

## IMPORTANT DATES FOR THE COMING MONTH:

Oceanids together with the UCSD Faculty Club are sponsoring SOUNDING BOARD on February 1 at noon More information on page 3

Campus Focus Event at 6:00pm on Monday, February 5, 2007.

There will be a reception and tour of the UCSD student run Free Clinic

More information on page 6



Chinese New Year
with the
Friends of the International Center
on
Saturday, Feb. 24.
More information
on page 9

Ocean Science
Lecture Series
Monday,
February 12
6:30 pm to 8:00pm
at the BIRCH
AQUARIUM
More information
on page 4

Friday Café run by Oceanids on Friday, February 9

Please, come and help. More information

on page 9

## **OCEANIDS CREW 2006/2007**



#### **BEAR FACTS**

is the newsletter of Oceanids, a UCSD campus organization. Published monthly except July, August & September. Letters to the Editor and articles of interest to UCSD are invited.

ALL SUBMISSIONS FOR CONSIDERATION MUST BE RECEIVED BY THE EDITOR NO LATER THAN THE 15th OF THE MONTH FOR THE NEXT ISSUE.

Address all submissions to:
Oceanids/Bear Facts
International Center
9500 Gilman Drive
La Jolla, CA 92093-0049

or, preferably, email to: oceanids@ucsd.edu *and* renright@ucsd.edu

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PLEASE NOTE
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Please notify Circulation of any change of address.
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#### OCEANIDS ONLINE

http://orpheus.ucsd.edu/ oceanids/

#### E-MAIL

oceanids@ucsd.edu

and also email renright@

ucsd.edu

#### **BOARD OF DIRECTORS**

(note: all phone numbers are area code 858 unless otherwise noted)

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r ording continues	Elibet Marshall, Carol Schultz, Linda Smith,		
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Campus Focus Events	Carole L. Ziegler6		
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a managanisa (Labinisa mengan	Ady Rosenblatt		
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Holiday Party	Mary McIlwain		
- Louising Amery of the	Maxine Bloor		
Theatre Fundraiser	Molli Wagner		
Museum Bus Trip	Barbara Starkey		
Tribut unit but trip	Darbara Starkey	300-0779	

## BOARD MEETINGS: first Thursday every month

Oceanids Pavilion, International Center Coffee and refreshments: 9:30am

Meeting: 10:00am (You are welcome to attend!)

#### A SERIOUS MESSAGE FROM THE PRESIDENT

Like many families and businesses today, rising cost have prompted the Oceanids Board to take a closer look at our finances, and so last fall we appointed an ad hoc committee on finances that reported to a special board meeting on January 11. During the next few months I shall be reporting on proposals and actions taken by the board at the recommendation of the committee.

Although the cost of printing the Bear Facts has remained constant the cost of mailing the Bear Facts has been increasing. The parking fee that we are assessed for the spaces at the International Center has also risen significantly. This is true of all parking on the campus.

We have also had a drop in funds because the University is no longer paying interest on our Foundation Account, which is our savings account. The monies received from sales of the Oceanids Cookbook, and from Lifetime and Sustaining memberships were deposited in this account. The annual interest earned was used to help cover our operating expenses and philanthropic projects

When the University stopped paying interest on this account, then president Jane Takahashi and Molli Wagner started our annual Theatre Party. The proceeds from the sale of tickets now fund the six undergraduate awards we give annually. We are grateful to Jane for her financial foresight, and to Molli for the hours she gives to this important fundraiser.

When the ad hoc committee looked at the budget, they decided that the annual dues should at least cover the cost of the Bear Facts and Parking at the International Center since both were essential to operating the Oceanids. Unfortunately, the cost of both is \$800 more than income from member's dues. We have been covering that cost by spending down our savings account. We cannot continue to do this.

We have established another ad hoc committee to look at cutting the cost of mailing Bear Facts. One suggestion is to mail it every other month. Another is to send it electronically to those members on the internet. I would appreciate your thoughts on either proposal, or any new ideas.

