

BEST OF SAN DIEGO



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THE UCSD GUARDIAN SURVEYED STUDENTS TO FIND OUT WHAT MAKES IT WORK IN SAN DIEGO. FROM BEST BOBA TO BEST TACOS, FIND OUT WHERE YOU SHOULD GO WHEN NEED TO MAKE QUICK DECISIONS AND SMART CHOICES. LIFESTYLE, PAGE 6

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UCSD



Photo by Megan Lee /UCSD Guardian

A.S. Council Authorizes Election for Division I Vote

BY KRITI SARIN NEWS EDITOR

Members of A.S. Council unanimously voted to add an Intercollegiate Athletics Association fee increase to facilitate a transition from NCAA Division II to Division I athletics at UCSD during tonight's meeting. The special election to increase student fees by \$160 per quarter starting Fall 2016 will be held during Week 8 of spring quarter.

Former national ESPN sports commentator and UCSD alumnus Beth Binger told the UCSD Guardian the transition to Division I will improve the university's academics as well as its athletic presence.

“[The long-term effects of going Division I] will be tremendous,” Binger said. “It will pull more alumni back to campus, just by virtue of the profile of Division I, which will hopefully lead to more giving. Ultimately, what we're most interested in is funding student scholarships and continuing the excellence of students, both academically and athletically. Division I will help do that, while giving students who are superior athletes a platform, a level playing field, with their peers.”

The current ICA student activity fee is \$129.38 per quarter, or \$388.14 per academic year. If the university proceeds with the divisional change, this amount will rise in increments annually for three years; \$189.38 per quarter in 2017, \$244.38 per quarter in 2018, \$289.38 per

quarter in 2019.

Sixth College senior and UCSD swimmer Colleen Daley described how athletics allow for more community recognition.

“We deserve the chance to be excellent and we deserve to be recognized for our excellence,” Daley said. “Moving to Division I will provide that visibility and allow all areas of the UCSD community to be recognized [by the public] in the way that we recognize ourselves already.”

UCSD '91 Muir College alumna Annamarie Bezerides stated that obtaining Division-I status would impact alumni and future students alike.

“It is so important for students to have a chance to vote on this and realize that it's not just about the four years that you are here,” Bezerides told Council. “It's about the legacy that you, as future alumni of this institution, will carry with you forever.”

Eleanor Roosevelt College senior Joey Tompkins said that though he will be graduating in June and will not experience attending a Division-I university during his academic tenure, he is optimistic about the impact the change will have on future generations of Tritons.

“Our student athletes work very hard balancing academics and athletics year-round on a daily basis,” Tompkins commented. “I definitely believe they should be recognized

See **DIVISION I**, page 3

UC SYSTEM

UC President Plans to Add 14,000 Beds by 2020

BY MARIA SEBAS
STAFF WRITER

UC President Janet Napolitano announced a new plan to add 14,000 beds to UC campuses by 2020 at the UC Board of Regents meeting on Jan. 20. The President's Student Housing Initiative, is part of a systemwide effort to ensure sufficient housing for what is expected to be a significant enrollment increase over the next three years.

UC Office of the President Media Specialist Kate Moser told the UCSD Guardian that the housing initiative is also an effort to keep housing affordable for all UC students.

“Many of our campuses are located amid some of California's most expensive real estate,” Moser said. “And this effort is aimed at alleviating any housing shortages students are facing and supporting current students as well as future

enrollment growth.”

UCSA President Kevin Sabo told the Guardian that Napolitano's housing initiative builds on a current proposal that was already adopted.

“There were some different capital projects that had to do with housing that would have been completed several years from now,” Sabo said. “And this proposal is a way to speed that up so that the 14,000 beds are accomplished by 2020 rather than several years from that point on.”

Sabo continued by pointing out that the housing initiative would not be completed in time for the upcoming enrollment boost of 10,000 students.

“There aren't solutions in place for them so we still have our work to do and we're not out of the woods yet,” Sabo said.

In terms of funding for additional housing, each campus will assume additional debt according to its

respective debt capacities. Sabo pointed out that although the housing initiative will not cause students' fees to increase in the short run, campuses only have two options in the future.

“The important thing to remember is in the short term, technically our tuition is not going up,” Sabo said. “But if campuses are assuming additional debt, then that means in the future they'll either be asking for that funding from the state or they'll be raising tuition and fees.”

The next step in the initiative is a system tour to all 10 campuses conducted by Executive Vice President - Chief Financial Officer Nathan Brostrom and Chief Investments Officer Jagdeep Singh Bachher to understand housing goals. The visits are scheduled to begin on Jan. 22.

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CAMPUS

Former UN Ambassador Speaks at Global Forum

Anwarul Chowdhury discussed the U.N. Culture of Peace Programme at Great Hall this past Monday.

BY TINA BUTOIU
MANAGING EDITOR

Former Under-Secretary-General and High Representative of the United Nations Ambassador Anwarul Chowdhury spoke about the U.N. Culture of Peace Programme at this past Monday's Global Forum held in Great Hall.

The event was co-sponsored by the San Diego World Affairs Council, the San Diego Diplomacy Council and the U.N. Association of USA, San Diego. In attendance were U.N.A. President Bettina Hausmann and U.S. National Commission for UNESCO Commissioner Joanne Tawfilis, who both spoke prior to Chowdhury's speech.

Chowdhury discussed the goals of the 1999 U.N. Declaration and Programme of Action on The Culture of Peace and how members of the U.N. Member States, media and civil societies, and other U.N. entities can promote them.

The Programme focuses on improving eight specific areas through both governmental and non-governmental action: education, sustainable development, human rights, equality between men and women, democratic participation, solidarity and tolerance, the free flow of information, nuclear disarmament and peace and security. While Chowdhury successfully chaired the meeting to pass The Culture of Peace declaration in 1999, he believes that individual action is necessary to actualize it.

