

BEAR FACTS

Editor—Beth Spooner, 14178 Recuerdo Dr., Del Mar 92014 (755-2322)

Asst. Editor—Janet Bower, 9046 Terrace Dr., La Mesa 92041 (461-6421)

Calendar Editor—Nora Atlas, 3087 Cranbrook Ct., La Jolla 92037 (453-6444)

Subscription/Circulation—Joyce Dunn, 5780 Soledad Rd., La Jolla 92037 (454-8923)

Staff Artist—Elibet Marshall, 2767 Hidden Valley Road, La Jolla 92037 (459-5246)

Staff—Nora Atlas, Janet Bower, Joyce Dunn, Alice Chen Kearns, Evelyn Lakoff,
Ann Lampert, Elibet Marshall, Frieda Urey, Mary Watson, Ellen Revelle.

The deadline for articles submitted for publication is 5:00 PM the 15th of each month.



Children's Holiday Party

The Children's Holiday Party will be held in the Recreational Gym, Muir Campus, UCSD, on Saturday, December 16 from 2-4 PM. Bring yourself and your children (toddlers to sixth graders) and some holiday cookies to share for a fun-filled afternoon of crafts and surprises.

We are looking for volunteers to help with the party. For information or to volunteer, call Peggy Magde at 453-7797.

Where Do I Go From Here?

Decisions! Decisions! Decisions!
As women enjoy the freedoms that did not exist in the past, they also realize that it becomes more difficult to make decisions on the many alternatives available. Years ago we rarely had options from which to choose on many issues. Marriage? Return to school? Whether to give birth to children, and if so, when and how many? Divorce? Pursue a career with or without a family? Change careers? How to use time effectively? And on and on it goes. I counsel women who are grappling with various aspects of living their lives.

My counseling activities are performed in a variety of settings including teaching a wide range of psychology courses for community colleges in San Diego County. As director of the Center for Life and Career Planning, I work with women in small and large groups as well as with individuals and couples. The areas of greatest concern to me are dictated by the needs of my clients. Let's take a look at some of the needs that scores of educated women are voicing.

Society has done an outstanding job of teaching women how to be "good" wives and mothers. Most of us seem pretty clear on these two parts of our lives. But, what about the me part of my life? How do I fit myself into the legitimate needs of all the important people in my life? So, women are asking for help in re-defining their roles as wife, mother, daughter, daughter-in-law, sister, and friend in order to fit themselves into their own lives.

Of course, by asking the question, "what about me?" a whole host of problems surface. The biggest and most general problem is - I want something, but I don't know what. "I want my life to be different, but I don't know how or what to change," is a phrase I, as counselor, have heard hundreds of times. My work begins with helping these individuals to become acquainted with themselves through various approaches to self-awareness, including a thorough understand-

ing of each individual's personal set of values.

Many women come to me after they have already become attuned to themselves through a variety of consciousness raising experiences. These women have a pretty good sense of self, but now the question is "where do I go from here?" A great deal of my time is spent helping women enter or re-enter the world of work. Through a series of workshops or individual, private counseling sessions all aspects of career planning and development are explored. Assessment of individual skills, interests, abilities and accomplishments, knowledge about how to research career possibilities, and development of personal contacts are examples of topics covered. The process for getting a job has become increasingly more difficult. Therefore, it has become ever more important to know how to write an effective resume, how to use that resume, and how to handle job interviews successfully.

Most of the clients whom I counsel on a private basis find that 3 to 6 sessions are adequate in order to achieve success in meeting their present needs. Examples of some of my workshops are those scheduled in January: Introduction to Career Exploration, Resume Writing, How to Set and Attain Goals, Life Planning for Now and the Future, and Introductory Assertive Behavior.

Let me explore for a moment some of the trouble spots I believe women tend to stumble over. First, they have difficulty recognizing what the skills are that they possess. Second, they fail to see how the skills they have acquired through volunteer work and other means can be transferable to other settings. And third, they tend to have a generalized sense of low self-esteem and lack of self-confidence, making it difficult to convince others of their worth. Until a woman can articulate what she can do, what she wants to do, and where she wants to do it, she will continue to frustrate her potential opportunities.

Whether a woman is working outside of the home or not, an array of useful tools are available to help her have a sense of control over her own life. Women are increasingly wanting to know how to determine priorities, how to make meaningful decisions, how to use their time effectively, how to set goals and then attain those goals, and how to communicate and behave assertively in interpersonal relationships. More and more women are learning to view their lives on a continuum rather than as chunks and pieces of isolated segments. As life situations change, so do values; growth occurs with change. It is worth the effort to take the time to evaluate where you have been, where you are now and where you want to go, regardless of your present age. Life planning is a continuing, evolving process.

By the way, I also counsel men. They too ask for help with decision making, mid-life career change, writing effective resumes, planning for retirement or semi-retirement,

and communicating assertively at home as well as at work. As I see it, we are all in this together when it comes to living life.

The best part of being a counselor is watching a person move from a state of confusion to a sense of self-direction and purpose. Knowing that I have the ability to create an environment for personal growth and can facilitate insightful thinking on the part of my clients gives me a good feeling. But, the biggest thrill of all is watching a person display self-confidence as reflected in bright, excited eyes and a smile from ear to ear.

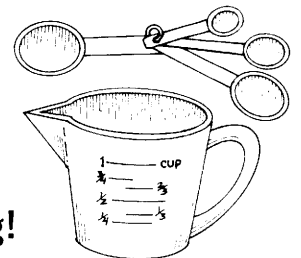
You may be curious about what I do when I am not counseling or teaching. My activities are probably very similar to many of yours. I'll bet you can fill in the lines if I say that my 6½ year old daughter is in the 1st grade, on a soccer team, takes piano and dance lessons and goes to at least 2 birthday parties a month. My UCSD employed husband is the director of a large program involving frequent travel and occasional entertaining responsibilities.

In other words, I too experience the love, frustrations and pleasures of juggling many roles and fitting the me into my life. Isn't it great that there is still time to play racquetball, belong to a gourmet club, and occasionally travel? Of course it's hard work, but it's also rewarding and fun.

Judith C. Sullivan, M.A.
Center for Life and Career Planning



**Look
Whats
Cooking!**



Have you ever wondered what to fix for dinner? Would you like a book of tried and tested dishes that your family will greet with enthusiasm and ask for again and again? Then send five of your favorite recipes to me at 8430 Cliffridge Lane, La Jolla, CA 92037 before Christmas.

Please list the ingredients in the order used; give precise, standard measurements for all ingredients; and, if you use a particular brand, include the brand name. If possible, include a couple of sentences to "personalize" the recipe, e.g. helpful hints, tips on serving, menu suggestions, history, etc.

If you think that helping in the production of an Oceanids' cook book would be fun, please call me at 453-6888 so that you can be included on the cook book committee.

Vera Roberson



From the embryonic years of UCSD, 1963 and onward, when her distinguished husband Stefan undertook the development of the UCSD Mathematics Department, Ilse Warschawski has opened her heart and home to a lengthy assortment of people and families of the fledgling faculty, scholarly speakers, and energetic graduate students. No family need has ever been too large or too lively to be welcomed to Ilse's special hospitality: sweets and treats for the children, bed and board for the night or the week, and transportation around town. Her busy working kitchen is always ready. Table and chairs beckon from the lush Ilse-nurtured garden.

Modest to a fault, Ilse plays down her magnanimous generosity to near-multitudes; she admits to no talents; she regards her help as insignificant, "Don't tell anyone I am doing it," she pleads. As her contented guest, you may savor a slice of her heady-rich apricot torte while she amiably recounts her deficiencies. You may leave her door with a freshly potted begonia or your own restored to a healthy plant, strawberries from her garden, and a warm chunk of coffee-kuchen for the kiddies, but you are also likely to get a remark from Ilse describing her envy for the abilities of all the hostesses other than herself.

Born the daughter of a banker in a small German town, her childhood memories are etched by an inflation which saw the child, Ilse, playing with a basketfull of money grown useless. After her father's death, she fled Nazi Germany and, in 1937, came to the United States. Soon after, she brought her mother to live with her in New York City. Facing the realities of making a new beginning in a new country, she worked as a governess, but the day she had saved enough money to pay for a business course, she quit. She attended business college and emerged as an excellent secretary. In her apartment lived a friendly neighbor woman whose math professor brother, Stefan, was introduced to Ilse, and the romantic chemistry worked its certain magic. Ilse and Stefan were married in 1947, and they left New York for Minneapolis and the University of Minnesota. There she assumed her role of faculty wife with gusto and with her talent for making enduring friendships. In 1963, Steve accepted a position at UCSD and the Warschawskis moved to La Jolla. Professor Warschawski was the first chairman of the Mathematics Department and so

was the founder of this renowned department. Ilse became the instant math-mother and to this day, the experience at Ilse and Steve's glows with the warmth of time spent "en famille." Ilse was immediately a part of Oceanids and of Frieda Urey's Newcomers Committee. Each Newcomers chairman begs her to be on her committee. As Stefan says, she has been a perpetual Newcomer. Three years ago, when Liz Wills and Elsa Weinstein could find no room on campus for the Kitchen Equipment/Baby Furniture Exchange they were organizing, Ilse gave them space in her garage and, of course, many hours of her time. The exchange has flourished and the committee would so much like to have a campus storage area.

Ilse has held different positions on the Oceanids Board. She was a member of the World Issues Group which for several years was a well-attended, very stimulating group. She is, with her great knowledge of plants, insects and pesticides, a valued member of the Garden Group. She is one of a small group who are striving to keep the Community Concerns group alive.

