



Features

Caffeine is something that many college students turn to in order to stay alert and awake.
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Opinion

Writers debate on which is the worse of two vices: smoking or drinking?
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Sports

Women's soccer makes Central Oklahoma their plaything with a 6-2 win.
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T H E U C S D GUARDIAN

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Worldwide

Bosnian Election Returns Point to Little Change, Analysts Say

SARAJEVO, Bosnia-Herzegovina — Five years after the Dayton peace accords ended the war in Bosnia, its neighbors have turned decisively toward democracy. But Bosnia has failed to make the leap, says Wolfgang Petritsch, the Austrian diplomat who effectively runs this deeply scarred Balkan land for the foreigners who bankroll it.

As returns from the Nov. 11 elections filter in, officials are struggling to predict what they

See BOSNIA, Page 8

National

Clinton to Issue New Rules on Privacy Of Medical Data

WASHINGTON — The Clinton administration will soon issue sweeping new rules to protect the privacy of medical records. But under pressure from the health care industry, officials say, they are backing off a proposal to give patients a broad new right to sue and recover damages for the improper disclosure of confidential information.

Chris Jennings, the health policy coordinator at the White House, said President Clinton

See PRIVACY, Page 8

Collegiate

UCLA Students Demand Repeal of SP-1 and SP-2, Protest at Board Meeting

LOS ANGELES — Lifting the ban on affirmative action may not have been on the University of California Board of Regents' agenda Thursday, but students demanded they address the issue nevertheless.

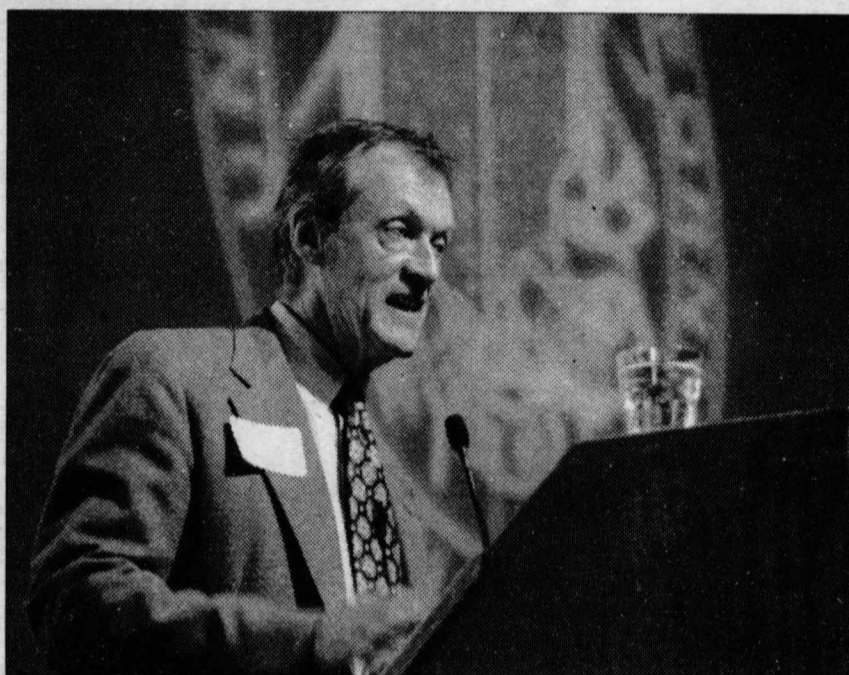
More than 100 students started in Royce Quad and marched to the Regents meeting in Covel Commons to demand the repeal of SP-1 and SP-2, policies the board set in 1995 prohibiting the use of race and gender in UC admissions and hiring.

See COLLEGIATE, Page 9

Spoken

"Latin culture is colorful and it's alive."

— **Francesca Cabrillo**
UCSD Senior
See story at right



David Pilz/Guardian

Tribute: Chancellor Robert Dynes addresses a crowd that included Herbert York, UCSD's first chancellor, and more than 100 other attendees that gathered in the Price Center Ballroom to celebrate the 40th anniversary of the campus.

Dynes Recognizes Volunteers

UCSD's 40th anniversary ceremony commemorates decades of campus outreach and community involvement

By **JESSICA KRUSKAMP**
Staff Writer

A reception in the Price Center Ballroom Thursday recognized faculty, students and staff involved in community service as part of a year-long program to acknowledge UCSD's 40th anniversary.

The ceremony commemorated the Board of Regents' decision to establish a campus on the former San Diego army base on Nov. 18, 1960. On display was a 40-year timeline, memory boards dedicated to each decade and a video presentation of UCSD in the 1960s.

Chancellor Robert Dynes began the ceremony at 3 p.m. by welcoming 130 guests. Among the attendees were Herbert York, UCSD's first chancellor and current diversity

council chairman, as well as Hugo Fisher, a former senator and co-author of the Master Plan for Higher Education, who was also responsible for securing governmental funds for the creation of UCSD.

Dynes commented that although it is a relatively young university, UCSD has done well in establishing itself as a fine institution. The 2000 *U.S. News and World Report* ranked UCSD seventh nationally among public universities. The Irwin and Joan Jacobs School of Engineering was ranked ninth among schools of its type.

The 40-year observance's theme, "Giving Back to the Community," was inspired by all who volunteer, according to Dynes.

See ANNIVERSARY, Page 2

Co-Op Refuses To Sell Cigarettes In Smokeout Day

Nationally-recognized day prompts campus store to act

By **PARISA BAHARIAN**

Senior Staff Writer

The Student Co-op General Store joined the nation in recognizing the Great American SmokeOut by not selling any tobacco products last Thursday.

The Great American SmokeOut is a day when many stores do not sell cigarettes and numerous programs occur, aimed at educating smokers about the dangers of smoking and the benefits of quitting.

Roosevelt alumnus and member of the General Store, George Gonzalez, said the members of the co-op wanted to recognize National Great American SmokeOut to show their support for those quitting.

"It is to show we do support nonsmoking programs, and at the same time that we support a smoker's right to smoke," Gonzalez said. "This was a way we could do both."

Currently, the General Store is the only store on campus where students can purchase cigarettes. According to Gonzalez, the store sells anywhere from 50 to 90 packs of cigarettes per day.

He also said that for the most part, people were understanding as to why the General Store would not allow cigarettes to be purchased on that day.

The fact that it was not selling cigarettes did not deter many smokers from smoking.

Warren sophomore David Lee laughed when he learned he could not buy cigarettes at the General Store.

"Oh, my God, this is just wrong," Lee said, shaking his head in disbelief.

Lee said he would now have to go off campus to get cigarettes.

One customer yelled at the cashier when he was told he could not buy cigarettes.

"Are you going to tell me when to smoke?"

See SMOKE, Page 3

Festival Celebrates Latin Culture

Singers and dancers help create awareness at UCSD

By **PATRICK LEE**

Contributing News Writer

UCSD's first LatinFest commenced at 11 a.m. Friday in the Price Center Plaza.

The festival was a free, all-ages event that welcomed both students and nonstudents.

The event began with a daytime festival in the Price Center Plaza, featuring cultural entertainment and information. The Latin Fest shared a time slot with the university's 40th birthday celebration, and provided musical accompaniment for the cutting of UCSD's giant birthday cakes.

The entertainment was comprised of Latin musicians and dance groups, including Salsa y Fuego, one of San Diego's professional dance companies.

"They were awesome," said Revelle freshman Gina Tesconi. "I'd love to see them again."

The festival ran until 4 p.m. The LatinFest went on hiatus before opening again in the Price Center Ballroom with a concert and dance, fea-

turing more Latin DJs and musicians.

The festival featured musicians and performers of varying Latin backgrounds, and their performances ranged from hip-hop to harpists.

Michaela Izaguirre, a Marshall junior, spoke highly of the day.

"The idea behind today's event, I think, was to offer aspects of Latin culture to be soaked up by the UCSD community," she said. "What better way to share one's culture than to come out and celebrate it with an audience?"

The LatinFest will be back next year with more entertainment and the same community focus. Organizers of the event and audience members alike said they recommend that anyone interested should attend.

Francesca Cabrillo, a senior who enjoyed a piece of UCSD's birthday cake during the Latin celebration, spoke out for the event.

"Latin culture is colorful, and it's alive," Cabrillo said. "It's fun to learn about and this event is good proof of that fact."



David Pilz/Guardian

Festival: A Latin musician plays the harp for UCSD students in the Price Center Plaza.

Anniversary:

UCSD was originally named "UC La Jolla"

Continued from page 1

"Each of you that works in the community has given UCSD a face, because you represent us as you display your care," Dynes said.

Senior Vice Chancellor Marsha Chandler spoke about the Extended Studies for Outreach Program, founded in the 1960s as a way for volunteers to offer support in the community.

"We can all take enormous pride as we look at the range and depth of the programs that we have here at UCSD," Chandler said.

Clark Kerr, then-president of the University of California, said at UCSD's 25th anniversary that "the advance of [UCSD] to a peak position among the 3,200 institutions of higher education in the United States is one of the few academic marvels in all history."

According to Fisher, UCSD was officially named in 1960 when he was asked his opinion at a town meeting.

According to Fisher, UCSD "went on to become one of the greatest universities in the nation."

"I am proud of what it has become, and it is a wonderful idea to put the 40th anniversary together with the community service aspect of the college," he said.

The program, represented by the motto "Celebrating 40 Years of Education, Service and Discovery," will encompass over 300 activities and 40 events beginning Nov. 21.

UCSD TV will televise two half-hour video segments about UCSD's 40 years. The first will detail the past, and the second will include an interview with Dynes about the future.

"We care about the well-being of this community because we are a part of it," Dynes said. "The only way that that happens is the time you take to make it happen."

