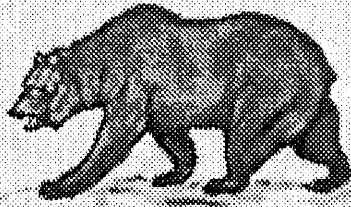


Bear



Facts

Volume XXXIX No.4

Bulletin of UCSD OCEANIDS

January 2001

OCEANIDS & UCSD NEWCOMERS WHALE WATCHING TRIP

Oceanids members and their families together with UCSD Newcomers are invited to join the

**Annual Whale Watching Boat Trip on
Saturday, January 27, 2001 (9:30 a.m. is the check-in time).**

The boat leaves at 10:00 a.m. (**it does NOT wait for anyone!**) and returns around 12 noon .

We will meet at Islandia Sportsfishing, 1515 W. Mission Bay Drive, off Quivera Road.

Come to the Newcomers table (look for the blue and yellow UCSD Newcomers' banner).

If you have questions, please call Liz Wills at 454-6858,
or e-mail: < gbshen@ucsd.edu >

You can only participate by pre-paid reservations. Adults: \$15; All children under 12 years, including infants: \$10. No tickets will be sent. You will receive a **nametag** when you check-in.

Reservation deadline is Wednesday, January 24, 2001

Al Pentis, Naturalist and specialist on whales will accompany the boat.

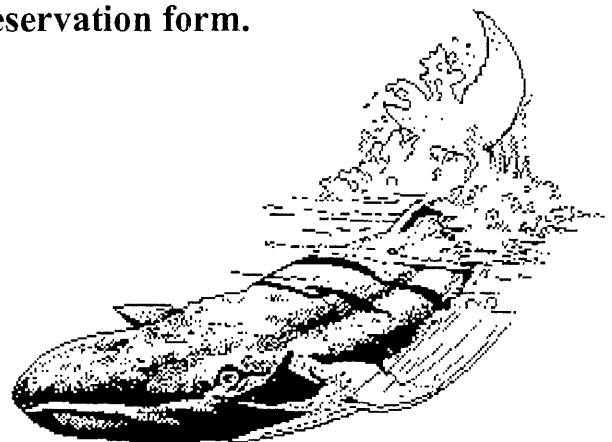
Please, bring warm clothing and binoculars and cameras if you wish. There is snack bar on board.

Please, see page 11 for reservation form.

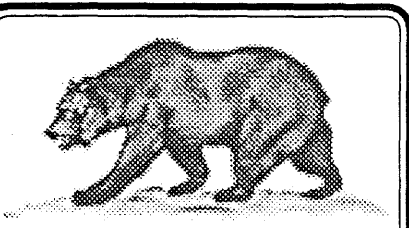
SPECIAL SLIDE SHOW narrated by Al Pentis to prepare us for the trip: You will learn all there is to know about whales! Come for an informative evening!

**Tuesday, January 23, 2001
6:30 p.m.**

UCSD International Center Lounge



NOTE: All phone numbers are area code 858 unless otherwise noted.



BEAR FACTS

is the newsletter of Oceanids, a UCSD campus organization. Published monthly except July, August & September. Letters to the Editor and articles of interest to UCSD are invited.

ALL SUBMISSIONS FOR CONSIDERATION MUST BE RECEIVED BY THE EDITOR NO LATER THAN THE 10th OF THE MONTH FOR THE NEXT ISSUE.

Please address all submissions to:

Oceanids/Bear Facts
International Center
9500 Gilman Drive
La Jolla, CA 92093-0049

or Email to:
oceanids@ucsd.edu

Circulation:
Isabel Wheeler 619-459-7461

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OCEANIDS ONLINE

[http://
orpheus.ucsd.edu/
oceanids/](http://orpheus.ucsd.edu/oceanids/)

EMAIL

oceanids@ucsd.edu

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First V Pres.
- Sec.V Pres. (Memb)
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Friends of Int. Ctr.
Friends of Library &
Friends of Music
Friends, UCSD Health Care
Friends of Theatre and Dance
Retirement Assn.
Undergraduate Service Awards
& Foundation Scholarships
Historian
Refreshments
Oceanid of the Year,
Maxine E. White, &
Outstanding Service Awards
- Carole Ziegler 619-297-0798
Glenda Rosenblatt 274-8591
Margaret Acampora 459-8123
Judy Skelton 456-0930
Eleanor tum Suden 587-8865
Ady Rosenblatt 453-4626
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Nona Crampton 760-942-2085
Maxine Bloor 459-7665
Mary Lynn Hyde (continuing) 488-9283
Mary Daschen, Barbara Starkey, Glenda
Rosenblatt, Estelle Shabetai,
Maxine Bloor (alternate)
Roswitha Enright 459-7375
e-mail: renright@UCSD.edu
Sylvia Bal Somerville 760-753-9304
e-mail: sybalsom@yahoo.com
Maxine Bloor 459-7665
Madeleine Rast 755-0478
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Isabel Wheeler 459-7461
Laura Galbraith, Jean Kramer, Ellen Revelle,
Carol Schultz, Elibet Marshall, Liz Wills, Ilse
Warschawski, Maxine Bloor, Jean Lindsley
Bettina Quirrenbach 270-1011
Liz Fong Wills 454-6858
Georgina Sham 459-1336
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Ady Rosenblatt 453-4626
Madeleine Rast 755-0478
Maxine Bloor 459-7665
Barbara Starkey 453-0779
Jean Lindsley 453-4043
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Carole L. Ziegler 619-297-0798
Ady Rosenblatt 453-4626
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Sallye Krause 755-3245
Barbara Fitzsimmons 453-5787
Pat Kampmann 454-1856
Carol Schultz 453-0458
Maxine Bloor 459-7665
Jean Kramer 453-0379
Carole L. Ziegler 619-297-0798

BOARD MEETINGS first Thursday every month at the Oceanids Pavilion, International Center , 9:30 AM social, 10:00 AM Meeting – You are welcome to attend!

