

Features

Learn more about vegetarianism and check out meatless recipes for a more healthy diet.
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The pros and cons of Green Party candidate Ralph Nader winning the presidency.
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UCSD athletic teams have a stellar weekend with five sports winning crucial contests.
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Worldwide

Both Sides Brace for Worst as Israel Shuts Down for Holy Day

CAIRO, Egypt — After a weekend of violence between Israelis and Palestinians threatened to spill across the region, President Hosni Mubarak of Egypt appealed Sunday for Arab restraint, saying that, "those who speak of war do not know the meaning of the word."

The Egyptian leader spoke amid a flurry of consultations aimed at developing a common Arab approach, as street protests and denunciations of Israel continued across the Arab world.

See ISRAEL, Page 10

National

Strong Support for School Vouchers Found Among African Americans

When Cory A. Booker talks about fixing America's school system, he invokes the words of Malcolm X: by any means necessary.

To Booker, 31, an African-American Democrat elected to the City Council in Newark, N.J., in 1998, that means lobbying state lawmakers for smaller classes and teacher testing. It means organizing book drives for the schools in his impoverished neighborhood, and arranging for an insurance company to create a community

See VOUCHERS, Page 10

Collegiate

Feds Seek \$2.6 Million Pell Grant Refund from Saint Louis University

ST. LOUIS — Saint Louis University is facing a multi-million dollar problem.

The Department of Education recommends that the University refund \$2.6 million awarded through Pell Grants, claiming it was distributed with "unreasonable professional judgment."

The Office of the Inspector General issued the recommendation in a July 1997 final audit report. The audit analyzed a sam-

See GRANT, Page 9

Spoken

"No one wants to be the Compton of the UC system."

— Anonymous UC official as quoted by the *Sacramento Bee*



Leo Der Stepanians/Guardian

Scratching: Mix Master Mike of the Beastie Boys performed Friday night at FallFest. He played some Beastie Boys and his own work.

FallFest Defies Rain

1,900 Students went to the concert despite a location change and inclimate weather

By **MATT SCHRADER**
Associate News Editor

The prospect of rain did not stop nearly 1,900 students from gathering to hear Dial-7, Mix Master Mike and the Long Beach Dub Allstars at FallFest 2000 in the Price Center Ballroom last Friday.

"I think the show went wonderfully," said A.S. Festivals committee member Tarun Bajaj. "It was quite the mix of bands. We had hip-hop going; we had alternative, rap and some hard rock in there too."

FallFest 2000 started at 8:30 p.m. and lasted three hours, with each band performing a 30- to 60-minute set.

The enjoyment of the three acts redeemed the interest of many students who were still angered by last year's Sun God festival.

"I had a really good time seeing all the bands perform," Muir sophomore Adam Roston said. "Though I had my doubts after Sun God last year, the A.S. restored my faith in them as they came through with a really good show."

The headliner, the Long Beach Dub Allstars, performed to a full ballroom at 11:20 p.m., playing two unreleased songs.

The band and crowd alike enjoyed this aspect of the show. "I was really stoked to play some of our new stuff," said drummer Bud Gaugh. "[The crowd] seemed like [it] really enjoyed some of the songs too."

Despite his satisfaction with the show itself, Gaugh said that he does not enjoy performing

at college campuses because of the restrictions and rules inflicted upon the bands.

"It sucks because you can't smoke, can't drink. You can't do anything," he said.

Before the group's performance on stage, lead singer Opie Ortiz was warned by the police due to a minor argument with security that occurred backstage. The show continued as planned.

Before the beginning of the first song, Ortiz thanked the police for not punishing him further.

Many students loved seeing the band play on campus.

"It was easy to feed off the energy of the crowd and the band members," said Muir sophomore Jesse Brand. "This energy made the whole night fun and apparently a big success."

Mix Master Mike, from the Beastie Boys, performed second on stage as he scratched and mixed his own records. Some of the Beastie Boys' better-known songs, such as "Intergalactic," were scratched and performed before the audience.

"It is pretty impressive to see someone produce the kind of sounds he was making just with his two hands and a record player," said Marshall sophomore Eric Robin. "For me, his performance just topped off a great show by the Long Beach Dub Allstars and Dial-7."

Despite the appreciation of the audience, members of the opening band Dial-7 did not

See CONCERT, Page 2

Study Finds UC Crime Reports False

Some sexual assaults at UCSD are generalized as 'physical abuse'

By **JEFFREY M. BARKER**
Senior Staff Writer

There were far more than the published 11 sex crimes reported by campus police at UCSD last year.

"I don't think the numbers we report are an accurate picture of the situation on campus," said Sergeant Robert Jones. He called the number 11 "absurd."

Jones is head of UCSD's police department and is responsible for upholding the Federal Student Right-to-Know, Crime Awareness and Campus Security Act.

That act, also known as the Clery Act, came under the gun of the *Sacramento Bee*, whose five-month-long investigation of sex crimes on University of California campuses concluded that crime statistics paint a misleading portrayal of safety at California's flagship universities.

The statistics were published because the Clery Act serves to give prospective students a better picture of the universities they look to attend.

"There is a false sense of security in going off to college," Jones said.

The *Bee*'s assessment concentrated on Bay area schools, reporting that UC Davis largely underreported its sex-related crimes and failed, until last month, to publish information required by federal law under the Clery Act.

The *Sacramento Bee* quoted an anonymous UC official who said that campuses deliberately under-report sex crimes in order to maintain an untarnished image.

"No one wants to be the Compton of the UC system," the paper quotes.

UCSD campus officials were criticized, along with two-thirds of the UC schools, for omitting sexual assaults other than those reported to the police department itself.

In UCSD's case, those crimes end up categorized as "physical abuse."

"We do make a distinction between those crimes," Jones said, referring to the police department's practice of separating sex crimes from other violent offenses.

However, the campus security authorities, from whom Jones gets many of his numbers, do not make such a distinction.

The authorities, consisting of college deans, resident deans and the Office of Student Judicial Affairs, report crimes to the police department for publication of the required Clery Act statistics.

Jones said, however, that from this point on, those groups will make a distinction so that the campus can better report its sex crimes.

"This is the last time you'll see that [sex crimes reported as abuse]," Jones said. "I've been assured of that."

Director of Student Affairs Nick Aguilar was not available to confirm that assurance.

However, combine the 33 physical abuse cases reported by the campus security authorities last year with the 11 reported by the police department, and students are still

See SAFETY, Page 2

Concert:

Dial 7 performed strongly as opening act

Continued from page 1

like how they performed, feeling rusty from a lack of playing. The band had not performed together for three weeks because they are in the process of releasing their first CD in Japan.

"To tell you the truth, it was a little bit rough because we haven't been rehearsing too much," said drummer Mikey Clams. "We have been trying to do all this business with our Japan thing, but it seemed like the crowd had a good time so it was cool."

According to Scott Mantell, A.S. festivals coordinator, approximately 1,000 people arrived early enough to see Dial-7 perform the opening set, while another 900 entered between the next two sets.

Priya Mohan, of the A.S. Festivals Committee, said that those who arrived in time to see the band witnessed a solid opening act.

"They put on a wonderful high-energy show, I think," she said. "I think they did an excellent job out there. They got the crowd going at the very beginning."

The concert, initially planned to take place in the Price Center Plaza, was moved to the ballrooms once it began to rain in the afternoon. As a result, the number of students allowed in at one time was cut to 1,500, due to the maximum capacity of the room. By the conclusion of the evening, 1,900 students had been allowed in.

See **CONCERT**, Page 3

Safety:

Sexual assault is one of the most under-reported crimes

Continued from page 1

left with an inaccurate portrayal of the crime on campus.

"From 27 years on law enforcement, I know that 44 is not accurate," Jones said.

Beyond fixing problems with paperwork — correctly categorizing and reporting known statistics — there is another, larger problem impeding an accurate picture of sex crimes at UCSD.

"Sexual assault is one of the most under-reported crimes," said Nancy Wahlig, director of the Student Safety Awareness Program. "It's not uncommon that the victim will say 'I'll just keep it to myself' or 'I don't want to get anybody in trouble' or 'What will a police report be like?'"

Wahlig's program is the primary resource on campus for rape prevention, date violence and self-defense.

She cites reports claiming that one in four or one in six women will be a victim of sexual assault or attempted sexual assault before she graduates from college.

The number of women who will be sexually assaulted at UCSD, according to this statistic, comes out to 2,500. While the crime statistics published by the police department alongside the quarterly schedule of classes do not match up, the bigger problem is that crimes are not being reported at all.

"I think the intent of the Cley Act is that colleges are not just giving numbers but that they produce a comprehensive program to create awareness," Wahlig said.

Her program holds workshops and spreads information about sexual assault. A theatre performance for incoming freshmen, called "Unspeakeable Acts," is in its second year. Wahlig hopes that after a few years of performances, everybody on campus will know that her office is a resource and place to go to if one has been sexually assaulted.

Wahlig's office may be better prepared to give an accurate picture of sexual assault on campus. However, many of the people who seek out the Student Safety Awareness office for information

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ETCETERA

LIFE IN HELL



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(please send them, we're lonely)



Leo Der Stepiarians/Guardian

Festival: A student plays a didgeridoo, an Australian tribal instrument, at Fall Festival on the Green.

Concert:

Non UCSD students had to be turned away from the concert

Continued from page 2

Individuals outside were admitted once others left the concert.

Mantell said that approximately 700 to 1,000 people were not admitted into the performances due to the capacity restriction. In addition, over 300 students without UCSD ID cards were not allowed into Friday's performance.

"We would have had a lot more people if we had let [non-UCSD students in], but our priority was to let [UCSD] students in," Mantell said. "We didn't want to turn them away, but we had no choice."

He added that crowd capacity would have been limitless without the rain. However, the students were not the only ones heavily

affected by the rain and the change in concert setting. Stage manager Vicki Bender attributes the successful shift from outside to inside to the stage crews.

"I think the crew did an awesome job," she said. "I would have liked to have had more people, but the show had a really good vibe to it."

FallFest 2000 represents the first of three large festivals put on by the Associated Students this year. Winterfest is scheduled for February, and Sun God Festival will take place late during spring quarter.

"This is the third year of FallFest, and we wanted to kick off the school year well," Bender said. "Obviously Sun God has already been established, but it's nice to have something at the beginning of the year as well."

The Festivals Committee meets every Friday at 11 a.m. on the third floor of the Price Center. Mantell encourages all those interested to attend.

"The more people the better," Mantell said. "We want to know who people want."



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- Enjoy live music from Big Time Operator have free food and drinks, and enter two raffles from 11:30 - 1:30 (must be present to win)

clics.ucsd.edu

BRIEFLY

UC Reports on Apparel Manufacturing

The University of California, Harvard University, the University of Notre Dame and the University of Michigan released a report compiled by a team of independent consultants on Oct. 6.

The universities commissioned the consultants to gather and analyze information on apparel manufacturing.

The report is the result of a year-long effort that included the compilation and analysis of information about working conditions in the apparel industry in several countries. In addition, the report included an observation of working conditions in a sampling of factories in countries that represent a substantial portion of the university-licensed apparel business; and a survey of efforts being undertaken by the government, business, labor and independent organizations involved in efforts to improve working conditions.

The findings included the existence of sub-par working conditions in all of the countries visited. The diffuse nature of apparel production hinders enforcement of labor conditions. Awareness of codes of conduct and monitoring efforts is currently not sufficient to promote effective compliance.

Many trade unions and some nongovernmental organizations are skeptical about the efficiency of monitoring. The proliferation of codes of conduct and the resulting duplication of monitoring efforts does not support greater compliance.

Grove Gallery presents cardboard exhibition

The Grove Gallery will present, Cardboard: A Group Exhibition, through Oct. 31. The exhibit is curated by Erin Coleman, a UCSD graduate student in the department of visual arts, and is designed to demonstrate the use of cardboard as an artistic medium.

Artists participating in the exhibit include Grove Gallery director Ron Carlson, Clay Logan, Joel Murphy, Matt Hincman, Amy Jorgensen, Maryanne Boreen, Jim Christensen, Jim Reed and Pinky Clinton.

The exhibition will be on view at the Gallery from 10 a.m. to 5 p.m. Tuesdays through Fridays and from 10 a.m. to 2 p.m. on Saturdays. The Grove gallery is located in the UCSD Crafts Center Complex on the Revelle campus.

Jane Alexander to speak at UCSD

Eleanor Roosevelt College, UCSD's Helen Edison Lecture Series and the Eleanor Roosevelt

Center at Val-Kill, New York will present "Freedom of Opinion and Expression," a talk by Jane Alexander on Oct. 11 at 7 p.m., to mark the 116th anniversary of Eleanor Roosevelt's birth.

The event is one of eight national Eleanor Roosevelt Lectures by eminent figures marking the 50th anniversary of the Universal Declaration of Human Rights and acknowledging Eleanor Roosevelt's contribution to its composition and adoption by the United Nations Assembly in 1948. UCSD is the only West Coast venue in the series.

Jane Alexander's talk will be followed by a panel discussion of issues of internet access, artistic freedom, censorship, media politics and the protection of journalists around the world. The panel will be moderated by Jorge Huerta, professor of theater and dance, and the panelists will include Ivan Evans, professor of sociology; Monica S. Kalra, 1996 ERC graduate and human rights activist; Richard M. Murphy, editorial director of the international Committee to Protect Journalists; and Brian E.C. Schottlaender, university librarian.

SIO chemist receives Leonard Medal for meteorite research

Gynter W. Lugmair, a research and geochemist at the Scripps Institution of Oceanography was awarded the Meteoritical Society's 2000 Leonard Medal. The award was presented in recognition of his "extensive and fundamental contributions to meteorite, lunar and terrestrial isotope geochemistry and the chronology of the solar system." The medal was presented in Chicago at the 63rd Annual Meeting of the Meteoritical Society in August.

Ribbon to be cut for refurbished Galbraith Hall

Big Time Operator will perform at the ribbon cutting ceremony for Galbraith Hall's new facility, the Center for Library and Instructional Computing Service, which will take place on Oct. 11 at 11:30 a.m.

The facility houses a computer laboratory and provides access to full-text electronic journals as well as traditional paper-based collection.

Electronic access to catalogs, databases and full-text electronic journal articles is available, along with access to e-mail, word processing and other course-related software.

The facility's inception comes as a result of the \$11 million renovation of Galbraith Hall, which also houses 12 small-study rooms, 172 individual study carrels and 172 computer workstations.



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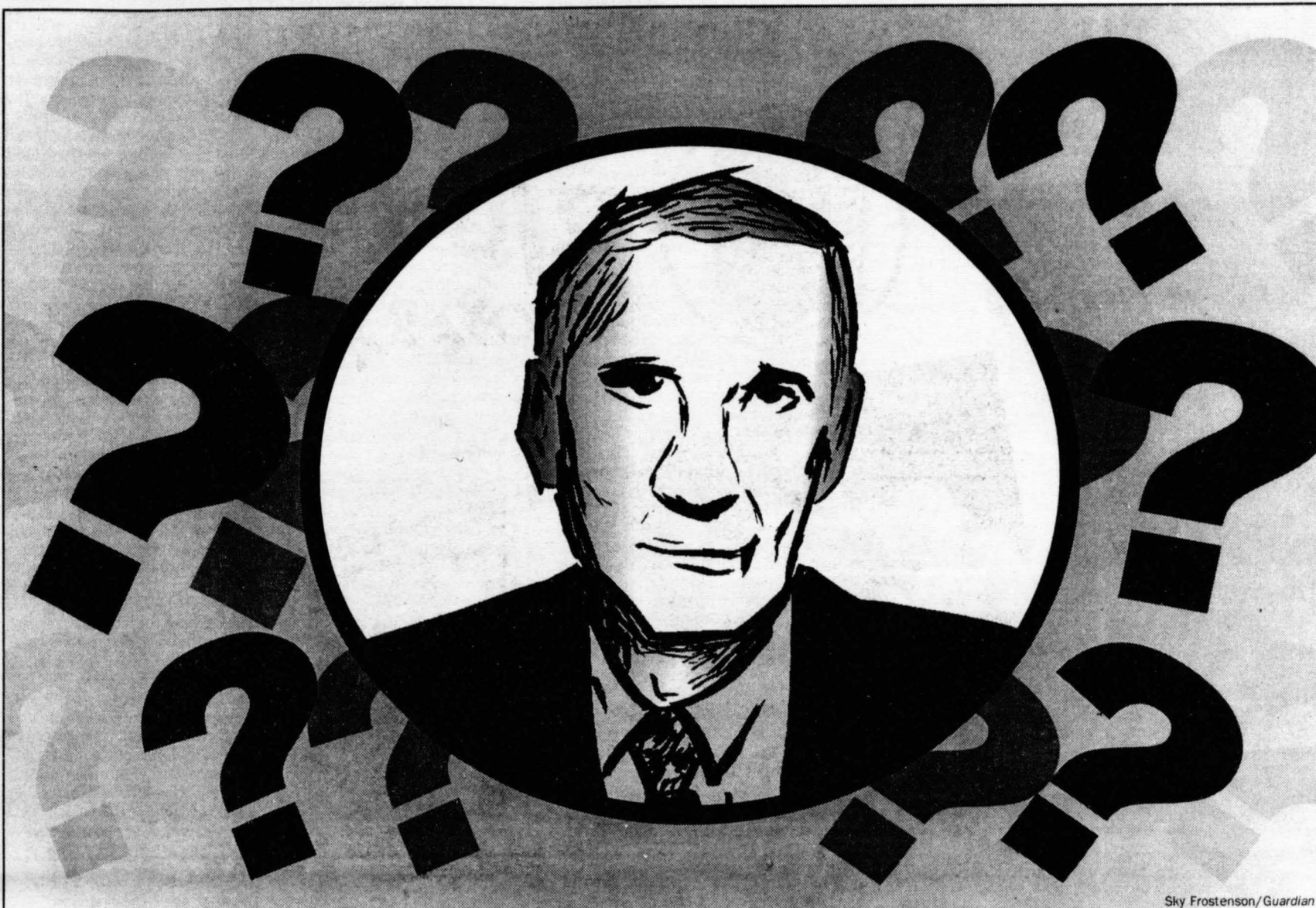
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clics

OPINION



Sky Frostenson/Guardian

TURNING GREEN: A THIRD CHOICE

Voting for Ralph Nader as the next president is not a castaway vote but, rather, a vote for the social and political future of America.