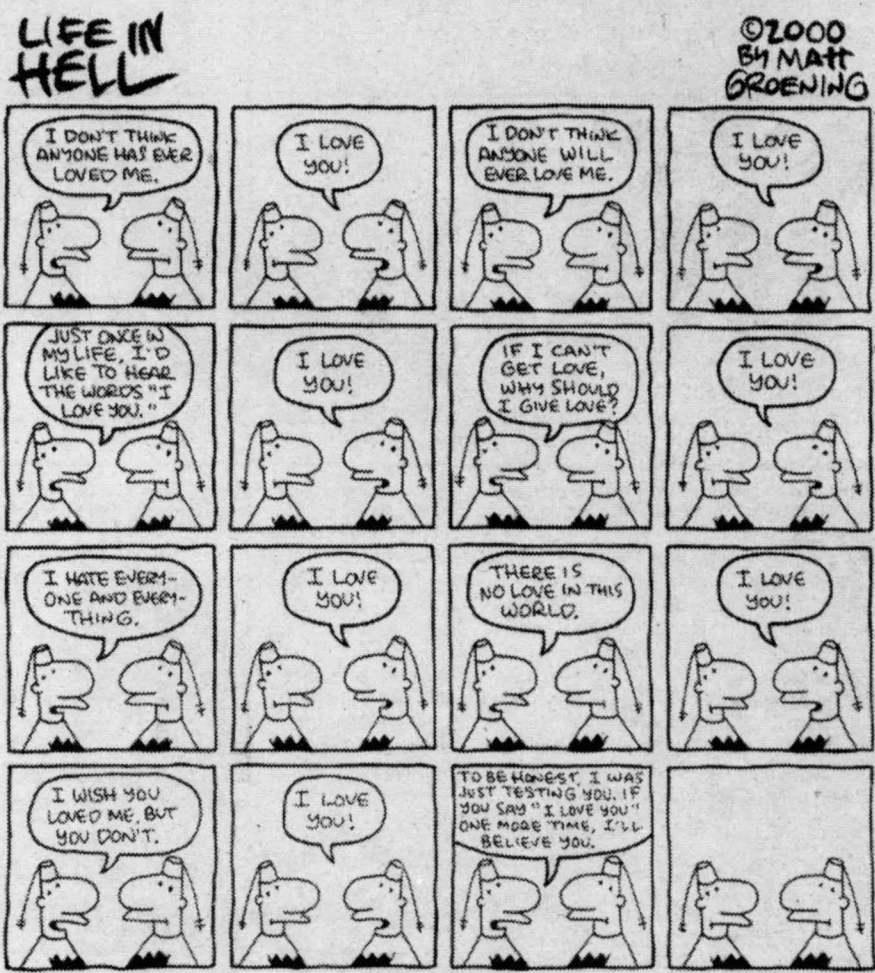
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ETCETERA



BRIEFLY UCSD and Children's Hospital to Unite

The UC Regents have endorsed an agreement to integrate a children's health program at Children's Hospital to create a world-class center for pediatric care, research and teaching in the final stage of discussions between physicians and administrators from UCSD and Children's Hospital.

Combining UCSD's pediatric services with those of Children's Hospital would enhance the reputes of both parties and would allow both institutions to continue attracting the best pediatricians and pediatric researchers. It would also allow extended community-based programming and outreach.

The agreement is an extension of collaborations which are already taking place between the two institutions. Both have successfully established numerous joint patient care, teaching and research programs.

Plans for the integration include provisions to establish new research facilities at the Children's Hospital site in addition to continuing and extending collaboration among researchers and clinicians developing improved diagnostic and treatment approaches to childhood disease.

Regents Approve Plan to Admit More Graduate Students

The University of California approved a budget last Thursday that focuses on expanding UC's contributions to the California economy, improving student access to a UC education and preserving high quality teaching, research and public service.

UC's state-funded operating budget would rise 7.7 percent to 3.45 billion under the budget plan. The university's total budget, which reflects funds from all sources, including federal funds for the three national laboratories managed by UC, would be approximately \$15.7 billion. Excluding the labs, the total budget would be approximately \$12.5 billion.

The university's state budget request is built on a "partnership agreement" reached this year with Gov. Gray Davis. The partnership provides for predictable annual increases in state General Fund support for UC, along with the university's commitment to meeting accountability goals in specific areas of performance, which the university is currently meeting or exceeding.

http://www.ucsdguardian.org

Regents Make Decision to Admit More Graduate Students

In an effort to maintain California's economic growth and the university's role in the state's economy, the University of California announced Thursday that it would meet the state's future workforce needs by enrolling an additional 11,000 graduate students to the UC system in the next ten years.

The University of California will employ several tactics to facilitate its goal to spread the extra graduate students across its ten campuses. These include increased funding dedicated to research assistantships as research grants and contracts grow, including state-funded research initiatives proposed in the 2001-02 budget; more funding for teaching assistantships as undergraduate enrollments grow; increased fee waivers for research assistants and teaching assistants, consistent with the university's contract with the union representing UC teaching assistants; and examination by UC of other opportunities to augment graduate student financial support from other university fund sources, such as student fees and private gifts.

UC Regents Act to Improve Employee Salaries, Benefits

The UC Board of Regents approved a budget Thursday that would significantly improve wages and benefits for UC employees by increasing salaries that are not keeping up with the marketplace and by expanding UC's child care program.

The UC Regents also announced the approval of a program that would expand eligibility for UC retirement benefits to "casual" employees.

This is the second year that the Regents have made actions in an effort to attract and retain qualified and talented personnel.

Among the specific improvements to help institute the changes are an average 2 percent employee salary increase, merit increases for eligible employees and a 1 percent parity increase to keep faculty salaries market-competitive.

The University of California is also proposing a plan that would grant "casual" employees career status after reaching the 1,000-hour threshold at which they would also be able to accumulate retirement benefits in accordance with the new budget.

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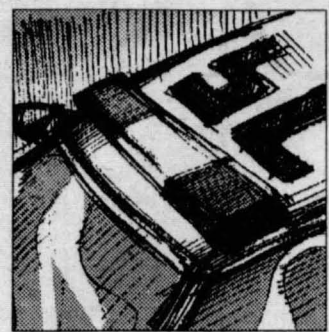
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LIGHTS & SIRENS

Lights & Sirens is a selection of entries compiled from the log book of the UCSD Police Department. UCSD crime statistics can be attained by all persons from the Police Department or at http://police.ucsd.edu



Monday, Nov. 13
11:30 a.m.: A 40-year-old male nonaffiliate complained of breathing difficulties at the Shiley Eye Care Center. Transported to Thornton Hospital by paramedics.

Tuesday, Nov. 14
9:58 a.m.: A student reported the theft of a wallet from Tenaya Hall. Loss: \$20.

12:31 p.m.: A staff member reported the theft of a cell phone from a vehicle on Regents Road. Loss: \$240.

12:52 p.m.: A staff member reported attempted burglary of a white '97 Dodge truck in Lot 604.

3:37 p.m.: A staff member reported the theft of audio-visual equipment from University Center 111A. Loss: \$5,500.

6:30 p.m.: Officers arrested a 24-year-old male student at Geisel Library for petty theft. Cited and released.

Wednesday, Nov. 15
12:50 a.m.: A staff member reported vandalism to the Gilman Parking Structure. Loss: \$1,800.
1:05 p.m.: A student reported the theft of a cellular phone from

Galbraith Hall. Loss: \$300.
3:00 p.m.: A staff member reported the theft of a print from Mandeville Center. Loss: \$90.

4:35 p.m.: A staff member reported the theft of keys. No monetary loss.

4:21 p.m.: A staff member reported the theft of cash from Mandeville Center. Loss: \$425.

6:42 p.m.: An 18-year-old female student fainted at York Hall. Transported to Thornton Hospital by paramedics.

7:13 p.m.: An 18-year-old female student fainted at Earl's Place. Transported to Thornton Hospital by paramedics.

Thursday, Nov. 16
11:17 a.m.: A 78-year-old male nonaffiliate suffered facial injuries after falling near the Crafts Center. Transported to Scripps Memorial Hospital by paramedics.

11:54 a.m.: A staff member reported the theft of aquatic life from the Birch Aquarium. Loss: \$35.

2:40 p.m.: A student reported the theft of a silver and chrome B21 mountain bike from the Meteor Hall bike racks. Loss: \$600.

3:02 p.m.: A student reported the theft of a mobile phone from the Muir quad. Loss: \$220.

3:15 p.m.: A student reported vandalism to a black '94 Toyota Camry in Lot 510. Loss: \$500.

4:15 p.m.: A student reported the theft of a black Fisher B24 mountain bike from the Argo Hall bike racks. Loss: \$350.

Friday, Nov. 17
10:47 a.m.: Units and the San Diego Fire Department responded to a report of smoke at the Warren Literature Building. Caused by burnt plastic in a microwave.

4:07 p.m.: Officers arrested a 59-year-old male nonaffiliate at 3100 La Jolla Village Drive for a misdemeanor warrant for failure to appear. Total bail: \$374.

Saturday, Nov. 18
3:16 a.m.: Officers detained a 20-year-old male affiliate from Pepper Canyon for being drunk in public. Transported to detox.

— Compiled by Lauren I. Coartney, News Editor

Smoke:

General Store is only place on campus selling cigarettes

Continued from page 1

the unidentified man yelled as he stormed out. Revell freshman Allie Umoff, who quit smoking a year ago, was stunned that the one day she craved a cigarette, she couldn't buy any.

"I had a dream about smoking a cigarette last night. And the only day I want to smoke, I can't?" Umoff said. "Maybe this is a sign or something."

Umoff said that she stopped smoking a year ago when it began to interfere with playing water polo to the best of her potential.

Marshal senior Brian Wheeler, a member of the General Store, said that he supports the Great American SmokeOut because those who want to quit should have the opportunity and support.

"It's nice to have a day recognizing the dangers of smoking. Those who want to quit should have opportunity to quit if they

want to," Wheeler said. "But this day shouldn't pit people against smokers."

Revelle junior John Mckenzie said that while he hopes the day saved lives, he did have doubts about it.

"I hope a few lives were saved today. But it's pretty harsh to tell people what they can and cannot do," Mckenzie said. "People have their rights."

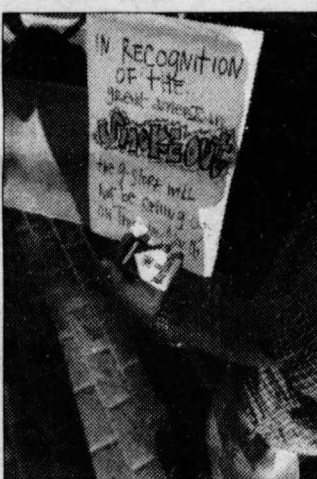
Personnel from the Student Health Center manned an informational table on Library Walk to promote the benefits of quitting smoking.

The Student Health Center sponsored a program to encourage students to turn in their cigarette butts for prizes. A Tobacco Jeopardy game was also played and more prizes were given out.

Debbie Pino Saballett, outreach coordinator from the Student Health Center, emphasized the benefits of quitting smoking for even the day.

"Quitting smoking for the day can make an impact on a student's general health almost immediately," Saballett said.

