

PHOTO BY ERIK JEPSEN/GUARDIAN

THE BUZZ KILL



The FDA is threatening to ban alcoholic energy drinks — like Four and Joose — if brewers fail to scrounge up proof of their safety.

Admin. to Move on A.S. Deficit

Student Affairs Office looks to cut Grove Cafe, GSA debt from its financial baggage.

By Reza Farazmand
SENIOR STAFF WRITER

The Associated Students could soon see roughly \$140,000 in debt accumulated by the Grove Cafe reflected on their annual operating budget. Though the Student Affairs Office has absorbed the debt generated by the eatery for the last several years, university officials recently initiated an effort to clear the deficit from their expenses.

According to Student Life Business Director John Hughes, Vice Chancellor of Student Affairs Penny Rue's office recently requested that his department identify any long-running deficits within its operating expenses.

Hughes said the debt accrued by the Grove Cafe, as well as a similar amount hanging over Cafe Vita — the Graduate Student Association's own coffee house in east campus — immediately caught his attention.

"When the university examines its budget and looks at its negative deficits, things like the Grove Cafe jump off the page," Hughes said.

According to Hughes, Student Life Director of Finances Dawn Buttrell asked that he explore ways to remedy the outstanding deficits. Earlier this month, Hughes met with A.S. President Utsav Gupta to discuss transferring the Grove's debt from the university's budget to that of the A.S. Council.

Hughes said both the undergraduate council and the GSA would be able to absorb the deficits accrued by their coffee shops without difficulty, given the scope of their financial resources.

"A.S. and GSA are sitting on large reserves, relatively speaking," Hughes said. "So the vice chancellor's office is saying, 'Why don't you just move that deficit to your own budget?'"

See **DEBT**, page 3

By Sarah Smith
Associate News Editor

After a hectic finals week, college students can turn from Red Bull and Rockstar to a weekend alternative: Energy drinks like Four and Joose are infused with up to 12-percent alcohol, so that reaching the 4 a.m. mark can be a breeze. However, the half-decade old product — a popular and toxic combination — may soon be banned.

The Food and Drug Administration requested evidence on Nov. 13 from all companies that produce alcopop energy drinks — which also include 3AM Vodka and Liquid Charge — that their products are unharmed to consumers.

The FDA has never deemed caffeine safe in any amount when mixed with alcoholic beverages. Under the Federal Food, Drug and Cosmetic Act of 1938, any substance added to food is considered unsafe and unlawful until it has been approved by FDA regulation, and is subject to prior sanction before it can be stamped as Generally Recognized As Safe.

The FDA said in a press release that it was unaware of any existing GRAS under which the beverage would be deemed legal. If alcoholic energy-drink producers fail to provide evidence of either sanctions, the FDA will deem their beverages illegal and halt all sales.

However, a task force consisting of 18 attorney generals from states including California and New York — along with the San Francisco city attorney — are encouraging the FDA to inspect the combination further.

"There is a strong emerging consensus of scientific opinion

that the combination of caffeine and alcohol ... poses a serious public health risk," task force members said in a letter to the FDA on Sept. 25.

Members also recognized that the drink's stimulants — which often include taurine, ginseng and guarana in addition to caffeine — can reduce self-awareness of being drunk, which could lead to an increase in driving under the influence, sexual assault and other alcohol-related crimes.

"You do feel like you're sober when you've been drinking energy drinks and alcohol — even when you're drunk," Eleanor Roosevelt College sophomore Linda Suh said.

According to the FDA statistics, U.S. college students tend to combine caffeine and alcohol 26 percent of the times that they choose to drink.

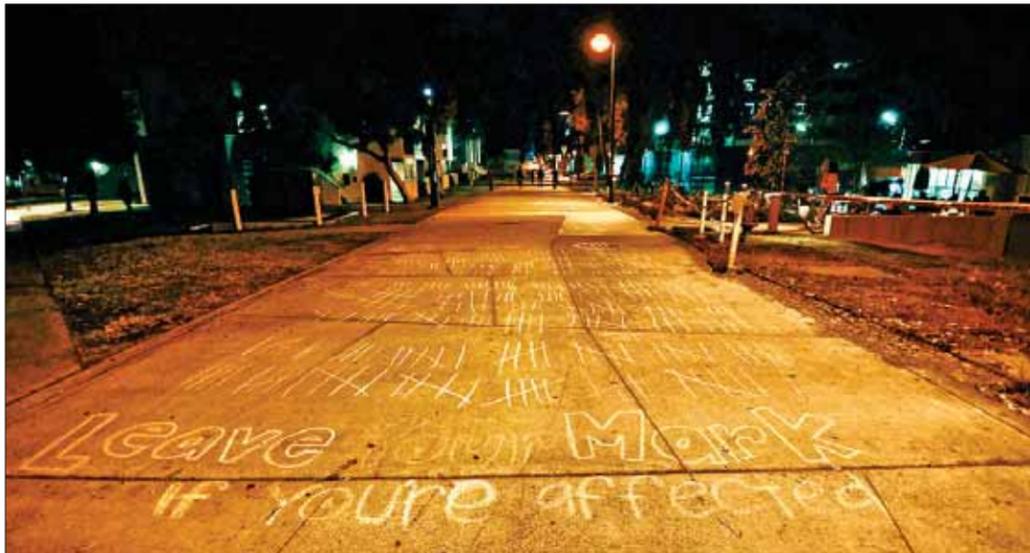
"There [are] always alcohol and energy drinks at parties,"

See **BUZZ**, page 7



PHILIP RHIE/GUARDIAN

SILENCE IS GOLDEN



ANDREW OH/GUARDIAN

Students chalked tallies on Ridge Walk last week to demonstrate the impact of the UC Board of Regents' Nov. 19 fee increase.

North Campus 'Wedge' to Serve As Park

By Megha Ram
CONTRIBUTING WRITER

After 15 years of planning, construction finally began last month to turn the fourth slice of "Wedge" lot — 82,000 square feet of open space in Eleanor Roosevelt College — into a sustainable park area.

The site attracted the attention of student environmentalists last year when the university proposed to turn the space — located just east of North Torrey Pines Rd. — into a parking lot. Organizations like Greeks Gone

See **WEDGE**, page 7

SPOKEN

“After I came back from the Vietnam War, I began protesting against it. It got me interested in the history of militarism and all the things that aren't said about it.”

JORGE MARISCAL
DIRECTOR OF CHICANO STUDIES, UCSD
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FORECAST

MONDAY H 69 L 44	TUESDAY H 66 L 45
WEDNESDAY H 62 L 44	THURSDAY H 66 L 44

NIGHT WATCH

MONDAY	TUESDAY
WEDNESDAY	THURSDAY

SURF REPORT

MONDAY Height: 3-6 feet Wind: 4-9 mph Water Temp: 62 F	TUESDAY Height: 3 feet Wind: 3-8 mph Water Temp: 62 F
WEDNESDAY Height: 3 feet Wind: 3-7 mph Water Temp: 62 F	THURSDAY Height: 3 feet Wind: 5 mph Water Temp: 62 F

GAS PER GALLON

LOW \$2.67 Costco, San Diego 650 Gateway Center Dr. & Market St.
HIGH \$3.47 Chevron, Pacific Beach 1575 Garnet Ave. & Ingraham St.

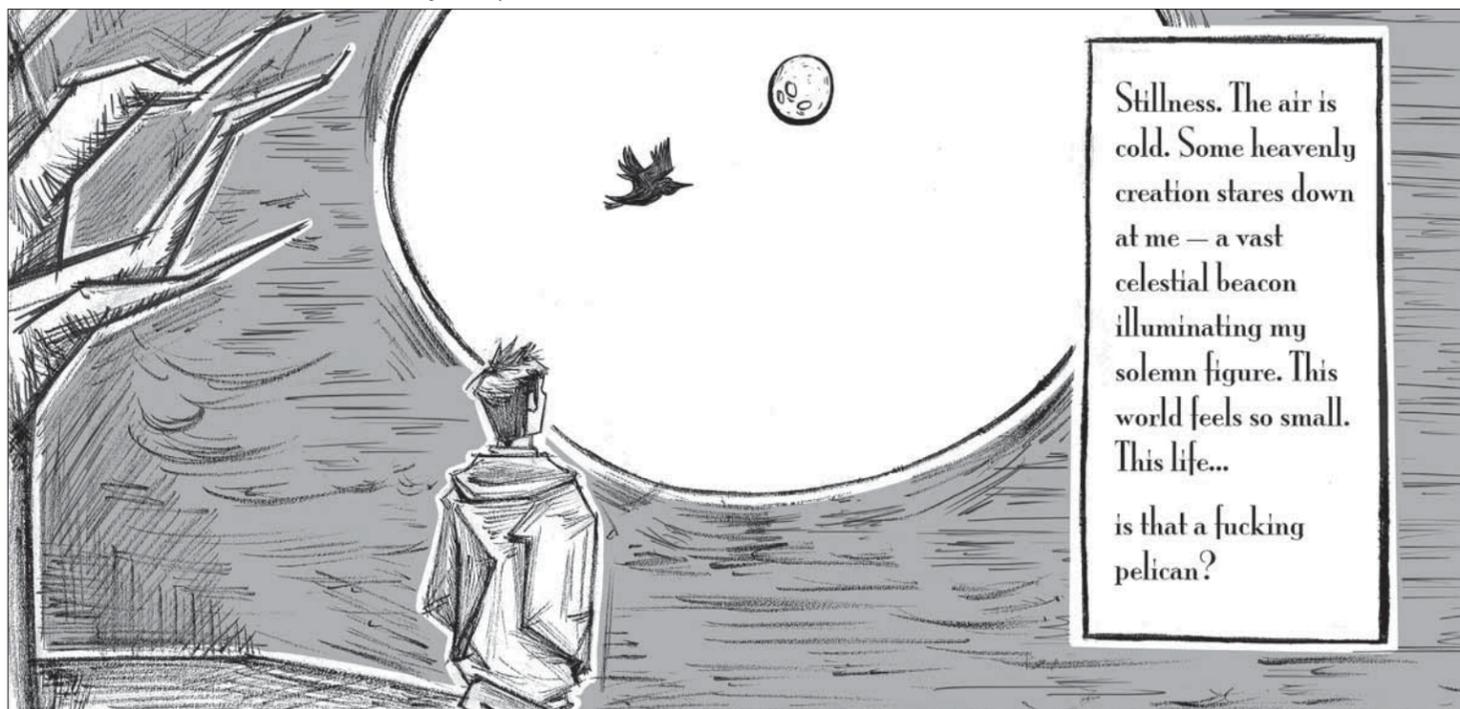
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AS PER USUAL By Dami Lee



BIRDS WITH WINGS By Philip Rhie & Reza Farazmand



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Alaric Bermudez, **Scott Havisik**, **Jenny T. Wang**

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General Editorial: 858-534-6580
 editor@ucsdguardian.org
 News: 858-534-5226, news1@ucsdguardian.org
 Focus: 858-534-5226, features@ucsdguardian.org
 Hiatus: 858-534-6583, hiatus@ucsdguardian.org
 Opinion: 858-534-6582, opinion@ucsdguardian.org
 Sports: 858-534-6582, sports@ucsdguardian.org
 Photo: 858-534-6582, photo@ucsdguardian.org
 Advertising: 858-534-3467
 ads@ucsdguardian.org
 Fax: 858-534-7691

The UCSD Guardian
 9500 Gilman Drive, 0316
 La Jolla, CA 92093-0316
 UCSDGUARDIAN.ORG

SCIENCE AND TECHNOLOGY

Heart Disease Discovered in Mummy Remains

By Angela Chen
 ASSOCIATE NEWS EDITOR

Research conducted by a UCSD professor has revealed the presence of heart disease in Egyptian mummy remains, disproving the common theory that heart disease is a new occurrence caused by unhealthy modern lifestyles. Michael Miyamoto, a doctor at the UCSD School of Medicine, journeyed to Cairo, Egypt in February

2009 as part of a team of scientists that analyzed the remains of 22 mummies taken from the Egyptian National Museum of Antiquities. The mummies dated from 1981 B.C. to A.D. 334 and, on average, were age 45 when they died. "The mummies were selected based on how well preserved they were, carried to trailers around the rear of the museum and then later collected and reviewed [for] information," Miyamoto said.