PRESIDENT'S MESSAGE

Welcome to the New Year! Oceanids and Friends of UCSDHealthcare bid a lovely farewell to 2000 with our joint holiday party. The University House was made festive due to our cheery decorators Jean Lindsley, Pat Kampmann, Ellen MacVean and Carol Chang. I didn't take a real count but there must have been at least 75 to 100 people at the party. Kit Stowell greeted us with his beautiful harp playing wearing his delightful English top hat and tails and later on Evelyn and Sandy Lakoff led us in traditional Christmas carolling. Bob Starkey had fun as barkeep. I realized that is a nice job, because sooner or later you get to see everyone at the party.

While up at University House we learned that Bernita Whiting is retiring on January 12. We will miss her very much. Keep tuned for a special luncheon we plan to have in her honor.

Speaking of luncheons and other pleasant Oceanids' events we are going to try out a new system with regard to reservations. As is usually the case payment means a guaranteed spot. If for some reason, at the last minute, someone discovers she or he cannot go, we will consider the payment a donation. Also, if there is no reservation entrance will not be guaranteed. It has been suggested that we add on an extra \$5.00 to \$10.00 at the door to encourage people to make their reservations in a timely manner. This should make it a little easier for our luncheon chairs to plan an event.

And to end this letter on a high note, the holiday party netted \$115.00 which will be donated to the Daycare Center. We appreciate your generosity very much. Thanks, too, for all the wonderful goodies that were brought.

Our party was a very festive way to start the Holiday Season.
Carole Z.

OCEANIDS LIAISON REPORTS 2000

The Oceanid board tries to stay in touch with several other support groups on the UCSD Campus. On a monthly basis, at the Board meetings, if there is current news or events sponsored by the support groups, a brief report is presented. Their events are usually included in the BEAR FACTS Calendar.

UCSD Emeriti Association is one branch of a UC campus wide association. Regular members usually have been members of the academic senate at retirement. Their spouses or survivors are associate members. The association provides members an opportunity to maintain contact with colleagues, promotes the general welfare of members and associates, and assists members to continue contributions to society. Programs are held at regular times, usually monthly, and are determined by the annually elected president and board. Last year computer training classes were offered, and other service programs. Members may bring a guest.

Emeriti phone is 858-534-0101, Sandi Pierz. Marjorie Caserio is President this academic year.

The Friends of UCSD Theatre and Dance is the support organization for the Department of Theatre and Dance and is committed to raising funds for scholarships. The Friends' members are a dedicated group of theatre enthusiasts who are interested in helping to support the Master of Fine Arts students as well as attend special social and educational events. Friends have an opportunity to get to know the students and are invited to pre-performance lectures, play discussions, and various department events.

Due to the generosity of the Friends more than \$200,000 has been raised over the years to help more than 500 students enhance their educational experiences. Friends scholarships, in some cases, make it possible for students to attend our unique professional theatre training program. These scholarships can also augment a student's training through attendance at national and international theatre festivals and seminars giving them the opportunity to do on-site research into their plays and productions.

Liaison: Barbara Fitzsimmons

Friends of UCSD Health Care, formerly known as UCSD Medical Auxiliary, is an organization that works closely with both UCSD Medical Center Hillcrest and Thornton Hospital. "The Friends" raise funds to help in different aspects of medical care needed to augment the needs of different departments of the Medical Center. Just to mention a few, areas helped by the "Friends" are: Shiley Eye Center, Emergency Medicine, Neonatal Care, high risk pregnancy mothers and Bannister Family House, a home where patients waiting for treatment and families of very ill patients can stay for a nominal fee.

Successful fund raisers include a golf tournament in the spring and "An Evening with..." Gala held in the fall. All of the money raised at the events are used to benefit patients of UCSD Healthcare. Both of these events are planned and executed by dedicated volunteers who spend endless hours of work to make each and every event very special and profitable. The "Evening with..." and golf tournament are annual events, and are looked forward to with great anticipation each year.

If you are interested in joining this group of dedicated women and men, please contact Joany Mosher at (858)454 0017 or email: jdmjoany@cts.com

Liaison: Sallye Krause

The purpose of the Friends of the International Center is to create and maintain a meeting place on the UCSD campus where volunteer-supported programs can flourish for all people who share an interest in international friendship and understanding. Friends volunteers publish a monthly newsletter, assist foreign scholars, students and visitors at the start of the Fall Quarter with special orientation assistance, welcome them for their first three days through the Host Family program, sponsor regularly scheduled ethnic luncheons prepared by our visitors, plus "Cooking in America" classes for interested visiting spouses. The Programs Abroad Library helps American students traveling abroad, and there is a magazine library for browsing.

