

Helpful or hurtful?

Adderall, a prescription drug, could be the answer to studying woes or a nightmare for unaware students.

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SPORTS

A classic battle

Cross country emerges victorious in the Triton Cross Country Classic.
page 20



THE UCSD GUARDIAN

UC SAN DIEGO

MONDAY, OCTOBER 10, 2005

VOLUME 116, ISSUE 6

UCSD receives grant for cancer research

Funds are part of multiyear, \$20 mil. nanotechnology plan

By **JESSICA HORTON**
Contributing Writer

Leaders from disparate fields of science will join forces with nanoparticles, which are invisible to the naked eye, to fight cancer under a new \$3.9 million grant awarded to UCSD. The first phase in a five-year, \$20 million initiative funded by the National Cancer Institute, the grant will establish one of seven national Centers for Cancer Nanotechnology Excellence, at which researchers will work to harness the particles' potential to seek and destroy cancerous cells without harming healthy tissue.

The project calls on biologists, chemists, engineers and physicians from UCSD's Moores Cancer Center, Burnham Institute for Medical Research and UC campuses in Irvine, Santa Barbara and Riverside to collaborate on six projects that expand UCSD's existing platform in breast cancer and leukemia research to explore a complex new field of noninvasive treatments.

Their expertise will be pooled to engineer and test nanoscale devices — measured in billionths of a meter — that will be housed in porous

micron-size devices called "mother ships," as they travel through the body, signaling to researchers when cancerous tumors are detected and releasing treatments on-site to destroy harmful tissue.

"There are drugs that people use today to treat cancer, but the drugs are very toxic and since you can't give too much drug to the patient, often those molecules will get degraded before it gets to where it is supposed to go," said Michael Sailor, a UCSD professor of chemistry and biochemistry who will help lead the teams responsible for creating the transport devices. "If you can build an envelope around the molecules ... they are protected until they get delivered on-site."

Cancer treatment is one of an array of new applications for nanotechnology, a field that has garnered national attention by utilizing the behavior of groups of particles small enough to be affected by molecular forces.

Together with Burnham Institute, UCSD took a leading role in targeting tumors with nanoparticles in 2002, when Burnham Institute pro-

See **CANCER**, Page 9

UC begins mental health review

UCSD program grappled with staff shortage



Greg Dale/Guardian

Feeling blue: Psychological and Counseling Services screened a record 172 students at Depression Screening Day Oct. 6.

By **CHARLES NGUYEN**
News Editor

In an effort to bolster the mental health services offered on its 10 campuses, the University of California has undertaken a systemwide review of all issues related to psychological services.

UC President Robert C. Dynes announced late September that UC Senior Vice President

of Academic Affairs and Provost M.R.C. Greenwood would head the project, which will require her to work with chancellors and faculty Academic Senates at all campuses, according to UC Office of the President spokeswoman Ravi Poorsina.

Dynes expects the review, which has just begun, to continue throughout the academic year and offer specific recommendations

for students' mental health care needs.

The review will help strengthen a UCSD counseling program that has room to grow, according to Psychological and Counseling Services Director Reina Juarez.

"We wish we had the means to make more incredible programs, which are all [just] hopes at this

See **HEALTH**, Page 9

Task force to address diversity

By **WILLIAM CHING**
Senior Staff Writer

A newly formed task force will begin touring each UC campus to evaluate faculty diversity, marking the first step in UC President Robert C. Dynes' plan to increase representation among the ranks of female and ethnic minority faculty.

Headed by UCLA Associate Vice Chancellor of Faculty Diversity Rosina Becerra and composed of professors from each campus in the UC system, the 11-member task force will begin its campuswide tour at UCLA on Oct. 11. The committee will spend two days at each campus reviewing department hiring practices and possible obstacles in the promotion and retention of faculty and staff, according to the UC Diversity Task Force Web site. The com-

See **FACULTY**, Page 7

Profs adjust to policy changes for eReserves

By **ERIKA CERVANTES**
Contributing Writer

Changes in policies for using electronic reserves resulting from last year's conflicts over copyright laws between the university and the Association of American Publishers have created inconveniences for university professors.





In fall 2003, the AAP sent a letter to UCSD concerning the operations of eReserves, a service used by professors to post copies

of course readings through the campus libraries' Web site. The letter stated that the program was going beyond the "fair use clause" of federal copyright law by providing free course materials online to students.

Since then, the library system has implemented significant changes to the eReserves service in response to the AAP's concerns, according to UCSD Libraries

See **RESERVES**, Page 8

WEATHER

	
Oct. 10 H 75 L 54	Oct. 11 H 78 L 55
	
Oct. 12 H 80 L 58	Oct. 13 H 83 L 60

SPOKEN

"It's so important to have more people on staff."

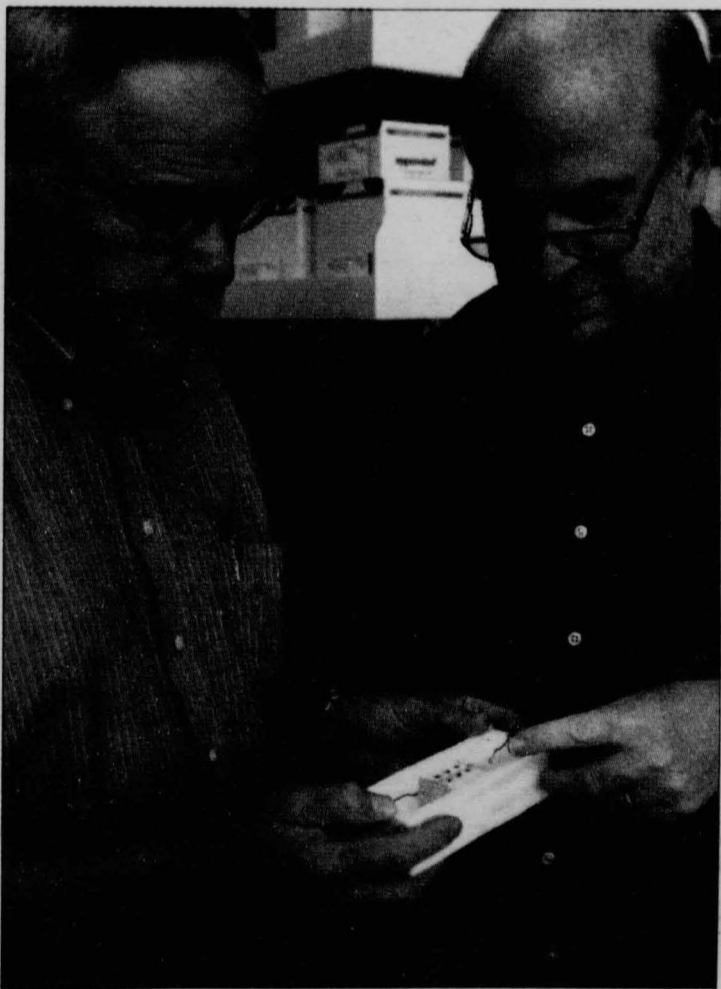
— Reina Juarez,
director, UCSD
Psychological and
Counseling Services

SURF REPORT

10/10
Wind: 15-20 kt.
Height: 1-2 ft.
Water Temp.: 50-55 deg.

10/11
Wind: 10-15 kt.
Height: 2-3 ft.
Water Temp.: 53-58 deg.

Please recycle



John Yao/Guardian

Little by little: Researchers Michael Heller (left) and Sadik Esener (right) hold a device used in nanotechnology studies that will aid in the creation of a new cancer center.

CURRENTS

Group suggests doctoral changes

As a part of a five-year initiative, the Woodrow Wilson National Fellowship Foundation published a report containing suggestions on improving educational programs across the nation.

The report, "The Responsive Ph.D.: Innovations in U.S. Doctoral Education," contains recommendations for universities, such as promoting public scholarships that apply academic expertise to social challenges, broadening and reinvigorating efforts to open the doctorate to new populations, particularly from underrepresented minority groups, strengthening the authority and administrative capacity of graduate deans, fostering frequent dialogue among doctoral programs and illuminating paths to alternative careers outside the research university.

The study was compiled by a consortium of colleges, including UCLA and UC Irvine, and concluded that expressing concrete expectations about doctoral graduate programs to students once they begin pursuing their Ph.D. is integral to class retention. In addition, the report stated that universities have an urgent need to develop better mentoring services for their programs to increase diversity.

The colleges also recommended goals for the near future, including emphasizing K-12 education in order to increase diversity, seeking new ways to apply academic knowledge to social challenges, promoting public scholarship, strengthening doctoral education internationally and improving professional development of doctoral students in a full range of careers.

Public colleges see steep price hikes

Between 2001-02 and 2004-05, the costs of attending public four-year universities grew 22 percent, according to a U.S. Department of Education report released late last month.

The annual data, issued by the department's National Center for Education Statistics, also found that fees and tuition costs for in-state students at those institutions grew by 33

percent. The cost of tuition and fees at private four-year universities have not increased as sharply as public four-year universities, which currently average a total of \$4,920. At private four-year for-profit profit college, the jump of tuitions and fees was only 22 percent since 2001-02. All numbers were adjusted for inflation.

While the total cost of four-year public universities is still less expensive than private four-year colleges, the inflation at public colleges has been larger. In 2001-02, students who attended in-state public colleges paid an average total of \$11,700 a year, while current students pay an average of \$14,320, an increase of 22 percent. The total cost of attendance at private four-year, for-profit colleges was \$23,192 in 2001-02, but currently stands at \$27,852, a 20 percent jump.

The report also found that the amount of women who received degrees increased less than 1 percent since last year while the rate of men receiving degrees stayed the same.

FDA approves UCSD depression device

Faculty at UCSD Medical Center have made another option for people affected by major depressive disorders, according to a university press release.

Psychiatrists and neurosurgeons at the center partnered in the effort to create an implant that can treat patients who are resistant to typical depression treatments.

The device, which expedites a process called vagus nerve stimulation, was approved by the Food and Drug Administration in July for use as an adjunctive long-term treatment for chronic or recurrent depression in patients 18 years of age and older who are experiencing a major depressive episode that has not responded adequately to four or more antidepressant treatments, according to the release.

VNS is delivered through the device, which is about two inches in diameter, when it is surgically implanted in the patient's chest. The apparatus then sends electrical signals through a nerve in the neck to the brain.

ETCETERA ...



Ben Juwono/Guardian

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LIGHTS & SIRENS

Friday, Sept. 30
12 p.m.: A nonaffiliate reported the theft of a laptop from the Cal-IT2 building. Loss: \$2,500.

8:57 p.m.: An 18-year-old female student was going in and out of consciousness and vomiting at OceanView Terrace Lounge. Transported to Thornton Hospital by paramedics.

10:59 p.m.: Officers detained a 20-year-old female student at the courtyard west of Cuzco House for being drunk in public. Transported to detox.

Saturday, Oct. 1
1:56 a.m.: An 18-year-old student suffered abrasions after falling off his skateboard on Voigt Drive. Transported to Thornton Hospital by officer. Subject was not wearing a helmet.

3:54 a.m.: Officers detained an 18-year-old male student at Europe Hall for being drunk in public. Transported to detox.

1:23 p.m.: Officers arrested a 19-year-old male nonaffiliate at the Earl Warren College residence halls for being a minor in possession of alcohol. Cited and released.

7:37 p.m.: Officers arrested an 18-year-old male nonaffiliate at Sierra Summit for defrauding an innkeeper. Cited and released.

Sunday, Oct. 2
7 a.m.: Officers arrested a 42-year-old male nonaffiliate at the Thornton Hospital emergency room for being drunk in public. Rejected by detox. Booked into Central Jail.

Monday, Oct. 3
9 a.m.: A 26-year-old female student suffered an injury after fainting on a shuttle bus at Gilman Drive and Myers Lane.