Using computed axial tomography scans, the team discovered that 16 of the 22 mummies showed the presence of calcium within the soft tissues deposited in blood vessels. Nine of the 16 had blood vessels containing calcified plaque, which is an indicator of a form of heart disease now known as atherosclerosis, or hardening of the arteries. However, the presence of plaque was not discovered within the major coronary arteries such as the aorta.

The finding disproved the prior notion that heart disease was purely the result of activities such as smoking and an unhealthy lifestyle. The discovery of heart disease in ancient remains opens the possibility that humans have a genetic predisposition for heart disease, although Miyamoto said that an unhealthy lifestyle may still have contributed to the atherosclerosis.

See MUMMIES, page 7

Transportation Services
UC San Diego

word on the street

Dec. 14-18

Arriba/Nobel Cityshuttles will run every 15 minutes between 7 a.m. and 7 p.m.

The Coaster, Hillcrest/Campus, Hillcrest/Old Town and Torrey Pines Center shuttles will maintain normal schedules.

Campus Loop and East/Regents shuttle service will be suspended. Reduced-price permit holders may park in any campus lot.

Mesa shuttles will run every 30 minutes between 7 a.m. and 9 p.m.

The SIO shuttle will run every 15 minutes between 7:15 a.m. and 7 p.m.

Dec. 21 through Jan. 1 (excluding holidays)

Arriba/Nobel Cityshuttles, Campus Loop, Coaster West, East/Regents, Mesa, SIO and Torrey Pines Center shuttle service will be suspended.

The Coaster East will stop at Sorrento Valley, Gilman Drive/Myers Drive and Thornton Hospital only with morning service from Sorrento Valley from 5:49-8:15 a.m. and afternoon service to Sorrento Valley from 3:40-7 p.m.

Hillcrest/Campus shuttles will run every 45 minutes between 6 a.m. and 9 p.m. and will include service to Old Town Transit Center. The first Thornton Hospital departure will be at 6 a.m. and the last departure will be at 8:15 p.m. The first Hillcrest Medical Center departure will be at 6:45 a.m. and the last departure will be at 9 p.m. All shuttles will stop at Old Town Transit Center approximately 25 minutes after departure from Thornton and approximately 15 minutes after departure from Hillcrest.

holiday shuttle schedule

A&PS Marketing & Communications

LIGHTS AND SIRENS

Friday, Nov. 20

10:30 a.m.: Welfare check

► The Graduate Student Office voiced concern for the welfare of a student with a history of depression.

11:46 p.m.: Domestic violence

► An intoxicated Asian male with an "Asian wing design" on the back of his shirt was reported as abusing a resident at Brennan Hall.

Saturday, Nov. 21

2:24 a.m.: Trespass

► Two subjects were seen "jumping the fence" of a construction site near the Village buildings.

7:12 a.m.: Suspicious person

► A 40-year-old homeless black male was reported as talking to himself at the Commuter Lounge, claiming that the UCSD "faculty [is] screwing minorities."

8:40 p.m.: Argument

► A 20-year-old white female with blonde hair was reported as "looking in pain" while sitting in a stairwell at the Muir apartments. *Unable to locate.*

11:21 p.m.: Harassing phone call

► A female student reported receiving messages on her answering machine from an unknown male, stating "two days" on Thursday, and "one day" on Friday.

Sunday, Nov. 22

12:35 a.m.: Citizen contact

► A subject was seen "throwing trash cans" at Café Ventanas.

1:44 a.m.: Report of battery

► An unknown subject reported receiving a bloody nose after being punched in the face at Porter's Pub.

6:21 p.m.: Report of grand theft

► A flat-screen plasma television was stolen from Middle of Muir from an unknown subject who "broke in through the back door."

9:00 p.m.: Injury

► A male was reported as "bleeding from the head" after a skateboard

accident occurring at Frankfurter Hall.

Monday, Nov. 23

12:35 a.m.: Medical aid

► A 19-year-old female was reported as breathing irregularly after having a panic attack at Discovery Hall.

1:15 a.m.: Medical aid

► A female student was reported as fainting four times in 90 minutes at the Sixth College apartments.

3:44 a.m.: Noise disturbance

► A resident of the Miramar St. apartments reported hearing a "beeping noise" from her roommate's locked bedroom.

12:17 p.m.: Animal call

► A small dog was reported as possibly "in distress" after being locked in a vehicle with the windows "slightly cracked" for an unknown amount of time. *Unable to locate.*

2:35 p.m.: Citizen contact

► A 65-year-old white male with a heavy build, recently released on parole from prison, was reported as threatening to murder his wife if she "goes through with their divorce."

2:46 p.m.: General disturbance

► A member of the Koala student newspaper was reported as calling a passerby a "bitch" after she politely refused a handout of the newspaper on Library Walk.

3:37 p.m.: Citizen contact

► A fraternity member was suspected of fraud after failing to "get a receipt for all the cash" donated at a charity fundraiser for children's literacy.

Tuesday, Nov. 24

3:27 p.m.: Argument

A black male wearing a tan sweatshirt and an Asian female wearing a blue sweatshirt were seen fighting at York Hall. *Quiet on arrival.*

— **Compiled by Sonia Minden**
SENIOR STAFF WRITER

THE NEW PARKING PROBLEM



FOCUS
There ain't room on this rack for the both us.

JOHN HANACEK/GUARDIAN

Tethering their two-wheelers to tree limbs and fence posts, bicyclists have begun parking their eco-friendly rides to anything their locks can latch onto.

A.S. Council Will Take on \$140,000 Grove Debt

► **DEBT**, from page 1

The A.S. Council manages a total operating budget of over \$3.1 million each year, the majority of which is derived from a quarterly student activity fee. Additionally, the council possesses a reserve fund of roughly \$1 million.

"It's a pretty logical choice for [the university] to ask us to bear the burden of our own debt," Gupta said.

The A.S. Council and the GSA both operate as university departments. Much of their finances are managed by the university, including payroll for A.S. and GSA staff members and long-term financial investments, which are carried out by the UC Office of the President.

Their department status also ren-

ders all debts accrued by certain A.S. and GSA enterprises the immediate financial responsibility of the university. Though the Grove Cafe is technically owned and operated by the A.S. Council, the eatery's sizeable debt is not currently reflected in the council's budget. Instead, it is reflected in a university account.

According to Hughes, the university is willing to support departmental debts to a certain extent, but these deficits eventually begin to yield negative financial repercussions for the university if they are allowed to grow too large.

This concern arises specifically when considering the university's Short Term Investment Pool — a program through which UCOP financial

managers annually invest departmental revenue from each campus, then transfer two percent of any returns back to the departments. When the university carries deficits — such as those of the Grove Cafe and Cafe Vita — they reflect negatively on departmental STIP returns.

According to Hughes, by maintaining a Grove deficit on its budget, the Student Affairs Office loses roughly \$2,800 each year in STIP funds. Though the figure is relatively small in comparison to the university's total operating budget, Hughes said clearing the budget of deficits is simply good bookkeeping.

Gupta said he believes the uni-

See **DEFICIT**, page 7

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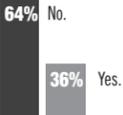
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WEB POLL
WOULD YOU PAY AN ADDITIONAL \$4.47 PER QUARTER TO FUND THE LOFT?
OUT OF 33 VOTES



OPINION

CONTACT THE EDITOR: opinion@ucsdguardian.org

OUT OF CONTEXT

“It’s really refreshing to see the government performing its duties once again.”

GEORGE HACKER

ALCOHOL-POLICY DIRECTOR, CENTER FOR SCIENCE IN THE PUBLIC INTEREST

A Home-Cooked Meal Don’t Trump Latin Loving

I’ve never considered myself the cooking type. Before picking up this column gig, tossing around a pigskin was the closest I’d come to handling cured meat.

But making a meal from scratch for a hot date still seemed an appropriate gesture from the sort of accomplished young man I pretend to be (you know, the kind of guy you take to a family dinner, and that your grandma can hug). With visions of being that pseudo-sophisticated boyfriend, I pulled on my argyle sweater and hopped online to peruse a selection of romantic recipes.

Kitchen Accomplished

VISHAL NATARAJAN

vnataraj@ucsd.edu



Who, you ask, was the intended recipient of my culinary spoils? We’ll call her Paula — a girl I was introduced to through a high-school friend. OK, so it was a blind date. Luckily, she passed the initial Facebook screening. From what I learned from our mutual friend and her profile, she had just returned from a semester of teaching English in Peru — meaning, of course, that she was a cosmopolitan lady with a cultured palate.

Now, to impress her with my feigned mastery of world cuisine. In order to accommodate my fledgling abilities in the kitchen, the dish needed to be complex in taste yet simple in preparation. With the given criteria, I decided to make *aji de gallina* — a dish Paula must have known well after her time in Peru. *Aji de gallina*, simply put, is chicken in a cream sauce. Its basic ingredients are skinless chicken breast, coarsely chopped onion, chopped carrots, garlic cloves, white bread, Parmesan cheese, walnuts, ground turmeric, eggs, milk and the requisite *aji amarillo* chili paste. List in hand, I headed down to Whole Foods Market (nothing says “cultured young gentleman” like overpriced free-range chicken) to gather the ingredients for my swoon-worthy entree.

ONLINE

Salivating for a creamy chicken breast yet? Browse Vishal’s Peruvian recipe in full.

Three hours before Paula’s anticipated arrival, I started in on the *aji de gallina*. First, I placed the chicken, onions, carrots and garlic in a large saucepan and brought them to a simmer with a bit of water. Once it began to really crackle, I skimmed the foam off the top, reduced the heat, covered the pan and let the chicken continue to simmer until tender. Then I removed the chicken from the pan and let it cool on a plate.

