

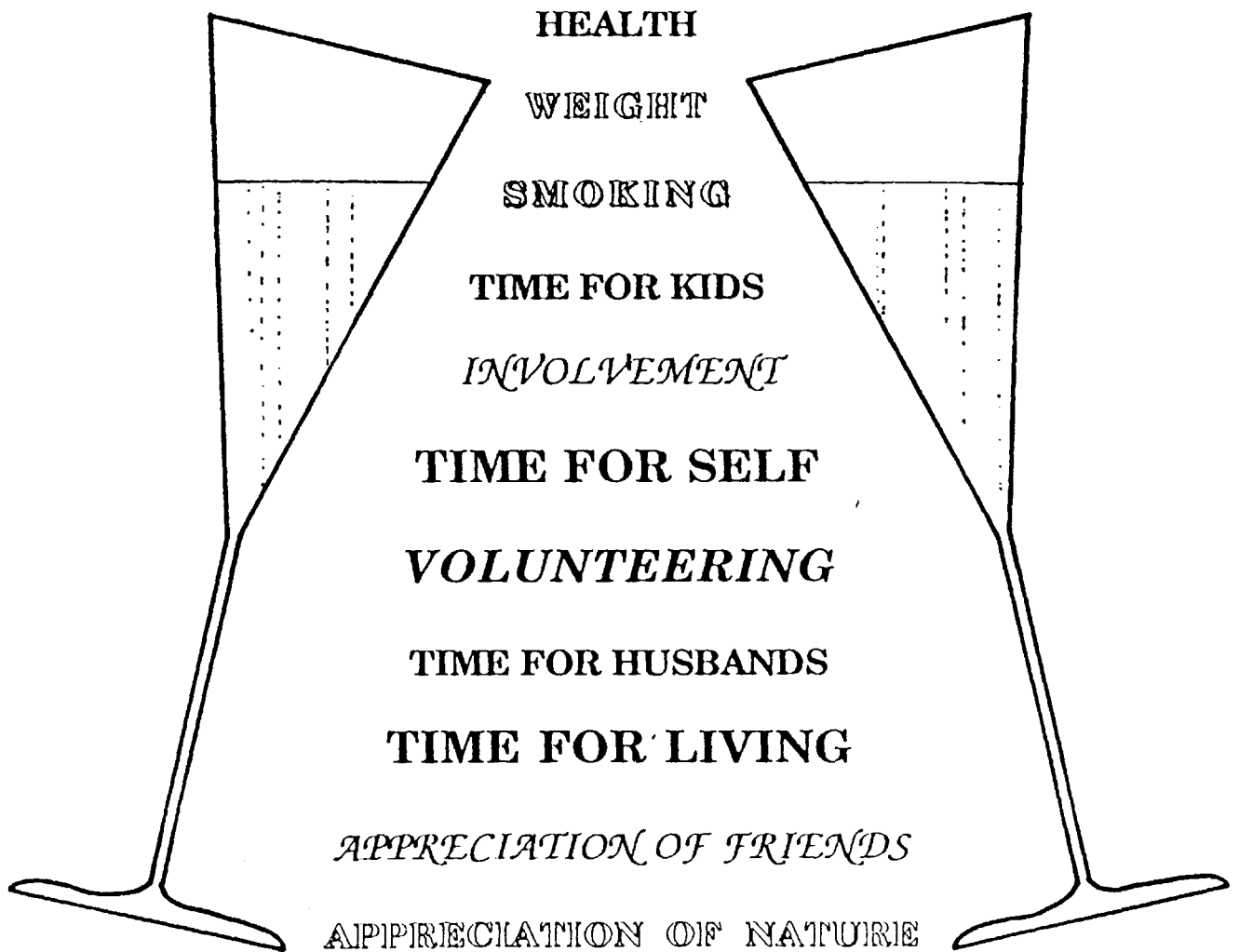
Bear Facts

Vol. XXX I No. 4

THE NEWSLETTER OF OCEANIDS

January 1991

1 9 9 1 NEW YEAR'S RESOLUTIONS ???



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OCEANIDS MEETINGS

JANUARY 1991

LA JOLLYWOOD COMMITTEE

Thursday, January 3, 9.15 a.m.
Ellen Revelle Pavilion

OCEANIDS BOARD

President: Rosemarie Lugmair, 454-4573
Thursday, January 3, 9.30 a.m.
Ellen Revelle Pavilion
Lunch at 12.00 at the Faculty Club

BEAR FACTS STAFF

Thursday, January 24, 10.00 a.m.
Ellen Revelle Pavilion

NEWCOMERS

Chairman: Netty Paar, 942-0183
Next Newcomers Committee meeting:
Tuesday, January 8, 1991, at 1:30
at the home of Netty Paar
7948 Amargosa Drive
Carlsbad

Bear Facts is the newsletter of Oceanids, a UCSD campus women's organization. It is published monthly except for July, August and September. Letters to the Editor and articles of interest to UCSD women are invited. **ALL SUBMISSIONS MUST BE RECEIVED BY THE EDITOR NO LATER THAN THE 10TH OF EACH MONTH.** The post office does not forward Bear Facts. Please notify Circulation of any change of address. Membership and/or subscription \$15 per year.

We welcome contributions

Please take time and have courage to contribute from your experiences. Write whatever you find newsworthy, surprising, interesting, or also sad and disappointing. We will use your short or long contribution whenever we have space, which is almost always! We don't have to be perfect, and we need your help. So remember, **just write.**

Thanks! Roswitha and Heleen

PRESIDENT'S MESSAGE

Dear Oceanids,

I do hope you all had a good transition into 1991 and look forward to new adventures. I'd like to start with thanking all who helped these last months. I never realized how much work is involved in everything concerning Oceanids, especially the directory. Special thanks to Martha and Donald Fredkin who made sure that the directory not only pays for itself, but leaves a nice sum in our treasury. Estelle Shabatai and Judy Wesling prepared it for the printers. Thanks so much.

Netty Paar, Mary Woo and their committee are reaching out to almost 600 Newcomers. They are providing them with valuable information about the University and the community and giving them opportunities to make new friends and contacts which can help them and their families. Let's hope Netty, Mary and their committee know how important their work is and how much it is appreciated. Remember, we all should help their efforts by befriending the newcomers and extending help when needed. You may be interested to know that UCSD has 1000 foreign scholars at this time, a 43% increase over last year.

