosecutor, major law firm partner and now mayor of America's third-largest city.

"My parents didn't have much money, but they had their dignity and their dreams, dreams for their children, dreams for me," Lightfoot said. "They taught me the value of honesty, decency, hard work and education, and they gave me faith, the faith that put me where I am today."

ALWAYS IN NEED OF HELP!

The San Diego History Center is in desperate need of volunteers for the LGBTQ+ Community Exhibition in Balboa Park. Part of the AIDS Memorial Quilt is on display and they need monitors whenever the exhibition is open. There are two shifts: 10:00 am-1:30 pm or 1:30-5:00 pm daily. If you can sign up, please go to: <https://www.signupgenius.com/go/60b044ca5a82eabf94-april>. Any questions, please email Samantha Alberts: salberts@sandiegohistory.org.



PFLAGers support the Planned Parenthood Gala: Terrie Vorono, Patti Boman, Brenda Arnold.

YOU CAN MAKE A DIFFERENCE

This is the first year we are making available a way to donate to the success of the Launching Leaders Luncheon where we honor the scholarship recipients. It's also a way to guarantee the continuation of the Scholarship Program. Tickets for the luncheon are \$60/each or a table of eight is \$500. But fear not! Using the information below, you can make a one-time donation. The same link can be used for both: www.sdhdf.org/events/event_registration.php

LAUNCHING LEADERS SCHOLARSHIP FUND 2019

Donation form: One Time Gift (Please print)

Full Name: _____

Business Name: _____

Address: _____

City: _____

State: _____ ZIP: _____

Phone: _____

We are happy to accept cash donations. You may give it to the person requesting donations.

Specify Your Donation Amount: \$ _____

To charge donation:

www.sdhdf.org/events/event_registration.php
and click on the Online Donation link.

To pay via check:

Please make check payable to SDHDF and mail to
325 W. Washington Street, Ste 2, #235
San Diego, CA 92103

In the memo portion of the check, list:
PFLAG Scholarships

DINING OUT FOR LIFE®; HELP FIGHT AIDS

Be a part of the LGBT Center's 13th annual Dining Out for Life® event. This year, there are over 60 restaurants participating on **Thursday, May 2**. The establishments listed give a minimum of 25 percent of their proceeds on food and liquor sales to the LGBT Center for HIV/AIDS services/programs. Please spread the word! It's not too late to volunteer to be a goodwill ambassador at one of the participating restaurants. For info, contact Ian Johnson at ijohnson@thecentersd.org or 619.692.2077, ext. 247.

All the restaurants are located in the San Diego area except for one restaurant located in Oceanside (19TEN). We hope you will plan on having a meal (or two or three) at one of the restaurants. You can call restaurants to ask if they accept reservations.



19TEN Oceanside
1910 Oceanside Blvd.,
Suite F
OCEANSIDE
*(only North County
restaurant participating)*

