

~~569-9782~~

39

SEMESTER

COMPOSITION

NAME



120 Pages

7 1/2 X 9 3/4

49¢

~~39-1~~ ~~39-2~~

NAME 260-0273

ADDRESS _____

SCHOOL _____ TELEPHONE _____

SCHEDULE

PERIOD		1	2	3	4	5	6	7	8
MON.	SUBJECT								
	ROOM								
	INSTRUCTOR								
TUES.	SUBJECT								
	ROOM								
	INSTRUCTOR								
WED.	SUBJECT								
	ROOM								
	INSTRUCTOR								
THURS.	SUBJECT								
	ROOM								
	INSTRUCTOR								
FRI.	SUBJECT								
	ROOM								
	INSTRUCTOR								

15 pictures duct out from a
surprising source of energy
don't see them they wear
sunglasses + as a result of
that they see wrong
water floats ~~floats~~.

I see black ~~in~~ ~~under~~ ~~sheets~~ off
my little fingers, like ~~coffee~~
that's wings. Negative energy?
Satt hands. A little white
beside the black. Too much
coffee 2 cups. Speed ~~up~~ fatigue.

Need country place to work.

Confused as to how to get.

Car? Ads? Agents? S's place.

Little finger unreliable because
of black wings. Go in July.

I procrastinate. Full moon.

I feel; I know ~~in~~^m ~~in~~ in
earlier
~~another~~ life. ~~Big~~ flash of

light gets brighter. Meditate.

~~Left~~ eye closed: see window,

gate, ~~other~~ light flash on

only ~~spine~~ hip hurts in

bed, mattress, but I can't
 remember what ~~I thought~~ I
 flashed on in the meditative
 state. Tostancy? Memory
 bad? Zap # 2 arm. All that
 and. Meditate. Feel arm
 movements are attached to block
 arm work, ~~also~~ negative,
 get zap little finger # 1 hand.
 Disregard these, or consider
 as negative? ^{points on disregard.} Prefer to
 disregard. Don't want opinions

from negative sounds

Concentrate on hearing

breathing, eyes closed. feel

heart get hot, throat ears get

hot. thought - Void as for

summer, zap # 2 elbow.

No opinions on what to eat

tonight. With eyes closed can

still see red yellow flashes

~~black~~ ^{or black} ~~stars~~ underarms -

or black leaves face. think

4th chakra compression -

5
feel it across middle - warmth,
body breaks at waist, chest

moves forward. Get voice see

ad. 1 min cabin' ^{wood, woods,} ~~near~~ ~~town~~

10 min wall town - some

? ~~fund~~ ~~there~~ ~~a~~ ~~2~~ ~~at~~ ~~in~~ ~~line~~ ~~of~~ ~~red~~ ~~on~~ ~~zap~~.
that town - call - in 2nd
red on zap.

? ~~to~~ zap # 2 grain. Flashes

~~on on~~ First? the other

don't want want it? Red on

July. No Aug & Sept? It's easier

than last year. any rate.

less confusion. See black

deep around deep blue #2
side head. Bright blue
dive off black?

^{to checking}
~~Reading~~ ~~practiced~~ ^{R^B} part of book.
~~fun~~ when I'm angry it made me
~~laugh~~ & when ~~dep~~
anger seemed funny &
depression seemed angry

~~ANG~~

7
READING ^{THIS} ~~THE~~ BOOK

ANGRY seems funny,
depression seems angry.

SIGNALS.

"eye for eye" - ~~the~~ DROP SIGN.

It is clear a red light & a pale
blue light as negatives.

It is clear if I see food over a
place on my body, it is bad
for it.

Dream: ~~Reading~~ ~~book~~

Leaflet, what the

God should eat for

breakfast: For breakfast,

something mysterious.

In the mid morning

when you're slow &

sluggish anyway, a

hamburger with

mayonaisse, ^{van} ~~but~~, ~~not~~

afternoon in dream. At

this point I began to

wonder what kind of
 God-food this was, meat
 fat & what about lunch &
 dinner? ~~then the article~~
 shaved portions of food?

As a note, what you should
 eat for lunch if you're
 vegetarian? What you
 should eat if you're not.