By **ARAN SADJA**
Staff Writer

Here in the United States we consider ourselves privileged to live in a democratic society where we have a choice between two politically different candidates. This year is no different; there are two main candidates, and as usual, several third-party candidates. Chief among them is Ralph Nader. However, many say that voting for Nader would be like throwing a vote away.

In recent years it seems that choosing between the two major presidential candidates has been akin to choosing between the lesser of two evils. Honestly, who has never said that about the candidates before? Unfortunately it is true to some extent.

What is even worse is the lack of difference between the two major candidates. If you watched the first debate between Vice President Al Gore and Gov. George W. Bush, it was impossible to distinguish the two from a distance: dark suits with red ties and a grin. Nowadays it is the slight differences between the candidates that determine for whom a person would cast his vote.

It is not their stoic stances on extreme issues that make the difference.

Enter Ralph Nader, this election's front man for the Green Party. Nader is the most popular of the third party candidates, and according to a recent Reuters Poll has a possible 5 percent of the popular vote.

Nader is not your typical modern presidential candidate. Unlike Bush and Gore, Nader is willing to take extreme stances on issues and has no fear of alienating those who do not agree with him. He is a crusader for what he believes in.

With the two major party candidates, their agendas and stances are carefully crafted so as not to alienate their respective core voters while at the same time reeling in the independent and swing voters from the other side. There are literally dozens of advisers and assistants that helped mold Gore's and Bush's platforms to match their parties' agendas.

Nader is not the puppet of a larger political party; he is the leader of a smaller one.

The Green Party is one of the larger of the third parties, not unlike the

See **PRO**, Page 7

Though the obvious candidate, a vote for Ralph Nader only jeopardizes the left's chance at an acceptable president and guarantees Bush's victory.

By **ALISON NORRIS**
Senior Staff Writer

Every truly liberal Democrat drools at the thought of Green Party presidential candidate Ralph Nader cleaning up at the voting booths this November.

With issues such as universal health care, campaign finance reform and abusive global corporations on the tip of his tongue, Nader is undoubtedly attractive to liberal voters — not to mention the fact that he is in favor of abortion rights and supportive of gay and lesbian marriage rights.

Plain and simple, Nader is a Democrat magnet.

However, as Nov. 7 approaches, Democrats must adopt a voting strategy that many people would not normally consider appropriate: We should resist the tempting and valid urge to vote for the best candidate (Nader) and instead vote according to party lines.

To many Democrats, this strategy will sound odd. If Nader is the best liberal candidate, we should feel perhaps obliged to vote for this refreshing choice. However, Nader-leaning Democrats must realize that their departure from the Democratic Party

could send Gov. George W. Bush straight to his inaugural address.

With only about 5 percent support nationwide, Nader is an outsider in the public eye. It is the media that are responsible for Nader's low rates of support, for without news coverage or access to the debates, voters are not forced to consider his policy plans. As long as the media's obsession with Vice President Al Gore and Bush endures, the public will be unreceptive to Nader's platform for the simple fact that they probably know nothing about it.

So, American "politics as usual" means that the opportunity for a third-party presidential candidate to win the White House is far from being just around the corner, unless someone, somewhere can convince voters and the media that Nader has a plan worth listening to.

Achieving such a change in American voter and media mentality, however, would be nearly impossible. Throughout the 20th century, for example, it has been nearly unheard of for third-party politicians to receive the amount of news coverage enjoyed by Democrats and Republicans, and thus

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The Unmaking of Monty Montezuma

San Diego State University endures an unnecessary controversy



Shadrach Theory
SHANNAN CASTLE

All of you school-spirited types who lament the notable lack of crowds at UCSD sporting events finally have one thing to be happy about: at least you do not go to San Diego State University.

While San Diego State is much older than our school and has historically turned out large crowds for football games, it made a bad choice when choosing its mascot.

SDSU's big mistake was in choosing a mascot and a nickname with nonfictional origins. It should have known that, 60 years later, someone claiming ties to the Aztec empire would have a problem with it.

We, on the other hand, did just fine. UCSD's founders showed the wisdom of our institution in naming the Tritons, after a fictional sea king.

UCSD's founders, on the other hand, showed the wisdom of our institution in naming us the Tritons, after a fictional sea king.

in the 1920s. ... Such mascots were frequently imbued with and justified by idealized and stereotypical characteristics (e.g. endurance, stamina, athleticism, bravery, modesty, ferocity) ... or on the grounds of 'tradition' or 'honoring' indigenous peoples ...

Though the school's representation of the Aztecs may be a far cry from the true indigenous history of Mexico, I do not see how idealizing a small part of a culture is a bad thing. I would have no problem having my European mutt ancestors depicted as brave and athletic, even if they were not.

If the Native American Student Alliance really feels that the use of the Aztecs and Monty is "inappropriate, insensitive, inaccurate, and dehumanizing," I have an alternative for them to consider: the SDSU Conquistador. Rather than Monty running around on the football field, they could have Hernán Cortés riding around on a horse, slashing at the football players. The halftime show would be a re-enactment of a few small-

epidemics.

Unfortunately, the football crowd probably would not take too kindly to this modification. The whole reason we have mascots and nicknames is that reality is not exciting enough to make people want to jump up and down and scream when players run around on a field. This is why no mascot, fictional or nonfictional, including Monty Montezuma, is going to be an accurate portrayal of anything except the school.

In short, I see nothing dehumanizing in SDSU's positive, albeit stereotypical, portrayal of an Aztec warrior.

If the Native American population is concerned that true history and culture is being warped and lost because of this mascot, its present actions and complaints are going to do little to remedy the situation. Changing the mascot will not change any existing perceptions of the Aztecs and their present-day descendants.

A better course of action would be to educate the public and SDSU students about the rest of the Aztec culture, the part they do not see on the football field.

That said, I'd like to wish our Conquistador buddies at State the best of luck with their mascot search. As for all of my UCSD compatriots, let's quit whining about the lack of school spirit and be happy we still have a mascot — at least until King Triton comes fighting for his honor.

registering other students, organizing on-campus events and providing basic campaign necessities.

Truthfully, I came into the meeting not sure what to expect. I am a registered Republican myself and had worked on Sen. John McCain's presidential campaign and with Assemblymembers Cunneen and Jim Banning, all of whom are with the GOP.

For all I knew, Davis could have represented the extreme left. When I left the meeting, though, and after speaking personally with her, I was convinced beyond a shadow of a doubt that she was the candidate that I would support. Davis has the rare ability to reach across the chasm that separates the two parties, using socially liberal ideals coupled with economic responsibility and conservatism.

Sitting Down With San Diego's Susan Davis

Assemblywoman Susan Davis proves she is ready for Congress

By TOM VU
Opinion Editor

Editor's note: An interview with GOP candidate Brian Bilbray will appear in the Oct. 23 issue of the Guardian.

I first heard the name Susan Davis when I was working at the state Capitol in Sacramento three summers ago. Victoria Davis, then-Assemblyman

Jim Cunneen's legislative director, offhandedly mentioned the name, explaining that Assemblywoman Susan Davis, a Democrat, represented the district in which UCSD is located.

Victoria encouraged me to drop by Susan Davis' Capitol office to talk to her and perhaps even to get an internship at her district office in San Diego. Unfortunately, for some reason or another, I did not act on this advice.

Fast-forward one-and-a-half years to winter quarter last school year. My friend invited me to join her at a student info night at Susan Davis' district office, just off Balboa Avenue.

After serving six successful years in the California State Assembly and running into the wall of term limits, Davis had decided to run for the 49th Congressional district against incumbent Brian Bilbray. Expecting beforehand, and correctly so, a highly contested race, Davis was trying to get college students involved in the campaign by

registering other students, organizing on-campus events and providing basic campaign necessities.

Over the summer, I decided to help out on Davis' campaign, though not as often as I would have liked. I did, however, get the chance to speak with her again and ask her some questions in an interview.

I did this with the hopes of convincing you, just as I became convinced, that Davis is the most qualified candidate to represent San Diego in Congress.

I emphasize the fact that this congressional race is very close and that its outcome could be determined by the number of UCSD students voting. Not only does it determine who represents San

See DAVIS, Page 8

Con:

Voting for Nader means voting for Bush

Continued from page 5

third-party candidates never receive the popular support enjoyed by major party politicians.

Realistically, one would have to come inches short of inciting a political revolution to achieve a political system in this country that actually acknowledged third-party candidates such as Nader. And as talented as Nader's campaign managers may be, it remains unlikely that the majority of Democrats would begin to consider Nader a real option during the very few weeks that remain before the election.

Consequently, the media's decision to ignore Nader means that voters remain unconvinced that he has enough public support to win, and thus, they refuse to support him. It is a twisted cycle, and it makes a Nader victory impossible this November. Simply put, the media's refusal to grant him attention means that this just is not Nader's year.

More importantly, because two parties dominate American politics, any left-wing, third-party candidate such as Nader will draw his votes from the more liberal of the Democratic troupes. Today, as more Democrats convert to Greens, the number of voters backing Gore will slowly drop.

Meanwhile, a united, solid majority of Republican voters will launch Bush all the way to 1600 Pennsylvania Ave., while the growing Greens and bifurcated Democrats will be left empty-handed.

Admittedly, if the media welcomed third-party candidates and it was thus remotely possible for Nader to win support as well as the election, liberal Democrats should not resist voting Green. However, until America can handle making voting decisions that involve more than two options, Democrats cannot afford to divide into separate camps when Republicans remain neatly banded together.

Unfortunately, the seduction of Nader will probably prove irresistible for many leftist Democrats, and these voters will claim to have held true to their political philosophies by voting for him.

Yet, if these Democrats were truly aware of the weight of their votes, they would acknowledge the effect that their departure from the Democratic Party could have on this election and American social policies, and they would wait to vote Green. If they do not wait, these voters will be responsible for the election of a president that Democrats and Greens alike do not think America can afford.

It is unfair, but this year, the media's refusal to grant Nader a little attention means that the issues of the election are less important than the politics behind it.

On Nader's behalf, in four years he will have ideally garnered enough public support to convince the media to acknowledge him, and maybe he will crush America's illogical attitude toward third-party candidates. Perhaps he will even launch that political revolution mentioned earlier and implant a multiparty system in the states.

If so, Nader would again be one of the best candidates on the ballot, and that election would be one in which I would encourage Democrats to vote Nader.

For now, however, Democratic voters should remain wary of supporting his attractive agenda, not because there are holes in his policy ideas or political strategies, but because by voting Green this year, they will be enduring Bush for the next four.

Pro:

Nader represents important issues

Continued from page 5

Reform Party, which may be more well known.

If Nader receives 5 percent or more of the popular vote in this election, the Green Party will qualify for matching federal funding from the Federal Election Committee next election. The additional funds would allow the Green Party to campaign more vigorously in the next election.

Nader is the Green Party's hope for the future. Nobody expects him to win the election, but enough votes will bring the Green Party into the political arena in a big way.

This raises the question: Why do we need another major party? The answer is that the difference between the two main candidates has become so fuzzy that even when I squinted at the television on Tuesday evening, I could not tell the difference between them.

Without the accent, Bush's ideas for Social Security and education might sound like a democratic proposal when taken out of context.

To listen to Joe Lieberman talk

about religion you would guess he was a Southern Republican. There is no left wing and there is no right wing. Today there is only a middle, and everyone is vying for the same votes.

Only a few issues set the Republicans apart from the Democrats, and the American people are getting shortchanged of a real choice between two different candidates.

Elections have now become a personality contest. A good smile and an affable character might win the election regardless of the candidate's opinions. A third major party would be an incentive for issues to take the limelight again.

There are not just two sides to the issues, but a gradient of opinions ranging from one extreme to another, with a middle ground in between.

With the current trend of moving to the center, a third party would give voters the luxury of actually seeing a different view on the issue. A vote for Nader would be a vote for more choice in the future.

For example: What if there were only two radio stations, one that played R & B and rap, and the other only rock 'n' roll? These are two extremes that would probably satisfy a large majority, but what about the myriad of

other genres? I compare this to Democrats and Republicans. Nader brings a classical station into the mix. He brings a new extreme for people to choose from, and though it may not be the most popular choice, at least it would be an option, and in the end it could be a force that changes a few votes, and a few opinions as well.

Why the Green Party? Why Nader? It is not just because Nader represents an extreme and would create some turmoil, but because his political ideologies are all very positive and beneficial to society, especially to families and small businesses.

Nader's name has always been associated with anti-establishment ideals. In a time when big businesses choose what we wear, listen to and watch, it is about time somebody spoke out against those huge megacorporations that control what people buy.

In a time when there is more than one Starbucks in a mall and when Microsoft is the maker of nearly every program on all computers, there is not any room for the mom and pop businesses that used to carry a variety of original products.

Nader is a strong opponent of big businesses, and a vote for him would show the rest of Washington that people are con-

cerned about the increasingly large role big businesses play in our lives.

Nader is also a big advocate of environmentally friendly politics. Unlike Gore who says he is pro-environment but owns stock in large oil companies, Nader walks the walk as much as he talks the talk. A vote for him is a vote for a cleaner environment and a nudge for whoever is to be elected to do the same.

Nader is not a politician, but a representative of a portion of America that has no voice with the major parties.

I doubt it is possible to convince any Bush supporters to vote for Nader, but for those of you that would like to vote for Nader, but are going to vote for Gore because a vote for Nader is a vote against Gore and for Bush, I urge you to think about this: The differences between Gore and Bush are hardly visible. A vote for Nader is a vote for change. Not just a change in policies, but a change in the way our choices are made.

Two choices just are not enough for our growing population and varied interests. There are too many opinions for just two candidates to represent everyone, and in a representative government like ours, that is a problem.

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Davis: Challenger offers more than incumbent

Continued from page 6

Diego in Washington D.C., but it may also change the landscape of Congress. This is an important race on the national level because the outcome may determine which political party controls the House of Representatives for the next two years. This power resides in the hands of the students here at UCSD, as there are enough votes here to determine the election.

"I think it's critical," said Davis of the student vote. "I think students need to feel that they have control over their future. It amazes me, actually, that students are willing to give up their future to the votes of people who may not understand [students'] future needs."

Davis does not put all the weight on students' shoulders, however, as she understands the stress and pressure a student goes through, being a UC graduate herself.

"Anybody who's in office must take some responsibility for that, because we obviously haven't reached [students] to help them feel that it really does matter who's in office."

Making a difference seems to be a focal point for Davis, particularly in the environment. She recently authored a bill that will preserve and protect California's wetlands, and also co-authored a law with Assemblyman Howard Wayne that provides ocean monitoring of pollution. She also continues to support environmental education.

"Environmental education is very important to me," Davis said, "because I know that as we educate new generations of people, that they are much more concerned and much more aware of what a difference it makes in the life of a community if we preserve our resources."

An important issue for many stu-

dents is the never-ending debate on abortion. A fervent protector of a woman's right to choose, Davis stands proudly behind her position. "It has always been a line I would not cross," she said of abortion rights. "I'm 100 percent pro-choice, always have been, always will be. I would bargain hard to make certain that choice becomes a major part of any issue, that we ensure the ability of women and their physicians to make medically necessary decisions."

