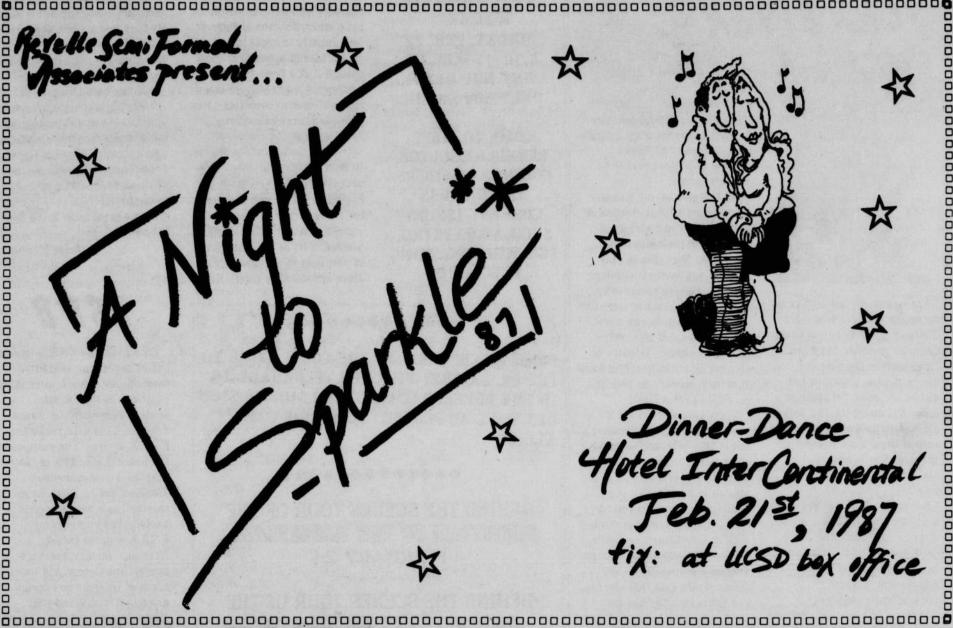
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ISSUE 8

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FEB. 13, 1987



In recent years health has become one of the premier issues in this country. There is a growing emphasis on both health care and exercise. More and more people are beginning to realize how important it is to take care of themselves and their bodies. Yet there are still many who are unaware of the importance of the issues of health in general and of their own physical and mental health. In an effort to promote genetal health the Student Health Center, in cooperation with several other organizations, is holding the 2nd annual Student Health Fair from 11-12 on Wednesday, February 18, at the Revelle

The structure of the fair is simple. In the middle of the plaza tables will be set up in a horseshoe shape. The two end tables will act as check-in posts. At one of these a person will receive a checklist. With the checklist in hand, a person should then go and visit the other tables.

The tables themselves have been sectioned off into blocks. Each block has its own area of concentration and is designed to provide specific information and individual evaluations. There will be a number of different blocks on a variety of different topics. The lifestyle block will contain information on sex, substance abuse, eating disorders and stress. The physical health blocks will

Christopher Hufman provide information on such subjects as immunization. Tay Sachs disease, anemia and the prevention of birth defects. At each stop along the way one can receive evaluations which can be analyzed at a "fit stop".

This fair may seem like an idea contrived in order to make people into health crazed exercise nuts. However, it is actually a good practical opportunity. This fair will allow one to assess their present physical state. It will also allow people to ask the questions that have not been asked because they didn't know who to ask. The Health Fair is a well-organized event that can only benefit those who use it.

BATTLE OF THE BANDS

On February 27th we will have the annual Revelle Battle of the Bands in the Revelle Cafeteria. Last year we had a great turnout with Borracho Y Loco winning the first prize of recording studio hours. This year so far we have six contenders. Again we are presenting cash prizes, and possibly awarding recording studio hours as the grand prize is being discussed. If interested in participating. please srop off a demo-tape at the Revelle Provost's Office with Yolanda Garcia.

Submitted by RPB

Coming in June....