She said that within the first 8



Tyler Huff/Guardian
Recognition: A sign notifies customers of the General Store's decision to halt cigarette sales during the SmokeOut.

hours, carbon monoxide level in the blood drops to normal and oxygen level in blood increases. Within 24 hours, the chance of heart attack decreases. The benefits of quitting smoking increase dramatically within 48 hours to 72 hours.

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OPINION

THE LESSER OF TWO EVILS

Drinkers and drinking in general are more annoying than cigarettes

Cigarettes' clouds of smoke prove to be too aggravating

By ALEX J. LEE
Senior Staff Writer

It's time for me to set the record straight. With any luck, the age-old debate will finally be put to rest. I've said it before, and I'll say it again: Drinkers are more annoying than smokers.

To understand why I feel the way I do is to understand that while growing up, I have known many drinkers. Whether they have been close friends, or even family members who would get a little tipsy now and then, drinkers have been a staple of my life. In fact, I recall a picture of myself as a toddler proudly holding a Bud in my tiny hands.

I have also shared the company of plenty of smokers, most notably my father, who could not shake the habit until my family finally made him quit after nearly 20 years. Being Korean, it's a wonder I did not pick up smoking the minute I hit puberty. Alas, I can't say the same for some of my peers, many of whom light up as often as they eat a meal.

Needless to say, I've had my share of alcohol and cigarettes. Easy access is truly an understatement when it comes to finding the stuff on campus. While no clear-cut distinction exists between drinkers and smokers — and indeed many people do both — a smoker is still more tolerable than a drinker.

No doubt, students are shaking their heads right now, either in disbelief or disgust. They are probably wondering how I could conclude that drinkers are the worse of the two groups. Before I continue my little diatribe, however, I must admit that even smokers can be a tad annoying in their own right.

Understand that it's all a matter of preference. With smokers, all someone really has to deal with is the stench. Then again, if you are like me and the smell of smoke doesn't send you sprinting in the other direction, smoking really isn't all that annoying. Aside from all the havoc second-hand smoke wreaks on a person's body, the annoyance level of a smoker continues to be significantly lower than that of a drinker. Honestly, some people actually like the smell, and understandably so. For many, it's a very soothing smell, not unlike the rich aroma of a wood-burning fire.

Smokers tend to be a mellow bunch. Much like their pot-smoking cousins, they choose to chat openly about their problems and ponder deep, philosophical questions. In other words, a smoker usually still has his mind intact. Even though they may still be "escaping" their problems with each puff, they are still

See DRINKING, Page 6

By RYAN DARBY
Contributing Opinion Writer

Anyone remember the anti-cigarette advertisement from a few years ago warning that kissing a chain smoker is like licking an ashtray? Well, that is not quite accurate. It is more like kissing the exhaust pipe of a bus, or so I hear.

You do not need to spend intimate time with the rear end of a big, fat monster thundering down Genesee (and yes, I'm talking about the bus) to understand what I mean. Whether it is while standing in a crowded line, wading through Ridge Walk at noon or eating outside at the Price Center, we have all had to gag on someone's smoke.

Come on guys, I know you think it's really cool and all, but can't you at least sneak off to some nice, isolated little nook in the middle of nowhere for the sake of the 99.9 percent of us who disagree with you?

My all-time favorite anti-smoking sentiment was during an '80s wrestling telecast when "Rowdy" Roddy Piper politely asked a gentleman to put out his cigarette and his request was promptly answered with a puff of smoke in his face. Well, Piper decided to put it out for him by spraying him with a fire extinguisher.

Now, even though I said that was one of the funniest things I have ever seen, don't think I am encouraging such rash behavior; it is pretty harsh to spray someone with a fire extinguisher. That is why I recommend using a garden hose instead.

Tobacco is not the only thing smoked around here. Let's not forget the cigarette's wayward cousin, the joint. With its distinct odor, marijuana smells less like burning tar and more like a hot night in Texas after good ol' George W. Bush redirects half the state's electric current to Old Sparky.

It is the rather interesting opinion of some that it is "better" to smoke a joint than to drink alcohol. "Yeah bro, when I get high I'm not, like, violent. I'm like, totally mellow, man, mellow. And I'm not, like, violent, or anything, yeah, mellow, bro ... like, uh ... hey, what was the question again, bro?"

The scary thing is that that is a real quote. Though I find massacring one's brain cells highly commendable, this goes to show why it is not "better" to smoke. Alcohol brings about your true self. The violence that characterizes a "mean drunk" is something that person always carries deep inside but does not reveal. Marijuana, on the other hand, brings about a new persona entirely. What is worse is that these

See SMOKING, Page 6



by Frostenson/Guardian

A Mockery of America's Status

Because of the confusion surrounding the presidential elections, the world mocks the United States' politics



Arnel Said

ARNEL GUIANG

Even though most Americans and students are reluctant about voting, I'm glad I voted. I am especially content that I voted this time because I feel like I made a difference in the state of our powerful union.

For all of you who did not vote, I hope you feel that next time you really should do it. You can make a significant difference. Voting is the way we do things. The process of voting has discrepancies, but it is highly reliable in determining the will of the people. Voting is one of the only privileges a simple citizen has. We should be exercising that privilege at all times.

The important issue at hand here is the presidency of the United States. I voted for the next commander in chief of the United States armed forces. I give a lot of respect to the office of the president. I consider the United States to be a modern Roman Empire. Voting for the next president is like voting for the next Caesar.

For example, I voted for the guy who will have the power to nuke any country he pleases. I voted for the single guy who can veto any legislative bill that hundreds of Congressmen put together. I had a say in the quality and standards of life for the next four

years. I voted for the guy who can use the Oval Office for sexual pleasure. I voted for the guy who gets to own Air Force One and whom Harrison Ford portrayed. I voted for the most powerful man in the world.

Who ever expected this election crap to happen? I thought we had a systematic, flawless process of electing a president. The election process that we have become accustomed to seems to have come to a standstill. None of us ever expected a close race to

During the last couple of days, other nations such as Russia and Cuba have offered to bring diplomats over to our country to ensure the election process in the United States is fairly conducted. They have some nerve to dare to set foot into the American democratic process.

The British have ostracized the American democratic process. British comedians suggest jokingly that the U.S. Declaration of Independence be repealed and that the British should appoint a foreign minister of affairs in America.

This is bad. These invitations and jokes have highlighted how the American democratic system is now less credible than before. We are supposed to be the advocates of a fair democracy. In the eyes of the people of other nations, however, our democracy is not as perfect as before because of this election.

The good things: Other countries are not sanctioning America. Americans are not in a civil war over the issue.

The bad things: Russia and Cuba think our democracy is less credible, and can use that in their favor in diplomatic relations. The British are also making a mockery of American politics.

I hope the transition to the next president preserves American credibility. I hope Americans remain the uncontested world power for many years to come. I am proud of the democratic process. I am proud of voting, but I am worried about our credibility.

Credibility in political affairs is like the value of the dollar. We want both to be considered the worldstandard.

be determined by courts or by overseas absentee ballots. Who ever thought that the people determining the next president would be the people who were fed up with the country and had moved away?

We are all used to a race being determined by a huge sum of votes. But look what happened: We still do not know who the next president is. The presidential transition process needs to be credible, and at this moment it is not as credible as before. In the eyes of foreign nations, our election process is not as worthy as it was before. Credibility in political affairs is like the value of the dollar. We want both to be considered the world standard.

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The Revival of Alternative Media is on the Way

Once thought dead, alternative media on campus is coming to prominence

By JACOB WASSERMAN
Contributing Opinion Writer

To hell with Florida. We all know the real source of chaos, confusion and other horrid games you should not play with politics: the mainstream media. Taking more wrong turns on Nov. 7 than a freshman looking for Roosevelt College (why build a new one when no one can find the last one?), the television, print and brand-spank-them-new Internet journalists successfully eradicated any semblance of clarity in our electoral process.

All through that quadruple-take of a night and the weeks since, I stay glued not to CNN or ABC, but PBS and the wonder of real information. <http://www.indymedia.org>. This site is dedicated to alternative reporting on mainstream and alternative events and uses a vast, grassroots network of informants to bring breaking news direct to me, always with the proper qualifications as to exactly who verified what and when, and never with Dan Rather cracking wise about motor homes.

The UCSD Guardian last year has, in my opinion, made such an error. The assembled sages of the Guardian editorial staff last year planned our current A.S. Commissioner of Media, Rami Sharaawy, when he ran for the office he now holds by refusing to endorse him.

Talk about electoral turn-arounds. Sharaawy, one of several A.S. commissioners cute enough to be cast on a WB sitcom, holds

the role within the A.S. Council traditionally held by status quo hatchet men. Most of his predecessors were used by the administration, some times knowingly, sometimes not, to slash funds and support for various publications such as *Voz Fronteriza*, the *New Indicator* and the *California Review*.

You have never heard of these publications? That is because their existence has been almost obliterated over the years, leaving us with only two prominent student-funded and student-run publications: the *Koala* and the *Muir Quarterly*. These two vanguards of drunken hilarity certainly make for good reading on the crapper, and make for better toilet paper than the Center Hall one-ply, but do little else to enhance our student lives.

Just because you're handed issues while twiddling your thumbs in the Price Center does not mean that they're free. You, me and every other student paid for them, at somewhere in the neighborhood of \$20 apiece. This money is part of your student activity fees, and it goes to the A.S. Council, and then they give it out.

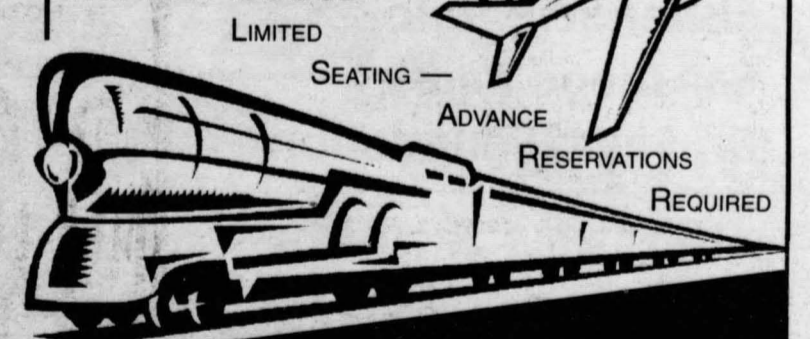
In the case of alternative media, they used to give a lot more of it out, until along came one particularly smarmy commissioner who slashed budgets every which way, but wisely, and then founded (wait for it) the *Koala*.