In the past months, some of you have gotten surprise assignments, and you proved to be good sports. Not one complaint was received.

"Behind every successful man is a woman", we hear. Behind many successful Oceanids are understanding and helpful men. A big thank you to all of them!

A hearty thanks to all who worked hard for the bazaar and the Holiday Party, and to all who sent greetings for the Season.

I am sorry there is no time for us to have some more intimate lunches or coffees. I would like to know you all better.

We still have several fun events planned for this coming year and I look forward to seeing you at one or more of them.

Best wishes to all of you for a healthy and happy year.

Rosemarie Lugmair



STARTING THE NEW YEAR RIGHT

Since I have missed the 10th-of-the-month deadline for the last three issues of Bear Facts, I am determined to start the New Year right and submit this item in time for the January issue.

It is a "thank you" to the anonymous donor who presented me with an Oceanids life membership at the Spring Luncheon last May. I was away when the luncheon was held (Dick and I enjoyed a two-month sabbatical in Washington, D.C.) and only learned about the gift on reading the June issue of Bear Facts.

I felt certain that I could ferret out the identity of the anonymous donor, having several suspects in mind. But no luck. Everyone I asked professed ignorance. So I hope that she is reading this newsletter and will accept my belated thanks for such a generous and thoughtful gift. (Liz reminded me that I could still pay my dues anyway to add to the Scholarship Fund).

Rita Atkinson

OCEANIDS DINNER

Please mark your calendar for Friday, January 25 at 7 p.m. to celebrate with a special dinner old ties and new friends.

All new members and their spouses or "significant others" are particularly encouraged to come; to all old members we would like to suggest a show of appreciation to their helpmates for their support of the Oceanids' cause by inviting them to this delicious dinner among friends. Our men support the Oceanids in many different ways, for example, helping with computer chores, proof-reading, driving to and from activities, and not least of all, with showing understanding and patience when Oceanids' business takes their lady away from the homefront.

The festive get together for **singles and couples** starts at 7 p.m. with hors-d'oeuvres, and continues with a superb catered dinner and some light entertainment.

Please make your reservation by January 15 by sending a check payable to Oceanids for \$17.50 per person to Rosemarie Lugmair, 1052 Skylark Dr., La Jolla, 92037.

Call Rosemarie for more information 454-4573. There is limited seating.

NEW YEAR'S RESOLUTIONS??

BAH, HUMBUG!!!

-- and still, do we not in some corner of our minds think about what we might do differently this year, better, more conscientiously? How we might have a positive impact on somebody else's life? How each of us might turn her efforts toward a better, more satisfying existence away from the self and concentrate instead on other peoples' needs? And by doing so we might discover that our lives have become more rewarding and satisfying already.

Is it so difficult to listen rather than talk, to give rather than take, to reach out and help rather than expect others to take care of things which are not our immediate business?

Many Oceanids know what it means to help and contribute actively, not only within our Oceanids community but also within the larger University- and even more extensive San Diego communities.

That brings to my mind one of my favorite people, Thea Schultze, a new Oceanid, who after a long and largely satisfying career as a staff research associate at the Scripps Institution has embarked on a new career for her retirement years. Thea works as a volunteer for the Association for Retarded Citizens and more specifically with a small group of toddlers with developmental problems. She assists the regular educators at the Center twice a week, and, in a short time, has become so valuable to them that they offered her a paid position.

Thea declined, preferring the freedom volunteering gives her for scheduling holidays and vacations, and also the satisfaction of making a truly voluntary contribution. So she was named "Volunteer of the Year" several years in a row.

Thea believes she gets plenty in return: the love and affection of the children, the gratefulness and appreciation of the professionals she works with, and the feeling of really making a difference.

So, if you want some change in your life, want to feel useful and appreciated, there are lots of volunteer opportunities enabling you to find work in a field in which you have always been interested.

All it takes is a little effort. For example, call United Way Mon. - Fri., 8 - 4:30 at 492-2121 for info about involvement opportunities.

Roswitha Enright

GOOD NEWS FOR SUN LOVERS?

Studies of women from the USSR and the USA have shown that there might be a link between exposure to solar radiation and lower breast cancer rates.

The UCSD researchers said that vitamin D, which is produced by the skin when exposed to sunlight, may be associated with low risk for breast cancer.

BUT: The researchers cautioned that the study should not be taken as an endorsement for large supplements of vitamin D or excessive sun exposure.

Sun exposure for 10 or 15 minutes daily should be enough time for the skin to produce adequate amounts of vitamin D, they said. People can also increase their blood levels of vitamin D by consuming vitamin D fortified fluid milk and surface-dwelling fish such as salmon and tuna.

NEW HELP FOR SMOKERS

As a service to help smokers who want to quit, the UCSD Cancer Center is offering a free, bilingual smoking-cessation phone line serving San Diego and Imperial counties.

Local and out-of-area callers simply dial 1-800-766-2888 or 1-800-456-6386. English- and Spanish-speaking operators will answer the phones, referring calls to bilingual smoking-cessation counselors at UCSD Cancer Center.

The counselors, who are available more than 50 hours a week, offer a range of free services including regularly scheduled counseling sessions on the telephone, specific suggestions on how to quit, support for those in the process of quitting, education on the dangers of smoking, and self-help manuals.

It is known from research that the majority of smokers do not want to be smokers, yet most postpone their attempt to quit. Reasons include cost of smoking cessation programs, location, lack of time, getting a babysitter and so forth.

This program will help overcome those barriers.



AMERICAN ENGLISH IN ACTION

by JoAnn Wirth, Coordinator

The English tutoring program offered through the UCSD International Center was pleased to welcome two Oceanids members among the fifteen new tutors joining the program Fall Quarter. Both are now meeting with their "students" and enjoying their new experience. On January 26 from 9:00 a.m. to 12:30 I will again be training new tutors at the International Center. If you have a spare two or three hours per week, a desire to broaden your cultural horizons, and a yen to make a positive difference in the life of one of our international visitors, I encourage you to become involved in American English in Action. Contact JoAnn Wirth at 534-0603 for an application and further information.

CHIC INTO THE NEW YEAR!

L.A. GARMENT DISTRICT TRIP
WEDNESDAY JANUARY 23, 1991

Buses will leave from two locations: UTC parking lot on the East side of Sears and the parking lot of Torrey Pines State Park beach lot off of Carmel Valley Road.

