

For the Rally:

What is LGBA?

LGBA, the Lesbian, Gay, and Bisexual Association, is one of the organizations on this campus that involves itself with the concerns and issues of lesbian, gay, and bisexual people. We have many functions, since we support such a diverse group. The three major ones are social functions, visibility of the community, and outreach to the greater community and to the less secure members of our own community. Each of these is important and intertwined with the others.

Our first function is social. This is important because lesbian, gay, and bisexual people are often uncomfortable expressing their feelings in a general-type setting. We hold regular socials and dances for the lesbian, gay, bisexual campus community. These function in creating a sense of community among the people who go to them.

Our second function is visibility. It is often the case that the existence of lesbian and gay people is denied. We are here, and we are real. We are your classmates, roommates, friends, boyfriends, girlfriends, parents, aunts, uncles, brothers, sisters, cousins, sons and daughters. All we're asking for is the right to choose who we love.

Our third function is outreach. Each one of us here has some sort of "coming out story." Each of us has experienced and believed the lies that are told about lesbian and gay people. Each of us knew long before starting college that we were somehow... different. We know what it's like and feel for those who may be in the same situation.

We present ourselves as examples of lesbian and gay people. Are we all that abnormal? I would say not. Could we be picked out of a crowd? Probably not. What is our common characteristic? We find that members of our own sex are at least as emotionally and sexually engaging as members of the opposite sex. **THIS IS AN ABSTRACT DEFINITION** of homo/bi-sexuality, but it is one of the only type that encompasses us all. It also makes clear that the lesbian, gay, and bisexual community is as diverse as the greater community around it; the definition makes no reference to anything but emotional and physical responses and gender.

LGBA is a part of this campus. We think the campus could benefit from something like this Awareness Week. Our members have worked long and hard to bring the events of this week together and we have tried to provide a variety of events so that everyone can enjoy. Some are social, like the social and the dance Saturday, most are outreach, and this rally is intended to improve our visibility. If any of you out there are interested in what we are doing, you can talk to me, to any-one up here with me, or you can leave a message at our office in the Student Center. Please feel free to make suggestions; more than anything else, our function on this campus is service. If there is something you would like to have seen...

* - Hi, my name is cheli and today I would like to touch briefly on homophobia and talk about the ~~paper~~ need for Gay-Lesbian-Bisexuals to be visible. As defined in Webster's Dictionary phobia is an intense, abnormal or illogical fear of something. We are all familiar with claustrophobia the fear enclosed spaces and homophobia the fear of homosexuals. Yet all of us have had some kind of contact with Gay-Lesbian-Bisexual individuals.

* - We've stood in line with, sat across from them in the library and even took classes taught by Gay-Lesbian-Bisexual ~~the~~ Professors. Yet did we know at that time that they we Gay-Lesbian-Bisexuals and/or did we experience homophobia. Homophobia is created by the media when we are described as your effeminate men and butch women, ~~when~~ we are described as only sexual beings, Having No culture^{and NO}, ~~and~~ history. But we do have a history of which we are proud of we have a culture which is as rich and diverse as the heterosexual ^{community} ~~cultures~~ (prevents) Homophobia when allowed to continue only inhibits ~~the~~ the growth of understanding and promotes ~~the~~ homophobia as a social disease)

* - When I first came to UCSD the Gay-Lesbian-Bisexual community was almost non-existent to me. ~~As~~ Having ~~very~~ ^{no} ~~any~~ exposure to the Gay community before coming here, I turned to the ~~media~~ ^{to find the gay community} media myths describing effeminate men and butch dykes ^{I looked for} and I found none. I took a look at myself and not fitting the descriptions I began to believe that I wasn't a lesbian because I didn't fit into the stereotypes. But my feelings said something else.

* Finally last year the woman I was dating at the time took me to my first Non-Sexist dance and that was my first exposure to the Gay-Lesbian-Bisexual community at UCSD. Since then I decided to let people know (usually friends close to me) that I was a Lesbian. I felt that I would tell my friend and that there wouldn't be a need to tell anybody else.