Ilse's friends' interests become her interests, so she bakes bread and cookies for a friend's University Medical Center benefits, she "sets tables" for ethnic dinners, and does clerical work for friends on the International Center Board. When Hadassah elected her friend, Bea Zweifach, president, it really got two hard-working presidents. So when she drove her mother, Mrs. Kaiser, who lived with her until her death at 93, to her bridge sessions at the Riford Club, Ilse always picked up one or two other ladies. Each year for her mother's birthday, she gave a bridge luncheon with all the "trimmings" for eight of these ladies.

Ilse is very knowledgable on current events, and it is stimulating to discuss them with her. She is a positive, yet realistic, example of what can be achieved in a democracy. Her previous experience in totalitarian Germany has made her a staunch defender of our system, and when we get pessimistic, she draws us up again. She has appeared before the City Council to stand up for issues she felt would benefit the community. Ilse always encourages a "good fight," saying without words, "you can't give up." Perhaps this is another aspect of her nurturing and supportive personality that she shares so willingly with us in our personal lives.

Ilse, we may never be able to convince you of the importance and magnitude of your contributions, of the truth of your talents and accomplishments, but we want you to know that you have a full flock of loving friends who wish you a birthday of joy, and who are pleased to look forward to a delicious stretch of years, warmed by your being among us.

Jon Frankel
Ady Rosenblatt
Frieda Urey



A Treasure From China

A small package arrived in the mail Saturday morning, November 11 - causing great excitement. It was from mainland China. The package contained a rough wooden box, and inside was a very well-made wooden box, about 6 x 4 x 3 inches, varnished with a brass lock and hinges. The inside was lined with red velvet on which rested 50 grams of the 2 ton Kirin meteorite which fell in northeastern China on March 8, 1976 near Kirin City.

I picked up the box with awe to hold it in my hand - this fragment from outside our earth, 4.5 billion years old. When I examined it closely, it was a flattened nugget, the size of a ping pong ball. It was light gray, granular looking, with a few specks of a smoother material embedded. It was from the inside of the meteorite. The Chinese scientists had also sent a tiny chip from the outside, showing a blanched surface caused by passing through our atmosphere.

The letter caused just as much surprise, for by changing the wording from "we are very glad to send you" to "we would be very appreciative if you would send us a sample of the Kirin meteorite, etc." it would be almost the exact wording of letters sent by scientists in meteorite laboratories all over the U.S. since it fell more than two years ago. Several geologists visiting China failed to get samples.

Professor Urey immediately dispatched a letter to Dr. Ziyuan and Dr. Daode with his thanks and asked if this sample was for the laboratories on the UCSD campuses, or should it be shared with all U.S. laboratories. Professor Kurt Marti, a colleague of Harold Urey's, said, "Twelve grams would be a generous size sample for analysis."

Frieda Urey

Sea Songs

The dolphins arching free,
in wind and sea and rain.
Dance to a wild music,
sing to their own refrain.

A song bursts from the shore.
the music of the sea;

A far-off wind-dance sends
its leaping pulse to me.

Maryruth Cox

NOV 10 L.C.

Oct. 25, 1978

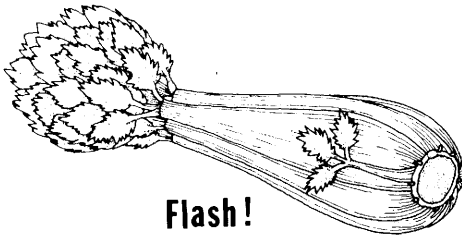
Dear Prof. H.C. Urey :

In order to promote the friendship between Chinese and American scientists, we are very glad to send you 50 gm of the Kirin meteorite samples and some reprints concerning the preliminary investigation of the Kirin Meteorite.

We also hope to get more information on meteorite research from you and our colleagues. For the mutual understanding and development of meteorite research, it is valuable to exchange some of well-known meteorite samples, scientific results and academic ideas between our two sides.

Yours

Guyang Ziyuan
Wang Daode



Flash!

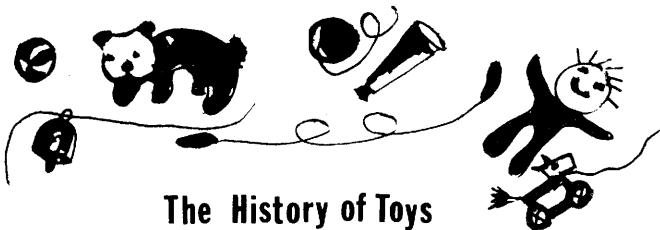
The Oceanids' luncheon group took a quick, inexpensive trip to Japan on Monday, November 13, by eating at the new Yakatori II restaurant on Sports Arena Boulevard. The group was pleased to find that it was not necessary to struggle with unfamiliar Japanese words since the menu showed full color pictures of all of the lunches served with a number for each lunch.

Although some of the Japanese dishes, traditionally prepared at the table in order to appeal to one's sense of smell, were prepared in the kitchen, the lunches did appeal to one's senses of sight, touch, and taste. The serving dishes were especially interesting and attractive. For something unusual, the group highly recommends the green tea ice cream.

In December, the luncheon group will travel a little further - to Peking for Mandarin food. Until the seventeenth century, Peking was the gourmet capital of China. Some of the meals served at the Imperial Court took three days to consume! We don't plan to eat that long - but we may take three hours.

If you would like to join us in December, call Kay Yen at 453-7385.

Vera Roberson



The History of Toys

Writing The History of Toys was, as Antonia Fraser tells us, "first inspired then impaired" by her five children. Can toys be as "worthy of history" as the biography of Cromwell or of Mary, Queen of Scots? Are toys, defined as any object transformed by fantasy and used by the imagination of the child to fill time with pleasure, unimportant trifles? Mrs. Fraser answers this question in a short first chapter showing us that it is playing which brings children "from a dream world to a real world." Having established the need to play, as being as fundamental as the need to sleep, she takes us on a delightful tour of the toys throughout history and from all over the world.

Mrs. Fraser shows us the children of ancient Egypt playing with colorful balls of papyrus and the toddlers of Persia pulling an adventurous-looking limestone porcupine on wooden wheels. Some of these toys survived in tombs; but painting, sculpture, and books tell us how children used to play. "Again and again the same basic pattern of toys emerges from among races who could not possibly have been in touch with each other's cultures." The Swahili top, the yoyo of the Philippines are twins of the Chinese top and yoyo. Socrates was discovered by Alcibiades romping with his children on a hobby horse very similar to the ones depicted in the drawings of the middle ages or of China. Of course new discoveries have modified the way toys are built, but without changing their intrinsic nature. The ingenious mechanism of sand trickling down on tiny replicas of water mill wheels, which brought automatic toys to life, was replaced by clock-wound or battery operated movements. Ironically some of the modern transformations diminish the play-value of the toy by requiring less attention and skill to get results.

If one of the most "fascinating facts which emerge from a history of toys is their extraordinary universality," it is just as fascinating to see the frivolous leading to the useful, to find some of the discoveries which most influenced modern times first used in toys. Before Stephenson constructed the "rocket," children could ride around Hyde Park pulled by a steam locomotive; and model airplanes were enjoyed by the public before the machines themselves had actually flown. The Phenakisticope, patented in 1832, is a direct ancestor of the movie. One can understand the long years technology needed to transform the toy helicopter of 11th

century China into a working reality.

More puzzling is why it took so long to answer the very basic need of children to cherish somebody younger and weaker than themselves. Maybe because children of ancient times had to take care of real baby brothers and sisters, that it was not until the 19th century that the baby doll was introduced with instant success. In the last decades we have seen, with the insipid Barbie, a return to the type of dolls children used to play with before the 19th century. A very charming illustration in Antonia Fraser's book shows an elegantly high-waisted doll of the Roman period adorned with bracelets and rings - a noble ancestor to its plastic descendant.

Even the green plastic monster of today can boast of a long ancestry: The wooden alligator of Egypt with a fearsome movable jaw, the grotesque masks of ancient Greece, the golliwog dolls - all spring from the great delight that children have in scaring themselves by playacting their deepest fears and thus conquering them.

Through pages of witty text and delightful illustrations, Mrs. Fraser shows us that toys are tools which express, develop, and control the deepest facets of human nature such as love, fear, and aggression. This is why this book about a "frivolous object - a trifle" brings us more insights than many studies on weightier matters.

Anne Lampert



Food Processors

In case you are thinking of asking Santa for a food processor this Christmas, the September issue of "Consumer Reports" rated the processors in the following order:

Cuisinart CFP9	\$140
Cuisinart CFP5A	\$200
Sunbeam 1411	\$140
Omnichief EFP-1	\$100
J.C. Penney	\$ 89+
Sanyo SKM 1000	\$100

These are just the first six rated and some of the newer companies and models were not available for testing. Shop around for the best buy as all but the Cuisinart are available at discount houses and/or sales.

Sing A Merry Madrigal, A Tenth Anniversary



On December 16, the UCSD Madrigal Singers will give their tenth annual Christmas concert in the Salk Institute auditorium. Under the direction of Michael Mullin, an SIO oceanographer, the group will present a program of medieval carols and sacred Christmas music of the renaissance and baroque periods.

The Madrigal Singers, an Oceanids interest group, was formed in 1964 under the direction of Charles David Keeling, a Scripps chemist, who took advantage of an offer of \$5,000 from the Bertha LeBus Foundation to create a performance library of early music at UCSD. First stored in an office at Scripps, the manuscripts now form part of the Music Library.