Hundreds of Revelle Graduates, parents and friends to be inspired and enlightened....

by you!!

The Revelle Graduation Committee is currently seeking a graduating senior to speak at the Commencement Ceremony, June 14th. This is your opportunity to be heard, so apply at the Revelle Dean's Office by Feb. 27th. Interviews to be held the following Monday, March 2nd. Applicants are asked to bring an outline or rough draft of their speech to read.

DON'T MISS YOUR CHANCE TO APPLY!

Come out to the plaza today at moon to buy your Valentine a "sweet" heart gift. Join NPB to see what this gift is. NPB will also be selling See's Suckers for you to give yourself or your Valentine. While you do your shopping, NPB invites you to have some free ice cream, also on the Plaza.

AROUND LAZA

- FEBRUARY 13- NPB VALENTINE HEART SALE
 - See announcement
 - 14- HAPPY VALENTINE'S DAY!!
 - 16- ADMINISTRATIVE HOLIDAY
 - -No classes!
 - 18- STUDENT HEALTH FAIR
 - -See article COMMUTER BREAKFAST

19- FIRESIDE WITH DR. SAWREY

- -See article
- See announcement
- 20- OL APPLICATIONS DUE -Turn YOURS in by 4 p.m.!!
- 21- REVELLE SEMI-FORMAL-"A
- NIGHT TO SPARKLE!!" 24- BEHIND THE SCENES TOUR OF
- THE INSTITUTES OF AMERICAS 25- BEHIND THE SCENES TOUR OF THE **EARTHOUAKE SIMULATION**
 - LABARATORY -Both events are sponsored by the Revelle Faculty-Student Board. For
- Revelle Commuter Lounge! 27- ANNUAL REVELLE BATTLE OF THE BANDS

more info. and sign-ups go to the

-See Article 28- COMMUTER SKI TRIP

SPOTLIGHT ON JENNIFER SCHREIBER



This issue our spotlight has turned to Jennifer Schreiber. Chaiman of the Revelle College Council. Jennifer has been Chairman for the past two quarters. She says that her duties are much the same as other RCC members, the only difference being that she takes care of the organizational aspects. She is also responsible for heading the meetings. To become the Chairman of RCC it is required that you have at least one quarter previous experience. Jennifer was on RCC last year. and since no one else had experience, lennifer automatically became the Chairman fall quarter. She was then re-elected Chairman for the winter quarter. Jennifer has also been involved in AS. Her freshman year she was the

Revelle repersentative. She lived in Argo her freshman year, and then found off campus living more suitable for her. On campus, Jennifer belongs to the sorority Kappa Kappa Gamma and enjoys playing on an intermural softball team.

For fun off campus Jennifer seems to get a lot of enjoyment participating in a variety of sports. She runs just about every day. She likes to play softball and football although her real passion seems to be tennis. Due to lack of time she doesn't get to play any more, but she says that she really misses the game. Jennifer let slip her previously secret form of entertainment. So here it is....ROLLERSKATING!

When I asked Jennifer if there was anything else she would like everyone to know about her, she said that she wants to tell everyone attending Revelle that it's a wonderful education you're working towards and to stick with it. She admits that it is tough, but being in her fourth year as a biology major she seems really glad that she has come this far. She has one more year untill she can reach her goal of entering medical school.

by Melissa Guerrero

I've been very depressed

things, and I don t really know

lately about a number of

where to turn for help! My

pretty lousy, and my parents

are not very pleased with me

my boylriend and am having

severe roommate problems. 1

just kind of feel like my whole

world is falling apart! Do you

have any advice for me?

Dear Depressed,

-Depressed

I compliment you on your

courage in writing this letter!