A continental breakfast will be served on the way to L.A. and refreshments will be served on the return trip.

The bus will let us off at the Cooper Building, well known for its designer clothes for men, women and children. Those who wish to wander about on their own can do so. We will then be escorted to an area known as "The Alley" (my favorite area) where there are even more wonderful bargains.

There is a book you can purchase at any local bookstore entitled: "Guide to the Los Angeles Garment District" by Barbara Moe. It is helpful but not necessary.

There are a few restaurants in the area, or bring a bag lunch. The bus will return to the two locations at approximately 5 or 6 p.m.

Reserve your space by sending a check of \$20 per person and make it payable to Sallye Krause, 13941 Nob Avenue, Del Mar CA 92014. Reserve early, since this trip promises to be a sell out. (Maximum: 48 people.)

Reservations must be received by January 19.

For more information call Sallye Krause at 755-6162.

VOLUNTEERS NEEDED FOR VARIOUS MEDICAL STUDIES

Pre-Menstrual Syndrome	543-5595
Depression	552-8585
	Ext.3219
	299-3510
	Ext. 642
Hypertension	543-2886
Light Exposure and Biological Rhythms	792-1527
	552-8585
	Ext.3727
	Ext.3882



PREVIEW OF COMING ATTRACTIONS: LA JOLLYWOOD REVIEW OF 1991

If you missed the sold-out performances of the LA JOLLYWOOD Revues of 1986 and 1988, you have an opportunity to redeem yourself. LA JOLLYWOOD returns to the Faculty Club in March.

Anticipating aprecedented demand, two showings of UCSD's wittiest performances outside the lecture hall have been scheduled- a dinner theatre on Saturday, March 23 and a buffet lunch and matinee on Sunday, March 24. Those who remember a talking tree sounding suspiciously like Jim Arnold or a plaintive penguin looking equally suspiciously like Ralph Lewin, will be sure to want to attend. For those who don't want to remember, we promise new acts with new material. Best of all, you can be part of this. We need volunteers: performers, lyricists, and composers. Release your pent-up desire to be Flanders and Swann! Give in to the urge to puncture a balloon!

Contact Connie Mullin (454-6871) for the opportunity. Reservation information will appear in the February issue of Bear Facts.

INTERESTED IN GETTING TO KNOW AN INTERNATIONAL STUDENT? WHICH PROGRAM IS FOR YOU?

The UCSD International Center enables you to meet a foreign student or scholar without going abroad. You can share cultures, languages and friendship through our three matching programs. Stop by the Center or phone 534-3730

LANGUAGE EXCHANGE

Primary Goal: Participants teach/practice each other's languages

Benefits

- Opportunity to practice foreign language with native speaker
- Provide help with English to international visitors
- Chance to learn about another culture
- Social activities possible

Training

- No formal training provided by International Center
- Instructions and materials located in Friends International Library

Time & Commitment

- Participants determine frequency of meetings
- Meet one, two or three quarters as desired
- Exchange one or two languages

Application Details

- Complete language exchange card(s) and file in box
- Blue card for teaching your language
- Yellow card for practicing another's language
- Match yourself with a partner look in file box under language of interest and contact participant

TUTOR PROGRAM: AMERICAN ENGLISH IN ACTION

Primary Goal: Help foreign visitor learn American English language, lifestyle

Benefits

- Tutor a foreign visitor who needs your help to understand our language and culture
- Learn about another culture
- Volunteer work suitable for inclusion on resumé
- Social activities encouraged

Training

- English as a second language and cross-cultural training provided by International Center staff
- Orientation one Saturday morning
- Workshops two Saturday mornings
- Friends International Library supplements tutoring

Time & Commitment

- Weekly meetings of 2-3 hours each
- One academic year commitment to program, longer encouraged
- Teases increased proficiency in English is primary goal

Application Details

- Complete application form
- Arrange for interview with coordinator
- You will be invited to attend Orientation and Training session
- Coordinator facilitates matching you with an AEIA student

FRIENDSHIPS INTERNATIONAL

Primary Goal: Share friendship and customs with foreign visitor

Benefits

- Meet and socialize with someone from abroad
- Opportunity to learn about another country and its customs
- Share international food at quarterly potluck dinners

Training

- No formal training required
- Guidance and suggestions from coordinator & International Center staff

Time & Commitment

- Pairs (families) are matched for one academic year
- Expectation that participants will initiate meetings for social activity 2-3 times per quarter.
- Friendships International Chairperson arranges a large group dinner and program each quarter.

Application Details

- Complete application form
- Return application to Foreign Student/Scholar office
- Coordinator will match you with a Friendship International participant from abroad

AVIS JOHNSON 1905 - 1990



Avis was a cornerstone in the development of UCSD from the beginning until her retirement in 1983, and then she continued with volunteer work for the University until the time of her death on November 26, 1990. She maintained the continuity at University House through the administrations of five chancellors. Rita Atkinson, said "She knew everyone in the community and at the University and she knew how the system worked." Laura Galbraith commented, "She was a problem solver and brought people together."

Apart from University House she lent her skills to the International House where she taught cooking classes to foreign wives several times each quarter. Ruth Newmark's notes record, "She never failed to give lessons in the preparation of Thanksgiving dinner, and to this day some of her former students still celebrate Thanksgiving together in their native lands." To honor her contributions to the International Center, the dining room alcove at the International Center was named the Avis Johnson Room.

Awards included the NAACP Golden Heritage award and the ROIL (Reaching Out in Love) Foundation in the Salute To Seniors. She was active and received awards in many organizations including: UCSD Regents Club, UCSD Medical Center Auxiliary, Clothes for the Needy organization, the Oceanids; she was the first life member of the UCSD Retirement Association. Josie Foulks, director of the child care programs at UCSD, remembers that "Among the many causes that she supported were the child care programs, SOFA of La Jolla and Barrio Logan in San Diego."

Avis was a wonderful woman who had much love for all.

Elizabeth Houseman writes, "During the fifteen years I worked shoulder to shoulder with Avis at University House, I was inspired by her good example. But most of all did I feel benefited by the example she set for me of what a good wife should be." Geri Rickman talks of her always doing something. "It was not surprising that she went to Costa Rica or to Italy at the age of 77."