Some activities are co-sponsored with OCEANIDS, such as the Wednesday Morning Coffees, and the annual Fourth of July party. Some activities are geared to fund raising, such as the ethnic dinners featuring a single nation's cuisine. The Friends operate an all-volunteer Resale Shop, the proceeds of which fund scholarships for foreign students plus UCSD students who are studying abroad. All donations of clothing and small household goods are welcome. As well, volunteers to staff the shop are needed and greatly appreciated. The shop is a great resource for bargains or gifts. There are many other activities.

To learn about them, or the Friends call the office at 858-534-1124 (Monday-Friday, 10am-4pm) or stop by the International Center, located on Mandeville Lane at Gilman Drive or across from Center Hall on the Library Walk.

Liaison: Eleanor tum Suden

The **UCSD Retirement Association** is open to retired and current UCSD staff and faculty and their spouses, as well as retirees and spouses from other UC campuses and laboratories. (A non-voting Associate Membership is available to non-UC retirees involved in UCSD support groups.) Its purpose is to help maintain ties with the university and with other retired staff and faculty. A Program Committee plans various trips, meetings, and get-togethers as members suggest ideas. There is an annual Del Mar "Day at the Races", where we rent a skybox above the Finish Line, have a buffet lunch served there, and cheer on our best guesses. There is an on campus summer pot-luck picnic, complete with barbecued ribs. We tour new campus buildings, visit museums, join the Medical Center's Lunch Bunch at Bali Hai, do theatre, music, books, golf, etc., etc.

Coming up on December 15, 2:00-4:00pm, is our annual Holiday Open House at Bldg. 405, The Association's campus office, so do come visit! In May, we have a Members' Dinner, often at the Faculty Club, to welcome new board members and thank departing ones. Around Valentine's Day, we have a luncheon to thank our energetic volunteers.

Departments on campus are aware that they can request volunteer helpers from the retirees. We assist with graduation ceremonies, help the Career Services match jobs with students, package the Preview and Admittance packets for prospective students, student elections, and more.

There is a monthly Retirement Association Newsletter capably edited by our new, charming executive director Lisa Hreha, and a board with 5 officers and 10 directors. So, for retirement, "Try it, you'll like it!"

Oceanid Liaison: Pat Kampmann

Please see February issue for report from Friends of Music.

Friends of the UCSD Libraries is a non-profit educational organization whose members support financially, the many UCSD campus libraries and their resources and services. There is an endowment fund, which is maintained for library acquisitions and a variety of library programs, lectures, exhibitions and receptions and other special events. Members of the Friends group receive a quarterly newsletter, notice of special exhibitions and announcements of special Friends events. There is also an annual meeting. The basic "Associate Membership" is \$60 per year (Senior is \$35. and Student is \$40.) with higher contributor memberships available. The Contributor memberships have additional benefits such as special tours and invitations to private events.

Most of all, Friends of the UCSD Libraries join with others who share and enthusiasm for books and a commitment to the development of our university and its libraries.

Please look for the latest listing of special exhibits at the Geisel Library in the Oceanids BEAR FACTS Calendar each month. For more information call

Maxine Bloor (858-459-7665).

Exhibition of paintings by Oceanid Heli Hofmann

Some of Heli's paintings will be shown at the UCSD Faculty Club from

January 10 to March 23, 2001

A reception will beheld on Friday, February 2, at 4:30 pm.

WILL YOU BE MY VALENTINE?

How did you meet that special someone?

Some years back for the February issue of Bear Facts we asked people to write in and tell us how they met their special thought it print some special stone telling special day.

Also, sev- sent us ar- are greatful seeing those Bearfacts. always use notes about

precious moments or anything else that you think your friends might like to read about.



loved one. We might be fun to more of these ries, so send us a us about that

eral people have ticles which we for. You will be in future But, we can more. Send us your travels,

From time to time we'd like to publish particularly interesting experiences of Oceanids members. The following is part of an article submitted by our member, Marianne Burkenroad, which will be published in two installments.

My Amish Experience

By Marianne Burkenroad

My daughter Andrea and her four sons lived in an Amish community in Southwest Virginia for nearly two years. Andrea had been interested in various agricultural practices for a while and was very grateful for having this opportunity to observe and participate in the Amish farming culture. I visited them once in July 1999, and again in May 2000, for a total of three weeks.

The village is situated at an altitude of 1500 feet in a beautiful, hilly, isolated area. Each of its two dozen homesteads is surrounded by cultivated land. Some are located high up and hidden in woods. Nobody in this young community is much over 50 years of age or overweight. Except for many with bad teeth, they all seem strong and fit.

Before my visits, I had already met three of the important Amish men. They visited us in La Jolla in the fall of 1989 on their way to find new affordable land in South America. My 22-year old grandson Taino was their guide. During their visit, my husband and I got to know and like these people. We admired their friendliness, sense of humor, candor, politeness and helpfulness. On my visits to their village, I was warmly welcomed by these three Amish men and their families, and by many others. It was obvious that my daughter's family had become valuable and well-liked members of the community.

The Amish and I shared an interest in their language. They speak English well, but their everyday language is "Pennsylvania Dutch (or German)", a blend of several German dialects, admixed with standard German and English. The religious language is old-fashioned High German. Their song books and Lutheran Bible are printed in an earlier German style (Fraktur). They were pleased with my familiarity with German.

Living in Amish country was like going back into a long-forgotten past. I felt like an anthropologist observing a foreign culture. Unfortunate and frustrating for me was their taboo of photographing people. The Amish reject many technical advances of the modern age, including plane flight, driving a car, modern machinery and all forms of electricity.