Frequently when students get

depressed, they feel like

retreating and cutting off

contact with others. Your

letter is a positive sign that

The predominant experience

of depression is the feeling of

vourself that you "just have to

study tonight" over and over

hopelessness. You may tell

you want to overcome your

feelings of depression.

right now I also broke up with

first quarter grades were

REVELLE COLLEGE RCC COLUMN

that welcome to come talk to me

The elections process begins

in only one month. Election

packets for RCC will be in the

Provest's Office in a few weeks

for those of you interested in

running. Also, A.S. election

packets will be available soon

more school-wide level. New

DON'T BE LEFT OUT IN THE COLD! COME TO

IN THE REVELLE COMMUTER LOUNGE. SIGN

BEHIND THE SCENES TOUR OF THE

INSTITUTE OF THE AMERICAS

FEBRUARY 24

BEHIND THE SCENES TOUR OF THE

EARTHOUAINE SUMULATION

LAJBORATIORY

FEBRUARY 25

SPACE IS LIMITED, SO SIGN UP IN THE

REVELLE COMMUTER LOUNGE!!

DEAR HUGH ...

THE ASK A PSYCHOLOGIST COLUMN

THE DR. SAWREY FIRESIDE. FEBRUARY 19

UPS WILL BE POSTED. COME ONE COME

if you want to get involved on a

about anything concerning

COUNCIL PRESENTS... Have you bought your tickets to the Revelle Semi-Formal yet? "BUILD YOUR I hope so, because it is going OWN SUNDAR to be one fantastic evening. For only \$15 per person, you NIGHTget dinner, dancing and most SUNDAY, FEB. 22 importantly, a night full of great fun and memories. Even 8:30-11 P.M. IN though it is a Semi-Formal. WHY NOT HERE? during the night you are more

COME TO MEET
REVELLE COLLEGE
COUNCIL MEMBERS
AND DISCUSS
CURRENT ISSUES
SUCH AS PARKING,
TG'S AND UPCOMING
ELECTIONS.

ALLIII

ONLY 50¢ EACH!!

appointments will be made for next year during election time and applications for the committee positions will be available. Gettting involved in student government, especially at Revelle, is a great opportunity to meet new people and develop leadership skills.

RCC has been thinking of sponsoring one night a week in Why Not Here? and setting up a table to answer your questions. Look for us in Why Not Here? and around campus in our new white and blue RCC sweatshirts!

Have a great time at the Semi-Formall

> Jennifer Schreiber Chair, RCC

FSPB

Each year, the Revelle Dean's

Office hires four student Interns, one of such internship positions is the Faculty Student Programming Board. F.S.P.B.. Luis Ramirez is the F.S.P.B. intern. The purpose of the board. Luis says, is "to promote situations where students and faculty can get together on a non-academic basis." The students on F.S.P.B. arrange faculty firesides, faculty speakers. provost luncheons, and tours of aread of interest on campus given by faculty and staff. Students are randomly selected for the provost luncheons, so that they can discuss any concerns they have regarding Revelle (and they get a free lunch in the bargain!) Past events this quarter include a fireside with Dr. Saltman, a tour of Scripps, and a tour of the Supercomputer. Coming up in the future: a fireside with Dr. Sawrey (on Feb. 18), a tour of the Institute of the Americas (on Feb. 24), and an Earthquake Simulation Laboratory tour (on Feb. 25). Dont miss these great opportunities; look for sign-up

sheets in the Commuter Lounge
These activities are coordinated for your benefit, to
improve the faculty-student
relationship. By attending
them, you'll discover that the
professor you were always
intimidated by is only human

by Shana Elman

JUST A
REMINDER...
APPLICATIONS
FOR REVELLE
ORDENTATION
LIEADER

ARE DUE
FEB. 20 BY 4 P.M.
IN THE
REVELLE
PROVOST OFFICE!!

PAGE 2

STUDENT HEALTH COLUMN

Knowing something about birth control can be useful knowledge whether it be for oneself or for a friend. When choosing a method of birth control, one should consider the safety, effectiveness, and convenience of the method. Birth control methods can be divided into two groups: Prescription methodes which require a visit to a medical doctor, and non-prescription methods which can be bought over-the-counter. The United Stated has one of the highest rates of teenage pregnancy in the world. Much of this is attributed to the lack of usinbg birth control or its incorrect usage.