Avis is gone now, but not really. She will live on in our hearts and will inspire us forever onward and upward.

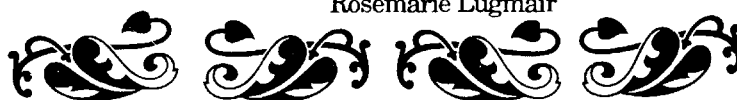
Marge Bradner

The Oceanids board has sent a check of \$200 to the Women's Auxiliary at Avis' church, "Our Lady of Refuge". Avis cared deeply about the women with whom she worked.

Oceanids who wish to make a personal contribution could make their check out to UC Foundation /Oceanids -memo: Avis Johnson. Send to UCSD Oceanids, International Center, 9500 Gilman Dr., La Jolla, CA 92093-0049.

We will forward your contributions which will be tax-deductible.

Rosemarie Lugmair



NEWS FROM THE USSR

By now Oceanid **Alma Coles** is back home from her trip to Europe. But for those who have not had personal contact with her, here is a short excerpt from one of her letters which we found particularly interesting:

"....The Soviet Union seems a study of contrasts, not third world but verging on it in some areas....At all the hotels we were at there was plenty of food, even excess, yet people on the street were unable to get more than basics of bread, sugar, salt, etc. Everyone looks well fed, fat even. I imagine that the nutrition is poor, certainly people have appalling teeth. People are well dressed, chic winter coats, leather boots, and attractive hats. People queue to buy everything in sight as they have no assurance that there will be more available. So, if there are purses for sale, everyone will buy at least three and use them as barter with friends. It is my impression that most of the people we met must have lots of foodstuffs hoarded away as they are complaining that there is not much in the stores but they seem not overly worried that they won't have enough to eat. In Sochi there is an abundance of fresh fruit and vegetables, and the Muscovites often complained that there was nothing to spend their rubles on. Yet when they had the opportunity they did not take any fruit back."

GOODBYE, LENNY

Can Leonard Bernstein really be gone? He was so full of life, so talented in so many directions, so handsome in youth, so popular a musical presence -- so everything.

Conductors are supposed to live longer than other people, maybe because all that arm waving is good for the circulation. Then why couldn't Lenny have lived on to 85 or longer? And why do I care?

I care because he touched my life, as he did the lives of so many others. Back in the 1950s, when I had just graduated from college as a music major, I took advantage of an opportunity to spend two summers at Tanglewood, in the beautiful Berkshire hills of western Massachusetts, studying and performing with other amateurs like myself and aspiring young professionals. Tanglewood was and remains the summer home of the Boston Symphony Orchestra, whose members served as a kind of faculty-in-residence, joined by distinguished soloists and composers. During both summer sessions, Bernstein was constantly performing or teaching: He conducted the BSO and the student orchestra, soloed on the piano, directed performances of several of his own compositions, and taught classes for apprentice conductors. Some of the students did not care for his style of conducting, especially his showman's penchant for leaping about, almost dancing to the music, but they had to admit he was a brilliant musician. Even the fact that he was a professional conductor was noteworthy, for at the time the profession was virtually monopolized by older Europeans. Besides, many of the students (and not only the females among them) secretly daydreamed about getting to know Lenny even more intimately.

It was most of all as an inspiring teacher, however, that he left an enduring impression upon me. Amateur students could perform in public by singing choral works with the BSO. At the start of one summer, we assembled to learn what major choral work had been chosen for presentation that season. When Lenny announced it was to be Mahler's Second ("Resurrection") Symphony, an audible groan greeted the news. In those years, Mahler was rarely performed and we were almost all convinced he was one of the worst composers ever to set pen to paper. Bernstein anticipated he would

get that reaction, so he also announced that we would gather early the next afternoon, "to discuss Mahler a bit."

When we dutifully showed up, expecting the worst, Lenny sat down at the piano and told us about Mahler's life and music and why it was so unique and deserving of performance. Musical illustrations flowed from his fingers on the keyboard, accompanied by humming and singing of lyrical lines. More than three wonderful hours later he finished and we could hardly wait to begin rehearsing the next day. The whole experience was glorious. Every note of the final performance gave me goose bumps. When it was over, I looked so ecstatic that one of the tenors asked me if I were on drugs. (Innocent me thought he meant the prescription kind.) I have had a love for Mahler's music ever since, and I look upon it as a gift from Lenny.

But of course it wasn't only in classical music that Lenny's star shone so brightly. Several years later, his "West Side Story" was staged on Broadway. Reri Grist, a classmate in college, was chosen to sing "Somewhere" in the original production. She invited me and other friends to attend a rehearsal and one of the first performances. Lenny wasn't present at either of these, but it was a pleasure to experience his talents again in yet another form.

After the 1960s, I never made any special effort to see him perform in person, and probably watched him conduct no more than once or twice. But I have always felt thankful to him. He was a special person -- not only for his talents but for the way he used them. By imparting his intense love for all music, but especially music that speaks to our inmost feelings, he gave all those he touched gifts we would treasure the rest of our lives.

Evelyn Lakoff

THE INTERNATIONAL CAFE

Oceanids sponsored the International Cafe on Friday, November 16. Our tasty Mexican casserole was sufficient to feed the 303 people who had lunch that day, and the cookies prepared by Oceanids went fast.

The Oceanids volunteers really worked very hard, and I'm extremely grateful to Lou Bowles, Ruth Fejer, Rosemarie Lugmair, Jutta Reinecke, Susan Scholander, and JoAnn Wirth for their help.

Beverly Douglas

MINI MINUTES 4

It would be an offer he couldn't refuse! An Oceanids fun night--a party--just to thank him for his support and one where his sex will not be in the minority. We're not so liberated we can't be gracious to the man in our life, are we? Such an event was proposed at the Board meeting to take the place of the dinner lecture. Stay tuned.

Those fabulous bargains in the garment district of Los Angeles may be true. Now's the time you can find out with a minimum of effort. An Oceanids bus will leave at 7:15 a.m. from La Jolla Village Square or a little later from Solana Beach on Thursday, January 23 to visit the "alley" and the Cooper Building. \$20 includes bus fare (it seats 48), continental breakfast on bus and refreshments on return trip. Bus returns between 5 and 6 p.m. Sound interesting? Then call Sallye Krause 755-6162 and reserve your spot.

