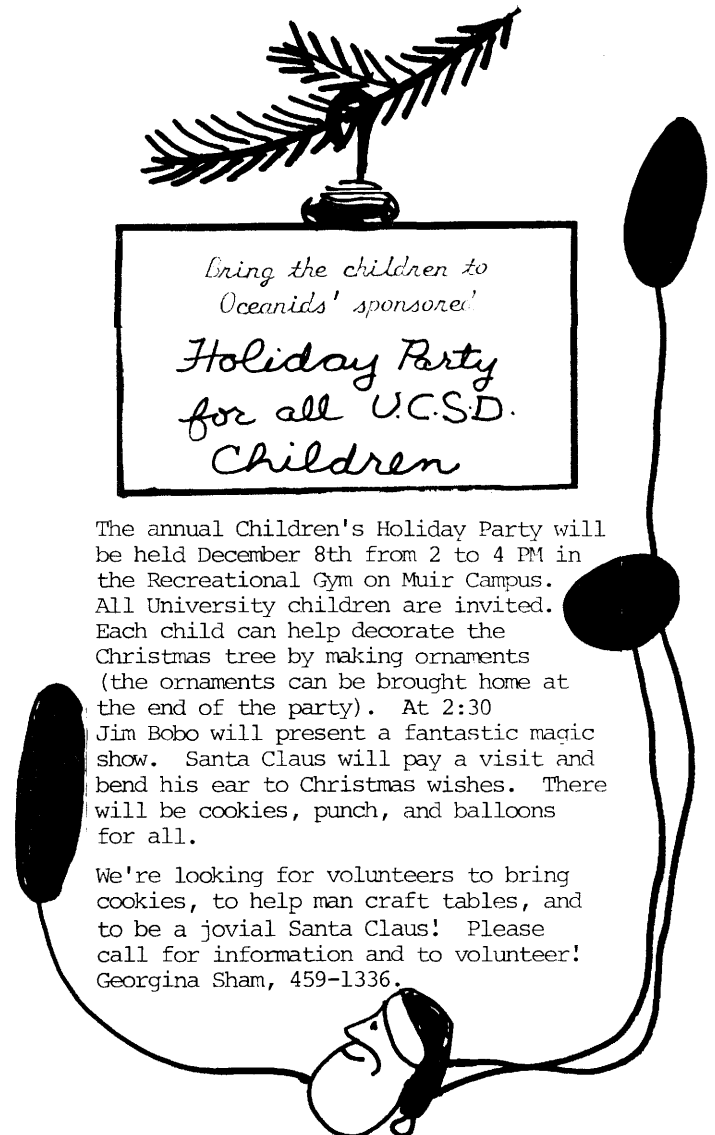
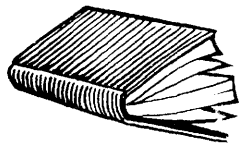


BEAR FACTS

Editor: Alice Chen Kearns 8422 Sugarman Dr., La Jolla 92037 453-7244
Asst. Editor: Evelyn Lakoff 3510 Dove Ct., San Diego 92103 296-1039
Calendar Editor: Nora Atlas 3087 Cranbrook Ct., La Jolla 92037 453-6444
Subscription Circulation: Joyce Dunn 5780 Soledad Rd., La Jolla 92037 454-8923
Staff Artist: Elibet Marshall 2767 Hidden Valley Rd. La Jolla 92037 459-5246
Staff: Nora Atlas Janet Bower Alma Coles Joyce Dunn Evelyn Lakoff
Elibet Marshall Ellen Revelle Frieda Urey Mary Watson

The deadline for articles submitted for publication is 5 PM the 15th each month





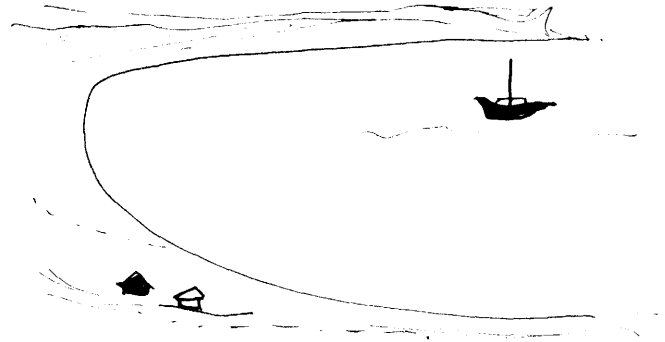
BOOK REVIEW: TWO YEARS BEFORE THE MAST

In 1834 Richard Henry Dana dropped out of Harvard Law School and signed on the merchant brig "Pilgrim" as a common seaman. His health "had failed" after a bout of the measles and his eyesight was so poor that he was unable to do the reading which law school required. No one would have suspected that he would return to Boston two years later in robust health. They would have been even less likely to guess that he would bring with him a "simple journal," kept while he was at sea, which would alter the course of naval law around the world.

The fact that Dana became a "common seaman" was, in itself, remarkable. His grandfather had been governor of Massachusetts and his father was the poet, lecturer, and editor who founded the North American Review (of literature). His father had also attended Harvard, but had never graduated. He had dropped out after taking part in a student "mutiny" to protest the lack of student representation in the choosing of the faculty!!

Dana had chosen to go to sea with the hope that the simple, rigorous life would help to restore his health. At the beginning of the voyage he decided to keep a daily journal. Its style is simple, direct, at times quite poetic, and much like his father's writing. Dana's voyage lasted two years and took him around the horn to what is now California. The Pilgrim took on hides and traded supplies up and down the California coast stopping at Monterrey, Carmel, Santa Barbara, Los Angeles, and San Diego.

Two Years Before the Mast can be read on two entirely different levels. On one level, it describes with heart rending accuracy the plight of the merchant seaman (at that time). His exhaustingly long hours, low wages - - his virtual slave-like existence aboard ship - - are vividly described. The sailor had few rights and little means



of legal redress. Dana reworked and published his journal to "call more attention to the welfare of the seamen, (to) give any information as to their real condition, to raise them in the rank of being . . . and diminish the hardships of their daily life . . ." (from the author's preface, 1840). Dana accomplished his goal. When he returned from his voyage he went back to Harvard Law School; he graduated first in his class and published Two Years Before the Mast in 1840. The book became a "best seller" of its day and aroused an immense amount of interest in, and sympathy for, the plight of the common sailor.

In 1841 Dana published The Seaman's Friend, a legal manual for sailors, and went on to become an international authority on maritime law.

On another level, Dana's book contains a fascinating chronicle of California life in the early 1800's. His pen paints a vivid picture of the rugged coastline, and the animals and people who inhabit it. The priests and Indians, traders and ranchers, the Mexican governors and their ladies - - their houses, clothing, feasts, festivals and funerals - - all are described in lively detail.

The book ends with a chapter entitled "Twenty-four Years After" which describes the remarkable growth which took place in the 1840's and 1850's (San Francisco sprang out of the wilderness, a full blown cosmopolitan city full of churches and French restaurants). Two Years Before the Mast is a voyage that shouldn't be missed.

Nancy Taylor Rudolph



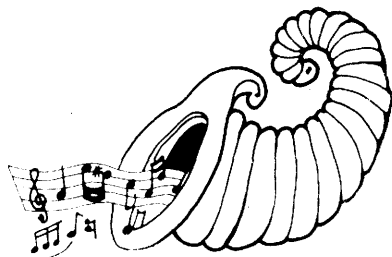
SALK CONCERT

The Salk Institute will present the UCSD Madrigal Singers and the Guidonian Hand in a concert of Renaissance Christmas music on Sunday, December 16, 1979 at 8:00 PM. The concert is free and open to the public.

This will be the eleventh annual concert at the Salk Institute.

The UCSD Madrigal Singers, conducted by Michael Mullin, is made up of University of California, San Diego personnel and residents of the San Diego area. The twenty singers will perform Renaissance motets expressing the anticipation of the first Christmas and the rejoicing at its coming.

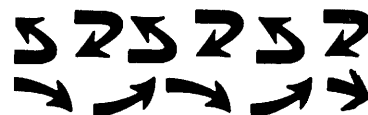
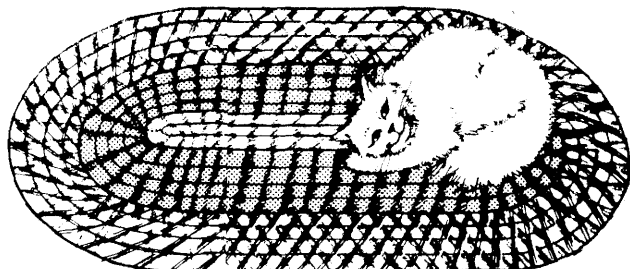
The Guidonian Hand, directed by Duane Lakin-Thomas, is a group of San Diego instrumentalists playing lutes, viola da gambas, and recorders. They will perform music of the Elizabethan era.



RESCUE FOR HANDCRAFTS

All Oceanids who want to meet with creative members to share ideas, projects, skills and experience need to come to the rescue of the Creative Handcrafts group. As with our other interest groups, continuity depends upon the wishes and determination of the membership.

Our invitation demands your IMMEDIATE ATTENTION and response on Friday, Dec. 14 at the home of Claudia Lowenstein, 2652 Gobat Ave., (West University City) between 9:30 and 11:30 AM.



THIS YEAR ON THURSDAY

It is September and the new Oceanid Board is planning the Annual Fall Membership Luncheon. What date and day in October? Last year it was Saturday - - we may choose a weekday. Or perhaps we should choose Saturday again? A babel of voices - -

"Count me out. I chauffeur my son to soccer and he insists Saturday's game is a crucial one."

"I coach a team in the morning and play in the afternoon."

"My daughter needs the car to go to Civic Symphony practice."

