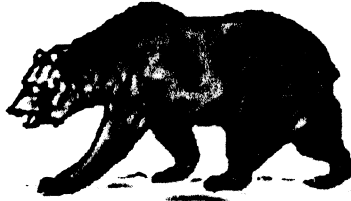


Bear



Facts

Volume XLIV No.5

Bulletin of UCSD OCEANIDS

February 2006

*UCSD Oceanids invites you
to a special evening of fun and entertainment*

THEATRE & FUNDRAISER EVENT:

“Measure for Measure”

a play by William Shakespeare

presented by the UCSD Department of Theatre and Dance

THURSDAY, FEBRUARY 16, 2006

at the Mandell Weiss Theatre (UCSD Campus)

come and join us at

7:00 PM for a Wine and Hors d'oeuvres Reception in the Lobby

8:00 PM: Curtain

All inclusive tickets \$40 per person

RSVP NOW AS SEATING IS LIMITED!

There will also be an

ENTERTAINMENT RAFFLE

Cost: \$5 per ticket, 5 tickets for \$20

You can win:

"Dinner for two" at the Estancia Hotel

2 "Five-course gourmet dinners for two", courtesy Bob & Barbara Starkey

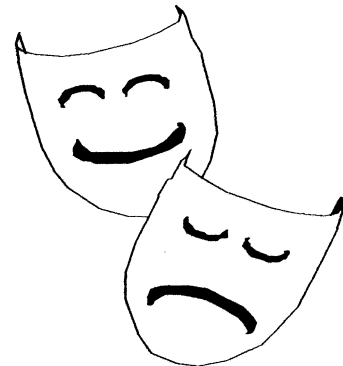
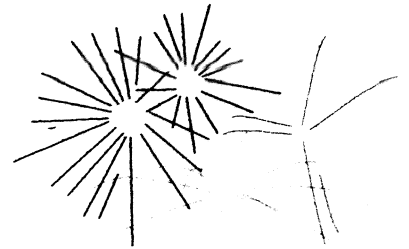
Tickets to "La Jolla Symphony & Chorus", courtesy Colin Bloor

For further information and to reserve your seats

Contact Molli Wagner 858-720-1185

E-mail: arthurwagner1@excite.com

Make checks payable to Oceanids



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BEAR FACTS

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ALL SUBMISSIONS FOR CONSIDERATION MUST BE RECEIVED BY THE EDITOR NO LATER THAN THE 15th OF THE MONTH FOR THE NEXT ISSUE.

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La Jolla, CA 92093-0049

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oceanids@ucsd.edu and
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| Theatre Fundraiser | Mary McIlwain, Maxine Bloor |
| Museum Bustrip | Molli Wagner.....720-1185 |
| | Barbara Starkey.....453-0779 |

**BOARD MEETINGS first Thursday every month at the Oceanids Pavilion, International Center, 9:30 AM social, 10:00 AM meeting
You are welcome to attend!**

President's Message

FRIDAY CAFÉ

Greetings

The 2006 UCSD Oceanids program is underway. Looking ahead, we hope all of you bring friends and neighbors to our Theatre Fundraising Gala. Mollie Wagner, Bernie Sisco and Barbara Fitzsimmon's "heads are buzzin" with terrific ideas to make our second annual a great success. We are going to see the student production of "Measure to Measure" by Shakespeare on February 16th. As those who are avid theatre goers know, many students who come to UCSD are already successful and come to "hone" their skills under the supervision of our superlative faculty. Let's support our student service award and graduate fellowship program by attending. You won't be sorry.

Meanwhile, Barbara Starkey is putting her menu together for Oceanids contribution, the Friday Café. As a tradition, we put on a Valentine theme. Honey-moon Salad is on the menu again this year. Anyone who wants to volunteer should call Barbara.

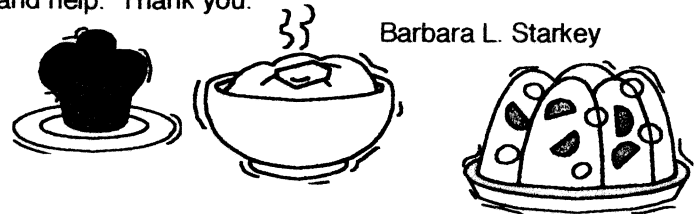
I, personally, am trying to meet my New Year's resolution of attending as many Oceanid interest group meetings as I can. So far, I struggled with my elementary French. With the kind help of the members, I was reminded that I was using a "fourchette" to eat the wonderful French cuisine that was presented. I made a special effort to see "Brokeback Mountain", before it began receiving awards, since that was the movie of choice for "Cinema Soirée". I also attended a Moveable Feast II, where we ate a sumptuous Korean feast. I am truly impressed with our membership: such an interesting and intellectually vibrant membership.

I hope it is not too late, to thank Mary McIlwain, Maxine Bloor, Gail Fliesbach and Mary Dashen for the experience and expertise in producing a memorable Holiday Event. Again, we had a Klezmer band and Bagpipes to celebrate the season.

I am looking forward to meeting all of you at one of our diverse events or interest groups.