Upcoming events: Guess Who's Coming to Dinner, those great parties in liaison with the Alumni Association will be held April 14. Jollywood's challenge of Hollywood has a sit-down dinner March 23 and luncheon March 24. January 19 will be a whale watching excursion and March 9 there is a harbor cruise. If you give us half a chance, we'll really get to know each other before the year is out.

We may even put into practice a suggestion at this month's board meeting to "adopt a newcomer". Laura Norris said, and quite rightly, that we should look after new members more carefully. What do you think about "adopting" or being a "big sister"? Would you like it?

The International Cafe, November 16, was a big success, so much so we can still enjoy the celebration. Food was prepared for 300 in such amounts that although 303 attended, enough casserole remained to make soup for the next event. Nice going, Beverly Douglas and committee.

The soon-to-appear 1991 Directory made \$2325 from 42 ads as a result of the fine-tuned sales pitch of Martha Fredkin.

Oceanids mourn the death of member Avis Johnson, long-time favorite housekeeper and kitchenmanager of six University presidents. A gift in her name will be given to her church, "Our Lady of Refuge".

Lois Vogelsinger

ADDITIONS RECEIVED AFTER DEADLINE

PLEASE CUT OUT AND PASTE IN YOUR DIRECTORY

Pamella Jung
VCAA Office 0001
UCSD
La Jolla, 92093
ph. 755-1210 (H)
534-3131 (W)

Dr. Klara Osapay (George)
8078 Regents Rd. #303
San Diego, 92122
ph. 457-7552 (H)
554-9957 (O)
534-2425 (AC husband)

Anne Klein (David)
6535 Caminito Kittansett
La Jolla, 92037
ph. 459-7497 (H)
534-2533 (AC L. Clark)

Sandy Adams
P.O. Box 12056
La Jolla, 92093

Thea Schultze
2354 Chalcedony St.
San Diego, 92109
ph. 272-1956

Mary Clare Chapman (David)
14529 Scarboro St.
Poway, 92064
ph. 748-8479

Matilde D. Saslow (Ernest)
2510 Torrey Pines Rd. Apt. 415
La Jolla, 92037
ph. 455-1917 (H)
455-0122 (AC S. Rath)

Thalia Murray
8650 Kilbourn Dr.
La Jolla, 92037
ph. 453-2578

NEWCOMERS

WHALE WATCH

When: Saturday, January 19, at 8:30 a.m.

Who: The first 116 UCSD Newcomers and Oceanids and their families who send in their reservations.

Where: Seaforth Sportfishing parking lot, 1717 Quivira Road, San Diego.

How: By prepaid reservations. (Tickets will not be sent out)

Reservation Deadline:

Wednesday, January 16.

Price: Adults \$ 10, Children and Seniors \$ 7.

Commentary: Al Pentis, Marine Biologist and a specialist on whales.

Information and Reservations:

Netty Paar, 942-0183

Lou Bowles, 755-7102

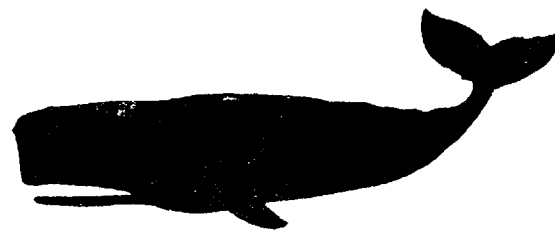
Bring a brown bag lunch if you wish to eat at the grassy harbor after the trip.

IF YOU LIKE A MORE LEISURELY AND EXTENSIVE LOOK AT THE GREAT MAMMALS AND MORE:

An exciting whale watching excursion to Mexico's San Ignacio Lagoon to observe the annual California gray whale migration is being offered by Scripps Aquarium-Museum February 9-17, 1991.

The nine-day travel adventure to observe the whales will take place aboard the 91-foot luxury boat *Royal Star*. A Scripps Aquarium naturalist will present daily seminars and slide presentations about the marine animals and plants of the area, including gray whales, sea lions, elephant seals, marine and shore birds, and mangrove communities. Excellent photography opportunities.

Call Scripps Aquarium-Museum at (619) 534-FISH.



AND FOR ALL WHO DON'T QUALIFY AS NEWCOMERS:

The Scripps Aquarium-Museum is offering two 2-hour Whale-Watching Cruises (ages 5 - adult) on Sunday, January 20 and Saturday January 26.

Cost: Aquarium members \$13, non-members \$15.

Call for reservations soon 534-866

SEAHORSE CAUGHT IN SAN DIEGO BAY

A giant seahorse rarely seen in southern California waters is now on display in Scripps-Aquarium-Museum at UCSD's Scripps Institution.

This seahorse, Hippocampus ingens, is the largest of about 25 known seahorse species and is the only variety found in the eastern Pacific Ocean. The specimen on display is a mature female about eight inches in length.

BECOME A SCRIPPS AQUARIUM-MUSEUM ASSOCIATE MEMBER

Discover the ocean world through the exhibits and educational programs of Scripps Aquarium-Museum!

With an Associates membership, you and your family can delve into the secrets of the most elusive realm of our planet.

The family membership, available for a \$30 donation, includes benefits such as free admission to the Aquarium-Museum and a 10% member's discount in the bookshop. Associates enjoy special events such as member's nights, beach picnics, and the Collector's Club, offering the chance to dive throughout the Pacific Ocean collecting marine specimens for Scripps Aquarium-Museum. You will also receive a quarterly newsletter and calendar of events.

For more information on joining, call 534-4109.

TRAVEL CORNER

Namagdi National Park - Australia

By Elisabeth Marti

During our recent trip to Australia we had a week's stay in Canberra.

Rosemarie Lugmair and I had plenty of time to explore while our husbands attended the scientific conference. Wednesday was a session-free day and we all decided to take the field trip to Namagdi National Park. This area belongs to the aborigines.

Three buses loaded with scientists and their guests soon left the well planned capitol city and its suburbs with developments that remind of southern California. We soon reached a largely unpopulated area of mountains and valleys covered with gum trees (eucalyptus) and acacias in bright yellow spring bloom. We also left behind all detailed planning and organization that goes with both the city and scientific meetings. To begin with, nobody from the sponsoring organizations in Canberra was on the trip. Each bus had an aborigine guide to answer questions. Only the first bus had a map and it was a photocopy of the area to be visited.