Transported to Scripps Memorial Hospital by paramedics.

11:06 a.m.: Officers arrested a 17-year-old female nonaffiliate, a 23-year-old male nonaffiliate and 21-year-old male nonaffiliate for burglary from Latin America Hall. Female booked into juvenile hall. Males booked into Central Jail.

4:04 p.m.: A student reported the theft of a blue-and-white 2003 Suzuki GSZ-R600 motorcycle from Lot 207. Loss: \$6,000.

4:48 p.m.: An 18-year-old female student suffered a seizure at York Hall. Transported to Thornton Hospital by paramedics.

Tuesday, Oct. 4
7:41 p.m.: A 19-year-old female student complained of dizziness while working around heat at Canyon Vista. Transported to Thornton Hospital by paramedics.

8:40 p.m.: A 17-year-old female student suffered a head injury at Latin America Hall. Sought private treatment.

Wednesday, Oct. 5
5:10 p.m.: A staff member reported a burglary at UCSD Bookstore. Loss: \$1,749.

Thursday, Oct. 6
12:39 a.m.: An 18-year-old male student suffered from alcohol poisoning at Tioga Hall. Transported to Thornton Hospital by paramedics.

3:58 p.m.: Officers arrested a 19-year-old female student at York Hall for domestic battery. Cited and released.

6:18 p.m.: A nonaffiliate reported theft of fencing equipment from Muir Gym. Loss: \$1,500.

Compiled by Charles Nguyen, News Editor

Student debt especially bleak in U.S. Report finds difficult loan repayment circumstances

By SAM THOMAS, Contributing Writer

A report released last month by the Educational Policy Institute suggests that the United States is among the world's worst places to have student debt, particularly for students with low incomes.

The report, "Global Debt Patterns: An International Comparison of Student Loan Burdens and Repayment Conditions," examines the repayment policies adopted by eight countries, including the United States and the United Kingdom.

Low-income graduates in the U.S., defined as those who earn a third less than the average for those with a degree, can spend between 9 and 15 percent of their income on debt repayments every month. By contrast, students earning at least a third above average can expect to hand over no more than 8 percent, according to the report.

A combination of three factors put American students at a disadvantage, according to study author and EPI Vice President Alex Usher. He first points to the high level of debt for American students, averaging \$19,300 each.

"Interest rates are on the high side [and] most countries have some form of interest subsidy," Usher said.

In the United States, unlike most of Europe, a student's debt is subject to market fluctuations in interest rates once they have completed their studies. According to the report, graduates here currently pay 2.3 percent above this rate, while those still in college pay no interest at all, if they are qualified for a subsidized loan.

Usher suggested that the differing rates before and after graduation work to the advantage of wealthier graduates.

"Most countries don't make that distinction between in-study and out-of-study," he said. "The U.S.-Canadian system works well for students who pay off their debt quickly."

Yet another contributing factor to worse student debt in America is a lower level in which debt has to be repaid, Usher said. The income threshold for repayment lies between \$8,000 and \$11,000, according to the report. This is likely the crucial flaw, Usher said, forcing students to make repayments on their loans before they can afford to.

Other countries examined in the study allow students significantly more financial leeway; in Germany, repayments begin at a salary equivalent to around \$14,000, and British students are exempt from repayments until they are earning about \$26,400.

The study is by no means critical of the U.S. system, which offers unrivaled flexibility with an array of different government programs, Usher said.

"In any other country, you don't have the option of messing with the repayment period," he said. This affords U.S. students a great deal of choice in how they repay, whereas other countries impose fixed repayment periods.

Indeed, the report contests the notion that the level of debt itself is the main cause of student hardship, and argues that "simply measuring student debt is a completely inadequate way of looking at the consequences of student debt." The report cites the example

of Sweden, where students take on large debts but contribute a relatively modest proportion of their income toward servicing them. It concludes that "even very high amounts of debt can be easily sustained given generous interest rate and repayment policies."

These policies are often referred to as "income-contingent repayment." The United States offers both ICR and non-ICR options to students.

This January, EPI released a paper defending ICR and advocated examining individual policies on a case-by-case basis to avoid the "negative connotations that ICR has accumulated over the years."

The institute has drawn criticism in the past from the Canadian Student Federation, which argues that EPI's research has a political agenda, supporting moves within Canada to increase the level of student tuition. The report includes unflattering findings on the effect of U.S. student finance policy on low-paid graduates.

The CSF responded with a report charging the institute with seeking to "consolidate and naturalize a social world of ever-increasing debt and a market regime of tuition fees."

Usher still maintains that his organization's work is not of political nature, and will not have a major effect on government policy.

"There's not a lot of recommendations," he said. "We tend to be very analytical and descriptive. I don't sense that there's a huge amount of interest within the U.S."

Readers can contact Sam Thomas at sthomas@ucsd.edu.

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AT YOUR OWN RISK:



Posting evidence of debauchery on FACEBOOK might incur a legal hangover

Roy Pak/Guardian

By MELISSA HUITT

Contributing Writer

The 'Do Not Post' list:

- depictions of the breaking of ResHall or school rules: drinking in your dorm room, for instance
- depictions of vandalism, especially of school property
- tales or pictures of using illegal drugs
- threats of harm to others

The Facebook hit the college scene in 2004, spreading like wildfire as it caught on at schools all across the nation. Students can find people in their classes, "poke" friends, upload their pictures, and let everyone know that they are looking for a serious relationship, or perhaps only "random play."

The Facebook is popular because it's such great fun. Who doesn't want to see a picture of your half-naked classmate chugging Jack Daniels out of a vase at Friday's frat party? But officials at UC Santa Barbara recently put a damper on the debauchery by announcing that what students post on Facebook and other similar sites can be used as sufficient evidence to take disciplinary action or start administrative investigations into the "fun."

Naturally, students are outraged. The Facebook is supposed to be a place where college kids can be themselves and let it all out! What about freedom of expression and privacy rights? Students should be allowed to post whatever they want on their Web pages without anyone shaking a finger at them, right? Well, of course they should be allowed to post whatever they want. After all, this is America, isn't it? But as for the "without anyone shaking a finger at them" part ... well, that's a different story.

This isn't a free speech issue; it's about students voluntarily providing school administrators with evidence of illegal behavior. If someone posts pictures of himself on Facebook drinking or engaging in other illegal activities, why is he complaining about privacy rights in the first place? He put it there for people to see. Facebook's spokesman said that the site "is a public forum." If you want to keep your drinking bouts a secret, posting pictures of them on public Web sites is not a prudent course of action.

According to the residential life

handbook at UCSB, "parties with alcohol are prohibited in the residence hall community." The same is true at UCSD and many other universities across the nation. School officials can search a student's room if they have reason to believe (in other words, if they get some sort of tip-off) that the student is in possession of illegal substances. Administrators have realized that Facebook postings can constitute a legitimate tip-off as well — isn't an online photo of someone drinking from a bottle of Corona while standing in front of Such-and-such Hall pretty reasonable evidence? It seems

"Carelessly providing proof that you break the rules is risky in itself, especially at a school where an error can cost you your education."

better than anybody's testimony would be.

As for free speech, it has its limits. You can't yell "Fire!" in a crowded theater. Consider posting a photo of yourself chugging Grey Goose on Facebook the equivalent of yelling "Fire!" The consequences will be serious, even if the act seems harmless in itself. Students are still free to joke about it in a more personal, private setting.

Facebook isn't the only culprit in this case. Students have found themselves in hot water for other things they've posted in other public forums and blogs. Your twisted fantasies and bitter tirades might not be concrete proof of any wrongdoing, but school administra-

tors have learned over the years to take these things seriously, just in case. Earlier this year, after receiving complaints about racist Facebook groups and teacher-stalking, administrators at the University of Mississippi ruled that students can be disciplined for evidence of stalking, harassing or making discriminatory comments about someone on Facebook. Another student at the University of New Hampshire was suspended from classes for a description in a blog of how he envisioned gunning down fellow students and raping a female activist he "hated."

Students should be investigated for things they say and post online, even if they're "not serious," because sometimes it's a serious mistake to just let them go. It is the job of school officials to ensure that rules are being followed and that all readily occurring pursuits of life and liberty are acceptable to the general school body. Announcing that you want to rape somebody because she's a feminist activist is unacceptable. So is posting pictures of yourself smoking a joint on Facebook.

Carelessly providing proof that you break the rules is risky in itself, especially at a school where an error can cost you your education. Many students don't realize that professors and potential employers also look at Facebook when making decisions about whether or not they want someone working for them — yet another reason why being careless on Facebook is a huge mistake.

Students at UCSD are smart. That's why they got accepted to this school in the first place. But they can make stupid decisions, especially when it comes to the Internet. This news should be a wake-up call to students: If someone is dumb enough to post incriminating evidence on public Web sites, then he or she deserves whatever the school administration sends his or her way.

Council squanders resolutions

Hats off



Vladimir Kogan

Pick any powerless or otherwise disadvantaged subgroup: for example, a threatened species of three-legged, cross-eyed Gambian platypuses. Face them off against an authoritative, wealthy opponent — especially a profit-seeking multinational corporation or an impersonal public research institution. Add a teaspoon of idealistic, tree-hugging, wealth-distributing students. Voila! A perfect recipe for a meaningless A.S. Council resolution.

It happens every year. An enterprising councilmember writes a passionate but usually misinformed declaration about an esoteric global issue, and then convinces UCSD's student government to put the endorsement of the entire student body behind it. In most cases, the council goes along, though few members have adequate knowledge of the issue at hand or the necessary background to make an intelligent decision.

In my hypothetical case, it could be that — unbeknownst to the A.S. Council — protect-

ing the Gambian platypuses from poaching may deprive a nearby village of poor, orphaned amputees of their main economic staple. Knowing this, would the council still be better off passing a resolution condemning the killing of platypuses?

Though less absurd, something similar will happen this week, when the A.S. Council tries

to meddle in an ongoing labor dispute between the University of California and one of its unions. In a proposed resolution submitted by Vice President of Academic Affairs Harry Khanna, the council demands — purportedly on behalf of UCSD undergraduates — that as much as 75 percent of uniforms worn by certain university employees be imported from unionized sweatshops.

Since foreign policy and trade liberalization issues were never discussed in last year's A.S. election, one may wonder how current councilmembers can claim with certainty that students want 75 percent of uniforms to be made by unionized labor. Could students perhaps want only 70 percent to be manufactured by unionized workers? Or maybe even 80 percent? Nor is it clear how student government leaders possess enough knowledge about the geopolitical nature of uniform manufacturing to know the socially optimal number.

Nevertheless, given its track record, the council will likely pass the resolution, perhaps even unanimously.

Of course, if resolutions were known to be meaningless and fluffy symbolic gestures, they would be stripped of all importance.

It gets more serious when they commit the student body to policies that may actually leave society worse off.

A case in point is the San Diego living-wage issue of 2002: At the time, San Diego's City Council began considering imposing a "living wage" — a minimum hourly salary much higher than the state's minimum wage — for all contractors who do business

with the city. The A.S. Council jumped into the fray, unanimously passing a resolution that backed the living wage proposal, stating, "ASUCSD believes that our tax dollars should not create or subsidize poverty jobs, and that quality economic development means quality job development."

The city has, since then, passed the living wage proposal. This summer, the nonpartisan Public Policy Institute of California released a study looking at the effects of similar legislation in many cities around the country. And the think-tank concluded that a living wage could help stop the subsidy of "poverty jobs" — not by raising wages but by simply eliminating the positions.

Economists have long argued, and the study confirmed, that wage floors generally act like a tax on unskilled labor. For some low-skilled and low-paid workers, these restrictions raise wages. But for the lowest skilled and the lowest paid, minimum wages actually make their positions prohibitively expensive, leading to their elimination.