Funny old world, innit?

See MEDIA, page 6

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Drinking: Alcohol brings out the worst in people

continued from page 4

them, mentally at least. Not surprisingly, they tend to be a more thoughtful, contemplative crowd, less inclined to act like morons and annoy somebody in the process.

I can recall many times I've found myself in a crowd of smokers. I remember the calmness of the mood in the circle. The vibe was good. Sure, their frequent spitting and coughing got to me after a while, but that was a minor distraction. The point is that everyone was pretty real, which is more than I can say for most people who get wasted. We shared laughs and had a good time.

I am not advocating smoking, you see. Few would argue that it isn't a bad habit. I am simply saying that compared to most obnoxious drinkers I have known in my day, smokers are a much more tolerable crowd.

I feel it necessary to clarify my argument a bit, so as not to confuse our loyal readers. When I say I find drinkers annoying, I am referring to a specific type of drinker. I'm not referring to the drinker who has a couple of drinks to unwind every now and then. That type tends to be mellow and

cool, almost on par with the most bearable smokers. Instead, I'm talking about the kind who cannot hold their liquor and periodically end up vomiting chunks over a railing at the end of a party.

What exactly makes these sorts of drinkers so very annoying? For starters, they have a tendency to get very loud. Losing all inhibitions is to be expected, but many take it to the extreme. Often, sexual energy takes charge of a drinker's entire being, and before you know it, there's a greasy drunk hunched over your lap trying to straddle you and lick your forehead.

Drinking can be very fun, and I realize this. Losing control isn't, however. Unfortunately, too many drinkers often do the latter. Bliss for them is chugging shot after shot of Bacardi 151 until they lose count.

Maybe losing his mind occasionally is fun for the person doing it, but it is rarely so for everyone else witnessing it. We laugh at drunken people because — let's face it — they're hilarious. Few things are as entertaining as

incoherent and goofy drunks. Comedy, though, only goes so far. After a while, their wild ways are no longer as funny and soon become downright irritating. Particularly striking is when they are so smashed that they're whining about how bad they feel. Before you know it, they're hugging a toilet, wishing to God something would come up.

Drinking can provide the necessary fuel for a perfectly mindless experience, one fraught with fun and merriment. Crossing the line by acting fake and brainless is when it becomes old.

That reminds me of a party I was at not too long ago. Alcohol was flowing and the mood was festive. I could barely walk five feet without encountering another happy drunk venting about his problems or just acting silly. Being buzzed myself, I didn't mind the inebriated ones around me. No sooner had I started to enjoy the

ambience of the party, however, than did their over-the-top behavior start to really bug me.

The drinkers started to get rowdy and idiotic. They became insincere up to the point where I wasn't sure if they were really that stupid or if it was just the alcohol talking. Comments were thrown

around, such as, "I am so wasted right now, let's see how many more shots 'til I pass out!" It was this sort of self-proclaiming, self-aggrandizing behavior that I found particularly vexatious. It's about as annoying as a group of guys bragging about who's got a bigger package or who's slept with the most girls.

Many drinkers become pretentious and feel the need to declare how cool they are by the number of shots they can down in one sitting. Let's face it, some people are annoying enough sober. But if you give them a few drinks, forget it. They become unbearable. Smokers smell and drinkers can be fake. Pick your complaint. As for myself, I have no trouble breathing a little smoke.

The Roman philosopher Seneca once said, "Drunkenness is simply voluntary insanity." Show me one truly sane person, and I'll show you a completely honest world. From time to time, a little insanity is a marvelous thing. Drinking can provide the necessary fuel for a perfectly mindless experience, one fraught with fun and merriment. Crossing the line by acting fake and brainless is when it becomes old.

Some smokers may be fake, but at least it isn't the cigarette that's causing it. I've said it twice and I'll say it again: Drinkers are more annoying than smokers.

Smoking: There are a lot of adverse effects for smokers

continued from page 4

changes, both mental and physical, are not just temporary.

I remember one guy on my high school track team. He was a decent 400-meter runner as a freshman, but over the summer he started smoking weed. Next season, he just could not figure out why he was so slow all of a sudden.

Then there are those who contend that since marijuana is natural, it cannot be bad for you. Right. Would you like a side of all-natural poisonous mushrooms to go with that?

What really cracks me up is when people tell me marijuana can be used for medicinal purposes, so it must be healthy. Wrong again. This "medicinal purpose" is no different than that served by morphine: it acts as a pain killer when a person is afflicted with a terminal disease. It does not aid in recovery, nor does it prolong life. If you want to argue that marijuana is good for you, you may as well include LSD and heroin in your argument.

If you get completely smashed one night, the alcohol is totally out of your system by the next morning. But that one joint you smoke will still be in your system for the next month or so.

First of all, by no means am I a science major; I have enough trouble getting through chem 11. But I do know that marijuana screws with parts of your anatomy that should not be screwed with, and, if the substance builds up in your system, the results cannot be good.

And besides, joints are even more annoying than cigarettes. Whenever you go to a big concert, it is almost impossible to come home without smelling like pot, which was always rather difficult to explain to my mom back when she did my laundry.

So is smoking the first sign of the apocalypse? I wouldn't count on it. There are bigger problems out there, like the fact that the election of the leader of the free world may come down to people who are too stupid to vote for the candidate of their choice.

If you want to smoke, it is your choice. Just don't decide for the rest of us that we have to inhale it. I will leave you with some profound words on the topic from the ancient Chinese philosopher, Confucius:

"Do not walk in front of me, for I may not follow.

Do not walk behind me, for I may not lead.

Don't walk beside me; just get the hell away."

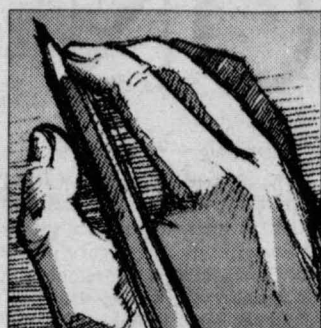
Media: Sharaawy is good for alternative media

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Flashing forward to the more recent past, we find Sharaawy being portrayed by the Guardian editorial board last year as working every way but competently. This is as near to the truth as York is to Warren. Sharaawy doesn't suck. He is proving to be an intelligent and dedicated advocate for alternative media, and those two qualities put him always ahead of most of the pundits.

Sharaawy is now supporting more than 10 alternative media projects, all coming to a table near you, about half of which are very recent developments. Keep an eye out for *The Patriot*, *Free*, *Al-Qalam*, *Gentika*, *Temper*, *Pinayitation*, *Truf-jalla Tree*, *New Atlantis*, *Gach Noi*, and the old favorites and just recently revived *Voz*, the *New Indi-*

Hillel Group Cannot Use Site for Services



Letters to the Editor

The Guardian welcomes letters from its readers. All letters must be no longer than 500 words, typed, double-spaced and signed. Letters must also contain a phone number. We reserve the right to edit for length and clarity. Letters may be dropped off at the Guardian office on the second floor of the Student Center. Send all letters to: The UCSD Guardian, Opinion Editor, 9500 Gilman Dr. 0316, La Jolla, CA 92093-0316. Fax: (858) 534-7691. e-mail: editor@ucsdguardian.org

Editor:

I am responding to the article "Hillel Seeks to Buy Vacant UCSD Lot."

The circumstances surrounding the development of this city-owned space parcel (not a "UCSD lot") are far more complex than have been presented in your article.

Residents of the La Jolla Highlands neighborhood recognize and respect Hillel's desire to have its own facility to accommodate the social, religious, cultural and educational needs of its constituency. Opposition is based solely upon the proposed use of this site.

This site is zoned single-family residential (R-1) and has been designated "open space" or "landscaped park" in official planning documents over the past 25 years. Residents purchased their homes here with the expectations that zoning regulations would be upheld. In fact, there is a great deal of controversy concerning the process by which this property is now suddenly available for lease or sale, with priority given to nonprofit organizations.

The Hillel organization proposes to build a 10,000 square-foot center on this site. The proposed facility would accommodate hundreds of persons — not just UCSD students — for a variety of social activities and religious services, including meal service for 150 to 200 persons at a time, at least weekly. The facility would be in use seven days a week, including evenings, weekends and holidays — suggesting a use more compatible within a commercial environment.

The increased volume of pedestrian and vehicular traffic drawn into the neighborhood by participants accessing the facility would

significantly impact the quality of life of its residents due to additional traffic congestion, parking problems, noise and safety issues.

Similar Hillel facilities at UC Berkeley, UCLA, UC Santa Barbara and SDSU are not located in residential neighborhoods, but in densely populated student housing areas surrounded by fraternity houses, apartment buildings and commercial establishments.

The proposed student center does not conform to zoning regulations for this site and is not a compatible use within a single-family residential neighborhood. Further, institutional development of any kind on this site is not appropriate.

There are several possible solutions. First, Hillel could utilize existing facilities. Two synagogues are located in our neighborhood and within walking distance of UCSD. The Jewish Community Center with its own Judaica library is also located near UCSD.

Second, UCSD plans to increase student meeting space on campus — with the possibility of an ecumenical center for use by all student/religious groups.

Third, other city-owned sites nearby may be available.

The full City Council will meet soon to discuss and vote upon this issue.

— Linda Smith
La Jolla Highlands
Homowners

Media:

Alternate magazines are on their way here

continued from page 6

ator, and *The Disorientation* manual. Oh, and the *Koala* and *Muir*

Quarterly still publish, too.

I could attempt a summary of these varied and valuable projects, but it's better that they speak for themselves. If you are interested in these projects, or a similar one of your own, get in touch with Sharaawy by cruising to the third floor of the Price Center, where all

A.S. offices are located.

The quarters to come should bring an explosion of new and exciting publications. Keep your eyes peeled, and in the meantime, turn off the tube and try *indy-media.org*. You might be surprised at how much truth really is out there.

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WORLD & NATION

Election Recount Battle Threatens Florida's Uneasy Political Truce

BOCA RATON, Fla. — To understand the pragmatic culture of Florida politics — and how it is being threatened as never before by this extra-innings presidential election — it is useful to consider the example of Dempsey Barron, a man of humble Panhandle roots who emerged as one of the state's most powerful politicians in the 1970s and 1980s.

In 1974, at a time when Republicans were a distinct minority in Florida, Barron became president of the Florida Senate, a position from which he controlled key committee appointments. A life-long Democrat who had fought to desegregate Florida's public schools, Barron promptly appointed a Republican to chair an important subcommittee.

