



FEATURES

Surviving finals week

Coffee houses, Balboa Park and the beach provide students a more relaxing study environment.

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SPORTS

Trounced Toros

Triton baseball go 3-1 against Cal State Dominguez Hills. **page 20**



THE UCSD GUARDIAN

UC SAN DIEGO

MONDAY, MARCH 8, 2004

VOLUME 111, ISSUE 19

Students rally against low black enrollment



Lynsey Gebelin/Guardian

One percent: Nashorun Neil (left), a member of UCLA's African American Student Union, speaks to rally participants gathered on Library Walk on March 5 as they wait to submit demands to a representative of the UCSD administration.

By **GAËLLE FAURE**
News Editor

Over 100 students participated in a rally and a silent march on March 5 before presenting the UCSD administration with a list of demands asking the university to address issues concerning the black community at UCSD.

Students from other UC cam-

puses joined UCSD students of various ethnicities to speak and march in the "Blackout" rally, which started the systemwide Students of Color Conference held on campus March 5 through March 7.

Participating students wore black clothing, with many from UCSD wearing shirts reading "Represent 1

See **RALLY**, Page 7

Price Center expansion concepts revealed

Architects give four scenarios, committee selects preferred plans

By **BRYAN TSAO**
Associate News Editor

After being presented with four potential schemes for the Price Center expansion, the Building Advisory Committee chose one primary and one secondary proposal on March 4. The primary proposal, dubbed the "Pinwheel" design, involves expanding the east side of Price Center with a structure centered around an additional ballroom, a 24-hour student lounge, new locales for the Cross-Cultural Center and Alumni Association, and

various other food and retail outlets situated around it. Of the 22 committee members, 13 favored the pinwheel design in a straw poll, while eight members supported the alternate "Towers" proposal.

"The focus of [the pinwheel scheme] is a central, [open space], which becomes the part of the building that becomes the focus of what's happening in Price Center," said Mehrdad Yazdani, the architect hired from the firm Cannon Design. "This space is multilevel

See **EXPANSION**, Page 8

WinterFest draws 6,000

Switchfoot dedicates song to Chem 6A

By **MARGRET GONZALES**
Staff Writer

An estimated 6,000 students attended this year's WinterFest which featured musical guests Louis XIV, Talib Kweli and Switchfoot, at RIMAC Arena on March 5.

"It was a big success, especially with the crowd that came," WinterFest Co-Coordinator Sean Mandel-Torin said. "It went very smoothly; there were no injuries. It was a mellow show and all the bands were cool."

The concert featured a variety of music genres including alternative rock and rap.

"Our original thinking when planning a show is to make as many people happy on campus and basically just to get what the students want most," WinterFest Co-Coordinator Rishi Shah said.

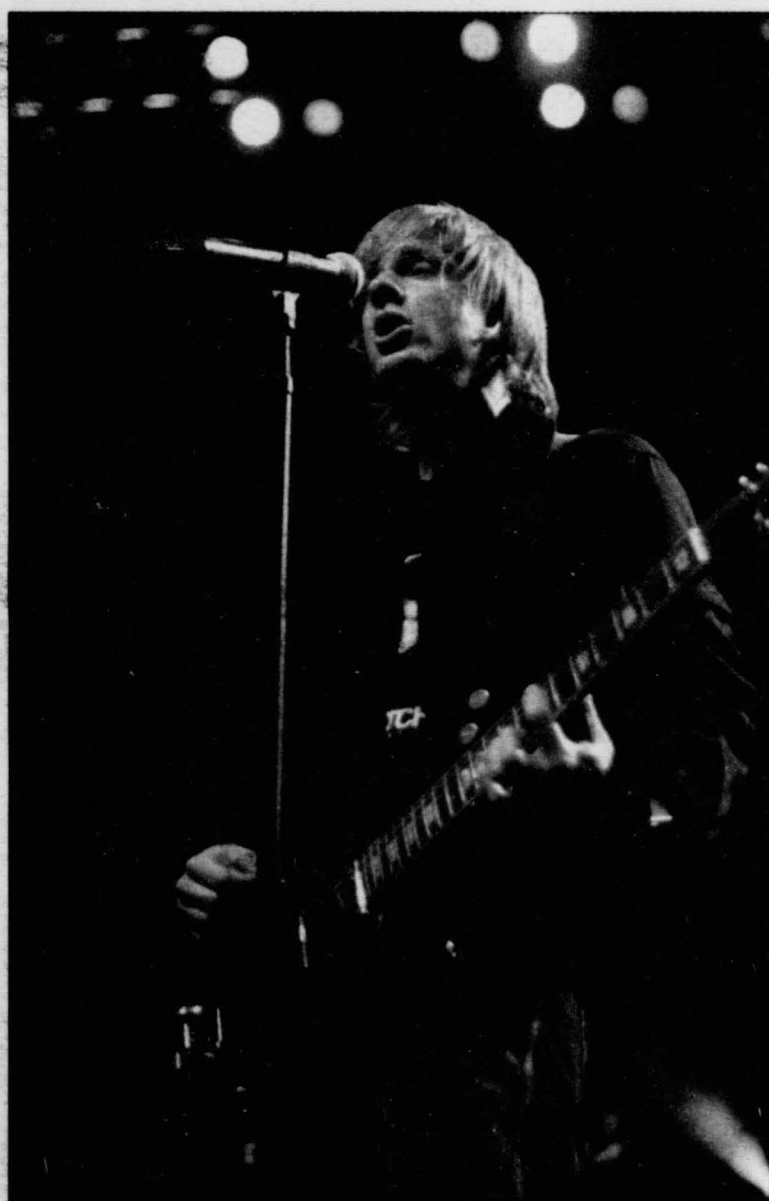
According to Shah, A.S. Programming attempted to contact over 100 bands to find out who was available on March 5, for what price and who wanted to perform at the UCSD.

"Basically, we contacted every band on the same level as these artists," Shah said. "It's so hard to book these bands who will bring a large turnout to show."

Local band Louis XIV was added to the musical guest list a few weeks after A.S. Programming announced Switchfoot and Talib Kweli.

"We always had Louis XIV in mind, but they were added so late because we had lots of

See **CONCERT**, Page 9



Billy Wong/Guardian

Back in school: Switchfoot frontman Jon Foreman, a former UCSD student, performs with his band at WinterFest, ending the night after sets by Louis XIV and Talib Kweli.

UCSD Cares week raises \$11,000

Over 60 campus organizations participate

By **BRYAN TSAO**
Associate News Editor

With events like kissing pigs and karaoke, the third annual UCSD Cares attracted over 60 campus community service organizations to Library Walk on March 1 through March 5. Sponsored by Associated Students, Student Organizations and Leadership Opportunities and UCSD Bookstore, events benefited causes ranging from Locks of Love to diabetes research.

According to organizers, the number of participating organizations has grown each year of the event, from 40 last year to 60 this year.

"Each year we seem to increase the number of organiza-

tions who want to come out and participate, and we get a lot more creative ideas from these organizations," UCSD Cares committee member and Earl Warren College senior Sumeet Ahand said.

Student Organizations Accounts Specialists Diana Hang and Sandy Ray organized the Locks of Love event, which asked students to donate ten inches of their hair to make wigs for children suffering from Alopecia Areata, a hair loss disorder that currently affects 4.7 million Americans. Eight stylists from Joelle's Salon and Daily Spa cut hair for the event, which generated 708.5 inches of hair from 55 donors. Organizers were opti-

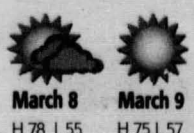
See **UCSD CARES**, Page 9



Lori Drahota/Guardian

Chuck for Charity: A.S. Vice President Internal Jenn Pae gets hit by a pie.

WEATHER



March 8 H 78 L 55
March 9 H 75 L 57



March 10 H 77 L 57
March 11 H 77 L 54

SPOKEN

"Being 1 percent is a lonely, lonely percentage."

— Perse Hooper, chair, Student Affirmative Action Committee

SURF REPORT

March 8
Wind: W 10 kt.
Wind waves: 1 ft.
Swell: 3 ft.

March 9
Wind: W 10 kt.
Wind waves: 1 ft.
Swell: 3 ft.

BRIEFLY

RA receives award for her services to residential life

Kristel Fritz, a Thurgood Marshall College junior and resident advisor, received the Pacific Affiliate of College and University Residence Halls award for distinguished service to residential life at the PACURH No Frills Conference hosted at UC Berkeley on Feb. 21. She will represent the PACURH region at the national conference for the National Association of College and University Residence Halls.

Fritz is in her second year as a resident advisor and her third year as chair of the Inter-College Residents' Association. She gave over 250 hours of service toward the annual Rezzies Ceremony her freshman year, co-hosted the event last year and authored the bid that won the 2003 PACURH title of Program of the Year.

Five UCSD residents, including Fritz, were honored for their contributions to residential life. Those recognized were John Muir College junior Daniel Crook, John Muir College junior Stephanie Lai, Thurgood Marshall College junior Theresa Vogel and Thurgood Marshall College senior Angie Cary.

First SD wildfire burn patient from UCSD center discharged

Rudy Reyes, the first patient brought to the UCSD Regional Burn Center during the October 2003 San Diego County wildfires, was discharged March 5.

Reyes, who burned over more than 65 percent of his body, spent 129 days in the hospital, undergoing 18 surgeries and 130 therapy sessions.

Reyes will return to his home near the Barona Indian Reservation to live with his mother and brother in a trailer until a new home is built for them.

The burn center treated 23 patients from the wildfires, whose burns covered 11 to 85 percent of their bodies. All of the burn patients, who ranged in age from 11 to 70 years old, survived. More than 120 square feet of donor skin given by Lifesharing Community Organ and Tissue Donation was used in treating the patients.

Researchers study effects of fishing in Gulf of California

Researchers from the Scripps Institution of Oceanography found evidence that fishing in

the Gulf of California is making an ecosystem-wide change in the marine environment of the region. An article published by researchers for Fisheries magazine calls for rigorous management of new fisheries in the region.

Using data from field surveys, statistics and interviews of fishermen, the researchers found that coastal food webs in the Gulf of California have been considerably impacted since the 1970s. In the article, the authors describe how the region has been "fished down" in the past 30 years. Even though there is a low human population density in the Gulf of California, the area is still subjected to intense fishing activities. Targeted species for fishing include sharks, bony fishes and rays.

The fish stock depletion has also forced fishers to move their fishing sites away from fishing villages. Results also show that species not targeted during the 1970s such as parrotfish, whitefish, spotted snapper and tlefish, are now the most common catches. According to the authors of the article, the study shows a trend that the fisheries in the area have fished down the food web, which is leading to effects on the entire coastal ecosystem.

The SIO researchers also suggest that management of fisheries and fish spawning activities is important to prevent further decline in the area.

Symposium to discuss role of brain in processing art

A symposium exploring brain activity in processing images and art will be held on March 20 at Price Center Theatre. The event includes a discussion of how human-built environments affect the way people think and feel. The event is sponsored by the UCSD Center for Humanities, the UCSD Stuart Art Collection, the Museum of Contemporary Art, San Diego and the Academy of Neuroscience for Architecture.

The symposium will feature three sessions. One event will explore how spatial information is processed by the nerve cells. Another session will feature architects who will speak about the interplay between inner and outer space and how a design for a habitat needs to reflect human needs and feelings.

The third session will feature visual, music and theatre artists speaking on the different approaches of dealing with space in their own specific creative activities.

The symposium will be held from 9 a.m. to 1 p.m. and is free and open to the public.

ETCETERA ...



Matt Barrs/Guardian

LIGHTS & SIRENS

Monday, March 1

11:42 a.m.: A 52-year-old female staff member complained of chest pain at McGill Hall. Transported to Thornton Hospital by paramedics.

7:23 p.m.: Officers arrested a 26-year-old male nonaffiliate at Pangea Parking Structure for possession of less than 28.5 grams of marijuana. Cited and released.

7:29 p.m.: Officers arrested a 20-year-old male nonaffiliate at RIMAC for being drunk in public. Rejected from detox. Transported to County Detention Facility.

Tuesday, March 2

8:23 a.m.: Officers arrested a 20-year-old female student at UCSD Bookstore for petty theft. Cited and released.

11:35 a.m.: A staff member reported the theft of sign letters from Mandeville Art Gallery. Loss: \$200.

2:29 p.m.: A student reported burglary to a 2000 Nissan Maxima at Lot 701. Loss: \$1,110.

2:53 p.m.: A student reported burglary to a blue 2001 Honda Civic at Lot 102. Loss: \$150.

3:52 p.m.: A student reported receiving threatening phone calls at Marshall Apartments.

Wednesday, March 3

4 a.m.: Officers arrested an 18-year-old male student at Pangea Parking Structure for being drunk in public and for possession of less than 28.5 grams of marijuana. Transported to detox.

4 a.m.: Officers arrested a 19-year-old male student at Pangea Parking Structure for driving under the influence of alcohol. Transported to County Detention Facility.

11:28 a.m.: A staff member reported the violation of a restraining order.

11:38 a.m.: A 21-year-old male student suffered a head injury after a seizure at Humanities and Social Sciences. Transported to Scripps Memorial Hospital by paramedics.

1:20 p.m.: Officers detained a 20-year-old male student at Galbraith Hall for

being a danger to himself and others. Transported to County Mental Health.

Thursday, March 4

11:14 a.m.: A student reported the theft of property at Douglas Hall. Loss: \$800.

7:51 p.m.: A student reported indecent exposure on the south side of Mandeville Center.

Friday, March 5

7:59 p.m.: Officers arrested an 18-year-old male student at RIMAC for being drunk in public. Transported to detox.

9:17 p.m.: Officers detained a 19-year-old male student outside Marshall Lower Apartments for being drunk in public. Transported to detox.

10:03 p.m.: A 20-year-old male nonaffiliate suffered a head injury after being kicked in a mosh pit at Ché Café. Transported to Scripps Memorial Hospital by paramedics.

10:15 p.m.: A student reported the attempted theft of a black 1999 Honda Civic at 3735 Miramar Street. Loss: \$250.

10:45 p.m.: A student reported the attempted theft of a green 1999 Jeep Wrangler at Lot 701. Loss: \$130.

11:33 p.m.: A 22-year-old female student complained of a headache at Price Center. Transported to Thornton Hospital by paramedics.

Saturday, March 6

10:25 a.m.: A 22-year-old male nonaffiliate was ordered off campus for seven days after causing a disturbance at Thurgood Marshall College.

2:51 p.m.: Officers arrested a 33-year-old male nonaffiliate at Hopkins Drive and RIMAC Field for indecent exposure. Cited and released.

4 p.m.: A student reported battery at Meteor Hall.

10:42 p.m.: Units responded to a fire alarm at Porter's Pub. Caused by fog machine.

— Compiled by Gaëlle Faure, News Editor

Errata

In the March 4 issue of *The Guardian*, the article titled "Candidates get ready for A.S. elections" incorrectly stated that Harish Nandagopal ran for vice president internal in 2003. Nandagopal ran for vice president finance. The box accompanying the article also names positions "Commissioner of Diversity" and "Commissioner of Athletics." The correct names for these positions are Commissioner of Diversity Affairs and Commissioner of Athletic Relations. The *Guardian* regrets the errors.

Proposed bill would aim for diverse ideologies among faculty

By LISA MAK
Staff Writer

Legislators in the House of Representatives are currently considering an "Academic Bill of Rights" that would encourage universities to develop an environment of intellectual diversity by adopting ideologically-neutral hiring practices and academic policies.

The bill was introduced in Congress by Rep. Jack Kingston (R-Ga.) and is supported by conservative lobbyist David Horowitz and his California-based Center for Study of Popular Culture.

According to Horowitz, the bill was a response to trends of the last 30 years, in which liberal professors have increasingly outnumbered conservative ones in a more politicized university setting.

"In the [university] typical faculty, Democrats outnumber Republicans by 10 to one," he said. "This shows that not only is there an absence of Republicans, but there's a rule to keep them out."

The bill protects university faculty members from being hired, fired or denied promotion or tenure on the basis of their political, ideological or religious beliefs. It also aims to protect students from being graded on ideological grounds.

Furthermore, the bill prohibits faculty from "indoctrinating" students in the classroom and emphasizes exposing students to a plurality of viewpoints on course material.

"The proposal for an Academic Bill of Rights is being made because universities are allowing, and even encouraging, faculty to seduce the innocent, taking improper advantage of unformed minds, rather than encouraging students to understand

different viewpoints and come to their own judgments," Sanford Lakoff, professor emeritus of political science at UCSD said.

Proponents of the bill claim that often only one political or ideological perspective is taught in classes while dissenting perspectives are ignored.

Among the bill's opponents is the American Association of University Professors. Although the AAUP agrees with the general principles of academic neutrality and opposes indoctrination, it states that such issues should be handled by educational institutions, not by outside bodies of government.

"There's a fundamental problem with the government imposing a balance on the university," Mark F. Smith, director of government relations for AAUP, said. "In terms of academic decisions, the government should not impose any ideological or intellectual standards on the university."

According to Smith, students should use university grievance procedures if they feel that they are being graded unfairly due to political or ideological differences.

