

Intent card due  
now -

Pilot Program for Sept 1981 due Oct 1 1980  
(Actual beginning date to be determined)

Center for Meditation Arts (CMA) [or Program for MA if  
better for grant purposes]

Pauline Oliveira . Director

(Relevant to the ability to carry out the project), PO is a  
Professor of Music and former Director of the Center for  
Music Experiment and Related Research at the University  
of California San Diego. P.O. originated "What's Cooking"  
an on going interdisciplinary performance conference  
at CME beginning in 1977. [Material will be supplied  
her by PO for inclusion describing "What's Cooking."]

P.O. will resign her position at UCSD as of June 30, 1981  
in order to devote full time to CMA. [PO will  
supply biographical material]

Purpose: CMA is dedicated to the interaction of  
artists from different disciplines, such as dance, music,  
Visual Arts, literature, drama, ~~and musical arts~~ for the



purpose of developing new art forms <sup>or enhancing established art forms</sup> which have meditation as the basis. In order to accomplish this purpose CMA intends to bring interested artists together for collaboration, <sup>interchange</sup> ~~exchange~~ ideas and presentations to the public. All presentations will be documented with appropriate media.

career entry projects.

→ Young professionals recommended by the participating artists will ~~be~~ offered concurrent residencies in order to develop their own collaborative performances under the same criteria.

Artists will be selected on the basis of their excellence in the field, demonstrated work with meditation as the basis <sup>or result of their art</sup> and expressed interest in collaboration.

The artists will be matched for collaboration projects on the basis of mutual interest and feasibility of presentation.



Artists will be offered residencies at CMA (CMF) ~~for~~  
~~a minimum of 3 weeks~~  
~~3 to 6 weeks~~, available facilities & support and  
opportunity for public presentation of their work.

### Evaluation

Each artist will be interviewed by the Director before  
and after the ~~of~~ residency. Questions will review the  
artists expectations, methods and accomplishments.

in order to evaluate the success of the program from  
the point of view of  
the artists and CMA. Some attempt to interview  
audience members, <sup>for their opinions</sup> at presentations will also be made.

In all circumstances applicants will be informed  
that the requirement of the residency will  
be a public presentation of their resulting  
work during the residency program.

~~It is assumed that the caliber of the participating~~  
artists will be <sup>of such caliber</sup> that their final presentation  
will be <sup>able to be</sup> evaluated, <sup>and appreciated</sup> by their peers.



The Center for Meditation Arts has been established in response to the need for the developing field of secular art meditations. Many artists from different disciplines are using meditation in a variety of forms, as the basis, or a way of enhancing their art. Meditation is generally characterized as an enhanced or heightened state of awareness due to prolonged focussed attention on an object, action, sound, movement, space or thought. Recent although tentative experimental data suggesting common physiological correlates among meditators of different persuasions have further prompted many artists to experiment within their own disciplines.



Mention meditation as a way of collaboration  
80 Langton St Bendigo.

The Center for Meditation Arts has been established in response to the need for the developing field of secular art meditations. Many artists from different disciplines are using meditation in a variety of forms, <sup>as the basis of their art.</sup> The CMA intends to bring artists from different disciplines together, such as dance, music, visual arts, literature and drama for the purpose of <sup>collaboratively</sup> developing new art forms <sup>with meditation as the basis</sup> or enhancing established art forms. ~~with meditation as the basis.~~



will be a public presentation of their resulting  
work <sup>done in residence.</sup> during the residency program. The  
participating artists\* will be of such caliber that  
their final presentation will be able to be evaluated  
and appreciated by their peers. All presentations  
will be documented by CMA with <sup>the</sup> appropriate media.

## Budget

\$500 per week <sup>each</sup> to participating artist  
\$ material and supplies  
\$ rental  
\$ Administrative costs  
equipment rental  
Staff salary.

## Questions —

When could it begin  
How many the first year?  
What facilities could be offered?

## Appendix Examples

Delora Hony

Gary Snyder

John Cage

Sandra Montano



Artists will be selected on the basis of their excellence in their respective field, their demonstrated work with meditation as the basis or result of their art, and their expressed interest in collaboration. The artists will be matched for collaborative projects on the basis of mutual interest, ~~and feasibility of public presentation~~. Young professionals recommended by the participating artists will be offered concurrent residencies in order to develop their own collaborative performances under the same criteria.