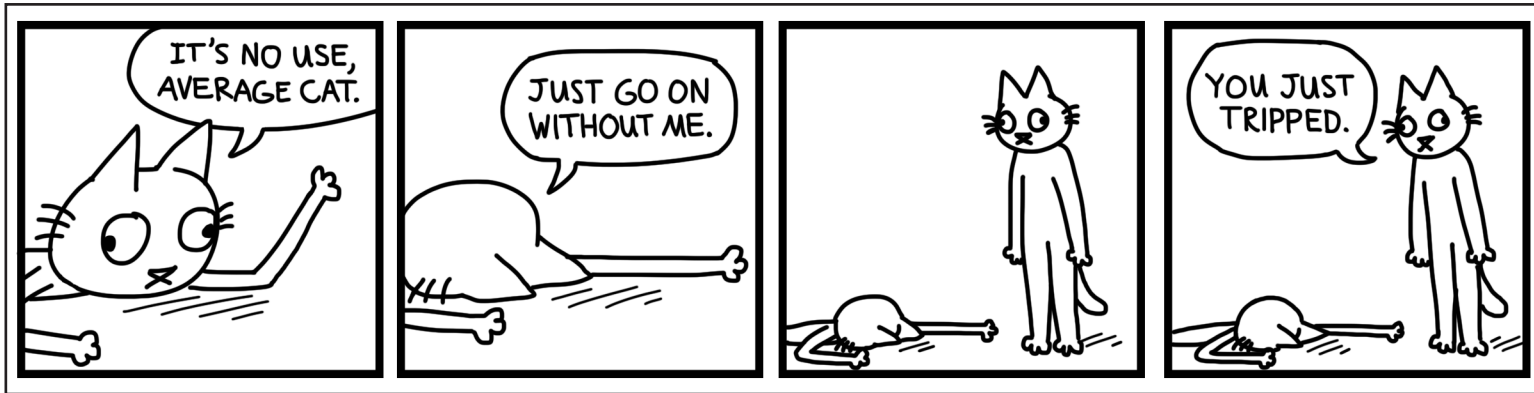
“Poverty eradication and population issues needed to be more closely connected with broader issues of peace and development and human rights,” Chowdhury told the UCSD Guardian. “As the Cold War was ending ... I felt there should be a bigger opportunity to making peace sustainable forever and not going back to a Cold War [state] again ... In 1999, we got an agreement on [the Culture of Peace] but if I present it now, I don't think I'll get [an agreement].”

Senior and Model United Nations member Jessie Warne agreed with the notion of peace but argues it is limited.

“I think Mr. Chowdhury needs to expand his definition of 'education' to include the essential act of exposure to people different than you, rather than simply being told not to dislike them,” Warne said. “The 'culture of peace' is ... about increased exposure between groups to dissipate the stereotypes. When people have little exposure to people who look, think or act differently than them, no amount of time in the classroom will sufficiently alter their anxieties and hostilities.”

Tawfilis, however, iterated Chowdhury's message by describing See **AMBASSADOR**, page 3

AVERAGE CAT By Christina Carlson



SCIENCE & TECHNOLOGY

Epidemiologists Link Low Sunlight Exposure to Leukemia Rates

The study found that people in high-altitude areas far from the equator are more likely to be vitamin D deficient.

BY LISACHIK
STAFF WRITER

Epidemiologists at UCSD School of Medicine reported that people living at higher altitudes with lower sunlight and ultraviolet B exposure are at least twice as likely to develop leukemia than equatorial populations. UCSD co-authors Cedric Garland, Raphael Cuomo, Edward Gorham and Sharif Mohr published their findings associating vitamin D levels with leukemia in an online issue of PLOS One last month.

The study analyzed age and elevation-adjusted incidence rates of leukemia using data collected in 172 countries by the International Agency for Research on Cancer of the World Health Organization for its GLOBOCAN Project. This information was compared with cloud-cover data from the International Satellite Cloud Climatology Project.

Doctor of Public Health and Professor in UCSD's department of family medicine and public health Cedric Garland explained that populations farther away from the equators will, on average, be exposed to solar energy that has traveled farther through the Earth's atmosphere, thereby lowering the amount of UVB

available to the skin.

"The results suggest that much of the burden of leukemia worldwide is due to the epidemic of vitamin D deficiency we are experiencing in winter in populations distant from the equator," Garland told UCSD Health. "People who live in areas with low solar UVB exposure tend to have low levels of vitamin D metabolites in their blood ... [placing] them at high risk of certain cancers, including leukemia."

Revelle College junior and Community Service Coordinator of the Public Health Club Kristina Chepak emphasized the necessity of publicizing this information order to minimize individual risks of developing leukemia.

"The actions needed to be taken in public health would be to educate the population who are not exposed to enough sunlight on different ways to obtain vitamin D, like taking vitamin D supplements or obtaining it from fish, eggs or milk and orange juice that are fortified with vitamin D," Chepak told the UCSD Guardian.

According to the study, a molecule found in the skin absorbs the wavelengths from sunlight, and the liver and kidneys metabolize it. This molecule then acts on vitamin D receptors in bone marrow to make up junctions that help tightly bind

cells together, causing increased contact inhibition of cancer. The process results in transcription of G1-phase inhibitors, which control mitosis and may therefore help prevent the uncontrolled proliferation of white blood cells that is characteristic of leukemia.

The researchers' conclusion is consistent with results from similar investigations concerning other forms of cancers including breast, colon, pancreatic, bladder and multiple myeloma. In each study, reduced UVB radiation exposure and lower vitamin D levels were associated with higher risks of cancer. Leukemia rates were highest in countries relatively closer to the poles, such as the United States, Australia, New Zealand, Chile, Ireland and Canada; they were lowest in countries closer to the equator, including Bolivia, Samoa, Madagascar and Nigeria.

"These studies do not necessarily provide final evidence, but they have been helpful in the past in identifying associations that have helped minimize cancer risk," Garland explained.

According to the American Cancer Society, 54,270 cases and 24,450 deaths from leukemia occur in the United States alone each year, and there is no known way to completely prevent most types of leukemia. Revelle junior

and External Affairs Coordinator for PHC Omar Sajjad expressed that while adequate amounts of vitamin D may be a preventative measure, the need for sun protection still exists.

"The key thing is to know how to limit your risk for sun-related cancers," Sajjad told the Guardian. "Try to avoid the sun during the times of day when its rays are strongest."

Chepak suggested that people aim for 20 to 30 minutes of sun exposure while wearing protective sunscreen. She also encourages an increased consumption of fish and eggs along with products that are fortified with vitamin D, including orange juice and milk. Lastly, Chepak acknowledged that substitutes for sunlight, including safe tanning beds and portable full-spectrum light panels, could provide healthy amounts of UVB.

"Sweden created a form of light therapy that is used to help with Seasonal Affective Disorder, or 'winter blues,' caused by lack of exposure to sunlight," Chepak told the Guardian. "It helps promote vitamin D production [and] has helped students be more alert and focused in school. Maybe something like this would be beneficial in reducing the risk of leukemia."