"It's music and dance lessons for my children..."

"Well, my husband wants a family excursion each week. October weather is so good."

"My children are in college but my husband wants me home with him on Saturday. We enjoy the football games together."

"My working friends like Saturday to shop and roam around the museums and galleries."

"Don't forget, in 1975 we changed to a luncheon party so the women employed on our campus could be enticed to come during their lunch hour."

"I think they do."

"I can get a babysitter easier on a weekday. I exchange with friends."

"I was reading the minutes of past meetings and every year, a long discussion and always the same - - a weekday every other year if University House is available. Let's vote now."

"Well, don't forget, there are those who have good reasons for preferring Saturday always."

The vote was unanimous for a week day. And that's how we decided to have the Fall Membership Luncheon 'This Year on Thursday.'

There will be a new Board each year to make the decision of "will it be a tea or a salad buffet." And let's hope that inflation and the energy crisis will not have to dictate the day, "never on Thursday and never on Saturday."

Oceanid Board
1979-1980



CHRISTMAS ON THE PRADO

Glittering colored lights. Music by real live carolers and instrumentalists, in costume. All the fine Balboa Park Museums decorated in their very best, keeping open house. Christmas on the Prado!

Festivities begin Friday, December 7th at 5 PM, and last that night until 9 PM. They then continue on Saturday, December 8th from noon until 9 PM.

Each Museum, the Old Globe Theater, the Junior Theater, the Hall of Champions, UNICEF, the Planetarium and Science Center, and the San Diego Historical Society will offer special events. Admissions will be free, for this festival. Seasonal refreshments will be available.

Each museum will also have unusual items, from its specialities, on sale in its gift shop. What an opportunity for shopping! Little gifts and big gifts, with many unique items.

On Saturday at 3:30 there will be a parade along the gaily-decorated Prado. Fire engines, antique cars, bands, equestrian teams and favorite characters, including Sleepy Bear, Wally the Walrus and Santa Claus will march.

All the Museums will have distinctive activities.

The Museum of Man: demonstrations of ethnic crafts: a Laotian weaving group; wood carvers; Polish egg decorators. John Browse, collector, will display rare tribal masks from around the world. A film, "Christmas Customs, Near and Far," will be shown continuously in Hewitt Hall on the second floor. Special foods and the San Diego Junior Symphony will make beautiful music.

Timken Art Gallery: classical music to celebrate the holidays, while surrounded by classical art.

The Space Theater will offer a 20% discount on their Planetarium Show, and free admission to the Science Center. Their gift shop has a wide range of especially fascinating articles.

At the Hall of Champions on Saturday at 2 PM, the San Diego State University Aztec Gym Club will give an exhibition of skills. On Friday evening, and after the 3:30 Parade on Saturday, there will be badminton demonstrations, and San Diegans will be invited to challenge the nationally known players Rod and Charlene Starkey.

San Diego Historical Society: their red and white striped tent (near the Timken Art Gallery) will give the early history of Balboa Park in photographs. You will be surprised at the change from arid canyon and mesa to the present luxuriant greenery, much of it due to the work of Miss Kate Sessions. There will also be a display and sale of handcrafts and unusual gift items. On Saturday at 2 PM a brass quintet will play.

The UNICEF building, down the hill towards the organ pavillion, will be looking very bright, and will be full of exceptional cards and gifts.

The Museum of Natural History: the UCSD Chamber Singers and other San Diego choirs singing outdoors on the entrance steps. Inside, unusual wreaths and greenery, some of it for sale, as well as the fascinating habitat groups of birds (first floor); sea shore and ocean-life (lower, auditorium floor); gemstones from our area, exceptionally rich in these deposits. And another specialized gift shop.

In the Sculpture Garden of the Art Museum at 6 PM both Friday and Saturday, the Old Globe Theater Class will present "The Giving Tree" and "Where the Sidewalk Ends," both plays by Shel Silverstein.

At 7:30 both evenings, in the Casa del Prado, the Junior Theater will give "A Christmas Fantasy." These performances are free.

The Restaurant Cafe del Rey Moro will serve low priced holiday dinners both days.

Certainly something for everyone! Last year, the first year of this celebration, the Prado looked so pretty and exciting, and it was such fun visting and sampling everywhere. This year should be even better. Many volunteering hands have worked hard to make all this gaiety possible. We are grateful.

Marguerite Sard





CHANUKAH

On the evening of December 14th, Jewish families all over the world will gather around an eight branched candlestick (menorah), say a simple prayer, and light two candles. In this way they will begin the celebration of Chanukah, continuing an observance which began twenty-one centuries ago in the hills of the land that is now Israel. Chanukah is not one of the major Jewish holidays. Its celebration occurs in the home and is relatively simple. Yet the event it commemorates - - the rededication in 165 B.C.E. of the great Temple in Jerusalem, and of the Jewish people themselves - - changed the course of history. Without that rededication the Jewish religion with its ethical system and belief in one God would have been extinguished, long before the birth of Christianity and Islam.

The story of Chanukah had its beginning in the year 322 B.C.E. (Before the common era). In that year Alexander the Great conquered the Persian empire and with it the land that is now known as Israel. The Greek leaders who ruled this land strove to Hellenize the many ethnic groups it contained, encouraging them to "think Greek" in their worship, work and play. Hellenization continued, under a series of rulers, for one hundred and twenty-five years. Some ethnic groups entirely disappeared. The religious Jews were not too concerned as long as they were allowed to worship in their own way and to observe their own body of law which regulated all their activities of daily living.

During these years Rome had become much more powerful. When the Greek, Antiochus IV, became the ruler, he decided that in order to maintain his kingdom's strength against Rome, he must unify it totally.

The Jews felt that paying their taxes and fighting in the army should be proof enough of their loyalty. Antiochus didn't agree. He instituted harsh laws banning all Jewish religious practices including circumcision and observation of the Sabbath. Anyone found to be violating the

laws was put to death. Other groups, too, were "converted." The Samaritans gave up their temple; Appollo worshippers were forced to substitute statues of Antiochus in their temple.

Antiochus appointed high priests from the Jews to help him in his campaign of hellenization. The Jews' only temple, in Jerusalem, was seized and its treasure added to the national coffers. Ten thousand Jews and Jewish sympathizers were slaughtered in the streets of Jerusalem. Antiochus then set out to remove the last vestiges of Judaism from his land. He sent bands of soldiers into the countryside to build altars upon which pigs were to be sacrificed and eaten in his name. The leader of the village of Modin, Mattathias, was offered "knighthood" and money if he would slaughter and eat a portion of the sacrificial pig. He refused. When another villager ran forward to take his place, Mattathias killed him and the soldiers. He and his five sons fled into the wilderness with their supporters.

Thus began a three year struggle between the highly trained, expensively equipped troops of Antiochus and the small, poorly armed band of Jewish rebels. The rebels' only advantages were the enormous strength of their beliefs and their far superior knowledge of the rugged countryside.

This war was unique. For the first time in history men fought, not for land or material gain, but for the minority's right, not only to exist, but to retain its religious and cultural identity.

Mattathias died within the year and was succeeded by his son, Judah the Maccabee, who became famous for his brilliant use of guerilla tactics. At the end of three years of fighting, Judah and his followers (called Maccabees) marched into Jerusalem and gained control of the Temple. They began to clean and rebuild it. All the Temple's original furnishings were restored, including the great seven branched candelabrum. After the work had been completed, the Temple was rededicated amidst great festivity. According to legend, a cruse of undefiled oil was found in the rubble, and was used to kindle the



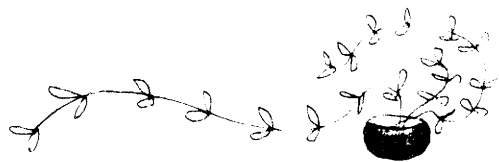
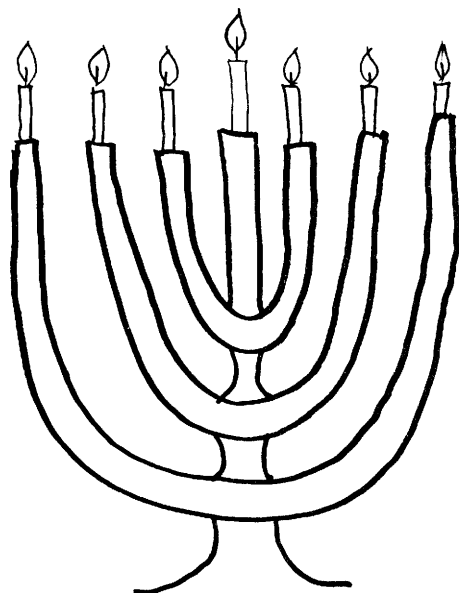
eternal light. Enough for only one day, it miraculously lasted the entire eight days of the ceremony.

Today the celebration of Chanukah begins on each of its seven nights with the lighting of candles - - two on the first night, eight by the last night. A Jewish family might then sit down to a light supper of latkes (potato panckes) served with applesauce and sour cream. After supper they would sing traditional songs, especially Mao-tzur ("Rock of Ages"), and give Chanukah "gelt" (foil wrapped chocolate coins or small gifts) commemorating the coins which the Maccabees had struck at the time of the rededication of the Temple.

No work is supposed to be done by the light of the candles so quiet games are played. One is a game of "put and take" played with a four sided top called a dreidel. The Maccabees were supposed to have used dreidels so that while planning military strategies they would appear to be playing only harmless games.

The real significance of Chanukah lies not in the customs surrounding its celebration, but in the meaning of the word Chanukah - - rededication. Jewish families use this time to re-emphasize the importance of their religion in their lives. The real miracle of Chanukah is not that a cruse of oil burned for eight days instead of one, but that the Jewish people and their religion, after 2100 years, still survive.