"The AAUP argues that professors are trained in their respective disciplines and have their own professional and methodological standards, so academic decisions should be left up to faculty members."

"In my teaching and my writings, I have tried to be as objective as possible and to present different viewpoints in their best possible form," Lakoff said. "My ideology does have something to do with the topics I choose to teach or write about ... but in none of these efforts have I sought to present

only interpretations I agree with."

Opponents of the bill fear that in attempting to achieve a balance of perspective at universities, ideologies will be used to evaluate faculty members, as opposed to standards of the academic profession.

Proponents, however, respond that the bill will not create political quotas for faculty and is committed to the independence of the universities while still allowing professors and students to express and be exposed to a variety of opinions.

"There's nothing in the bill that says we want more conservatism," Stephen Anderson, Kingston's legislative assistant said.

Some UCSD students oppose the bill.

"Far from hindering our education, our professors ask students to be inquisitive and critical [and] take nothing at face value," John Muir College sophomore Phong Wu said. "[The bill] would push for greater university politics."

Others, however, argue that the bill is necessary to ensure academic diversity.

"The [bill] is a necessary law because it ensures students who have a different perspective will not be discriminated against academically," Eleanor Roosevelt College sophomore Justin Ryan said. "That protection currently doesn't exist, especially at more liberal schools such as the UC system, since the academic freedom code exists, but isn't adhered to. If you ignore the liberal professors and the angry conservatives, the bill makes a lot of sense."

The bill is currently being considered in the Subcommittee of 21st Century Competitiveness under the House Committee on Education and the Workforce.

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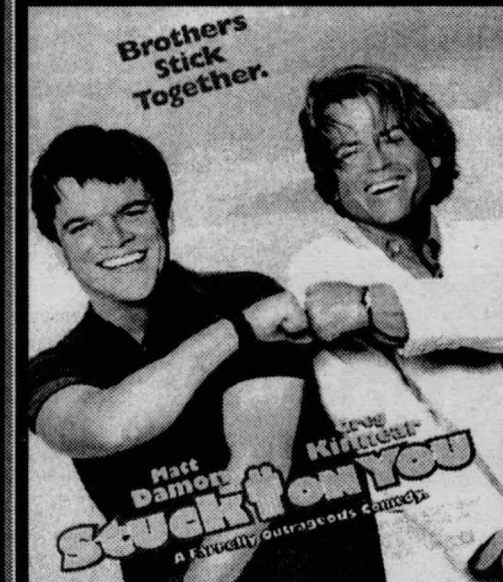
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WEEKLY
ENTERTAINMENT

MONDAY
MARCH
8

THROUGH
SUNDAY
MARCH
14



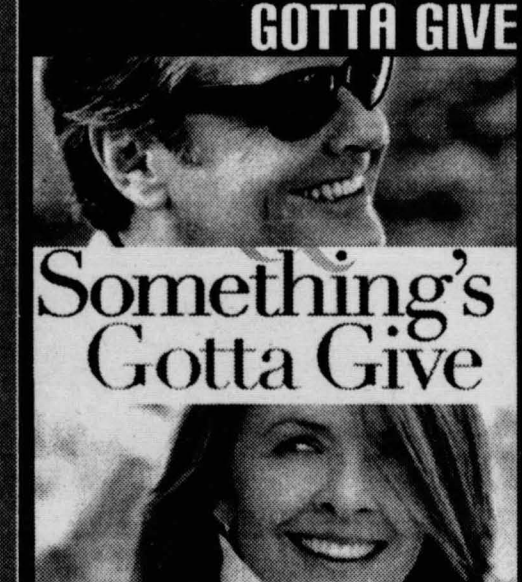
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TUE, MAR 9
7 & 10pm



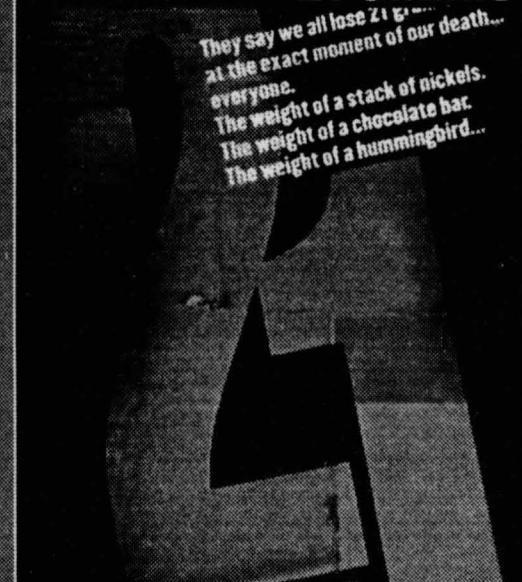
SOMETHING'S GOTTA GIVE



THU, MAR 11
7 & 10pm



21 GRAMS



SAT, MAR 13
6 & 9pm

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OPINION

Governor has kept promises and averted fiscal crisis

By DUSTIN FRELICH
Senior Staff Writer

A milestone came and went on Feb. 24, marking 100 days since former California Gov. Gray Davis was officially terminated and replaced by none other than the Terminator himself, Arnold Schwarzenegger. Right off the bat, Schwarzenegger vowed to bring something new to California politics — action. And just like in his movies, action is what he has delivered thus far.

Within minutes of being sworn in — yes, literally — Schwarzenegger marched right into the Capitol building in Sacramento and signed Executive Order No. 1, repealing Davis' wildly unpopular car tax increase. The increase would have unfairly raised California's automobile tax three-fold, and Schwarzenegger rightly overturned it.

He also challenged other aspects of lunacy left over from the Davis era. Weeks later, Schwarzenegger managed to convince the California legislature to repeal a law passed just a few months earlier that would have given state driver's licenses to illegal immigrants.

The Senate voted in favor of the repeal, 33-0, as did the Assembly, by a vote of 64-9. Schwarzenegger still wasn't done cleaning up Davis' mess, however.

His biggest challenge is to restore the California economy. For a state economy that rivals that of many nations, California's economic troubles are no laughing matter. But unlike the tax-and-spend policy favored by some, Schwarzenegger went to Sacramento with a real solution in mind.

His solution: Restrain out-of-control spending in order to avoid raising taxes. At first, Schwarzenegger had a tough time convincing Democrats in Sacramento to tighten the purse strings. After all, it's hard to stop a politician from spending someone else's hard-earned cash to buy future support.

But after blocking attempts by some Republican legislators in early December to make actual cuts, California Democrats finally acquiesced to a compromise, one which called for real spending restrictions. Schwarzenegger's deal-making had worked, and he was happy.

"Today, I'm a happy governor," he said after signing the spending bill that passed 35-5 in the Senate. "I'm very happy because both parties came together."

To some, however, like California Treasurer Phil Angelides, Schwarzenegger's success in bringing both parties together to restrict spending was no feat.

"This governor, in his first 100 days, has taken the cheap way out," Angelides said on Schwarzenegger's 100-day anniversary. "I think there's a missed opportunity. This was a chance to really ask Californians to sacrifice."

Aside from the blatant partisan rhetoric seen here — one would be hard-pressed to argue with a straight face that Californians secretly want taxes increased — Californians simply don't agree with Angelides' claim that Schwarzenegger has failed voters. Indeed, in a recent field poll, Schwarzenegger's disapproval rating sits at a meager 26 percent.

While a major reason why so few Californians disapprove of Schwarzenegger thus far has to do with what he has accomplished, some of it has to do with who he has pushed forth his agenda with — both Republicans and Democrats.

"The Republicans and Democrats have worked together," he said on his 100-day anniversary. "It's one of the great accomplishments that I'm very proud of — to bring the parties together."

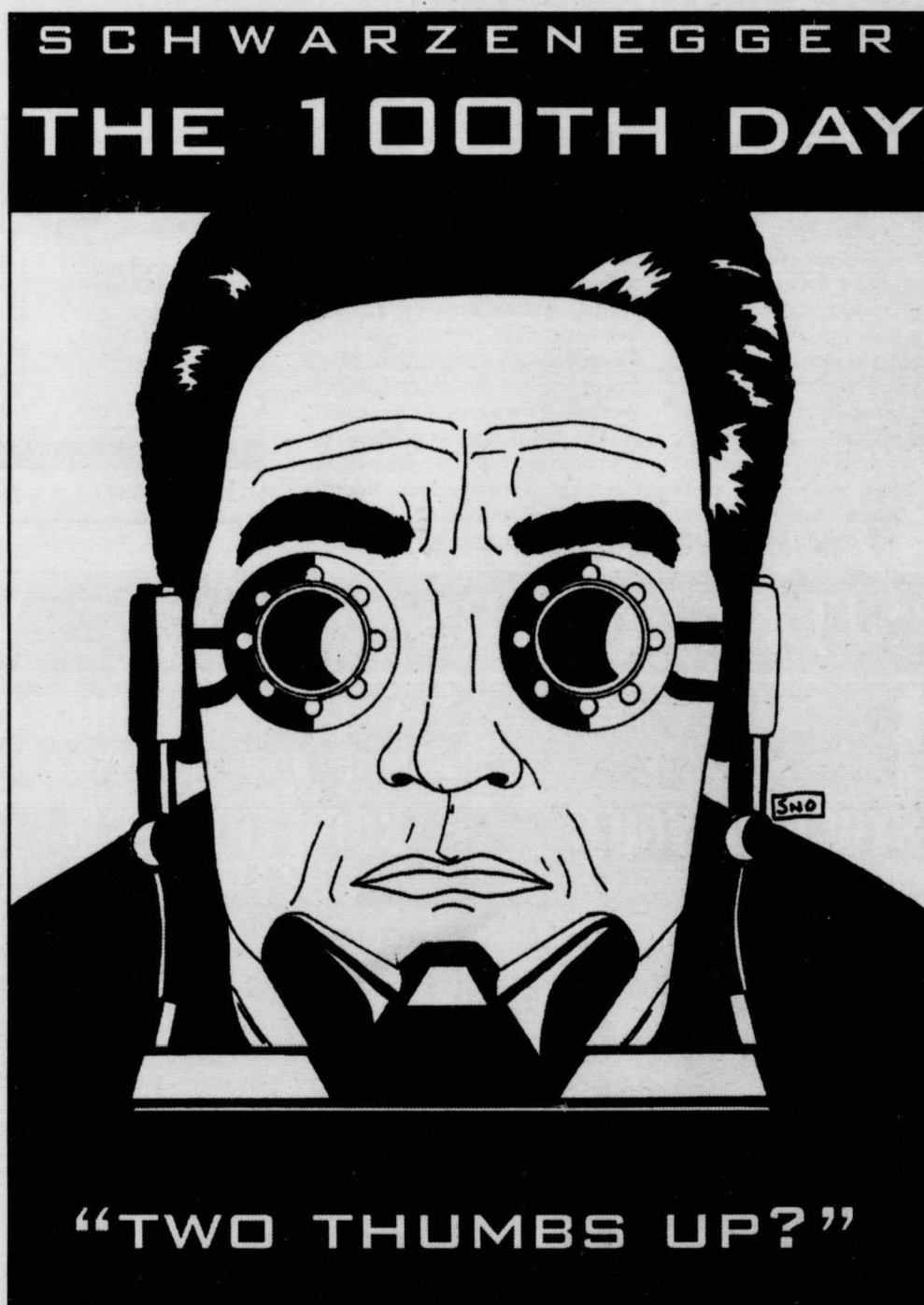
In his first 100 days, Schwarzenegger's brilliance as a politician should not be overlooked. He has handled himself admirably and worked hard to gain the

respect of many on both sides of the aisle. He's also worked quickly: Schwarzenegger's two bills — Proposition 57 and Proposition 58 — passed with overwhelming support in the March 2 vote.

The Proposition 57 bond initiative will allow California to refinance budget deficits with lower rates while Proposition 58 restrains the legislature by requiring a yearly balanced budget.

"Never again will government be allowed to spend money it doesn't have," Schwarzenegger said while touting his bill in his State of the State address earlier this year.

PRO



Shawn No/Guardian

Although borrowing to pay off debts is hardly the best option available, Schwarzenegger's hands were tied by California Democrats who refused to go along with real cuts. But all is not lost. Proposition 58 compliments Proposition 57 quite nicely by requiring that spending in any given year cannot exceed revenue. While this leaves much to be desired by those wishing to see true cuts, it's a good first step in reining in legislators whose check-writing pens flow ink freely.

The passage of both propositions, Schwarzenegger said, was a huge victory for the state.

"Tonight California won a huge victory, not only for fiscal responsibility, but for bipartisanship," he said.

And if the governor's next 100 days are as successful as his last, Californians will enjoy the victory brought by Schwarzenegger as the house cleaning continues.

"The passage of both propositions ... was a huge victory for the state."

Schwarzenegger has resorted to gimmicks and hypocrisy

By EVAN McLAUGHLIN
Senior Staff Writer

The numbers were in: the proposed \$15 billion bond initiative appearing on the March 2 ballot was going to fail, a Feb. 21 poll said. Only 38 percent of Californians supported delaying reconstruction today's debt by slapping it on a new credit card authorized by Proposition 57, only to pay it and then some back in the future.

But Gov. Arnold Schwarzenegger, who was relying on his sweeping popularity and its link to Proposition 57 to carry

CON

the specifics of policies that would restore California's financial footing. While making good on campaign promises to repeal both the car-tax hike and a law allowing driver's licenses for illegal immigrants, Schwarzenegger has neglected the broader issues he addressed with action-packed rhetoric during his campaigning — namely budget management, worker's compensation, public infrastructure and special-interest lobbying.

Schwarzenegger's budget strategies have been to cut, borrow and do everything possible to avoid permanently fixing the state's financial mess.

The governor's January draft of the 2004-05 budget — which includes tuition hikes in the state's colleges, slashed funding for programs, and deviation from State-University of California Partnership-protected enrollment — still has a \$7 billion to \$8 billion hole in it. In his first 100 days, Schwarzenegger has repealed the car-tax increase while failing to find a revenue source to replace its \$4-billion annual take; placed a freeze on state hiring at a time when the national work force is continually shrinking; and promoted Proposition 57 to borrow billions to substitute long-term debt for immediate budget shortfalls. All this comes after castigating Davis for, in principle, doing the same thing.

The difference is that Davis' actions to issue the bonds without voter approval were deemed illegal. But the delay to wait until after the March election to start issuing bonds cost the state millions because of the higher interest the state needs to shell out to investors taking bonds on such a poor credit rating.

Further, UCSD economics professor Ross Starr implied that Proposition 57 did nothing more than buy Schwarzenegger time. State Treasurer Phil Angelides argued to raise income taxes to replace the money Davis' proposed bond and the car-tax hike generated for the state.

Starr believes that, as it stands, Schwarzenegger will probably restore income tax rates for the upper-income brackets to what they were under former Republican governors Ronald Reagan and Pete Wilson — 9 percent for single incomes of \$140,000 and couples making \$280,000, and 11 percent for individual incomes of \$280,000 and couples earning \$560,000 — in his next revision of the 2004-05 fiscal year budget. Angelides and Starr argue that imposing the upper-income tax increase when he got into office would have boosted the state's credit rating (decreasing current interest payments) while lessening the amount borrowed and the interest rates of a bond to be passed after the increase.

Instead, voters just passed the largest, most expensive municipal bond in America to buy time before Schwarzenegger has realized that higher taxes on those income brackets need to be restored. The 11 percent bracket would include 1 percent of Californians, a group Angelides said will receive nearly \$12.8 billion from federal tax cuts this year.

Another Schwarzenegger campaign slogan was that "We need a lot of infrastructure in California" when heralding Proposition 53, also on the recall election's ballot. However, his January budget revision tells another story — \$3.4 billion will be cut from transportation construction over the next six years. The Southern California Association of Governments estimates the state's economy will lose out on nearly \$2 billion annually, due to lost construction contracts, traffic congestion, and adverse health effects stemming from infrastructure

Bush Battles Kerry

Kerry, while liberal, is still a more viable competitor than Dean in the November election.

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THE UCSD GUARDIAN

MONDAY
MARCH 8, 2004

4

MONDAY, MARCH 8, 2004

THE UCSD GUARDIAN

OPINION 5

What might UCSD be like in 20 years?

horse's mouth

Ed Wu

I awoke, slapping at the infernal alarm clock next to my bed several times. Blinking the sleep out of my eyes, I could hear the pit-pan of rain outside on my fifth floor window in the Revelle College apartments as I got up and stretched. Crap. I have to meet Sara at the Trolley stop this morning. I thought they said it wasn't going to rain.

I swiped at my mouse, and the interference OLED (Organic Light-Emitting Diode) display on my desk next to my bed sprang to life, casting a ghostly shadow across my room. Sitting down at my chair, I came in range of the pseudo-depth effect of the screen and brought up Mozilla. Click, click — MyUCSD. I was right — 10 percent precipitation. It was coming down like Noah out there. Well, while I was on the site, I thought I might as well get some work done; Sara wouldn't be coming for another hour or so, and I'd been meaning to apply to graduate anyway.