Babycakes
2315 Reo Drive
619-296-4173

Baja Betty's
1421 University Avenue
619-269-8510

Barrio Star
2705 5th Avenue
619-501-7827

Big Front Door
4135 Park Blvd.
619-255-4100

Blind Lady Ale House
3416 Adams Avenue
619-255-2491

Bo-beau Kitchen + Cache
1027 University Avenue
619-481-5034

Burger Lounge-Hillcrest
406 University Avenue
619-487-1183

**Burger Lounge-
Kensington**
4116 Adams Avenue
619-584-2929

Burger Lounge-La Jolla
1101 Wall Street
La Jolla
858-456-0196

Café Madeleine
2850 El Cajon Blvd.
619-723-5845

Concept Two Seven Eight
3687 Fifth Avenue
619-278-0080

**CopperTop Coffee +
Donuts**
101 W. Washington Street
619-458-9045

Cowboy Star
640 10th Avenue
619-450-5880

Crest Café
425 Robinson Avenue
619-295-2510

Del Sur Mexican Cantina
2310 30th Street
619-501-0643

**DiMille's Italian
Restaurant**
3492 Adams Avenue
619-283-3153

Et Voila! French Bistro
3015 Adams Avenue, #103
619-209-7759

Fig Tree Café
416 University Avenue
619-298-2010

Flicks
1017 University Avenue
619-297-2056

Freshii
1255B University Avenue
858-564-3447

Gossip Grill
1440 University Avenue
619-260-8023

Great Maple
1451 Washington Avenue
619-255-2282

**Hammond's Gourmet
Ice Cream**
3077 University Avenue
619-220-0231

Harbor Town Pub
1125 Rosecrans Street
619-224-1321

Harley Gray Kitchen & Bar
902 W. Washington Street
619-955-8451

Hash House A Go Go
3628 Fifth Avenue
619-298-4646

Haven (The) Pizzeria
4051 Adams Avenue
619-281-1904

**Hillcrest Brewing
Company**
308 University Avenue
619-269-4323

Indigo Grill
1536 India Street
619-234-6802

insideOUT
1642 University Avenue
619-888-8623

Kensington Café
4141 Adams Avenue
619-964-3778

**Kous Kous Moroccan
Bistro**
3940 4th Avenue, Ste 110
619-295-5560

La Puerta
560 4th Avenue
619-696-3466

Lotus Thai
3661 6th Avenue
619-316-4186

Lotus Thai Cuisine
906 Market Street
619-595-0155

Mariposa Ice Cream
3450 Adams Avenue
619-284-5197

**Martinis Above Fourth/
Table + Stage**
3940 4th Ave., Suite 200
619-400-4500

**Mission-Mission Beach
(The)**
3795 Mission Blvd.
858-488-9060

Mission-North Park (The)
2801 University Avenue
619-220-8992

Mission-SOMA (The)
1250 J Street
619-232-7662

Natural Style Chicken
501 University Avenue
619-228-9442

Negociant Winery
2419 El Cajon Blvd.
619-535-1747

Oceana Coastal Kitchen
3999 Mission Blvd.
858-539-8635

Ortegas
141 University Avenue
619-692-4200

Pampas Argentine Grill
8690 Aero Drive
858-278-5971

Park & Rec
4612 Park Blvd.
619-795-9700

Parkhouse Eatery

4574 Park Blvd.
619-295-7275

Parma-Cucina Italiana

3850 Fifth Avenue
619-543-0049

Ponce's Mexican Restaurant

4050 Adams Avenue
619-282-4413

Ponce's Mexican Restaurant

Del Sur (4S Ranch)
16480 Paseo Del Sur
858-312-1114

Pop Pie Co.

4404 Park Blvd.
619-501-4440

Project Pie

3888 4th Avenue
619-501-8000

Rail (The)

796 Fifth Avenue
619-298-2233

Redwing Bar & Grill

4012 30th Street
619-281-8700

RICH'S

1051 University Avenue
619-295-2195

Sirens Bar & Restaurant

3797 Park Blvd.
619-241-2710

Smoking Gun (The)

555 Market Street
619-233-3836

Spill the Beans Coffee & Bagels

555 Market Street
619-233-3836

Terra American Bistro

7091 El Cajon Blvd.
619-293-7088

Tiger!Tiger!

4025 El Cajon Blvd.
619-487-0401

Uptown Tavern

1236 University Avenue
619-241-2710

Urban Mo's

308 University Avenue
619-491-0400

Waypoint Public

3794 30th Street
619-255-8778

West Coast Tavern

2895 University Avenue
619-295-1688

Wine Pub (The)

2907 Shelter Island Drive
619-758-9325

THIS IS 2019??

In the small southeast Asian kingdom of Brunei, a new law that went into effect early April, will punish homosexual sex and adultery with death by stoning, should they be found guilty. What are the odds they won't be found guilty?

Human rights groups were quick to express horror at the penal code, which will also order amputation as a punishment for theft.

"Brunei must immediately halt its plans to implement these vicious punishments, and revise its Penal Code in compliance with its human rights obligations. The international community must urgently condemn Brunei's move to put these cruel penalties into practice," Rachel Chhoa-Howard, Brunei Researcher at Amnesty International, said in a statement.

