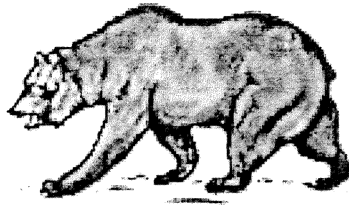


Bear



Facts

Volume XLI No.3

Bulletin of UCSD OCEANIDS

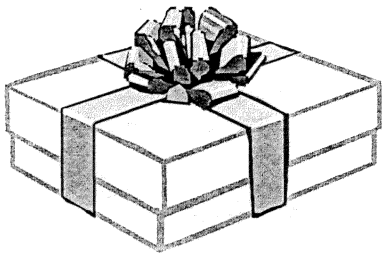
December 2002



The UCSD Oceanids cordially invite you to our



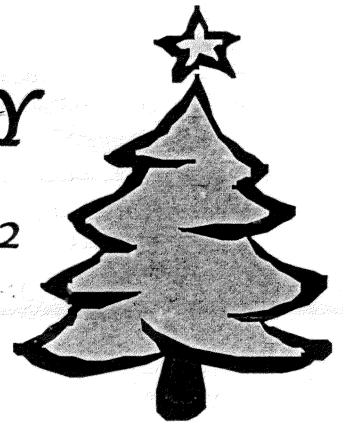
"Holiday, Food*, Cheer, Caroling and Dancing"



HOLIDAY PARTY

Saturday, December 7th 2002

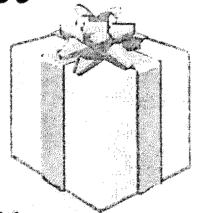
7:30 - 10:30 PM



at the UCSD International Center

Newcomers, Oceanids and their Guests Free

Adults only



Reservations by December 4th, Wednesday

*catered by our organization

Mary McIlwain 858-454-4857 or email@ mm@san.rr.com

Maxine Bloor 858-459-7665 or email@ cbloor@san.rr.com

3 Bear facts (La Jolla (San
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More information on page 3





BEAR FACTS

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Please address all submissions to:

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La Jolla, CA 92093-0049

or **better** Email to:
oceanids@ucsd.edu and
renright@ucsd.edu

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NOTE: All phone numbers are area code 858 unless otherwise noted.

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Interest Groups Coordinator
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Bus Trips

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People to People
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Alumni Assoc. Liason
Friends of Int. Ctr.
Friends of Library &
Friends of Music

Friends, UCSD Health Care
Friends of Theatre and Dance
Retirement Assn.
Undergraduate Service Awards
& Foundation Scholarships
Historian
Refreshments
Oceanid of the Year,
Maxine E. White, &
Outstanding Service Awards
Sunshine Committee
Friday Café
Directory Updates

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Margaret Acampora 459-8123
Judy Skelton 456-0930
Mary Dashen.....457-4631
Madeleine Rast 755-0478
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Liz Fong Wills 454-6858
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Maxine Bloor 459-7665
Barbara Starkey 453-0779
Jean Lindsley 453-4043
Candace Kohl..... 259-1903
Carole L. Ziegler 619-297-0798
Ady Rosenblatt 453-4626
..... (needed)
Candace Kohl.....259-1903
Maxine Bloor 459-7665
Sallye Krause 755-3245
Barbara Fitzsimmons.....453-5787
Pat Kampmann 454-1856
Carol Schultz 453-0458
Maxine Bloor 459-7665
Jean Kramer 453-0379
Carole L. Ziegler 619-297-0798
Ady Rosenblatt.....453-4626
Barbara Starkey453-0779
Ady Rosenblatt.....453-4626

**BOARD MEETINGS first Thursday every month at the Oceanids Pavilion,
International Center, 9:30 AM social, 10:00 AM meeting
You are welcome to attend!**

President's Message

Holiday season is here and we have lots of fun events this month, such as our holiday party at the International Center on Saturday, December 7 (see front page for details). All Oceanids and their guests and Newcomers to UCSD are invited to join us for food, dancing, singing and a generally good time. Mary Dashen has organized a Devilish Diners outing on December 3 to Herlihy Farms in Fallbrook, which should get us in the holiday spirit, and many other interest groups, such as Wine Tasting II, have fun events planned. Take a look at the Interest Groups section for what interests you.

Every year after the holiday season, I make a list of how I'd like to make next year's holiday more meaningful and enjoyable for all, and less stressful for me. On December 5, Sounding Board will feature Dr. Luann Lindquist, who will discuss stress reduction, so the timing for this topic is perfect! One of my goals this year is to increase my exercise and general physical activity before and during the holidays, so I can enjoy those holiday goodies and not have so much to work off in January. Have I told you about our new Walking interest group? Give me a call or email me to join a walking group in your neighborhood. It is so much easier to stick with a regular exercise plan if your fellow Oceanids are counting on you to show up at a regular time each week. Also, it's a great way to keep up friendships and make new ones at the same time you are getting in shape. If you are in or near La Jolla, try out the beautiful new community pool at La Jolla High School, which has very convenient public hours and is not crowded. Of course, there's RIMAC and the Canyonview pool at UCSD, too, for very reasonable fees for those affiliated with UCSD.

I wish you and your family a wonderful holiday season, and I hope to see you at some of these activities!

Cordially, Judy Vacquier



HOLIDAY PARTY SATURDAY DECEMBER 7th 7:30 - 10:30 P.M.