While San Diego was not included in the PPIC study, we can expect a similar outcome: Some poor families will see their pay rise slightly, while the poorest will likely become unemployed and thus worse off than they were before the living-wage implementation.

The debate over whether it's better to sacrifice the welfare of some if it makes others better off is a philosophical one, but it's a debate that the A.S. Council never had. Instead, uninformed coun-

See KOGAN, Page 6

LETTERS TO THE EDITOR

Dear Editor:

First, I write to bring attention to some missteps in your Sept. 29 issue. The errors appeared in the "A.S. Council at a Glance" section and grossly misrepresented my points. To clarify, the Miller test [a three-prong test for obscenity] does not "ban potentially inoffensive material such as sexual health videos from being seen by students." Indeed, the Miller test does the exact opposite. Its guidelines protect these very instances and many others from being considered obscene. The piece of legislation that I was referring to was the proposed change to the SRTV Broadcast Rules and Regulations, which states that "[g]raphic depiction of sexual activity involving nudity are not permitted at any time." Should this pass, it would limit free speech as well as violate not only the First Amendment but California Education Code Section 66301, the so-called Leonard Law.

Secondly, I write to you not just as the Earl Warren College sophomore senator but as a concerned student. At the previous A.S. Council meeting, your colleagues came in to express their desire to work with us to provide a more transparent view

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of the council and our work. If you hope to achieve this, you should start by printing the correct news. Although this was just a small mistake, this misquotation completely reversed the meaning of what I said and presented an incorrect view of the A.S. Council to the UCSD public.

— Daniel Palay
Earl Warren College
Sophomore Senator

Is it carne asada or dog meat?

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Will you be there?

View our entire fall events calendar at career.ucsd.edu
Located on Library Walk
858.534.3750

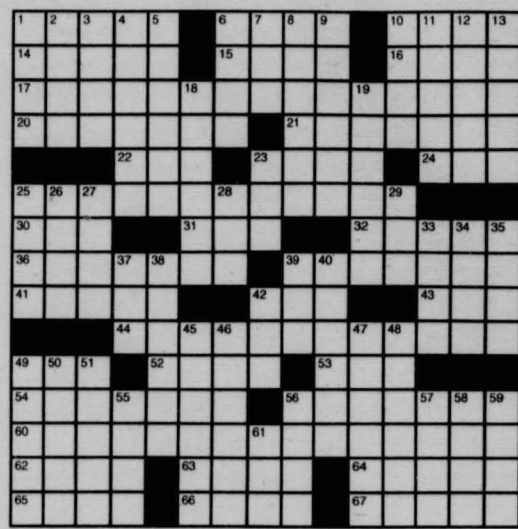
Kogan: Timely resolutions can have a huge impact

continued from page 5
 cilmembers saw the living wage as a panacea, doing both a disservice to the students they are supposed to represent and the poorest of San Diego's poor. Instead of subsidizing poverty jobs, we now subsidize the resulting unemployment. A timely resolution can prove powerful, especially when it's on an issue that actually affects students and one that students are educated about. Last year's resolution on the naming of Sixth College had tremendous impact, forcing college administrators to rethink their decision to name that campus after former UC President Richard C. Atkinson. On the other hand, the council should remain silent on issues it was never elected to be active

upon, like same-sex marriage. It's doubtful that last year's resolution supporting matrimony for homosexual couples had much effect. I still don't know whether the current uniform resolution is closer to the college renaming or more like my imaginary platypus issue; unfortunately, I doubt that the council knows either. Effective resolutions avoid grandiose pronouncements and condemnations, reflecting the oft-complicated and nuanced nature of political issues. But good resolutions from our council are few and far between. Surely, the current proposal is not one of them. Send your high-minded resolutions to vkogan@ucsd.edu.

“Effective resolutions avoid grandiose pronouncements and condemnations, reflecting the oft-complicated and nuanced nature of political issues.”

CROSSWORD



- ACROSS**
 1 Cycle starter
 6 Flop
 10 "...see how ___ run"
 14 Love Italian-style
 15 "Dies ___"
 16 Welles role
 17 Reading of Hamlet
 20 Perfume ingredient
 21 Under discussion
 22 Math branch
 23 Old Testament prophet
- DOWN**
 1 Bryn ___ College
 2 "Typee" sequel
 3 Rocky crags
 4 Crucible
 5 Dealt in used goods
 6 H.S. subj.
 7 Hockey legend
 8 Bobby ___
 9 Confer
 10 Fight calls
 11 Austere
 12 Embody with
 13 OKs
 18 Native American dwelling
 19 Not bamboozled by

- 44 Smith/Kline movie
 49 Craze
 52 U follower?
 53 Waikiki garland
 54 1239-1307 English king
 56 Prepare for war
 60 Shirley Temple movie
 62 French pronoun
 63 Wrist-to-elbow bone
 64 Believer in God
 65 Rodent pests
 66 NCO rank
 67 Ocean raptors
- 23 Fruit drink
 25 Hairpieces
 26 Creole vegetable
 27 Tangible
 28 Dockers grp.
 29 Except
 33 Catnap
 34 Persons
 35 Tenancy cost
 37 Original
 38 Composer Shostakovich
 39 Dent starter?
 40 Wood for cricket bats
 42 Grain beard
 45 "The Bourne Identity" author
 46 Boring tools
 47 Scoff at
 48 Frankfurter
 49 Less
 50 Ms. Rogers St. Johns
 51 Resided
 55 Bedazzles
 56 Noteworthy act
 57 Related (to)
 58 Project vertically
 59 Shea team
 61 Gerundial ending

See solutions on page 13

Faculty: Task force to make campus inquiry

continued from page 1
 mittee will address topics through a variety of methods, including listening to faculty members' opinions and suggestions. "[The] UC understands that in order to fulfill its mission as a steward of one of the most diverse states in the union, it must make sure its faculty can meet the educational needs of an increasingly diverse student body," UC Office of the President spokeswoman Jennifer Ward said. Dynes said that in order to remain competitive, UC campuses must recruit and retain underrepresented minority and female faculty members.

"Over the last two decades, UC has made measurable progress to improve diversity in its ladder-rank faculty," the task force Web site quotes Dynes as saying. "However, there is much more work to be done." According to Ward, over the next five to 10 years, up to one-third of current UC faculty members will reach retirement age. She said that the task force's work is "crucial, opportune and timely," because "the UC will have the opportunity to recruit and hire an unprecedented number of faculty." The task force has no authority to create or enforce any policy decisions for the university, according to Ward, and will in no way interfere with Proposition 209. The voter-approved initiative, passed in 1996, outlaws preferential treatment on the basis of race, sex, color, ethnicity or national origin by government agencies. "They are just looking at who makes up our faculty," Ward said. "From whatever way you are looking at it, no one is talking about affirmative action." Although, in recent years, the university has shown an upward trend in faculty diversity, only approximately 20 percent of current

full-time faculty members—including associate and assistant professors—are minorities. Similarly, women make up approximately 24 percent of university faculty, according to 2001-02 UCOP statistics. The task force will present a preliminary report to UC chancellors at the completion of its work, expected in early 2006. Dynes will then convene a systemwide summit looking at issues raised by the report. "It's the kind of challenge that will require multiple approaches," Becerra said in a UCLA press release. "It's not a top-down thing—leadership can't do it alone, and faculty can't do it alone. It has to be seen by everyone as a goal worth achieving." Becerra and other Task Force members will visit UCSD Nov. 15 and 16. Readers can contact William Ching at wching@ucsd.edu.

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SOFAB FUNDING REQUEST DEADLINES

Winter 2005 Events: Friday, October 29, 2005 at noon
 Spring 2005 Events: Friday, February 10, 2005 at noon
 Fall 2005 Events: Friday, May 5, 2006 at noon

A.S. FINANCE SEMINAR DATES

(Mandatory Attendance required to receive A.S. Funding)
 All meetings located in the Student Leadership Chambers (Third Floor Price Center)

October 12 at 12:30pm & 2:30pm
 October 13 at 11:00am & noon
 October 17 at 11:00am & noon
 October 20 at 7pm
 October 21 at 10am
 October 25 at 7pm
 October 26 at noon
 October 27 at 10am & 11am

Any student who objects to a certain A.S. allocation based on their beliefs, values, etc. can receive their portion of the allocation back. Please refer to page 4 of the A.S. Funding Guide, available at <http://as.ucsd.edu> or on the third floor of Price Center.

There are currently openings on the A.S. Reg Fee Committee. For more information, email asvpfinance@ucsd.edu.

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Reserves: New policies include closer reviews of course-reading usage

continued from page 1
Legal Adviser Julie Conner. The changes include educating frontline staff on fair-use issues and requiring professors to read a statement affirming that they understand the law before posting materials.

A cap on the number of times that course readings can be used was another policy change, Conner said. If a professor posts a course reading in more than one term, the library must ask permission for its reuse and pay a fee that comes from the libraries' budget, she said.

The policies have been a change of pace for some professors, who feel that the strict rules have transformed a once expedient service into a more difficult one.

"There is a lot more red tape," political science professor Samuel Popkin said. "Instead of just asking for a previous excerpt to be put back up, you submit a full request so it can be checked against past use."

Changes to the policies have set back the amount of time the

library takes to process an eReserves request, according to assistant communications professor Nitin Govil.

"It does seem that eReserves is very stringent about complying with fair-use criteria, in particular verifying the percentage of a copy-righted work being put on reserve," he said. "This can, and does, create delays and unpredictability about exactly when a request will be processed."

Conner attributed the delays to the course overload in the beginning of the quarter, rather than procedural changes.

"Sometimes faculty feel things aren't happening fast enough, because the front line is so flooded with requests the week before class starts," Conner said. Some faculty members are finding that they have to rework course materials or find different ways to get readings to students because they cannot post the same pieces in more than one term.

"In one case I could replace the book with articles the author pub-

lished first," Popkin said. "In other cases, I will face a real dilemma next year. Fortunately the librarians are really helpful."

Not only has use of course mate-

**“
The old eReserves system
was wonderful and
ultra-convenient.
[It is] no longer.”**

— Roger Bohn, associate professor, School of International Relations and Pacific Studies

rial been limited by the new rules, but also the time in which eReserves can approve those materials, according to School of International Relations and Pacific Studies associate professor Roger Bohn.

"It certainly has cut down on our ability to use material, and on our

ability to put material up quickly," he said. "The old eReserves system was wonderful and ultra-convenient. [It is] no longer."

Before the policy change, the AAP and the university tried to come to terms, according to UC Counsel Mary E. MacDonald. However, those discussions led the AAP to contemplate legal action, she said. AAP Vice President for Legal and Government Affairs Allan Adler denied any implication that the organization was close to any lawsuits, but declined to comment further.

Although a lawsuit may not have been explicitly threatened, it was suggested, Conner said.

"They essentially said, 'We're prepared to bring legal action,'" Conner said. "They were not shy about it."

Even if the suit was filed, it would have been unsuccessful for the AAP, according to MacDonald.

"We told [the AAP] that even if they sued us, they couldn't get damages," she said. "[It is] because

we are protected by ... sovereign immunity to public entities, and we're not liable for intellectual properties."

The UCSD library system notified the association of its changes, but the organization was still dissatisfied, and proceeded to contact the UC Office of the President general counsel, feeling the problem went beyond UCSD and included the rest of the UC campuses, according to MacDonald. In meeting with AAP last fall and early this year, the university maintained its position that eReserves and similar programs were within legal bounds, MacDonald said.

"We explained why, in our opinion, there was not a violation of fair use," she said. "This is actually a national issue; it's not just a UCSD issue. AAP is concerned with practices nationwide at universities, and concerned about potential loss of income for their publishers."

Readers can contact Erika Cervantes at ecervantes@ucsd.edu.

Health: Students satisfied with counseling results

continued from page 1
point," she said. "We are doing so many things right now to help serve students' needs, but something like psychology is often overlooked. Addressing mental health at a UC level is exactly what students and faculty need."

