MONDAY, OCTOBER 21, 2019 WWW.UCSDGUARDIAN.ORG VOLUME 53. ISSUE 4

### **CONCERT REVIEW: RAVEENA**



"Raveena reminded us all to do what we need the most: Take a moment. *Breathe. Soften* your edges. Love. Heal."

A&E, page 8

### MARIANNE WILLIAMSON

PC PRINCESS

**OPINION, PAGE 4** 

A RETURN TO BREAKING BAD

A&E, PAGE 9

### FORECAST









**WEDNESDAY THURSDAY** 

H77 L 60 H 83 L 67

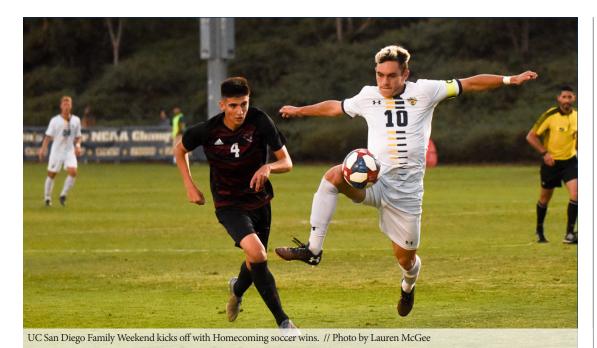
### VERBATIM

"And while more recent cartoons tend to be more socially conscious, these problematic jokes continue to exist.

> Steven Zhou **Adult Cartoons** PAGE 5

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### **RESEARCH**

### UCSD Cited with the Death of 6 Research Subjects

BY ANDREW HA ASSOCIATE NEWS EDITOR

ecent allegations have come to light that UC San Diego poisoned six animal research subjects in October 2018. The Ohio-based watchdog organization, Stop Animal Exploitation NOW!, uncovered a document from the university which stated that dosing errors in an experiment led to the death of six research subjects.

SAEN submitted a complaint to the United States Department of Agriculture in an effort to make UCSD responsible for the deaths. The USDA followed several months later with a report which indicated that the university did not comply with federal regulations in handling the research subjects. The inspection report drew from UCSD's own letter to the National Institute of Health.

According to the document from UCSD's Vice Chancellor for Research Sandra Brown, "Due to a miscalculation and dosing error, six rabbits were injected with a higher dose of barium chloride than was approved in the protocol. By the following day, two rabbits had died and the remaining four were emergently reported to the Animal Care Program, and, ultimately were humanely euthanized."

From this letter, SAEN submitted a complaint to the USDA alleging that the medical procedure violated the federal Animal Welfare Act in a multitude of ways. The organization cited that the university did not handle the animals with care, the medical personnel were insufficiently trained and qualified, and personnel did not follow the approved experimental protocol.

The Animal Welfare Act of 1966 is the only federal law that regulates the treatment of animals in research, exhibition, transport, and by dealers. In regards to the allegations, this act sets the standards for how laboratories

should treat their test subjects humanely and with respect.

"This violation is particularly heinous because barium chloride poisoning can cause ventricular tachycardia, muscle weakness, and paralysis before death occurs," Executive Director of SAEN Michael Budkie said in a letter to the USDA. "Since UCSD's negligence has now resulted in the performance of a botched procedure which killed six animals, I must insist that [the USDA] take the most severe action allowable under the Animal Welfare Act and immediately launch a full investigation of this facility."

The USDA subsequently opened a case and inspected the university of any wrongdoing. By August 2019, the Institutional Animal Care and Use Committee filed a report charging UCSD with a "critical citation," the most serious citation the department could provide for cases like these.

'Should the USDA consider to move forward with a prosecution and open a case, the maximum penalty is \$10,000 per infraction/per animal," Budkie said to the UCSD Guardian. "UCSD could — since six animals were killed — theoretically be fined \$60,000, and that's what we're pushing for."

In response to the USDA's inspection report, UCSD is seeking to reverse the finding's

"The lab involved promptly reported the incident to UCSD's Animal Care Program," UCSD Communications Director for Research Affairs Michelle Franklin said in an email to the Guardian. "An investigation was conducted and new procedures have been put in place to prevent future errors. UCSD disagrees [with the USDA's citation] as this was an error, not a

See **RABBITS**, page 3

### **CENSUS**

### Census Bureau Begins Hiring for Upcoming 2020 Count

The United States Census Bureau began its biggest push for hiring on local census takers this week.

BY JACOB SUTHERLAND

**NEWS EDITOR** 

Beginning on Oct. 21, 2019, the United States Census Bureau will start hiring census takers for the upcoming 2020 United States Census, with hiring events taking place throughout the city of San Diego and the greater San Diego County area. The bureau plans to employ 500,000 people nationwide to accomplish

the task of counting the entire population of the United States.

The U.S. Census Bureau is currently looking for individuals who are at least 18 years old, are U.S. citizens, have valid Social Security cards and email addresses, can pass criminal background checks, and are registered with the Selective Service System if applicable. Those hired will be paid at a competitive rate of \$20.50 an

hour.

The United States Census has been conducted every ten years since 1790 in order to determine the distribution of congressional seats and federal funding to states and localities. The Census remains the largest and most complete survey in the United States, with only seven questions being asked - none of which involve citizenship.

See 2020, page 3

### **SAN DIEGO**

### Father Joe's Villages Issues Statement on City Homelessness Plan

The statement is in regards to the 1.9 million dollars in funding that the city is providing to combat homelessness

> BY VIVIAN YANG STAFF WRITER

The San Diego City Council unanimously accepted the City of San Diego Community Action Plan on Homelessness which aims to prevent homelessness and provide housing service with \$1.9 million funding over the next 10 years on Oct. 14, 2019.

Prior to the City Council's voting, Father Joe's Villages, a local organization that provides services such as food, sheltering and transitioning programs for homeless people in San Diego, made a statement about the Community Action Plan, showing approval and support.

"If this plan is to be successful, a critical component will be the integration of comprehensive supportive services tailored to the needs of those on the streets," Deacon Jim Vargas, president and CEO of Father Joe's Villages, said in a statement.

Father Joe's Village stayed involved in the formulation of the plan since the beginning. The Corporation for Support of Housing gathered senior staff from several local homeless service providers in a small group to exchange ideas on possible solutions.

The Plan on Homelessness was disclosed by the San Diego Housing Commission, an agency that provides housing programs and opportunities for the low income and homeless communities. The Housing Commission charted the Community Action Plan catered for San Diego and contracted with the Corporation for Supportive Housing, an organization that provides strategic plans to alleviate homelessness across the country.

As stated in the Plan, it aims to "decrease unsheltered homelessness by 50 percent" in three years. Within its three-year outlook, the Plan also envisions to end veteran and youth homelessness.

When asked about the bold goals claimed by the Plan, Deacon Vargas expressed optimism.

"Is it bold? Yes. But it is also realistic assuming that we are taking it seriously and approaching it in a smart way," Deacon Vargas told the UCSD Guardian.

In fact, Father Joe's Village is already getting a head start on moving towards the Plan's stated goals.

Deacon Vargas revealed that the organization will soon be making groundbreaking advances with the Turning the Key Initiative, which sets out to provide 2000 units of new apartments for the homeless community in San Diego. In two months, a 14-story building with 407 units will be ready to be put into place and hopefully get 550 people off the street.

See **HOMELESSNESS**, page 3

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### **UCSD**

### Panels Highlighting Alumni throughout the Years Held during Homecoming Weekend

A number of panels, including the Golden Triton Coffee Chats and a Triton Times Reunion, took place throughout the 3 day event

BY RANJANI SHANKAR MANAGING EDITOR

Panels and events highlighting UC San Diego's first graduates were held throughout the 2019 Homecoming Weekend from Oct. 18 to Oct. 20. Various events were put on around campus to celebrate the alumni who had graduated in the years up to and including 1970.

One of the first events was the Golden Triton Induction and Celebration on Saturday, Oct. 19, on the eighth floor of Geisel Library, where some of UCSD's oldest alumni were inducted into the Golden Triton Society. Every alumnus at the event was honored with a medal.

Many of the alumni were from Roger Revelle College and experienced the time when John Muir College, as well as Geisel Library, were first built. Some alumni remembered the founding of the Coffee Hut, now known as the C.H.E. Cafe.

"It was my class, class of '68, that had the first Watermelon Drop after a freshman year physics test," one alumnus said, referring to the Revelle College tradition that takes place on the last Friday of Spring Quarter annually.

Following this event was the Golden Triton Coffee Chats, where some alumni and current students were invited to be on a panel aptly titled: "Alumni and Students: Then and Now."

The moderator was Tom Shepard, who was the Associated Students President from 1968 to 1969, as well as the former alumni president and co-chair of the class of 1970 reunion. The panel consisted of Steve Landau and Lisbeth Johnson from the class of '70, Dean of Student Activities in the 1960's Bob Topolovac, current UCSD Guardian Editor-in-Chief Daisy Scott, A.S. Vice President of Campus Affairs Melina Reynoso, and the Black Resource Center's Transfer Student Success Leader Maliq de Piña.

Landau briefly characterized his time at UCSD as one filled with protests. On a lighter note, he

also described how the choice of recreational activity changed from alcohol to smoking pot during his years at UCSD.

Johnson recounted during the panel how being a person of color was difficult at the time.

"There were seven of us who hung together, blacks and browns, because we did not feel welcomed,"

Johnson also compared the protests and riots of her time to the mass shootings and political atmosphere the current generation of students are experiencing now.

de Piña spoke of his experiences as a transfer student from New Orleans, Louisiana, and how he realized over the course of his first year at UCSD, "A lot of the negativity, a lot of the differences, a lot of the barriers that exist between us mostly just exist in our heads."