Please join everyone for our **Holiday Party** at the UCSD International Center, catered by us!!

You will be guests of Oceanids. Evelyn and Sandy Lakoff will lead the sing along caroling. Enjoy ballroom and folk dancing during the evening.

Holiday Food Vouchers for the Adopt-a-Family Program

Irene Barragan in the Social Work Department at UCSD Medical Center in Hillcrest is delighted that we will again give Food Vouchers to them for their "Adopt-a-Family" program in the coming holiday season. These vouchers may be purchased at VONS or Safeway. There is no surcharge, and they are used like cash. Please write the amount you are giving in the space provided on the little gift card that comes with the voucher. They are available on racks by the cash register at VONS in La Jolla. We will receive them at the Oceanids Holiday Party in the International Center the evening of December 7.

Please call Mary McIlwain (858-454 4857) if you have a question.

Another wonderful gift suggestion:

People-to-People is gratefully accepting donations for scholarships for a student of the El Hogar orphanage near Ensenada. Please see Carole Ziegler about procedure. Or call her at 619-297 0798



Fall Membership Brunch Deemed Success

Many thanks to Margaret Acampora and Mary Dashen (shown in photo; Margaret on the right, Mary on the left) for organizing the Fall Membership Brunch, which was held October 24th at the UCSD Price Center. About 100 Oceanids and Newcomers attended the event, which featured champagne and orange juice followed by a delicious buffet of poached salmon and various salads and scrumptious desserts. Members enjoyed visiting old friends, greeting new members and newcomers, and seeing the posters representing over 25 Interest Groups. Many members took the opportunity to talk with the Interest Group chairpersons, and to sign up for new activities. A lot of interest was shown in the Museum Group, and the new Walking Group, among others. This was the first year that the Brunch was held in the Price Center rather than University House, and while views of the ocean and hang-gliders soaring overhead were absent, it was a plus to be seated all together in one room. Thanks to Maxine Bloor and Carole Ziegler for shuttle service, and to Roswitha Enright and Beate Menzel for greeting and directing the guests.



La Jolla MONEY BOOKS only \$15

Coupons good through 5/31/2003

Please consider buying a La Jolla Money Book for yourself or for someone as a holiday gift.

Two for one coupons for restaurants

in La Jolla (26 in all), including:

OceanBollicine Restaurant and Bar

Cafe Lautrec

The Cottage

Elario's

The Museum Cafe

Sammy's Woodfired Pizza

Merchandise and Services include:

Warwick's

Panache

Longs Drugs

Inn by the Sea

Burns Drugs

Adelaide's

The Artful Framer

For each \$15 book, Oceanids receives \$7.50, and you can get a great deal or give a thoughtful gift.

Call Maxine Bloor 858-459-7665 or Judy Vacquier 858-459-7834 (<mailto:jvacq@san.rr.com>jvacq@san.rr.com).

We can also arrange to deliver you a La Jolla Money Book

Sounding Board for 2002-2003

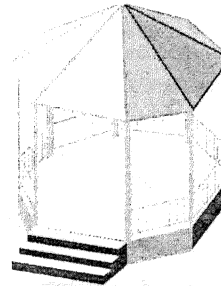
We have been able to make Oceanids' Sounding Board a joint lunch/lecture series with the UCSD Faculty Club.

There will be a short write-up of each month's speaker in Bear Facts the month before, so everyone will be able to plan in advance to attend. This is the list of our stellar speakers:

- | | | |
|--|---|---|
| February | 6 | Dr. Gabriele Wienhausen, Founding Provost of 6th College will tell the goals of 6th College "Why 6th College Is Different" |
| March | 6 | Jim Pokorny, Aviation Attorney & 1970 UCSD graduate, active in the Lawyer-Pilots Bar Association; Legal commentator on KUSI. His talk "When Airplanes Fall Out of the Sky as an Aviation Attorney sees it" |
| April | 3 | Father Joe Carroll of St Vincent de Paul Village, a poor kid from New York's Bronx, has developed a unique 'one-stop-shopping' approach to restoring dignity in rehabilitating the homeless with a comprehensive list of services from medical care to job preparation to summer camp. Also he's a delightful, amusing speaker. |
| <u>Please contact Jean Lindsley for reservations as we expect a crowd.</u> | | |
| May | 1 | Neil Morgan, past-editor of the SD Evening Tribune & columnist for the SD Union Tribune, & Jim Goldsborough, columnist for the Union Trib have been invited, but neither was able to commit so far in advance. |

Sounding Board News

There will be no Sounding Board in January 2003. See next month's Bear Facts for details on February's Sounding Board with Dr. Gabriele Wienhausen, founding Provost of 6th College.



Shutters and Silent Spaces

Photographs
by
Sylvia Bal Somerville

October 7 to December 20
At the Faculty Club, UCSD
Monday-Friday
8:00 am to 5:00 pm

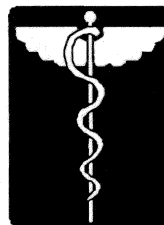
Used Medical Equipment Exchange

I am setting up a network to locate used medical equipment for temporary use by our Oceanids members. I am asking anyone who has a wheelchair, walker, crutches, commode, toilet seat riser, etc. to call me and identify what they are willing to loan to others. It must be in useable condition, not rusted, or needing repair, or over the hill.

I am willing to keep the list and keep it updated as to who has this stuff, to whom it was loaned, with address and phone number, the date it was borrowed, etc.