With more international pressure, the small nation said it has no plans to halt the law.

Actor George Clooney called for a boycott of the nine hotels linked to Brunei -- three of which are in the UK, two in the US, two in France, and two in Italy. They include the Beverly Hills Hotel and the Bel-Air in Los Angeles. "Are we really going to help pay for these human rights violations? Are we really going to help fund the murder of innocent citizens?" he wrote.

World leaders have followed in denouncing the country's harsh practices and stood by the LGBT community.

The United Nations has condemned the law, saying that human rights experts have "expressed their concerns about the cruel, inhuman and degrading punishments contained in the penal code order."

"I appeal to the government to stop the entry into force of

this draconian new penal code, which would mark a serious setback for human rights protections for the people of Brunei if implemented," wrote Michelle Bachelet, the UN high commissioner for human rights, in a statement.

And the United States? They refused to condemn the law. After being asked for comment several times by *The Daily Beast*, the State Department issued a statement saying that the U.S. is "concerned" with the law and that the punishments "appear inconsistent with international human rights obligations, including with respect to torture or other cruel, inhuman or degrading treatment or punishment." But did they condemn it? NO! Their statement was a broad no torture statement without referring to the new Brunei Penal Code (Shariah Law). When pressed further about this specific law, a spokesperson said, "Governments have an obligation to ensure that all people, including LGBTI people, can freely enjoy the universal human rights and fundamental freedoms to which they are entitled. We strongly oppose human rights violations and abuses against LGBTI persons, including violence, the criminalization of LGBTI status or conduct, and serious forms of discrimination." Again, nothing specific to Brunei.

In celebrity circles, Perez Hilton has outed the Sultan of Brunei's son, Prince Azim. He is the fourth in line to the throne. Not to be catty, and you can take it for what it's worth, it is well known that the prince has lavish parties with queer celebrities among the guests. These parties have free-flowing alcohol which would be strike two for Prince Azim. His brother, Prince Jefri, is also reportedly "hedonistic" and adultery would be his fatal sin. Both men would be put to death under their father's law.

As part of the LGBTQ community, it is important for all of us to speak up.

JOHN MCCAIN WOULD NOT HAVE STOOD FOR THIS

Arizona has a law that bans schools from portraying "homosexuality as a positive alternative lifestyle" and from teaching safer sex methods for gay people.

In March, Equality Arizona and others sued Arizona Superintendent of Public Instruction Kathy Hoffman in federal court, arguing that the anti-LGBTQ curriculum law violates LGBTQ students' Fourteenth Amendment equal protection rights.

Now Arizona Attorney General Mark Brnovich says that he won't defend the law in court. Normally, the state attorney general represents state agencies in court.

Brnovich sent a letter to state House Speaker Rusty Bowers and state Senate President Karen Fann to inform them of his decision and to give them "adequate time and information to make an informed decision" about whether the state legislature will defend the law with its own attorneys.

The state attorney general's office said that the anti-LGBTQ curriculum law "is probably susceptible to being struck down by the 9th Circuit Court of Appeals," even if it could be defended in court. Thank heavens!

A spokesperson for Bowers said that the state house is more focused on repealing the law than defending it in court.

"Details are still being negotiated, but Speaker Bowers expects the Legislature to revise current law to address the issues raised in the lawsuit."

Fann said that she has not made a decision on whether to defend the law.

Madelaine Adelman, the founder of GLSEN Phoenix, an LGBTQ student organization, welcomed the attorney general's announcement.

"A clean repeal will move Arizona away from this decades-old stigma-based approach to education," she said in a statement. "Such legal reform is critical, given what is known about its effect on the safety and health of students in K-12 schools."

The suit also ties the law to bullying, saying that it sends a message "that there is something so undesirable, shameful, or controversial about 'homosexuality' that any positive portrayals of LGBTQ people or same-sex relationships must be explicitly barred."



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