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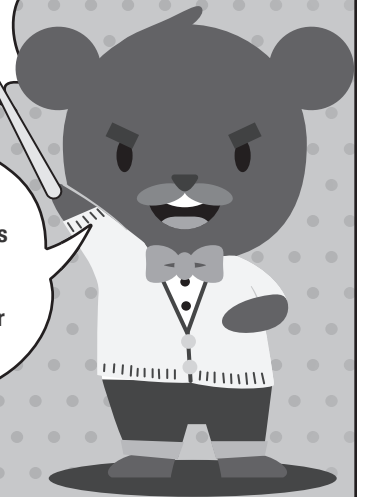
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Chowdhury: UN Security Council Should Eliminate Veto Power

► **AMBASSADOR**, from page 1

how education prepares students to participate in The Culture of Peace.

"If you study really hard and go in [the world] with fresh ideas, talk to each other, speak more than one language ... you can get into these dialogues," Tawfilis said. "You'll know at some point in your life what you can do to support the culture of peace."

Chowdhury acknowledged that it is difficult to achieve consensus within the U.N. and suggested that one possible solution would be the elimination of the veto power in U.N. Security Council. The security council has 15 member nations, five (the United States, China, Russia, France and the United Kingdom) of whom can block any resolution regardless of how the other members vote.

Warne disagreed with Chowdhury's proposal by saying it enables the U.N. to be an effective institution.

"[Veto power] does cause stalemates, but it was created after WWII in an attempt to prevent another major war — when the main military powers can say 'No' to a plan, it helps prevent it," Warne said. "For countries

like the U.S., Russia and China who receive little to no developmental or economic benefit from the U.N., veto power is a powerful incentive to keep them active and engaged in the U.N. and without the presence of the P5, the U.N. would be functionally useless."

Chowdhury expanded on the issue by telling the Guardian that at least 50 percent of U.N.-member nations would need to agree to this and that the nations who have veto power would be unwilling to give it up.

"I think the founders of the U.N. gave into that situation," Chowdhury said. "Maybe that was appropriate in 1945 but not anymore ... In a monopolar world, many governments do not even have the ability to object to any point of view the U.S. holds and this is a big problem."

When asked by an audience member about the current refugee crisis, Chowdhury said could have been addressed more promptly and adequately.

"U.N. has been trying resolve these issues [refugee crisis] over the past four or five years it has become more complex," Chowdhury said. "We could have handled this situation much better four years ago than now

... I would also say that sometimes situations develop in a way that it is beyond anybody's capacity to stop it"

In addition to the refugee crisis, Chowdhury explained to the Guardian that fear of terrorism places individual human rights and liberties in danger.

"Sept. 11 has projected terrorism into a much higher level than it deserves and it has allowed the authorities in power to use the excuse of terrorism, both who are victims and perpetrators of terrorism," Chowdhury said. "Sometimes, people do not understand that lack of liberty, freedom and individual human rights can undercut all of the other big efforts against terrorism, autocracy or dictatorship."

Chowdhury recognizes it may be difficult to institute change directly on a political level and discussed how he believes personal efforts within The Culture of Peace are the most effective.

Additional reporting by Marvin Andrade and Reilly Hurley from Prospect, UCSD's Journal of International Affairs.

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None of Those Who Spoke at Public Input Opposed the D-I Vote

► **DIVISION I**, from page 1

for that level of commitment to their sports and academics."

Engineering alumnus Ping Yeh, who received a bachelor's degree from UCSD in 1999 and a master's degree in 2001, described his experiences as a student on campus and the legacy his class left behind; Yeh asked Council members what they want to leave behind.

"When I walk on campus and I now see people taking pictures with the [Triton] statue, I smile with pride, because that's something that my class

built — we did that," Yeh said. "But when I look beyond the statue and see Price Center and RIMAC, I feel thankful because previous generations paid for those [amenities] so that the next generation could benefit."

According to A.S. President Dominick Suvonnasupa, if passed, the fee increase will need to be approved by Assistant Vice Chancellor of Student Life Gary Ratcliff, Vice Chancellor of Student Affairs Juan Gonzalez, UCSD Chancellor Pradeep Khosla and then the UC Office of the President.

Four other undergraduate students expressed support for going Division I

during the public input portion of the meeting. No members of the public voiced opposition to the referendum. UCSD Athletics Director Earl Edwards, Senior Associate Athletics Director Ken Grosse and Deputy Athletics Director Wendy Taylor May were also present at the meeting, but did not address Council. Suvonnasupa initially proposed the Division I referendum at the first Council meeting of Winter Quarter on Jan. 6.

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OPINION

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Can You Hear Me?



Finally, a student adviser has been added to the UC Board of Regents for a two-year trial, but this doesn't necessarily mean students will have a legitimate voice in important administrative decisions.

ILLUSTRATION BY CHRISTINA CARLSON

The UC Board of Regents unanimously approved student regent Avi Oved's proposal to add a nonvoting student adviser to the board for a two-year trial period last Thursday. Student advisers will serve on the board for one-year terms and come from different academic degree levels than the student regent. Since the 2016-17 student regent designate, Marcela Ramirez, is a Ph.D. student, the candidates for the 2017 student adviser position will likely consist of undergraduate students. This way, both undergraduate and graduate University of California students have an opportunity to communicate their specific needs to the regents.

While this new position will increase student representation and facilitate communication with the board, it might not be as impactful as it appears to be. Oved's proposal initially sought to add another voting student regent to the board, and he spent

most of his term working to make this proposal feasible. After one year of compromising with the regents, an "adviser" position is the most they will accept. Yes, adding another voting member to the board would require a constitutional change, but why is that impossible for the regents to consider?

The student adviser position is a good start to bridging the gap between UC students and administrators, but students need real power in order to truly ensure that their voices are heard. The UCSD Guardian editorial board commends Regent Oved for his tireless efforts to implement change. We urge future student regents not to feel satisfied with the amount of representation his proposal currently allows for and to instead continue to push for the voting rights on the board that he originally intended.

Being able to hear and understand students' perspectives is a step in the right direction.

See **REGENTS**, page 5

Women's Division of Athletics Deserves More Support from the Student Body

UCSD's annual Spirit Night was this past Friday, garnering a record-breaking number of attendees for the men's game since 2008. The men's game attracted a whopping 3,924 audience members, a slight edge over 2008's previous record of 3,906 audience members. In comparison, the women's game brought on a fraction of the men's audience: 1,674 fans or 42 percent of the maximum number of fans for the entire night. That is a huge discrepancy between the two games. A 58-percent difference prompts the question: Why are there so many more fans at the men's game than the women's game? One important issue to address is timing.