Artists will be offered residencies at CMAA<sup>1</sup>, <sup>compensation,</sup> available facilities, ~~and~~ support and opportunity for public presentation of their work. ~~All presentations will be documented with appropriate media.~~

<sup>for evaluation,</sup> In all circumstances ~~offer~~ participants will be informed that the requirement of the residency



different persuasions have further prompted many artists to experiment with their own discipline.\*

Although many artists have drawn their techniques from traditional meditations in ~~a~~ religious contexts ~~such as~~ provided by churches, ashrams, zendo and other centers, there is a need for such artists to meet, share and perform together in a secular context in order to support this new direction without having to become a devotee of a particular system. At present there does not appear to be a well developed center in order for <sup>these new kinds of</sup> artists to interact and experiment with ~~meditation~~.  
their <sup>own</sup> interpretations of meditation.

The CMA wishes to invite artists from different fields, <sup>for interchange and</sup> to collaborate in residence. Each ~~residency~~ is intended to ~~result in a public presentation~~.



Sutter MS Program

9-12-80

Pilot Program for Sept 1981

revised

In response to a need,

The Center for Meditation Arts has been established for ~~in response to the need for it~~ in the developing field of secular art meditations. Many artists from different disciplines are using meditation in a variety of forms as the basis of their art. \*

The CMA intends to bring artists <sup>together</sup> from different disciplines such as dance, music, visual arts, literature and drama, ~~together~~ for the purpose of collaboratively developing new art forms <sup>with</sup> meditation as the <sup>result of the work</sup> ~~basis~~, or enhancing ~~the~~ established art forms.

Meditation is generally characterized as an enhanced or heightened state of awareness due to prolonged focused attention on an object, action, sound, visual image, movement, space or thought. Recent, although tentative, experimental data\* suggesting common physiological correlates among meditators of <sup>such as reduced heart muscle tension, decreased oxygen consumption, heart rate, respiratory rate, change in brain wave rhythm,</sup> ~~the~~ increased skin resistance.



\*

Appendix

- 1) Attach. Reviews of *Yin-da Montano - Live* Spring 1980 Joel Kanner  
(*Aug 14 Times*)  
Al Huang Sunday Sept 21 1980 NY Times  
Phil Corner Village Voice Tom Johnson  
Gary Snyder  
An Sonie Meditations P Oliveira  
The Composer Meditates Tom Johnson Village Voice
- 2) Article - The Relaxation Response  
Meditation Article from Scientific American
- 3) Look for further documentation



CMA

Center for Meditation Arts

For CMS - Sonic Meditations and Related work

MUSIC & Philosophy	BRIAN VERMEERSCH (BP)	Martial Art	LESTER INGBER
Drama	Lee Brewer	Music	Zina Lorie
Via Arts	Wang Ashley	Music	Tom Johnson
DANCE	DEBORAH HAY ✓	Visual Art	Barry BRYANT ✓
	1612 W. 9 1/2 ST		Meidel Le Senne
	Austin, Tex, 78703	Music	Daniel Goode
MUSIC	HOWIE SMITH	music	Annea Lockwood (BP)
		Dance	ELAINE SUMMERS
Via Arts	Geoff Hendricks ✓		Pitty Birchfield ✓
		Music	Terry Riley ✓
Ballet	LOUISE FRAZIER	Music	CHESTER WOOD
Music	Don Cherry ✓		Alvin Curran
		Composer	Yasuo Tone
VISUAL ARTS PERFORMER	Alison Knowles (BP)	Music	Wang Yun Muecher
	Philip Corner ✓	Via Arts	Heely Bruce (BP)
Music	Joe Celli	Composer	Carolee Schramman
			Takehisa Kosugi
VISUAL MEDITATIONS	LINDA MONTANO (BP)	Dance	Sylvia d'Archangeo
PERFORMANCE ART	Kei Tai Kei	Composer	Alvin Lucier ✓
Music	John Mizell		Jackson Mac Low
MUSIC PERF	CHARLEMANE PALESTINE	Poet	George Quasha
Mini/Video	Han Jun Paik	Composer	David Behrman
Music	GORDON MUMMA	Music	Malcolm Goldstein (BP)
Let. Music	Ramon Sender	Drama	Beatrice Mandley
Poet	Dick Higgins	Poet Music	Bill Jeffers



70 evaluation - Should be positive part of program.  
It helps one better define what + how? happened.  
What is shared in common?

How successful is the situation for the artist.

What's the true evaluation?

What method of evaluation would flow  
out of the program? Judge the process  
not the product.

Paragraph on definition of meditation

and the need for such activity  
Secular rather than religious  
context.

What do I mean by meditation  
or other meditational systems  
sources? Tibetan Zen Yoga  
Will there be cross cultural representation?  
How did the artists come to it?

use this mode of conscious

History of word "meditation"

Contemporary usage of word meditation

What is

How is it not happening elsewhere  
why needed?