The Board decided that at our annual meeting at the Spring Luncheon we will recommend approval of raising the annual dues from \$25 to \$30, and raising sustaining membership to \$300. This should cover the cost of Bear Facts and parking fees. We have other operating and philanthropic expenses that are covered by the generosity of our membership through their donations and support of our fundraisers like the Theatre Party, and sale of the La Jolla Money Book. I will continue to report to you on money saving and income raising ideas from the ad hoc finance committee in future issues of the Bear Facts.

Barbara Bank bbank@ucsd.edu; 858-484-4597

SOUNDING BOARD
is sponsored jointly by
Oceanids and the UCSD
Faculty Club



EVERY 1ST THURSDAY AT 12 NOON Oceanids and friends of the university meet at the Faculty Club, convene in a specially designated room to eat lunch and listen to fascinating speakers. You can be sure of a lively discussion!

#### February 1:

James R. Pahl, is the Executive Director of the Oceanside Museum of Art since 1997. The museum is currently completing a \$5.35 million capital campaign that will take the present facility from 5,000 sq.ft. to 32,0000 sq. ft.

Mr. Pahl has also worked at the San Diego Museum of Man, the Mingei International Museum of Folk Art, The Childrens Museum of San Diego, where he was the Executive Director, the Museum of New Mexico and the Museum of International Folk Art in Sante Fe.

Mr. Pahl will talk about the Oceanside Museum of Art and it's plans for the future.

#### March 1:

Our Sounding Board speaker will be UCSD **Chancellor Marye Anne Fox** who will talk about "Undergraduate Life at UCSD".

#### FIRST GERMAN KAFFEEKLATSCH

We will meet at my house (7561 Cabrillo Ave in La Jolla) on the 3RD Tuesday of each month at 3:30 to 5pm and talk German.

Beginners are welcome.

We will be very patient, but only German will be spoken.

Please e-mail or call me if you would like to come.

Roswitha Enright

(858 459 7375)

(renright@ucsd.edu)



#### OCEAN SCIENCE LECTURE SERIES

6:30 pm to 8:00 pm at the BIRCH AQUARIUM

Monday, February 12, 2007: TRACKING THE OCEAN-CLIMATE CONNECTION

The oceans can store much more heat and freshwater than the atmosphere.

Join Dr. LYNNE TALLEY as she describes how she and others are using decades of ocean observations to discern the long-term integrated signal of climate change that is recorded in our oceans.

MEMBERS: FREE

*Send check(s)* & *completed form to:* 

PUBLIC: \$8

MORE THEATRE:

At the Mandell-Weiss Theatre:

GOOD BREEDING
by Robert O'Hara

February 15 to 24
Call858 534-4574

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Print your name as you would like	e it to appear in the OCEANIDS DIRECTORY. Check here if you don't want to be listed:
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ANNUAL MEMBERSHIP: \$25 SUSTAINING: \$250 & LIFE N	6 (Check payable to OCEANIDS - not tax deductible)  MEMBERSHIP: \$500 ( Check payable to UCSD FOUNDATION - tax deductible)

OCEANIDS, INTERNATIONAL CENTER, 9500 GILMAN DR., LA JOLLA, CA 92093-0049

# Interesting facts from the past..... (Believe it or not)

(courtesy of the internet)

The next time you are washing your hands and complain because the water temperature isn't just how you like it, think about how things used to be.

Here are some facts about the 1500s:

Most people got married in June because they took their yearly bath in May, and still smelled pretty good by June. However, they were starting to smell, so brides carried a bouquet of flowers to hide the body odor. Hence the custom today of carrying a bouquet when getting married.

Baths consisted of a big tub filled with hot water. The man of the house had the privilege of the nice clean water, then all the other sons and men, then the women and finally the children. Last of all the babies. By then the water was so dirty you could actually lose someone in it.