Jane

Oceanid members every year participate in a service project for the University. We cook and serve a lunch at the International Center on a Friday. This year we welcome your participation at our Friday Café, February 10. At 9 am we will start cooking. At 11 am we will start serving. We serve until 2 pm. For our menu we will be serving Laura Galbraith's Chili Relleno recipe, my father's honeymoon salad, rolls, butter, and Hershey Brownies. The salad is called honeymoon salad because it consists of "lettuce (let us) alone" with lemon, salt and sugar. The Hershey Brownie recipe put the Hershey company on the map. It is just before Valentine's Day and everyone needs chocolate on that day. We will serve about 250 people. Please come and help. Thank you.



Barbara L. Starkey

ONCE AGAIN - IMPORTANT:

ATTENTION RETIREES — WITH AND WITHOUT MEDICARE

Recently all retirees have received an open enrollment brochure for various medical plans.

Please be advised that if you enroll in a non-UC Medicare prescription drug plan, you **may not** continue to be covered in a UC-sponsored medical plan. *You can permanently lose your University Health Benefits.*

If you have UC-sponsored medical insurance which includes prescription drug coverage, **you do not need** to enroll in a different Medicare Part D Prescription Drug Plan. If necessary, your UC medical plan will automatically enroll you in Part D and you will not be charged any additional premium.

Submitted by Pat Kampmann

LETTER TO THE EDITOR

Marjorie Jackson, thank you so much for sharing the excerpts of the Gale Berkowitz article with us about the advantages of friendships between women.

Haven't we all experienced the good relaxed feeling of talking with a girl-friend whom we trust and who understands us?

Probably better than men, women know how fulfilling and enriching friendships can be, free of competition and stress.

Isn't Oceanids a great example for this, an organization of women where you can surely find the kind of friends you need for support, for activities or just for a good laugh?

Beate Laura Menzel

History of the Oceanids Memorial Fellowship Fund

The first Oceanids Memorial Fellowship was awarded for the year 2005-06 to L. Robert Sleeve, a graduate student in experimental psychology. His research looks at different aspects of linguistic behavior. His professor wrote that Bob is a great writer and a great public speaker. We certainly look forward to meeting him.

In 1993 about 200 friends and relatives of Frieda Urey had reached a goal of \$25,000 to establish the Frieda Daum Urey Fellowship Fund, managed by the UCSD Foundation. Oceanids continued to give monetary gifts in memory of friends and relatives. By April 1999, \$4,000 had accumulated, in addition to the Frieda Urey Fund, and the Oceanids Board (Co-presidents Barbara Starkey and Glenda Rosenblatt) voted to place the \$4,000 in a Fund at the UCSD Foundation where it would become an endowment Fund when it reached a balance of \$10,000.

Since February 2001, the Oceanids Memorial Fellowship Fund has been permanently invested as an endowment fund and will exist in perpetuity. Annually a portion of the Fund's earnings – the expendable earnings – are available for Fellowship awards and the rest of the earnings is kept with the Fund to increase its Market Value as a hedge against inflation. In 2005, with a balance of \$2,000 in expendable earnings, the Oceanids Board voted to begin awarding \$2,000 every 2nd year. The Market Value of the Oceanids Memorial Fellowship Endowment Fund on November 30, 2005 was \$26,313.

Memory holds all things in its caverns

Donors to Oceanids Memorial Fellowship Fund 1996-Spring 1999 (The first \$4,000)

(The number in parenthesis indicates number of times a donor made a gift. One donation was sometimes given in memory of several people.)

Donors who have named no specific person to be remembered:

Andree Adams,	Deborah Day (2),	Ann Lemke (2),	Ellen Revelle (2),
Sue Applebaum (2),	Sonia Hamburger (2),	Sally Ledden,	Barbara Saltman (2),
Maureen Brown,	Marilyn Howe (2)	Mary McIlwain,	Beth Spooner,
Zella Brown (2),	(Matched by Chevron),	Georgette Price,	Eileen VanderLaan
Carol Chang,	Sally Kroll (2),		

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Roswitha Enright
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Pauline Nachbar (2)
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Sarah Spiess (3)
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Given in memory of

Kitty Ellickson
Dorothy Edwards, Rebecca Lytle, Nettie Paar, Vera Roberson, Diane Lin
Dorothy Edwards, Sophie Gutterman, Mollie Kirstein
Frank Douthitt, Joan Ramsey
Nettie Paar
Virginia Arnold, Alice Boynton
Dorothy Edwards
Alice Boynton, Nettie Paar, Vera Roberson, Dorothy Edwards
Vera Roberson, Sophie Gutterman
Leonie Ensminger, Nettie Paar, Diane Lin
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**Donors to Oceanids Memorial Fellowship Fund
Fall 1999-2005**

(The number in parenthesis indicates number of times a donor made a gift. One donation was sometimes given in memory of several people.)