These issues — the environment and abortion rights — are perhaps the most important to students. But beyond these, Davis has joined forces with Gov. Gray Davis (no relation) to help ease the burden of college tuition from students' shoulders. During her tenure in the Assembly, she has helped push through tuition freezes, new Cal Grants and better access to loans and scholarships for current and prospective college students.

What stood out most in the interview was her commitment to San Diego. One of her most important priorities in Congress, she says, is to obtain "a committee assignment that I think reflects San Diego." Education, health care and the military are all important to San Diego, and are thus important to her.

Through her six years in the Assembly, through her commitment to her values, beliefs and sincerity, Davis has proven herself worthy to represent San Diego on Capitol Hill. She has shown time and again she has not been spoiled by politics and remains on the same level as her constituents, which is more than people can say about most politicians.

The future resides in our hands. Our votes can make the difference in this election. We can either vote for Davis' opponent, who like a tall, thin reed, sways whichever way the political winds blow, or for Davis, who stays committed and grounded to her beliefs and the beliefs of those whom she represents. Let's make the most of it.

Students Call the White House

UCSD Community participates in national call-in sponsored by CalPIRG

By KYLE BEIBSHEIMER
Contributing News Writer

Last Wednesday UCSD CalPIRG took part in a nationwide call-in where students from campuses across the nation phoned the White House, urging President Clinton to protect the U.S. national forests from development.

The event took place on Library Walk between 10 a.m. and 2 p.m., and was open to anyone who wished to partake in the call-in. Participants, mostly students, used cellular phones to place calls directly to Washington, D.C. from Library Walk.

While nobody actually spoke with President Clinton, participants did manage to speak with operators from the National Comment Line who listened to and recorded their concerns.

Event coordinator Natalie Roselli, a Roosevelt senior, reported that more than 150 members of the UCSD community phoned the White House and pleaded for the president to preserve more than 60 million acres of national forests.

"We are trying to increase awareness both on the constituent side and on the electorate side," Roselli said. "We want our administration to know that U.S. citizens

feel very strongly that our national forests are a major issue."

"We want [President Clinton] to support a policy that will strongly protect our national forests," Roselli added. "We don't want road building, mining, logging, et cetera, in our national forests."

CalPIRG received some outside help that contributed greatly to the success of the event. GTE Wireless played a significant role by donating 15 cellular phones, which the participants used to call the White House.

Additionally, CalPIRG credits much of the success of the event to the overall enthusiasm and desire the UCSD community displayed in urging the Clinton administration to protect the U.S. national forests.

"We got a lot of positive responses," Roselli said. "Volunteers were really excited to come out and help get people on the phone to the White House because it's an exciting thing."

CalPIRG's weekly meetings are open to the public and are held on Mondays at 5 p.m. on the second floor of the Student Center. This Thursday, Oct. 12 at 7 p.m., students can attend a general interest meeting for all those interested in joining. For more information, contact CalPIRG at 534-0844.

"We are trying to increase awareness both on the constituent side and on the electorate side."

— Natalie Roselli
Event Coordinator

Green Candidate Speaks

The party's senatorial candidate Medea Benjamin gave a speech in the Price Center in 'Students for Nader' first official event

By LARA MOSCIP
Contributing News Writer

Proclaiming that the United States must dispel the "duopoly" of the two-party system, Green Party senatorial candidate Medea Benjamin spoke to a sparse audience at the Price Center on Thursday afternoon as part of the Students for Nader organization's efforts to introduce the values of the Green Party.

Giving speeches across the eight University of California campuses, Benjamin spoke of the beliefs of the Green Party and tried to explain its foundations and future aspirations in her 25 minute address.

Benjamin emphasized the similarities between presidential candidates George W. Bush and Al Gore and asked the audience to gauge its feelings toward the contenders.

"Are any of you inspired by these two men? Do they make you think, 'Oh, I can't wait until they're president?'" Benjamin said.

Capitalizing on cleverly worded slogans such as "Human need before corporate greed," Benjamin championed the living wage concept in California and denounced

both parties' preoccupation with courting corporate campaign donations. She also urged the abandonment of the "winner take all" system in favor of proportional representation.

Carl Sachs, a graduate student and the publicity coordinator for Students for Nader, was pleased by Benjamin's address and expects an increase in student interest in the Students for Nader organization.

"I think her speech was articulate and focused directly on the issues," Sachs said. "She made an excellent case for voting Green, voting for Nader and for herself. We could have had a better turnout but we're a young organization and we expect a better turnout at our next event."

A question and answer session followed Benjamin's speech, prompting her to explain the differences between herself and Dianne Feinstein on major issues. She also discussed the ramifications behind students' voting for Nader and how that could help disrupt the two-party system by guaranteeing him federal funds to participate in the next election.

David Leland, a graduate student and the tabling coordinator of Students for Nader, said students should become involved with political organizations in order to remain aware of the issues affecting them.

"We have to work to dispel the myth that students today are apathetic or apolitical," Leland said. "It is important for them to be involved so that they can't be placated with cell phones and video games into ignoring the things in the world that are bad."

Leland was undaunted by the small audience assembled before Benjamin, noting that the Students for Nader organization had only officially existed for two days.

"I love the way she speaks, and I wasn't too surprised by the attendance since we just registered as a student organization two days ago, and we quickly pulled together at the grass roots level," Leland said. According to Benjamin, the Green Party and organizations such as Students for Nader have the potential to reform the current two-party political system; however, Benjamin admits that there remains "a hell of a lot of work to do."

Grant:

The university appealed to the DOE in 1997

Continued from page 1

pling of student financial aid awards between 1994 and 1996.

The audit questioned the University's "professional judg-

ment" in awarding the grants. Specifically, the government agency pointed out that 46 percent of SLU Pell Grant recipients were treated as though "special circumstances" were involved in making the grants.

The University appealed the 1997 audit to the Office of Financial Assistance Programs of the DOE. In December 1998, the

OFAP issued its Final Audit Determination, agreeing with the OIG that the University should refund the \$2.6 million.

The DOE claims, "The University's practice was to reduce family income by excessive living and other expenses without determining if the expenses were nec-

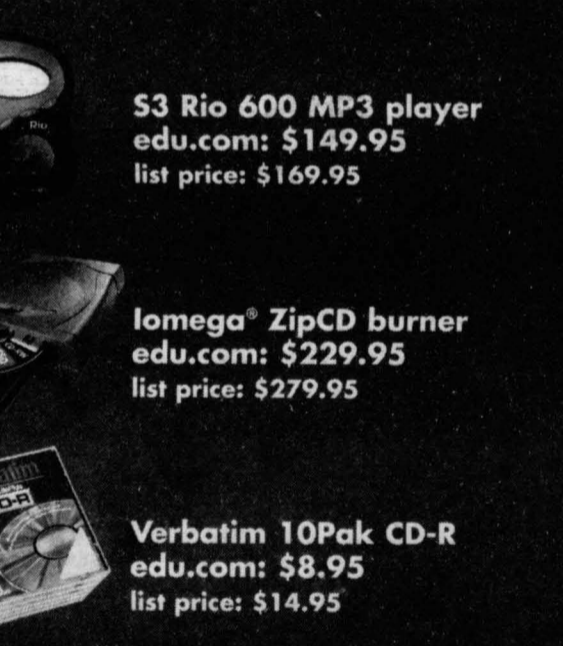
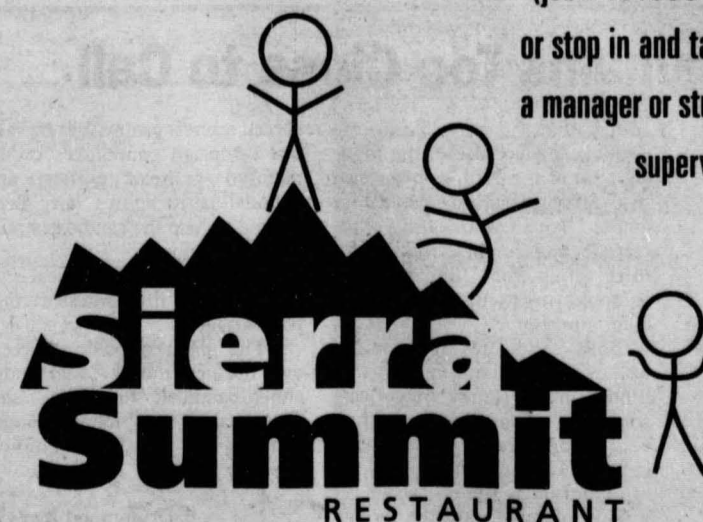
See GRANT, Page 11

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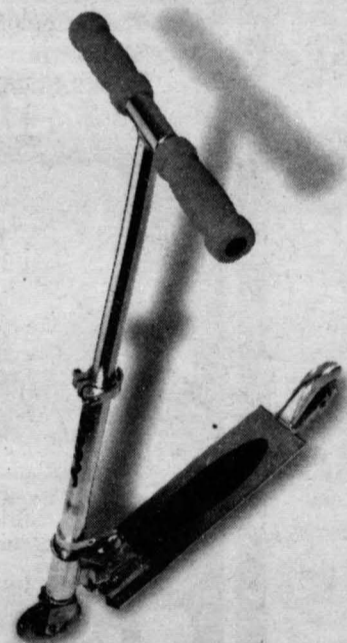
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Chancellor Robert C. Dynes, Senior Vice-Chancellor Marsha A. Chandler, Associate Student President Doc Khaleghi, University Librarian Brian E. C. Schottlaender
10:30am - 11:30am

FESTIVITIES

Music from Big Time Operator, the ultimate swing band!
11:30am - 12:15pm & 12:45pm - 1:30pm

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12:15pm - 12:45 & 1:30pm - 1:45pm

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WORLD & NATION

On Day One, Kostunica Faces Myriad of Troubles in Consolidating Power

BELGRADE, Yugoslavia — Yugoslav President Vojislav Kostunica struggled Sunday, his first day in office, to consolidate his authority over Serbia and his own allies, trying to find a balance between revolutionary justice and legality in the post-Milosevic era.

Kostunica is president, but some in the 18-party coalition that backed him are afraid that his concern for legal niceties may prove costly in the uneasy vacuum of power that has followed Slobodan Milosevic's ouster.

Already, there have been serious behind-the-scenes struggles for control of the police, the courts, the banking system and customs authorities.

Control of the police forces is a significant issue here. The police did not in any serious way oppose the mass protest last Thursday that led to the burning of the federal parliament, helped along by some prior agreements made by key commanders with the opposition.

In Sunday's issue of Politika,

the leading daily newspaper, Zoran Djindjic, head of the Democratic Party, the backbone to the opposition, said the police "had reorganized, stabilized and realized what the interest of the people is, and the police have become practically immune to

The appointment caused such uproar among the opposition leaders themselves that it was rescinded the same day

orders that could bring them into conflict with the people."

But knowledgeable officials say that former police and security officials with connections to Djindjic attempted to take control of Belgrade police headquarters on Friday morning and again Sunday morning. With the intervention this morning of Kostunica himself, it appears to have been calmed, officials said.

On Sunday, Kostunica met privately with top security officials.

On Friday, at the lucrative customs department, a close Milosevic ally, Mihajl Kertes, was pressured by armed men working for the opposition to leave office. To the surprise of Kostunica and some allies, a businessman close to Djindjic who owns an import company, was named head of customs.

The appointment caused such an uproar among the opposition leaders themselves that it was rescinded the same day.

There was another incident at the courts, with senior Milosevic judges ordering the destruction of documents relating to controversial cases.

There was a similar incident at the Foreign Ministry, though of lesser importance.

Kostunica and his allies are also trying to assert control over the Serbian government and parliament, which did not go through new elections.

— Steven Erlanger
The New York Times

Vouchers:

Voucher movement is mostly funded by whites

Continued from page 1

And it also means the unbridled backing of the contentious notion of giving parents vouchers financed by taxpayers to send their children to private schools.

"It's one of the last remaining major barriers to equality of opportunity in America, the fact that we have inequality of education," Booker explained. "I don't necessarily want to depend on the government to educate my children - they haven't done a good job in doing that. Only if we return power to the parents can we find a way to fix the system."

Booker, a Rhodes scholar who quotes Frederick Douglass and Langston Hughes in his speeches, is part of a growing cadre of young black leaders who have embraced

vouchers, and school choice more broadly, as a central civil rights issue for their generation.

While established African-American organizations have been among the leaders of the opposition to school vouchers, arguing that they would decimate the public school system, maverick black politicians and community organizations are increasingly the public face of the pro-voucher movement financed largely by white

Republican businessmen. Polls indicate there is strong support for vouchers among African-Americans. A new national organization, the Black Alliance for Educational Options, started a pro-voucher campaign this fall. In California and Michigan, where voters will consider

er voucher initiatives in November, prominent African-Americans have popped up on both sides of the ballot.

— Jodi Wilgoren
The New York Times

Israel:

The largest protest took place in Morocco

Continued from page 1

His aim appeared to be to steer Arabs toward policies reflecting the harsh lessons learned on the four occasions since 1948 when bitterness flared into conflicts that all ended with overwhelming Israeli victories.

"Declaring a war is not something simple," Mubarak said in remarks to Egyptian reporters. "We are in a very grave situation which demands a wise reaction."

In what appeared to be a reference to statements by hard-line Arab leaders who have called for military attacks on Israel, including the Iraqi president, Saddam Hussein, and the Libyan leader, Col. Moammar Gadhafi, Mubarak said peace was "still possible" if Arab nations "use reason and stop outbidding ourselves" with hard-line statements.

Mubarak's remarks follow a series of interviews in recent days in which he made some of his most hostile remarks about Israel in his 19 years as president. On Egyptian television on Friday, he accused Israel of using "excessive force"

against "unarmed Palestinians" and said Israel appeared to want to "stand up against the world."

On Thursday, he told Egypt's army newspaper that the peace deal that Washington had been urging on Palestinians, involving Israeli sovereignty over most of Jerusalem, "would be a time bomb that would explode in the faces of us all."

For days, Arab capitals, including Cairo, have been roiled by street protests involving large crowds, as well as campus protests and bitter denunciations of Israel by leaders, including many like Mubarak who have forged relationships with Israel.

In many ways the mood has seemed like a throwback to the period before the Oslo peace accords of 1993, when antagonism for Israel often seemed like the only enduring political bond between Arab nations.

One of the largest protests took place on Sunday in the Arab Nation of Morocco which has the closest ties to Israel. More than half a million people, including the prime minister, Abderrahman Youssoufi, marched through the streets of Rabat, news agencies reported.

— John Burns
The New York Times

— David D. Kirkpatrick
The New York Times

The district is roughly 40 percent Republican, 40 percent Democrat and 20 percent independent and has a history of swinging from one side to the other.

dent. It also has a history of swinging from one side to the other. It tends mostly to be moderate on social, cultural and environmental issues, and conservative on fiscal issues.

Kuykendall, who is more moderate than many California

Republicans, because of the moderate tilt of the 36th, won the seat two years ago by just 2 percentage points. Harman, who is also a moderate Republican, held the seat for three terms from 1992 to 1998, before leaving to run unsuccessfully for governor.

Both candidates have raised well over \$1 million in campaign funds, and both say they easily could end up spending more than \$2 million, about double what House candidates usually spend in California.

Considerable outside money also is being spent on the race by

special interest groups and by various campaign committees of the national political parties, and national party figures have been visiting to help the candidates raise even more money.

Most nonpartisan political analysts consider the contest a complete tossup.

"The slightest political breeze over the next month could nudge either candidate to victory," said Amy Walter, who follows House contests for the Cook Political Report.

— B. Drummond Ayres Jr.
The New York Times

Big Bookstores are Halting Discounts and Raising Their Prices

Fifteen years ago, a handful of fast-growing national bookstore chains started a price war in discounting books that became one of the momentous trends in the book business.

Widespread markdowns on best sellers, tens of thousands of other hardcover titles and even paperbacks delighted consumers and increased book sales.

The low prices lured customers to the national chains from independent stores and pumped up best sellers' sales by making them much cheaper than other titles. And when Amazon.com joined the game five years ago, its online bookstore upped the ante on competitive discounts.

But this year the discount era in the bookstore business has virtually come to an end. With none of the fanfare surrounding new markdowns, the dominant bookstore chains,

Barnes & Noble and Borders, have quietly raised their prices. Similarly, large online stores such as Amazon.com, Barnesandnoble.com, and Borders.com, just a year after

their discounts of up to 50 percent on best-selling books escalated the price wars to a new height.

As a result, consumers everywhere are paying more for books. Publishers stand to see the already sluggish growth in book sales suffer from the sharp increase in retail prices.

But independent bookstores,

The bookstore chains say they rolled back their discounts because of rising costs, slowing growth rates and the wisdom of experience.

bloodied by 15 years of struggling to compete against the chains' discounts, are breathing a sigh of relief.

The bookstore chains say they rolled back their discounts because of rising costs, slowing growth rates and the wisdom of experience.

