

# Bear Facts

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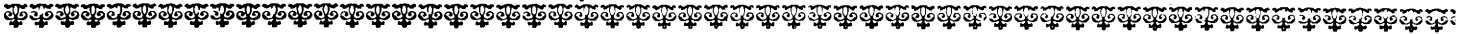
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The deadline for articles submitted for publication is the 15<sup>th</sup> of each month.



Oceanids invite members, Newcomers, partners, and friends to a Holiday Party.

### AN EVENING OF MEDIEVAL MERRIMENT

Saturday, December 10

from 8 PM

New Winzer Commons\*

Medical School Campus, UCSD

donation \$.50 per person

STROLLING MUSICIANS CAROLING

UCSD MADRIGAL SINGERS

Costumes optional - if you would like to come in Medieval Renaissance, Folk, Ethnic, or National Costumes, please do.

(\* New Winzer Commons is located between the Basic Science Building and the Veteran's Hospital. Use parking lot on the south side of the Medical School, off Gilman Drive.)

### Those Terrific Twelve Days of Christmas



The aroma of warm spices drift from your kitchen, holly and ivy intertwine around softly flickering bayberry candles, it's the holiday season. From the radio come the strains of a long time favorite carol "The Twelve Days of Christmas," guaranteed to turn on a smile and quicken your step. But even though we've sung about it since childhood, how many of us know how the Twelve Days of Christmas, that period from Christmas to Epiphany on January 6, came about?

To understand the origin of the Twelve Days, we have to leave the merriment of modern Christmastide and momentarily delve into some rather straight-laced church history.

During the first three and a half centuries of its existence, the Christian church celebrated the Holy Nativity as Christ's baptism by St. John on January 6 in the festival of Epiphany. It was believed by theologians of the day that Christ's Holiness was established during His baptism when a voice from heaven spoke, "Thou art my beloved Son in whom I am well pleased." Particularly strong in the Eastern Church, it is unclear how influential the earliest celebration of Christmas was in the Western Church. Nor is it certain how the date was chosen. There was a pagan celebration in that day of the birth of Aeon from the Virgin Kore on the eve of January 5-6. The Church may have chosen that date for a rival festival.

Although the exact day and month have never been established, by the middle of the fourth century Rome had set aside December 25 as the date to honor Christ's birth. There were several problems that plagued the Western Church at this time.

### Children's Party



The Children's Holiday Party will be held in the Recreational Gym on Saturday, December 17 from 2 to 4 PM.

This is an annual event and great fun for children from nursery schoolers up to the sophisticates in 5th or 6th grade. Bring yourselves and your children and some holiday cookies (a dozen or two to a family would be ideal).

We're looking for volunteers to help with the party planning and on-the-spot arrangements and a beaming, jovial Santa Claus volunteer! Call for information and to volunteer (please!). Call Audrey Swartz, 453-6652.

Rome objected to the attitude that Christ's Holiness began with His baptism in His thirtieth year rather than at His birth. There were also sects within the church which argued that Christ had never lived. By emphasizing His birth, the church was able to fight both of these theories. In addition, by choosing December 25, encroaching paganism could be fought. This date was also winter solstice, when the sun was at its lowest point in the sky. It was an important pagan festival surrounded by the longer festivals of Saturnalia and Kalends stretching from early December to mid-January. By selecting December 25, the church was able to



give its followers a day of celebration when others were celebrating as well.

Epiphany continued to be an important festival. The Eastern Church emphasized Christ's baptism while the Western Church celebrated the adoration of the Three Wise Men on that day.

Originally, the Christian festivals were solemn occasions. However, the church found over the next several centuries that, while Europe was willing to give up its pagan gods, the lengthy merry-making of the old religious festivals stayed.

When Norway's King Hakon the Good inaugurated the celebration of Christmas and Epiphany in the tenth century, he included all the days between the two holy days as part of the holy season. Rome quickly adopted the idea. The season was known as the Twelve Day period. In the northern countries, where time was figured by night, it was known as the Twelve Nights. January 6 is still referred to as both Twelfth Day and Twelfth Night.

Through the Middle Ages and into the nineteenth century, Europe celebrated the Twelve Days of Christmas with much feasting, imbibing, and gift-giving. Plays, cards, and games were popular activities. On Twelfth Day a special cake, with one bean in it, was eaten by all. The person who found the bean became the king or queen

for the day. An escort was chosen, and all their ensuing orders were carried out. Dancing, eating, drinking, and games filled the final day of the Christmas season.

Many cultures still exchange gifts on the Twelfth Day as a reminder of the gifts of the Three Wise Men. In some areas of the United States, Twelfth Night is celebrated by the burning of old Christmas trees in huge bonfires. (In centuries gone by, bonfires used to be lit to help speed the sun in rising higher in the sky.) In New Orleans, Twelfth Night marks the opening of Mardi Gras season.

Epiphany is still a particularly important day to the Eastern Church. The Ukrainian Orthodox Church celebrates Christmas Eve on January 6. To these Americans, the first star in the sky on Twelfth Night marks the end of their forty day fast from meat and dairy products. Christmas Eve's dinner is vegetarian; there are twelve dishes at this feast representing the twelve apostles, each prepared according to special Christmas recipes. A place is set at the table in memory of the deceased members of the family.

Before anyone eats, the animals in the barn are fed.

A sheaf of wheat, decorated with ribbons, is placed in a corner of the living room.

Christmas Day is celebrated with Mass, feasting, and caroling. Gifts are passed out on St. Nicholas day, December 19.

Traditions vary according to cultures and change over the years. But no matter the date celebrated, or the length of time the season is enjoyed, the specialness of Christmas, with its good fellowship and warm memories, seems to linger long after that time is gone.

Hope you have a very merry Christmas - all Twelve Days of them!

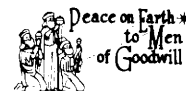
Janet Newlan Bower



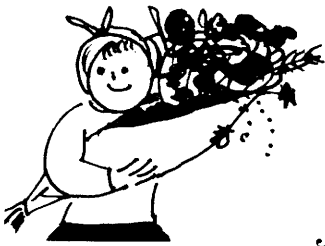
На земле мир,  
в реловеках длароваление

世界和平人類幸福

az en la tierra a los hombres  
de buena voluntad



## Profiles: UCSD Women



### *Adylin Rosenblatt*

Adylin Rosenblatt, best known as Ady, is a social worker with a variety of experiences and a genuine love for her work with people. She is also the recipient of the 1977 award from the San Diego County Chapter of the National Association of Social Workers for "Outstanding Service in Continuing Education."

Ady was born and grew up in New York City, attending city schools and summer camps. She graduated from Hunter College with a major in physiology and a minor in social science, knowing that she wanted to work with people. Her first job was as a swimming instructor on the staff of the Harlem Inter-racial Community Center for Families. They were researching methods of working with mixed ethnic groups. Ady found swimming a great tool for lessening individual and group tensions. She left this job in 1949 to marry Murray Rosenblatt, a young mathematician in his last year as a Cornell post doctoral fellow. Their first home was in Ithaca.

Ady says her ambitions were to be a good wife and mother, a good cook, and to have a career. She decided to work for a masters degree in sociology; but as Murray climbed the "academic ladder," it meant many moves and thus interruptions in her studies. She worked in the Cornell Sociology Department studying race relations; and at the University of Chicago, she even started a thesis on the qualitative and quantitative contact in inter-racial relations. While working on a project with Professor Burgess at Brown University Medical and Gerontology Schools, Ady started another thesis on the study of contacts between parents and adult children. In 1954 their daughter Karen was born and in 1956 their son Daniel; as Ady quips, "I became a little ma instead of a big M.A." A year in Sweden and three and one half years at Brown were busy ones spent coping with two active babies and inadequate housing.

In 1964 the Rosenblatts moved to La Jolla where Murray was appointed Professor of Mathematics at UCSD. For two years Ady was one of the faculty wives hired as TAs at UCSD which, as yet, had no graduate students. The children were in

high school (now in college), and Ady enrolled at San Diego State receiving a Masters of Social Work Degree in 1971. She is now a registered social worker and is licensed in clinical social work. Ady says UCSD gave her her first professional job: Marjorie Schneider, another Oceanids starting a career, asked her to organize and teach a 6 week course in aging and developing use of leisure time. For two more quarters Ady was an instructor and coordinator for courses in aging and leisure.

From 1973 to 1975, Ady was a psychiatric social worker and program developer doing therapeutic counselling with individuals and families through the Adult Protective Society, a geriatric private agency with clients over 60 who are not eligible for welfare. In 1970 she was with the Visiting Nurses Association exploring the needs of geriatric patients confined to their homes. From 1976-1977, Ady was the director of social services in Oceanside's Tri-City Hospital, a job so varied that it called on all her expertise in administration, coordination, counselling, public relations, and patient care. She has come to realize that studying at different universities has given her an expertise in all these fields and has also crystalized her desire to work with old people. She feels that one may lose knowledge but never the essence and that every patient should be treated a "total person."

This September, Ady became chairman and only member so far of the Department of Social Work at Scripps Clinic. She visits patients daily and visits their homes to help with convalescent arrangements. She is setting up programs for cancer patients, activity programs for patients, and in-service training for nurses to teach them how to deal with patients. Ady hopes to strengthen the links between the hospital and community groups; and she is happy to talk before any group when called upon. In addition, she belongs to many professional societies.

It is fascinating to hear her explain her work with her patients. I am sure Ady's great warmth and sympathy draw every patient to her, and her quick grasp of their problems gives them confidence in her. And like her friends, they find Ady very knowledgable and a wonderful friend - the kind one always feels better after seeing when often something she says helps resolve a personal problem.

Freida Urey



HELEN HILL RAITT  
  
 'ofa atu'

### You Are Invited !

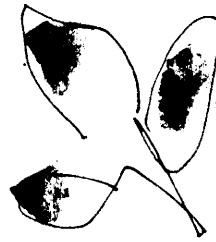
The dedication of the Helen Hill Raitt Room will be held at the Scripps Institution Library on December 19, 1977 at 4:30 PM. All Oceanids and other friends of Helen's are cordially invited.

Helen Raitt (Mrs. Russell W. Raitt) was the first president of Oceanids (1952), and was the first co-editor (1962), with Carol Schultz, of Bear Facts. She proposed Friends of the UCSD Library in 1962, and worked with Melvin Voigt to get the group established. Helen was a warm, friendly person who enjoyed meeting new people. Throughout her years here from 1941 until her death in March, 1976, she helped set up many projects and organizations that brought people of different cultures together to do things for this campus.