~~Don't~~ ~~call~~ ~~it~~ ~~the~~ ~~best~~
 Tell him, dear
 He wants to know what to
 eat for breakfast meditate
 eat for dinner

Meditate - get ideas he solved
 problem for himself. Notice
 is as very frequent these
 days also faint. Eating lex
 heavy cream cheese see day
 seen lex. Too Yang salty -
 Yang? Cream cheese also
 constituting? See cream cheese
 on constituting. ~~My~~^X had
 these shoulders it flushed
 red gold light. I got pain
 in shoulder. Pain ~~best~~

See drum on pain ~~XXXX~~ X

Get ~~from~~ tense shoulder
playing drum pain went
away when ~~XXXX~~ X left.

then) comes consciously
relax. See coffee steam

in air. Know if I see
coffee ~~into~~ zap # 2 am

coffee mod coffee on o
of coffee, cream ^{best} had! -

So maybe steal picture,
longer up + down than
down to a nod also.

while talking to ~~him~~ on
 phone saw pic on air of
 Chinese cabbage gate last
 night on ^{metal} gate & pic of
~~the~~ color TV tape I saw on
~~night~~ #1 am. ~~Didn't~~
~~mention~~ A. Did ~~he~~ want
 to know what I did last
 night? Zap # A under am
 Didn't say. Somethere
 mysterious for breakfast.
~~He~~ has slept ~~very~~ little since we
 had

~~They together~~ slept together ~~3~~
 night ago - he has lots
 of energy - I slept a lot
 also last night. I haven't
 had to much psychic interference
 with another person. ~~They~~ very
 telepathic. Heavy sender.
 Blod on interference. Collaboration?
 Messages coming through?
 Saw black + white ~~color~~ on
 P's face. Saw ~~the~~ ^{head} purple
 + dark + side to shoulder
 hurt.

Latent cream cheese on a
bagel is not the same as
putting cream in coffee.

~~late~~ $\frac{1}{3}$ bagel. See bagel on 0.

Body's easier to digest.

Teaching. Hear ~~the~~ voice in

head. "Come together. ~~ward~~

~~on~~ or spirit? ~~ward~~ said to

call. Now? Later? ~~Called~~

Saw red on face. Also ~~blue~~

Called now. See ten on 3

two #1 foot. Also blue

dat over late. ~~was~~ said

had call late. No? Yes.

Gap # : dndidam yes.

Def. line through no.

Def. line as diagonal

slant of little grey blob

or colorless energy. Grey

cloud on line. Sometimes

was to appear sort of as

seen through water.

~~was~~ not salad dinner

meal but ate hamburger.

I said mayonnaise on O
 I said no mayonnaise
 right to say for
 lunch. I see noodles on
 O of problem. So noodle
~~Beem~~ on oo noodle. I can
 father give me 2 chairs
 from home. One ~~is~~
 rather perfectly fitted to my
 body with hood ~~if~~ I can
 raise a lever (~~with~~ head rest,
 always all large my.

chair I can meditate in.
Great to have chair for
that purpose. It got a
lot of energy. Once I sat
in it & immediately
recalled what I set down
to try to recall. Like Lotus-
one I got into that it
immediately put me in
meditative state. Same
for O.M. Got ripped off of
clock radio & blender & pillow

case to had blends in. Jud
~~Shot~~ ~~his~~ Navy sneakers
 see office bin on sneakers
 sneakers in office bin are
 bright green. See red &
 green on sneakers. Wet shoes?
 Sandals? Zap inside #1
 am sandals. Light gets
 brighter on shoes.
 Purple is a no. Blue purple
 luminous - flat on inside =
 negative - god in an awful

cols all that fish + meat.

Surprising on trays. ³ Fads this

moments from last night
Chinese ^{put on Chinese} cabbage. ^{seen on cabbage. Any} ^{cabbages.} Nap time?

Job # 2 ear nap. Feel sleepy.

see green drawings of books

meditation on ee. I am

tenacious. I hear it as

vegetable on cabbage. Job

2 grow on must learn

about nutrition. What

about mayonnaise. See Hellman's

label on on.

Are we altered to job #
2 side of nose by the info
we receive. ~~W~~ ~~W~~ calls let

go to Italian rest. So mix
of macaroni, parmigian -
nall & butter. When eat ~~them~~

shaghetti? Manicatti?

No noodle (hoor & teege)

Shaghetti is white. Mees
veg on etti. Lasagna ~~with~~
but dont eat noodle. OK

Hash # 1 side. Wine?