Reynoso similarly explained how she learned a lot from her campaign to become A.S. Vice President as she interacted with many students on Library Walk who were from different walks of life and different communities on and around campus.

Several other panels on the topics of research and campus growth and changes were held throughout the weekend as well. A Triton Times Reunion was held in Price Center where alumni who were on the staff of the earliest issues of the Triton Times met with the current staff of the UCSD Guardian, the successor of the original newspaper.

UCSD's Homecoming Weekend is an annual event held every Fall Quarter to celebrate both the university as a whole and its

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### The USDA now has 5 years to take UCSD to court and formally fine them for the dosing errors

▶ RABBITS, from page 1

lapse in oversight, and is appealing this citation."

The USDA will now have up to five years, due to the Animal Welfare Act's statute of limitations, to take UCSD to court and formally fine them for the dosing errors. However, information regarding any of this will only come after the prosecution is completed, if one is conducted at all.

The initial document which reveals the compliance issue was submitted to the NIH and then uncovered by SAEN. UCSD had to provide the compliance information to the NIH in order for the university to continue to receive government funding.

"[SAEN] obtains documents like federal reports and records about every registered institute in the United States," Budkie said. "In this instance, UCSD had filed a report [regarding the death of six subjects] with the Office of Laboratory and Animal Welfare – a part of the NIH. The very fact that they filed this indicates that they knew they were

violating federal regulations."

The NIH declined to comment and stated that they do not discuss whether an investigation is taking place nor do they comment on ongoing investigations if such are underway.

More information regarding this story will come if the USDA releases new reports on the matter.

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### A 2018 report found that San Diego had 8576 people in total experiencing homelessness

▶ **HOMELESSNESS**, from page 1

The number of homeless people that would be sheltered by this new building alone is already reaching over 10 percent of the Plan's goal to reduce around 5000 homeless people in San Diego, giving a positive outlook to its implementation.

According to the 2018 Annual Homeless Assessment Report, San Diego County had the fourth-most homeless residents, with 8576 people experiencing homelessness.

The Plan is different in that the \$1.9 million funding it calls upon does not depend on state funding alone. Instead, it also relies on local homeless service providers such as Father Joe's Villages and local government funding programs.

One such local funding program is the Yes for a Better San Diego Initiative, which will be voted upon next March. This Initiative will tax hotel stayers in San Diego and allocate the money to reduce homelessness, reconstruct streets, and expand tourism facilities. The Initiative will provide a major source of the financial support needed once adopted by the vote.

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### Several hiring events will be held throughout the San Diego area the week of October 21, 2019

▶ **2020,** from page 1

According to a study by the George Washington University, the results of the 2010 United States Census led to California being allocated \$115,133,486,972 through 55 different federal spending programs. The results of the 2020 Census will be used to allocate over \$675 billion to states and localities.

A San Diego media specialist from the U.S. Census Bureau, who requested to remain anonymous, spoke to the UCSD Guardian on the importance of the census in determining the allocation of federal funds.

"The distribution of more than \$675 billion in federal funds and

grants to support states, counties, and communities are based on census data," the specialist said. "That money supports vital programs for all students' education now, employment in the future, and potentially their future families."

The census taker position involves the hands-on process of counting every person living in the United States. These jobs are hired locally to allow for census takers to count in the communities they already call home.

Census takers will begin training in March 2020, with the groundwork taking place between mid-March and the beginning of July. Those working in San Diego will help the Los Angeles Regional Office count everyone in the city and surrounding suburbs, including students living on campus at UC San Diego.

"This is a civic duty written into the Constitution, and it's a way to say, 'I count," the specialist said. "By helping others participate, it's letting them know they count too."

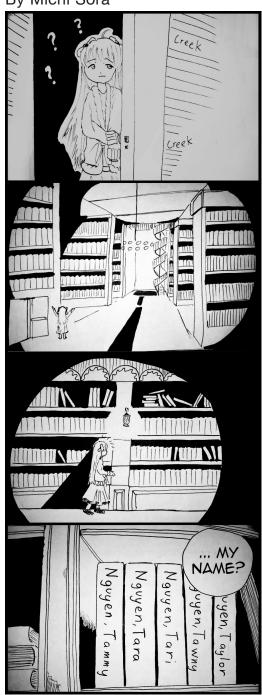
The application for applying to be a census taker is currently live on 2020census.gov, and is available through the end of January 2020.

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### **INTO THE LIBRARY 3**

By Michi Sora





# **OPINION**

CONTACT THE EDITOR **GEENA ROBERTS** 

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By: Geena Roberts // Opinion Editor

n Oct. 16, NBC 7 San Diego released a story saying that half of the buildings at UC San Diego would likely cause serious harm, even death, should a substantial earthquake strike San Diego. Like many of the students, faculty members, employees, and visitors who read this article, I was stunned. Then, I was angry. But the more I thought, the more I realized maybe UCSD had actually done the responsible thing. After all, even the best decisions can look bad in hindsight.

So yes, we should be concerned that a hefty number of our buildings may collapse on us given a large enough earthquake. And yes, UCSD should take the steps it has stated it will take to ensure these buildings will better withstand earthquakes. However, UCSD administration, builders, and housing should not be looked at as careless or reckless for not already having these buildings in tip-top earthquake shape.

First, failure to replace these buildings was not a careless or reckless decision by the University of California or UCSD considering the measurements used to examine the buildings. As seen in the NBC 7 article, the buildings at UCSD were all rated between III and VI in safety. A level III, according to the contractors test, is deemed "good" while a level VI building is rated "very poorly" with the potential to cause "severe risk to life". Reading this is enough to make any reasonable person want to run far from the La Jolla Hills. However, according to the assessment tests that University of California's independent contractors tests used to produce these results, these ratings reflect how UCSD buildings would hold up during a major seismic event. The California Department of Conservation holds that a 7.0–7.9 magnitude earthquake is a "major" earthquake. And a major earthquake is by no means the norm; worldwide only about 18 major earthquakes s occur annually. But isn't UCSD still in the wrong here because we could have a major earthquake?

Maybe, but major earthquakes and dangerous aftershocks are rare in San Diego. San Diego is not home to the infamous earthquake-brewing San Andreas Fault Line. This makes it unlikely that UCSD will experience an earthquake of the magnitude necessary to cause buildings to level should the San Andreas Fault soon

produce "the big one" (a 7.0+ magnitude quake).

In this regard, history may serve as a guide. The last time there was a major earthquake caused by the Southern California side of the San Andreas Fault, a 7.9 magnitude quake, the aftershocks of the quake were felt in San Diego. However, according to seismic historians, this aftershock was likely only a magnitude 5 earthquake.

"It would mean that UCSD would be pouring student funds and other needed capital into tearing down, building, or continually retrofitting facilities to keep them in prime shape for a monster that may never come..."

Thus, if a similar situation happened today we would feel the aftershock, but damage to large items and buildings would be very irregular. So, as administrators presumably understood when they decided not to retrofit old buildings and immediately tear down older buildings, the danger the San Andreas fault poses to our campus is minimal.

The Rose Canyon Fault, San Diego County's own fault line, could also potentially birth a quake large enough to cause potential damage, but that is also rather improbable. According to research published in 2017, the Rose Canyon Fault could produce a powerful earthquake "every few hundred years". However, long term studies that likely informed the UC system's decisions, do not expect the Rose Canyon Fault to produce a serious quake in the next thirty years.

These facts convey that with the information available at the time, it was safe for UCSD to keep its buildings as is and assume that a dangerous earthquake was not going to cause damage anytime soon. Notably, UCSD could

not have reasonably foreseen the string of earthquakes that have recently bubbled up in California. Thus, to have acted against the information available to them would have been improper. It would mean that UCSD would be pouring student funds and other needed capital into tearing down, building, or continually retrofitting facilities to keep them in prime shape for a monster that may never come and that would in all likelihood not threaten our campus.

Additionally, considering that these assessments began before earthquake activity in California ramped up again earlier this year, shame against UCSD and the UC system for its building's lackluster earthquake safety ratings is unwarranted. In fact, UCSD seems to have acted offensively to protect the safety of its students, faculty, and campus visitors.

According to the sources above, the earthquake safety assessments of UCSD's buildings began in 2017. This was nearly a year before a series of large earthquakes struck Ridgecrest, California and reverberated throughout the state, prompting renewed concern in California's earthquake preparedness. It also came on the heels of the most recent long-term report, published in 2015, of California's likelihood of having a large earthquake in the next 30 years. The report, which likely informed the UC system and UCSD's actions, did not suggest that San Diego, or its local fault lines, were very likely to experience a large earthquake in the next 30 years. Thus, by enacting the assessment of its buildings, UCSD and the UC System appropriately acted to ensure safety even without evidence that UCSD was in harm's way. For this reason and the reasons above, the criticism that UCSD has faced for its buildings' ratings is undeserved.

UCSD makes its fair share of questionable decisions regarding student, faculty, and staff well-being. However, given the knowledge available, previous failure to modify our buildings in preparation for a large earthquake should not be deemed one of them. Vilification of UCSD for even reasonable decisions will not make this campus better. In fact, it merely detracts from the issues that truly warrant criticism.