After entering a valley, the buses stopped briefly. The drivers huddled over the map and decided they were on the wrong road. This was detour number one. Detour number two was to follow about half an hour later. There was not a soul around to ask for directions. The few lonely farms were not close to the road and there appeared to be no other visitors to the park. We took it all in good humor and enjoyed the pretty landscape. We kidded around about the possibility of not finding the lunch place with the catered Aussie picnic.

With much delay we reached our destination: an open valley with some snow covered mountains in the distance and most of all - lots of kangaroos! For many of us this was the first encounter with these unusual animals. When the buses stopped, everybody rushed to get close-up pictures and footage on their video cameras.

Within ten minutes over a hundred people were scattered over a wide area. No time had been

announced for the return to the buses. The kangaroos, who had seen hardly a human being all winter, were startled and, while trying to avoid one group of tourists, ran directly toward another one. It was great fun to watch the kangaroos jumping over bushes and fences.

Destination number two of the field trip were some aboriginal petroglyphs.

There was only one person, an aboriginal woman in bus number one who had ever seen them. This had been the previous summer during the drier season. We now faced a problem; the ground after the snow melt was wet and swampy.

The people seemed to be walking in a general direction down river. The aborigines and the bus drivers helped us cross the creek on a makeshift bridge of a thick branch. A man too proud to accept help promptly fell knee deep into the cold water. By now the tour participants were scattered over the whole valley. Some turned back when they saw the swamp, others gave up when they noticed that none of the guides or bus drivers was in front of the pack. Perhaps ten percent of the whole group actually reached the rocks with the aboriginal art. They were glad they saw it.

Fortunately, the skies which had threatened rain in the morning cleared up. It was windy, yet sunny and beautiful. It was way past lunch when the last explorers came back to the buses. By now another problem was facing our expedition: Bus number three, the big one, was stuck four inches deep in the soft soil. Even when twenty scientists helped push, we could not get the vehicle moving. So, we had to drive back in two buses to the lunch place.

We encountered one lonely pickup and I recognized the cook from the previous night's cookout at an animal reserve. "Here goes our lunch" was all I could say! It seemed that the cook had had a flat tire and no jack along to fix it. When he finally arrived at the lunch place, he found no buses. He became confused and thought we might have stopped somewhere else. Fortunately, it did not take long to set up the gas grills. We all enjoyed our Aussie picnic that was not much different from any barbecue here. Instead of buns, they served sliced bread. There were sausages and steaks. I had expected lamb,

but the cook laughed at me. "Lamb - that's for the wool!" he said.

While we ate our late lunch, the bus drivers and the park ranger returned to the stranded bus and dug it out. On the drive back, we had some interesting conversations with our aboriginal guide. He had lived the bush life until age seven when he entered a mission school. We were quite surprised to hear him converse fluently in French as well as German. Perhaps these aborigines, who lived like cave dwellers and lacked written language, were more apt to pick up other tongues by ear. When asked if going back to living the old way would still be possible for our guide, he said yes. He compared it to riding a bicycle as a basic skill--once mastered, one could not lose it.

Our last stop was an arts center that had promised original artifacts. It was disappointing that there was little to buy. Still, I found a special souvenir: a stuffed hand-made kangaroo of fine corduroy. It's one of a kind and now sits in our living room reminding us daily of our unique Namagdi National Park expedition.

SOUNDING BOARD

Co-ch. Elaine Halperin, 459-5628;
Joy Arthur, 454-6002.

Meets Monday, January 21 at 12 noon at the home of Frieda Urey. Bring bag lunch.

Speaker: Roger Revelle, world expert on global warming, will talk about "Trouble in the Greenhouse".

PEOPLE TO PEOPLE

Chairman Madeleine Rast, 755-0478.

Meets Monday, January 7 at 12:30 p.m. in the Oceanids Pavilion.

Speaker: Ehab Hamauda, an engineering student from Egypt, is going to help us better understand "Arabian Thought, Culture, and Values".

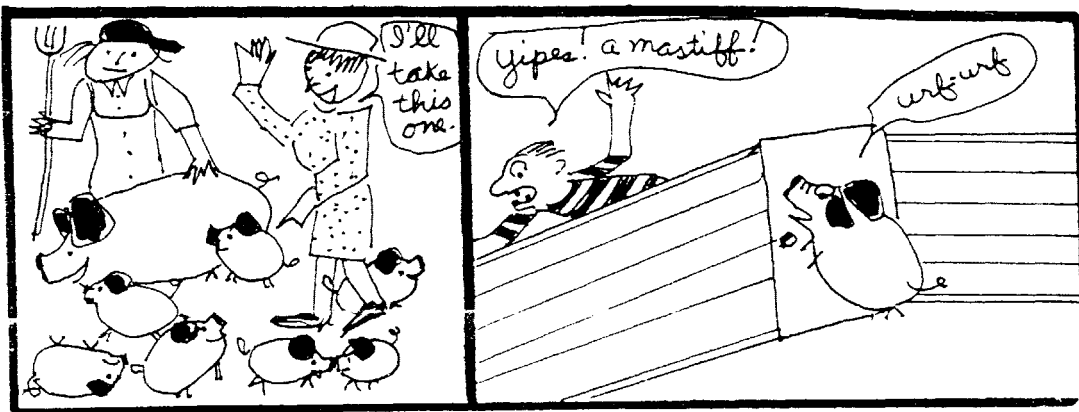
LOVELY ETHNIC INDIAN GOURMET DINNER AND CLASSICAL INDIAN DANCING

February 9 at 6.30 p.m. at the International Center, \$15 for members of Friends and \$20 for non-members.

Reservation deadline: February 1, 1991.

Send to International Center Q 018.

*How to protect your home
against burglars - get
a watchhog*



INTEREST GROUPS CALENDAR

All Interest Groups are invited to use the Oceanids Pavilion for meetings. New groups may be formed if five or more Oceanids are interested.

Call interest group coordinator Jean Kramer, 453-0379.

AVI-SET/BIRD WATCHING - Meets the fourth Monday of the month. Call Lou Bowles, 755-7102; Ginette Launay, 453-4663; or Joany Mosher, 454-0017.

BOOK GROUP - Co-ch Sue Keller, 459-5840; Nancy Rudolph, 454-6607. Meets Tuesday January 8 at 9.30 a.m. at the home of Andree Adams, 5875 Cactus Way, La Jolla. Book to be discussed: "An Artist of the Floating World" by Kazuo Ishiguro.

