

42



FROM
BETWEEN I
19____

TO
AND → (2)
19____

7 1/4 • 40 LVS.

260-0273

Helen

2nd Day - Saw zapo stool.
A chat, I arrived early
before yoga. Later we
gave the name that
what I wanted to do the
marie. Let go to some
more marie. Marie
Humphrey stayed in a
1930's building.

When something fish
about Saks that
different than other
buds. But how
what is it? More
acidity? Taste
terrible. After
taste. Process?
ate from our
muffin coffee
favorite meal in
college. No food
to it. Good. Right.

2nd Day - Some zaps still.
 a chair. I arrived early
 before yoga. Later were
 you the more that
 what I wanted to do the
 more. Let go to some
 more more. More
 Humphrey Bogart in a
 1930's musical.

There something bad
 about Sashu that.

different than other
 bads. Don't know

What is it? More
 acidity? Taste

terrible. ~~After~~ After
 taste. Process?

Ate bacon corn
 muffin coffee

favourite meal in
 college. No food

to it speed. Slightly

#1 SIDE # 2 SIDE

ZAPS

- FINGER
- THUMB
- V. ARM
- L. ARM
- HAND
- PALM
- ELBOW
- NOSE
- MOLE
- TITS
- GNAIN
- STOMACH
- STOMACH ^{below navel}
- STOMACH ^{above navel}
- BIG TOE
- TOES



FROM NON-F
ON NO
ANY WHERE

FROM NOSES
FLASHES IN ME
#1 ARM
#2 ARM
#1 SIDE
#2 SIDE

~~WORDS~~ ON
WORDS

- LIGHTS
- OUTLINES
- PICS IN ~~the~~ o's
- PICS ON ~~the~~ i's

#2 SIDE
#1 ARM
#2 ARM

ON OBJECTS (METAL, VELVET, ETC)

WORDS IN AIR

FROM NOSES
ON GATE
ANY WHERE

FINER
THUR
M.A.A.V
M.A.A.J
O.U.A.H
M.A.A.G
E.L.R.O.W
N.O.S.E
M.O.S.E
T.I.T
N.O.S.E
L.A.R.M
A.A.R.M
#1 EYE
#2 EYE
FROM NOSES

PICS

IN AIR

CIRCLES

IN AIR

VERTICALS

IN AIR

OWN SHAPE

#1 6 TOES

TOES

NOSE

L.A.R.M

A.A.R.M

#1 EYE

#2 EYE

FROM NOSES

FLASHES N M E

#1 ARM

#2 ARM

#1 SIDE

#2 SIDE

ON OTHERS
EYES

#1 SIDE

#2 SIDE

#1 ARM

#2 ARM

ON OBJECTS (METAL, VELVET, ETC)

Magenta flashes -
around, what
to do today - ?

disappears. Cant
ask myself how
sunny blue print
on a ~~dress~~'s dress

~~ignore~~ ~~plan~~
on own. ~~£~~

(), . ! ? ~~add~~ ads
meaning ; : ?

on a ()'s dress)

ignore,

a blue print addr
meaning ad d
dad or dda

5

see fax on phone
what? see green
garbage bag. Reminds
to call to clean apt.
Decision today on that
must decide what
day if next week
remove ~~garbage~~
green garbage bag.
If ~~that~~ I clean
mom can see if
possible to go in
Wed again. Times
too late to base ad
decision on. Will
by stand it by mom?
stomach?