Contrasted with my easy life in La Jolla, living without electricity was quite a shock. How do you get used to being without refrigerator, electric lights, a flush toilet, washer and dryer, air conditioning? Of course, there is no microwave, telephone, television, radio or computer in any house. Once a week one can walk up a steep road to a small store where one can buy basic necessities such as cloth, writing materials, and other household items at moderate prices.

Amish men and women, even children have to work hard. Horses provide the only source of power other than that of human muscles. Planting and harvesting food crops and raising animals are basic to the Amish way of life. I enjoyed the fruits and vegetables fresh from the ground; and chicken, milk, butter and eggs directly from the animal to the table. I realized the great effort it takes to put together meals for a hungry family. Fuel for the wood stove constantly needs to be replenished for cooking, baking bread, heating the house and generating hot water for the dishes or baths. Every evening, the kerosene lamps are filled and the sooted glass chimneys cleaned. Surplus food has to be kept cool, preserved and stored. Water flowing from the nearby hills is channelled to the houses which usually have one inside faucet. However, Andrea purifies the water for drinking.

At first, I played with my young grandsons and read to them. I admired their diligence when they hauled wood, weeded and watered plants, collected eggs, fed and tended the various animals. The two older ones, especially Taino, who is an all around competent farmer, did the heavier chores.

I realized that Andrea, with her unending tasks, needed more of my help. I learned to make butter by

shaking a bottle of the creamy top layer of milk. I was soon out of breath and my arms were aching. I mended ripped clothes, I hung out and took in the heavy laundry. I gathered vegetables from far away fields, then washed and chopped them. I swept the floors with a heavy broom, washed the dishes using a system which involves three basins of cold or hot water. I now understand why the Amish use only one plate each at meals. One of our visitors to La Jolla gently chided me for using new plates for different courses. The scraping of plates is a universal sound at the end of a meal at the Amish table.

Taking a bath is not easy. A small tub is filled with warm water. After soaping, you stand up and pour clean water over yourself hoping to get the soap off and not to spill too much. Afterwards the water in the tub has to be poured out by hand since there are no drains. No wonder the boys take baths in the same water one after the other and only when absolutely necessary.

It was difficult for me to get used to the toilet facilities. On my first visit, the toilet bucket had to be carried out and emptied somewhere. On my second visit, Andrea's home had an outhouse. I rather liked the seating arrangement there. It had three holes. The third hole was smaller and placed lower. Andrea tells me that two Amish women may go together, taking along a child who had to go. At night chamber pots are used.

Lucky is the Amish family who has both boys and girls. Daughters are taught to help their mother. Sons help the father. Very early in life the kids become competent in all required tasks.

The community overwhelmed us with their hospitality. We had many invitations to meals. The big downstairs room typically combines dining area, living room and kitchen. A long table accommodated the extra five of us easily. Husband and wife sit at one end of the table, the guests at the other end. Then come boys on one side and girls on the other, arranged by age. The youngest children sit next to their parents. The girls and/or mother do all the cooking, serving and cleaning up. There is lots of food. Additional food for guests does not seem to be a problem. There are rows of food jars in the cellar preserved from earlier harvests.

At the beginning of a meal, a family member or guest says grace; or they silently bow their heads. In one house, the family sings before or after the meal. Everybody is encouraged to sing in this community; however, no musical instruments are played. One of our visitors to La Jolla is the song leader of their church choir. During their California visit, the three men presented us with an example of their chant-like singing. Their voices are good, and they have a fine sense of pitch.

After the evening meal, the older children play board games, which they make themselves. Outside, the kids jump rope. Important and festive community celebrations are weddings and family reunions. My grandsons wanted me to come at the end of the school year, an event which is enjoyed by the whole community.

The family is the basic social and economic unit. Children stay in their parents' house until their late teens or early twenties, when they are likely to get married and move into their own place. Until then, what they earn by working goes to the parents.

Becoming a full fledged member of the Amish community is a gradual process. Between the ages of 15 and 17 young people are baptized. They participate in the "singing", where young men and women have social interaction by singing hymns together. They begin to court at about 19 or 20 years of age. Approval of the marriage partner by both fathers is needed. It is based on their parents' judgement of whether this would be a stable union. Married men attend member meetings, and gradually become involved in decision making. Husband and wife will discuss community issues in private. With the approval of the wife, a husband will cast his vote. This is to avoid a potential conflict in the family.

An "English", as the non-Amish are referred to, who wishes to become Amish has to be approved by the council of married men. I got to know a young woman who badly wanted to join. She moved in with an Amish family, learned to speak their language fluently, dressed and lived like an Amish woman, but still was rejected. I think she was too aggressive and independent a person to suit them.

The Amish are aware of the real danger of inbreeding. One of their preoccupations is genealogy. With

these huge families, it is difficult to keep track of how they are related to each other. The Amish take trips by bus, train or horse and buggy to nearby or far away communities in Pennsylvania, Ohio, or Canada to attend family reunions and weddings. These may also serve the purpose of getting young people from different areas together where they have a chance to meet more distantly related people. At one house two older daughters were writing names on cards for a game to remember relatives whom they would meet at a reunion. One of the wives told me she knew the names of her siblings and their children, but had given up on remembering the names of her siblings' grandchildren, a challenge indeed considering the large number of offspring. The Amish, who obviously do not practice birth control, are therefore always in need of new land.