* — When I was asked to speak today, I hesitated as I said yes, then as the day drew closer I changed my mind and said NO. But then as I thought back to my first years here I asked myself: if it would've been easier for me to deal with my sexuality if I had known other lesbians or if at least I had know about their existant, the answer was yes. That's why I am here today. Because I realized that visibility is so very important for all of us, for those of us who are OUT it's important to continue the struggle for Gay-Lesbian-Bisexual rights. And for those who are still struggling with our sexuality to know that there is a (supportive) community on campus ~~as well~~^{as} off. That's why I feel that by taking this small step today hopefully it will open the door to a more loving and understanding tomorrow. Remember you're not alone.

Thank you

First & foremost
I'd like to say Homophobia is a social disease that can be overcome

It's hARD to overcome one's own homophobia if there's no sense of a gay community around or at least visible. So, even though there has been a lesbian and gay organization on campus for as long as I've been here, I was not aware of other gays and lesbians on campus for a long time.

When I first came to UCSD I knew I was a lesbian. In fact in high school I told myself that once I came to college my life would change. I was certain that I would find lots of lesbians and gays all over campus just like me. I found oneother lesbian on campus. She was my roommate and later became my girlfriend. Although our housmates proved to be great friends and very accepting, we still felt rather isolated. We didn't know anything about LAGO the Lesbian and gay organization on campus and we were begining to feel that we were the only lesbians on campus.

When we finally found a tiny ad in the Guardian for a non-sexist dance we were still hesitant. We drove by the Che cafe that night but we didn't stop in. We didn't stop in because all the time we were in the car all we could do was conjure up images of stereotypical gay men and lesbians. We didn't go into the Che tha t night because we were afraid of those stereotypes but we also didn't go in because we didn't believe we would fit in with the rest.

I didn't give much thought to LAGO again untill I broke up with my lover. It was at that time when I not~~iced~~ed another tiny ad in the Guardian. It was for a ^{LAGO}~~LGBA~~ social, and this time I went. I immediately made a roomfull of new friends... granted, they were all men, but it was nice to know ~~there~~ that ~~there~~ allthose gay students existed.

Now LAGO was changed it's name to LGBA in an effort to be more inclusive to not only Gay and Lesbian students but bi-sexual students as well. We're trying to be more visible to all those students who are feeling the way that I was not so long ago. This is what Gay awareness week is all about, ~~to let people know~~

I'd like to say something about
First & foremost
HIV/AIDS is a serious disease that can be prevented

to let people know (especially gay lesbian and bi-sexual students) that
we are here and that we are everywhere.



AN OPEN CLOSET



LESBIAN, GAY

AND BISEXUAL

AWARENESS WEEK

MONDAY, JANUARY 28

11:30 - 12:20 — "Open at the Plaza," Price Center Plaza

12:30 - 2:00 — "Developing and Maintaining Intimacy in Lesbian and Gay Relationships," Price Center, Davis-Riverside Rm.

TUESDAY, JANUARY 29

2:00 - 3:00 — "Beyond Gay, White and Male," Price Center, Davis-Riverside Rm.

4:00 - 5:30 — "Lesbians, Gays and Bisexuals of Non-White Origin," Price Center, Davis-Riverside Rm.

8:00 — Film "Law of Desire," Price Center Theater (admission is free)

WEDNESDAY, JANUARY 30

12:00 - 1:30 — "Our Changing Community and the Role of Leadership," Price Center, Davis-Riverside Rm.

4:00 - 6:00 — Social and Play Reading, Revelle Formal Lounge

6:00 - 7:30 — Lesbian and Bisexual Women's Support Group, Price Center, Women's Resource Center

THURSDAY, JANUARY 31

4:00 - 6:00 — "Lesbians, Dykes and Women - Identified Women: Instances and Images of Love Between Women in History: A Historical Slide Presentation," Price Center, San Francisco-Santa Cruz Rm.