The room named for Helen is a conference room on the third floor of the recently completed Carl H. Eckart Building that houses the Scripps Institution of Oceanography Library. Donations to the Helen Raitt Fund have been used for the construction of a beautiful display cabinet just outside the room (that presently houses art objects from Tonga, one of Helen's many interests), and to purchase furniture for the adjacent patio that provides a stunning view of the Pacific Ocean that Helen loved well. Members of People to People and other friends have contributed plants and containers for the patio. The conference room, which can accommodate 12 to 20 people, may be used for UCSD-related meetings; requests for its use should be addressed to the SIO Library at 452-3274.

Please join us for the dedication of Helen's room on December 19. The gathering will be on Biological Grade in front of the Scripps Institution Library (weather permitting) or on the first floor of the library. Coffee and punch will be provided. If you would bring a plateful of Christmas cookies, sweets, or snacks, that would be very welcome. It would also be in the tradition of Scripps parties at which Helen was so often a participant.

Betty Shor

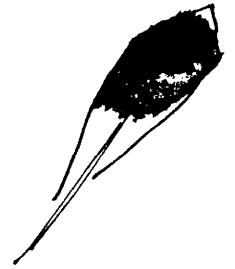


Chinese

Brush

Painting

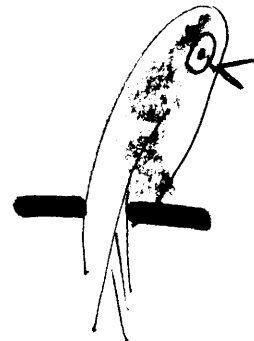
Event



What's in a paint brush? Are all of the bristles the same length? Are the bristles in a brush all from the same source? Are the bristles nailed into the handle? When we speak of Chinese ink and watercolor brushes, the answer to each question is negative. The specific quality and construction of each brush allow the skilled Chinese brush painter to achieve various and predictable markings on the rice paper. For example, one brush is designed to create on the paper the fluid lines of softly draped fabric in garments and the sensuous outlines of the living fabric of peony petals. Another brush is used for making wild orchid blossoms and languorous bamboo leaves; yet another brush will create the tail of a running horse and bamboo leaves fiercely blowing in the wind. Other important factors that determine the results of the Chinese brush painter's efforts include the following: the angle at which the brush attacks the paper, the amount of ink in each section of the brush head, the direction in which the artist pushes, drags, or otherwise moves the brush, and the amount of practice and meditation upon the subject by the painter before painting.

Elaine Morice, Mihoko Vacquier, and Ann Van Atta invite you to visit our 4th Annual Exhibition and Sale of Chinese Brush Painting on Saturday, December 10, from 10 AM to 4 PM, at the Canyon Room in the Ice Capades Chalet, University Towne Center.

Ann Van Atta





## Farmer's Bazaar

"Ooo-eee! Ooo-eee! Get your chilis here! Only fifteen cents a pound while they last, folks! Jalapeno, green, and yellow! Ooo-eee!"

The good-looking woman smiles and so do we as we make our way through the new Farmer's Bazaar in downtown San Diego at the corner of 7th and L. As we examine the variety of offerings, we are reminded of the street markets of Europe, the suks of the middle east, the mercados of Mexico, and the food markets of other American cities. The Farmer's Bazaar is by no means one of the great food markets of the world, but it is a beginning and a valuable addition to the San Diego scene.

The Bazaar has been set up in a warehouse originally built in 1886. It was first used as a livery stable and then as headquarters of the Western Metal Company, which distributed blacksmith and wagon supplies throughout southern California and Mexico. The pitched roof and heavy wooden support beams make a pleasantly rustic background for the various stalls displaying fresh produce, other foods, plants, and arts and crafts. Most of the food stalls offer seasonal produce, but here and there other treats can also be found. There are fresh loaves of Dudley's bread, trucked in daily from Santa Ysabel; jugs of raw Julian cider; large cans of natural wild honey; Mexican candies, home-made hot tamales and chorizo; and flat Arabic pita bread and baklava. The Avocado Grove has bins of Fuerte, Haas, and Reed avocados. Sometimes the exotic spelling misleads us for a moment into imagining we have discovered an unfamiliar novelty - such as "delisios" apples from "Wachinton."

Appetites whetted by the sight of so much food, we wend our way among the many snack bars, where we are tempted by Mexican treats at Amelia's and the "Aztecatessen," juices and salads from Nature's Corner, cheeses and cold cuts at the Farmer's Deli, Sicilian pizza and smoothies from Angie's Bakery, open-faced sandwiches from the Bread Bar, and frozen yogurt. And, if we have room for it, we can pick up a final nibble at the old-fashioned popcorn wagon.

Having enjoyed the setting, the bright colors, the smells, the banter, our quick snack, and the fun of maneuvering through the crowds, we decide to do some serious shopping. To our disappointment, many of

the stalls stock exactly the same fruits and vegetables, most of which are not of prime quality or as "vine-ripened" as advertised. Some prices are lower than at the supermarket, some are not. We look in vain for the farm freshness and uniqueness of the Japanese farm in Rancho Santa Fe. The main trouble with the Farmer's Bazaar is that it has no farmers.

The arts and crafts boutiques tucked into the balcony are also generally disappointing. Here one can find the usual jumble of fancy candles, cheap jewelry, shell mirror frames, Mexican blouses, macrame plant hangers, burlap tables, wicker furniture, painted T-shirts, paintings on velvet, simple quilted items, and dried flower arrangements. Among the more interesting stalls is the Folk Bazaar set up by a teacher of non-English-speaking immigrants, where one can buy items made by her students, all recent arrivals from Vietnam, Laos, Iran, Italy, and Mexico. The SARR (Skillshop for Adults in Resource Recovery) "Senior Cottage" sells crafts made by older people from materials ordinarily thrown away by manufacturers, but the inventory is meager. Another stall offers hermit crabs, houses in which to keep them, and boxes of "Gourmet Dinner Mix" for the tiny creatures' delight. Do take time to watch the hand made candles being dipped and carved.

Well, the street market of the Porte St. Denis in Paris it's not; nor is it on a par with the suk at Marrakech; the old Covent Garden; or even Los Angeles' Farmer's Market. But the Farmer's Bazaar is fun, and it's made another corner of San Diego's downtown of warehouses come alive. And when the new section of the market now under construction opens, perhaps the wider selection will lead to improvements in quality.

By the time the old bell in the rafters signals closing time, our shopping bags are full, and we've enjoyed an hour of bargain hunting, people-watching, exchanging comments with strangers, and being gently jostled by the crowds - pleasures not often enjoyed enough in San Diego.

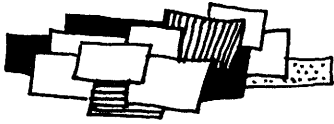
Evelyn Lakoff



## Discounts Available

This is our annual reminder of all the discount opportunities for UCSD employees and their families. Check the two new additions \*\*\* and ask your UCSD connection to get the passes from Diane Stapleton, 452-2810, in the Personnel Office.

\*\*\*Price Club  
\*\*\*Ice Chalet (Towne Centre)  
Sea World  
San Diego Zoo  
Wild Animal Park  
Magic Mountain  
Movieland Wax Museum  
Lion Country Safari  
Universal Studios  
Let's Dine Out  
Queen Mary



Happy  
Holidays

## Julia Child at UCSD

The Medical Faculty Wives Unit of the UCSD Medical Center Auxiliary proudly announces that Julia Child will be teaching this year's Cooking Series to benefit University Hospital.

The 1978 Cooking Series will be held February 7 and 8 at the Mandeville Center. Julia Child will teach four separate menus: February 7 at 10 AM to 12 PM and from 2 PM to 4 PM. On February 8 classes will be from 10 AM to 12 PM and in the evening from 7:30 PM to 9:30 PM. The cost of each class is \$25 and tickets will be sold on a first-come-first-served basis. For reservation information call Joyce Dunn at 454-8923 or Marty Cass at 287-0299.

P.S. Ask Santa to slip a reservation in your stocking!



## '78 Lecture Series

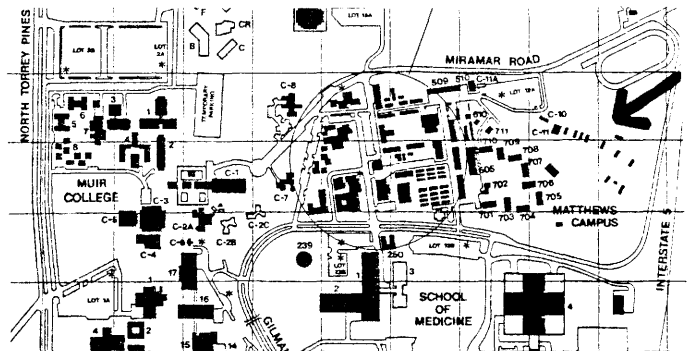
The UCSD Medical Center Auxiliary invites you to participate in their seventh annual lecture series which is scheduled for January 9, February 13 and March 6. The enclosed brochure explains this excellent series which the Auxiliary sponsors as a public service for the community. Each day is most rewarding, and the minimum cost just covers the food and use of the convention facilities. How about making reservations for a friend this year as a Christmas gift?

## Surplus Sales Store

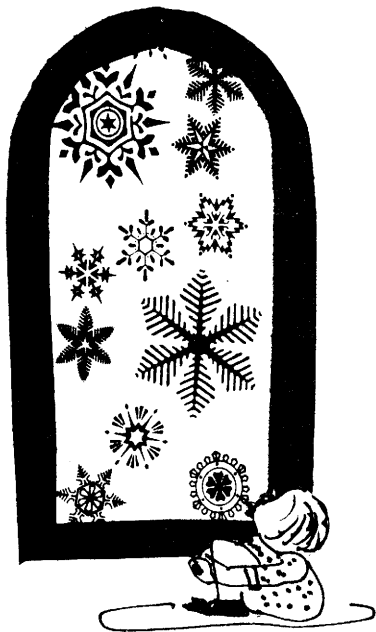
Did you know there was a Surplus Sales Store on the UCSD campus where you might get a great bargain on some used office equipment, lawn mowers, a piano, an outboard motor, etc.? Upon checking out this rumor, we did indeed find that such a place exists and has been in operation since March 1976.

