

VOLUME 52, ISSUE 6

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ALL ABOUT THE ART OF ESPRESSO



The co-owner of the popular student hangout The Art of Espresso discusses why his coffee kiosk is so popular and how it contributes to the UCSD community.

HIDE AND GO SEEK A NEW NATIONAL LEAGUE

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KHALID

A NEW EP "SUNCITY"

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FORECAST



VERBATIM



A student gets her face painted at a Dia de los Muertos celebration in Canyon Vista. McKenna Johnson // UCSD Guardian

CAMPUS Giant, Blinking Pole is Newest Piece in Stuart Art Collection BY ABIGAIL STAGGEMEIER STAFF WRITER

he latest addition to UC San Diego's Stuart Art Collection was revealed this past weekend and can now be found at the entrance to Roger Revelle College on Ridge Walk, near the university's Main Gym. The installation, a 185-foot pole entitled *What Hath God Wrought*, signals the piece's title in Morse code through the intermittent flashing of red lights from a lantern at the top.

The artist, Los Angeles-based Mark Bradford, drew inspiration from the first Morse code message to ever be sent in 1844. The message, which read "WHAT HATH GOD WROUGHT," marked a critical turning point in the field of communication, eventually paving the way for modern virtual communication.

The pole has surpassed Building One in The Village at Torrey Pines in height by a margin of 2 feet, making it the tallest structure on campus.

Revelle College Council meeting notes from May 27, 2016 reveal that Bradford's pole presented a challenge unprecedented in the history of the Stuart Collection: Because of the height of the piece, the design had to be approved by the Federal Aviation Administration before it could be implemented to ensure the safety of low-flying aircraft.

"We think it's a very powerful message about the

Funding for each addition to the Stuart Collection is privately raised by Beebe.

"I think about artists who we think could be interesting for the campus," Beebe explained to the UCSD Guardian in an email. "Then I invite them to campus (we pay a proposal fee and expenses), and if they come up with an idea we think we like, we develop a proposal to submit to the Advisory Board. If they approve, we proceed with UCSD clearance (for site, safety, etc.) and the Chancellor has final approval."

As senior philosophy major Sam Sprague noted, "The new installation reminds me of the minarets on the Hagia Sophia which, like this piece, were built for communication. But unlike minarets, which are used to call people to prayer, this tower repeatedly flashes the first message ever sent in Morse code, which seems appropriate for a STEMcentered school like UCSD."

While the concept of What Hath God Wrought is generally lauded by some, others are critical of the aesthetics of the piece.

"The idea is cool, but the appearance of the pole is not totally artistic," John Muir College senior Huinan Pang said. "Since the pole symbolizes the role of technology in the interconnectedness of the world, Revelle was an interesting placement choice.

CAMPUS UCSD Builds Country's First Road Made with Recycled Plastic Binder

The construction method is a step towards reducing both the carbon footprint and plastic waste of UCSD.

> **BY STEPHANIE BEGLE** CONTRIBUTING WRITER

UC San Diego is taking the initiative to head toward a greener society by installing the United States' first asphalt road made with a recycled plastic binder as opposed to a petroleum-based bitumen binder. UCSD enlisted the U.K.-based company MacRebur Ltd. to test out its patented plastic road concept on a portion of Miramar Street and Regents Road near the Mesa Nueva graduate student housing complex.

"Recycled plastic binders are 'closing the loop' by using plastic that had been used for something else and giving it new life, keeping the plastic out of our landfills and oceans," Campus Sustainability Manager Sara McKinstry said. "The recycled plastic product also has a lower embodied carbon footprint than traditional bitumen, preventing some greenhouse gases from being emitted and contributing to climate change."

Plastic waste has become an overarching problem for the world, and MacRebur created this plastic road technology to create a greener way of maintaining roads across the globe. It is estimated that some 420 million tons of plastic is produced annually by humans. Plastic waste poses an environmental threat to the world, as it does not break down expeditiously.

The United States alone has 4 million miles of roads to maintain. If this method were to be used more widely, the impact on reducing plastic waste would be enormous, according to UCSD Constructions Commodity Manager Gary Oshima. "There has been very favorable research conducted on the product in the United Kingdom and Australia," Oshima said, "and our intent will be to conduct additional tests to confirm the benefits. There are no known detrimental effects of the product, but we will be testing the road to determine its viability beyond our campus in California and the U.S." Oshima contacted MacRebur, which has already installed some plastic roads in the U.K. and Australia. MacRebur had also expressed interest in finding the perfect location in the U.S. where it could introduce its plastic road technology. UCSD has actively updated its policies around clean energy, zero waste, and sustainable

"Even though the United States Food and Drug Administration allows people to be paid for their blood, it strongly encourages blood to come strictly from donations....."

> Suzanne Golshanara Economize It PAGE 4

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beginning of communication and [communication] as we know it today," Stuart Collection director Mary Beebe wrote to the UCSD Guardian. It feels a little like a warning to people trying to

See ART, page 3

SCIENCE & TECHNOLOGY

SEDS UCSD Hosts Student-Run National Inudstry Conference

The group of engineers dedicated to space exploration mingled with members from chapters across the world.

BY TYLER FAUROT News Editor

From Nov. 1 to Nov. 3, Students for the Exploration and Development of Space at UC San Diego hosted this year's SpaceVision networking conference, one of the largest intracompany networking events in the world available for students. Run entirely by SEDS students, the event drew industry l in Fashion Valley to mingle and share their ideas.

Lockheed Martin was the title sponsor of the event, with other

companies including the Boeing Co., Analytical Graphics Inc., and Virgin Orbit assisting with the event's financial needs.

Founded in 1980, SEDS is an international student-based organization focused on the promotion of space exploration and development through educational engineering projects. Currently, SEDS is comprised of 86 chapters across the United States and several dozen international chapters.

The UCSD chapter of SEDS was founded in 2012 by Deepak

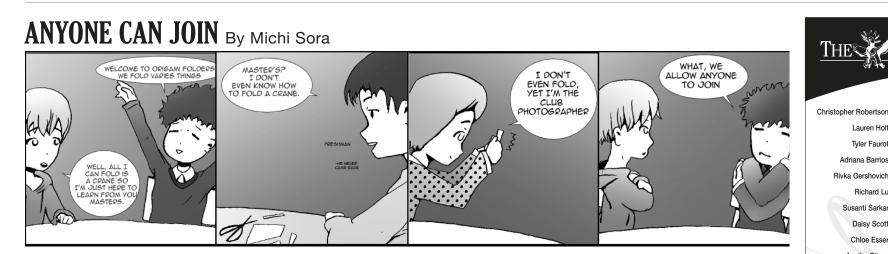
Atyam, Benjamin Liu, and Joshua and Kenneth Benedictos. According to their chapter's website, these founders helped create the first 3D printed rocket engine made by a student organization.

Eric Shnell from SEDS UCSD told the UCSD Guardian that their chapter is focused primarily on technical aspects over everything else.

"A lot of other groups [in SEDS] focus overall on expanding

See SPACE, page 3

See PLASTIC, page 3



UC SYSTEM

UCSD Receives \$25 Million Donation From Inventor and Wife for New Public Health School

The donation depends on the approval of the University of California before it can be used towards the proposed school's development.

BY ZHUOYING LIN CONTRIBUTING WRITER

On their 48th wedding anniversary, Herbert Wertheim and his wife Nicole Wertheim donated \$25 million to UC San Diego in the area of public health.

Wertheims' The donation contributes to the Campaign for UC San Diego, a \$2-billion fundraising effort that aims to enhance students' experiences, campus resources, and research opportunities. The school has raised \$1.7 billion since the campaign began in 2012.

As UCSD prepares for a proposed new school of public health, the campus will commit the \$25 million to the public health initiative. The university hopes to receive an additional \$50 million donation to construct a new building site upon

the approval of the University of California. The pledged donation is dependent on its approval by UC leadership.

Wertheim is the Herbert founder and CEO of Brain Power Incorporated, the largest ophthalmic and instruments chemicals manufacturer worldwide. He has discovered the cause of cataracts and retinal deterioration by UV lights and produced UV light dye absorbers for eyeglasses. Wertheim and his wife are also the members of the Giving Pledge, a campaign that encourages wealthy people to donate more than half of their wealth to charity.

"The most important thing we can achieve is making our communities healthier across their lifespan, and thus more productive," Herbert Wertheim said in a press

release. "Prevention is, and always will be, the best medicine."

Public health is the study of disease prevention and health promotion.

"The field of public health is uniquely positioned to address fundamental issues in population health including providing effective health care for the underserved and healthy aging," Vice Chancellor for UCSD Health Sciences David Brenner said in a press release.

"The public health challenges we face in San Diego and across the country will require that we mobilize local partnerships to solve community problems," Interim Chair of the Department of Family Medicine and Public Health Cheryl Anderson said in a press release.

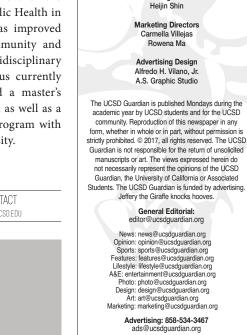
Herbert Wertheim was also involved in the La Jolla Institute for

Allergy and Immunology and is a colleague of Brenner and Anderson.

"David Brenner has been a friend for five years, and we've talked about this initiative," Herbert Wertheim said in a press release. "David has just been fantastic to work with, as well as Cheryl Anderson."

Since the establishment of the UCSD Institute for Public Health in 2014, the university has improved the health of the community and multidisciplinary encouraged partnership. The campus currently offers a bachelor's and a master's degree in public health, as well as a joint doctoral degree program with San Diego State University.