6:30 - 8:00 — Gay and Bisexual Men's Support Group, Mountain View Lounge

FRIDAY, FEBRUARY 1

ALL DAY — "GAY JEANS DAY," Wear your jeans in support of Lesbian, Gay and Bisexual Rights!

8:00 - 10:00 pm — "Gay and in the Military," Peterson Hall 108

SATURDAY, FEBRUARY 2

9:00 - 5:00 — "ROTC Conference," War Memorial Bldg., Park Blvd, San Diego

9:00 - 1:00 am — "Non-Sexist Dance and Weekend Celebration," Ché Café (please bring UCSD I.D.)

For more information, please call the Lesbian, Gay and Bisexual Association at 534-4297

Sponsored by LGBA, ASUCSD, Psychological and Counseling Services, College Councils, University Events

**An Open Closet: Lesbian, Gay and Bisexual Awareness Week --
Monday, January 28 - Saturday, February 2**

Monday

1. Opening rally, 11:30-12:30, Price Center Plaza (confirmed)
2. Dr. Andrew Mattson, "Developing and Maintaining Intimacy in Gay Relationships," 12:30-2:00, Davis-Riverside Room, Price Center (confirmed)

Tuesday

1. Panel, Being Lesbian, Gay or Bisexual of non-white origin. 4-6 (?), Davis-Riverside Room (?), Price Center (day, time and place not confirmed)

Wednesday

1. Karen Marshall and Scott Fulkerson to talk about the community, the need for leadership and how women's issues apply, 12-1:30, Davis-Riverside Room, Price Center (confirmed)
2. Social and play reading by Guillermo, 4-6, Revelle Formal Lounge (confirmed)
3. Women's Group meets 6:30-8, WRC
4. Movie, "Law of Desire," 8-10 (or 11?), Price Center Theater.

Thursday

1. Dr. Bonnie Zimmerman, "Lesbians, Dykes and Women-Identified Women: Instances and Images of Love Between Women in History: A Historical Slide Presentation, 4-6, San Francisco-Santa Cruz Room, Price Center (confirmed)

Friday

*6-8 Tony's Group
Bonfire 8pm WJ Shores*

1. Gay Jeans Day
2. Perry Watkins, Gay and in the Military, 8-?, Peterson Hall 108 (confirmed)

Saturday

- ROTC Conference 9-5 @ War Memorial Bldg.*
1. Dance, 9-1, Che Cafe (confirmed)

**THIRD COLLEGE STUDENT COUNCIL
ALLOCATION REQUEST FORM**

Organization Name: Lesbian, Gay, Bisexual Association (LGBA)

Name of Event: An Open Chest - Awareness Week

Date(s) of Event: January 22 - February 2

Location of Event: Palmer Center / The Cafe

Person (s) in Charge: _____ Phone number(s): _____

Fany Valenzuela, Geli Mohamed, Steve Simmons
Adam, Lisa, Mariah, Chae, Fawad. 534-4875

Brief description of Event: A series of workshops - educational and social to promote awareness of LGB culture.

What is the purpose of the event and how does it promote Third's ideology of social consciousness or benefit the Third College student community?

The Lesbian, Gay and Bisexual culture is one that for the most part goes unrecognized by even the most sensitive Third College people. This program is intended to open the eyes and hearts of many to the more receptive and to understand this vast culture.

Please provide below a detail breakdown of the costs: (i.e. speakers, transportation, equipment rental, advertising, etc.)

Item	Qty	Cost
Speakers	approx 5	\$100 ea.
Food for dances/socials	3	\$25 ea.
publicity - flier flyers / posters		\$250

Total Amount Requested: \$100

Naved Merchant
Prepared By

1/21/91
Date

*This form is for event allocation requests not budget proposals.

J.C. O.k with TCSC

Anthony D...

DAVID P. McWHIRTER, M.D.
ANDREW M. MATTISON, M.S.W., PH.D.
4545 Park Boulevard, Suite 207 • San Diego, CA 92116
(619) 542-0088

Stages Of Relationships In Male Couples

From *The Male Couple: How Relationships Develop* (Prentice-Hall, 1984).