Hence the saying, Don't throw the baby out with the Bath water..

Houses had thatched roofs-thick straw-piled high, with no wood underneath. It was the only place for animals to get warm, so all the cats and other small animals (mice, bugs) lived in the roof.

When it rained it became slippery and sometimes the animals would slip and fall off the roof.

Hence the saying. It's raining cats and dogs.

There was nothing to stop things from falling into the house. This posed a real problem in the bedroom where bugs and other droppings could mess up your nice clean bed. Hence, a bed with big posts and a sheet hung over the top afforded some protection.

That's how canopy beds came into existence.

The floor was dirt. Only the wealthy had something other than dirt. Hence the saying, Dirt poor.

The wealthy had slate floors that would get slippery in the winter when wet, so they spread thresh (straw) on floor to help keep their footing. As the winter wore on, they added more thresh until, when you opened the door, it would all start slipping outside. A piece of wood was placed in the entranceway. Hence the saying a thresh hold.

In those old days, they cooked in the kitchen with a big kettle that always hung over the fire. Every day they lit the fire and added things to the pot. They are mostly vegetables and did not get much meat. They would eat the stew for dinner, leaving leftovers in the pot to get cold overnight and then start over the next day. Sometimes stew had food in it that had been there for quite a while.

Hence the rhyme, Peas porridge hot, peas porridge cold, peas porridge in the pot nine days old..

Sometimes they could obtain pork, which made them feel quite special. When visitors came over, they would hang up their bacon to show off. It was a

sign of wealth that a man could, bring home the bacon. They would cut off a little to share with guests and would all sit around and chew the fat.

Lead cups were used to drink ale or whisky. The combination would sometimes knock the imbibers out for a couple of days. Someone walking along the road would take them for dead and prepare them for burial. They were laid out on the kitchen table for a couple of days and the family would gather around and eat and drink and wait and see if they would wake up.

Hence the custom of holding a wake.

England is old and small and the local folks started running out of places to bury people. So they would dig up coffins and would take the bones to a bone-house, and reuse the grave. When reopening these coffins, 1 out of 25 coffins were found to have scratch marks on the inside and they realized they had been burying people alive. So they would tie a string on the wrist of the corpse, lead it through the coffin and up through the ground and tie it to a bell. Someone would have to sit out in the graveyard all night (the graveyard shift.) to listen for the bell; thus, someone could be, saved by the bell or was considered a ...dead ringer..

And that's the truth...Now, whoever said History was boring!!!

# Campus Focus Event at 6:00pm on Monday, February 5, 2007.

There will be a reception and tour of the UCSD student run Free Clinic located in the First Lutheran Church at Third and Ash (downtown San Diego). In December we had Dr. Ellen Beck, Director of Community Education at the Division of Family Medicine at UCSD, as our SOUNDING BOARD speaker. She was instrumental in developing this clinic which "teaches young and future physicians to integrate the art and science of medicine" by focusing on programs that address the health needs of the underserved.

For more information call: Carole Ziegler, 619-297 0798

#### "FOOD FOR THOUGHT"

Not just a phrase but part of the title of a new book from the Cancer Prevention and Control Program at the Moores Cancer Center at the UCSD Medical Center. The rest of the title? "HEALING FOOD TO SAVOR".

Not just a cookbook, although it does include recipes, but rather a guide to healthy eating. It includes guidelines, dietary analysis, information about protein, fat, carbohydrates, fiber, calcium, sodium and potassium. It suggests simple sources of super nutrients.

Most of the book has two pages each devoted to specific foods from Artichokes to Whole Grains, with one or two recipes for each food. You can try Persian Barley Stew, Chocolate Beet Cake with Pecans or Moroccan Stew with Sweet Potatoes in a Peanut Sauce.

The book is available for \$20 at the Gift Shop in Thornton Hospital. (If you have a UCSD permit, park on the north side near the emergency entrance and you will not have to pay for parking. Go in the nearest door, down the hall past the elevators, turn left into the main lobby and another left turn takes you into the gift shop.)