Siter Arts Program  
Pilot Program to begin after Sept 1981

9-20-80  
MAP

In response to the need engendered by the developing field of secular art meditations, the ~~Center for~~ <sup>Project (MAP)</sup> Meditation Arts has been established. Many artists from different disciplines are using meditation in a variety of ways and forms as the basis of their art.\*

The ~~MAP~~ intends to bring artists together from different disciplines such as dance, music, visual arts, literature and drama for the purpose of collaboratively developing new art forms, or enhancing established art forms, with meditation as the basis or result of the work.

Meditation is generally characterized as a heightened state of awareness due to prolonged focussed attention on an object, visual image, action, sound, movement, space or thought. Recent, although tentative, experimental data\* suggesting common

\* See appendix



physiological correlates, such as reduced muscle tension, changes in brain wave activity, decreased oxygen consumption, heart rate and respiratory rate with an associated increase in creativity,\* among meditators of different persuasions have prompted many artists to experiment with their own disciplines.

Although many artists have drawn their techniques from traditional meditations within religious contexts provided by churches, ashrams, zendos and other such centers, others have developed their own secular artistic forms of meditation. There is a need for such artists to meet, share and perform together in a secular context in order to support this new direction without having to become a devotee of a particular system.

At present there does not appear to be a well developed center for these new kinds of artists

\* See appendix



to interact and experiment with their own interpretations of meditation.

In order to fulfill this need, the QMAP wishes to invite artists from different fields for interchange and collaboration in residence.

Artists will be selected on the basis of their excellence in their respective field, their demonstrated work with meditation as the basis or result of their art, and their expressed interest in collaboration. The artists will be matched for projects on the basis of mutual interest in each other's work.

CAREER  
ENTRY

Young professionals recommended by the selected participating artists will be offered concurrent residencies in order to develop their own collaborative performance under the same criteria.

Artists will be offered compensation, room + board,



available equipment, facilities, ~~and~~ technical support, and opportunity for public presentation of their work.

#### EVALUATION

In all circumstances participants will be informed that the requirement of the residency program at ~~EMAP~~ will be a public presentation of their resulting work. The participating artists\* will be of such caliber that their final presentation will be able to be evaluated and appreciated by their peers. All presentations will be documented with the appropriate media by ~~EMAP~~.



Helen Gurley  
Gus Snyden  
Steve Koston  
David Rosenboom  
Richard Titlbauer

many artists from different disciplines are using meditation in a variety of forms as the basis of their art. These artists have either studied and incorporated or transformed meditation techniques from traditions such as Tai Chi Chuan, yoga, Hassidism, Zen, Christian Contemplation etc. or developed their own forms of meditation resulting in <sup>their</sup> art.

Meditation ~~(no matter what form it takes)~~ is generally characterized as an enhanced or heightened state of awareness due to <sup>prolonged</sup> focused attention on an object, action, sound, movement, <sup>space</sup> or thought. ~~with a results in an expanded sense of consciousness.~~

~~The meditator experiences, and often transmits to others, a receptive rather than active state~~

~~of consciousness.~~ \* <sup>Recent although tentative exper. data suggests common correlates physiological</sup> The brainwaves of persons <sup>in</sup> ~~who~~ meditates among meditators of different persuasions have <sup>further</sup> ~~been~~ <sup>prompted</sup> ~~measured and~~ <sup>many artists & experiment with their own disciplines</sup> ~~the~~ meditative state have been measured and

\* sci Amer  
article

~~have a common frequency and amplitude. Indeed some artists have tried to utilize brain waves~~



in the meditative state,  
with electronic devices to make sound\*, movement  
and line drawings.

Although many artists have drawn their techniques  
from traditional meditations in a religious context  
(for example Zen Centers, Tai Chi Clubs, Yoga ashrams, churches),  
there is a need for such artists to meet, and  
share <sup>in order to support this</sup> <sup>new direction.</sup>

perform together in a secular context. There is  
no such <sup>without having to become a devotee of a particular system</sup> <sup>place</sup> <sup>secular</sup> context ~~or~~ forum (~~outside of~~

~~religious settings, or performing arts centers,~~  
~~which often have different goals from the artists.~~

who work for ~~artists~~ <sup>individual</sup> these new kinds of artists  
to experiment with their <sup>individual</sup> interpretations of meditation.  
The Center for Meditation Arts has been established (September 1980)  
In order to support and develop these new forms.

Center for MA is in response to the need  
for the developing field of secular art meditation.  
Basis has a long history and tradition.