The borrowers would pick the item up themselves, and return it to the owner when it is no longer needed, clean, covered with a cleaning bag or similar covering and ready for the next person.

Sallye Krause 858-755-6162
skkrause@hotmail.com





CHANCELLOR'S CHALLENGE
Oceanids Run/Walk for Scholarships

On October 18, seven Oceanids and two Oceanids' spouses participated in Chancellor Robert Dynes' annual Chancellor's Challenge 5 km run/walk. One hundred per cent of the proceeds went to undergraduate scholarships. In addition, Chancellor Dynes paid \$25 for each participant who beat his time, and his wife, Professor Francis Hellman, paid \$25 for each female participant who beat her time. Two Oceanids won awards in their categories (not for the first time!): Sylvia Bal Somerville and Robert Starkey. Carole Ziegler managed to shave off a few minutes from last year's personal time, and Judy Vacquier managed to complete the course while talking nonstop to almost everyone. Estelle and Ralph Shabetai also made a great showing. Maxine Bloor and Pat Kampmann provided much-appreciated encouragement. Over 1000 people registered for the event, and 907 participants completed the 5 km course, which started and ended near the RIMAC arena and wound through the UCSD campus and the jogging trails in the eucalyptus groves. Finishers were greeted with bottled water, watermelon and pizza, and were cheered all along the route. All registrants received a special T shirt.

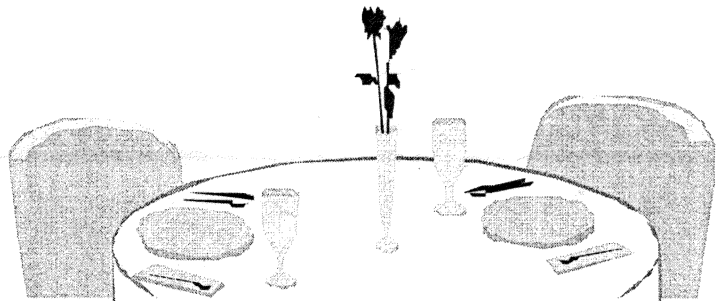
Now is a great time to start walking to get ready for next year's challenge! Call Judy Vacquier (858-459-7834) to join a walking group in your neighborhood. Let's see if we can bring the number of Oceanids participating up to 20 in next year's event! It's great for your health and fitness, and it's a great fundraiser for UCSD undergraduate scholarships.

Photo from left:

Ralph Shabetai, Estelle Shabetai, Judy Vacquier, Maxine Bloor, Carole Ziegler, Pat Kampmann, Sylvia Bal Somerville

We need someone to be the coordinator/organizer of a second dinner group. The problem is the size of the current group. Nearly all of the Moveable Feast dinners this past year involved 30 or more people. This poses a serious problem: the large number limits us as to the type of restaurants we can go to and limits us in the type of conversations we can have. One of the goals in starting this group was to have a salon, where intelligent/interesting conversations could take place. The second group could go to the same restaurants that we go to, but on a different night. I am happy to continue researching different restaurants and planning menus with the owners/managers of the restaurants that we go to. This would also solve the problem of people who are not able to join us on the third Saturday of the month. If the second group wants to go to restaurants with a higher limit than we have, that could be an attractive option.

Liz Fong Wills



Save Saturday January 18th for a Moroccan dinner at the International Center. It will be prepared by a Moroccan/French chef; the entertainment will feature slides by Candace Kohl and possibly belly-dancing.

The new price for Ethnic dinner will be \$25 for members, \$30 for non-members, and \$15 for students.

Stories of no consequence for a day of patchy low clouds and fog

The summer is long gone and with it the feeling of deserved vacations, ease, laughter, visits, visitors, playfulness and the like. Yet it might still be salutary, in order to brighten up some of our present dull, gray and foggy days to recall some irreverent subjects, and tell some frivolous tales.

Let us say as a preface to the following stories, that we, women (at least after a certain age), all share a predicament whose consequences seem greatly intensified when we are away from home, be it in town, at the theater, in a foreign country, the desert or the mountains, whether we are on our own, or more anxiously perhaps in the company of others. Even if you have not already guessed the nature of such a plight which I will not name for the sake of propriety, I can right now readily state that it is known to often color, alter, shape, or altogether annihilate our pleasures, if not our ways of being, thinking, doing, etc.

But the stories might say it better:

Long ago, my husband and I had traveled by car from San Diego all the way to Guatemala and Honduras. It was an adventure, in more than one respect. For the first time in our life, we had left the children behind, without a chaperone, simply in each other's company, and this at Christmastime! Some of our devoted friends had made this escape possible and at the time ...we had rationalized ... reasonable. We had reached the ruins of Quirigua, after a few days in Copan, Honduras, and spent a stormy night in its jungle setting, before roaming for a day through its magnificent Mayan remains. It had been extraordinarily fascinating as we had discovered all by ourselves, and with no other tourist in view, the grandeur of these stelae and zoomorphs, some of them just barely excavated. We were now ready to take on the drive to Tikal, some one hundred and twenty miles or so of a non surfaced road, which it would take us two days to cover. Soon after leaving the asphalt road, we reached the large lagoon of "Lago de Izabal", connected to the Gulf of Honduras by the much narrower waterway, El Golfete. The only mode of crossing to the other side was a large ferry which was doing the back and forth traffic at somewhat regular intervals. We lined up behind a few local trucks and some military vehicles waiting for the time to board the next ferry, which was not in sight. We waited and waited. It seemed interminable. Down on the shore of the Lago, I had noticed a small structure, where people were drinking and eating some undefined kind of food. Time went on, and indeed, I soon knew that the predicament I was hinting about at the beginning of this article had started to impose its grip on me. I had no choice but to leave the car and walk down to the little "café" (if this is the word), go in, and meekly ask for the "excusado". The person at the counter nodded and showed me a door behind him. It was closed, unmarked, but he indicated and insisted that this was "it". So I proceeded toward it, ready and eager to open it. Yet, you never know until you have a chance to look, what a closed door can be hiding. In this case, to my great surprise, it opened directly to the outside, onto a pontoon which jutted itself over the lagoon all the way to its very center, and at the end of which, elevated on a platform which could be reached by two or three steps, stood a small "garita", with as a door, a curtain flapping in the wind. So, as I stood there perplexed, I could not pretend that I had not opened the door, for indeed I had, and as I looked, I instantly assessed the situation: my only way out was: retreat. But simultaneously, and almost honorbound, with the eyes of every customer in sight upon me, plus soon those of all the awaiting passengers to be, I felt that I had no right to turn around; I was left with only one alternative which was to bravely advance, on the pontoon, from the shore of the lagoon all the way to its very center, seen and moreover observed by everyone alive and around. Besides it was windy. But, there was no choice had to walk all that length to the end and then I had to climb the two or three steps in front of the "garita", and soon after I had to try and insert myself behind the flapping curtain, while at the same time operating all the necessary other maneuvers, and at once holding the curtain in such a way that it would not open. But the curtain would not stand still; it took the wind as a sail would have done and ballooned in and out, obviously revealing from time to time this person that I unfortunately was, and more embarrassingly what this person was doing, which indeed everyone on the shore and in the café had known from the start. It lasted and lasted forever. When the "gringa" could finally exit the "garita" and walk the walk back to the shore, it seemed to her that everyone was urging her on, clapping or hissing or laughing, and she had to hang her head and return to her car, eyes down, as if she did not exist. Fortunately, and I hope I recall rightly, my husband did not laugh, and we did not talk about it very much, at least for a while, as there soon was many other reasons to feel somewhat out of place or slightly overwhelmed in the course of the following days, as we crossed "rios" on two narrow wooden planks where the wheels of the car would have to be precisely aligned, in order not to tip down into the water, with the jungle around us inhabited by animals of all kinds, and the howling monkeys, wild and loud, dancing in the trees' canopy.

Should you care to read further, I could retell many stories of such similar events, in different surroundings and circumstances, under other latitudes. For example, how, once trapped on the bare mountain pass of the "Col des Aravis", in the Alps, awaiting the arrival of the Tour de France, with not a tree in sight or any structure of any kind standing even an inch above the cropped tundra like vegetation, the painful solution to the above problem, was communally solved by a group of friends surrounding the distressed person (in that case me again), with spread out rain gear, forming, like the Roman armies before battle, a kind of tight barricade.

Or again, how, a friend of mine, not very long ago, approached me with the dilemma she was facing while preparing for a trip to the high plateaus of China's Roof of the World. She was to be the only woman in the party. What was she to wear: pants or not? And if so, how will she solve the pressing problems alluded to in my stories? Upon her return, I quickly questioned her, "How did it work? "Quite well", she replied, "though there were no shoulders adjacent to the road from Golmud to Lhasa I felt sufficiently at ease with the people in the group, as to ask everyone upon my command to look the other way, and I, concealed behind my umbrella, felt totally at ease in any emergency.

I'll end up with the recollection of days of unsolved dilemmas, in the wilds of Canada's Yukon and Northwest Territories, where not so long ago my husband and I again ventured on the famous so-called Dempster Highway, a 200 miles dirt road going from Dawson City to Inuvik, way past the Arctic Circle, where there was not a soul in sight for miles and miles, and where your privacy was supreme, except for the hordes of mosquitoes descending upon you as soon as you dared reveal as little as an inch of your person.

But by now for sure the sun has no doubt come out to shine; there are no more fog or gray clouds lingering on the horizon, and I have therefore no reason in the world to subject you any longer to the reading of such lowly stories.

Odette Filloux

.....
● **Attention interested museum goers:** ●
● Don't give up yet. It is true there are no regular ●
● monthly outings scheduled at present; but special ●
● events are planned for 2003. One for February 1 ●
● and one for February 26. Keep informed with Bear ●
● Facts for details. ●
.....

Save the date: Saturday, February 1, 2003, for a Oceanids Trip to the

Bower Museum of Contemporary Art in Santa Ana, California to see Symbols of Power--from the Tomb, from the Temple, at the Court, beyond the Court. These masterpieces from the Nanjing Museum from mainland China. There are 240 pieces--some never displayed even in China. The exhibit offers a rare opportunity to glimpse the rich history, beauty, culture, and tradition shown through Chinese symbolism.

This collection came from three sources. The first was excavations by museum staff in the early and middle 20th century. The excavated objects are of great value in history, art, and science, and include pottery, stoneware, and jade from the Neolithic period. Bronze vessels are from the Shang and Zhou dynasties. Blue porcelains are from the Six Dynasties. Gold, silver, jade, porcelain and other forms of art work are from the Sui, Tang, Song, Yuan, Ming and Qing dynasties. The second source was imperial objects collected by the royal family and passed down, generation by generation in the imperial palace. These include porcelains produced by the imperial kiln, calligraphy, paintings, and handicrafts. The third source was from private collectors. They include donations from the Shang, Zhou, Han, Six dynasties, Ming, and Qing dynasties.