Donors who have named no specific person to be remembered:

<p>Dr. David S. and Penny Adler (6), Dr. Wayne H. and June Akeson, Mr. George C. and Sarilee Anderson (2), Dr. Mark I. and Suzanne Appelbaum, Mrs. Barbara Baehr, Mr. Worth H. and Sidney Bagley, Mr. John P. and Claudia Barton, Dr. and Mrs. Edward A. Bender, Dr. Theodore H. and Martha Bullock, Mrs. Carol Littlejohn Chang, Dr. Shu Chien, Dr. Maarten J. and Janet Chrispeels (2), Dr. William A. and Alma Coles, Sandra Dijkstra Literary Agency, Mrs. Nancy K. Dimsdale, Dr. James T. and Roswitha Enright, Dr. Darrell D. and D. Ann Fanestil, Mrs. Ruth L. Fejer (2), Dr. Jean H. and Odette Filloux (2), Ms. Gail A. Fliesbach, Mrs. B. Jean Fort (2), Dr. Edward A. Frieman, Mrs. Joy Frieman,</p>	<p>Mr. and Mrs. Leo B. Glaser, Mrs. Dorothy Hill, Ms. Mary Lynn Hyde (2), Mrs. MaryCarol Isaacs (2), Dr. Paul C. and Genevieve Johnson (4), Mrs. Patricia A. Kampmann (4), Dr. Miriam Kastner, Dr. Robert and Nancy Katzman, Mrs. Mariette Kobrak (2), Kroll Revoc Trust (2), Mr. James M. Langley, Mrs. Ann S. Lemke (2), Mr. David A. Liberman, Ms. Christa M. McReynolds (2), National Financial Services Corporation (3), Mrs. Edith Nierenberg, Dr. Richard D. and Teresa Norris, Dr. William L. and Christine Nyhan (2), Ms. Patsy C. Parsons, Dr. Jack W. and Suzanne Peltason (5), Dr. Nolan E. and Barbara Penn, Ms. Georgette L. Price (4), Dr. Helen M. Ranney (2),</p>	<p>Mrs. Ellen Clark Revelle (5), Dr. Douglas D. and Eva Richman, Dr. Harriette M. Rosen, Mrs. Barbara J. Saltman (2), Dr. Geert W. and Renate Schmid-Schoenbein, Dr. Jerry A. and Elaine Schneider (4), Mrs. Susan Irving Scholander, Joanne Sebrechts, Dr. Lu Jeu and Georgina Sham, Dr. Melvin I. and Linda Simon, Dr. Will and Judith Simpson (2), Mrs. Bernardine Sisco, Sobin Family Trust-Venus Sobin, Dr. Faustina F. Solis, Dr. Victor and Mihoko Vacquier (2), Ms. Irmgard B. Valenta, Mrs. Eileen VanderLaan, Mr. Frederick T. and Clara Vivian Wall (2), Dr. Joseph and Mary S. Watson, Ms. Kathleen Winsor, Ms. Marianne Woo.</p>
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Oceanids (9)

Dr. Hans P. Paar and Kim Signoret Paar (5)

Mrs. Marietje Eken Paar
Ms. Margaret A. Panofsky (2)
Dr. Roy and Marie Vandenberg Pearce (3)

Given in memory of

Dr. Nicholas Halasz, , Sally Spiess, Vera Vacquier, Beth
Spooner, Joyce Rapaport

Jean Lindsley
Rob Paar
Joan Ramsey, Frank Douthitt, Joan Ramsey, Frank Douthitt
Rob Paar
Sally Spiess, Beth Spooner
Rob Paar
Rob Paar
Jean Lindsley, Dr. David Keeling
Rob Paar
Jean Lindsley
Vera Vacquier
Martha Fredkin
Lila Butler, Vera Vacquier, Sally Spiess
Katherine Cromwell, Lila Butler, Dr. Jules Fejer, Jean Lindsley,
Rob Paar
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Karen Shabetai
Martha Fredkin, Nancy Van Dorn, Lila Butler, Helen Ellis, Alice
Kearns, Sally Spiess, Beth Spooner, Fran Frautschy,
Jean Lindsley
Nettie Paar, Nettie Paar, Nettie Paar, Nettie Paar, Jean Lindsley,
Rob Paar
Rob Paar
Edith Namias
Dear departed loved ones, Lila Butler, Sally Spiess, Vera
Vacquier, Beth Spooner, Dr. Jules Fejer, Dr. Harmon
Craig

.....continued on next page

Donors

Dr. Richard H. and Glenda Rosenblatt (2)

Dr. Sheldon and Carolyn Schultz (7)

Dr. Ralph and Estelle Shabetai (5)

Ms. Carol Spencer

Dr. Fred N. and Sarah Spiess (2)

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Ms. Eleanor tum Suden (2)

Drs. Victor D. and Judith Vacquier (2)

Ms. Shirley L. Weaver (2)

WITS (4)

Dr. Michael and Carole L. Ziegler (3)

Given in memory of

Vera Vacquier, Jean Lindsley

Martha Fredkin, Lila Butler, Alice Kearns, Sally Spiess, Jean Lindsley, Rob Paar

Karen Shabetai, Karen Shabetai, Joyce Rapaport, Jean Lindsley, Dr. David Keeling

Rob Paar

Katherine Cromwell, Alice Kearns, Lila Butler

Alice Kearns

Beth Spooner

Martha Fredkin, Dr. Paul Saltman, Lila Butler, Dr. Michael Mullin, Sally Spiess, Beth Spooner, Jean Lindsley, Dr. David Keeling

Jean Lindsley

Lila Butler, Vera Vacquier, Jean Lindsley

Jean Lindsley

Kathleen Winsor, Jean Lindsley

Martha Fredkin, Lila Butler, Sally Spiess, Jean Lindsley

Vera Vacquier, Joyce Rapaport, Jean Lindsley

Preparing this report on the last day of the year has been a very retrospective activity. I have so many good memories of those on the "In Memory of" list; I knew most of them.

