

UCSB Police Arrest Bookstore Bandits

SANTA BARBARA, Calif. — UC Santa Barbara police arrested two suspects late Friday, Feb. 7 in connection with burglaries in the UCSB Bookstore. The two suspects, a computer-department employee and a customer, were arrested while allegedly trying to steal items from the bookstore by under-pricing products. The two students, both juniors, were arrested after the transaction was witnessed by store security. Five other students are being investigated for possession of stolen property. Police are investigating the alleged burglary as part of a months-long string of thefts from the bookstore.

— *The Daily Nexus*

Student Arrested For Stashing Drugs

DEKALB, Ill. — A Northern Illinois University student, Keyanta Gibson, was arrested for narcotic violations after police found a stash of crack cocaine in her residence-hall room. David Maze, Gibson's boyfriend, is the alleged owner of the \$1,220 stash. Maze surrendered to DeKalb Police after a drug raid on Jan. 23. Maze was wanted for unlawful delivery of a controlled substance. Gibson was forced to drop out of school to pay for her legal expenses. Police believe that Maze was using Gibson's apartment to store his cocaine.

— *The Northern Star*

Alabama Athletes Charged in Theft

TUSCALOOSA, Al. — Two University of Alabama basketball team members were charged with breaking-and-entering a vehicle on Wednesday. The players are accused of breaking into a Ford Explorer. According to the arrest warrant, the two athletes were attempting to steal a compact disc from the car. Both players were suspended from the team indefinitely for conduct unbecoming to the school.

— *The Crimson White*

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OSHPP Director June Terpstra Resigns

EVALUATION: Outside committee to evaluate structure of office

By Mary Higgins
Associate News Editor

Office of Sexual Harassment Prevention and Policy (OSHPP) Director June Terpstra resigned last week after serving as head of the office for several years.

Interim Senior Vice Chancellor of Academic Affairs Richard Attiyeh publicized Terpstra's departure via

email on the evening of Feb. 13.

Attiyeh also announced that current Director of Student Safety Awareness Nancy Wahlig will serve as interim director until Terpstra's successor is determined.

"I am pleased that [Wahlig] has agreed to serve as Interim Director," Attiyeh stated in the email.

Neither Attiyeh nor employees of OSHPP gave reasons for Terpstra's resignation. Terpstra could not be reached for comment at press time.

Yvonne Reid-Hairston, OSHP

program coordinator, said Wahlig would assume the position of interim director following the three-day weekend.

Reid-Hairston also said she anticipated that the office would continue to function as usual, despite Terpstra's sudden departure.

"[Terpstra] left but that doesn't mean [the office] walked out the door with her," Reid-Hairston said.

An as yet undetermined independent group will advise the administration on a replacement for Terpstra, Attiyeh said.

The group will also review the current sexual-harassment policy and the organizational structure of the OSHPP.

"It's not clear that we're going to make any changes necessarily," Attiyeh said.

Attiyeh added that possible alterations to the current program might include incorporating the sexual-harassment policy into the student-conduct code.

Changes could take effect as soon as next fall, Attiyeh said.

See **TERPSTRA**, Page 7

SUN ON THE BEACH



Mark Patterson/Guardian

Tropical Heat Wave: Recent high temperatures and fair skies made the beach a pleasant place for Muir senior Mary Anne Pilla to work on her studies as well as her tan.

A.S. Passes Resolution About OSD

MONEY: Students say current allocations are not sufficient to meet needs

By Julia Kulla-Mader
Staff Writer

A.S. passed a resolution last Wednesday expressing dissatisfaction with the administration for not allocating more than minimum funding to the Office for Students with Disabilities (OSD).

Specifically, the resolution states that "necessary services and funding [at UCSD] have remained stagnant despite the increase in students with disabilities three folds in the last decade."

The resolution was passed in response to recommendations made by the Office of the Student Advocacy after reviewing OSD funding, statistics and services.

The review also took into account compliance with the Americans with Disabilities Act (ADA), passed in 1990, which mandates that "all programs should be made accessible upon request to students with disabilities."

A.S. Internal Vice President Alex Sario said UCSD is "meeting the minimum requirements but [because] the number of students with disabilities [has] been increasing over the years, those services have become increasingly inadequate."

Moshe Witzum, outreach assistant for the OSD, said that not only has the number of students increased, but the characteristics of the students' disabilities have changed.

"We have more expensive disabilities... we have more deaf and hearing impaired students," Witzum said. "Next year, with the start of the master's program, we're expecting six to 12 more deaf students."

"This issue is not going to go away because the students don't believe that all of the accommodations that the university needs to be giving them to succeed academically are in place," he said.

OSD statistics state that in 1990-91, 411 students used OSD services. That number increased to 432 students in 1995-96, and is expected to continue to increase in the future.

"The Vice Chancellor [Joe Watson] was

See **OSD**, Page 7

Students Collaborate to Write Editorial Criticizing Connerly for Political Actions

REQUEST: Student leaders ask regent to step down, citing his anti-affirmative-action politics

By Naomi Falk
Staff Writer

Fourteen undergraduate and graduate student body presidents systemwide co-authored an editorial last week in the *L.A. Times* and the *San Francisco Chronicle*, calling for UC Regent Ward Connerly to voluntarily step down.

The move follows Connerly's recent statement to the *San Francisco Chronicle* that he plans to conduct a national campaign to end all affirmative-action programs.

"[The editorial] was necessary because Regent Connerly's political activity is a breach of his responsibility as a regent to the state and the university," said Coleen Sabatini, UCSD A.S.

President and a co-signer of the editorial.

Connerly introduced measures SP-1 and SP-2, banning the use of affirmative action in university hiring and admissions processes. The measures were passed at the July 1995 Board of Regents meeting.

Connerly also took over the leadership of the Proposition 209 campaign last year.

The student body presidents who signed the editorial allege that Connerly broke his trust with the university and the public when he used his position as a regent to spearhead a campaign against affirmative action.

One student leader who did not sign the editorial said that regardless of political beliefs, Connerly was "accessible" and concerned about the well-being of students.

UC Berkeley Vice President External Catherine Blue agreed.

See **REGENT**, Page 3

Seminar Addresses Biomedical Ethics

DEATH: Experts debate benefits and drawbacks, legality of physician-assisted suicide

By Mary Higgins
Associate News Editor

Over a dozen community members attended a seminar on the ethics of physician-assisted suicide last Thursday at the UCSD Center for Molecular Genetics.

include "hastened death, mercy killing and aid-in-dying." According to Pearlman, the term "aid-in-dying" is more popular than "physician-assisted suicide," which has negative psychological implications.

Pearlman also said that a recent poll conducted by the *Washington Post* found that slightly more than half of the public empathized with what he called "rational suicide."

According to Pearlman, a general consensus reached by those who approve of the practice requires that the patient be a competent adult who is fully informed of all possible alternatives. In addition, the request to be aided in "rational suicide," must be voluntary and unwavering. The suffering or discomfort of the patient must be unbearable.

Other suggested guidelines include that the patient be terminally ill, have a meaningful relationship with his or her physician, have obtained a second opinion, have a witness to sign the request and have undergone a 15-day waiting period between the time of the request and the date of the death.

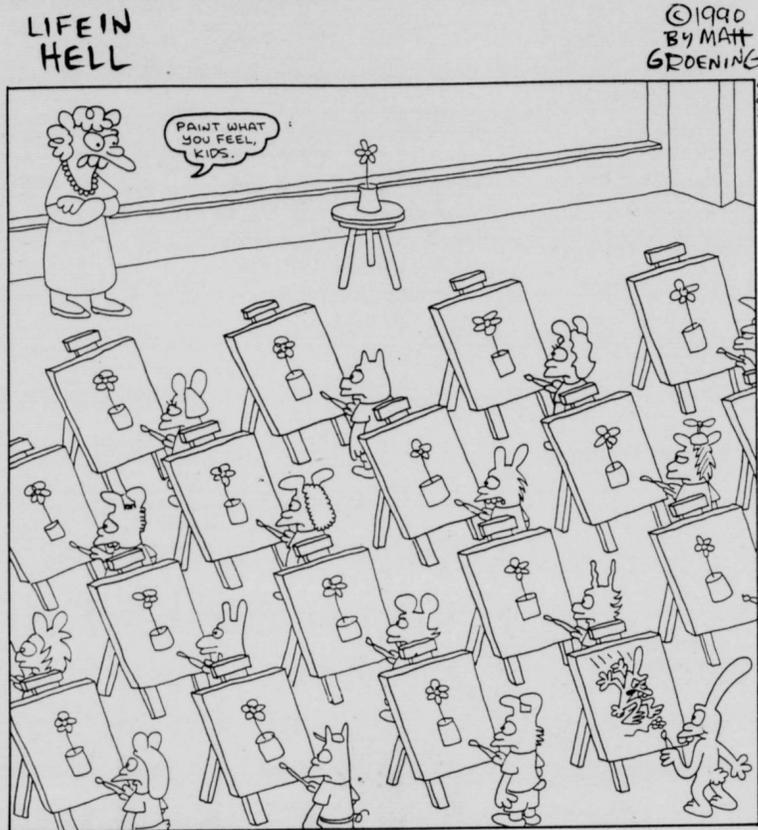
Pearlman also showed a video of a woman giving personal testimony on the benefits of physician-assisted death.

The woman spoke of how her father, who became increasingly debilitated after a stroke, asked her family to help him die. After much deliberation, the family agreed to lace his pudding with barbiturates. The woman described her father's last moments before he drifted off into a lethal sleep as "peaceful."

"He was happy because he knew he would be free," the woman said. "It was a wonderful way to die, if you're going to die. He left us with

See SEMINAR, Page 3

ETCETERA...



BRIEFLY...

Mentors Program Pairs Students, Staff

The Student-Staff Connection Mentor Program is expanding to include all interested freshmen, sophomore, junior and transfer students at UCSD. The free program is intended to provide students with a resource, friend and role model on staff. Students and staff will be paired according to similar interests and hobbies. Students interested in joining the program may pick up an application and brochure in their college Dean's Office or at the Computer Student Services Office in the Student Center Building B. For more information call 534-3670 or email gaugust@ucsd.edu.

Pre-Law Fraternity To Sponsor Seminar on Drug Laws

The Phi Alpha Delta Pre-Law Fraternity invites all students to a Drug and Alcohol Seminar on Tuesday, Feb. 18. The meeting will be held in Warren Lecture Hall 2005 at 7:00 p.m. The lecture is intended to inform students about the legal ramifications of drug and alcohol use. Rick Austro, the Deputy City Attorney, will discuss which drugs have a mandatory 30-day incarceration period just for having trace amounts in the bloodstream. Admission is free. Phi Alpha Delta is a group of students with interest in the legal system. For more information, call Aaron at 554-0418.

A.S. Programming Will Bring Mardi Gras to Price Center

A.S. Programming will present an all-campus Mardi Gras Festival on Friday, Feb. 21. The event, which is free, will take place in the Price Center Plaza and on Library Walk. Everyone is invited to attend the New Orleans-style festival and enjoy Cajun food, street performers and free beads. A Dixieland jazz band will perform at noon. The evening concert featuring Goldfinger, Reel Big Fish and a special guest will start at 5 p.m.

Tufts Professor Will Lecture on Managed-Care Issues

A lecture entitled, "Limits to Healthcare: Managed Care and the Problems of Legitimacy," will take place on Feb. 27 at 7:30 p.m. in Peterson Lecture Hall 108. The event is free and open to the public. The guest speaker is Norman Daniels, Goldthwaite Professor of Rhetoric in the Department of Philosophy at Tufts University. Daniels will address issues concerning managed care organizations and other insurers that limit access to medical treatment. He will also discuss new technologies and their affect on the well-being of patients. For more information, call the UCSD Science Studies office at 534-0491.

REGENT: Political activism earned him criticism

Continued from page 1

"My feeling about [the editorial] is that [a regent has] power and it should not be abused for political means," Blue said. "However, it should be noted that [Connerly] has been a friend to students in other issues, such as fees."

The four absent signatures on the editorial were those of the undergraduate president at UC Berkeley, the undergraduate president at UC Santa Barbara, the graduate president at UC Irvine and the A.S. president at UC San Francisco. Currently, there is no president at UCSF.

Since the July 1995 Regent's action, Connerly has become a nationally-known political figure.

The editorial contends that Connerly used his position to further his "political agenda and per-

sonal ambitions." It further contends that Connerly was able to make a political name for himself by introducing partisan politics into the university, and that he is now "unable to fulfill his duties as an apolitical trustee."

The editorial signers urged Connerly to "take the honorable road" and resign.

Under California's State Constitution, the Board of Regents was established as a separate entity, autonomous and free from direction from either the legislature or voters.

The constitution states, "The university shall be entirely independent of all political or sectarian influence and kept free

therefrom in the appointment of its regents and in the administration of its affairs."