BRIDGE GROUP - DAY - Co-ch Rochelle Rosen, 457-2277; Isabel Wheeler, 459-7461. Meets the first and third Tuesday at 10:30 a.m. Bring a bag lunch; anyone interested, please call a chairman.

CAFÉ FRANÇAIS - Ch. Helene Baouendi, 558-8877; Co-ch Dolores Cornelius, 457-3864. La prochaine réunion aura lieu le 14 janvier a 10 heures, chez Heli Hofmann, 5870 Cactus Way, La Jolla, 459-4610. Tous ceux qui parlent français sont les bienvenus.

COUPLES BRIDGE - EVENING - Ch. Rose Baily, 453-2637. Meets the fourth Friday of the month at 8 p.m. Call Rose for information.

GARDENING - Ch. Laura Norris, 272-3299. Meets at 9:00 a.m. on Sunday, January 27 at the Fotomat kiosk in the Big Bear parking lot on Via de la Valle in Del Mar. We will visit the Ritz-Carlton Hotel at Laguna Beach and lunch there. We will also tour nearby Rogers Gardens. Please call Jean Lindsley at 453-4043 for information.

KITCHEN/BABY FURNITURE EXCHANGE - Rents kitchen equipment and baby things to short-term visitors to UCSD. Open at the International Center Wednesday mornings, 10:30-12, or call Maryruth Cox, 755-4007; Louise Keeling, 755-7121; or Liz Fong Wills, 454-6858.

LA JOLLA RENAISSANCE SINGERS - Rehearse 4-8 part Renaissance/Baroque music every Wednesday from 8-10 p.m. Call Connie Mullin, 454-6871, for information.

MOVEABLE FEAST - Ch. Liz Fong Wills, 454-6858. The moveable feast will go to Palenqui (a

gourmet Mexican restaurant) on Friday, January 11. If you wish to attend please call Claudia Lowenstein at 453-1069 before January 7. **PEOPLE-TO-PEOPLE** - Ch. Madeleine Rast, 755-0478. Meets Monday, January 7 at 12:30 p.m. in the Oceanids Pavilion. See notice in this issue for details.

POETRY - Co-ch Elaine Halperin, 459-5628; Kitty Ellickson, 450-5131. Call Kitty or Elaine for details; meets the third Tuesday of the month.

RECORDER, ANYONE? - No regular meetings. Will teach the recorder at the convenience of the student. For information call Georgi Price, 459-1734, preferably before 9 a.m.

SOUNDING BOARD - Co-ch Elaine Halperin, 459-5628; Joy Arthur, 454-6002. Meets Monday, January 21 at 12 noon at the home of Frieda Urry. Bring bag lunch. See notice elsewhere in this issue.

STAMP COLLECTING - Betty Shor 453-0334. Call Betty if you have any stamps to exchange or to give to the group.

WALKING AND HIKING - Ch. Rosemarie Lugmair, 454-4573; looking for a co-ch. Meets the first Saturday of each month (depending upon weather) at Nobel Drive. Bring water and lunch. Friends and family are welcome. Please call Rosemarie for details.

WEDNESDAY COFFEES - Ch. Emily Stowell, 481-7938. Meets Wednesday mornings from 10-12. Call Emily if you are interested.

WINE TASTING - Ch. Glenda Rosenblatt, 274-8591; phone contact Ginette Launay, 453-4663. Meets the third Friday of the month. Call at least a week in advance if you are interested.

WITS - Ch. Pat Kampmann. Meets the second Monday of the month. Send your name to Pat, 8448 La Jolla Shores Dr., La Jolla, CA 92037, if you want to be on the waiting list for this stock investment company.

DICKENS LOVERS!

Peggy Stamon from SDSU will conduct a weekly seminar on Dickens' novel "Little Dorrit" which was published in 19 sections in a newspaper from 1855-1857.

The film from 1988 will also be shown and discussed.

For more information call 534-3400 or call Peggy at 283-1637.

UCSD CALENDAR OF EVENTS - JANUARY 1991

At the time of publication, information about many of the performances was incomplete. Please confirm all events.

Campus Cultural Events	534-4090
Mandeville Auditorium (recording)	534-4559
Mandeville Auditorium (Box Office)	534-6467
UCSD Music Department	534-5404
Music Department events (recording)	534-3229
Theatre Department(Box Office)	534-4574
Scripps Inst. of Oceanography	534-FISH
UCSD Campus Recreation	534-4037
UCSD Crafts Center	534-2021
UCSD Extension	534-3400

ART GALLERIES

GROVE GALLERY

Thru Jan. 12 "Seth Cardew," Three Generations of English Potters Tues-Fri: 10am-5pm & Sat: 10am-2pm, free, (the gallery will be closed Dec. 16 - Jan 2,) call 534-2637.

MANDEVILLE GALLERY

Jan. 12 thru Feb 24, Alexis Smith: "Public Works." On view will be Alexis Smith's plans, photographs, renderings and models for public art proposals and projects of the past ten years, Tues-Sun: noon - 5 pm, call 534-2864.

Jan. 11 Opening reception honoring Alexis Smith from 7:00 to 9:00.

FILMS

Jan. 7 "The General," 7:00pm, 104 Solis Hall, call 458-0026.

Jan. 8 "Better Tomorrow" and "Happy Ghost." two movies from Hong Kong, 7:00pm, 104 Solis Lecture Hall, call 450-9130.

Jan. 11 Political Film Series: "The Tread", 7:00pm, 107 Solis Lecture Hall, call 534-4873.

Jan. 14 "Reaching for the Moon," 7:00pm, 104 Solis Hall, call 458-0026.

Jan. 15 "No Means No: Avoiding Date Abuse," 7:30pm, Solis Hall, call 453-6858.

Jan. 15 "The Bear," 8:00pm, 1438 Galbraith Hall, call 534-5314

Jan. 17 "My son is a Genius" and "Story of A-long," two movies from Taiwan, 7:00pm, 1438 Galbraith Hall, call 450-9130

Jan. 18 "Better Tomorrow" and "Happy Ghost," two movies from Hong Kong, 7:00pm, 104 Solis Hall, call 450-9130

Jan. 20 International Style Film Series: "Rosencrantz & Guildenstern are Dead," by Tom Stoppard's, (tentative) Price Center, 8:00 pm, \$3, call 534-4090.