Happy Eating!

Eleanor tum Suden

### OCEANIDS' INTEREST GROUPS

Interest Groups are the backbone of our Oceanids organization. They are here to meet the many varied needs of UCSD families, especially those new to the UCSD campus and the community. If you don't find an activity you would like to participate in, please contact Judy Vacquier (858) 459-7834, Interest Group Coordinator. If five or more Oceanids wish to start a new group, please let her know so we can inform other members. All we ask is that your members be Oceanids. If you are not yet a member of Oceanids, please consider joining us by calling Gail Fliesbach (858) 270-5536 or by submitting the application form in this issue.

#### AVI SET BIRDERS

Contacts: Sidney Bagley (858) 455-1477, Lou Bowles (858) 755-7102, or Joany Mosher (858) 454-0017

Our birding group meets promptly at 8am the second Monday of each month during the academic year. The La Jolla group will meet at the corner of Dunaway Dr. and Glenwick Dr. in La Jolla. The North County birders will meet at the home of Lou Bowles, 13040 Caminito Mar Villa, Del Mar. We will carpool from these locations to sites around the county. Members will be called. Next outing: February 12.

#### **BOOK GROUP**

Contact: Tobe Rothaus (858) 551-8083 or Janet Goff (760) 753-3472 This month's book is A Fine Balance by Rohinton Mistry. We will meet on Tuesday, February 13th at 9:30 am at Estelle Shabetai's, 8493 Prestwick Drive, LJ; 858/459-3546. Barbara Nemiroff is our discussion leader. Next meeting: February 13.

#### CAFÉ ESPAÑOL

Contact: Judy Vacquier (858) 459-7834 or jvacq@sbcglobal.net La próxima reunión de Cafe Español será el miercoles, 7 de febrero, 1:30-3:30, en la casa de Christa McReynolds, 2316 Calle Chiquita, La Jolla.

Favor de contestar a Christa cmcreyno@san.rr.com; 858 454-5385 o a Judy (858 459 7834; jvacq@sbcglobal.net Next meeting: February 7.

#### CAFÉ FRANÇAIS

Contact: Hulya Saygin (858) 350-8081 ou Diana Vines (858) 459-8248 Le prochain Cafe français aura lieu mercredi 14 fevrier de 13 heures a 15 heures chez Trudy Synodis, 908 Santa Queta a Solana Beach. Veuillez telephoner a Trudy (858) 481-2935 si vous avez l'intention de venir et pour avoir les directions. Paola Desii sera la co-hotesse.

Next meeting: February 14th.

#### CINEMA SOIRÉE

Contact: Laurette Verbinski (858) 453-4699 or Roswitha Enright (858) 459-7375

We meet on the second Sunday of each month at 7:00pm for socializing; movie discussion starts at 7:30pm sharp. For more information call Laurette or Roswitha.

Next meeting: February 11.

#### **DAY BRIDGE**

Contact: Barbara Bank (858) 484-4597 or barbara@sdnal.ucsd.edu We meet the first and third Tuesdays of the month at various members' homes. We start at 10am and usually end at 3pm. Everyone brings her/his own lunch. The hostess will provide drinks. Call for information.

Next meetings: February 5 + 19.

#### ENVIRONMENTAL CONSERVATION BOOK GROUP

Contact:Carole Ziegler at cziegler@sandiego.edu or 619-297-0798 We meet quarterly, the fourth Thursday of the month, at 11:30 am in the Birch Aquarium at Scripps Conference Room. The next meeting will be in April 2007.

Next meeting: Call Chairperson.

#### **EVENING BRIDGE**

Contact: Barbara Bank at (858) 484-4597 or barbara@sdna1.ucsd.edu The couples Evening Bridge Interest Group meets at 7:30pm on the fourth Saturday of the month all year long at one of our members' homes. If you wish to play on a regular basis, or just occasionally, please contact Barbara Bank.