The Surplus Sales Store, under the management of R.W. Roblee, was set up to dispose of excess UCSD property. When excess equipment is received by the Materiel Management Department, a notice is sent to all departments giving them first opportunity to buy the equipment for their use. All items not picked up by the departments are then placed in the Surplus Sales Store giving the UCSD staff the first chance to buy the items for personal use. All sales are on a bid basis. The store is open every Wednesday from 11 AM to 2 PM when employees and the general public can view the merchandise available and submit a sealed bid. The last Thursday of each month all bids received for that month are opened and reviewed. All acceptable bids are processed, the bidders notified, payment is made and the item released. According to Mr. Roblee, "The bid method is used rather than cash sales, for the nature of the items to be sold, in many instances, defy pricing. We feel that interested buyers are probably the best judge of values." All proceeds, less a service charge, are returned to the department that turned in the property.

The Store is located on the Matthews Campus east of the Mailroom:



Due to the Holiday Season, the January issue will be a week late.



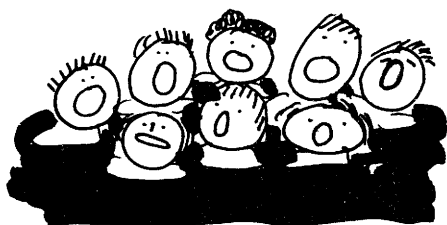
### Auditions for S.D. Boys Choir

The San Diego Boys Choir is presently auditioning boys between the ages of 8 and 12 who enjoy singing and are interested in participating in the Choir.

Auditions are being held every Wednesday evening at Woodrow Wilson Junior High School, 3838 Orange Avenue, Room 252. Auditions will be held until all have been completed.

Sponsored by the Department of Parks and Recreation, the Boys Choir is a non-profit, non-sectarian musical education organization whose goal is that of musical excellence.

For more information on the auditions or on the Boys Choir in general, please contact John Roberts at 462-7445 or Susan Holma, Board of Trustees Secretary, at 464-3377.



### Univ. Towne Centre: Another Look

We appreciate having this opportunity to respond to Evelyn Lakoff's article, "Dark Clouds With a Silver-Plated Lining" in the October issue of Bear Facts. As "mothers" of the Town Center concept seven years ago, we have worked throughout that long gestation to produce a facility that would be an asset to the University Community. Realizing, of course, that the child has its faults, we would however like to put some of Evelyn Lakoff's less favorable comments into the context of the total community plan.

While we fully agree that the phony name "Towne Centre" is abominable, and we fought it for sometime, we cannot agree that "town center" is a misnomer. True, as one views University Towne Centre now, it does appear to be "sitting out there in the middle of nowhere." But it was planned for a community with an anticipated population of 55,000 - for comparison La Jolla's population is 27,000. Precise planning of the areas to the west, north, and south of University Towne Centre has been going on for many years with very substantial community involvement. Development in accordance with these plans is expected to take place at an accelerated rate now that UTC is open. Unlike so many communities of recent vintage where residential development preceded or even excluded installation of community and commercial facilities, the University Community began with a full-fledged employment base. These are UCSD and the Torrey Pines science/research complex; the Towne Centre was intended to provide the second or complementary core of activity. The residential areas arrayed between these nuclei give many the chance to live near work, recreation, shopping, and cultural activities. This is'nt suburban sprawl; in fact, it's the very opposite!

Ms. Lakoff deploras the lack of supermarkets, drugstores, and other "convenience goods" outlets in UTC. These very necessary facilities will be included within the residential areas - the "neighborhoods" - where they can be as near as possible to those who use them frequently. All these smaller neighborhoods will be linked to the larger, somewhat less-frequented community center, UTC, by pedestrian and bicycle rights-of-way. The first of these linkages is the bridge over La Jolla Village Drive heading north from UTC. This linkage system will eventually make it

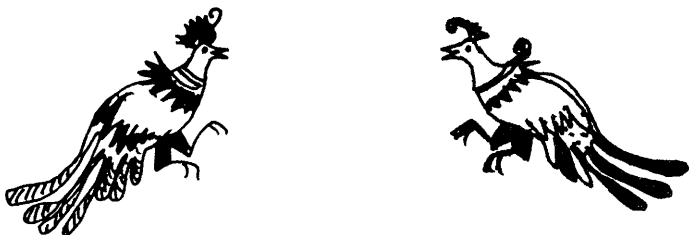


possible to get by without cars more often for the residents of University Community; and for non-residents who work at UTC or other employment centers in the community to utilize "park and ride, bike, or walk" facilities which are also planned.

Another criticism leveled against UTC concerned its merchandising - the extent of it, the price level, and (by implication) the repetitive quality. In this we have to agree with the criticism. Many factors were and are involved here, including "trade-offs" to obtain the community facilities. Honest folks may surely disagree about the relative merits of such trade-offs. Moderating the "negative" somewhat, though, is the knowledge that when the center is fully operating, the shoe stores and women's ready-to-wear will comprise a considerably smaller portion of the whole. In addition, it is our hope that many of the "smaller" entrepreneurs, who could not afford the high rents of UTC, will be able to locate in the less structured neighborhood centers.

While this is slightly off the track of our original purpose, we are delighted to report that bi-monthly noontime mini-concerts will begin early next year in UTC's semi-enclosed, tree-shaded pavillion. We believe this is exactly the sort of activity that is needed to make UTC an exciting community center. There are other substantive discussions not touched upon here. we would be pleased to hear more Oceanids comments.

Judith Munk  
Mary Manaster



WASTE NOT, WANT NOT . . . using a drinking glass of water to BRUSH TEETH takes 8 ounces of water . . . running the tap takes 10 gallons. If shaving, double that amount. A small LEAK wastes 25 gallons a day.

## Kudos

Provost June Louin Tapp (Revelle College) was appointed a participant in the first National Forum of the American Council on Education: National Identification Program for the Advancement of Women in Higher Education Administration.

Professor John B. West (Medicine and Bioengineering) received the 1977 Ernst-Jung Prize for Medicine from the West German Jung Foundation for Science and Research.

Professor Harry N. Scheiber (History) is a Trustee, Law and Society Association.

Professor Margaret E. Burbridge (Physics) was selected as 1977 Jansky Lecturer by the Trustees of Associated Universities, Inc. and the National Radio Astronomy Observatory.

Professor Roy Harvey Pearce (Literature) received a grant from the American Council of Learned Societies for support of his work on an edition of the letters of Nathaniel Hawthorne.

Director Diane R. Annala (University Events Office) was elected a member of the Board of Directors of the National Entertainment and Campus Activities Association.

Associate Chancellor Martin N. Chamberlain (Dean, University Extension) was elected Chairman of the California Council for the Humanities in Public Policy.



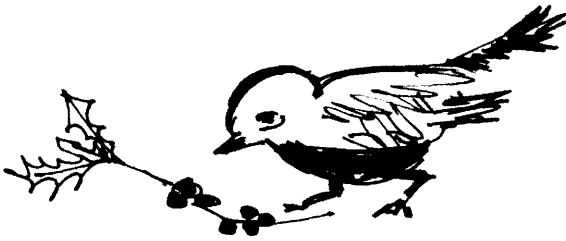
House for Rent. End of January to beginning of June 1978. Four bedrooms, 3½ baths, study, ocean view. Walk to Shores beach, near SIO and UCSD. Call Sally Kroll, 459-1322.



## The Recipe Corner

### AVIS' FRUIT PUNCH

(Served at Oceanids luncheon)

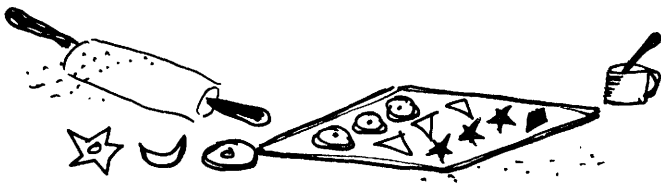


### Tut.....Tut

Oceanids are planning to organize a bus trip to Los Angeles for the "Treasures of Tutankhamun." Pat Austin has volunteered to organize the tour for Oceanids. As of yet we do not have a definite date, but the hour will be early morning, between 8 AM and 10 AM. This means the bus will have to depart from La Jolla approximately 2½ hours before the tour time. The cost will be minimal - Museum admission is \$2 each, plus bus transportation. The details and date will be published as soon as known. If you are definitely interested in going on the bus trip, call or write to: Pat Austin, 952 Amiford Drive, San Diego 92107, telephone 222-5819.

The alternative to the group trip is the public admission. In San Diego County, tickets will go on sale January 3 at the four Broadway stores, the three May Company stores, and Bullock's. Tickets are \$2 for adults and \$1 for persons 62 and older, students, and children under 12.

Tickets will be issued for a specific viewing date and time between 10 AM to 6 PM, seven days a week. There is a limit of four tickets per buyer. Tickets sold on a cash basis, no checks or refunds. The exhibit will run from February 15 through June 15, 1978.



Does anyone have a tested recipe for frozen yogurt? If so, would you please send it to the editor for next month's recipe?

This recipe serves 50-60.

- 1 large can frozen lime or lemon juice
- 2 large cans pineapple-grapefruit juice
- 2 large cans orange juice
- 2 large 7-Ups
- 3 bottles white grape juice (non-alcoholic)
- 2 cups white sugar
- 2 cups water

Mix sugar and water - let come to a boil - set aside to cool. Mix fruit juices, lemon or lime juices. Add sugar syrup. Place in small container and freeze until ready to use.

One hour before using, let fruit juice start to thaw. Add 7-Up and grape juice. Mix well. If a more peppy punch is desired, add 1 bottle of white wine.

(If the above does not taste exactly the same as you remember from the Oceanids party, don't be surprised. I always save and use leftover fruit juices, kept in the freezer. Therefore, I have many combinations of juices in my punch. Some have been seasoning for weeks.)

Avis Johnson

### TINY TIM FRUITCAKES

A popular alternative to traditional fruitcakes. Makes 5-6 dozen.

- 1 (14 oz.) pkg. date bar mix
- 1/3 C sifted flour
- 3/4 tsp. baking powder
- 1 tsp. pumpkin pie spice
- 2 eggs, beaten
- 2 Tbs. honey
- 1/2 C prepared mincemeat
- 1/2 C applesauce

1 C walnuts, coarsly chopped  
1-1/2 C mixed fruit, chopped  
Mix dry ingredients together in a large bowl. Add eggs, honey, mincemeat, and applesauce and beat well. Stir in nuts and fruit. Spoon into minature\* cupcake liners, or greased minature muffin tins (fill 2/3 full). Bake at 375° for 18 minutes (to test done). Cool thoroughly and store in tight containers. May frost and top with walnut halves, or red or green cherries.