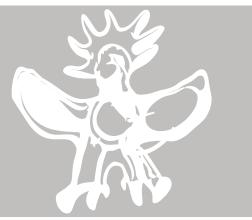
> READERS CAN CONTACT ZHUOYING LIN 7 HI 509@UCSD FDL



Fax: 858-534-7035

The UCSD Guardian 9500 Gilman Drive MC 0316 La Jolla, CA 92093-0316

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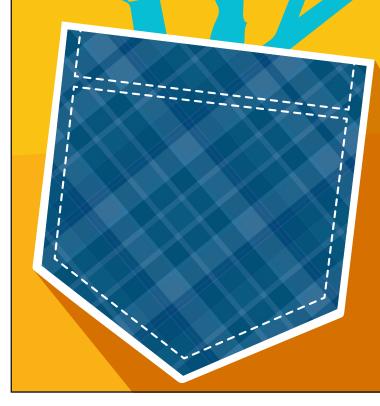
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General Reaction to New Art Piece is Mixed If Successful, Plastic Roads Could Be Used For Projects Across the Country • ART, from page 1 • PLASTIC, from page 1

considered the perfect candidate to

begin the trend of plastic roads. The

company even offered to donate the

plastic for the first installation on

recycled plastic will be a crucial

challenge that we all must resolve,

and maintaining over 4 million

miles of roads in the United States

will be an ever-growing problem,"

Research Group Chair Sophie

Haddad expressed enthusiasm for

UCSD California Public Interest

"Creating alternative uses for

campus.

Oshima said.

meddle with things that shouldn't be meddled with."

Others are concerned that the installation's significance is overshadowed by its own appearance.

"While the concept is interesting, the installation itself is aesthetically bland and doesn't offer anything very substantial to the campus," Eleanor Roosevelt College senior Mekalyn Steve said. " [It doesn't] communicate its artistic purpose to most viewers who lack knowledge of its backstory."

Former Provost of Revelle College Paul Yu shared his thoughts

meddle with things that shouldn't be on the latest addition with Beebe.

"Among the fog...it looks as if it is reaching the sky and beyond," Yu said.

What Hath God Wrought is the 20th addition to the Stuart Collection. The collection began in 1998, with the mission of preserving and growing UCSD's outdoor sculpture collection. Notable pieces include Fallen Star, Snake Path, Two Running Violet V Forms (affectionately referred to by students as "giraffe catchers"), and the iconic Sun God statue.

> READERS CAN CONTACT Abigail staggemeier astaggem@ucsd.edu

procurement, so the campus was the project.

"It is fantastic to see my school continue leading the way in implementing sustainable practices like this," Haddad told the UCSD Guardian. "These roads address plastic pollution and help us pave a way toward a cleaner future. Students here love our beaches so much, so it's great to see UCSD taking action to recycle plastics so they don't end up polluting the ocean!"

This project will be useful to determine the viability for usage outside of the UCSD area.

With over three dozen Leadership in Energy and Environmental Design-certified buildings, a campus vehicle fleet that is among the greenest in the nation, and one of the world's most advanced microgrids that generates approximately 85 percent of the electricity used on campus annually, UCSD is on track with its sustainability goals. To learn more about sustainability at UCSD, visit sustainability.ucsd.edu.

> READERS CAN CONTACT stephaniebegle</mark> sbegle@ucsd.edu

Startups Founded by UCSD Alumni Tabled at Event

▶ SPACE, from page 1

awareness, teaching people about space, stuff like that, doing their own stuff for appreciation," Shnell said. "We don't do that as much. We just focus more on the engineering side of things."

Shnell stressed that this did not mean that other chapters weren't as competitive in their field.

"Lockheed [Martin] and companies like that still need marketing teams or recruitment people, so those people are still valuable," Shnell said, "but we feel that engineering is more our focus, so we strive toward that."

Tabling at the conference were startups Rocket Lab and Additive Rocket Corporation, a company founded by former SEDS UCSD members.

"People who come to our tables

are not so much looking to get a job, but are more looking for guidance. We're like the cool uncle, you know? People kind of come out of their shell," Director of Product Development for ARC Alec Kochis said, "Where bigger companies are like the Budweisers at these events, we're more like the craft breweries focused on making the perfect product. We're really passionate about the craft."

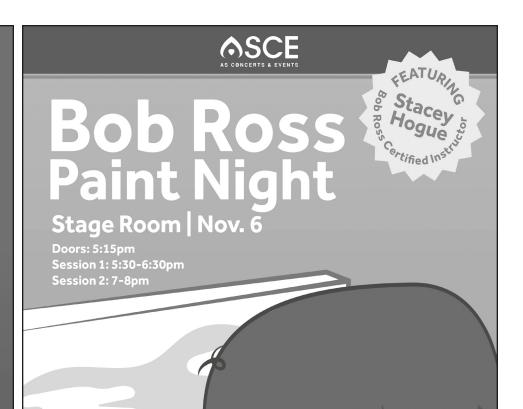
This weekend's SpaceVision is the 12th annual conference, with last year's being hosted at the University of Central Florida. Arizona State University has been selected to host the next conference in 2019.

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OPINION CONTACT THE EDITOR ADRIANA BARRIOS

Seeking Childhood Joy: The Hide and Seek National League

By: Jacob Sutherland // Senior Staff Writer

P icture this: a vast arena of varying terrain spreading out into the distance, dozens of people scattering around, finding the most obscure places to hide in, while another team begins a frantic search for them as the clock ticks ever so quickly toward zero. Sounds familiar, right? Hide-and-go-seek is a game seemingly universal to everyone who has ever been a kid; all the game requires is a handful of friends, an open space with some good hiding spots, and the imagination. So why does a game so loved by everyone have to go away as the populace transitions from youth to adulthood? There is a collective longing for the days of our youth, to find some way to get even a taste of the carefree lives we lived before entering the "lucrative" world of adulthood.

One of the few things some have held on to from their youth is sports — a fantastical realm of competition, high stakes, and wide ranges of emotions that — in the grand scheme of things — are meaningless. If we are to put such an emphasis on something that will never directly affect our lives, people ought to find a way to bring a more universal childhood game into the mainstream so that all may have an outlet to escape into when the going gets tough.

In an effort to provide greater access to the escapism of youth so many people long for, the United States needs to implement the National Hide and Go Seek League . The setup for such a national pastime would be simple: Much like with football, hockey, and soccer, competitions would be held regionally across the country, which would culminate in a National Hide and Go Seek Championship. This would be held in a different city every year. However, where the NHGSL would differ from current professional sports leagues is that it would be anything but that; teams would be open to anyone who would like to participate, and spots would be given to those who successfully out-hide their competitors on a regional basis. Fairness would be guaranteed through not allowing those who have previously been selected to do so again for a number of years.

Such an undertaking may seem broad and expansive, but the benefits far outweigh the costs. First and foremost, creating a whole new industry under the realm of athletics would offer an opportunity for cities to gain an economic boost without the associated costs. Unlike many other sports, the NHGSL would not require expensive venues which, according to research from Bryant University, leads to economic losses. The idea of hide-and-o-eek is that the best hiding spots are difficult to find, so reusing the same ones every year would defeat the purpose of the sport. Instead, hosting cities would run these events similar to marathons, where the venue is the city's existing infrastructure. The only financial burdens the cities would have to account for would be the unavailability of the areas used during the couple hours of the event, which are minute compared to the costs of stadiums.

Additionally, the cities that host the more competitive competitions would likely see an economic boost. In 2015, the four-day weekend surrounding the Chicago Marathon had a \$277-million impact on the city's economy, which included increases of revenue for the local businesses both immediately near the race route and in the surrounding area. The larger

See NHGSL, page 5

Medical Voluntourism Leaves Patients With Poor and Inconsitent Care

By: Rajee Ganesan // Contributing Writer

The stakes of getting into medical school are higher than ever, and many students are looking for ways to make their resumes the "diamond in the rough." One popular solution is to offshore one's education to developing countries and work with underprivileged citizens by offering them medical care. Medical voluntourism, at first glance, may seem like a noble and virtuous way to spend one's vacation, however, in reality, it has detrimental effects on the patients, health care system, and infrastructure of the country visited.

Medical voluntourism is characterized by taking short trips abroad to developing countries and providing voluntary medical care. However, this process permits untrained and underqualified students with little experience to practice directly on patients who require a higher degree of care and sometimes without the careful policies of U.S. malpractice law. In addition, volunteers usually donate short periods of time to the cause, leaving patients without long-term treatment plans. This is destructive to the lives of people who require consistent, continuous therapy and medical assistance. Without the ability to travel or afford better treatment, patients are left with little option but to accept the short-term care at hand. In addition, medical voluntourism shifts the priority from training long-term local medical employees and residents to training temporary student volunteers. Much of the independent work done by students could instead be given as training to nurses and doctors within the area. While work completed with residents can sometimes facilitate an exchange of experiences, it often backfires due to a lack of communication and the forecfulness of the American students. Since local patients are commonly unable to afford any better treatment, this forces them to accept the lowerquality treatment that poorly trained students can offer. Patients in areas receiving medical tourists are also less likely to invest in their own health insurance, opting instead for the cheaper but less-reliable care from students. Residents then encounter irregular periods of access to healthcare making them susceptible to outbreaks.

The change needed in the medical voluntourism industry can start here at UC San Diego. Although the clubs here are better regulated in terms of volunteer ethics, there is still room for improvement. This year, the Global Medical Brigades club is taking a trip to Latin America; the club has gone on 13 brigades, raising over \$570,000 for multiple two-week trips, and profiting off the undergraduate desire to work in the medical field under the pretense that they are helping developing countries. In reality, they are developing their own resumes without having to find competitive internships or heavily regulated work in the United States. The volunteers are given the opportunity to take vitals and patient history, shadow licensed doctors in medical consultations, and assist in a pharmacy under the direction of licensed pharmacists. However, there is no longterm plan to develop these countries' healthcare system. Another student organization, the Flying Samaritans, raise \$8,500 every year to travel to Mexico and "educate" youth about healthcare practices. That amount of money could be better used to provide underprivileged youth with daily health products such as bandages, painkillers, and feminine hygiene products. Better yet, it could be used to aid a local school nurse's paycheck, who remains in the country year-round and can be accessible for the long-term health of patients. The competition in California to receive hospital internships or even shadow a doctor is skyrocketing, and medical voluntourism seems to offer a quick solution to this, especially for those with the money to shell out. Flying Samaritans and the Global Medical Brigades club advertise

their events and volunteer trips to any passionate university students with virtually no recruitment or selection process, making it an easy workaround for students looking to gain experience in the healthcare field. UCSD does a mediocre job of regulating club activities, and has allowed these trips to go on for years without a complete understanding of their negative impact. Instead, the money they have raised could be used to establish medical, government, and educational infrastructure. It could also increase public health research and develop human capital to create a long-term plan that would end these lavish trips completely. If we do not take steps to encourage the countries we visit to develop themselves, we only work them into a cycle of dependence, ensuring an indefinite number of brigades and voluntourism trips in the future. The university and the clubs that sponsor medical volunteer trips must come to the understanding of the true influence and ethics of their work and make changes to their long-term plans accordingly. Voluntourism, a poorly regulated, \$173 billion industry, is shamelessly fueled by international agencies charging thousand-dollar trips with the promise of self-fulfillment. Although the industry is known for grossly profiting off of developing countries, there are better routes available for the determined volunteer. Organizations can fundraise with the same energy for the cause and can invest in organizations that have established longterm plans to aid the community. If students choose to offshore volunteer efforts abroad, they ought to search for voluntourism agencies that are economically, socially and environmentally minded as well as focused on a long-term goal of developing the country instead of profiting from it.