I'm looking
 through the ms,
 trying to edit
 out some stuff
 before it types
 more signal
 signal do this
 on literary
 grounds only
 Go away negative
 force I only want
 good force go
 away negative
 force I can't eat
 you digest you
 secrete you I can't
 eat you stomach
 you dissolve you

I absolve you go
 away I cast thee
 you I make you
 go away I throw
 you over I throw
 up I give you up
 I forgive you
 I forbid you to
~~stop~~ my presence
 my essence my
 aura soul self
 I got rid of the
 roaches on the
 sheep I sponge
~~you~~ I clean ~~you~~
 I beseech I pray
 I command you,
 obey!

go away

go away now

now go

~~go~~ now
away

now away

~~stay~~ can

now go

go now

go away now

away

far from here

to go

to done

to finished

to through

to over

out

at a distance

removed

moved
 moved away
~~they have~~
~~move~~

have moved
 moving is over
 it is done
 it is over
 it is finished
 it is past tense
 she will
 continue
 until this
 is past tense

after I pushed
my messy turned
purple.

smell of sweet
candied pure in

Italian party -
~~throughout~~

usual some of
- a part of a picture

a thought of
eat ~~at~~ ^{there} ~~at~~ ^{street} ~~at~~ ^{little}

~~down~~
down there ~~no~~

~~but~~ so called

R the one who
have over 2 tables

party ^{shop} she
who thinking

of calling me.

Last night I had a knock down drag out with Spirit but who got most bruised about was me.

I said I didn't want any more signals for a week, mattering & I kept getting these bad zaps so I started to hit myself on the places where the zaps were I was persuaded

~~of calling me~~
 & angry & wondering
 if suicide were
 the answer maybe
 I could get them
 letters if I were on
 their own plane
 to and after a few
~~general~~
~~elaborate~~ schemes
 for the disposition
 of my material
~~of my material~~
 wealth & the
~~wealth & the~~
 care & editing
 of the ms. I
 decided to hand
 around & fix up
 what is without

doubt a story of
struggle with the
devil on one of his
hands we have
one to suit your
purpose forms.

I mean I can't
imagine anyone
editing editing
this with me up
there sending
flashes zap ~~the~~
blocky in
words etc without
each of us giving
absolute fat.
I wonder why I'm
not - by this time

screaming
 insane shouting
 take them away
 scream yelp
 etc. ~~but~~ I'm
~~con~~ convinced the
 reason is ~~a~~ ~~write~~
 something between
~~the~~ write ~~and~~
 write will do
~~anything~~ for
 endure anything
 for good copy
 and maybe by
 chance one of you
 out there will be
 saved some
 similar pairs

do not + do
believe
 how I managed
~~to spend with~~

49 more

assorted spirit
 while living my
 daily life. But no
 among the how
 to or not books,
 along with
 housekeeping.

If the humor
 seem very odd
 laugh my
 right to stay
 puts from
 where I gave

it a bit last
 night getting
 rid of the gaps ~~not~~
~~adjusting~~
 soft tissue but
 harder than bone
 & muscle por-
 tit. What my
 only physical
 reminder of last
 night battle.
 I said go away
 & nothing but
 that over & over
 do a mantra
 a long time &
 feel asleep.
 Mantra

For instance example
 of unnecessary
 interference when
 is beyond any
 necessity of
 communication:

I decided to call
 whom I had
 just left to ask
 her ~~who I should~~
 see if she could
 recommend an
 expert & I saw
 her hat in the
 wood knot hole of
 the wood. Knot
 holes are energy
 collectors like

velvet + metal.
 Her goes a 3rd cup of
 coffee in not
 responsible for
 what happens
 except in goes to
 airport - election
 meeting at 3:45
 but it wears off.
 See - that what
 make us life
man - I already
 decided what to
 do - I didn't need
 the picture even
 of ~~the man~~.
 I NOT meant
 NOT + who

know amidst
this confusion?
calling her no.
This morn I got
a flast on it
called anyway
~~at~~ all she called
cls was tell me
to call the
people who's names.
She had already
given me + when
I had decided to
call anyway. I
guess I can't
do this alone.
~~I feel so but~~
we went over the

list of Societies is
 to call for
 your life check
 your local
 this is it

Theosophical Society

Parapsychology
 Foundation

N.Y. Occult Society

Musician

Any descendant

of psychic healer

with good wife

whose name you

can get hold of.

~~Who~~ has good

wife.

