

Experience II

individual realization

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## Experience II

text:

the piece is to be realized by any individual,  
and is to be realized outdoors,  
in any environment,  
under any condition where there exist an abundance of natural and  
man-made visual objects,  
and where an abundance of natural and man-made sounds occur.

an environment such as an park, plaza, mall, or market-place, would  
be ideal for realization.

the piece should be realized during ideal weather,  
when it is neither too cold, nor too warm.  
mild or calm or still weather,  
such as at late afternoon through sunset,  
would be ideal an ideal performance condition.

the individual can pre-meditate on the realization,  
giving considerable attention to environment, duration etc.  
or the realization can occur spontaneously,  
with the individual at a moment, suddenly realizing the piece.

the duration of the piece can be either fixed or continual.  
the individual must choose either to set a fixed clock time for  
realization, which can be of any fixed duration;  
with the realization beginning at a specific clock time,  
and regardless of what sound or occurrence,  
the realization is to begin exactly at the time specified for  
commencement, with the fixed duration realized, without interruption;  
the fixed realization is to end at a specific clock time,  
and regardless of what sound or occurrence,  
the realization is to end exactly at the time specified for  
termination.

or the individual can choose to begin the realization at a specific  
clock time, and regardless of what sound or occurrence,  
the realization is to begin exactly at the time specified for  
commencement, with the duration of the realization continuous until  
the concentration of the individual is broken,  
or until the individual spontaneously decides to terminate the  
realization.

having selected a suitable environment for realization,  
the individual is to sit at the center of the chosen environment,  
in order to have full contact with the visual objects and natural  
and man-made sounds that occur.

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text continued:

having been seated, the individual is then to sit in the position that is most comfortable and relaxing.  
the body of the individual must become relaxed,  
and must become so wholly relaxed so as to have relief from all tension, and so as to seem weightless;  
and the mind of the individual must be relaxed,  
which must become so wholly relaxed so as to seem clear of all outer thought.

during the process of relaxing the mind and body,  
the individual must evolve to a condition of perfect peace and stillness within and in relation to the environment.

the individual must evolve to such a condition of peace and stillness,  
so as to hear the essence of that peace and stillness,  
and so as to the inner sound vibrations that are within the individual.

the individual is to become conscious of and active with the inner sound vibrations.

the individual is to concentrate on the inner sound vibrations,  
each as the structure, duration and intensity in which they occur.

the individual is to become conscious of and active with the "natural" and "man-made" sounds as they occur.

"natural" sounds are those sounds that occur from nature,  
such as the sounds from animals, birds, insects, people,  
or the sounds that occur from water, trees, leaves, plants, etc.

"man-made" sounds are those sounds that occur from the invention of man, such as sounds from automobiles, airplanes, jets, machinery etc.

each "natural" sound,  
and each "man-made" sound,  
consist as the structure, duration and intensity in which they occur  
and each "natural" sound,  
and each "man-made" sound is to be realized as they occur.

each "natural" sound,  
and each "man-made" sound could occur separately,  
or several could occur simultaneously.

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text continued:

the individual can meditate on one "natural" sound,  
or can meditate on one "man-made" sound,  
each as the structure, duration and intensity in which they occur;

or the individual can combine several "natural" sounds, (each as  
the structure, duration and intensity in which they occur),  
or can combine several "man-made" sounds, (each as the structure,  
duration and intensity in which they occur),  
or can combine several "natural" sounds with several "man-made"  
sounds, forming any possible combination or structure of "natural"  
and "man-made" sounds, as they occur.

the individual can meditate on several "natural" sounds combined  
with several "man-made" sounds.  
when meditating on several "natural" sounds combined with several  
"man-made" sounds, the individual can form any possible combination  
or structure with the "natural" or "man-made" sounds as they occur.

all sounds, as the structure, duration and intensity in which they  
occur, form the sound content of the piece.

any combination or occurrence of sound is possible.

the meditation of the sounds:  
each structure, duration and intensity in which they occur,  
and of forming any possible combination of sounds as they occur,  
must be realized with discipline and skill,  
and in such a condition of perfect peace and stillness,  
that the individual will be at one with the sounds as they occur.

the individual is to become conscious of, and active with the  
visual objects that are about the selected environment.

any visual object, at any distance, that is seen in the direct  
eyesight of the individual, forms the visual content of the piece.

each visual object that is realized must appear in the direct  
eyesight of the individual.

the individual can look in any direction, or up or down, at any  
moment during the realization of the piece.

though any visual object at any distance can be realized,

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the individual should concentrate only on those visual objects that appear within and immediately about the selected environment.

"natural" visual objects, are those visual objects that occur from nature, such as people, animals, birds, insects, flowers, plants, trees etc.