Blood Money By: Suzanne Golshanara // Senior Staff Writer

No market faces the same challenges as that of the American blood bank, where all supply is determined by the unreliable and irregular altruism of donors. With blood being the life-saving product that it is, this donation-based business model routinely falls short of its actual needs and is in need of broad reform.

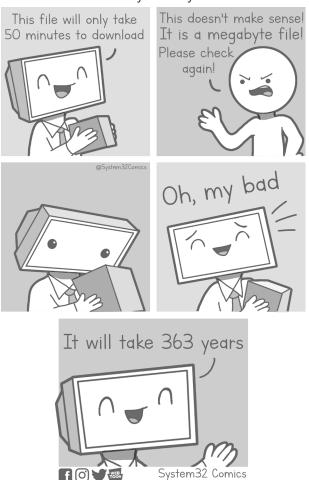
Blood banks are placed in a precarious situation, as they either have more blood than they could possibly need or not nearly enough. Blood is a perishable commodity that must be used within 42 days. Thus, people must be willing to donate blood on a regular, yearround basis in order for blood banks to have an adequate supply. In reality, blood banks, which are subject to the whims and fancies of the public, tend to have bouts of excess blood and blood shortages. In emergencies, such as in the case of a natural disaster, terrorist attack, or school shooting, people have the tendency to run to their nearest blood bank to donate. However well-intentioned this altruism may be, it is largely unhelpful and can even be harmful. Immediately after 9/11, Americans nationwide lined up to donate at their local blood banks and donated over 475,000 units of blood. The flood of donations quickly overwhelmed blood-collection centers, and in the end, only 258 units of blood were used. Thousands of units of blood had to be thrown away.

Conversely, blood banks often experience shortages, especially during the summer and winter Several programs holidays. meant to alleviate seasonal blood shortages include incentivizing donations by using non-monetary gifts and notifying the public about the existence of a blood shortage to encourage them to donate. Unlike typical markets where supply and demand intersect at an optimal equilibrium point, blood banks rely on donations to get their supply of blood. If blood banks were to pay people for blood, they would be able to decrease or increase the supply of blood at any given time This practice would give blood banks greater control over blood supply and make them far less likely to have to endure dramatic swings in supply. Such greater control and efficiency can be seen in the American market for plasma, in which people are paid to donate. As one of the few countries that allows people to be paid for their plasma, the United States exports a majority of its plasma to countries like Canada and Australia that hypocritically ban paying their own citizens for plasma because of ethical quandaries. Even though the United States Food and Drug Administration allows people to be paid for their blood, it strongly encourages blood to come strictly from donations because of concerns that people may lie about their health and eligibility to donate if there is

READERS CAN CONTACT **Rajee ganesan** rganesan@ucsd.edu

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SYSTEM32 By Anonymous



▶ NHGSL, from page 4

NHGSL competitions would likely have similar impacts on the host cities, as an increase in visitors to the city would produce a short but substantial economic boost.

Furthermore, the NHGSL would provide greater accessibility for everyone to participate in athletics. Currently, the national sports industry has a certain sense of elitism; certain levels of skill and financial ability are needed in order to even begin thinking about participating in any given sport. For the most part, hide-and-g seek does not require a lot of skill to get into the game; there is a certain level of chance involved with being found, so the ability for anyone to win or lose is ultimately up to the decision-making ability of the seeker. NHGSL would open the door to mainstream athletic participation for everyone who wants to join, regardless of socioeconomic background.

Most importantly, making hide-and-go-seek a national sport would promote health and wellness for those currently without an athletic outlet. Nearly 1 in 3 people in the United States are obese, and rates of heart disease, diabetes, and other diseases with some relation to lifestyle decisions are on the rise. Because hide-and-go-seek's increased accessibility compared to other types of athletics, the general population's ability to obtain these benefits would increase substantially while also helping to decrease the effects of current health crises.

The joys of our youth are full of memories rooted in the carefree nature of our childhoods. By creating a new national pastime that connects everyone through a universally beloved game, the United States would create the opportunity for short-term economic boosts to cities, allow a greater access to athletic pastimes, and promote greater levels of general health and wellness. At the end of the day, life is hard, so why not run and hide from our problems every now and then.

READERS CAN CONTACT Jacob Sutherland Jsuther @ucsd.edu

▶ **BLOOD,** from page 4

money on the line. These are genuine concerns about whole blood, since plasma is typically broken down before use in pharmaceuticals but never directly infused into a person's system.. Whether or not it is donated or paid for, whole blood is tested for safety. Concerns about paid blood are currently based on a small body of research, and further research needs to be done to see whether concerns about paid blood are statistically sound or simply unsubstantiated worries.

The current system for collecting blood has many flaws that can and should be remedied. Compensating people for

their blood, either through cash or nonmonetary gifts, would create a more regular supply of blood and would even allow blood banks to request more of the blood types that are high in demand. Since blood is such a vital and life-saving product, altruism cannot be solely relied upon to provide an adequate supply. Rather, a more stable source of blood can and should be achieved by incentivizing people to donate.

> READERS CAN CONTACT SUZANNEGOLSHANARA SMGOLSHA@UCSDEDU

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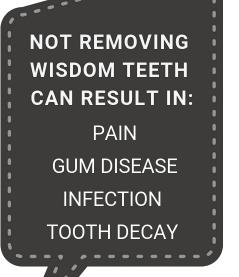
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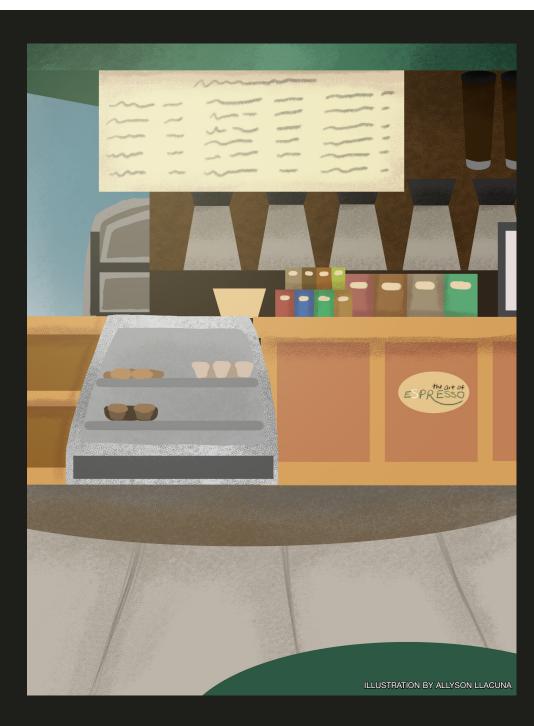




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CONTACT THE EDITOR **SUSANTI SARKAR** 🖂 features@ucsdguardian.org



BUT FIRST, **COFFEE: ALL ABOUT** THE ART OF ESPRESSO **COFFEE CART**

The co-owner of the popular student hangout *The Art of Espresso discusses* why his coffee kiosk is so popular and how it *contributes to the* UCSD community.

ny UC San Diego student winding through the halls of the Old Student Center or making their way through the eucalyptus trees past the Mandeville Center is sure to have passed by The Art of Espresso, a hub of socializing and studying students and faculty, all with cups of coffee in their hands. At first glance, The Art of Espresso might appear to be just another one of the many coffee carts that dot UCSD's campus. However, this particular coffee cart isn't part of a chain, and it's not just another coffee cart: It fosters a community space for students, faculty, teaching assistants, and visitors alike.

Co-owner of The Art of Espresso Sam Belfer remembers when he and his business partner, Patricia Collins, first started the business in 1999. At the time, coffee shops hadn't yet become as popular as they are today. The duo decided to team up to serve

coffee together and realized that a university, a place with a need for coffee and community, would be a perfect location to do so. Before its specials are quite creative with their flavors. Patrons can sample a Mountain Man (a hazelnut mocha), a turmeric honey tea latte, and a white lavender mocha. There's also a smoothie selection for a great price. True to the cart's name, the espressos make up some of the best orders on the menu.

"We always joke that if Patty and I only sold what we liked, it would be single espressos and chocolate croissants," Belfer said. "Our espresso is really tasty. Some of the blended drinks, especially the Blended Bliss, which is like a blended mocha, are popular. We also try to keep it fresh. We've got pumpkin spice for this time of year."

Belfer doesn't spend much time at the other coffee carts on campus, but he thinks that his business's strict attention to detail, excellent staff,

and spot-on customer service sets it apart. He knows the importance "There have been so many ups and downs of delivering a quality cup of coffee in a short amount of time, especially to accommodate hectic student schedules. "We've always tried to find that sweet spot of high-quality product at a reasonable price, with lots of good customer service," Belfer said. "For me, when I'm out in the world and going to various shops, customer service typically lacks nowadays. You go to places, and you wait around forever.It's our

By Charlotte Armstrong // Senior Staff Writer

they set up shop, the space — now a popular student hangout - was bare and uninviting.

nothing here," Belfer said. "People direction. We had a couple of tables, and we used to take turns doing the crossword puzzle, and one of us would help a customer.

We slowly built up a space [in which] we thought people would, with a little bit of culture, want to hang out. In the beginning, people weren't used to us being nice. People would walk by, and we would say 'hello.' We had music going, and we were drinking our coffee. We kind of brought that coffee shop vibe to campus. Slowly, there would be a following, and people started to get it."

Even when the sky is gloomy and there's a chill in the air, the tables scattered across the pavement at The Art of Espresso are filled with customers, some of whom are chatting and others who are working on their laptops. Around the time when classes end, customers come flooding in and a long line begins to form. A typical, coffeehouse-themed tune floats through the air: The Art of Espresso plays a variety of genres, from jazz to reggae and everything in between.