At present  
there does  
not appear  
to be a  
well developed  
center  
in order  
for artists  
to interact  
& experiment

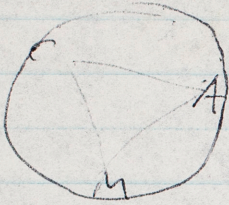
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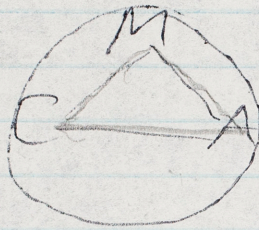
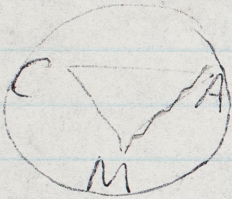
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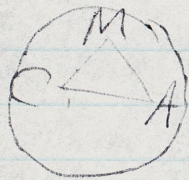


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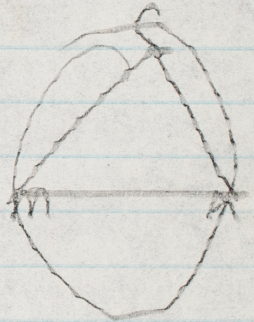


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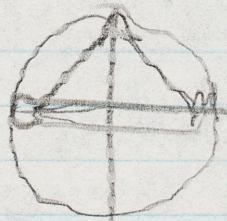


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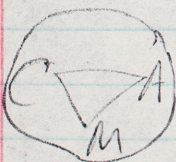
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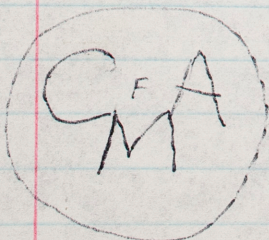
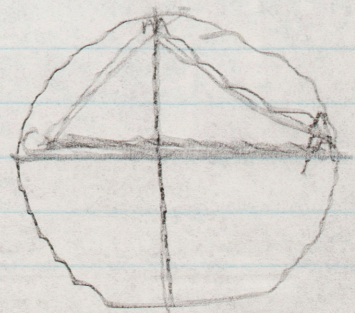
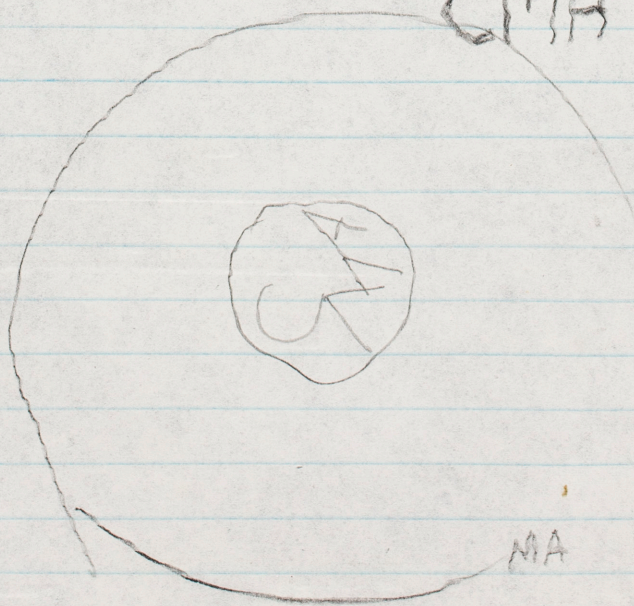


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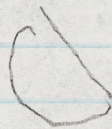
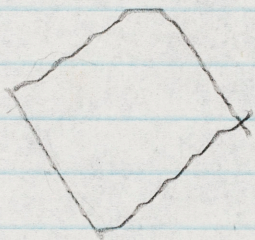
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Work study scholarships in composition.  
(Apprentice meditators -)  
Composition in the natural environment

Ability to carry out project → Purpose of the Center for Meditation Arts (CMA)  
Director Pauline Olivier  
former Director of the Center for Music Experiment + Related Research  
at UCSD - originator of 'What's Cooking' and interdisciplinary  
performance conference at CMC.

Purpose: CMA is dedicated to the interaction of  
(dance, <sup>music, arts</sup> music, Visual Arts, Literature + Drama)  
artists from different disciplines, for the purpose of  
developing new art forms which have meditation  
as the base. To accomplish this purpose, CMA  
intends to bring <sup>interested</sup> artists together, in ~~a meditative~~  
~~setting~~ for collaboration, exchange of ideas and  
presentations. All presentations will be documented  
with ~~soundings and photographs~~ appropriate media.

How will artists be selected and matched for collaborations?  
On the basis of excellence and <sup>expressed</sup> interest.

What will characterize these artists? Incorporation of  
meditation techniques as the basis or result of their art.

What methods of implementation will be employed?  
Residency - Facility - and presentation opportunities.



How will the program be evaluated?

Each artist will be interviewed at the beginning of the residency and at the end in order to determine what expectations each person had and what the residency was able to accomplish. Audience members will be solicited for opinions.

Career Entry Projects : Young professionals recommended

by participating artists will be offered residencies in parallel in order to develop a collaborative performance under the same criteria.