Nancy Taylor Rudolph



SHIRLEY SAXON - - PRESIDENT'S WIFE

October 25th was a delightfully sunny fall day here in La Jolla, but an unusually rainy, unpleasant one in the Berkeley-San Francisco area. So wet, in fact, that Mrs. David Saxon momentarily questioned the advisability of carrying through with her plans to fly down to La Jolla and back. But the rain did not stop her, and she appeared as planned as honored guest at the fall luncheon of the Oceanids, in the sunny patios of the Chancellor's house. (Perhaps having been born in Portsmouth-on-the-Sea, in New Hampshire, gave her the proverbial Yankee determination to see a thing through).

Obviously it is not unusual, however, for Shirley Saxon to continue where many others might be tempted to take it easy; she told a tale of the Saxons' move from Los Angeles to Berkeley, some four years ago. David had (as husbands so often seem to do) gone on ahead, to take up his new duties as President of the University of California. They were not selling their home in Westwood, and Shirley was left with the onerous task of packing, preparing for the movers, and getting the house ready for the tenants. By 5:00 PM, with all tasks completed, she found herself so "charged up" that she got in her car and started driving north. She not only started, but drove the entire distance, to the new home in Kensington, driving on, all alone, through the night!

Originally Presidents of the University lived in the large, formal President's house right on the Berkeley campus. Robert Gordon and Ida Sproul lived there for some twenty-five years, so after retirement, when their grandchildren first saw them in their pleasantly cozy house on Tamalpais Road, one of them thought the grandparents must have fallen on evil times, being reduced to living in such a small house! When Clark Kerr followed Sproul as President, he and Kay did not wish to leave their own lovely home in El Cerrito, so the former President's house became an official residence for special visitors and very large entertaining. Now it is occupied by the Chancellor of the Berkeley campus.

During the Presidency of Charles Hitch, another house, three miles from the campus, in Kensington, was given to the University specifically for the President's residence. Since one of Shirley Saxon's main interests is gardening, she must be pleased to have ten acres of garden. Her winter vegetable garden had been planted before her La Jolla visit, she told us. The Kensington house was decorated by Mrs. Hitch and two decorators, and was not changed by the new residents. Shirley was quoted as saying that she finds "spending other peoples' money more difficult than her own."

The Saxons have groups of up to thirty persons in at a time, for evenings that start with a brief gathering in the living room, and continue as working meetings around the dinner table. She plans the menus, arranges the flowers, (probably many from her own garden), and does some of the cooking, sometimes incorporating vegetables from the garden. Generally, but not always, the main course is prepared by a caterer.

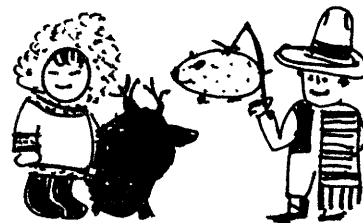
At the Oceanids luncheon, Shirley Saxon was curious to see the varied "Interest Groups" tables, with exhibits and sign-up sheets, and visited each one. She wanted to learn every aspect of our local women's organization, which differs in one very large respect from that of the Berkeley campus. There, the Section Clubs are limited in membership to women faculty, or faculty wives, unlike our more general membership, open to all women associated with UCSD. There is only one large event a year, the fall tea, for the Section Clubs, in contrast to our fall and springtime luncheons.

The Saxons have six daughters (so it is not only oceanographers who specialize in numerous female progeny, though informal research has found this true in surprisingly many cases.) The Saxon girls are widely scattered, living from Austria to Hawaii. Two of them are attending law schools, and one is a counselor in architecture at UCLA.

David Saxon, besides being the University President, is also a physicist; it was probably as a physicist that he and Shirley came down to La Jolla from UCLA in the late 50's, when plans were being made for the development of the Graduate School of Science and Engineering. She recalled being driven up the hill from the Scripps Institution of Oceanography by its then Director, Roger Revelle. He had her stand on a fallen brick chimney (remaining from a World War II military camp building) to appreciate the adequate space and possible beauty of the site of the present undergraduate campuses, of a University that was still, at that time, no more than a dream and a hope.

Shirley Saxon is warm, friendly, gracious, with no "airs;" she is a good listener, making each person to whom she is talking feel at ease and comfortable with her. The University of California is fortunate to have her as its First Lady.

Ellen Revelle

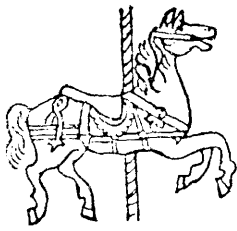


ESKIMO ART AT THE AQUARIUM

As the Eskimos of arctic Canada saw their way of life change, the transition became reflected in their art. Their carving, once utilitarian for a nomadic people, acquired a new motivation -- the market created by travelers from the south. Within the past thirty years a new market grew: a market for larger pieces, a market for fine stone sculpture. The Eskimo carvers responded, taking their craft beyond the stock styles, giving play to their skill and their personal perceptions, and creating a body of fine sculpture unique to their people and to our times.

An exceptional collection of modern Inuit (Canadian Eskimo) sculpture will soon reside at Scripps Aquarium-Museum. From Nov. 26 through Dec. 24, the entire museum will be devoted to this exhibit on tour from the Smithsonian in Washington, D.C. The ninety pieces of Inuit sculpture and fifteen graphics were selected from the extensive private collections of Canadian art consultant M.F. Feheley.

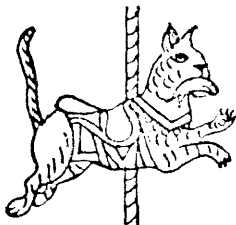
Done in bone, ivory and stone, the sculpture is contemporary, dating from the early 1950s to the late 1960s. These pieces, ranging in size from under ten centimeters to over one meter, come from throughout arctic Canada and provide a representative sampling of the power, beauty and individuality of modern Inuit art.



CATCH THE BRASS RING!

Almost everyone has a childhood memory of riding on a carousel. The one I knew best was in the amusement park at Coney Island. How excited I was by the gaily painted animals, the flashing lights, and the sound of the marvelous music issuing from the band organ or calliope. What could be more fun than spinning round and round, faster and faster, in a whirl of color, light and sound?

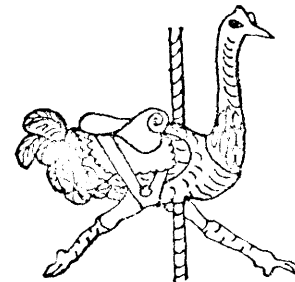
The stages of my growth into adolescence were marked by changing places on the merry-go-round. At first, I had to sit with my mother in a "chariot." The fancy name could not hide the fact that it was just a bench, and not nearly as desirable as the animals. Next, I was allowed to sit on one of the stationary animals, with my father standing alongside holding on to me and the tickets. And then, I was old enough to ride on the up-and-down animals by myself. What rapture! Picking the animal was almost as important as the ride itself. I always preferred to mount one of the horses. After all, who really rode around on birds or cats?



By the time I was big enough to reach for the brass ring, however, my love for the carousel had waned, and I sought out even more exhilarating rides, like the parachute jump and the big Ferris wheel. I gave no thought to carousels until many years later, when a photographer friend made a short film about them. The film had no plot, it was just an admiring look at the animals, the carving, and the decorations that the carousel carried - - carousels as lovingly handcrafted works of art.

And it is as works of art that they are now the subject of a charming exhibit at the Mingei Museum of World Folk Art in University Towne Center. The exhibit is focused on the work of a remarkable family of craftsmen who set up the first carousel factory in this country.

The actual origins of the carousel are lost in historical obscurity, but one of its earliest recorded uses was as a training device for young noblemen. Seated on wooden horses, each at the end of one of the spokes of a large wheel, they would be pushed round and round by their servants in order to practice spearing golden rings with their lances. This contraption was copied by toymakers, and soon primitive carousels were appearing at festivals and carnivals throughout Europe. Most were small and crudely carved. The invention of the steam engine led to the construction of much larger models, and the development of permanent amusement parks made it practical to make them even heavier, since it was no longer necessary to move them from place to place.



Between 1870 and 1930, carousels in the United States grew more and more elaborate, and at the same time, more and more beautiful. Those produced during this period are now considered an "industrial" art form, for although the basic shapes of the animals were manufactured by machinery, they were given final and unique form by master carvers. Carousels crafted in this era are highly prized, and individual animals are treasured by museums and private collectors. Unfortunately, almost all carousel animals made today are mass produced of aluminum and fiberglass.

The first American form of carousel art was created by Gustav Dentzel, a German cabinet maker, in Germantown, near Philadelphia, in 1867. He produced classically elegant horses with realistic details, as well as lions, tigers, and giraffes. Other major carvers also worked in his studio. Daniel Muller created more animated horses, and Salvatore Cernigliaro carved different animals, such as cats, rabbits and goats. As a result, the Dentzel factory became known for its "menagerie carousels"--carousels on which at least a third of the animals were not horses.

The Dentzel factory did not long remain the only carousel workshop in the U.S. At least ten firms sprang up, and each put its own stamp on its creations. Carousels were produced to order and built to the buyer's specifications at the rate of one or two a year. The typical model had three or four rows of animals. The outer circle was always composed of large elaborately carved stationary figures called "standers." Animals on the inner circles were smaller and had less carving. Usually it was in these circles that the up-and-down horses, called "jumpers," were placed. Animals with their back feet on the ground and front legs in the air, called "prancers," were also usually placed on the inner circles. The side of the animal facing the public (called the "romance" side) always displayed more carving, and the animal's head was usually turned towards the onlookers. In America, carousels revolve in a counter-clockwise direction, so the right side of the animal has more decoration; European carousels move clockwise, so there the left side has more detail.