The women's game tipped off at 5:30 p.m. on a Friday night and the men's game at 7:30 p.m. Yet, in a two-hour time span, 2,250 more fans were accounted for. It's not like the women's team's athleticism could deter fans. In fact, the women's team is ranked No. 21 in the NCAA and has been keeping an impressively positive win-loss ratio this season: 10-2 in the California Collegiate Athletic Association and 15-3 for all games. The No. 17 men's team, ranking slightly higher, have the same win-loss record as the women. If high-scoring games drives excitement and attendance to games, then by all means, the women should have an equal — if not more — amount of fans on big games like Spirit Night. This past season, the top three scoring

games for the women were: 93-34 against San Francisco State, 95-72 against Dominican (CA) and 90-76 against Cal Poly Pomona. The men's top three scoring games have been: 86-74 against Colorado School of Mines, 81-62 against Cal State Monterey Bay and 79-55 against Cal State Los Angeles. A matter of talent is completely out of the question — both teams have the capacity to perform at extraordinary levels and should not affect attendance. What can affect turnout, though, is what time the women's team plays.

There are a few scenarios that would prove a satisfactory answer for the wide gap in attendance. It's on a Friday and students could be returning home after a long week. Classes, unfortunately, run past 5 p.m. on Fridays and some students are still in lecture. Or some may consider Spirit Night an opportunity to partake in the tailgating culture that is present on other university campuses. This, of course, excludes all those that do not want to go to the game in general.

Even if all the other factors stated above held true, UCSD Athletics must be aware of the discrepancy in attendance. Surely UCSD does not undervalue women's athletics over men's by having one team play before the other time and time again. Or perhaps UCSD is abiding by a long held tradition of men playing after women. Or, possibly, UCSD is being held captive by other universities to

keep up this tradition. Regardless of whatever factor or factors stifle attendance for the women's basketball game on such a unifying night, there should be some recourse to ensure that the women's team gets just as much support from UCSD as does the men's. That could look like the men's game being played before the women's game, or having Spirit Night — and other basketball games throughout the season — alternate which team plays first. On an away game, for instance, if UCSD plays a double header and the women's team plays first, they essentially get less down time between arrival and being courtside, ready to play. There's no reason that the men's team should be privileged with an extra two hours of rest and relaxation after getting off the bus.

If UCSD Athletics wants to set the standard in "all aspects of competitive success, academic excellence, ethical conduct, student-athlete experience, campus pride..." the program should look into facilitating campus pride for the student-athlete experience of the women's basketball team on nights like Spirit Night. Flip the play times, alternate the tip-off each year — a subtle change could go a long way to show that both teams have an equal footing in representation and support on our campus and send a wider message for progress for equal representation in athletics. Do this because male dominance in athletics is so pre-Title IX.

Opening the Minds of Engineers

HAND & HEART
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As an engineer, I used to measure the value of everything based on hard numbers, while my ex-wife — an art historian and sociologist by training — did not. The dichotomy in our worldviews, and my arrogant belief in the superiority of my own, fractured our marriage and contributed to our divorce. My engineering education had indoctrinated me to value only the quantifiable, to be an unquestioningly obedient employee designing machines for the highest bidder. I was oblivious to the repercussions of my ideology.

Everything changed when I read *Engineering and Sustainable Community Development* by Juan Lucena. I discovered that my focus on quantitative details, air of superiority, and complicity in hyper-consumption and inequality were symptoms of the dominant engineering mindset. This mindset includes an assumption of only one right answer to every problem, a belief that engineers are expert in everything and a lack of critical thinking. Lucena illustrates how this mindset subjugates engineers to imperialism, militarism and consumerism by recounting myriad cases of engineers exploiting indigenous peoples and the environment in the name of material growth. For example, engineers building the Suez Canal used millions of slaves — thousands of whom died — to establish man's dominion over nature.

Whenever I admit to being an engineer, there is a degree of shame in my voice. Yes, engineering has benefitted society, but only if "society" really means "the wealthy." Consider sanitation — in the 20th century, improved sanitary technology in wealthy countries like the U.S. eradicated numerous diseases, while the Centers for Disease Control and Prevention estimates that 2.5 billion people worldwide still lack access to hygienic toilets.

Engineering's destructive and unjust history is rarely, if ever, taught to engineers, and its pervasive mindset has become institutionalized. Nowhere is this more apparent than the Massachusetts Institute of Technology, where I attended graduate school: arguably the world's preeminent institution of engineering education. MIT's mascot is a beaver (nature's engineer) and its motto is "Mens et Manus" (Mind and Hand), denoting one who obtains theoretical scientific knowledge and applies it to practical ends.

Adherence to this motto engenders excellent facility in solving technical problems, but it eschews consideration for socio-cultural, political, environmental and ethical dimensions of the world. It's no surprise engineers create technologies that disrupt communities and ecosystems. The violent and acontextual complexion of engineering also precipitates racial and gender homogeneity in the field, with women representing less than 13 percent of the workforce according to 2014 data from the National Science Foundation.

A few academic programs like Global TIES at UCSD, where I teach, are educating a new cadre of engineers concerned with the social and moral implications of their work, but such efforts are far from widespread. In this column, I will describe how my experiences opened my eyes to the harmful tendencies of engineering. I invite you to join me on a journey of critical self-reflection to challenge the dominant mindset of a field that purports to benefit society.

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Adviser Position Offer Students an Artificial Voice Without Real Influence

► **REGENTS** from page 4

Unfortunately, this is only the first step. As UC President Napolitano pointed out, the Board of Regents and the UC Office of the President already meet with students on a regular basis to hear their perspectives. As always, the more student voices they hear, the better, and with the new adviser position, this will be happening more frequently.

As we have seen during the tuition hike protests and the issue of divesting from private prisons, among others, the Board of Regents is by no means obligated take any action in direct response to student protests or petitions. In addition, when it comes to critical decisions such as tuition hikes, students voices may be heard but the votes are ultimately cast by a group of non-students who are appointed on the board for fixed 12-year terms and cannot be directly held accountable by students or Californians. However, even if students may not have a direct impact on the board,

the positions of student regent and student advisor do provide a platform to organize and promote student activism.

The UC Board of Regents in and of itself commands media attention and, when conflict or discussion arises, people across the nation pay attention. In addition, the board does include several ex officio officers who have seats up for election, including the governor, lieutenant governor and speaker of the assembly. While the regents themselves may choose to ignore student voices when casting their votes, those who hold California's purse strings will be listening. Over 90 percent of the 246,000 students enrolled in the UC system are California residents, many of whom are eligible, or will be eligible, to vote during their college careers. When mobilized, students are a formidable force to be reckoned with at the polls. Together, all three students sitting on the UC Board of Regents will be able to augment mobilization efforts and enact change. Furthermore, their individual efforts can be streamlined

to address the needs of specific communities alongside general system-wide goals.

