

dance meditation

for:

piano

dancers

and

light projections

gary mckenzie

dance meditation

instruction for piano:

the piece consist of a gamut of six tones =

d# - E - d - c - b - c#

the six tones are to be realized in the above order throughout the realization.

no tone is to be repeated until each of the six tones have been realized.

the gamut of six tones are to be given 300 statements.

the six tones are to be realized as any of the following methods:

a = hold to extinction with pedal

b = hold to extinction without pedal

c = free hold - pedal free

d = short duration - pedal free

e = short attack - pedal free

f = realized in rapid succession - without pedal

g = free duration - pedal free

any or all of the above methods can be used during the realization.

only one method is to be realized during a specific statement of the six tones.

no two methods are to be realized simultaneously.

dance meditation (1) instruction for piano

dance meditation

instruction for piano continued:

the six tones can be realized on the keyboard,
or on the interior:
pizzicato - finger or pick
mute -

tremolo on one tone is allowed - method g = free duration.

glissandi on strings is not allowed.

trills are not allowed.

each of the six tones can be realized in any register during the realization.

any of the six tones can be realized in succession without pause.

any of the six tones are not to be realized simultaneously or as chords.

intensities are free.

pause is free anywhere during the gamut of the six tones - and between the gamut of the six tones.

dance meditation

text:

the piece is to be realized indoors within a specific performance area, consisting of a circle, the diameter of which should be anywhere from 100 to 200 or more feet.

the piano is to be placed directly at the center of the circle - with the remainder of the center of the circle expanding out from the piano at least 30 feet - with the remainder of the performance area placed for the audience.

at least 50 feet should be placed for the audience.

the audience is to be placed equidistantly beginning at the designated boundary.

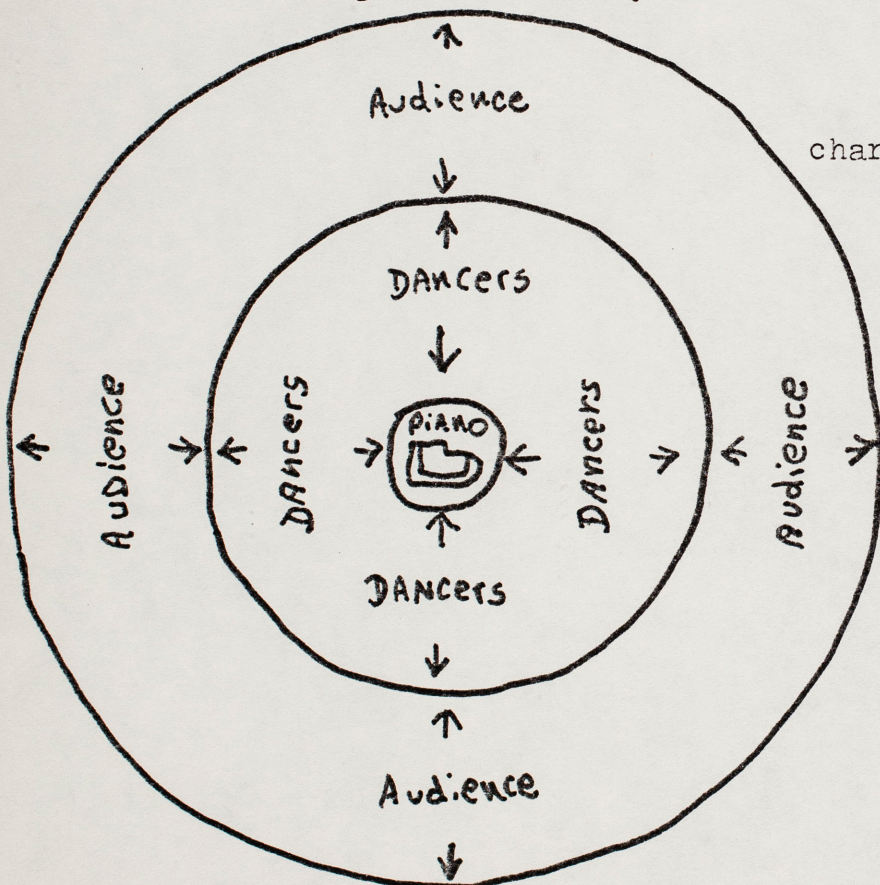


chart of performance area:

piano at center - with center of performance area expanding out from the piano at least 30 feet - with the remainder of the performance area placed for the audience - at least 50 feet.