# PCPRONCES A Look at Social Justice, Politics, and the World through the Eyes of an SJW By Jacob Sutherland

### 500 SOCAL SPIRITUALISTS, MARIANNE WILLIAMSON, AND A CHICAGO BOI

As I sat in my Lyft taking a 30-minute drive to the Seaside Center for Spiritual Living, listening to the October Democratic Debate on the radio, I did not know what to expect upon entering Marianne Williamson's Encinitas rally. Williamson is quite an outlier on the political scene; Vox writer Zack Beauchamp called her campaign "scary" while Washington Post writer Jonathan Capehart said that it's "a pity" that we likely will not be graced with her presence on a debate stage ever again.

Neither of these sentiments rang true as I entered the auditorium, being greeted by an aura of enlightened energy, the aroma of incense and oils, and a sea of rally signs portraying Williamson's likeness.

The infamous candidate has been polling at 0 percent in numerous polls for the past several weeks. However, it was clear that the hundreds of supporters, many who have been following Williamson for decades, were in it for the long haul. Several of the followers that I spoke to echoed this notion. One woman who practiced the

spiritual exercise of light reading told me that she had been following Williamson since the 1970s. It appeared to me that Williamson's core base was an audience that is oft overlooked by many presidential candidates: An audience who practices spiritual awakening and self-discovery.

The crowd cheered as Williamson took the stage around 8:10 p.m. Many supporters wiped away tears of joy at seeing a lighthouse beaconing them to enlightenment in a sea of moral darkness. Williamson took her place in front of the crowd and began speaking in her iconic coastal accent.

"There's nothing holy about complacency, and there's nothing negative about yelling fire if everything is burning," Williamson asserted to the crowd.

But the main focus of the night was not on spirituality. Rather, Williamson honed in on the intersection of

See **MARIANNE**, page 5

# THE SYNDICATE

By Yui Kita

### ► MARIANNE, from page 1

spiritual enlightenment and political involvement.

"We have allowed ourselves the chronic convenience of political disengagement," Williamson continued. "This isn't the time to say, 'What is going on?' This is the time to say, 'Come on, we need some courage. We can do this."

Her 45-minute speech ended in a jubilant uproar from her supporters. However, the night was just getting started. She gave the audience two options: A question-and-answer session about her candidacy, or the opportunity for a brief group meditation and reflection session. While I abstained from voting, the room unanimously chose the latter.

I did not know what to expect going into this. However, after closing our eyes and clearing our minds, Williamson encouraged us to find our deepest desire for the country and to shout it out loud by finishing the phrase "I imagine an America in which ..." The room came to life for the next 15 minutes, with folks sharing their desires ranging from "an America in which there are no more school shootings" to "an America in which the bees are saved." I found this exercise heartwarming — the people in the room genuinely cared about the nation's moral compass.

As the night came to a close and I sat in the back seat of a Lyft home, I couldn't help but reflect on the Marianne 2020 campaign as a whole. My experience with Williamson's campaign was not scary. However, I also don't find it a pity that she will likely not return to the debate stage; her personal brand of political morality

doesn't seem to be a winning ideology. That being said, Marianne Williamson serves as a voice for a niche community in the nation — a joy to watch for those who consider themselves outsiders of the spiritual community. Will I be casting my vote for Williamson come March? No, but will I be cheering her on from the cosmic sidelines of the universe? You bet your spiritual a-- I will.



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# **FEATURES**

CONTACT THE EDITOR

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# ADULTS SWIM, AND THAT'S OKAY

As anyone who stays up watching Cartoon Network past 9 p.m. knows, cartoons do not die with childhood. Lewd, crude, and rude, adult cartoons are lightning rods for criticism, but they deserve a spot in everyone's TV repertoire nevertheless.

### BY STEVEN ZHOU CONTRIBUTING WRITER

outh Park's recent episode, "Band in China," raised some eyebrows for tearing into Hollywood's deference to the Chinese government's censorship rules. The show even dared to satirize China's numerous human rights violations, which are still being documented today. Unsurprisingly, anything related to South Park has now been blocked in China, yet the Chinese government is only the latest victim of the 22-year-old cartoon series' criticism. A simple Wikipedia search on the South Park controversies yields a staggering list that will make most people wonder: How is it still on air?

Although it is one of the more extreme examples, South Park is by no means the only adult cartoon facing criticism. Adult cartoons, unlike regular cartoons, feature more mature and suggestive content targeted towards an older audience. As evidenced by shows ranging from The Boondocks to Archer, adult cartoons often have a "love it or hate it" quality to them that can incite heated arguments about whether they're worth being kept on air. In the United States, at least, the format's continuous survival seems to indicate that the answer is yes. In fact, the record for the longest running American scripted television series in history is held by The Simpsons, which is approaching 33 years on air. What is it about these animations that keeps bringing us back?

Perhaps our fear of social deviance draws us to these cartoons. Characters in these shows are often rebels, doing or saying things that we in the physical world would never get away with. People can vicariously live out their vices by watching these alternate universes, where any consequences for poor behavior are erased by waiting for the next episode. Why get hurt instigating a fist fight when you can watch Fry and Dr. Zoidberg from "Futurama" duke it out instead? And why get into heated political arguments with people when you can watch Stan and Haley Smith from "American Dad" bickering over capital punishment? Real life is tiring, and these cartoons can help weary adults forget about everything and have a good laugh watching animated characters do things that just aren't possible for an average, functioning member of society.

Beyond that, these cartoons help satisfy our imaginations by transporting us into a fantasy world where anything and everything can happen. While not technically an adult cartoon, the show "Adventure Time" has managed to transcend its target childhood audience, even drawing in an adult following despite its wacky setting in the Land of Ooo and playful concepts including a Korean-speaking Rainicorn and a princess made of bubblegum. One thing is for sure: If enjoying cartoon worlds with ridiculous characters is a childish thing, this country has a lot more children than many would think.

Ironically, it's because of their ability to create a world from scratch that these cartoons always seem to be under attack by angry detractors. Much like with children's cartoons, these shows have to face the wrath of fully-grown humans with complex opinions built upon decades of life experiences and struggles. The conservative activist group Parents Television Council, for instance, has spent 24 years advocating for the removal of adult cartoons from programming. While the vulgar content is part of their discontent with these animations, these opponents are also unhappy seeing fictional worlds that their personal morals do not align with. The world of "Family Guy," for instance, featured a controversial gay wedding in "You May Now Kiss the...Uh...Guy Who Receives" as early as 2006. The show also gave exposure to issues trans people face with familial acceptance in "Quagmire's Dad," which details



The creators of South Park, Matt Stone (left) and Trey Parker (right) have described their show as an outlet to satirize all outlooks on life.

Quagmire's eventual acceptance and reconciliation with his father, Ida, who comes out as a trans woman (although that episode also received criticism for the open transphobia some characters exhibited). The PTC considers "Family Guy" a "red light" program, citing "lewd sexual references or taboo topics" as one of the show's major issues.

To be fair, cultural conservatism is not the only reason people cite to take down these cartoons. Some would argue that the excessive brutality in these shows could encourage a culture of violence. Many adult cartoons have histories of cracking jokes that would no longer be acceptable today. The Simpsons recently

See **CARTOONS**, page 7



The Simpsons (left) and Futurama (right) paved the road for modern works of adult animation such as Disenchantment (middle) and Rick and Morty (unpictured).

"Beyond that, these cartoons

help satisfy our imaginations

by transporting us into a

fantasy world where anything

and everything can happen."

### ▶ **CARTOONS**, from page 6

took out Apu, a character that has helped propagate and maintain problematic stereotypes about South Asians for decades. And while more recent cartoons tend to be more socially conscious, these problematic jokes continue to exist. "Rick and Morty," a cartoon that started as recently as 2013, has generated a sizeable fanbase who identify with the misogyny of Rick, an issue even Dan Harmon, one of the show's co-creators, has acknowledged. With all this in mind, another question obviously arises: Do these

cartoons confer enough societal benefits to be worth the social harm that they can cause?

I'd argue the answer is yes, with an asterisk.

Without a doubt, these shows have the capability to drive tribalism by upholding racial stereotypes, making fun of

sexualities, or glossing over sexism. Ask any average American on the street and they are sure to denounce such qualities becoming normalized. As such, writers for these shows should be holding themselves up to a high standard whenever they decide to air a joke. Whether that means hiring a diverse writing staff, or, in the Simpsons' case, acknowledging problematic content and fixing it for the future, these shows have a duty to "punch up" for their comedy and ensure they aren't marginalizing any of their viewers or portraying an unfair image of a group of people.

Nevertheless, adult cartoons are unique in their ability to portray a world separate from real life. In this cartoon world, boundaries are pushed, barriers are removed, and common knowledge is challenged. Such a world is much more difficult to generate in live action TV shows,

however, because industry pressures and the historical cultural hegemony of white men make character writing and casting much more contentious.

Speaking from personal experience, one of the first male Asian American characters I'd ever seen who wasn't some type of sidekick scientist, kung fu master, or other "stereotypical" profession was Vince Chung (a typical popular high school jock) from American Dad. Today, I see representation of myself everywhere from box office hits

to upcoming superhero movies. "King of the Hill," with its humorous interactions between Hank and Bobby Hill, was tearing down toxic masculinity before it became mainstream. Recent releases such as "Disenchantment" are already underway normalizing gender

fluidity in the episode "The Limits of Immortality."

These adult cartoons have served as a playground for adults to discover new things, and are, in many ways, our nation's beta tester for new social movements. Under the guise of playful animations, these cartoons have a child-like naivety that can help introduce rigid adults to novel ideas

Additionally, their politically incorrect jokes, while unpalatable, keep us aware of pervasive problems Americans still experience. In fact, many times these jokes are inserted to make the point that such ideas should be unacceptable. These quips start important conversations between people about what our society's moral code should be, and they help motivate us to remain vigilant in our quest towards a more just society.