California's 36th House District Race Remains Too Close to Call

MANHATTAN BEACH, Calif. — Except for a few placards and a scattering of advertisements on cable television, there is almost no readily visible evidence that an election is being held this fall in California's 36th District Congressional District.

The sunny ocean-side strip of Beach Boys country, from just south of Santa Monica to just north of Long Beach.

Still, a hot political battle is being waged in the 36th, one that is expected to go down to the wire and play an important role in deciding which party ends up controlling the House.

The two candidates, Steven Kuykendall, the Republican incumbent, and Jane Harman, his Democratic challenger, are having at each other daily, trying to gain traction even if little attention is being paid.

Polls indicate that of the 52 House races in California this year, this one might be the closest, and might be decided by many of the same tax, health care, education and Social Security issues that are at play in the presidential race.

The district is roughly 40 percent Republican, 40 percent Democrat and 20 percent indepen-

LIGHTS & SIRENS

Lights & Sirens is a selection of entries compiled from the log book of the UCSD Police Department. UCSD crime statistics can be attained by all persons from the Police Department or at <http://police.ucsd.edu>

Monday, Oct. 2

6:41 a.m.: A nonaffiliate reported a burglary to a coffee cart at the Social Sciences Building. Loss: \$125.

8:34 a.m.: A nonaffiliate reported a burglary to a coffee cart at Center Hall. Loss: \$30.

11:30 a.m.: A student reported the theft of a red '90 Chevrolet Pickup from Lot 704. Loss: \$8,000.

12:50 p.m.: A student reported the theft of a day planner from the Price Center. Loss: \$30.

12:57 p.m.: A student reported the theft of a purse and a cell phone from the Canyonview Pool. Loss: \$213.

1:10 p.m.: A student reported a sexual assault in Lot 106.

Tuesday, Oct. 3

9:45 a.m.: A staff member reported the theft of cash from the second floor of the Basic Science

Building. Loss: \$130.

4:12 p.m.: A student reported the theft of a white Jeep Grand Cherokee from Lot 704. Loss: \$11,000.

5:39 p.m.: Officers arrested a 27-year-old male nonaffiliate in Lot 106 for an outstanding misdemeanor for driving under the influence of alcohol. Cited and released. Bail set at \$5,000.

11:17 p.m.: An 18-year-old male student suffered an adverse reaction to narcotics on the third floor of Tioga Resident's Hall. Transported to Thornton Hospital by paramedics.

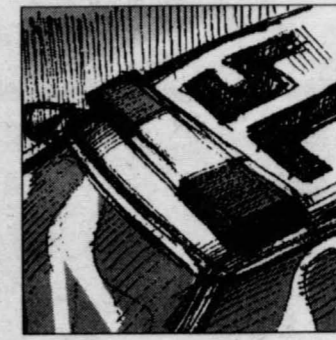
Wednesday, Oct. 4

1:10 p.m.: A student reported being battered on the second floor of Stewart Hall.

4:00 p.m.: A staff member reported the theft of cash from Price Center catering. Loss: \$164.

4:53 p.m.: A 20-year-old male student suffered a cut lip after losing consciousness at the Social Science Building.

8:24 p.m.: The San Diego Fire Department responded to a 34-year-old female nonaffiliate who lost consciousness at the Forum Theater. Transported to Thornton



Hospital by paramedics.

8:29 p.m.: Officers arrested an 18-year-old male nonaffiliate for possession of metal knuckles on the third floor of Harlan Hall. Booked into County Jail.

Thursday, Oct. 5

5:05 a.m.: A 19-year-old female student attempted suicide at the Pepper Canyon Apartments. Transported to Thornton Hospital by paramedics.

9:57 a.m.: A staff member reported the theft of cash from the Marshall Residential Life office. Loss: \$150.

4:46 p.m.: The San Diego Fire Department responded to a 20-

year-old female student who suffered a seizure at the Humanities and Social Sciences Building, Room 1330. Transported to Kaiser Hospital by paramedics.

11:35 p.m.: Officers detained a 19-year-old male student at the Marshall V building for being drunk in public. Transported to detox.

12:00 a.m.: Officers detained a 19-year-old female student at University Center 500 for being drunk in public. Transported to detox.

Friday, Oct. 6

7:20 a.m.: A nonaffiliate reported a burglary to a coffee cart at Warren college. Loss: \$100.

7:31 a.m.: A nonaffiliate reported a burglary to a coffee cart at the Social Science Building. Loss: \$100.

7:33 a.m.: A nonaffiliate reported a burglary to a coffee cart at Center Hall. Loss: \$300.

9:43 a.m.: A nonaffiliate reported a burglary to a coffee cart at Mandeville Center. Loss: \$400.

11:53 a.m.: A staff member reported the theft of a cabinet from McGill Hall. Loss: \$50.

3:42 p.m.: A staff member reported the theft of a red '89

Mazda pickup from Lot 510. Loss: \$4,000.

8:22 p.m.: Officers arrested a 19-year-old male nonaffiliate in Lot 601 for misuse of a handicapped placard. Cited and released.

9:41 p.m.: Officers detained an 18-year-old female student at Geisel Library for being drunk in public. Transported to detox.

9:50 p.m.: An 18-year-old male student suffered from an alcohol overdose at the Muir Apartments. Transported to Thornton Hospital.

Saturday, Oct. 7

3:23 a.m.: Officers arrested an 18-year-old male student at Tioga Resident's Hall for being a minor in possession of alcohol. Cited and released.

10:46 a.m.: A student reported the theft of a Raleigh bicycle from the bike rack on the west side of Bates Hall. Loss: \$237.

9:39 p.m.: A 19-year-old male student suffered cuts to his hands, arms and legs after falling while rollerblading at Geisel Library. Subject refused treatment. Subject was not wearing a helmet.

—Compiled by Vincent Gragnani,
Senior Staff Writer

Safety:

Crimes must be reported where they happened

Continued from page 2

or counseling cannot be easily reported to the police department.

Students seek advice for their friends or counseling regarding a sexual assault that happened in high school, before the student set foot on the UCSD campus.

Also, according to Wahlig, the crime must be reported to the authorities where it happened. If a student lives in Pacific Beach and is assaulted there, the police department in that area of San Diego would be responsible for taking the report.

The UCSD Medical Center in Hillcrest does not report any crime statistics to the main campus police department, making it more difficult to determine the accuracy of the statistics.

With her wealth of information about sexual crimes, Wahlig was hesitant and pensive before saying that UCSD is a "relatively" safe campus.

The key word is "relatively," according to Jones.

The Clery law is named after Jeanne Clery, a Lehigh University freshman who was raped and strangled in 1986 by another student in her dorm room. Her parents found out later that the Pennsylvania University had not accurately reported its sexual assault statistics.

UCSD's published crime statistics can be found at the police department's Web site at <http://police.ucsd.edu/docs/safe0001.htm>.

Grant:

The university appealed to the DOE in 1997

Continued from page 9

essary and constituted a special circumstance."

The OIG stated in the audit, "We estimate from our sample reviews that unreasonable professional judgment actions resulted in 2,016 students receiving \$2,599,709 of additional Pell Grants for award years 1994-95 and 1995-96." A total of 4,862 recipients were awarded Pell Grants during this time.

— The University News

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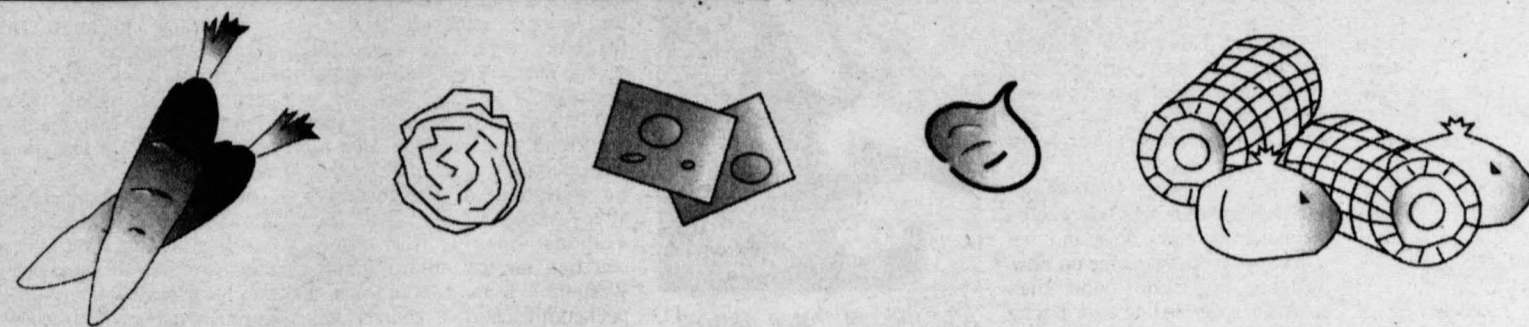
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FEATURES



TURNING OVER A NEW LEAF

Vegetarianism offers a unique lifestyle change for many reasons

If you ask the common, ignorant person on the street about vegetarianism, he may respond that it is the latest fad among "health nuts" and will soon pass.

If you were to ask an informed person about vegetarianism, he would tell you it is something that has been around for millions of years. It was simply called something else.

The ancient herbivores were dinosaurs who ate only plants. They were prehistoric vegetarians. One of the most popular vegetarian dinosaurs is the stegosaurus. This plant-eater had flat teeth that were good at grinding up plants for consumption.

In modern times, vegetarianism has evolved from grinding up indigenous plants to eating exotic fruits and vegetables as well as meat substitutes.

A 1991 Gallup poll conducted for the National Restaurant Association showed that about 20 percent of the population looks for a restaurant with vegetarian items on the menu when they eat out and about one-third of the public would order non-meat items if they were listed on the menu. Still, many people in today's society do not understand what a vegetarian is or why someone would choose to be a vegetarian.

WHAT IS A VEGETARIAN?

A vegetarian is a person who has chosen to abstain from eating meat, fish and poultry.

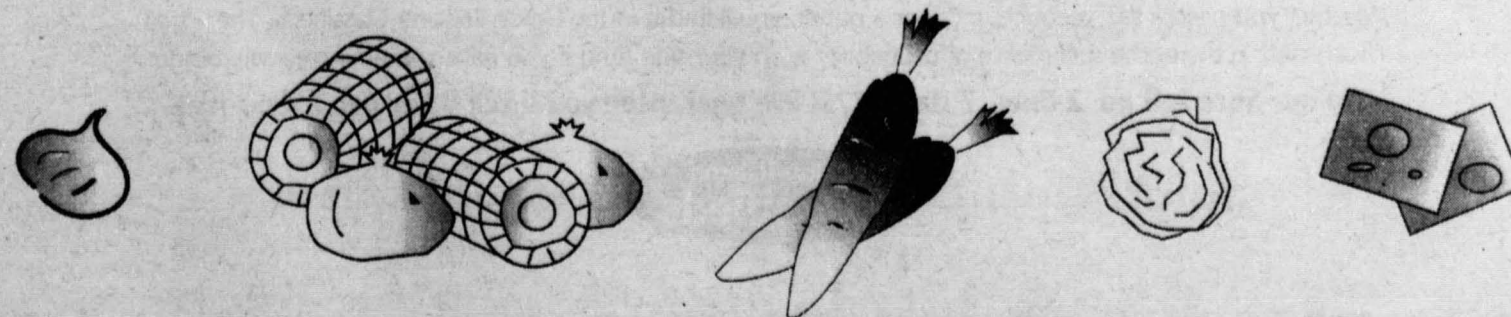
Common vegetarian diets include wide varieties of fruits and vegetables along with various meat substitutes that are often soy-based.

various meat substitutes that are often soy-based.

Some people take vegetarianism one step further and become vegans.

See VEGETARIAN, Page 16

By JOSH GROUSE,
FEATURES EDITOR



The Editor's Soapbox

An editor conveys his frustration with the continued mistreatment of skateboarders

By DAVID PILZ
Photo Editor

When I was a kid, I saw stickers everywhere that said, "Skateboarding is not a crime." Ever since the birth of skateboarding, skateboarders have been treated with an extreme amount of undeserved disrespect by the general public. I bring up the issue now in light of new anti-skateboarding laws, and also due to the skate-proofing of UCSD.

I am not into skateboarding all that much. I skate around every once in a while, but I'm not a professional. A few months ago, some friends and I were skateboarding at a local school, having a good time, when we were busted. After much harassment, we were released with warnings. This is when I discovered there are laws against skateboarding.

Skateboarding is no longer allowed on city property. In fact, the only place you are allowed to skate is in skate parks or on your own property. The problem is that skate parks are too few and far between. They cost a lot of money to get in and are generally overcrowded. What about the kids who don't have a way to get to skate parks, or someone who cannot afford to get in? What does the city of San Diego have to say to them — "Get a new hobby?"

Furthermore, there is a difference between ramp skating and street skating. They vary and are fun in their own ways.

I was in shock when I first heard about the anti-skateboarding laws.

No skateboarding anywhere? I couldn't believe it. Not on sidewalks, not at schools, not even on the streets. No grinds, railsides, kickflips, heelflips or varials. Even a mere ollie is illegal. Skateboarding down the street to your friend's house warrants a ticket or an arrest in San Diego.

The arguments anti-skateboarders make are that skateboarding makes too much noise and that it destroys property. Come on now. Skateboarding is no louder than someone rollerblading or dribbling a basketball. People walking down the street talking are as loud as skateboarders.

As for destruction of property, when my friend and I were busted, the police said we were causing structural damage. This is absolutely false. Thin pieces of wood cannot destroy those cement ledges we were skating on.

Then the police said, "What about the kids who have to see these ledges every day?" I'm guessing that the kids either don't care or they are skating on the ledges themselves.

I can understand if we are talking about some really snazzy business plaza, but cement ledges at schools, which are ugly to begin with? Sidewalk curbs? The whole city of San Diego?

Let's face it, these are sad excuses for justifying skateboarding laws, the real reason behind which is the stigma attached to skateboarders. Skateboarders are seen as hoodlums, vandals and punks up to no good, when they



Maybe you have noticed those really ugly bumps all over the ledges and benches in Revelle. No, that wasn't done to make the school look better, obviously; it was done to prevent skateboarders from sliding anywhere.

are really just people trying to have a good time. Of course, there are those that give skateboarders a bad name, like those who vandalize, but skateboarding isn't the only sport with people like this. There are plenty of rollerbladers who act the same way, as well as basketball players, football players and bikers. I don't mean to give anyone a bad name; I'm just saying that there are idiots everywhere, and not just in skateboarding. I don't know how this anti-

skateboarder stigma began, nor why it has persevered throughout the history of skateboarding. It is at the center of the recent aggression against skateboarders and has got to go.

It is because of this stigma that my friend and I were treated so disrespectfully by the police when we were busted. For instance, after asking me if I had any weapons on me, the police searched me just to make sure. Weapons? I don't even own a pocketknife. And of course, it is really easy to skate with a gun in my back pocket, just in case I need to shoot someone in the middle of a grind.

We're not criminals. We're UCSD students just trying to have some good clean fun. What we did was no basis for the way we were treated.

Maybe you have noticed those really ugly bumps all over the ledges and benches at Revelle. No, that wasn't done to make the school look better, obviously; it was done to prevent skateboarders from sliding anywhere. Why is this problem considered so big that the administration put money and effort into making sure no one skateboards there? I don't buy this whole "noise" argument. Apparently our whole campus is supposed to be dead quiet all the time. Contrary to popular belief, our campus is not a library.

You would think San Diego would encourage skateboarding. It doesn't cost the city anything if skateboarding is legal. Basketball requires building basketball

courts, football and baseball require fields, but you don't need to build anything for street skating. Skateboarders use the existing structures as courts and the open roads as fields. We don't need the city to spend millions of dollars to suit our skateboarding needs.

The thing that bothered me the most about being busted for skateboarding was that there were several kids around, also skateboarding, who were watching us do tricks and cheering us on. I believe that we are good role models for them — UCSD students with positive attitudes getting good grades.

The cops came and turned us into criminals. I guess the city of San Diego would rather have those kids sitting at home, watching TV and playing video games, than have them outside skateboarding.

Some of my fondest memories of youth were of skateboarding around town with my brother and friends, exploring and getting some exercise. Skateboarding is a very positive sport, especially for kids, and it makes me sad that people are trying hard to get rid of it.

I am absolutely sick of laws designed to destroy young people's fun. Skateboarders aren't harming anyone. We are just trying to have some good clean fun. Apparently this is not acceptable to some uptight people who consider only the stereotype of skateboarders, and not the positive aspects skateboarding has to offer.

The truth is, we like skateboarding. We like it a lot. It's a lot of fun. We are going to keep doing it.

YOUR WEEKLY

redevelopment. Learn about graduate training programs in urban studies and planning. 2:30pm@ Career Services Center. 534-3750

• Hablas English? Come to the UK/Ireland Information Session, 1:30 Int'l Center Lounge. Come immerse yourself in these exciting cultures.