It is also important to remember that, at the end of the day, the student regent is also a student with priorities that go beyond the UC system and with plans that extend past their undergraduate and/or graduate years in system. A maximum two-year term is not nearly enough time for a proposal or idea to be actualized; the student advisor position in itself is the germination phase of Oved's ultimate aim of a second student regent that could easily be forgotten if future students do not continue to push for it. The duty of the UC Board of Regents is to secure the future of the University of California as an institution, not necessarily the prospects or well-being of students who will eventually leave. As such, as fellow students, we have a responsibility to support our student leaders and our successors through continuous lobbying and advocacy efforts of our own and in whatever ways we can.



f
KSDT RADIO

**LISTEN LIVE AT
KSDT.UCSDB.EDU**

FIERCELY INDEPENDENT COLLEGE RADIO

LETTER TO THE EDITOR

To the editor:

As the number of students in the UC system continues to grow, it becomes more and more necessary for student representation in governance to grow as well. In today's vastly changing campus landscape students are growing, evolving and becoming more connected than any other generation previously. We need a system of governance that adapts just as quickly.

As the Student Body President for UCSD, it is my job to understand the needs of my students. To accomplish this, I rely on the insight and knowledge of student leaders from all over campus. It takes constant effort to be able to understand the student body. We have to constantly progress with the needs of the students, and these needs change quickly. I would imagine in as little as four years' time from my term, I would not understand the student body at all anymore. The needs and the desires of the students even one generation from now will be vastly different than from what I have experienced.

I represent roughly 26,000 undergraduate students. I spend my days in various community

spaces, meeting with and talking to students. I also live the student experience every day, and I still find it challenging to truly understand all the needs of 26,000 students. Imagine trying to understand the needs of 246,000. That is what the Regents attempt to do on a daily basis. The board is governed by 26 members, of which only two are students, and only one has a vote. Of the other members, most are well established in their careers, and the university experience is mostly a distant memory. Their experiences with tuition, food insecurity, housing prices, textbooks and racial equality are nothing like what we are experiencing. Thus, there are only two members on that board that really know what challenges we face.

Student Regent Avi Oved has proposed a student advisor position to the UC Board of Regents.

The student advisor position will advise the board on the student perspective, serve on various committees and cost very little to create or maintain. The benefits that an additional student perspective could provide are

limitless, and downsides are few. The Student Advisor will be one more valuable voice that fully understands the needs and desires of today's students, because they are part of today's student body.


Speaking purely from a business standpoint, a student advisor position makes sense. Getting additional insight on your organization with extremely low cost and little downside would be a smart business move. It will be a decision that would benefit all parties involved. It will help students because we will have another voice at the table. It will help the Regents because they will have access to another student perspective, which will allow them to function better, make informed decisions and enhance their working relationship with students. The Student Advisor position is an all-around win. I urge the Regents to move forward with this proposal and create a stronger bridge between students and the Regents.

Dominick Suvonnasupa
President, Associated Students
University of California, San Diego

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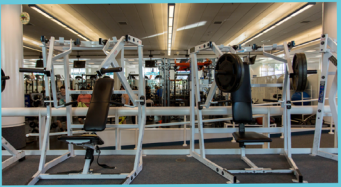
BATTLE OF THE GIANTS

59% **muir coffee house**



"The indoor space is nice for hanging out, and the Muiristas are so friendly and cool."

73% **RIMAC**



"The facility is much newer, and there are way more machines available for students to use!"

83% **vallarta express**



"Both are merely okay, but Vallarta has always been the go-to drunk spot."

56% **cody's**



"Cody's has an amazing view and the area around it is more interesting to walk around than the Cottage! Also, the seafood is great at Cody's!"

67% **pacific beach**



"You can't really do anything in Gaslamp if you're under 21. Also, PB has the beach and is equally fun to go to during the day and at night, whereas Gaslamp is usually only hopping at night."

art of espresso 41%

"I am a bigger fan of outdoor cafes than of indoor ones. Also, the coffee from Art of Espresso is from Bird Rock, my favorite coffee roaster in San Diego. The staff is amazing, too! In addition, I love the variety of music that they play."

main gym 27%

"Main gym has fewer people, and it is less intimidating. I do not need all the specialized equipment anyway."

lolita's 17%

"Come on, is this even a question? Lolita's California burritos are unquestionably superior to Vallarta. There's a much better solid food/sauce ratio in Lolita's burritos, and the fact that Vallarta is 24 hours is a little unsettling."

VS.

the cottage 44%

"The Cottage is a little pricey, but they give you free coffee and coffee cake when you're waiting. Good location."

gaslamp quarter 33%

"Gaslamp is less messy than PB, and there aren't as many rowdy students there. Also, Gaslamp restaurants are much better!"

As Heidi Klum most famously iterates: In fashion, one day you're in and the next, you're out. There can only be one true winner — especially in our capitalist market economy — and this mantra isn't just exclusive to 300-dollar garments. Introducing the judges. The students of UC San Diego: the best and brightest of the world, all condensed into one anxiety-filled university. The UCSD Guardian's Lifestyle section: writers who win the award for most coffee cups consumed in a three-hour sitting. Toby, the Kumquat: a famous food critic writing a dissertation on the cannibalism of his own people.

This week's challenge was pitting the best of the best against each other. San Diego is ripe with culture, whether that's through cuisine, spatial locations or where sand meets water. What better way than to have them throw down? Let the show begin.

By Christian Gella // Senior Staff Writer

EXPERT PICKS

ENIGMA PROFESSIONAL PIERCING

As a college student, you may feel like getting your lip pierced is no longer as rebellious and alternative as it was in middle school. However, if you have yet to give up the teenage dream of getting more holes in your body, then rejoice at the existence of Enigma Professional Piercing studio in Pacific Beach and on Adams Avenue — a place where piercing any part of your body is as safe and fast as never before. Working only with

needles, Enigma's piercers will make sure that your procedure involves minimal pain and maximum comfort. Enigma also encourages you to come back with any post-care questions and concerns free of charge. With staff as responsible as surgeons, and as friendly as your pals, there is no place for regrets or room for your mom to worry.