\*Minature cupcake liners are about 1/3 the size of regular cupcake liners and may be purchased in most party supply stores. You can use the liners directly on top of cookie sheets (rather than using special tins) but check baking time carefully.

Beth Spooner

## Notices

The International Kitchen will not meet in December. The next Kitchen will be Wednesday, January 11. Call Sheila Macdougall at 454-8694 for more information.

WANTED - a SANTA CLAUS suit that Oceanids can buy or borrow. Call Audrey Swartz, 453-6652.



AND A HAPPY NEW YEAR

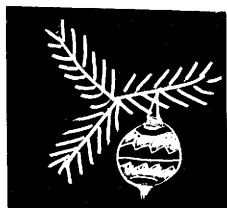
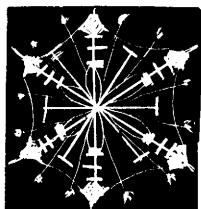
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# bear facts

U. C. S. D.

La Jolla, Calif. 92093

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Adylin Rosenblatt  
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## Sabbatical Rentals

Exchange Wanted. Exchange two bedroom furnished beach-front house in La Jolla for flat in central London, July 1978 to September 1979. Contact Dr. Morris Fredkin, UCSD, 452-4188.

Townhouse-Condominium. For rent, December 15 for 1 year lease in the Genesee area near UCSD. Three bedrooms, 2½ baths, \$400/month. Phone 453-5861 or 236-1231, ext. 104.

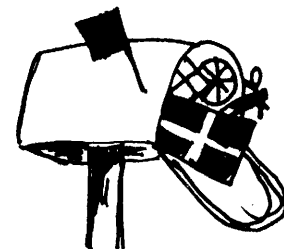
For rent. Spring quarter, dates flexible. Three bedroom, 2 bath furnished house. Walk to UCSD and Torrey Pines School. Large enclosed garden, quiet street, partial ocean view. \$600/month with gardener, utilities. For information, call 453-1934.

House for rent. January 1, 1978 through August 1978. Blocks to beach, ocean view, large fenced yard. \$550/month, gardener included. Call 755-8991 or 453-4100, x 370, ask for Jane.

Rental wanted. Canadian professor and family would like a small house, apartment or condominium to rent from April 1978 through August 1978. Contact Ann Heinemann, 453-7150.



# Bear Facts Calendar



DECEMBER  
1977

## OCEANIDS INTEREST GROUPS

All interested Oceanids may attend any group at any time; please call chairman.

Anyone interested in forming new interest groups can do so by contacting Rose Baily  
Coordinator - Rose Baily, 453-2637

## OCEANIDS BOARD

Pres Evelyn Lakoff, 296-1039. Meets at Carol Schultz's, 8415 Sugarman Dr, LJ, 453-0458 on Thurs, Dec 1 at 9:30 AM.

## BEAR FACTS

Ch Beth Spooner, 755-2322. Staff meeting on Wed, Jan 4 at 9:30 AM at Frieda Urey's 7890 Torrey Ln, LJ, 454-1640.

## NEWCOMERS

Co-Ch Alma Coles, 453-8813; Ann Van Atta, 452-8217. All Newcomers are invited to the Oceanids Holiday Party on Dec 10 at the New Winzer Commons Building. Look at the invitation on the first page of this Bear Facts issue for complete information.

- BICYCLE GROUP - Call Rosemarie Campbell for date and location, 270-6999.
- BOOK GROUP, DAY - Co-Ch Elaine Halperin, 459-5628; Gifford Menard, 454-0236. Meets Tues, Dec 13 at 9:30 AM at Loise Knauss', 453-0457, 2634 Ellentown Rd, LJ. The book, to be reviewed by Ann Heiss, is "Gather Together In My Name by Maya Angelou.
- BOOK GROUP, EVENING - Ch Barbara Stewart, 755-7848. Meets Wed, Dec 14 at 8 PM at Barbara's, 251 South Rios, Solana Beach. The book is World of Our Fathers by Irving Howe.
- BRIDGE, COUPLES EVENING - Ch Rose Baily, 453-2637. Call Rose for date and location in December.
- BRIDGE, DAY - Co-Ch Eleanor Preisendorfer, 452-0596; Rosalie Weinberger, 459-7741. Meets Dec 13 at 10:30 AM at Rose Baily's, 453-2637, 8656 Cliff-ridge Ave, LJ.
- CHAMBER MUSIC - Ch Doris Sossner, 459-8971. Call Doris for more information.
- CHILDREN'S TRIPS/PLAY GROUP - Ch Sue Evans, 453-7319. Meets Fri, Dec 2 at 10:30 AM at San Dieguito Park. Take Interstate 5 north to Lomas Santa Fe exit. Go right to the park which is on the left side. Bring sack lunches for parents and children. Call Sue in case of rain or for more information.
- COMMUNITY CONCERNS - Call Louise Arnold, 453-0232, for information.
- CREATIVE HANDCRAFTS - Co-Ch Peggy Magde, 453-7797; Claudia Lowenstein, 453-1069. Meets Fri, Dec 2 and 16 at 9:30 AM. Call Peggy or Magde for more information.
- FOREIGN FOODS, COUPLES - Call Danine Ezell, 274-2132 for information or Rose Baily, 453-2637.
- FRENCH CONVERSATION - Co-Ch Teresa Lein, 453-4785; Wendy Ferrier, 453-3875. Rendezvous lundi, 1e 12 Decembre chez Nora Atlas, 3087 Cranbrook Ct, LJ, 453-6444, 10 AM.
- GARDENING - Co-Ch Susan Addison, 459-6198; Mary Watson, 453-2226. Meets Tues, Dec 13 at 9:15 AM at Sally Gilbert's, 780 Kalamath, Del Mar. We will tour Kent's Bromeliads in Vista and Tropic World in Escondido. Bring a sack lunch.
- GERMAN CONVERSATION - Ch Dorothy Hammel, 755-8680. Meets every Mon, 9:30-10:30 AM at Dorothy's, 2475 Mango Way, Del Mar. There will be a baby sitter in attendance.
- JAPANESE FLOWER ARRANGEMENT - Call Nateuko Tanaka, 277-1206 or Rose Baily, 453-2637, for more information.
- KITCHEN/BABY EQUIPMENT EXCHANGE - Ch Elsa Weinstein, 453-3106. The exchange is in need of baby cribs in usable condition. Please contact Elsa if you can donate a crib or other baby equipment.

**LUNCHEON GROUP** - Ch Sally Spiess, 453-0373. Meets Thurs, Dec 8 at 11:30 PM at Marie Callender's Restaurant in the Flower Hill Shopping Center in Del Mar. Please be prompt since we want to avoid the noon hour rush. If you need a ride or want more information, call Sally or Rose Baily, 453-2637.

**MADRIGAL SINGERS** - Ch Connie Mullen, 454-6871. Meets every Mon at 8 PM; call Connie for location.

**NEEDLERS** - Ch Loise Knauss, 453-0457. Meets Thurs, Dec 15, 10:30 AM at Ann Heiss', 6504 Camino Del Parque, Carlsbad, 438-2128.

**OPERA** - If interested, call Rose Schweitzer, 459-7424 or Rose Baily, 453-2637.

**PEOPLE TO PEOPLE** - Ch Claire Moore, 453-0337. Meets Mon, Dec 5 at Claire's, 9440 LJ Shores Dr. LJ, 12 PM. Bring a sandwich.

**SPANISH CONVERSATION** - Ch Barbara Moore, 755-7133. "Christmas Fiesta" Fri, Dec 9, 7-9 PM at Estelle Shabetal's, 8493 Prestwick Dr, LJ, 459-3546.

Bring either nibbles or wine. Please call Barbara or Estelle to let them know if you can come and what you will bring. Spouses or guests are invited. There will be no other meeting in December.

**TENNIS** - Ch Dorothy Lyon, 755-4577. Meets Fri, Dec 9 from 9 AM-12 PM at Mary Kay's, 340 Serpentine Dr, Del Mar. Call Dorothy for reservations.

**WINE TASTING** - Ch Barbara Jenkins-Lee, 755-1495. Meets Fri, Dec 16, 8 PM at George/Betty Shor's. Call Barbara for reservations.



### EXHIBITS, GALLERIES, MUSEUMS

**Annual Pottery Sale** by Johanna Thompson. 9 AM-4 PM, Cole's Book Store, 780 Prospect St, LJ. Dec 3

**Athenaeum Music/Arts Library** - "Still-life Paintings of Meticulous Detail, Glowing Color" - one-man show by James Stausil through Dec. Library closed Dec 24-26, 1008 Wall St, LJ, 454-5872.

**Bazaar del Mundo Gallery** - New editions of Corita Kent serigraphs, gold jewelry (new, antique), scrimshaw, abalone landscape jewelry through December. Mon-Sat 10 AM-9 PM, Sun 10 AM-5 PM. 2754 Calhoun St, Old Town, SD.

**Casat Gallery** - Recent works by Harvey Quaytman through Dec 7. 5721 LJ Blvd, LJ, 454-8897.

**Fine Arts Gallery** - George Segal drawings, pastels by American artist, 1957-1965; Soup Toureens, over 100 from various countries through Jan 1. No Thai jewelry, silverwork through Dec 11. Alf-Kindig-Miyazaki, 3-person show by local Art Guild members, winners of 1976 exhibition, Dec 3-Jan 8, reception Dec 2. Tues-Sun 10 AM-5 PM, 232-7931, Balboa Pk.

**Dale Gardner Galerie** - Hand-carved birds, paintings in various media by So Calif artists. Open run, Ave de Acacias, Rancho Santa Fe, 756-1178.

**Jewish Community Center** - 15th Annual Awards Show; painting competition open to all artists in So Calif, 10 AM-5 PM through Dec 19. 4079 54th St, SD, 583-3300.

**Knowles Art Center** - "Christmas, the Joy and the Splendor" - holiday exhibition by SD artists, Dec 1-Jan 4. 7420 Girard Ave, LJ, 454-0106.

**La Jolla Art Association** - Disabled Youths Arts/Crafts Show: SD County Show, 12-4 PM, Dec 22-23, 26-31. LJ Art Association, 7917 Girard Ave, LJ.

**La Jolla Museum of Contemporary Art** - through Dec 4: "A View of Calif Architecture: 1960-76" - photographic survey organized by SF Museum of Modern Art. Dec 9-Jan 22: "Recent Acquisitions" - paintings, sculpture in permanent collection since 1975. "Acoustic Sculpture by Michael Brewster" - sonic installation in Meyer Gallery. 10 AM-5 PM weekdays, 12:30-5 PM weekends, 7-10 PM Wed eves. 700 Prospect St, LJ, 454-0183.