Fri., Oct. 13

• IDENTIFYING YOUR CAREER IN BUSINESS. Unsure about your career plans? Attend this workshop to assess your values and skills, determine what jobs are a good match for you, and get vital information on specific occupations in business. 11:30am@ Career Services Center. 534-3750

Services will give a brief overview of the legal field and give advice on how to take care of legal problems ourselves. Co-sponsored with Student Legal Services. 4-6pm, The Women's Center (U. Center 407)

• IDENTIFYING YOUR CAREER IN LIFE SCIENCES AND HEALTH. Unsure about what career path to take? Attend this workshop to assess your values and skills, determine what jobs are a good match for you, and get vital facts on specific occupations in Life Sciences & Health fields. 11:30am@ Career Services Center. 534-3750

• Free lecture by actress Jane Alexander on Freedom of Opinion & Expression. She will speak 7pm in Price Center Theatre, followed by a panel discussion, audience Q&A, and a reception with cake to celebrate the 116th anniversary of Eleanor Roosevelt's birth.

• Find out how you can live abroad in the Philippines. Info session on new program. 2:30pm Int'l Center Lounge. 534-1123

• Sushii! Sushii! Come find out how you can live in Japan! Info session at 2:30pm Int'l Center Lounge. 534-1123

Thurs., Oct. 12

• ACING YOUR JOB INTERVIEW: Does the thought of interviewing make you

ACADEMICS

Tues., Oct. 10

• "Living Between Love and Danger": Book signing and talk with Prof. Kathleen Jones. Prof. Jones reflects on the 1994 murder of one of her students and examines the choices made when confronting violence. In honor of Nat'l Domestic Violence Awareness Month. 4-6pm, The Women's Center (U. Center 407)

• IDENTIFYING YOUR CAREER IN HUMAN SERVICES: Attend this important workshop! You'll get vital facts about education, law, human resources, mental health, social work, and more. 11:30am@ Career Services Center. 534-3750

• TEACHING K-12: ORIENTATION TO TEP PROGRAMS. Interested in teaching at the elementary or secondary level? Do not miss this session on teacher education programs and the steps needed to get a credential. 2:30pm@ Career Services Center. 534-4939

• Program for the STUDY OF RELIGION-Undergraduate Degree Information Forum: Undergraduates, stop by at your convenience to learn about the interdisciplinary major, double major and minor degree requirements in the academic field of Religion; study abroad opportunities will also be provided. 10:30-1:30pm Price Center. Davis/Riverside Room. Info 534-8849 or visit our website at religion@ucsd.edu

• Meet new and exciting people, learn another language, travel to exotic places! Study abroad information session presented by the Program Abroad Office. Int'l. Center Lounge. Enlighten your life, go abroad. 534-1123

Wed., Oct. 11

• "Representing Yourself": Tony Valladollid, Director of Student Legal

ACTIVITIES

Mon., Oct. 9

• In honor of Jane Alexander's visit to UCSD this coming Wed. the International Affairs Group is proud to present an opening panel discussion focusing on Human Rights in China. Panelists will cover freedom of expression, religion, and political thought. 7pm, Pepper Canyon Lodge, ERC.

Wed., Oct. 11

• CWD Free Film: LA Democratic Convention. A Look at the demonstrations that took place in Los Angeles during the 2000 Democratic convention. The director of the film, Kyle Yamada, will speak. 7:30pm, Center Hall 113.

CLUBS

Mon., Oct. 9

• "Alcoholics Anonymous": The AA group is for women only and is a closed group limited to those who are alcoholics or those who want to quit drinking. Meetings are confidential. 12-1pm, The Women's Center (U.Center 407)

• Indigenous People's Day celebration. 5pm at the Cross Cultural Center.

• "Being Black at UCSD": The African American Student Union (AASU) hosts an open discussion for staff, faculty, and students about their experiences at UCSD. 6-8pm in the Cross Cultural Center.

For LGBT and other people to socialize, learn about events, and access resources. Everybody is welcome! Info: 534-GAYS.

• African American Student Union (AASU) meets Mondays 6pm-8pm @Cross Cultural Center. Join us for a quarter filled with meaningful and fun events that are social, political, and cultural like Being Black@UCSD, Poetry Night and Kwanzaa! For more info: aasu@ucsd.edu

Tues., Oct. 10

• ISO Weekly meeting. A weekly discussion on socialist politics. This week will be why you should be a socialist. 5pm in the Cross Cultural Center.

Wed., Oct. 11

• Darkstar's Gaming Meeting @7pm in the International Center Conf. Room. We'll have tons of games and tons of fun! Info: Darkstar@ucsd.edu

HEALTH

Ongoing

• "For the Health of It" Information Sessions - one hour sessions open to men and women, and required for first-time birth control or annual exam) Location: Student Health Classroom, 2nd floor

Mondays 2pm; Tuesdays 1pm; Wednesdays 10am & 3:30pm; Thursdays 1pm; Fridays 10am & 2:30pm

• Cholesterol Screening - (Accumeter self test) Sign up at bulletin board first floor.

Location: Student Health Classroom, 2nd floor. Mondays 10am; Wednesdays 2pm; Fridays 1pm

• FITStop at RIMAC - Individual fitness assessment by Student Health Advocates. Location: Wellness Room, RIMAC, Monday and Wednesday evenings 5-8pm.

• ANONYMOUS HIV TESTING@ Student Health- Walk in to sign up in the Health Ed Department, 2nd floor. \$10.00 charge includes pre- and post-counseling with a peer educator. Questions? Call a Health Educator @534-2058

• Student Health is here for YOU! We're a full service clinic open to ALL registered students. You don't need health insurance to use our services! Appointments for physical visits and specialty clinics: call 534-8089. Walk-in to Urgent care weekdays 8am-4:30pm (Weds. 9am-4:30pm)

• Emergency Contraception, annual exams, STD tests, pregnancy control prescriptions, and health education-all at the Women's Clinic at Student Health. Call 534-8089 for appt. **Completely confidential** always.

RELIGION

Thurs., Oct. 12

• Intervarsity Christian Fellowship. Come for a time of worship, community, and speaker! All are welcome! Solis 107. 7:30pm.

Fri., Oct. 13

• Intervarsity Christian Fellowship invites all to "The Risk", a three day event in the Mts. of Idylwild. Come explore faith issues, bring your questions and friends. Cost:\$30.00. Oct.13-15. For more info: Diana 619.563-4728

Ongoing

• Triton Co-Ed Spirit Squad practices. Sun., Tues., Thurs., 7:30pm-10:00pm. Interested in competitive, collegiate, co-ed career? Come check us out! more info: Eric 597.0663

• MECHA; Mondays 5pm @ Cross Cultural Center. Movimiento estudiantil chicano/a de aztlán. All are welcome. Political, social, and cultural events held. ucsdmecha@hotmail.com

• LGBTA General meetings. Every Monday 7pm. GSA room in old student center. A safe and friendly environment.

Calendar

break into a cold sweat? It doesn't have to! Learn helpful strategies, how to prepare, typical questions, and follow-up tips, so you can ace your interview and never let 'em see you sweat! 11:30-12:30pm@ Career Services Center. 534-3750

• YOUR FUTURE IN URBAN STUDIES & PLANNING PANEL. Don't miss your chance to hear from the pros in city planning and urban design/

• National Coming Out Day Rally: A rally to celebrate LGBT pride and to raise awareness within the UCSD community. Open microphone forum. Feel free to speak or just come to support! info: 534-GAYS. 12-1pm, Price Center Amphitheatre.

• Learn the do's and don't's of running a successful meeting. Useful tips will be shared on the basic steps to make those meetings more organized and productive for everyone. 2:30-3:30pm, Price Center Gallery A.

• Know where YOUR food comes from?: Sweatshops without walls. Hear about the farmworkers' struggle in Oregon and how you can show solidarity through your support of the NORPAC boycott. 3:30pm Price Center, Gallery A.

Thurs., Oct. 12

• Univ. of Wyoming President reflects on the Matthew Shepard murder and the media's response to it. The showing of this 72 minute thought provoking video is free. Cross Cultural Center, 12noon.

• Team Building: Experience "Team Work" through a variety of structured experiences and discussion. This is not a lecture... come ready for action! Presented by Student Organizations and Leadership Opportunities (SOLO) 3-4pm, Price Cntr. San Francisco/ Santa Cruz Rm.

• PASS General Body Meeting. Welcome Pre-meet! Gain volunteering opportunities, mentoring, and info on our first general body meeting. 7pm @Center Hall 214

Thurs., Oct. 12

• Darkstar's Science Fiction dinner. 6:45pm @ Mira Mesa Mandarin Garden. Meet at the office (in the Che Cafe Complex) for rides or to checkout our library! info: darkstar@ucsd.edu

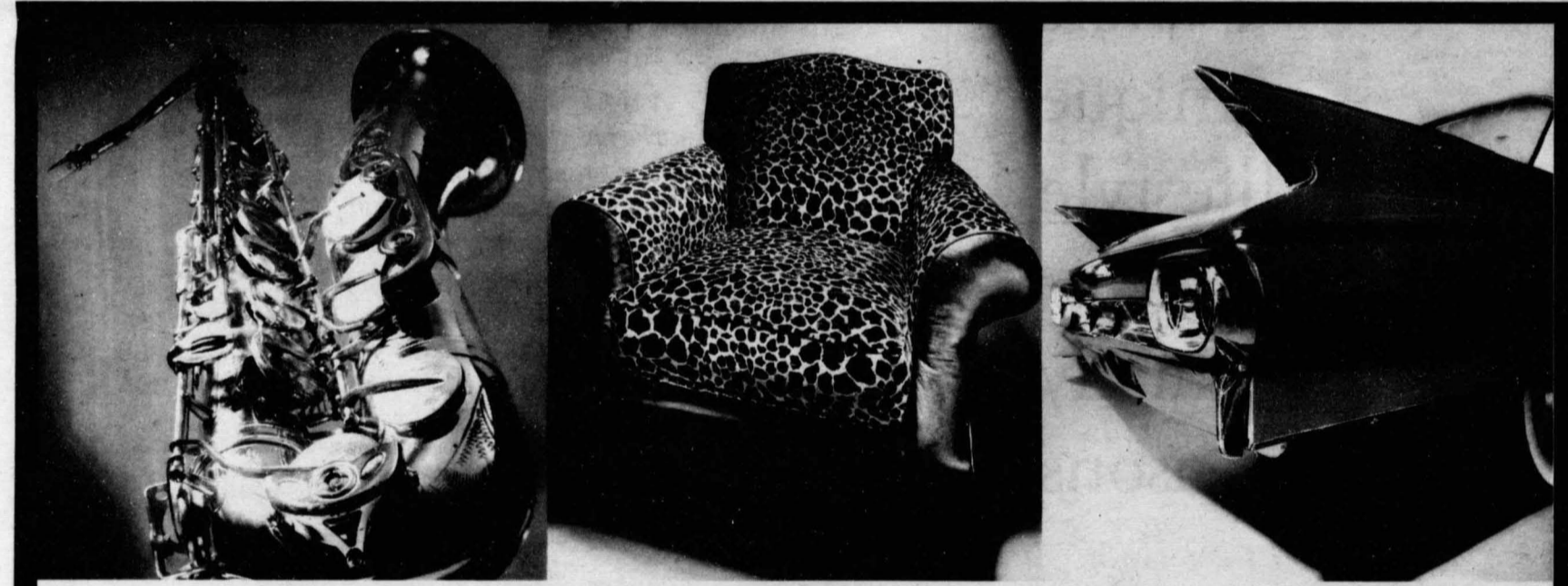
Fri., Oct 13

• "Graduate Mother's Get Together": Come join other graduate mothers for a kick-off of the yearly discussion group. Refreshments served. For more information contact Reina Juarez rjuarez@ucsd.edu. 12-1pm, The Women's Center (U.Center 407)

Ongoing

• Univ. of Wyoming President reflects on the Matthew Shepard murder and the media's response to it. The showing of this 72 minute thought provoking video is free. Cross Cultural Center, 12noon.

• Team Building: Experience "Team Work" through a variety of structured experiences and discussion. This is not a lecture... come ready for action! Presented by Student Organizations and Leadership Opportunities (SOLO) 3-4pm, Price Cntr. San Francisco/ Santa Cruz Rm.



WhATEVeR yOu WaNt, yOu'LL FiNd.

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The Weekly Calendar is published in every Monday (or first issue of the week) issue. There are 10 Calendar editions each quarter. Listings in the Weekly Calendar are free to any on-campus department or organization to publicize their events taking place on or off campus. Press releases to publicize events with no UCSD connection will not be published in the Calendar. The Calendar is for events only.

One-time events are published in the Calendar issue for that week only; ongoing events, such as weekly meetings, will be listed every week as space allows through the end of the quarter.

ONGOING CALENDAR submissions must be renewed at the start of each quarter.

The Business Office has Calendar forms that can be filled out in our office (Student Center upstairs, Room 217) or faxed. Please list the event; date of event; time of day; location; fee, if any; contact person; and a 25 word or less description. Lengthy descriptions will be edited. Categories are: Academic, Activities, Arts, Clubs, Health, and Religion.

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UCSD Guardian Weekly Calendar, mail code 0316. Questions, Call (858)534-3466.

Week of October 9 - 16, 2000

Vegetarian:

Health concerns involved in diet choice

Continued from page 13

Vegans are vegetarians who have decided to stop both consuming and using all animal products, including milk, cheese, eggs, other dairy items, wool, silk and leather.

While some may think that it takes a lot of time to become a vegetarian, it is actually common for people to instantly make the lifestyle change, according to the Vegetarianism in a Nutshell Web site, <http://www.vwg.org/nutshell/nutshell.htm>.

According to the Web site, many people simply give up meat, fish and poultry overnight. It does not disclaim the fact that it does take some people more time to make the change.

They advise that people wanting to make the change should make it at their own pace. According to the site, "Being a vegetarian is as hard or as easy as you choose to make it. Some people enjoy planning and preparing elaborate meals, while others opt for quick and easy vegetarian dishes."

WHY BECOME A VEGETARIAN?

There are several reasons for

becoming a vegetarian. Some people make the choice because they are concerned about their health, religious issues or ecological issues.

Others choose to become vegetarians because of a dislike of meat, compassion for animals, belief in nonviolence and economic concerns.

CAN A VEGETARIAN DIET BE UNHEALTHY?

Although some people may argue that vegetarians are denied essential vitamins and minerals by abstaining from meat, all scientific evidence points to a well-balanced vegetarian diet as being healthy.

The American Dietetic Association has affirmed that a vegetarian diet can meet all of a person's nutrient needs. The Vegetarianism in a Nutshell Web site advises that vegetarians should eat a wide variety of foods, including fruits, vegetables, lots of leafy greens, whole grain products, nuts, seeds and legumes. They also suggest that vegetarians limit their intake of sweets and fatty foods.

For those interested in decreasing their fat intake, there are several vegetarian substitutes that can be used in cooking. Sautéing in water instead of oil is

one example. Soy lecithin sprays or rubbing oil in a pan with a paper towel can cut down on fat intake as well.

One thing to remember is that only animal products contain cholesterol. Vegetable products contain no cholesterol.

Some of the main health con-

While some people may think that it would be hard to find a place to take a vegetarian out to eat, there are many foods out there available to vegetarians, as many restaurants now carry vegetarian menus.

cerns surrounding vegetarians are their intakes of proteins, iron, calcium and vitamin B12.

"Position of The American Dietetic Association: Vegetarian Diets," which was published in the Journal for the American Dietetic Association in November of 1997, states that vegetarians can easily meet their protein needs if they simply eat a varied diet and con-

sume enough calories to maintain their weight. It also says that a mixture of proteins throughout the day will provide enough essential amino acids.

Good sources of protein for vegetarians include lentils, tofu, low-fat dairy products, nuts, seeds, tempeh and peas. Foods such as whole grain bread, greens, pasta and corn also provide protein.

Vegetarians concerned about iron intake should consume such foods as dried beans, spinach, chard, beet greens, blackstrap molasses, blugru, prune juice and dried fruits. Cooking food in iron cookware also adds to iron intake. Eating food that is high in vitamin C also increases the body's ability to absorb iron during a meal.

Calcium is a big concern for vegetarians, particularly for vegans. Vegetarians can still get their calcium intake from dairy products such as milk, cheese and cream.

Vegans have to look elsewhere for their calcium source. Many vegans opt for calcium pills. Others eat foods high in calcium, such as collard greens, broccoli, kale, turnip greens, tofu prepared with calcium, and fortified soy milk.