Mary McIlwain (member since 1962) and Kim Signoret Paar

Please Note: The above report is for the Oceanids Memorial Fellowship Fund only; it does not include your gifts to the Oceanids General Fund or to the Frieda D. Urey Fellowships Funds.

The JUNE 2005 OCEANIDS' SERVICE AWARDEES AT THE FIVE COLLEGES

Revelle College
John Muir College
Thurgood Marshall College
Earl Warren College
Eleanor Roosevelt College

Garo Bournoutian
Stephanie Lai
Susan Ung
Teresa A. Hodges
Gillian Sonnad

Each awardee receives a Certificate and a check from Oceanids for \$350, and they are presented either at the College's Award Dinner or at Graduation. They are important to the students because the award recognizes their leadership ability, and the monetary gift is always helpful to a new graduate. This year Oceanids will be adding another Award at Sixth College.

Here are excerpts of the letter of recommendation for Susan Ung of Thurgood Marshall College:

Thurgood Marshall College is extremely proud to announce that Susan Ung has been selected as the 2004-2005 Recipient of the Oceanids Award. Susan was selected for her strong commitment to the Thurgood Marshall College philosophy promoting community service, social justice and awareness.

Susan is an extremely gifted woman who has been able to balance and pursue her dedication as a scholar and a citizen of her community. She has held the demanding position as the Dean of Student Affairs intern, programming social, cultural, educational and recreational events for the student population.....Serving as an Orientation leader for two years and being promoted as Senior Orientation Leader, she proved her ability to work with diverse populations challenging and encouraging critical thinking. Currently Susan serves as a Resident Advisor assisting students with their transition to college life.Susan has continuously proven to be a dynamic ambassador for the University. Her public speaking and writing skills are remarkable. She is confident, yet humble. Serving as the chair for various committees for the Asian Pacific Island Association (APSA), Susan has proven her ability to manage large-scale programs emphasizing community relations. ...Susan is an asset to our University; she enables others to develop as scholars and citizens of our community.

.... I am confident that you will be pleased with our selection of Susan Ung as the Oceanids Award Recipient. Her creative abilities, professionalism, loyalty, cultural awareness, dedication, warmth and innovative style will most definitely impact the lives of those she works with. Thurgood Marshall College is proud of the contributions Susan has made to our University, College and Community. Thank you for allowing us to award a very deserving student.

Sincerely, Victoria Kerba Miller, Assistant Dean of Student Affairs

OCEANIDS' INTEREST GROUPS

Interest Groups are the backbone of our Oceanids organization. They are here to meet the many varied needs of UCSD families, especially those new to the UCSD campus, and the community. If you do not find an activity you would like to participate in, please contact Carole Ziegler, Interest Group Coordinator@ 619-297-0798. If five or more Oceanids wish to start a new group, please let Carole know so we can inform other members. All we ask is that your members be Oceanids. If you are not yet a member of Oceanids, please consider joining us today by calling Gail Fliesbach, (858)270 5536 or submitting the application form in this issue.

AVI SET BIRDERS

Contacts: Sidney Bagley (858)455-1477, Lou Bowles (858)755-7102, or Joany Mosher (858)454-0017

Our birding group meets promptly at 8 a.m. the second Monday of each month during the academic year. The La Jolla group will meet at the corner of Dunaway Drive and Glenwick Dr. in La Jolla, and the north county birders will meet at the home of Lou Bowles, 13040 Caminito Mar Villa, Del Mar. We carpool from these locations and visit sites around the county. Members will be called.

Next outing is **February 13**

BOOK GROUP

Contact Tobe Rothaus (858)551-8083) or Janet Goff (760)753-3472).

We will meet on Tuesday, **February 14** at 9:30 AM at Ruth Stern's: 2705 Bordeaux Avenue, La Jolla; 858/453-2793. Our book selection is "A Handful of Dust", by Evelyn Waugh and John Halperin will be our reviewer.

CAFÉ ESPAÑOL

Contact: Judy Vacquier (858) 459-7834

La próxima reunión de Cafe Español será el miércoles, 1 de Febrero, 1:30-3:30, en la casa de Roswitha Enright (hermana de Beate), 7561 Cabrillo Ave, La Jolla. Favor de contestar a Beate Menzel 619-401 1557 (mailto: jrblmenzel@cox.net) si puede venir o si tiene preguntas.

CAFÉ FRANÇAIS

Contact: Hulya Saygin (858) 350-8081 ou Diana Vines (858) 459-8248

La premiere reunion de l'annee du Cafe Francais aura lieu chez Sylvia Somerville, 2127 Pintoresco Court, a Rancho la Costa, le mercredi 8 fevrier de 13 heures a 15 heures
Veuillez telephoner a Sylvia (760) 753-9304, si vous avez l'intention de venir. Nous esperons vous voir toutes le 8 fevrier.

A bientot!

CINEMA SOIRÉE

Contact: Laurette Verbinski, (858) 453-4699 or Roswitha Enright (858) 459-7375. We meet on the second Sunday of each month at 7:00 p.m. for socializing, and movie discussion will start at 7:30 sharp. For information call Laurette or Roswitha.