**Main Street's Limited Editions** - Features artists, fine craftsmen throughout US through Dec 24. University Towne Centre, 4405 LJ Village Dr, University City, 453-8665.

**Mandeville Art Gallery** - Photographic Portraits by Diane Arbus, Richard Avedon through Dec 11. Mandeville Ctr, UCSD. 12-5 PM Sun-Fri, 7-10 PM Wed.

**Orr's Gallery** - "Five Mexican Artists" including Tamayo, Zuniga, Filcer, Navarro, Pinto: collection of paintings, drawings, graphics, sculpture through Dec 23. Mon-Fri 9 AM-5 PM, 2222 Fourth Ave, SD, 234-4765.

**San Diego Art Institute Gallery** - Annual Juried Art Exhibition Nov 1- Dec 4. 10 AM-5 PM, Tues-Sat; 12:30-5 PM Sun. 1449 El Prado, Balboa Pk, 234-5946. Juried membership show begins Dec 6. Also, one-person show by Vera Felts, oils/special mobile work by John Edwards through Jan 1.

**San Diego Museum of Man** - African Bazaar features baskets, fabrics, jewelry, E African artifacts, tribal masks for sale, show. Also, Mexican Costumes: 160 complete folk costumes. 10 AM-4:30 PM, Action Room, Dec 1-2, El Prado, Balboa Pk, 239-2001.

San Diego Public Library - "Salute to SD Authors of 1977" - exhibit of books by SD area authors with accomp. photographs, Dec 12-Jan 14, Lobby. "Gifts of Friendship from SD's Sister Cities" - Calif Rm. "Les Tres Riches Heures du Duc De Berry" - facsimile editions of Book of Hours of Jean de France, Wangenheim Rm, 1-5 PM Mon-Fri. "Foothill Art Assoc Mixed Media Show, Dec 1-31, Corridor Gallery. Library closed Dec 24, 25. 820 E St, SD.

Spanish Village Art Center - Educational Cultural Complex Mixed Media Show, Dec 1-14. Also, monthly membership exhibits, small paintings, jewelry, crafts. Balboa Park, 469-1623.

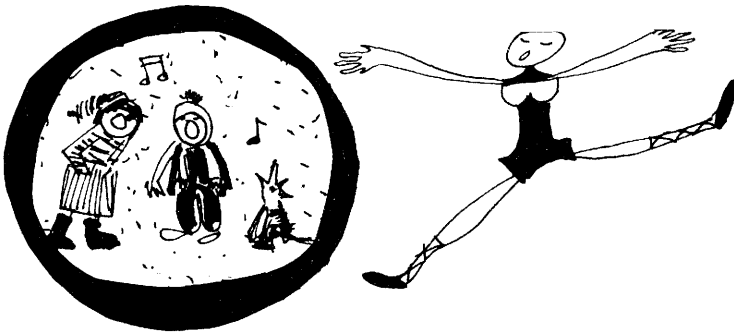
Timken Art Gallery - Putnam Foundation Art Collection of old masters, E Mediterranean icons, 10 AM-4:30 PM, Tues-Sat; 1:30-4:30 PM, Sun. Balboa Pk, 239-5548.

UCSD Extension Class Brush Paintings - Fourth Annual Exhibition/Sale. Canyon Room, Ice Capades Chalet, University Towne Centre, University City. Dec 10, 10 AM-4 PM.

University of San Diego - Maria Lench, multi-media art through Dec 16. Founders Gallery, Alcalá Park, 291-6480, 10 AM-4 PM weekdays.

T. Wayland Vaughan Aquarium/Museum, Scripps Institute of Oceanography, UCSD - Aquarium exhibits of E Pacific fishes in naturalistic settings, oceanographic exhibits, bookstore, major new tide pool exhibit. LJ Shores Dr, LJ.

Villa Montezuma - One-man show of water-colors by Joe Garcia, Dec 4- Jan 6. 1925 K St, SD, 239-2211.

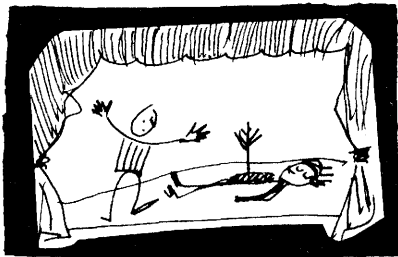
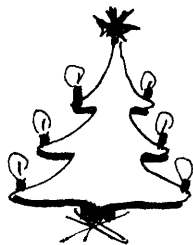


### DANCE, MUSIC

Dec 1 Noon Concert, noon, outside Mandeville Ctr, UCSD, 452-3230, free.  
 Dec 1-3 San Diego Symphony Concert features Alexis Weissenberg, piano, with Charles Ketcham conducting. 8 PM Thurs, Fri. Civic Theatre, 202 C St, admission, 236-6510.  
 Dec 2 201 Concert: works by UCSD performance class. 8 PM, Mandeville Ctr Recital Hall, UCSD, 452-3230, free.

Dec 2, 3,9,10 "Tales of Hoffman" opera presented by SD State Univ Main Stage. 8 PM, SDSU, 5402 College Ave, 286-6884, admission.  
 Dec 3 Brother's Four Unlimited, gospel concert. 8 PM, Educational Cultural Complex, 4343 Ocean View Blvd, free, 263-7254.  
 Dec 3 Jewish Community Center Chamber Orchestra. 8 PM, Horace Mann Jr High, 4345 54th St, SD, 583-3300, admission.  
 Dec 3 San Diego Symphony with Alexis Weissenberg, piano, conducted by Charles Ketcham. E County Performing Arts Center, 210 E Main St, El Cajon, admission, 440-2277.  
 Dec 3 Sonny Terry/Brownie McGee with John Hiatt Concert. 8, 10:30 PM, The Backdoor, SDSU, 5402 College Ave, 286-6884, admission.  
 Dec 3, 4 LJ Civic/University Symphony Chorus directed by David Chase in Bach's "Magnificat", Jongen's "Sinfonie Concertante". 8 PM, admission, St-James-by-the-Sea Episcopal Church, LJ, 452-3229.  
 Dec 3, 4 "The Nutcracker" - cameo appearance by Calif Ballet Co. 1, 1:30 PM, Mission Valley Ctr Mall, Mission Ctr Rd, exit off I-8, free, 296-6376.  
 Dec 4 Advent Procession with Carols sung by the St. Paul's Choristers, a choir of men, boys directed by Edgar Billups. 4 PM, St. Paul's Church, 5th/Nutmeg, SD, 298-7261.  
 Dec 4 Earth, Wind, Fire, rock concert. 8 PM, Sports Arena, 3500 Sports Arena Blvd, admission, 224-4176.  
 Dec 4 Jean-Luc Ponty concert. 8 PM, Civic Theatre, 202 C St, admission, reservations, 236-6510.  
 Dec 4 "The Nutcracker" excerpts by Calif Ballet Co, 2 PM. Educational Cultural Complex, 4343 Ocean View Blvd, SD, free, 263-7254.  
 Dec 4 Sinfonia at the Spreckels: Aaron Rosand, violinist, in concert with John Garvey, conductor. 7 PM, Spreckels Theatre, 121 Broadway, SD, 236-9877.  
 Dec 7 Christmas Concert at the Mission San Luis Rey, east of Oceanside presented by the Early Music Ensemble of SD, 8 PM, admission.  
 Dec 7 LJ Mini-Concerts presents Peter Kairoff, pianist. 12, 12:30 PM, Athenaeum Music/Arts Library, 1008 Wall St, LJ.  
 Dec 8 Evenings at the Apolliad sponsored by SD Mesa College presents Pacific Broken Consort, recital of medieval, renaissance, baroque periods. 8 PM, Apolliad Theatre, Mesa College, 7250 Mesa College Dr, free, 279-2300.  
 Dec 10 LA Philharmonic Orchestra with Zubin Mehta, conducting; Ronald Leonard, cello, 8 PM, Civic Theatre, 202 C St, 236-6510.

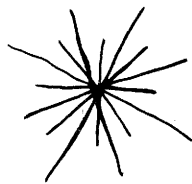
- Dec 11 Christmas Concert at Mission SD de Alcala presented by Early Music Ensemble of SD, 8 PM, admission.
- Dec 16 Christmas Concert at St. Peter's Church, Del Mar presented by Early Music Ensemble of SD, 8 PM, admis.
- Dec 16 SD Ballet presents Galina Panov in "The Nutcracker" - Civic Theatre, 202 C St, 239-4141/236-6510.
- Dec 17 Renaissance, Baroque Festival Music for Christmas performed by the Guidonian Hand, UCSD Madrigal Singers, 8 PM, Salk Institute, LJ, free.
- Dec 18 Christmas Festival of Lessons, Carols sung by St. Paul's Chroisters, choir of men/boys directed by Edgar Billups. St. Paul's Church, 5th/Nutmeg, SD, 4 PM, 298-7261.
- Dec 23 "The Nutcracker" presented by Calif -27 Ballet Co stars Marlene Jones, Douglas Hevenor. 2:30 Sat, Mon; 8 PM Fri, Mon, Tues. Civic Theatre, 202 C St, 560-5676.
- Jan 5 Evenings at the Apolliad presents California Zephyr, evening of Blue Grass Music. 8 PM, free, Montgomery Jr High, 2470 Ulric St, 279-2300.
- Noon Hour Recorded Concerts: Mon, Wed, Fri. Christmas music daily at noon Dec 19-23. Art/Music Section of SD Public Library, 820 E St, SD.



#### THEATRE

- thru "Exit the King" drama by Eugene  
Dec 4 Ionesco. 8 PM nightly except Mon, 2 PM Sun. Carter Ctr Stage, Balboa Park, 239-2255, admission.
- thru "The Oldest Living Graduate" comedy-  
Dec 10 drama by Preston Jones. 8:30 PM Fri, Sat. Mission Playhouse, 3960 Mason St, Old Town, 295-6453. Admission, reservations.
- thru "The Wiz" musical Broadway show.  
Dec 17 8:30 PM Mon-Sat, 2:30 PM Wed, Sat. Fox Theatre, 7th/B Sts, 231-8995, admission.