In the early years, the Madrigal Singers met purely for the pleasure of singing, but in 1968 they decided to give their first concert at the Salk Institute. Five of the current members - Mike and Connie Mullin, Paul and Clare Friedman, and June Allen - sang at that first concert. All told, approximately 65 people have participated in the group's activities through the years. Other concerts have been given at the Mandeville Center, the Civic Center Concourse, the La Jolla Athenaeum, designer showcases and house tours, Renaissance Fairs, conventions, and various Oceanids functions. The Christmas concerts are devoted mainly to sacred music, but in the spring the choir favors lighter madrigals - with plenty of fa la las and hey nonny nonnies. Recordings have been made of several of the concerts. For certain events - especially Renaissance Fairs - the singers don period costumes, the women wearing long gowns, and the men doublet and hose, capes and plumed hats.

During the coming season, in addition to the Salk concert, the singers will perform at the Natural History Museum for the "Christmas on the Prado" celebrations in Balboa Park, and they have put themselves up on the COMBO auction block so that some benefactor can bid handsomely to have their sweet voices ring out at a private Christmas party.

Although most of the concerts through the years have gone relatively smoothly, there have been some shaky moments. Once a flue epidemic had half the group in bed. Voice parts had to be reassigned at the last minute, and several singers were reading the music for the first time during the concert. On another occasion, several singers neglected to adjust their watches

to the seasonal time-change, and arrived an hour late for a concert. At most of the designer showcases, the group has been stationed in the ultra-elegant living rooms of the newly-decorated mansions, but in one home, the living room was too small to accommodate the entire group, so it was banished to an outdoor lath house. There, under the dripping hanging baskets, the chorus sang its heart out to an audience of a few small children and the carp swimming by in the bilious green water of an adjacent pond.

Unlike other Oceanids interest groups, the Madrigal Singers is not open to all who wish to join; ability to sight-read music and a voice that blends well with others are basic requirements. But the group is always on the lookout for high sopranos, throaty altos, mellow tenors, and deep basses. Only those lucky enough to have belonged to this group can know all the joys of practicing and performing such a remarkable repertoire of music with such congenial friends. And who can describe fully how good it feels to have sung one's best in a concert, and then to repair to a local cafe, a carafe of wine provided by the owner, and patrons at nearby tables looking on in delight as voices blend in happy Christmas carols far into the evening.

Evelyn Lakoff



Spice Life

It is difficult to establish a shelf-life time for spices and herbs because it varies according to storage conditions and the type of spice or herb. According to the American Spice Trade Association, whole spices, such as peppercorns, are extremely durable. In one case a batch of peppercorns at least 100 years old was ground up and was found to be beautifully flavorful. The tropical spices, such as pepper, ginger, cinnamon, cloves, and all-spice, have a special cell structure that protects their flavors as long as they are kept whole. Once they are ground up, it's a good idea to check and sniff the spices at least once a year. A fainthearted aroma is a sign of weakened strength.

Dried leafy herbs, such as basil, tar-ragon, and oregano, seem more fragile than the tropical spices. Buy them in their whole leaf or broken up forms and crumble them with your fingertips as you season your dish. After about a year, these leafy herbs start to lose their flavor and aroma. You can toss old ones into hearth or charcoal fires to give fragrance to the air.

In general, store herbs and spices tightly capped in as dry and cool a spot as possible, away from direct sunlight.

Defining "Santa Ana" Winds

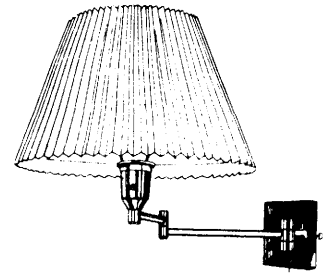
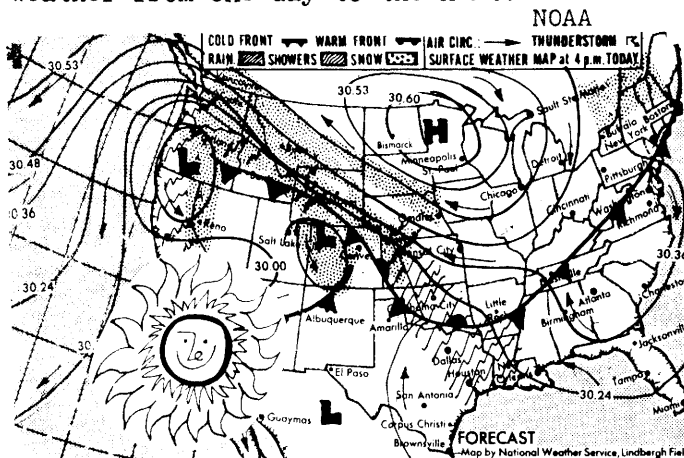
When the winds move down into southern California from the northeast and the humidities fall to extremely low percentages, we say, "a Santa Ana is blowing." For residents of southern California, the name "Santa Ana" is applied to the strong, dry, northeasterly winds that blow across the area, although the name is actually related to the very strong winds near the Santa Ana River Valley.

There is some disagreement about the proper name to apply to these winds. The term "Santa Ana" is found in the official Meteorological Glossary. However, some prefer to use the term "Santana," which is a derivative of the Indian word "Santanta" and means "devil wind." Both names are well established and are likely to stir up an argument whenever a "Santa Ana" is blowing.

Santa Ana winds occur when the barometric pressures become very high over Nevada and Utah as compared to the pressures over the southern California coast. This causes the air to move from the higher pressures to the lower and as it moves it tends to funnel down through the mountain passes and canyons often reaching gale force velocities. During its descent, the air becomes drier as it heats at the rate of 5° for each drop in elevation of 1,000 feet. From this it is plain that air moving down a 5,000 foot mountain slope will heat approximately 25° .

Topographic features distort the wind patterns greatly, influencing the speed and direction of the winds. Sand storms are prevalent in areas exposed to canyons, fire dangers become extreme, and choppy turbulent seas are created as well.

The duration of "Santa Ana" winds depends upon the persistence of the high pressure system, and in some cases may last as long as 6 days. As the high weakens, or moves eastward, the "Santa Ana" ends and is followed by a return of the sea breeze. Dense fog may also follow the end of a "Santa Ana," giving a marked difference in weather from one day to the next.



W.H.E.R.E. A.M. I.?

Shortly after we arrived here ten years ago, I was invited to a Newcomers coffee to meet some of the "old" campus people as well as other newcomers like myself. I was greeted warmly as I entered the lovely, green gardens of one of the Del Mar Oceanids, and then was quickly introduced to several other women. This brief introduction was followed by the rather standard question "and what part of the campus are you (your husband) with?" This was the point at which I got lost! I knew where UCSD was, and I knew where the medical school was, and I had finally been able to explain what the innovative new department of neurosciences was - but what was an AMES, or an IGPP, or heavens sake, how could anyone claim to be part of IPAPS (was that something to do with medicine)? Did I hear right, are they with APIS and does that mean the zoo?

Needless to say, I remained in a state of confusion for the next several coffees, but eventually found myself not only understanding all the campus acronyms, but soon they were rolling off my tongue like a native of SIO. I can now hold my own in conversations about GEOSECS or NORPAX or DSDP - however, if pressed I'm not sure I can give an accurate translation.

Recently, Dr. Jerome Namias (NORPAX) said that when he started to work with a governmental agency (NOAA, I believe), he was so overwhelmed by the use of acronyms, that he immediately came back and asked his secretary to index a glossary with all the pertinent acronyms defined. When he returned for the next meeting, with his index hidden from sight, the other members were in awe of his quick facility to conquer the system.

So, just a word of sympathy to all you newcomers to UCSD by the SEA. If it gets too confusing, locate a copy of the Campus Directory as there is a complete list of all campus departments, divisions, institutes, etc., and you too can sound like a native.

Beth Spooner

A BOOK OF LIGHT VERSE on various scientific subjects - many of them marine and biological - has just been published this year under the title The Biology of Algae and Other Verses, by Dr. Ralph A. Lewin of Scripps. Copies are on sale at the Aquarium Bookstore.

The Villa Montezuma

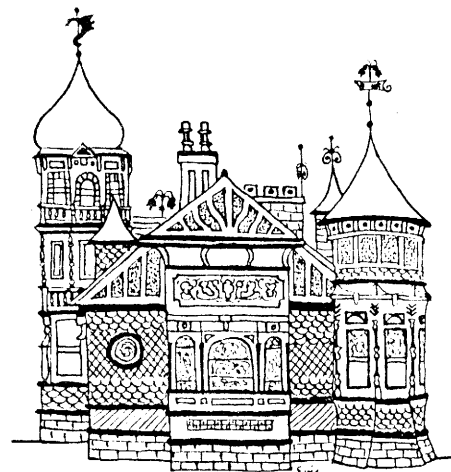
Compared to the rich architectural heritage of some of America's cities, San Diego seems at first glance to have few buildings or areas capable of evoking vivid images of the past. It is all too tempting to jump to the conclusion that until very recently, this has never been much more than a Navy town and a haven for tourists and retired people.

Those more aware of San Diego's history know that in the decades just before and just after the turn of the present century, this was a lively and colorful community. Records of this period survive mainly in the pages of old newspapers and photographs. There are also some buildings that still stand as reminders of the period, such as the Victorian mansions of Golden Hills, certain buildings in the downtown district slated to become the Gaslamp Quarter, the wooden "painted ladies" relocated in Old Town's Heritage Park, the Santa Fe Depot, the buildings on the Prado in Balboa Park, and of course the Del Coronado Hotel.