The exhibit at the Mingei represents the work of four generations of Dentzels, as displayed in the creation of many different animal forms, including not only horses, but a lion, tiger, giraffe, goat, mule, rooster, pig, bear, ostrich, reindeer, and rabbit. The "sea horse" or hippocampus is the only imaginary animal, a horse with a fantastic fishtail. Typically, the cat holds a fish in its mouth. Every cat produced by the Dentzel factory had something in its small but menacing jaws. The animals are gaily but not gaudily painted. The saddles are fanciful, with flowers, leaves, ribbons, and occasionally even an Indian head, new moon, or some figure of fantasy. Decorative carving was also applied to the sides of the chariots and to the panels that hid the machinery. These panels often carried paintings or advertisements, or mirrors designed to reflect the flashing lights and bright colors.

At the Mingei, there is also a miniature antique carousel only three feet in diameter carved by Harry Dentzel in 1910 which spins around, perfect in every detail. A small, newly carved carousel with four little horses, is in operation, and children are offered rides. The Museum is open Tuesday through Thursday, 11 AM to 5:30 PM; Friday 11 to 9, and Saturday 2 PM to 5 PM.

Evelyn Lakoff



NEW DEAN



Phyllis M. Clark, Dean of International Education at UCSD is beginning a new year as Foreign Student Advisor. Everyone joins in a hearty "Welcome" and wishes her success in her new endeavour.

Born in New Jersey, Phyllis is married to Col. Milton H. Clark and has 3 married daughters.

She earned a B.A. from New Jersey State University and did graduate work at UCSB, University of New Mexico and Colorado State University. Her extensive traveling has taken her to places such as North Africa, South America, the Republic of China, Taipei, the Phillipine Islands, Korea, Equador, India, Japan, Southeast Asia, Malaysia, Iran, Nepal, Pakistan, Turkey and all European countries, except the ones behind the Iron Curtain.

Phyllis has lived in France for three years and in England for one year where she participated in an independent study of the technological and archeological aspects of monumental brasses in churches.

In 1979, Phyllis was the recipient of the Republic of China Trip to Taiwan, for "aiding Taiwanese students for seven years," where she met Joan Walsh, our former Dean. Having lived in Taiwan 10 years ago, Phyllis Clark was one of 10 representatives from US Universities to be invited by the former Taiwanese ambassador to the U.S. to study the country's educational, economic and social conditions. The formation of an overseas slummi association was discussed on this trip.

Her latest assignment from 1972 to the present was Director of International Student Services at the University of Texas, at El Paso.

Phyllis Clark and her family arrived in La Jolla this past July and finds it a lovely place to live. She comments on her new position at UCSD: "It is interesting to work under another regential system. I am on leave of absence from the University of Texas and it is interesting to compare and contrast not only the two systems - - California and Texas - - but to compare two Universities, UCSD and U of Texas, El Paso."

Maxine Davidson

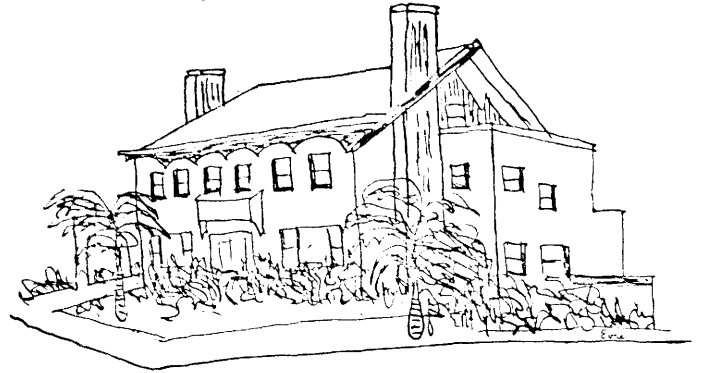
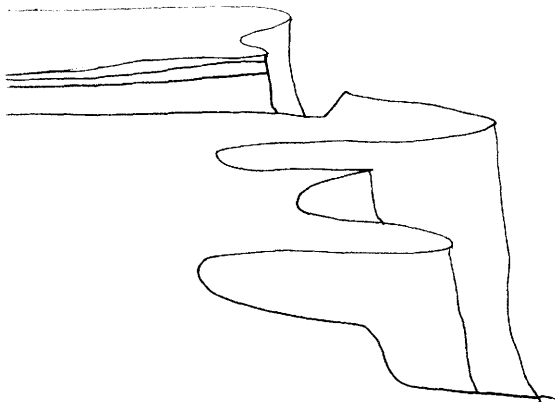
I would like to give you a glimpse of Henry's and my trip down the Colorado River through the Grand Canyon.

We had a hectic but marvelous adventure. The white water experience for me was a physical one; a tight grip on the rubber raft, white knuckles and taut muscles as we lurched over the various rapids.

The scenery was spectacular. There were six rafts and six oarspeople (five men and one woman). Each oarsperson was responsible for pointing out various rock formations, the fauna and the flora and the history of the river. Moreover, they would interject their own feeling of admiration for the river and lament the building of the Glen Canyon Dam which now controls the water level. The spring floods formerly kept the river free from boulders.

Often during the day we would disembark the visit some distant point of interest. On several occasions we hiked through the narrow gorges that radiate from the main canyon. Often it was a feat to get to our destination. Each time it was well worth it. One one occasion we came upon a series of pools and waterfalls with delicate wildflowers and greenery interspersed along the edges and on the tiny islands in the water. Another day our journey disclosed a magnificent amphitheater. The vertical and horizontal formation of the rocks as well as the variation and gradation in color were indescribably beautiful. The Indians had used this spot as a place of worship. The choice was excellent.

Isabel Wheeler



NOW YOU SEE IT . . .

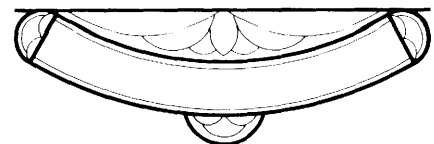
This past month, San Diego lost another part of its history and its soul when the Melville Klauber House (at 6th and Redwood), designed by the most notable San Diego architect, Irving Gill (with Frank Mead), was torn down to make way for high-rise condominiums to sit at the edge of Balboa Park. Not only is the house lost forever, but the special quality of Balboa Park and the streets along its boundaries will be altered.

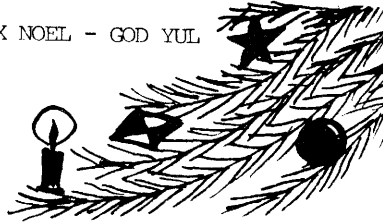
Considered one of Gill's most significant designs, the Klauber House was built in 1907-08, and was one of the earliest in which Gill began to evolve the simple, geometric style that was to become uniquely his own. The stark lines of the basic rectangular block of the building were effectively broken by chimneys, porches, and a protruding wing. The landscaping of Kate Sessions was integrated into the exterior design.

The interior of the house contained wooden moldings, beams, built-in cabinets with Gill-designed hardware, and tiled fireplaces. Today, there is nothing but a pile of rubble where all this once stood.

Despite a valiant fight by SOHO (Save Our Heritage Organization) and other conservation-minded groups, and despite the fact that the building was on the National Register of Historic Places, the zoning laws were such as to permit and even to encourage the owner of the building to destroy it in favor of the high-rise. It is a sad loss for San Diego.

Evelyn Lakoff





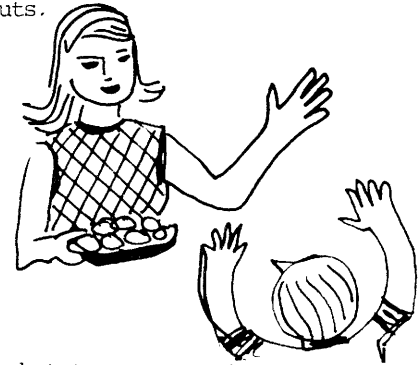
Christmas extends itself before us bringing joy and frustration, rich, fragrant foods and bulging bellies, beautiful choral music and cacophonous muzak. In California we are blessed with an abundance of choices, and if we choose carefully, we can find the lights, the foods, and the music to make the season joyful. American Christmas customs are a mixture of the customs of our European ancestors, mostly Scandinavian, British, Continental or Mediterranean, and by looking about, we can find the recipes and materials to experience all of these traditions.

Light has always been a part of European man's celebration of the winter solstice, and when "Christ the Son" replaced "the Sun" as the center of the celebration, lights and fire remained important. The Advent Wreath, an evergreen wreath with four candles standing in it, comes from Germany (or perhaps England) and is a pleasant family custom which can focus attention on the non-commercial aspects of Christmas. On December weekends at our house, one is likely to hear: "Put down the toy catalogue and get your poem ready. It's your turn to light the Advent candles tonight." In Sweden on Dec. 12th, St. Lucia, often the household's oldest daughter, carols her way through the house at dawn wearing a white gown and crown of lighted candles, serving Lucia buns and coffee. Throughout the southwestern United States, one finds Luminarios, candles placed in paper bags, partially filled with sand, marking pathways and patios on Christmas nights. For ambitious families, Sunset magazine has printed directions for making multi-tapered Swedish Christmas candles. For less ambitious decorators, the Scandinavian use of red apples as candle holders might be worth trying. The apples probably express a wish for good crops or fortune in the new year.

Christmas food is an inexhaustible topic. It's fun to try some new ideas, to venture away from turkey and fruitcake. Scandinavian cooks are magnificent cookie bakers. Piles of rich butter cookies appear almost miraculously in Danish and Norwegian homes at Christmas. Swedish bakers make wonderful saffron buns and gingersnaps. The gingersnaps are cut in the usual Christmas shapes as well as in the shapes of boars, goats, and gnomes. Norsemen ate boar flesh during the Yuletide to honor the Sun Boar, and the goats or Julbocher were once the goats of the thundergod Thor. Now they pull the sleigh of the Jultonten who brings children gifts, as Santa Claus does here.