The Art of Espresso serves a variety of hot and cold beverages. Coffees, lattes, mochas, teas, and hot chocolates fill up its menu, and some of

are people who met here and ended up getting married. For both Obama victories, "When we started, there was I was here. We've lived through some didn't really even walk in this construction periods. I was here serving coffee when 9/11 happened."

since we've been here," Belfer said. "There

goal to try to make the most of this business while the opportunity is here. People are busy; they're going off to class, so we try to get everybody a really good product at a really good price and with a personal interaction."

Belfer's goal has always been to create a community space on campus. He thinks UCSD could use a little more community, especially for the sake of the students living on campus.

"I hope we're a space where the community can come together, from top to bottom," Belfer said. "It's an organic space. Certainly, we've facilitated and laid the groundwork. But now, it's become this organic space where people can interact. It can be a professor, the vice chancellor, a student, a TA. Everybody can kind of exist in the same space. I think we created the initial space for that to happen, and then it became an organic thing; now it just feeds on itself."

See COFFEE CART, page 7

► COFFEE CART, from page 6

The customer base at The Art of Espresso is loyal, and Belfer is so familiar with his dedicated returning customers that he even knows some of them by name and many more by their morning and afternoon coffee orders. For those whose names he doesn't know, he practices.

"I can figure out what they drink in the morning, what they drink in the afternoon," Belfer said. "I have kind of a weird brain like that. Patty and I both have that ability to recognize somebody and know what they're having."

Belfer has seen many changes happen over the years and experienced many momentous occasions, all from the shelter of his coffee cart. The Old Student Center, now home to the Women's Center and the LGBT Resource Center, wasn't even built when The Art of Espresso first planted its roots on campus.

"There have been so many ups and downs since we've been here," Belfer said. "There are people who met here and ended up getting married. For both Obama victories, I was here. We've lived through some construction periods. I was here serving coffee when 9/11 happened."

The Art of Espresso has been successfully thriving at UCSD for years, and it just celebrated its 19th anniversary. When asked if he would ever consider expanding his business, even to just another coffee cart on campus, Belfer paused. He responded that he would be interested if the shop were to be in an indoor location, but otherwise it would be tricky. There are some challenges to running a labor-intensive outdoor coffee kiosk. Despite generally sunny San Diego weather, there have been some cold and rainy days where he and his staff haven't enjoyed serving coffee.

"People have asked us over the years about opening another location," Belfer said. "I'm not sure that's what we want as a business model. It seems like everyone else's business model, but those shops always seem to come and go. Part of our success is that there's always an owner here, so that the pride and ownership comes through. We have this longevity because there's always an owner present."

Instead, Belfer said, The Art of Espresso would like to keep doing what it's doing: serving coffee to its loyal customers, welcoming new ones, and bolstering UCSD's student community, one cup of coffee at a time.

"It's always encouraging when the campus tours roll through here, and I can hear the guides talking about our reputation as a coffee shop on campus and a cool place to hang out," Belfer said. "We've always felt like if we ran our company with integrity and executed what we wanted to create for the campus — a sticky spot for people to hang out — that it would work," Belfer said. "So far, so good."





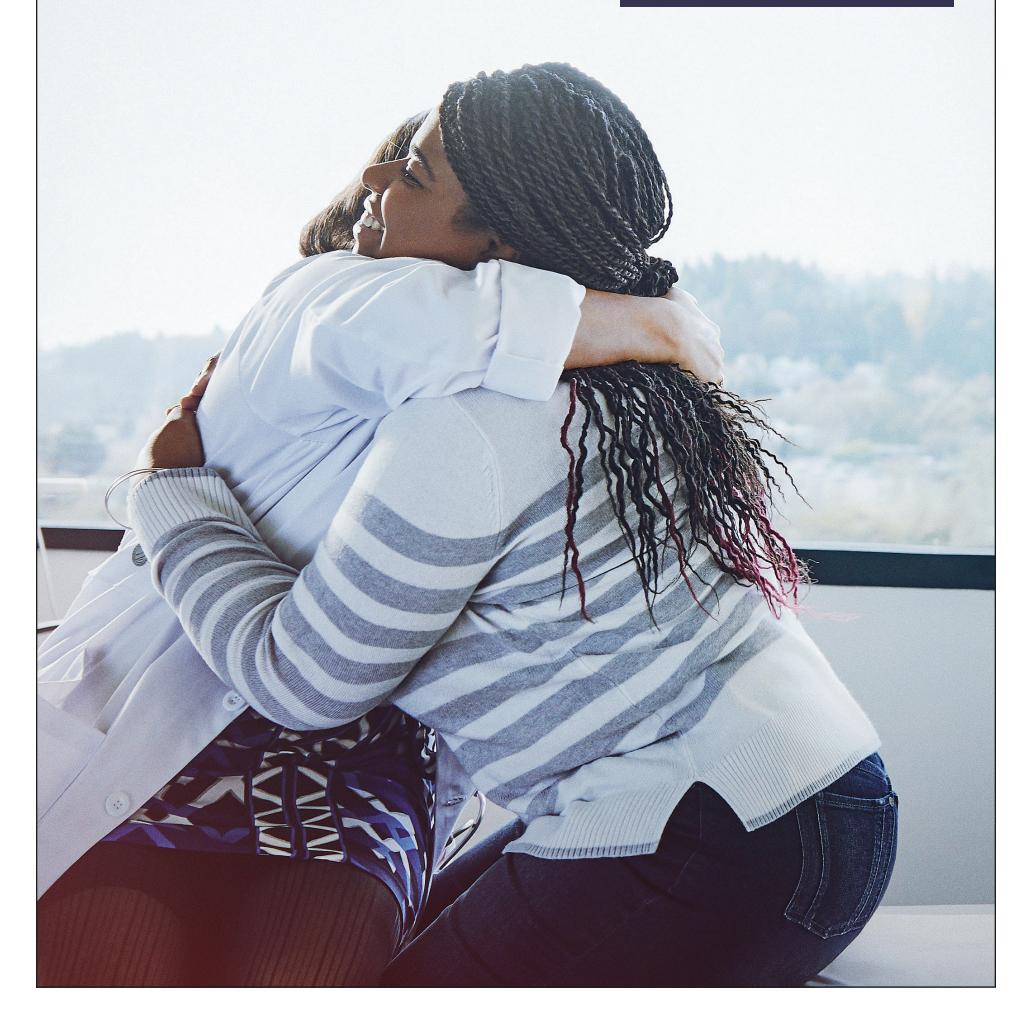
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UC San Diego Health



WEEKEND

A&E EDITOR // DAISY SCOTT ENTERTAINMENT@UCSDGUARDIAN.ORG

LIFESTYLE EDITOR // ANNIKA OLIVES LIFESTYLE@UCSDGUARDIAN.ORG



Teenage witch Sabrina Spellman returns on the air, enchanting audiences with a new take of blood-curdling adventures.

ost '90s kids remember a certain quippy teen-witch accompanied by her sardonic black cat and two zany aunts from the sitcom, "Sabrina the Teenage Witch." Sabrina Spellman's origin dates further back, having first appeared in the Archie comics and a popular '70s cartoon that spellbound viewers. This time around, she returns to the screen with a dark, new spin on her occult story. Released on Netflix during the spooky Halloween season, "Chilling Adventures of Sabrina" readapts the previous lighthearted narrative into a mature, macabre horror, rife with devil worshipping, dark baptisms, demon possessions, and - most frightening of all high school barbarity.

Far different from the old series's wacky endeavors, this new show is less optimistic and more solemn as Sabrina Spellman (Kiernan Shipka) battles a Catch-22 situation, where she is forced to choose between her half-witch and half-human identity. Upon turning 16, all witches and warlocks must partake in a "dark baptism" wherein they sign their body and soul away to the Dark Lord in promise for immortality and a grandiose enhancement of their magic. After the ritual, they will also be whisked away to the Academy of Unseen Arts (essentially a more Satanic Hogwarts) where they will learn magic and permanently pledge their livelihoods to him. Sabrina becomes doubtful of whether she should follow the tradition of the coven or remain in the mortal world where a majority of her friends reside. As her outright rebellion becomes a threat to the cultish Church of Night and even Satan himself, Sabrina simultaneously wrestles with family expectations and the evil forces that desperately want to oppress her. She begins to question the many binaries of her life, such as her dual witchmortal nature, the path of dark versus light, and its respective meaning of power or free will.

The show isn't all paranormal and devilish, though, as it also attempts to tackle real issues including belief systems and feminism. Sabrina's resistance to her ancestry's creed of devil worship broadly speaks to finding an independent faith instead of blindly following one that others and even close family - like her aunts Hilda (Lucy Davis) and Zelda (Miranda Otto) - try to indoctrinate her into. Not only does the young witch fight against her heritage's belief system, but she also fights against the patriarchy of her high school, which is teeming with misogynistic jocks and run by a sexist principal. However, there are some campy, tongue-in-cheek moments that overtly push the idea of how toxic this maledominated society is. These moments aren't usually seamless; instead, it feels as if they're

patronizing the audience and intentionally teaching them something they already know. Yet, the show delivers its message loud and clear about the importance of autonomy and female empowerment.

As previously mentioned, this Netflix series isn't as blithe, but it does sustain some degree of dark comedy that leaves a curled lip upon viewers. The '90s sitcom, "Sabrina the Teenage Witch," had an iconic form of comic relief: Salem, a former warlock who tried to dictate the world but became imprisoned within a cat's body. Wry and snarky, Salem was endowed as a fan-favorite character, so people were upset upon learning that this modern version of the beloved feline couldn't talk. It feels like a missed opportunity, but the show supplants his golden one-liners with other characters' twisted jokes about death, casual murders, and deviated values. So, there are at least sinisterly humorous moments for audiences nostalgically craving the goofy tones of the prior series.

Sharing the same creator as "Riverdale," "Chilling Adventures of Sabrina" has been said to resemble similarly stylized visuals. The show also has a unique Gothic aesthetic that elicits an eerie atmosphere, as if to pay homage to classic horror, melodramatic films. The witches' home is creepily antique — stashed with ritzy knick-knacks and festooned with Victorianesque art, making the audience feel like they've been transported centuries back. Despite this, the show also includes heavy '60s and '80s references to music and culture. With all these layers of juxtaposing historical elements, it's really ambiguous on which year it is. The setting feels like a timeless and nebulous space, but this only enriches its aura of mystery. The aunts wear some lacy and opulent confection, but Sabrina's costume stands out as her character dons a splash of crimson to her every attire. Her accented red especially pops out in any misty, grey backdrop, making the cinematography beautifully well-crafted and appealing. Natural backdrops, like the mossy forest, add to the ethereal and spectral ambience of the series's environment.