The best way to learn about birth controol is through Planned Parenthood or the Birth Control Information Sessions at the Student Health Services. The sessions are held in the upstairs lounge Mondays 2-3 p.m., Tuesdays 12-1 p.m., and Wednesdays 12-1 p.m.. For further information call 534-2669.

Erik Gregory

again during the day. However. when you sit down to study you most likely feel lethargic in both energy or desire to get started. It seems as if you just can t get around to getting your work done. You begin to feel hopeless, you can't concentrate, you can't think straight, you can't make progress. Besides, when you want to talk or get comfort you are faced with a broken relationship, so you are not sure where to turn for understanding. Your roommate is also a source of stress rather than encouragement. So you are stuck with your feelings of hopelessness and helplessness. Frequently at this point, you might consider suicide, dropping out or taking some form of drug. One may end your life, the other may exacerbate your illness. However, there is hope! I suggest you contact Psychological Services 534-3755. They have individuals

on their staff who are experts

in the short term teratment of depression. The rate of success by this form of treatment is exceptionally high.

Mid-term time is usually a depressing time in and of itself. If you add your problems with grades, a break-up with your boylriend and conflicts with your roommate, the feelings of hoplessness can be overwhelming. I suggest you seek consultation very soon.

"Depressed" probably isn't the only person feeling like this around this time of the year... we encourage anyone with any sort of psychological problem to write to Hugh Pates, psychologist for advice. Please send all letters to:

Barbara Stearns

B-021

PROVI

ACCENT ON ACADEMICS

DECLARE YOURSELF!

If your transcript still reflects an "Undeclared Status" you may face unnecessary delays in enrollment for future classes. You need to declare a major course of study as soon as possible, especially if you have junior or senior status. We encourage you to make an appointment with an academic counselor to help you in your decision making process. Also, you may be interested in a Career Services workshop entitled "Identifying your career". This is an all-day workshop to identify viable career options through extensive self-assessment. Check with Career Services for dates of the next workshops.

THE

"PETERSON

PLOT'

You may have walked by

noticed the construction going

on there. Well, consider it a

that's what it will be when it's

Yup. That's us. We're gonna

Peterson Hall lately and

monument to us. At least.

finished. It's going to be

named the "Duped Student"

spend the rest of our college

eyes and suckers out of our

"So what's this maniac

Wrong. The UCSD staff

must've been laughing into

their hands for months now.

thinking about that beautiful

new STAFF LOUNGE they re

What, surprised? Well, it's

true. At this very moment, the

massacring eucalyptus trees to

build a shiny new lounge for

the Faculty. The very same

people who, coincidentally.

have plenty of parking spots

color coded for their permits

The question that is reised

by this Campus con is: Who

was this school built for? Is

professors to do experiments

and theorize? I fully realize

work being performed on

campus, but I believe the

students to be the central

factor at UCSD, and it would

appear that, in this case, the

been completely ignored in

favor of the faculty.

Mr. Olympus.

interests of the strudents have

So the faculty is beginning to

take on an aura of omnipotence

and detachment. Their wish, it

would seem, is none of our

business. Maybe we should

name the new Faculty Lounge

the importance of the scientific

UCSD just a place for

construction workers are

construction by Peterson Hall

is going to be extra parking for

leading up to? The

us. right?", You ask

perplexedly.

getting.

mouths.

careers pulling wool out of our

Ian Lurie

THE "W" GRADE:

A student may drop a course before the end of the ninth week of instruction by filing the appropriate form with the Registrar, after first notifying the instructor and/or department.

If you drop a course after the

end of the fourth week of instruction and before the end of the ninth week of instruction, the Registrar will assign a final grade of "W" for that course.

You may not drop a course after

the end of the ninth week of instruction (March 6, 1987). When dropping a course, keep in mind the minimum progress requirement of 36.0 units each academic year.