dance meditation

text continued:

the light projectors are to be placed at various positions behind the performance area.
the exact placement of each light projector is to be determined by the size of performance area that is used for realization - and by the design of the light projections that are realized.

the light projectionists are to be positioned several minutes before the pianist and dancers enter the performance area.

the piano - with keyboard closed - is to be placed at the center of the performance area.

once the audience has been seated, the auditorium doors are to be closed - there is to be no allowance for late-comers.

9 to 15 minutes after the audience has been seated, the auditorium lights are to be turned out.

three minutes after the auditorium lights have been turned out, a soft white light is to be projected around the dancer performance area.

60 seconds after the projection of the soft white light, a soft blue light is to be projected around the audience placement area.

60 seconds after the projection of the soft blue light, light images are to be projected overhead of the performance area.

the light images that are projected overhead of the performance area are to consist of a series of gamut images superimposed onto a fixed image.

each of the gamut images are to consist of several methods of projection that would correspond to, and contrast with the method

dance meditation (2) text

dance meditation

text continued:

of realization of the gamut of six tones.

the design of each of the gamut images, and the design of the fixed image onto which they are superimposed is free - and will be different at each realization.

the fixed image should be circular, with the circumference equal in proportion to the entire performance area.

the gamut images with their methods of projection can be realized anywhere within the circumference of the fixed image.

three minutes after the commencement of the light projections, the pianist is to enter the performance area and - without bowing to the audience - is to be seated at the piano.

the keyboard is to remain closed.

three minutes after the pianist has been seated, the dancers are to enter the performance area, and are to be positioned around dancer performance area.

the dancers are to be placed individually around the dancer performance area.

each dancer is to remain positioned at their respective placement until each begin the realization of their respective movements.

the placement of the dancers can be pre-determined or spontaneous.

the dancers should not be positioned closer than six feet from the piano.

three minutes after the dancers have been positioned, the pianist - as silently as possible - is to open the keyboard - and realize a 9 minute pause.

during the 9 minute pause, each dancer is to relax their entire respective bodies, which are to become so wholly relaxed so as to seem weightless;

dance meditation (3) text

dance meditation

text continued:

and each dancer is to relax their respective minds, which are to become so wholly relaxed so as to be clear of all outer thought.

during the process of relaxing the mind and body, each dancer to evolve fo a condition of perfect peace and stillness within them; and are to evolve to such a condition of peace and stillness so as to hear the essence of that peace and stillness, and so as to feel the inner vibrations of that peace and stillness.

the dancers, as they continue to meditate on the inner peace and stillness within them, are not to realize their movements before the termination of the 6 minute pause.

9 minutes after the keyboard has been opened, the pianist - at will - is to begin the realization of the 6 gamut tones - which are to be realized as outlined in the "instruction for piano".

the dancers are not to realize their movements until the realization of the first tone.

as the 6 gamut tones - with any pause - are realized, each individual dancer - at will - is to realize their respective movements.

the movements of each individual dancer are free.

each movement of each individual dancer is to be determined by the spontaneous inner reaction of the individual dancer to the vibrations of the inner peace and stillness within them - and by the spontaneous inner reaction of the individual dancer to the realization of the 6 gamut tones - and by the spontaneous inner reaction of the individual dancer to any pause that is realized.

each individual dancer is to continue meditate on the vibrations of inner peace and stillness within them throughout the realization.