- thru "Too True to be Good" by George  
Dec 18 Bernard Shaw. 8 PM nightly except Mon, 2 PM Sun. Old Globe Theatre, Balboa Park, 239-2255.
- thru "A Funny Thing Happened on the Way  
Dec 25 to the Forum" musical, dinner, show. 6 PM Thurs-Sat, brunch, show 11:30 AM Sun. Bellville's Dinner Theatre, Kettner Blvd/C St, admission, 233-6355.
- Dec 1 "Canterbury Tales" by Chaucer presented by John Brunner, puppeteer. 8 PM, Montgomery Jr High, 2470 Ulric St, 279-3000, x 340, free.
- Dec 1 Steve Martin comedian. Time to be announced. Golden Hall, Convention/Performing Arts Ctr, 202 C St, admission, 236-6510.
- Dec 1, "Gypsy" musical performed by Front/  
3,4 Center Players, 8 PM, Jewish Community Ctr, 4079 54th St, admission, 583-3300.
- Dec 2, "The Real Inspector Hound" by Tom  
3,4 Stoppard. Fri, Sat 8:30 PM; Sun 7:30 PM. Stratford Theatre, 1355 Stratford, Del Mar, 755-1702.
- Dec 2, "Goodbye Charlie" comedy/farce.  
3,9,10 8:30 PM, Actors Quarter Theatre,  
16,17 480 Elm St, SD  
238-9609, admission.
- Dec 2, "The Importance of Being Earnest"  
4 opera version of Oscar Wilde's comedy by Pacific Lyric Theatre. 8 PM Fri, 2:30 PM Sun. Casa del Prado, Balboa Park, admission, 287-7260.
- Dec 2- "Little Women" Louisa May Alcott's  
11 classic. 8 PM Fri, Sat; 2 PM Sun. Patio Playhouse, 1511 E Valley Pkway, Escondido, adm, 746-6669.
- Dec 2- "Send Me No Flowers" comedy. 8:30  
11 PM Fri-Sun. Ramona Old Town Hall Playhouse, 729 Main St, Ramona. Admission, 789-4870.
- Dec 3 "Shakespeare's People" celebration of Shakespeare in words, music with Michael Redgrave. 8:30 PM, Spreckels Theatre, 121 Broadway, admis, 238-1555.
- Dec 4 Reader's Theater, William Gass, directed by Pam Adams, Thomas Reiter. 2, 8 PM, Little Theatre, SDSU, 5402 College Ave, 286-5147, free.
- Dec 8- "A Christmas Carol" by Charles Dickens.  
30 8 PM eves, 2:30 PM Dec 11, 17, 18, 23, 24, 26. SD Repertory Theatre, 1620 Sixth Ave, 231-3585.
- Dec 15 Evenings at the Apolliad presents "An Evening of Holiday Cheer" readings of holiday writings including Dylan Thomas' "A Child's Christmas in Wales" by actor Roger Stephens, plus recital of music by Lynne Bernfield. 8 PM Montgomery Jr High, 2470 Ulric St, free, 279-2300.
- Jan 3- "Sleuth" suspense drama by Anthony  
Feb 5 Shaffer. 8 PM nightly except Mon, 2 PM Sun. Old Globe Theatre, Balboa Park, 239-2255.



FILMS

- thru "Star of Bethlehem" multi-media  
 Dec 31 show on various explanations of Christmas Star. "Skies Over Holland" travel film. Reuben H. Fleet Space Theatre, Balboa Park. Call for show-times, 238-1168. Admission includes entrance to Science Ctr.
- Dec 1 "The Iceman Cometh" art film. 2, 7 PM, Rm P-32, Palomar College, San Marcos, 744-1150, free.
- Dec 1 "The NDA Melting Pot" film features Dessie Kuster Severson, Ph.D. 7:30 PM, Salomon Lecture Hall, USD, Alcala Park. This is part of "The Ascent of Man" film series by Jacob Bronowski, 291-6480, x 221, admission.
- Dec 1-6 "The Mystery of Kasper Hauser or Each Man for Himself and God Against All" dir by Werner Herzog, German Russia 1938, dir by Sergei Eisenstein, 8:55 PM, Unicorn Cinema, 7456 LJ Blvd, 459-4341.
- Dec 2 "Life of Oharu" 1952 by Kenji Mizoguchi. 7 PM, SS-100, SDSU, 5402 College Ave, free, 286-5301.
- Dec 3 "Stravinsky" film with lecture, discussion. 10 AM-1 PM, Rm P-32, Palomar College, San Marcos, 744-1150, free.
- Dec 3, 4 "Death of a Legend" film on wolves. 1:30, 3 PM, Natural History Museum Aud. Balboa Park, part of weekly nature film series. Free with museum admission, 232-3821.
- Dec 3, 4 Torrey Pines State Reserve, continuous slide programs. 11 AM-3 PM, 755-2063, entrance fee to park.
- Dec 4 Hollywood '39 Film Series: "The Hunchback of Notre Dame" with Charles Laughton, Maureen O'Hara, plus Betty Boop cartoon. 7 PM, Sherwood Hall, LJ Museum of Contemporary Art, 700 Prospect St, 454-0183, admission.
- Dec 6, 7 "Mutiny on the Bounty"/"Casablanca" presented by Fine Arts Gallery, Tues, Wed 1 PM; Tues, Wed 7 PM. Copley Aud, Fine Arts Gallery, Balboa Park, admission, 232-7931.
- Dec 7, 8 "The Kid Brother" 1927 with Harold Lloyd, 7, 9:55 PM. "Safety Last" 1923 with Lloyd, 8:30, 11:25 PM. Unicorn Cinema, 7456 LJ Blvd, LJ, 459-4341.

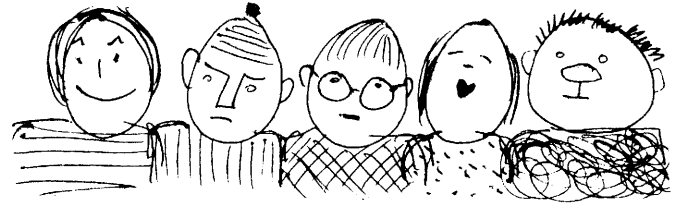
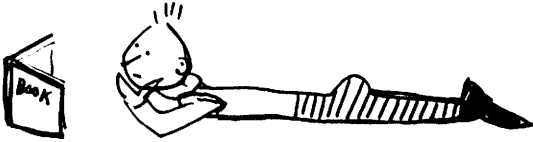
- Dec 9, 10 "Safety Last" with Harold Lloyd at 7, 9:35 PM. "Girl Shy" with Lloyd at 8:25, 11 PM. Unicorn Cinema, 7456 LJ Blvd, LJ, 459-4341.
- Dec 11 Hollywood '39 Film Series: "Ninotchka" with Greta Garbo, Melvyn Douglas, plus Betty Boop cartoon. 7 PM, Sherwood Hall, LJ Museum of Contemporary Art, 700 Prospect St, LJ, 454-0183, admission.
- Dec 11 12 "The Freshman" with Harold Lloyd, 7, 9:45 PM. "Why Worry?" with Lloyd, 8:20, 11:05 PM. Unicorn Cinema, 7456 LJ Blvd, LJ, 459-4341.
- Dec 13 14 "Feet First" with Harold Lloyd, 7, 9:50 PM. "The Freshman" with Lloyd, 8:30, 11:20 PM. Unicorn Cinema, 7456 LJ Blvd, LJ, 459-4341.
- Dec 13 14 "The Great Ziegfield" 1936 with William Powell, Myrna Loy, Luise Rainer. Also short: Laurel, Hardy in "The Music Box". Tues, Wed 1 PM, 7 PM. Copley Aud, Fine Arts Gallery, Balboa Park, 232-7931, admission.
- Dec 18 Hollywood '39 Film Series: "Goodbye, Mr. Chips" with Robert Donat, Greer Garson, Betty Boop cartoon. 7 PM, Sherwood Hall, LJ Museum of Contemporary Art, 700 Prospect St, LJ, 454-0183, admission.
- Dec 20 21 "Gone with the Wind" with Clark Gable, Vivien Leigh. Tues, Wed 1 PM, 7 PM. Copley Aud, Fine Arts Gallery, Balboa Park, 232-7931, admission.
- Dec 27 28 "How Green Was My Valley" with Walter Pidgeon, Maureen O'Hara. "Mrs. Miniver" with Greer Garson, Walter Pidgeon. Tues, Wed 1, 7 PM, Copley Aud, Fine Arts Gallery, Balboa Park, 232-7931, admission.
- Jan 3 4 "Going My Way" with Bing Crosby "The Lost Weekend" with Ray Milland. Tues, Wed 1, 7 PM, Copley Aud, Fine Arts Gallery, Balboa Park, 232-7931, admission.



WOLF IN SHEEP'S CLOTHING



WOLF (PLAIN)

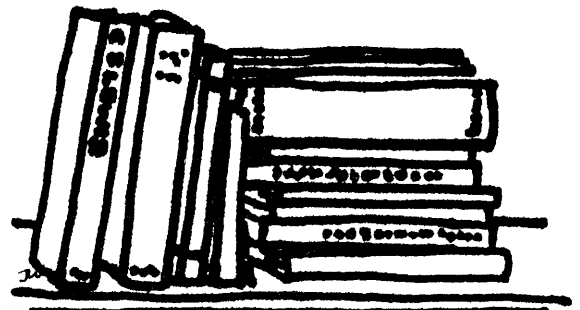


CLASSES

- thru Jan 21 Fall Art Classes for Children including Primary Art Experience, Drawing, Painting, Crafts Workshop. 9-10:30 AM, 10:45 AM-12:15 PM Sat. La Jolla Museum of Contemporary Art, 700 Prospect St, LJ, 454-0183.
- thru June La Jolla Museum of Contemporary Art annual docent training program. 1-3 PM every Mon. Application forms at Museum, 700 Prospect St, LJ, 454-0183.
- Dec 2-4 "Pairing: The Search for Intimacy" weekend workshop using techniques of Dr. George Bach. 7-10 PM Fri, 9 AM-5 PM Sat, Sun. Winzer Commons, School of Medicine, UCSD, fee, 452-3400.
- Dec 7 "Twice to the Moon and Back" with James Lovell. Sponsored by Issues Forum of SD City College. Ballroom, Balboa Park, House of Hospitality. 7:30 PM, free, 233-4442.
- Dec 10 "Getting Your Child Started in Music" workshop with Dr. James Galas. 10 AM-noon, Rm D-102, SD City College, 1313-12th Ave, fee, 233-4442.
- Dec 10 "Passages - Exploring Your Critical Moments" workshop with Peggyanne Smith, Ph.D; Julianne Crane. 10 AM-3 PM, Staff Dining Rm, SD City College, 1313-12th Ave, fee, 233-4442.
- Dec 13 Society of Children's Book Writers. 7-9 PM, Story Hour Rm, SD Public Library, 820 E St, SD.
- Dec 14 Great Books Discussion Group. 7-9 PM. Story Hour Rm, SD Public Library, 820 E St, SD.
- Dec 28 Great Books Discussion Group. 7-9 PM, Story Hour Rm, SD Public Library, 820 E St, SD.
- Crafts classes in ceramics, photography, stained glass, woodworking, mime at UCSD. Call 452-2021 for info.
- Naturalist classes for children 4-11, jr, sr high. Tues, Wed, Thurs, Sat. SD Natural History Museum, Balboa Park, 232-3821, x 22 for information.
- Royal Scottish Country Dance Society pres beginning class in Scottish Country Dancing. Weekly Tues 7:30-9:45 PM. Also intermediate dancing Tues 7:30 PM. Casa del Prado, Balboa Park. Family class Fri eves at St. James Hall, LJ, 287-5973/453-3875/454-8055.