Dent /Program

LANGUAGE PROFICIENCY EXAMINATIONS:

Language proficiency exams will be given in French. German, Spanish, and Russian on Saturday, March 14 at 9:00 a.m., in USB 2722. The written exam will be followed with oral interviews schedueled March 17 and 18, 1987. If you plan to take the exam, sign up at the Language Center Office. P&L 2125 during weeks 9 and 10 for BOTH the reading and oral portions of the Proficiency Examinations. Also, check with the Language Center staff for any restrictions and/or recommendations needed before signing up for the examinations.

пр

UCSD TRIVIA

Interested in knowing how you fit in with the average GPA's in your major? The list that follows was complied by the Revelle Provost's Office and shows the average GPA's for all majors at UCSD...

Dept./Program	L.D.	U.D.
Ames	2 91	2.76
Anthro	2.83	2.98
Biology	2.54	2.60
Chem	2.63	2 58
Chin St	3.34	3.57
Com/Cul		354
Com/Gen	2.96	3.57
Com/HIP		3.08
Com/SF		3.08
Con Iss	3.46	
Econ	2.40	2.72
EECS	2.83	261
Earth Sci	2.82	2.86
Hist	2.85	3 01
Human	2.71	
LIN/FR	3.27	
LIN/GEN	2.96	3.01
LIN/GER	3.22	
LIN/RU	3.52	
LIN/SP	3.34 2.80	
LIT/EN	2.80	2.96
LIT/FR	3.17	2.91
LIT/GEN	3.17	3.12
LIT/GER	3.13	3.60
LIT/IT	3.46	
LIT/LA	3.04	2.76
LIT/SP	3.08	2.95
LIT/Wr	3.47	3 30
Math	2.67	2.47
Music	3.37	3.72
Phil	2.70	3.09
Physics	3.02	2.62
Poli Sci	2 95	3.00
Psych	2.71	2.77
Soc	3 06	2.92
TEP	2.20	3 43
Theatre	3 38	3 50
TWS	3 08	3 21
Urb Stu	3.36	2.76
Vis Arts	3.37	3.30

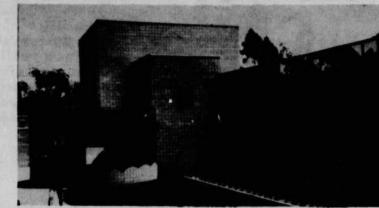
REVELLATIONS STAFF &

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CAREER SERVICES



FEBRUARY 17- MANAGING IN THE PUBLIC SECTOR
Managers don't always have to worry about

Managers don't always have to worry about making profits. Hear from professionals in public administration. 2:00 p.m. in the Multi-Purpose Room of the Career Services Center.

19- TEACHING TODAY: A CAREER IN DEMAND

Education is a hot field... and changing all the time. A panel of experts will give you the facts on this profession. 3:00 p.m., in the Multi-Purpose Room of the Career Services Center.

26- CAREER OPTIONS FOR BIOLOGY AND CHEMISTRY MAJORS

Discover a variety of ways to use your degree in government and industry. 2:00 p.m., in the Multi-Purpose Room of the Career Services Center.

ALSO, FIND OUT ABOUT THE FOLLOWING SERVICES:

MENTOR- Everyone could use one. If you're graduating and job seeking, we'll find a professional in your field to help you in the job market. Sign up with the main lobby receptionist.

VIDEO TAPES- Get advice straight form the pros. Watch panel presentations on a variety of careers. Also, learn more about professional and graduate school opportunities and various employers...

INDIVIDUAL ADVISING- Help finding desirable part-time jobs, determining career goals, searching for jobs or exploring professional or graduate school opportunities is available by making an appointment in advance or on a walk-in basis from 1:30 to 4:30 p.m. daily.

APPLICATIONS FOR REVELLE DEAN'S INTERNS

Would you like to be the editor of the college newspaper? Help commuters stay involved? Bring the students and staff together in social situations? Set up events for the Plaza or nighttime activities for the college? Then apply to be a Dean's Intern! Intern applications are now available in the Provost's Office for the following four Intern positions.