There are 26 members of the Board of Regents, 18 of whom are appointed by the governor. These slots were created as appointed positions instead of elected positions to insulate the university from the shifting currents of state politics.

The editorial continues, "Academic freedom and protection from political opportunism have

been, and continue to be, essential to the vitality of our public university." Connerly was unavailable for comment by press time.

"Academic freedom and protection from political opportunism have been, and continue to be, essential to the vitality of our public university."

— Editorial
LA Times and
San Francisco Chronicle

SEMINAR: Experts debate aided suicide criteria

Continued from page 2

some wonderful final images and memories." Pearlman recommended that physicians who were confronted with the assisted-suicide dilemma should ask for help from colleagues, as well as share and document their experiences.

"I think it's important to quit viewing death as the enemy or as failure," Pearlman said. "[Physicians] need to listen closely to the patient's narrative. It's really worthwhile, just listening to the rationale [behind the patient's suicide request]."

Capron was the only representative arguing against legalizing physician-assisted suicide.

He pointed out that in the Netherlands, doctors have generally embraced the aforementioned guidelines. Capron then cited

cases in which patients had pushed the guidelines to the extreme, such as one woman who requested physician-assisted suicide because both of her sons had died, leaving her alone and depressed. Capron said the fact that the woman's request was granted was evidence that the term suffering was "ambiguous" and would lead to the granting of "unreasonable" suicide.

Capron also said that the other requirements were also "arbitrary," citing cases which might be exempt from each, such as a parent who decided to take a child off of life-support, thereby forfeiting the "competent adult" requirement.

Capron concluded that there was no way to draw a line at which society can find physician-assisted suicide acceptable.

"It's going to be damn hard to have guidelines that mean anything," Capron said. "They don't pass constitutional muster."

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Connie HALE

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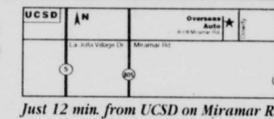
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OPINION

C CONSTITUTIONAL COMPLICATIONS

The Constitution is the Backbone of the Legal System and Should be Interpreted With the Intent of the Authors in Mind

By Mark Paskowitz
Staff Writer

The Constitution is an amazing document. In just a few short pages, it lays out the supreme law of the land, the basis for what is arguably the most stable and prosperous nation in the world. It can be read and understood in a short time without the need of a legal background, something that cannot be said for many other laws.

Too often though, people do not know what is in the Constitution. They make arguments about the constitutionality of laws without ever actually being able to cite a relevant passage. Unfortunately, this happens even among judges, our appointed experts on the law. When ordinary people misinterpret the Constitution, it is a small problem. When judges do so, it threatens the very rule of law.

Although interpretation should be based on the original intent of the law, some believe that we should not be bound by the decisions of the dead white males who wrote the Constitution. Such an argument denies the legitimacy of any law that has not been written within the most recent years. It is especially cynical in that it is usually invoked to overturn the laws of living majorities.

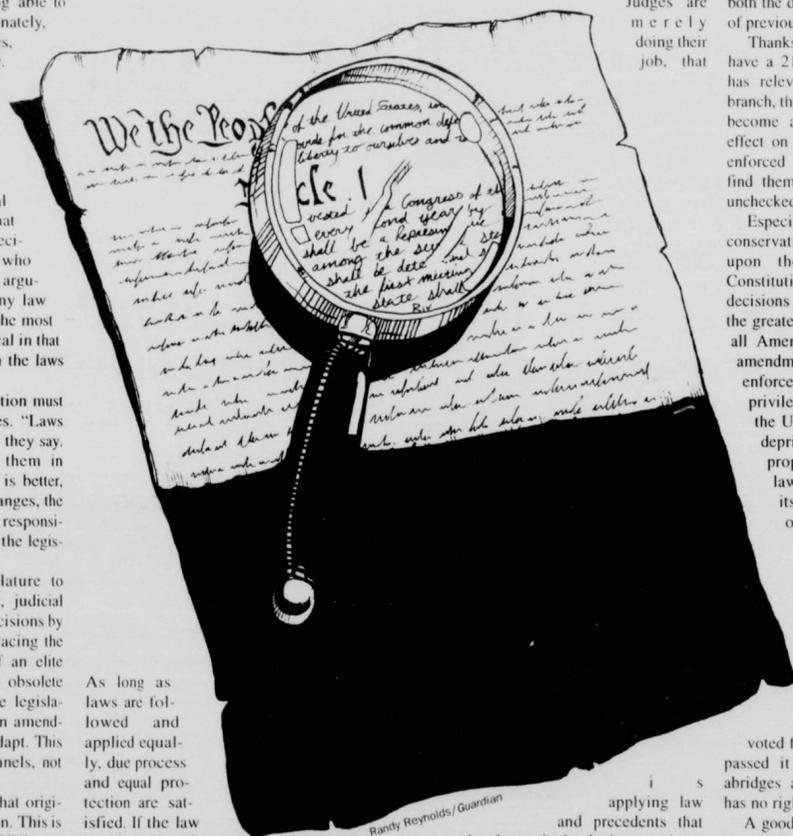
Others argue that the Constitution must be adapted to the changing times. "Laws are written, but society changes," they say. "We must read and interpret them in today's context." This argument is better, but still flawed. When society changes, the law should change. However, the responsibility of updating it should be on the legislature, not the judiciary.

The people elect the legislature to reflect their views. By contrast, judicial activism serves to strike down decisions by duly elected representatives, replacing the desires of society with those of an elite class. Any law that has become obsolete can be explicitly changed by the legislature. The Constitution contains an amendment process so that it too may adapt. This must be done through legal channels, not by judicial fiat.

Perhaps the best objection is that original intent can never fully be known. This is true, but not actually relevant. While we cannot hope to reproduce exactly the decisions the original writers would have reached, judges must at least ground their decisions in the written law and make a good-faith effort to ascertain what was meant when that law was passed. Instead, many judges use small gaps in the understanding of intent as an excuse to ignore everything that is understood.

There are two main approaches to judicial creation of new rights. The first claims its legitimacy from the equal-protection clause of the 14th Amendment and the due-process clauses of the Fifth and 14th Amendments. Equal protection and due process are both necessary procedural concepts. That is to say that they are requirements concerning how the law is applied.

Judicial activists have created an idea of substantive due process and equal protection, requirements about the laws themselves. This is simply not a valid approach.



Randy Reynolds/Guardian

As long as laws are followed and applied equally, due process and equal protection are satisfied. If the law itself calls for unequal treatment, that is a legislative problem, not a judicial one.

Current claims that anti-affirmative action legislation violates equal protection make a good example of an invalid substantive argument, as were prior claims that laws allowing or requiring affirmative action are unconstitutional. See INTERPRET, Page 6

Without Judges to Protect the Rights Written in Our Fundamental Law, the Constitution Would Disappear Entirely

By Ryan Olson
Staff Writer

Every conservative commentary piece that you pick up today seems to complain about the extent of government power. A considerable amount of the commentary seems to focus on how the judicial branch is "legislating from the bench," allegedly creating but entirely new areas of law without the consent of either the legislature or the executive.

These claims could not be further from the truth. Judges are merely doing their job, that

While the Constitution is the cornerstone of our nation, it does not provide a solution to all of the nation's problems. We also rely on the other two branches of government — the legislative and the executive — to get things done. The Congress and the state legislatures pass laws and their executives enforce them — within, of course, the limits of our supreme law, the Constitution.

The judicial branch is charged with defining the boundaries of the Constitution and striking down laws that do not abide by it. These boundaries have been defined by both the document itself and the precedents of previous courts.

Thanks to the federal judicial system, we have a 210-year-old Constitution that still has relevance today. Without a judicial branch, the Constitution by now would have become a powerless document with no effect on today's government. Without an enforced Constitution, Americans would find themselves subject to the whims of unchecked legislative and executive power.

Especially singled out for attack by conservatives have been decisions relying upon the 14th Amendment to the Constitution. But it is precisely in these decisions that the Supreme Court has made the greatest strides to protect the rights of all Americans. It is written within the amendment that "no State shall make or enforce any law which shall abridge the privileges or immunities of citizens of the United States, nor shall any State deprive any person of life, liberty, or property, without due process of law; nor deny to any person within its jurisdiction the equal protection of the laws."

That's quite a mouthful, and it is up to the courts to decide how to apply it in the modern era. Basically, if a state, or a majority of the voters, passes a law that unfairly abridges the rights of individuals, it is the duty of the courts to strike it down. The fact that a majority of the people voted for the law or the legislators who passed it does not matter. If any law abridges anyone's fundamental rights, it has no right to exist.

A good example of good judicial judgment is the landmark case *Brown v. Board of Education*, which struck down laws enacted by state legislatures that mandated "separate but equal" educational facilities. *Brown* restored the rights of minorities that had been unduly infringed upon by the majority. If ending segregation had been left up to the majority of the voting population, we would still have segregated schools today.

See RIGHTS, Page 6

COMMENTARY: Instead of showing due respect for the privacy of families stricken by tragedy, reporters, directors and producers have shown that they will stop at nothing to pry into people's personal lives SCANDAL-MONGERING PERVADES THE MEDIA

By Jaime Bedrin
Contributing Opinion Writer

"Bill Cosby's only son was killed earlier today," the newscaster said as I was leaving my room on the way to class. I stopped and turned around to make sure I had heard correctly. At that moment I felt truly sad. All at once, I was stunned and hyper-aware of the situation. Yet another senseless murder. I also reflected on all the other senseless murder victims who weren't famous enough to make the evening news. I wonder sometimes at what intrigues the American public.

Over the course of the next few days, I watched as the news media portrayed Ennis Cosby as his father's hero. Pictures of the well-respected Cosby family leaving their New York apartment with mournful faces were almost inescapable. I kept hearing the same comment over and over again: The public was also mourning the loss of Ennis Cosby.

In fact, while walking through the UCSD bookstore I saw a pretty sympathy card and sent it to the Cosbys care of CBS. I was not exactly sure why I did this, but for me it just felt right.

The comments that I heard frequently on the news implied that many people felt like Bill Cosby was actually a member of their family, that he raised their children

along with them. He was, after all, a symbol of American family life.

A few days after Ennis Cosby was murdered, Dan Rather conducted a poignant interview with Bill Cosby about his life and the loss of his son.

Soon thereafter, in the midst of the mourning period, reports began to emerge about an extra-marital affair that Cosby admits to having had approximately 20 years ago. Although no one really knows the whole story, Cosby's reputed ex-mistress claimed that Cosby fathered a child with her. She was now asking for a huge sum of money.

Personally, I am not interested in the details of this sordid tale. It's none of my business, and I do not really care. I was truly bothered by the hypocrisy of the media during this difficult time for Cosby and his family. While journalists expressed sympathy and concern for Cosby, they didn't refrain from exploiting the new scandal.

Why couldn't the media just leave the Cosby family alone? More generally, why don't we just leave celebrities alone when they are out of the spotlight? What is wrong with the media and its viewers? Why is it so hard to find ethics in the media these days?

I have a real problem when members of the media think they are helping Cosby by devoting continuing coverage to the loss of his



I have a real problem when members of the media think they are helping Cosby by devoting continuing coverage to the loss of his son, while other news clips tell the story of the woman who claims that Cosby is the father of her child.

son, while other news clips in the same broadcast tell the story of the woman who claims that Cosby is the father of her child. While on one hand, the media (and CBS) were trying to handle a difficult sit-

uation by issuing condolences, on another hand they were just as quick to capitalize on the affair.

The media's actions can be so blatantly mean and hypocritical. Why would any producer or director who is sensitive to the needs of a family like the Cosbys purposely broadcast something across the entire country exposing an event that happened over 20 years ago? Why do we as the public feel we have the right to know everything?

This is not the first time I have felt angry and frustrated toward the media. I also felt it when actor Alec Baldwin punched a photographer in order to get privacy on the day he and his wife Kim Basinger brought their newborn child home from the hospital.

Although I don't condone violence, I do not blame Baldwin for his actions. The birth of his baby is not my news nor anyone else's. A newborn baby is news only if the parents want the birth to be news — not because some tabloid feels like cashing in on someone else's recent joy or tragedy. Baldwin and his wife deserve respect and privacy just as much as any ordinary person not normally in the public eye.

I remember having these same feelings this past July when the TWA flight en route to Paris exploded, killing everyone on board. In addition to live broadcasts of that terrible night, inter-

views with family members were on the air for days afterward. The news media felt the need to shove their reporters with their big microphones down the throats of the victims' families. Media companies do not have a responsibility to bring us every detail, nor does the public necessarily have the right to know.

Recently two teenagers from my hometown were accused of murdering their newborn baby. Within a few hours, the press came knocking at the doors of the accused teens' neighbors. Then the news media printed reports of the amount of money the girl's parents spent on their house, a fact that has nothing to do with the murder of the child. Yet the media somehow feel that the public needs to know this information, as if it will sway our judgment of the couple.