Love 'em or hate 'em, adult cartoons are here to stay.

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The Stage Room enters a state of lucid dreaming and healing with the help of a gentle Raveena.

**↑** he Stage Room is dark and a little moist, a byproduct of shoving over 300 students in a small room. With a line of students out the door hoping to snag a spot inside, I'm glad I bought my tickets before. There were enough fans of the Indian-American singer to move the venue from The Loft to the more spacious Stage Room in order to accommodate all the students.

Truthfully, I only found out about Raveena a few months prior — and I regret all the time that I didn't know her. Finding someone with a similar heritage in a genre that I love is a special feeling. You see South Asian representation in the form of Zayn Malik's journey from pop-stardom, the indie-rock sensibilities of Young the Giant, and M.I.A's Brit-pop bangers, but I've never experienced it so personally like this. Raveena is carving a space for people that look like me, beginning a new wave of South Asian solidarity that can be hard to find so easily.

There's polite applause as two white flowers with fabric petals are brought onto the stage. Little mushroom stalks — known as Raveena's signature — dot the stage as well; it's like we were transported to a whimsical grove. It's important to note that Raveena makes all these herself, demonstrating dedication to her aesthetic and craft while adding another element of genuineness. The flower centers flicker from a warm, pink glow to a fluorescent blue as Raveena comes on like a woodland nymph.

"Holy as the sunrise," are Raveena's first words from "Stronger," a track off her debut album "Lucid." It's as easy and smooth live as it is recorded, which is a difficult feat. The song itself is a celebration of survival from an abuser, and as Raveena dips into her lower register, "I know you love to see me broken / Live to see me confused, on my knees / Don't talk too soon, I ain't dead yet," the flower lights become brighter and lighter, and it feels entirely holy in that room.

Spiritual as it is emotional, Raveena fully envelopes herself into the cross-section of the

two, and the audience adores it.
"If Only" is arguably her most popular song and it garners the loudest cheers from the crowd as soon as the drum beats hit. It's about healing from an abusive relationship, and this isn't an uncommon theme for Raveena. As a sexual assault and domestic violence survivor, her experiences often seep into her music. Despite the heaviness of her lyrics, her vocals are light and airy, silky enough to slip through your fingers. Raveena is well-versed in laying down her raw vulnerabilities and coating them with sweet, sweet honey.

Many of Raveena's songs have to do with healing, becoming yourself, loving, and letting starlight into you. But, one of her last songs takes a slightly different route. Raveena excitedly cheers, "This song is about how absolutely beautiful women are!"

In "Temptation," Raveena opens up about her bisexuality, something that isn't talked about in South Asian culture in the slightest. She starts with an angelic, melodic sigh before she cooed, "Miss Temptation, I don't think you know / You keep me waitin, know you like to take it slow." She treats the story of attraction with cheekiness and normalcy, coupling the song with fluid dancing. While her moves could be read as sensual, it's utterly dreamy if anything else. Dressed like a clementine, Raveena's orange bell sleeves shift and wave throughout the performance.

There's a sense of grace and composure to her moves, right down to her fingertips. As the song fades away with blissful chimes, she finishes up with a few twirls and lively applause.

As a person and artist, Raveena exudes such a soft sweetness, it's unsurprising to me when she asked the crowd to take a breath and meditate to clear out any negative energies. She does this at every tour stop, and with her performance at The Stage Room acting as the last stop for her Lucid Tour, we were no exception.

Her words, soft and gentle, curled around the room, "Breathe in clear white light. Breathe out and feel."

An audible hush came over the room, and it did feel magical. At that moment, Raveena reminded us all to do what we need the most: Take a moment. Breathe. Soften your edges.

### — JAHFREEN ALAM A&E Editor

management roped the guitar cord through the crowd. He would eventually reach the front and head back on stage in time to continue onto the next song and end up in the audience a few times throughout the

Talbot would speak to us between songs, including short monologues about the dwindling political and social climate of the U.S. and the U.K., but also reminding us to respect each other and have fun despite it. At one point, he called out security for trying to kick a girl out for "just trying to have a good time." He called her on stage to introduce herself, revealing that she was only 15. He gave her a hug and asked the audience to hold her up for the entirety of the next song "Exeter," because "she is our future" and we must "uplift the youth." Exeter was the perfect soundtrack to her crowd-surfing journey as it speaks to Talbot's experience growing up in a conservative town as a child

and wanting to escape.

A personal highlight was their performance of "Cry to Me," a Solomon Burke cover which is iconographic of one of my favorite movies, "Dirty Dancing." The punk twist to this traditionally soulful and

bluesy tune is surprisingly delightful.

They closed out the night with
"Rottweiler," an aggressive and noisy song about Talbot's distrust in the media and other hegemonic groups that seek to silence those who speak out against corrupt powers. An almost overwhelming crescendo of noise from wailing, distorted guitars and pulsing drum symbols continued to build for at least three minutes before the noise came to a succinct clean end. It was a moment of catharsis; all the negative energy that we may have started off the night with was dissolved as we danced to Talbot's healing lyrics.

IDLES delivered an animalistic, raw, and politically-charged performance that one must experience to truly understand. It reminds us that there is power in vulnerability, power in community, and power in healing.

CONCERT REVIEW North Park Observatory Concert Date Oct. 7, 2019 HOTO COURTESY OF OBSERVATORY NORTH PARK

IDLES brings noisy punk and political revolution to San Diego.

at The Observatory North Park on Oct. 7 as part of their world tour, showcasing songs off their critically acclaimed 2018 release, "Joy as an Act of Resistance." The band released "Brutalism" in 2017, establishing IDLES as the freshest face of the U.K. punk rock scene. Their music touches on themes such as racism, nationalism, sexism, mental health, drug abuse, and love. "Joy as an Act of Resistance" builds on those themes and continues to make music that is lyrically dense and just as throttling and loud as their last record.

IDLES shows are notorious for their moshing and rowdiness so I went fully prepared to get injured. Luckily, I found a safe spot toward the back, but this did not prevent me from feeling like a part of the fun chaos that would soon ensue. As one of the few women at the show, I was intimidated at first. But knowing IDLE's message of community, acceptance, and anarchy, I felt at ease knowing I was with like-minded folk.

The opener, Surfbort, a female-led Brooklyn based punk band, was on par with IDLES' general disdain of capitalism and people in power, opening their set with a song called "F\*ck Trump." Dani Miller's angsty vocals, along with Alex Kilgore and on drums set the upbeat and noisy tone for the rest of the night.

Shortly after the opener, IDLES sauntered on stage and took their positions. Lead singer Joe Talbot was at the front of the stage, sporting a half-buttoned collared shirt and slacks, followed by guitarist Mark Bowen who was stripped down to just his boxers. Bassists Adam Devonshire and Lee Kiernan stood on either side of Talbot. Once drummer Jon Beavis settled into his seat, he grabbed his drum sticks and began to hit the stick on the edge of the drum kit, creating a steady, skeletal beat. Kiernan's guitar strummed onenote, catching the beat every four beats to Beavis's eight, creating a circular rhythm eventually joined by Talbot's raspy vocals. A grandiose opening song, "Colossus" created an ominous yet electric energy in the room. It was as if IDLES were giving us a moment to mentally prepare for what was about to go down - a night of community, chaos, and catharsis.

Up next was "Never Fight a Man With a Perm," a song about toxic masculinity and the petty displays of superiority based on physical strength. The plucky guitar riff accompanied by a heavy bass line was met with Talbot's angry, grimy voice, indicating to

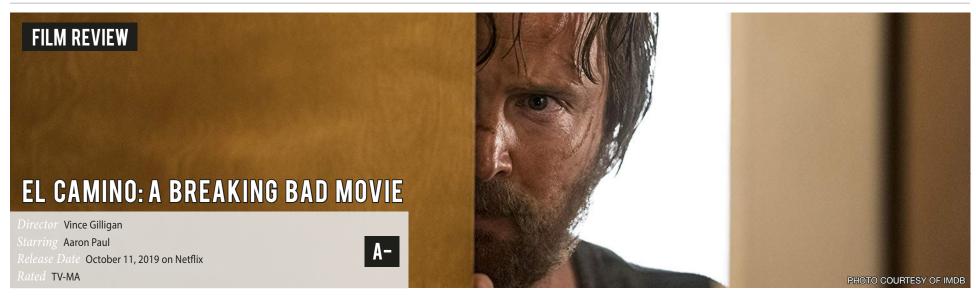
T.K. punk band IDLES performed David R. Head Jr. on guitar and Sean Powell the audience that it was now the time to start moshing. The whole crowd was jumping up and down screaming the lyrics back at

> Next was a more humorous cut off of their latest album "I'm Scum," an ironic yet selfaware tune about being a "lefty," "soft" cog in the machine. "I'm Scum" is a direct rebuttal critique against those who are left-leaning , or "liberal snowflakes," Talbot claiming that "this snowflake is an avalanche."

> Following this theme of being "soft" is the song "Samaritan" which explores the constricting gender norms imposed on men. Talbot's guttural belching of "Man Up, Sit Down, Chin Up, Pipe Down," expressed the cognitive dissonance that occurred when he didn't act like society expected him to.