Next meeting **February 12**

DAY BRIDGE

Contact: Barbara Bank (858)484-4597 (barbara@sdnal.ucsd.edu)

We meet the first and third Tuesdays of the month at various members' homes. We start at 10 a.m. and usually end at about 3 p.m. Everyone brings her/his own lunch. The hostess only provides drinks. Call for information.

Next meetings: **February 7 and 21**

DEVILISH DINERS

Contact: Mary Dashen (858) 457-4631, fax 457-4371, or mdashen@san.rr.com.

On **February 3rd, Friday, at my house**, Jim Winker from UCSD theatre department will share with us his love for Shakespeare and "Measure for Measure".

Please bring a bag lunch and I will supply coffee, tea, beer, wine, waters, cookies and fruit.

Mary Dashen 9808 Claiborne Square
rsvp 457-4631 mdashen@san.rr.com

ENVIRONMENTAL CONSERVATION BOOK GROUP

Contact: Judy Vacquier (858) 459-7834.

The next meeting is Thursday, **February 23**. The book is One with Nineveh: Politics, Consumption, and the Human Future by Paul Ehrlich and Anne Ehrlich. Bring lunch at 11:30, discussion starts at 11:45 till 1:00 in the Birch Aquarium at Scripps conference room. Contact Judy Vacquier 858 459 7834 or mail to jvacq@sbcglobal.net.



EVENING BRIDGE

Contact: Barbara Bank at (858)484-4597, or e-mail (barbara@sdna1.ucsd.edu)

The couples Evening Bridge Interest Group meets at 7:30 p.m. on the fourth Saturday of the month all year long at one of our members' homes. If you wish to play on a regular basis, or just occasionally, please contact Barbara Bank.

Next meeting **February 25**

GARDENING GROUP

Contact Mary Lynn Hyde 858-488-9283 mlhyde@san.rr.com

If you are interested in assuming leadership of the Gardening Interest Group, please contact Mary Lynn Hyde for more information.

GRACIOUS AGING

Contact: Elibet Marshall (858)459-5246

This group has an age limit; you must have lived 80 years to participate. We meet at Ellen Revelle's home on the first Monday of the month from 11 a.m. to about 2 p.m. to discuss various associated subjects. Pure spring water is provided. You bring your own apple (lunch). Call Elibet for details.

Next meeting **February 6**.

*Report from the
Gracious Aging Group*

Growing old is mandatory;



growing up is optional.

HIKING IN AND AROUND SAN DIEGO COUNTY

Contact: Roswitha Enright (858)459-7375

We meet at 8:30 a.m. on the second Saturday of each month (October to May or June) at the La Jolla Village Shopping Center parking lot and carpool to the starting point of the hike. Bring a lunch, plenty of fluids, sturdy shoes and sun protection! Friends and family are invited. Call the week before the hike if you would like to come. Next hike **February 11**

LA JOLLA RENAISSANCE SINGERS

Contact: Bill Propp at (858-459-2019) or wpropp@ucsd.edu.

The group meets every **Wednesday** at a home in La Jolla. Please call Dr. Propp for the address.

The La Jolla Renaissance Singers (formerly the UCSD Madrigal Singers) has existed for more than 40 years as an Oceanids activity group. Directed by History and Judaic Studies professor William Propp, the choir of about 25 performs throughout the San Diego area in period costume. Experienced choral singers (especially men!) are encouraged to contact Dr. Propp at wpropp@ucsd.edu to arrange a visit and/or audition.

MOVEABLE FEAST

Contact: Liz Fong Wills (858) 454-6858.

This dining-out group is currently at capacity but we are taking a wait list. For questions, please call Liz.

MOVEABLE FEAST II

Contact: Shirley Babior (Babior@earthlink.net or (619-542 0536) or Mary Cutchin (marycutchin@hotmail.com or (858 459-8074)

This new group will meet on the third Sunday of each month. Please call or e-mail the contact persons if you want to join this new interest group. Next meeting **February 19**

MUSEUM GROUP

Contact: Carol Schultz (858) 453 0458 or Sally Kroll (858) 459 1322

We will occasionally have museum outings where all Oceanids are invited to join. Check the newsletter for information.

PEOPLE-TO-PEOPLE

Contact: Carole Ziegler, (619) 297-0798. (cziegler@sandiego.edu)

Call chair person

SOUNDING BOARD

Contact: Molli Wagner (858)720-1185)

Please come on **February 2nd** to hear Mary Beebe, Director of the Stuart Collection of Art on the UCSD campus

STAMP GROUP

Contact: Betty Shor (858) 453-0334

We do not meet on a regular basis, but welcome other collectors to join our informal exchange.

.....
• The Oceanids Stamp Group needs members. It has
• fallen below the minimum of 5. Since members of the
• group must pay a small amount for the stamps that they
• keep, it provides a bit of a return to Oceanids. Please
• continue to send your donations to me (c/o International
• Center at 0018 is OK). We don't meet as a group; we
• only move bundles of stamps from one member to an-
• other. Feel free to phone (858-453-0334).
.....

Betty Shor

WALKING GROUP

This interest group encourages fitness and friendship by walking with other Oceanids in your neighborhood. You decide the time and route. Contact Judy Vacquier at jvacq@sbcglobal.net or 858 459 7834 for a list of walkers in your neighborhood. Areas: North La Jolla/UCSD, Mt Soledad/South La Jolla, Del Mar, University City, Pacific Beach, North County, Poway, Mission Hills, and El Cajon.