Journalists and editors appear to feel that they can influence court decisions by what they publish in their papers. May I remind the press that we try our alleged criminals in courts of law and not in newspapers, radio or film.

What I want is change in the way news is handled and the way in which victims and families are treated while breaking the latest story. Members of the media have lost all respect for victims. They need to start thinking wisely about the morality of intervening in delicate situations.

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INTERPRET:
Legislators, not judges, make laws

Continued from page 4
action violate equal protection. A second approach is to create entirely new rights. Whenever something is done in the name of the "spirit" of the Constitution, it is a clear sign that there is no actual basis for it. The best known example is the "right to privacy," which serves as the basis for the *Roe v. Wade* decision and the right to an abortion. Many can recall a right to privacy, but few can explain where it is in the Constitution. This is because the "right" is not actually there; peo-

ple only imagine it because the Supreme Court created it in *Griswold v. Connecticut*. In 1905, *Lochner v. New York* struck down a law setting maximum hours for bakers. Justice Rufus Peckham wrote about the case that "the general right to make a contract in relation to his business is part of the liberty of the individual protected by the 14th Amendment. . . . The right to purchase or sell labor is part of the liberty protected. . . ." Similar decisions through the late 1800s and early 1900s struck down minimum wages, state subsidies and laws to promote labor organization. Each opinion asserted a constitutional basis, but none actually had any specific constitu-

Too often though, people do not know what is in the Constitution. They make arguments about the constitutionality of laws without ever actually being able to cite a relevant passage.

tional support. While judicial activism is currently seen as a liberal force and original intent as conservative, this is not inherently so. Professor

Bernard Siegan of the University of San Diego law school is a leading advocate of conservative, or perhaps libertarian, judicial activism. He would place the burden of proof on the government to show that any law restricting freedom, be it moral or economic, is absolutely necessary, otherwise the law should be struck down. This is a fine standard for a legislator, but well beyond the role of a judge. His views have the virtue of consistency, equating the legitimacy of *Lochner* and *Roe*, but he would make them both legitimate in spite of a total lack of constitutional support. The question of originalism and revisionism is therefore not a matter of conservatism and liber-

alism. It is rather a choice between objective law and subjective law, neutral or political. In the *Lochner* opinion, Peckham asked, "[A]re we all . . . at the mercy of legislative majorities?" Under our system of government, yes, except in cases where the Constitution explicitly states otherwise. There is no constitutional prohibition of bad laws, and it is not the role of the courts to prevent them. We must rely, in the words of Chief Justice John Marshall, on the "interest, wisdom, and justice" of our duly elected representatives. If we continue to expect and allow the courts to legislate, we do nothing less than abandon the rule of law.

RIGHTS:
Judges are only doing their job

Continued from page 4
Only people who do not understand the proper role of the American judicial system rise up in protest whenever a law is questioned by the federal courts, as was the case with California's Proposition 209. Although the courts are merely looking into the constitutionality of 209, promoters of the proposition have denounced any involvement by the federal courts as illegitimate. However, when these people bewail the fact that the majority's will has not immediately prevailed, they are really questioning the authority of the courts to review any legislation.

Those who denounce judges as usurpers of democratic authority are wrong for two reasons. Our country is a republic, not a democracy. This should come as no surprise to those who paid attention in civics class. The United States has been a democratic republic for the past 210 years, but this fact is largely overlooked. Also, the majority still has considerable freedom to decide the direction of our nation. Although the Constitution was designed to limit the power of majorities in the area of civil rights, it still gives government a lot of leeway to legislate and regulate. There are, of course, ways to circumvent the power of the courts. Congress can place statutory limits on which kinds of cases the

Without an enforced Constitution, Americans would find themselves subject to the whims of unchecked legislative and executive power.

Supreme Court could review. In addition, decisions made by the Supreme Court can be overturned by passing a constitutional amendment. In recent years, the Supreme Court has become the premiere protector of the rights of U.S. citizens. Many of its members have stood firm in their commitment to civil rights. Unfortunately, federal judges have faced allegations of

"legislating from the bench" when conservatives have disagreed with their decisions. These conservatives are wrong. Federal judges are merely enforcing and protecting laws that are already on the books. The federal courts work in a very methodical way. In order for the Supreme Court to act on a case, it must first be brought to the lower courts and work its way up the ladder. If the case reaches the Supreme Court, it must have some relevance on the current state of the nation. And if it has relevance, any decision handed down is bound to be controversial. But just because a decision is controversial does not mean that the court that issued it is "legislating from the bench." In order to preserve the balance of power among the branches of

government, it is important that we all remember what we were taught in elementary school: The Congress makes the laws, the president enforces them and the Supreme Court defines them, including the Constitution. All of these functions are important to our nation. If one of the branches should fail, our nation's government would be deprived of its foundation. This is why the judicial branch is so important. Without it, our nation would be just another pseudo-democracy that abuses the rights and privileges of its citizens. Instead of criticizing the judicial branch, we should be thankful that we have judges who are courageous enough to interpret the Constitution even though the majority might disagree with them.

OSD: ADA
requires access for disabled students

Continued from page 1
well aware that we ran a deficit last year, and publicly stated that he believes this office will run a larger deficit than the previous year," Witzum said. Sario said he hoped the resolution would serve to inform the administration about the needs of OSD.

"I think the resolution lets the administration know that we're aware of the ADA, what services are being provided, and this isn't a hidden issue anymore," Sario said. AS President Coleen Sabatini said she hoped the administration would receive the resolution as a message that "the students feel strongly about providing adequate services for disabled students at UCSD. Hopefully, the administration will take a critical look at the current level of funding of services provided and make the necessary improvements."

TERPSTRA:
Changes may be made to policy

Continued from page 1
"We're not abandoning the major structure," he said. "We're just fine-tuning. It seemed like a good time to bring some people in from outside and see if there's any advice they can offer us. This is not...about the fundamentals of what causes sexual harassment. [It's about] the technicalities of implementation of sexual-harassment policy." Reid-Hairston also said reviewing the office's policies was "normal" and necessary. "We're in our fourth year here [at OSHPP]," she said. "It's a perfect time to look at how we're doing. It's an excellent starting off point." Reid-Hairston added that student feedback was imperative in gauging the efficacy of OSHPP. "The students need to take it upon themselves to send a report to the vice chancellor," she said.

You bought your loved one roses, candy and a romantic candle-lit dinner at sunset... now that you've recovered from the throes of Valentine ecstasy, you can start earning the money to pay off those Valentine credit-card debts.

The Guardian is always hiring writers. Call 534-5226.

Lights & Sirens



Lights & Sirens is a selection of entries compiled from the log book of the UCSD Police Department.

- Saturday, Feb. 8**
- 3:40 p.m.:** Units responded to burglar alarm at Seaweed Canyon Laboratory. Cause unknown.
- 8:25 p.m.:** Student reported the theft of a wallet from the Price Center between 8 p.m. Friday and 4 p.m. Loss: \$100
- Sunday, Feb. 9**
- 2:05 p.m.:** Police impounded a green '69 Volkswagen Karmen Ghia from 9232 Regents Rd. for registration expired over 6 months. Stored at Star Towing
- Monday, Feb. 10**
- 8:45 a.m.:** Staff member reported vandalism to a maroon '92 Cadillac Seville in lot 602. Loss \$350.
- 9:30 a.m.:** Units and paramedics responded to 19-year-old female student who suffered from a loss of consciousness at Douglas Hall. Sought private treatment.
- 9:50 a.m.:** Staff member reported the theft of a green Trek B21 bike from Del Sol Apts. Loss \$ 500.
- 12:05 p.m.:** Student reported receiving an annoying phone call at Warren Apartments at 7:20 a.m.
- 12:10 p.m.:** Student reported vandalism to a silver '95 Ford Escort in lot 208. Loss unknown.
- 1:34 p.m.:** Student reported theft of a red Kodiac B10 bike from North Mesa Apts. Loss \$100.
- 5:31 p.m.:** Units responded to a burglar alarm at UCTR 202. Cause unknown.
- 10:31 p.m.:** Units responded to a burglar alarm at the General Store Co-op. Accidental by employee.
- 1:14 a.m.:** Two 19-year-old male students were detained on the east side of Marshall Apts. G building for being drunk in public. Taken to Detox.
- Tuesday, Feb. 11**
- 12:24 p.m.:** Units and paramedics responded to a child experiencing difficulty breathing at Mesa Day Care Center. Transported to Thornton Hospital by paramedics.
- 1:54 p.m.:** Student reported theft of a portable CD player from Marshall Apt. E10.
- Wednesday, Feb. 12**
- 9:57 a.m.:** Units responded to a

- burglar alarm at Warren Lecture Hall. Cause unknown.
- 6:43 p.m.:** Units and paramedics responded to a female staff member suffering from cardiac shock at IR/PS Library. Transported to SMH by paramedics.
- Thursday, Feb. 13**
- 4:15 p.m.:** Staff member reported the theft of a vacuum cleaner from the Deep Sea Drilling East. Loss \$100.
- 12:40 a.m.:** Towed a blue '80 Chrysler Cordoba at south I-5 and State Hwy. 52 for driver driving with a suspended license. Stored at Star Towing.
- Friday, Feb. 14**
- 8:09 a.m.:** Student reported the theft of an aqua Murray bike from Center Hall bike racks. Loss \$150.
- 9:15 a.m.:** Units responded to a burglar alarm at the Price Center Box Office. Accidental by employee.
- 10:15 a.m.:** Units and paramedics responded to a female student who suffered from a loss of consciousness at Warren Lecture Hall. Sought private treatment.
- 3:50 p.m.:** Student reported the theft of a wallet from RIMAC. Loss \$33
- 12:30 a.m.:** Units responded to a report of a fire in lot 113. Extinguished by CSO. Cause unknown.
- 12:35 a.m.:** A 17-year-old non-affiliate was arrested for driving under the influence. Transported to CDF.
- Saturday, Feb. 15**
- 2:27 p.m.:** Non-affiliate reported a missing 21-year-old female student. Student subsequently found.
- 6:30 p.m.:** Student reported the theft of a wallet from a locker at RIMAC. Loss \$27.
- 8:00 p.m.:** Student reported a fire in a trash can near the Price Center Ballroom. Fire was extinguished by reporting party.
- 12:30 a.m.:** A 32-year-old non-affiliate was arrested for driving under the influence after a 2.1 mile pursuit. Transported to CDF.

— Compiled by Ryan Olson, Staff Writer

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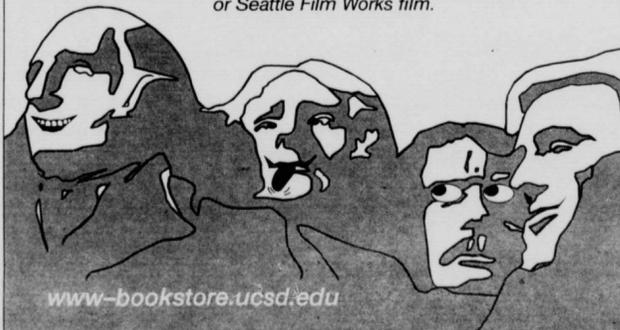
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- History US 153 American Political Trials
- Law & Society 101 Contemporary Legal Issues: Capital Punishment—How Cruel and How Unusual?
- Philosophy 12 Logic and Decision Making
- Philosophy 167 Contemporary Political Philosophy
- Political Science 104B Civil Liberties-Fundamental Rights
- Sociology/B 142 Social Deviance
- Sociology/C 159 Special Topics: Women and Crime
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Information on specific requirements, course offerings, and declarations may be obtained at the Interdisciplinary Programs Office in the Literature Building, Room 3238 or call 534-1704.

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THE EDITOR'S SOAPBOX



Sean Rahimi
Sports Editor

So it's my turn, huh? As a distinguished member of the editorial clan here at the *UCSD Guardian*, I have been chosen to write a column. Actually, no one else wanted to do it, so I got stuck with the daunting task. It's an opportunity to bitch and moan about something that irritates me. Instead, I'll take this chance to talk about my favorite topic: sports. What did you expect? An intelligent piece on the lack of parking spaces on campus?

Thus, I begin my manifesto regarding the reforms necessary in the UCSD Intramural Sports Department. Overall, it runs smoothly and efficiently. I know how much effort Sports Assistants (ordinary students) put in every week. Their hard work contributes to the successful operation of the best program in the country.

What I am concerned about is the poor officiating and rumors of foul play that have surfaced in the past few weeks.

The officiating problem exploded onto the scene when "Charlie's Angels" easily defeated "We Never Get Laid" in an epic battle of two Single A co-ed soccer squads two weeks ago. Even though both teams seemed evenly matched, the Angels won handily, 5-0. Let's just say that the officiating was spotty at best. Hell, I'll be honest — it was awful.