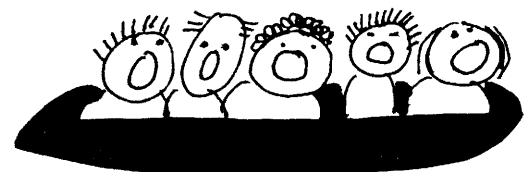
Two types of cakes deserve mention. The French buche de Noel has its origins in pre-Christian yule celebrations. Originally, burning an oak or apple log assured the continuation of light in the new year. Later, the tradition continued as a harbinger of good luck, and people beat the burning log with sticks so that evil spirits would leave in the ensuing shower of sparks. In cities, however, it became impractical to haul in a log, and the cake -- really a confection -- was born. It is a rolled chocolate cake with mocha filling and chocolate frosting decorated with meringue mushrooms and powdered sugar snow.

To keep Christmas going until Three Kings Day or January 6, the custom in the Mediterranean and South American countries, a Portuguese feast including Bolo de Rei, King's Cake, might be a novel experience. The cake is a sweet yeast bread with candied fruits and nuts baked in a ring or crown, topped with white icing, cherries, and walnuts.



Last, but to me, most important at Christmas, is music. While many of our carols have English origins, a good carol book will bring French, Spanish, German, Black American and Appalachian songs to your attention. Many editions are available for both the beginner and advanced musician. The tradition of the "Messiah Sings" is growing in the west. You, too, can sing the Messiah at St. James Church, La Jolla, on Saturday, Dec. 22. Or are you a listener? "Lessons and Carols" may be the right respite from frenetic eating and shopping. Good old stories -- the Creation, Noah's Ark, the Shepherds and Kings, are read between carols. The performing choir sings most of the carols, but the congregation often joins in on favorites, and even irregular churchgoers will feel comfortable in the service's simplicity.

Margaret Bowles



House Exchange or Rental: for any month in summer. A 4 bedroom house in New Malden, Surrey, in the suburbs of London. It's southwest of London near Wimbledon, 24 minutes to London by train. Call Judith Wesling, 454-8336.

For Rent: 3500 sq. ft., 5 bedroom, 3 bath house. Cliffridge Lane, near YMCA and UCSD. Available mid-February. Asking \$875. 455-6545.

Housing Needed from 7/1/80 for one year. A 3-4 bedroom house, furnished. We have 3 children. Please write to:
Mrs. R.G. Danzinger, 58 Lake Park Drive, Winnipeg, Manitoba, R2J 3A8, Canada.

\$600/mo. lease: 15 minutes from campus. 4 BR, 2BA, large den with spectacular ocean view, large fenced yard, gardener included. Completely furnished (linens and dishes too!). Washer, dryer, dishwasher. Available Dec. 10 through Aug. 1st or Sept. 1st. Call 481-9576.

INTERNATIONAL KITCHEN

The International Kitchen will meet on Wednesday, Dec. 12, at 10 AM in the International Center. The menu this month is Greek. There is a \$2.50 per person charge. Small children are welcome to attend with their mothers. Please bring lunches for your own children. Up to 40 reservations will be accepted no later than Friday, December 7th. Reservations are necessary. For further information or to make reservations, please call Martha Catherwood, 578-3689, or the International Center, 452-3731.

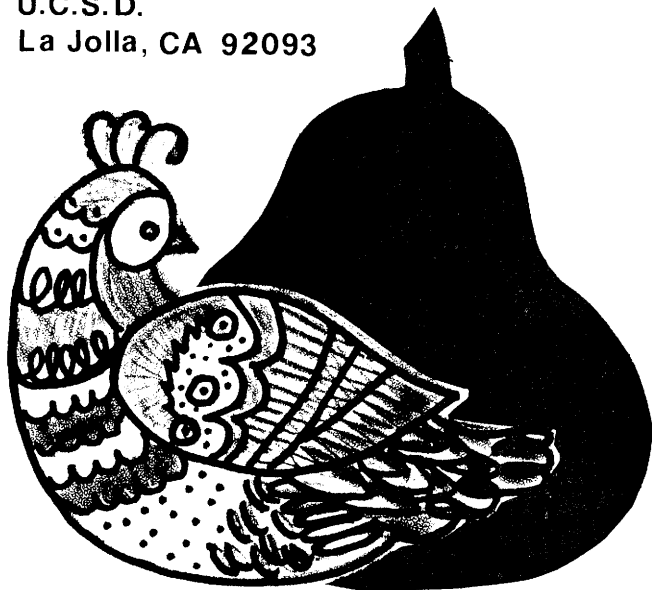


Published by OCEANIDS—UCSD Women. Membership and/or subscription: \$6.00 per year.

bear facts

U.C.S.D.

La Jolla, CA 92093

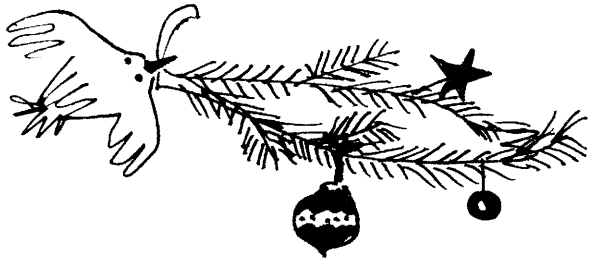


Non-Profit Org.
U.S. Postage
PAID
La Jolla CA
Permit No. 128

Betty Shor
2655 Ellentown Rd
La Jolla, CA 92037

Dated Material – Please deliver promptly.

Bear Facts Calendar



DECEMBER
1979

All interested Oceanids may attend any group at any time; please call chairman.

Anyone interested in forming new interest groups can do so by contacting:
Coordinator Maryruth Cox, 755-4007.

OCEANIDS BOARD

President Sally Kroll, 459-1322. Meets Thurs, Dec. 6, 9:30 AM at the home of Lou Bowles, La Gracia St., Rancho Santa Fe. Go north on I-5 to exit Via de la Valle, then east 5 miles, turn left on La Gracia.

BEAR FACTS

Editor Alice Kearns, 453-7244. Meets Thurs, Dec. 27, 10 AM at the home of Frieda Urey, 7890 Torrey Lane, L.J.

NEWCOMERS

All Newcomers are invited to the Oceanids Holiday Party, Thurs, Dec 20, at the University House. See article on front page. There will be no committee meeting in Dec. For further information call Alma Coles, 453-8813.



BOOK GROUP, DAY - Co-ch Nancy Rudolph, 453-8632; Nora Atlas, 453-6444. Meets Tues, Dec. 11, 9:30 AM, at the home of Lucy Stillwell, 205 Ocean View, Del Mar, 755-9676. The book is "The Lives of a Cell: Notes of a Biology-Watcher" by Lewis Thomas.

BOOK GROUP, EVENING - Ch Shu-lan Cheng, 481-8955. Meets Wed, Dec. 19, 8 PM, at the home of Elsa Weinstein, 3530 Chasewood Dr., SD, 569-0129. The book is "Metropolitan Life" by Fran Lebowitz.

BRIDGE, COUPLES EVENING - Ch Fran Tyler, 459-1488. Meets Fri, Dec. 28. If interested, please call Fran.

BRIDGE, DAY - Co-ch Isabel Wheeler, 459-7461; Dixie Whitaker, 453-2659. Meets Tues, Dec. 4, 10:30 AM, at the home of Clara Wall, 7605 Caminito Avola, LJ; and also Tues, Dec. 18, 10:30 AM, at the home of Betty Lee, 1461 Virginia Way, LJ. Bring a sack lunch.

CHAMBER MUSIC - Ch Doris Sossner, 459-8971. Call Doris for information.

CHILDREN'S TRIPS/PLAY GROUP - Ch Martha Catherwood, 578-3689. Meets Tues, Dec. 11, 11 AM at the Gil Johnson Recreation Center, 8575 New Salem, Mira Mesa. Bring a sack lunch.

COMMUNITY CONCERNS - This important and interesting group needs a chairman or co-chairmen. Please call interest group coordinator if you can help.

CREATIVE HANDICRAFTS - Meets Fri, Dec. 14, 9:30-11:30 AM, at the home of Claudia Lowenstein, 2652 Gobat Ave, Univ. City, 453-1069. See article in this issue

FOREIGN FOODS, COUPLES - Ch Danine Ezell, 274-2132. Meets Fri, Dec 14, at the home of Louise Rausa, 483-1368. The menu is French. Please call Louise before Dec. 4 if you wish to attend.

FRENCH CONVERSATION - Co-Ch Anne Lampert, 459-2536; Elaine Halperin, 459-5628. Meets Mon., Dec. 10, 10 AM at the home of Elaine Halperin, 2352 Torrey Pines Rd., Apt. 3, LJ. 459-5628.

GARDENING - Co-Ch Susan Addison, 459-6198; Sally Gilbert, 755-9287. Meets Tues, Dec. 18, 9:45 AM at Mission Bay information center, just off I-5 on Mission Bay. We will visit Jim Wright's palm garden and then go to Old Town nursery. Those who are interested can have lunch in Old Town. Please call Sally or Susan for reservations.



KITCHEN EQUIPMENT/BABY FURNITURE - Co-ch Liz Wills, 454-6858; Elsa Weinstein, 569-0129. Rents kitchen equipment, baby things to short-term visitors to UCSD. Donations welcome; desperate need for cribs and small appliances.

MADRIGAL SINGERS - Ch Connie Mullin, 454-6871. Meets every Mon. at 8 PM. Call Connie for information.

NEEDLERS - Ch Maxine White, 755-7399. There will be no meeting in December.