Although the reboot completely contrasts its predecessor, "Chilling Adventures of Sabrina" bewitches viewers with its grisly, sensible tone and visually-stimulating setting. The audience is left transfixed by a supernatural world, one that is beckoning to be discovered with more grim and ominous adventures. With deeper concepts of freedom and power, the show becomes more intriguing as we follow Sabrina Spellman's bumpy journey into both womanhood and witch-hood.

- ASHLEY CHEN Senior Staff Writer

ALBUM REVIEW





SUNCITY By Khalid

Release Date Oct. 20th, 2018

The "American Teen" singer pays homage to his hometown of El Paso, forever grateful to the city of the 9-1-5.

fter countless collaborations with artists such as Normani, Billie Eilish, and Marshmello, Khalid has finally released a seven-track EP, which comes after the success of his debut album, "American Teen." Its hit single "Location" brought Khalid fame and recognition and has remained a regular spin on Spotify playlists since 2016 until now. The release of "Suncity" marked the rhythm and blues singer's next shot at becoming a household name. However, success might have to wait until his next album.

Most of "Suncity" blurs together, a sign that each song sounds virtually the same. This is unlike the variety found in "American Teen." Khalid's easygoing tone, while soulful at times, rarely fluctuates over the course of the album and runs the risk of sounding flat and static. The exception is the title track "Suncity," where Khalid rides over an easy, Latin-pop beat with Empress Of. It's a bouncy, refreshing track in an otherwise somber EP, where Khalid showcases his spectacular ability to play with featured artists and switch off lyrics. While he remains an incredible add-on to any track and collaborator, he continues to struggle when it comes to leading a song on his own.

On "Suncity," most of the tracks hold a basic, mid-tempo beat. While this makes for easy listening, especially as background music, nothing about it is particularly memorable. "Suncity" doesn't hold the same narrative weight as its predecessor, "American Teen." Curiously enough, despite the EP's vaguely angsty lyrics, it still remains lighthearted for a typical R&B album.

Khalid joins the ranks of Frank Ocean and SZA by including the voicemail "Salem's Interlude." However, unlike Ocean and SZA, the track is strangely positive and reassuring, ending with the line "And I'm just happy / I can't complain about anything." While the interlude doesn't add anything of substance to "Suncity" and could have been left out of the EP, it does reveal something about Khalid, or rather, who Khalid is trying to be as an artist. Relatability, positivity, and general geniality seem to characterize the singer both as a person and a musician.

Although "Suncity" is a bit lukewarm, its tracks like the fluid, pop-inflected "Motion" and "Suncity" reveal a glimpse into what the 20-year-old could accomplish in the future. Nonetheless, it was also necessary in keeping up Khalid's presence beyond his constant collaborations and previously released singles. Khalid is well-liked by the general public and remains as one of the most wholesome and uncontroversial current artists.

"Suncity" isn't particularly memorable, but it's enough to tide listeners over until the next Khalid album. It's a matter of Khalid having another hit like "Location" that will determine whether he becomes the newest pop-like, R&B artist, or risks the title of a one-hit wonder.

- JAHFREEN ALAM A&E Editorial Assistant

LIFESTYLE



Los Angeles psychedelic-soul band, The Marías, dazzled the audience at The Loft on Friday night. With velvety vocals and subtly sultry auras, The Marías dazzled and entranced the crowd before them.

n Friday, Oct. 26, The Loft welcomed The Marías to UC San Diego, where an eager crowd awaited. The Marías are musicians on the rise in Los Angeles, founded in 2016 by María and Josh Conway when he fell in love with her voice. The band is comprised of five members: María (lead vocalist and guitarist), Josh Conway (producer, drummer vocalist), Carter Lee (bass player and vocalist), Jesse Perlman (lead guitarist and vocalist), and Edward James (keyboardist and vocalist). Before the show, there were about six to 10 clusters of people spread throughout the venue. Upperclassmen and locals were at the bar, while the trendy, younger crowds secured their spots near the stage. I noticed a string of couples in the seating area. People were settling into the Friday night mood before the music kicked off.

Up-and-coming musician and Tijuana native Vanessa Zamora opened the show with a new wave sound from her album "Tornaluna," which was released on Oct. 5. Each member of the band brought passion to the stage, evident by their headbanging and dancing. They were enjoying the performance just as much as the audience. Zamora and her bandmates were an energetic flow of sound that perked the audience right up while simultaneously cultivating a relaxing environment.

The Marías entered the stage with all the grace and sophistication exhibited in their music. By the end of their first song, "Cariño," there was not a single person whose leg wasn't bouncing and whose head wasn't bopping. The five members reconcile their various music tastes in a medley of Latin-inspired jazz, dream pop, funk, and psychedelic notes that blend perfectly together. They played songs from their "Superclean, Vol. I" EP, as well as their "Superclean, Vol. II" EP.

From the jazzy "Cariño" to the funky "I Like It," The Marías demonstrated cascading vocals and sensual lyricism. The Marías delivered a "super clean" performance. They were as good, if not better, during their live performance than on recordings. The band thoroughly demonstrated its talent across the board: From the trumpet to the vocals, each member of The Marías was hitting each note just right. The Marías' harmonies were able to create an atmosphere that immersed the audience in a fantastical dream. The timeless quality of The Marías is the seamlessness of their sound. Though we were listening to them in a concert setting, you can listen to The Marías at virtually any time: hanging out by the pool while eating watermelon slices, dancing at a party, and even when you're studying for your midterms.

The Marías took command of the room with their melodies, compelling everyone to indulge in the music. Their music utilizes soft tones that both soothe and energize the audience. Whether it was slow swaying, graceful twirls, or even just a tapping foot, everyone was dancing in their own way. As I looked around the room at the audience, I saw people not only dancing, but actually laughing in glee; some were even shouting eager praise at the band. All of the faces in the room were smiling.

When María asked, "Alguien aquí habla Español?" ("Does anyone here speak Spanish?"), a sprinkling of hands flew up in the air, including mine. Those who understood the question knew it was directed toward them. It was a nice moment to take pride in knowing multiple languages in a country that demands we speak only English. The Marías offer representation for Spanish speakers. The band writes music in both English and Spanish, uniting the languages through its modern sound. The Latinx students in the crowd were able to connect with the band members, specifically the lead singer María, who is of Puerto Rican descent, by yelling out a message in Spanish, a language only a few could understand.

Despite the mellow ambience of their music, The Marías were able to compel the crowd into an entranced state of enthusiasm. Though we all wished the show would last forever, their set came to an end after their song "Déjate Llevar," which means "to let yourself go." My only complaint is that they did not play another song when the crowd chanted for "One! More! Song!"

> - LORENA ESPINOZA Senior Staff Writer



Reggae meets school spirit in one crazy day of music and fun. It all kicks off with College Day at the Races - an epic party just for San Diego's university crowd. Then after the races, our legendary Reggae Festival is back with the positive vibes of Pepper. And it's all free with track admission for ages 18 and up. Presented by Coors Light. **Visit DelMarRacing.com for tickets.**

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by Rebecca Tsang // Staff Writer

This summer, I attended a UC San Diego Global Seminars program in Bangkok, Thailand for five weeks. Though the UCSD Study Abroad Office and International Study Abroad Program provided numerous resources and well-prepared me, a few days before my flight, I was suddenly afraid of the whole experience and worried about any possible issues: money exchange, roommate disagreements, paperwork, or figuring my way around the country. Since I did not want my mom to be worried, and I had already paid for the fees, I pretended that I was excited for the program even though I felt sad to leave.

My first impression of Thailand was not great — the moment I landed in Suvarnabhumi Airport at 11 p.m., I immediately felt a rush of humid heat engulfing me. I then stayed an extra three hours at the airport waiting for another classmate when I was already deprived of good-quality sleep. Heading to our living accommodation, located in Nana, I was initially shocked to see the lively nightlife and the amount of sex workers walking around the streets. However, I did not care much; I just wanted to sleep. I thought I had set myself up for disappointment and boy, was I wrong.

The two classes in the program were anthropology courses about sex, gender, and HIV prevalence in Southeast Asia. Due to the theme of the courses, my class and I visited several health clinics aimed to serve the LGBTQ+ community. One of my most unforgettable moments was my visit to Wat Phra Baht Nam Phu, also known as AIDS Temple, where I spoke to several HIV or AIDS patients and learned about their experiences --- some patients voluntarily entered the temple to escape society's stigma of contracting HIV while others are abandoned by their families from a young age. The lectures and conversations I had were invaluable and gave me another perspective after seeing the struggles of people living under constant scrutiny. I am extremely grateful for Dr. Dredge Kang and Resident Director Aaron Clark who both actively took care of the class by continuously introducing and teaching us the cultures and norms of Thailand; I truly believe they contributed to how happy I was with my study abroad trip.

Several friends and I went to Chiang Mai for a few days and that was definitely the highlight of my Thailand trip. The mini vacation began with miscommunication, leading my group and I to enter the wrong taxi which ended with us arguing with the taxi driver about the fare. The next day, I fell ill but still decided to go jungle trekking. The jungle trekking experience left me with over 40 mosquito bites, arms full of hives, and a strong sense of feeling that my life would end that day. Nevertheless, I visited a themed Elephant Sanctuary and got to pet a couple of elephants! Temples ("Wat") are well known throughout Thailand, and my favorite is Wat Phra That Doi Suthep for the stunning overview of Chiang Mai. Compared to Bangkok, Chiang Mai is vastly different in terms of culture, weather and food. A common rickshaw transportation known as "tuk tuk" in Bangkok, was nowhere to be seen in Chiang Mai, and the nightlife is not as lively. However, I was glad I was able to take a break from the busy, populated Bangkok.

Classmates-turned friends created a big difference for how I felt toward the program. Without my friends, I would've never enjoyed the other half of Thailand. Because we were all in a similar situation where none of us speak Thai, we often hung out to get food before or after class. I am very fortunate to have gotten to know most of my classmates and to have built strong friendships. By the end of the program, several of us missed American foods like pizza and burgers, so there were many night visits to McDonald's and KFC. We even tried Mexican cuisine in Thailand. It was not the best, but I valued the conversations and experiences with my friends over the quality of the food we ate.