Oakh bleed on wine. Wine

Word floats away. No more.
 See ^{red wire} Red wire? Zap # 2 inside
 hand. No. Weaving see
 shirt. Hassles on that. Need
 something cool + dark. See
 blue red gray luminous on
 weaving. ~~Need~~ Need jacket? Red
 on jacket. Letter, as if overwritten
 in red. Jacket lights up.
~~Stays~~ ^{seams} on shirt (there are ~~seams~~
 seams on shirt) appear on
 lights. Light appears on up.

That took care of the fantasies.

Whos going to fall in love?

A good sheet telling me that

is just a # on my head.

Keep cool - no one has to

fall in love with anyone.

I know 3 people w.
I know 3 people w.
same initial. We are all

squares or opposites to

each other. ~~Whom~~ This

saw 7 \diamond on ~~my~~ X also

seven clubs (in background) a

woman working against me \downarrow

* making this later
 when legit dim. of so +
 M returning that all
 other ~~cases~~ wrong - 1
 returning wrong cond.
 maybe not to NYC
 maybe to somewhere
 else in Ha. red on
 N.Y.

I keep seeing streaks of ~~the~~ face
 around in color. The history of
 renter's have seen on July.
 is red on me of summer.
 Wait til Sept? Aug? Return
 of ~~M~~^C? Red on return. Do with
 X? ~~M~~^C not returning? ^{light} dim
 ←*
 Wavy on returning. Wrong
 cond? # stay ~~with~~ abroad?
 Purple black on renting.
 Zip # 2 grain on stay.
 Purple blue iridescent flash
 from ~~stomach~~ @ intestine

25

25

stomach - opalescent?

Clasped eyes, pressed on eyelids.

Saw black + white of air

design more around also

little dots of color started

to concentrate ~~from 3rd~~

~~eye~~ + the pattern destroyed

right across the center by

a fuzzy moving from

left to right. like the brain

wave job # 2 tit ~~on~~ see green

brain wave box on tit, seen

~~on spot~~ alpha?

o uch tried again eyeballs
 hurt bump stomod median
 behind eyes try again some
 I hear voice say there at
 — family summer place
 well I assumed they use
 crawling for fruit. See red apple
 on it. Yesterday fruit floated
 face on yesterday. Maybe I'm
 getting ready to eat fruit.
 Zaps #1 underneath. Purpleish
 flash on ready. OK not
 ready. ~~want~~ waves like

to apply on a clean out
 system again, detoxify -
 then I'm an anal
 compulsive about my
 inside again float away
 OK to maybe coffee not
 helping me coffee floats
 away black zap # 2 eye
 not eye! no black coffee.

28 (check)
cancer cute gemmas

Today - met ~~B~~ through ~~the~~ pine

Info: \diamond = pentacles

\heartsuit = cups

\diamond good worldly success

2 \heartsuit good heart

laps lozuli good to cool

and ~~about~~ scorpis - red on

laps - saw laps all down

^{#1}
~~right~~ leg person in front

of me. Moonstone good

for Mar in cancer -

hung out cancerous trait

lead to help status on
 logarithm. Drop from on
 help.

people on coffee in cream.

~~the~~ ~~and~~ ~~the~~ a says

and LSO ~~caused~~ ~~disturb~~

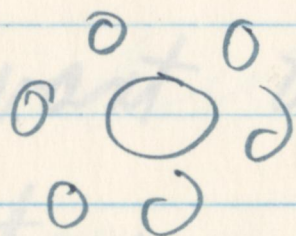
had been - how take

95% of it + have 5%.

Short electricity in food up

to 100 watt a so instead of

40.



~~molecules~~

atom particles spin ~~around~~ faster

+ go around after faster
 one come into the world
 through Mars. See Cancer on
 comes + evolves out of
 through Saturn. Wrong
 info? ~~It's flat on wrong.~~
~~Can~~ ~~Red on~~ ~~Pink light~~
~~light~~ on Saturn. Red on
 Saturn. Wear lead?
 Jade on e. Pluto Jade.
 Do I want to ~~cool~~ ^{cool} out
 anything. Moonstone on
 want. Saw flash

on Moonstone long time ago
 reading wonders was the
 feed moonstone. M said
 got to know a good career.
 Is C a good career? Job
 #2 ear. See thinking of
 cannot see Jefferson on
 M. No Jefferson ~~to~~ because
 of M? 1922. As for
 side. Lights dim on
 rest but ~~first~~ heater
 went on & lights always
 dim when water heater on

At the head electric appliances

Open on. Blood on go. red on

side. Ride floats away.