Cooperation between community members makes it possible for people to travel. Somebody, a relative or neighbor, will take over the chores. Very little money is exchanged, but exchange of goods and services is constant. Even at my daughter's house, there was a stream of people coming by, on foot, on horseback, or with horse and buggy. Some just came to exchange the news or plan events like a bake sale, others to get surplus milk, eggs, or whatnot. One or two came by to teach Pennsylvania Dutch. Others offered to wash or sew the family's clothes.

Horses, carriages and other equipment are borrowed or loaned out. Kids come by to ask one of the boys to help with this or that project at their parents' place. One of my grandsons had the use of an enclosure for his "silkie", a special breed of chicken, in exchange for taking care of the owner's poultry. This nine-year old grandson loved to carry messages from one house to the other galloping up and down the unpaved roads on his pony, thereby relieving somebody of a strenuous walk. Even the horses had to get used to the steep terrain.

A girl from a daughter-rich needed on a certain day may be aster-less Andrea to help her. In return, for massages or help with birthing babies who do not nurse or crawl prop- eventually came for massages to relieve muscles.

Cooperation between people is often a group of women descend on a help with a big task such as process- a house for a new inhabitant, help- the woman is sick or just had a baby. drea would manage packing up their was leaving the Amish. The women time, she assured me.

Similarly, a group of men, help of older boys and young women, and quickly put up a typical log house. They only use hand tools, of course. storied, with a cellar. They are attractive, unpainted and undecorated. There is no speculation in houses. If the owner of a house decides to leave, the community will reimburse him for the dollars he originally invested despite the fact that the commercial value of his house and land may have increased considerably. The Amish discovered this increase when they had their property appraised in preparation for the possible move to South America.



family which is not signed to my daugh- Andrea is sought out mothers, or with erly. Even the men their aching backs or

evident. Every so particular house to ing chickens, cleaning ing a family where I worried how An- belongings when she would do it in no

sometimes with the would get together for one of their own.

The houses are two-

(To be continued in the February issue)

OCEANIDS' INTEREST GROUPS

Interest Groups are the backbone of our Oceanids organization. They are here to meet the many varied needs of Faculty Families, especially those new to the UCSD campus, and the community.

If you do not find an activity that you would like to participate in, please contact Carole Ziegler, president @ 619-297-0798. If five or more Oceanids wish to start a new group on their own, please let Carole know so we can inform other members. All we ask is that your members be Oceanids and/or belong to one of the many *Friends* groups on campus. Membership in a *Friends* organization allows you to join Oceanids. If you are not yet a member of Oceanids, please consider joining us today by utilizing the membership application on page 9 of this issue.

AUI SET Birders

Our birding group meets the second Monday of each month during the academic year. Once you have signed up, our committee will phone you each month to tell you where we will go. We always meet promptly at 8 a.m.. One group meets at the home of Teresa Lein, 8653 Dunaway Drive, La Jolla, while the north county Birders meet at the home of Lou Bowles, 13040 Caminito Mar Villa, Del Mar. We carpool from these locations and visit sites around the county.

If you are interested in joining this group or just want more information, please contact:

Sidney Bagley, 455-1477; Lou Bowles, 755-7102; or David Liberman, 452-0435. Next outing on **January 8**

BOOK GROUP

Meets the second Tuesday of the month. For information contact: Odette Filloux 453-0749, Sally Kroll 459-1322 or Carol Schultz 453-0458.

Book Group will meet on **Jan. 9** at 9:30 a.m. at the home of Carol Schultz, 8415 Sugarman Drive. The book to be discussed is "Memories of a Catholic Girlhood," by Mary McCarthy. Call Odette Filloux, 453-0749, for more information.

CAFE FRANÇAIS

Denyse Haney (760)929-9120 or Paula Desii (619) 287-3644

Prochaine reunion Mercredi 10 Janvier a 13 hrs (1.00 PM) chez Trude Hollander, 3535 5th Ave. #12c, San Diego, (619) 297-1860

CINEMA SOIRÉE

We take turns meeting at members' homes on the fourth Saturday evening of the month. We meet for conversation at 7:30 p.m., and start the discussion about 8 p.m.. If you are interested in joining this friendly group, call Laurette Verbinski, 453-4699 or Roswitha Enright, 459-7375. Next meeting (probably) **January 27**

CRAFTS GROUP

This year the Polymer Clay Group

(Mary Dashen and Maxine Bloor) will be on hiatus. However, a group will form after the New Year to do crafts. This will comprise most likely the creation of memory books (scrap books). If you are interested in or have created these popular family memory books, please contact Maxine (459-7665) or Mary Dashen (456-7848). Watch for more information after January 1, 2001.

DAY BRIDGE

The Day Bridge Group meets on the first and third Tuesdays of the month. If you would like to join or just know more about us, please call Isabel Wheeler, 459-7461.

EVENING BRIDGE

The couples Evening Bridge Interest group meets at 7:30 p.m.. on the fourth Friday of the month at one of our members homes. If you wish to play on a regular basis, or just occasionally, please contact Barbara Bank at 484-4597, e-mail (barbara@sdna1.ucsd.edu). Next meeting **January 26**

FACE OFF

This lively group focuses on political dialogue; it meets the third Friday of the month. If you like to express your views on the issues of the day, join this group. We meet at members' homes in the morning for coffee. If you are interested, please call Laura Norris 272-3299. Next meeting (probably) **January 19**

GARDEN GROUP

Watch future Bear Facts for more information.