Food, almost everyone's favorite topic, cannot be left unsaid. My favorite had to be the vast amount of colorful fruits offered: mangosteen, rambutan, longan, and pomelo to name a few. Meals in Thailand are generally affordable — \$1 to \$3 landed me an enormous plate of khao pad gai (chicken fried rice), pak boong (morning glory, a spinach-like vegetable), or pad thai. What surprised me is that most restaurants do not offer complimentary water, and I had to pay a small amount for a bottle. Street foods are common and often clean and delicious; my dearest meal came from a convenient hot and steaming noodle stall, located in the heart of a red light district. I visited so often that a week before I left, the owner of the stall recognized my face and usual order.

Thailand gave me a tremendous number of memories that I will cherish for a lifetime. All the friendships I made, cultures I encountered, material I learned, and food I ate made me realize that there are many other place in this world I have yet to visit. Hopefully, my passport is ready for more stamps and visa stickers for my upcoming journeys!

UCSD Thailand Global Seminar started a GoFundMe campaign for Wat Phra Baht Nam Phu's patients. If you would like to donate, please visit www.gofundme.com/fulfill-nee039sdream-to-help-others





Auontuur Met Annika: For The Love of Learning

Before I arrived at UC San Diego, I knew classes were going to be huge. Still, as a first year, I was shocked at how the 200- to 300-person lectures swallowed up your name and identity and spat it out at the door. In my two years at this school, I haven't interacted personally with many of my professors, who identify me simply by my ID number, and I don't talk to people in my class unless we're already friends. While anonymity is sometimes great and I appreciate sitting in the back of Price Center Theater when I'm too tired to focus, I found myself craving the small settings of high school. I missed recognizing everyone in my class and actually knowing my teachers past the first-day-of-class introduction. I missed environments that encouraged speaking to one another and promoted discussion about the topics at hand.

This longing drew me to University College Maastricht, the university I'm currently studying abroad at and one that offers a different teaching style and class structure. Here, classes usually meet three times per week: once for lecture and twice for tutorials, the latter of which are similar to UCSD discussions — only with a lot more discussion. My courses are a lot smaller than at UCSD, too; my largest lecture has consisted of around only 50 students, and tutorial groups are usually eight to 12 students strong.

Tutorials, which are divided into prediscussion and post-discussion, are guided by a method called problem-based learning, or PBL. Pre-discussions consist of reading a text, constructing a problem statement, brainstorming ideas, and creating "learning goals," which are formulated as sub-questions. Then, students only do the assigned readings that will help them answer said learning goals. At the next tutorial, post-discussion takes place, where the students share their findings from the reading as well as their own insights.

If that's a bit hard to follow, hopefully, an example will help. My first problem statement for my "Pop Songs and Poetry" class was this: "How does poetry express life?" From that, we came up with learning goals like "How do writers avoid cliches and bring originality to their art?" or "How do writers express their personal experiences through their works?" These questions guided our understanding of the readings and the postdiscussion.

The idea behind PBL is that students are

able to determine what they want to learn and what they want to get out of the course. School becomes less about a teacher lecturing and students memorizing information, but more about interaction, friendly debate, applications to real life, and learning for the sake of learning.

PBL doesn't work as well for all subjects there's only so much you can do with calculus or computer science, but one can immediately see the benefits for the humanities, the arts, the social sciences, or the sciences.

This was immediately apparent to me in my first tutorial for my "Living In A Technological Culture" class. After a round of introductions, our tutor presented us with the question "What is technology?" and the other students immediately jumped into a discussion by volunteering ideas, presenting points, agreeing, and disagreeing. As someone who has been educated in the "traditional" style for my whole college career, I was stunned at their animation and willingness to speak. It was a version of learning I was unaccustomed to but one that I immediately saw the benefits of. It allows me to engage with my required readings in a new way and seek help through clarification or extension of knowledge. I'm more confident with public speaking and have familiarized myself with accepting criticism. I'm not arguing for the adoption of PBL in all schools, but I do feel like many could use some of the PBL mentality: curiosity, inquisition, and passion. So often I see UCSD students, myself included, dragging their feet to class, like school is something we have to do, not something we want to do. It's easy to get caught up in assignments and papers and midterms week after week, quarter after quarter, and we begin to lose sight of the bigger picture. For me, PBL was a reawakening of why I love learning and why I wanted to pursue higher education in the first place. I'm grateful to University College Maastricht for reminding me that education starts with conversation and is not punctuated solely by a grade, but by the satisfaction in knowing a bit more about the world.

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Avontuur met Annika, which translates to Adventure with Annika, is a travel journal of my experiences in Europe during my semester abroad at University College Maastricht in the Netherlands. Follow me at @annikdotes on Instagram for more photos and stories!

Petition For Soup

by Samirah Martinez // Staff Writer

12

You're in the middle of studying for midterms and all of a sudden, you feel it. The uncomfortable itching at the back of your throat can only indicate one thing: You're getting sick. You try to stop it by chugging orange juice, Airborne, and Emergen-C, yet nothing helps the inevitable sickness that is about to plague you. Perhaps it was meant to be, but more likely, being stressed, hardly sleeping, and being exposed to thousands of young adults with thousands of germs may have been the culprit.

This is exactly what happened to me last week. My days were filled with cough drops, tissues, and NyQuil. Every time I had a spare moment, I would trudge back and forth between Sunshine Market for orange juice and hot tea from Audrey's Café. In between this torturous running around, I was forced to cram in midterm studying and overwhelming amounts of homework. Yet, there was one thing I craved more than anything else in the world: soup. What better place to serve soup than in Price Center, in the middle of our campus?

Now, I understand that one can simply buy soup at the local grocery store on their own, which leads me to the question: When was the last time you had good soup at a grocery store? It's probably been a long time because soup is best served in a restaurant format. Sure, you can have a decent bowl of soup from the grocery store, and you can always buy microwaveable soups and noodles, but the feeling isn't the same. Grocery store soups heated up in a dingy microwave fall short of having a warm bowl of soup prepared just for you.

You may argue that I could have just walked into a grocery store, purchased ingredients for soup for much cheaper, and made soup for myself. There are a few holes in this theory, such as the fact that no one wants to slave over a giant pot when all you want to do is curl up in bed to sneeze your heart away. Also, soup is one of the most difficult culinary challenges to nail. It seems that moms are the only ones to capture the true art form of a good bowl of chicken noodle soup. Maybe when I'm older and wiser, with a 401(k) and extra time on my hands, I can make my own soups. For now, I am a busy college student that can barely watch one episode on Netflix without falling behind in three classes.

There are soups in most dining halls, however, not all UC San Diego students have Dining Dollars. Even for students with Dining Dollars living on campus, the soups offered in dining halls are not always appetizing and only have a small selection to choose from. Everyone has different soup preferences, so why not let the people choose? Imagine being sick and having chicken noodle soup, clam chowder, or minestrone all available for you to choose from? It's the least UCSD can do.

There may be times when we crave other



foods in addition to soup. Why not also explore cold soups, or even better, salads? Soup and salads are not rare foods to be served together, and there are a whole chain of restaurants serving these foods, including but not limited to Panera Bread and Souplantation. Why not have a soup and salad place in Price Center? It's the most convenient place on campus, and it gets the most foot traffic, which means a high chance of success for a soup and salad place.

UCSD students deserve the possibility of soup. We are overworked and tired and often this leads to weakened immune systems on campus. High stress can contribute to stomach pains and other health discomforts. With our busy schedules, who has time to go to the grocery store in the middle of midterms, much less prepare a large batch of soup for yourself? We should have the option of a hearty meal to help us with sickness pains or growing pains in general. When we're so far away from our families, we deserve to have a few mini reminders of home, and nothing screams home more than a big bowl of chicken noodle soup on a cold school day. So, this is my proposal. I'll be waiting with a giant spoon in one hand and my debit card in the other, and I'm sure many other students will be too.



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theloft.ucsd.edu Upcoming



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FREE for UCSD Students w/ID • \$10 GA

Jungle Fire THURSDAY, NOV. 15 Doors: 7:30PM • Show: 8PM FREE for UCSD Community w/ID

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De-Stress Mondays MONDAY, NOV. 5 Event: 10AM – 1PM **Commuter Loung** Price Center East, Level 1

Calligraphy Workshop alligraphy TUESDAY, NOV. 6 Event: 7PM - 9:30PM workshop Price Center East Ballroom FREE for UCSD Students w/ID



Intertribal Presents: Wonder Woman THURSDAY, NOV. 8 Doors: 6:30PM • Show: 7PM **Price Center Theater**

Carrie Mae Weems

WEDNESDAY, NOV. 7

Reception: 6PM • Lecture: 7PM

FREE for UCSD Students w/ID

Price Center Theater

MON11.05 **11am**

UNIVERSITY CENTERS PRESENTS: DESTRESS MONDAYS - PC **COMMUTER LOUNGE**

Mondays are stressful (and also sometimes a drag), start your week right with some FREE coffee, tea and snacks! Come destress with University Centers EVERY MONDAY this fall quarter! Contact: ucenmarketing@ucsd.edu

12pm HUNGRY 4 HEALTHY: QUICK MINESTRONE SOUP - THE ZONE

Come join us as we demo Quick Minestrone Soup, and enjoy some FREE samples! Hosted by Christine McNamara, an SHS registered dietitian, all materials and ingredients will be provided. Seating is based on first come, first . serve.Contact: srlu@ucsd.edu

7pm KIRSTEN ASHLEY WIEST, SELF-SUPPORT - CONRAD PREBYS **MUSIC CENTER RECITAL HALL**

Award-winning coloratura soprano Kristen Ashley Wiest is firmly committed to the continuous evolution of classical vocal music. Her bright, dazzling vocal technique (San Diego Story) has captured the attention of composers worldwide, resulting in numerous world premiere performances including works by James Erber (UK), Veronika Krausas (CA/US), Rand Steiger (US), Tina Tallon (US), Jack Van Zandt (US), and Annie Hsieh (AU). among many others.