But the queen of all that has been preserved is undoubtedly the Villa Montezuma. Built in 1887, it is an extraordinary specimen of Victorian style. The exterior is a wild melange of cupolas, turrets, gables, patterned shingles, friezes, medallions, gargoyles, and fanciful lightening rods. Recently repainted, its color scheme highlights these fantastic ornaments.

The interior, outfitted with furnishings of the period, contains beautifully restored wooden flooring and wall paneling, decorative linoleum ceilings, handcrafted tiles, ornate brass hardware, European fireplaces, and an amazing collection of stained glass windows. The subjects depicted in the windows range from Sappho attended by cupids (she, however, is currently out having her knee repaired) to St. Cecilia, the seasons of the year, and portraits of artists, musicians, and writers. A pair of windows contrasts western militarism with eastern spiritualism. Significantly, the creator of the Villa chose to have himself portrayed in the latter window.

This very imaginative and artistic soul, who designed the Villa and gave it its name, was Jesse Shepard, an odd but fascinating figure who was lured to San Diego in the boom days of the 1880's. The city had just been linked to the east by the transcontinental railroad and many new settlers were flocking in. Then, as now, real estate values soared (and loan interest rates with them, ranging from 12 to 24 percent). The newly wealthy yearned to bring elegance and refinement to this still rude frontier. Jesse Shepard was just what they were looking for. He was handsome, in a dreamy sort of way, and a self-taught (or so he claimed) pianist, singer, and composer, who had performed in Europe and wore a watch presented to him by no less a personage than Prince



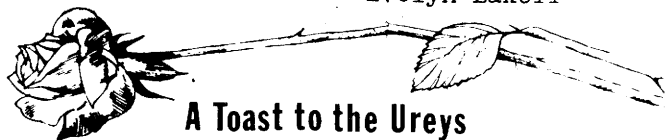
The Villa Montezuma

Edward, the son of Queen Victoria. He was also a spiritualist, as it turned out, and it was rumored that seances were held at the Villa. But the concerts he gave in the music room of his richly appointed home were the main talk of the town.

Shepard was to live in the Villa for only two years, from 1887 to 1889. The land boom collapsed, and he sold the building and left for Europe. Years later he returned to southern California, but settled in Los Angeles, where he enjoyed a wide reputation as the author of novels written under the name of Francis Grierson.

The Villa Montezuma - lovingly restored and maintained - is now operated by the San Diego Historical Society as a museum and community center. The top floor, where Jesse Shepard displayed his own collection of memorabilia, is used for displays of art and historical exhibits. The Villa is located at 1925 K Street in downtown San Diego. It is open Tuesdays through Sundays from 1 to 4:30 PM. Admission is free. If you have not visited it yet, delay no longer. The Villa Montezuma will delight anyone who enjoys fantasy and imagination, and it offers a vivid glimpse of a memorable period in the history of San Diego.

Evelyn Lakoff



A Toast to the Ureys

The first event of the 1978-79 Newcomers year, the Annual Garden Wine Party, was again an unqualified success. It was held, as it has been for all but 2 of the last 17 years, in the beautiful garden of Frieda and Harold Urey. We have received many compliments from Newcomers on this California-style welcome, and we wish to pass on their thanks, as well as ours, to Frieda and Harold.

The Newcomers Committee



One Step Ahead of the Monsoon

We had been in India five weeks when Miriam asked each of us to recount, without pondering, our most memorable impression of the trip. With 22 in the party, the answers were numerous: the wild flowers, Lake Gangabal, Kargil, the glaciers, the houseboats, the Taj Majal

We had started out on the 30th of July for a trek in Kashmir. Little did we know that the monsoon was going to dominate our route. Because the lowlands were flooded, we initially took the last half of the trek. This meant that we climbed to a height of 11,500 feet the first day! All during the trek the wild flowers were unbelievable. There were quantities of them; the colors and species were so varied. Within a week, we were camped by Lake Gangabal, which the British had stocked with trout many years ago. The fishermen in the group had a marvelous time and we were rewarded by two nights of trout dinners.

Since the last days on the trail were pretty soggy, we boarded a bus for the desert in the Province of Ladakh. We spent two days winding in and out of switchbacks up to the height of 13,500 feet before dropping down into the town of Leh (11,500 feet). Ladakh had only been accessible by road recently. We were about 30 miles from the Chinese border. This was monastery country: We saw so many that we begged not to see any more. Some of the monasteries were fascinating as they date from the 11th century or earlier, but we had a feeling, after seeing the frail roofs and the worn ladders, that there will be little to peruse in a short time.

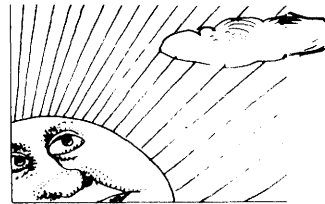
On our way back from Leh, we stopped at Kargil, which had been a trading center in bygone days. There the majority became violently ill. As we had all eaten the same food, someone must have been careless in the kitchen. We recovered, but we saw little of this ancient town.

Hoping that the monsoon would abate at the lower altitudes, we spent some time on the houseboats in Srinagar on Lake Dal. This was heaven: a houseboy, a boatman, and a cook at our disposal. There was lots to do on the lake, as many families lived there, grew crops, and conducted businesses on the islands. Or we could go into town to photograph and shop.

Because of the flooding, we never were able to take the first part of the trek.

Instead, we went to an area festooned with glaciers. We spent two wonderful days picnicing by the glaciers, or for the more intrepid, climbing them. During this period we were on our own in the daytime, and we could set our own pace which was nice as our first outing had been a strenuous one.

We saved the best for last. The Taj Mahal is truly worth viewing at the end of a trip to Kashmir. All the intricate carving and inlay that we had seen before had had portions removed by foreign or domestic vandals. Here everything was perfection. We did not see the Taj Mahal in the moonlight, but under the clouds of the monsoon and it was lovely.



Isabel Wheeler



Exercise Your "Recreation Card" Privileges

Want to shape up or slim down? Or exercise your tensions away? Hustle in to one of the Recreation Office's (Department of Physical Education, UCSD) many dance courses, including disco, belly, and ballroom. The purchase of a "Recreation Privilege Card" entitles students, faculty, and staff, their spouses and children, to participate in numerous activities. Classes in horseback riding, exercise, karate, gymnastics, and ice skating indicate the wide range of learning experiences available.

Participation in intramural sports and athletic clubs (over twenty-five ranging from lacrosse to Israeli folk dance to yoga) will keep you moving in your spare moments. Handball/squash and tennis courts are available for private use, as are the gym, pool, and sauna.

In addition to these privileges, card holders may also use the Mission Bay Aquatic Center. This is a cooperative collegiate waterfront facility supported by the Recreational Athletics Department, UCSD; the San Diego State University's Student Union; and the Center's program fees. Located on Mission Bay's Santa Clara Point, there are picnic facilities, lighted tennis and volleyball courts, swimming areas, and a boat launching ramp. Classes are offered in sailing, waterskiing, diving, surfing, even kayaking.

To purchase your "Recreation Privilege Card," stop by or call the Recreation Office in the Recreation Gym between 8 AM and 4:30 PM during the week. If you have questions, call 452-4037. Registration for the winter quarter's classes will begin December 11. Better waltz right over and sign up!

Janet Newlan Bower



Protecting Our Native Plants

The San Diego County's Ordinance governing the removal of plants listed below was issued by the San Diego County Department of Agriculture.

Sec. 63.301. REMOVAL OF PLANTS PROHIBITED. It shall be unlawful for any person to cut, pick, dig, collect, remove, mutilate or destroy the whole or any part of any species of yucca, cactus or agave, or any native tree, flowering shrub, ornamental plant, berry-bearing plant, vine, fern or wild flower, whether growing on public land or on any land not his own, including County and State roadways and railroad rights-of-way, in the unincorporated territory of the County without a permit issued by the Agricultural Commissioner or except, in the case of private land, when and where the owner or his authorized agent has given his written consent thereto.

Sec. 63.302. SALE OF PLANTS PROHIBITED. It shall be unlawful for any person to knowingly sell, offer or expose for sale or transport for sale any native plant, wild flower, fern, vine, shrub or tree or any portion thereof which has been picked, cut, dug or removed from public or private land in violation of the provisions of this chapter.

Sec. 63.303. PERMITS ISSUED BY AGRICULTURAL COMMISSIONER. Permits may be issued by the Agricultural Commissioner to the duly accredited representatives of any public library, museum, school, scientific or other educational institution, or to herbarium and scientific collectors or to responsible individuals to take said plants or flowers for educational or scientific purposes.

Sec. 63.304. ENFORCING AGENTS. Any County fire warden, County forester or peace officer of the County shall have full power to enforce the provisions of this chapter and to confiscate any and all such plants or parts of plants or flowers that have been unlawfully cut, picked, dug or removed, or sold, offered or exposed for sale.

Sec. 63.305. EXCEPTIONS. Nothing in this chapter shall be construed as making it unlawful for any person to graze, run or pasture livestock of any and all descriptions on any public lands of the United States in the County where any flowers, plants or trees herein described are growing. It is also expressly provided that the provisions of this chapter shall not apply to any native plant which is declared by State law to be a public nuisance.