I strained the chicken stock, removed the vegetables and put them in a blender with cubed pieces of white bread and milk. After blending until smooth, I added the walnuts and Parmesan cheese and again pureed in a cream. Once the chicken cooled, I shredded it and discarded the bones. (After it’s boiled, chicken shreds pretty easily — even for me). Then I heated the vegetables in a separate saucepan, adding minced garlic and onions. I stirred until the garlic appeared trans-



KIM CYPRIAN/GUARDIAN

Blame It on the Joose

Just when we finally acquired a taste for caffeinated alcopop, the Food and Drug Administration decided to crash our spiked-energy-drink party. But they seem to have forgotten there’s always a back door. By Alyssa Bereznek

NATIONAL NEWS — Last week, the Food and Drug Administration sent a group of alcoholic-energy-drink producers a hostile warning: either prove their efficient beverages harmless within 30 days or face product discontinuation.

But before the FDA adopts such a righteous approach to the caffeine-plus-alcohol buzz, it should consider the craftiness of the product’s No. 1 fans.

Not to mention the logical sore thumb in this situation: If the FDA were to ask all the alcoholic beverage and tobacco companies in the country for proof that their products were harmless, we’d be facing Prohibition: Part Two in 30 days flat.

Then there’s the fact that mixing depressants like alcohol with stimulants like caffeine isn’t a novel concept. We’ve been Irishing up our coffee far too long for the FDA to label the alcoholic energy drink a concerning new craze.

The FDA wants to eliminate fizzy fruit-flavored beverages like Joose — which contains about 4 percent more alcohol than your average Budweiser — for two reasons: They make people feel less impaired than they actually are, and those people are usually young. And, though this might be a farfetched assumption, it’s likely FDA officials don’t think young people can handle their shit.

For the most part, the FDA’s right; young people are serious drinkers. According to a 2008 study from the National Institute on Alcohol Abuse and Alcoholism, adults aged 18 to 24 are the most likely to participate in “high risk” drinking — something you could have inferred yourself after a highly vomitous freshman year.

And it seems like any beverage that tastes like grape soda has a pretty sweet Von-Dutch rip-off aesthetic and — most importantly — will get you twice as drunk as Bud Light must be stopped, for the sake of the children. Except

See **JOOSE**, page 5

QUICKTAKES

White-House Party Crashers

Uninvited to the Obamas’ first State Dinner, crafty couple Tareq and Michaele Salahi squeezed past security in hopes of achieving quick reality-star fame. After lucking their way through Secret Service security measures, the “Real Housewives” hopefuls hilariously rubbed elbows with most prominent political figures in the country — including Barack and Michelle themselves. But can we just dismiss this trespass as a harmless publicity stunt?

Time to Move the Spotlight Off Two Attention-Starved Pranksters

The Salahis’ tacky breach of White House security is certainly cause for alarm. But in this particular case, we can only roll our eyes at the amount of media attention being projected onto another fame-starved housewife, and move on.

Consider who is truly culpable in the situation — one single, blundering, missing security guard holding the event’s official guest list. He wasn’t there to differentiate between the chest-hugging cocktail dress of the particular cougar who was actually welcome at the event and Michaele Salahi’s slinky red sari. So why not just fire the lackey and get on with our lives?

Whether or not the media continues to squeeze the life out of Security-Breach Barbie, it’s guaranteed the Secret Service won’t be letting any more trespassers breeze past the White House gates. So, let’s forget the security goof and get back to the world of real problems being relegated to page two.

— Kelsey Marrujo
SENIOR STAFF WRITER

It’s Not a Crime to Party With the President. Wouldn’t You?

Last Tuesday’s average-Joe White House intrusion may have pointed out potential for disaster, but it boils down to little more than a harmless and lighthearted publicity stunt.

By muscling their way into a state dinner, Michaele and Tareq Salahi were only taking desperate measures to earn their 15 minutes of fame — and to shop their story out to the highest bidder (to the ludicrous tune of \$500,000).

In the words of the couple’s own attorney, Paul Morrison: “They just went to a party. They didn’t do anything wrong.”

Though Morrison’s judgment is questionable (the U.S. Constitution may not explicitly forbid party-crashing, but in this case, it’s kind of a no-brainer), the Salahi couple had no extremist political agenda to fulfill — only a prized spot on the Bravo network’s “Real Housewives of DC.” That just makes them cooler than you.

— Cheryl Hori
ASSOCIATE OPINION EDITOR

Secret-Service Failure Must Be Taken As Serious Threat

It’s tempting to dismiss the Salahi case as two forgettable limelight-seekers striving to fit the deranged reality-star mold — but if a pair of airheads could pull it off, imagine what someone could do with a real plan of attack.

Even though the couple’s sneaky entry into the White House could be blamed on simple human error (even with stealthy headsets, Secret Service agents are, after all, still just people), when it comes the safety of the rulers of the free world, there’s no room for mistakes.

As the first African American president in U.S. history, President Barack Obama faces massive danger — in fact, according to CNN, since he took office, presidential death threats have risen 400 percent. It may not have been a crime for the Salahis to strut their way into the Oval Office, but it’s inexcusable that anyone fortunate enough not to be halted by a guest-listing doorman could get through the rest of security without so much as a “Have a nice evening.”

— Trevor Cox
OPINION EDITOR

A DROP FROM THE INKWELL By Priscilla Lázaro



Try Sampling the Love Connection Before Shelling Out at Whole Foods

► **KITCHEN**, from page 4

lucent, then added the chicken and *aji amarillo* until the dish heated through. Finally, I threw in the bread puree and cooked it until hot, seasoning with turmeric along the way.

The divine taste of a dish, of course, is only a minor detail when it comes to blind-date strategy. Both my personal presentation — and also the dish's — were of utmost importance. I placed the burnt-orange *aji de gallina* in a matching bowl and served it next to some rice and hard-boiled egg.

As for myself, I settled on a striped brown-and-orange sweater over pressed khakis, complementing the colors of the main dish without creating the illusion that my outfit was inspired by a creamy chicken breast.

Smooth. One heavy knock later, Paula had arrived with a bottle of wine. Unfortunately — despite her

best efforts — the wine, dinner and my awesome sweater were the only consolations of the night. I thought that preparing a Peruvian dish would be a nice ice-breaker in

a typically awkward situation. However, the dish selection only served to remind her of her first time trying *aji de gallina*, when she began a fling with a strapping young lad called Paolo — who, by the end of the night, I came to know far too much about. (Turns out he gave her the real *authentic* South American experience.)

Now, thanks to Paula (and Paolo), I at least know it's best to hold off on the dinner-at-home invite until the third or fourth date, after you've confirmed that there's at least some semblance of chemistry.

Now, thanks to Paula (and Paolo), I at least know it's best to hold off on the dinner-at-home invite until the third or fourth date, after you've confirmed that there's at least some semblance of chemistry at each end of the dinner table.

As for my next blind date, Domino's and a 12-pack of PBR should do the trick.

Canning the 3Sum Won't Stop the Binging

► **JOOSE**, from page 4

that banning alcoholic energy drinks overlooks one detail: There's still nothing to stop us wily college kids — or any old bartender, for that matter — from mixing Red Bull with Smirnoff and calling it a night.

One of youth's favorite activities is breaking petty laws — downloading trilogies, stealing eye drops, smoking the reefer, speeding, owning ferrets — you name it. So what's to stop us from brewing our own Four Loko-inspired, modern day moonshine? We're just a hop, skip and a Rockstar away from rocket-charged jungle juice.

Banning alcoholic energy drinks because they're marketed to young people follows the same logic as eliminating Victoria Secret's Pink line because it encourages underage girls to have sex. It assumes the worst about the product without placing responsibility in the hands of the sinner.

If FDA officials respected everyone's god-given right to make poor health choices — not just crusty, whiskey-sipping chain smokers' — they'd get out the party and stop threatening to dry up our Joose supply.

But since they've already sent out an official warning, the FDA should at least do something useful with its power. Why not slap a Surgeon General's warning on every can, warning against the effects of combining alcohol and caffeine (and add a fat sales tax to boot). A higher price might encourage some Four fans to settle for Natural Light, and the money collected from all those already hooked on alcoholic energy drinks could go toward youth-targeted drunk-driving prevention programs like Every 15 Minutes. Or hey, maybe all that drunk pocket change could save the future of the University of California. Anything would be better than sweeping the whole mess under the rug with all those other forbidden things we still use.

Also, avoiding a complete ban of the beverage would allow the FDA to influence ingredients and alcoholic content — regulations that would fall to the wayside once students mix their own shoddy home-brews.

It's about time our government got realistic about all the sinful temptations in this world. Kids have sex. They smoke pot. And they drink Joose. It's all a matter of guiding — not forcing — us to practice healthy behavior. And even if educating our generation seems like a lost cause, at the very least they could save up to impart some wisdom on the next one.

Readers can contact Alyssa Berezna at aberezna@ucsd.edu.

LETTER TO THE EDITOR

'Best of' Issue Insulted Art of Espresso

Dear Editor,

I am writing in response to the inclusion of the "Best Mini Coffee" in the *Guardian's* Nov. 19 issue. In full disclosure, I am a columnist for San Diego *CityBeat*, which just ran its own "Best of" issue, and I'm also married to one of the owners of the Art of Espresso.

I find it perplexing that you chose to include a biting, juvenile review of the Art of Espresso under the "Best of" stamp. Hello, editors? Did you take the day off when Chris Kokiousis turned in his work? The author clearly thinks he was being edgy and smart in his commentary, but he really only served to up his own "douche factor" with his backbiting blurb.

Perhaps he was aiming to diss the Art of Espresso, but instead he insulted Art of Espresso customers — the faculty, staff and student "assholes" who frequent it — simply for carrying an eight-ounce "I'm a dick" cup of coffee. (Incidentally, eight ounces is the proper size of a traditional cappuccino.) I can only assume you went to press before the announcement that student "assholes" will be paying 32 percent more for tuition next year. But your writer had to have been aware that the "assholes"

comprising the faculty and staff have been hit in the pocketbook by furloughs. Not everyone on campus has the financial ability to purchase expensive coffee drinks, and the Art of Espresso recognizes this. They go to great lengths to keep costs low without compromising quality or service; certainly, you won't find the honor-system basket on every counter in the city.

People buy their coffee — mini or otherwise — at the Art of Espresso not because they want to offer a "midget middle finger to conformity" (though that sure is a cute bit of writing trickery). They go there because the product is good and consistent, the service is personable and the prices are low. *Those* are the qualities that should be enumerated in a "Best of" issue.

— Aaryn Belfer
Columnist, San Diego *CityBeat*

► *The Guardian welcomes letters from its readers. All letters must be no longer than 500 words, typed, double-spaced and signed with a name and applicable title. Letters must also contain a phone number. We reserve the right to edit for length and clarity. Letters may be dropped off at the Guardian office on the second floor of the Student Center or e-mailed. Send all letters to:*

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Ask the Pastor



Ask the Pastor is a ministry of La Jolla Christian Fellowship (www.lajollacf.org). You are invited to send your questions or feedback to Dr. Clay Ford at pastor_clay@lajollacf.org.

Q: Why Should I believe in God?