> One of my favorite parts of the show was watching Bowen dance eclectically throughout each song. His dancing felt like its own performance art piece as if the guitar was an extension of himself and in order to play guitar, he had to move his whole body to play a single chord. If he wasn't dancing, he would join the crowd. Bowen would crowd surf — with no shirt on but considerably more sweat — with guitar in hand. He would slowly be carried towards the back of the venue, shredding his guitar as security and

— JULIANNA COVARRUBIAS Staff Writer



### The Netflix Originals movie sequel to "Breaking Bad" preserves the original ending of the TV series while also acting as a fulfilling epilogue to the show's lore.

ix years ago, Vince Gilligan's highly acclaimed TV series, "Breaking Bad," came to a close. The ultra-violent crime drama sees chemistry teacher turned meth dealer, Walter White (Bryan Cranston) and his partner/former student, Jesse Pinkman (Aaron Paul) as they navigate the dangerous criminal underbelly of Albuquerque, New Mexico in an attempt to expand their drug operation. Their illegal escapades cause them to clash with the federal Drug Enforcement Administration as well as a variety of ruthless gangs that ultimately culminates in a gut-wrenching, action-packed

Given the explosive and ambitious nature of the final episode, any attempt at creating a direct continuity of "Breaking Bad" would be a risky bet. However, it looks like Netflix has beaten the odds via its release of "El Camino: A Breaking Bad Movie," a masterfully executed follow-up that preserves the spirit and atmosphere of the famous meth-centered show. It sees Gilligan once again at the helm as the principal writer and director, Paul reprising his role as Pinkman, and much of the supporting cast returning for the final time. The film serves as a sort of epilogue, delving into Pinkman's journey in escaping his criminal past and starting a second

life. In doing so, "El Camino" wastes no time in picking up after the events in "Felina", the final episode in the series. The initial shot in the film is one of Pinkman speeding away in a Chevy El Camino, screaming with a mix of anger, exhilaration, and joy as he escapes the fateful crime scene where "Breaking Bad" concluded.

Despite the time between the end of the series and the release of the movie sequel, Gilligan manages to pull off a seamless transition between the two and reels the audience back into a moment that ended six years earlier. The sets and props within the film are immaculately constructed and exactly reflect the feel and atmosphere of the gritty criminal underbelly of southwestern America as exhibited in Gilligan's original show. Moreover, the returning cast and even the costumes that they don echo this sense of continuity in the "Breaking Bad" universe. Nevertheless, perhaps what truly establishes Gilligan's film as a notable follow-up to his prior work is the once-again brilliant and dynamic performance that Paul delivers as Pinkman. Paul is able to capture the brokenness, desperation, and conscience of a man haunted by his past, while also conveying the classic flashes of selfconfidence and excitement that have come to be associated with Pinkman's character.

Beyond its fitting nature as an epilogue for the series, "El Camino" is also an exceedingly well-shot film. The ambitious attention to cinematography is uncanny as camera angle, movement, and distance all operate in conjunction to emphasize the underlying emotions and tensions present in character interactions in each respective scene. Even more impressive is how the director is able to transition between scenes. Gilligan's propensity to use match cuts in between shots of flashbacks and the conventional linear storyline allows him to interweave past and present in an extremely fluid manner. In doing so, he is able to convey the idea that "El Camino" is not only a story about Jesse's desire to escape from the authorities but also his desperation to free himself of the memories formed in the events of "Breaking Bad".

While Gilligan's ability to create effortless cohesion between his two bodies of work is certainly a point of praise, it does come at a cost for the audience. Even though the director utilizes the same cast and references notable situations in his first series, he devotes little time to supplying with any contextual information regarding the story arc behind the film and the characters within. "El Camino" is

a movie made under the assumption that the individuals viewing it have watched the entirety of "Breaking Bad" previously. Consequently, it is apparent that the film is made for a very niche audience, namely those who are not only watched the director's infamous drug dealing crime drama but are also die-hard fans of it.

"El Camino: A Breaking Bad Story" is a film that very much lives up to its title. It is a companion piece to the series "Breaking Bad" and cannot be understood or viewed without seeing the series that compelled its creation. Its ability to connect with the original show in terms of plot, themes, and character development is what makes the film so impressive. Yet this continuity between Gilligan's two media ventures can be confusing for newer viewers unfamiliar with the universe. Hence, while "El Camino: A Breaking Bad Movie" is a stellar film, it takes an adequate understanding of "Breaking Bad" to truly comprehend and appreciate it.

— AARON HONGStaff Writer



# Now Approaching: Proper Etiquette for Public Transit

### by Colleen Conradi & Annika Olives, Lifestyle Editors

Every student that buses to campus will have their fair share of horror stories: Smelling your seat neighbor's morning breath at 8:30 a.m., almost falling flat on your face when the bus takes a sharp turn, waiting for 30 minutes with a horde of angry students as crowded buses just pass you by. A bad bus experience can, at best, be a minor inconvenience, or at worst, ruin someone's day.

As fellow bus commuters ourselves, we thought we would compile a list of things you should do (and things you shouldn't do) for the next time you get on that 202.

Without further ado, enjoy this helpful list of tips and tricks:

1. When boarding the bus, please continue walking all the way down to the back — yes, we mean the very back — especially when it is going to end up being standing room only. It is impossible to walk around people and turns into quite the inconvenience for those getting on the bus. Plus, by doing this you're letting more people get on the bus, and we all just want to get home, right?

2. When getting off the bus, there is no need to hurry! Many times we have observed people trying to race to the doors. We would like to ask those people: How much time is that saving you? Instead of pushing your way through to the exit, allow things to flow naturally. You're all going to end up waiting at the same crosswalk, anyway.

3. When there is a large number of people waiting for the bus, a single file line is always much more efficient than waiting around in a group. If there is already a line formed when the bus arrives, go to the end of the line and wait your turn; there is no need to push or shove people to get on, especially when many of those people in line have been patiently watching full bus after full bus drive away.

4. Before the bus arrives, have your Compass Cloud app queued up! There have been so many times when one student is holding up the line because their app isn't loading, so for the sake of all of us, please try it out a few minutes before.

5. Do not put the bag on the seat next to you. We shouldn't even have to say this one.

6. To anyone that tries to drink their hot coffee/tea/whatever while they're holding on to a pole with one hand, please don't. It will inevitably spill and potentially scald you or someone else. Trust us, you can wait another five minutes for your latte. The same goes for juice, water, and any other liquid.

7. If you're standing, and you know you have a big backpack, be aware of where it is! I've been hit in the face with backpacks before, and it's just a very uncomfortable experience.

8. Also, if you're tall, please wear deodorant. The short people that are pressed up against your armpit will thank you.

9. When you sit, scoot all the way into the window seat. Sitting in the aisle seat and leaving the window seat open is just mean.

10. If you and your friend manage to get seats, great! But please don't have a conversation over the aisle, especially if someone is standing between you.

11. Thank your driver! They've probably been driving around irritated students all day, and they deserve a lot for being the humans that are taking us to and from class. A simple thank you is just a little token of appreciation we can give them.

# 5 Best Apps to Use While Waiting for and Taking the Shuttle

by Carla Altomere, Staff Writer

I know, I know. The parking changes hit a lot of students very hard this quarter. I am now the proud owner of a Discount parking pass so I have to take the North Campus shuttle every day. Many students utilize all of the different shuttles to get around, even though we are always packed in like sardines after waiting 20 minutes for each shuttle to arrive. Here is an unequivocal list of the best apps to use while you have to wait for the shuttle:

### Tiny Tower Vegas Edition

I know this game is old, but hear me out. The first time I played this game was probably around freshman year of high school. But recently, after re-downloading it, it definitely holds up. This game is perfect because you can accomplish a lot with only a few minutes of gameplay at a time. Your goal is to build a hotel with as many floors as possible, all while making money, restocking merchandise, and placing characters in their "dream jobs." The best part of the game is that you can play simple casino-style games within your tower once you build the casino floors. There are slots, poker, and 21. Also, Tiny Tower does not need an internet connection so you can play in the Regents parking lot where internet connection refuses to exist.

### Pokémon Go

Even though a majority of people stopped playing soon after the initial release, Pokémon Go is still super fun and it gets updated regularly. This game is perfect for being on the bus because while stuck in traffic, the bus moves slow enough for you to walk your eggs. Each time you walk two to 10 kilometers, you can hatch different types of Pokémon for your collection. For me, it is very therapeutic to catch my favorite Pokémon and it is nice to have a game where you can collect things and build on your progress. Even when you are not on the bus, the campus also has lots of Pokéstops and lots of active players who participate in raids so it is a great place to get legendary Pokémon.

### CodyCross

CodyCross is a perfect game for people who love doing crossword puzzles but are really bad at crossword puzzles. There are tons and tons of levels and the clues are a good level of difficulty; mostly easy and fun but with a few in each puzzle to stump you. The levels are also themed and once you get through each "world" you get another theme to focus on. As you progress, you can gain coins to use in case you really need help figuring out the answer to a clue. CodyCross is a great way to pass the time while still feeling like you are using your brain.

### Ralla

If you like arcade games, this is perfect for you. The objective is to collect more and more balls and then break blocks with them. If the blocks touch the ground before you break them, then you lose. This game always soaks up tons of time while you wait and it also does not need an internet connection.

### Goodreads

For not being a game, this app somehow takes up lots of my waiting time. Goodreads can function as social media if you want to add friends or interact with authors, but it can also be used without the pressure of interaction. If you have books, graphic novels, or authors that you have been meaning to read or follow, you can keep track of them by adding your favorite titles to lists. That way, if you ever do have time in the future to sit down and catch up on what you have been meaning to read, you have titles at your fingertips that you have already vetted and chosen in the past. Goodreads is also a great resource for new releases and well-thought-out reviews from real people.