"Make sure you have cleared with your departments that you are ready for graduation. This application will be automatically rejected if your departmental clearances are not in our system." I ignored the message; half the departments still missed the deadline in Winter quarter anyway, the net result being they had left the system open to any application. Digital paperwork, my ass. I'm probably going to have to stop by Physics today to make sure it gets done.

Nonetheless, I filled out the necessary fields. Major: Physics. Graduation quarter: SP04. College: John Muir — by virtue of seniority and way too few apartments in Muir to handle the number of their seniors, I was stuck in the Muir seniors enclave of the relatively new Revelle apartments. They had bulldozed the Fleets a decade ago, but only

recently gotten around to building the new Revelle housing after the state budget freeze seven years ago). Submit. Wait. I'm forgetting something.

Oh, that's right, basketball tickets. UCLA was playing us next week, and I promised Sara that we'd go despite the fact that I loathe attending sports events. It's completely ridiculous: five years ago, coming out of the budget crisis, the administration decided that the only way to avoid perennial budget insanity at either the state or federal level was to boost alumni donations and to move the school to Division I. So, they railroaded a student fee vote, demolished the perfectly usable RIMAC Arena, and built the bigger and better Watson Arena that opened this year. New, shiny and perfectly built for television broadcasts, so the entire country (or anyone who tuned into ESPN 5 that day) could watch UCSD get creamed by UCLA — for the fifth year in a row. And for this they think they're going to get money? Well, I haven't been paying enough attention to Sara lately anyway — senior year physics will do that to you.

Still, I can't help but think the entire endeavor is a bit like watching the Christians and the Lions. The ones being eaten, incidentally, were the UCSD athletes. At least UCSD still did not give out athletic scholarships, although as of late I've felt I'm the only sane one who still thinks it'd be a bad idea. In the last 30 years, we'd gone from being UC Irvine to being a public Cal Tech or MIT — and they want to turn us back into UCLA or Boulder, complete with athletic scholarships, post-football game riots and an orgy of worship at a circle of pagan gods whose anointed task has nothing to do with the real mission of this university, namely the pursuit of higher knowledge and its conveyance to a greater number of individuals.

Grudgingly, I bought the tickets online while eating a bowl of cereal. I tweaked some of my RSS feeds and got rid of the Triton basketball news that Sara has inserted into the rest of the news feeds that projected from the larger OLED hung on the wall closer to my bed (which also serves as the HDTV and console gaming screen when not being a news

ticker).

Grabbing my FlexPad and heading out the door, I started the long trot from Revelle to the Trolley stop, which by way of irate city residents was on the far side of Camp Snoopy (which now housed Tenth, the final college). The FlexPad itself was a cheap 802.11 wireless OLED computer, which as one might assume from its name, was flexible, waterproof, dirtproof and probably flushable if I ever felt like going to the sewer to get it back in perfect working order. Reading the latest issue of the Economist on it was, in any case, a welcome distraction from the gutted lot where the old Student Center and the crafts center used to be, and where the Bonner Hall extension would soon be constructed. The biologists already owned half the campus, and it depressed me to walk by the bulldozers every morning where there were once horrendous-looking orange wooden buildings that actually had some feeling of character to them.

Absorbed in the Economist's cogent analysis of the demise of the Republican Party into the Libertarians and the Fundamentalists at last week's convention in Boise, Idaho, I made my way by the construction and all the way to the Trolley stop without so much as a pang of melancholy.

Sara was waiting for me, a bit damp and a bit perturbed, as she had only her jacket and no umbrella.

"I got tickets for the UCLA game," I grumbled at her, a bit damp myself, but at least with an umbrella, which I promptly shuffled her under. She visibly brightened at this news, which was oddly both irritating and gratifying in some way. She squeezed my hand.

"Ready for Quantum with Intrilligator?"

"Sure."

This column stands for egalitarian principles. As a result, all correspondence sent to e2wu@ucsd.edu will be treated with the same amount of incompetence. Two years of horse drool can be found at <http://ieng9.ucsd.edu/~e2wu>.

Con: Only more quick fixes lurk behind the governor's rhetoric

continued from page 4

problems.

The governor's initial platform also included action toward a reformed worker's compensation policy. In his State of the State speech, he set a March 1 deadline, which has since passed, for legislation to be completed. While most people viewed it as an artificial deadline designed to spur legislative action anyway, his office has largely been absent from the negotiations going on — creating the usual dialogue between the legislature and his favorite whipping boy, the special interests.

Despite Schwarzenegger's promises to bring a worker's comp proposal to the voters if the legislature and governor's office can't hash it out, there's no denying that the proposition, like every other direct ballot initiative, will go largely funded by the special interest groups, whose influence on Sacramento policymaking Schwarzenegger was elected to destroy, or at least weaken.

The Workers for Compensation Reform told the *San Diego Union-Tribune* that between \$15 million and \$20 million would be spent by each side of the initiative if it were to go to the voters in November. How can the "people's governor" — who has organized events to raise more than \$20 million himself since his election — keep allowing this to happen? The answer is that while Schwarzenegger ran a flashy campaign about real change in the state, he has across the board been unable to stray from the Sacramento politics-as-usual mentality. Meanwhile, his populist message is becoming more and more clouded by the swirling doubts that any significant difference is going to be made — at least until the next time the state panics and orders a recall.

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UNIVERSITY CENTERS

Kerry and Bush to fight for a divided country

Democratic nominee should pick a complimentary running mate

By ZACH ROSEN
Staff Writer

The primary season is officially over. Well, not officially, but with just over half of the states reporting, the Democratic nominee for president is clear. Sen. John Kerry (D-Mass.) has accomplished a miraculous comeback, not only overtaking former frontrunner Howard Dean, but totally crushing him in almost every state.

Kerry sealed the nomination with last Tuesday's big primaries, which knocked out his last major competition, Sen. John Edwards (D-N.C.). It's no surprise really. Virtually everyone in politics has known that the Edwards nomination was a fiction from the moment Kerry pulled ahead. Yes, Edwards finished second place in many states, and actually won one for himself. But even Dean managed to win a state, and one must remember that second place is first loser. The only thing keeping the Edwards campaign afloat this far was media buzz. With Edwards still in and presenting the illusion of viability, the media could have still somehow managed to make

the race exciting and interesting, and thus get more viewers or readers. But in reality, Edwards was starting long before March 2.

Now that the important position has been filled, attention turns to the number-two spot. Who will Kerry choose as his running mate? Media pundits are having a field day with rumors that Kerry will select Edwards. After all, why else would Edwards bow out just when Kerry was starting to get tired of him, and in his concession speech lavish praise upon the Massachusetts senator? Dean and Lieberman made no similarly praise-laden speeches after their respective concessions, although it was clear even then that Kerry would soon clinch the nomination. An Edwards vice president spot may make for juicy speculation, but such a choice would make little real political sense.

Kerry is being painted, rightly, as a flaming Northeastern liberal. His voting record is farther to the left than Sen. Ted Kennedy (D-Mass.), according to *National Journal*, and that's going to hurt him in the general election. Vice

presidents are supposed to fill in holes that the candidate himself can't cover, and woo voting blocs that the front man can't appeal to. Edwards does not fit these criteria well. Sure, he's from the South, but Edwards failed to win more than a single state there.

"Speculation aside, Kerry still has mountains to climb if he wants to be president."

Speculation aside, Kerry still has mountains to climb if he wants to be president. Democratic strategists and liberal columnists have made much of the polls showing Kerry either in a dead heat with or slightly ahead of President George W. Bush. What one must take into account is that polls are nothing but a snapshot of public opinion at a single moment in time. February polls will not matter in November. But there are important factors

contributing to these polls. Most importantly, the Democratic candidates have had the field to themselves for months. Debate after debate, speech after speech, and commercial after commercial bashing President Bush have all gone unopposed. It is only logical that Bush be running even with Kerry at the present moment.

But things will change as the election nears. Even now, the Bush campaign has started to run TV ads, beginning what will surely be a hard-fought campaign. The president has millions of dollars stored up, and his ability to raise much more is uncontested. The campaign has not yet even begun in earnest, and to proclaim victory for Kerry now would be grossly irresponsible.

Money is not the only Bush resource. The situation in Iraq improves daily. More and more jobs are being turned over to Iraqis, and our counterinsurgency operations grow ever more successful. As reported in the Feb. 9 *New York Times*, a recent letter written to Al-Qaeda leaders by a foreign terrorist operating inside Iraq cried out for help, complain-

ing bitterly about the American successes in winning over the Iraqi people and bemoaning the successes in creating a new free Iraq. Also, despite what the mainstream media outlets portray, the economy has been rapidly improving. The unemployment rate has been on a steady decrease, from a high of 6.3 percent last year to a current 5.6 percent.

All of these things added together leave Bush in a very good position come November. He will no longer have the luxury of running against Dean, who it was universally agreed would lose badly to the president. But Kerry is not much better. He has his post-Vietnam antics to account for, as well as his far-left votes in the Senate. And Kerry is not exactly an inspiring figure. Whatever can be said about Dean, he could at least connect with a crowd. Kerry, on the other hand, possesses no charisma.

With the Democratic nominee, the campaign will quickly focus on the two men — Bush on one hand and Kerry on the other. With the nation divided upon familiar ideological grounds, the 2004 Election will be one to remember.



LETTER TO THE EDITOR

Intelligent Design theory can be taught

Editor:

In "Public universities should not indoctrinate students" (Feb. 23), Chris Taylor incorrectly implies that it would be overly time-consuming to present the evidence in favor of intelligent design, or I.D., theory in a college-level biology class.

Investigating the question "where we came from" brings us to core scientific, philosophical and religious questions facing humankind. If we claim that a fair presentation of the scientific evidence surrounding "where we came from" would take more time than is possible in a biology class, then education truly is devoted more to indoctrination than to teaching students to be responsible citizens, critical thinkers and good skeptically-minded scientists. This is why, in 2002, the U.S. Senate overwhelmingly adopted (91-8) the Santorum Amendment to the No Child Left Behind Act, which stated that "good science education should ... help students understand why [biological evolution] generates" controversy.

Much time could be spent learning the budding science of I.D. But an introductory biology course could fairly cover the topic in a single lecture.

Taylor is correct about one thing: I.D. theory is typically given "little to no time in science courses." For students who want to know what they are missing, I invite them to check out the Intelligent Design and Evolution Awareness (I.D.E.A.) Club here at UCSD. Please see <http://www-acs.ucsd.edu/~idea/> for more details on when we meet.

— Casey Luskin
Founder of the I.D.E.A. Club

Letters must be less than 500 words and contain a phone number. We reserve the right to edit for length and clarity. Send all letters to:
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Rally: Students submit lists of demands

continued from page 1
percent." Black students at UCSD currently total 1 percent of the undergraduate population, the lowest rate of all UC campuses.

"We're here to show people that there are people of color on this campus, that we can all come together, that we can all work together," Student Affirmative Action Committee Chair Perse Hooper said. "Being 1 percent is a lonely, lonely percentage."

The rally started with speakers at the bottom of the snake path, then continued as a silent march through Price Center, and stopped halfway down Library Walk near the Chancellor's Complex, where the silence was broken and the list of demands was read.

Presented by Black Student Union President Stephanie Akpa, the list demanded that the black population of students, faculty and staff at UCSD each reach at least 7 percent to represent statewide demographics. The second demand was that student-initiated outreach become a priority of the university.

"We do what we can," Queer People of Color President Rigo Marquez said. "All of the SAAC organizations put on conferences to outreach to our communities ... We can't do that anymore because our budget has been cut, and the university doesn't want to take action."

The demands asked for the termination of black individuals' "scrutiny, tokenization and eroticization by neutral and partisan entities on campus."

"When we come to this university, they send us photographs of a black man and a white guy," said Sixth College sophomore Chris Sweeten. "That's another way that this university tokenizes us. You can use us to be in a picture but you can't let us into a classroom."

You can be sure the university has all of our numbers on speed dial when it's time for a photo op. Why? Because they want to claim that we're diverse. We're nowhere near being diverse."

The demands included a quick response network and stronger sanctions against people who participate in hate speech. Speakers cited the *Koala* as an example.

"It's such a beautiful thing today for all of us to come together, for all of us to recognize that we're different yet we're similar —

"You can be sure the university has all of our numbers on speed dial when it's time for a photo op."

— Chris Sweeten,
Sixth College sophomore

we struggle together as people of color, as minority groups, as people struggling in this university to show our presence," said Jonathan Lego, Kaibigang Pilipino's vice chair internal. "It makes me angry to see things like the *Koala*, to see people not supporting us."

Other demands included instituting an African-American studies minor at UCSD; removing UC Regent Ward Connerly from his position for his "hostility and opposition toward the advancement of the black community;" the systemwide protection of financial aid; and increased funding for cultural, educational and social programs, including the African-

American Recognition Ceremony.

The last item on the list of demands called for the administration to form an investigative committee to determine a reason for "the dismal number of underrepresented students at UCSD" and to create a plan of action to increase their admission rates.

Bonnie Horstman, special assistant to the chancellor, came to the group of students to receive the list of demands on behalf of Acting Chancellor Marsha A. Chandler. Horstman addressed the group, expressing Chandler's excuses for being unable to be present, and suggested sending a group of 10 representatives to set up a meeting "to sit down with the chancellor and to discuss their demands and concerns ... which [Chandler is] concerned about also."

These suggestions did not go unanswered. "Representatives will be sent, we will bring our list of demands, we will seek a response, and if we don't see action backing up rhetoric, we'll be back," Akpa said. After presenting the demands, participants marched down Library Walk, this time chanting "Whose university? Our university," and "Segregation's got to go."

Some signs held up read "Still separate and unequal," "Keep koalas in Australia" and "Better campus climate now."

The march ended in Price Center Plaza, where the demands were repeated. Several speakers took to the stage to address the students around.

"If you don't see anything wrong, then something's wrong," Akpa said. "If you don't know why we're here, then you need to ask somebody. We're here because we're here, but we don't have a voice here."

Book trading services developed at UCSD

Students create two online forums for textbook exchange

By NEIL SPEARS
Senior Staff Writer

Students may soon find relief from rising textbook costs in new online book trading services that connect UCSD students who have old textbooks directly to others on campus who want to buy them.

Two new services, CampusBox and Books on Campus, aim to serve students as a forum for textbook exchange.

"There's got to be some way to stem the hemorrhaging, the financial strain on students," said Kristopher Lederer, founder of CampusBox.

Lederer, an Earl Warren College sophomore, estimates that over 1,000 successful transactions have occurred since CampusBox began operating last fall.

CampusBox allows users to place a free advertisement for a book without registering or logging into the site. The listing includes the seller's contact information so an interested student can arrange a meeting place for the transaction to take place.

In a separate move to help ease textbook costs, the A.S. Council approved a revenue-sharing con-

tract with Books on Campus on Feb. 25 that paves the way for Books on Campus to become an A.S. service in the next few weeks.

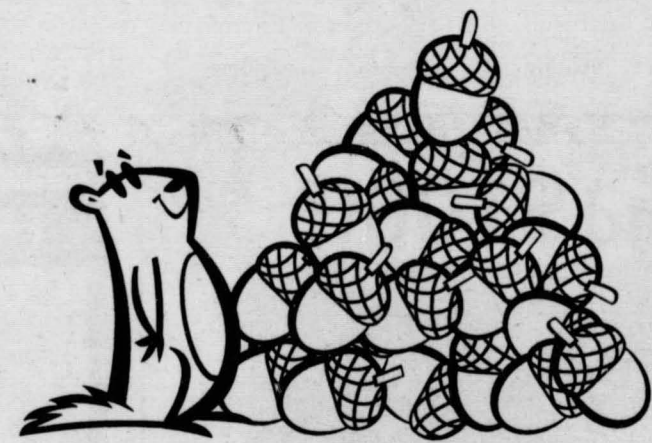
A.S. Commissioner of Enterprise Operations Jeremy Cogan said that Books on Campus was selected because of its reliability, security and willingness to share profits evenly.

"We're providing the same level of commercial security and reliability that you might see at Half.com or Amazon.com, but we're providing the locality that you see in the student-run option," Cogan said. "So it's kind of combining the best of both worlds."

Books on Campus charges the buyer and seller \$2.50 for each successful transaction, amounting to fees of \$5 per sale. Out of that amount, A.S. will receive about \$2. "I wanted the most of that fee possible going back to A.S. for student programs and student organizations," Cogan said.

To sell a book or complete a transaction with Books on Campus, students must register with the site. A few days after a successful book exchange, each party's credit card is charged.

See BOOKS, Page 8



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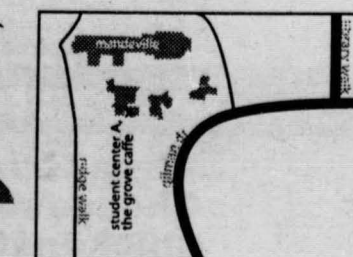
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Expansion: Committee prefers 'Pinwheel' design

continued from page 1
and [every level] from the ground level to the top level allows connections from the north to the south."

In the preliminary designs, the pinwheel scheme features a long flight of wide Spanish steps leading to the second floor of the new Price Center, on the southern edge of the expansion across from Matthews Quad. Modeled after the Spanish Steps in Rome, the steps would provide students with an additional outdoor area to congregate in. The expansion would also include multiple entrances from both the current Price Center and the surrounding areas, allowing for what University Centers Director Gary Ratcliff described as a "porous, permeable space." The architects also discussed rooftop terraces on the fourth floor.