UCSD psychological services has a larger budget than some UC campuses, according to Juarez.

The financial base, which is used largely for staff salaries, lags behind similar counseling programs at UC Berkeley, UC Davis and UCLA but ranks above UC Irvine, UC Santa Barbara, UC Santa Cruz and UC Riverside.

A budget that could not meet San Diego's high cost of living forced many UCSD psychologists to leave the program last year, Juarez said. "San Diego became very pricey, which our salaries could not keep up with," she said. "We lost seven of our staff last year, and about four of them left because of salary reasons."

Although the program was able to serve approximately 2,000 students last year, this shortage of staff members led to another chaotic start this year, Juarez said.

"It was very bad last year," she said. "During the first quarter, there was a big amount of appointment losses, with students not wanting to wait that long for appointments, or canceling because they had second thoughts. We had a waitlist three weeks full with 100 students, because we wanted everyone who signed up to be screened at least once."

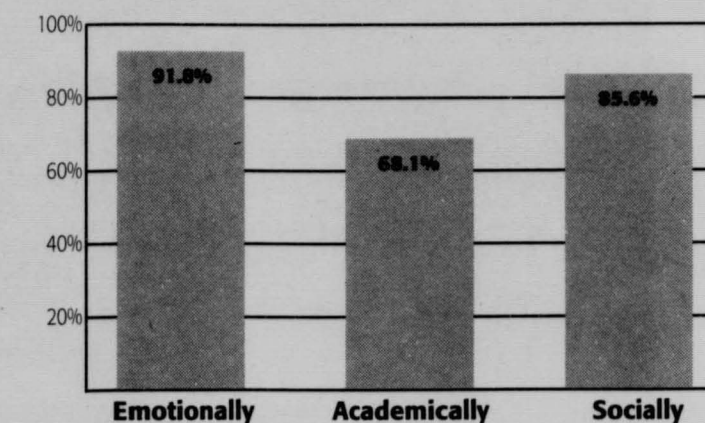
The lengthy wait time, especially for a first session, was an especially difficult period, according to Revelle College sophomore Tracy Ho, who used the on-campus program three times.

"It usually took two to three weeks to get an appointment," she said. "For the first time, it gets jammed because a lot of the space is reserved for students who are already established there. It would have been better if appointments had been more readily available. You eventually get your slot, but there's the negative stigma of therapy that can make you rethink before your appointment if you want to go or not."

Ho said she attended on-campus sessions before her counselor suggested more long-term care at UCSD Medical Center in Hillcrest.

"The fact that he let me know my options and referred me elsewhere was probably the thing I appreciated most," Ho said of her psychologist. "My personal problems needed to be dealt with on a longer and more regular basis and they didn't have the capacity

Students who agreed or strongly agreed that counseling helped them



Source: 2003-04 Counseling Experiences Survey

and resources to deal with that on campus."

The service was still convenient, since the shuttle went straight to the center, and the therapy was covered by student health insurance, Ho said.

UCSD counseling services are meant for short-term care, Juarez said, with patients using services three to five times on average. The program has a 12-session limit, which may be waived under special circumstances, she said.

Those who do use the services,

**“
College made
everything a lot harder.
It's a change in the
environment itself. You
have to deal with new
ideas, a whole different
set of people.”**

— Tracy Ho, sophomore, Revelle College

however, are generally pleased with its results, according to the latest Counseling Experiences Survey, administered in 2003-04.

In the survey, all 202 students either "strongly agreed" or "agreed" that the counseling program was a "valuable student service."

However, some students expressed dissatisfaction with the amount of access, with comments calling for "more psychiatrists, please" and other stating that "more sessions should be offered."

Ho echoed the sentiment, and said that a subject as delicate as mental health should receive more attention.

"It's so important to have more people on staff," she said. "The most important thing for people who need therapy is to be in thera-

py as soon as possible. I know a lot of schools don't have psychologists mainly because of funding, but they should all be prepared."

College life is even more reason to focus on mental health, Ho said. "College made everything a lot harder," she said of her own experience. "It's a change in the environment itself. You have to deal with new ideas, a whole different set of people. [Even] people who don't have problems find the change difficult."

Even with a full staff, which includes 12 senior clinical staff members, three postdoctoral fellows and five psychological interns, the services could always expand, according to Juarez. The program will require at least one or two more psychologists to fill the goal of having one psychologist for every 1,500 students, Juarez said.

Currently, UCSD offers several other mental health services, including last week's Depression Screening Day that served a record 172 students.

Thirty-three of the students screened scored positive for depression while 13 were found to have symptoms indicative of bipolar disorder, according to campus psychologist Tiffany O'Meara. The campus also will hold an "Out of the Darkness" fundraiser in October to raise research funds for student mental health.

The importance of balancing between social, academic and family life has placed the need on the University of California to ensure mental health programs can adequately serve students, Poorsina said.

"In general, all universities are grappling with the changing needs of our students for mental health and counseling services," she said. "This is an issue of national importance. It is important not only to the individual campuses, but to the UC system as a whole."

Readers can contact Charles Nguyen at charles_nguyen@sbcglobal.net.

Cancer: Program to pioneer new research

continued from page 1
fessor Erkki Ruoslahti worked with Sailor and bioengineering associate professor Sangeeta Bhatia to achieve the first targeted delivery of a nanodevice into the cancerous tissues of a living organism.

While grants and private donations have enabled the university to spend more than \$150 million a year on cancer research, primarily through the 26-year-old, 280-faculty-member Moores Cancer Center, researchers involved in the nanotech project argue that the new center will be invaluable in bringing nanotechnology to the realm of cancer treatment.

"This will be an engineering center with a different culture, and a strong emphasis on new technology and its applications," said Sadik Esener, UCSD professor of electrical and computer engineering and a principal investigator for the new center. "It will be a resource to bring researchers from different disciplines together regardless of their respective field, department

or campus."

Researchers involved in the project also say that the networking and infrastructure provided by the new grant is necessary to test the safety of nanostructures against their potentially dangerous side effects.

"We need to develop interac-

**“
This will be an
engineering center with
a different culture ...”**
— Sadik Esener, principal investigator, Center for Cancer Nanotechnology

tions which can educate the engineer as to what the biological challenges are, and the biologist as to what the capacities for engineering are," Moores Cancer Center Deputy Director Thomas Kipps said. "We will be going back and

forth ... to test nanostructures and their toxicity, how well they work in animal models, how well they fight tumors."

According to Kipps, collaboration that will occur under the new initiative should also have a profound effect on education at UCSD by allowing students access to numerous disciplines in a field of research that is likely to be a growing industry in the future.

"[Undergraduates] will see a better integration between all the different courses they have to take and are going to be able to much better adapt," Kipps said. "They will serve an important role in catalyzing interactions from the merger of various disciplines."

The new center will find a home on the fifth floor of the recently completed Moores Cancer Center building and will make use of labs scattered across UCSD and other participating campuses.

Readers can contact Jessica Horton at jhorton@ucsd.edu.

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UCSD CAMPUS GUARDIAN CALENDAR

week of Oct. 10 to 16

MON. OCT. 10

CAREER

UCDC Program Info Session - Learn about requirements, deadlines and the application process. 10-11am in the Career Services Center.

Making the Most of the Job Fair - Attending the Science & Technical Job Fair this quarter? Get your action plan in place with our tips for preparing yourself for the Fair, making the best use of your time, and approaching employers. Don't forget to bring a draft of your resume to this workshop for a critique by one of our expert advisors! 1-3pm today and tomorrow.

STUDENT ORGS

Alternative Spring Break: Peru - Mandatory information session for those interested in volunteering in Lima, Peru to help out in a community run organization, 11am in the Davis/Riverside Room in Price Center today and tomorrow.

ARTS

Roma Nights: The Storrow Band - Free singer/songwriter performance, 8-9pm in Espresso Roma.

SPECIAL EVENTS

Veronica Mars DVD Release Party - DVD release party for the television show Veronica Mars. Live band, cast appearances and signings, radio presence, and food provided. 8:30-10pm in Price Center Plaza.

RECREATION

UCSD Student Foundation's FREE BBQ - Be there starting at 11:00 AM on Library Walk for free burgers (vegie burgers too). Learn how just a small token of philanthropy can grow into powerful student scholarships through our "1 Pledge" campaign!

TUES. OCT. 11

CAREER

Peace Corps Info Session - Find out about job opportunities, benefits, and the application process. Network with previous volunteers. 2:30-4pm in the Career Services Center.

Graduate Study in Science and Engineering - Advisors will show you how to research programs and complete the common applications requirements. 3:30-4:30pm in the Career Services Center.

Making the Most of the Job Fair, Career Service Center, 1-3pm.

On-Camera Interviewing for Internships & Part-Time Jobs - Interviews are a key part of any job or internship search, but knowing what to say - and how to say it - can be tricky. In this small-group workshop, you will build your confidence by responding to real interview questions on-camera. Receive immediate feedback from our career expert, learn by watching others, and get helpful tips from your peers. Career Services Center Conference Room,

10am-12 noon. Space is limited and pre-registration is required. Call 858.534.3750 or stop by the Career Services Center to sign up.

Peace Corps Opportunities - Life is calling & how far will you go? Find out about job opportunities, benefits, and the Peace Corps application process. Network with a previous volunteer and learn more about the Peace Corps. 2:30-4pm, Career Services Conference Room.

Graduate Study in Science and Engineering - Are you thinking about pursuing a master's or Ph.D. degree in the sciences or engineering? Our graduate school advisors will show you how to research programs and complete the common application requirements including the GRE, reference letters, and your statement of purpose. 3:30-4:30pm.

STUDENT ORGS

Thurgood Marshall College Safe Space Dialogue Series - Presentation and audience questions on Props 74/76 (Education-related initiatives), 5-6pm in Solis Hall 104.

The California Student Sustainability Coalition (CSSC) invites you to our 1st meeting of 2005. Come help UCSD be Greener and more Sustainable. UC Foods, MoveUC, UC Build Green, and many more campaigns. 5-6pm at The Grove Caffe, Student Center.

Alternative Spring Break: Peru - Mandatory information session for those interested in volunteering in Lima, Peru to help out in a community run organization, 11am in the Davis/Riverside Room in Price Center.

SPECIAL EVENTS

National Coming Out Day - Open microphone for students and faculty, staff, and guests to celebrate by sharing stories, experiences, and feelings. 11am-2pm in Price Center Plaza.

ARTS

Cinemaniacs Presents: Rize - 7 and 10pm screenings of the film "Rize" starring Tommy the Clown and directed by David LaChapelle, \$3 in Price Center Theater.

WED. OCT. 12

CAREER

Science & Tech Job Fair - Meet with over 100 employers, discuss opportunities for internships, full-time jobs, and part-time jobs. 10:30am-2:30pm on Library Walk.

STUDENT ORGS

The Undergraduate Investment Society (UIS) - Workshop at 7pm in the Davis/Riverside Room (2nd floor Price Center) on "How to pick a company to invest in." All levels of experience are welcome and there will be FREE food.

Premedical Association of Students for Service (PASS) - General body meeting for those interested in medicine who want to gain an edge over



the competition. New projects and free food! 7pm, Center Hall 105.

LECTURES

UCSD Cardiovascular Center and the Disabilities Associated with Cardiovascular Disease - 12-1:30pm in Price Center Gallery B.

RECREATION

UCSD Ski and Snowboard Team Information Meeting - Think UCSD is too far from the snow? We don't! We're looking for avid skiers and snowboarders both male and female to join our fun, competitive club race team. No race experience necessary. Contact snowski@ucsd.edu with questions. 8pm, RIMAC Green Room.

SPECIAL EVENTS

Mayoral candidate Jerry Sanders will give a lecture, 7:30-9pm in the Price Center San Francisco/Santa Cruz room.