Since vitamin B-12 comes primarily from animal-derived foods,

it can be hard for vegetarians to find a source of it. Luckily for mature vegetarians, the adult recommendation for vitamin B-12 is very low. A diet with dairy products or eggs can provide sufficient vitamin B-12 for vegetarians. Vegans can look to fortified foods such as Grape Nuts, some brands of nutritional yeast and soy milk, or some soy analogs. There are also supplements that can be taken for vitamin B-12.

There are some questions as to whether a vegetarian diet is appropriate, or even healthy, for a child.

According to The American Dietetic Association, vegetarian diets meet all nitrogen and amino acid needs for growth. For children who are becoming vegans, The American Dietetic Association recommends a well-planned diet that should include fortified soy milk.

WHAT ARE SOME COMMON VEGETARIAN FOODS?

While some people may think that it would be hard to find a place to take a vegetarian out to eat, there are many foods out there available to vegetarians, as many restaurants now carry vegetarian menus.

See VEGETARIAN, Page 21

ARENA

Why do you vote?

Interviews & Photography by Tyler Huff



"If you don't vote, you get left out of decisions that affect you."

Amir Asgari
Revelle freshman



"I vote because the issues of younger voters aren't represented."

Carmen Mendez
Muir sophomore



"Because chicks like guys who practice democracy."

Darryl Dimaquibo
Revelle junior



"To get your voice heard."

Lily Ngotran
Muir sophomore



"I vote because like everyone says, one vote does make a difference. If you don't vote, you can't complain."

Romeo Bautista
Revelle freshman



"I vote because I'm informed. You don't want to just pick somebody. If you're not informed, don't vote."

Kanika McDongall
Roosevelt senior

The UCSD Career Services Center & the UCSD Alumni Association present:

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Don't miss this series of panel presentations featuring distinguished professionals and/or graduate school representatives!

All panels take place at the Career Services Center

Thurs., Oct. 12, 2:30pm
YOUR FUTURE in URBAN STUDIES & PLANNING
> Hear from professionals in city planning and urban design/redevelopment. You'll also learn about graduate training programs.

Mon., Oct. 16, 2:30pm
OCCUPATIONAL & PHYSICAL THERAPY
> Don't miss this panel of therapists and school representatives who will talk about career opportunities and how to be a successful applicant for professional school.

Wed., Oct. 25, 2:30pm
CAREERS in HUMAN RESOURCES
> A human resources rep, an EEO/Affirmative Action Director, a training & development specialist, and a recruiter will share their experience and discuss the latest trends.

Mon., Oct. 30, 2:30pm
CHEMISTRY CAREERS w/BACHELOR'S DEGREES
> Hear success stories firsthand from professionals who have done it. This panel of working chemists will share their insights.

Wed., Nov. 1, 2:30pm
WRITING: GRADUATE STUDY & CAREER OPTIONS
> An admissions rep and a current grad student will present info about graduate writing programs. Technical and magazine/newspaper writers will discuss career options, job search strategies and related issues.

Tues., Nov. 7, 2:30pm
CAREER STRATEGIES for STUDENTS with DISABILITIES
> Learn from a panel of successful professionals working in different fields. They will describe their own career development, disclosure of disability issues, and more. Please e-mail cschmid@ucsd.edu by Oct. 31 to discuss specific accommodation requests for attending this panel.

Wed., Nov. 8, 2:30pm
MAKING a LIVING in the PERFORMING ARTS: Music & Theater
> Hear professionals in music and theater discuss their careers and how to break into the field. Learn the real facts beneath the glitz and glamour.

Thurs., Nov. 9, 2:30pm
PREPARING FOR & PRACTICING LAW
> Learn from a panel of law school admissions officers & local attorneys who will discuss legal education and careers. (Immediately follows our Law School Info Fair on Library Walk)

Thurs., Nov. 16, 2:30pm
CAREER OPTIONS in REAL ESTATE
> A panel of professionals will share info on various careers within real estate including property management, residential or commercial development, and mortgage finance.

QUESTIONS? Call the Career Services Center @ (858) 534-3750

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• La Jolla • La Jolla Village • St. Germain's
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Miramar
• Subway • Roberto's

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• Jeff's Burgers • Neighbor Saver
• North Shore Cafe
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Downtown La Jolla
• Amy's Cafe • La Jolla Brewing Co
• House of Natural Foods • UJ Public Library
• Baltimore Bagel • Bernini's
• Pannikin • 7-11 (La Jolla Blvd.)

Pacific Beach
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• Zanzibar • Cafe Crema • 7-11
• Quick Corner • Soup Exchange
• Dragon House

Mission Beach
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• Mission Beach Laundry
• Mission Coffee House

Uptown/Hillcrest
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Getting a taste of the vegetarian lifestyle

For those interested in trying some vegetarian food, here are some vegetarian recipes that could give a taste of what could hold in store for you.

Recipes below are from *Vegetarianism in a Nutshell* Web site, <http://www.vrg.org/nutshell/nutshell.htm>

RIGATONI COMBINATION

("Meatless Meals for Working People")

- 1/3 pound rigatoni or other pasta
- 1 onion, chopped
- 1 clove garlic, minced
- 1/2 green pepper, chopped
- 1 teaspoon olive or vegetable oil
- 1 small can tomato sauce
- 1 pound can kidney beans, drained
- 1 teaspoon soy sauce (optional)
- 1/4 teaspoon salt (optional)
- 1/2 teaspoon chili powder
- Black pepper to taste

Cook pasta according to package instructions. Sauté onions, garlic and green pepper in oil 4-5 minutes or until soft. Stir in tomato sauce, kidney beans, soy sauce, salt, chili powder and black pepper. Simmer several minutes. Drain pasta when done and stir into sauce. Serve as is, or add 1/2 cup crumbled tofu or low-fat cottage cheese to each serving to make a lasagna-like dish. Add hot sauce if desired. To decrease fat content, sauté in water instead of oil or just brush the pan lightly with an oiled paper towel. Serves four.

SWEET SAUTÉED RED CABBAGE

("Simply Vegan")

- 1/2 red cabbage, shredded
- 1 apple, chopped
- Small onion, chopped
- 1/2 cup water
- 1/2 cup raisins
- 1/2 teaspoon cinnamon

Use a nonstick pan, if possible, and heat ingredients, stirring occasionally, over medium-high heat for 10 minutes. Serves four.

SPICY POTATOES, CABBAGE AND PEAS OVER RICE

("Simply Vegan")

- 2 cups rice
- 4 cups water
- 5 medium potatoes, peeled and thinly sliced
- 2 cups water
- 1/2 green cabbage
- 10-ounce box of frozen peas (or the equivalent fresh)
- 2 teaspoons curry powder
- 1 teaspoon turmeric
- 1/2 teaspoon ginger
- 1/2 teaspoon garlic powder
- 1/8 teaspoon cayenne pepper
- Salt to taste (optional)

Cook rice in 4 cups water in a covered pot over medium-high heat until done.

In a separate pan, add sliced potatoes to 2 cups of water and heat over medium-high heat. Shred cabbage and add to potatoes. Add peas and spices. Cover pan. Continue heating, stirring occasionally, until potatoes are tender. Serve over rice. Serves six.

GARBANZO BEAN BURGERS

("Simply Vegan")

- 2 cups cooked garbanzo beans (chickpeas), mashed
- 1 stalk celery, finely chopped
- 1 carrot, finely chopped
- 1/4 small onion, minced
- 1/4 cup whole wheat flour
- Salt and pepper to taste (optional)
- 2 teaspoons oil

Mix the ingredients (except oil) in a bowl. Form six flat patties. Fry in oiled pan over medium-high heat until burgers are golden brown on each side. Serve alone with a mushroom or tomato sauce, or as a burger with lettuce and tomato. Makes six burgers.

—Recipes from Dr. Neal Pinckney

MARINATED VEGETABLES AND TOFU EN BROCHETTE

- 1 green bell pepper
- 1 sweet onion
- 6 new potatoes (or any other golf-ball sized white potato) cut in half
- 1 small sweet potato or yam
- 12 cherry tomatoes

Prepare tofu marinade three to five days in advance (see below). Cut vegetables into one-inch pieces and immerse in vegetable marinade. Place on skewer (10 inches or longer) alternating the green pepper, potato, mushroom pieces from tofu marinade, and tofu, as well as from tofu marinade, onion, sweet potato, cherry tomato. Place on grill or hibachi and turn frequently, basting occasionally with the vegetable marinade. Cook until potato is done and tofu is golden brown. For faster cooking,

potatoes can be microwaved or boiled partially in advance. Serve with a mix of brown and wild rice cooked in vegetable broth and whole wheat sourdough bread.

TOFU MARINADE

- 2 packages Mori-Nu Lite firm tofu
- 1/2 ounce dried wild mushrooms (porcini or shiitake)
- 1 cup water
- 2 teaspoons dried oregano (or marjoram)
- 2 cloves garlic, sliced
- 1/2 cup red wine vinegar or sherry vinegar
- 1/2 cup tamari (or salt-reduced soyju)
- 4 cloves (the spice)
- 1/2 teaspoon salt (optional)
- and several twists of freshly ground black pepper

Cut tofu into one inch slabs, let drain on a slanted board. Weigh down to press out the water (so marinade will be absorbed and not diluted) with a heavy object (a can of tomatoes, etc.).

Toast oregano (or marjoram). Simmer mushrooms in a cup of water for 15 minutes, add all other marinade ingredients and then strain through a coffee filter. Place tofu in a non-corrosive dish or container and cover with marinade. Keep in refrigerator three to five days.

Tofu marinade can be used again if the tofu was drained well. After removing tofu, boil, strain and refrigerate.

VEGETABLE MARINADE

- 2 tablespoons red wine vinegar

See RECIPES, Page 20

A few popular dishes prepared without meat for both vegetarians and vegans alike.

COMPILED BY JOSH CROUSE, FEATURES EDITOR

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ACROSS

- 1 Media Prank
- 5 Puppeteer Lewis
- 10 Promissory notes
- 14 Eastern ruler
- 15 Rabbits' kin
- 16 Microwave?
- 17 Island off Africa
- 19 Mishmash dish
- 20 Hunting animal
- 21 Health resort
- 22 Hardy girl
- 23 ___ and tuck
- 25 Passover meal
- 27 Compelled to eat
- 32 Gaps
- 35 Vicinities
- 36 Varnish ingredient
- 38 Photo
- 39 Unit of electrical potential
- 40 Garrets
- 41 Avant-garde art movement
- 42 Individual
- 43 More rational
- 44 Crapshooter
- 45 Repetitious musical themes
- 47 Petroleum plant
- 49 Hikers' shelters
- 51 Victory
- 52 Bartok or Lugosi
- 54 Caviar base
- 56 Butted
- 61 Manipulator
- 62 Star of "The Breakfast Club"
- 64 Ship's pole
- 65 First public appearance
- 66 Call from the pews
- 67 Shove
- 68 West and Ant
- 69 Language subtlety

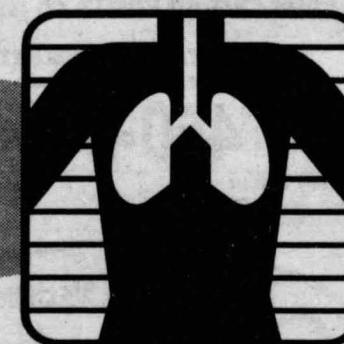
DOWN

- 1 Rope fiber
- 2 ___ Khayyam
- 3 Adjutant
- 4 Picture of health?
- 5 Actor Omar
- 6 Is down with
- 7 Circle pieces
- 8 Harvests
- 9 Shamir and Rabin
- 10 Top of the foot
- 11 Sci-fi milieu
- 12 Small guitars, briefly
- 13 Stitches
- 18 Siskel and Wilder
- 24 Evita of Argentina
- 26 Ex-QB Marino
- 27 Express a bias
- 29 Unstoppable
- 30 Siamese or Persian
- 31 Put off
- 33 Soft down
- 34 Frightening
- 37 Scatter
- 40 1954 Fellini film
- 41 Noisy disturbance
- 43 Male heir
- 44 Woman in the kitchen?
- 46 Lack
- 48 Initial ones
- 50 Did some cobblers' work
- 52 Collide with
- 53 Isaac's eldest
- 55 Corsica's neighbor
- 57 Lion's fare
- 58 Off, note
- 59 Idyllic garden
- 60 Unit of force
- 63 M-m-m good!

solutions on page 21

Read the *Guardian* every Monday and Thursday. You know you want to.

ASTHMA



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UCSD Departments... Share Your Memories!



In celebration of UCSD's 40th Anniversary, a memory wall is

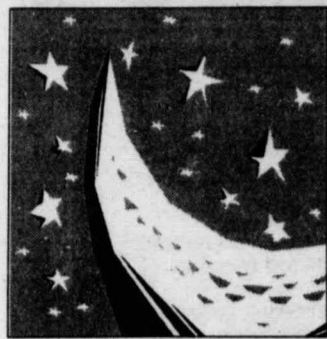
being constructed in the Price Center lobby. If you have any photographs from your years on the campus, or any other fun memorabilia items, please share them with us! We will display credit tags with each item displayed.



Please call Tom Johnson, ext. 44549 or Mike Martinez, ext. 40468 for details.



HOROSCOPES



By LINDA C. BLACK
Tribune Media Services

Aries (March 21-April 19)

Changes take place Monday and Tuesday. Don't take action then. Wait to see how things develop so you can push forward Wednesday and Thursday. By Friday you should run into opposition. You should already have your plan well underway by then. Postpone travel this weekend and get your financial affairs into order instead.

Taurus (April 20-May 20)

Your money is in a state of flux on Monday and Tuesday. You're not sure of the income and expenses yet. Find out before making any agreements. On Wednesday and Thursday you're pushed to handle somebody else's emergency. No point in getting stressed. Stay calm as you wrap up loose ends on Friday, and you'll help others calm down, too. Save this weekend for your favorite private indulgences.

Gemini (May 21-June 21)

Although you've got the experience, others have good ideas, too. Together, you can solve a problem at work on Monday and Tuesday. You should do the planning Wednesday and Thursday so the others will know what to do. Follow through Friday on plans you've already made. Go through your closets over the weekend and

get rid of stuff you don't need. Some of it's still good. Turn a tidy profit with a garage sale, too.

Cancer (June 22-July 22)

Postpone travel on Monday and Tuesday. Getting a message across might even be hard, and things could get lost in the mail. The pace quickens on Wednesday and Thursday as new orders come in. Don't let anything stack up; you'll need the room to untangle a mess on Friday. Hide out with friends over the weekend. Do something fun that's free. Nobody can afford to spend much money.

Leo (July 23-Aug. 22)

Help your team get the money it needs on Monday and Tuesday. Don't give up if your first four or five tries are fruitless. You may not see results until Wednesday. A little planning can save a lot of racing back and forth on Thursday and Friday. Spend time with your folks over the weekend. They need to catch up on the gossip, and you don't want them to get it second-hand.

Virgo (Aug. 23-Sept. 22)

Your partner's in a bit of a tizzy on Monday and Tuesday. Do what you can to help out. Be careful shopping on Wednesday and Thursday. Money will be burning a hole in your pocket. Take care of old business on Friday so you can relax with a clear conscience over the weekend. Visit with neighbors over the weekend, but schedule a long trip for another time.

Libra (Sept. 23-Oct. 23)

You're creative on Monday and Tuesday, but concentrating is hard. Try not to make a big mess as you put together your masterpiece. On Wednesday and Thursday somebody wants to make decisions for you. Make sure they're doing it right. Friday is pretty chaotic. You could make a

date work, and travel to visit friends could be fun. Plans won't be followed, though, so toss them. Over the weekend romance is difficult and money is tight.

Scorpio (Oct. 24-Nov. 21)

Monday and Tuesday you're interested in love, but too many things get in the way. You might not make the connection until late Wednesday and Thursday are busy. Don't make a date for then; you might not even have time for lunch. Tempers are short on Friday. Don't schedule meetings with people you don't like; you're liable to tell them what you really think. Over the weekend settle into the safety of your family, where you can speak freely.

Sagittarius (Nov. 22-Dec. 21)

You'll run into lots of arguments Monday and Tuesday. This is good. It'll help you polish your presentation. Take action Wednesday and Thursday in romance and business dealings. You've rehearsed what to say, so it'll be effortless. On Friday you're sharp, and that's good. You may have to be. You're mentally fatigued this weekend. Evaluate your progress and do more planning with close friends.

Capricorn (Dec. 22-Jan. 19)

Others can't decide what they want you to do on Monday and Tuesday. If you can figure it out, you might make a tidy profit. Watch for accidents around the house on Wednesday and Thursday. Don't run with scissors — or let anybody else. An older person's confusion could upset you on Friday. Try not to let somebody else's troubles get under your skin. There's too much fun this weekend. Schedule some private time, too.