Recipe Corner

COUS COUS

1 cup cooking fat or oil
 2 cups stew meat, cut in cubes
 (lamb if possible, but beef will do)
 12 small white onions or 4 medium cut into quarters
 2½ cups water
 2 cups burghul (cracked wheat)
 1 cup garbanzos (chick peas) or substitute any kind of cooked beans
 1½ teaspoons salt
 ½ teaspoon pepper
 ¼ teaspoon cinnamon

Brown meat in half the fat. Remove meat and fry onions until yellow in same fat. Put meat in pressure cooker with 2½ cups water. Cook under pressure for ½ hour. Reduce pressure, add onions, and cook 5 more minutes under pressure. Reduce pressure and add 2 cups burghul and cup of garbanzos. Season with salt, pepper, and cinnamon. Simmer gently, uncovered until burghul is tender, adding water to keep consistency of thick porridge. To serve, add remaining fat, fluff, and serve on platter.

COUS COUS KHURJI (SADDLE BAG COUS COUS)

Double the above recipe and save half for the next day (i.e. in your saddle bag for tomorrow's picnic when you're driving your herd to your next camp). It should have been tossed with your favorite Tabbouleh dressing:

1 cup lemon juice
 ¾ cup olive oil
 ½ cup finely chopped mint
 1 cup chopped parsley
 1 cup finely chopped onions
 salt and pepper to taste

To stretch or make extra good, add chopped tomatoes and lettuce.

Elibet Marshall



International Kitchen

The International Kitchen will meet on Wednesday, December 13 at 10 AM in the kitchen of the International Center. This month we will have a "cookie exchange." We will also bake some favorite American cookies and make a punch. Please bring a sandwich for yourself (and your children); three dozen (36) cookies, small cakes, or other sweets eaten in your country at holiday time; the recipe written on a piece of paper; and 50¢. Up to 50 reservations will be accepted NO LATER THAN FRIDAY, DECEMBER 8. For further information or reservations, please call me at 454-8694.

Sheila Macdougall

Tennis Anyone?

The following Oceanids have signed up to play tennis. However, since no one volunteered to chair this group, we are listing the information and will let you call for a partner.

Name/Level	Phone No.	Time Available
Sue Brune Beg/Int.	453-6836	AM/PM
Danine Ezell Int.	274-2132	PM/Wkends
Estelle Shabetai Av Beg.	459-3546	AM/T,Th,F
Reenie Schmerl Adv.	453-8195	AM/M,W,F
Dorothy Lyon Int.	755-4577	AM
Judy Fagin Low Int.	455-6545	PM/Wed
Beth Ward Int.	942-3060	AM/PM
Irene Larrimore Int.	481-6690	Days
Chieko Matsuzawa Beg.	481-9982	Days
Susan Grady(work) Adv.(home)	452-3307 455-6924	Days/Wkends PM/Wkdays
Carolyn Pardini Adv Beg.(work)	272-7610 452-3060	PM/Wkdays Day/Wkends
Eliz. Stevenson Int Beg.	755-8153	Days



Notices



Donors of Baked Goods for the Welcome Coffee held at Sybil York's, please unlock your recipe file and help us find a "bar-type cookie - very moist, with lots of nuts on top." If your donation meets this description, please call Alma Coles at 453-8813.

Newcomer Count as of mid-November was 250.

Crossing the Border? 1600 on your radio dial will give you the waiting time for border crossing.

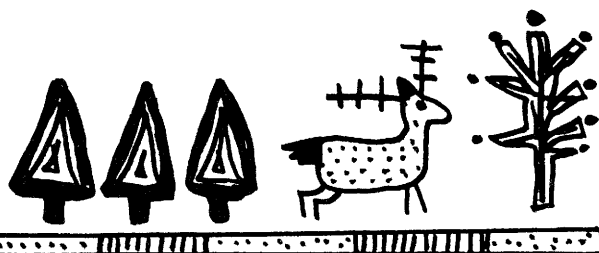
Health Insurance. All University-sponsored health plans automatically terminate coverage on dependents over the age of 23. It may make a difference in your premium, so don't forget to call the payroll office (452-3246) when this change occurs.

WATCH NEXT MONTH'S BEAR FACTS FOR DETAILS



ABOUT THE
ANNUAL NEWCOMER WHALE WATCH
TO BE HELD

SUNDAY, JANUARY 21, 1979



J. Paul Getty Museum Tour

It's tour time for Oceanids once more and, in view of the fun day we had on the Tut Tour, we're expecting a good turnout for the Getty Museum. The date is Saturday, 27 January. We will leave at 7 AM from the parking lot between Third College and Mandeville Center. The buses should return by 4 PM.

The Getty Museum, like Topsy, "just grew." Originally Mr. Getty's home, his European art purchases were sent to his Malibu estate for his enjoyment when he retired. The collection grew; the house grew. A gallery wing was added and he decided that his treasures should be shared with the public. Thus the birth of the museum that he, himself, never saw.

But the gift to the public was not the end of it. He correctly called himself an "incurable art-collecting addict" and it became necessary to construct new galleries. His magnificent collection is eclectic and includes Rembrandt and Rubens, Gauguin and Vlaminck, a Boucher tapestry, and a 16th century Persian carpet. Paintings, sculptures, furniture - whatever pleased him, he bought and sent to his Malibu home-gallery. The collection is valued at over \$200 million with museum operating expenses running over a million a year. A truly impressive gift to the public.

The tour would make a nice gift to your family, so send in your reservations now, so you won't be left out. The price is \$7 per person for bus and donuts. There is a tea room at the museum where you may purchase lunch for under \$3 or you may take a picnic lunch across the highway to the beach. Get your check in today - that's what will hold your seat! See coupon below:

J. PAUL GETTY MUSEUM TOUR * 27 JANUARY 1979

Name _____

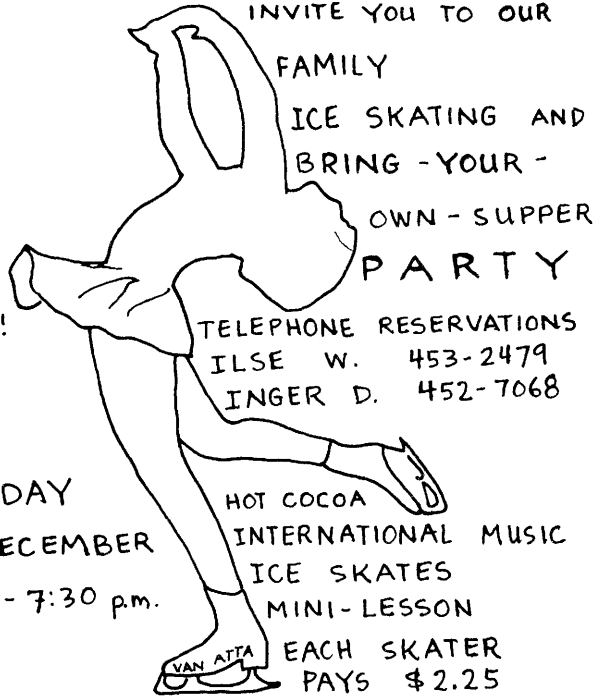
would like to reserve _____ seats.

Enclosed is my check for _____
at \$7 per person. We will _____ will not _____
be buying lunch in the tea room.

Mail check to Pat Austin, 952 Amiford Drive
San Diego CA 92037

OCEANIDS - NEWCOMERS

SEE
You
ON
THE
ICE !



INVITE YOU TO OUR
FAMILY
ICE SKATING AND
BRING-YOUR-
OWN-SUPPER
PARTY

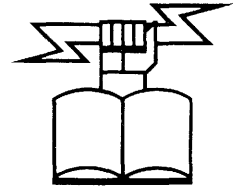
TELEPHONE RESERVATIONS
ILSE W. 453-2479
INGER D. 452-7068

SUNDAY
10 DECEMBER
5:30 - 7:30 pm.

HOT COCOA
INTERNATIONAL MUSIC
ICE SKATES
MINI-LESSON
EACH SKATER
PAYS \$2.25
AT THE DOOR

Sabbatical Housing

Wanted to Rent: A small furnished house with yard, January 1-September 1979, for visiting German faculty member and family (one child, 16 months). Near beach, if possible, maximum \$500/month (will consider June departure). Contact Dr. Fritz Wildening, 123 Pratt Street, Minneapolis, Minnesota 55419, telephone: 612-823-2694.



Knowledge is Power

Power Reading

A Power Reading Course to benefit the La Jolla Chamber Music Society will start on January 25, 1979. The course will run for six weeks and emphasize "Technical and Depth Reading Study Techniques and Test-Taking, Professional, as well as Novel Reading." The fee of \$50 covers all materials. For more information call Mrs. Karin Friedrich Donaldson at 459-5626.

Published by OCEANIDS-UCSD Women. Membership and/or subscription is \$6.00 per year.

bear facts

U. C. S. D.
La Jolla, Calif. 92093

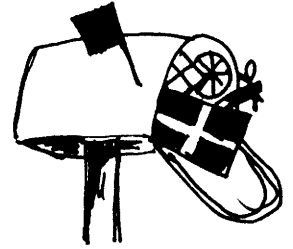


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Bear Facts Calendar



DECEMBER
1978

OCEANIDS INTEREST GROUPS

All interested Oceanids may attend any group at any time; please call chairman.

Anyone interested in forming new interest groups can do so by contacting
Coordinator Norma Allison, 453-3039

OCEANIDS BOARD

President Pat Kampmann, 454-1856. Meets Thurs, Dec 7 at 9:30 AM at Sally Gilbert's, 780 Kalamath Dr, Del Mar, 755-9287; co-hostess Beth Spooner. Please bring four dozen cookies for a cookie exchange. You will take home two dozen. Please bring your recipe listing ingredients in order of use. (Be specific on amounts, i.e., no pinches, dashes or handfuls.)

BEAR FACTS

Editor Beth Spooner, 755-2322. Meets Thurs, Dec 28 at 9:30 AM at Frieda Urey's, 7890 Torrey Lne, LJ, 454-1640.

