

Evolving Meditation

for:

organ

and

light projections

with

audience meditation

gary mckenzie

## Evolving Meditation

for:

organ

and

light projections

text:

the piece is to be realized indoors, within a specific performance area - consisting of a circle - the diameter of which can be anywhere from 50 to 100 or more feet.

the organ is to be placed directly at the center of the performance area.

the light projectors are to be placed at various positions behind the performance area.

the exact placement of the light projectors is to be determined by the size of the performance area that is used for realization - and by the design of the light projections, and the number of light projectors that are to be used for the design.

the audience is to be placed equidistantly from the center of the circle. the first circled row of chairs should be placed at least 10 feet from the center of the performance area.

the musician and light projectionists are to be positioned three minutes before the auditorium doors are to be opened.

three minutes after the musician and light projectionists have been positioned - the auditorium doors are to be opened.

while the auditorium doors are open, the members of the audience are to enter the performance area, and are to be seated.

having been seated, each individual member of the audience is to read the "audience instruction" sheet, which is to be placed on each chair in the performance area.

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text continued:

the auditorium doors are to remain open for 20 to 30 minutes -  
after which time, the auditorium doors are to be closed.

no person is to enter the performance area while the auditorium doors are closed.

there is to be no allowance for late-comers.

three minutes after the auditorium doors have been closed,  
the auditorium lights are to be turned out.

while the performance area is dark, each individual member of the audience is to sit in the position that is the most comfortable individually -

each individual member of the audience is to relax their entire respective bodies - individually -

which should become so wholly relaxed, so as to have relief from all tension -

and so as to seem weightless -

and each individual member of the audience is to relax their respective minds -

which are to become so wholly relaxed, so as to be clear of all outer thought.

during the process of relaxing the mind and body, each individual member of the audience is to evolve to a condition of perfect peace and stillness within them.-

each individual member of the audience is to evolve to such a condition of perfect peace and stillness, so as to hear the essence of that peace and stillness -

and so as to hear the inner sound vibrations within them -

and so as to feel the pulse of the vibrations of their inner being.

three minutes after the auditorium lights have been turned out, a series of revolving images are to be projected overhead of the performance area.

the light projections are to begin simultaneously.

each light projector is to realize a different image, the design of which is free.

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text continued:

projector A is to realize a fixed image, onto which the revolving images are to be superimposed -

projector B is to realize another fixed image, which is to revolve in a clockwise direction -

projector C is to realize another fixed image, which is to revolve in a counter-clockwise direction -

the rotation of complete cycle is to be synchronized to form one structured projection.

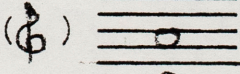
each contrasting image is to be projected within the framework of a circle - each consisting of the same diameter - which are to be superimposed forming one structured projection.

the circumference of the light projections should be equal to the proportions of the performance area.

as the revolving images are projected overhead of the performance area, each individual member of the audience is to continue to meditate on their inner sound vibrations, and the pulse of the vibrations of their inner being, vibrating in the inner peace and stillness within them.

three minutes after the projection of the revolving images overhead of the performance area,  
the musician is to begin the realization of the organ.

--see score--

the musician is to attack the chord:  at the barely audible intensity of pppp(pp) -

realize the barely audible intensity - pppp(pp) - for an indefinite duration at will - begin the gradual crescendo -

gradually crescendo to the intensity of ffff(ff) -

- the duration of the crescendo is to be 30, 60, or 90 minutes-

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text continued:

hold the chord at the intensity of ffff (ff) for an indefinite duration -  
- the chord is to be sustained throughout the realization of the organ -  
at will - release the chord -

as they become aware of the vibrations of the chord realized from the organ,  
each individual member of the audience is to continue to meditate on the  
inner sound vibrations, and the pulse of the vibrations of their inner being  
- vibrating in the inner peace and stillness within them -