The "Towers" design, which garnered eight votes in the straw poll, features three long, narrow towers east of the current Price Center that would run parallel to Library Walk, allowing for greater north-south accessibility and decentralizing Price Center. The plan would locate food and retail outlets, along with a new ballroom on a five-story tower adjacent to the current Price Center. Additional food and retail, along with student government chambers in the second tower and offices for Cross-Cultural Center, the Alumni Association and student organizations, in the third tower.

The architects stated that whereas the Pinwheel scheme provided much more of a beckoning facade, the Towers design is much bolder.

"[The towers scheme] is much more about a face of architecture that makes a statement and a build-

ing structure that is very distinctive," Yazdani said.

The other two proposals — "Terrace" and "Mobius" — would have rooftop terraces and a completely detached Price Center expansion, respectively. The two schemes drew zero and one votes in the straw poll, respectively.

Committee members expressed that the lack of interior space in the Terrace scheme and the lack of connection with the nearby campus in the Mobius scheme made them less desirable.

The committee chose the pinwheel design for its accessibility and openness to the surrounding areas of the campus and its abundance of indoor lounge areas for students.

"What I find redeeming about [the pinwheel scheme] is that from the south, you get accessibility into both Matthews Quad and the town square with the Spanish steps,

which I think is an advantage over the towers concept," Ratcliff said during the meeting. "I do like the fact that it has both indoor and outdoor space and I think that we could use more indoor space, having worked in the building and seeing what it's like when it rains or when it gets cold at night."

The tower design's facade and clear sight lines on the ground floor also impressed the committee. However, Cross-Cultural Center Director Edwin Welch and Director of Alumni Relations John P. Valva expressed concerns about the proximity of the third tower to the service entrance used by service trucks.

The committee will reconvene in approximately two weeks to consider more detailed designs for the expansion.

— Mehrdad Yazdani, architect, Cannon Design

"... [Every level] from the ground level to the top level allows connections from the north to the south."

— Mehrdad Yazdani, architect, Cannon Design

Kiss the pig



Oh Babe: Vice Chancellor of Student Affairs Joseph W. Watson kisses Disco the pig for the second annual Kiss the Pig fundraiser. The event, which was part of UCSD Cares Week, raised funds for diabetes research.

Books: A.S. Council to benefit from swap site, CampusBoox charges no fee

continued from page 7
Lederer believes that book swapping services should be free to students.

"I feel, even if we weren't here doing it for free, that a \$5 fee is going to be prohibitive for students using this service, especially initially," Lederer said.

John Muir College freshman Jon Chan purchased a book through CampusBoox and is using the site to list his Chemistry 6 textbook.

"It was easy to sign on and people called," Chan said. "I get more money off of selling [the book] to other students than to the Bookstore."

Eleanor Roosevelt College sophomore Debbie Lee, however, has listed her Math 20C textbook on CampusBoox since January and has had no offers.

"It was kind of disappointing because I thought it was pretty well advertised," Lee said. "I think a whole bunch of people list there, but very few people actually go to the site and buy."

Established online services charge a commission for successful transactions. Half.com, a division of eBay, charges as much as 15 percent of the selling price. Amazon.com deducts \$0.99 plus 15 percent of the item's price per transaction. Both merchants provide a shipping allowance of about \$2.

Cogan said that he hopes CampusBoox poses competition for the Books on Campus-Associated Students venture so that students will have as many options as possible.

"I just felt that there should be an option that is sanctioned by

A.S. that is another option for students to feel reliable and secure about," he said.

According to Cogan, early estimates predict that Books on Campus might generate up to \$6,000 a year for the A.S. Council. Cogan said that even if no one uses the service, it will not cost the council anything.

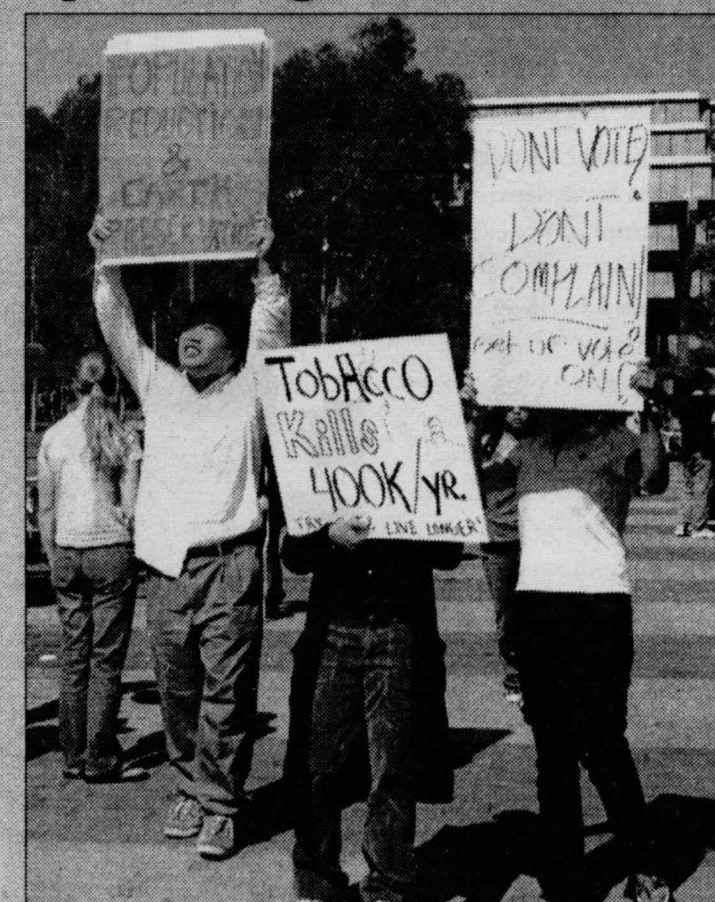
Lederer said that his textbook-swapping site will remain free for students.

Currently, Lederer and his team are advertising by passing out flyers on Library Walk and talking with students in residence halls.

"At this point, other than recognition, there's nothing in it for us," Lederer said. "It's really a service [students] shouldn't have to pay for."

CampusBoox can be found at <http://www.campusboox.com>.

Speaking their minds



Raised voices: Students were given signs on which to express any and all opinions during the Social Issues Parade on March 5.

UCSD Cares: Locks of Love collects 708 inches of hair

continued from page 1

mistic about holding the booth again next year.

"We had a really, really great turnout," Hang said. "It was a good event with a lot of help from everyone in Student Life."

Revelle Community Outreach raised \$242 for Cystic Fibrosis research, a genetic disease that causes infants to develop life-threatening lung infections. The organization hosted the Chuck for Charity event, which allowed donors to throw pies at Revelle students.

"The goal was to have fun," Revelle Community Outreach Co-chair and Revelle College sophomore Stacey Finkelstein said. "It's a very public way of getting the community involved."

SRV, which filmed the UCSD Cares week, screened a documentary about the event during WinterFest on March 5.

The campaign raised over \$11,000 in five days, according to organizers. In addition, Nikkei Student Union folded over 1,000 paper cranes for cancer patients at Children's Hospital, 14 shacks were built on Library Walk to raise awareness about homelessness, and Alpha Phi Omega made 179 hand-painted pots to donate to seniors. Organizers hope next year's event will build on this year's successes.

"We're just glad that everyone came out to show that UCSD cares," UCSD Cares committee member and Warren College sophomore Vincent Pascual said. "We hope more people will come out next year, and that more organizations will participate and build more community in terms of engaging and advancing community service."

UCSD Cares committee member and Eleanor Roosevelt College freshman Jessica Mann said that plans for next year are already underway.

"We learn something new every year," Mann said. "We already have plans for what we can do next year and how we can make next year's events better."

Concert: Louis XIV opens WinterFest

continued from page 1

options possible that we still had to confirm," Shah said. "We would get in contact with the managers who would say the band could do it, then find out later that they couldn't do it for some reason."

Louis XIV opened WinterFest, followed by headliners Talib Kweli and Switchfoot.

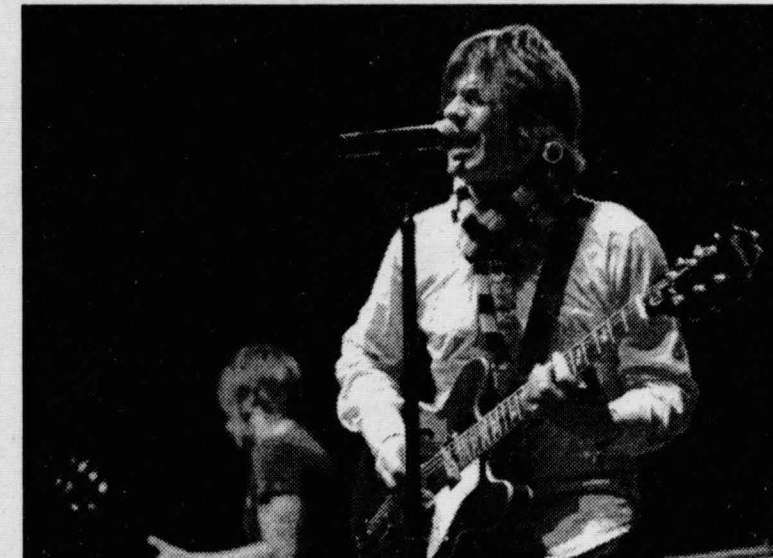
"I don't know much about the other two bands; I'm really going just to see Talib Kweli, who I'm really excited to see perform," Earl Warren sophomore Naomi Saelee said. "I would have wanted to see Chingy or Fabolous, but I don't think UCSD would be able to get them."

The crowd of students at the arena floor screamed as Kweli performed songs from his new album, *The Beautiful Struggle*. He ended his set rapping to music from bands such as the Beatles and Al Green.

Students ran down the stands to the arena floor as Switchfoot prepared to take the stage. A wave of outstretched hands and lighters overtook the crowd as the band opened the act with their single "Dare You to Move."

During Switchfoot's set, the audience members began crowd surfing and formed mosh pits.

Switchfoot lead singer Jon Foreman attended UCSD and dedicated his performance of "The



David Ung/Guardian

Royal rocker: San Diego alternative rock band Louis XIV started the evening of music, followed by Talib Kweli and Switchfoot at RIMAC on March 5.

— so it's not all that odd that he was joined with Switchfoot."

Louis XIV lead singer Jason Hill said he was excited about the students' reaction to their set.

"Playing for UCSD was great," he said. "The reaction we were getting from the crowd made it fun."

WinterFest drew a larger crowd than organizers had expected. "We hope to continue that on a larger scale at Sun God," Mandel-Torin said.

For conference details and registration visit the website www.dnmfoundation.org

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March 30, 2004 (8:30 am - 5:30 pm)

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California is extremely well positioned to play a pivotal role as a gateway for biomedical alliances with China. This Nature Forum will highlight the opportunities of forging strategic partnerships between California and China in the biomedical arena.

2004 Forum Co-Organizers:

Kenneth Chien (Director, UCSD Institute of Molecular Medicine)
Natalie DeWitt (Senior Editor, Nature)



nature

Conference Agenda

Welcome: Natalie DeWitt (Nature)

Introductory Remarks: Philip Campbell (Nature), Edward Holmes (UCSD)

Keynote Presentation

Systems Biology: Implications for Biotechnology and Medicine in China
Leroy Hood, President (Institute for Systems Biology)

Building the China-California Connection: Challenges and Opportunities

Session Moderators: Jack Dixon (UCSD) and Leroy Hood (ISB)

Speakers: Jing Wang (Qualcomm China) "Development of Strategic U.S./China Partnerships", Alan Pao (UCSD Technology Transfer) "Technology Transfer Infrastructure: U.S./China" & Mu Ming Poo (UC Berkeley) "Perspective from the Shanghai Neurosciences Institute"

Keynote Presentation

New Biomedical Research Funding Mechanisms in China
Zhu Chen, Vice President (Academia Sinica, NAS, (China))

China-California and the Future of Molecular Medicine

Session Moderators: Philip Campbell (Nature) and XD Fu (UCSD)

Speakers: Xiaodong Wang (UTSW) "Perspective from the New Beijing Life Sciences Institute", Hui Zhen Sheng (Shanghai Second Medical University) "Stem Cell Research in China" & Zhi-Hong Xu (Beijing University) "Beijing University in the 21st Century"

Interactive Panel Discussion

Tigers and Bears: Forging a Pacific Rim Biomedical Alliance

Moderator: Ron Winslow (Wall Street Journal)

Panelists: David Lee (University of California Regent), Paul Tam (Hong Kong University), Rui Ping Xiao (Institute of Molecular Medicine China, Beijing University), Li Chen (Roche China) & Ming Zhe Chen (New Tsinghua Medical University)

The New Silk Road

Kenneth Chien (UCSD)

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UCSD CAMPUS GUARDIAN CALENDAR

Mar. 8 to 28

MON. MAR. 8

ARTS

Roma Nights Presents Ruben Mier, 7pm @ Espresso Roma. Enjoy the sounds of Ruben Mier while you relax at Espresso Roma!

CLUBS

All-Campus Transfer Association General Body Meeting, 7pm @ Center 220. Open to transfer students from all colleges. Meetings are held every other Monday.

LECTURES

"Meditation and Yoga as Relaxation Techniques", 6-7:30pm @ Great Hall in ERC. Interested in learning more about yoga and meditation? Join us for an introduction to the history, technique, and benefits of these ancient traditions. Please wear loose, comfortable clothing as we will follow our discussion with gentle experimental exercises.

Regents Lecture: Sam Rivers, 8pm @ Mandeville Recital Hall. Admission is free. Sponsored by the Department of Music.

TUES. MAR. 9

CAREER

On-Camera Practice Interviews for Graduate Students, 2pm-4pm @ Career Services Center. Practice interview questions on video. Receive feedback to improve your delivery. Small group setting. Sign up in advance. 534.3750

LECTURES

Last Lecture Series Presents Caren Holtzman, TEP, 12pm @ Price Center Gallery B. Free food and drinks will be provided.

RECREATION

Cinemaddicts Presents Stuck on You, 7 & 10pm @ Price Center. Admission \$3.

WED. MAR. 10

ARTS

Jazz Ensemble, 7pm @ Mandeville Auditorium. Sponsored by the Department of Music.

RECREATION

Karaoke Night at the Pub, 9pm @ Porter's Pub. Sponsored by UCSD Karaoke Club.

THURS. MAR. 11

ACADEMIC

Urban Studies and Planning EXPO XIV, 10am @ Institute of the Americas Building, Deutz Conference Room. Features exhibits of 40 senior research projects. For more information, call 858.534.3690.

ARTS

An Evening of Dance, 8pm @ Mandell Weiss Theater. Program by faculty and guest choreographers. Admission: General, \$15; Faculty/Staff, \$12; Student, \$10.

HEALTH

LGBT Health, 12pm @ Chancellor's Complex Room 111A. Dr. Davey Smith, adjunct professor in infectious diseases will speak about physicians' attitudes toward homosexuality and HIV. Lunch will be provided. For more information, email rainbow@ucsd.edu or call 858.822.3493. Sponsored by UCSD School of Medicine, Lesbian, Gay, Bisexual, and Transgender Allies in Medicine, the Health Sciences Working Group of the Chancellor's Advisory Committee on Gender Identity and Sexual Orientation Issues.

RECREATION

Cinemaddicts Presents Something's Gotta Give, 7 & 10pm @ Price Center Theater. Admission: \$3.

College Night at the Stage at the Pub, 10pm @ Porter's Pub. Stop by for hip hop, R & B, and food and drink specials! Sponsored by Intra-College Residents' Association.

FRI. MAR. 12

ARTS

An Evening of Dance, 8pm @ Mandell Weiss Theater. Program by faculty and guest choreographers. Admission: General, \$15; Faculty/Staff, \$12; Student, \$10.

CLUBS

CWD Presents Hemp Revolution, 7pm

@ Center Hall. Email [cwg@ucsd.edu](mailto:cwd@ucsd.edu) for more information. Sponsored by the Committee for World Democracy.

HEALTH

Become a SAFE Peer Educator, applications due today (3/12) @ http://psych-services.ucsd.edu/peer_ed_web/peer_ed_safe.html or email jshelps@ucsd.edu. Join the Substance/Alcohol Feedback and Education (SAFE) Team. Get counseling training, obtain experience and make a difference.

SAT. MAR. 13

ARTS

"From Russia With Love", 8pm @ Mandeville Auditorium. Program includes Tchaikovsky and Rachmaninoff. Admission: General, \$25; Faculty/Staff/Seniors, \$20; UCSD Students, \$15. For more information, call 858.534.4637.

An Evening of Dance, 8pm @ Mandell Weiss Theater. Program by faculty and guest choreographers. Admission: General, \$15; Faculty/Staff, \$12; Student, \$10.

RECREATION

Cinemaddicts Presents 21 Grams, 6 & 9pm @ Price Center Theater. Admission \$3.