NEWCOMERS

Co-Ch Alma Coles, 453-8813; Ann Van Atta, 452-8217. The Newcomers Committee will meet Mon, Dec 11 at 7:30 PM at Liz Wills', 8310 El Paseo Grande, LJ, 454-6858. The Jan 8 meeting will be at 9:30 AM, Mon at Ilse Warschawski's, 8902 Nottingham Pl, LJ, 453-2479.

BOOK GROUP, DAY - Co-Ch Nancy Rudolph, 453-8632; Nora Atlas, 453-6444. Meets Tues, Dec 12 at 9:30 AM at Emma Albano's, 5357 LJ Blvd, LJ, 488-3158. The book is The Stone Angel by Margaret Laurence, reviewed by Hazel Krause. Meets Jan 9, Tues, at 9:30 AM at Yvonne Pasternak's, 7632 Via Capri, LJ, 454-8225. The book is My Mother My Self by Nancy Friday, reviewed by Nancy Rudolph.

BOOK GROUP, EVENING - Ch Barbara Stewart, 755-7848. Meets Mon, Dec 20 at 8 PM at Shu-lan Cheng's, 13951 Mercado, Del Mar, 481-8955. The book is My Mother My Self by Nancy Friday.

BRIDGE, COUPLES' EVENING - Ch Pat Austin, 222-5819. Because of the holidays, there will be no bridge in December.

BRIDGE, DAY - Co-Ch Eleanor Preisendorfer, 452-0596; Rosalie Weinberger, 459-7741. Meets Tues, Dec 5 at 10:30 AM at Rose Baily's, 8656 Cliffridge Ave, LJ. Meets Tues, Dec 19 at 10:30 AM at Eleanor's, 8743 Caminito Abrazo, LJ.

CHAMBER MUSIC - Ch Doris Sossner, 459-8971. Call Doris for information.

CHILDREN'S TRIPS/PLAY GROUP - Ch Ann Williamson, 755-7203. Meets Tues, Dec 12 at 11 AM at Standley Park, Governor Dr, University City. Bring sack lunches; call Ann in case of rain.

COMMUNITY CONCERNS - Ch Louis Arnold, 453-0232. Call Louise for information.

CREATIVE HANDCRAFTS - Ch Claudia Lowenstein, 453-1069. Meets Fri, Dec 1 at 9:30 AM. Call Claudia for location. Meets Fri, Dec 15 at 9:30 AM at Alma Coles', 6568 Radcliff Dr, University City, 453-8813.

FOREIGN FOODS - COUPLES - Ch Danine Ezell, 274-2132. Our next meeting will be a dinner on Dec 1, Fri for planning purposes. Call Danine for menu and details. We will meet in January.

FRENCH CONVERSATION - Co-Ch Rosita Cavallaro, 459-0790; Odette Filloux, 453-0749. Rendezvous-vous chez Monique Gray, 7090 Caminito Donoso, LJ, 459-4863, lundi, Dec 11, 10 AM.

GARDENING - Co-Ch Susan Addison, 459-6198; Sally Gilbert, 755-9287. No meeting in December.



(Cont.)

GERMAN CONVERSATION - This group needs a chairman. If you are interested in organizing it, please call Norma Allison, 453-3039.

LUNCHEON GROUP - Meets Fri, Dec 15 at Kay Yen's. 7867 LJ Vista Dr, LJ at 9:30 AM. We are going to lunch at the Chu Dynasty with shopping in Coronado beforehand. Call Kay for more details, 453-7385.

MADRIGAL SINGERS - Ch Connie Mullin, 454-6871. Meets every Mon at 8 PM. Call Connie for information.

NEEDLERS - Ch Susie Voigt, 755-9612. There will be no December meeting. Meets Thurs, Jan 18 at 10:30 AM at Doris Rumsey's, 465 Hidden Pines Ln, Del Mar. Bring a sandwich, 755-9264.

OPERA - Ch Rose Schweitzer, 459-7424. Call Rose for information.

PEOPLE TO PEOPLE - Ch Claire Moore, 453-0337. Meets Mon, Dec 4 at 12 noon at Claire's, 9440 LJ Shores Dr, LJ, 453-0337. Meets Mon, Jan 8 at Doris Bailey's, 2635 Ellentown Rd, LJ, 453-3900.

PIANO DUETS - Co-Ch Evelyn Lakoff, 296-1039; Rose Schweitzer, 459-7424. Call either for information.

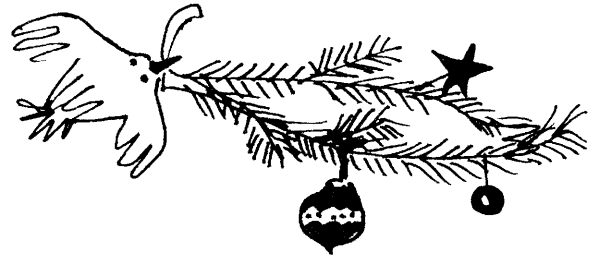
POT LUCK SUPPERS - Co-Ch Barbara Helstrom, 454-1662; Carol Schultz, 453-0458. The next meeting is Fri, Jan 12 at 7 PM at Carl/Mary McIlwain's, 6662 Avenida Manana, LJ. Please call Mary, 454-4857 or Carol after Jan 1 if you would like to come; it is limited to 30.

SPANISH CONVERSATION - Ch Estelle Shabetai, 459-3546. La Próxima reunión estará en la casa de Helga Hofmann, 6285 Cardeno Dr, LJ, 459-5610. El viernes, 8 de diciembre a las 10 de la mañana. Bienvenidos a todos.

SPARE TIMERS - Ch Mary Hanger, 452-4386. At the Spare-Timers meeting on Nov 9, the group decided to meet for a Chinese dinner on Nov 16 starting at Pat Kampmann's house for a glass of cheer. Plans for a December meeting were made that evening. Those who signed up as interested in the group will be notified. If you want to be included, please call Mary.

TENNIS - Please see listing elsewhere in this issue.

WINE TASTING - Co-Ch Betty Shor, 453-0334; Claudia Lowenstein, 453-1069. Meets Fri, Dec 15 at 8 PM at Betty and George Shor's, 2655 Ellentown Rd, LJ. Please call Betty or Claudia for reservations.



EXHIBITS, GALLERIES, MUSEUMS

Art Centre of Rancho Santa Fe - Stone sculptures by Wes Dahlberg, pewters by Don Pollard, etchings by Mary Lehman through Dec 31. 10 AM-5 PM Mon, Wed, Sat; 11 AM-4 PM Sun. Paseo Delicias/La Granada, RSF, 756-3598, free.

Athenaeum Music/Arts Library - "A Danish Christmas" by Ingeborg Jamison, Dec 5-30, photographs by Howard R. Attebery through Dec 2. 1008 Wall St, LJ.

Bazaar Del Mundo Gallery - "Treasures of the Orient" through Dec 25. 10 AM-9 PM Mon-Sat, 10 AM-5 PM Sun. 2754 Calhoun St, Old Town, 274-0313, free.

Casat Gallery - "Moments" paintings by Lita Albuquerque through Dec 20. 5721 LJ Blvd, LJ, 454-8897.

Christmas on the Prado - Special events sponsored by museums, theaters in Balboa Park featuring Christmas displays, music, plays, planetarium show. Dec 8, 9, open to public, 6-9 PM.

Cottage Gallery - Copper enamels, sketches by Chrissa O'Brien Dec 4-31. 10 AM-4 PM daily. 2523 SD Ave, Old Town, 296-1893, free.

Founders Gallery - Paintings by theatrical designer John Wenger through Dec 23. 10 AM-4 PM Mon-Fri, University of SD, Alcalá Park, 291-6480, X 4296, free.

Gallery 8 - Exhibit of contemporary hand-blown glass by western artists, also Christmas ornaments. 7464 Girard Ave, LJ. Mon-Sat 10 AM-5 PM. Through Dec, 454-9781.

Gallery 21 - Handcrafted gifts for Christmas through Dec 14. 11 AM-4 PM daily. Spanish Village Art Center, Balboa Park, 469-1623, free.

Jewish Community Center Award Show - Annual painting competition, works on display through Dec 15. 9 AM-5 PM Mon-Fri, 1-5 PM Sun. 4079 54th St, SD, 583-3300, free.

Knowles Art Center - Graphics by Jean Braley through Dec 27. 10 AM-5 PM Mon-Sat, 1-5 PM Sun. 7420 Girard Ave, LJ, 454-0106, free.



LJ Art Association Gallery - Paintings by Willa E. Smith through Dec 10. 12 PM-5:30 PM daily. 7917 Girard Ave, LJ, 459-3001, free.

Mandeville Art Gallery - Micro-sculpture exhibit. 12-5 PM Sun-Fri, 7-10 PM Wed, closed Thanksgiving. Room 101, UCSD, LJ, 452-2864, free. Through Dec 10.

Mingei International Museum of World Folk Art - "Wearable Folk Art" exhibit through Jan 14. 11 AM-5:30 PM Tues-Sat, 11 AM-9 PM Fri, 2-5 PM Sun. University Town Centre, 4405 LJ Village Dr, 453-5300, free.

Orr's Gallery - Recent works by Francoise Gilot; drawings, sculpture by Zuniga; graphics by Chagall, Kollwitz, Matisse, Miro, Vasarely, etc. through Dec 23. 9 AM-5 PM Mon-Fri, 2222 Fourth Ave, SD, 234-4765.