So, next time you are stuck waiting for the shuttle, try downloading one of these new apps, if you don't already have one, and try to zone out for a few minutes, at least until you get safely to your destination.

# Bite-Size Reviews - Raised By Wolves

with Annika Olives, Lifestyle Editor

Consortium Holdings Projects is the company behind popular eateries such as False Idol, Noble Experiment, and, most recently, Raised by Wolves. Located in our very own UTC mall, the storefront is a liquor store, with the actual bar hidden in the back.

### The Drinks

Raised by Wolves gets high marks for their inventive drinks. I got the Painted Lady, which had vodka, lime, aloe liqueur, snap peas, vermouth, and sea salt. I was very interested in how a vegetable could pair well with alcohol, but my drink ended up tasting like a refreshing green juice. Their menu is very long, so if you're indecisive, consider perusing it before you go so you're not overwhelmed. The waiters and waitresses are also helpful in offering suggestions if you know what kind of alcohol you like. They also have an assortment of seasonal drinks depending on when you go.

### The Ambiance

Walking past dark stores to get to Raised by Wolves is interesting — who would think of putting a trendy bar in a mall? That being said, the location is extremely convenient for students, especially if you live within walking distance as I do. To get into the speakeasy, you sit in these velvet chairs which are actually part of a large hidden turntable that slowly rotates you into the bar. It was a cool immersive experience — like I was being let in on a secret. Inside, the huge glass-domed ceiling, gold accents, and running fountain in the center of the circular bar definitely make you feel like you're being transported

back to the 1920s. It's on the classier end, meaning that the crowd is older than your typical college bar, but that also means it's an excuse to dress up a little. It does get pretty warm, probably because there are no windows, so at least you don't have to worry about bringing an extra layer.

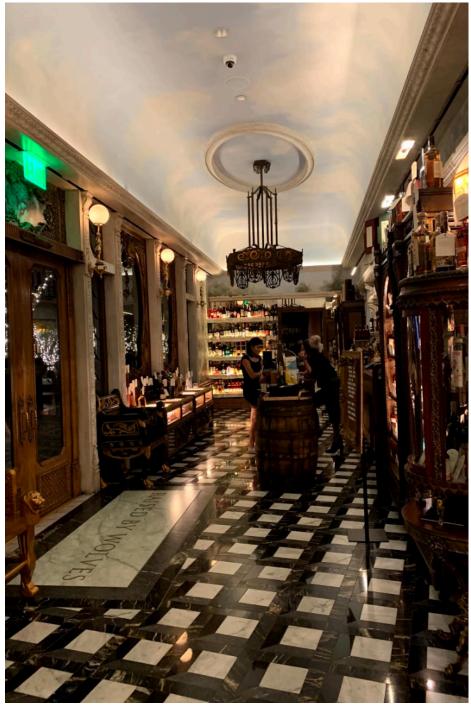
### The Price

Cocktails range anywhere from \$9 to \$15 per drink. For the quality and strength of the drinks, this isn't too bad, though my wallet probably can't handle that more than once every few months. It's a great place for a special occasion — I went on my 21st birthday — or a date.

### Why You Should Go

For the innovative drinks and exquisite decor. When this speakeasy opened last year, it was the talk of the town. The hype has kind of died down a little, making it easier to get in, but I'd still recommend making a reservation if you're a big group.

Bite-Size Reviews is a short column featuring local eateries all over San Diego.





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# The Best Movies to Watch During Spooky Season by Natalie Duprey, Lifestyle Staff Writer

My fellow Tritons, we are officially in the middle of the most frightening month of the year! I hope you all have been engaging in all of the essential Halloween time activities: Going to a pumpkin patch, decorating your home inside and out, finding a haunted house to visit, and planning out your costume for Halloween night! However, there is one part missing here, and that would be making time to watch your favorite spooky movies! If you're like me and prefer to watch movies that don't have much blood and gore, here is a list of my Halloween time go-to's:

### The Haunted Mansion (2003)

This one is a true childhood favorite! Inspired by the Disneyland ride of the same name, follow Eddie Murphy, cast as an eccentric realtor, as he takes his wife and kids to visit a possible listing, which turns out to be the haunted mansion! The plot has the perfect amount of comedy and mystery as the family tries to get out of the mansion in one piece. If you can't make it to Disneyland to get on the ride before Halloween, this is the perfect solution!

### House on Haunted Hill (1959)

If you love classic movies in black and white, this might be the one for you. Vincent Price stars as a millionaire who owns the house and puts together a "party" of five handpicked strangers, where he promises \$10,000 to whoever can last the whole night in the house. This movie features perfect old Hollywood drama, outdated sound effects, and laughably "scary" props and stunts. It's an absolute must-see!

### Beetlejuice (1988)

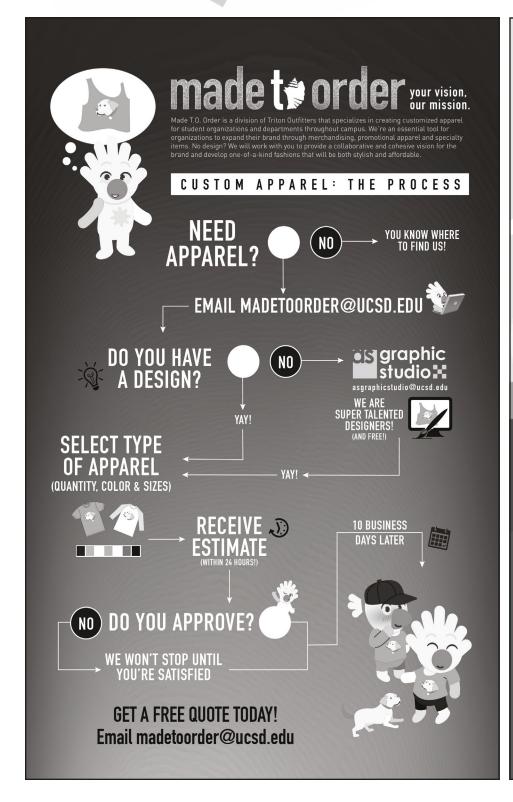
This is also a movie that most of us have already seen, but it will never get old! In this film, after a couple (featuring Alec Baldwin and Geena Davis) passes away in a car accident, they begin to haunt the family who buys their house (featuring Winona Ryder as the daughter). Watch as the couple befriends Ryder's character and eventually fight off an unwanted appearance from Beetlejuice himself!

### The Birds (1963)

This is yet another classic film that can be watched in both black and white or color, made by one of the most famous directors, Alfred Hitchcock. Watch a young San Franciscan socialite travel out to a small town in Bodega Bay for a small vacation. However, once she arrives, the town is suddenly taken over by countless, violent bird attacks. Though this does feature some of the cheesiness featured in "House on Haunted Hill," it is all done in a way that still provides enough suspense to keep you captivated!

### Monster House (2006)

Unlike the other movies listed above, this one is completely animated, but absolutely does not disappoint. This film follows three kids as they observe the old man across the street. After noticing that the house he lives in seems to be a living being of its own, they go inside to put an end to it before it hurts anyone else. Though this is a children's movie, you're never too old to fall in love with it. With plenty of comedy, scares, and even some emotional scenes, this movie is a true Halloween essential!







OCT 21 - OCT 27

OCTOBER 24 • 11am-2pm

9TH ANNUAL SUSTAINABLE FOOD EXPO Price Center East Ballroom



### pcoming

UniversityCenters.ucsd.edu



### Calavera Workshop w/ Raza

TUES., OCT. 22 Event: 5PM - 7PM Price Center, West Ballroom FREE for UCSD Students w/ID



### Bülow

TUES., OCT. 22 Doors: 8PM . Show: 8:30PM The Stage Room @ Student Center FREE for UCSD Students w/ID



### **Hump Night: US** Movie w/ Black Resource Center WED., OCT. 23

Show: 6:30PM Student Center @ The Hump FREE & Open to the Public



### Sustainable Food Expo THURS., OCT. 24

Event: 11AM - 2PM Price Center, East Ballroom FREE & Open to All



### Scary Stories to Tell in the Dark

THURS., OCT. 31 Doors: 6:30PM • Show: 7PM Price Center Theater FREE for UCSD Students w/ID





Sam the Cooking Guy THURS., OCT. 24 Doors: 5:30PM • Show: 6PM FREE & Open to the Public



**Taylor McFerrin** THURS., NOV. 7



### Doors: 8:30PM • Show: 9PM FREE for UCSD Students w/ID / \$15 GA

**SASSY Evening** of Storytelling **SAT., NOV. 16** 

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### **MON**10

**UCDC SPRING 2020 PRIORITY DEADLINE - TEACHING + LEARNING COMMONS @ GEISEL** 

UCDC is an academic program that allows students to continue their studies and gain valuable on-the-job experience. Open to all majors, Washington, DC hosts extraordinary internship opportunities in every field. Submit your UCDC Application by 10/21 for early consideration into the UCDC program! Contact: ucdc@ucsd.edu Website: http://aip.ucsd.edu/ucdc

### 10am MOVE YOUR BODY, TONE YOUR **MIND - THE ZONE**

Interested in a moving meditation? Join us in learning postures to help reduce stress and anxiety and improve your mood. This practice will lead you to a sense of peace and general well-being. Dr. Dianna Quach is a clinical psychologist and a certified yoga instructor, RYT. All levels are welcome! Yoga Mats are provided! Contact: Tacorbett@ucsd.edu 858-534-9408