SUN. MAR. 14

ARTS

"From Russia With Love", 3pm @ Mandeville Auditorium. Program includes Tchaikovsky and Rachmaninoff. Admission: General, \$25; Faculty/Staff/Seniors, \$20; UCSD Students, \$15. For more information, call 858.534.4637.

An Evening of Dance, 7pm @ Mandell Weiss Theater. Program by faculty and guest choreographers. Admission: General, \$15; Faculty/Staff, \$12; Student, \$10.

RECREATION

De-Stress Fest Movie Showing: Ferris Bueller's Day Off, 6pm @ Price Center Theater. Free!

ICRA Study Break, 12pm @ Sun God Lawn. Come enjoy a decadent dessert! Sponsored by Intra-College Residents' Association.

FRI. MAR. 19

ARTS

Koto Concert, Neurosciences Institute, 10640 John Jay Hopkins Drive. Reika Obata, koto; Fred Benedetti, guitar; Masayo Norikura, bass koto; Robert Williams, flute; Tiffany Ito, dancer. \$12 admission. Sponsored by San Diego Folk Heritage.

FEATURED THIS WEEK...

Finals Week De-Stress Fest

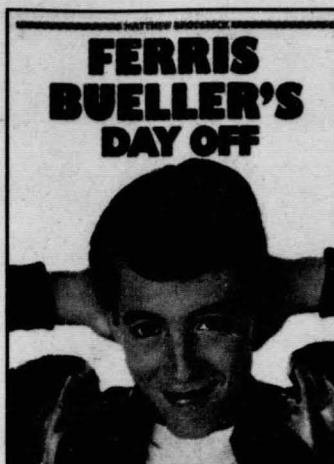
Price Center Theater, 6pm

FERRIS BUELLER'S DAY OFF:

This 1986 film has become a cult ritual, part of every student's home video library growing up. Unless you grew up on Mars, you are familiar with the tale of a Chicago teenager playing hooky and helping his pal build up self respect. The young Matthew Broderick starred as Ferris, the schemer who handily outwits a world of grown ups including his Javert-like nemesis Principal Rooney. With Jeffrey Jones, Mia Sara and Alan Ruck. Dir. John Hughes.

FREE

SUN. MAR. 14th



WED. MAR. 24

LECTURES

"Genetic Disease and Family Members: Is the Physician Obligated to Tell?" 12-1pm @ Stein 148. Moderators: Len Deftos, Medicine and Mary Devereaux, Research Ethics Program. Part of "Tough Cases": A lunchtime ethics discussion series. RSVP at claporte@ucsd.edu before March 17.

SUN. MAR. 28

ARTS

San Francisco Modern Jazz Collective with Joshua Redman, 7:30pm @ Mandeville Auditorium. Featuring Joshua Redman, Renee Rosnes, Brian Blade, Miguel Zenon, Robert Hurst, Nicholas Payton, Joshua Roseman, and Bobby Hutcherson. Tickets: General, \$25; St. Citizen, \$24; Student, \$15.

WEEKLY

CAREER

Applying to Professional or Graduate School? Interested in pursuing an advanced degree after UCSD in medicine, law, business, teaching, psychology, fine arts, science or other fields? Check out the Professional & Graduate School Library at the Career Services Center! You'll find everything you need to prepare and apply including directories, catalogs, and information on application essays, admissions tests, fellowships, interviews and more. 858.534.4939.

Career, Internship, and Job Search Advising @ Career Services Center. Need help finding an internship, searching for a job, or exploring career options? Want to polish your resume and boost your interview skills? Don't wait until graduation to get advice and information! Stop by the Career Services Center today or call 858.534.3750. Ask us about appointments and walk-in advising hours.

CLUBS

Join us at Muir Movie Productions as we continue work on our 2003-2004 film! UCSD's only all-campus film organization. Meetings Mondays @ 9pm in Half Dome Lounge (Muir)

Winter Film Series, Wednesdays @ 7pm in Copley Auditorium, IOA Complex. Presented by the Center for Iberian and Latin American Studies. For a full schedule of films, go to http://cilas.ucsd.edu/current/WinterFilm_2004.htm

International Affairs Group (IAG) Meetings, Mondays from 6-7pm @ the Great Hall in ERC. Students, faculty, and community members are invited to attend.

HEALTH

Become a SAFE Peer Educator. Join the Substance/Alcohol Feedback and Education (SAFE) Team. Get counseling training, obtain experience and make a

difference. Apply at http://psych-services.ucsd.edu/peer_ed_web/peer_ed_safe.html or email jshelps@ucsd.edu. Applications (for 2004-2005) are due March 12, 2004.

Depressives, Bipolars, Families, Friends: Attend Free DBSA Support Group. Mondays, 6-8pm @ VA Hospital Room 2011. (Veteran Status Unnecessary) Infoline 858.535.4793 or 888.274.3637

Student Health is a full service clinic open to all registered students, regardless of your health insurance status! Appointments for physician visits and specialty clinics - call 534.8089. We're open weekdays 8am-4:30pm (Weds. 9-4:30pm). Peer Education Programs, Women's Clinic, Anonymous HIV testing, Nutrition Counseling, Weight Management Clinic, Cholesterol Screening available. Visit us online: <http://studenthealth.ucsd.edu>

RECREATION

Whale Watching, 9:45am-12:45pm or 1:30-4:30pm @ Scripps Institute of Oceanography. A guided cruise to search for gray whales as they migrate past San Diego shores on their way to breeding and birthing grounds in Baja California, Mexico. Admission: general, \$25; members, \$21; youth (4-12 with paid adult), \$15. For more information or to register, call 619.234.4111.

RELIGIOUS

All You Can Eat Thursday Night Dinner, Thursdays @ 6pm in the International Center. Homemade food and great company! Just \$3. Sponsored by the Catholic Community at UCSD. <http://orpheus.ucsd.edu/csa/>

Contemporary Worship Service, Sundays, 7pm @ University Lutheran Church. Walk right across the street from UCSD! Corner of N. Torrey Pines and La

LAST CAMPUS CALENDAR OF WINTER QUARTER

DEADLINE FOR MON. 3/29 IS THURS. 3/26, 3pm

Guardian Campus Calendar

submissions may be turned in at the

Guardian office, upstairs in the

Student Center, or faxed to

(858)534-7691.

If emailed, please send to

ads@ucsdguardian.org and

specify that it is a calendar

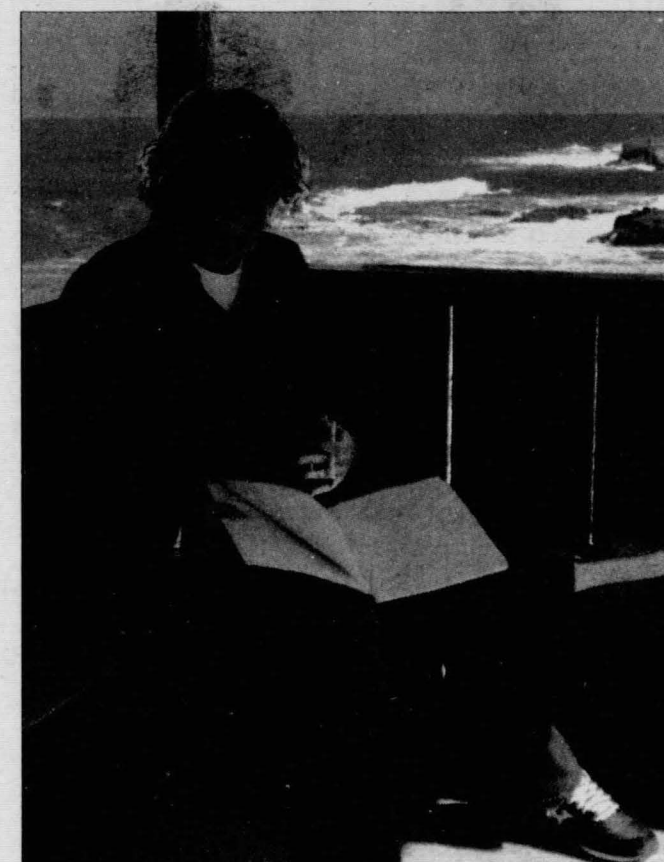
submission. Late email submissions

will not be published.

FEATURES

Finals Survival Guide

Get Off Campus and Study



Off-campus bliss: Laren Poole, a Thurgood Marshall College sophomore, studies in the peaceful downtown La Jolla cove area.



Intense focus: Heather Halenbeck, an Eleanor Roosevelt College junior, catches up on reading at Grove Caffé.

Decrease stress and stay healthy during finals week

By KATHLEEN BAILES
Contributing Writer

With less than a week to go before finals, nearly everyone can relate to the anxiety that accompanies this hectic week. Studying and stress, not to mention lack of sleep, can really push a student to the edge, regardless of the fact that all of this tension and worrying is actually counterproductive. Staying healthy and stress-free while studying can be the key to success during finals week.

There are many ways to relax by giving your mind a rest and your body a workout during finals. You can only sit still and study for so long before you start to burn out, so it's important not to neglect your body and to allow yourself time to be active in ways that you enjoy. Play some soccer with some buddies, ride a bike, go for a jog; engage in some kind of physical activity in order to reenergize yourself.

Be sure to give yourself at least five minutes of exercise time. When used effectively, these few minutes can refresh you more than you might think. For these five minutes, simply breathe. Sit cross-legged and relax

your back and neck or lie down flat on the ground. Here's a tip: Breathe in slowly for the count of four; hold that breath for two counts. Now exhale, counting to four again. Wait another two counts before you begin your next inhale. By concentrating on breathing deeply, slowly and evenly, the rest of your body is able to relax.

UCSD's recreation programs offer a number of classes geared toward health and wellness, including yoga, meditation and massage therapy. Practices like these have been around for many years. Originally used to communicate with the divine, today they have become increasingly common ways to center yourself and free your mind from outside distractions.

Although most of these classes wrap up during ninth week, a few continue into the week before finals. Find one that you think you might be interested in and stop by for one of the sessions. Most instructors would be happy to have you watch a class, or even sit in. However, like all activities, the longer you participate in one of these classes, the better you will get and the more

See **RELAX**, Page 14

Cooking Corner

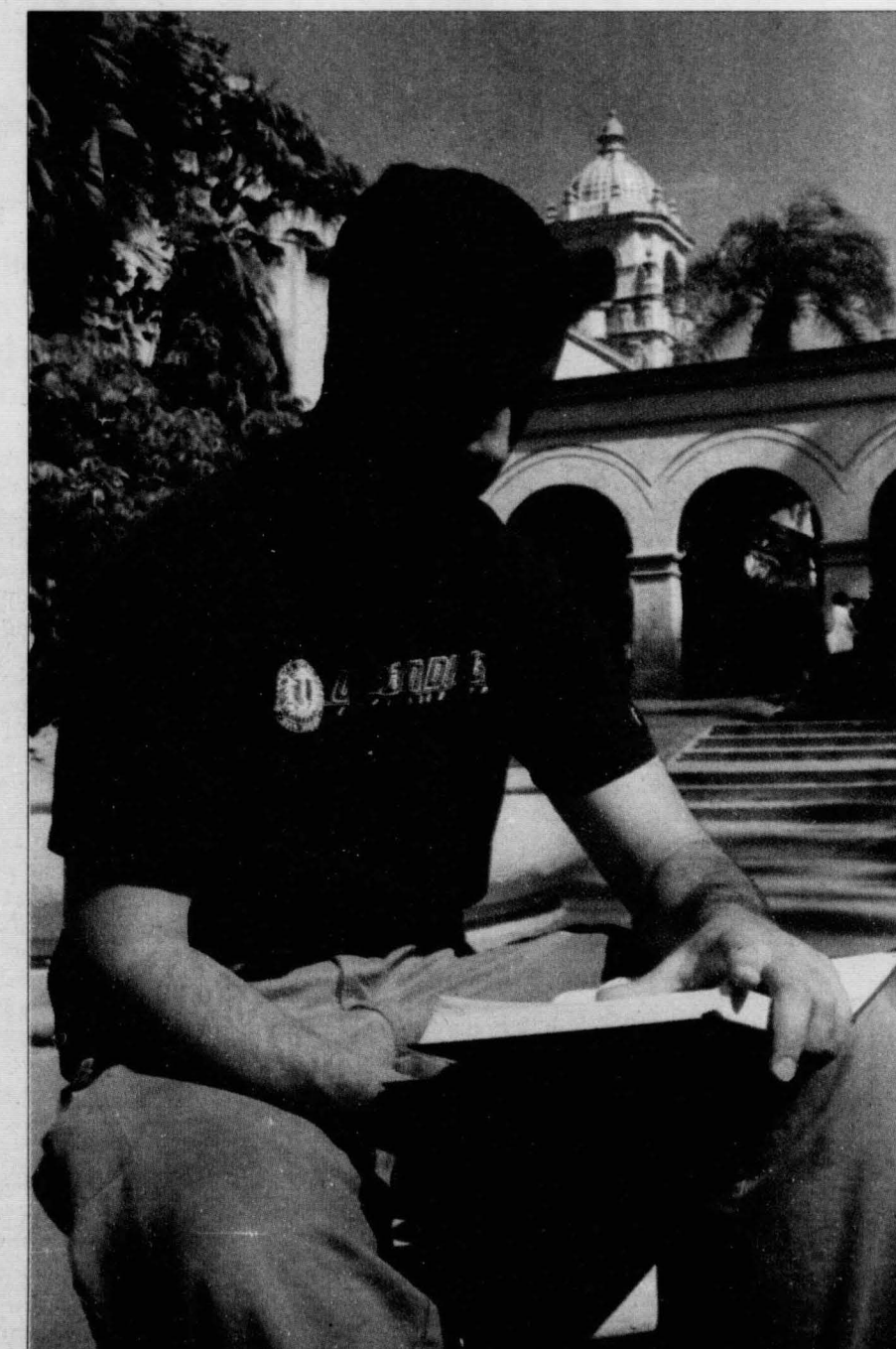
Healthy food options to take advantage of during finals week.

THE UCSD GUARDIAN

MONDAY
MARCH 8, 2004

11

by Christine Kwon
Staff Writer
Photos by Lori Drahota



Calm concentration: Nick Serratto, a Thurgood Marshall College senior, studies aerospace engineering in the beautiful and serene environment of Balboa Park.

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* Terms and conditions apply. See <http://www.culturelab-uk.com> for details. To be eligible you must currently be an undergraduate or postgraduate student at a recognised university or college in the USA.



COOKING CORNER

Useful tips and tricks to eating healthily during finals

By CHRISTINE PAE
Staff Writer

While stressing over finals, eating healthy is the last thing on most students' minds. But nutritionists always advise that eating smart can make that much of a difference in test performance. It is hopelessly clichéd, but true nonetheless — you are what you eat. So if that final exam will make or break you, make sure you consume what does the body good. Here's some food for thought.

The incredible, edible egg: Eating eggs the night before or the morning of your exam may enhance your test-taking skills. According to a 1999 study conducted by the National Academy of Sciences, the nutrient choline, which is naturally present in eggs, boosts memory activity. Foods rich in protein are ideal for sharper brain activity, and eggs are a perfect solution to preparing a quick meal before a test.

Drink your blues away: Blueberries are high in antioxidants, which are known to boost memory by acting as an anti-clogging agent in blood vessels, according to a study by Tufts University. Blueberry smoothies can be ideal if you have the time to grab one before an exam, but another option is Naked Juice, which offers blueberry-banana juices among others.

These will surely provide the energy and the thinking power needed for finals.

Digestion drag: Food coma, the feeling of excessive fatigue felt after you eat certain foods, is a test-taker's worst nightmare. You can feel its onset the moment you sit down, sensing the sleepiness and dreading it. You can prevent this. Refrain from eating foods that are heavy and packed with fatty meats, such as breakfast burritos. It is your brain that must concentrate, not your stomach. Instead, try having some fruit, a slice of toast or a

bagel with cream cheese. Anything with light carbohydrate content will do. Save the hearty meal until after the exam.

Back-to-back boogie: So you just completed your organic chemistry final and you literally have 10 minutes until your next one. What do you do? You had no time to eat breakfast before your 11 a.m. final, and now it's almost 3 p.m. You are famished, but should you rush and grab something at a dining hall, or spend those precious few moments cramming for the next exam and eat nothing at all? If you would rather study before an exam and skip a meal, try packing slices of apples or carrots. If you are really ambitious, make a sandwich for at least a bite to eat between finals. The worst thing you can possibly do is eat nothing and toil away on an empty stomach.

"Eating eggs the night before or the morning of your exam may enhance your test-taking skills."

Caffeine cravings and crashes: Caffeine seems like your best friend during finals, but be careful. Do not rely on its magical effects too much, because like so many nice things, they do not last. You think you use caffeine for its temporary merits, but in actuality, it only uses you. Numerous studies show that caffeine only tires the body even more after its stimulating qualities are used up. But despite their backstabbing qualities, caffeinated drinks have a momentary charm. Red Bull and Starbucks Double Shot espresso drinks are popular options. According to a nutrition article in BBC News, however, espresso has a slightly lower caffeine content than most coffee drinks. Espresso is made with a quick blast of steam, while brewed or percolated coffee infuses caffeine more heavily.