The cost of this Oceanids trip includes transportation, admission to the museum, breakfast of orange juice, coffee, sweet rolls going up and Sherry and cookies on the return trip. We board the bus at 8:30 in the morning in the Macy's parking lot near the tire center (on Genessee and Nobel) and return at 4 in the afternoon. There is a gourmet restaurant at the museum where you may order lunch. To sign up for the trip send a check addressed to Oceanids to Barbara L. Starkey, 4341 Pavlov Avenue, San Diego, Ca 92122.

**Reservation for trip to the Bower Museum on
Saturday, February 1, 2003**

Name _____

Phone _____

Number of reservations at \$45 per person: _____ Total cost: _____

Please make out check to OCEANIDS and mail together with reservation form to:

Barbara L. Starkey
4341 Pavlov Avenue
San Diego, CA 92122

Yearly Reports of Oceanids Interest Groups

Please see the information about whom to contact in the monthly schedules on pages

WITS I (some additions to last month's) "Women's Intuitive Trading Society", named by Frieda Urey, is a stock investment group who wants to learn the "dollars and sense" of investing. We meet monthly on the 4th Tuesday from 11:30 to 3:30 at the Oceanids Pavilion at the UCSD International Center. Each member contributes \$25 monthly, and we all study various stocks and vote on our buys and sells.

Wine Tasting I (some additions to last month's) We meet monthly from October to May at various members' homes, at 8:00 p.m. Our host selects four wines, provides French bread and cheeses, and we sip, converse and vote our top choices. Please call Pat Kampmann (858-454 1856) to be put on a waiting list, as we limit size to accomodate living rooms.

Who has never contributed to BEAR FACTS??
That is not nice but naughty !!



We would like to hear from you. Do not be shy and make it one of your New Year's Resolutions to write something for our newsletter. It really is not that hard. And everyone appreciates it. Let us know about your hobbies, your favorite interest group (one day, when I was bird watching,...playing bridge,...tasting wine,...eating out,...speaking French,...), funny happenings in your life, etc, etc. But write. We can also accomodate digital photographs. Just e-mail them as an attachment. E-mail addresses are on the inside cover of your newsletter.

Have a great Holiday Season until next year!!
Your editor, Roswitha

FOR THOSE OCEANIDS WHO MISSED NOVEMBER'S SOUNDING BOARD: Some Notes on the Talk

Dr. Herbert York's entire career has been with the University of California. 60 years ago, as a 21 year-old physicist, he came to Berkeley from Rochester, NY to work in the lab of Ernest Lawrence (inventor of the first cyclotron) on the Manhattan Project (atomic bomb) because of WWII.

York had the job of running the cyclotron to make isotopes for the medical school. After the war, and after earning his PhD, he continued working with Lawrence, became head of the Radiation Laboratory and then went to the Pentagon in Washington. While there, a master plan for UC was being discussed. Scripps Institution of Oceanography was well-established and had developed a School of Science & Engineering that became UCSD in 1960. Scripps Institution wanted UCSD to be a graduate campus.

By this time, Dr. York had been with UC for 17 years. It was thought that Roger Revelle would be Chancellor, but Clark Kerr, UC President, brought York from the Pentagon to be the first Chancellor. Kerr overcame the objections of Scripps and the campus was established much like Berkeley's for undergraduates and graduates.

Chancellor McGill returned to Columbia University, his alma mater, when there was political turmoil due to the Vietnam War, so it was difficult to find a replacement satisfactory to President Reagan and the regents. Herbert York was again appointed. Being Chancellor the second time was easier. There were many students and a teaching faculty.

York was President Jimmy Carter's Ambassador to Geneva for the Arms & Nuclear Deterrence talks. He returned to UCSD when Brown was CA Governor. Renewal of the arms agreement came up and the Institute of Global Conflict & Cooperation with Dr. York as Director grew out of that. Since 1947, all nuclear weapons have been designed by UC and still are today.

ANSWERS TO QUESTIONS FROM THE AUDIENCE:

There is no law and order at the international level. Dr. York would only support a genuine multi-level approach to Iraq. Besides Iraq & North Korea, there are over other 200 countries with non-democratic leaders. We have to move towards international law. Dr. York is in favor of nuclear energy rather than fossil fuels. UC is involved in solving the problems of disposal of nuclear waste. There are solutions, but the public in general is opposed to nuclear energy..

The idea behind the system of several undergraduate colleges on one campus was to keep the individual colleges small so students could benefit from getting to know each other. This approach always has been controversial because of duplication of resources.

Housing is a big problem. Dormitories and parking are businesses and must be self-supporting.

In 1961, all UC campuses were planned to have 27,500 students each. We are approaching that.

Barbara Baer

OCEANIDS' INTEREST GROUPS

Interest Groups are the backbone of our Oceanids organization. They are here to meet the many varied needs of Faculty Families, especially those new to the UCSD campus, and the community. If you do not find an activity you would like to participate in, please contact Carole Ziegler, President @ 619-297-0798. If five or more Oceanids wish to start a new group, please let Carole know so we can inform other members. All we ask is that your members be Oceanids. If one has no affiliation with UCSD, she/he may belong to any of the many Friends groups on campus, as membership in a Friends organization allows one to join Oceanids. If you are not yet a member of Oceanids, please consider joining us today by calling Madeleine Rast, 858-755 0478.