- as they continue to meditate on the inner sound vibrations, and the pulse  
of the vibrations of their inner being - vibrating in the inner peace and  
stillness within them - each individual member of the audience can - at  
will - attune the inner sound vibrations, and the pulse of the vibrations  
of their inner being, with the vibrations of the chord realized from the  
organ -

with the gradual increase of intensity - of the vibrations of the chord  
realized from the organ - each individual member of the audience is to  
continue to increase their awareness of the inner sound vibrations, and the  
pulse of the vibrations of their inner being - individually -  
gradually expanding their awareness of their inner being - individually -

as the gradual crescendo develops, each individual member of the audience  
is to continue to expand their awareness of their inner being -  
individually - continually evolving in their inner awareness - individually.

each individual member of the audience is to continue to evolve in their  
inner awareness after the vibrations of the chord realized from the organ  
has ceased -  
and as the revolving projections continue.

the revolving projections are to continue for three minutes after the  
organ realization has ceased.

three minutes after the organ realization has ceased, the revolving  
projections are to gradually phase-out.

the revolving projections are to gradually phase out during nine final  
complete rotating cycles -

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text continued:

the gradual phasing out is to be synchronized, so that at the final rotating cycle, the revolving projections will terminate simultaneously.

the performance area is to remain dark for three minutes after the revolving projections have been brought to a halt.

while the performance area is dark, the musician and light projectionists are to leave the performance area.

while the performance area is dark, each individual member of the audience may continue - individually - their meditation.

three minutes after the termination of the revolving projections, the auditorium lights are to be turned on.

with the auditorium lights having been turned on, each individual member of the audience can - at will - leave the performance area.

there is to be no applause.

gary mckenzie

january 6, 1979

madera county, ca.

## Evolving Meditation

### audience instruction:

having been seated, you are to read the "audience instruction" -

having read the "audience instruction", you should sit in the position that is the most comfortable and relaxing for you -

- it is suggested that you sit upright - with you back straight, and your head erect -
- your feet should be placed firmly on the floor -
- your hands can be placed with palms up on your knees, or can be placed on your thighs, or on your lap -
- or your arms can be placed at your sides -
- your eyes may be open or closed -

having been thus positioned, you should relax your entire body, which should become so wholly relaxed so as to have relief from all tension -

and so as to seem weightless -

and you should relax your mind -

which should become so wholly relaxed so as to be clear of all outer thought -

during the process of relaxing the mind and body, you should evolve to a condition of perfect peace and stillness within you -

you should evolve to a condition of peace and stillness, so as to hear the essence of that peace and stillness -

and so as to the inner sound vibrations within you -

and so as to feel the pulse of the vibrations of your inner being - vibrating in the inner peace and stillness within you -

as the light projections are realized, you should continue to meditate on the inner sound vibrations, and the pulse of the vibrations of your inner being - vibrating in the inner peace and stillness within you -

as you become aware of the vibrations of the chord - realized from the organ - you should continue to meditate on the inner sound vibrations, and the pulse of the vibrations of your inner being - vibrating in the inner peace and stillness within you -

- as you continue meditate on the inner sound vibrations, and the pulse of the vibrations of your inner being - vibrating in the inner peace and stillness within you - you - if you choose - can attune the inner sound vibrations, and the pulse of the vibrations of your inner being, with the

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audience instruction continued:

vibrations of the chord - realized from the organ -

with the gradual increase of intensity - of the vibrations of the chord -  
you should increase your awareness of the inner sound vibrations,  
and the pulse of the vibrations of your inner being -  
gradually expanding your awareness of your inner being -

as the gradual crescendo develops, you should continue to expand your  
awareness of your inner being -  
continually evolving in your inner awareness.

you can continue to evolve in the awareness of your inner being after  
the vibrations of the chord have ceased -  
and as the light projections continue.

you may continue your meditation after the light projections have ceased -  
and as the performance area remains dark.

with the auditorium lights having been turned on, you may - at will -  
leave the performance area.

there is to be no applause.

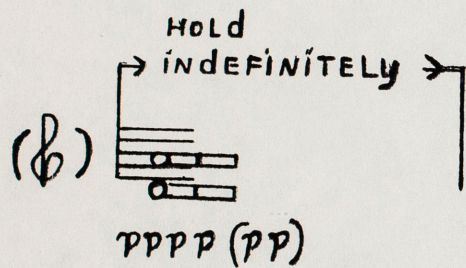
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Hold  
→ INDEFINITELY →



pppp (pp)