Aside from genuine and devoted studying, the secret to success in finals is a good night's rest. It cannot be expressed enough that resting the mind and body before cracking down to a three-hour exam is an ideal way to prepare, and committing to coffee may make this difficult.

Easy recipes to keep you moving during finals

Creamy Chicken with Asparagus

This dish is loaded with carbohydrates and protein to keep you awake and alert.

Ingredients:

- 1 tablespoon butter
- 2 tablespoons flour
- 2 teaspoons minced onion
- 1 1/2 cups milk
- 2 cups chopped cooked chicken
- 1 cup shredded cheese
- 1 lb. fresh asparagus, cooked and drained

Instructions:

1. Melt butter over low heat in saucepan; stir in flour, onion and seasoned salt until mixture is smooth.
 2. Remove from heat; stir in milk.
 3. Return to heat; heat to a boil, stirring constantly.
 4. Boil and stir for 1 minute.
 5. Stir in chicken and 1/2 cup cheese; heat until cheese is melted and chicken is hot.
 6. Serve creamed chicken over asparagus; top with remaining cheese.
- Serve with spaghetti noodles for extra carbs! Feeds 5.

Strawberry-Banana Smoothie

This smoothie is rich in vitamins A and C to keep the sniffles away during finals.

Ingredients:

- 1/2 cup non-fat dry milk powder or scoop of vanilla ice cream
- 1/2 cup cold water
- 3 tablespoons powdered sugar (optional)
- 1 tablespoon orange juice
- 2 cups strawberries
- 1 large banana

Instructions:

Blend all ingredients and serve chilled. Serves 6.

When you have the munchies, reach for these healthy snacks:

- Nutri-Grain Bars
- Balance Bars
- Power Bars
- Cliff Bars
- Carrots or celery with ranch dressing
- Frozen grapes
- Fruit, fruit, fruit
- Dried Craisins
- Wheat Thins
- Taro chips
- Pistachios
- Popcorn
- Cereal
- Pita chips
- Lots of water
- Green Tea
- Pretzels
- Nuts
- Goldfish
- Apples with peanut butter
- Cheese and crackers

Recipes compiled by
DINA MARIE CADAING
Contributing Writer

Get answers about sleep deprivation and muscle soreness

To your health



Neha Singh

What are the effects of sleep deprivation?
— Gabe Abadilla, Eleanor Roosevelt College senior

With busy schedules and an increasing lack of time, it is hard not to cut corners on the amount of sleep you get each night. However, it must be realized that sleep is as essential for your well-being as food and water, and that a deficit of it can have serious physical and psychological consequences.

"When we look at the physical part of sleep deprivation, it can slow down your reaction time and decrease your level of alertness," said Dr. Brad Buchman, director of clinical services at Student Health Services. "These are also key elements that affect driving. Moreover, sleep deprivation causes an impaired mental process, as well as an impaired ability to learn. People can withstand short bursts of not sleeping, but they can't sustain day after day, night after night of very little sleep. Lack of proper sleep sharply reduces your ability to assimilate new material, to process new information, to concentrate and to retain short-term memory. It is very difficult to keep things straight. The psychological consequences of little sleep include many symptoms, from being very irritable to being short-tempered."

With finals around the corner, you might laugh at the idea of getting enough sleep. But not doing so might seriously hurt your chances of acing that chemistry final or writing an excellent sociology paper. So exactly how much sleep should you be getting? Buchman believes that there is no magic number of hours — you simply have to find out through trial and error.

The effects of sleep deprivation can be very harmful if gone unchecked. Some studies have shown that sleep deprivation can affect your body's immune system in detrimental ways. The last thing you would want during finals week (or any week) is to get sick. Realistically, if you know you will not be getting enough sleep, try to make up for the loss as soon as possible.

"If you must sleep a very short amount for a final, try to make it up as quickly as possible, especially if you have several finals in the week," Buchman said. "Sleep deficit should be replaced as quickly as possible to minimize the consequences."

Recognizing the important side effects of a lack of sleep, try to spend a few more hours in your bed. In the end, you will be more refreshed and much more productive while getting tasks done. For more information on sleep deprivation, be sure to visit the Student Health Services Web site at <http://studenthealth.ucsd.edu>.

Why am I sore after I work out at the gym? How can I prevent and treat it?

— Anonymous

We have all experienced sore muscles the day after we push ourselves a little too hard during a basketball game or lift too much in the weight room. This soreness and

pain after a tough workout are caused by a variety of reasons, including a buildup of lactic acid in the muscles and the overworking of muscles.

Lactic acid is released by anaerobic exercise. After a workout, there can be a buildup of lactic acid in the muscles, which, in part, leads to soreness in muscles.

"While doing aerobic conditioning or weightlifting, you're definitely exerting sufficient force on the muscles that causes some micro-trauma and micro-injury to them," Buchman said. "By lifting weights, you are pushing muscles beyond their ability to simply contract. You are initiating an inflammatory and repair process. This inflammatory process produces a lot of chemicals or compounds that the nervous system picks up as signals, and perceives them as pain."

There are several ways to prevent soreness, including varying your exercise regimen, stretching, and not pushing yourself too hard if you are just starting to work out. If you are weight training, start off using lighter weights with higher repetitions. If you are running, go for a lesser duration and intensity. Stay well-hydrated and do not forget about stretching. Muscles adapt much faster than tendons do, so a bicep might get really strong and start pulling on tendons that are attached to the bone, which causes inflammation. This can be avoided by stretching. Also, don't overtax the same muscle groups with the same exercises everyday.

In addition, minimize your alcohol consumption, since the ability of the body to break down lactic acid and reduce soreness is decreased significantly by alcohol, which impairs the liver's ability to carry out metabolic reactions.

If you notice pain right after your workout, rest and ice the afflicted area for 15 to 20 minutes, three to four times a day. Ice is most effective in the 72 hours following an injury. If tolerated, attempt a gentle range of motion in movement. If not allergic, consider taking Tylenol, Advil or Aleve, though you probably want to see a health care professional if symptoms persist.

"Most muscle soreness peaks 48 hours after a workout," Buchman said. "It may persist for up to a week, but it should start tapering down after the first 48 hours. Things should gradually get better over the next one-to-two weeks as long as you do not keep provoking it. If soreness continues after more than a week, you might consider being seen by a health care provider."

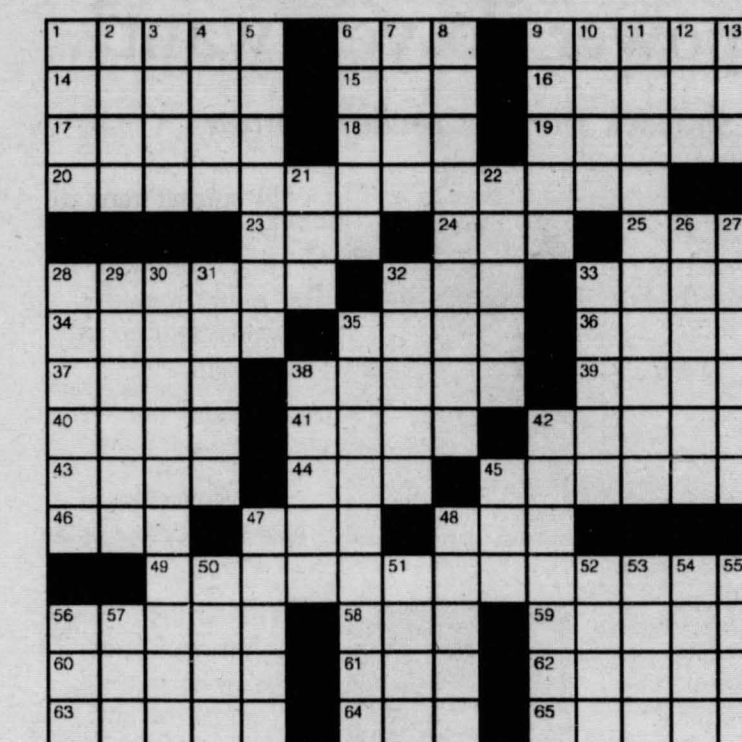
For more information on muscle soreness or to set up an appointment with a health care provider, visit the Student Health Services Web site at <http://studenthealth.ucsd.edu>.

Do you have any health-related queries? Feel free to e-mail Neha at ianmeha@aol.com.

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ACROSS

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- 6 Black goo
- 9 Cathedral instrument
- 14 Onion-flavored seasoning
- 15 Vital statistic
- 16 Sudden rise
- 17 Tall stories
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- 24 Had a bite
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- 34 Cutoff man's function
- 35 Persevere
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- 44 Endeavor
- 45 Milkshake's cousin
- 46 Citrus cooler
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- 48 Architectural add-on
- 49 Certain derby participants
- 56 Military hat
- 58 — on your life!
- 59 Run-down dwelling
- 60 Singing cowboy
- 61 "The Three Faces of —"
- 62 Stage type
- 63 Trepidation
- 64 — Moines

DOWN

- 1 Play parts
- 2 Persian ruler
- 3 Metric measure, briefly
- 4 At all times
- 5 Lay waste to
- 6 Gimme putt
- 7 Food thickener
- 8 VIP's rug
- 9 Davis of "Do the Right Thing"
- 10 Pip-squeak
- 11 Fills with disgust
- 12 Before now
- 13 Jersey cager
- 21 Cape on the Atlantic
- 22 Speak
- 26 Irritable
- 27 Contracted, as lips
- 28 Emotional shock
- 29 Checked, as horses
- 30 Unable to read
- 31 Sticking stuff
- 32 Lichen-covered
- 33 Wall painting
- 35 Became rougher
- 38 Part of a pansy
- 42 Lancelot's son
- 45 January honoree
- 47 Dad of Beau Bridges
- 48 Bob of the PGA
- 50 Soup vegetable
- 51 Wander about
- 52 Barreled (along)
- 53 Roulette choice
- 54 Nevada city
- 55 Bridge coup
- 56 Forlorn
- 57 "Ben —"

See solutions on page 12

Off-campus: Great spots to study for finals outside UCSD

continued from page 11
are various public libraries located all around San Diego. Off-campus students can visit public libraries in Balboa, Carmel Valley, Clairemont, Mira Mesa and Pacific Beach. Especially convenient for students vary of finding parking near Geisel Library, these libraries are quiet and most operate from noon to 8 p.m. on Mondays and Wednesdays, and 9:30 a.m. to 5:30 p.m. on Tuesdays, Thursdays, Fridays and Saturdays.

Other places to study in the presence of books are Barnes & Noble in Mira Mesa and Bookstar, located off Genesee and Nobel Drive. There is limited seating, but plenty of magazines and books to read and reference, not to mention a Starbucks inevitably nearby.

For outdoor lovers, a trip to Balboa Park is a drive well-south of campus, but has enough restaurants, picnic tables and entertainment facilities to warrant a day-long trip. Students can find seating in the various recreational areas at picnic tables, or in nearby cafes and

restaurants. To offset the stress of studying, the park features a many stunning gardens as well as numerous attractions like museums, theaters and free concerts. A shorter drive south from campus can take you to the beaches of Mission Bay. Lined with picnic tables, barbecue pits and various water sports, the beach can be accessed from Sea World Drive off Interstate 5.

Other places to blissfully cram for exams are Powerhouse Park and Seagrove Park in Del Mar. For students looking for a place closer to campus, Doyle Park on Regents Road, Standley Park on Governor Drive and the La Jolla Recreational Center on Prospect Place all have tables to study on, as well as basketball courts and other recreational areas.

Whether you live on or off campus, students itching to escape the confines of their rooms can find these study locations a great alternative and a perfect way to study while enjoying the sights, tastes and scents of San Diego.

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U.S. AIR FORCE
CROSS INTO THE BLUE

Relax: Recreation helps in staying sane during finals

continued from page 11
effective the exercise will become. The spring guide to recreation classes is out, so sign up for classes now to get a head start on the decompression process for next quarter. Remember, some classes fill up quickly, so register as soon as you can.

UCSD Recreation offers many health and wellness classes, including yoga.

Dating back to 1500 B.C., yoga originated by way of Hinduism. Yoga as we know it today has undergone a tremendous popularity boom in the past ten years. Nowadays, yoga is used as a way to improve balance and concentration, and to relieve stress, as well as a method to maintain both physical and spiritual well-being.

Ashtanga yoga instructor Jeff Imperato, who has been teaching yoga at UCSD for four years, knows the benefits of this ancient practice.

"The mental benefits are at least as, if not more important, than the physical benefits," said Imperato.

According to Imperato, yoga leads to an increased lung capacity, stronger and more flexible muscles, quicker recovery time from injuries, increased patience and focus on goals, and a greater ability to relax, even in stressful situations.

UCSD's recreation department offers almost 20 different sessions and four different disciplines of yoga (Ashtanga, Hatha, Iyengar and Kundalini), all of which emphasize different aspects of the practice.

Meditation, which, like yoga, also originated in the East in countries like India, China and Japan, has also become an exceedingly common practice in Western life. Meditation seeks to offer enlightenment and serenity through relax-

ation by means of breathing and concentration. The benefits of meditation are more abundant than one might think. Meditation lowers the heart and respiratory rate, and promotes lower blood pressure and less muscle tension.

"Intro to Meditation" and "Mind/Body Techniques for Lifestyle Change" are two recreation department classes offered through UCSD. There are also various workshops offered all over campus throughout the year.

A practice derived from ancient Mediterranean civilizations, massage therapy is manual soft tissue manipulation of another by applying pressure in order to positively affect their well-being. When applied correctly, massage therapy can increase the oxygen capacity of the blood and both stimulate and loosen muscles according to the need of the individual. In addition, massage also relieves stress.

The UCSD recreation department offers classes to teach how to give and receive a massage. A variety of private massages are offered through the Student Wellness Program and vary in price.

These practices, if utilized throughout the quarter, are excellent ways to maintain a positive mental well-being by relaxing the mind and working the body. But even if these classes aren't for you, you can find ways to relax on your own.

"Set aside time to do things you really enjoy, especially physically. Ultimately, it's not lost time, because these practices give back energy," Imperato said.

Take time to breathe and to relax. Allow yourself to let go and have fun. Realize that studying non-stop is not the best way to do well on exams.

ARENA

What superpower do you want?

Interviews by Josh Shupack, photos by Mulloy Morrow



"The ability to make anyone do what I say. I can't think of anything better than that."

Chad White
John Muir College junior



"Superman, I'd like to have all of his powers. He's much better than Batman."

Greg Lafreniere
Thurgood Marshall College junior



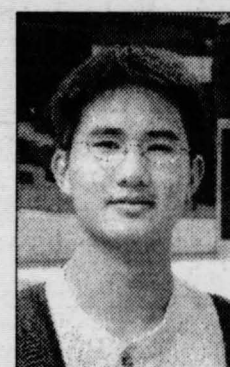
"I always thought it'd be cool to be a 'Dragon Ball Z' character. They're pretty much all-powerful. Could I be omnipotent?"

Mike Combs
Revelle College senior



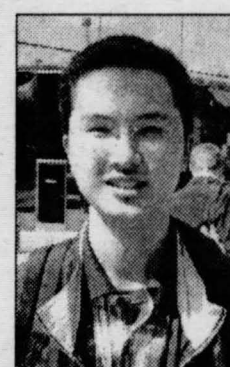
"I wouldn't want to be a mind reader, that'd be awful. I would want the ability to teleport."

Shauna Davis
John Muir College junior



"The ability to read minds. I'd get answers to tests, midterms and everything."

Marc Wong
Earl Warren College junior



"To control time. I'd have time to study and time to rest."

Clarence Lin
John Muir College senior

Softball: Pitcher Bryant earns first victory

continued from page 20
started it off with a home run, and we just went from there," Gerckens said. "Kelley pitched an incredible game, and I'm proud of her; she's doing a great job. It's our offense that is having problems; we either don't score any runs, or we score a lot. We need to learn to continually perform in pressure situations. In that first game, we should have scored at least one run."

Bryant earned her first victory of the season, throwing a complete game and only giving up one unearned run. The victory improved her record on the year to 1-1.

"We had strong defense. I had a lot of confidence with my teammates behind me," Bryant said. "I feel like I can let the batters hit it and my defense will take care of the rest."

UCSD's bats didn't cool off overnight, as they immediately sprung back into action for the first game on March 6 against Sonoma State, winning 9-1 in six innings.

Bryant once again threw a complete game and earned another victory, bringing her record to 2-1 on the season.

"Our pitching staff is doing their job. It's great to see Kelley step up; she pitched two completely great games this weekend," Gerckens said.

The Tritons' offensive charge was led by Hurst, who went two-for-four and scored twice, once on her two-run home run, evoking the mercy rule in the sixth inning. Her two-run bomb was her third of the season. She was joined by Cope, who provided a three-run home run in the fifth inning, her fourth of the season.

UCSD scored six in the fifth inning, including Cope, Aggabao, Francisco, Hurst, sophomore rightfielder Niki Anderson and Bland. Aggabao went 2-for-3, and scored twice, while sophomore rightfielder Niki Anderson went 1-for-2 and scored once, while knocking in two runs.