"There's not enough talent around to waste it," he said then.

His example set a tone that has endured for decades. Despite sharp differences on many important issues, Democrats and Republicans here more often than not have found ways to work together. There have been knock-down fights for sure, especially in recent years as Republicans have solidified their control of the state house, but again and again conservative Democrats have struck pragmatic alliances with moderate Republicans to defeat those on the edges of the political spectrum.

In the last 12 days, this get-along, go-along tradition has been sorely tested, residents and political leaders said in recent interviews this weekend. Florida's sprawling ballot fight — with all its bickering and name-calling and humiliating revelations of Election Day incompetence by

officials from both parties — has put enormous strain on bipartisan relationships, leaving deep scars that may have long-term implications for the future of this state.

"A lot of bridges are being burned," said Lance deHaven-Smith, a political scientist at Florida State University in Tallahassee. "Anything that anyone says, it's all being written down in the book of vendettas."

Barron, who switched to the Republican party in the late 1980s, was too ill to speak Sunday. But his wife, Terri Jo, said that were he well enough, he surely would be reaching out to his friends in both parties.

"It's just so heartbreaking," she said from the couple's 2,000-acre ranch in North Florida.

— David Barstow
The New York Times

Clinton Ends Emotional Trip to Vietnam, Encourages Economic Cooperation

HO CHI MINH CITY, Vietnam — President Clinton ended an emotional three-day visit to Vietnam on Sunday as he began to press America's former foe — gently but insistently — to set aside its fears and join the global marketplace of trade and ideas.

"Imagine how much more you will achieve as even more young people gain more freedom to shape the decisions that affect their lives," he said. The key to the future, he repeated, is "entrepreneurship, innovation and competition" as well as "an open exchange of ideas."

Here, as in Hanoi where his visit started, Clinton was surrounded by throngs of excited onlookers. Sunday they were residents of the former Saigon, many of whom had fought alongside Americans against the victorious Communist north 25 years ago.

During his visit, he met with Vietnam's leaders, addressed the nation on television, honored America's missing soldiers and met with business leaders and young people. But the most striking element of his visit was the fervor of the crowds on the streets.

"I love him!" cried Tran Thi Thu Huong, 31, a saleswoman,

who waited like thousands of other people Sunday for a glimpse of the American president. "He is so handsome."

It may have been this spontaneous enthusiasm — something almost unheard-of here — that prompted the country's leader, Le Kha Phieu, the Communist Party's general secretary, to issue a reminder that Vietnam had fought and sacrificed for its independence.

"Where did the cause of our resistance war against invaders come from?" he said in remarks published Sunday.

"Fundamentally it came because imperialists invaded to get

colonies. Why did the United States bring its army to invade Vietnam when Vietnam did not bring an army to invade the United States?"

The dueling statements of the two leaders amounted to a public debate over the future here. It came four months after the two nations signed a trade agreement that, if carried out, will break down many of the protective walls Vietnam has erected around its economy and society.

The agreement, Clinton said, "will help to develop a more open, sophisticated free market, based on international rules of law." And, he said, "The changes it will bring should be embraced, not feared."

Clinton risked the further irritation of his hosts Sunday when he demonstrated America's concern over religious freedom with a brief, unannounced visit to Pham Minh Man, the city's Roman Catholic archbishop.

— Seth Mydans
The New York Times

Privacy: Patients will not get any new rights to sue

Continued from page 1

would issue the final rules, with the force of law, in the next few weeks.

The privacy rules, the first comprehensive federal standards to protect the confidentiality of medical data, will affect virtually everyone who receives or provides health care in the United States.

The new Congress could alter the rules, but will have great difficulty mustering a consensus for any alternative. Legislation to set federal privacy standards died this year because of profound disagreements between consumer advocates and the health care industry.

Under the new rules, consumers will for the first time have a federal right to inspect and copy information in their medical records. They will also have the right to request correction of information that they consider inaccurate or incomplete.

The standards will limit the use and disclosure of data by insurance companies, health maintenance

organizations and other health care providers, including doctors, nurses, hospitals, nursing homes, pharmacies and medical laboratories.

Federal officials said they had recently decided to back away from a proposal to give patients the right to sue in state court for violation of contract if their medical records were improperly disclosed.

The Health Insurance Association of America said the proposal could have led to "excessive litigation, including class action lawsuits, that would drive up health care costs."

Paul G. Sherwood, senior vice president of Halifax Regional Medical Center, a 206-bed hospital in Roanoke Rapids, N.C., said it was unrealistic to hold him responsible for what his business partners might do.

"I have very little control over my contractors," Sherwood said. "The proposed rule appeared to be inviting a plethora of litigation."

Doctors, hospitals and their partners will still have to comply with the rules, officials said, but patients will not get any new right to sue.

— Robert Pear
The New York Times

Bosnia: The nationalist parties have remained strong

Continued from page 1

mean. What is clear is that international officials are disappointed and the country is not set for major change.

The nationalist parties have remained strong, but moderates may have enough votes to form governments in the two entities that make up Bosnia, the Muslim-Croat Federation and the Bosnian Serb Republic.

The results are mixed and promise a future of power sharing and haggling that spell further ineffectual government and continued obstruction from nationalists of efforts at unifying the country, analysts said.

"Had there been a clear mandate in favor of the moderates, you could have hoped things would move faster," said Michael Balagus, director of the National Democratic Institute's program in Bosnia. "It's going to be slow, and will continue to be painful and muddled." His group is an American nonprofit organization that promotes democracy.

On Sunday, with 97 percent of

the vote counted, the nationalist Serbian Democratic Party emerged the strongest party in all of the elections in the Bosnian Serb Republic — for the presidency and in the legislatures of the republic and of Bosnia — although moderates retain considerable power in the Bosnian Serb Parliament.

In the Muslim-Croat Federation the picture was more splintered, with the multiethnic Social Democratic Party gaining 27 percent of votes, roughly equal to the Muslim nationalist party, the Party for Democratic Action, and ahead of the Croatian Democratic Union, which dominated the Bosnian Croat community and won 19 percent of the federation's overall vote.

Petritsch said the fear and threats that had marked nationalist politics here since the old Yugoslav federation began to break apart would further isolate Bosnia as neighboring Yugoslavia and Croatia were abandoning such policies.

"Yugoslavia is on the way to becoming a democratic, European, integrated country," he said. "I do not want Bosnia to fall behind."

— Carlotta Gall
The New York Times

Executives Try to Determine Direction of Digital Music's Future

LOS ANGELES — You would think that the recent peace offerings in the war between online music startups and the recording industry would have music lovers breaking into song. Not only did the Universal Music Group settle its copyright infringement lawsuit against MP3.com last week for a cool \$53.4 million, but the German media giant Bertelsmann brokered a truce with Napster the week before, presumably opening the door for the other four major recording companies to do the same.

But do not expect to hear "Ode to Joy" just yet. Even as the ink is drying on the Universal agreement and Bertelsmann executives are swapping hugs with their new best friend, Napster's founder, Shawn

Fanning, many executives in the online music world remain wary of the recording establishment.

Gerry Kearby, co-founder of Liquid Audio, an Internet music and software company, told a crowd at a music industry conference here last week that, with certain exceptions, there is "no rational thought on the record industry's side of actually helping people create businesses."

Still, with the major recording companies having delivered little yet to satisfy users — and some of them red-faced that Bertelsmann has stolen the spotlight — it is almost certain that industry can dawdle no more.

For even if the German media titan fails, as Andreas Schmidt, the Bertelsmann executive who negoti-

"There is no rational thought on the record industry's side of actually helping people create businesses."

— Gerry Kearby
Co-Founder of Liquid Audio

ated the deal, concedes could happen, the industry has witnessed the first signs of its own Berlin Wall being dismantled, a powerful symbol that the Cold War between the recording companies and Internet renegades is thawing.

The question now is, in which digital direction — or directions — will the recording industry

move?

For years, the five major recording companies have made a lot of noise about distributing music online — worrying about the potential for piracy or arguing among themselves about the best technology for selling music as downloadable software files. Nearly two years ago, the industry even formed a consortium that vowed to have such technology ready in time for Christmas — last Christmas. And it still has not happened.

So far, their detractors say, what the big music companies have mainly managed to do best is keep their critics, competitors and consumers at arm's length — defending their turf in highly publicized courtroom battles or making digital downloads so

expensive and cumbersome that customers have shunned them.

But the point now, for Schmidt, is that recording companies have few options but to come up with an attractive format that offers music buyers more freedom and choice online.

Jim Breyer, a venture capitalist at Accel Partners in Palo Alto, Calif., considers the Bertelsmann-Napster agreement seminal.

"There are few announcements that I view as concrete evidence that the Internet has changed an industry," he said. "This is one. And you can bet everyone is scrambling to get together a strategy."

— Laura M. Holson
The New York Times

Collegiate: Affirmative action was last in place in 1997

Continued from page 1

"You guys are here for a good cause and you should never give up that cause," Lt. Gov. Cruz Bustamante told the chanting crowd that wound around Cove's staircases.

Student Regent Justin Fong also appeared before the students, and yelled, "Whose university?" to which the crowd replied, "Our university!"

The rally was organized by the Affirmative Action Coalition, which is comprised of such student groups as the African Student Union, Asian Pacific Coalition and MEChA. It was the coalition that organized the 1998 takeover of Royce Hall in protest of Proposition 209, the California ballot initiative regarding bilingual education which voters passed in 1996.

The coalition is not affiliated with the UC Berkeley group By Any Means Necessary, which gathered a smaller crowd to protest the ban on affirmative action Wednesday.

Since the 1998 implementation of SP-1, SP-2 and Proposition 209, the university has witnessed a drop in enrollment by under-represented minority students.

In 1997, the last year affirmative action was in place, 221 African Americans and 572 Chicano and Latino students enrolled at UCLA. Those numbers dropped to 157 and 525 respectively this fall, even though total undergraduate enrollment has increased.

—Daily Bruin

More International Students Study In U.S., Report Says

MINNEAPOLIS — According to an annual report by the Institute of International Education, there has been a steep increase in the number of students participating in international studies at universities across the nation.

The report, Opendoors 2000, stated the foreign student population in the United States is now 514,723, a 4.8 percent increase from last year. The report also revealed that the University of Minnesota has one of the largest international student populations.

According to the study, 3,061 students from other countries attended U of M during the 1999-2000 school year.

When compared to all other research universities, U of M ranked 16th in number of enrolled international students. New York University was first on the list, with 4,890 foreign students.