Stage One — Blending (Year 1)

Characteristics

1. Merging
2. Limerence
3. Equalizing of partnership
4. High sexual activity

Stage Two — Nesting (Years 2 & 3)

Characteristics

1. Homemaking
2. Finding compatibility
3. Decline of limerence
4. Ambivalence

Stage Three — Maintaining (Years 4 & 5)

Characteristics

1. Reappearance of the individual
2. Risk taking
3. Dealing with conflict
4. Establishing traditions

Stage Four — Building (Years 6 thru 10)

Characteristics

1. Collaborating
2. Increasing productivity
3. Establishing independence
4. Dependability of partners

Stage Five — Releasing (Years 11 thru 20)

Characteristics

1. Trusting
2. Merging of money and possessions
3. Constricting
4. Taking each other for granted

Stage Six — Renewing (Beyond 20 Years)

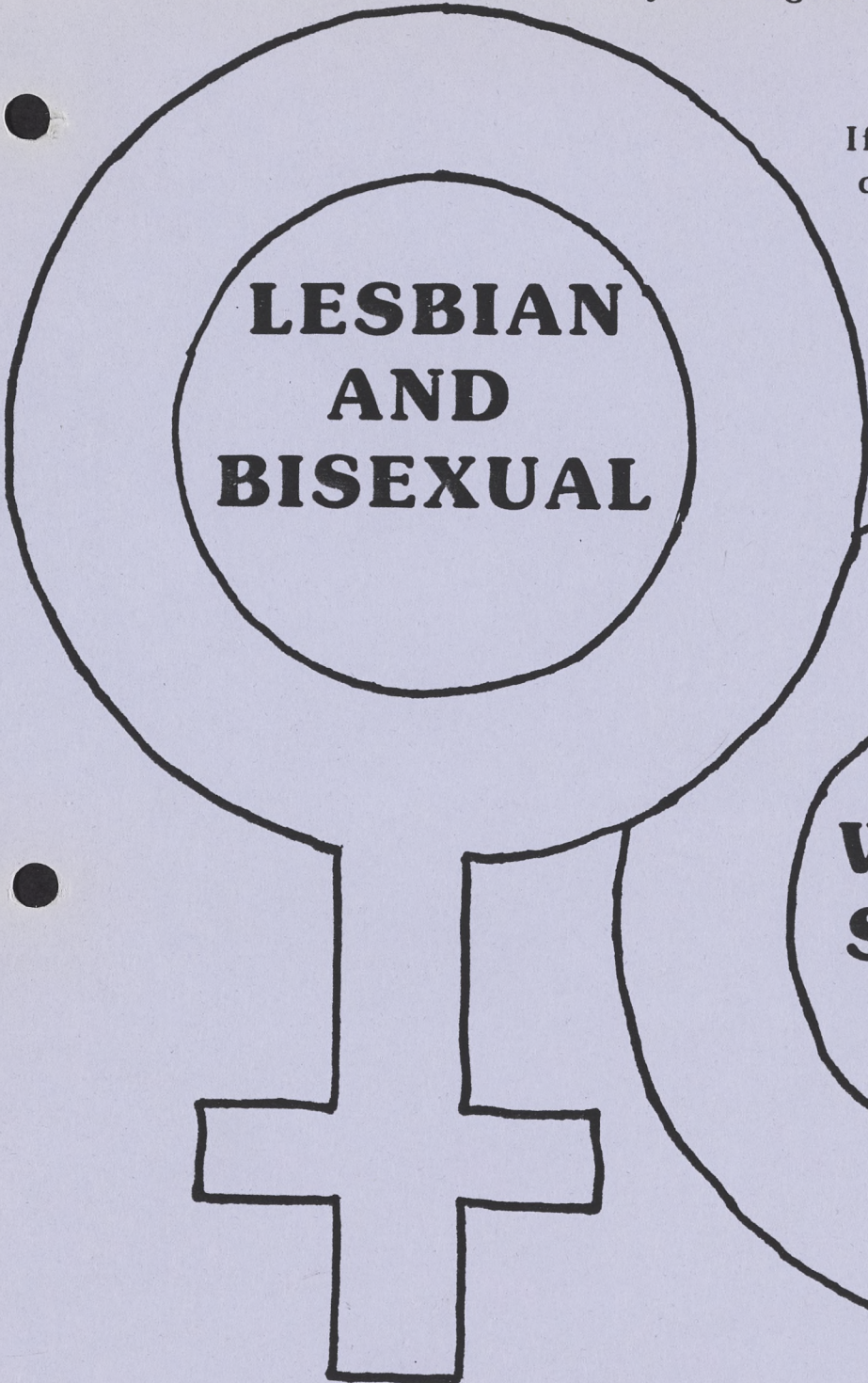
Characteristics

1. Achieving security
2. Shifting perspectives
3. Restoring the partnership
4. Remembering

Core Characteristics Of A Successful Relationship

1. **COMMITMENT**—means working at the relationship, just like you would at developing a job or career. This commitment gets you over the inevitable rough spots and keeps the relationship vital.
2. **CARING**—is vital because everyone needs to feel loved. Caring needs to be demonstrated.
3. **COMMUNICATION**—means more than just talking — it's discussing your feelings, problems, hopes, doubts, fears and joys with your spouse.
4. **CHANGE**—is the ability to adapt your relationship when modifications are needed to make it better.
5. **COHESION**—means balancing the time you spend together with the time you spend with other people, so that you can create an emotional balance in your lives.
6. **CHOICES**—refers to making major family decisions together instead of unilaterally. In this way you can avoid a buildup of resentment.