LECTURES

- Dec 2 Concert Interlude sponsored by Woman's Committee of SD Symphony: behind-the-scenes interpretive discussion with conductor Charles Ketcham, guest artist Alexis Weissenberg. 12:05 PM, Grand Salon of Civic Theatre, preced. by guided backstage tour, 239-9721.
- Dec 2 "The Star of Bethlehem" possible explanations of Christmas Star are offered. 7:15, 8 PM, Planetarium, Palomar College, San Marcos, free, 744-1150.
- Dec 8, 15 Poetry Readings. 7:30 PM, Story Hour Rm, SD Public Library, 820 E St, SD.
- Dec 9 "Mexican Indian Costumes" lecture, walking tour of museum exhibit by Judith Strupp Green, textile authority. 7:30 PM, Action Rm, Museum of Man, admission, 239-2001.
- Dec 13 "Senior Days" presents "Modern Interpretations of Classical Guitar" lecture/demonstration by Alan Merian. 1 PM, Refreshments served at 1:45 PM. "The Thin Man" film with Myrna Loy, William Powell at 2 PM. LJ Museum of Contemporary Art, 700 Prospect St, 454-0183, reasonable admission.
- Dec 16 Recent archaeology in Mission Valley will be tentative program of Archaeological Institute of America, SD Chapter. For information on location call 459-2493.
- New Poetry Series: UCSD presents major poets in Wed readings including Helen Adam, Margaret Jenkins Dance Co, Michael Palmer, Peter Everwine. 4 PM, Revell Formal Lounge, UCSD, public invited. For more information call M. Davidson, 452-2533. All readings are taped, may be heard at Archive for New Poetry on 8th fl of Central University Library.



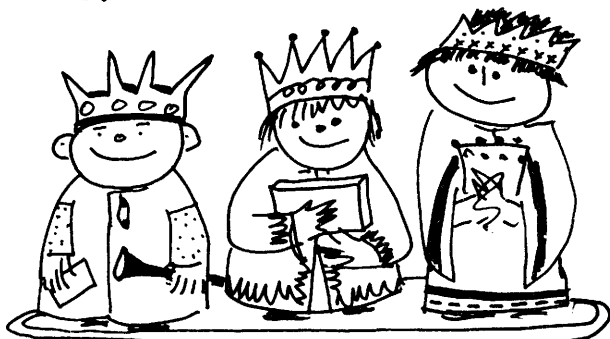




CHILDREN



- thru Theatre for Children: workshops will  
 Dec 14 be held once weekly on Wed, Thurs  
 4-6 PM. Glorietta Bay Park Recrea-  
 tion Facility, Coronado, fee, 435-  
 4856.
- Dec 3 Annual Christmas Party for children,  
 grandchildren of Fine Arts Society  
 members. 10:30 AM-12:30 PM. Features  
 Santa Claus, Puppet Lady, refresh-  
 ments. Fine Arts Gallery, Balboa  
 Park, 232-7931.
- Dec 3- "The Emperor, the Moon and a Catch  
 17 of PD's" modern fable for children,  
 adults. 11 AM, 1 PM Sat. Genesis  
 Theatre, 4690 Palm Ave, La Mesa,  
 461-8255, admission.
- Dec 3, Children's Christmas Show "Angel  
 4,10, Who Lost His Feathers"/"The Trouble  
 11,17 Maker Reindeer". 2 PM Sat, Sun,  
 18 Actors Quarter Theatre, 480 Elm  
 St, 238-9609, admission.
- Dec 4- "The Heavenly Cinder" Marie Hitch-  
 18 cock's traditional Christmas mario-  
 nette play. 1,2,3 PM Sun. Puppet  
 Theatre, Balboa Park, admission  
 50¢.
- Dec 8- LJ Santa Claus House 3-5 PM daily  
 23 except Sun at corner of Girard/  
 Wall Sts, LJ, 454-1444.
- Dec 9- Theatre for Children: "The Tailor  
 11,16- of Gloucester" play based on story  
 18 by Beatrix Potter. Fri 7 PM; Sat,  
 Sun 2 PM, Coronado Playhouse,  
 Coronado, 435-4856, admission.
- Dec 10 Annual Oceanside Children's Christ-  
 mas Parade: largest youth partici-  
 pation parade in SD County. Begins  
 10 AM, 433-9000, x
- Dec 17 Pictures with Santa: 10 AM-4 PM,  
 -24 Clark Theatre, Children's Zoo,  
 Balboa Park, admission, 231-1515.
- Dec 19 "Holiday Strings" puppet show by  
 Marie Hitchcock, 10:30 AM, Children's  
 Rm, SD Public Library, 820 E St,  
 SD.



SPECIAL EVENTS

- Dec- Whale watching Excursions: daily,  
 Mar 2 hour tours with commentary by  
 experienced guides. 10 AM-1 PM Mon-  
 Fri, 9 AM-12 noon, 2:30 PM weekends.  
 For information call 222-1144, fee.
- thru African Bazaar - collection of E  
 Dec 2 African artifacts plus tribal masks,  
 statues, textiles from Central, W  
 Africa. 10 AM-4:30 PM, Action Room,  
 Museum of Man, Balboa Park, 239-  
 2001, small admission charge.
- thru National Senior Hardcourt Tennis  
 Dec 4 Championships, LJ Beach, Tennis  
 Club, 2000 Spindrift Dr, LJ. Also  
 National Father-Son Tournament,  
 Dec 1-4. Finals 2 PM Sun, 454-7126.
- thru Christmas as Mission Valley Ctr.  
 Dec 24 Christmas caroling by community  
 groups, times to be announced.  
 Mall, off I-8 at Mission Center  
 Rd, 296-6376.
- Dec 2 Christmas in Coronado: evening  
 caroling, bands along Orange Ave.  
 Door prizes, 435-9260.
- Dec 2- Flower Shows: "Floral Association  
 4 Christmas Show", 11 AM-4:30 PM,  
 Fri, Sat; 11-4 PM Sun, Majorca Rm  
 101. "California Native Plant Sale",  
 10 AM-4:30 PM Sat, Sun, Patio A,  
 Casa del Prado, Balboa Park, 232-  
 5762/234-8901, free.
- Dec 2- Southwestern Antique Institute Show,  
 4 Sale, 1-9 PM Fri; 12-6 PM Sat, Sun.  
 Scottish Rite Memorial Temple, 1895  
 Camino del Rio So, Mission Valley,  
 297-3446, admission.
- Dec 3 Combo TV Auction. Fund-raising event  
 by COMBO of SD County. Check TV  
 listings, 6:30 PM-2 AM, 231-6979.
- Dec 4 Christmas in Flowerland Bazaar:  
 Handmade, donated items for sale,  
 10 AM-4 PM, Ecke Family Bldg, Quail  
 Botanical Gardens, 230 Quail Gardens  
 Rd, Encinitas, 436-3036, free.
- Dec 4 Old Town Christmas Parade. Clowns,  
 bands march 2 PM from Amputia/SD  
 Aves north to Twiggs St in Old Town  
 Historic Park, 296-3252.
- Dec 4- Community Christmas Center: Golden  
 31 lights throughout Balboa Park, life-  
 size biblical scenes by sculptor  
 Rudolph Vargas, Santa's sleigh,  
 reindeer. Organ Pavilion, Balboa  
 Park, 236-5984.

- Dec 4- Christmas at Villa Montezuma: decorated for Victorian Yuletide with handmade decorations. 1-4:30 PM daily except Mon, Sat. Santa arrives 3 PM Dec 4, 1925 K St, 239-2211, free.
- Jan 6 Annual Madonna Home Tour: Five Pt Loma area homes decorated for Christmas. 10 AM-3 PM, Bazaar, start at St. Charles Academy, 2802 Cadiz St, 224-1347/225-0362, admission.
- Dec 7 Annual All Soul's Christmas Home Tour: Three Pt Loma area homes display handicraft decorations. 10 AM-4 PM, Bazaar, start at Parish House, 1475 Catalina Blvd, 223-6394, admission.
- Dec 8- Santa Claus House, 3-5 PM, sponsored by LJ Town Council, Girard/Prospect Sts, 454-1444, free.
- Dec 9- Christmas at Natural History Museum: Christmas Tree Sale, 6:30-9 PM in museum; Songs, carols by church, school choirs, 7-8 PM on museum steps, free. Fri, Sat Balboa Pk, 232-3821.
- Dec 10 Annual Oceanside Children's Christmas Parade: Largest youth participation parade in SD County. 10 AM, Jr high bands, youth groups, band, float competition, 433-9000, x 290.
- Dec 11 Annual Mission Bay Christmas Boat Parade of Lights - illuminated, decorated boats travel 5 mile route through Mission Bay Park. Boats assemble 6:30 PM, Quivira Basin, parade ends 9 PM, Sea World. 276-2800, free.
- Dec 11 Lucia Fest - Swedish Christmas celebration with Linganen Chorale, 2 PM. Something Special from Scandinavia, 2515 SD Ave, Old Town, refreshments provided, free, 299-3793.
- Dec 11 Our Lady of Guadalupe Celebration: parade of decorated floats starts at noon from Our Lady of Guadalupe Church, 1770 Kearny Ave. Solemn Concelebrated Mass at Golden Hall, 2 PM. Free. Banquet-show includes Mexican, Spanish folkloric dancers, 5 PM, International Rm, El Cortez Hotel, admission. For information: Padre Hidalgo Ctr, 235-6291.
- Dec 14 Old Town Posada - Candlelight procession (bring own candle) in which Holy Family is portrayed seeking shelter. Begins 7 PM, Old Town Plaza. Carols, audience participation, chorale groups, free, 291-4903.
- Dec 18 Las Posadas: Colorful Mexican Yuletide ceremony portrayed by children; young people of parish sing traditional songs. Breaking of pinata, 2 PM, Mission San Luis Rey, Hwy 76, E of Oceanside, 757-3651, free.