Next meeting: February 24.

#### **GERMAN KAFFEEKLATSCH**

Contact: Roswitha Enright 858 459-7375 (renright@ucsd.edu) This new group is for beginners and experienced German speakers alike. Guaranteed no pressure. Just come on the 3rd Tuesday at 3:30 and have a good time. Only German spoken. Next meeting: February 20.

#### GRACIOUS AGING

Contact: Elibet Marshall (858) 459-5246

Report from the Gracious Aging group: This group has an age requirement. You Growing old is mandatory; We meet on the first Monday of the month from 11am-2pm at the home of Ellen Revelle to discuss a variety of subjects. Bring your own apple (lunch). Pure spring water is provided. Call Elibet for details.

growing up is optional.

#### HIKING IN AND AROUND SAN DIEGO COUNTY

Contact: Roswitha Enright (858) 459-7375 We meet at 8:30am on the second Saturday of each month (October to May or June) at the La Jolla Village Shopping Center parking lot and carpool to the starting point of the hike. Bring a lunch, plenty of fluids, sturdy shoes and sun protection! Friends and family are invited. Call the week before the hike if you would like to come. Next hike: February 10.

#### LA JOLLA RENAISSANCE SINGERS

Contact: Bill Propp at (858) 459-2019 or wpropp@ucsd.edu The group meets every Wednesday at a home in La Jolla. Call Dr. Propp for the address. The LJRS (formerly the UCSD Madrigal Singers) has existed for more than 40 years as an Oceanids activity group. Directed by History and Judaic Studies Prof. William Propp, the choir of about 25 performs throughout the San Diego area in period costume. Experienced choral singers (especially men!) are encouraged to contact Dr. Propp to arrange a visit and/or audition.

#### MOVEABLE FEAST I

Contact: Liz Fong Wills (858) 454-6858

This dining-out group is currently at capacity but we are taking a wait list.

Next meeting: contact Liz Fong Wills

#### MOVEABLE FEAST II

Contact: Shirley Babior (619) 542-0536 or Babior@earthlink.net or Mary Cutchin (858) 459-8074 or marycutchin@hotmail.com This group meets on the third Sunday of each month for drinks at a member's house. From there we carpool to the restaurant. Contact Shirley Babior or Mary Cutchin for information. Next meeting: February 18.

#### MUSEUM GROUP

Contact: Carol Schultz (858) 453-0458 or Sally Kroll (858) 459-1322 Museum outings are on an occasional basis. All Oceanids are invited to join.

Next meeting: check Bear Facts Newsletter each month

#### PEOPLE-TO-PEOPLE

Contact: Carole Ziegler, (619) 297-0798 or cziegler@sandiego.edu We will be attending the Campus Focus event at the UCSD Student Clinic at Third and Ash Street downtown San Diego at 6:00pm on Monday night, Februry 5. Refreshments will be shared with the students.

Next meeting: February 5.

#### PHOTO DIGERATI

Contact: Jane Takahashi (858) 622-1993

We will meet on the first and third Monday of each month. This is for all who are interested in learning more about digital photography. For more information call Jane.

Next meeting: February 5 + 19.

#### PIANO AND CHAMBER SOIRÉE

Contact: Judy Vacquier (858) 459 -7834 or jvacq@sbcglobal.net This new interest group is for amateurs who need a motivation to practice and want to perform in a relaxed, fun setting among friends. We also welcome chamber instruments and voice. We meet the fourth Sunday at 7:30 pm. Next meeting February 25 at Pat Stone's, 7025 Via Valverde, La Jolla.

Please RSVP to Pat 858 459-5949 or Judy Vacquier 858-459-7834; jvacq@sbcglobal.net if you can attend and for directions.

Next meeting: February 25.

#### **SOUNDING BOARD**

Contact: Molli Wagner (858) 720-1185

Hear a talk by James R. Pahl, executive director of the Oceanside Museum of Art about the future of the facility (see page 3) Next meeting: February 1.

