

Five week National Youth Sports Program to be held at UCSD under direction of the PE Dept

July 22, 1975

NATIONAL YOUTH SPORTS PROGRAM: Five-week program of supervised sports run by UCSD as part of a nation-wide program. Seventh summer held at UCSD under direction of UCSD Department of Physical Education. Sponsors: National Collegiate Athletic Association (NCAA), President's Council on Physical Fitness and Sports, and Community Services Administration (federal agency).

PARTICIPANTS: 260 boys and girls, ages 10 to 15, mostly from Southeast San Diego and Linda Vista areas. Selected through school counselors. Participants must be from impact areas of the city meaning that most of them come from low-income homes.

WHEN/WHERE: 8:30 a.m.-1 p.m. July 7-Aug. 7 (Monday through Thursday) on UCSD campus. Same program also held at Linda Vista Boys Club.

PROGRAM: Instruction and coaching in swimming, basketball, flag football, gymnastics, track and field, dance expression, softball and soccer. Regular field trips to major recreation areas of the county. Visits this summer will also include Miramar Naval Air Station, MCRD and PSA headquarters.

During the program, children also are tested for sickle cell anemia by doctors from University Hospital. A team from the University of Southern California Dental School conducts dental screenings. Both are free services provided for the program.

A drug education program informs the children of the dangers of drug use. Representatives from a modeling agency talk to the girls about grooming. Representatives from several companies talk about job opportunities (i.e. Pacific Telephone).

In addition to the instruction and use of UCSD facilities, the children get lunch and transportation to and from the campus.

The program is free to the children.

INSTRUCTORS: UCSD physical education faculty members aided by college and university students hired for the summer. Coordinator for the program is Andrew Skief, a member of the UCSD Department of Physical Education faculty.

CONTACT FOR FURTHER INFORMATION: Andrew Skief, UCSD Department of Physical Education, 452-4032; Joan Rasmussen, Public Information Office, 452-3120

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