A: PART 3 It was Spring Break at Daytona Beach. I was lying on the beach, enjoying the sun's rays and a happy buzz from some brew. I was 20 years old, a junior at Davidson College in North Carolina. A song by "The Turtles" came on the radio, and I laughed with joy as they crooned their tune: "So happy together, how is the weather...". For some reason those words struck me funny. "So happy together", seemingly sincere words to one genuinely cared about. Then, "how is the weather?", which sounds so trite and shallow. I laughed because the two swings, from apparent sincerity and depth to superficiality and triviality, typified my life. I was living life like it was an absurd silly game, drinking and partying, living the wild life, no purpose, no goals. I wasn't a Wild Life major academically, but certainly was socially. Suddenly, as I listened to the music, my mood changed dramatically, from contentedness with the meaninglessness of my life, to alarm about the same. It was an awakening of sorts that set me on a quest. I made a decision that day on the beach: "There must be a meaning to life, and I intend to find it."

The words of Jesus came to my mind, "I am the Light of the world. Whoever follows me will never walk in darkness, but will have the light of life" (John 8:12 NIV). Those words greatly intrigued me. Was Jesus crazy, delusional? Was He a legend created by overzealous followers? Or was He God in flesh, Truth incarnate, grounded in a Truth I had never experienced before? Back at college, I signed up for a course the next semester entitled, *The Life and Ministry of Jesus*, taught by an agnostic. As I read the books and the gospels, I became utterly amazed at the Person of Jesus. Although at that time I did not believe in the reported miracles or in His resurrection from the dead, still I was drawn to Him as the most intriguing and amazing person I had ever known about. His power, His authority — never used for His own benefit; His love and identification with the least, the last, the lost, the lonely, the "losers"; His authenticity, genuineness, confidence in who He was and what His life was about; His teachings, His heart, His passion. The more I read, the more excited I became. "Jesus is amazing...Jesus is AMAZING!!!" I became obsessed, in a positive and exciting sense, in my quest to learn all I could about Him. I felt like a man in the desert, looking for water — and I could see what looked like a wonderful oasis. But could it be a mirage? I had to know — "Is Jesus Christ a mirage, or is He the REAL THING?"

It was three days into Christmas break my senior year at college. I had stayed over to work on a paper about Jesus. I remember reading something like this in one book: "Jesus wasn't saying to believe this creed or that set of ethics. He was saying, 'Give me your life! Follow me, Either — Or, Yes or No, paint or get off the ladder!'" My heart responded and I poured out all my pent up feelings and thoughts. "Yes! Yes, Jesus — I want to follow You, I want to be like You. You are my Hero... Yes! Yes! Yes!" At that point an amazing thing happened, something that completely changed my life. A veil in the spiritual realm was lifted, and God's love powerfully engulfed me. I felt an incredible sense that I was known and cared for by an infinite, personal Spiritual Being. "God is! Life matters! It has meaning! There is a purpose for my life!" I wept on and off for days. Jesus revealed Himself to me, personally — to my heart, my mind, and my spirit.

I believe that if God did that for me, He will do that for you. If He loves me, He loves you. If He created me and has a purpose for my life, He created you and has a purpose for your life. Some believe we can create our own reality, at least in the spiritual realm, and that all our ideas and beliefs are equally valid. But God either exists or He doesn't, regardless of what you or I believe about it. Let me close with a question to you: If God exists, and if He reveals Himself to you in a way that is unmistakable to you, are you willing to accept Him? If Jesus Christ is God incarnate, the hope of the world, do you want to know it and will you follow Him?

Next article: "COMPELLING REASONS WHY YOU SHOULD BELIEVE IN GOD."

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Med Student: Heart Disease Not a Modern Development

► **MUMMIES**, from page 2

"Unhealthy lifestyle may have been an indicator of the heart disease since people who could afford to be mummified typically had high socioeconomic status," Miyamoto said. "They were people who worked in the courts, priests [and] other high places and they likely had a much more calorie-rich diet which included salt and meat."

Despite the relatively small sample size, heart disease was not uncommon. The presence of atherosclerosis was detected in both sexes within the designated age range. Miyamoto said it was difficult to estimate the level of atherosclerosis in relation to modern humans since the levels varied widely, but that the basic vascular appearance was very similar.

Miyamoto stressed that although genetic predisposition may be a factor contributing to heart disease, the discovery does not give people license to ignore the positive effects created by a healthy lifestyle.

"It's very important for doctors to take this information and say that yes, we may be predestined, but environment is equally powerful and we need to make positive changes to ensure our health," Miyamoto said.

He emphasized the importance of lifestyle changes — such as quitting smoking and eating a low-fat diet — in fighting heart disease.

"We don't want people to look at this discovery and have a fatalistic attitude," he said. "In fact, we want it to be the opposite: tell patients that have these dispositions [that] we have to concentrate on what we can



COURTESY OF MICHAEL MIYAMOTO

Computed axial tomography was used to scan the 22 Egyptian mummies to detect signs of atherosclerosis, or hardening of the arteries, in heart tissue. Sixteen of the 22 mummies showed signs of heart disease.

do to optimize lifestyle choices to extend life. We can still change our risk of heart disease."

The team members plan to return to Cairo later this year in order to study mummies from lower socioeconomic classes to determine

if hardening of the arteries is present in that demographic as well, as well as to discover if it is present in coronary arteries.

Readers can contact Angela Chen at shchen@ucsd.edu.

Alcopop Brewers Told to Prove Product Safety or Stop the Show

► **BUZZ**, from page 1

Eleanor Roosevelt College sophomore Danielle Jenné said. "It's ineffective to try to stop something that's going to happen anyway. The government needs to mind its own business."

Twenty-seven drink manufacturers — including United Brands Company, Inc. and the P.I.N.K. Spirits Company/Prohibition Beverage Inc. — have been given 30 days to comply with the FDA's request. They must supply evidence that their products are previously sanctioned or GRAS — or they will be outlawed.

Suh said she is unsure a ban on alcoholic energy drinks would discourage college students from con-

suming a mix of alcohol and caffeine — even if they are not packaged and sold together.

"People mix alcohol and Red Bull at parties all the time," Suh said. "A ban on alcoholic energy drinks won't change that. It's just a waste of time."

Revelle College sophomore Nancy Carmona agreed that banning alcoholic energy drinks should not ease the fears of the FDA or the task force.

"Instead of completely banning the drinks, the government needs to spread awareness of the effects of mixing those two substances," Carmona said. "That way, people can be responsible for their actions, since

they're going to be mixing the two anyway."

The FDA expressed that if caffeinated alcohol drinks are still deemed unsafe within a month, manufacturers will most likely be forced to halt production.

Anheuser-Busch Co. and MillerCoors, the nation's two largest brewers, halted the sale of alcoholic energy drinks last year due to the New York Attorney General's concerns that the drink's health effects were being misrepresented, and that it was being marketed to underage drinkers.

Readers can contact Sarah Smith at sjs001@ucsd.edu.

Gupta: Admin. Likely to Act on More Campus Debts

► **DEFICIT**, from page 3

versity is moving to shore up its expenses due to the systemwide budget crisis.

"The university overall is worried about debt accruing against their accounts, especially when they're looking at extensive budget cuts going into the future," Gupta said. "They're trying to save any amount of money they can, anywhere; \$3,000 may not seem like a lot to us, but to them it could be enough to save a particular program."

Gupta said he expects the university to pursue other similar debt-reduction efforts in the near future.

"There are actual academic departments that are in debt to the university," Gupta said. "It will be interesting to see how the university starts moving forward on all of these debts. When the budget gets cut, you start looking at where your negatives are. They're going to be going after places where there is debt, wherever it may lie. It's more a fiscal calculation than anything else."

Readers can contact Reza Farazmand at rfarazma@ucsd.edu.

Lack of Funds Limits 'Open Space' Construction on Wedge's Fourth Phase

► **WEDGE**, from page 1

Green and the Compost Team petitioned the A.S. Council, arguing that the Wedge should fulfill its original purpose of becoming a sustainable space. Their actions drew the attention of Chancellor Marye Anne Fox, who supported the project as well.

UCSD Physical Planning specialists first envisioned the Wedge in 1994 as consisting of four "phases" of construction in ERC between Ridge Walk and North Torrey Pines Rd. Phases I and II — which covered ERC's main stairs and the winding path north of Cafe Ventanas — were realized in 2003, while Phase III was completed in 2007.

However, the university lacked financial support for the space between the Village and ERC, and construction remained idle until student protests drew attention to the area.

"Student groups paid attention and got people to notice," Todd Pitman, senior planner for UCSD Physical Planning and chair of the Open Space Committee, said. "Chancellor Fox then decided that construction should begin as well."

According to Pitman, the long-term goals for the area include creating a functional space with solar capabilities, natural seating and pedestrian walkways. Additionally, runoff water from other parts of campus will be reclaimed to irrigate the area's landscaping.

"This project is good for the public's perception of UCSD," Pitman said. "We would be showing that we practice what we preach by having a sustainable area."

The university still lacks the funding for all these goals to be met, but Assistant Vice Chancellor of Physical and Community Planning Brian D. Gregory said there is enough to convert the existing parking lot into a sustainable area.

"We don't have the money to do the complete project, which would cost over \$2 million, and it is going to take time to get additional money," Gregory said.

The first part of "Wedge Phase IV" consists of ripping out the asphalt, planting native coastal foliage and laying down pathways and infrastructure for future projects. According to Gregory, around \$500,000 of the \$900,000 bill will come from Housing and Dining Services, while the rest will be drawn from campuswide funds distributed at the chancellor's discretion.

Turner Construction Company began the project in October, and landscape architects Spurlock Poirier worked with the Physical Planning Office to plan Phase IV. Construction is set for completion by January 2010.

Readers can contact Megha Ram at mram@ucsd.edu.

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OVERHEARD

“ I went home for Thanksgiving and realized my sister has become a total whore.”

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Number of minutes it took Thomas Brian Jones — on Sept. 30, 2007, in Vienna — to break the Guinness World Record for a single-person karaoke session.



TEAM SEAL

TRIUMPHS IN THE FINAL STRETCH.



Nov. 2009

Superior Court Judge Timothy Taylor rules to allow the seals to stay.

JULY 2009

Jude Yuri Huffman orders the seals to be removed through an artificial dog-barking dispersal method.

JULY 2009

Gov. Schwarzenegger signs into law Senate Bill 428, granting the city of San Diego authority over the courts to determine whether the seals are removed.

1931

San Diego City Council creates trust that states: "Said lands shall be devoted exclusively to public park, bathing pool for children, parkway, highway, playground and recreational purposes, and to such other uses as may be incident to, or convenient for the full enjoyment of, such purposes."

1997

La Jolla Cove is closed to public swimmers due to high pollution levels caused by seal feces.

2004

Valerie O'Sullivan files lawsuit against the city of San Diego over seal disturbance ticket.

1931

1931

Ellen Browning Scripps builds 300-foot cement breakwater at Casa Beach and renames it La Jolla Children's Cove.

1992

1992

After a growing number of seals begin to occupy the Children's Cove, a 5-year ordinance is instated to create a marine mammal reserve.

1998

2004

2006

2005

Rope barrier installed Jan. 1 to May 1, to protect seals during birthing months.

2009

2010

BY KERRY FUGETT STAFF WRITER

In the early 1990s, a small population of seals wriggled up to a short stretch of prime La Jolla Cove real estate and declared it home. Only problem was, the protected shore was originally created in 1931 as a safe swimming spot for young children. Once the seals moved in, local residents began what would be a decade-plus fight over the beach's rightful inhabitants.