Now you might ask, "So what if the referee doesn't run and put him/herself in a position to make the right calls? It's just an IM game, for God's sake."

I beg to differ.

First of all, those certain zebras exhibiting poor judgment and apathy are getting paid — \$9.12 an hour to be exact. It is their duty to earn their money without wasting our time. I don't want to participate in a game where both teams are competing to win, only to see their efforts diminished by the laziness or apathy of the referees.

For some of us, Intramurals represent the only chance to vent the frustrations and stress that build up as a result of UCSD's fast-paced academic life. Consequently, we feel cheated when the outcomes of events are determined by the indifference of an official. Can you blame us?

So, zebras, because you're getting paid for the job — try earning your paycheck.

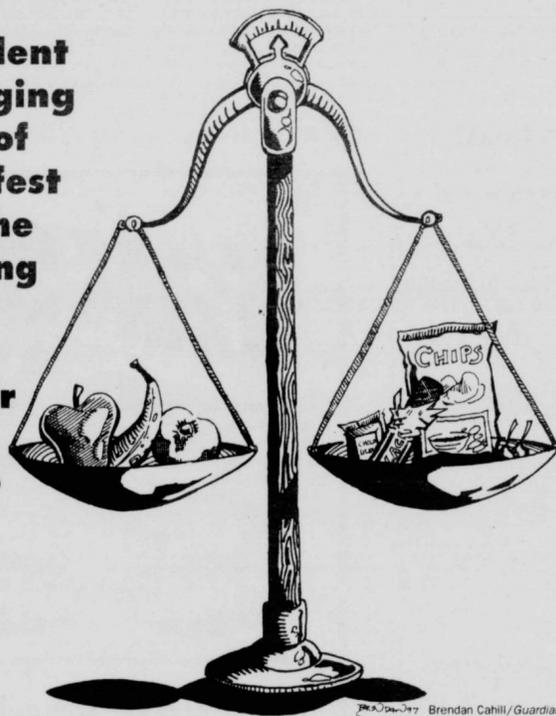
Second, let's examine the rumors of corruption permeating the recreational community. Having hired the best detective my meager editorial salary would allow, I summoned my assistant to look into this matter. Equipped with the best available tools, I sent "T" to infiltrate the IM inner circle.

It was a tough and grueling day, but T was finally hired as a referee after fulfilling the rigorous prerequisites: spelling his name
See SOAPBOX, Page 9

GUARDIAN FEATURES

JUICED or DRAINED?

College-student diets — ranging from those of the grease-fest glutton to the fat-abstaining fanatic — result from negligence or obsession, and need to be better monitored



Brendan Cahill/Guardian

"Freshman 15" — that notorious legacy of which we were informed in high school — is a trademark result of the college student's ambivalent relationship with food. While the average student pantry ranges from bare to overstuffed with nutritiously sinful food, there is no denying that diet and nutrition remain important issues for students well past the infamous first year.

"Nutritional issues are a big concern on campus," Lupe Samaniego-Kraus, the health education director at Student Health Services, said.

The Balanced Diet

According to Samaniego-Kraus, student diets are usually unbalanced as a result of neglect produced by hectic schedules.

"Protein is another downfall," Samaniego-Kraus said. "Students tend to go for fast and easy, which is usually carbohydrates."

Roosevelt sophomore Elizabeth Richardson, who describes her own diet as "hurried," agreed.

"It is a rarity to have a good meal

that is seated at a table with no hurry," Richardson said. "There is always a time constraint. Meat is expensive... I eat lots of bread. Good vegetables with nutrients and green salads are harder to come by."

Between the rations of bagels, fast food and soft drinks that constitute the collegiate staple diet, many students simply are not aware of the consequences of consuming certain foods.

"I see students at the salad bar putting together a salad, talking about how healthy they are by eating a salad, pouring on croutons, salad dressing and bacon bits, until that healthy salad has more calories than a cheeseburger," Madhu Narayan, coordinator for Student Health Services, said.

In addition to the daily three-to-four servings of fruits and vegetables, per your mother's quipping for optimal health, Narayan said students should drink a minimum of eight glasses of water a day.

"I'm a student at State and I'm

running around all day," Narayan said. "It's easy to grab a Coke. Water is so natural, with no calories or preservatives. A lot of chemical reactions that take place [in our bodies] need water. College students aren't getting enough."

According to UCSD biology professor and author of *UCSD Nutrition Book* Paul Saltman, students do not drink enough milk. He recommends a minimum of 800 — preferably 1,000 — milligrams of calcium a day. While the concern over calcium is especially relevant for women, everyone should be aware of her/his intake.

"Osteoporosis is a disease in older women, but it is predicated on the bones going into menopause," Saltman said. "Soda and Bud Light don't do it. The only sources of real calcium in our diet are dairy products and occasionally, corn tortillas."

For the lactose-intolerant, Saltman also recommends daily vitamin supplements.

Saltman said that students —
See NUTRITION, Page 9

NUTRITION: Diet concerns affect both men, women

Continued from page 8

"particularly the women, particularly in the crowd on this campus" — suffer from iron deficiency. Vegetarians and those who do not consume much meat are especially vulnerable.

"In the absence of red meat, it is almost impossible to get enough iron and other trace elements," Saltman said. "I am strongly urging men and women to supplement iron, copper, zinc and magnesium — particularly iron. It is also important in the formation of hemoglobin."

Although we may blame stress, midterms and lack of sleep for fatigue, our diet may also be a source of physical incompetence. The consequences of an iron-deficient diet include anemia, lethargy and poor growth. These may also inhibit effective daily performance.

Fat-Consciousness

Due to the busy nature of students' lives, eating often falls last on the priority list. Students

turn to whatever is quick, available and cheap. While fast food may be a quick option, it does have a price.

"College students really need to reduce fast-food intake," Narayan said. "It is high in calories and high in fat — ridiculously so."

In an effort to trim fat from diets, some students turn to fat substitutes. Fat-free food products line the aisles of grocery stores. Their packages herald "fat-free" and "non-fat" slogans, promising healthy food choices. Many substitutes can be beneficial to a healthy diet, such as those commonly found in ice cream.

"They feel smooth, taste smooth and give you that oral satisfaction," Saltman said. "They are healthful."

However, fat-free consumers must take caution: some fat substitutes, such as the much-publicized Olestra, can compromise absorption of fat-soluble vitamins.

"The advantages are that it is absorbed and it tastes exactly like fat," Saltman said. "It also coats the lining of the gut and then you tend to get diarrhea."

And before you demolish that bag of fat-free Snackwells cookies,

"The first time away from home, students are overwhelmed by all of the choices... parents use food to soothe or reward children. If that is [a student's] only coping mechanism or a predominant one, then you run into trouble."

-Beverly McCreary

Psychological & Counseling Services

be advised that fat-free does not necessarily mean low-calorie.

"One thing that keeps coming up is non-fat desserts," Narayan said. "People think they're healthy for you because they are non-fat. There has been a swing to [concentration on] fat. We're telling people to look at calories and at fat."

Whereas some students may be consuming too much fat, others eating predominantly fat-free foods

do not consume nearly enough. Fat comprises 70 percent of the human body's dry weight. Additionally, it is critical to the absorption of vitamins A, D, E and K and aids in the efficient production of hormones as well.

"You need it to function," Samaniego-Kraus said. "The media hype of 'eat anything you want as long as there's not fat in it' is a misnomer. You need a certain percentage of fat."

She recommends a diet with a 20-percent fat proportion.

According to Saltman, the "curse" of fat lies in the taste — let's face it, fattening foods are good. Saltman said that a severe reduction in fat is effective in weight-loss only because it makes food less appealing to consume.

"We see such a variety [of students]," Samaniego-Kraus said, "some to the point of obsession. Some don't focus on [fat] at all."

She said that both men and women are expressing concern over fat-free foods. While men tend to emphasize a low- or non-fat diet for body-building reasons, women's focus stems from concern over figure and size.

"All you have to do is pick up a

Glamour magazine," she said, citing media and social pressure for the heightened concern with fat.

Food "Struggles"

In addition to physical elements, psychological aspects also accompany eating for a significant percentage of college students. According to psychiatrist Beverly McCreary of the Psychological and Counseling Services (P&CS), approximately 15 percent of the college population suffers from a diagnosable eating disorder, while 25 percent "struggle" with food.

"Several factors go into that," McCreary said. "For the first time away from home, students are overwhelmed by all of the choices."

Students often arrive at college with an eating disorder, or with a tendency to turn toward food for comfort.

"Our society tells us we should eat," McCreary said. "Commonly, parents use food to soothe or reward children. If that is [a student's] only coping mechanism or a predominant one, then you run into trouble."

Both anorexia and bulimia —
See NUTRITION, Page 12

SOAPBOX: Corruption pervades UCSD recreation

Continued from page 8

correctly and memorizing the IM oath of allegiance.

Having successfully penetrated the enemy lines, T's next assignment was to befriend a high-ranking official, by any means necessary. Unfortunately, his usual charm was simply not enough to lasso in a sports assistant, so he hid in the shadows for a while. I was hoping that he would find any possible trace of foul play so that I could get to the bottom of this mess.

Thus, it is with much sadness that I report T's findings. You see, as of Feb. 9 — the date of my last contact with T — he has disappeared into the abyss known as RIMAC. No trace of his body. Only a clean, unused referee jersey and his black whistle. So here I am, without an assistant and devoid of any information.

Consequently, the great mystery remains unsolved. All I ever asked for is some good officiating and the truth.

By the way, if it wouldn't be too much trouble, can I have T back?

We could use some of his courage today.

Dr. Martin Luther King Jr.'s

personal account: "Almost immediately after the protest had been undertaken, we began to receive threatening telephone calls and letters in our home. At first I took them in stride...but as the weeks passed, I realized that many of the threats were in earnest. I felt myself faltering and growing in fear.

"After a particularly strenuous day, I settled in bed at a late hour. I was about to doze off when the telephone rang. An angry voice said, 'Listen nigger, we've taken all we want from you. Before next week you'll be sorry you ever came to Montgomery.' I hung up, but I could not sleep. It seemed that all of my fears had come down on me at once. I had reached the saturation point.

"I got out of bed and began to walk the floor. Finally, I went to the kitchen and heated a pot of coffee. I was ready to give up. I tried to think of a way to move out of the picture without appearing to be a coward. In this state of exhaustion, when my courage had almost gone, I determined to take my problem to God.

"My head in my hands, I bowed over the kitchen table and prayed aloud. The words I spoke to God that midnight are still vivid in my memory. 'I am here taking a stand for what I believe is right. But now I am afraid. The people are looking to me for leadership, and if I stand before them without strength and courage, they too will falter. I am at the end of my powers. I have nothing left. I've come to the point where I can't face it alone.

"At that moment I experienced the presence of the Divine as I had never before experienced him. It seemed as though I could hear the quiet assurance of an inner voice, saying, 'Stand up for righteousness, stand up for

truth. God will be at your side forever.' Almost at once my fears began to pass from me. My uncertainty disappeared. I was ready to face anything. The outer situation remained the same, but God had given me inner calm.

"Three nights later, our home was bombed. Strangely enough, I accepted the word of the bombing calmly. I knew now that God is able to give us the interior resources to face the storms and problems of life. Admitting the weighty problems and staggering disappointments, Christianity affirms that God is able to give us the power to meet them."*

Is what's going on in the world striking fear in your heart? Are there challenges in your life demanding personal courage? In honor of Dr. King's birthday and Black History Month we're offering the article "Give the Dream New Life." For your free copy call (619) 450-1432

(*emphasis added; from Dr. King's book *Strength to Love*)



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Dr. Martin Luther King Jr.

Story by Laura Knighten, Senior Staff Writer

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Fine Arts
Wednesday, February 19

UCSD poet Angela Boyce and the Taco Shop Poets will have a poetry reading. "Green" is the presence of youth. The event will be held at the Women's Center, University Center 407 at 6pm and is co-sponsored by the Cross Cultural Center. For more info., call 822-0074.

Academic Services
Ongoing

***ACADEMIC INTERNSHIP PROGRAM.** Applications for local Spring and out-of-town Summer internships will be accepted Monday, January 13 thru Friday, February 28. Students must have completed 90 units, 2 upper division courses, and have a min. 2.5 GPA. Literature Bldg., Room 3255. M, T, Th, F 8:30 - 12:30 and 1:00 - 4:00; Wednesdays 8:30 - 1:00pm.

***\$3000 Chris Borton Memorial Scholarship** established for undergraduate study abroad. Selection criteria include academic performance at UCSD, alignment of study abroad plans with academic and career objective, and a commitment to sharing the international experience. Applications may be obtained in the Programs Abroad Office at the International Center after Feb. 1. They are due by April 18, 1997 for the 1997-98 academic year.