GRACIOUS AGING

For details call Elibet Marshall 459-5246.

HIKING IN AND AROUND SAN DIEGO COUNTY

We meet at 8:30 on the second Saturday of each month (from October to May) at the parking lot of the La Jolla Village Shopping Center and carpool to the starting point of the hike. The hikes are generally not longer than 5 to 9 miles (3 to

4 hours). Everyone brings a lunch and plenty of fluids to drink. Sturdy shoes and sun protection are a must!

Friends and family are invited. Call Roswitha (459 7375) or Bettina (270 1011) the week before the hike, if you would like to come. Next hike **January 13**.

LA JOLLA RENAISSANCE SINGERS

If you like singing motets and carols and various English secular music, please contact Connie Mullin (858-454 6871) to find out whether we have space for you. At the moment we are in need of male voices and high soprano voices only, but that can change. We meet every Wednesday. So, please call me and inquire.

MOVEABLE FEAST

This dining out group is currently at capacity but we are taking a wait list. We will let current members know time and place of the next meeting by e-mail or phone. For questions, please call Liz Fong Wills 454-6858. **January's feast is the ethnic dinner on Jan. 20 at the Int. Cen.**

MUSEUM GROUP

Next meeting is on **January 10, 2001** (Wednesday), 1:00pm at the Museum of Photographic Arts, Balboa Park, 1649 El Prado. We will have a docent tour of the exhibit "The Model Wife". This exhibition surveys the work of nine photographers, including Alfred Stieglitz and Edward Weston, whose spouses served as models. For further information call Odette: (858)453-0749 or Sally: (858)459-1322 For further information (e.g. carpooling) call Odette, 453-0749 or Sally 459-1322.

PEOPLE-TO-PEOPLE

We will be hosting the International Cafe on Friday, **January 12, 2001**. If you would like to help us host, please call Doris Bailey at (858)453-3900. Edith Nierenberg, 646-6677

SOUNDING BOARD

The Sounding Board meeting on Thursday, **January 4th** is a change of pace and should be fun. Sally Gary has written

several books entitled "Best Freebies and Bargains in San Diego". She speaks to many groups and holds workshops "the local guru on how to get more for less" One book includes Tijuana bargains.

Laura Norris has agreed to be the hostess for that day so if you have questions please call her, (858) 272-3299. Many of you know that if you get to the faculty club by 11:45 you can often find a place to park there.

We meet at noon for lunch at the Faculty Club. If you are not a member please just get your lunch and pay the \$8.50 to Laura in the room.

Also, I am always worried that Bear Facts will not get to you in time. You can know that we will always be meeting on the first Thursday with an interesting speaker.

Jean Lindsley 453-4043

STAMP GROUP

The Stamp Group is a small one. We exchange postage stamps for our personal collections. We do not meet on a regular basis, and welcome other collectors to join our informal exchange.

For information call Betty Shor 453-0334.

WINE TASTING GROUP

Exploring the taste sensations of a new wine or an old vintage, this group meets the third Friday monthly. Members rotate as hosts, however, this group is currently at capacity. For questions, contact: Pat Kampmann 454-1856.

Next meeting is on **Friday, January 19.**

WINE TASTING II

Because the original wine-tasting group became too large to accommodate the many Newcomers who wanted to join, a second group has been started.

There will be **no meeting in January.** We will get together again on **February 4th.** If you are interested in joining us, please call Carmen de Lorenzo at 858 455-0575 or email her at cadelo70@yahoo.com ASAP.

WITS I

This long-time investment group allows one to learn and earn on one's own. Procedures are followed which analyze all stocks before they are bought. A regular monthly investment is required along with a "buy-in" (which is at this point in time quite expensive). At present there are a few places open. We meet at the Oceanids Pavilion on the third Monday of the month. Call Pat Kampmann, 454-1856 to find out more

Next meeting on **January 15,** at 1:30 p.m.

Oceanids

WITS II

WITS II meets the 4th Wednesday of the month, 3:30-5:00pm, at various homes. We study companies, using the stock investment guides of NAIC, educating ourselves to have a better financial understanding and competence.

Come visit us for a couple of meetings. D. Ann Fanestil (858) 459-5589
Next meeting: **January 24.**

Half WITS

If you are not yet up to speed about the stock market and want to learn in a fun, no pressure way, please join us on the third Thursday of each month (**please, note change of day**) at the Oceanids Pavilion. We start at 10am and usually finish at noon.

(We are a discussion group only, no money involved, so we do "half" what the other WITS groups do.) Liz Fong Wills 454-6858 Next meeting: **January 18**

Lunch Group

Devilish Diners meets the first Friday of the month and the next one will be **Jan. 5th** at noon. Call Mary Dashen for location of restaurant. (**In February we will meet on the 2nd.**)

Ethnic Ecuadorian Dinner

The Friends of the International Center are sponsoring an Ecuadorian dinner on Saturday, January 20, followed by a slide show on the Galapagos by Chris Wills. This is one of a series of ethnic dinners given to raise money for scholarships. All but \$7.50 is tax deductible: the cost is \$20 per member of the Friends of the International Center, \$25 for non-members, \$7.50 for students. The menu will be: canalozo (a hot toddy type of drink made with rum), your choice of shrimp or mushroom ceviche, encolado made with chicken and hearts of palm in a yummy coconut sauce, rice, quinoa salad and passionfruit mousse. White wine, sparkling water, coffee and tea will also be served. A vegetarian version of encolado made of hearts of palm and mushrooms is also available. If you are interested, call me at 858 454-6858 for the signup form.