### 1pm PRISON PIPELINE AND PRACTICES - CROSS CULTURAL CENTER

This workshop address the prison industrial complex and highlights the impact of communities and economies. Contact: ccl@ucsd.edu Website: https://getinvolved.ucsd.edu/ccl/leadership.html

### 2:30pm GAY MEN'S RELATIONSHIP FORUM - WOMEN'S CENTER, SMALL GROUP

Starting Week 2, join CAPS and LGBT Resource Center for conversations about our experiences as gay men. This forum addresses relationships, sexual health, community building, and more! Contact: Dr. Greg Koch 858-534-3585 or

# **THU**10.24

### 9TH ANNUAL SUSTAINABLE FOOD **EXPO - PRICE CENTER BALLROOM**

University Centers Presents: 9th Annual Sustainable Food Expo FREE tasting, plants, & more! When: Oct. 24 // 11AM-2PM Where: Price Center East Ballroom Open to everyone (not just UCSD students)! Special Presentations: 11:30 AM: Gardening Workshop 12:30 PM: Documentary: Sustainable University Centers presents the 9th Annual Sustainable Food Expo in celebration of National Food Month as well as transitioning towards a happy healthy and transitioning towards a happy, healthy and nutritious Fall. Come and meet local and regional health care practitioners from all disciplines, sample scrumptiously healthy snacks, plant seeds to start your own garden, watch and participate in demonstrations, and explore endless possibilities for sustaining your mental and physical well-being. Contact: ucenmarketing@ucsd.edu

# HACKING FEARS AND REJECTION PROOFING YOURSELF! - BEAR

We all want to confidently ask out a date, break out of our comfort zones, or even chase our biggest life dream like starting a company. We also want to overcome our anxiety of rejection or failure, and defiantly ignore each no and maintain a deep inner confidence.

# **TUE**10.22

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# RELAXATION SKILLS - CAPS CENTRAL OFFICE, 190 GALBRAITH

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### 6pm **BIRCH AQUARIUMS HAUNTED AQUARIUM: SEA MONSTER MASH -BIRCH AQUARIUM AT SCRIPPS**

Come Enjoy close encounters with Scripps Oceanography scientists and search the exhibits for unusual underwater creatures rarely seen at Birch Aquarium. Discover a sea of glowing monsters (big and small), get sticky with slime, enjoy spooky stories, and boo-gie down to live music, all while having a monstrously good time. Recommended for ages 2+.

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Join a panel of students and expert staff for a Q & A on strategies for discovering and funding summer research, internship, and service opportunities. Learn how your peers made it happen! NOW is the time to plan for Summer 2020. Contact: eloui@ucsd.edu

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Join Outreach as we hike Potato Chip Rock! Do you want the THRILL of sitting on a thinly cut potato chip rock? Do you want to add one of those artsy Instagram posts to your own addition? Join Outreach for an adventure to one of the most iconic sites of San Diego and relax after a stressful midterm week. The hike has medium difficulty yet preparation such as water, snacks, energy bars and comfortable hiking gear is highly recommended. (Gotta stay hydrated y'all) Transportation will be provided. Please arrive at least 15 minutes earlier than bus time! Contact: fguan@ucsd.edu Website: https://www.facebook.com/events/23280943539 65768/?active\_tab=about

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### **ACROSS**

- 1. Host's request
- 5. Tube alternative 9. Kitchen amt.
- 13. Rocky Mountain state
- 14. Sacred 15. Homeric seductress
- 16. Skeletal
- 17. Source
- 18. German sub 19. Blabbed
- 22. Its capital is Vientiane
- 23. Versifier 24. Twain portraver Holbrook
- 26. Electrician's measure
- 28. Prevailed 29. Plumber's pipe material (Abbr.)
- 32. First White House occupant
- 34. Computer symbol
- 36. Hog that goes wild
- 37. Four escapees from 19-Across
- 40. Grassy expanses
- 41. Wiener schnitzel requirement 42. Enjoyed thoroughly
- 43. Blow it
- 44. Bridge opening 45. Geisha's accessory
- 47. Salon job
- 48. Lick
- 50. Wall Street collapse 52. Four escapees from 19-Across
- 59. Sharpened
- 60. Slithery critters
- 61. Opera set in Egypt
- 62. Exudes 63. Filler for some guns
- 64. Like most sweaters
- 65. Eve's grandson
- 66. Parodied
- 67. "Permit Me Voyage" author James

### DOWN

- 1. Chafes 2. Discontinue
- 3. Two escapees from 19-Across
- 4. Taxonomic group
- 5. Get the grain 6. Quarter-acre measure
- 7. Scads
- 8. Old wives' tale 9. Roman bank site?
- 10. Three escapees from 19-Across 11. Read, as a bar code
- 12. Cats and hamsters
- 15. Like many sought-after cigars 20. Unfettered
- 21. Wood used for piano keys
- 24. Berry found in films
- 25. Freud colleague
- 27. Ouarried
- 28. "To the Lighthouse" novelist
- 30. Appraiser's determination
- 31. Burial chamber
- 33. Part of a new bride's name, often 35. Govt. headed by Davis
- 36. Daily double, e.g.
- 38. Madonna role
- 39. Two-faced gatekeeper
- 44. In the '40s they were Big 46. Used improperly, as a privilege 49. They'll keep you on guard
- 51. Zulú warrior king
- 52. Oxford, for one
- 53. High time? 54. Former Chevy model
- 55. Sharp bark
- 56. "Rhapsody in
- 57. Falco of "The Sopranos" 58. Desert-grown fruit

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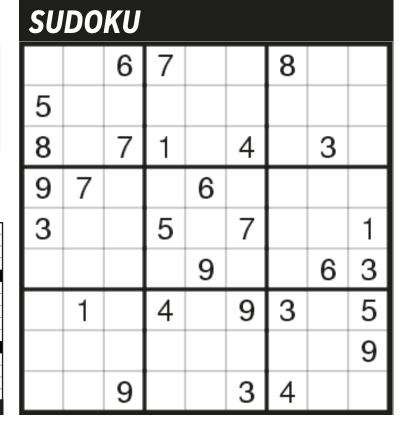
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### **WORD SEARCH**

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# TRITON TIMEOUT

With Jack Dorfman, Sports Editor

Painkiller trend in major league sports and a potential solution

Over the past few years, painkillers and opioids have found their way into sports news more and more often. For the first time in recent memory, these sorts of drugs are being mentioned in connection to sports more often than steroids.

This is a very troubling trend.

From José Fernández in 2016 to Tyler Skaggs just a few months ago, the opioid crisis has wormed its way into Major League Baseball locker rooms, or so it seems. While public consciousness of the major league opioid crisis is only now coming to fruition, hard pain killers and sports have been connected for quite some time out of the public eye.

In recent decades, sports have grown more competitive and more lucrative for the athletes who compete in them, and so has the physical toll these "games" exact. As the stakes have gotten higher in sports, high school and college athletes have been seeking every possible advantage they can find in order to secure scholarships and professional contracts in hopes of a future in sports.

While this has created an enormous economic boom surrounding sports, from television to social media, and from ticketing

to the literal jobs created by building and filling a stadium, it has left behind millions of has-been athletes, worn down by injuries and the wear and tear of a modern sports season.

In dealing with this grind of a season, many, if not all athletes, have experienced injuries, from the high school level all the way up to the professional leagues. While this should not come as a surprise, the prevalence of opioid painkillers across all of these levels might.

For many athletes, the only legal way to deal with the excruciating pain their injuries cause them is by obtaining prescription medication. These opioids that are generally required are addictive and are not especially difficult to obtain even once the initial injury goes away due to a flooded secondary market.

If players do not become addicted, they may still rely upon these drugs to deal with the countless nagging injuries that come up during a regular schedule of games. Now factor in chronic injuries that often go undisclosed to show coaches their toughness as well as any other number of injuries, and players seem almost justified in abusing painkillers.

Obviously, this should not be the

solution to athletic injury. There are potential ways to combat this crisis though. All levels of sports could shorten their seasons, hire more trainers and therapists, and try to limit the contact permissible within the rules of their games. Many sports leagues, from high school all the way to the NFL, NBA, and NHL, have already taken minor steps in this direction.

But in the end, these leagues all serve to make their parent institutions money, from the NCAA to a local high school that needs more money for its arts programs. With so much money in sports today, asking owners and players to spend even more money on their physical well-being could be a tough sell. But if you tack on all of the remedial drug therapy and rehabilitation center costs, then maybe these costs would seem more justifiable, right?

Maybe for the players themselves, but most leagues do not have luxurious rehabilitation centers built-in for current players, let alone retired players, and certainly not for players who did not make it to college or professional leagues.

The low-cost answer?

Marijuana.

I am not an advocate for

marijuana in general. I don't smoke or have anything to do with the drug. But it certainly has been more harshly criminalized by the federal government than its effects warrant. And on top of that, marijuana and marijuana-related products already can be used medicinally and recreationally in many states.

Why can't marijuana, a non-addictive pain limiter, take the place of addictive drugs?

The penalties for their use are often the same. An athlete caught smoking marijuana at any level could face suspension and hefty, both of which cost athletes valuable time on the field to practice and to earn money.

In order for marijuana to become a viable mainstream pain reliever for athletes, which athletes around the world are advocating for today, the restrictions surrounding the drug will need to be lessened, first in terms of sports rules, and then in federal legislation. If those steps take place, athletes around the world could be spared the costly and crippling cycle of addiction.

READERS CAN CONTACT

JACK DORFMAN JDORFMAN200@UCSD.EDU

### ▶ BRIEFS, from page 16

Jon Pascale 90, 90, and 58 minutes respectively, continuing to prove that they could be counted on late in the season.