I thought I might have nice

zap # 2 ear turn in

county ~~so~~ red on 0

anyway ai am I

getting message to stay

home ~~to~~ & not go

for ride to county.

Bad ride? Got driver?

Blue on ver. Red on bad.

Blue finds drug. Fed it.

Jap #1 arm.

Books to read along the on

Mars + Saturn. Mars fades

away. Lead grey on a of

Saturn. Coal out Saturn?

A. Conquist Venus - sea not

to have it ~~off~~ ~~disciplinaries~~

of Confining sexual

~~response~~ feelings? Right

dit on confirming. Lead

Caie on T and - about

colors, planets. No grey -

no lead?

on why:

Why use stones? Why not
use head? Energy?

See wear # 2 side forehead.

Zip # 2 arm on #2 side.

Bad for brain? Affects

? memory. If and exclude

you store then the reason?

Lead on. Couldn't handle

it not spiritually developed

enough. Red dirt red

light n developed. But

sign n path to

meditation.

on why:

Sneakers ~~on why~~ white & blue
 shoes (1.99 at ~~corner store~~ when
 were 1.50 last year) why

no sneakers? Still wearing
 winter boots, done of July 4.

Came trip to J. ~~to~~ No.

Light dot on life. Puff on
 life. Not long life.

Tracks ^{moved to} at summer have day

O heard voice say so.

Flow period of Kali Yuga. - 3/4

darkness, 1/4 light. Sun gives
 no physical energy.

* ~~Be~~ Must make amends this
 life lights fights on amends
 for past lives. Peace
 misused.

Today I saw on air a guy so
 zap on - coffee sanko tea
 money, coffee sub, ^{organic} carrot cake,
 doughnuts can muffins,
 organic + ~~regular~~ bakery,
~~new~~ clothes except blue T shirt,
 Fuck. sneakers boots.

Not on fm of muffin - No

? - Ma today zap #1 Underarm ^{armband}

hear aumpit. See solid in
 air - will it give me
 clarity? ~~the~~ #1 arm
 hair at elbow joint. Orange
 on 2 In not going to have
 one anyway. Too many
 spirits today. Confusion. One
 spirit don't like water sun
 fresh air food or ~~clothe~~
 boots a strip pants.

? Escape if you do Yoss every
 day of mus you can renew
 your body completely. Heard 6

colored

light or complete - means

no. ~~Light on every. not from.~~

Job # 2 elbow on acid ~~that~~

~~also~~ damaged lines!

Think not acid Job # 1 grain

grain. - Decide not to cancel

trip to county even if cost

rent have become 22

be happier job # 1 am if

I go red on cart. Maybe

rent later? Job # 1 grain

Acid sign on maybe.

Zap # 1 halon on)'m going
 ahead, on 22 500 m
 again, zap # 2 halon 22
 see m ahead. Red on ahead.

the lights ~~really~~ flash on this
 house - I mean get brighter -

thinking of for summer ~~the~~

thinking of for summer floats,
 away - ok not summer, maybe

p. 10

Sept, Oct. Oct # 2 frozen Oct.

Thinking of calling C - see his
 face in air, he's not there see
 green chair ~~up~~ in air, lost

set in it, see sofa bed in
 lights set on it. Yellow on O.
 phone is yellow. red on phone.

Wanted to call some people
 got no ^{response} - they weren't home.

~~Abstract~~ Pieces of ideas & ideas
 in air - ate it anyway. ~~ideas~~

hired, puppy flakes. Staves
 have listened & eaten something
 else.

change

7 ♡ - domestic change

7 ◊ - change - journals, a project @

Fasting today after ~~break~~
 3 weeks without. Feel?
 need ~~stability~~ to diminish
 some toxins - does it? ~~light~~
~~get~~ all that meat + white
 flour + sugar. Eyes were
 bloodshot. Feel cold.
 Maybe? Should eat later?
 Not purple flash on load
 dunnies before. Not really
 Purple OK Magenta.
~~any other~~ pale violet

~~Saw hat~~ It rained yesterday
 & I haven't warmed up dried
 out. Knee hurts. Sugar
 frosting of David frosting
 on ee of knee. Shekery
 to X other night got reddish
 gold flash over phone as he
 was talking about ~~band~~
 that turned him on ^{jump about} ~~to~~
 the spirit ~~light~~. Told me
 to call him but I keep
 trying & get no zaps from
 Zapper. ^{almost} Real puzzle on call.