THURS. OCT. 13

CAREERS

Interviewing to Win - At every level of your career, the job interview can make or break an employer's decision to hire you. Our career advisor will share interviewing techniques that will help you start strong and be a winner. Find out how to anticipate the questions you'll be asked and learn the best strategies for following up after your interview. 11:30am-12:30pm, Career Services Center.

UCSD Student Foundation Info Night - Interested in managing a \$100,000 endowment? Want to develop and publicize exciting philanthropic events for the UCSD community? Join the Student Foundation for our quarterly Info Night at 7:00 PM in Center 214 and learn more about how to perpetuate philanthropy at UCSD!

The California Student Sustainability Coalition (CSSC) invites you to our 1st meeting of 2005. Come help UCSD be Greener and more Sustainable. UC Foods, MoveUC, UC Build Green, and many more campaigns. 5pm-6pm @ The Grove (Student Center).

LECTURES

Stress Management - Michelle-Brown Felton of the Faculty, Staff, and Assistance Program will speak,

12-1:30pm in the Price Center Gallery A.

ARTS

Pub After Dark - Free musical performance by The Perceptionists and guests at the Stage at the Pub, 8pm-12am.

Cinemaniacs Presents: 7 and 10pm screenings of the film "Dark Water" starring Jennifer Connolly, \$3 in Price Center Theater.

SPECIAL EVENTS

HMP3 Third Annual Pre-Health Club Fair - Come see all the pre-health orgs in one place and choose which you want to join! Win a test prep course, pizza provided. 6-8pm in Price Center Ballroom B.

FRI. OCT. 14

CAREERS

Interview Interactive: Prepare and Practice for Your Health Professional School Interview - Make the most of your admissions interview! This interactive workshop will cover the essentials as you practice answering interview questions, hear tips from admissions directors, and learn about interview protocol. 12 noon-1:30pm, Career Services Center.

STUDENT ORGS

CWD Film Series - The Committee for World Democracy will be showing the film "Stepping Razor-Red X" as part of their film series. 7-10pm in Center Hall.

ARTS

F12: Roosevelt - Weekly concert on the patio of Porter's Pub featuring San Diego and Los Angeles area talent, 12-1pm.

SAT. OCT. 15

SPORTS

Men's Swimming - Blue vs. Gold Meet, 11am.

Women's Swimming - Blue vs. Gold Meet, 12pm.

Women's Volleyball vs. Cal State San Bernardino, 7pm.

STUDENT ORGS

Non-Sexist Dance - Open to everyone of all genders and sexual orientations, refreshments will be pro-

vided, 9pm-1am at The Stage in the Student Center.

ARTS

Cinemaniacs Presents: 6 and 9pm screenings of the film "Madagascar," featuring the voices of David Schwimmer and Sascha Cohen, \$3 in Price Center Theater.

WEEKLY

HEALTH

Nutrition Counseling is available for students at Student Health Services. One-on-one appt. with a Registered Dietitian includes a three-day computerized analysis of your diet. Make your appointment online at <http://studenthealth.ucsd.edu/> or call 858-534-8089.

Weight Management Clinic - led by a dietitian and a physician. Meets every Thursday at 3p.m. (starts 10/6) in the Student Health Conference Room, 1st floor, no appointment needed! A FREE service to students. Info: 858-534-8089.

Men's Clinic @ Student Health - Routine male exams, STD checks, etc - available Monday mornings at 9:30am - no visit fee or appt necessary. 858-534-1824.

ACADEMIC

UCSD Language Conversation Tables - Bringing together native speakers and language learners for informal conversation in a foreign language. Meetings at Café Ventanas, Weeks 2-10. For specific times and languages, contact ihouse@ucsd.edu.

ARTS

University Art Gallery - free and open to the public, hours are Tues. - Sat. 11am-4pm or by appointment.

FUNDRAISERS

Silent Auction to Benefit HMP3 - Princeton Review MCAT course, one bid per student. Mon.-Fri. 10am-3pm in Price Center Plaza (M/W/Th) and Library Walk (T/F).

RECREATION

Cal Animage Weekly Film Presentation - Cal Animage shows various Japanese animation films subtitled in English. This week: Monday 7-10p.m. in Peterson Hall 110.

focus

THE STUDENT OUTLOOK

MONDAY, OCTOBER 10, 2005

THE UCSD GUARDIAN

11

CLEARING the FOG

Despite risks, some students turn to Adderall to stay on the academic track

By KATIE WESTFALL
Contributing Writer

With modern life characterized by speed and productivity, schedules are tight and agendas are full. Our minds are constantly being called upon to complete task after task: to evaluate, analyze, recall, process, organize and create. Multitasking is not an option, but rather a necessity in this daily grind. With so many thoughts pirouetting through the brain, it can be difficult to focus on the job at hand, its stresses both physically and mentally exhausting. This is why some turn to Adderall.

Adderall is a common prescription for those with attention deficit hyperactivity disorder, helping to lengthen attention spans and increase the ability to concentrate. In recent years, however, college students who deal with the slings and arrows of midterms, finals and exams like the LSAT and MCAT have been using Adderall as a study aid because of the drug's stimulative properties, which can keep the user awake and focused for long periods of time.

There have been no studies at UCSD about the use of Adderall by students without a prescription, and use is probably not widespread. But some students say it helps them get by.

Eleanor Roosevelt College senior Mark Kaufman sees nothing wrong with the occasional use of Adderall to help provide the level of concentration and energy required for a busy schedule.

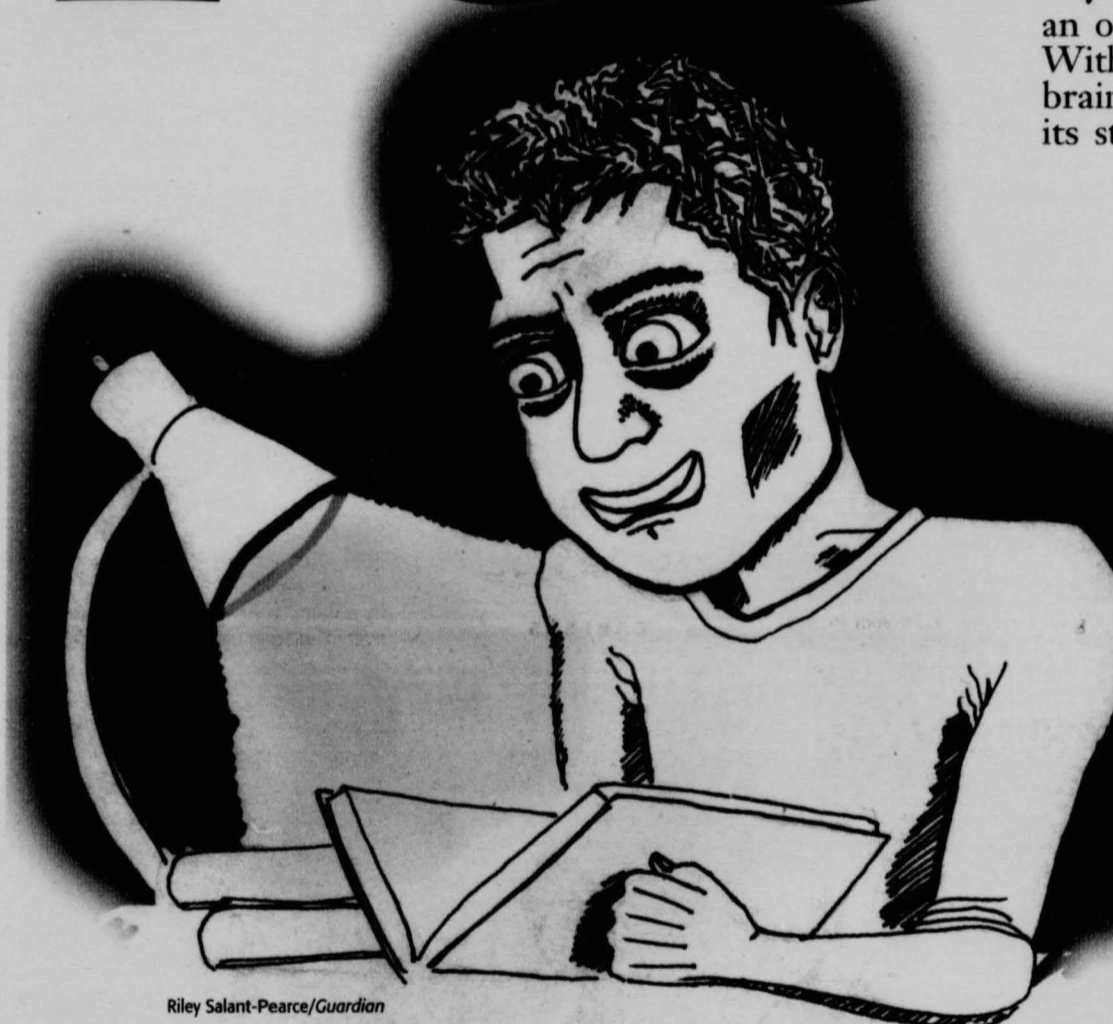
"During summertime, I didn't take Adderall once, because I didn't feel the need to," Kaufman said. "But now that school has started, you've got work, school and other various hobbies that are important to you. Adderall for academic purposes, I think, is good, but not in the way that some people take them."

The pill seems a perfect answer to the busy individual's life — an easy way to gain that extra energy, motivation and focus. But is using the drug just a harmless way to pull an all-nighter?

According to Panit Pollavith, a drug information specialty pharmacy resident at UCSD Medical Center, Adderall is a highly addictive substance, "classified as a Schedule 2 drug, a classification given to a drug with [a high] abuse potential and dependence profile."

Possession of a Schedule 2 drug without a prescription is

See **ADDERALL**, Page 13



Riley Salant-Pearce/Guardian

BOOK REVIEW

Reporter documents the brutal ironies of everyday life in Iraq

NIGHT DRAWS NEAR:
IRAQ'S PEOPLE IN THE
SHADOW OF AMERICA'S WAR
By ANTHONY SHADID

By VLADIMIR KOGAN
Senior Staff Writer

As Iraqis go to the polls this week to vote on a new if imperfect constitution, Americans ponder at which point the "liberation" went so terribly wrong. If there is one thing Pulitzer Prize-winning *Washington Post* reporter Anthony Shadid makes clear, it's that the answer is a complex one, requiring a deep understanding of Iraq's conflicted history.