As much of the threat of a Chargers relocation, the La Jolla children-versus-seals showdown is a long-drawn-out news item in San Diego. But — as of a Nov. 13 ruling by Superior Court Judge Timothy B. Taylor — it seems the debate over the Children's Pool can finally be put to rest. Taylor's ruling: The seals are here to stay.

The army of local residents fighting to drive the seals from the Children's Pool have long argued that the cove has become a tanning bed to the growing colony of sea mammals who contaminate the water and prevent humans from utilizing the site. When Valerie O'Sullivan received a ticket for disturbing the seals while swimming in the cove in 2004, it was just what nay sayers needed to ignite the fight. O'Sullivan's citation was evidence of the seals' increasing rights to the beach — rights to which the community had never agreed.

Soon after receiving the ticket, O'Sullivan brought the city to court, citing its failure to maintain the beach in

accordance with the trust that founded it in 1931. This trust, established by late philanthropist and La Jolla resident Ellen Browning Scripps (who also founded the Scripps Institute of Oceanography upon which UCSD was built), originally stated that the cove should be "devoted exclusively to public park, bathing pool for children."

Scripps commissioned the construction of a 300-foot sea wall that now curves around the small beach, protecting it from large waves and undercurrents that could endanger young swimmers. The site was dubbed the La Jolla Children's Pool, and became a hub for families looking for a stress-free day at the beach.

But, by allowing the seals to take over the beach and prevent its use as a "bathing pool," the city of San Diego had failed to uphold Scripps' land deed.

In 2005, one year after O'Sullivan filed suit, Judge William Pate ruled that the seals' presence and resulting water contamination was indeed counter to Scripps' trust. Pate ordered that the city disperse the seals and clean the beach for human use by dredging it, an intensive excavation that would restore both the shore and immediate underwater area.

What followed was a series of contradictory back-and-forth court decisions spanning the five years since O'Sullivan's suit, building off the anger of two passionate teams — animal-rights activists on the pro-seals front and La Jolla residents on the other — who had been volleying arguments since tensions rose in the mid '90s.

The anti-seals campaigners, who spawned the "Friends of the Children's Pool" Web site www.friendsofthechildrenspool.com have a growing list of complaints against the seals. As the seal population has increased, access to the beach's ideal swimming area has steadily declined. And even if one can find a swimming spot, it's usually contaminated with seal feces.

"It sucks having to swim though [the Children's Pool]

to go catch a wave or go fishing," Sixth College senior Michael Barrus said.

Joining the La Jolla residents in the seal resistance were local fisherman, who said fish populations were decreasing due to the booming seal population.

But the pro-seal side — who have their own "La Jolla Friends of the Seals" Web site www.lajollafriendsoftheseals.org — argue that the seal population isn't growing at all. The "Friends" site presents studies that estimate the seal population at a stable 200, with no notable increase over the past five years.

Seal supporters also turn to the heart-wrenching argument that — despite its original intent — the Children's Pool has become a necessary sanctuary for animals living in a harsh new ocean.

"This is one of the last places for seals to give birth on the California coastline," Friends of the Seals volunteer Emily Field said. "If people are walking on the beach during pupping season, it scares the seals back into the water, making birthing almost impossible."

Fortunately for Field and her fellow seal advocates, Taylor's Nov. 13 decision has lifted a final protective bubble over the sea-mammal sanctuary in UCSD's backyard.

Though the decision overturned Pate's 2005 ruling that the seals be forcefully dispersed, the city of San Diego expressed that it could not have afforded the hefty price tag to dredge the beach anyway.

This prompted San Diego-district Sen. Christine Kehoe (D-Calif) to introduce legislation in 2007 that would grant the city of San Diego discretion over the cove regardless of Scripps' trust. Gov. Arnold Schwarzenegger signed the bill, and the Nov. 13 hearing to determine the fate of the seals was scheduled. It was at this hearing that Taylor ruled in favor of amending the Scripps trust, allowing the seals to remain.

According to Taylor, his decision to let the seals stay was out of simple "respect for the legislative and executive branches of government."

But for Field and her fellow pro-sealers, the verdict is, above all, a victory for animal rights.

"If we have the ability to restore a small piece of habitat, we owe it to the animals to do it," said Field.

Readers can contact Kerry Fugett at kfugett@ucsd.edu.



TYLER KERN/GUARDIAN



This is one of the last places for seals to give birth on the California coastline.

EMILY FIELD
Friends of the Seals Volunteer

UNCOMMONfolk

A MEMORY FOR OUR INSTITUTION

By Angela Chen
SENIOR STAFF WRITER

You may have seen him during UCSD's first-day walkout or even leading discussions at various teach-ins since — probably in his signature short-sleeved button-up (variation of plaid, untucked) and jeans (always a faded blue). Despite his soft-spoken and level-tempered demeanor, professor Jorge Mariscal is a tenacious voice for social justice at the university.

The various causes to which Mariscal dedicates himself — battling the UC budget cuts, promoting campus diversity and countering militarism in high school, to name a few — have roots in a personal experience.

Although the university's financial quagmire is a recent flare-up, Mariscal has always been concerned with the future of public higher education in the Golden State. Raised in Long Beach, the literature professor and first-generation college graduate is himself a product of the state's three-tiered system: He transferred from a California community college to Cal State Long Beach, and eventually received a Ph.D in Spanish literature and culture from UC Irvine.

After a couple out-of-state teaching stints, Mariscal joined UCSD's literature department in 1986, where he currently teaches courses in Spanish and Chicano literature, as well as installments of Marshall College's core Dimensions of Culture writing program.

With 23 years of UC teaching under his belt,

Mariscal has emerged as a key fixture in campuswide events and discussions about the effects of the UC budget cuts.

"The budget crisis is a tragedy," said Mariscal. "It's the result of 30 years of poor government, and it's hard to reverse. The university is making excuses and trying to get out by putting the cost on students — but the leadership should be finding other solutions."

He said that the Nov. 17 protests at UCLA against the regents' student-fee hikes were a symbol of the UC students' passion for their education — a cause to which he promised to contribute.

"I'll continue working against budget cuts, and I'll be watchful of changes in admissions," said Mariscal. "My ultimate goal is for the campus to change to represent the diversity of California as California changes."

This kind of diversity has long been a focus for Mariscal.

"For 20 years, I've tried to make the campus more democratic," he said.

In 1995, Mariscal was chair of the board that created the Cross-Cultural Center, a space built to foster diversity and tolerance on campus.

And, as a current faculty equity advisor for the Division of Arts and Humanities, he still provides consultation within the teaching staff on new possibilities to diversify UCSD's student body.

Mariscal cited low admission rates (relative to other ethnic groups) as the reason the Latino community is not well represented by UCSD.

Because of this, he has focused his efforts on educational issues (such as high tuition fees and high school military recruiting) that keep students from pursuing higher education.

Currently, Mariscal is active in Movimiento Estudiantil Chicana y Chicano de Aztlan — a student organization which fights for equal access in higher education.

Mariscal's most recent M.E.Ch.A. project was a new hanging mural at Peterson Hall: The professor approached prominent Chicano artist Mario Torero to paint the piece. Originally slated for removal at the end of Fall Quarter, the mural has received enough petition signatures to ensure it a home in Marshall College — at least until June 2012. While M.E.Ch.A. students collected signatures, Mariscal sought the approval of administrators.

On the academic side of things, Mariscal said his courses often focus on the history of social movements in the United States, which he hopes students will connect to their own experiences — something he certainly does in his own life.

Like many members of his generation, Mariscal began his political streak in the Vietnam

See **MARISCAL**, page 11



MICHAEL CIAGLO/GUARDIAN FILE



COURTESY OF RODNEY REID

INFOCUS ON-CAMPUS BICYCLE PARKING



JOHN HANACEK/GUARDIAN

Maybe it's the inflated La Jolla gas prices. Or perhaps it's the fact that it takes a hopeless half-hour to score a spot at Hopkins parking structure. Either way, one thing's clear: Bicycles are booming.

But with popularity comes problems. The number of bike thefts on campus has risen in over the past year, and bike-related accidents are more frequent due to sheer number. But besides theft and bloody Library Walk collisions, bikers have also (ironically) had issues with parking. According to UCSD bicycle enforcement officer Ian Happle, parking is one of the more common, everyday obstacles that the eco-friendly alternative presents.

UCSD bicycle enforcement officers will impound any bicycles obstructing handicap ramps, fire exits or campus artwork. Bikes with flat tires, excessive dust or missing parts are usually tacked with a warning notice because their details indicate abandonment — and if these bikes aren't fixed or relocated soon enough, they'll soon be whisked away as well.

But at least your old friend will be going to a good cause. Impounded bikes are currently donated to the Donovan State Correctional facility in southeast San Diego, where inmates refurbish the bikes to send to children and nonprofit organizations. Bikes that can't be fixed — no matter how many inmates grease their parts — are stored for the UCSD engineering department's annual Junkyard Derby in May.

— BINH NGO
CONTRIBUTING WRITER



JOHN HANACEK/GUARDIAN



DANIEL CADDELL/GUARDIAN



JOHN HANACEK/GUARDIAN

SITESEEN

J MUSIC STUDIO

To most San Diegans, the neon Korean characters hanging above J Music Studio are a testament to the modest charm inside. If it weren't for the supplemental "Music Studios" afterthought, it's doubtful anyone would even stop to peak inside.

But allow me to show you the light: J Music Studio is a diamond among all those mysterious Convoy St. gems, existing for what seems to be a sole purpose of letting patrons get sloppy drunk and sing like they were in the privacy of their own shower.

Upon entering the long-time San Diego establishment, karaoke hopefuls are offered a modest greeting: a small, cramped foyer, undecorated walls and a simple front counter manned by a tiny old Asian lady who speaks very little English. After a few moments of awkward communication, she will lead you down a hallway to a small, glass-encased room; all the while ignoring the indiscrete brown bags you and your friends are juggling. Once she's closed the door, the boozing and belting can begin.

Unlike American romantic-comedy karaoke bars, where singing is often reserved for one brave volunteer on a center stage, J Music Studio styles its establishment on authentic Asian karaoke lounges. For an hourly rate, customers can rent out a private room stocked with a microphone, television, song menu, wrap-around couch and glamorous disco ball — fitting anywhere from four to 15, depending on if you're going for intimate get-together or sweaty nightclub.

J Music Studio is intent on maintaining your privacy throughout the night — even when you've spilled so much beer your socks get soggy (to the tune of your favorite Journey ballad, of course).

This karaoke paradise is conveniently located amid several other indie Asian delights (read: Yogurt World, Tapioca Express, Tofu House), so you can enjoy dinner and drinks before you embark on your personalized musical journey — complete with a visual montage of '90s-era Koreans interacting with nature behind lyrical prompts.

— Adonis Relieve
CONTRIBUTING WRITER



KEVIN WU/GUARDIAN

THE BOTTOM LINE

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Lit. Professor: Budget Cuts Limit Diversity

► **MARISCAL**, from page 9 era, when he was drafted into the war. "After I came back from the Vietnam War, I began protesting against it," said Mariscal. "It got me interested in the history of militarism and all the things that aren't said about it."