AVI SET BIRDERS

Contacts: Sidney Bagley (858)455-1477, Lou Bowles (858)755-7102, or Joany Mosher (858)454-0017

Our birding group meets promptly at 8 a.m. the second Monday of each month during the academic year. The La Jolla group will now meet at the corner of Dunaway Drive and Glenwick Dr. in La Jolla, and the north county birders will meet at the home of Lou Bowles, 13040 Caminito Mar Villa, Del Mar. We carpool from these locations and visit sites around the county. Members will be called.

Next outing is December 9

BOOK GROUP

Contact Odette Filloux, (858) 453-0749

The Book Group will meet at Carol Schultz's house, 8415 Sugarman Drive, La Jolla, on **December 10** at 9:30 AM. The book to be discussed is "The Iron Heel" by Jack London. Mary Bailey will lead the discussion.

For any questions call either Odette Filloux at 453-0749, Sally Kroll at 459-1322, or Carol Schultz at 453-0458.

CAFÉ ESPAÑOL

Contact: Judy Vacquier, (858) 459-7834

La proxima reunion de Café Español ser el lunes, **2 diciembre**, 1:30-3:30, en la casa de Marty Eberhardt, 5761 Carnegie St, University City. Favor de contestar a Judy Vacquier (858-459-7834) si puede venir o si tiene preguntas.

CAFÉ FRANÇAIS

Contact: Lucie Walther, (858)755-8069 and Martha Morera (858)481-7723

Prochain cafe Francais chez Eli Hoffmann mercredi le 11 decembre a 13:00 heures (1:00PM) 5870 Cactus Way, La Jolla. Tel. 858-459-4610.

CINEMA SOIRÉE

Contact: Laurette Verbinski, (858)453-4699 or Roswitha Enright (858) 459-7375. We meet on the second Sunday of each month at 7:00 p.m. for socializing, and movie discussion will start at 7:30 sharp. For information call Laurette or Roswitha. Next meeting **December 8.**

CRAFTS GROUP

Interested in creating family photo albums and scrapbooks? If you have ideas or experience, or want to join us, please contact Maxine Bloor (858)459-7665) or Mary Dashen (858)456-7848.

DAY BRIDGE

Contact: Isabel Wheeler (858)362-5732 or Barbara Bank (858)484-4597 (barbara@sdnal.ucsd.edu)

We meet the first and third Tuesdays of the month at various members' homes. We start at 10 a.m. and usually end at about 3 p.m. Everyone brings their own lunch. The hostess only provides drinks. Call for information.

Next meetings: December 3 and 17.

DEVILISH DINERS

Contact: Mary Dashen (858) 457-4631 or mdashen@san.rr.com.

In case you didn't notice the announcement in last month's BearFacts, you will need to act quickly if you wish to join Devilish Diners and the Gardening Group for a joint outing on **Tuesday December 3.** We are going to Herlihy Farms in Fallbrook for holiday wreath making and culinary demonstrations. We will indulge in the food we prepare. Hostess-Instructor Marilyn Herlihy traditionally opens her beautiful home & gardens in the Spring; this year she also is doing it in the Fall. Space is limited to 15 and the cost is \$25 per person. You must send your \$25 check, made out to Marilyn Herlihy, by Monday November 18 to Mary Dashen : 9808 Claiborne Square, La Jolla, CA 92037

We will met at 9:15am in TGIF's parking lot in La Jolla Village Square and carpool to Fallbrook. Maps will be distributed then. We should be back around 1:30-2pm. For more information, see the November issue of Bear Facts, page 9. Questions? Call Mary Dashen 858-457-4631 or me 858-488-9283.

Mary Lynn Hyde

P.S. Please forward to an Oceanid friend who might be interested in joining us.

EVENING BRIDGE

Contact: Barbara Bank at (858)484-4597, or e-mail (barbara@sdnal.ucsd.edu)

The couples Evening Bridge Interest group meets at 7:30 p.m. on the fourth Saturday of the month all year long at one of our members' homes. If you wish to play on a regular basis, or just occasionally, please contact Barbara Bank.

GARDEN GROUP

Contact: Mary Lynn Hyde (858) 488-9283. SEE Devilish Diners.

GRACIOUS AGING

Contact: Elibet Marshall (858)459-5246

This group has an age limit; you must have lived 80 years to participate. We meet at Ellen Revelle's home on the first Monday of the month from 11 a.m. to about 2 p.m. to discuss various associated subjects. Pure spring water is provided. You bring your own apple (lunch). Call Elibet for details.

Next meeting December 2.

HIKING IN AND AROUND SAN DIEGO COUNTY

Contacts: Roswitha Enright (858)459-7375

We meet at 8:30 a.m. on the second Saturday of each month (October to May or June) at the La Jolla Village Shopping Center parking lot and carpool to the starting point of the hike. Bring a lunch, plenty of fluids, sturdy shoes and sun protection! Friends and family are invited. Call the week before the hike if you would like to come.

Next hike December 14.

LA JOLLA RENAISSANCE SINGERS

Contact: Bill Propp at (858-459-2019 or wpropp@ucsd.edu. The group (formerly the UCSD Madrigal Singers) is rehearsing under the direction of Professor William Propp. The group meets every Wednesday at the La Jolla home of Connie Mullin, a member of the UCSD Oceanids. Experienced singers (particularly of the male persuasion!) are invited to contact Bill Propp concerning auditions.