OPERA - Ch Rose Schweitzer, 459-7424. Call Rose for information.

PEOPLE TO PEOPLE - Ch Pat Kampmann. Meets Mon, Dec 3, 12 NOON, at the home of Maxine White, 13721 Mercado Dr., Del Mar, 755-7399.

PIANO DUETS - Co-ch Evelyn Lakoff, 296-1039; Rose Schweitzer, 459-7424. Please call Evelyn or Rose if interested.

POETRY GROUP - Call Elaine Halperin, 459-5628, or Kitty Ellickson, 454-4201 if interested.

POT LUCK SUPPERS - Next meeting will be in January. For information call Carol Schultz, 453-0458, or Mary McIlwain, 454-4857.

SPANISH CONVERSATION - PLEASE, we need a chairperson for our Spanish Conversation group, either a native speaker or someone who can speak Spanish reasonably well. Please call Estelle Shabetai at 459-3546 for help in organizing the meetings.

SPARE TIMERS - Ch Mary Hanger, 452-4386. We are planning to have dinner together at the Orange Tree on Fri, Dec. 7, to plan a January event and then inspect the new La Jolla Village shopping center, hopefully even finding Christmas gifts! Join us if you can. Call Mary for more information.

WINE-TASTING - Co-ch Betty Shore, 453-0334; Claudia Lowenstein, 453-1069. Meets Fri, Dec. 14, 8 PM at the home of Betty Shor. Call Betty or Claudia for information.



EXHIBITS, GALLERIES, MUSEUMS

Baker-Little Gallery - Original clown sculptures and florals, Dec. 1-31. Daily, 11 AM - 5 PM, 2513 San Diego Ave., Old Town. Free. 298-5608.

Cottage Gallery - Whimsical animal sketches and watercolors by Alice Rathbone, Dec. 3-Jan. 6, daily 10 AM - 4 PM, 2523 San Diego Ave., Old Town. Free. 296-1893.

Kesler Art Gallery - Antiques, jewelry, wrought iron and decorator plants, Dec. 1-31, Daily 10:30 AM - 5 PM. 2481 Congress St., Old Town. Free. 291-0119.

Knowles Art Center - "Journeys", a multi-artist theme exhibition, thru Jan. 9; 10 AM - 5 PM, Mon.-Sat., 1-5 PM Sun, 7420 Girard Ave., LJ. Free. 454-0106.

La Jolla Museum of Contemporary Art - "40 years - The Permanent Collection" thru Jan. 13, 10 AM - 5 PM, Tues.-Friday, 12:30-5 PM, Sat. & Sun., 700 Prospect St., LJ. Free. 454-3541.

Mingei International Museum of World Folk Art - "The Dentzel Carousel Tradition" five generations of an American Folk Art. Exhibition includes 50 wooden carousel animals, hand-carved, thru Jan. 27. Tues-Sat 11 AM-5:30 PM, Fri. until 9 PM, Sun. 2-5 PM. University Towne Centre, 4405 La Jolla Village Dr. SD, 453-5300. Free.

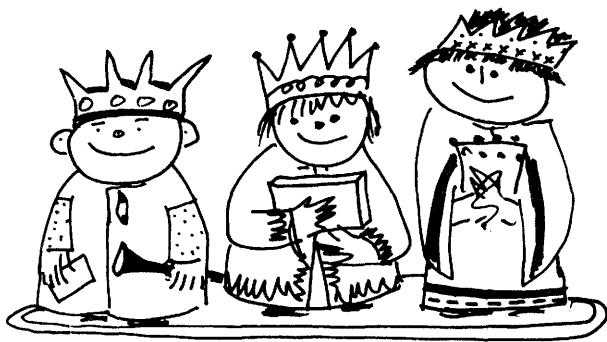
San Diego Art Institute - Susan Macnofsky's oils, watermedia and mixed media, Dec 4 - Jan 6, 10 AM - 4 PM, Tues - Sat, 12:30-4 PM, Sun, 915 Second Ave., SD, Free. 234-5946.

San Diego Museum of Man - Extensive basketry exhibit through April 1980. Main floor galleries, 1350 El Prado, Balboa Park, 239-2001.

T. Wayland Vaughan Aquarium/Museum, Scripps Institute of Oceanography, UCSD - Inuit (Canadian Eskimo) art from the Smithsonian Traveling Exhibition Service, includes 80 works of contemporary sculpture in bone, ivory & stone. 9 AM - 5 PM, daily, Scripps Institution of Oceanography, 8602 La Jolla Shores Dr., LJ. Free. 452-4086.

UCSD Art Gallery - "The Decorative Impulse" through Dec. 9. Mandeville Center, free, Sun-Fri 12-5 PM, Wed 7-9 PM, 452-2864.





DANCE, MUSIC

- Dec 1 Christmas Concert, La Jolla Civic/
2 University Chorus, 8 PM Sat., 3 PM
Sun, St. James Episcopal Church,
Silverado & Prospect, LJ. Adm.
452-3229.
- Dec 2 Lazar Berman, legendary Soviet
pianist, 8 PM, Civic Theatre,
202 "C" St, SD, Adm. 231-8995.
- Dec 2 Handel's "The Messiah" performed
by the San Diego State Chorus &
Orchestra, 3 & 8 PM, Peterson Gym.
SDSU. Adm. 265-6031.
- Dec 2 Beethoven Concert, presented by the
Jewish Comm. Center Orchestra & ERA,
8PM, Sun., Horace Mann Jr. High,
4345 - 54th St., Adm. 583-3300.
- Dec 3 La Jolla Mini Concert, 12 Noon,
12:30 PM, Children's program for
the holidays. Athenaeum Music &
Arts Library, 1008 Wall St., LJ.
- Dec 6 San Diego Master Chorale, featuring
9 Bach, Ramirez, Gabrieli, 7:30 PM
Thurs, 2:30 PM Sun, The Immaculata,
USD, Alcalá Park. Adm. 239-4662.
- Dec 7 "Looney Tunes Y Sundry Ditties"
new compositions & instruments,
8 PM, Fri, Mayan Hall, Southwestern
College, 900 Otay Lakes Rd., Chula
Vista. Free. 421-6700.
- Dec 8 "Messiah Sing-A-Long" with the La
Jolla Civic Chorus, 3 PM, Sat.,
St. James-by-the-Sea Episcopal
Church, 743 Prospect, LJ. Free.
452-3229.
- Dec 8 "Amahl and The Night Visitors" by
9 Gian-Carlo Menotti, featuring
Stephen Mullin as Amahl, 7 PM Sat,
6 PM, Sun, San Carlos United Methodist
Church, Cowles Mt. Rd. & Navajo, Free.
464-4331.
- Dec 9 Early Music Ensemble of San Diego,
8 PM, St. Peters Church, Del Mar,
donation, 755-1408.
- Dec 9 Fleetwood Mac in concert, 8 PM, Sun.,
SD Sports Arena, 3500 Sports Arena
Blvd. Adm. 224-4176.
- Dec 10 San Diego Mini Concert Comm. presents
members of the San Diego Ballet.
12 noon- 1 PM, free, Grand Salon,
Civic Theatre, 202 "C" St., SD, 459-7351.
- Dec 14 Los Angeles Chamber Orchestra, Gerard
Schwarz conducting, featuring pianist
Bella Davidovich, 8 PM, East County Perf.
Arts Cntr., 210 E. Main, El Cajon. Adm.
440-2277.

- Dec 14 "The Nutcracker" by California Ballet
17 Co., S.D. Civic Theatre. 8 PM, eves,
2:30 PM matinees. Adm. 560-5676.
- Dec 15 Early Music Ensemble of San Diego,
Founders Chapel, USD. 8 PM, donation,
755-1408.
- Dec 16 "The Beethoven Cycle": Concert series
of Beethoven's sonatas, 4 PM, Camino
Theatre, USD, Alcalá Park. Adm. 291-6480.
- Dec 21 "The Nutcracker" by California Ballet
22,23 Co., E. County Perform. Arts Cntr,
El Cajon, 8 PM eves, 2:30 PM matinees.
Adm. 560-5676.
- Dec 21 "Les Sylphides", "Marguerite" & "The
22,23 Nutcracker" performed by San Diego
Ballet Co., 8 PM eves, 2:30 PM matin.,
Civic Theatre, Adm., 239-4141.
- Dec 22 "Messiah Sing" with La Jolla Civic/
University Chorus, directed by David
Chase. St. James Church, LJ. free.

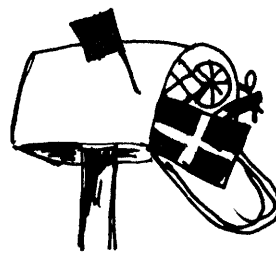


Christmas with Christmas!
Eric Christmas as Scrooge

THEATRE

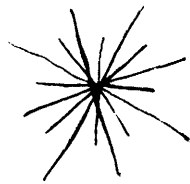
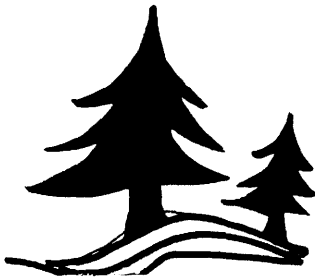
- Nov 29 San Diego Repertory Theatre presents
-Dec Charles Dickens "A Christmas Carol"
featuring Eric Christmas. 1620 - 6th
Ave., SD, 8 PM eves, 2:30 PM matinees.
Call 231-3585 for dates.
- thru "Ain't Misbehavin" starring original
Dec 8 New York Broadway cast, 2:30 PM and
8:30 PM Wed. & Sat, 2:30 PM and 7:30
PM Sun, Fox Theatre, 7th & B St.
Adm. 231-8995.
- thru "The Good Doctor", Old Globe production,
Dec 16 8 PM Tues-Sun, 2 PM Sun. matinee at
Calif. Theatre, 4th & C St., Adm.
239-2255.
- thru "The Star Spangled Dragon": A magical
Dec 23 trip to Chinatown, 8 PM Fri & Sat,
and 2 PM Sat & Sun, Coronado Playhouse,
1775 Strand Way, Coronado. Adm. 435-4504.
- thru "The Fantasticks"- musical production,
Jan 20 Fiesta Dinner Theatre, 1:15 PM Wed &
Sun, 7:30 PM Sun, 8:30PM Tues-Sat,
9665 Campo Rd, Spring Valley. Adm.
697-8977.
- Dec 6 "Celebrations: An African Odyssey",
-22 Marquis Public Theatre, 8 PM Thurs &
Sat, 3717 India St., Adm. 298-8111.
- Dec 7 "Amahl and The Night Visitors", 8 PM
-23 Fri & Sun, Marquis Public Theatre,
3717 India St. Adm. 298-8111.
- Dec 8, "A Christmas Fantasy", San Diego
15,22 Junior Theatre, 7:30 PM Sat., Organ
Pavilion, Balboa Park. free, 239-8355.