Today, Mariscal works closely with Project on Youth and Non-Military Opportunities: a counter-recruitment group that speaks to high-school students about alternatives to enlisting in the military in lieu of (or in order to pay for) a college education.

"I feel like students are under assault by recruiters, and a lot of things are misrepresented," said Mariscal. "Students aren't getting enough information. I want [them] to know the entire story before they're recruited. They don't receive enough information, and they're not told the entire story."

Mariscal said his decision to be an activist was a natural one. "It was the logical conclusion of my own life, and I've been surrounded by people on campus who keep me engaged," he said. "As a professor, it's easy to slip into research, and former students and friends have kept me active on the social-justice front."

Readers can contact Angela Chen at shchen@ucsd.edu.

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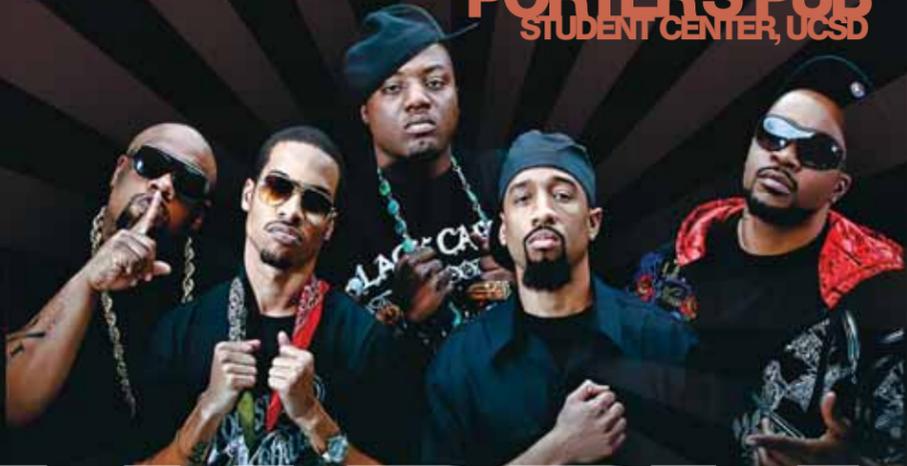
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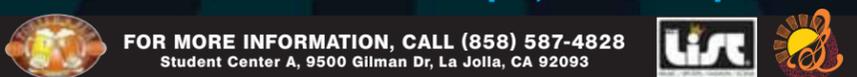


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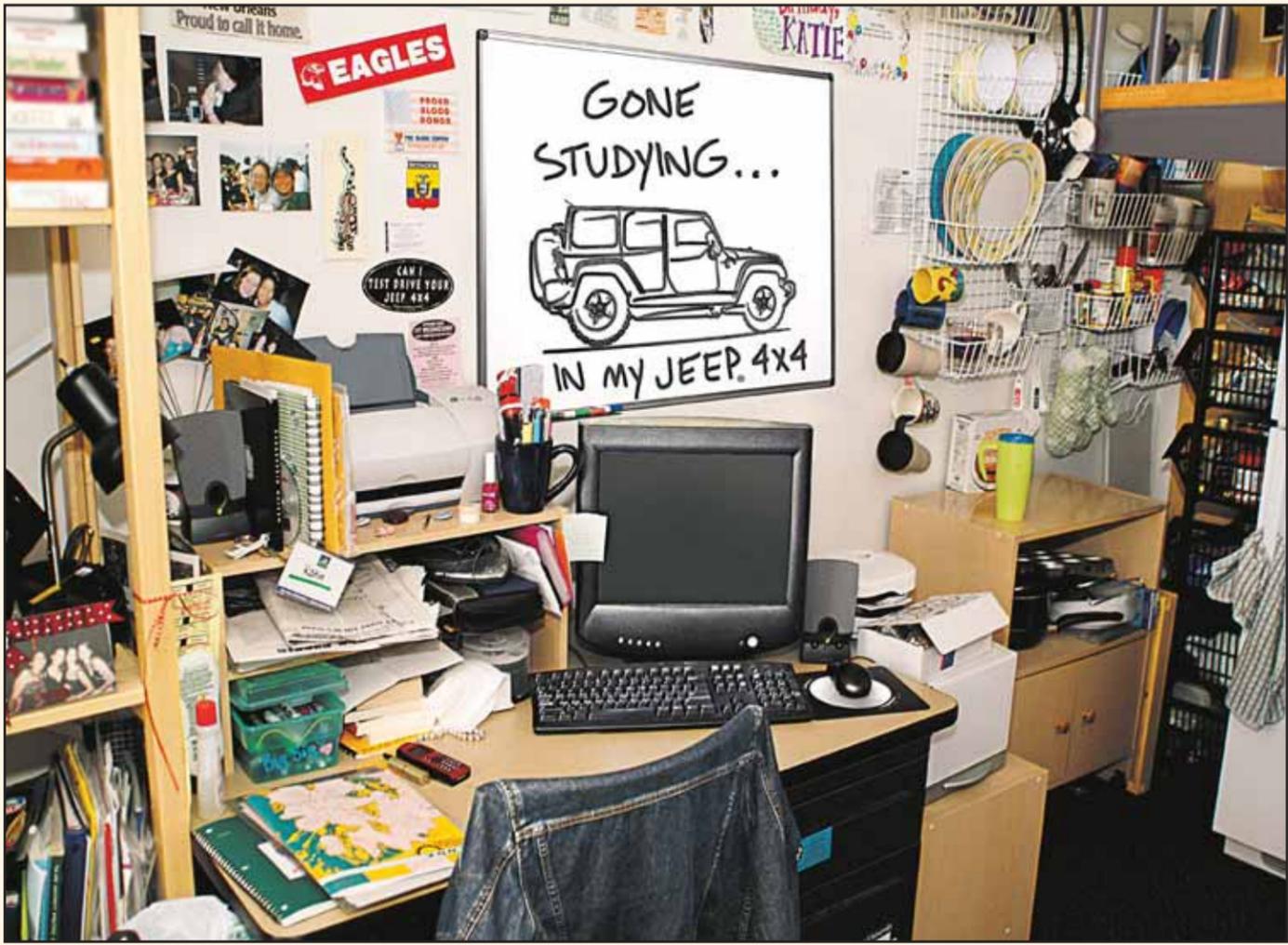


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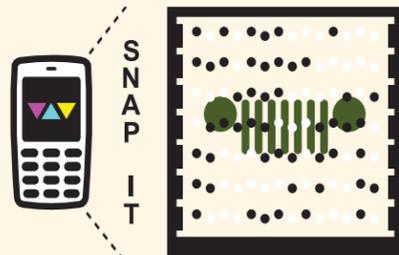
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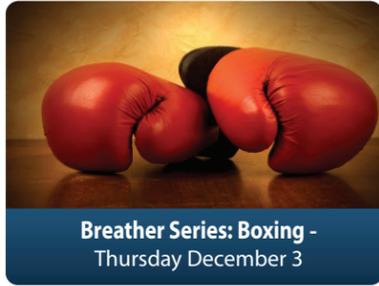
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CAMPUS CALENDAR

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Monday Nov 30

ART

UCSD Crafts Center Preview Sale - Looking for unique Christmas gifts? Come to the Crafts Center! The annual Winter Sale has a large selection of handmade, fine ware CERAMICS, GLASS, JEWELRY and much more! We've got something for everyone on your Christmas list! Crafts Center / 2-6pm

CULTURE

Celebrating 100 Years of Unity and Advancement - Relax, Eat, and enjoy a wonderful Kwanzaa celebration with spoken word, African drummers & Dancers, Poetry, and steppers. Price Center Ballroom West / 6:30-9pm / Free

RECREATION

Upright Citizens Brigade Tourco. - The LA/New York based sketch comedy troupe that birthed improv lords Amy Poehler and Horatio Sanz is giving the Loft a hefty dose of hysterics. The Loft / 9pm / Student \$5 Advance or PAYC

Roma Nights Presents Tobias Haglund - Making his UCSD debut about a year ago, Tobias Haglund brings something truly amazing to the table. Drawing influences from Secondhand Serenade and Dashboard Confessional, PIKE brother Tobias makes girls swoon even while playing them just one song. Espresso Roma / 8pm / Free

Tuesday Dec 1

EDUCATION

World Aids Day - World AIDS Day will be recognized by UCSD with a number of events and programs, including a public viewing of portions of the AIDS Memorial Quilt. The display will showcase three sections of the Quilt that have emerged from San Diego organizations and individuals as they have responded to the AIDS crisis, from the early years of the epidemic through the present day. Price Center East Ballroom / 7am-4pm / Free

UCSD New Writing Series - Critically acclaimed poet, playwright and performance artist Eileen Myles, will be reading at UCSD as part of the Visual Arts Lecture Series in conjunction with UCSD's New Writing Series. Visual Arts Performance Space / 6:30pm / Free

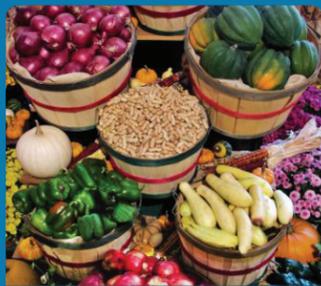
CommunicateUCSD: Verbal Judo: The Art of Getting What You Want - Are you in a position of leadership or supervision? Will you ever be? Come learn how to tactfully communicate with others in order to get people to do what you want! Price Center West Eleanor Roosevelt Room / 4-5pm / Free

HEALTH

Mind and Body Wellness Workshop for Cancer Patients - Four Week Workshop for cancer patients teaching methods for reducing stress and improving wellness: meditation, breath work, gentle seated yoga, guided imagery and self-hypnosis. Moores Cancer Center / 11am / Free

RECREATION

Price Center Blockbusters - The Time Traveler's Wife. Price Center Theatre / 6&9pm / Student \$3



Weekly UCSD Farmer's Market - Visit the Farmers' Market for specialties like fresh seasonal produce, flowers from local growers, homemade tamales, Asian BBQ and freshly made crepes. Town Square on Myers Drive / 10am-2pm

Wednesday Dec 2

HEALTH

CLL Education and Support Group - A monthly educational seminar and support group for patients with chronic lymphocytic leukemia. Moores Cancer Center / 4pm / Free

LECTURE

Book Talk, Honorable Survivor - Lynne Joiner discusses her book, Honorable Survivor, which weaves John S. Service's extraordinary story into the fabric of a watershed moment in our history when World War II was ending, the Cold War was dawning, and the McCarthy era was beginning. Robinson Building Complex / 4pm / Free

Greenovation Forum: Sensing and Sustainability - Our goal is to understand the opportunities, developments, and business

models in this arena of achieving environmental sustainability through smart sensors and sensing. RSVP online or to Michelle Session, msession@ucsd.edu. CALIT2 Auditorium, Atkinson Hall / 4pm / Free

RECREATION

Hare Krishna Weekly Lunch - Come to the Student Center for vegetarian all-you-can-eat Hare Krishna lunch. Student Center Patio / 11am-1pm / \$4

Build - Led by composer/violinist and Carlsbad Music Festival Artistic Director Matt McBane, Build is a fresh and exciting alternative classical band that throws you Lewis Carroll-style through the looking glass into a fascinating musical landscape. The Loft / 8pm / Student \$5 Advance