By Shelby Newallis // Senior Staff Writer

TRILOGY SANCTUARY

A killer trio of typical SoCal living usually includes yoga, adventure and organic eating. And at Trilogy, all three intersect in this aerial-yoga sanctuary that boasts a vegan cafe serving refreshing juices and cleansing-palate pleasers. From relaxing, morning yoga sessions overlooking the Pacific, to mid-air, Cirque du Soleil-esque

crow poses, yogis from every stage of practice are welcomed to expand their journeys into meditative mindfulness.

*Expert tip: follow up your morning vinyasa routine with cold-pressed juice and pancakes topped with cacao, strawberries and coconut.

By Brittney Lu // Lifestyle Co-Editor

5TH AVENUE BOOKS IN HILLCREST

5th Ave Books offers an esoteric collection of nostalgic collector's items, such as: biographies, children's books and cookbooks, which can make browsing through an all-day affair.

*Expert tip: if you're passing time at 5th Ave Books before a brunch reservation, make sure to set a timer, it's too easy to lose track of time.

By Olga Golubkova // Lifestyle Co-Editor

STUDENT PICKS

Compiled By Guardian Lifestyle Staff

best boba ✓

tapioca express

fruitytude
it's boba time
SharedTea

Boba, the Taiwanese tea drink with tapioca, is an addiction for many, an occasional venture for some and the rest simply have yet to try it. Between Tapioca Express, Fruitytude, It's Boba Time and ShareTea, students chose Tapioca Express as their favorite. TapEx embodies convenience — it is located within the heart of campus and is open until midnight — a quality cherished by college students. But if you have a car and a boba craving, do give other boba tea shops like ShareTea a shot, and make your seasoned boba connoisseur friends proud.

best coffee ✓

better buzz

coffee and tea collective
dark horse
holsem

When small towns, let alone cities like San Diego, have third-wave coffee shops, caffeine competition is fierce. Participating in the race, all coffee shops have to measure up to high standards. The majority of UCSD students, however, gave their preference to Better Buzz, due to its original approach to sweetened, milky espresso-based drinks, relative proximity of the three locations, extensive open hours (5:30 a.m. to 9 p.m.) and drive-through. The UCSD Guardian approves of these perks, with an exception — please, Better Buzz, strike the Red Bull Smoothie off your menu.

best tacos ✓

tacos el gordo

city tacos
oscar's mexican seafood
puesto

Can't make it to our sister city Tijuana? Then salsa your way over to Tacos El Gordo on H Street — the San Diego staple taco stop feeding hungry college students and taco enthusiasts since 1998. Boasting the same carne asada tacos as the original Tacos El Gordo, originally from Baja California, this iconic hotspot that also features sopes, tostadas and mulas was sure to take the crown. A historic legend serving up authentic Mexican street food? Si, por favor.

best sushi ✓

sushi ota

kula revolving sushi bar
subarashi
sushi on the rock

Along Pacific Beach's beautiful coastline near the popular De Anza Cove rests Sushi Ota, an award-winning Japanese cuisine and sushi bar where local residents and keen tourists alike are served dishes from signature octopus cakes to fresh, carefully-prepared sushi. Stepping foot inside this seafood haven, one may feel a sense of history and tradition, rooted in the restaurant's authentic, Japanese appeal. With a fitting atmosphere and superior service, customers will find their experiences at Sushi Ota worthwhile.

best ramen ✓

tajima ramen

underbelly
ramen yamadaya
rakiraki ramen & tsukemen

College and ramen go together better than Guy Fieri and a patty melt. In San Diego, this toxic love affair between lazy students and the pre-packaged noodle phenomenon is re-evaluated to allow ramen to reach its full potential. On Convoy, ramen contenders run rampant, and while votes for each of these eateries were relatively equally distributed, Tajima Ramen House finished just a tad stronger than the rest of the pack. But let's be honest: No one loses when choosing an authentic bowl of ramen over a plastic bag filled with orange salt and cardboard noodles.

best place to study off campus ✓

living room cafe

filter
lestat's
young hickory

Living Room Cafe is almost too cool to be in La Jolla. Not pretentious or boutique-y in the slightest, open until 1 a.m. on weekdays, with espresso and drip coffee for less than \$2 — it's truly a gem for UCSD students looking to study off-campus. It's a nice place to hang out for a couple of hours in a mellow environment, and with a bus stop nearby, it's easy to get to.

best music venue ✓

the observatory north park

house of blues
soma
the irenic
+the che cafe

The Observatory North Park opened only five years. Often confused with the Observatory in Santa Ana, the North Park venue soon caught up with its older brother from Orange County. In charge of booking artists for both locations, talent-buyer Jeffrey Shuman quickly brought big names to San Diego fans of all ages. Be it the legendary Morrissey or rapper Vince Staples, whose first album was listed among last year's best records, the Observatory has been satisfying music lovers' demand for quality and variety.

best grocery store ✓

trader joe's

ralphs
vons
whole foods

If there is one place any sane foodie would wish to keep in the event of a mall complex shutdown, Trader Joe's the one taking home the big trophy — sorry Ralphs. With its own unique selection of local products from great value wine, like the infamous "Two-Buck Chuck," to healthy, organic food options, Trader Joe's is a specialty grocery store where quality, creativity, innovation, and an old-fashioned atmosphere all co-exist. At the end of the day, shoppers at Trader Joe's take away different, yet personal, store experiences that are nothing but satisfying.

best place to study on campus ✓

geisel

biomedical library (biomed)
gps library
the middle of muir (M.o.M.)

A controversial win at best, Geisel is either a hit-or-miss for many UCSD students. But with its centralized location, promising a new cafe, plethora of resources, variety of study spaces and convenient access to Panda Express, it's the place to be for many. And its stunning architectural features and symmetrical layout make it a visual champion for the ages. In case Geisel's eighth floor is too intimidating, broaden the horizon and trek over to the hip coffee shop inside M.o.M. or the research centers in the Biomedical Library and the Global Policy and Strategy Library.

best 21+ ✓

ballast point brewing & spirits

polite provisions bar

coin-op game room
parq restaurant & nightclub

San Diegans love their booze. Don't get us wrong, San Diego is not a depressing little town where you can only have fun when desperately inebriated. There are plenty of activities worth pursuing sober, but being buzzed on a Friday night adds to the beauty of the city. UCSD students prefer to end their week in a classy way — tasting beers at Ballast Point Brewery or sipping on craft cocktails at Polite Provisions Bar. If you are still at your "just-turned-21" PB stage, take cognizance of the opinion of trenchermen-Tritons and head to Ballast Point with your crew or to Polite Provisions with your date.

best thrift shop ✓

goodwill donation center

buffalo exchange

flashbacks recycled fashion
thrft trader

Goodwill is best for your average browser, who may or may not be down to sift through quirky and random things for hours. It's well-organized and has a nice selection of clothes, accessories, random cassettes from the 1980s and all sorts of fun, cheap stuff. Also, if you want to clean out your closet and make room for new, fun clothes, the Pacific Beach location accepts donations.

best beach ✓

la jolla shores

black's beach

mission beach

ocean beach

As a university perched within such close proximity to the sea, the beach and surf culture of California is fundamental when it comes to being a Triton (we're Tritons, for crying out loud). When asked to choose between Blacks Beach, La Jolla Shores, Ocean Beach and Mission Beach, La Jolla Shores dominates. With a quick ride on the 30, you reach the one-mile stretch of scenic beach, perfect for the usual swim, tan and bonfire. But if you're feeling daring, do check out the many attractions and surprises Black's has to offer. Hell, you might even want to join them.