Lecture
Tuesday, February 18

This seminar is for anyone planning on going to law, business, or graduate school. Discover what admissions directors are saying about grades, standardized tests, personal essays, and letters of recommendation. 3-4:30pm at Price Center-Gallery A.

***Introduction to Perl Seminar:** Center 119 at 8:30pm. Learn about a popular new language running on the web. Perl! It's simple, easy-to-learn, and fun! This seminar will give an overview of the language and point out some of the sticky points in getting started developing web applications with Perl. It is recommended that you have some basic programming experience, but all are invited.

Wednesday, February 19

***Introduction to Java Seminar:** Center 212 at 8:30pm. Learn about another hot new language running on the web. Java! Writing Java applets is a great way for UCSD students without cgi/bin access to make applications available on the web. This seminar will teach you how to write simple Java applets and integrate them with an existing web page. Basic knowledge of C++ or object-oriented programming in general is assumed.

***UCSD Music Professor, Brian Fernyhough,** will discuss the recently released book, *Brain Fernyhough: Collected Writings*. An exciting series of lectures, readings, and performances hosted by the UCSD Bookstore from 6-7pm.

Thursday, February 20

***The Center for the Study of Race and Ethnicity,** The Ethnic Studies Department and the AARP present *Waldo Martin, History Dept., UC Berkeley*. "Be Real Black for Me": **Black Movement Culture and the Transformation of America, 1965-1975.** SSS 107 at 12pm.

***Janet Tait, director of Infopath,** UCSD Library will speak in a lecture titled, "Resources for Women on the Internet." This event will be held at the Women's Center, University Center 407 from 12-1:30pm. For more info, call 822-0074.

Health & Fitness
Ongoing

***Student Health Advocates** provide outreach programs on: Nutrition, Fitness, Stress, Sexual Health, HIV, and more. Call 534-2415.

***Make your first stop at RIMAC a FITSTOP!** Free Fitness Assessments in RIMAC's Wellness Room every Mon 9-10am and @5pm. Appts. on walk-in basis. Call 534-1824 for more info. Sponsored by Student Health Advocates!

***Red Cross certified instructors teach CPR and First Aid Classes** at Student Health. Cost: \$10 per class + \$10 for reference book, or \$25 for all. Sign up at SHS Health Ed, 2nd floor.

***Women's Clinic @ Student Health** is offering annual exams, PAP tests, STD tests, pregnancy tests, birth control prescriptions, and health education. Call 534-8089 for appt.

***A health magazine** designed, developed and written by Students! Get involved. Get published! Articles being accepted now. Call Laurie at 534-1824 for more info.

***Student Health** is a full-service ambulatory care clinic open to ALL registered students. The Urgent Care Clinic is available on a walk in basis 8am-4:30pm (Wed. 9-4:30pm). Appointments for physician visits and specialty clinics can be made by calling 534-8088.

***Surfers - Be prepared!** Get your Hepatitis A shots at Student Health. 2 shots - 6 months apart. \$50 each will protect your liver. ***Nurses' Clinic** weekdays 8-11am, Wed. 9-11am.

***Travel Clinic @ Student Health.** If you're planning foreign travel, make an appointment with our Travel Clinic. Your visit will include a computer printout of health precautions customized to your itinerary. State information. Appts. should be made several months prior to departure. Nominal fee for visit + cost of immunizations. Call 534-8089 for appt.

***Attention all Southeast Asians!** Are you at risk for osteoporosis? Losing bone mass is inevitable but what you do now makes the difference against osteoporosis in the future. Get an absolutely FREE non-invasive bone scan scheduled at your convenience by calling 619.682.9725 (UCSD Osteoporosis Program).

Clubs & Meetings
Ongoing

***Save the Environment!** Check out CalPIRG. Core meetings are Mondays @ 6pm, Water Watch-Mondays @ 2pm, Hunger and Homelessness-Tuesdays @ 7pm, Toxic Prevention-Thursdays @ 6pm, Ancient Forests-Thursdays @ 7pm. All meetings in Room 202 in the Old Student Center above the Food Coop. Everyone is welcome!

***Like to Juggle? Want to Learn?** Come join the Jugglers at UCSD every Tuesday from 8-10pm in the West Balcony of the Main Gym. No juggling experience required, just a willingness to learn. Jugglers@sdcc.ucsd.edu.

***Want to make new friends? Want to help the community?** Join Circle K, a community service organization. We meet every Monday at 7pm in the Price Center, Gallery B. Come see what we're all about. Everyone's welcome. For more information, contact Julia at 550-0253.

***Are you looking for volunteer positions in Health Care?** Stop by the Health Professions Program Office and check out the volunteer referral service. Many placements available! Office Location: 411 University Center.

***Lesbian Gay Bisexual Association - Meetings** every Monday at 7pm @ Graduate Student Association. Come OUT and get involved. For more info, please call 534-GAYS.

***UCSD's Environmental Coalition** has meetings every Tuesday from 6-7pm in room 202 of the old student center. We discuss and plan events on environmental topics. We're currently working on UCSD's Earth Day Festival. Come share your input and ideas. Or call any environmental organization on-campus for more info.

***Come to Student Environmental Action Coalition's meetings.** We gather in room 202 above the Food Co-op Wednesdays 5-6pm.

***M.E.Ch.A. General Body Meetings** are every Monday at the Cross Cultural Center at 5pm. Everyone is welcome.

***Amnesty International.** World's Premier human rights group meets @ the Cross Cultural Center Wednesdays at 6:30pm. Write a letter, save a life.

***Reveille Seniors: Graduating?** Come and help plan your activities and commencement! 4pm Fridays @ the Reveille Formal Lounge. Hope to see you there!

***Looking for something fun to do on Friday afternoons? Come to the Ballroom Dance Club Fun Sessions** every Friday from 3-5pm in the Rec Gym room with the Orange floor. It's free and no experience needed!

***Graduate Gay and Bisexual Men's Support group** meets weekly to discuss issues in the Old Student Center, building B, south conference room, every Thursday at 6:00pm.

***Deepenings at which you can study the writings of the Baha'i Faith.** Wednesdays 11am-12pm and 4-5pm.

***Firesides - Question and Answer Session** and informal discussions on the Baha'i Faith. Tuesdays at 7pm.

***Alpha Epsilon Delta - Attention Pre-meds!** The National Honor Society is now recruiting serious students to be charter members in this new organization. For more information, call 628-6149.

***Women's Lesbian and Bisexual Group.** We are a weekly informal confidential discussion group where women can come to discuss issues and share concerns. Meets weekly at the Old Student Center, Conference Room 2, Wednesdays from 3-4:30pm.

Wednesday, February 19

***Come to the Wilderness Club meeting!** We will discuss our Julian hike on Saturday, and plan our Anza-Borrego campout. 8pm, Peterson 102.

***Looking for internships and resume building techniques?** Look no more! Financial management Assoc. presents the ULTIMATE resume building wkshp. PC/Gallery B-5pm.

***Religion and Philosophy: How are they different?** @ Irvine Room at 7:30pm. Religious Studies Club.

Thursday, February 20

***Exploring optometry - Come learn about the field of optometry and the opportunities available at the Southern California College of Optometry, Price Center, San Francisco Room, 4:00pm.**

Friday, February 21

***Carne Asada Sale!** 10:30am-3:30pm on the Li-brary Walk. Only \$4/plate w/soda. Get good food and support MECHA's 1997 Raza Recognition Night Committee.

Religious Services
Ongoing

***Chinese Evangelical Church** invites you to our worship service (English, Mandarin, Cantonese) and Friday fellowship meetings. Come visit us! Call Pablo at 587-7937.

***The United Methodist Student Movement** invites you to our young adult fellowship group. Wednesdays, 7pm. La Jolla United Methodist Church. For appt. info, call Robb at 454-7108 or e-mail umsm@ucsd.edu. More info and directions at http://edoc3.ucsd.edu/~umsm/umsm.htm/.

***The United Methodist Student Movement** provides rides to the 10am worship service at La Jolla Methodist Church every Sunday morning. Call Robb 454-7108 or e-mail umsm@ucsd.edu for more info.

***The Episcopal Students Association (Anglican Church) meets every Wednesday** evening in the International Student Center conference room for communion, free dinner, and Christian discussion. Students, faculty, and staff are welcome. 5-6:30pm.

Catholic Mass - A shorter, more reflective celebration than on Sunday, Tuesday's at 1pm. At University Lutheran Church, 9595 La Jolla Shores Drive (SW Corner of N. Torrey Pines Rd. & La Jolla Shores Dr. - Across from Reveille Campus).

***Candlelight Mass - A reflective and meditative Catholic celebration** at midweek. At University Lutheran Church, 9595 La Jolla Shores Drive (SW Corner of N. Torrey Pines Rd. & La Jolla Shores Dr. - Across from Reveille Campus). 9:30pm every Wednesday.

***Catholic Mass - A shorter, more reflective celebration** than on Sunday, Thursday's at 5pm. At University Lutheran Church, 9595 La Jolla Shores Drive (SW Corner of N. Torrey Pines Rd. & La Jolla Shores Dr. - Across from Reveille Campus).

***Thursday Student Dinner - Join the Catholic Student Community's weekly gathering.** Good food, good company, lively conversation. Only \$2. At University Lutheran Church, 9595 La Jolla Shores Drive (SW Corner of N. Torrey Pines Rd. & La Jolla Shores Dr. - Across from Reveille Campus). 6pm every Thursday.

***Catholic Mass - Join us for a lively and faith-filled celebration of Word and Eucharist!** At University Lutheran Church, 9595 La Jolla Shores Drive (SW Corner of N. Torrey Pines Rd. & La Jolla Shores Dr. - Across from Reveille Campus). Sunday's at 8:15am, 5:7, 9 pm.

***InterVarsity Christian Fellowship - a student led interdenominational Christian group** invites you to come and explore Christianity through our small group Bible Studies and our weekly large group meetings on Thursdays which consist of a speaker and worship. For more info call Jeff at 550-9630.

***Kyrle Elieson Catholic Bible Study.** Come on out to Kyrle's Tuesday Night Bible Study. Have a chance to learn about the Catholic Faith and fellowship with friends. Every Tues. at 7pm in the Santa Barbara/Los Angeles Room at the Price Center. Everyone Welcome!

Tuesday, February 18

***Campus Crusade for Christ presents "Choices."** Everyone welcome. 7:30pm.

Thursday, February 20

***InterVarsity Christian Fellowship.** Our country and University have been marked by the force of racism. The OJ Simpson Trial and Affirmative Action have exposed our racial divisions. We believe there is a solution. Come to Solis 107 at 7:15pm to find out.

Services & Workshops
Ongoing

***Free tours of UCSD** are being offered this winter by the UCSD Visitors Program. Mini-van tours are available the first and third Sundays of each month. Walking tours are offered on alternate Sundays. All tours start at 2pm from the Gilman Information Pavilion. Wheelchair accessibility is available upon request. Group tours may be requested. There is a minimal parking fee. Reservations are necessary and may be made by calling 534-4414.

***Professional and Graduate School Advising.** Make an appointment for individual advising by calling 534-4938.

***Mentor-Recieve job search help** form a professional in your field arranged by career advisor. Pick up an application at Career Services Ref. Room.

***SIGI - Software helps you assess your values and interests and generates career options** at Career Services. Admission- \$10.

***Eating, Body Image, and Relationships** Led by Beverly McCreary, 534-3685. Location 2105 HSS, Mondays 3-4:30pm. Call Beverly for a pre-group interview.

***Well-Being: A Wellness Workshop Series** Led by Byron Bloemer, 534-1725 and Jane Trevino, 534-5989. 4-5:30pm on Thursdays at Thurgood Marshall Administration Bldg. Dean's Conference Room.

***Graduate Women in Science.** Led by Reina Juarez, 534-3875. Location: HSS 2101, Fridays 11am-1pm.

***Undergraduate Growth Group I.** Led by Lindsay Calderon 534-6493, and Nickie Golden, 534-

3456. Location: ERC Provost's Office, 412 University Center, Room 16, Friday's from 2-4pm.

***Graduate Men's and Women's Group.** Led by Miriam Iosupovic, 534-0255 and Byron Bloemer, 534-1725. Location: 1003 Galbraith Hall, Revelle College, Wednesdays 5-7pm.

***Once Upon a Time" main floor, Geisel Library.** Ongoing until March 25. Library hours: Mon-Thurs. 8am-11pm; Fri. 8am-6pm; Sun. 10am-11pm. An exhibition of illustrated children's books including the work of Maurice Sendak, Kate Greenaway, Arthur Rackham, Edmund Dulac, and Dr. Seuss. Free. For information call 534-2533.

***What's Love Got to do With It?** Led by Linda Young, 534-3987. Call Linda for a start date. Location: Warren Lit. Bldg. Rm 3248, Wednesday's 4:30-6pm.