Aquarius (Jan. 20-Feb. 18)

On Monday get a message out to a person far away. The money's

almost there, but not quite. It will be, soon. On Tuesday be careful not to say too much. You don't want to unwittingly help the competition. Good friends are on your side Wednesday and Thursday. Go ahead and use them. The pace quickens on Friday. Delegate as much as possible. Stick close to home over the weekend and do what others ask. Your same old routine is relaxing.

Pisces (Feb. 19-March 20)

Seems like everything you try on Monday doesn't work. Don't give up or get depressed. By Tuesday others will be more encouraging. The costs are higher than you thought on Wednesday and Thursday, but more money's coming in, too. Your talent may finally be rewarded. Watch expenses on Friday. Spend as little as possible. Stick close to home on Saturday and Sunday. Instead of traveling, invite others to your house.

Birthdays This Week

Oct. 9: You can be a big help to somebody in need. Formal education may be put on hold, as you concentrate on a different kind of lesson.

Oct. 10: Practice using your intuition at work and show a tidy profit. Don't tell all you know or guess.

Oct. 11: You could have a great adventure. Do some planning to keep costs from soaring.

Oct. 12: You're persuasive this year. Win a prize by choosing your words carefully.

Oct. 13: A battle's going on between your passive and assertive sides. What emerges is a more practical, secure you.

Oct. 14: You're imaginative and creative. Learn to be practical, and you're unbeatable.

Oct. 15: Save your pennies and take a flight into your fantasies. If not now, when?

Recipes:

Some more recipes for vegetarians and vegans

Continued from page 18

- 1 clove garlic, finely chopped
- 1 tablespoon Dijon mustard
- 1 tablespoon herb mixture (parsley, thyme, marjoram; all finely chopped)
- 1 teaspoon corn starch
- salt and pepper to taste

Dip vegetables (but not the tofu or mushrooms) in vegetable marinade and arrange on skewer, alternating vegetables, tofu, mushrooms, etc.

On a barbecue, hibachi, rotisserie or under a broiler, turning often, cook until done and evenly browned.

—Recipes by Thomas Kaeding, Ph.D.

VERY VEGGIE SOUP

- 2 quarts salted tomato juice
- 1/2 teaspoon ground black pepper
- 1 teaspoon parsley flakes
- 1 teaspoon ground yellow mustard seeds
- 1 teaspoon basil flakes
- 2 bay leaves
- Shake of ground cardamom
- Shake of ground ginger
- Shake of ground coriander
- Shake of ground garlic
- 1/3 medium onion
- 1/3 large tomato
- 2 medium carrots
- 3 stalks celery
- 2 medium potatoes
- 1/3 green bell pepper
- 2 ears corn

Bring the juice to a boil in a 4-quart pot. Cut the kernels off the corn ears. Dice the vegetables into 3/8-inch cubes. Add the vegetables and spices to the juice. Boil slowly for about one hour, until the carrots are soft, but the corn is still crisp. Remove the bay leaves and serve hot.

Vegetarian:

Vegetarianism advocated by world famous people

Continued from page 18

The World Guide to Vegetarianism, located at <http://www.veg.org/veg/guide>, provides a comprehensive guide to vegetarian restaurants and establishments worldwide. It is a good resource for all vegetarians.

Common vegetarian foods include macaroni and cheese, spaghetti, bean tacos and burritos, and yogurt, among many other things.

VEGETARIAN SUBSTITUTES

There are several dishes that can be slightly altered to create a nice vegetarian or vegan meal.

Common meat substitutes include tempeh, which is cultured soybeans with a chewy texture, and tofu, which when frozen then thawed gives it a meaty texture, and wheat gluten, or seitan, which is made from wheat and has a texture similar to meat.

For vegans, there are also substitutes for eggs and other dairy products.

For eggs, a single banana can be used in such recipes as cakes and pancakes. Two tablespoons of cornstarch or arrowroot starch can also be used for a single egg. A quarter cup of tofu is also interchangeable with a single egg for recipes.

For dairy products, soy milk, soy

margarine and soy yogurt are all substitutes for their real milk counterparts. Nut milks and rice milks can also be used as dairy substitutes.

WHO ARE VEGETARIANS?

Vegetarians are fairly prevalent in modern society. The chances are that most people either know somebody who is a vegetarian, or they know of some who are.

The list of people who have advocated vegetarianism over the years is long and distinguished. Some notable vegetarians are Leonardo Da Vinci, Leo Tolstoy, George Bernard Shaw, Mahatma Gandhi, Moby, Albert Einstein, Michael Jackson, Natalie Merchant, Mr. Rogers, Madonna, Linda and Paul McCartney. Even Benjamin Franklin, one of the founders of the United States, ate tofu, according to the Vegetarianism in a Nutshell Web site.

—Albert Einstein

"Nothing will benefit human health and increase the chances for survival of life on Earth as much as the evolution to a vegetarian diet."

Many famous people have been vocal about vegetarianism. Albert Einstein once said, "Nothing will benefit human health and increase the chances for survival of life on Earth as much as the evolution to a vegetarian diet."

Henry David Thoreau also spoke out in favor of vegetarianism. He said, "I have no doubt that it is part of the destiny of the human race in its gradual improvement to leave off eating animals."

Crossword Solutions

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Water Polo:

*Triton continue to roll
with big win*

Continued from page 27

better than us. Our guys just played better today. It was real team effort."

An interesting side note to Saturday's game is its recruitment undertones. Pepperdine and UCSD compete for recruits, and Pepperdine has the edge because of its ability to offer scholarships. This game might do something to change that.

Their win against Pepperdine gives the Tritons a huge boost going into the coming weekend, when they will face UC Santa Barbara and Long Beach State.

"We have not beat UCSD on the road in a long time," Harper said. "This is going to be tough match. They have a real home court advantage. Long Beach is a real tough place to win also."

The Tritons' next home game is Oct. 28 at 11 a.m. against the UCSD alumni. The alumni were out in force at the Pepperdine game, perhaps sizing up the competition, and the action looks to be fierce when these two squads meet up. Come out and see the old geezers give it a go.

Soccer:

*Home sweet home for
women's soccer*

Continued from page 28

people.

"The other teams are more physical than we are," McManus said. "And that's the problem we've got. I think we play good soccer and we compete well. We've gotta get loose to the physical side. That's going to happen all the time."

The Tritons are in the thick of things in the CCAA with a 7-2 league record and 8-2 overall.

V-ball:

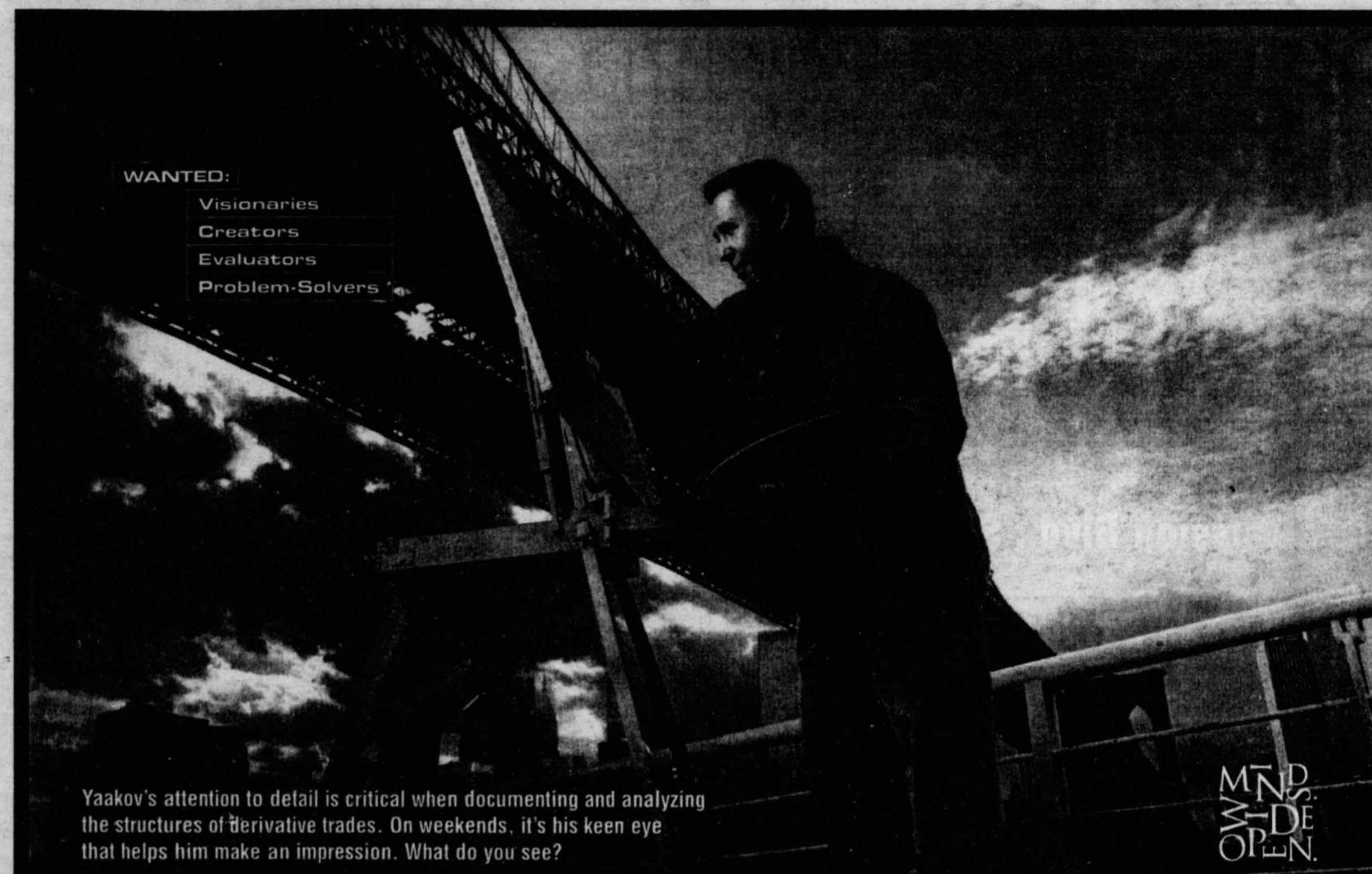
*Two more womens are
under UCSD's belt*

Continued from page 28

tions, with 9 and 8 kills respectively. Santerre also helped out with 7 kills of her own. Punelli also had 17 digs, while teammate Denelle Smalley had 10 digs of her own.

Karla Tate was the lone bright spot for the opposition, as she had a match-high 10 kills for the Pomona-ites, whose record fell to 7-4 in conference play.

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Want to meet new people (royalty) explore new places (pubs) while studying English? come to the UK/Ireland Information session on Thurs., Oct. 12 1:30pm. Intl. Center Lounge. Programs Abroad Office 858.534.1123; abroad@ucsd.edu (10/5-10/9)

Leadership Seminar: Getting Into Medical School, 5-7pm, 10/10/00, Price Ctr. Gallery A. Mike Flynn, Learning Skills Counselor for Health Career Opportunity Program at UCSD, will discuss the Med School application process, and what successful applicants should be doing in their undergraduate careers. Part of the Passport to Leadership Seminar Series, sponsored by Student Organizations & Leadership Opportunities. For more info call 534.0501 or go to http://solo.ucsd.edu. (10/5-10/9)

Leadership Seminar: Getting Fund and Fundraising Opportunities, 4-5p, Price Ctr. 10/16/00, San

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Francisco/ Santa Cruz Room. Yolanda Leyva, Director of SOLO at UCSD and Brian Herlihy, founder of College Access will speak about the opportunities that are available for your organization to raise funds and have fun at the same time! Part of the Passport to Leadership Seminar Series, sponsored by Student Organizations and Leadership Opportunities. (SOLO) For more info call 534-0501 or visit http://solo.ucsd.edu (10/9-10/12)

Leadership Seminar: Team Building, 3-4pm, 10/12/00, Price Ctr. San Francisco/Santa Cruz Room. Paul DeWine, Assistant Director, Student Activities & Governments at UCSD will discuss what it takes to develop a strong functioning "team". This session will allow you to experience "team work" through a variety of structured experiences and discussion. This is not a lecture... come ready for action! Part of the Passport to Leadership Seminar Series, sponsored by Student Organizations & Leadership Opportunities. For more info call 534.0501 or go to http://solo.ucsd.edu. (10/5-10/9)

Leadership Seminar: How to Run an effective Meeting and Still Have Fun, 2:30-3:30pm, 10/11, Price Ctr. Gallery A. Liora Gutierrez, Asst. Dean

of Student Affairs will show the do's and don'ts of running a successful meeting. Useful tips will be shared on the basic steps to make those meetings more organized and productive for everyone. Part of the Passport to Leadership Seminar Series, sponsored by Student Organizations and Leadership Opportunities. For more info call 534-0501 or go to http://solo.ucsd.edu (10/9)

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It's the stupidity, stupid. George W. Bush (!) leads Al Gore in most polls. Not the sharpest point of light. (10/9) To President Milosevic: Slobby, don't look at this as a rebellion, or as a sign of "unpopularity," my friend. Think of this lifestyle change as sort of a "cadre executives take notes: Baseball's Tampa Bay Devil Rays invited a high school band to play the national anthem before a game, and then hit each of them up for the \$6 tax. Those prima donnas declined. Hey, every little bit helps. (10/6)

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Women's Cross Country Show Their Heart

UC Irvine backs out of the meet but the Triton women take 4 of the top 6 spots to beat SDSU

By ISAAC PEARLMAN
Contributing Sports Writer

On a cold, gray Saturday morning, while most students were sleeping after a long Friday night, a group of dedicated athletes got up early to run 5,000 meters at UCSD's north campus course. The women's cross country team was rewarded for its efforts with a 25-30 victory over visiting San Diego State University. The Tritons dominated on their home course, nabbing four of the top six spots en route to victory.

The Tritons were led by freshman Laurel Casey, who came in second overall, with a time of 21:03. Fellow freshmen Julie Pope and Bridget Bertino each ran a 21:07, tying for third. Carol Schweichler (21:35) occupied sixth place, while Erin Uyeshima (22:56) came in 10th and Cecilia Romo (23:32) earned 12th place.

SDSU's Amanda Vielbaum ran a 20:53 to earn first place in the individual competition, although Casey did not make it easy for her. After Casey had foiled four attempts by Vielbaum to break away, she was outdistanced by

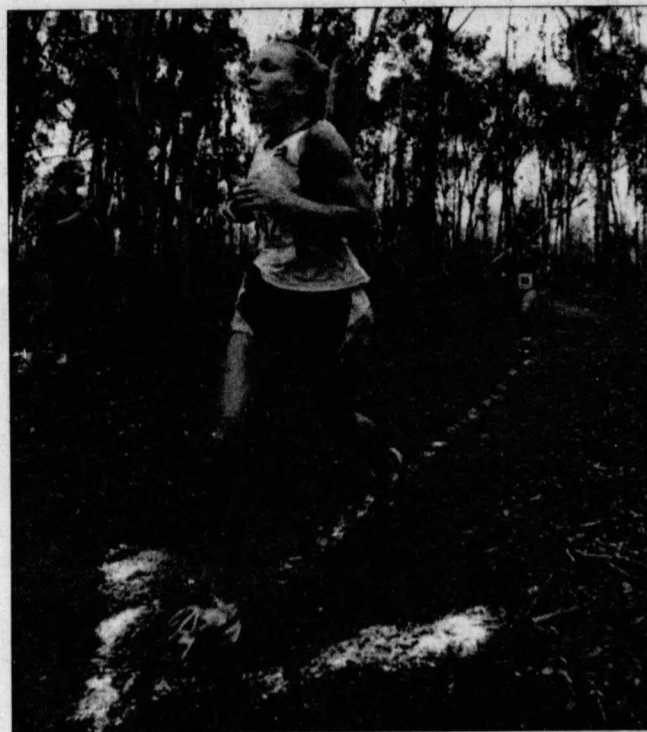
Vielbaum's burst of speed at the end.

UC Irvine was unable to field a men's or women's team for what was originally going to be a race between it and UCSD, which left the men's cross country team without an opponent and the women with an unexpected match against SDSU.

"The women adjusted to the situation very well," said head coach Ted Van Arsdale. "They were outstanding."

Both teams entered their "B" teams in the race, and the six UCSD freshmen overmatched the lady Aztecs. The freshmen are an integral part of the young Triton team, which boasts only three upperclassmen.

After Saturday's victory and the team's strong showing in the Bronco Invitational on Oct. 3, during which it placed No. 4 out of 15 teams, the women are running strong just in time for the UCSD Triton Invitational this Saturday. The team looks forward to meeting SDSU again at the invitational, as well as facing Concordia, who came in two spots ahead of the Tritons at the Bronco Invitational.



Hurry up: An Triton runner paces herself during a meet this past Saturday against San Diego State.

Column:

People need to lighten up regarding mascots

Continued from page 28
mermaid coalition may take offense.

Other schools had better look out. The name "Arizona Wildcats" is too violent. The Wildcats may have to change their name to the Passive Felines.