"We're playing really strong as a team," Cope said. "We can't win with individuals, it's a team effort... that's what I attribute our success to. We're playing really well together."

The Tritons once again bested the Seawolves in the nightcap on March 6, with a score of 6-3.

Bland got her due, throwing a complete game, and only giving up one earned run. She improved her record to 6-6 on the season, and was helped by some much needed run support.

Mettee again started the game with a leadoff home run, her fourth of the year. Sonoma State jumped out to a short-lived lead in the third, making it 3-1, but UCSD responded with two runs of its own in the third. Hurst doubled to score Aggabao, who singled, and then Bland hit a sacrifice fly to right field to score Hurst from third base.

Cope doubled to start the fourth, and scored on a Muerer single. Hurst provided a single that scored Mettee, who singled earlier to get on. In the sixth, Cope came through again, netting a single that scored Bland. For the day, Cope was 3-for-3, with a run and an RBI, while Hurst went 2-for-3 and scored one while bringing in two. Mettee also went 2-for-3, scoring twice and knocking in one.

"We worked a lot on hitting in the fall, and it's paid off," Gerckens said. "But I still think we win or lose with defense. Our offense is working, but they shouldn't have scored as many runs as they did, even if it's only four runs. However, for now, as long as we score a lot of runs, we can get away with it."

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This space for hire! UCSD, let's
build up the Guardian Classified
Personals section! Don't you want
to send a shout out or make an
observation on the Triton condi-
tion? Here's the place! (3/11)

Denture wars: A dispute at a salad
bar in a Florida retirement home
resulted in a food fight and serious
biting. (3/8)

Matthew Grant: Remember that

this is UCSD. It's OK to write a col-
umn about a Triton athlete or
sport. Unfortunately, we can read
all we want about Barry Bonds
elsewhere. (3/8)

Edouard: We had some good
times. You'll always be one of my
best friends. I hope our friendship
can continue to grow. I wish you
the very best. (3/8)

Kells: Congrats on a wonderful
season. (3/8)

Joel: Happy early birthday. The big
1-9. Maybe I should buy you a
walker. Just kidding. See you in
Peoria. (3/8)

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Men's basketball ends season

Sweany drops 27 points in loss to CSUSB

By MATT RYAN
Senior Staff Writer

The UCSD men's basketball team played solidly over the last two weeks of the season, and despite losing to two of the top teams in the league on March 6 and March 7, the Tritons played determined and inspired basketball and did not go down without a fight.

On March 6, the Tritons traveled to play California Collegiate Athletic Association champion Cal State San Bernardino, who boasted a national best 30-game home winning streak. In front of a hostile crowd, UCSD gave everything it had, but came up short in its 88-76 loss.

Cal State San Bernardino got out to a fast start and held a 14-point advantage midway through the first half, but the home team went ice cold as UCSD reeled off 10 straight points to narrow the lead to 35-31. Coyote Curtis Williams, however, hit a shot with 3 minutes and 5 seconds left to stop the Tritons' momentum. The Coyotes took a 10-point lead, 45-35, to close out the first half.

UCSD came out in the second half fired up, cutting the Coyotes' lead to 47-43 on freshman guard Adam Reinking's basket with 16:55 to go. The Coyotes, however, showed why they are conference

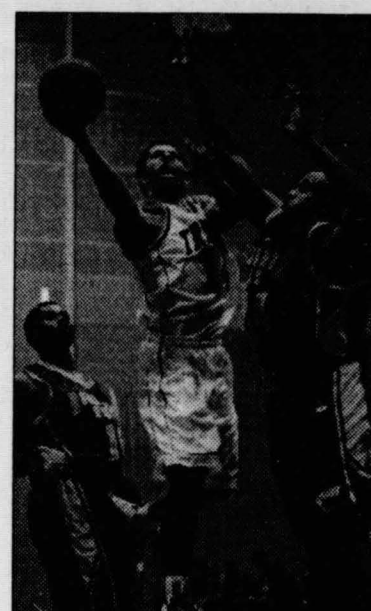
champions and came back, going up 55-45. The Tritons were relentless and another charge brought UCSD to within four points at 58-54 on a basket by sophomore guard Matthew Sweany.

Freshman forward Parker Berling hit a deuce with 2:10 left to reduce the margin again to four at 78-74, but two free throws by Cal State San Bernardino and a UCSD turnover that led to a Coyote basket made the score 82-74. UCSD was forced to foul and the Coyotes calmly hit six free throws down the stretch to ice the game and end the Tritons' attempt at an upset.

UCSD out-rebounded the Coyotes, 32-29, but committed 16 turnovers to Cal State San Bernardino's 10.

The Coyotes shot 58 percent for the game (30 of 52) and were 7-for-15 from three-point range (47 percent). They needed to overcome the long-range bombing of the Tritons, who put up 29 three-pointers — 10 of which were successful — with five by sophomore Matthew Sweany, the leading scorer on the night with 27 points. Reinking finished with 17 and Berling chipped in 11.

UCSD then traveled to Pomona, Calif., to take on the Cal Poly Pomona Broncos. UCSD almost pulled off the upset, but fell just short at 71-66.



Anna MacMurdo/Guardian file
On target: Cameron Jackson (middle) finished his collegiate career with a .486 shooting percentage this season.

UCSD trailed 34-28 at the half, but battled all the way back to trail by only two points with less than a minute to go in the game. But Cal Poly Pomona's Jonathan Boyd's three-pointer with just eight seconds on the clock sealed the Bronco victory.

The Tritons ended their season with two losses and finished 9-18 overall.

Women's water polo splits a pair of matches at home

UCSD defeats Claremont College, 8-2; loses to Loyola Marymount, 8-3

By DANIEL DIAZ
Staff Writer

The No. 14 UCSD women's water polo team saw how quickly the tables can turn on victory at Canyonview Pool on March 6, as the Tritons stuffed Claremont College, 8-2, then succumbed to No. 9 Loyola Marymount in a blistering fourth-quarter comeback, 8-3.

The Tritons' record now stands at 9-11. The loss to Western Water Polo Association rival LMU knocked UCSD's conference record to 1-2, but with the Feb. 21 win over UC Davis, the Tritons hold an advantage in the conference standings.

In the fourth quarter of the afternoon match, LMU's Jamie Kroeze and Stacia Peterson scored in succession to pad their lead, 6-3, and stymie the Tritons' charge, inspired by senior captain two-meter defender Meris Bantilan-Smith's man-up goal that cut the deficit to one. Devon Wright hit a pair for the Lions in the last two minutes of the game to hold off UCSD.

"We were at the right point. [We needed] to score another goal," UCSD head coach Larry Sanders said. "LMU went up 6-3 and we were working hard, but not getting anything."

The Tritons held the Lions to within one for the better part of three quarters, but they never came into the lead, mounting two comebacks ending with Bantilan-Smith scores that cut the deficit to 2-1 in the first quarter and 4-3 in the third quarter.

"We played three great quarters. We played tough and aggressive, and while we still need to do that for the whole game, we'll still continue to progress," Sanders said.

Bantilan-Smith's hat-trick accounted for all of UCSD's scoring. Wright led LMU with four goals, while Kroeze, Rebecca Peterson, Stacia Peterson, Teresa Guidi and Jessica Conner each had one.

The loss prolongs a four-year drought for the Tritons, who haven't beaten LMU since the implementation of the NCAA Championships in 1999. The Lions also spoiled UCSD's Final Four bids the last two seasons, defeating the Tritons 8-4 in 2002 and 8-6 in the 2003 WHPA Championship Games.

Despite junior utility Tobi Lyman's effort as she finished her ejection penalty, LMU's Conner converted a six-on-five goal to take a 2-0 lead, which was cut to one after Bantilan-Smith took a pass at four-meter, shook off two defenders, and scored to get UCSD on the board.

The Lions drew another ejection later in the quarter and attempted to hit the near-post man again, but senior goalie Stephanie Lombardo

was there for the stop, the first of three such power-play shutdowns for the Tritons. Lombardo and sophomore goalie Kaitlin Foe combined for 11 saves. Aggressive two-meter defense and heavy outside blocking also helped to keep the Lions scoreless throughout the second quarter.

UCSD was also persistent in creating second chances on its possessions, improving on an issue that Sanders cited as being detrimental in previous losses.

"We played aggressive ... they went up by two and we could charge back," Sanders said. "The intensity made the offense much better."

He also credited the role of Bantilan-Smith in moving the attack.

"Meris [Bantilan-Smith] is learning how to lead; she sees what's happening and is learning to motivate her teammates," Sanders said.

The Lions extended their lead to 4-1 within the span of two minutes, as an LMU shot bounced off the top post into the goal and Guidi converted on a power play with 3:45 left in the third.

But on the very next possession, freshman two-meter Natalie Hockett drew a four-meter penalty shot that Bantilan-Smith bounced into the near corner with ease. After drawing an ejection with 18 seconds left in the third, Sanders strategically sent in his whole first line, who, passing with poise and accuracy, found Bantilan-Smith at two-meters to again pull the Tritons within one.

The morning game against Claremont was more preparation for LMU than a contest, as Sanders, comfortable with a 3-0 lead over the Division III Athenas, substituted gratuitously by the end of the first period, and had all his starters out by the half.

"It was more of a warm-up and stretch-out," Bantilan-Smith said. "We knew it wouldn't be difficult, but we have to take teams seriously, no matter how good they are."

The second string got its chance to shine, breaking off the bench rust by the third quarter and tallying five goals in the space of 3:39. Junior utility Courtney Cleverger led the Tritons with three goals, and Hockett and sophomore driver Flynn LaRochelle each added a pair on top of senior two-meter Lesha Bounds' goal. Claremont's Jillian Kurvers and Annie Richardson both hit their consolation goals in the fourth quarter.

The competition will get tougher as the Tritons play host to Princeton on March 12 at 6 p.m. before going head-to-head on March 13 with defending NCAA champion and No. 3 UCLA at 9 a.m. and No. 4 Long Beach State at 4 p.m. at Canyonview Pool.

Track: Teams continue to break records and show promise

continued from page 20
mized results from its intensive training.

"We have been looking forward to this meet for quite a while, so we rested people in preparation for this one and made sure we deployed our people to score as effectively as possible," Salerno said.

Expectations are high given the exceptional level of competition UCSD offered to a slew of Division I sister-school rivals.

While head coach Salerno predicts strong results, he also senses heightened competition from accomplished teams with diverse talents.

"The men should have a fairly

successful meet on March 13 [against San Diego State] ... [but] the women have it a bit tougher," Salerno said.

Both the UCSD men's and women's teams will be back in action at the March 13 San Diego City Championships against a varied field of opponents, including Cal State San Marcos, Point Loma Nazarene and cross-town rival Division I San Diego State.

"They are a very good Division I-caliber team, but our depth may keep us close against them," Salerno said about the Aztecs. "Our women's team was just a few points away from beating them last year and we are a much better program this year than last."

Baseball: UCSD improves to 15-9 overall

continued from page 20
which scored Beltz to make it a 5-5 game in the eighth inning. Gascon finished 2-for-4 with the game-winning RBI, a run and a sacrifice, in addition to several key defensive plays at third base.

Game two on March 4 did not work out as well for UCSD as game one did. Ahead 7-2 after a three-run fourth inning and a four-run fifth, UCSD broke down defensively and allowed a six-run Toro comeback. Dominguez Hills put together a rally in the seventh inning, bringing 11 men to the plate and notching four hits while capitalizing on a pair of Triton errors. For the game, UCSD made four errors. A two-run single by junior first baseman Ian

Corso made it a 7-4 game and set up a three-run, game-tying home run by senior leftfielder Jason Flores, which just snuck over the left field wall. It was his first home run of the year. The Toros added four more runs in the eighth inning, with two of them coming on bases-loaded walks.

UCSD junior pitcher Logan Boutlier started on the hill for the Tritons and went 6.1 innings. Boutlier allowed four runs on 10 hits during his time on the mound. In relief, junior pitcher Tyler Smith gave up the three-run home run and allowed the Toros to tie the game, and later gave up the go-ahead run in the inning with no outs. Smith took the loss for the

Tritons and falls to 0-2 on the year. Triton junior pitcher Shlomo Lipetz came on in the eighth inning and was also knocked around. Lipetz gave up four runs in the eighth inning, which put the game out of reach for the Tritons.

Junior second baseman Ricky Pinocchio recorded three RBIs for UCSD. Senior catcher Jeff Riddle and junior shortstop Keith Hernandez did most of the damage offensively, combining to go 7-for-9 with two RBI and four runs scored. Riddle went 3-for-4 with two runs scored, a triple and an RBI. Hernandez went 4-for-5 with two runs scored and an RBI. Gascon finished 2-for-4 with two RBI and a run.

After the defeat in game two, the Tritons rallied on March 6 to put on an offensive show in games three and four, and did not allow the Toros to get in a position to make a comeback.

UCSD took the twin bill, 19-9 and 10-3. The victories move the Tritons to 15-9 overall and 8-6 in the California Collegiate Athletic Association. Cal State Dominguez Hills falls to 7-18 overall on the year and 3-13 in the CCAA.

UCSD takes on Grand Canyon University this week in a four-game home series March 10, March 11 and March 13 at Triton Baseball Stadium. The games on March 10 and March 11 will each begin at 2:30 p.m. The doubleheader on March 13 begins at 11 a.m. In the middle of the series on March 12, the Tritons will take on Point Loma Nazarene University in the first-ever day game at Petco Park at 11 a.m.

Baseball vs. Cal State Dominguez Hills (game one)

CSUDH	AB	R	H	RBI	BB	SO	UCSD	AB	R	H	RBI	BB	SO
Martinez ss	4	2	2	0	0	1	Burton c/rf	5	0	1	0	0	1
Medina cf	4	2	1	1	0	0	Clark dh	4	1	1	0	0	0
Cort rf	5	0	2	2	0	1	King pf	0	0	0	0	0	0
Corso 1b	5	0	2	0	0	1	Hernandez ss	4	0	1	0	0	0
Montes dh	4	0	0	0	1	1	Riddle c/1b	3	0	1	0	2	0
Flores lf	5	0	2	0	0	0	Fante lf/rf	5	1	3	0	0	0
Hernandez 3b	5	0	1	1	0	1	Saunders lf	2	0	1	0	0	0
Montes 2b	4	0	2	0	0	1	Beltz pf/cf	1	0	1	0	0	0
Esparrza c	3	1	1	0	0	2	Gascon 3b	4	2	2	1	0	1
Hernandez p	0	0	0	0	0	0	Robinson 1b	4	1	2	1	0	0
Dodson p	0	0	0	0	0	0	Langone pr	0	0	0	0	0	0
							Morhead c	0	0	0	0	0	0
							Pinocchio 2b	4	1	1	0	0	0
							Grubman p	0	0	0	0	0	0
							Leake p	0	0	0	0	0	0

Totals..... 39 5 13 5 2 7
E — Corso.
LOB — CSUDH 8, UCSD 10.
2B — Martinez, Medina, Riddle, Pinocchio.
3B — Beltz.
CS — Hernandez, Riddle.
SH — Martinez, Esparrza, Hernandez, Saunders, Gascon.
SF — Saunders.
SB — Cort, Flores, Langone.

CSUDH	IP	H	R	ER	BB	SO	UCSD	IP	H	R	ER	BB	SO
Hernandez	6.2	9	4	4	2	2	Grubman	7.1	12	5	5	1	4
Dodson	2.1	5	2	2	1	0	Leake	2.2	1	0	0	0	1

Women's tennis beats CCAA rival

Tritons get revenge after losing twice to Cal Poly Pomona

By ANGELA LIN
Staff Writer

The UCSD women's tennis team took revenge on rival Cal Poly Pomona, defeating the California Collegiate Athletic Association champions, 8-1, at the Northview Tennis Courts on March 6. The win marked a huge victory for the Tritons, who were defeated by the Broncos twice last year — once in the regular season and another in the finals of the CCAA Championship Tournament.

"We came out fired up and mentally tough," senior captain Julie Westerman said. "This was a match we've been wanting to win all season, so we were focused and ready."

The Tritons' doubles teams, which have been consistently improving throughout the season,

demonstrated their strength by defeating all three of Cal Poly Pomona's doubles teams with relative ease. At No. 1 doubles, Westerman and junior Jasmin Dao defeated their opponents, 8-2; sophomore Tara Siddiqui and freshman Kristin Bronowicki defeated their opponents, 8-3, at No. 2 doubles; and at No. 3, sophomore Leigh Roberts and freshman Katie McKee were able to win their match in a quick 8-1 set.

"We were playing really well in doubles, we were all communicating and using each person's strengths to help win our matches," Westerman said.

At singles, the only loss came at the No. 1 position, in which Cal Poly Pomona's Delhia Feliz, last year's All-CCAA First Team selection, defeated Westerman in a tough

6-2 and 6-4 victory. Dao was able to win her match, 6-1 and 6-3, at No. 2 singles, and both Roberts and sophomore Marissa Hilker were able to defeat their opponents, 6-0, in the first set, with Roberts closing her match out at 6-3 and Hilker defeating her opponent, 6-2, in the second set at No. 3 and No. 4 singles, respectively. Both No. 5 senior Kristina Jansen and No. 6 McKee had no trouble defeating their opponents; Jansen finished her match off, 6-0 and 6-1, and McKee defeated her opponent, 6-1 and 6-0.