MOVEABLE FEAST

Contact: Liz Fong Wills (858) 454-6858.

This dining out group is currently at capacity but we are taking a wait list. For questions, please call Liz.

See article about second group in this Bear Facts on page 5.

MUSEUM GROUP

IS LOOKING FOR A NEW CHAIRPERSON. PLEASE VOLUNTEER IF YOU CAN, SO THAT THIS GROUP WILL NOT DISAPPEAR.

In the meantime we will occasionally have museum outings where all Oceanids are invited to join. Please see this issue for information about the Bower Museum outing in February. With more ideas call Judy Vacquier at 459-7834

PEOPLE-TO-PEOPLE

Contact: Carole Ziegler, (619) 297-0798. On Friday (yes, Friday) December 20 we will continue our holiday tradition of eating at an ethnic restaurant. Meet us at Cafe Zuccherio, 1731 India Street at 11:30am. Please RSVP to Carole Ziegler at 619-297-0798 by Thursday, December 19. Also we will be accepting donations to fund our scholarship for a student at El Hogar orphanage near Ensenada. Ciao.

SOUNDING BOARD

Contact: Barbara Baehr (858)272 4370. Our speaker for Oceanids' "Sounding Board" on Thursday, December 5 is Dr. Luann Linquist, a specialist in relieving stress in one-hour therapy sessions by telephone. She is nationally recognized and has appeared on Oprah, Geraldo and CNN. with the December holidays upon us, we all need to relieve our stress. Dr. Linquist will describe her quick proven methods. See you at the Faculty Club at noon after the Boardmeeting.

STAMP GROUP

Contact: Betty Shor (858) 453-0334 We do not meet on a regular basis, but welcome other collectors to join our informal exchange. For information call Betty.

NOTICE-The University now has a free publication, UCSD Showcase, that gives all events for the quarter. To get it mailed to you, write to: UCSD Showcase, University Communications Office, 9500 Gilman Dr., Dept. 0938, La Jolla, CA 92093-0938

WALKING GROUP (NEW!)

This is a new interest group to encourage fitness by walking with friends in your neighborhood. We have 3 groups formed so far: Del Mar, North La Jolla (UCSD), and South La Jolla (Mt. Soledad/Bird Rock). Please contact Judy Vacquier (858) 459-7834 if you would like to join a group or start one in your neighborhood.

WINE TASTING GROUP

Contact: Pat Kampmann (858) 454-1856 Exploring the taste sensations of a new wine or an old vintage, this group meets the third Friday monthly. Members rotate as hosts, however, this group is currently at capacity. For questions, contact Pat.

WINE TASTING II

Contact: Barbara Scholz 858- 350-6014 or bscholz@hotmail.com. We meet monthly. Members rotate as hosts. The cost for wine and food is shared between the people attending. Our next meeting will be on December 8.

WITS I

Contact: Pat Kampmann, (858)454-1856. This long-time investment group allows one to learn and earn on one's own. Procedures are followed which analyze all stocks before they are bought. A regular monthly investment is required along with a "buy-in". At present there are a few places open. We meet at the Oceanids Pavilion on the 4th Tuesday of the month all year long from 1:30 to 3:30. Next meeting, December 17 (3rd Tuesday)

WITS II

Contact: Ruth Ried (619) 226-2538 WITS II meets the 4th Wednesday of the month, all year long, at various members homes. We study companies, using the stock investment guides of NAIC, educating ourselves to have a better financial understanding and competence. Come visit us for a couple of meetings. We will have a Holiday get-together in December. Call for information.

Half WITS

Contact: Liz Fong Wills (858)454-6858. If you are not yet up to speed about the stock market and want to learn in a fun, no pressure way, please join us on the third Thursday of each month at the Oceanids Pavilion, at 10:00 a.m. (We are a discussion group only, no money involved, so we do "half" of what the other WITS groups do.) Next meeting: December 19. For more information call Liz.



OCEANIDS IS OPEN TO ALL ASSOCIATED WITH UCSD

or Join a Friends group which supports UCSD and you too, can become an Oceanid!

Print your name as you would like it to appear in the DIRECTORY. Check here if you do not wish to be listed _____

Name: _____ Spouse's Name: _____

Address: _____

City, State, Zip _____

Home Phone _____ Type of Membership _____

Work Phone _____ FAX # _____ Email _____

ANNUAL MEMBERSHIP \$20 - Check payable to OCEANIDS (not tax-deductible)

SUSTAINING - \$250 & LIFE MEMBERSHIP - \$500 - Check payable to UCSD FOUNDATION (tax-deductible)