-Editor of REVELLATIONS:
Organizes the staff, sets up
meetings, budgeting, news
collection, mailing of
procedures, and publicity.

-Commuter Advisory: Works with the Commuter Advisory Board and the Adopt-a-Commuter program, and develops programs to help commuters stay involved in college events.

-Faculty/Student
Programming: Helps bring
programs to Revelle that
stimulate interaction between
students and staff, such as
Firesides, and Faculty Talent
Bank.

-Noon Programming and Social Events: Sets up events such as Casino Night, noon concerts, T.G.'s, and other Plaza and Commuter Lounge activities. Besides these specific duties, each intern is also responsible for maintenance of the Commuter Lounge and working in the Lounge for 10 to 12 hours every week answering the phones and questions. Additionally, the interns are responsible for palnning Welcome Week in the fall. Eavh Intern also assumes a

Eavh Intern also assumes a secondary responsibility for one of the following: Publicity Resources, Commuter Lounge Facility. Student Involvement Opportunities, or Student Government Information. More information on each of these position's responsibilities is available in the application itself.

Some of the qualities the Interns must have is an honest interest, energy, enthusiasm, and developed leadership skills. The applications are due April 17th by 4:00 p.m. but don't wait untill it's too late! Apply NOW!!

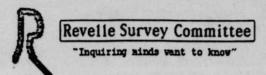
Tanya McGraw





So that the Revelle Commuter Advisory Board can best serve you, the Revelle College Commuter, we asked the "Revelle Survey Committee" to conduct a survey in Revelle Commuters concerning a variety of uses. Ve are now publishing the results of that survey. This new information will help our committee program more in those areas in which you expressed great interest and work to improve those less popular programs.





Commuter Survey Questions

- 1. How long does it usually take you to travel to campus?
- 2. Have you ever lived on campus? (Yes, No)
- Have you ever heard of the Adopt-a-Commuter program? (Yes, No)
- (If yes to 3) Have you ever participated in this program? (Yes, No)
- (If yes to 4) Was the program worthwhile for you? (Yes, No)
- Which of the following do you refer to for commuter information?

Kiosk on Reveile Plaza Bulletin Boards Revellations friends

- 7. In which of these commuter activities do you like to participate? Commuter Breakfasts Intramural sports Weekend events like volleyball & barbeques Dinner and movie nights
- Do you like to participate in: Faculty-student get togethers Noon concerts Student committees Greek organizations

Total students surveyed	: 114
Males	56%
Lower classmen	46%
Freshmen	14%
Sophomores	32%
Juniors	25%
Seniors	30%
Question 1.	
Average time	18 min
Less than 10 min	31%
Less than 20 min	75%
Greater than 20 min	25%
Question 2.	
Yes	54%
Question 3.	
Yes	69%
Question 4.	
Yes	14%
Question 5.	
Yes	73%

Question 6.	
Guardian	61%
Kiosk	10%
Bulletin Boards	34%
Revellations	22%
Edna	16%
friends	63%
Question 7.	
Breakfasts	11%
IM Sports	43%
Weekend events	13%
Dinners/movies	17%
Question 8.	
Faculty get-togethers	25%
Noon concerts	66%
Student committees	16%
Greeks	11%
General.	
Students who have participat	ed in the
Adopt-a-Commuter program	and have
never lived on campus:	9/114
	= 8%
Current freshman commuter:	CHIPURI

DON'T MISS NEXT WEEK'S CAB BREAKFAST

WED. FEB. 18, 7:30 TO 9 AM, IN THE COMMUTER LOUNGE!! BE THERE OR BE □!!!