SD Art Institute Annual Juried Art Exhibition - Through Dec 3. Dec Juried Membership Show with concurrent one-man show by Douglas F. Knutson runs Dec 5-Jan 7. Tues-Sat 10 AM-5 PM; Sun 12:30-5 PM. 1449 El Prado, Balboa Park, 234-5946, free.

SD Museum of Art (formerly Fine Arts Gallery) - African Art from private SD collections Dec 8-Jan 7. Exhibit of American Folk Painting through Dec 17. 10 AM-5 PM Tues-Sun. Admission Wed-Sun, Tues free. 232-7931. Balboa Park.

SD Museum of Man - South African photo essay of tribal life; exhibit from works of Jean Morris of England, through Mar 11. 1350 El Prado, Balboa Park, 239-2001.

SD Public Library - "Salute to Local Authors" annual display of books by SD writers. Brass Rubbings by Lowell/Jean Tharp beginning Dec 12, lobby. Calligraphy in Holiday Mood, Dec 1-30, 2nd fl showcase. Manuscripts from rare book collection, Dec 1-30, Wangenheim Room. Christmas Show by SD Watercolor Society, Dec 1-30, Corridor Gallery. 820 E St, 236-5849, free.

Serra Museum Tower Gallery - "Early Sculpture in SD" through Jan 28. 9 AM-5 PM daily, Presidio Park, 297-3258.

Spectrum Gallery - All membership show, works of 50 artists through Dec 30. Reception for artists Dec 1, 7-9 PM. Public invited. Tues-Sat 10 AM-5 PM, 4011 Goldfinch, SD, 295-2725.

T. Wayland Vaughan Aquarium/Museum, Scripps Institute of Oceanography, UCSD - Aquarium exhibits of E Pacific fishes in naturalistic settings, oceanographic exhibits/bookstore, tide pool exhibit. LJ Shores Dr, LJ.



DANCE, MUSIC

- Dec 1 Christmas Concert by Early Music Ensemble, 8 PM, Founders Chapel, University of SD, Alcala Park, 755-1408, donation.
- Dec 1 Gospel Choir Concert directed by Cecil Lytle. Mandeville Recital Hall, UCSD, 8 PM, 452-3120, free.
- Dec 1 SD Symphony, Peter Eros conducting, features Jose Iturbi, pianist. 8 PM Civic Theater, 202 C St, SD, 239-9721, admission.
- Dec 2 SD Symphony, Peter Eros conducting, features Jose Iturbi, pianist. E County Performing Arts Center, 210 E Main, El Cajon, 239-9721, admis.
- Dec 2, 3 LJ Civic/University Symphony plays Haydn's "Mass in the Time of War"/Mozart's "Coronation Concerto in D Major" directed by Thomas Nee, David Chase. 8 PM, Sat, 3 PM Sun, Mandeville Audit, UCSD, 452-3120, admission.
- Dec 2, 8 Young People's Concerts: SD Symphony Series presents "Music from Many Lands" featuring Tale of Issoumbochi, Japanese folk story. 11 AM Dec 2; 10:30, 11:30 AM Dec 8. Civic Theater, 202 C St, 239-9726, admission.
- Dec 3 Black Sabbath: rock concert. SD Sports Arena, 3500 Sports Arena Blvd, 224-4176 for information.
- Dec 4 Mini-concert: Dancers from SD Ballet Co. 12 PM, Grand Salon, Civic Theater, 202 C Street, 459-7351, free.
- Dec 7 Heart: rock concert. 8 PM, SD Sports Arena, 3500 Sports Arena Blvd, 224-4171, admission.
- Dec 7, 8, 10 SD Symphony Orchestra presents gala holiday program conducted by Charles Ketcham with Tatsuo Sasaki, marimba soloist. Thurs, Fri 8 PM; Sun, 2:30 PM. Civic Theater, 202 C St, 239-9721, admission.
- Dec 8-23 Christmas Carols on Museum Steps: Church, school, professional groups perform 6-8 PM, Fri, Sat. Natural History Museum, Balboa Park, 232-3821, free.
- Dec 9 LA Philharmonic: Sidney Harth, violinist, conductor/soloist. 8 PM, Civic Theater, 202 C St, 224-2063, admission.
- Dec 10 Civic Youth Orchestras: Concert by chamber, string orchestras. 3 PM, Church of Good Samaritan, 4321 Eastgate Mall, 270-0586, free, donations accepted.



- Dec 10 Christmas Concert by Early Music Ensemble. 8 PM, St. Peter's Church, Del Mar, 755-1408, donation.
- Dec 10 Christmas Concert: The Wings of Spirit Choir performs traditional Christmas carols, special numbers. 4 PM, Our Lady of Angels Church, 656-24th St, 239-1231, free.
- Dec 10 Grossmont College Choir: 4 PM, E County Performing Arts Center, 210 E Main, El Cajon, 440-2277, free.
- Dec 10 Mesa College Adult/Community Band: Holiday concert at Star of India. 2 PM, 1306 N Harbor Dr, 279-2300, free.
- Dec 13 Roger Wagner Chorale presents concert of Christmas music. E County Performing Arts Center, 210 E Main, El Cajon. 2:30, 8 PM, 440-2277, admis.
- Dec 14 The SD Ballet presents "The Nutcracker" 15,16, 8 PM each evening; 2 PM Sat, Sun. 17 Civic Theater, 202 C St, SD, 239-4141, admission.
- Dec 16 Tenth Annual Concert of Renaissance, Baroque Festival Music for Christmas presented by UCSD Madrigal Singers, Guidonian Hand. 8 PM, Salk Institute, LJ, open to public, free. 454-6871 or Salk Institute.
- Dec 16 California Ballet Company presents 17 "The Nutcracker," 2:30, 8 PM, El Cajon Performing Arts Centre, 210 E Main, El Cajon, 440-2277, admis.
- Dec 19 Symphony Celebrity Pops Series: Jose Feliciano, guitarist, with Charles Ketcham conducted SD Symphony. 7:30 PM, Golden Hall, 3rd/B Sts, 239-9721, admission.
- Dec 22 California Ballet Company presents 23,24 "The Nutcracker," Civic Theater, 26 202 C St, SD, 236-6510, admission, 2:30, 8 PM.
- Jan 6 Symphony Celebrity Pops Series: Dizzy Gillespie Quartet with Charles Ketcham conducting SD Symphony. 7:30 PM, Golden Hall, 3rd/B Sts, 239-9721, admission.
- Saturday Mornings - Metropolitan Opera Broadcasts, 11 AM, Story Hour Room, SD Public Library, 820 E St, SD.
- thru "Vanities" comedy by Jack Heifner.
Dec 9 8:30 PM Thurs, Fri, Sat except (or Thanksgiving. Mission Playhouse, Old Town State Historic Park, 3960 Mason St, 295-6453, admission.
thru "Last of the Red Hot Lovers" by
Dec 10 Neil Simon. Fiesta Dinner Theater, 9665 Campo Rd, Spring Valley, phone 697-8977 for information.
thru Festival of Christmas: dramatic
Dec 16 presentation of renaissance family's celebration of Christ's birth. 8 PM Wed-Sat, Lamb's Players Theatre, 500 E Plaza Blvd, National City. 474-4542, admission.
thru "The Enchanted" by Jean Giraudoux.
Dec 24 8 PM nightly except Mon, 2 PM Nov 5, 28, Dec 3. Carter Centre Stage, Balboa Park, 239-2255, admission.
Dec 1, "The House of Bernardo Alba" by Garcia Lorca. Room 2250, Humanities, Social Sciences Bldg, Muir College, UCSD. Tickets available at door 99¢, 452-3120.
Dec 1, "The Importance of Being Earnest" by Oscar Wilde, directed by Eric Christmas, 8 PM, UCSD Theatre, Warren College. Tickets at UCSD Ticket Office, 452-3120, admission.
Dec 5- "Dracula" with Jeremy Brett. Fox 18 Theatre, 7th/B Sts, SD. 8:30 PM Mon-Sat, 7:30 PM Sun, Thurs/Sat matinees, 231-8995.
Dec 7- "A Christmas Carol" classic by 30 Charles Dickens performed in original version. 8 PM daily except Mon, 2:30 PM Sat/Sun. SD Repertory Theatre, 1620 Sixth Ave, 231-3585, admission.
Dec 8- "The World of Willy Wonka" based 23 on story of "Charlie and the Chocolate Factory" 8 PM Fri, Sat; 2 PM Sat, Sun. Coronado Playhouse, 1775 Strand Way, Coronado, 435-4856, admission.
Dec 8- "My Three Angels" comedy about 31 Christmas eve 8 PM Thurs-Sun. Marquis Public Theater, 3717 India St, 298-8111, admission.
Dec 13 "Six Rms Riv Vu" comedy. Fiesta -Jan 7 Dinner Theatre, 9665 Campo Rd, Spring Valley. Phone 697-8977 for information, reservations.
Dec 14 "The Wonderful Ice Cream Suit" by -30 Ray Bradbury, 8:30 PM Thurs-Sun. California-Pacific Theatre, 211 E St, SD, 234-7938, admission.



THEATRE

- thru "One-Act Festival" 8 PM Thurs, Fri,
Dec 2 Sat. Actors Quarter Theater, 480 Elm St, 238-9609, admission.
thru "Present Laughter" comedy by Noel
Dec 3 Coward, 8 PM nightly except Mon, 2 PM Sun. Old Globe Theatre at Spreckels Theatre, 2nd/Broadway, SD, 239-2255, admission.