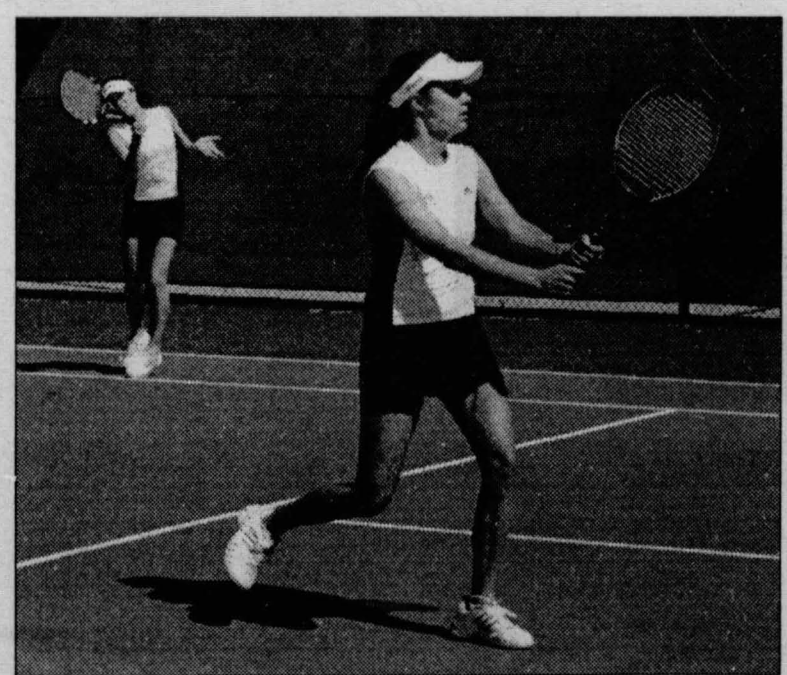
The victory bumped the Tritons' season record to 8-2 overall. Their second loss came from Division I Cal State Fullerton on March 4. Despite the lopsided final match score, 6-1, the Tritons had very close matches in the singles lineup.

The lone win came from Dao, who split sets with Fullerton's Gina Le, 3-6 and 7-5, and was able to defeat Le in a super tiebreaker third set, 10-8. At No. 3, Roberts was able to split sets with her opponent, Ioana Sisoie, 6-0 and 4-6, but lost the last set 6-1. Siddiqui, who played No. 6 singles, was also able to force her match to three sets, defeating her opponent, 7-6, in the first set, then lost the next set 4-6, and the super-tiebreaker, 10-2.

"Every girl had to play a tough opponent; the individual scores were closer than the final score," Westerman said. "But what we learned from the match is that no matter who the opponent is, Division I or Division III, we have to take them all one-by-one and not assume their level of play."

On March 8, the Tritons will face Emory, the top-ranked Division III team, at the Northview Tennis Courts.

"It should be a good match," Westerman said. "We're expecting them to be a tough team."



David Ung/Guardian
Dynamic duo: Freshman Katie McKee (front) and partner sophomore Leigh Roberts teamed up to defeat their Cal Poly Pomona counterparts, 8-1.

Web exclusive: Read about the match between UCSD men's tennis and Loyola Marymount on www.ucsdguardian.org.

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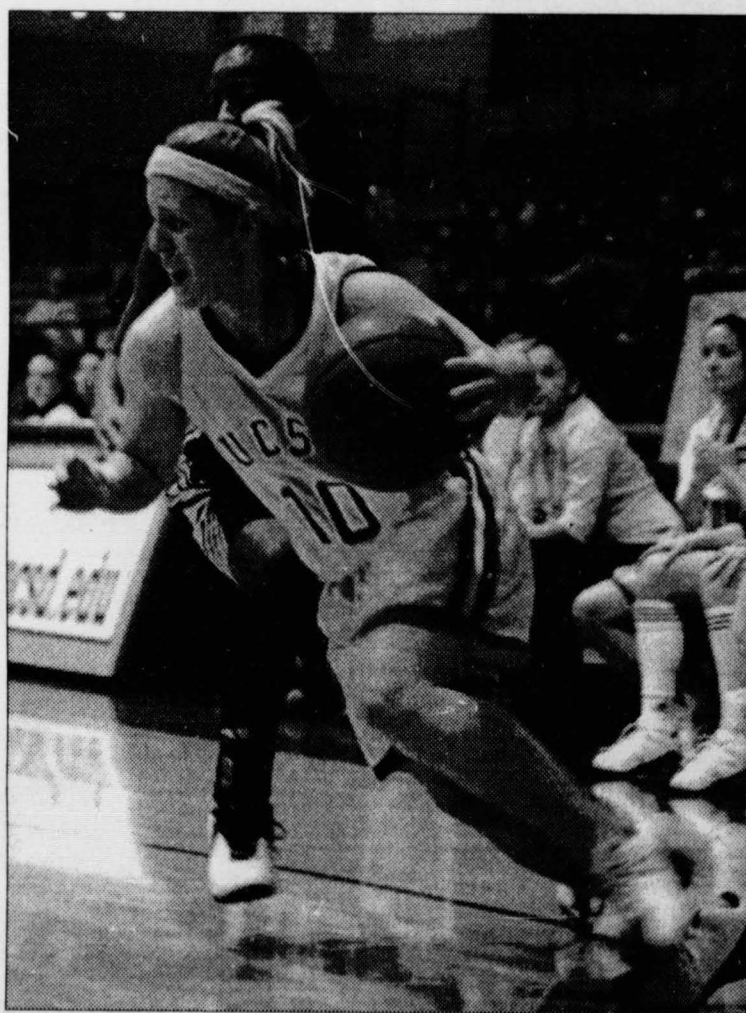
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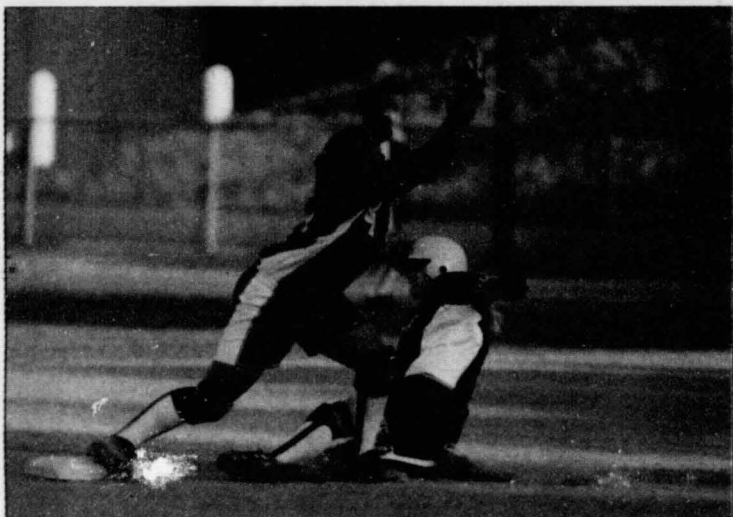


Anna MacMurdo/Guardian file
End of the road: Sophomore guard Andrea Herold (front) and the women's basketball team finished their season with two road games.

The NCAA Division II tournament starts on March 12 and finishes up on March 24 and March 25 in St. Joseph, Mo.

Softball takes three of four over weekend

Mettee homers twice, Hurst and Cope once in homestand



Billy Wong/Guardian

Slip and slide: Senior pitcher Jodie Bland (above) slides into second against San Francisco State on March 5 at Triton Softball Field.

By JOE SPANO
Senior Staff Writer

UCSD won three of its four games this past weekend, splitting a doubleheader on March 5 with San Francisco State and sweeping Sonoma State for two on March 6 at Triton Softball Field.

The Tritons started off the doubleheader against San Francisco State with a heart-breaking loss in the first game on March 5, a 1-0 defeat. Senior starter Jodie Bland once again suffered a difficult loss, bringing her season record to 5-6, despite a complete game performance and the fact that the only run of the game was unearned.

Unfortunately for Bland, UCSD offered her little run support, scrapping out only two hits for the game, which came from sophomore first baseman Desiree Franciscus and freshman centerfielder Brittini Carino.

"Jodie pitched awesome, she pitched as well as Kelley Bryant [junior starting pitcher], but this is something that we're working

on — the mental part of the first game," head coach Patti Gerckens said. "We just don't score any runs, and then come back in the second game and rack up the runs. It's just not fair."

For all the offensive difficulty the Tritons had in the first game, their bats exploded in the second game, as they easily handed the Gators an 8-1 loss. Senior third baseman Amy Mettee started off the game in style with a leadoff home run, her third overall on the season. The Tritons scored two more in the first inning, as freshman designated player Melanie Muerer was knocked in on a double by junior catcher Jamie Hurst, who scored later in the inning herself.

The floodgates opened in the fifth inning as junior leftfielder Breanne Cope, Muerer, senior shortstop Kim Aggabao, Hurst and Franciscus all provided insurance runs to give the Tritons their eight total.

"In the second game, Amy

See **SOFTBALL**, Page 15

Baseball tears up Toros three times

Tritons wrap up weekend with 13-9 overall record

By COURTNEY FIELD
Senior Staff Writer

The UCSD baseball team took on Cal State Dominguez Hills in a four-game series March 4 through March 6. The Tritons rallied in game one to earn the victory in extra innings, 6-5. The Toros then battled back in game two as they came from behind to defeat UCSD, 12-9. The series then moved north to Carson, Calif., where the Tritons proceeded to crush Dominguez Hills in consecutive games of a doubleheader, 19-9 and 10-3.

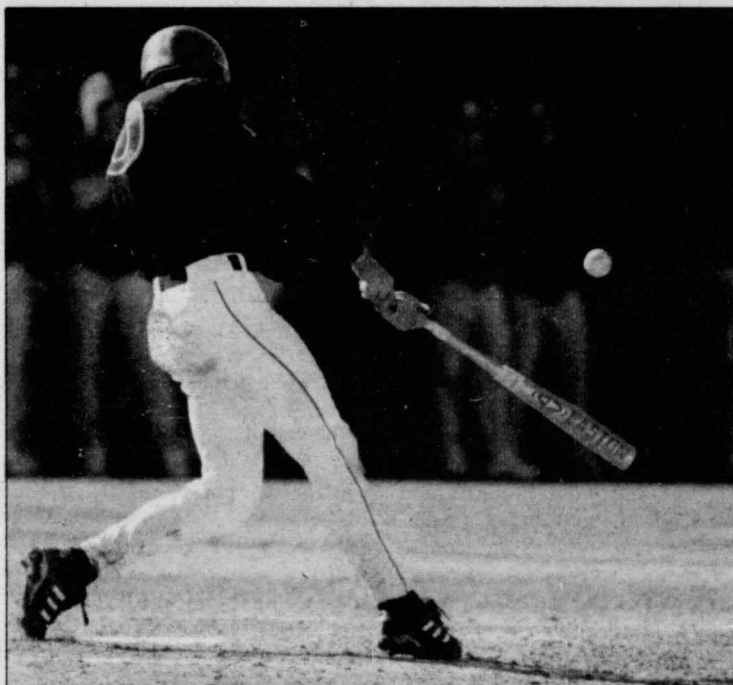
In the first game on March 4, junior centerfielder Brad Beltz, who entered the game as a pinch-runner in the eighth inning, opened the 10th inning with a triple to left-center that barely eluded senior Toro leftfielder Jason Flores as he made a diving

attempt for it. Then, junior third baseman Alex Gascon poked a base hit to right field to drive in Beltz and secure the victory.

Triton sophomore hurler Ryan Leake earned the win in relief of starting sophomore pitcher Byron Grubman, throwing 2.2 innings of scoreless baseball to improve to a perfect 3-0. Grubman, coming off his second complete game this season, allowed 12 hits and five runs over 7.1 innings of work. He walked one and struck out four. Leake also walked one and struck out three Toro batters.

Sophomore rightfielder Damian Fante was 3-for-5 for the Tritons, while junior first baseman Brian Robinson added a pair of hits, including an RBI single,

See **BASEBALL**, Page 19



David Ung/Guardian file

Thunderstick: The Tritons outscored Cal State Dominguez Hills 44-29 over four games this past weekend as UCSD took three of the four.

Golfers finish fourth

Duckworth ties for third, extends top 10 streak

By JOE SPANO
Senior Staff Writer

The UCSD golf team finished fourth out of 16 teams at the Cal State San Marcos Invitational on March 1 and March 2 at the San Luis Rey Downs in San Marcos, Calif.

The Tritons, who are ranked sixth nationally among Division II teams, continued to finish in the top half of their tournaments, despite competing against non-Division II schools.

"The course itself was pretty reasonable," head coach Mike Wydra said. "But the weather was just dismal. It rained both days, creating flooded low points and soggy greens. The ball just wasn't rolling right."

Despite the difficult conditions, the Tritons still managed to shoot rounds of 303, 291 and 302 for a total of 896, or 32 over par. The 291 UCSD shot on March 1 was the low score of the invitational for that round.

"The guys have made a habit of shooting the low round in our tournaments lately, and I hope they keep that up," Wydra said.

Of the three teams who topped UCSD, tourney host Cal State San Marcos took a first place finish, turning in rounds of 293, 295 and 298 to end up with 886, 22 over par.

Johnson and Wales University took second, with rounds of 299, 296 and 296 to give them an 891, 27 over par. Point Loma Nazarene shot rounds of 295, 295 and 302 to give them a total of 892, 28 over par.

Individually, junior Brian Duckworth tied for a third-place overall finish. Duckworth shot rounds of 71, 70 and 77 for a 218, two over par. His 70 was the low score for the round and put him in a tie for first place after March 1. This was Duckworth's third top-10 finish in his last three tournaments.

"Brian had a chance to win the tournament if he had been able to just par three holes that he had averaged birdie on in an earlier round," Wydra said. "Unfortunately, he went bogey, bogey, bogey."

Junior Joe Dolby returned to play for the Tritons after not competing in UCSD's last tournament, and quickly made his presence felt with a top-10 finish. His rounds of 75, 71 and 75 earned him a 221, five over par, and a tie for eighth overall.

Senior Alan Scheer tied for 25th place, turning in rounds of 79, 76 and 72 to give him a 227, 11 over par.

Sophomore Justin Grant took the fourth spot for the Tritons, with rounds of 78, 74 and 78. His 230, 14 over par, earned him a tie for 37th place.

Junior Jan Godoski rounded out UCSD's team, shooting rounds of 79, 76 and 79. Finishing with a 234, 18 over par, he tied for 54th place.

The Tritons return to action on March 8 and March 9, when they host their own tournament, the Southern California Collegiate Championship in Del Mar, Calif.

Track and field take on Division I opponents

Women's team places second, men's team takes third overall

By MICHAEL SCHOECK
Senior Staff Writer

The UCSD track team displayed its strength in a striking, record-breaking performance at the annual All-Cal Challenge Cup track and field championships at UC Irvine. The team competed against UC Irvine, UCLA, UC Riverside and UC Santa Barbara, with several individuals garnering NCAA Championship provisional qualifying marks.

The UCSD women finished the competition second to UCSB, while the men's side finished third, scoring 197 points and losing to UCI and UCSB.

"Being the only non-scholarship team as well as the only Division II team among Division I schools made our success today even more significant," head coach Tony Salerno said.

The qualifying marks helped UCSD outperform and defeat many of the Division I opponents that competed at the event.

"I am proud of how all of our

people competed against some tough Division I level competition," Salerno said. "I can't say enough about our performance across the board."

The Triton women totaled 199 points, 54 points behind Division I rival UCSB and nine points ahead of UCI.

UC Davis and UC Riverside were far behind; they finished fourth and fifth at 154 and 146 points, respectively.

Sophomore Kaylin Siever of the triple jump event and senior Michelle Beebe, a javelin thrower, were event winners for the Tritons.

Junior Meredith Perry set a UCSD school record in the pole vault at 11 feet, 9.75 inches to take second place. In addition, Perry's performance earned her an NCAA Championship provisional qualifying mark.

"Perry was the outstanding performer for the women today," Salerno said.

Outranking UCSD on the men's side were UC Irvine and UCSB, who came in first and sec-

ond with 269.5 and 225.5 points, respectively.

UC Davis was fourth at 156 points, with UC Riverside a distant fifth with 99 points.

Senior steeplechaser Julian Nahan's performance of 9 minutes, 22.40 seconds was an NCAA Division II provisional qualifying performance along with sophomore Mike Cunningham's 400 hurdle mark of 53.20.

"Our athletes really took the program to a new level with their performances today," Salerno said.

In track and field competitions, event winners and those scored in multiple events are always considered the standouts in a scoring meet.

"[Sophomore] Brad Libuit's throw to win the javelin was a 16-foot personal record and came within a few inches of the school record," Salerno said.

The coaching staff made sure the team was well-prepared, but also well-rested to ensure maxi-

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Jennifer Downs/Guardian file

Quantum leap: The women's track and field team finished second in the All-Cal Challenge Cup.