Liz Fong Wills

Trouble in the Galapagos

Boycott shark fins and sea cucumber to save the Galapagos & join us for dinner! We recently learned that angry fishermen burned down the Charles Darwin Research Station and the Galapagos National Park office, in a protest over restrictions on lobster, sea cucumber and shark fishing in the Galapagos. Unfortunately, our election mess knocked this off the wire services. Like thousands of others, we have e-mailed protests to Ecuadorian government officials. Of course the efforts to repopulate the endangered species of tortoises does not affect the fishermen, but the scientists at the station are the ones who are blowing the whistle on the fishermen who are denuding the sea bottom of sea cucumbers and cutting off the fins of the sharks for the Asian market. I would like to start a boycott of Pacific Coast lobsters (not the Maine ones with the delicious claws), sea cucumbers and real shark fins. As a Cantonese, I can say that the last two are over-rated and outrageously overpriced. Boycotting grapes and lettuce was hard: this one will be easy! Already there is a vegetarian version of shark fins used in soup. Please encourage Ralph Lewin (husband of Oceanid Lanna Cheng) to invent a vegetarian sea cucumber. Years ago, Ralph was a consultant on a project involving agar agar cherries to be used in pies. The company was able to make the color and texture of the pitless cherry, but had trouble getting the skin of the cherry right. Obviously they didn't try hard enough on the taste.....if you wondered why cheap cherry pies don't taste like much, now you know.

Liz Fong Wills

ART

Stuart Collection The Stuart Collection of site-specific sculpture at UCSD enriches the cultural and intellectual life of the campus and the San Diego community. For information on the sculptural works and their location on campus call 534-2117 or the Stuart Collection web page at www.ucsd.edu

BOOKSTORE 534-7323

Every Wednesday, from 4-6 p.m., the UCSD Bookstore offers 10 percent off all general, technical and scientific books. Bestsellers are 35 percent discounted every day. Any book that is still in print in the United States can be located by sending an e-mail to: bookorder@ucsd.edu. For information about book signings, events and special appearances call 534-READ (7323)

FACULTY CLUB 534-0876

January 5 Happy Hour 4-6 p.m.

January 10 Social Sciences Supper Club, 5:30 p.m., "Vanishing Languages," Maria Polinsky, UCSD Department of Linguistics, will speak. \$50 (858) 822-0621.

MOVIES

Movies at the Price Center: The Price Theater, equipped with Dolby Digital Sound and seating nearly 500, screens films at 7 and 10 p.m. twice a week during each academic quarter. General Admission \$2. Movie membership cards can be purchased for \$4 per quarter, which discounts admission to \$1 to any movie during that quarter. For info call 811-2068. For the upcoming schedule go online <<http://wwwtheuniversitycenters.ucsd.edu>>

LECTURES SEMINARS

January 17 "The Roman Pantheon: The Most Significant and Revolutionary Work of Architecture in Western Civilization" 7:30 p.m., Chancellor's Complex, room 111A. James Barter, a Greek and Roman scholar, will discuss the quintessential edifice of Western Civilization. (760) 603-8930.

January 21 UCSD/UCLA/Stanford Winter School in Chaotic Communications, 1 p.m., Price Center Ballroom A and B. This annual school is devoted to issues in digital communications, based on nonlinear dynamics and chaos. Info and schedule call (858) 534-4068.

January 23 "Towards Local Citizenship: Japanese Cities Respond to International Migration," noon, Institute of the Americas, Katherine Tegmeyer Pak, New College of the University of South Florida. (858) 822-4447.

January 23 "Meet the Dean Series" 4 p.m., Center for Molecular Genetics. Larry Squire, UCSD professor of psychiatry, neurosciences and psychology. (619) 543-3347.

January 25 Dashen Memorial Colloquium. 4 p.m., Mandeville Center Auditorium. Edward Witten (Caltech and IAS) "Quark Confinement and Black Holes" (858) 822-1468

January 25 Department of Psychology Colloquium. 4 p.m., CHIP conference room 5345 McGill Hall Annex. Robert Sapolsky, professor of psychology at Stanford University. (858) 534-4299

MUSIC 534-3229 or 534-5404 Admission: The first amount is for general admission and the second is for faculty, staff, seniors and the third for students.

January 6 Amadeus Trio, 7:30 p.m., Mandeville Center Auditorium. \$22 (858) 534-4119

January 12 Cab Calloway's Legacy of Swing, 7:30 p.m., Mandeville Center. The King of Hi-De-Ho lives on through his daughter, Chris Calloway and her orchestra and dancers. \$22/ \$20/ \$16. (858) 534-4119.

January 15 UCSD Gospel Choir: presents a concert honoring Martin Luther King Jr. Day. Directed by Ken Anderson 8 p.m., Mandeville Auditorium. \$5/\$3

January 20 Golub Kaplan Carr, 7:30 p.m., Mandeville Center Auditorium. \$22 (858) 534-4119.