Jan. 21 "12 Angry Men", 7:00pm, 104 Solis Hall, call 457-0026

Jan. 21 "Breathless", 7:00pm, 104 Solis Hall, call 457-0026

Jan. 29 International Style Film Series: "Island," by Paul Cox, England, Price Center, 8:00 pm, \$3, call 534-4090.

Jan. 29 "With a Vengeance: The Fight For Reproductive Freedom", 7:30pm, 104 Solis Hall, call 453-6858

LECTURES

Jan. 23 Friends of the UCSD Library Salon Series: "The Role of the Writer in Today's Society" by San Diego's William Murray, Visiting UCSD Lecturer in Creative Writing, staff writer for *The New Yorker*, and author of *The Getaway Blues*, the fifth in a series of novels set at the racetrack, 5:00 pm, room 111A, Chancellor's Complex.

Jan. 30 Helen Edison Lecture Series: "The Politics of Knowledge and Information," featuring Edward W. Said, Parr Professor of English and comparative literature at Columbia University, one of the country's most distinguished critics, 7:30 pm, Price Center Theatre, free, call 534-3451.

Notice of Upcoming Events: On Friday, March 8, 1991, The Friends of the UCSD Library will present the next event on its Great Author Series: "An evening with William Styron." In conjunction with this event, the UCSD Extension is offering a three-session course on Styron's life and works: "Meet the Author: A preface to An Evening with William Styron." For ticket information for the Styron lecture, please call 534-1275: for information on the Styron course, please call 534-3400.

MUSIC AND DANCE

Jan. 10 thru Jan. 13 3's Company: Asaacs, McCaleb & Dancer, 8:00 pm, Mandell Weiss Theater, \$15/\$9, call 534-1048

Jan. 10 Noon Seminar: Bill Powell, clarinetist from Cal Arts will present a program of contemporary music, Erickson Hall, 12:00 noon, free.

Jan. 11 Karaoke Singing Contest, 7:00 pm, Lounge, International Center, free, call 450-9130.

Jan. 11 Modern Zoo (band), 12:00 pm, Revelle Plaza, free.

Jan. 17 Noon Seminar: Leonard Stein, Director of the Schoenberg Institute and Rosemary Harbison perform a work by Busoni, Erickson Hall, 12:00 noon, free.

Jan. 21 UCSD Gospel Choir under the direction of Len Anderson, featured in the Martin Luther King Memorial, 8:00pm, Mandeville Auditorium, free.

Jan. 24 Noon Seminar: PRISMS, the Contemporary Music Ensemble of the University of California, Santa Barbara, perform works by California composers, Erickson Hall, 12:00 noon, free.

Jan. 25 French Impressionist and California Contemporaries Piano Duo, featuring Ruth Neville and Daniel Koppelman, 8:00pm, Mandeville Recital Hall, free.

Jan. 31 Noon Seminar: "Doing Ethnomusicology," with Marnie Dilling, Assistant Professor of Music at UCSD, Erickson Hall, 12:00 noon, free.

SCRIPPS AQUARIUM-MUSEUM

Jan. 20 & Jan. 26 Naturalist-narrated Whale-Watching Cruises, both 9:00 am - 11:00 am, and 11:30 am - 1:30 pm; age: 5-adult, "Thar she blows!" \$13/member, \$15/non-member, call 534-FISH for reservations

Jan. 27 Tidepooling at False Point, La Jolla, (43,F6), meet: top of steps, Sea Ridge Drive & Linda Way, La Jolla, 12:00 pm-2:00pm, age 7-adult, (7-13 with adults) \$7/adult-member, \$4/child-member, \$10/adult-non-member, \$6/child-non-member, call 534-FISH for reservations

Jan. 28 Tidepooling for Tots, La Jolla Shore, La Jolla, (44,A3), meet: Parking lot by Marine Room Restaurant, 2000 Spindrift Dr., 1:00 pm- 2:30pm, age: Preschool, kindergarten, parents, \$7/adult-member, \$4/child-member, \$10/adult-non-member, \$6/child-non-member, call 534-FISH for reservations

THEATER

Jan. 18 "Pippi Longstocking," musical based on the popular children's book by Astrid Linden, CHILDREN'S THEATRE COMPANY of Minneapolis, Mandeville Auditorium, 8:00pm, \$8/\$12/\$15, call 534-4559/278-TIXS.

U.S. SCHOOLS AND RELIGIOUS LIBERTY

The nation's schools will be offered a new curriculum entitled "Living with Our Deepest Differences: Religious Liberty in a Pluralistic Society" that hopes to avoid a minefield of controversies by focusing on the historical role of religion in society, project officials said. The goals are to explain the history and significance of the First-Amendment religious liberty clause and examine the advantages and responsibilities of living in a modern society with numerous races and religions. "Students simply cannot know the history of art, for example, without discovering how religion inspired painting and architecture from the Hindu Cave Paintings of Ajanta to the Buddhist Art of Asai, from the Greeks and the Egyptians, to the majestic cathedrals that so inspired Henry Adams and Chagall, just to name a few", emphasized Ernest Boyer, president of the Carnegie Foundation for the Advancement of Teaching and former U.S. Commissioner of Education, who headed a group of educators, scholars and religious leaders who helped during development of the curriculum.

From the L.A. Times

U.C.S.D.
Oceanids, International Center
9500 Gilman Drive
La Jolla, CA 92039-0049



BEAR FACTS
JANUARY 1991

PLEASE DELIVER PROMPTLY - DATED MATERIAL!

NO EXCUSES - BE INNOVATIVE

Most Oceanids hate to come to events and luncheons on campus because of parking. Have you considered alternatives like taking your bike or running shoes?

You could take the Oceanids directory and find some members to carpool with and to share your quarters for the meter. (A good way to get to know other Oceanids better).

If you come early enough, you might even get a Faculty Club parking permit (at the Faculty Club).

Three or more could take a taxi from the house closest to UCSD. Boardmembers or people with parking permits can bring you back.

Short of dropping in by balloon I suggest taking a limousine to make a festive occasion or a surprise party out of it.

Please share your novel way of getting to Oceanids events at our next lunch at the Faculty Club after the Board meeting.

See you there!

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: MS NEW YEAR :

Bear Facts

Month: January

Year: 1991



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