WEDNESDAY COFFEE

Contact: Emily Stowell, 858 481-7938 or Mary Bailey, 858 755-6813.

Please come and join our social group of Oceanids, newcomers, postdocs, students and their children every **Wednesday all through the year from 10 a.m. to 12 noon** for coffee, juice and cookies at the International Center. This is a time for children and adults to make friends, and find out about strange and wonderful American customs. **There is also the opportunity to visit the Kitchen Exchange, where newcomers can rent kitchen and household equipment, also baby things for a small fee.**

For more information, please call Emily Stowell, or Mary Bailey.

WINE TASTING GROUP

Contact: Pat Kampmann (858) 454-1856

Exploring the taste sensations of a new wine or an old vintage, this group meets the third Friday monthly. Members rotate as hosts. However, this group is currently at capacity. For questions, contact Pat. Next meeting **February 17**

WINE TASTING II

Contact: Barbara Scholz 858- 350-6014 or bscholz@hotmail.com.

We meet monthly. Members rotate as hosts. The cost for wine and food is shared among the people attending (approx. \$8.00/person) Please call contact person for information.

WITS I

Contact: Pat Kampmann, (858)454-1856.

This long-time investment group allows one to learn and earn on one's own. Procedures are followed which analyze all stocks before they are bought. A regular monthly investment is required along with a "buy-in". At present there are a few places open. We meet at the Oceanids Pavilion on the **4th Tuesday** of the month **all year long** from 1:30 to 3:30. Next meeting, **February 28**

WITS II

Contact: Joanne Meredith (858) 270-5795.

WITS II meets the 4th Wednesday of the month, **all year long**, at various members' homes. We study companies, using the stock investment guides of NAIC, educating ourselves to have a better financial understanding and competence. Come visit us for a couple of meetings. Next meeting: **February 22**

Half WITS

Contact: Liz Fong Wills (858)454-6858.

Unlike the other 2 Oceanids financial groups (Wits I and II), the Half Wits group does not buy stocks as a group. Instead, we only discuss financial topics and investments in an informal way. We cover any financial subjects that interest us, ranging from long-term-care insurance to pension options, as well as stocks and bonds. Our philosophy is "There are no dumb questions." We usually meet on the 3rd Thursday of the month in the Oceanids Pavilion. **If you are interested, call Liz (at 858 454-6858).** Pat Kampmann and Eleanor tum Suden are our guides through the financial jungles.

Rummy "Q" - A New Interest Group

Joan Bowes tells us that she can teach anyone to play this game, which is similar to Gin Rummy, in about 20 minutes. Please call her for the days that the group will meet for lunch at 11:30am at the Faculty Club and play afterwards. Joan's phone number is 858-459-7677.

Theodore H. Bullock, husband of long-time Oceanid Martha Bullock, died December 19, 2005 after a brief illness. He was 90 years old.

Professor Bullock was a world-renowned scientist in the field of comparative and integrative neurobiology. He was a respected and admired mentor to many graduate students and postdoctoral fellows, and he was loved by his many friends.

Dr. Bullock was born in China, the son of missionaries. He studied biology in Berkeley and received his Ph.D there. He became a faculty member at UCLA in 1946. In 1966 he joined UCSD's new medical school. After retiring in 1982 he remained active at his labs at Scripps Institution of Oceanography, studying the anatomy and physiology of nervous systems.

Ted Bullock was a valued colleague of my husband's. More importantly to me, Ted was a compassionate and caring friend who visited Jim, when he became ill, brought his mail, took us to dinner together with Martha, and was there for him to his very end in September of 2004. For this I will never forget him.

Roswitha Enright

SOUNDING BOARD SCHEDULE FOR 2006

Feb. 2 Mary Beebe, Director, Director of Stuart Collection.

March 2 Dr. Mary Walshok, Associate Vice Chancellor/ extstud., University Extension.

April 6 Dr. Cecil Lytle, former Provost, Thurgood Marshall College (Preuss School)

May 4 Derrick Cartwright (Director of SD Museum of Art)

...every first Thursday of the month at noon something important happens. Interested Oceanids and other friends of the university show up at the Faculty Club, get their lunch and sit down in a specially designated room. There we eat and have the privilege to listen to a speaker who enlightens us about various important issues. Usually a lively discussion follows.

SOUNDING BOARD has an old tradition with Oceanids. Several very capable organizers have managed to convince the most interesting people to speak to the group. Our late beloved Jean Lindsley was one of the organizers in years past; also Barbara Baehr was incredibly successful in recruiting great speakers.

After the Board meeting on the 2nd of February we will get our lunch at the Faculty Club as before and listen to a talk by

MARY LIVINGSTONE BEEBE

Director of the Stuart Collection at UCSD, who has been commissioning contemporary outdoor sculpture for the UCSD campus since October 1981 and who will speak to us among other things about the newest acquisition, "the Bear".

Attention: Sounding Board Attendees!