#### STAMP GROUP

Contact: Betty Shor (858) 453-0334 orbshor@sio.ucsd.edu

We do not meet on a regular basis, but welcome other collectors to join our informal exchange.

Next meeting: contact Betty Shor

#### WALKING GROUP

Contact: Judy Vacquier (858) 459-7834 or jvacq@sbcglobal.net This interest group encourages fitness and friendship by walking with other Oceanids in your neighborhood. You decide the time and route. Contact Judy Vacquier at jvacq@sbcglobal.net or 858 459 7834 for a list of walkers in your neighborhood. Areas: North La Jolla/UCSD, Mt Soledad/South La Jolla, Del Mar, University City, Pacific Beach, North County, Poway, Mission Hills, and El Cajon.

#### **WEDNESDAY COFFEE**

Contact: Emily Stowell (858)481-7938 or Mary Bailey (858) 755-6813 Come join our social group of Oceanids, newcomers, postdocs, students, and their children for refreshments at the International Center every Wednesday, 10am-12 noon. You'll make friends and learn strange and wonderful American customs. Visit the Kitchen Exchange where newcomers can rent kitchen, household, and baby equipment for a small fee. For more information, contact Emily Stowell or Mary Bailey.

Next meetings: Wednesdays in February.

#### WINE TASTING I

Contact: Pat Kampmann (858) 454-1856

Exploring the taste sensations of a new wine or an old vintage, this group meets the third Friday monthly. Members rotate as hosts. However, this group is currently at capacity. For questions, contact Pat Kampmann.

Next meeting: February 16.

#### WINE TASTING II

Contact: Barbara Scholz (858) 350-6014 or bscholz@hotmail.com We meet monthly. Members rotate as hosts. The cost for wine and food is shared among the people attending (approximately \$8.00 per person). The next meeting will be at Judy Vacquier's, 7050 Via Valverde on February 10, at 6 pm. Please call contact for information and to RSVP.

Next meeting: February 10.

#### WITS I

Contact: Pat Kampmann (858) 454-1856

This long-time investment group allows one to learn and earn on one's own. Procedures are followed to analyze stocks before they are bought. A regular monthly investment is required along with a "buy-in." At present, there are a few places open. We meet at the Oceanids Pavilion on the 4th Tuesday of the month all year long from 1:30pm-3:30pm.

Next meeting: February 27.

#### WITS II

Contact: Joanne Meredith (858) 270-5795

WITS II meets the 4th Wednesday of the month at various members' homes all year long. We study companies using the NAIC stock investment guides in order to increase our financial understanding and competence. Come visit us!

Next meeting: February 28.

#### Half WITS

Contact: Liz Fong Wills (858) 454-6858

Unlike Wits I and II, the Half Wits don't buy stocks. We discuss financial and investment topics informally covering subjects ranging from longterm care insurance to pension options, as well as stocks and bonds. Our philosophy is, "There are no dumb questions." We usually meet on the 3rd Thursday of the month in the Oceanids Pavilion. Pat Kampmann and Eleanor tum Suden are our guides through the financial jungles.

Next meeting: February 15. Call for confirmation.

## The Real Madagascar

When I said that we were going to Madagascar, those with young children in the family said: "Oh yes, we saw the movie! % Although it was a slightly amusing movie, the Dreamworks production was not a National Geographic Special. If you would like to see pictures of the real Madagascar, please come to the Friends of the International Center Scholarship Fund-raiser on Saturday, Feb. 24. We will be celebrating Chinese New Year with a fantastic dinner cooked by my mortgage broker and my realtor. (The mortgage broker, s father was a professor in Taiwan, but was so serious about food that he had 2 full time cooks at home!) After the feast, my husband Chris will show photos of the unique flora and fauna of the world,s fourth largest island. If you are interested, leave a message for Georgina at 858 459-1336 and she will send you a coupon to fill out and return with a check made out to Friends of the International Center for \$30 (\$22.50 is tax deductible). Do it soon as we expect to sell out! Liz Fong Wills

Oceanids service project to the University is February 9. Every year Oceanids make a lunch for students at the International Center at UCSD. We serve this lunch at Friday Cafe. We would love to have you help us. Come at nine o'clock on February 9th to help cook. At eleven we start serving. Visit with old friends. We need you.