FILMS

- Dec 3 African Film Festival features "African Community - Masai"/"Daily Life of the Booze People" 1,2,3 PM, SD Museum of Man, Balboa Park, 239-2001, free with museum admission.
- Dec 6 "Gates of Jerusalem" travelogue. 2, 7:30 PM, E County Performing Arts Center, 210 E Main, El Cajon, 440-2277. Series or individual tickets at door.
- Dec 7- "Star of Bethlehem" Christmas pro-
Jan 1 duction shows scenes of Bethlehem's skyline on 76 ft hemisphere screen. Reuben H. Fleet Space Theater, Balboa Park, 238-1168 for showtimes, admission includes entrance to Science Ctr.
- Dec 8 Helix Showmasters: travel slide program "Almost Heaven" on Sri Lanka, off tip of India. 7, 8:30 PM, Ben Polak Auditorium, 8053 University Ave, La Mesa, 582-7596, free.
- Dec 9 "The Miracle on 34th Street" Christmas film classic. 7:30 PM, Copley Auditorium, SD Museum of Art (formerly Fine Arts Gallery), Balboa Park, 232-7931, free.
- Dec 10 African Film Festival: "Boran Herdsman"/"Boran Women" 1, 2, 3 PM, SD Museum of Man, Balboa Park, free with admission to museum, 239-2001.
- Dec 17 African Film Festival: "The Lion Hunters" 1, 2:30 PM, SD Museum of Man, Balboa Park, free with admission to museum, 239-2001.



SPECIAL EVENTS

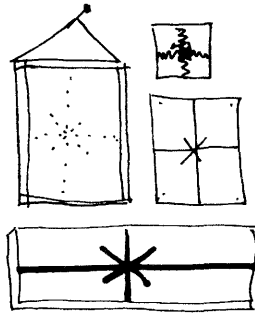
- Dec 1- Christmas Flea Market, 11 AM-10
3 PM Fri Sat; 11 AM-6 PM Sun. Del Mar Fairgrounds, 481-1274, admis.
- Dec 1- Christmas at the Villa Montezuma: 19th century mansion features fresh Yuletide greenery, Victorian decorations. 1-4:30 PM Tues-Fri, Sun. Villa Montezuma, 1925 K St, SD. Santa arrives 2 PM Sun, Dec 3, 239-2211, free.

- Dec 3 Christmas in Flowerland Bazaar: Poinsettias, plants, hand-crafted items. 10 AM-4 PM, Quail Botanical Gardens, 230 Quail Gardens Dr, Encinitas, 745-5773, free.
- Dec 3 Marathon run by California State University LA Cross-Country Team will cross International border in Tijuana around 5 PM after leaving Cabo San Lucas in Baja on Nov 28, 232-3101.
- Dec 3 Old Town Christmas Parade starts at 2 PM at SD Ave/Ampudia, 291-4903, free viewing.
- Dec 3- Community Christmas Center: official
31 opening, lighting ceremony, 6 PM Dec 3. Organ Pavilion, Balboa Park, Center open 24 hours daily. Organ concerts 2 PM Suns, 236-5984, free.
- Dec 8 LJ Community Christmas: Carol singing, lighting of community Christmas tree 4:30 PM, LJ Community Center, 615 Prospect St, LJ, 454-1444, free.
- Dec 8, Christmas on the Prado - special
9 events sponsored by museums, theaters in Balboa Park featuring Christmas displays, music, plays, planetarium shows. 6-9 PM, open to public, many events free. For further information call 236-5984.
- Dec 8- Santa Claus House 3:30-5:30 PM daily
23 except Sun. Corner Girard/Wall Sts, LJ, 454-1444, free.
- Dec 8- Christmas and the Conifers: special
24 exhibit of live trees for holiday season. 10 AM-4:30 PM daily, main floor, Natural History Museum, Balboa Park, admission, free on Tues, 232-3821.
- Dec 9, December Holiday Festival: Ethnic
10 gifts from other countries, 10 AM-4:30 PM, SD Museum of Man, Balboa Park, 239-2001.
- Dec 10 Mission Bay Parade of Lights: brightly
illuminated, decorated boats depart 7 PM from Quivira Basin follow 5 mile route along shoreline to No Ingraham St Bridge, 276-2800, free viewing.
- 2nd Sat each month - monthly social with
folk dances, music of different nationalities. 8 PM, House of Pacific Relations, Balboa Park Club. 234-9164/469-3463/582-8212, admis.





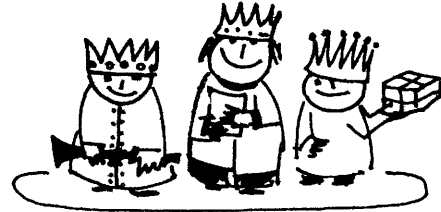
EXHIBIT



LECTURES

- thru Dec 7 Lecture Series on role of biology in society, featuring 2 Nobel laureates as well as other UCSD, Salk Institute faculty members. 7-10 PM Thurs, Rm 1105, Basic Sciences Bldg, UCSD School of Medicine. Call Extension, 452-3400 or register at door, fee.
- Dec 1 Archaeological Institute of America presents "Recent Excavations at Falayka Island, Kuwait" by Arelene Wolinski, Mesa College. Humanities Library, Revelle Campus, UCSD. Public welcome, free, 454-7647 for information.
- Dec 1 Docent Auditors Program: "Conversation with Artists Alf, Matosian, Oatman" by S. Brezzo. 10 AM, Copley Audit, SD Museum of Art, Balboa Pk, Gallery members, on series basis only, 224-2941.
- Dec 1 "Psychoanalysis, Biography: Explorations, Contemporary Issues" by John E. Mack, MD, Pulitzer prizewinning biographer, professor Harvard Medical School. 8 PM, LJ Village Inn, Cove Rm. Call 459-7676 for series information; individual tickets at door.
- Dec 4 "The History of the Christmas Card" by Steve Brezzo, president Bd of Trustees, Athenaeum Music, Arts Library, 1008 Wall St, LJ, 10:30 AM. Coffee, social hour 11:15 AM.
- Dec 6-27 Planetarium Show: "The Star of Bethlehem" 7:15, 8:30 PM Weds. Palomar College Planetarium, 1140 W Mission Rd, San Marcos, 744-1150, admission.
- Dec 6, 13 Poetry Readings featuring local poets. Wed eves 7-9 PM, Lecture Room, SD Public Library, 820 E St, SD, 236-5849.
- Dec 8 Docent Auditors Program: "Colloquy About Modern Art I" by P.C. Contini. 10 AM, Copley Audit, SD Museum of Art, Balboa Pk. Gallery members, on series basis only, 224-2941.
- Dec 13 Caring About Your Mind: "Female Depression" speaker to be announced. 7:30 PM, Jewish Community Center, 4079-54th St, SD, 583-3300, free.
- Dec 15 Docent Auditors Program "Colloquy About Modern Art II" by P.C. Contini. 10 AM, Copley Audit, SD Museum of Art, Balboa Park, Gallery Members, on series basis only, 224-2941.

- Jan 5 Docent Auditors Program: "LJ Museum of Contemporary Art" by R. Armstrong. 10 AM, Copley Audit, SD Museum of Art, Balboa Park, Gallery members, on series basis only, 224-2941.
- UCSD New Poetry Series continues Weds, 4 PM, Revelle Formal Lounge. For specific dates, poets call Michael Davidson, 452-2533.



CHILDREN

- thru Dec 9 Children's Arts, Crafts Program: Dr. Jerry Gates, instructor. Class #1: Arts & Crafts 'N Things, 9-10:15 AM, ages 5-8. Class #2: Folkart, Crafts Around the World, 10:45 AM-12:15 PM, ages 9-14. Register by mail only SD Museum of Art (formerly Fine Arts Gallery), Balboa Park.
- Dec 1, 2/8,9 "Catch Me if I Fall" Christmas musical starring children. 7:30 PM, Convair Recreation Association Theatre, 9115 Clairemont Mesa Blvd, 277-8900, x 1111, admission.
- Dec 2 Oceanside Children's Christmas Parade. Starts 10 AM proceeds down Hill St, 433-9000, x 290, free viewing.
- Dec 2, 8 Young People's Concerts: SD Symphony Series presents "Music from Many Lands" featuring "Tale of Issumbochi" Japanese folk story. 11 AM Dec 2; 10:30, 11:30 AM Dec 8. Civic Theatre, 202 C St, 239-9726, admis.
- Dec 3, 10,17 "The Heavenly Cinder" Christmas marionette play by Marie Hitchcock, Padre Puppeteers. 1,2,3 PM Sun. Puppet Theatre, Balboa Park, 466-7128, 50¢ admission.
- Dec 8-23 Santa Claus House: 3:30-5:30 PM daily except Sun. Corner Girard/Wall Sts, LJ, 454-1444, free.
- Dec 11 Children's Christmas Program. 10:30 AM, Athenaeum Music, Arts Library, 1008 Wall St, LJ, refreshments.
- Dec 19 "Holiday Strings" Marie Hitchcock's annual Christmas puppet show for children 4-10 yrs. 10:30 AM, Children's Room, SD Public Library, 820 E St, SD, free.
- Pre-School Story Times: ages 3-6, Wed/Sat 10:30 AM. Children's Room, SD Public Library, 820 E St, SD, 236-5849.
- Sat, Sun - Big Oak Ranch-Frontier Town - Old West town with shops, picnic facilities, Civil War Association Hdqtrs. Open 10 AM-6 PM Sat, Sun. Puppet museum show, 4 times daily. 1623 Harbison Canyon Rd, El Cajon. 445-3047, admission.

Bear Facts

Month: December

Year: 1978



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