7pm CAMERA LUCIDA - CONRAD PREBYS MUSIC CENTER

Camera Lucida is a chamber music collaboration between four musicians with diverse backgrounds. Camera Lucida is a unique project matching masterpieces of the chamber music repertoire with a group of world-class instrumentalists who happen to call San Diego home. Contact: anegron@cloud.ucsd.edu

THU11.08

TUE11.06

1:30pm NAVIGATING LEGAL ISSUES FOR STARTUPS & ENTREPRENEURS -STARTUPS & ENTREPRENEURS THE BASEMENT (MANDEVILLE

What is the role of law in entrepreneurship? How do you form and organize a startup while also protecting your idea or invention? What are the legal issues that an entrepreneur or startup should consider in formation, fundraising, and growth? Contact: thebasement@ucsd.edu

4pm

TALK BY DR THOMAS IRVINE FROM THE UNIVERSITY OF SOUTHAMPTON - CONRAD PREBYS MUSIC CENTER, ROOM 231

In my forthcoming book Listening to China: Sound and the Sino-Western Encounter, 1770-1839(U. of Chicago Press) I trace how Westerners around 1800 used encounters with Chinese soundworlds to refashion their own musical identities. Contact: mus-publicity@cloud.ucsd.edu

4:30pm CARE PEER EDUCATION PROGRAM INFORMATION SESSION - STUDENT **SERVICES CENTER 554A**

CARE at SARC is accepting applications for students who are interested in volunteering as CARE peer educators for the remainder of the 2018-2019 academic year. The mission of the CARE Peer Education Program is to raise awareness throughout the UC San Diego community about sexual assault, relationship violence, and stalking. CARE Peer Educators will assist with outreach through tabling and events, while also promoting activities and attitudes that will contribute to ending violence. Contact: careinfo@ucsd.edu 858-534-5793

6pm

THANKSGIVING BREAK ACTIVITIES FOR INTERNATIONAL STUDENTS -ASANTE CLASSROOM 123AD -INTERNATIONAL HOUSE

Are you an international student with no plans for thanksgiving? Come learn about the many trips and activities you can do over the break! We will have FREE thanksgiving food and prizes! Contact: muiroutreach@ucsd.edu

WED11.07

10am

OASIS AT THE ZONE - THE ZONE

Stop by The Zone for free tutoring provided by OASIS. Subjects offered are Math and Chemistry. Study supplies provided. Contact: srlu@ucsd.edu

5pm

RECREATION PRESENTS: TRIVIA NIGHTS AT HOPS & SALT - HOPS & SALT AT HOME PLATE

Come flex your trivia knowledge with a small group, or on your own, every Wednesday night at Hops & Salt. Enjoy food and drink specials while attempting to outwit your friends, colleagues, faculty, and staff. Prizes go to 1st, 2nd, and 3rd place! Contact: cgriebenow@ucsd.edu

6pm

CARRIE MAE WEEMS GUEST LECTURE - DISTINGUISHED ALUM MFA 1984 - PC THEATER

Considered one of the most influential contemporary American artists, Carrie Mae Weems has investigated family relationships, cultural identity, sexism, class, political systems, and the consequences of power. Determined as ever to enter the picture both literally and metaphorically Weems has sustained an on-going dialogue within contemporary discourse for over thirty years. During this time, Carrie Mae Weems has developed a complex body of art employing photographs, text, fabric, audio, digital images, installation, and video. Contact: ucenmarketing@ucsd.edu

7pm WEDS@7 ALECK KARIS, PIANO -**CONRAD PREBYS CONCERT HALL**

Aleck Karis has performed recitals, chamber music, and concertos across the Americas, Europe and in China. As the pianist of the new music ensemble Speculum Musicae he has participated in over a hundred premieres and performed at major American and European festivals. His appearances with orchestra have ranged from concertos by Mozart, Beethoven and Chopin to those of Stravinsky, Messiaen and Carter. His five solo discs on Bridge Records include Aleck Karis performs Schumann, Carter, Chopin; Aleck Karis: Mozart Recital; Stravinsky: Music for Piano 1911-1942: John Cage: Sonatas and Interludes; and Karis Plays Webern, Wolpe & Feldman. His two discs on Romeo Records are Piano Music of Philip Glass and Late Piano Music of Frederic Chopin. Contact: anegron@cloud.ucsd.edu





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The son of American parents, Lodewyk Lou de Beer was born in Amsterdam in 1931. When the U.S. joined the war, the de Beers were declared enemy aliens and subjected to a lengthy odyssey through concentration and internment camps. His journey adds an important and generally His journey adds an important and generally overlooked angle to the history of WWII in Europe. Contact: mfellows@ucsd.edu

5pm UNIVERSITY CENTERS & INTERTRIBAL RESOURCE PRESENT: WONDER WOMAN - PRICE CENTER THEATER

Celebrate Native American Heritage Month: Join us for a special presentation of: Warner Bros. 2017 Wonder Woman featuring Native American actor, Eugene Brave Rock. You're invited to stay for a special presentation and Q&A with Mr. Brave Rock after the screening! Mr. Brave Rock will be the keynote speaker at the UCSD Native American Heritage Month Luncheon on 11/9. Get your tickets at: nahm@ucsd.edu

FRI11.09

8pm ARTPOWER PRESENTS DAVID ROUSSVE/REALITY -MANDEVILLE AUDITORIUM

Choreographed, written, and directed by David Roussve, "Halfway to Dawn" is an evening-length work weaving dance, music, sound, video, and text to uncover the deeper truths of African American, gay jazz composer Billy Strayhorns life (1915-67) while also creating a dialogue on urgent social issues of our own time. The work is danced to a score of Strayhorn and Duke Ellington songs, from raise-the-roof jazz anthems to emotion-laden ballads. "Halfway to Dawn" intersects fact, conjecture, comment, abstraction, and fantasy to create an abstract portrait of Ellingtons most important, though largely unknown, collaborator. Contact: artpower@ucsd.edu

7pm CARRIE ME WEEMS GUEST LECTURE - PRICE CENTER THEATER

Distinguished Alumna, MFA 1984, Carrie Mae Weems is a celebrated artist known for exploring issues of race, gender, class and how the present can be understood through history and identity. Named a MacArthur Fellow in 2013, Weems continues to engage local communities through art and activism. Considered one of the most influential contemporary American artists, Carrie Mae Weems has investigated family relationships, cultural identity, sexism, class, political systems, and the consequences of power. Determined as ever to enter the pictureboth literally and metaphoricallyWeems has sustained an on-going dialogue within contemporary discourse for over thirty years. During this time, Carrie Mae Weems has developed a complex body of art employing photographs, text, fabric, audio, digital images, installation, and video. Contact: nlesley@ucsd.edu

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14

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Rome to Lisbon on a Shoestring - \$2599. Thought Mediterranean Europe was out of your reach? Think again. Take two weeks to voyage through France, Italy, Monaco, Spain, and Portugal, hitting up tons of major highlights (the French

Riviera, Rome, Cinque Terre, Lisbon, and Madrid among them) for way less than youXd think P meaning more cash to spend on delicious tapas and dancing at nightclubs. And if youXre all worn out from the party scene, recharge your batteries on exotic beaches and get a taste of EuropeXs high culture and slowpaced life. ucsdguardian.org/classifieds for more information

Sapporo Snow Festival and Japan Winter Highlights. - \$5,099. This 13-day trip joins together two Japan winter tours to create one unforgettable experience that covers some of the major winter events this country has to offer. From the famous onsen hot springs throughout Japan that make the country so inviting in winter, to the free time to discover new and historical districts in Tokyo and Kyoto, to the Sapporo Snow Festival and the Otaru Light Festival in Hokkaido, this tour is the best answer for anyone looking for a different sort of adventure. ucsdguardian.org/classifieds for more information

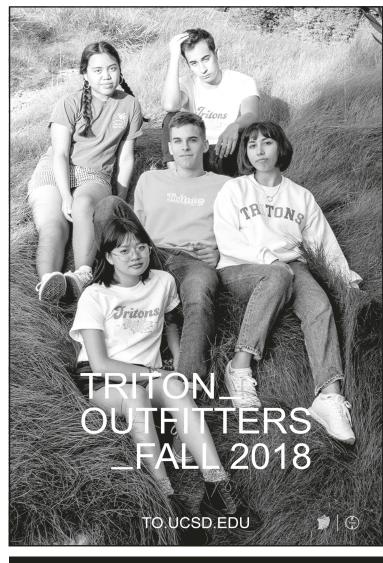
Paracas & Nazca Lines Independent Adventure - \$399 Discover the enigmatic

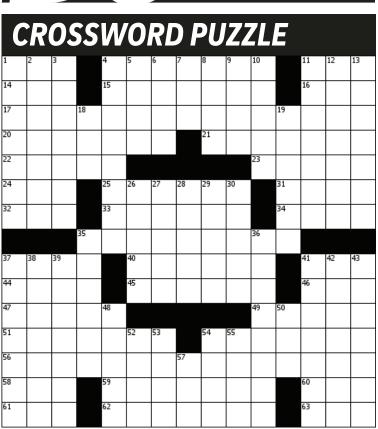
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Nazca Lines. The 1,000-year-old figures etched into the desert floor are visible in their entirety from the air. Board the included flight to marvel at the desert landscape and witness incredible styl-ized figures, including a monkey and a hummingbird. ucsdguardian.org/classifieds for more information



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ACROSS

- 1. Fort Collins campus, for short
- 4. They may kiss
- 11. Détoxification place
- 14. Paddle relative 15. Thus far
- 16. Lettuce variety a.k.a. romaine 17. How scissors beats paper in the real world?
- 20. She baked pies in Mayberry
- 21. Bening of "Being Julia"22. "The Path to the Nest of Spiders"
- writer Calvino 23. Gainesville college footballer
- 24. Make
- 25. One who openly declares
- 31. Hilarious person32. Ending for Canton
- 33. Fix some potholes
- 34. Microscope part
- 35. How the paper might beat some rock?
- 37. "Song of the South" term
- 40. "Beauty School Dropout" musical
- 41. Garlic, in Guadalajara
- 44. First name in rationalism
- 45. Breadwinner
- 46. Pickup hangout
- 47. "Get your ____ ___over here!"
- 49. Jock, J.R. or Bobby
- 51. They often have whipped cream on their nuts 54. She goes mad in "Hamlet"
- 56. The only imaginable way for rock to beat scissors?
- 58. Always, in poetry 59. Metallic element used in spark plugs
- 60. Former senator Daschle
- 61. Pilot's heading: abbr.
- 62. "Falling in Place" novelist Ann
- 63. Decade divs.