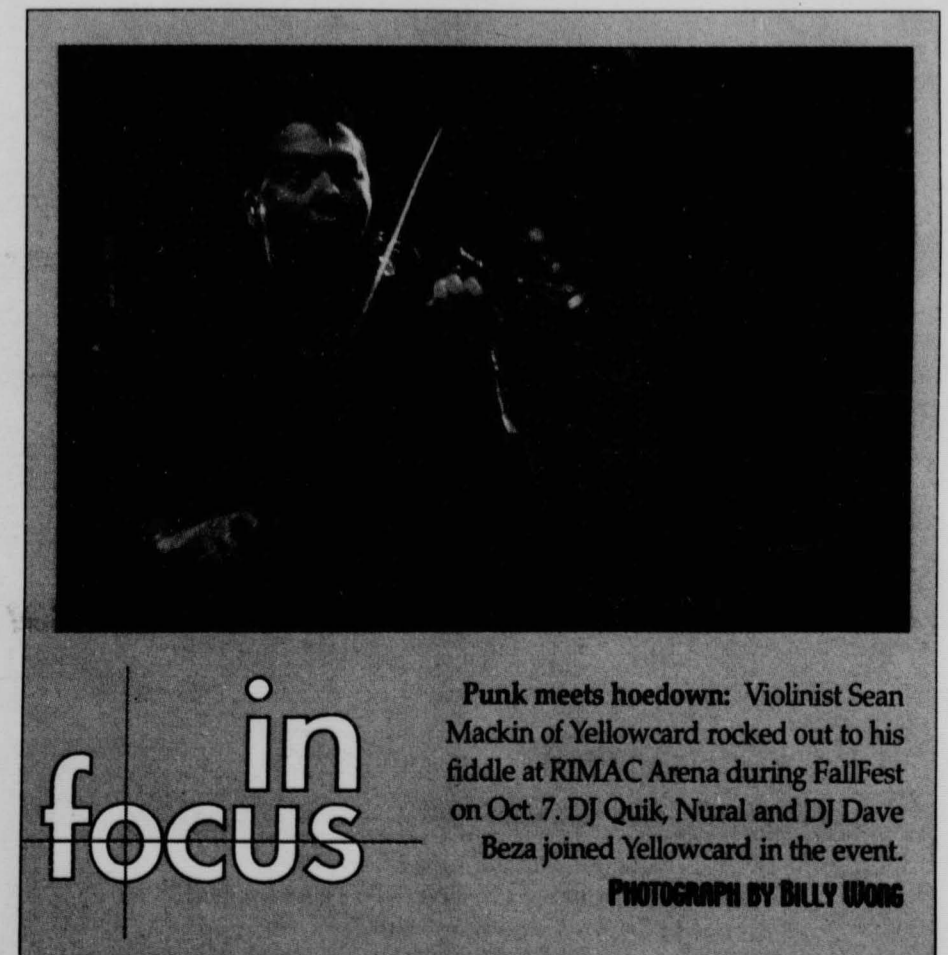
In his new book, "Night Draws Near: Iraq's People in the Shadow of America's War," the Oklahoma-born Lebanese American recounts his days in Baghdad as an embedded reporter of a different kind, telling the stories of regular Iraqis from several weeks before the invasion through the insurgency that continues to last long

after.

"Even if, against the odds, Iraqis manage to avert worse violence, history will still condemn America for its blundering in their country," the hawkish and ardently pro-war Economist magazine wrote in a September review of Shadid's book. "Mr. Shadid lists the mistakes dispassionately, including those well known — the insufficient number of occupying troops, the disbanding of Iraq's security forces — and those less advertised, that the Sadrist uprising began after an American helicopter rammied a sacred Shia flag for fun, or that the resistance in Fallujah began after American troops there massacred 15 unarmed protesters."

Sadid's strength is not his geopolitical

See **SHADID**, Page 12



in
focus

Punk meets hoedown: Violinist Sean Mackin of Yellowcard rocked out to his fiddle at RIMAC Arena during FallFest on Oct. 7. DJ Quik, Nural and DJ Dave Beza joined Yellowcard in the event.

PHOTOGRAPH BY BILLY WONG

To list a UCSD event on the Guardian Campus Calendar, go to www.ucsdguardian.org and link to "Calendar"

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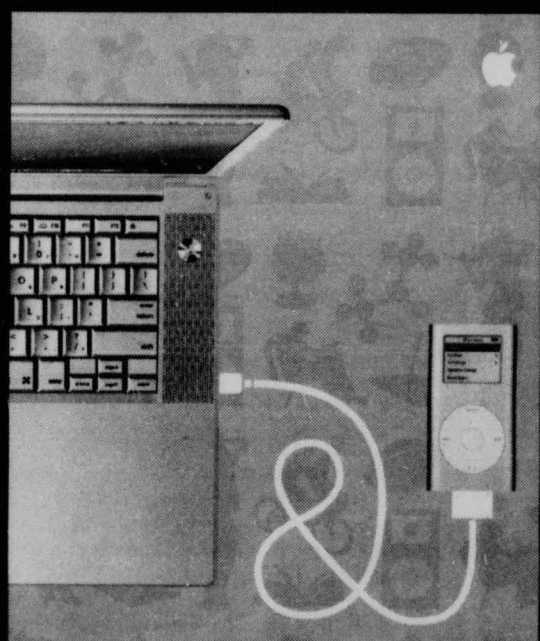
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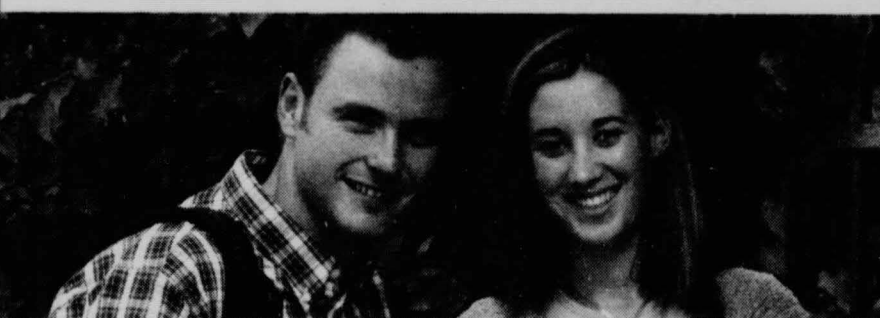
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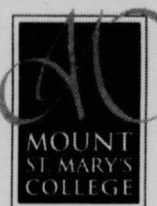
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Adderall: User recounts how stimulant use led to plummeting grades

continued from page 11
illegal. Other drugs in this category include cocaine, morphine and some opiates.

Adderall, a central nervous system stimulant, is composed of four amphetamine salts: amphetamine aspartate, amphetamine sulfate, dextroamphetamine saccharate and dextroamphetamine sulfate.

What began as recreational use eventually became a study aid and ended in addiction for one Roosevelt senior, who preferred to remain anonymous.

"Basically you're hooked when you start trying it," he said. "You make excuses to take it. You lie to yourself, like a cigarette smoker; 'I'm drinking some coffee; I need to have a cigarette. I have to read this book, I'll take some Adderall.'"

The physical effects of abuse are characterized by fatigue, repeated health complaints, red and glazed eyes and lasting cough, according to Pollavith.

"It killed me," the anonymous ERC student said. "I lost so much weight. You don't eat at all."

In addition to physical deterioration, the effects of mental change are also apparent. Emotional warning signs of abuse are sudden mood changes, irritability, irresponsible behavior, low self-esteem, poor judgment, depression and general lack of interest, Pollavith said.

"The externalities were the effects on my social life," the student

said. "I'd become more antisocial. I started avoiding friends. I wanted to stay inside more. I kept to myself. I thought that I was on a different level than everyone else."

According to this student, its frequent availability added to constant use. He noted that one can easily find someone with a prescription to Adderall who is willing to sell it or even just give it away.

"I knew a person who was prescribed Adderall and didn't take it," he said. "He would just give it away, hand it to me. That was the worst way to be introduced to it ... to be given an unlimited supply of it."

However, he noted that the demand for the drug during midterms and finals exceeded its supply when it became more popular during the last school year.

Although he took Adderall to help academic performance, the exact opposite resulted instead. He failed a math class twice because he did not go to class or study, thinking that cramming the night before on Adderall would be successful. He said it "gives you a false sense of invincibility when it comes to the academic lifestyle."

Since then, however, he has stopped using Adderall. Last quarter he received a 4.0 GPA without the drug — a significant improvement from his "B" average GPA two quarters before.

"I find that I think better and clearer when I'm not on that," he

said. "My grades proved that to me. That was all I needed to see. I don't want to have to rely on drugs to make me a reliable person."

Although this is the experience of a student with normal functioning abilities, Adderall can be incredibly beneficial to those with actual attention focusing disorders.

Among other stimulants and treatments, the drug is used to treat

“

I was asking myself, 'Am I taking this because I need Adderall to focus or am I just taking it because it's two in the morning and I'm tired as hell ...'

— Jason Yeatman, senior,
John Muir College

people diagnosed with ADHD. The disorder is characterized by impulsivity, inattention and sometimes hyperactivity. It is almost always a childhood-onset disorder, and it affects about 3 to 9 percent of school-age children and 4 percent of adults worldwide. About one-third of the people with the disorder will outgrow it in adulthood.

If untreated, however, marital,

work and driving problems may ensue, according to Paul Lee, a psychiatrist at UCSD's Psychological and Counseling Services.

Adderall is comparable to methylphenidate, the active ingredient in popular ADHD drugs Ritalin and Concerta. Adderall has been proven to last longer and have less severe side effects and withdrawal effects, according to Pollavith.

John Muir College senior Jason Yeatman is prescribed Adderall for a minor case of ADHD. He has stopped taking the medication completely over the past year because he finds it unnecessary and over-prescribed, simply given out to fix problems, such as bad study habits, that could be solved without medication.

"There's such a thin line," Yeatman said. "I was asking myself, 'Am I taking this because I need Adderall to focus, or am I just taking it because it's two in the morning and I'm tired as hell and I want to stay up all night?'"

He also believes it enhances everyone's focusing performance, whether someone has a slight attention problem or not. For this reason, he believes that it provides an unfair advantage in academics when taken by students with normal attention abilities.

"Adderall in college is like steroids in sports," Yeatman said.

Yeatman overcame his ADHD by learning and coping with the way

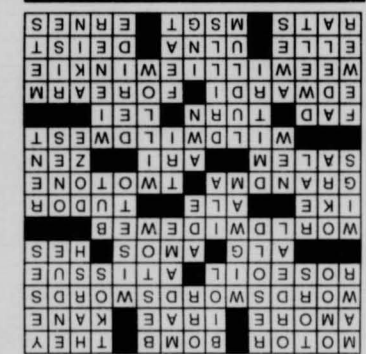
his brain works, like figuring out the best type of environment for studying. He found a successful alternative to medication in dealing with his less severe attention problems.

"Stimulants can really help people who have to do something that is just not inherently interesting for them or whose level of dysfunction is really high," said Jerry Phelps, a clinical psychologist at Psychological and Counseling Services.

Medication is the first line of treatment and often successful. Some may require other treatments, such as behavioral therapy, organizational, study and social-skills training, as well as therapy to help improve self-esteem as accompaniments for the medication.

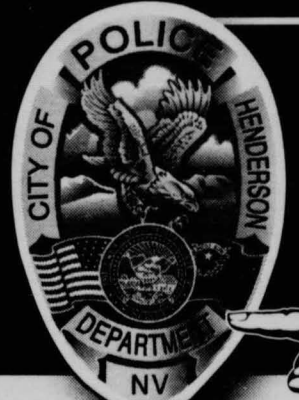
Those with minor attention and fidgeting problems may be able to overcome them with simple non-medication treatments, Lee said.

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Shadid: Interviews reveal complexities in Iraq's history

continued from page 11

ruminations — which are few and far between — but his ability to show the war through the eyes of ordinary civilians. With his fluent mastery of Arabic, Shadid recounts the stories gleaned through casual conversations over sweetened tea, painting a picture of a country devastated by decades — perhaps centuries — of seemingly never-ending wars, one whose deep pride leaves it reluctant to choose between a mad dictator on one hand and a foreign occupier on another.

In an art gallery, Shadid talks to a local artist, who recounts how a combination of Saddam Hussein's follies and United Nations sanctions has eaten away at the proud history of Baghdad, once the intellectual capital of the Arab world. Shadid asks him about one of President George W. Bush's speeches: "The day of your liberation is near."

"They're going to burn the forest to kill the fox," the artist replies, smiling. "That's my idea."

The book has no protagonist, and Shadid avoids simplistic narratives that attempt to demonize one side and lay praise on another. In one of many ironies, he recounts an unexpected friendship with Nasir Mehdawi, an Information Ministry "minder" assigned to be Shadid's government escort.

"I'm a drunkard but I still have faith in God," Mehdawi confesses,

describing half of the people they meet as "fucking assholes" and the rest as "army deserters."

In a middle-class Baghdad home of a former Iraqi diplomat, Shadid joins the Sunni family for lunch. With Fox News playing in the background, the diplomat, Faruq Ahmed Saadeddin, parrots Bush's with-us-or-against-us speech.