***Breaking Up is Hard to Do.** Led by Linda Young, 534-3987. Call Linda for a start date. Location: Warren Lit. Bldg. Rm 3248, Thursday's 4:30-6pm.

***Asian-American Community Forum.** Led by Jeanne Manese, 534-3035, John Wu, 534-1579, and Keum Choi, 534-5905. Location: Cross-Cultural Center, 510 UC. Friday's 12-1:30pm.

***Campus Black Forum.** Led by Philip Raphael, 534-0252 and Linda Young 534-3987. Location: Cross-Cultural Center, 510 UC. Friday's 4:15-6pm.

***At International Center "World Peace Reception."** Symbolic Gathering of Student Organizations for the recognition of the need of world peace; every one welcome. Entertainment & Refreshments at 6:00pm.

***FREE!! "Divas in Denial II,"** LGBA's Annual Drag Show full of Hilarious student performances and special guests! 8pm in the Price Center Theater. All are welcome. Don't miss it! Free! Sponsored by the Lesbian Gay Bisexual Association and Associated Students.

***Natasha Josefowitz** offers a humorous celebration of growing older in "Too Wise to Want to be Young Again." 7pm.

***Parenting Support Group.** Led by Reina Juarez, 534-3875, and Michael DeMania, 534-5981. Location: Women's Center, Bldg. 407, University Center, Wednesday's, 12-1pm.

***Women Medical Students.** Led by Reina Juarez 534-3875. Location: Women's Center, Bldg. 407 University Center, Thursday's 12-1pm.

***Alcohol and Substance Abuse Group.** Led by Dan Muñoz 534-0251 and Michael DeMania, 534-5981. Location: Half Dome Lounge in the Muir Apartments, Friday's 2-4pm.

***Herpes Support Group.** San Diego City HELP is a non-profit support group for persons with herpes. We offer support and factual medical information. Meetings are held the first and third Thursdays of every month in dining room #1 of the cafeteria at UCSD Medical Center in Hillcrest. Call (619)491-1194 for more information.

***Undergraduate Gay and Bisexual Men's Group.** We are a weekly, informal, CONFIDENTIAL discussion group where guys can discuss issues and share concerns. Co-facilitated by Peer Counselors who are students just like yourself. Meets in South Conference Room of Old Student Center Building B on Mandeville Lane. Sponsored by Psychological and Counseling Services. Call for directions 534-3755. Every Monday 8:15-9:45pm.

***Internet Career Connection for Human Services.** Learn about resources on the Internet for job search and graduate school in this hands on workshop. 9-10:30am at CSC.

***Job Search for Human Services.** Learn successful strategies for locating a job including networking. 2pm at CSC.

***Orientation to Teacher Education"** Information on the Credential Process for teachers at 2:30pm at CSC.

***Identify your career in Human Services.** Combines self-assessment with information about specific jobs in this occupational area. 1-2:30pm at CSC.

***Bellydance!** at UCSD. A student Recreation Club. Everyone welcome! Let's Dance! Call Sukayna at 581-2376. Every Thursday Night at 7:30-9pm in the Rec. Gym Conference Room.

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Ongoing

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◀ ARENA ▶

How Do You Deal With MIDTERMS?

Interviews by Grace Jang • Photography by Ethan Schreiber



I don't. I put off studying until the very, very last minute, then I stay up all night. Being tired somehow helps my grade. The cramming method is usually effective. I say, let's see — read a stupid fashion magazine or study? Okay, magazine. Watch t.v. or do your work? Okay, t.v. Go to a party?, etc. And I eat a lot of cereal because I don't want to leave the house during midterms, so I study and procrastinate at home.

Rachel Fernandes
Marshall Freshman



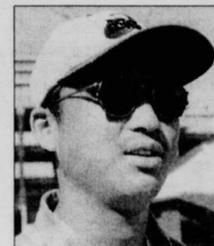
I stop and think that I'm not the only person in the world with midterms. Everyone is going through the same thing and I don't feel alone. Loneliness is the problem that people have — that's what stresses them out. So if you can abandon that feeling of loneliness and you could feel that everyone is going through the same thing, then it's a lot easier to cope. It's all relative. Group work would alleviate that loneliness.

Kuros Charney
Muir Senior



Just bear down and relax. It's not the ultimate thing that's going to happen in life. Whether I fail this midterm or not, I'm still a good person. I realize that I'm not going to fail — I got into this university. Usually, how you do on midterms doesn't signify whether you do well in the class, so if I study hard for a midterm, I learn from that studying. And I go home and watch "The Simpsons" — that's always important.

Darren Xanthos
Muir Senior



I study. First, you've got to start early. You can't wait until the last minute, especially if it's a biology class. Go over your lecture notes. Reading the book isn't helpful — it just confuses you and makes you think about too many things. Don't get much sleep. I drink Coke all night. A full bladder keeps me awake. Don't eat as much, because you get full and sleepy and drowsy. What always helps me is praying.

Steve Kim
Muir Senior



There's a lot of procrastinating, stressing, all-nighters with coffee and diet Coke. Studying at home is bad, because I'll balance my checkbook or something. Studying at the library is okay, but there are so many books that sometimes I'd rather be reading. So I study in a place where I could sit down, order coffee or tea and not have to talk to anyone, but still every now and then I can look up and watch people walk by.

Liz Perini
Roosevelt Sophomore

PROGRAM IN RELIGIOUS STUDIES offerings for Spring Quarter 1997

REL102/HITO102 ASIAN RELIGIONS Professor Suzanne Cahill

This term course will explore Taoism historically and analytically. Taoist beliefs and institutions will be studied both as part of the total cultural patterns to which they belong and comparatively with other major religious traditions.

Section ID 282611
Tuesday-Thursday 1:00 to 2:00 p.m.
Peterson Hall 110

HITO107 INTRODUCTION TO CHRISTIANITY Professor Michael McClymond

This course familiarizes students with an integrative approach to the study of Christianity by examining the religion from historical, textual, intellectual, sociological, and ethical perspectives. It will cover the development of Christian thought analyzed as an ongoing process of tradition, in which central texts and themes are continually appropriated and reappropriated.

Section ID 284752
Tuesday-Thursday 2:30 to 3:50 p.m.
Sequoyah Hall 148

IS ALWAYS LOOKING FOR ILLUSTRATIONS AND PHOTOGRAPHS FROM THE UCSD POPULATION. BRING YOUR WORK TO THE GUARDIAN OFFICE AND WE'LL LOOK IT OVER!

Health Care/Social Issues INTERDISCIPLINARY MINOR

THE HEALTH CARE-SOCIAL ISSUES PROGRAM offers an interdisciplinary minor that offers students a variety of perspectives that enhance the ability to deal with complex social and ethical issues in modern health care. The program is available to all UCSD students with a general interest in issues related to health care as well as to students considering health-related careers.

Spring Quarter Courses

Anthropology/LD 22	Cultural Anthropology: Introduction
Anthropology/Gen 128/Contemporary Issues 136	Anthropology of Medicine (Cross-listed)
Contemporary Issues 40	The AIDS Epidemic
Psychology 104	Introduction to Social Psychology
Psychology 124	Introduction to Clinical Psychology
Psychology 155	Social Psychology and Medicine
Psychology 163	Abnormal Psychology
Psychology 169	Brain Damage and Mental Function
Sociology/B 120S (Sec. B00)	Topic: Women in Poverty
Sociology/C 135	Medical Sociology
Sociology/C 136B	Sociology of Mental Illness in Contemporary Society
Urban Studies & Planning 147	Case Studies in Health Care Programs: Poor and Underserved Populations
Women's Studies 102 (Sec. B00)	Topic: Women and Health

For information on specific requirements and course offerings, contact the Interdisciplinary Programs Office in the Literature Building, Room 3238, or call 534-1704.

NUTRITION: Disorders originate from "fear of fat"

Continued from page 9

two of the most pervasive eating disorders — originate from what McCreary called a "pervasive fear of fat." Anorexics limit their food intake so as to achieve and maintain a body weight that is medically dangerous, while bulimics fluctuate between periods of bingeing and purging through vomiting, laxative use and excessive exercise.

have eaten something they didn't plan to eat." Although these struggles frequently concern women, McCreary said she is seeing more men struggling with similar issues. She pointed to men's magazine as the cause of men feeling a pressure to be "okay" by having a hard body.

"There is a lot of shame around it for men," McCreary said. "[They think] it's a woman's disorder, a woman's issue. So there must be something wrong with me." This can make it difficult for men to seek treatment.

Paul Saltman
UCSD biology professor,
author, *UCSD Nutrition Book*

Those with questions or struggling with eating disorders can call the PC&S at 534-4755. The Student Health Advocate programs also offer answers to questions regarding nutrition and other health issues.

While nutritional issues such as calcium-intake, a balanced diet, fat-intake and eating disorders are important to consider, it is also important to keep in mind that everyone and every body is different.

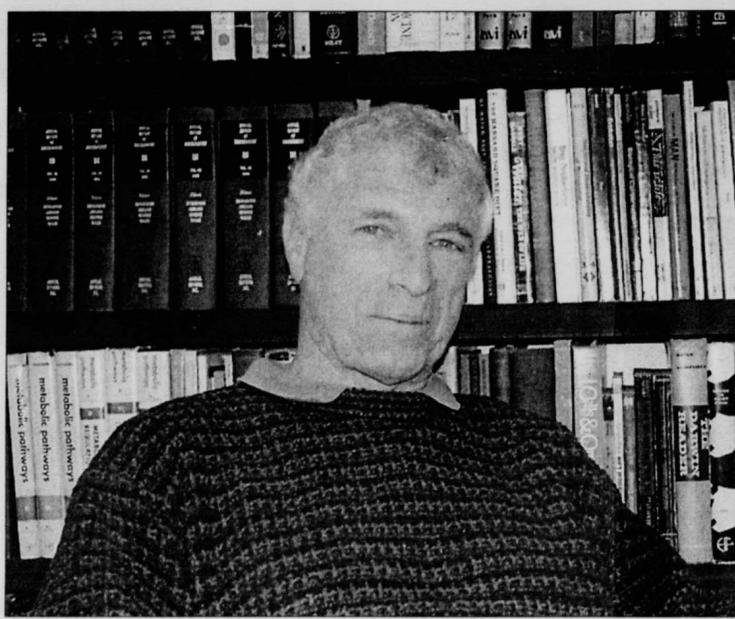
"There are an infinite number of diets that are helpful," Saltman said. "There is no magic diet. You should know what your body needs and eat foods and supplements accordingly."

"There is no magic diet. You should know what your body needs and eat foods and supplements accordingly."

"Bulimics can be average weight and even overweight," McCreary said. "By today's standards, anorexics look like models people see, so people don't notice as much."

Not every person who struggles with food has a diagnosable eating disorder, however. McCreary said she prefers to look at the issue on a "continuum basis."

"A person that has an eating disorder... food produces anxiety," she said. "Whether or not they eat and how they eat can determine how they feel about themselves, versus the majority of people [who] eat because they are hungry and they don't feel devastated because perhaps they



Paul Saltman: According to the UCSD renowned nutritionist, college students — especially UCSD women — suffer from iron deficiency. Saltman emphasized the importance of dietary supplements.

Nutrient	Sources (in order of relative concentration)
Vitamin C	Citrus, strawberries, cabbage, cantaloupe, tomato, romaine lettuce
Vitamin A	Liver, yellow/dark green vegetables, milk, cheese
Vitamin D	Manufactured by skin via sunlight, milk, liver
Vitamin E	Vegetable and seed oils, margarine, peanuts
Vitamin K	Intestinal bacteria, leafy green vegetables, cabbage, peas, grains
Calcium	Milk, sardines (bones), cheese, tofu, green vegetables
Magnesium	Cocoa, molasses, nuts, split peas, dried beans, dark green vegetables

Source: UCSD Student Health Services

Water Polo Hosts Nation's Top Teams

SHOWCASE: Canyonview Pool was the host site for the UCSD Invitational last weekend, officially starting the 1997 season

By **Jonah Nisenson**
Guardian Reporter

Take a look at the Chicago Bulls or the San Francisco 49ers. What has made them the championship teams that they are? One might answer this question with a simple response: raw talent. But in addition to raw talent, a team needs players who know how to win and know what it feels like to win. In other words, a team needs experience.

With the loss of five seniors from last year's squad, the UCSD women's water polo team is clearly lacking in leadership. Add 15 freshman to the mix and you can't expect to see a team with the same confidence and skills of

past women's teams. This team has limited experience playing together, and there is no substitute for chemistry.

Thursday evening at Canyonview pool, the UCSD women's water polo team opened the 1997 season against the Golden Bears of UC Berkeley. The match showcased the Bears' excellent passing and unstoppable inside game as the Tritons were defeated by a score of 18-3.