as the 6 gamut tones - with any pause - are realized, each individual dancer can attune the vibrations of the inner peace and stillness within them with the resonances of the 6 gamut tones

dance meditation (4) text

dance meditation

text continued:

as they are realized - with each movement determined by the spontaneous inner reaction of the individual dancer to the vibrations of the inner peace and stillness as they attune with the resonances of the 6 gamut tones as they are realized.

each movement is to be realized spontaneously -
and only as the vibrations of the inner peace and stillness occur -
during any of the 6 gamut tones that are realized -
or during the realization of a pause -
or as an individual dancer attunes the vibrations of the inner peace and stillness within with the resonances of the 6 gamut tones as they are realized.

each dancer - at will - is to begin their respective realization individually.

each dancer should remain several feet apart when realizing their movements individually.

the dancers should not realize their respective movements closer than six feet from the piano.

as the realization develops, an individual dancer can spontaneously move out into the audience placement area, and can realize their respective movements through the audience.

an individual dancer, when realizing movements in the audience placement area, can spontaneously choose to realize movements in the audience placement area, without returning to the dancer performance area -
or can spontaneously choose to return to and continue to realize movements in the dancer performance area -
or can alternate by realizing movements in the audience placement area,
then moving to and realizing movements in the dancer performance area,
and back and forth ad libitum.

an individual dancer, when moving from the dancer performance area to the audience placement area - or vice versa - must continue to realize movements when in transition between the dancer performance area and the audience placement area.

dance meditation (5) text

dance meditation

text continued:

as the realization develops two or more dancers can form group movements.

group movements can be realized for any length of time - with each group realization formed spontaneously - determined by the spontaneous reaction of an individual dancer to the movements by another individual dancer - with each dancer spontaneously moving toward one another and spontaneously forming group movements - with each spontaneous individual movement relating to each movement of each dancer of the group.

group realizations are to separate spontaneously - determined by the spontaneous reaction of an individual dancer of the group to the movements that are realized in the group to spontaneously separate from the group - and then with that individual dancer spontaneously separating from the group and continuing individualized movements.

an individual dancer - when separating from group movements - is to realize the separation from the group with the realization of individualized movements that are distinct from the movements of the group.

group movements can be realized in the dancer performance area, or in the audience placement area.

at the 275th statement of the six gamut tones, the pianist is to signal the dancers - indicating to the dancers that the realization of the six gamut tones is about to be brought to a halt, and that each individual dancer is to finish their respective realization.

the signal should be determined prior to the realization.

as the signal is given, each individual dancer is to realize their movements moving from the dancer performance area, into and through the audience placement area, and moving from the audience placement area out of the performance area.

dance meditation

text continued:

the dancers are to have left the performance area before the final statement of the six gamut tones.

having completed the 300th statement of the six gamut tones - with any pause that is realized -
the pianist is to pause 30 seconds -
and then - as silently as possible - is to close the keyboard.

the pianist is to remain seated until the termination of the light projections overhead of the performance area.

60 seconds after the keyboard has been closed, the soft white light projected around the dancer performance area, and the soft blue light projected around the audience placement area, are to gradually phase out -
with the gradual phasing synchronized, so that the phasing out and termination of the soft white and soft blue lights will be simultaneous.

60 seconds after the termination of the soft white and soft blue lights, the light projections overhead of the performance area are to be brought to a halt -
with the realization of the phasing out of the gamut images -
synchronized with the phasing out of fixed image onto which they are superimposed, so that the termination of the light projections overhead of the performance area will be simultaneous.

the projection of the phasing out of the gamut images simultaneously with the fixed image onto which they are superimposed, will be different at each realization -
and is determined by the light projectionists.

the duration of the phasing out of the light projections overhead of the performance area should not be longer than three minutes.

dance meditation

text continued:

30 seconds after the termination of the light projections overhead of the performance area, the pianist - as silently and as inconspicuous as possible - is to leave the performance area.

the performance area is to remain dark for three minutes - after which time, the auditorium lights are to be turned on.

there is to be no applause.

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