"You have a problem," Faruq says. "You don't understand."

That theme reappears throughout the book, as Shadid attempts to show how America's simplistic understanding of Iraq's history and ethnic makeup has left America unprepared to handle the war's aftermath.

Everyone in Baghdad remembers a line from Maj. Gen. Sir Stanley Maude, Shadid explains, a British commander who arrived in 1917 to free Iraq from the Ottoman Empire.

"Our armies do not come into your cities and lands as conquerors or enemies, but as liberators," he proclaimed.

The British remained to rule for decades.

The similarities may not stop there. The British Empire collapsed a generation ago, and Iraq, which it was never able to master, continues chugging along, in the same tragic and conflicted way. America, Shadid suggests, may have much to learn.

“Our armies do not come into your cities and lands as conquerors or enemies, but as liberators.”

— Maj. Gen. Sir Stanley Maude, British commander, 1917

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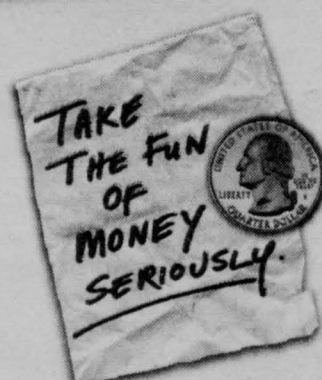
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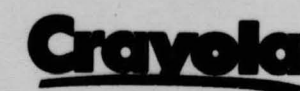
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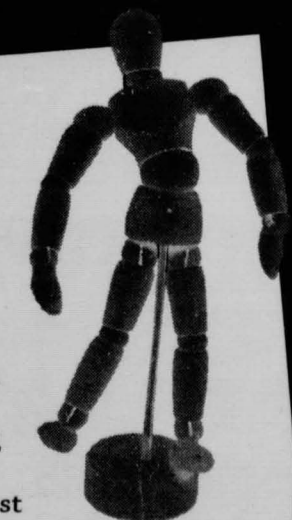


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PERSONALS

Role Models: As part of their
safety patrol camp, a local school
brought in two female police
officers, who got into a fistfight in
front of a room of sixth graders.
To avoid embarrassment to the
law enforcement community, at
next year's camp the school will
instead screen the film "Police
Academy." (10/10)

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you left. I'm the guy you kept
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Water polo: Tritons gear up for trip north

continued from page 20
added yet another point to the scoreboard at the opening of the third quarter, followed by a desperate follow-up goal by Stover to bring the score to 7-3.

Junior Ty Lackey and senior Jonathan Hopkins then carried UCSD to a confident 9-3 lead with two more goals in the third quarter.

The Tigers scratched their way back to a 9-5 deficit before Hopkins netted his second goal of the third quarter to give the Tritons five-goal lead.

The game ended much like it began, with two goals from both teams in the final quarter. UCSD used its most dangerous weapons, Borso and Hopkins, to do the final damage.

"Our biggest competition is ourselves," Hopkins said. "If we do all that we can, we are capable of beating any team."

With the chlorine washed off and the sweet victory from the previous night still fresh in their

minds, the guys dove in the pool once again the next day for their alumni game.

"It was nice to see all the guys again who are recognized in all kinds of record books,"

“
I think our winnings stem from this natural chemistry and playing as a tight unit.”

— Brandon Borso, senior water polo captain

Borso said. "They shared their past experiences with us and it was very humbling."

Although this game did not affect their record and was sim-

ply for fun, the team now sets its sights and efforts on the Northern California Tournament at UC Berkeley on Oct. 15 and 16.

The Tritons hope to win the first game in the tournament so they can advance and have a shot at playing UCLA and Stanford, whom they have yet to beat.

The team's ultimate goals for the rest of the season are to win its Western Water Polo Association division and then progress to take the National Championship at Bucknell University.

"All the guys on the team get along really well and hang out a lot outside of polo," Borso said, explaining the Tritons' success.

"I think our winnings stem from this natural chemistry and playing as a tight unit. The coaching staff is really working us, but also make it very enjoyable. We have a pretty firm belief that we have the ability to beat any team, any day. We just take it one game at a time and don't underestimate any team we come up against."

Although this game did not affect their record and was sim-



Carina Weber/Guardian

Wave pool: Senior captain Brandon Borso fights for a shot opportunity against freshman Tiger defender Eric Vreeland on Oct. 7

UCSD tallies four goals in second half to win

Tritons post fifth, sixth straight shutouts over CSUSB, CSUMB

By **MICHAEL SCHOECK**
Senior Staff Writer

Fully showcasing its offensive and defensive talents, the No. 11 UCSD women's soccer team erupted with four second-half goals en route to a 5-0 shutout of Cal State San Bernardino on Oct. 5 at Triton Soccer Stadium.

"The first half of the game tested our patience, but we had a tight offense that played really well," head coach Brian McManus said.

Junior Kelly Cochran scored the lone first-half goal for the Tritons (10-1-0 overall, 6-1-0 California Collegiate Athletic Association) off a pass from freshman Natasha Belak-Berger. Cochran beat out the Coyotes' keeper for the 1-0 lead with just under four minutes remaining in the first half. The goal was Cochran's seventh of the season.

After intermission, the Tritons got back on the board quickly when sophomore Ali Lai scored from only two yards out for her fifth goal of the season.

She was set up by senior Heather Szafraniec, who sent a pass up the left side to Cochran, who dribbled up the sideline and cut in before setting up Lai for the tally at the 46 minute, 47 second mark.

The next two goals for the Tritons came on penalty kicks, the first being the illegal takedown of freshman Kelly Mayo at the 79:13 mark. Belak-Berger netted the pen-

alty shot for a 3-0 Triton advantage. Just over four minutes later, freshman Amanda Borenstein was tackled hard inside the penalty area and calmly made the ensuing penalty shot. The goals were Belak-Berger's fifth and Borenstein's first of the season, respectively.

At the 84:43 mark, freshman Amanda Esquivel netted her first goal of the season, taking a feed from sophomore Lauren Segars and beating the keeper on the low side from 10 yards out.

The 5-0 win for the Tritons was their sixth straight, the last five of which have come by way of shutouts.

UCSD freshman goalkeeper Mia Shirley lowered her goals-against average to a minuscule 0.57, while notching her fourth-career shutout.

The team outshot the Coyotes by a 21-6 margin, including a 15-4 advantage in the second half.

"We did tremendously well on defense, and we killed CSUSB off with our offense by the second half," McManus said.

The Coyotes were stifled by the UCSD defense, as they were limited to just six shots, only three of which Shirley had to save.

The Tritons beat Cal State Monterey Bay 6-0 on Oct. 9 for their sixth straight shutout. Details were unavailable at press time.

Next, UCSD will head out on a three-match road trip beginning Oct. 12 at Cal State Bakersfield.

Volleyball: Tritons narrowly escape Roadrunners' late rally

continued from page 20
at 14-18. After the Roadrunners extended the lead to 15-20, the Tritons began their comeback attempt with four points on two of Courtney's 20 kills, one of Koche's 13 kills and a Cal State Bakersfield attack error. UCSD kept the deficit slim and even managed to take a 28-27 lead for a chance at a four-game win. A Ries kill gave the Tritons a game and match point, but the Roadrunners would not end the match, scoring three straight points for a 29-30 lead and a game point of their own. Cal State Bakersfield would not convert the opportunity and allowed the Tritons to tie the game up at 30, 31 and 32. Finally, the Roadrunners managed consecutive kills to force game five after a 32-34 win.

The Roadrunners rode their momentum from game four to an early 5-8 lead in the deciding game. With Cal State Bakersfield within three points of a win with a 9-12 advantage, freshman Kimberly Carpenter tallied one of her 17 kills. Following Carpenter's kill, the Tritons took advantage of a Cal State

Bakersfield attack error and another kill from Courtney and worked their way to a tie with the Roadrunners at 12 apiece. Another kill from Bailey gave the Tritons a slim 13-12 lead, but Cal State Bakersfield fought back to a 14-14 tie. Koche's last kill of the night came at a perfect time to give the Tritons a match-point attempt. The Roadrunners called a timeout to delay their fate and came out in an attempt to tie the match-up once again. However, Koche and junior Kristin Halvorsen blocked Roadrunner Morgan Reed's attack attempt for a 16-14 game-five win and a 3-2 win in the match.

The win came just a day after a tough loss to Cal State Los Angeles, which handed the Tritons their third loss in CCAA play. The Golden Eagles took four games to wipe out the Tritons and improve their record to 15-1 overall, 7-1 CCAA.

Following their tough two-game road trip, the Tritons return home on Oct. 15 to face No. 6 Cal State San Bernardino. After that, the Tritons have only eight games before the NCAA Pacific Regional begins on Nov. 17.

The loss drops the Coyotes out of first place, as their record drops to 5-5-1 overall and 4-3-0 in CCAA action.

UCSD beat Cal State Monterey Bay 2-0 on Oct. 9 at Triton Soccer Stadium. Details were unavailable at press time. Next up for the Tritons is Cal State Bakersfield on the road on Oct. 12.

Men's soccer: Tritons move to first place in CCAA

continued from page 20
points.

No. 4 Cal State Dominguez Hills is in fourth place with 10 points and a 3-1-1 record in league play.

With the win, the Tritons vault themselves into first place in the South Division, with a 7-2-1 overall record and a 4-2-1 mark in league play.

The loss drops the Coyotes out of first place, as their record drops to 5-5-1 overall and 4-3-0 in CCAA action.

UCSD beat Cal State Monterey Bay 2-0 on Oct. 9 at Triton Soccer Stadium. Details were unavailable at press time. Next up for the Tritons is Cal State Bakersfield on the road on Oct. 12.

Running: Men, women take team titles

continued from page 20
top of the NCAA Division II opposition.

With an average team time of 26 minutes, 39.56 seconds, the men's team beat the average race time of the Division I first-place team, UC Irvine, by almost one minute.

Senior runner Carl Lostrom was the fastest on the UCSD men's team, taking ninth place overall and beating his time from last year with a blistering finish of 26:14.

Luke Sigmon, another senior, was the second-fastest male Triton for the fourth race this year. Sigmond's time of 26:32 secured a 13th-place finish.

Senior Chris Beetley-Hagler finished 18th overall, with a time of 26:46 and was followed closely by freshman Gabe LaMothe, the 20th-place overall finisher, who had a time of 26:48 and junior Dan Holligan, who crossed the line at 26:57 to take 25th place.

Running unattached, Ricky Barnes was the top finisher in the men's race, with a time of 25:25.

The women's team beat out 16 others to win first place at the event for the third year in a row. Eleven of the top 12 Division II women's finishers were UCSD women.

The Triton women secured their victory by earning 39 points, distancing themselves from the second place finishers by a spread of over 20 points.

Senior Mimi Hodgins shattered her time from last year's race, with a time of 21:53, to take first place of 184 racers.

Hodgins bested her time by over a minute this year, successfully preserving her title on the course.

Senior Nina Miller fought through the course to take

eight place overall, with a time of 22:55.

Sophomore Emily McGregor and junior Erin O'Donnell finished soon after, taking 10th and 13th places, with times of 23:01 and 23:07, respectively.

Sophomore Amanda Burkhardt rounded out the top five for the Triton women, with a time of 23:19 and a 16th-place finish.

The Triton Classic was the last regular-season event for the Tritons.

Next up is the California Collegiate Athletics Association Championships in San Francisco on Oct. 22.

"We want to continue to improve ourselves," Van Arsdale said. "Our objective is to set no limits and to see if we can be in a position to make a difference."



Billy Wong/Guardian

Uphill battle: Senior Carl Lostrom (left) and sophomore Greg Geldman (right) work their way through a tough section during the Triton Classic on Oct. 8.