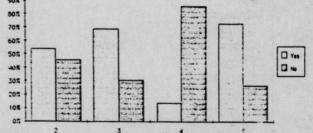
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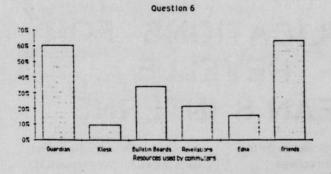
participating in the Adopt-a-Commuter

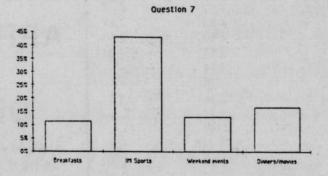
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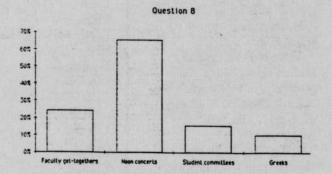
to small sample size !

Questions 2, 3, 4, 5









E PERSONAI

David P. form Blake 2-You look like you have enough, why don't you share it?

Dearest Philip H .- I love you and cannot wait to marry you on Aug.8th. -love, Patty C.

Just want to welcome our new suite mate. Tricia. Welcome to Meteor 150's Tricia. love, the 150's.

Dena- xoxoxo -SB.

Boz is beautiful.

Gavin-Groveland snuggle wiggle.

M.A.-Stop thinking so much and enjoy life with much affection. -YKW Tom-Thanks for being a friend when we were at the time of need for one. You're something special. From the two you visit every night.

Brett from N.Y .- Get some real hair

To the Fantastic Four- Have a wonderful Valentines Day. Sorry I wasn't here. Think of me on the slopes of Brianhead. Look in your mail boxes for a little treat!

Hev Yo--How about me??????

Chris-Beak em Hawks, Band Aid is weak.-The Kid. P.S. Spoo Fever-Catch It!

Seth-You are so sexy .-- Signed. Mystery

Hi again Pumpkin, luv drumstix.

Anh, Theresa, and Alicia: You are all snots!!!

Trojans 2A Soccer-Learn how to

To our boyfriend Eddie-Don't forget you have more than one box of candy to buy. Happy Valentines Day .-- The Girls at the Massage Parler.

Armin- Thank's for doing all the typesetting- you are a true lifesaver! And the last issue really didn't have that many mistakes in it... only 99 or soll Your boss!

Sal- Happy Valentine's Day! (That's the Valentine personal that you wanted in the Guardian last yearll) -Barbara

Armin- "Doosteddaram, Ohsharatam" (sp?) Happy Valentine's Day!- Kath

Ed & Mulfy- Happy Valentine s Day!! I'm really glad the three of us have become so close... it will just make the summer all the more fun... working together, living together, and... well, never mind what else... you get the ideall- Chastity

Mom & Dad- THANKS FOR THE CARIIII I love it. but I love you way more than a car. a computer, or any other material object!! Love. Barbara (Your little JAP)

Hi Biz. Love me Mist. Mark Mobilis-Here's to 2-1/2 of the best years of my life. May there be dozens more. Happy Val. Day Gurmba. 1 luv you. Leigh

Hey Kath-Isn t it about the time of your unusual imbalances? Let's take advantage of it..FASTII

Pookie-Even though you don't celebrate this romantic holiday, I still live you and wish you a happy Valentine's Dayl luv, Poops P.S. You're a gurv so you should know who this is!

Argo II guys-Seth. David. Greg. Janos, Kenny, Keven: The Big "Sticks" on campus -Shaving

just wanted to say hi to my favorite pals-KC&L love yu lots. S

Tom-Next time bring bigger pickles..you know we like them big -N&D

Rob is BUFFII

Happy 11th and Val. Day. Look out for your treat (me) on the slopes this weekend, and perhaps your presentill (later on the night) Can't wait?????

Payl-Where do you live? -Mark P.S. Can I rent out your bed?

Hoser.-No. you could've been cool, but you had to be an Anni To the striking brunette in Atlantis 303-You ve caught my eye; now I'm one distraught guy. And if I could have you, I would be forever true. Across the Quad.

To my Pumpkin: Happy Valentines Day. I love youyour pumpkin. Kamilah To the couple in Discovery 206-thanks for the entertainmentl -Meteor

Erik-Anyone else after you lately? -your Counselor

KCB-Go to the dentist! Dave

PAGE 4