Although the report did not address the number of students studying abroad, university officials said that number is growing as well.

"We're really happy to see this," said Kay Thomas, director of International Student and Scholar Services. She said that U of M is an attractive institution for foreign students. "We have good programs and services," she said.

According to Thomas, 966 new international students joined the university this fall, approximately 16 percent higher than the 806 new students who joined the year before.

People from other countries are realizing that an international education is important but, she said, U of M has not done enough to recruit overseas undergraduates.

University officials have been increasing their efforts to attract students from other countries in hopes of raising the number of international students at the university even more.

—Minnesota Daily

The Relationship Divide: Women Expect More from Men

DAVIS — For years, relationship researchers have been striving to understand why some couples become everlasting success stories while others deteriorate into horror tales.

A study by UC Davis psychologist Richard Robins suggests at least part of the answer: men and women look for different things in their mates, so the personalities of both partners can predict whether their expectations will match up and ultimately how successful the relationship will be.

Robins' findings, published in a recent Journal of Personality and Social Psychology, show that a man's satisfaction with a relationship can be predicted by whether his partner tends to be critical and anxious, whereas a woman's happiness is influenced by a range of emotional traits displayed by her boyfriend or husband.

The study, funded largely by the National Institute of Mental Health, examined 360 couples in established relationships to see how each partner's character shaped the quality of their relationship.

Robins looked at three broad personality traits: negative emotionality, positive emotionality and constraint. Individuals who scored high in the first category easily exhibit emotions such as fear, anxiety and anger.

—The California Aggie

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ACTIVITIES

MONDAY NOV. 20

• **KWANZAA CELEBRATION** Hosted by: African American Student Union at UCSD. Join AASU for a celebration of the harvest and African heritage! With a mystery guest speaker and performances by Urban Dynamics, Rhymestein and 5th Element of Packblacks feat. DJ D Rock. African attire encouraged. PC Ballroom 5-8pm (dinner served at 6pm)

TUESDAY NOV. 21

• The Cultures of Border Crossing Workshop, organized by the African and African-American Studies Research Project, will include Richard Werbner, Denis-Constant Martin, Filip De Boeck, and Ian Condry. It will be held from 2-5:30pm in SSB 101. For more information call JR Osborn, 868822/2265

campus life you can shake a mic at.
• Are your planning to move off-campus? Are you involved in a dispute with your landlord? Come to Student Legal Services weekly Landlord/Tenant workshop. Every Tuesday at 2pm. Call 534.4374 to sign up.

ACADEMICS

• **MBA-PREPARING FOR AND APPLYING TO BUSINESS SCHOOL** Want an MBA? Don't miss this session about academic preparation, work experience,

Center Theater showing at 7:30pm featuring the psychothriller "Perfect Blue." Admission is FREE. For more information, visit Cal Animage Beta's webpage: <http://www.acs.ucsd.edu/~animage>

ONGOING

• Amnesty International, UCSD meeting. Every Wednesday at 6:30pm in Women's Center. AI UCSD is devoted to protecting human rights. Come write a letter and save a life.
• International Club meetings. Meet the International students. Plan trips, outings, and hang out. Everyone is welcome! Snacks are provided. 7pm @International

Cultural Center. Join us for a quarter filled with meaningful and fun events that are social, political, and cultural like Being Black@UCSD, Poetry Night and Kwanzaa! For more info: aasu@ucsd.edu
• UCSD Rotaract Meeting. Mondays at 5:30pm in International Center Conference Room. Interested in community service, professional development, and meeting new people? Come join the Rotaract Club!

ARTS

MONDAY NOV. 20

• Fallfest on SRTV. Re-live Fallfest on SRTV, 2 hour broadcast

• **OVERCOME BINGE EATING:** Tuesdays from 11-12 at Galbraith Hall 190. Led by Karla Materna Ph.D., 534.6493 and Fiona Vajk, M.A., 534.5981. Call Karla or Fiona for further information or to sign up.

• **MEN'S GROUP:** Wednesdays from 3-4:40 at Galbraith Hall 190. Led by Jeff Jones, Ph.D., 534.6493 and Greg Lucas, Ed.S., 534.1725. Call Jeff or Greg for further information or to sign up.

• **ALCOHOL AND SUBSTANCE ABUSE SUPPORT GROUP:** Fridays from 2-4:30 at Half Dome Lounge, Muir College. Led by Dan Munoz, Ph.D., 534.0251 and Ellen K. Lin, M.A., 534.5905. Call Dan for further information or to sign up.

• **PSYCHOLOGICAL SERVICES** provides FREE individual and group counseling. Check out our website at: www.ucsd.edu/psychserv

• **ANONYMOUS HIV TESTING** @Student Health- Walk in to sign up in the Health Ed. Department, 2nd floor, S1000

YOUR WEEKLY CALENDAR

ONGOING

• **ASIAN-AMERICAN COMMUNITY FORUM:** Fridays from 12-1:30 at the Cross Cultural Center, 510 Univ. Ctr. Led by Jeanne Manese, Ph.D., 534.3035, John Wu, Ed.D., 534.1579 and Ellen K. Lin, M.A., 534.5905. Call Jeanne, John, or Ellen K. for further information or to sign up.

• **CAMPUS BLACK FORUM:** Fridays from 4:30-6 at the Cross Cultural Center, 510 Univ. Ctr. Led by Linda Young, Ph.D., 534.3987. Call Linda for further information or to sign up.

• **VIDEOsd**, every Thurs., 9-10pm. SRTV Ch.18. Call and request videos, live! It's hosted by Susy and Jared. Look for us around campus filming requests! This isn't TRU. Make us proud and call in 534.5512
• **zOOM@UCSD:** SRTV new show every Monday, 9pm. Dorm cable, ch 18. Broadcasting all the news that fits on the screen, zOOM@UCSD focuses the lens on every aspect of

dropping schools, and the application process for business schools. 2:30pm @Career Services Center. 534.4939

CLUBS

MONDAY NOV. 20

• Cal Animage Beta, UCSD's Japanese Animation Club, will have a special Price

Center every Tuesday.

• **MECHA:** Mondays, Cross Cultural Center 5:00pm. Movimiento estudiantil chicanola de aztlán. All are welcome. Political, social, and cultural events held.

• **LGHTA** general meetings. Every Monday 7pm. GSA room in Old Student Ctr. A safe and friendly environment for LGBT and other people to socialize, learn about events, and access resources. Everybody is welcome! info:534-

GAYS.
• Ballroom Dance Club. Every Friday 2-4pm. Rec Gym Conference Room. Do you like waltzes, tangos, salsa, hustle, or swing? Come to FRIDAY FUN SESSIONS and learn EVERYTHING.
• Food for Thought Meeting. Every Tues. 4-5pm @Roma. Help the homeless by volunteering for Food for Thought.

• African American Student Union (AASU), Mondays 6-8pm @Cross

and interviews. 10pm, SRTV channel 18- continues until Nov.21 Ongoing

• Tony Oursler video installations at UCSD art gallery; Oct.13- Dec.9. Oursler's installations utilize video, sound, and sculptural forms to create atmospheres of psychological tension and mystery. Info: 534.0419

• San Diego Asian American Repertory Theatre will be holding auditions for its 2000-2001 season. We are looking for seasoned actors, singers, or performers with movement skills (martial arts, dance, stage combat, etc.) as well as new budding talent. All ages, and types are encouraged. For info: 888.568.AART

• UCSDementia, every Wed. 9pm, campus cable ch.18. Noxious News, Pranks, Dangerous Sketch Comedy on SRTV. Enter the Dementia.
• Mr. Radio radio show. Aaron Feigor the "Artist" and Joe "sainicknameless" Bacich, bring their "Best college radio talk show in the nation" to KSDT Thursdays from 6-8pm. CH 18

HEALTH

ONGOING

• **FLU SHOTS!!** Get yours! \$7.50 @ Student Health. Don't delay- Call 822.1153 with questions. M,T,Th,F 8-11am. Wed. 9-11am.

charge includes pre- and post- counseling with a peer educator. Questions? Call a Health Educator- 534.2058

• Student Health is here for YOU! We're a full service clinic open to ALL registered students. You don't need health insurance to use our services! Appointments for physical visits and specialty clinics- call 534.8089. Walk-in to Urgent care weekdays 8am-4:30pm (Weds. 9-4:30pm)

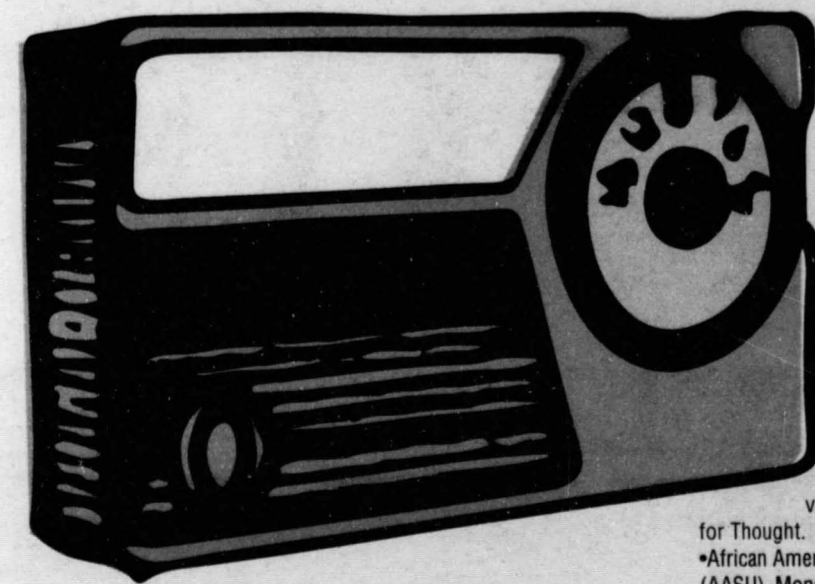
• Hey MUIR Residents! Did you know that you have a Student Health Resource Room in Tioga Hall, Rm #801? Stop by and get your blood pressure checked, your sexual or general health questions answered, or just pick up a couple of FREE condoms! Student Health Advocates are there at least one hour every evening Mon-Thu. Check it out!!

• **CHOLESTEROL TESTS-** at Student Health. Sign up at first floor bulletin board for this quick test. It's only \$5.00! Questions? Call a Health Educator at 534.2419

RELIGION

ONGOING

• Anglican/Episcopal Student Association Eucharist and free dinner/fellowship. 1st, 3rd, and 5th Wednesdays each month. 5-6pm in the International Center Southwest Room.
• Shabbat Services every Friday @6pm in International Center. Come celebrate Shabbat UCSD style. Three miyanims followed by a free dinner.