- Dec 10 "Music Man" Musical starring Dick
-23 Van Dyke, 8 :30PM, Tue-Sun., 2:30 PM
Sat-Sun., Fox Theatre, 7 & B St., SD,
Adm. 231-8995.
- Dec 19 "Babes in Toyland" North County Comm.
-29 Theatre, 2 PM Wed & Thurs, 8 PM Fri &
Sat, Vista High Little Theatre, Rm. C14,
400 E. Bobier, Vista. Adm. 724-3421.
- Dec 26 "4 Guys 4" Musical journey starring
-31 Billy Daniels, Gordon MacRae, Dick
Haymes, & Donald O'Connor, with
orchestra, 8:30 PM Wed-Sun, 2:30 PM
Wed & Sun, 7 & 10 PM Mon, Fox Theatre,
7 & B St, SD, Adm. 231-8995.
- Open "The Lyceum Follies" produced by Don
run Wortman. Special holiday additions.
Tues-Sun, times vary, The Lyceum Theatre,
314 F St., SD, 235-6535, adm.



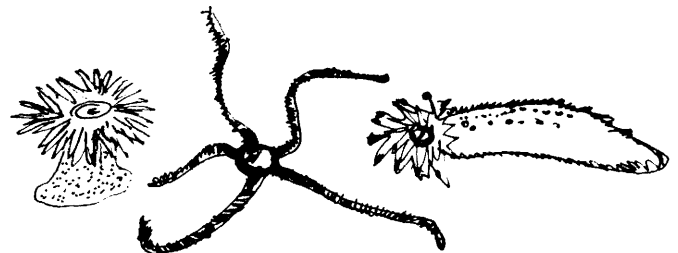
TOURS, TRIPS, WALKS

- Dec 5 All Souls' Christmas Home Tour, visit
selected homes with holiday themes,
10 AM - 4 PM, Wed., All Souls'
Episcopal Church, 1475 Catalina Blvd,
SD, Adm. 223-6394.
- Dec 15 "The Sea of Cortez - The Fourth Annual
-22 Natural History Field Study". Fee.
Call UCSD Extension for info., 452-3400.
- Dec 15 "Cultural Mosaic of Brazilian Arts,
-Jan 4 Crafts & Festivals": UCSD Ext. study
tour of Brazil. For further info. call
452-3400.



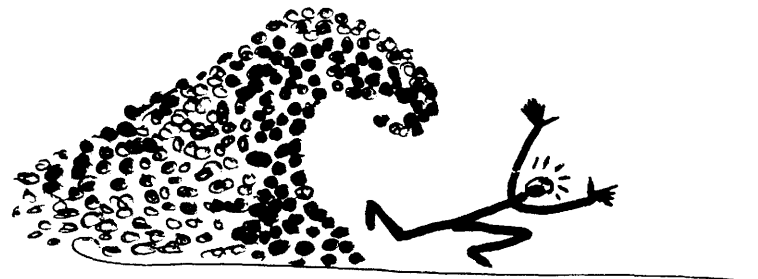
FILMS

- Dec 5 "The Star of Bethlehem" special
-28 Christmas planetarium show, 7:30 PM
Wed & Fri, Planetarium, Palomar Coll.,
1140 W. Mission Rd., San Marcos. Free.
744-1150.
- Dec 7 "Star of Bethlehem" and "Garden Isle",
-Jan 4 alternate with "Genesis" & "Phantom
Universe", Fleet Space Theater, Balboa
Park, Adm. Call 238-1168 for showtimes.
- Dec 12 "Black Orpheus" & "Bahia", Ken Cinema,
-13 4061 Adams Ave., SD, 283-5909.
- Dec 14 "An Evening with the Marschmans" Short
slide show including Hoskinnini Mesa,
Canyon de Chelly, & Havasupai Trail,
7 & 8:30 PM, Ben Polak Audit., 8053
Univ. Ave., La Mesa. Free. 582-7596.
- Dec 15 "Der Rosenkavalier" by Richard Strauss
with Elisabeth Schwarzkopf and the
Vienna Phil. Orchestra, Herbert Von
Karajan cond., color film of Salzburg
Festival Performance, 2 PM & 7:30 PM,
East Count. Perform. Arts Cntr.,
El Cajon. 442-2730, 469-4914. Adm.
- Dec 16 "It's a Wonderful Life" with James
-18 Stuart and "Lost Horizons" with Ronald
Colman, Ken Cinema, 4061 Adams Ave,
SD, 283-5909.
- Dec 19 "The Toy" and "Mad Adventures of Rabbi
-20 Jacob", Ken Cinema, 4061 Adams Ave.,
SD, 283-5909.
- Dec 25 "Jesus Christ Superstar" and "Brother
-27 Sun, Sister Moon", Ken Cinema, 4061
Adams Ave., SD, 283-5909.
- Dec 28 "Clockwork Orange", Ken Cinema,
-29 4061 Adams Ave., SD, 283-5909.



LECTURES

- Dec 1 "Eskimo Sculpture" lecture in conjunc-
tion with Smithsonian Inuit exhibit,
Vaughan Aquarium/Museum, SIO, 9-12 noon,
Sumner Auditorium, Scripps Institution
of Oceanography, 452-3400. Fee.
- Dec 5 "International Laws of the Sea" lecture
by William Nierenberg, Director, SIO,
sponsored by Scripps Associates, 7:30 PM
Sumner Auditorium, SIO. Free.
- Dec 7 "An Archaeological Survey of Coastal
Oaxaca, Mex." by Michele Fergoda,
sponsored by Archaeological Inst. of
America, SDG&E Audit., 2nd & Ash Sts.,
8 PM. 454-7647.

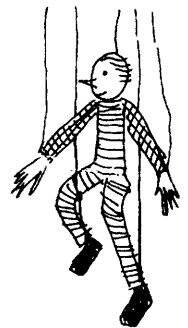
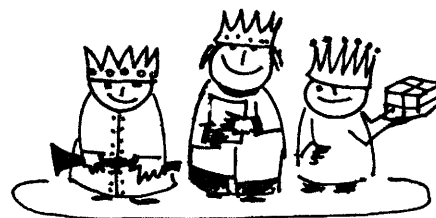




SPECIAL EVENTS

- Dec 1 "Christmastime '79", S.D. Floral Assoc. annual Christmas show, 11 AM - 4 PM, Sat-Mon, Marjorca Rm, Casa del Prado, Balboa Park. Free. 232-5762.
- Dec 1 "Christmas in Ensenada" Colorful public festival in Ensenada, food, music, pageants. Free. 295-7484.
- Dec 2 "Christmas in Flowerland Bazaar", Quail Botanical Gardens, 230 Quail Gardens Dr., Encinitas. 10 AM - 4 PM, Free. 463-3036.
- Dec 2 "Old Town Christmas Parade", 2 PM at San Diego Ave. & Ampudia thru Old Town, free viewing, 291-4903.
- Dec 2 Community Christmas Center, featuring Biblical scenes, "Reindeer in the Sky", Christmas Tree Lane, etc., daily, Balboa Park. Special organ concerts at 2 PM Sundays in the Organ Pavilion.
- Dec 2 Christmas at the Villa Montezuma, 1-4:30 PM, Tues-Fri & Sun, 1925 "K" St., Free. 239-2211.
- Dec 2 "Once Upon a Christmas Eve" special holiday production by San Diego's puppet lady Marie Hitchcock; 1, 2, & 3 PM Sun., Puppet Theatre, Balboa Park. Adm. 466-7128.
- Dec 7 Christmas on the Prado, features music, carolers, acting, displays, 5-9 PM Fri, 12-9 PM Sat, 239-2001.
- Dec 8 Oceanside Children's Christmas Parade, 10 AM, Hill St. in Oceanside. 439-7161.
- Dec 8 All-Breed Championship Cat Show, 10 AM - 6 PM, Scottish Rite Memorial Cntr, 1895 Camino del Rio So., Mission Valley, Adm. 454-5053.
- Dec 8 Escondido Christmas Parade, 10 AM, Broadway St, Escondido, 745-4741.
- Dec 8 Green Thumb Show at the Wild Animal Park, sponsored by SD Camellia Society, Nairobi Village, 9 AM - 4 PM, Adm.Park.
- Dec 8 "Christian Radich" open house - Norwegian sailing ship built in 1937, 10:30 AM - 3:30 PM, Sat-Sun, Broadway Pier. Free. 291-6330.
- Dec 9 Our Lady of Guadalupe - Mexican fiesta, 11:30 AM-6 PM, Guadalupe Center in Pauma Valley, off Hgwy 76. Free. 742-3317