Thursday Dec 3

EDUCATION

Got Question\$? - Fee increases, your financial aid, working, stressing over money, family questions about fee increases, or just want to talk with someone about your money situation. Please join members from the Financial Aid office who can help you navigate these tough times. Cross-Cultural Center Comunidad Room / 2-3:30pm / Free

LECTURE

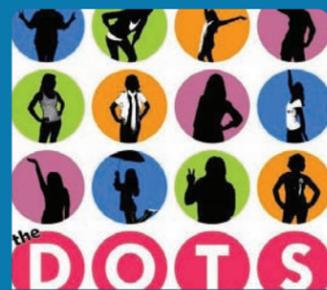
Social Networks and How They Affect Our Health - Dr. James Fowler will speak about "Social Networks and How They Affect Our Health" as part of the UCSD Biomedical Library lunchtime seminar series. Biomedical Library / 12-1pm / Free

RECREATION

Breather Series: Boxing - Finals got you stressed? Furloughs got your frustrated? How about neither and you just want to box! Ernesto Martinez, boxing instructor and former professional boxer, will be here to teach a boxing class. E-mail Violeta at violetag@ucsd.edu. No prior boxing experience necessary. Cross-Cultural Center / 12pm / Free

Jenny Scheinman - A world-renowned violinist and strikingly honest singer, Jenny Scheinman embraces both epic orchestral compositions as well as intimate narrative, the dance and the meditation, the raw and the rocking. Acoustic folk, Gypsy swing, and country can all crop up in her music, in ways that elude classification. The Loft / 8pm / \$5 Advance

Price Center Blockbusters - 500 Day of Summer. Price Center Theatre / 6&9pm / Student \$3



Deck the Halls with DOT's! - Come celebrate the holiday season and escape the finals madness at the Daughters of Triton Holiday A Capella Concert, with special guests Frequency. Center Hall 119 / 8pm / Free

Friday Dec 4

CULTURE

International Center Weekly Lunch - Join us for a Moroccan-themed lunch at the I Center Patio. The menu will include: Moroccan chicken w/ couscous, salad, pita, and orange-scented cake. Center Patio / 12-1:30pm / \$5

UCSD Medical Center Diversity and Multi-Cultural Day - Why do Diversity Day? For inter-cultural communication. For sharing cultures around the world. For leaning and education. For opportunities to network, explore and understand. For diversity, justice, inclusion, and equity. UCSD Medical Center / 11am-2pm / Free

RECREATION

Groundworks Bookstore Musical Event - Groundwork will be hosting folk music from Jarocho (folk group)

followed by Food Inc presented by the Food Co-op. Bring your instruments! ALL ARE WELCOME! Music starts at 12pm. Movie at 6pm. Groundworks Bookstore / 12-6pm / Free

Girls - Heading up The Loft's second Club NME and seeing the quarter out with a bang is a band that SPIN magazine recently declared as the best new band of 2009! Joining the bill will be old friends of The Loft, The Morning Benders. The Loft / 9pm / Student \$5 Advance or PAYC

Che Cafe Presents - Live Bands: Abe Vigoda, Blessure Grave, Beaters, No Paws (No Lions) and The Preteens. Che Cafe / 9pm / \$8

Saturday Dec 5

RECREATION

Price Center Blockbusters - 500 Day of Summer. Price Center Theatre / 6&9pm / Student \$3

Sunday Dec 6

RECREATION

Mass by Leonard Bernstein - Grab your tie-dyes and your love beads and return to the Age of Aquarius as La Jolla Symphony & Chorus presents Bernsteins stunning, often controversial Mass. UCSD Gospel Choir Director Ken Anderson portrays the Celebrant. Steven Schick conducts. Mandeville Center / 3pm / \$36 General Fee



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 \$3 Students / \$5 General

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CAMPUS LIFE

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SUDOKU

Complete the grid so each row, column and 3-by-3 box (in bold borders) contains every digit, 1 to 9. For strategies on how to solve Sudoku, visit www.sudoku.org.uk

Level: **1** 2 3 4

	6					2	3	
	3		1	2		5	9	
				4				8
			3					6
			5		4	9		
4					7			
3				1				
	9			3			5	
	7						1	

Find the Sudoku solution in this Thursday's Classifieds Page

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11/23 Crossword Solution

C	O	Y	S	N	I	T	S	C	H	A	I	R	
A	C	E	O	U	T	R	E	H	O	R	S	E	
P	E	A	B	A	S	I	C	R	E	L	I	E	F
R	A	S	H	N	H	L	E	V	A	D	E	S	
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T	O	P	I	C	O	F	T	H	E	W	O	R	L
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Find the Crossword solution in this Thursday's Classifieds Page

CROSSWORD

1	2	3	4	5	6	7	8	9	10	11	12	13
14					15				16			
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57			58					59				
60					61				62			63
64					65				66			
67					68				69			

ACROSS

- 1 Thingamajig
- 6 Castaway's home
- 10 Unpaid credit card bills, e.g.
- 14 ___ of the tongue
- 15 Celebrity chef Bobby
- 16 Provo's state
- 17 Trailblazer Daniel
- 18 Bad thing to yell in a crowded theater
- 19 Hosiery hue
- 20 Borax haulers, in classic ads
- 23 Best kind of situation
- 24 Annual period
- 25 Getting the job done, briefly
- 26 Pig ___ poke
- 27 Santa staffer
- 29 Eager lip sounds
- 31 Cowboy's topper
- 35 "... ___ saw Elba"
- 36 Sport ___: versatile vehicle
- 37 LAPD alerts
- 41 Poker game where one might stand pat
- 46 Sam's Club competitor
- 49 Confucian "path"
- 50 That, in Tijuana
- 51 Sculptures, oils, etc.
- 52 Sock-in-the-gut responses, in comics
- 55 Words of understanding
- 57 CBS sitcom since 2003
- 60 Darkroom images, for short
- 61 Radioer's "Back to you"
- 62 New Wave band ___ Boingo
- 64 Settled on a branch, as a bird
- 65 Twistable cookie
- 66 Actress Mary-Kate or Ashley
- 67 ___ bargain: court deal
- 68 E-mail button
- 69 Salon colorists

DOWN

- 1 Chew the fat
- 2 Big name in gloves
- 3 It's to the far right on freeways
- 4 Sal of "Exodus"
- 5 Where pirates prey
- 6 Far from certain
- 7 Covered with thick, icky liquid
- 8 Lash of old oaters
- 9 Place for mascara
- 10 Sonny and Cher song, e.g.
- 11 "Yada, yada, yada ..."
- 12 President Obama
- 13 Hitchhikers' digits
- 21 Be a rat fink
- 22 Witty Bombeck
- 23 TV's Nick at ___
- 28 Chimney duct
- 30 Not much
- 32 Party invitee's buy
- 33 Non-Rx
- 34 Without ice
- 38 False appearance
- 39 Kim of "L.A. Confidential"
- 40 Whack, as a fly
- 42 Clickable PC image
- 43 Some West Indian religious cultists
- 44 Racetrack border
- 45 Alpo or Pedigree
- 46 Forty winks
- 47 "Animal Farm" author George
- 48 Inferior cigar
- 53 Quarterback Brett with a record 464 TD passes
- 54 Charlie of
- 57-Across
- 56 Etiquette author Post
- 58 "The Thin Man" dog
- 59 Yanks' third baseman, familiarly
- 63 Switch positions

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Tritons Drop Pair of Games at Shrine Classic

Losses to Western State and CSU-Pueblo left UCSD winless heading into conference play.

By Joe Tevelowitz & Cameron Tillisch
SENIOR STAFF WRITERS

MEN'S BASKETBALL — Following a tough loss to Division-I neighbor San Diego State, the UCSD men's basketball team traveled to the Al Kaly Shrine Classic in Pueblo, Colo., on Nov. 20, hoping to open their regular-season schedule with a win. Despite a strong effort, the Tritons dropped both tournament games, falling 71-63 in overtime against Western State College on Nov. 20 before dropping a 61-43 decision to host Colorado State University-Pueblo the following day.

UCSD (0-2) will now prepare for the start of their California Collegiate Athletic Association tour: an away game at Cal State San Bernardino on Dec. 4.

A slow start by the Tritons was the difference in the game against CSU-Pueblo. The ThunderWolves outscored UCSD 11-0 during a key eight-minute stretch in the first half of the game. However, the Tritons shot only 21 percent from the field in the first half — hitting just 4-19 shot attempts — their defense was able to hold the ThunderWolves to 36.4 percent shooting and 0 for 11 from the three-point range before halftime. But CSU-Pueblo managed to build a 14-point lead at the break — thanks in large part to 12 first-half steals.

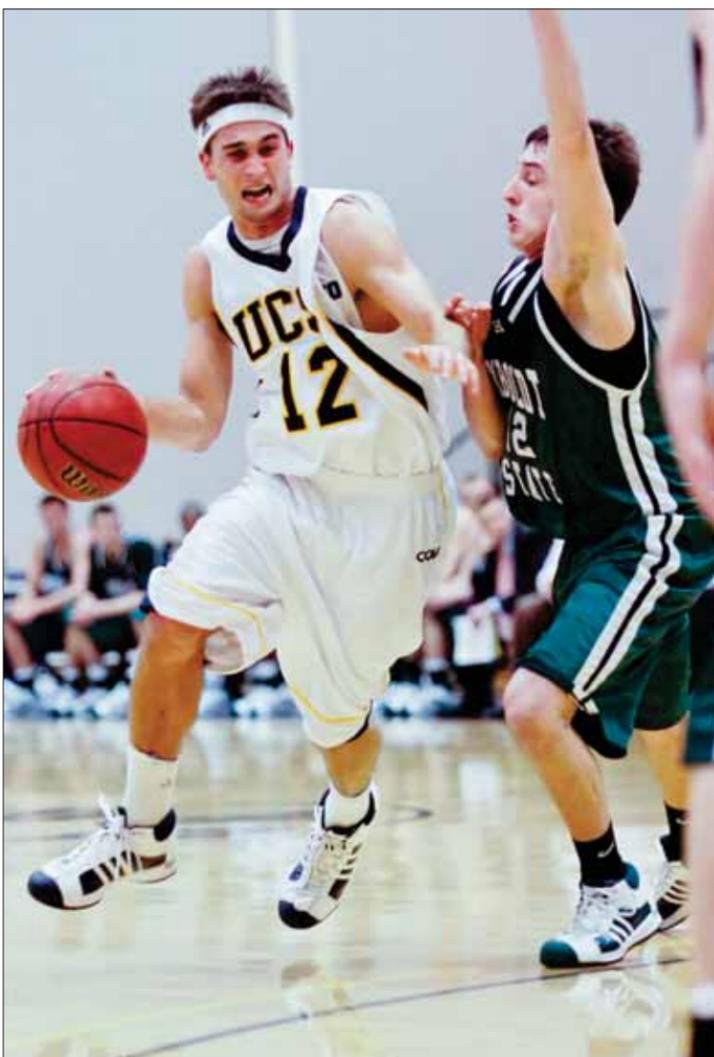
Junior guard Casey Ryan scored 12 points and hauled in a game-high 11 rebounds, but his effort wasn't enough — UCSD could not climb within nine points of the ThunderWolves in the second half.