In the first quarter, Cal took control of the tempo, forcing turnovers from a UCSD team that was missing senior Shawna Cabalero, junior Kelly Gilbreth and sophomore Jenny Irwin to swimming priorities. Tiffany

Duncan had two of her four goals for the Bears in the period, helping her team to convert many of the UCSD turnovers.

Throughout the game, the Tritons struggled with their passing. They had trouble catching the ball cleanly and on too many occasions, the perimeter players tried to force the ball inside to freshman Anne Cannon, who was having enough trouble of her own with Cal's swarming defense.

"One area [where] I wanted to see us do well was in controlling the ball on the perimeter," Triton Head Coach Denny Harper said. "We didn't do that tonight."

While allowing six more goals in the second period, the Tritons managed to score two of their own. Anne Cannon scored the first, and freshman Angie Kondrat notched the second as the half came to a close. Defensively, the young Triton team appeared timid, not used to the physical play at the college level. The half ended with Cal on top, 11-2.

The second half began with aggressive defensive play from the Tritons, but Cal lit up the scoreboard for seven more goals, while UCSD could only counter with sophomore Kathryn Ozaki's goal. Cannon fought harder on the inside, trying to maintain position offensively, but the Tritons' passes either came up short or were taken away by the Berkeley defense.

"Anne Cannon did a great job of

getting position at hole set," Harper said. "She will improve at a rapid rate."

Following the match-up with Cal, the Tritons prepared for the UC San Diego Invitational that took place Friday through Sunday. Among the eight teams who competed were San Diego State, Stanford, UC Berkeley, UC Davis, USC, UCLA, UC Santa Barbara and UCSD.

Friday night, with Cabalero back in the lineup, the Tritons faced San Diego State. UCSD showed better ball movement than in the previous game, but the multiple shots taken from the outside were either blocked or flew wide of the net. The Tritons trounced the Aztecs 16-4. Cannon and Cabalero each had two goals.

In its next game against Stanford on Saturday, UCSD experienced how speed kills. The story of this game was the Cardinal's ability to create Triton turnovers and score off a weak transition defense that had problems keeping up with the speedy Stanford women.

With the game almost over, UCSD still had not scored, but the women were not about to be shut out.

With only three minutes remaining in the fourth quarter, Irwin was able to find the back of the net, and the Tritons breathed a sigh of relief. They would not be shut out this game, although a 16-1 loss was not much to

celebrate. Fighting hard defensively in their next game, the Tritons lost a 3-0 heart-breaker to the Aggies of UC Davis. Triton goalie Alice Huszez blocked a slough of Aggie shots, but Davis goalie Blake Simpson managed to blank the Tritons in a brilliant effort. The difference in the game was UCSD's inability to create good looks at the net.

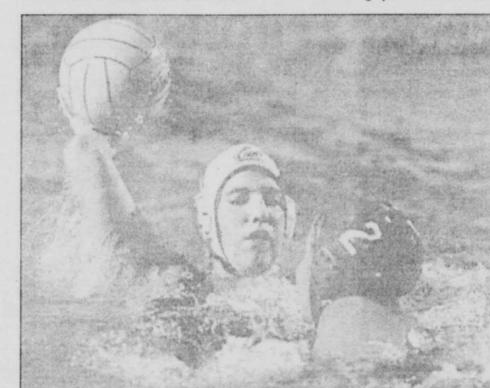
In the Tritons' next two games on Sunday, they continued to improve, yet still fell short of a victory.

In an overtime loss to UC Santa Barbara, the UCSD women looked like a rejuvenated bunch. Still struggling with perimeter passing, the Tritons were able to convert on the six-on-five advantage they attained after Gaucho ejections.

In the second and third quarters, however, UCSD could only convert one of three four-meter penalty shots, which dramatically hurt their chance at a win.

In their last game against the USC Trojans, the Tritons came out looking deflated, allowing five goals in the first quarter. Picking up their game under pressure, the Tritons nevertheless lost by a score of 9-3. Without a victory in the tournament, UCSD took last place while UCLA grabbed the top spot. Cal finished second, with Stanford third.

"I think we really stepped it up as the tournament progressed," Alice Huszez said. "We got the feel of playing with each other. Before that, we were clueless how to play together."



Claire Schneider/Guardian

Looking at me?: Cal Berkeley (white) couldn't get past UCLA.

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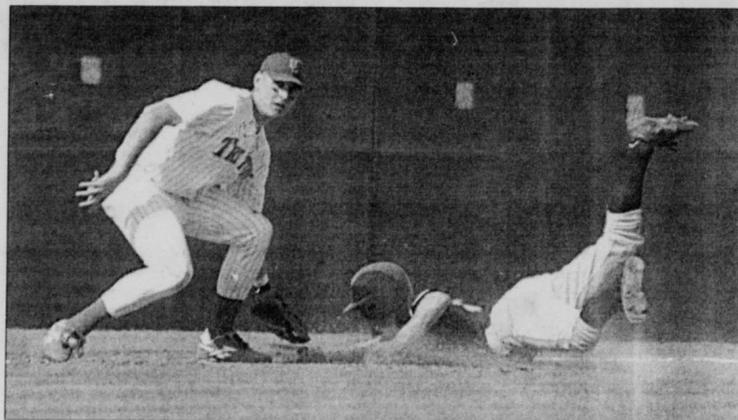
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3rd Base steal: Sophomore Chuck Johnson swipes his empty glove in hopes of fooling the runner.

Biola Squeezes Tritons Out

EXTRA INNINGS: UCSD let a 6-1 lead slip, dropping the contest 7-6.

By Travis Hill
Staff Writer

It was just one of those days — the kind when you find a \$20 bill, but your wallet gets stolen. One of those days when you hit on a 15 and get your six, but the dealer has blackjack. Those are the days when you just have to shake your head and move on.

That was the kind of day it was for the UCSD baseball team last Saturday at Biola. The Tritons scored four in the first inning on their way to a 6-1 lead, only to lose 7-6 in 11 innings.

The Tritons went into the Biola contest with considerable momentum. They had just defeated La Verne by pulling off their biggest win of the young season. They had been down by four runs in the sixth inning of that game, but they put together a huge rally and registered an 8-6 victory.

After the first inning in Biola, it was apparent that Head Coach Robert Fletcher's squad was still, shall we say, *en fuego*. The offense got started immediately as it continued the assault on enemy pitching. Junior shortstop Mark Mason's two-

run homer was the catalyst as the Tritons built a four-run lead.

Leading 4-0 in the top of the second, the Tritons continued to hammer away at the Eagle starter, scoring another run. However, in the bottom of the inning, the Tritons showed they weren't perfect and gave up a run.

But UCSD was still up by four and looked confident as starter Theo Robins settled down and threw three more shutout innings. The Tritons also added a run in their half of the fifth, increasing the lead to 6-1.

At that point many assumed the game was over, and the next few innings would merely be a formality. For the second consecutive game, however, the big inning turned out to be the bottom of the sixth — except this time, Biola was the team which rallied. Amazingly, the Tritons saw their seemingly insurmountable lead quickly evaporate and fell victim to the fundamentals.

The Eagles scored four runs in the sixth and one in the eighth, knotting the score at 6-6. Neither team could

score in the ninth, and extra innings ensued.

In the 10th, the Tritons were once again shut out, but John Willis came on and continued to pitch well, handing the Eagles a goose egg.

In the 11th, the Triton bats again remained silent. In the first five innings they scored six runs, yet in the next six innings they managed a paltry two hits. In their half of the 11th, Biola made the Tritons pay for it.

Scott Tabot, the Eagle catcher, managed a double and then advanced to third on a passed ball. Then came the suicide squeeze, and the Eagles ran it to perfection for the win.

The Tritons fell in one of the toughest ways to lose a game. But they are looking to chalk it up as just one of those days, and hopefully the squad can shake off the loss when they face Concordia Wednesday.

Biola Blunder...

Feb. 15	1	2	3	4	5	6	7	8	9	11	R	H	E
Tritons	4	1	0	0	1	0	0	0	0	0	6	8	2
Eagles	0	1	0	0	0	4	0	1	0	1	7	8	2

W: Berger (2-0), 5 IP, 3H, 2R
L: Goldfarb (0-1), 1 IP, 1H, 1R
Goldsmith, J. 3 hits, 2 doubles

Ho Hum, It's Another Blowout

CHRISTIANS: UCSD showed no mercy in defeating Christian Heritage and Pacific Christian

By Travis Hill
Staff Writer

The time is now for the UCSD women's basketball team.

The playoffs are just three games away and the 16-5 record the Tritons have earned this season is spectacular. However, if the Tritons falter in the home stretch, they could actually miss the tournament festivities.

Things weren't looking good three games ago, but after a two-game mini-slump, the Tritons vented their frustrations by stomping Cal Lutheran. How do you spell relief? For the Tritons, it's blowout.

With the postseason in their sights, the Tritons continued to dish it out last week. UCSD pounded Pacific Christian College on Thursday and in a weekend

rematch with Christian Heritage College, the women drubbed the Ladyhawks, 84-59.

During their first meeting at UCSD's Spirit Night, the Tritons routed the young Ladyhawks. Nevertheless, the rematch was a game that concerned Head Coach Judy Malone.

Despite their lowly 9-17 record, the Ladyhawks did possess some talent, and this time around the game was at Christian Heritage. The Tritons could not afford to take them too lightly, as the fiery Ladyhawks played with emotion, making an upset very possible.

For the Tritons, every game from now on is a playoff game, and opposing records of 9-17 or 17-9 do not matter. Seniors on the team, like Cindy Yamasaki, Pam Contini, Anne Westmoreland, Karli Jungwirth and Sarah Schneider took control and paved the way for a decisive victory.

Just like their game against Pa-

cific Christian (a rescheduled game supposed to have been played on Jan. 6), the Tritons started everything with defense against Christian Heritage. The tough UCSD allowed only 17 points to its Eagle opponents, an amazing number against any opponent.

For every game, Malone has a different defensive strategy, and her assessment of the opposition is almost always infallible. When the Tritons execute, as they did this past weekend, it translates into opponent shooting percentages in the low 30s, and the Tritons wind up getting easy transition buckets.

Against Pacific Christian and Christian Heritage, there were stretches of time lasting several minutes where the Triton defense was impenetrable. Thus, UCSD did not

need to shoot extremely well to build its big leads.

Yet, in the first half against the Ladyhawks, the Tritons did shoot well. They came out fired up and wouldn't let Christian Heritage get into any kind of rhythm, keeping the hostile crowd rather quiet.

At the half the game was basically over with the Tritons leading 44-17. From there the squad was never challenged and the 15-point margin of victory could have been much worse.

The Tritons have three very tough games to finish out their season, but right now they appear headed for the playoffs.

Feb. 15 at Christian Heritage

	First Half	Second Half	Final
Tritons	44	40	84
Eagles	17	42	59

Karli Jungwirth: 14 points, 8 rebounds
Krista Poehler: 9 points, 6 rebounds, 3 assists, 3 steals
Tristen Teasdale: 10 points, 6 rebounds

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Dennis Rodman runs into a photographer in his first game back from suspension and doesn't kick the guy. Watch for the mini-series on NBC. (2/18)

Skater Tonya Harding is both an asthmatic and an athlete-in-training. She claims she was kidnapped as she was buying a pack of smokes in a bar, but escaped. It has been nearly three weeks since her last national publicity. Not exactly the Linderberg case, is it? (2/18)

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Chapman Slows Triton Train

OVERTIME: The UCSD playoff train was derailed at Chapman University where the hoopsters from La Jolla fell by a bucket in a 81-79 overtime loss

By Kevin McLaughlin
Senior Staff Writer

The UCSD men's basketball team was hurtling along like a bullet train. Comfortably winning most games with a dazzling display of inside muscle and outside shooting, the men appeared nearly unstoppable. A victory over highly touted Master's College last Saturday only heaped more coal in the engine of a locomotive that seemed bound for playoff glory.

But alas, this train of destiny ran into Chapman University on Friday night and got knocked off track. Already having beaten Chapman at RIMAC three weeks earlier, the men were hoping for a similar victory, but instead saw their playoff hopes suffer a severe derailment in an 81-79 overtime shocker.

"We started off kind of slow in the first half, but we came out strong after halftime," sophomore guard Nick Maroutsos said. "Maybe we let up a little bit. I wouldn't say that we folded,

but it was just a weird game. We knew Chapman was a tough team, we just didn't keep it going."

The men have often been able to shoot themselves out of trouble this season, and they managed to launch three-pointers against the Panthers at a 50 percent pace. Never bashful behind the stripe, Maroutsos shot five of 10 from downtown to lead the team. However, the Tritons shot only 47 percent overall from the field in the game and could not make the shots to protect their lead down the stretch.

Matt Aune led the Tritons as usual, scoring 22 points, grabbing nine rebounds and leading the team with four assists. It was a tough night for swingmen Mike Thimgan and Mike Wall, who have averaged 15 and 16 points per game, respectively.

