





## Healthy Enjoyment in the Country at Lakeside Inn

WE desire to invite Tourists and Business Men and their families to investigate the conditions, and the advantages of this beautiful health and pleasure resort.

The place has a remarkable admixture of climatic conditions, nowhere else to be found.

It is in its own little valley, surrounded by Mountains and Foothills, with the sea breeze coming to it over the Mesas, warmed and dried, thus it has the mountain and valley and sea air so mingled, that nature seems to have made the place for rest and recreation.

The Lakeside Inn Mineral Waters are famous for their health-giving qualities.

Temporary dyspeptic troubles, ordinary bladder irritation, all nervous or functional derangement of the digestive organs, or of the nervous system seem there to vanish, like morning mist before the rising sun.

Liver and Kidney functions become normal, and one has the happy satisfaction of knowing that the use of these waters afford absolute immunity from appendicitis, and other intestinal troubles.

These waters induce appetite.

Ladies especially relieved and cured.

The Inn makes a specialty of its good cooking. The table is largely supplied from the farm, gardens, dairy, and poultry belonging to the establishment, thus insuring fresh and pleasant things not to be bought in any market.

Milk fattened chicken a specialty and is served as an extra.

The Inn has its own Lake, and its own shooting reserves, where Duck and Quail abound. There are an abundance of fish, but they do not always bite.

The Tennis Court is of the best.

The Golf Links are a nine hole course and sporty.

Horses, Ponies and Vehicles can be obtained by the guests.

The house is comfortable, and the Management is desirons of pleasing in every way.

Automobile parties enjoy themselves here.

We have the finest two mile circular speed way for motor cars in the world, and the fastest.

The Inn is a Summer and Winter resort, and a pleasant place all the year round.

The rates are very moderate.

You reach Lakeside Inn in your motor car over a fine road through the El Cajon Valley, also by the Cuyamaca Rail Road, six good trains a day. A trip of 22 miles from San Diego.

For rates, reservations, or for special dinners and suppers, write or telephone

Manager Lakeside Inn Lakeside Postoffice, Cal.