"We just kind of ran out of gas," Carlson said. "Their pressure really bothered us. We expended a lot of energy trying to get back into the game."

CSU-Pueblo's Daniel Pierce scored a game-high 19 points to lead the host team to victory. Freshman guard Dylan Bohanan provided a bright streak for the Tritons, scoring seven points with four rebounds within 15 minutes off the bench.

CSU-Pueblo shot at a 45-percent clip in the second half. The Tritons, on the other hand, finished shooting under 32 percent for the game and recorded only three assists. The ThunderWolves finished the game with 17 steals and outscored the Tritons 25-9 on points-off turnovers.

The loss to CSU-Pueblo came on the heels of the Tritons' tournament-opening defeat to Western State the previous night. They allowed a late lead to slip away to the Mountaineers — despite a solid showing from senior



JOHN HANACEK/GUARDIAN FILE

Senior guard Jordan Lawley scored 21 points in UCSD's Nov. 20 season-opening game against Western State. Lawley and the Tritons used a late-game push to force overtime, but ultimately lost 71-63.

guard Jordan Lawley, who turned in a team-high 21 points and four assists, along with nine rebounds.

UCSD's first victory of the year seemed to appear on the horizon after Lawley's three-pointer gave the Tritons a 53-41 lead with 7:04 left in regulation. However, the Mountaineers scored the next 15 points of the game, shocking the Tritons by taking a 56-53 lead after a three-pointer by Western State with 32 seconds remaining. Senior guard Tyler Acevedo answered dramatically with a three-pointer off a pass from freshman forward Justin Brue, tying the game with 12 seconds left.

Despite the momentum from Acevedo's final shot and two quick points in overtime from sophomore center Christian Hatch, UCSD once again fell behind.

Forward Dan Biber's jumper keyed a 12-2 overtime run for the Mountaineers, giving the team a 69-60 advantage. Acevedo hit another three with 11 seconds left, but Western State College responded with two free throws to seal the win.

"We did a really good job getting to a point and just didn't handle the pressure really well," Carlson said. "We

did a lot of good things in that game. Unfortunately, we didn't take care of the ball."

Acevedo finished with 13 points, landing three of six three-pointers. Ryan played a solid game, adding five points and 10 rebounds. Brue scored six points and collected rebounds, two blocks, a steal and an assist in 24 minutes of playing time. Freshman Jake Tarabilda also scored six points with three rebounds and two assists. As a team, the Tritons converted half of their three-point attempts, converted on 72.4 percent of their free-throw opportunities and out-rebounded the Mountaineers 52-37, but were undone by 17 turnovers — compared to only eight from Western State.

The Tritons look to get back on track on Dec. 4 as they head into CCAA play against a familiar foe: defending conference champion Cal State San Bernardino. UCSD lost by four points to the Coyotes in the second round of last season's CCAA Tournament.

Readers can contact Joe Tevelowitz at jtevelow@ucsd.edu and Cameron Tillisch at ctillisch@ucsd.edu.

CSUSB Coyotes Await in Conference-Opening Game

► **W. BASKETBALL**, from page 16
Antelopes, UCSD started tightening the reins early on in the second half. Sophomore center Lauren Freidenberg notched a layup at the 15:22 mark, igniting the Tritons to an 11-2 run over the next five minutes.

A foul by Grand Canyon center Katie Johnson enabled junior center Charity Smith to sink a pair of free throws for UCSD and tie the game at 50.

"We didn't make any specific changes [on offense or defense] except tell them that we were getting out-hustled and outworked in the first half," Elliott said. "I thought we dialed up our intensity, particularly on the defensive end."

Over the next two minutes, the score ping-ponged back and forth between the teams until five straight points from Carlisle boosted UCSD's lead to 61-55 at the 6:08 mark. Senior guard Leilani Martin then scored a layup with 4:34 remaining — offering the Tritons their largest advantage of the game at 66-59.

Grand Canyon pulled within two

points with 2:31 left, but Friedenber came up with a crucial offensive rebound, scoring a layup to extend the Triton lead to four. Again, a pair of free throws from Antelope Ashley Hardin made it a two-point game. With 1:57 left on the clock, Ilg drew a foul, hitting one of two free throws to give the Tritons a three-point advantage.

With the game on the line, the Antelopes sunk two free throws, taking the game 71-70 and keeping it a nail-biter until the final seconds.

After a jumper from Carlisle missed its mark, Grand Canyon had one final chance to claim the win — but Antelope forward Stacy Haddow missed her three-point attempt, allowing UCSD to seize a rousing victory in its season opener.

Four players reached double figures on the Triton side. Carlisle led all scorers with 20 points, adding five assists, five steals and three rebounds. Hunter was superb in her first game for UCSD shooting five of eight from the field for 12 points. Ilg tallied 12 and finished with four steals, while Freidenberg contributed 10 points and

hauled in seven boards.

"We have depth and players from all realms," senior forward Erin Noonan said. "We have girls that are amazing shooters, girls who hustle after every ball, girls who are great rebounders and girls that have amazing defense."

The Tritons now look to their first CCAA matchup against Cal State San Bernardino on Dec. 4 at Coussoulis Arena. The Coyotes were the only team to defeat UCSD in conference play last season, taking a 62-57 victory on March 3.

"This is a huge weekend coming up," Elliott said. "Not only is San Bernardino our second game, but it's also our conference opener — so certainly, it takes on a whole other level of importance. I know we've used these last 10 days to sharpen up on some things that we didn't do real well. We're looking to come out from the beginning with a tremendous sense of urgency."

Readers can contact Brianna Lee at bmlee@ucsd.edu.

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CLUB UPDATE

The UCSD equestrian team hosted and took first place at a show on Nov. 21 in Bonita, Calif. Aside from victory, four members of the UCSD squad earned automatic bids for the 2009-10 regional championships.

HOTCORNER

ALEX HENLEY | SWIM

The sophomore placed eighth in the 400-yard I.M. and ninth in both the 200-yard I.M. and 200-yard backstroke at the 2009 Toshiba Classic, leading the Triton women to a seventh-place finish in a field of 26 teams.



FALL SEASON

ALL★STARS

WOMEN'S VOLLEYBALL



ROXANNE BRUNSTING

Daktronics West Region First Team
AVCA All-West Region Team
All-CCAA First Team

SYLVIA SCHMIDT

CCAA Most Valuable Player
Daktronics West Region Second Team
AVCA All-West Region Team

ELAINE CHEN

Daktronics West Region Second Team
AVCA All-West Region Team
All-CCAA First Team

JULIA FREIDENBERG

All-CCAA Second Team

HILLARY WILLIAMSON

All-CCAA Second Team

MEN'S WATER POLO



STEVEN DONOHOE

First-Team All-WWPA

PETER GRESHAM

All-WWPA Second Team

JOHN BUTLER

WWPA All-Freshman Team

WOMEN'S SOCCER



KRISTIN ARMSTRONG

Daktronics West Region First Team
All-CCAA First Team

ANNE WETHE

Daktronics West Region First Team
All-CCAA First Team

ELLEN WILSON

Daktronics West Region Second Team
All-CCAA Honorable Mention

LISA BRADLEY

All-CCAA First Team

SARAH MCTIGUE

All-CCAA Second Team

JESSICA WI

All-CCAA Second Team
CCAA Co-Freshman of the Year

SHELBY WONG

All-CCAA Second Team

SARA SPAVENTA

ESPN The Magazine Academic All-District First Team

MEN'S SOCCER



DAVID BAKAL

ESPN The Magazine Academic
All-District Team

JARED KUKURA

All-CCAA Honorable Mention

SEASON KICKS OFF WITH THRILLING WIN

By Brianna Lee
SENIOR STAFF WRITER

WOMEN'S BASKETBALL — After a challenging preseason that included games against Division-I opponents Stanford University and the University of San Diego, the Tritons opened their 2009-10 regular season with a hard-fought road victory in Phoenix, Ariz.

The UCSD women's basketball team defeated Grand Canyon University 71-70 at Antelope Gym on Nov. 21. Down by 15 in the first half, the Tritons rallied in the second period to tie the game and trump the defending Pacific West Conference champs by one point to earn UCSD its first win of the season.

"I think our effort and heart contributed most to our success," junior forward Tiffany Hunter said. "We were down by seven at half-time, and came out in the second half with relentless effort. We had the mindset to get a defensive stop on every play, crash the boards and quickly transition into offense. When we did those three things, we saw results that contributed to our success."

Senior guard Annette Ilg got things started for the Tritons, nailing a three-pointer right out of the gate. Grand Canyon responded with a 16-6 run 12 minutes into the game and continued to dominate the first half, picking up the largest lead of the game when junior guard Samantha Murphy converted on free throws to stretch Grand Canyon's advantage 39-24.

UCSD struck back with a three-point play by junior forward Tiffany Hunter and two free throws from Ilg, cutting the Antelope lead to 10 with 2:14 left in the half. Sophomore guard Chelsea Carlisle battled to keep the Tritons within arm's reach before heading into the locker room, hitting a three-pointer to close out the scoring for the first half.

"I was really pleased with our fight and determination to get the win, especially when we were down by 15," head coach Charity Elliott said. "We could've folded, but instead we decided to dig down and get one stop at a time on the defensive end. Tiffany [Hunter] and Lauren [Freidenberg] did a fantastic job getting rebounds and putbacks, and Chelsea Carlisle did a great job hitting some big shots and directing us on both ends."

Trailing 48-39 off a jumper by the



DANIEL CADELLE/GUARDIAN FILE

Sophomore guard Chelsea Carlisle helped pace UCSD with 20 points, five assists and five steals in the season-opening 71-70 win over Grand Canyon on Nov. 20. Carlisle and the Tritons will begin conference play versus Cal State San Bernardino on Dec. 4.

See **W. BASKETBALL**, page 15

2009 TOSHIBA CLASSIC (NOV. 19 TO NOV. 21) ➤ UCSD SWIMMING & DIVING HIGHLIGHTS



PHOTOS BY ERIK JEPSEN/GUARDIAN

NAME	EVENT	PLACE	COMPETITORS
Julius Espiritu Todd Langland Blake Langland Dan Perdew	400 Free Relay	2nd	26
Dan Perdew	50 Free	3rd	120
Sam Stromberg Todd Langland Blake Langland Dan Perdew	200 Free Relay	3rd	20
Julius Espiritu Juan Pablo Carrillo Dan Perdew Todd Langland	400 Medley Relay	3rd	22
Julius Espiritu Pablo Carrillo Dan Perdew Todd Langland	200 Medley Relay	3rd	28
Juan Pablo Carrillo	100 Breast	4th	52
Juan Pablo Carrillo	200 Breast	5th	41
Julius Espiritu Todd Langland Michael Lorch Jereme Barnett-Woods	800 Free Relay	5th	22
Dan Perdew	100 Fly	6th	77
Alexandra Henle	400 I.M.	8th	82
Todd Langland	100 Free	8th	99
Alexandra Henley	200 I.M.	9th	148
Alexandra Henley	200 Back	9th	102
Dan Perdew	100 Free	10th	99