

Winter classes in sailing through UC San Diego Extension

December 10, 1975

SAN DIEGO Office of Public Information

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FOR IMMEDIATE RELEASE

The winter season here is a particularly suitable time for learning how to sail, because of the variety of wind conditions.

Neil Esterly, an instructor of the sport in which San Diego is fast becoming a national leader, says that changing winds keep beginning sailors alert and provide them with valuable learning experiences.

He will hold winter classes through UC San Diego Extension starting Jan. 10. Hours for the first session are 10 a. m. to 12:15 p. m., at Esterly's home base, Harbor Island Sailing Academy, Harbor Island Marina. Sailing schedules for the quarter will be arranged at the first meeting.

Students, who must be at least 15 and able to swim, are asked to bring a sweater and a windbreaker "even if the day is warm." Soft-soled shoes (or bare feet) are appropriate footwear.

A fee of \$59 will be charged for the sailing course. Intermediate sailing will be offered during the spring quarter. Inquiries may be telephoned to the Extension office: 452-3400.

Mary Margaret Griffith

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