

## Stats Show Cosmetic Surgery Numbers are Plastic

By Scott LaFee | December 19, 2018

**C**hief among the resolutions made every New Year is the one about getting a new body, or at least an improved version. For most people, that translates into efforts to eat better, lose weight or exercise more, all of which require patience and persistence to pay off.

For some, it means plastic surgery.

According to the American Society of Plastic Surgeons, nearly 1.8 million cosmetic surgical



procedures were performed in 2017, based on the latest data available. That's almost double the number of procedures performed a decade ago.

### **The top five were:**

- Breast augmentation (300,378 procedures, up 3 percent from 2016)
- Liposuction (246,354 procedures, up 5 percent from 2016)
- Nose reshaping (218,924 procedures, down 2 percent from 2016)
- Eyelid surgery (209,571 procedures, approximately the same as 2016)

- Tummy tuck (129,753 procedures, up 2 percent from 2016)

Far more minimally invasive cosmetic procedures were performed in 2017: 15.7 million.

**The top 5 were:**

- Botulinum Toxin Type A (7.23 million procedures, up 2 percent from 2016)
- Soft Tissue Fillers (2.69 million procedures, up 3 percent from 2016)
- Chemical Peel (1.37 million procedures, up 1 percent since 2016)
- Laser hair removal (1.1 million procedures, down 2 percent from 2016)
- Microdermabrasion (740,287 procedures, down 4 percent from 2016)

One thing to keep in mind: All medical procedures involve risk, great or small, and should be considered carefully. Please consult a licensed, credentialed medical professional.

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