DOWN

- 1. Pablo Escobar smuggled it
- 2. Boy scout greetings
- 3. Go
- 4. It's bare in a nursery rhyme
 - 5. Relative of 20-across 6. "Reader" on the newsstands

 - 7. U.S. force in Vietnam: abbr.
 - 8. Cuzco's civilization
 - 9. Hands-up time?
 - 10. Moved like a pendulum
 - 11. Terrier type
 - 12. Bridge type
 - 13. Says without knowing 100%
 - 18. Center of a Jim and Tammy Faye
 - scandal 19. Pieces of wisdom

 - 26. "Standing on the ____ of On" (Funkadelic album) _ of Getting It
 - 27. "Dido and Aeneas," for one

 - 28. Straddle the fence29. Water brand that spells another
 - word backwards 30. One of Dewey's older brothers

 - 35. Guiding principles 36. What parents say when they get
 - back from a trip
 - 37. Horns and such
 - 38. Hirer's stack
 - 39. Draw into a trap
 - 41. Knack 42. He'll stay after school

 - 43. They may be faked 48. Title in colonial India
 - 50. Hornets don't play in Charlotte's

 - 52. First-year French student's verb 53. Actor LaBeouf of "Constantine"
 - 54. Fail to include
 - 55. Spittoon noise
 - 57. July hrs. in Jersey

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COMPUTER WORDS

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UPCOMING

UCSD





UCSD Soccer Dominates Tournament Semifinals

The Tritons edge out the Gators 1–0 in Game 1 and dominate Game 2 5–0.

BY WESLEY XIAO STAFF WRITER

LA JOLLA, Calif.-This week kicked off the California Collegiate Athletic Association Tournament, where the UC San Diego women's soccer team faced off against the best of their conference. Seeded No. 1 in the tournament, the Tritons

had secured themselves a first-round bye, automatically advancing to the semifinals. In the semifinals, UCSD found itself squaring off against the San Francisco State University Gators, who had eked out a win against California State University, Los Angeles, beating them 3-2 in penalty kicks. In their first showdown against SFSU, the Tritons won a close game, 1-0. In their second encounter, the Tritons stomped on the Gators, winning the game 5-0.

The Tritons scored their first goal 20 minutes in. Senior forward Mary Reilly hit a low cross from the right

into the nearby netting from close range. Not soon after, UCSD got its second goal: a header by redshirtjunior midfielder Natalie Saddic off a right-sided corner kick. From then on, the Tritons steamrolled the Gators. UCSD tacked on 3 more points in the second half.

UCSD had several standouts on offense. Senior forwards Megumi Barber and Reilly led the team in shots, combining for 7 shots, 6 of which were on goal. Sophomore midfielder Maddy Samilo recorded a team-high 2 assists. Reilly, freshman defender Ashlynn Kolarik, and senior midfielder Summer Bales all got 1 assist and 1 goal.

Starting redshirt junior goalkeeper Angelica Ramos played the majority of the game, only being substituted out in the final 10 minutes. Though Ramos's workload this game was not particularly heavy (the Gators were limited to only 2 shots, none of which were on goal), it is a good sign for the

Tritons that Ramos was able to suit up and play this week. Two weeks prior, in the game against CSULA, Ramos suffered a serious eye injury. It bodes well for the Tritons that their starting goalkeeper will be healthy and ready as they begin their playoff run.

UCSD advances to the final round of the CCAA Tournament, where they will face off against the No. 6-ranked Sonoma State University Seawolves. The Seawolves upset No. 2 ranked California State University, Chico in a close 1-1 game and eventually won 3–1 on penalty kicks. The last time the Tritons encountered the Seawolves, UCSD beat them 2-1. The Tritons hope to repeat their performance against Sonoma State and clinch a conference championship.

READERS CAN CONTACT WESLEY XIAO WEX057@UCSDEDU

Tritons Sweep the Weekend And Are Crowned WWPA **Co-Champions**

TBA

TBA

4PM

All Day

7:30PM

TBD

TBD

vs Simon Fraser

vs Simon Fraser

at Trojan Diving Invitational

UCSD clinches No. 1 seed in upcoming tournament.

BY MADELINE LEWIS SENIOR STAFF WRITER

W Soccer 11/8

M Soccer 11/9

W Basketball 11/9

Swim & Dive 11/9

Basketball 11/9

LA JOLLA, Calif.-The UC San Diego men's water polo team traveled north this weekend to wrap up the 2018 regular season campaign with contests against No. 14 Santa Clara University and No. 9 UC Davis.

Game 1: No. 10 UCSD @ No. 14 Santa Clara

UC San Diego walked away with its third win in a row on Thursday night in a 13-8 victory against Santa Clara. The Tritons defeated the Broncos before on Oct. 13 with a score of 15-7, allowing them to head into Thursday afternoon's game with nothing but confidence.

Junior Skyler Munatones held the spotlight, recording 3 goals, 2 assists, and 1 steal. The first 2 goals came back-to-back in the second quarter as Munatones went on to later complete his hat trick 45 seconds into the third.

Two teammates, sophomore Connor Turnbow-Lindenstadt and senior Alessandro Valania, followed closely behind Munatones on the offense end, scoring 2 goals apiece.

Senior Kevin Asplund tallied 3 assists and senior Cole Martinez collected 2 assists on top of 1 goal which quickly answered the Broncos' first goal of the game. The Tritons shared the wealth, in which a total of eight individuals found the back of the net at least once.

A 5-goal third quarter right out of the break put the Tritons ahead 10-6 and provided redshirt junior Jack Turner some comfort in the cage. Turner racked up 14 saves and 1 steal in his 32 minutes and helped keep the Broncos unsuccessful 5-7 times in power play opportunities.

Game 2: No. 10 UCSD @ No. 9 UC Davis

After a tough 11-12 loss against the Aggies on Oct. 14 that placed the Tritons 10th at the Mountain Pacific Sports Federation Invitational, UC San Diego set out for greatness on Saturday morning.

Greatness did the team find amidst a 10–8 triumph.

A 4-goal and 3-steal day for Turnbow-Lindenstadt and a 5-assist day for Munatones placed the Tritons above and beyond. Valania supplied another 2 goals, while redshirt junior Kacper Langiewicz, juniors Noah Carniglia and Cooper Milton, and senior Cole Martinez each provided 1.

The Tritons led for a majority of the game and overcame a bumpy fourth quarter. A 7-4 lead at halftime, extended to a 9-4 lead after the third. However, the Aggies refused to retreat and scored four in a row in the final four minutes.

A total of 31 exclusions and penalties from both sides served for an aggressive matchup. UC Davis outshot the Tritons 29-21 but another tremendous performance by Turner with 11 saves and 1 steal, brought UCSD out on top.

UCSD improves to an overall 16-5 and 6-1 in Western Water Polo Association, clinching the No. 1 seed in the conference tournament just ahead of UC Davis at No. 2. Hosted by Fresno Pacific University, the WWPA tournament will begin on Nov. 16.

In addition, this weekend's win over the Aggies granted the Tritons the title of Co-Champion of the regular season.

> READERS CAN CONTACT MADELINE LEWIS MBLEWIS



Women's Volleyball Falls Short of Playoffs With Loss to Chico

The team went 4-1 to end the season and finished with a 7–10 overall record.

BY JACK DORFMAN CONTRIBUTING WRITER

19-12, before finishing off the set 25-19. Rieble led the Tritons with 4 kills, Cortesi added another 3. The second set followed a similar pattern, with the Toros leading before the Tritons settled in and jumped ahead. CSUDH led 6-4 early on before UCSD went on a 9-point run, bolstered by 5 attack errors and 2 kills from Cortesi, to take a 12-6 lead. The Tritons continued to lead for the rest of the set, extending their lead to as much as 7, going up 19-12 on an ace by junior outside hitter Cindy Tran. Another kill by Tran brought them up to 24–17, and junior outside hitter Sydney Tekstra finished off the set with a kill to make it 25–18. The third set went differently for the home team though, as it was able to score an unlikely win. Down 18-16 to the Tritons, the Toros went on a 9-1 run to take the set 25-19. In the fourth set, UCSD was able to regain its composure and finish off the match with a 6-2 run to win the match 3-1.

Eagles. The Tritons leapt out to an early 4–1 lead in the first set but were met by and sophomore outside hitter Gina a demoralizing 6-0 run. UCSD would fail to regain the lead, losing the first set 25-21. In the second set, the Tritons fought hard once again, tying the score nine times, for the last time at 15-15, before eventually going down 25-19 after a 5-0 run by the Golden Eagles. In a do-or-die third set, the Tritons brought the score as close as they had been all match, going down 25-23 to finish their season. In its last two games, the team was led by Cortesi, Rieble, Tekstra, and Tran. Cortesi led the team with 17 kills with Rieble and Tran adding 16 apiece. Freshman setter Maria Mayhew led the team with 57 assists, and freshman libero Susanna Limb added 26 digs. UCSD finished its season in fifth place in the South Division of the CCAA with a 7-10 record, and had a season best 4-0 run in its attempt at taking a playoff spot. With a core of juniors and freshmen, the team should be in a position to make a run at a playoff berth once again next season.

LA IOLLA, Calif.—After a 3-2 loss to the California State University Chico Wildcats on Oct. 13, UC San Diego women's volleyball needed to go 5-0 to end the season in order to have a chance at making the California Collegiate Athletic Association playoffs. The team would have three games at home, and would have to finish the season with two on the road. The team won the three home games with relative ease, losing only one set before going on the road to play the California State University, Dominguez Hills Toros and the California State University, Los Angeles Golden Eagles

The Tritons took control from the beginning, beating the Toros 3-1, 25-19, 25-18, 19-25, and 25-19 on Friday, Nov. 1.

In the first set, the Tritons were dominant. After trailing 4-3 early on, they never lost the lead to the home team, scoring four straight points with a kill from junior middle blocker Jessica Rieble and three straight scoring errors by the Toros to go up 7-4. UCSD would go on two more 3-plus point runs, to make it 11-6 and

The next night, the Tritons came into CSULA with the weight of a playoff berth on their shoulders. The sets were all close, but UCSD was unable to take control of the set like it had the night before against the 12th-ranked Golden

READERS CAN CONTACT JACK DORFMAN JDORFMAN200@GMAIL.COM

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