OK I want I'll stay home +
fast job # 2 eat + fast.

Blad on fast. Maybe I will
eat later with someone.

Compured about job # 1

understand summer job # 2

think house. I guess it

Sept or Oct or not at all.

See the sky green guess

? of house on me. Maybe

on house. Know how busy.

I can really eat very little

2 us. What's good. It's

bad bad bad. ~~Protein~~ ~~protein~~

~~deficiency~~ caused her to

I hope I'm expelling. Had an

expelling. Should have had

Watermelon job # 2 wrist &

apple red apple color on a

~~job # 2 protein~~ but both bad

for peeled apple color on

~~stomach~~ gall bladder?

Shaw Head apple today

Saw apple over middle of

stomach. Computed on apple

Maybe OK if knee better, I
hadn't eaten sugar & coars
apple yesterday? ~~The Zap #~~

Did aer #? shoulder # 2
is no. night? Zap # 2 noon.

Refugiants goes on. No
side away. # 2 side is yes?
Watermelon on yes. Help

help help help I'm
compared evil spirits here

I saw watermelon in air
every time I thought of

watermelon so of course

~~watermelon~~
~~too~~ put on or I'm just

drinking water. ~~but~~ water

fads. Go out & get watermelon.
 plenty on water & watermelon.

Should have brought large

one in from country. Dope.

I'm too weak that to eat all day.

I guess its a bad July time for

apple anyway. Cayce

suggests 3 days apples.

Reading - magenta flash on NY.

Manhattan - Am I moving
 out, like M says? De

said to have no in hand
 in country. Possibly? I wonder
 as country waves. Job #2
 down feet faint. Glad ^{outlines} on
 waves. I mean it looks
 as if someone ~~wrote~~ wrote
 over it with a black pencil whereas
 when a color flashes it looks
 as if the paper behind the word
 was tinted in a block.

Decided to eat some fruit - a
 head + some cherries. Although
 I got cherries all ^{over} ~~the~~ me -

gas I suppose - but the
watermelon I ^{picked} ~~picked~~ up
got a purple flash & the
apples got a zap #2 palm
so I got ~~that~~ instead.

See green grapes on in.

Well I goofed. Watermelon
was all over the air on a radio
damn air. Why why don't
you get things straight a
funk off. Well I was
talking to ~~the~~ L. who said

she got the same shoulder
 pain transference
~~thing~~ with her ~~friend~~
 old man ^{so} he ~~helped~~
 concentrating when she
 rubbed his back + it did not
 transfer to her. Decided to go out
 + eat, didn't feel like feeling weak
 tomorrow. Tried noodles + skewers
 at the Caudron. ~~came~~ ~~got~~
~~the~~ ~~came~~. Called X. Got no no
 flashes from U. X not home.
 Should have called earlier
 when I saw X on telephone.

Scapio yin. Left side yin.

Is Xa real affair
zap # 2 am
of passing fancy*
no answer

More sexual feeling on left side.

2 Fingers numb # 1 side

due to spine. ~~Headache~~ =

Temples ache from noodles.

Stomach swell.

* zap # 1 elbow + right tit

light on zap. dit? dit # 2 groin,

next day. Fast on watermelon.

Feel pretty good. Cant find

[Faint, mostly illegible handwriting, possibly bleed-through from the reverse side]

Still had green tongues after
1 day watermelon fast

sneakers. $\frac{1}{4}$ watermelon ~~so far~~
 its 7:30 the phone gave a
 flash of reddest green before
 I called X he had been
 thinking of calling me. He
 negative zaps on calling
 this time. I'm supposed to
 remember something. When
 I see shelf on when X hit
~~the~~ my head ^{was} against
 the shelf it didn't hurt at
 all. I wonder I see it

Over 2 checked fresh in 63
In not gaining to feel back,
Something with haphazard,
Fails on exercise. Drop haphazard.

Drop drop. Puddle on country.

27 to 1020 + morning haphazard

at apt 2 days class 3 seen
meditation

4's jaw approx # 2 side

something lot 12-1220. Man

Aggravate Pluto tonight.