I suppose an

astirlogical

society of occult

Good Steve would
 be able, since,
 a good as halogen
 might refer you
 to somebody.

I said don't hurt
 yourself stayed
 it just what
 they want. I turned
 the mirror
 around so I
 wouldn't see myself
 flash ~~up~~ on
 my side for yes or no
 like red for
 stop & green for go.

I've heard
 epilepsy is an

attempt to throw
 off a possessing
 spirit & I wonder
 if the 4th last
 trip I took - is
 that why I keep
 seeing 4 in the
 air when I had
 this mescolim
 + had convulsion
 on it I was all
 over the floor
 maybe I had
 convulsion I
 don't know my
 body was aching
 & bending &
 jerking things

extreme exercise
 type things like
 when electricity
 shoot through
 your body (it
~~shoots~~ hurts &
 it flashes black
 & purple - conventional
 on it & led it to
 relieve pain)
 Ingot & asked
 stupid question
 is it permanent
 damage zap in
 #1 palm +
 forefinger & part of
 #2 hand lit up
 (when I had some
 arthritis in joint)

Don't ask, don't
ask negatively -
Speak up, speak
up positively. It
must be put. ~~That~~
~~What's the point~~
So I got a light
dot on calling the
theasaphest who's
not in today
or no on a psychic
who is but who's
going away but
said come to
meeting today
resistance on
this I can tell you
- even in meetings.

good energy can
help you.

So I'm going to
if the spirits
don't like it

they can stay
away. The

reason I think

of that mesalen

cup was because

in the 5 months

previously that

I had been

conscious of

spirit guidance

rather than - they

with quite true -

~~this is it~~ rather.

no severe had
 happened to me.
 No, it wasn't just
 the mesquite. It
 was before that -
 July 15 to be
 exact - I had
 Anna with ~~me~~
~~I gave him some~~
~~grass he took the~~
~~subway home~~
~~we sat & exhaled~~
 I felt real love
 for him gave
 him some grass he
 took the subway
 home the spirit
 came, sat on

down, I stared
 at the circular
 object, the center,
 I learned my
 mantra for
 graceful thoughts
 & images then
 other thoughts
 came in, ~~the~~ was
 arrested for the
 dress, ~~his name~~
 his name was
 at the police
 station, he gave
 my name he
 couldn't help
 it they were
 gonna get me

→ I need leave
 town earlier
 than I had planned
 (I was going away)

+ I was supposed
 to cut my hair

that again I did
 it. I did it

immediately I
 was permanently

wear these bags

men's dungarees

or a bag shirt &

a man's hat &

shipped out.

I did it was

partly I believed

some of it &

part of 2 feet I was
 been out there
 some sort of
 charade to see if
 I could do this
 if I ever really
 had to 2 part
 could I play
 the part + give
 up my own
 usual way of
 doing things
 when that
 have I thought
 of it but what
 I didn't do was
 to call Y's name
 & see if he was ok

So if I wanted
 to pretend game
 OK but to clear
 about it, as soon
 as I left I ~~was~~
 realized in the next
 morning, I was OK.
 I just took an
 earlier bus than
 that all. After
 the mistake of
 assuming worse,
 that is even
 more exaggerated
 stories ~~begin to~~
~~do + behavior~~
 began to embellish
 & therefore slightly.

change my
activities. I
became more
exaggerated, more
fixed in my
actions. I didn't
know what
manifestations
were being
shown. I
saw little
sunflakes pop
off the sunflower
I saw some the
other day - 3 times
recently I ignore
them they're more
like yellow

daries this time
 of pictures, whereas
 the original was
 so ~~thick~~ thick in
 colouring it
 seemed real, if
 miniature.

The calas I saw
 when I began to
 see words from
 people's eyes
 had that same
 thick thick
 quality. I've
 heard a lot of
 words lately
 too, half heard
 words - I ignore

them. ^{Two} ~~the~~ thoughts
~~also~~ came in a
 way certain thoughts
 do: partly heard
~~partly perceived~~
 partly thought;
 that make me
 feel this to a
 real, a good
 communication
 from a helping,
 helpful guide.