With the win, the men's team moves to 10–3 overall, and 5–2 in California Collegiate Athletic Association play, good for second in the conference. Their next game will be against California State University, Stanislaus, who are struggling in CCAA games, sporting a 0–7 record.

Like the men's team, the UCSD women's soccer team also took care

of business during Homecoming Weekend. Freshman midfielder and forward Kate Hottinger got the festivities started just before halftime scoring her first goal of the season, which turned out to be the final goal of the game as well.

Although the Tritons only won by a score of 1–0, they dominated all facets of the games once again. They had advantages in shots, shots on target, and corners; the most telling statistic was the disparity of possession time, with the Tritons controlling the ball for 61 percent of the game. This women's team displayed their ability to take over a game and showed Homecoming game fans why they are undefeated and atop the conference standings with an 11–0–1 overall record and a 6–0–1 record in CCAA. The women's team will look to keep it rolling on Sunday at home against third-place Stanislaus State.

READERS CAN CONTACT
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NOVEMBER 11-15, 2019

W Volleyball 10/24 M Water Polo 10/25 6PM W Soccer 10/23 4:30PM

7PM

M Soccer 10/23

vs. Air Force vs. CSU San Marcos vs. CSU San Marcos

@ Sonoma State

# UCSD Inducts Juster, Nalu, and Takeuchi into Seventh Hall of Fame Class

In a ceremony held on Oct. 20, UC San Diego Athletics welcomed Leora Juster, Mike Nalu, and Sheri Takeuchi into its seventh Hall of Fame class. Between them, the inductees have won three national titles, 12 All-America Honors, and hold several school records; they spoke about the efforts they put into athletics, the rewards they reaped, and the relationships they cultivated along the way at their induction ceremony on Sunday,

The three honorees were selected after an extensive nomination and selection process. All former student-athletes who spent at least two years at UCSD and have been out of the program for 10 years are eligible. "It's an opportunity for us to share with others - alumni, family members, and friends the history of our program. It's just a chance to tell a story about athletics," said Athletic Director Earl Edwards, who is nearing his 20th year on the job.

Basketball star Leora Juster (2003-2007) still has her name all over the school's record books; she is UCSD's all-time leader in points and field goals in both a season and a career, second in career steals, and third in career assists. "It offers us an opportunity to really look back over a decade after leaving and remember the experiences that you shared with these people," Juster said of the

After being introduced by her former coach, Jenell Jones, Juster spoke about how her time on the team helped her build relationships and an elevated sense of purpose. "It's easier to say there's so little that it didn't help

me with, since it changed who I am inside, and developed me in terms of getting along with other

people, and leading," Juster said. Mike Nalu (1991-93, 1995) also sits atop the UCSD water polo record books in scoring and steals, in addition to his three WWPA Player of the Year and All-American honors. "It's been wonderful to get my family involved," Nalu said. "I have two boys and having them in this has been really fun.

Nalu and his coach, the legendary Denny Harper, had glowing praise for one another. [Harper's] a real high character, high integrity guy, and surrounds himself with people like that you're only going to find good results from that," Nalu said.

Harper, on the other hand, said, "There are a lot of kids out there that you would say are shooters. But Í like to get players who are scorers. And Mike is the epitome of a scorer." Nalu also spoke about the skills playing water polo gave him: "Sports just teaches you how to compete, how to take loss, how to persevere when things don't go well — and it all translates in the real world."

Diver Sheri Takeuchi (1993-96) is no stranger to accolades — she won three national titles, seven All-America honors, and twice broke the national 3-meter record during her time at UCSD. "It's been really great to look back on those years and remember all the fun we had, all the hard work and camaraderie," Takeuchi said of the

She mentioned the physical and mental effort it took to maintain her place among the nation's best

for all four years of her collegiate diving career, aided by her parents and coaches. "It helped me learn focus, time management, perseverance, tenacity — things that I try to teach my kids. Not just the accomplishments and the successes, but also the failures."

The ceremony included many of the honoree's friends, family, and teammates, as well as current and past UCSD coaches. In Juster, Nalu, and Takeuchi, it brought together many of the school's greatest athletes to celebrate success — a theme that will surely continue as the Tritons seek to establish themselves as a Division I program.

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### Daryl Morey, Hong Kong, and the Limits of Sports Activism

It began — as these things often do — on Twitter. Houston Rockets General Manager Daryl Morey tweeted a picture "Fight for Freedom. Stand with Hong Kong" on Oct. 4. What started as a pro-democracy tweet by an executive most NBA fans couldn't pick out of a lineup quickly turned into a firestorm at the intersection of sports and politics. In doing so, the fans have provided the current generation of superstars a battleground for protest in which there's real cash at stake — and the ramifications will affect all future political speech coming from the sports world.

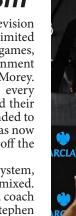
Activism is nothing new in sports, but the current generation of superstars have avenues to express themselves that were inaccessible to those before them. But that trend has been coupled with a rapid monetization of players' public personas. There is no better example of this than LeBron James's recent attempt to trademark "Taco Tuesday." Combined with the NBA's rise globally, it was only a matter of time before politics and finance came into conflict.

Which brings us back, of course, to Daryl Morey. Within days, the Rockets joined Winnie the Pooh and Tiananmen Square among the casualties of the Great Firewall of

China; China Central Television and Tencent Holdings Limited stopped airing Rockets games, and the Chinese government asked the NBA to fire Morey. When the league refused, every Chinese sponsor terminated their deals, and the TV ban extended to all games. While that ban has now ended, the Rockets remain off the

As for the NBA ecosystem, the responses have been mixed. Golden State Warriors head coach Steve Kerr and star player Stephen Curry gave noncommittal statements, despite being on the forefront of the league's political zeitgeist. Rockets star James Harden even apologized for Morey's comments. But the most inexplicable comments came from the greatest current NBA player, James, who criticized Morey as "uneducated" on the issue and for being selfish by risking league

It might be too far to call players hypocritical, as some have, for being vehemently anti-Trump James famously called the president "U bum" in a 2017 tweet and yet remaining silent about China. After all, one can sense players' discomfort when asked about a foreign protest movement they're likely uninformed about. But it delegitimizes future NBA



positive — if players submit to such a clear attack on the league. As for James, Fox News's Laura Ingraham was wrong to say he should just "shut up and dribble" last February. But that would've been preferable to James's comments, who condemned Morey, while those in Hong Kong, Xinjiang, and across China face draconian human rights violations daily speak louder than

- most of it being

LeBron ever could. It's futile to ask billion-dollar corporations to worry about anything other than their bottom lines, even the NBA. But the players face a responsibility today that they will often face again, and appeasement can only defer it. Maybe it's unfair to make this comparison, but since James was willing to monetize "shut up and dribble" into a documentary of that name about the history of sports activism, it's one he's welcomed. Muhammad Ali gave up the prime of his career to protest the draft. Colin Kaepernick lost his

career protesting police brutality. Tommie Smith and John Carlos were expelled from the 1968 Olympics for protesting racial injustice. To James, it seems Space Jam 2 was more important. But to the rest of the league, we can only ask: What are you willing to lose?

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# Sports Briefs

### Women's Volleyball makes quick work of Homecoming weekend opponents

The UC San Diego women's celebrated volleyball team Homecoming Weekend putting together back-to-back wins against California Collegiate Athletic Association opponents California State University, Chico Wildcats and California State University, Stanislaus Warriors.

In the first game on Friday, the Tritons swept the Wildcats 3-0. Outside of the final set, where Chico State made a comeback attempt, UCSD was in solid control of the entire match. That continued into Saturday, as UCSD took four sets to defeat Stanislaus State 3–1.

Senior middle blocker Jessica Rieble emerged as the Tritons' offensive leader. Rieble put up a team-high 29 kills off 44 attempts, good for a 59.1-percent hitting percentage. Junior outside hitter Gina Cortesi has returned to form after sustaining an ankle injury a week ago. Cortesi recorded 16 kills on 45 attempts and 13 digs in the two games.

With the two wins this weekend, the Tritons climb to 13-6 overall and 7-4 in CCAA play. However, UCSD's conference ranking remains the same as last week: The Tritons currently sit in fourth place in CCAA South Division. The three teams above the Tritons

 California State University, San Bernardino, California State University, Los Angeles, and California State University, San Marcos — also added two wins to their records this weekend.

This coming week, the Tritons will head out on the road to face off against two more CCAA North Division teams: California State University, Sonoma and California State University, Humboldt. Expect UCSD to cruise past the Sonoma State Seawolves and Humboldt State Lumberjacks who have combined for only two conference wins and 10 total wins on the season — but stay tuned next week when UCSD will see much stiffer competition. The Tritons face off against division rivals CSUSM and CSULA at home. All three of these teams are within one game of each other in the standings, and so the second playoff spot in the CCAA South Division could come down to whoever wins those games.

> READERS CAN CONTACT WESELY XIAO WEXO67@UCSD.EDU

### Men's, Women's Soccer open Homecoming with shutout wins

The UC San Diego men's and women's soccer teams came out victorious this past Friday, both beating California State University, Chico 1–0.

The men's team, looking to build off their 9-3 record, was led by redshirt junior goalkeeper Pedro Enciso who had 4 saves. Junior forward Brett Jones notched the only goal of the contest in the 32nd minute off an assist from freshman midfielder Cory Daley. Freshman midfielders Daley, Cooper Lachenbrunch, and Alessandro Allen gave head coach

See **BRIEFS**, page 15