The victim, the parasite, the

harmer + the object.

seems OK so far. Despite green

danish ~~today~~ OK today. Wmolan

When hurt yesterday from

to heat, ~~the~~ knee

session feel goat getting

late? Good chief/racter

at rented til ~~lab~~ ^{Sept} day
labor day.

hurt. No County base-

hard ~~play~~ but he had

~~knapsack~~ # 2200 decided he

energy to protect myself

coming did I send out

Reading mo of a h sep -

same problems; phone

no. X will not call,

in discouraged. Also on

X will not call. Maybe

let start the summer in

the library. Why was the

hand fat? the green

grass? (Angles) The

smell? More interesting

in city? Phone on interesting

also dump sign. After?



skin on O. What picture quid
hanging in to last after?

~~found~~ started eating W melen

Can seeds on # = thermal +

~~on # 2 side~~. Will who eat

seed ~~any~~ you'd need

spint. ~~I shall~~ Other day flash

on no seeds. Watermelon

Seed on e. Good fast. Tiny

blast at end w. 2 sibs

White wine felt all down #

1 leg. Sneakers: Topsiders,

Patsiders ^{7 1/2} B. Altman shoes.

1 hr. more to see. What
 big heat of light on
 "I should have noticed
 the chance for Aug + Sept."
 I felt now had + used a
 fit, ~~with the other~~
~~that I call tomorrow~~
 + too high if anything
 happens let me know.
 I or late in time. ~~Not~~
 Job # 2 cancelled on walking.

having trouble getting to fit.
 Spirits don't want me to have
 sneakers. See ^{sneaker} down # 1 leg.
 See sneakers in air. We went
 through the w boots last
 Nov. yes for sneakers.
 no " "
 OK on Tapesides? White w
 blue stripe. Navy? Beige? Red?
 Blue? Fades on blue + navy.
 Ripe sale? Shoe of canvas no
 too? Detail of shopping
 2 raised. Nap. Currier.

Saw X ~~last night~~, unsatisfied
 ear. ~~Waiting for him to~~
 will be call X ~~soon~~ today.
 Some zap go, some no.
~~After~~ See X on yes. ~~light get~~
~~lights~~. on yes falls away
 X on a. See ~~start~~ ^{open} on yes.
 Didnt eat salad. During
 psychia is a pain in the
 ass. As far as men go. No
 help. Rupt passed phone. Red-green
 energy came out of it - called X
 who had thinking of calling me.

Have lights, zap # 1 am
 Eyes closed. See clock 10:10 in
 Wonder if X will call today.
 ate can muffin.
 Can muffin heat this
 can muffin in air
~~muffins on can muffin~~
 ate can muffin. All kind of
 on it,
 these the cream out. Heavy no
 ate ~~some~~ some today.
 pain on # 2 side head a ?
 no more watermelon. Saw dog
 pain in urinary tract. OK.

Spirit doesn't visit me

to pay phone fees, even

though I don't pay

feeling secure that

I had paid my dues.

~~It doesn't like Jesus~~

~~Patience Patience~~

American historian on my

3 & Stamp other ~~see~~

~~Washington's~~

not to say, No. 1 on the 5.

See Watermelon on "Mummy Trust"

Head milk. Sorely will
despite it ~~not~~ flush at dose.

Didn't need milk. Head
rehearsal as I was getting ready

to do watermelon fast. It
easier to eat fruit ^{than nothing} all day. Helped.

No shoulder problem with X.
He had headache. I told him to

concentrate on sending it somewhere
else as I massaged him.

He did & I didn't get it. Tensed
darker color but that went away.

Went to see M. Put #1 shoulder

thought that ages, but at home
 Zap #2 palm, thought that a
 no. Zap turns green + waves
go on zap don't listen to gaps.
 Clashes really strong? There
 some weak energy around
 here I see it as clear gelatin
 strip of light ~~is~~ slightly bent -
 not straight + not heavy energy.
 Best to ignore perhaps. That from
 of evil spirit, or black + white
 attached to fingers? Zap #2 palm
 + 2 tree. No more Zaps!

to a kind of
 foot. Met some Siberian
 body. foot 2-3 lbs by
 new address in an on on

~~Foot to foot at no more~~

months ago, all from

Try to get rate

all next day - the day

? Who to credit next

one last great lesson that -

energy? ? perhaps the

that waves down my

~~the~~ waves of journey

12

Margaretville - 5 acres

1 1/2 mile from town

July 15 ~~Aug~~ - fat day 500

Lew Faerman 799.2199

Tri	h	30
#30	11	
	12	30
①	⊗	130
Tri	2	230
	3	330
	4	430

11.18 3 hrs total
14.65 4