In order to get the room for the lectures without cost we had to promise that the people who attend the talks will purchase their lunch (all you can eat and drink, including dessert, for 11 bucks!! Coffee and ice tea is provided in the meeting room) at the Faculty Club. If you are a member of the F.C., you can pay at the door to the dining room. All non-members please pay Kim Signoret-Paar in front of the meeting room. The lunch should only be eaten in the meeting room, not in the dining room, please. The speaker is introduced at about 12:20 and talks for about 20 to 25 minutes. A discussion period follows. Interruptions with questions or statements during the talk are allowed, even welcome— it's very informal. Sounding Board is usually over by 1:00-1:15 p.m.

OCEANIDS IS OPEN TO ALL WHO ARE INTERESTED IN UCSD

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Meeting Jinseog's Mother by Elisabeth Marti

Last May we followed the long standing invitation of my husband's former graduate students, Jinseog and Yoosook Kim, to visit their home country South Korea where both have research positions. For me it was a vacation trip while my husband's schedule included several seminar talks during the two-week stay. We did not have to do any planning, however, everything was arranged, the restaurants were pre-selected for each meal, all schedules stored in their laptops. We learned quickly that South Korea is an industrial country, the people are hard working and everything is very clean in modern cities, perhaps less so in the countryside since the lowest incomes are found in the farming community. Our host Jinseog Kim grew up in a rural farming community and the story of his success - he just received a Korean award for best research publication of the year - is quite fascinating.

Jinseog can trace his ancestry back to the Kims of the Gyeongju dynasty. According to a legend this dynasty started in the year 34 AD. The people followed the sounds of a cackling chicken in the woods, found a box with a large egg and out of it came a baby boy, Algi. Algi became king of the Geongju Kims. There were three alternately ruling families at that time, Pak, Seog and Kim. In later years it was decided that one family only should be ruling. In 967 AD the Kim-family was selected and the Kims remained among the noble people.

In 1592 a minister (a Kim) upset the king and was banned to Jeju Island. He died in a shipwreck before getting there. After the war had ended, it became clear that the minister had been falsely accused. Out of fear of revenge the king ordered the slaying of all the male Kims. One woman was able to escape with her baby boy undetected to the mountains where she found shelter in a farming village, Jinseog's hometown. Jinseog is the 79th generation of the legendary egg-kicking or the 16th in the village.

Jinseog's mother did not grow up in the village. She came from a wealthy family and her older brother and sister were educated in Japan. Through the circumstances of WWII the family lost their fortune and the four younger siblings had no formal schooling at all. The father died early and Jinseog's mother was married (through a matchmaker) to Jinseog's father and the couple met for the first time on the wedding day. When it was discovered that the farmer was by no means wealthy it was too late to cancel the union. The mother adjusted very well to the rural farming. She self-taught reading and writing, taught her husband as well. Later she became involved in the village life by organizing the construction of a small community center.

Education for her children was of highest priority. Even though the farm produced enough food, there was no money for better schools. She convinced her husband that she had to add pig farming to have extra income. Also, she would always guess correctly which of the vegetables might be of short supply in the coming year and plant accordingly to get higher returns for her crops.

Jinseog was now sent to middle school. He had to walk thirty minutes, take a train ride for thirty minutes and walk to the school at the bigger town again half an hour, the same thing in reverse in the evening. Homework was done by lantern light. The thatched house lacked luxury, no indoor-plumbing.

When Jinseog was old enough for high school it was decided that a larger city school would be better but too far away to commute. At age fifteen he transferred there together with his younger brother and had to learn to cook seaweed soup and rice and to go to the market for basic supplies. The mother would stop by every two weeks to check on her sons. For the university education Jinseog did no longer depend on mother's pigs and vegetables, as he was able to support himself with scholarships and summer jobs. In gratitude for his mother's encouragement and sacrifices he remodeled the house which is now equipped with modern facilities. It was also out of gratitude for his graduate education, the teaching of methods and technique of precision measurements on the mass spectrometer that he invited us to his country, his institute and his current research.

We enjoyed this visit to Korea very much and especially liked to hear views from the locals, which also provided answers to our questions. We visited temples and palaces, the lovely Jeju island, saw views of Seoul from the Han river or from a restaurant in a skyscraper. Yet for me a high point of the trip was the visit to the village where Jinseog had grown up. We sat on the floor of the remodeled house and drank a soda during the brief visit. Here was the woman with a vision! When Jinseog had received the Korean prize and was recognized on television for his work she had asked: "How do you get a Nobel Prize?"

Starting a new Interest Group: "Piano Soiree": Brush off your piano and start playing!

I am looking for piano players to start a new interest group. This would be for amateur piano players who never played professionally, and maybe never even gave recitals when they were young, who would enjoy getting together once a month in a small group to play for each other. The idea would be to give us a goal, an incentive to play, to get over stagefright in a non-threatening situation, to become familiar with other pieces we might like to try, and mainly to have fun with music! You can use sheet music; don't need to memorize. The evening will progress from easy to difficult. There would be no pressure and no judging; you can skip performing once in awhile and just listen. We can start at my house (I have a 6 ft 10 in Schimmel grand) and can rotate houses if desired. Most likely an evening event with light refreshments. Please contact me with your ideas and to give it a whirl. Judy Vacquier 858-459-7834 or <mailto:jvacq@sbcglobal.net

PANAMA and its INDIANS

By Marianne Burkenroad

Oceanids visit the Museum of Man Exhibition, organized by Mary Dashen.