JULIEN BAKER

INTERVIEW BY JOSELYNN ORDAZ // STAFF WRITER

Having kicked off her East Coast tour only a few days ago, 20 year-old singer-songwriter Julien Baker spoke enthusiastically with the Guardian about “Sprained Ankle,” her debut and the saddest record of 2015 — all over a cup of coffee in a Columbus diner.

GUARDIAN: Tell me about Memphis. What’s the music scene like there and how has it influenced you?

BAKER: Well the music scene is very tight-knit, but not tight-knit in a way that would communicate exclusivity. It’s familial — that’s the only way that I know how to describe it. When I was younger I would go to shows — deathcore shows and punk and hardcore — at the skate park, and through being peripheral to that scene, I started going to house shows and stuff. There’s this organization called Smith7 and they do all-ages, substance-free house shows so that kids can have a place to get plugged into the music scene. It kind of morphed into a citywide thing where all the local bands know the house show circuit and everyone puts on shows at their house and tries to work together with venues and co-ops to promote constructive comradery within the scene instead of competition. I think that was very important.

GUARDIAN: What are some of your influences and inspirations, old and new?

BAKER: Well, when I was learning to play guitar I was in fifth or sixth grade and the records I was listening to were “American Idiot” and “Take This To Your Grave” by Fall Out Boy. That was the formative alternative genre because those were the first things I was listening to that weren’t just what was on your parents’ stereo, which would’ve been Fleetwood Mac from my mom and Whitesnake from dad. I always say these guys, but it’s because, to me, their music never gets old. Aaron Weiss of Mewithoutyou is my lyrical hero as is Ben Gibbard of Death Cab for Cutie. When I was in eighth grade, I listened almost exclusively to songs with breakdowns; you know, metalcore, and then I picked up “Transatlanticism” at a record store and I thought “Oh my gosh! My life has changed!” and I dove into Death Cab for Cutie’s discography and developed a wider palette, fortunately.

GUARDIAN: You are still in school, how do you balance being a touring musician and college student? What is your plan for the future?

BAKER: I am technically still in school: I’m enrolled in online courses. On the drive here — it was a really long drive from Wisconsin to Columbus — I was just reading my textbook in the passenger seat, studying. Whenever the discussion opens, I’ll have to find some Wi-Fi and type that up and turn it in. But it’s no more challenging than last semester. I was taking on-campus courses and that was difficult because I would be travelling for shows on the weekends and so I would be on a plane trying to type a final draft of a paper. It’s really demanding but totally worth it because — as tired as it sounds — education is important and I am a nerd. I want to continue pursuing my degree, but for as long as I’m blessed enough for music to be a sustainable lifestyle. I mean, that’s what I want to do with my life, so if I have an opportunity to do it, I’ll probably take that for as long as I can. Maybe return to school whenever, if ever, it seems like a good decision.

GUARDIAN: You’ve been written about in New York Times, Stereogum, and Pitchfork. Could you describe how it feels getting all this attention and seeing how well your album is being received?

BAKER: It’s incredibly surreal and actually kind of terrifying sometimes. I want to give a disclaimer and say that when I say I prefer the anonymity of previous tours that were in basements and houses, that’s not to say that now I have this idea of myself as an incredibly prolific and influential musician, and everyone knows who I am. I know I’m still very, very low, but even whatever modicum of recognition I’ve received thus far, it continues to blow my mind. I never want to know numbers or anything — quantitative data like plays or likes or views — because I feel like that would poison my soul a little bit. I hold on to qualitative validation like getting to play with The National! That’s a memory that, whatever success or failure comes in the future, I will never lose.

GUARDIAN: You are playing San Diego next month, how would you describe your live show?

BAKER: I have this fear that my live set might just induce people to throwing themselves out of the nearest open window — it’s like intervals of three-minute long sadness punctuated by a horrible dad joke. I get really socially anxious really easily. I used to deal with that by being introverted and closed off, which was a lot easier to do in a live band setting because you’ve got two stereo fenders and there’s a whole wall of sound. It’s grunge and rock-n-roll; you can just scream and it goes away. But when it’s just me standing up there... if I were to behave that way, no one would know that it’s just because I’m really nervous. Everyone would think that I am some kind of... I don’t know... that I was being pretentious or alienating or a brooding musician and so I try to be as chatty as possible, just interact with the crowd and be like “Hi, what’s up? I’m gonna make some horrible jokes and say really dumb things so that maybe we can balance out the feelings, the vibes that work in this room so no one will burst into sobs.”

GUARDIAN: You are playing The Irenic, which is a functioning church. Was that on purpose, seeing as you are very open about your faith?

BAKER: It wasn’t on purpose, but I do enjoy getting to play in church venues. There’s this interesting relationship with how I view church venues. First of all, just from a tech-y perspective, the acoustics are always great. But also, there was a church in Memphis that had a basement that would put on hardcore shows all the time. And I know that’s jarring to some people but because of that venue in Memphis, it’s not to me.



PHOTO COURTESY OF COBRACAMANDA PUBLICITY

CONCERT REVIEW

PHOTO COURTESY OF THE MORTON REPORT

Max Frost brought vivacity and sincerity to the House of Blues’ Voodoo room with cheerful indie-pop and a dynamic stage presence.

It is Thursday night, and a crowd of handsome, bearded 20-somethings with their trendy dates are milling around the Voodoo Room at the House of Blues. Max Frost and the Los Angeles alt-rock man-band Grizfolk are performing. Max Frost is the perfect opening act for any band because he’s so energetic. Frost’s high energy is infectious in the way that all indie pop tries to be. While what he performs couldn’t quite be characterized as dance music, it is the kind of perky quasi-dance music that is conducive to perky quasi-dancing. It lies comfortably between the genres of dance and easy listening; it’s accessible and vibrant indie pop that holds up under careful inspection.

