

# What We've Learned



**Week 9:** Keep calm edition.



## Keep testing and mask on.

Tritons, please continue to **protect and prevent, even post-vaccine**. The real world is not a lab, and intricacies of vaccine effectiveness are being uncovered each day. Until this 'demic is officially over: [wear a mask](#), [physically distance](#), [test weekly and screen daily](#). While you're at it, get schooled by Schooley on [this week's TTT podcast](#). Because sooner is definitely better.



## Surf or serve to prevent a surge.

In 2020, Spring (out)breaks at colleges across the country resulted in COVID surges coast-to-coast. A year later, we're actively planning dozens of **remote and (outdoor) in-person programs** for you to enjoy as you stay safer by staying put. While we finalize our full schedule, RSVP for these [2021 offerings from Recreation](#).



## How to combat Coronsomnia.

We know that nothing's easier during a pandemic (except pulling off cas-leisure wear, and even that's a stretch). For strategies to help with anything from **forging meaningful relationships to getting a decent night's sleep**, we urge you to check out CAPS' free [daily drop-in workshops](#) and [group forums](#). International? [My Student Support Program](#) is available 24/7, wherever you are.



## Everyone should be eligible to eat.

And now — thanks to a temporary CalFresh student rule — **more Tritons will be able to receive food benefits each month**. If you're eligible for federal or state work study — or have a \$0 expected family contribution via financial aid — the Basic Needs Hub can [help you apply](#).



## Vacc us anything.

You have questions about the vaccine. So do we, TBH. For answers to inquiries about **vaccine eligibility, distribution, and more**, please contact [RTL@ucsd.edu](mailto:RTL@ucsd.edu), and visit the Return to Learn [vaccination info page](#) for all the news that's fit to digitize.

## ICYMI

- **What We've Learned:** [Week 8 - Vaccine and herd](#)
- **What We've Learned:** [Week 7 - Testivus for the rest of us](#)
- **For all prior editons, please visit:** [WWL on COVID-19 Info for Students](#)

Thank you, Tritons, for everything you continue to do to care for one another.

Sincerely,

**Alysson M. Satterlund**

Vice Chancellor - Student Affairs

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*Stay Connected • Stay Protected • Don't Get Infected*

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