- Dec 18 Christmas Light Boat Parade: Festively lit boats tour SD Bay starting 6 PM from Shelter Island Yacht Basin. Ends approximately 8 PM, 272-5727/222-0301. Harbor excursion cruise follows route, 234-4111.
- Dec 20 Mexican Posadas: Mexican Christmas pageant, games, cultural presentation, authentic Mexican food. 7-10 PM, Centro Cultural de la Raza, Balboa Pk, 235-6135.
- Jan 1 New Year's Day Events: Yacht regatta for sailboats, noon. 222-1103. New Year's Day Splash, noon, 525 Garbir Dr, 232-1898. Penguin Day Ski Fest, 8 AM-1 PM, De Anza Cove, Mission Bay, 276-0830.

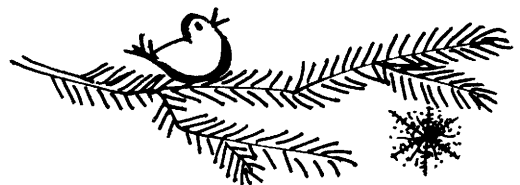


#### TOURS, TRIPS, WALKS

- Dec-May 1 Sea-going Whale Watcher's Natural History Tours: 3½ to 10½ days. Trips to Baja Calif, Guadalupe, Todos Santos, San Martin, Coronado Islands for exploration of marine mammals, sea birds, plants. Also Calif Channel Islands. Led by Dr. Theodore Walker. 222-1144 or write 2803 Emerson St, SD 92106, fee.
- Dec 10 Natural History Museum Field Trips: -11 Rock dig with museum curator Josephine Scripps, Sat, location to be announced, fee, 724-1274. Tidepool field study, 2 trips to SD tidepools during afternoon to observe marine ecology, Sat, Sun, fee reservations required, 232-3821, x 22.
- Tour Guide Service for Balboa Park Buildings sponsored by Committee of 100, dedicated to preservation of Spanish Colonial Architecture in Balboa Park. Guided walks through El Prado area available to organizations from Sept 1977 through June 1978. Led by qualified docent-guides. For information call Mrs. Daniel M. Brown, 223-6566, or Mrs. Quinn Hornaday, 459-5748.



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## About the Lecture Series and the UCSD Medical Center Auxiliary

The health education lecture series was originated by the UCSD Medical Center Auxiliary in 1970 as an attempt to share the expertise of nationally-known faculty members at University Hospital and the UCSD School of Medicine with the community. The lectures were envisioned wholly as public service events, with no fund raising aspects, and have remained that way through the years. All reservation money goes for luncheon payment, and every effort is made to keep this cost to a minimum.

The Auxiliary invites over 20 San Diego community organizations to participate on an advisory committee that assists in planning the lectures. Representatives from these groups attend meetings held by the Auxiliary lecture chairman throughout the summer and select topics for the coming year from some 200 suggestions. Speakers are then matched to the committee-voted topics.

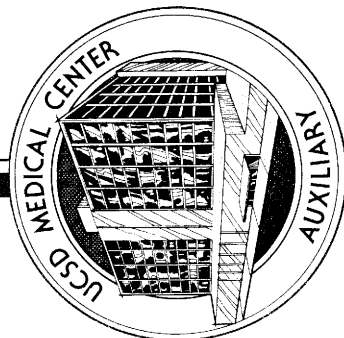
The UCSD Medical Center Auxiliary was founded in 1968 to serve University Hospital and its clinics. As reflected by the Auxiliary name, this now includes the entire University of California Medical Center complex in the Hillcrest area, of which University Hospital is the cornerstone.

Membership in the Auxiliary and its units is open to all interested persons.

Your Family's Health

# MEDICAL UPDATE '78

UCSD MEDICAL CENTER AUXILIARY  
1978 EDUCATIONAL LECTURE SERIES



UCSD Medical Center  
Auxiliary

1978

## Health Education Lecture Series

WHEN

9 AM-2 PM

DATES

**1**

JANUARY 9

**2**

FEBRUARY 13

**3**

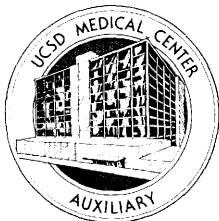
MARCH 6

WHERE

TOWN & COUNTRY  
CONVENTION CENTER  
500 HOTEL CIRCLE  
SAN DIEGO,  
CALIFORNIA

INFORMATION

UNIVERSITY HOSPITAL  
VOLUNTEER SERVICE  
294-6370



### Seventh Annual educational and community service project sponsored by the **UCSD Medical Center AUXILIARY**

... in conjunction with

Angel's LARC—Angel's Unaware Center for the Retarded •  
Belles for Mental Health • Brandeis University—National Women's Committee •  
California Federation of Women's Clubs • California State Association,  
Colored Women's Clubs • Council of Community Clinics •  
Friends of Linda Vista Health Care Center • KIN—La Jolla Chapter of the  
Kidney Foundation of Southern California • National Council of Jewish Women,  
San Diego Section • Naval Officers' Wives • Navy Wives Club of America #96 •  
Ninth District PTA • Northwest Family Y.M.C.A. • ORT—Pacific Shores Chapter •  
Planned Parenthood of San Diego • Retinitis Pigmentosa Foundation •  
San Diego Bar Association Auxiliary • San Diego—Imperial County  
Council of Hospital Volunteers • San Diego County Medical Society Auxiliary •  
San Diego Dental Auxiliary

## LECTURE

**1**

**JANUARY 9, 1978**  
**MONDAY, 9 AM-2 PM**

OPENING REMARKS . . .

**WHAT'S NEW AT THE  
 UNIVERSITY OF CALIFORNIA  
 MEDICAL CENTER**

Sheldon S. King, M.S.  
 Director, University Hospital &  
 Clinics,  
 University of California, San Diego

**CANCER: NEW TOOLS, NEW  
 TREATMENTS**

Yosef H. Pilch, M.D.  
 Professor of Surgery, UCSD School of  
 Medicine, and Head, Surgical  
 Oncology Service, University Hospital

**PAIN CONTROL: HOPEFUL  
 FINDINGS**

Richard A. Sternbach, Ph.D.  
 Director, Pain Treatment Center  
 Scripps Clinic & Medical Institutions,  
 and Clinical Professor of Psychiatry  
 UCSD School of Medicine

**NUTRITION: DIFFERENT AGES,  
 DIFFERENT NEEDS**

Eileen M. Riordan, M.S.R.D.  
 Research Dietitian  
 Clinical Research Center  
 University Hospital

## LECTURE

**2**

**FEBRUARY 13, 1978**  
**MONDAY, 9 AM-2 PM**

OPENING REMARKS . . .

**COMMUNICATIVE DISORDERS  
 CENTER**

Carole A. Grote, M.A.  
 Director, Communicative Disorders  
 Center, University Hospital

**PARENTING THROUGHOUT  
 THE LIFE CYCLE  
 PANEL DISCUSSION**

**OUR TODDLERS**

Suzanne D. Dixon, M.D.  
 Assistant Professor of Pediatrics,  
 UCSD School of Medicine

**OUR TEENS**

La Mar M. Fox, M.D.  
 Associate Clinical Professor of  
 Psychiatry, UCSD School of Medicine,  
 and Director of Child Psychiatry  
 Training Program and Child Guidance  
 Clinic, UCSD/Children's Hospital &  
 Health Center

**OUR PARENTS**

Herbert N. Hurwitz, M.D.  
 Clinical Instructor of Psychiatry,  
 UCSD School of Medicine

**FEMALE SEXUALITY: CRADLE  
 TO GRAVE**

Joseph F. Kennedy, M.D.  
 Assistant Professor of Reproductive  
 Medicine, UCSD School of Medicine

## LECTURE

3

**MARCH 6, 1978**  
**MONDAY, 9 AM-2 PM**

## OPENING REMARKS . . .

### THE DONATED ORGAN PROGRAM

Jack C. Fisher, M.D.  
Associate Professor of Surgery  
UCSD School of Medicine and  
Head, Division of Plastic Surgery,  
University Hospital  
UCSD School of Medicine

### HIGH BLOOD PRESSURE: THE SILENT KILLER

Joseph Stokes, III, M.D.  
Professor of Community Medicine,  
UCSD School of Medicine

### SUN, SURF AND SKIN

Richard B. Stoughton, M.D.  
Professor and Chief, Division of  
Dermatology, Department of  
Medicine, UCSD School of Medicine

### OVER THE COUNTER DRUGS: USE AND MISUSE

John H. Moxley, III, M.D.  
Vice Chancellor for Health Sciences,  
and Dean, School of Medicine, UCSD

DETACH AND MAIL TODAY

## UCSD MEDICAL CENTER AUXILIARY 1978 EDUCATIONAL LECTURE SERIES

NAME \_\_\_\_\_ PHONE \_\_\_\_\_

ADDRESS \_\_\_\_\_ CITY \_\_\_\_\_ ZIP \_\_\_\_\_

GUEST'S NAME \_\_\_\_\_ ADDRESS \_\_\_\_\_

GUEST'S NAME \_\_\_\_\_ ADDRESS \_\_\_\_\_

GUEST'S NAME \_\_\_\_\_ ADDRESS \_\_\_\_\_

NO. OF REGISTRANTS \_\_\_\_\_

Series of 3 \$16.00 including lunch  
 Single Sessions \$6.50 including lunch

January 9, 1978 No. Attending \_\_\_\_\_  
 February 13, 1978 No. Attending \_\_\_\_\_  
 March 6, 1978 No. Attending \_\_\_\_\_

YOUR CHECK IS YOUR RESERVATION  
 MAKE CHECKS PAYABLE TO  
 UCSD MEDICAL CENTER AUXILIARY  
 P.O. BOX 33440  
 SAN DIEGO, CA 92103  
 AMOUNT ENCLOSED \$ \_\_\_\_\_

RESERVE  
 AT LEAST  
 ONE WEEK  
 AHEAD

Please Pick Up Ticket at Door.

**Bear Facts**

**Month: December**

**Year: 1977**



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