These 2 thoughts
 not in these words
 1. Were "the voice
 are not to be listened"
 and "books, clothes,
 food" - ~~which~~
 (the latter)

haven't decided
~~whether~~ whether
 it means ignore
 or listen to the
 communication
 on books clutter
 food. Somehow
 it wasn't a helpful
 spent after all
 the message
 waves to clear.
~~It, as M has~~
 Or I'm being
 permissive &
 negative & this
 prevents clouds
 clear under-
 standing. M

said I was in
 collusion
 with negative
 forces I didn't
 know how to
 deal with the
 opposite
 positive
 polarity.
 oh my God
 you come back
 please or God
 help me find
 someone else to
 help but I
 hate Mr Trump
 his language
 is modern.

I took the
 loop and of
 the velvet
 ribbon cord to
~~I can't~~ there is
~~no loop hole in~~
~~the~~
 no loop hole in
 wheel to see
 image
 Wed moon in
 scorpis square
 mas what does
 that mean to me?
 Wonder.

314
~~And that's the~~
~~truth~~ and part
 of the problem
~~is~~ because
~~it's~~ is
 language
 washing spoon,
 see giant see
 spoon to one side
 in air. Is this
 my aron vision -
 not ~~of~~ in
 central 3rd eye
 see vision or
 is it a spirit
 form trying to
 oldest ~~game~~ in
 older game -

lay there
 without thought
 waiting for
 some healing
 zaps. Now.
 Some zaps I
~~know~~ feel
 as energy
 expelled -
 some energy
 coming in.
 Fingers & toes
 I feel are
 particularly
 expelling
 points of I can't
 use ~~energy~~.
 Or leaking
 energy.

great size
 visions of ordinary
 objects, like
 rats & roaches;
 that I experienced
 previously. I
 send them away
 they go it's only
 a momentary
 flash but as you
 see I keep busy,
 I spent almost
 like me to call on
 God & I support
 such there being
 so many levels
 of divine energy
 between me

I'll tell you
 what happened
 from the end up
 of coffee and
 that is my
 main ~~idea~~.
 Last night I also
 gave the spirit
 another chance -
 I saw, if the
 gods do want
 to heal, to busy
 energy in at
 certain medicines
 OK we will
 have a time
 for preparing here
 now - I ~~give~~

& the ^{perfect} ~~unformed~~
~~supreme~~ energy
 & stayed the
 flatland the
 air soft the
~~unformed~~ the
 God Had Van
Had. ~~etc~~
~~acted that~~
~~acted upon the~~
~~action~~
~~the does that~~
~~acted to does,~~
~~action~~
 the acts that
 what he acts
 upon the process

Who paints the
 painted upon the
 act of painting
 the painting
 which becomes the
 painter to paint.

In all this there
 is no time ~~there~~
~~being~~ unless
 there is space
 in space there are
 no objects my
 table takes up
 time. My chair
 in a minute
 beside it
 & me my body
 in rhyme.

of the action
 itself ~~it~~ the
 object created
 (the second God)
 which in turn
 begins the
 process again.
~~Who paints the~~
~~painted~~ the
~~process~~ the
 painted which
 becomes the
 painter the the
 creates the
 created upon
 the act of creation
 & the created, which
 is the creator again.
 ← ← ←

NOT
THIS PAGE

Dora / sent / apt
PL 3-3835 0

23-30

Aug 2 Martha Seidler
Great North^{west} Eastern
118 W 57 265-1654

Ces Rubenstein

Parapsychology
n Y coast
Rosenman

345 - H. evs / 7⁰⁰
929

Kaem- 799-4324

9'n matta 263-5792

See 9. today

Dr Dooling } Sumner
Boston } retreat
Marblehead }