January 20 and 21 La Jolla Symphony and Chorus, "Bach and Stravinsky" 8 p.m., Neurosciences Institute \$18. (858) 534-4637

January 21 Sixth Annual Rebecca Elizabeth Lytle Memorial Scholarship Concert. A 40th Anniversary event. 2 p.m., UCSD Faculty Club. For scholarships at Thurgood Marshall College. \$30. Another concert with dinner will held at 6 p.m. \$250 (858) 534-4119

January 31 Masters of Persian Classical Music. 7:30 p.m. An evening of music from Iran. \$35 (858) 534-4119

SPORTS for information call 534-4211 Women's and men's basketball, swimming and diving, men's volleyball, baseball, and women's tennis.

SPECIAL EVENTS

January 9 "People, Power and Politics: Conversations with Sandy LaKoff," 5:30 p.m., Institute of the Americas, Deutz Room. A lively series of lectures and discussions on a variety of topics. Offered as a series only. Also Feb 6, and March 6. Admission \$55 (858) 534-8042.

January 11 New Ears for New Music, 6:30 p.m., Mandeville Center, Room, 127. Explore the historical and aesthetic issues at work in and around contemporary music. First of a four part series. No musical training is required. \$125, Fac/Staff \$93 (858) 534-3400.

RESERVATION FORM FOR WHALE WATCHING TRIP

Please cut and send

Name(s) _____

Address _____

Home telephone number _____

We will call you AT HOME before 8 a.m. IF the trip is postponed due to bad weather.

Number of Adults _____ Number of Children _____ Amount of Check _____
(\$15/Adult, \$10/child under 12 years, including infants)

Make checks payable to **Oceanids**. Send both form and check to:
Georgina Sham, 5744 Bellevue Avenue, La Jolla CA 92037-7303

UCSD CALENDAR CONTINUED...

January 22 History of Film: Hitchcock, 6 p.m., Museum of Photographic Arts in Balboa Par. \$95 general, \$71 fac/staff. (858) 534-3400

Ongoing: HIV Primary Care Mini-Residency Program, Owen Clinic Conference Room, 3rd flr., Ambulatory Care Center, Hillcrest. Ongoing throughout the year and scheduled on individual basis. The program is designed for primary care givers who currently care for or are willing to care for HIV-infected patients. It is one week of full-time clinical training and offers 30 hours of CME Category I credit. Schedules are flexible. Call 543-2415.

STEPHEN BIRCH

AQUARIUM-MUSEUM 534-7336
Advance reservations are required for all activities. Please call for schedule of classes.

January 6 Seaside Stories, 9:30 a.m., Birch Aquarium. Explore the ocean world during this storytime featuring Marcus Pfister's "Rainbow Fish" and "The big Blue Whale." \$18

January 10 Emperor Penguin: A Century of Study. 7 p.m. Join the first in a series of Extreme Expeditions lectures and find out what it is like to conduct research while camping on, diving under and traversing sea ice. \$7.

January 13 and 27 Sea Kayaking, 8 a.m., local beaches. The waters of La Jolla are a great place to see a variety of marine mammals including sea lions, dolphins and migrating gray whales from a kayak. Beginners welcome, intermediate swimming required. \$40.

January 15 World of Gray Whales, 9:30 a.m., Learn why gray whales swim from Alaska to Mexico and back every year. \$18

January 19 Asleep in the Deep—Aquarium Sleepover. 6:30p.m., Children ages 6-14 and their parents are invited to spend the night sleeping next to the tanks. One paid adult can accompany 4 children. T-shirt included for children. Evening snacks and breakfast.\$30.

January 20 Basic Saltwater Aquarium Techniques. 9 a.m., \$35

TOURS of UCSD

January 7 and 21 Mini-Van Tours of UCSD, 2 p.m., Gilman Information Pavilion. Handicapped van available upon request. Reservations are required. Free Call 534-4414

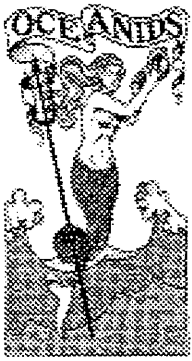
January 14 and 28 Sunday walking tours of UCSD. 2 p.m., Gilman Information Pavilion. A 90 minute tour of the campus on second, fourth and fifth Sundays of each month. Reservations are required. Free. Call 534-4414

UCTV University of California Television Online UCSD-TV airs on UHF channel 38, Cox channel 35, Time Warner 18 and Del Mar TV 3. For a complete schedule call 534-3535 or visit <<http://www.ucsd.edu/ucsdtv>>.

DON'T FORGET TO PAY YOUR DUES OR TO JOIN OCEANIDS, IF YOU HAVE NOT ALREADY DONE SO.

AND, PLEASE, SEND US YOUR ARTICLES AND COMMENTS.

Your grateful BF committee



Bear Facts

WELCOME NEWCOMERS!

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January 2001

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January 2001

			KitX, Wed.Coffee, LJRS	BOARD MEETING Sounding Board	Lunch Group		
	1	Day Bridge 2		3	4	5	6
	AviSet Birders		KitX, Wed.Coffee, LJRS		Friday Cafe (People 2 People)	Hiking	
7	8	Book Group 9	Museum Gp CafeFranc	10	11	12	13
	WITS I	Day Bridge	KitX, Wed.Coffee, LJRS	Half- WITS	Wine Tasting I Face Off	ETHNIC DINNER	
14	15	16	17	18	19	20	
		Whale SlideShow	KitX, Wed.Coffee, LJRS WITS II		Evening Bridge	Cinema Soirée Whale Watching	
21	22	23	24	25	26	27	
28	29	30	KitX, Wed.Coffee, LJRS	31			

Bear Facts

Month: January

Year: 2001



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