Barbara Starkey

At the Holiday Party on December 9th, we collected \$325 to give to the "UCSD Student-run Free Clinic". Ellen L. Beck, M.D., of the UCSD School of Medicine, spoke to us about this endeavor at the November Sounding Board. See page 6 for information about the "Campus Focus Event" where we will visit one of these clinics in San Diego, on February 5. Call Carole Ziegler for details.

Mary McIlwain

#### IN MEMORIAM

It is with much sadness that we report that Ann Van Atta, who was a long time member of Oceanids and The Friends of the International Center, passed away on December 25, 2006 after a valiant battle with mantle cell lymphoma. She was a warm and charming person, who showed great courage and a positive attitude during her illness.

She grew up in the midwest and attended the University Michigan School of Dentistry where she got a degree as a Dental hygenist. She worked in this field when she came to San Diego and she was elected president of the local professional organization, and she was liked and respected by her colleagues.

In the 1960s and 70s, she got a Masters Degree in Chinese studies, and became a Chinese Art historian and a skilled Chinese calligrapher and brush painter. We were privileged to have heard her lectures and to have seen some of her art work at the Faculty Club and other venues in San Diego. She leaves her daughter Pam, son-in-law and two young grandsons as well as many dear friends.

Carol Schultz Ady Rosenblatt



#### A LETTER FROM THE PAST.... BY RALPH LEWIN

Dear Folks,

6/8/47 Ancona 'bus station

I'm afraid this is going to be a pretty messy letter, for the following reasons.

- 1. This pen won't write even on ordinary paper;
- 2. No pen will write properly on this the only kind I've got;
- 3. My hands are grubby for want of washing
- 4. "head is muzzy "" "sleep.

(I left Milan last night at 6pm, and travelled hither by bus overnight, arriving 5 am. It's now 8.30 am, and I'm still hoping to be picked up, as the next 'bus isn't till 1 pm.)

The trip was most interesting, incidentally: it cost just under L1, and as seats were booked and the whole 'bus quite new, it was most comfortable. We stopped en route for a meal, and I had coffee in (I think) three other places on the way. Maize fields we passed, and vineyards, and cucumber plantations with irrigation channels, and tobacco – and the cicadas sang cheerfully because, like me, they preferred the coolness of the night. (Yesterday it was 36\* C again here.) The road is very good, except for a couple of pontoon bridges. Rimini's pretty flat and dead looking, but most other towns didn't look too bad by the combined light of moon and street-lamps. I heard about the places we passed from my neighbours: for the first time last night I was able to stammer a few words of Italian, reasonably free from French, English and Esperanto neologisms, and if I religiously avoid Esperantists I should be able to pick up some measure of fluency again.

That's partly the fault of one Rachelle, who says she spoke Polish with you. After I left you at Brig, I had about 3 hrs to wait (filled it in with an enormous dinner), and on the train to Domodossola was hailed by the aforementioned R., who appeared to be the only other person going my way. I had a most uncomfortable seat by then, but she beat her way over bodies and trunks to fetch me to a better one: and I later had several occasions to be thankful, since she managed to find an electric 'rapid' to Milan, leaving in ten minutes, and to get me a ticket at the wrong counter in time to catch it. (The right queue was miles long.) Altercations over payments (totalling perhaps 2/6) took easily half an hour, with the assistance of a fellow traveller who spoke French – it could only happen in Italy, that sort of thing! Then she produced the address of an Esperantist hotel in Milan which is near the Central Station, not swish, but clean: the madame most obliging (she speaks French – her husband was away), and b. and b. worked out at about 6/- per night. And one felt one could trust them - as I was going around with 214 L. in my pocket, I think that's a good thing. (ALBERGO SEMPIONE, for future reference.)