Thimgan shot only four times and finished with three points in 37 minutes while Wall, coming off a season-high 31 versus Master's, shot four of 12 for nine

points.

It was a dismal evening for the Triton train that had looked so unstoppable. In winning four in a row at home, the men were easily outdistancing their opponents with exceptional rhythm and dagger-like shooting, and had proven capable of continuing that pace on the road.

Perhaps a bit overconfident after their recent win streak, and perhaps ambushed by a vengeance-minded team with nothing to lose, the men's squad has to nurse its wounds.

The Tritons return to battle this Friday, when they travel to parts north to battle the Menlo Oaks, a team they dismissed easily at home. In the wake of this devastating loss, the men should definitely have revenge in mind and keep hope for the playoffs alive.

Feb. 14 at Chapman

	1st Half	2nd Half	OT	Final
Tritons	34	39	6	79
Panthers	37	36	8	81

Matt Aune: 22 points, 9 rebounds, 4 assists
Nick Maroutsos: 19 points, 4 rebounds, 3 assists
Mark Sebek: 15 points, 8 rebounds

TWO: LBSU is second victim

Continued from page 20

The team tried seemed to work as the 49ers charged out to a 9-1 lead. Facing a Long Beach squad that realized the bind that they were in, UCSD was only able to score one more point before the 49ers closed the door in the game, 15-2.

As the fifth game began, the Tritons found themselves with a severe case of *déjà vu*, facing the exact same situation that they had against USC.

Before the start of the final game, McFarland and assistant coach Rob Thomas made a critical decision to continue to use the aggressive jump serves despite the rally-scoring format. The gamble paid off immediately as Mai scorched an ace between two Long Beach defenders.

A kill by Yarris, a block by Minehan and two critical errors by the 49ers gave UCSD a 5-1 lead. After a Long Beach timeout, the Tritons kept the pressure

on with an offspeed kill by Yarris and a tough serve from Minehan. But the 49ers would not go without a fight and stormed back to within one point.

The two teams exchanged points until Long Beach was called for an error in the net and Mai put a soft shot over the 49er block. UCSD would not allow its guests to get any closer. With the crowd on its feet, the Tritons had their second historic win in less than a week.

"No Division I school will take us lightly again," Minami said. "We've earned the respect we've been trying to get."

The Tritons travel to Loyola Marymount today in search of an unprecedented third-straight win. But the big match looming ahead is when the University of La Verne visits RIMAC on Feb. 21. UCSD will look to avenge an early season loss to the Leopards and secure its spot as the West Coast representative to the Division III National Championships to be held in Juniata, Pennsylvania April 4-5.



Angle: Guy Mount fires cross court for one of his nine kills.

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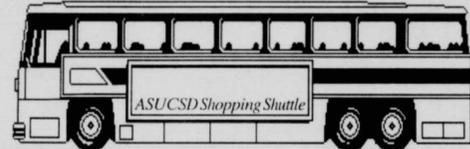
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For more information, call Stanley Liu, 452-5345 or e-mail sra@ucsd.edu

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the @list

the entertainment list for the week of Feb. 17 - Feb. 23

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REALITY BITES

FEBRUARY 19 • WEDNESDAY
- NOON CONCERT • PRICE CENTER PLAZA • FREE -
DIDGINUS

FEBRUARY 19 • WEDNESDAY
- MUSIC • BULL'S EYE/ROUND TABLE • 8pm • FREE -
Brothers Cohen

FEBRUARY 19 • WEDNESDAY
- CONCERT • RIMAC ARENA at 8pm • UCSD St. \$15.50 • G.A. \$17 -
BECK plus The Cardigans

FEBRUARY 20 • THURSDAY
- MOVIE • PRICE CENTER THEATER at 7 & 10pm • \$2 -
RANSOM

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GOLDFINGER • REEL BIG FISH • & SPECIAL GUEST
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SPORTS

Volleyball Continues Top 10 Dominance

AGAIN: Coming off an upset win against No. 10 USC, the Tritons continued their historic run by defeating the No. 9 ranked Long Beach State 49ers

By Steve Walsh
Co-Associate Sports Editor

A message has been sent to the Division I volleyball programs in the Mountain Pacific Sports Federation: UCSD is no longer a squad to be taken lightly or to be seen as an automatic win on the schedule.

Following their dramatic upset of No. 10 USC last Wednesday, the Tritons rolled out the red carpet for the No. 9 ranked 49ers of Long Beach State on Saturday night. After the smoke had cleared following two hours and five games of intense play, UCSD had something it had never had before: a winning streak in conference play.

The victory over the Trojans had been UCSD's first ever against a top 10 squad and the Tritons could think of no better way of celebrating the win than by repeating the feat against Long Beach State.

"This is just an unreal feeling," junior opposite hitter Jon Yarris said. "Beating USC gave this team the confidence that we needed and winning back-to-back was just the next step."

As was the case against the Tro-

jans, the Tritons faced a 49er lineup that towered over their own, but they were able to overcome the height disadvantage by using a scrambling defense that has become a trademark for the team.

Despite hitting against a block that had an average height of 6-foot-6, UCSD was able to use a creative offensive attack that featured quick sets, offspeed kills and allowed the hitters to angle shots off the block and out of bounds.

At the start of the first game, the Tritons did not look like a team that was prepared to pull off its second improbable win in less than a week. By the time UCSD Head Coach Duncan McFarland called a time out to settle down his squad, the 49ers had jumped out to a seven-point advantage.

A solo block by senior Matt Minehan and four consecutive service points, including two aces by senior Eric Mai, allowed the Tritons to claw back to within two points. But the Long Beach State frontline proved to be too strong and closed out the game, 15-9.

"I think we came out a little overconfident," setter Satao Minami said. "But we went back to our old style of play and settled down."

The old style of play seemed to

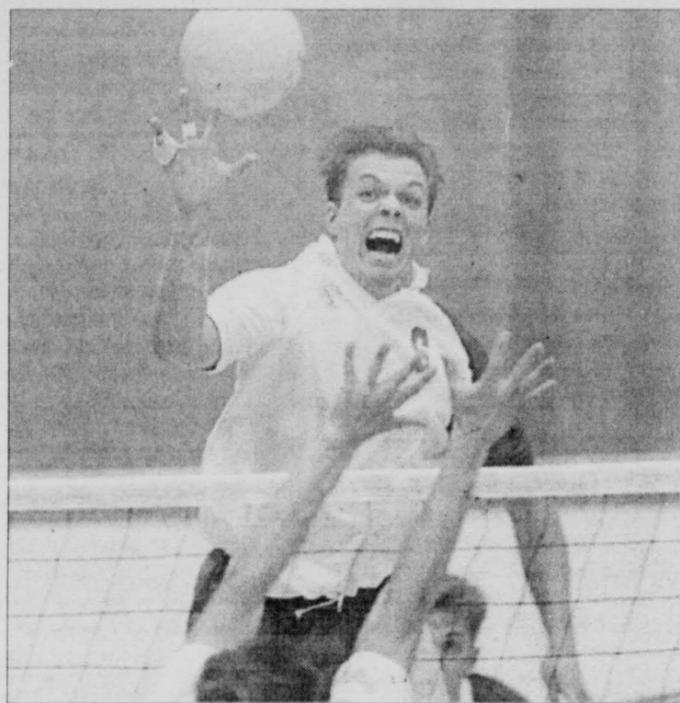
suit UCSD quite nicely, as the team found itself in a tight battle for the second game. As they had in the first game, the 49ers again jumped out to an early lead. But this time, the Tritons were not about to go away as easily.

After knotting the score at 5-5, UCSD scored eight unanswered points, including another three-straight service points by Mai, who blasted Long Beach State with his powerful jump serve all night.

With a comfortable lead, the Tritons seemed to place their game on cruise control and allowed the 49ers to fight their way back into the game with five points of their own. Not wanting to see the game slip away, McFarland called a time out to remind the team that they had not won the game yet. UCSD responded by quickly closing out the game on kills by Yarris and Mai.

"I'm amazed by this team," McFarland said. "There have been times during the season where a couple of things go wrong and we weren't able to recover, but tonight we were able to regain our composure and do the things that we needed to do."

At the start of the third game, UCSD was doing everything that it needed to do and more. The Tritons



Claire Schneider/Guardian

Intense: Senior Eric Mai goes offspeed over the 49er's block.

opened the game with an unlikely scoring combo when Mai put away a set from middle blocker Minehan. Pressed into duty on the play, the 6-foot-4 center of the frontline put up a perfect set that had the Triton bench cheering.

Blocks by Guy Mount, Minehan and Mai along with a rare kill by Minami put the Tritons up 8-0. The Tritons continued to apply the pressure to Long Beach, not wanting to allow another comeback opportunity. The 49ers battled back regardless, closing the gap to 13-10.

Just as things appeared to be moving in Long Beach's direction, Mount came up with a solo block that put UCSD back into the driver's seat with game point. The Tritons went back to Mai to close out the game and found themselves needing only one more game to take the match.

Back-to-Back...

Feb. 16	1	2	3	4	5	T
49ers	15	11	11	15	12	2
Tritons	9	15	15	2	15	3

Mai, E. 23 kills, 4 aces
Yarris, J. 17 kills, 4 digs
Minehan, M. 10 kills, 2 blocks

The fourth game was not kind to UCSD. Coming off the emotionally charged win in the third, the Tritons found themselves stuck in a major let-down. Nothing that See **TWO**, Page 18

Softball Opens Season With A Perfect Record

FAST START: Pitching in her first collegiate game, Erin Flanagan threw a no-hitter as UCSD improved its record to 4-0

By Sean Rahimi
Sports Editor

Imagine having to do something for the very first time — sweaty palms and butterflies running circles in your stomach. Whether it's giving a speech in front of a large group or pitching your first-ever college game, nerves play a large part in how the performance will turn out. Consequently, it is now clear that freshman pitcher Erin Flanagan has nerves of steel.

Pitching in her first-ever collegiate contest, Flanagan threw a no-hitter at Whittier College, helping the UCSD softball squad to a 4-0 start.

The Tritons traveled to Occidental and Whittier on Friday and Saturday, respectively. UCSD dominated the Tigers on Friday afternoon, taking the first game of the doubleheader, 5-2, while making the sweep complete with an 8-1 blow-out in the nightcap.

Staying in the Orange County area for one more day, the ladies traveled to visit the Poets on Saturday, and came away with two more victories, 5-0 and 16-3.

Flanagan's outstanding performance came in the opening game of the twin bill at Whittier. The freshman dominated from the start, while teammates put up five runs to give her the win. Flanagan's no-hitter comes exactly one year after Sue Burns pitched a no-hitter in her first

collegiate game to start the 1996 season.

In the second game versus the Poets, freshman Erin Bridges took the starting reins on the mound. Bridges, who played at third base in the first game and crushed an out-of-the-park home run, picked up the win, as every Triton notched at least a hit on the way to a 16-3 shelling.

"Our coaches have been saying that we were ready to play and we came out and played real well," sophomore Mary Jane Otto said. "We have a lot of good freshman this season and even though we haven't played a lot together, we have great teamwork."

In Friday's doubleheader at Occidental, the Tritons looked to senior leadership to get the 1997

campaign on a roll, and Christen Schuler responded. Pitching a marvelous game, Schuler held the Tigers to just two runs while her teammates backed her up with five runs of their own.

Otto started and picked up the victory in the nightcap, as the Triton offense began to pick up steam, scoring eight runs in the al-

lotted five innings.

"We dominated both games," Otto said. "Everyone is stepping up and we're looking forward to making a run at the Western Regionals."

After two years of frustration and disappointment, the ladies and Triton Head Coach Patti Gerckens look poised to make a strong run at the postseason.

A Triton Report Card

- A** **Pitching:** What can you say about a no-hitter? If the ladies can keep this up, they won't need to bother with scoring runs.
- A** **Bats:** I can't help but give an A to this part of the game. Racking up 34 runs in four games averages out to a lot of offense.
- X** **Defense:** Who cares what kind of defense you played when you score 16 runs in only one contest.
- A** **Coaching:** Triton Head Coach Patti Gerckens has seen her hard work over the last couple of years pay off.

THE WEEK-AHEAD

Softball:

Tues., Feb. 18, vs. University of San Diego, at Triton Softball Stadium, 5 p.m.

Men's Volleyball:

Tues., Feb. 18, at Loyola Marymount University, 7 p.m.

Baseball:

Wed., Feb. 19 at Concordia University, 2:30 p.m.

INSIDE SPORTS

13 Women's Water Polo: The Tritons hosted the UCSD Invitational, a showcase of the best polo programs in the country.

15 Women's Basketball: Thrashing two squads on the way to the postseason, the ladies dominated a couple of Christians

18 Men's Basketball: Looking to continue their run to the postseason, the Tritons met with hard times at Chapman.