FEATURES

FIGHTING THE SANDMAN

MANY STUDENTS ARE TURNING TO CAFFEINE TO KEEP THEM AWAKE AND ALERT WHEN DROWSINESS BEGINS TO SET IN

When Muir senior Roshani Patel wakes up every morning, she makes herself a cup of coffee before heading to campus. Patel, like millions of other people, has grown accustomed to daily caffeine consumption. Coffee, soda and caffeine pills have become increasingly popular among students, helping them to stay alert.

According to the International Food Information Council, caffeine, which is part of a group of compounds known as methylxanthines, is a substance that is found in the leaves, seeds and fruits of at least 63 plant species throughout the world. Common sources of caffeine include coffee, cocoa beans, kola nuts and tea leaves. Depending on the amount consumed, caffeine can act as a mild stimulant to the central nervous system.

According to the American Medical Association, over 80 percent of adults in the United States consume some form of caffeine. The AMA study also states that each day, the average adult ingests approximately 280 milligrams of caffeine, the amount found in about two large

cups of coffee. This "coffee craze" is common among people of all ages, and Patel is no exception.

"On average, I drink about five to six cups of coffee per day," Patel said. "The caffeine helps me to wake up in the morning, and allows me to function throughout the day without getting tired."

While overall consumption of caffeinated beverages has increased over the years, studies have shown that the drug, if taken in small amounts, is not harmful.

Roland Griffiths of Johns Hopkins School of Medicine confirmed that relatively small doses of caffeine might have positive effects. "People who take in small amounts of caffeine say that they feel more awake and alert," Griffiths said. "In higher doses, however, caffeine can produce negative effects, such as anxiety and nervousness."

So, how much caffeine is too much?

The Food and Drug Administration suggests that people who consume large amounts of coffee

See **CAFFEINE**, Page 13



BY MALAVIKA GANGOLLY, ASSOCIATE FEATURES EDITOR

Horoscope:

Find out what is in store for your birthday

Continued from page 12

starting to become almost easy. Don't get cocky, though. Thursday and Friday are fraught with peril. You may even be too tired to go out on Friday night. Schedule your romantic interlude for Saturday instead. Choose a date who's stimulating intellectually as well as otherwise, and you'll have a weekend to write home about.

Scorpio (Oct. 24-Nov. 21)

A friend can help you make an important connection on Monday. Go ahead and ask for the favor. Knowing which button to push helps you find the resources you need on Tuesday and Wednesday. Pushing them takes tact, and perfect timing, both of which you have in abundance. A mess at home could throw you off stride on Thursday — temporarily. Stay alert; you'll get another opportunity to score. Things are not as they appear to be on Friday. Don't say much, you could find out later that you were talking to the wrong person. Saturday's good for losing a wager, or spending too much at the stores. Lxray on gambling, too. Sunday's better

for fixing up your place, but don't stay up late. You'll need your beauty sleep by then.

Sagittarius (Nov. 22-Dec. 21)

Don't snap back at a critical older person on Monday. If you simply say, "Yes, SIR!" or ma'am, whichever the case may be, you'll increase your profits instead of losing your job. Tell the whole story to your friends on Tuesday, and they'll give you lots of sympathy. Don't let them solve your problem for you on Wednesday, though. That would be too expensive. Let them inspire you, and maybe teach you how to do it yourself on Thursday. Keep a low profile on Friday. Listen instead of telling what you know, and you'll discover an error before you make it. The ball's in your court over the weekend. Partying with neighbors and siblings would be perfect. Don't spread gossip you've recently heard, however. Check it out carefully by asking a friend who would know on Sunday.

Capricorn (Dec. 22-Jan. 19)

Looks like the coast is clear on Monday if you want to try something slightly dangerous. Your friends will be glad to help, so you won't be alone. If you've been keeping a secret, be ready to confess it on Tuesday or Wednesday. It'll come out around then anyway,

so if you mention it first, you'll look better. Don't bother to ask for a raise on Thursday or Friday. You're more likely to get a cut in your pay, or lose a client. Some of the things you learn over the weekend could help you improve your income, though, so don't worry about it.

Aquarius (Jan. 20-Feb. 18)

If you have all the facts and figures, you could benefit quite nicely on Monday. Don't leave anything to chance. Travel's appealing on Tuesday and Wednesday, but not a good idea. Take care of obligations instead. You're likely to clash with an older person Wednesday night or Thursday. This person is saying your dreams are unrealistic. Don't let that stop you. Dreams don't have to be realistic anyway. Don't hurt yourself by trying to push a square peg into a round hole on Friday. You'd be wise to play with a team, or bet on one, over the weekend.

Pisces (Feb. 19-March 20)

Your partner's got all the angles figured out on Monday, so just go along with the program. A long-distance contact on Tuesday could lead to a better job if you're interested. If money's tight on Tuesday, maybe it's time to go looking. Don't tell any work-related secrets on Wednesday, especially about

the boss. He or she is apt to find out on Thursday or Friday, and would not be amused. Your priorities are constantly shifting this weekend, so stay flexible. An older person wants to take control, but may not have the route figured out quite yet. Give helpful hints.

Birthdays This Week:

Nov. 20: Priorities are changing. You're growing from playing in the present to planning for the future.

Nov. 21: Join friends in spiritual inquiry and find the balance you've sought. You'll become more outspoken in the process.

Nov. 22: Choose your friends carefully this year. They could lead you to great knowledge or into debt!

Nov. 23: Old beliefs are challenged this year. Your studies lead to a deeper understanding and a stronger faith.

Nov. 24: Can your dreams become reality? How about your fears? Through self-discipline, you'll be the architect.

Nov. 25: You're awesome this year, but don't get cocky. Play by the rules, and the world will benefit from your wisdom.

Nov. 26: You're growing so fast your friends hardly recognize you. You were already cheerful and lucky. Now you're becoming practical, too.

Caffeine:

Pills are being used to keep students awake

Continued from page 13

most of its marketing plans toward young adults, since the market for the pills includes mostly college-age people.

Like Patel, Revelle junior Tanmai Saxena has used the Vivarin pill several times in order to increase his alertness.

"The amount of caffeine in a Vivarin pill is equivalent to about two cups of coffee," Saxena said. "I have taken Vivarin several times in the past in order to maximize my efficiency in terms of being able to stay up late to study."

In 1997, The Center for Science in the Public Interest successfully urged the FDA to encourage manufacturers of soft drinks, as well as other products containing caffeine, to properly label their products. The CSPI claimed that consumers have a right to know the amount of caffeine in the products they purchase.

Recently, a number of studies on the potential dangers of increased caffeine use have been conducted. In 1999, Consumer Reports on Health conducted a study of these dangers.

The study found that an unusual dose of caffeine can raise blood pressure levels temporarily, and if occurring during stressful periods, can be dangerous to people with hypertension. The study also concluded that those who experience irregular heartbeats should eliminate caffeine from their diets. Also, those who suffer from anxiety problems should avoid caffeine use since large doses of the substance can trigger panic attacks. Finally, it was concluded that insomnia and emotional distress were effects of long-term use of the drug.

Despite the apparent side effects of excess caffeine consumption, most students feel that the substance increases alertness and decreases drowsiness. Many claim that the increase in energy they experience is worth the few minor consequences of caffeine use.

Patel admits to her dependency on caffeine, but insists that if it were not for her daily cups of coffee, she would be unable to function with the same amount of energy.

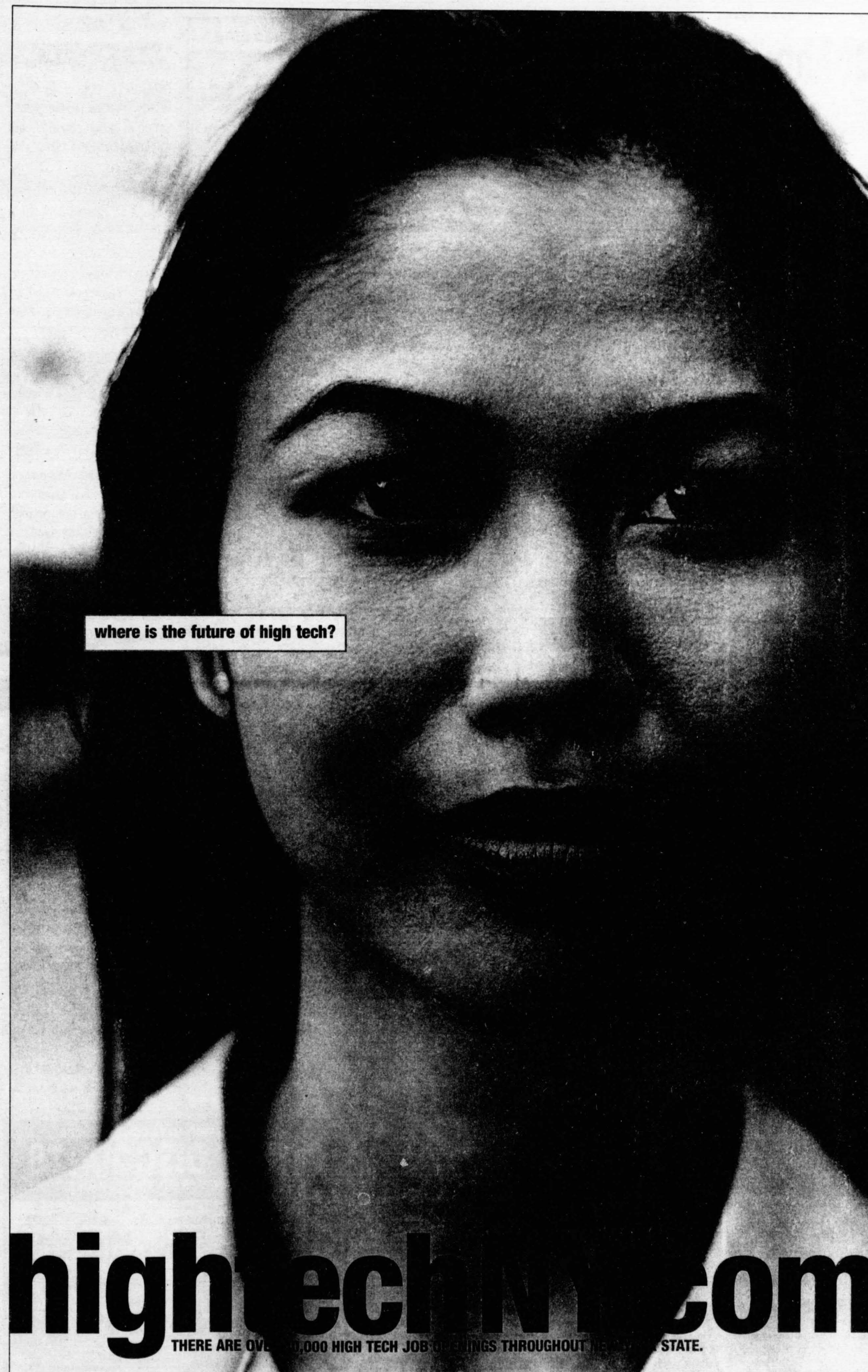
"Am I addicted? Of course," Patel said. "But old habits are hard to break."