This is now a completely different letter by a completely different person – one who has had a bath, slept for three hours, fed well on two occasions, and consumed about a pound of grapes, a pound of "cucumero" (like a huge melon, red inside) and white wine, cognac, Anisette, Milleflori and Strega. It's therefore also going to be a short letter.

I believe one of the people who reached Shangri-la had also just attended an international conference. I think it was also a few hundred feet above sea level – it also had flower gardens and houses of oriental design. It also, I believe, was completely girt by a wall – perhaps the people there, could also look across 200 miles of unbelievably neat patchworks of mulberry trees and corn, over the Adriatic in the east, and up to Gran Sasso in the Abruzzi, over which the sun set crimsonly this evening. There, too, the bank manager and the post office manager, the dentist and analphabetic peasants ate their pasta at the same table, and commented on the cooling breezes. And, alas, I also shall have to leave Osimo in a few days, to visit Florence and Bologna, Venezia and Verona, Como and Genoa: and perhaps I, too, shall take with me some of the spirit of Shangri-la. By-passed by the war, this is a spot in a million.

Money holding out nicely.

More love to all, Ralph.

## Memorials and Gifts to Oceanids: September 1, 2006 through December 31, 2006

Life Membership

Glenda Rosenblatt

Sustaining Memberships (20 years)

Margaret Acampora, Janet Goff, Vicki Lindblade,

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Teresa Tanalski, and Mary Watson.

Gifts to Oceanids Memorial Fellowship Fund

Marianne Burkenroad and Charles Fuchsman

In memory of Jean Lindsley Barbara and Robert Starkey

In memory of Joyce Dunn and Judy Munk

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Barbara and Robert Starkey In memory of Evelyn Lakoff

Oceanids

In memory of Evelyn Lakoff

Kim and Hans Paar

In memory of Nettie Paar and Rob Paar

Carol and Shelly Schultz

In memory of William Nachbar and Victor Verbinski

#### Additional Memorial Gifts with no person specifically mentioned from:

Penny Adler, Sarilee Anderson, Louise Arnold, D. Ann Fanestil, Joy Frieman, Mary Lynn Hyde, Sally Kroll, Ellen Lehman, Christina McReynolds, Pat Masters, Ellen C. Revelle, Shirley Weaver, and Christine Wray.

All gifts and memorials are tax deductible when written to "UCSD Foundation-Oceanids".

Mary McIlwain, Financial Secretary.



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## FEBRUARY 2007

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
	പ്പ് _ം ⊢ിിത്ത			BOARD MEETING		
			a. Maão se e	Sounding Board		
	a National Alexander	chair gearth as i in	August State Communication of the Communication of	1	2	3
4	People-to-People Gracious Aging Photo- Digerati Campus Focus	Day Bridge	KitX Wed. Coffee LJRS		Friday Café	Hiking Wine Tasting II
4	Event 5	6	Café Español 7	8	9	10
Cinema Soireé	Avi Set Birders Ocean Science	Book Group	KitX Wed. Coffee LJRS	II 16 MUTC	Wine Tasting I	
11	Lecture 12	13	Café Francais 14	Half WITS 15	16	17
Moveable Feast II	Photo Digerati 19	Day Bridge Kaffeeklatsch <b>20</b>	KitX Wed. Coffee LJRS <b>21</b>	20 (10 (10 (10 (10 (10 (10 (10 (10 (10 (1	23	Evening Bridge Chinese New Year Dinner <b>24</b>
Piano and Chamber Soireé	<b>26</b>	wits i <b>27</b>	KitX Wed. Coffee LJRS WITS II			

## **Bear Facts**

**Month: February** 

**Year: 2007** 



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