7. **CONFLICT RESOLUTION**—is the ability to keep differences of opinion from turning into major problems in your relationship.
8. **CARESSING**—is understanding the importance of every type of touch, from holding hands to making love.
9. **CASH**—refers to the ability to manage and resolve problems associated with household finances.
10. **CLAN**—is making sure that relationships with friends and relatives don't have a negative effect on *your* relationship.

Sponsored by UCSD Psychological & Counseling Services



**LESBIAN
AND
BISEXUAL**

If you have or have had
questions about your
sexuality,
You're not alone!!
Come OUT and join us

Led by Cheli and Debbie



**WOMEN'S
SUPPORT
GROUP**

**WEDNESDAYS
6:30 - 8:00 PM**

● **WOMEN'S RESOURCE CENTER
PRICE CENTER, 2nd FLOOR**

FOR MORE INFORMATION CALL 534-2023

LESBIAN GAY BISEXUAL ASSOCIATION

SPRING QUARTER EVENTS

Every Tuesday: LGBA General Business meeting from 2:30 to 4 in the LGBA office. We greatly appreciate your thoughts and ideas for Fall Quarter events.

Every Wednesday: Lesbian and Bisexual Women's Support Group 6 to 7:30 in the Women's Resource Center. Led by Cheli and Debbie

Every Thursday: Gay and Bisexual Men's Support Group 6 to 7:30 in the Mountain View Lounge (next to the Third College tennis courts) Led by Tony and Chau

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|-------|----|---|
| April | 13 | DANCE! DANCE! DANCE! 9pm-1am Che Cafe |
| | 17 | LGBA Lunch on the Hump 11:30 to 1:30 |
| | 24 | Film: "The Hunger" 8pm SLH 107 (formerly TLH 107) |
| May | 1 | Protest against Anti-Gay Violence on College Campuses Price Center Plaza 12pm |
| | 11 | LGBA Semi-Formal Dance 9pm-1am P.C. Ballroom |
| | 17 | LGBA Booth at the Sun God Festival |
| | 24 | BBQ and Bonfire at La Jolla Shores 6:30pm-??? |

Call 534-4297 for event updates or more info