- Dec 9 Lucia Fest - Swedish Christmas celebration featuring Santa Lucia, songs and folkdancing, 2 PM at 2515 San Diego Ave, and 3 PM at 2707 Congress St., Old Town. Free. 299-3793.
- Dec 9 Fall Flower Tour, tour of Encinitas' major flower growing facilities, departs 9 AM & 1 PM, Moonlight State Beach, Encinitas. Adm. 753-6041.
- Dec 9- Jan 13 "The Art of the Muppets" special exhibition, San Diego Museum of Art, Balboa Park. Call for holiday hours, 232-4497, Museum entrance fee.
- Dec 12 Old Town's Las Posadas, re-enactment of Mary & Joseph's search for shelter, starts from Old Town Plaza at 7 PM, procession sings carols as it goes throughout Old Town. Free. 291-4903.
- Dec 14 "Holiday Flower Arrangements" - demonstration, La Jolla Woman's Club, 715 Silverado, L.J. Adm. 459-5420.
- Dec 15 Mission Bay Christmas Boat Parade of Lights - departs at 7 PM from Quivira Basin and follows shoreline of Mission Bay, climaxes at 9 PM. Free viewing.
- Dec 15 Santa in the Children's Zoo, 10 AM - noon, 12:30-4 PM, Zoo entr. fee.
- Dec 16 San Diego Holiday Boat Parade of Lights, parade in San Diego Harbor, departs 6PM from the Star of India, goes past Harbor & Shelter Is. Free viewing.
- Dec 21 Holiday Bowl - collegiate football bowl game, 6 PM, San Diego Stadium, 9449 Friars Rd., Adm. 283-5800.
- Dec 22 Christmas Puppet Show by Marie Hitchcock, 10:30 AM, Children's Room, SD Public Library, 820 "E" St, free, 236-5838.
- Dec 22 Snow World at Sea World - winter wonderland at Sea World, 9 AM - dusk, Sea World, Mission Bay. Adm. entrance fee.
- Dec 23 Las Posadas - colorful Mexican Yuletide ceremony portrayed by children, 2 PM, Mission San Luis Rey, Hgwy 76, Free.
- Jan 1 New Year's Day Handicap - Yacht regatta for sailboats, 12 noon, San Diego Harbor (near Reuben E. Lee). Free viewing.





About the Lecture Series and the UCSD Medical Center Auxiliary

The health education lecture series was originated by the UCSD Medical Center Auxiliary in 1970 as an attempt to share the expertise of nationally-known faculty members at University Hospital and the UCSD School of Medicine with the community. The lectures were envisioned wholly as public service events, with no fund raising aspects, and have remained that way through the years.

The Auxiliary invites over 20 San Diego community organizations to participate on an advisory committee that assists in planning the lectures. Representatives from these groups attend meetings held by the Auxiliary lecture chairman throughout the summer and select topics for the coming year from some 200 suggestions. Speakers are then matched to the committee-voted topics.

The UCSD Medical Center Auxiliary was founded in 1968 to serve University Hospital and its clinics. As reflected by the Auxiliary name, this now includes the entire University of California Medical Center complex in the Hillcrest area, of which University Hospital is the cornerstone.

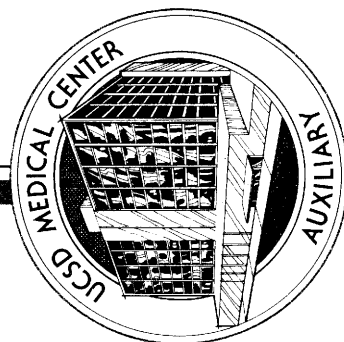
Membership in the Auxiliary and its units is open to all interested persons.

Your Family's Health

MEDICAL UPDATE '80

UCSD MEDICAL CENTER AUXILIARY

1980 EDUCATIONAL LECTURE SERIES



UCSD Medical Center
Auxiliary

1980

Health Education Lecture Series

DATES

1

JANUARY 18

2

FEBRUARY 22

3

MARCH 7

WHERE

SCOTTISH RITE
MEMORIAL CENTER

1895 CAMINO DEL

RIO SOUTH

SAN DIEGO,

CALIFORNIA

INFORMATION

UNIVERSITY HOSPITAL
VOLUNTEER SERVICE

294-6372



Ninth Annual educational and community service project sponsored by the UCSD Medical Center AUXILIARY

. . . in conjunction with

Angel's LARC—Angel's Unaware Center for the Retarded • AURA—Auxiliary of San Diego County Epilepsy Society • Belles for Mental Health • Brandeis University—National Women's Committee • California Federation of Women's Clubs • San Diego District Juniors • Mira Mesa Juniors • California State Association, Colored Women's Clubs • Child Abuse Coordinating Council of San Diego • Health Systems Agency of San Diego & Imperial Counties • KIN—La Jolla Chapter of the Kidney Foundation of Southern California • League of Women Voters • National Council of Jewish Women, San Diego Section • Naval Officers' Wives • Navy Wives Club of America #96 • Ninth District PTA • ORT-Pacific Shores Chapter • Planned Parenthood of San Diego • Retinitis Pigmentosa Foundation • San Diego Bar Association Auxiliary • San Diego Black Nurses Association • San Diego Council of Community Clinics • San Diego-Imperial County Council of Hospital Auxiliaries • San Diego County Medical Society Auxiliary • San Diego County Dental Auxiliary

LECTURE

**JANUARY 18, 1980
FRIDAY 9 AM-2 PM**

8:30 REGISTRATION

**OPENING REMARKS . . .
EMERGENCY AIR SERVICE**

William Baxi, M.D., Assistant Clinical
Professor of Medicine, UCSD School
of Medicine

**PRENATAL DANGERS:
ABUSING THE UNBORN**

Kenneth Lyon Jones, M.D.,
Assistant Professor of Pediatrics,
Director of Birth Defects Clinic,
UCSD School of Medicine

**STRESS: ITS DEFINITION WITH
PAST, PRESENT AND
PROJECTED VIEWS OF IMPACT**

Harold W. Ward, M.D., Assistant
Professor of Psychiatry, UCSD
School of Medicine

EXHIBITS AND LUNCH

**THE AGED: HOW TO MAKE THE
GOLDEN YEARS GOLDEN**

Marc A. Schuckit, M.D., Professor of
Psychiatry in Residence, UCSD
School of Medicine

One day cost \$6.00

LECTURE

**FEBRUARY 22, 1980
FRIDAY 9 AM-12:30 PM
MINIMUM DAY**

8:30 REGISTRATION

INTRODUCTIONS

**CHILD ABUSE: POSITIVE
APPROACHES TO AN
EPIDEMIC**

Frank A. Kastelic, D.S.W., Assistant
Director, Social Work Department,
UCSD Medical Center

**CARDIAC REHABILITATION:
MAKING RESEARCH WORK**

Victor Froelicher, M.D., Assistant
Professor of Medicine, and Director,
Cardiac Rehabilitation, UCSD School
of Medicine

BREAK & SNACK

**HUMAN EXPERIMENTATION:
WHO? HOW? WHY?**

Alan Hofmann, M.D., Professor
of Medicine and Co-director,
Clinical Research Center,
UCSD School of Medicine

**One day cost \$4.00
Series of 3 \$15.00**

LECTURE

MARCH 7, 1980
FRIDAY 9 AM-2 PM

8:30 REGISTRATION

OPENING REMARKS . . .
NURSE MIDWIVES ARE HERE

William H. Swartz, M.D., Assistant
Adjunct Professor of Reproductive
Medicine, UCSD School of Medicine

ADOLESCENT MEDICINE:
A NEW SPECIALTY
ATTACKS OLD PROBLEMS

Marianne Felice, M.D., Assistant
Professor of Pediatrics, and
Director, Adolescent Medicine,
UCSD School of Medicine

DENTAL HEALTH: IT'S MORE
THAN CAVITIES AND BRACES!

John Carter, D.D.S., Assistant
Clinical Professor of Surgery,
and Director of Dentistry,
UCSD Medical Center

EXHIBITS AND LUNCH

CANCER: TREATING
THE WHOLE PATIENT

Iuba Mendelsohn, M.D.,
Associate Professor of Medicine,
and Director, Cancer Center,
UCSD School of Medicine

One day cost \$6.00

DETACH AND MAIL TODAY

UCSD MEDICAL CENTER AUXILIARY 1980 EDUCATIONAL LECTURE SERIES

NAME _____ PHONE _____

ADDRESS _____ CITY _____ ZIP _____

GUEST'S NAME _____ ADDRESS _____

GUEST'S NAME _____ ADDRESS _____

GUEST'S NAME _____ ADDRESS _____

NO. OF REGISTRANTS _____

Series of 3 \$15.00 including lunch

\$6.00 January 18, 1980 No. Attending _____
\$4.00 February 22, 1980 No. Attending _____
\$6.00 March 7, 1980 No. Attending _____

RESERVE
BY TUESDAY
PRECEDING
LECTURE

YOUR CHECK IS YOUR RESERVATION

MAKE CHECKS PAYABLE TO
UCSD MEDICAL CENTER AUXILIARY
225 W. DICKINSON ST.
SAN DIEGO, CA 92103

AMOUNT ENCLOSED \$ _____

Please Pick Up Ticket at Door.

Bear Facts

Month: December

Year: 1979



Copyright: UC Regents

Use: This work is available from the UC San Diego Library. This digital copy of the work is intended to support research, teaching, and private study.

Constraints: This work is protected by the U.S. Copyright Law (Title 17, U.S.C.). Use of this work beyond that allowed by "fair use" requires written permission of the UC Regents. Permission may be obtained from the UC San Diego Library department having custody of the work. Responsibility for obtaining permissions and any use and distribution of this work rests exclusively with the user and not the UC San Diego Library.