Being in the San Diego Museum of Man was almost as good as being in Panama and its Indians. We were twenty Oceanids who, after a pleasant lunch at the El Prado restaurant in Balboa Park on November 10, thoroughly enjoyed the exhibits "Passage to Panama, Past and Present," and the "Art of Being Kuna." Many cultural objects and stunning photographs illustrated the way of life of Panama's Indians. The author lived in Panama in the 50s and early 60s.

In the wake of the arrival of Columbus on his fourth voyage and of Vasco Nunez de Balboa in Darien the native population of Panama was ravaged by diseases, gold hungry Spaniards and wars. Among the 225,000 Indians that survived in Panama the Kuna are best known.

The Kuna gradually transferred their residence to the then uninhabited archipelago de San Blas due to pressures from outside, climate, and health considerations. Most of the 40,000 Kuna now live on 33 of the 300 islands of the archipelago and in eleven villages on the mainland. Their autonomous territory, Comarca Kuna Yala, also includes a narrow strip of rainforest on the nearby mainland extending 140 miles from the province of Colon to the frontier with Colombia on the Atlantic side of Panama.

The Kuna have been able to preserve their traditional life style. They speak their own (Chibcha) language and continue their unique style of government at the hands of the chiefs, saylas or caciques, and spiritual traditions at the hands of shamans, called nele. The Kuna consider Colombia their motherland. They lived in a part of Colombia when it declared independence from Spain and in parts of Panama when it seceded from Colombia with the help of the U.S.

The Kuna live in thatched roof houses built close to each other on small islands a few feet above sea level. Each day the people go to the mainland in small sail boats, the women to fetch water, the men to tend their fields and to hunt. The dead are also buried on the mainland. On some islands coconuts are planted.

There are two larger buildings on each island. In the gathering house the "congreso" takes place almost every night with the chief presiding. Important men in the community, seated in hammocks, discuss and decide community issues. The program calls for lengthy accounts of legendary events, origin myths, culture heroes like Ibeorgun, and deities like the Great Father and Mother Earth. Elaborate oratory and chanting are evidence of the great variety of verbal expressions which characterize Kuna culture. The women attend these meetings listening to the chief admonishing people to live the right Kuna life, while making molas, cloth panels with special designs.

Molas are the cultural symbol of the Kuna. Women and girls wear mola blouses which consist of a front and a similar back panel with more or less elaborate sleeves attached to it. A head scarf and skirt from imported material; beaded arm and leg bands called wini, necklaces, nose- and earrings, sometimes of gold as in earlier times, and a stripe on the nose complete the costume of a beautiful Kuna woman. As an article of apparel the mola blouse has evolved from body paint, animal skin covering and long dresses to its present form. A mola consists of layers of cotton cloth which are cut out and stitched one on top of another to show the colors of cloth underneath. Single molas have become works of art. They are bought by tourists, collectors, and exhibited in museums. Their themes express the entire realm of Kuna experience. They may have purely geometric designs, representations of flora and fauna, images of the spirit world, or incorporate ideas from the modern world.

The second larger building on each island is the chicha house where the important girls' puberty rites are celebrated. Males do not undergo similar ceremonies. The Kuna are matrilineal, i.e., husbands move into the community of the wives. The women remain close to each other all their lives. Older women take over household duties so that the younger women can devote themselves to mola making, a subject of womanly pride. They get together to evaluate, criticize and admire each other's molas. If you consider buying a mola you might look at the list of criteria the women use themselves to evaluate a beautiful mola which include an easy to see, complex design, with centrally balanced figures, many small motifs, repeated with variations, careful cutting and neat, small stitches.

The Peace Corps was instrumental in helping the Kuna women to establish a Mola Cooperativa, with 2000 women participating. The centers are in Tubuala, Alligandi and Nargana. The importance and power of Kuna women has increased by their contribution to the cash economy of the tribe.

The exhibit "Passage to Panama: Past and Present", is devoted to the Choco. The Choco live in the eastern province of the Darien rainforest. They are famous for nearly water-tight baskets made by the women from the palm tree "Werregue" and dyed with colors extracted from fruits. The Ngobe form Panama's largest Indian group, numbering about 125,000, and inhabit the western provinces of Veraguas, Chiriqui, and Bocas del Toro in the Republic of Panama. They are presently confined to approximately 2,500 square miles of the rugged mountainous portions of these provinces. They are known for their colorful beaded collars and the balseria, harvest festivities.



WELCOME NEWCOMERS!

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Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
			KitX, Wed. Coffee LJRS Café Español 1	BOARD MEETING Sounding Board 2	Devilish Diners 3	4
5	Gracious Aging 6	Day Bridge 7	KitX, Wed. Coffee LJRS Café Franc. 8	9	Friday Café 10	Hiking 11
Cinema Soireé 12	Avi set 13	Book Group 14	KitX, Wed. Coffee LJRS 15	Theatre Fund- raiser Half WTS 16	Wine Tasting I 17	18
Moveable Feast II 19	20	Day Bridge 21	KitX, Wed. Coffee LJRS WTS II 22	Environm. Conserv. Book Group 23	24	Evening Bridge 25
26	27	WTS I 28				

Bear Facts

Month: February

Year: 2006



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