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Home field advantage aids UCSD Teams take top spots at Triton invitational

By **LAUREN KATO**
Contributing Writer

The Triton men's and women's cross country teams trounced the competition and took the top position in their respective divisions at the 2005 Triton Cross Country Classic, which was held on Oct. 8 and featured a 6k and an 8k race.

Playing host to a field of 18 men's and 16 women's squads, UCSD head coach Ted Van Arsdale explained the Triton strategy for the event.

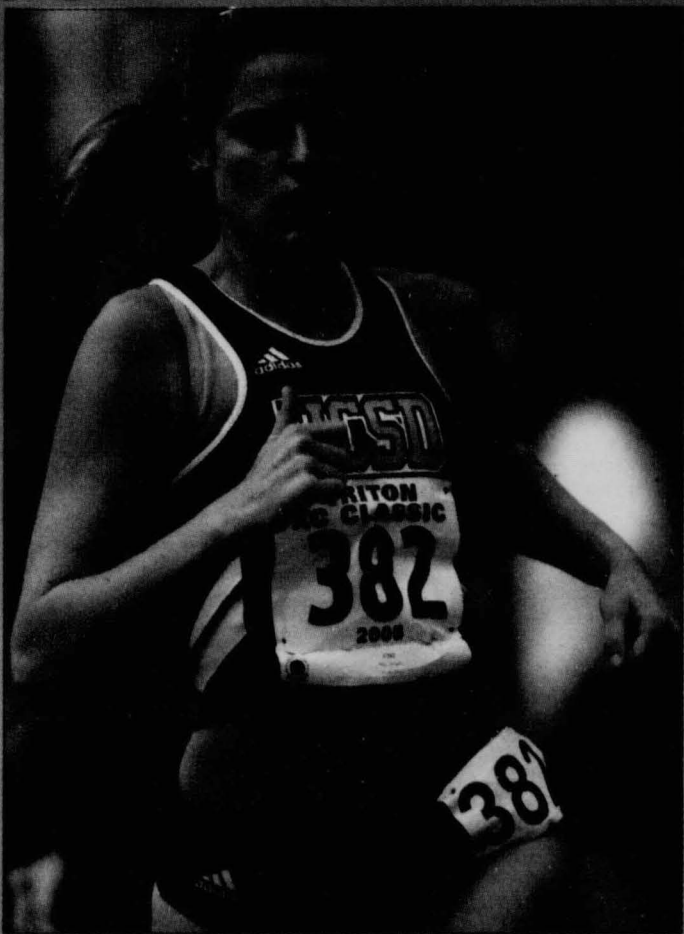
"It's important when you host a meet to try to win, and the teams were both very determined, taking advantage of what they knew about the course and their abilities," Van Arsdale said.

The Triton Classic marked the debut of a new, more technical course. UCSD teams practiced running the course many times, honing their skills in preparation for the event.

"We have individuals who were working on utilizing their downhill technique and other individuals maximizing their turns and using that on top of what they've been developing as far as overall strength," Van Arsdale said.

The Triton men finished on

See **RUNNING**, Page 19



Billy Wong/Guardian

Thumbs up: Senior Mimi Hodgkin's time of 21:53 earned her first place overall and gave the Triton women's team the title on Oct. 8 at the Triton Cross Country Classic.

No. 13 Tritons fall to CSULA, defeat CSUB

Women's volleyball improves to 14-4 overall with five-game win

By **RAEL ENTEEN**
Sports Editor

The No. 13 women's volleyball team bounced back from a disappointing 1-3 loss to No. 16 Cal State Los Angeles on Oct. 6 with a narrow five-game win over Cal State Bakersfield the following day.

The Tritons (14-4 overall, 6-3 California Collegiate Athletic Association) split their CCAA road trip with the win over the Roadrunners following the loss to the Golden Eagles.

The Tritons came into the game against Cal State Bakersfield on a two-game losing streak, the first time the Tritons have had back-to-back losses all season. However, UCSD came out fighting and, with the 3-2 win, ended the streak.

The Tritons did not look like winners throughout their match-up with the Roadrunners, allowing Cal State Bakersfield to win two games and almost giving away the final game and the match.

In game one, the Tritons took a quick 11-6 lead before scoring seven unanswered points to extend their advantage to 18-6. The twelve-point lead held up and the Tritons won the opening game 30-17.

As in game one, the Tritons took an early 11-6 lead in the second. This

time, the Tritons couldn't maintain the lead and the Roadrunners went on a 10-5 run to tie the game up at 16 apiece. Cal State Bakersfield then took advantage of four straight Triton attack errors to move ahead, 16-19. The Tritons worked their way back to a 19-19 tie, but it did not last as Cal State Bakersfield scored four straight points again for a 19-23 advantage. The Tritons got as close as 26-28 late in the game, but the Roadrunners were able to hold them off for a 27-30 victory in game two and a 1-1 tie in the match.

The Tritons looked to freshman Rebecca Bailey, sophomore Amber Ries and juniors Nicole Courtney and Brianna Koche for a win in game three. Bailey's back-to-back aces and one of Ries' 16 kills gave the Tritons a 15-10 lead. The Roadrunners started to claw their way back with two straight points, but two aces from Courtney gave the Tritons back their commanding lead of 20-13. Koche sent down the final kill for a 30-21 win in game three and a 2-1 UCSD advantage in the match.

On the brink of elimination, Cal State Bakersfield managed to take the first significant lead of game four

See **VOLLEYBALL**, Page 19

Men's soccer defeats San Bernardino 2-1 on late PK Davey's goal in 65th minute gives Tritons narrow win over Coyotes

By **MICHAEL SCHOECK**
Senior Staff Writer

Senior top-scorer Matthew Davey converted a penalty kick in the 65th minute of the Tritons Oct. 5 game against Cal State San Bernardino to give UCSD a 2-1 victory.

Although UCSD fell behind early, the team later rallied with two goals in the second half for a hard-fought victory over the Coyotes.

Cal State San Bernardino took a 1-0 lead in the 19th minute, when sophomore Lorenzo Loson sent a low shot that beat UCSD senior goalkeeper Edward Ruhland on his left.

Loson knocked in his fourth goal of the season with the help from an assist by sophomore Brent Vander Eyk. The goal proved to be the only score for either team in the first half, as the Coyotes aggressively kept the Tritons at bay for a 1-0 halftime lead.

"Defensively, we started off a little shaky," Ruhland said.

The quicker Coyotes out-played the Tritons in the first half, but by the time the second half came around, UCSD seemed determined to overcome their first-half woes.

They didn't wait long, as the Tritons got the equalizer in the 55th minute. After junior Matt Horne sent a long ball across the right side, it bounded forward and was gathered by senior Grant Nishio. Nishio used his right foot to slam the ball to the lower left side of the goal, beating junior Cal State San Bernardino goalkeeper

Pepi Lucas for his fourth tally of the season.

"Nishio's goal was a pivotal point for the team because it was such a big confidence booster," Ruhland said.

The Tritons out-shot the Coyotes by a 7-5 margin in the second half, and continued to put pressure on their defense.

That pressure paid off in the 66th minute as junior Ryan Velasquez streaked down the left side and was taken down inside the top-left corner of the penalty box.

Davey sent the ball to the right corner on the penalty kick where Lucas got a hand on it, but could not stop it from going in, giving the Tritons a 2-1 lead.

The goal was Davey's seventh on the season.

"In the second half of the game, we had a well-organized defense that enabled our offense to score," Ruhland said.

UCSD played tough defense, limiting Cal State San Bernardino to just two shots on goal. The Coyotes saw six serious tries by the Tritons, but Lucas saved four of them.

Neither team mounted another serious scoring threat after the penalty kick as UCSD held on for its first come-from-behind victory of the season.

The Tritons hold a one-point advantage over both Cal State San Bernardino and Cal State Los Angeles in the California Collegiate Athletic Association's South Division standings with 13

See **MEN'S SOCCER**, Page 19

No. 6 Tritons topple No. 12 Tigers Water polo scores four in second quarter for win

By **NICKY BUCHANAN**
Contributing Writer

The No. 6 UCSD men's water polo team handled a challenge from the No. 12 Princeton University Tigers with a 12-7 victory on Oct. 7 at Canyonview Pool to improve to 18-2 on the season.

Four San Diego Chargers cheerleaders came out to root for the Tritons and they joined the fans in cheering the team to victory, thanks to four second-quarter goals.

Princeton woke everyone up by scoring first, but UCSD fought back as senior Brandon Borso pounded in the Tritons' first goal.

"Every moment in the game is purposeful," Borso said. "We work hard at practice, so scoring is almost routine and is just an indication that practice is paying off."

With a minute and 41 seconds remaining in the first quarter, senior Chris Finegold contributed another goal to give the Tritons their first lead.

However, it didn't last long, as Princeton's John Stover tied up the game with his second score of the night, making it 2-2 going into the second period.

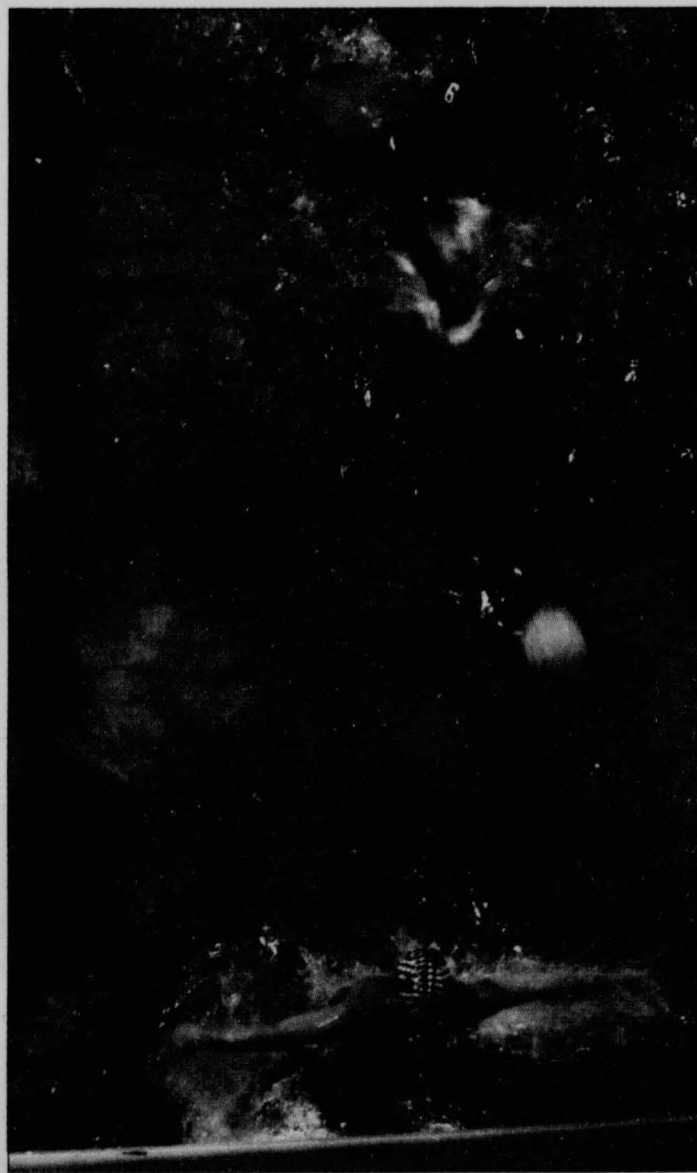
The Tritons ended the tie by dominating the Tigers in the second quarter.

UCSD outscored the Tigers 4-0, with two goals each by senior Chris Eichholz and Borso.

The final goal of the quarter came with only three seconds left on the clock.

Sophomore Adnan Jerovic

See **WATER POLO**, Page 18



Carina Weber/Guardian

Follow through: Senior Jonathan Hopkins attempts a shot on goal past the Princeton goalie in the Tritons 12-7 victory over the Tigers on Oct. 7 at UCSD.