Send check(s) & completed form to

OCEANIDS, INTERNATIONAL CENTER, 9500 GILMAN DR., LA JOLLA, CA 92093-0049

- > December
- > 2 Violins and Violas - Students of
- > János Négyesy and Päivikki Nykter
- > Mandeville Recital Hall 8:00 p.m. free
- >
- > 3 Singers - Class concert
- > Director: Philip Larson
- > Mandeville Auditorium 8:00 p.m.
- > \$5 General Public/\$3 Students
- >
- > 4 Jazz Ensemble - Class concert
- > Director: Jimmy Cheatham
- > Mandeville Auditorium 7:00 p.m.
- > \$5 General Public/\$3 Students
- >
- > 5 Wind Ensemble - Class concert
- > Director: Robert Zelickman
- > Mandeville Auditorium 8:00 p.m.
- > \$5 General Public/\$3 Students
- >
- > 7 Voice Students - Students of Carol Plantamura
- > Erickson Hall (B210) 4:00 p.m. free
- >
- > 7 Piano Students - Students of Aleck Karis
- > Studio A 6:00 p.m. free
- >
- > 7-8 La Jolla Symphony and Chorus
- > Bach's Mass in B Minor
- > Mandeville Auditorium
- > Saturday 8:00 p.m. - Sunday 3:00 p.m.
- > Call 858.534.4637 for tickets
- >
- > 8 Chamber Ensembles - Students of János Négyesy
- > Erickson Hall (B210) 8:00 p.m. free

Vicky Powell

Please help me welcome new member Vicky Powell! Vicky has been connected with UCSD in many ways since 1973, when she was an undergraduate at Muir College. After graduating, she worked in the UCSD School of Medicine for several years in Educational Administration. She met her husband, Frank, Professor of Physiology in the Department of Medicine, at an Oktoberfest party in 1978 when he was a post-doc. Frank is also Director of the UC White Mountain Research Station. Vicky has also worked in the Department of Reproductive Medicine in community education. She is currently a Special Projects Manager for UCTV, where she develops new TV programs UC-wide, primarily on health and medical topics. You can watch these programs and more on your computer at www.uctv.tv. She has been active in Friends of UCSD Health Care since 1987. Vicky is passionate about cooking and gardening (she is a UC certified Master Gardener!) and taking walking tours in Europe (she just returned from Cinque Terre). She is a beginning birder who was inspired to take up watching our feathered friends by long time Oceanids Joany Mosher and Maxine White. She is the proud mother of Frankie, 15, and Tori, 14, who attend La Jolla High School, and of Daisy, their yellow lab. She was born in Encino, California. Welcome, Vicky!

Christina Mahler

Another of our new members was born in Rome, Italy, the only child of an Italian father and Austrian mother. She went to school in Rome and graduated from college there majoring in languages. She spent the summer holidays in various schools in Switzerland, England, and Germany. Christina speaks Italian, French, German, and English. She met and married her American husband Hugo in Rome. Her first visit to the USA was with Hugo, alas Christina was so homesick they had to return to Italy where Hugo worked for an American company. Both children were born in Milan where the family remained until 1975. At that time they decided to go to California where they met wonderful people who got them involved with UCSD. Christina joined the French, Italian, and German groups. Other interests are swimming, skiing, hiking, and she also likes to cook. Her greatest love however is reading and music.

Yvonne Hildebrand

This new Oceanid attended UCSD for undergraduate and graduate school. She has a master's degree in Electrical Engineering with an emphasis in communications systems. Yvonne worked in the high tech industry in San Diego for over 20 years. Among her workplaces are Linkabit, two startup companies, Copper Mountain Networks and PCSI which was co-founded by Oceanids member Martha Dennis. In January she is starting a new part time position at Via Sat, a Carlsbad Company.

Yvonne and John recently remodeled their La Jolla home (they are neighbors of Jean Lindsley). John is a professor at SIO working with Fred Spiess. The couple have 2 daughters, Zoe 5 and Maya 4.

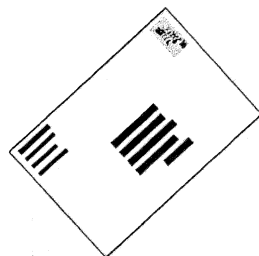
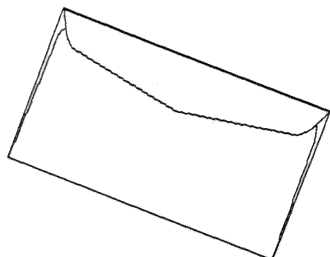
Yvonne likes sports, walking, hiking, biking, she also likes to travel, visit museums, read, and cook.

Mail from our members

I have been away in England for several months and, on my return, noticed that the Oceanids address label to me read August 2002. I presumed and, by checking my accounting, confirmed that I had not renewed my Oceanids membership. I hasten to send you the enclosed check for \$20 to do just that.

Although we are not presently living in San Diego, I enjoy reading Bear Facts and hope that one day my visit to SD will coincide with one of the Oceanids social events.

Marjorie D. Marriott



Other News and Corrections:

Beate L. Menzel: e-mail: jrblmenzel@mac.com



WELCOME NEWCOMERS!

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 Oceanids, International Center
 9500 Gilman Drive
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 December 2002

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Bear Facts

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 for 2002/2003, this will be the
 last Newsletter you will receive.

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December 2002

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
	Gracious Aging Café Espanol	Day Bridge Devilish Diners		BOARD MEETING Sounding Board		
1	2	3	4	5	6	7
Wine Tasting II Cinema Soirée	Avi set	Book Group	KitX, Wed. Coffee LJRS Café Franc.			Hiking
8	9	10	11	12	13	14
		Day Bridge WITS I	KitX, Wed. Coffee LJRS	HALF WITS	Wine Tasting I	
15	16	17	18	19	20	21
			KitX, Wed. Coffee LJRS	People to people		
22	23	24	25	26	27	28
			KitX, Wed. Coffee LJRS	HAPPY HOLIDAYS AND A WONDERFUL NEW YEAR !!!!!		
29	30	31				

Bear Facts

Month: December

Year: 2002



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