The UCLA Bruins will have to become the Indigenous California Mammals.

Heck, the Stanford Cardinal, who are named after a color of all things, are in trouble.

Here is a plan. All athletic teams should be named after furniture. Furniture is not insulting. It is harmless, inanimate matter that could not offend even if it tried. SDSU would become the Stools, UCSD the Chairs, UCLA the Couches and so on.

Everyone would have safe, uninsulting names. "Let's hear it for the couches! RAH! RAH! RAH!" No harm, no foul. And sports life would be incredibly dull.

Get my point? People need to lighten up a little and not look at the bad side of everything. There is nothing wrong with "Aztecs" being a team name. Get over it.

Santerre Captains Volleyball

Laura Santerre's leadership both on and off the court has helped propel the Triton women's volleyball team to success this year

By JESSICA KRUSKAMP
Contributing Sports Writer

Women's volleyball co-captain Laura Santerre, leading in both kills and cheerleading, keeps her tough attitude by believing that the Tritons are strong in every category and proving that in every game.

"We know that we can beat anyone," Santerre said.

The third-year psychology major came to UCSD after a high school volleyball career in Arizona, and stepped into an institution which has fit her personality and skills well.

The 5'8" outside hitter has faced players on the other side of the net who are over six feet tall.

In response, Santerre has played taller than she is, according to head coach Duncan McFarland.

"The bigger the challenge she faces, the more she steps up," McFarland said. "This year she has accepted a much bigger role and has risen to the position."

According to Santerre, she enjoys the leadership position and tries to be an example for her teammates.

She likes to stay focused, have fun and prove to the other teams that the Tritons are a strong force.

New to Division II, the Tritons have faced more difficult matches this season, but have still maintained a second-place ranking in the California Collegiate Athletic Association. The position, however, only came after the California State University San Bernardino

game in which Santerre had 16 kills, three service aces and 10 digs.

"[Santerre] needs to be an all-around player, and so far she is steadily getting better and has not let us down," McFarland said.

He went on to say that she has approached the game with focus and is contributing in every category to enable the team to win.

Santerre's strength is obvious on the court, but her spirit stays with the team from the sidelines if

"I love the girls on the team. As a freshman, the team and the Triton spirit both on and off the court was so fun."

— Laura Santerre
Triton volleyball player

she is out of the game.

The fun diminished a bit last year. When she was about to step into a starting position, Santerre sprained her ankle and was sidelined for two weeks.

Demonstrating her commitment to the game, she continued training in the weight room and attended practices and games. The injury did not stop Santerre from being a presence on the team and firing up every player as much as she could, according to McFarland.

"Nothing got to her. She stayed a vocal person on the team and managed to push people to

keep winning," McFarland said.

"This may be a reason that Santerre so genuinely cares about the team. She has exploded into this season and rallied all the players to set themselves up for a tough season.

"This last week was huge and I knew that we all had to stay focused for those games," Santerre said. "If we always keep improving, working and playing harder, and still have fun, then it can be done."

Having joined the Tritons this season, setter Jennifer Badran-Grycan knows the transition into college volleyball has been made easier by Santerre.

"What makes her a good co-captain is that she is always pushing us and cheering us on," Badran-Grycan said. "[Santerre] gives over 100 percent constantly, and it makes the rest of us want to, too."

If someone makes a mistake, Santerre helps her to forget and look to the next set, serve or spike. Everyone is made to feel like an integral member, according to Badran-Grycan. This makes the adaptation to the new opponents in Division II easier.

Santerre does not think about how she is leading in kills, or how constantly her statistics contain double digits in every category. She focuses on enjoying the game and playing with as much effort as possible.

"All of us get fired up because she is so intense and is always there for us, which is why we all have so much fun," Badran-Grycan said.

Water Polo Wins 8-3

In a game that pitted two top-10 teams UCSD harried Pepperdine to a loss

By TAIT MILLER
Staff Writer

The wind gusted and the sky threatened rain, but on Saturday afternoon the sun eventually showed its face, and nothing affected the Tritons as they bullrushed the Waves of Pepperdine, 8-3.

The Tritons were clicking both offensively and defensively and were able to turn up the heat seemingly at will.

For the first quarter, things appeared to be even, with UCSD and Pepperdine scoring a goal apiece. Then the Triton defense took over.

With Glenn Bush as goalie, UCSD locked down its side of the pool in the second quarter and Pepperdine was stymied, scoring no goals. The same could not be said for the Triton offense, however, as it chugged along, scoring two goals to go into halftime with a 3-1 lead.

Coach Denny Harper was extremely proud of the way his defense played on Saturday.

"We threw three different defenses at Pepperdine and tried to shut down their transition game," Harper said. "Brett Allen had a huge game defensively and Pepperdine just looked confused out there."

The Waves came out in the third quarter, undaunted by the Tritons' tenacious front court defense, and began firing salvos from both the port and starboard sides.

All their gunslinging produced two goals, but this did not matter as UCSD outscored Pepperdine 3-2

in the third.

At halftime, Harper told his team to come out aggressively in the third quarter.

"A 3-1 lead is no time to sit still and just try and dodge bullets; We needed to come out and put some points on the board," Harper said.

With a 6-3 lead, the Tritons once again left it to their defense, who proffered up a big fat bagel for Pepperdine, which it most ungraciously accepted.

Pepperdine's defense tried to pay back the favor, but UCSD refused with a polite "no thank you" and instead scored two goals to put the final score at 8-3.

Vladimir Djapic was the leading scorer for UCSD with three goals. Justin Wylie played a monster game for the Tritons offensively and defensively and scored two goals. Jason Boettner, Jonathan Samuels, Eric Rosen and Brett Allen scored one goal each.

This game was a huge win for the Tritons, making possible a fifth-place national standing next week.

The win was made even more sweet by the fact that two Triton standouts, John Samuels and Matt Ellis, were not at their best.

Samuels was only able to practice once this week because of illness and was not his usual self during the game. Ellis was unable to play due to a hyperextended elbow.

"The team really stepped up today," Harper said. "With John not his usual self and Matt not playing, everyone just played great. Pepperdine really wanted this game and had been talking like they were

See WATER POLO, Page 22

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"This is the nearest I ever am to being a normal person."

—President Bill Clinton on when he plays golf

SPORTS



Tomaytoes... Tomahtoes Aztecs...?



ROBERT FULTON

Did you see on Saturday that the San Diego State Indigenous North Americans defeated the Wyoming Males Who Work Closely With Bovines 34-0? OK, maybe not, but the Aztecs did defeat the Cowboys by that margin this weekend.

The big thing going on over at State, during this age of political correctness, is the controversy over the nickname Aztecs and whether or not it is insulting to those of Native American descent.

I'm here to say it isn't.

Calling SDSU the Aztecs does not cause any harm whatsoever. The reason that nickname was chosen was because the Aztecs were fearless, strong warriors with a lot of pride and honor. To name an athletic team after such a group is to honor the said group.

This is the persona State is trying to create for its athletic teams. It is in no way meant to be insulting.

There are athletic team names out there that are insulting to Native Americans, but SDSU's name is not one of them.

For example, there are the Washington Redskins of the NFL. This name is very insulting, because it stems from a skin color. That one should be scrapped.

Also, when sports teams such as the Atlanta Braves or Florida State Seminoles starting doing the Tomahawk Chop, that too is insulting.

It portrays Native Americans as a bunch of people waving their arms and chanting all the time. That, I agree, is not right, and something should be done about the antics of the crowd that does these actions.

There is also the issue of Monty Montezuma, SDSU's mascot. I can see where someone might have a problem with him.

It is some guy in a costume jumping up and down. Tying that down a notch or two would not be bad.

But the Aztec name is not insulting. It isn't meant to be. People descended from the Aztecs should be proud of the attribution. It is to honor them, to remember them. It is to say "Hey, our athletics teams are strong and powerful like the Aztecs of old." It is not to insult.

The reason this is an issue now, even though the name has been in place for about 75 years, is that a bunch of students on campus who have nothing better to do are trying to cause trouble. It is a group of 20 people that is creating this mess, getting people all riled up just to serve their own whining agendas.

Should we dispense of our beloved Triton? Well, it is a non-Christian god we are honoring, so maybe a Christian group on campus should rebel. And the Triton is carrying a trident, which insults all those with pitchforks. And his tail — can't have that, because the

See COLUMN, page 26

Tritons Bump Record to 15-4

Women's volleyball takes down Cal Poly Pomona and CSU Bakersfield

By SCOTT BURROUGHS
Staff Writer

While the rest of you were out getting drunk and doing drugs, or more likely logging numerous hours studying in Geisel Library — midterms are a mere three weeks away — the Triton women's volleyball team picked up two huge California College Athletic Association conference wins.

On Friday night it vanquished California State University San Bernardino, which is always a strong opponent, and followed that up with a convincing victory over rival Cal Poly Pomona.

Both matches saw a dominating UCSD side stomp the opposing squad, compiling wins that have rightfully established it as a Division II powerhouse.

When the last ball dropped Friday night against CSU San Bernardino, at our very own RIMAC Arena, the statistics made it clear who dominated, with the Tritons winning 3-1. They thoroughly dominated, winning the match with scores of 15-9 in the first set and 15-5 in the second. Their intensity slackened in the third set, resulting in an 8-15 loss, but UCSD rebounded in the fourth set to take it 15-13.

The Friday night match against San Bernardino saw several Triton stalwarts compile some outstanding statistics. All-American Leslie Punelli notched 14 kills and had 19 digs, while fellow Triton Kathleen Hentz picked

up 17 kills and had a .500 hitting percentage for the night. Other significant contributions came courtesy of the always-impressive Laura Santerre, who had 16 kills, and Kearney Visser, who had 17 digs.

Cal State San Bernardino was led by the standout efforts of Jamie Liesveld, who had a match-high 30 kills. The team record, however, fell to 15-14 overall, with a 7-3 tally in CCAA play.

Saturday night was more of the same for UCSD, except this time it didn't even drop a set, sweeping Cal Poly Pomona 3-0 in front of its hometown supporters.

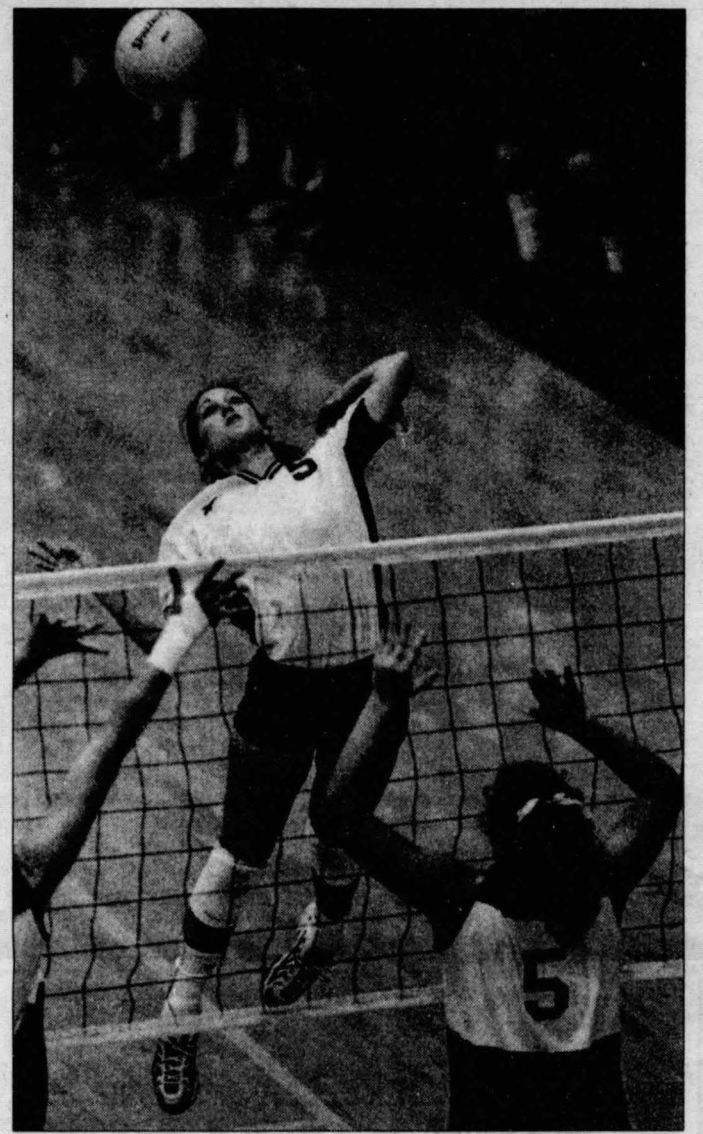
Those in attendance were treated to a virtual volleyball clinic as the Tritons bumped, set and spiked with authority in handing their counterparts from Pomona a crushing defeat.

The first game saw the Tritons take the court ready for action, showing little to no sign of fatigue from their diligent efforts in the game the night before. This enabled them to win the first set by a tally of 15-8 and set the tone for the remainder of the match.

The Tritons capitalized on their momentum, picking up the next two sets by scores of 15-5 and 15-8 to tally another check in the win column.

This match was a real team effort for the blue and gold, with many players chipping in on the victory. Punelli and Wilson once again made significant contribu-

See V-BALL, page 22

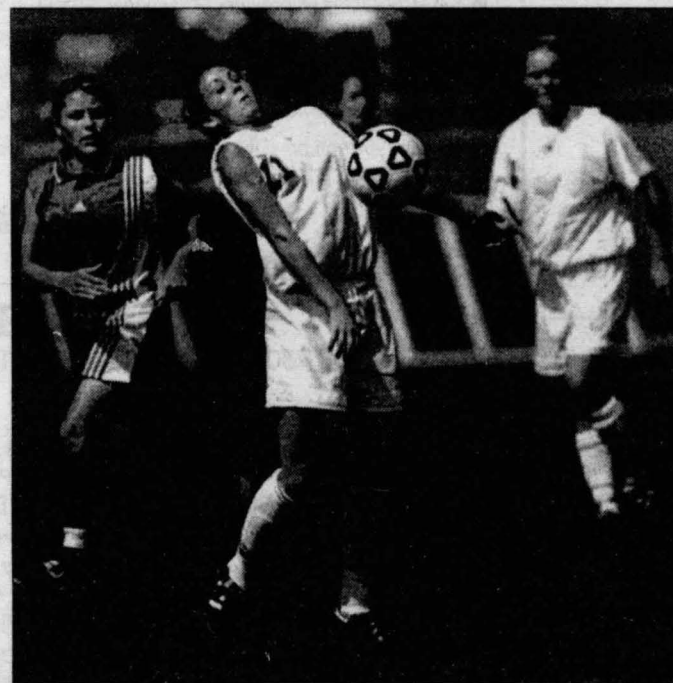


Lyon Liew/Guardian

Bang: UCSD's Shannon Hawes look to stuff the ball down the throat of a Cal Poly Pomona player during a match on Saturday

UCSD Soccer Runs Past CSU Bakersfield 2-0

Women's soccer throws a doughnut at CSU Bakersfield behind some outstanding defense



David Pitz/Guardian

Umph: Triton star Cindy Dostalek, who scored a goal and had an assists against Bakersfield, is shown here fielding the ball against Stanislaus

By ROBERT FULTON
Sports Editor

The UCSD women's soccer team found comfort at home this past Friday in defeating California State University Bakersfield 2-0.

This was a big matchup as both schools are in the hunt for the California Collegiate Athletic Association title.

"It's good," said UCSD head coach Brian McManus. "It was a good game. Two teams with only two losses each. When you only play once a year, it's three points [in the standings] they've lost that they can't get back and it's three points we've won that no one can take away from us because of the extra game."

The usual cast of characters came through for UCSD. Erika Alfredson, who is having a career year to date, gave the Tritons the lead with a shot at the 30-minute mark, off a Cindy Dostalek pass, making the score 1-0. UCSD went on to dominate most of the first half.

"Apart from maybe four min-

utes of the game," McManus said, "I think we totally dominated the game."

The Roadrunners came out strong in the second half, but the Triton defense held its line. UCSD goalkeeper Kami Poma pitched a shutout and only had to make two saves.

Dostalek was at it again in the second half. She was credited with a goal in the 81st minute. Her shot was deflected by Bakersfield goalkeeper Stephanie Hall, ricocheted off Roadrunner Elena Ulfig and found the back of the net.

Bakersfield would fail to threaten the rest of the way, as UCSD held on for the win.

The rainy day and subsequent wet field did little more than dirty the Triton uniforms.

"Our field — the wet field — it's a hard field to play on with balls flying," McManus said. "I thought we adapted to it very well. I thought the kids' attitude was magic. How we're going after

See SOCCER, page 22



Be sure to head out and catch the women's volleyball team strut their stuff again the alumni on Wednesday at 7 p.m. at RIMAC Arena.