"man-made" visual objects, are those visual objects that occur from the invention of man, such as automobiles, airplanes, buildings, fences, machinery etc.

some visual objects are fixed, such as buildings, trees, flowers, plants, fences etc., any visual object that is immovable.

the structure of each fixed visual object is formed as they exist, and must appear in the direct eyesight of the individual to be realized.

other visual objects are moving, such as people, birds, animals, insects, automobiles, airplanes etc. any visual object that is in motion. the structure of each moving visual object is formed as they occur, and must appear in the direct eyesight of the individual to be realized.

the path of each moving visual object consist of the structure in which they occur.  
the individual can follow the path of any single moving visual object, until it disappears, or can follow any portion of the path of any single moving visual object;  
or can follow simultaneously the path of any two or more moving visual objects, (each moving in the direction in which they occur), until each disappear,  
or can follow simultaneously any portion of the path of any two or more moving visual objects, (each moving in the direction in which they occur).

the individual can follow the path of any moving visual object, and then can switch to follow the path of another moving visual object until it disappears,  
or can switch to follow any portion of the path of another moving visual object,  
or can switch to meditate on any fixed visual object.

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text continued:

the individual can meditate on any fixed visual object,  
and then can switch to follow the path of any moving visual object  
until it disappears,  
or can switch to follow any portion of the path of a moving visual  
object,  
or can switch to concentrate on another fixed visual object.

the individual can follow any portion of the path of any single  
moving visual object, and then can switch to follow the path of  
another single moving visual object, until it disappears,  
or can switch to follow any portion of the path of another single  
moving object,  
or can switch to follow simultaneously the path of any several  
moving visual objects, (each moving in the direction in which they  
occur), until each disappear,  
or can switch to follow simultaneously any portion of the path of  
any several moving visual objects, (each moving in the direction  
in which they occur),  
or can switch to any single fixed visual object,  
or can switch to concentrate on any several fixed visual objects,  
or can concentrate on any single moving visual object,  
simultaneously contrasting with any single fixed visual object,  
or simultaneously contrasting with any several fixed visual objects.

or the individual can follow simultaneously any portion of the path  
of any several moving visual objects, (each moving in the direction  
in which they occur),  
and then can switch to follow simultaneously the path of any other  
several moving visual objects, (each moving in the direction in  
which they occur), until each disappear,  
or can switch to follow simultaneously any portion of the path of  
any other several moving visual objects, (each moving in the  
direction in which they occur),  
or can switch to follow the path of any single moving visual object,  
until it disappears,  
or can switch to follow any portion of the path of any single moving  
visual object,  
or can switch to any single fixed visual object,  
or can switch to concentrate on any several fixed visual objects,  
or can concentrate on any single moving visual object,  
simultaneously contrasting with any single fixed visual object,  
or simultaneously contrasting with any several fixed visual objects,  
or can concentrate on any several moving visual objects, (each  
moving in the direction in which they occur),

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text continued:

simultaneously contrasting with any several fixed visual objects,  
or simultaneously contrasting with any single fixed visual object.

certain visual objects, such as people, animals, birds, insects,  
automobiles, airplanes etc.,  
will produce sound as they appear in the direct eyesight of the  
individual.  
the sound that is produced, combined with the appearance of the  
respective visual object producing the sound,  
consist as the audio-visual structure in which they occur.

any sounding visual object, when appearing in the direct eyesight  
of the individual, consist of the structure in which they occur.  
the individual can combine any single silent visual object with  
any "natural" or "man-made" sounds that occur,  
or can combine any single sounding visual object with any "natural"  
or "man-made" sounds that occur,  
or the individual can combine any several silent visual objects  
with any "natural" or "man-made" sounds that occur,  
or can combine any several sounding visual objects with any "natural"  
or "man-made" sounds that occur.

any combination or occurrence of visual objects is possible,  
and any combination or occurrence of visual objects combined with  
the "natural" and "man-made" sounds, is possible.

the meditation of any single visual object,  
or the meditation of any single visual object combined with the  
"natural" and "man-made" sounds that occur,  
or the simultaneous meditation of several visual objects,  
each as the structure in which they occur,

or the simultaneous meditation of several visual objects combined  
with the "natural" and "man-made" sounds that occur,  
with each visual object combined with the "natural" and "man-made"  
sounds consisting of the structure in which they occur,

and of forming any other possible combination or structure of visual  
objects,  
or forming any other possible combination or structure of visual  
objects combined with the "natural" and "man-made" sounds that occur,  
can only be realized by each individual in their own individual way,  
with each individual evolving their own unique experience at each  
realization.

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text continued:

as the piece is realized individually,  
each individual that does realize the piece will have an entirely  
different concept of the piece,  
and each individual will evolve their own unique experience at each  
realization.

however, for each individual that does realize the piece, to evolve  
their own unique experience, it is necessary that the individual  
evolve to such a condition of peace and stillness,  
so as to be at one with the selected environment,  
and so to be at one with the inner sound vibrations within the  
individual,  
and so to be at one with the "natural" sounds that occur,  
and so to be at one with the "man-made" sounds that occur,  
and so to be at one with the visual objects that occur.

\ the individual, having thus evolved to such a condition of peace  
and stillness and oneness, and having thus evolved such a unique  
experience,  
must then realize that the total experience is that all is of one  
mind.

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