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Write a Personal for the Holiday Season! With the holidays quickly approaching, don't bother sending out cards or gifts or anything nice like that. A **FREE** personal from the UCSD Guardian will suffice for your family or loved ones. For a mere 20 words or less, spread the holiday cheer. Come to the Guardian office on the second floor of the Student Center to fill one out. (11/14-11/20)

Welcome, Romeo. Now get to work. You think we sit around reading the Guardian all day? (11/20)

I know what I wanna say but I just can't put the words together like I wanna man! (11/20)

Limp Bizkit tickets for sale. Pit

area and regular seating available. Need to sell extra ones. Call 858.638.0963. Nov. 26 show. (11/14-11/20)

My dearest Lil Sis Maria, I'm so glad that I'll be able to spend my senior year in Sigma Kappa with you. Love, Phyllis. (11/20)

Happy Graduation to Mona Ueda and Meghan Carmody. Here's wishing you both luck in your future endeavors. Love, Phyllis. (11/20)

I Know Dr. Dowder. (11/20)

To my half homies, I never see you anymore. Give me a call sometime (11/20)

Haven't I paid my dues by now, and don't I get the right to choose. I want easy people from now on. (11/20)

DR. DOWDER'S THANKSGIVING DINNER CELEBRATION! Dr. Dowder is having a Thanksgiving dinner for all the women what work out and not listen to talk radio. All are invited except for hanky looking broads with their butt-shaping support hose. You know what I's saying, right? (11/20)

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Does Anyone Else Smell Like Team Spirit?



ROBERT FULTON

Yours truly ventured away from UCSD to watch a pair of our athletic teams compete this weekend.

OK, so I did not even get out of San Diego, but I did leave the confines of La Jolla to watch our teams in action.

I got to see the women's basketball team pull out a last-second win over Point Loma Nazarene University on Friday, and I saw the men's basketball squad get crushed by the Division I San Diego State Aztecs.

Both games showed me something that is not often seen by this gent — school spirit.

Sure, there is some school spirit here. Thumbs up to all of those Triton faithful who come out to games. Special props to those few whom I saw at the two road games I attended. But shame on those who never go and support the athletes and just plain don't give a damn.

At the State game, where our guys were severely outmatched but still tried their best, they played in the beautiful Cox Arena. This place is first class. There were over 4,000 people in attendance. Can you imagine having that many here to see a game?

At the Point Loma game, there were over 500 students. Now, this is a small number of people. But further research makes this that much more impressive. The school has a little over 2,000 undergraduates. That means roughly one-fourth of the school's population attended the game. That is like 5,000 people heading to the next UCSD men's basketball match. Amazing.

This is a call for people to get out there and watch a game. We have some excellent athletics teams — take a look at women's soccer. The games are fun, and they make you more of a part of the school.

Another thing got me thinking: The Point Loma Nazarene University gym is called the Golden Gym. It is nowhere near the size of our RIMAC Arena but it is really nice looking. It glows, it rocks and it has a nice name that gives the station some spice.

That is what we need here. We need to rename RIMAC something that makes opponents shake in their boots, something that pertains to the Tritons. Other schools have names like "The Eagles' Nest" or "The Lions' Den." How about calling RIMAC "Atlantis" or "The Watery Tomb?"

OK, maybe not, but help me out. Send suggestions to me or to the athletic department. I'm sure the name can be better than "Intramural Recreational Arena Auditorium with a Complex that is a Place to Play and Work Out Stadium Arena Thing," or whatever RIMAC is.

This is just a call for everyone to get some school spirit into their systems and support the hard working UCSD athletic teams a little bit more.

Tritons Overpower Okies

Women's Soccer heads to semi-finals

By ROBERT FULTON
Sports Editor

What should have been a high-pressure playoff game turned out to be a walk in the park as the UCSD women's soccer team downed Central Oklahoma University 6-2 in the quarterfinals of the NCAA Division II playoffs.

"I think they were a much better team than 6-2," said Triton head coach Brian McManus. "They were young at the back, and that's where they made the most mistakes. I think that midfield, forwards, they turned us more today than we've been turned by a lot of teams.

"They create quite a few chances," he continued. "They have two very good forwards. At midfield, they changed the ball in transition great."

The Tritons scored early on in the match when Erika Alfredson scored off a Julia Cuder pass in the fourth minute for a 1-0 lead.

"I saw they left a hole at the near post, which helps a lot



David Pilz/Guardian

Here it comes: UCSD's Cindy Dostalek, who has been an intrical part of the Triton soccer season, boots the ball for a goal in the second half during hear team's 6-2 victory over Central Oklahoma on Sunday.

because Julia serves great ball from there," Alfredson said. "As soon as I saw it kicked in, I knew I could get my head on it."

The Bronchos answered quickly with a goal from Sally Holmes in

the 14th minute to knot the score at 1-1.

"We got scored on earlier and seemed to rebound quite well, I thought," said Oklahoma head coach Mike Cook. "We made a

couple of mistakes. They're a good team, put a lot of pressure on us and we made some mistakes."

From then on it was all Tritons.

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The Tritons Learn a Division I Lesson

San Diego State proves too quick for a UCSD team that brings 10 freshmen to the table

By JESSICA KRUSKAMP
Staff Writer

In its first Division II game, the UCSD men's basketball team was unable to net a victory against cross-town rivals Division I San Diego State University Saturday night at Cox Arena.

The 80-48 UCSD loss ended a 17-game losing streak for the Aztecs, and it was the first time the teams had met since 1981, when the Tritons were also defeated.

Ten of UCSD's 15 players are freshmen, and the Tritons are slated to finish 11th out of 12 teams in the California Collegiate Athletic Association, according to a recent pre-season CCAA Coaches' Poll.

SDSU captured the tip-off and began the game with a lay-up at 18:44 by Aztec Karlo Kovic.

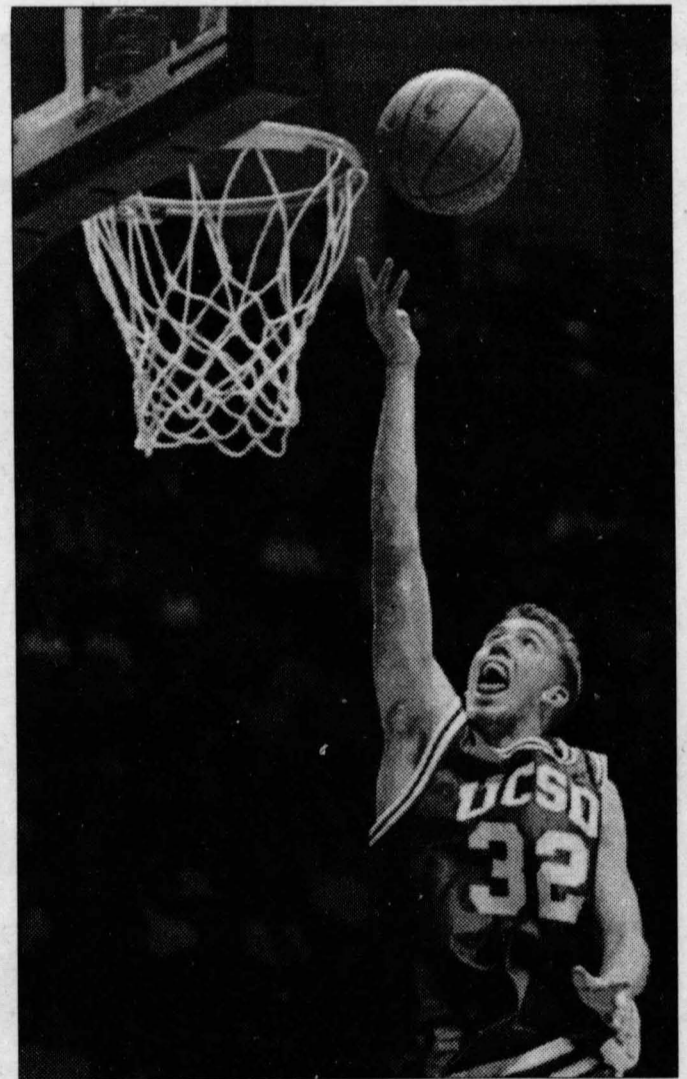
UCSD was unable to halt a six-point, two-and-a-half-minute-long streak, until freshman forward Ryan Swed sank a three-point shot from the corner at 16:27, which set a pattern for the rest of the half.

The Aztecs retaliated with an outside shot for themselves seconds later, bringing the score to 9-3.

The ball rallied back and forth, with State adding several lay-ups, one free throw and a dunk. The Tritons' only scores in the first half came from three pointers. They made six of 23 attempts, shooting a .261 three-point field goal percentage. In the second half, with two more attempted baskets, the percentage was .214.

"It was one of our first games for this season, and we do have a

See **MEN**, page 19



David Pilz/Guardian

Magic would be proud: The Tritons' Nick Christensen skys for a layup during UCSD's game against San Diego State.

SCOREBOARD NOV. 18 VS. SAN DIEGO STATE

	1	2	Final
UC San Diego	18	30	48
SDSU	35	45	80

Sam Higgins; 11 points, 7 rebounds

Cole Miller; 11 points

UCSD: 41 three-point attempts

Water Polo Update:

- Late Sunday night, the UCSD men's water polo team downed Loyola Marymount 10-5 to capture the Western Water Polo Association Championships. The tournament was held in Chaminade University of Honolulu in Hawaii. The win earns the Tritons a berth in the NCAA Water Polo Championships in Malibu on December 2-3, times and opposing schools to be announced.