Frost’s bouncy sound works best when he is more upbeat, like in his most popular song, “White Lies.” Other highlights from the show include “Paranoia” and “Withdraw.” All three are quite fast and undeniable concert favorites. Some of the slower tracks work just as well as the upbeat tracks, but they aren’t as consistently strong. Because Frost

often switches dramatically between a really hi-fi and lo-fi sound, he titled his 2013 album “Low High Low” as a nod to this technique. The lo-fi sound that he has continued using in his newer music lends the entire show a classic vintage style which falls nicely in line with Frost’s overall aesthetic.

The music on its own would probably be boringly described as “fun” or “entertaining,” but seeing Max Frost perform live paints a different, grander picture of the Texan singer-songwriter. Simply listening to his music in the car yields a very different response from listeners than seeing Max Frost perform live: Listening to his song on the radio, one would imagine Frost to be a commonplace up-and-coming pop star, a nascent Andy Grammer. But one performance shows him to be wildly talented. He is thoroughly accomplished — he records, writes and produces all his own music. Frost sounds just as soulful live as he does in his recorded songs, and he never stops bobbing enthusiastically along with each track.

Frost is so busy onstage that he frequently switches mid-song between playing the drums and two different electric guitars, never stopping his singing or lively dancing. He is as effervescent and high-energy as his music. His upbeat lightness is refreshing in the era of faux authenticity permeating all aspects of modern recorded music. By not contriving a sound and look that is needlessly moody and gritty, he can paradoxically come off as much more sincere and less packaged than his indie rock/pop/folk counterparts. Doing the work of an entire band all on his own, Max Frost truly puts on a one-man show. This level of showmanship is rare, and it works well with his sound. With his work ethic and old school approach, Max Frost proves that while his music may be casual and bubbly, he takes the performance of it very seriously.

— SUSIE DAVIDSON
Contributing Writer



MAX FROST AT HOUSE OF BLUES VOODOO ROOM

Concert Date Jan. 21



FILM REVIEW

PHOTOS COURTESY OF ACESHOWBIZ

IP MAN 3

While “Ip Man 3” sustains the franchise’s moral core, the film lacks its rs’ grit, spirit and focus.

Directed by Wilson Yip

Starring Donnie Yen, Zhang Jin, Lynn Hung, Mike Tyson

Rated PG-13

Release Date Jan. 22 ★★★★★

Watered-down sequels are not only a problem domestically, but they are also, as “Ip Man 3” shows, an issue abroad as well. As the fame of the franchise grows larger and broader, it is apparent that the film’s producers felt compelled to capitalize on the audience before it dissipated. The result is an enjoyable but ultimately leveled and unambitious product akin to Disney’s series of Marvel movies — tonally consistent with its predecessors but lacking originality and substance.

What characterizes “Ip Man 3” is its overabundance of storylines and conflicts, none of which are clearly the

main event. The most manufactured of these has the grandmaster trade obligatory blows with an internationally recognizable fighter in Mike Tyson. Tyson’s “character” Frank engages in a reckless pursuit of seizing the school that Ip’s son attends for no particular reason other than, if one had to guess, power? “If we don’t get that school,” Frank declares, “then this all means nothing!” What “this” refers to is never revealed, likely due to there being nothing other than a producer’s empty wallet.

Even that line, however, is bearable compared to Tyson’s other dialogue, much of which is spoken in atrociously-pronounced Cantonese.

But despite how laughable Tyson’s presence in the film is, it does indeed make you laugh, which renders it forgivable if not commendable, assuming that’s what the filmmakers were going for. Plus, underlying the conflicts that his character causes are hints of genuinely intriguing topics — the consequences of globalization, methods of countering police corruption and the sustainability of a local quasi-militia. But all of these are left so shallow and uncharted that one might hesitate in attributing any intention or purpose to the filmmakers.

Fortunately, Tyson is neither the main antagonist nor the final showdown opponent. These roles instead belong to Cheung Tin-chi, a challenger to Ip’s reign over the Wing Chun branch of martial arts. Played admirably by Zhang Jin, Tin-chi is clearly the closest equivalent in kung fu that Ip has faced so far. However, beyond his intimidating skillset, Tin-chi is too confusing of

a character to care for. At times, he acts indubitably good, defending the school from Frank’s henchmen out of his own spirit; at others, he acts despicably bad, accepting money from Frank to hospitalize another one of the town’s kung fu masters. Moral ambiguity is welcomed, but contradictory character traits left unresolved are not. Ultimately, Tin-chi’s threat and Zhang’s performance are wasted in favor of senseless, back-and-forth storytelling.

What supersedes Ip’s battle for the Wing Chun title, however, is his wife’s battle with cancer. Ip’s undying commitment to Cheung Wing-sing is arguably the moral crux of the film, but due to her character’s lack of development and autonomy, her struggle to live lacks emotional impact. Had the filmmakers granted Wing-sing her own arc, apart from getting sick and needing Ip’s attention, “Ip Man 3” could have been redeemed by the cultivation of a true, human love story.

Despite the film’s flaws, Donnie Yen, through reservation and posture, once again proves his handle on cinema’s most polite hero and badass. He flawlessly executes the series’ undiminished fight choreography, which Ip resorts to only when exchanging respect fails. Unfortunately, these otherwise engaging fights are framed within a film of underdeveloped characters — some too puzzling, others too cartoonish — and lack the story-driven tension to enhance them and render them meaningful. But they are, admittedly, thrilling to watch. However, if the goal of the producers behind “Ip Man 3” was to replicate the spirit of American blockbuster cinema, they have excelled at the task and earned all of the money they stand to gain from their artistic compromise.

— JACKY TO
Staff Writer

FILM REVIEW

PHOTO COURTESY OF ACESHOWBIZ

THE 5TH WAVE

Directed by J Blakeson

Starring Chloe Grace Moretz, Nick Robinson

Rated PG-13

Release Date Jan. 22 ★★

“The 5th Wave” should be titled “Young Adult Movie,” as it struggles to incorporate every cliché of the genre.

After four “waves” of increasingly devastating attacks, most of humanity is dead and the Earth is left as a post-apocalyptic wasteland. The first wave was unimpressive, but it set up a potential alien invasion thriller. Then the second wave hit, and the film was shaping up to be an exciting disaster film. With the third wave, frustration began to set in as it became clear where the film was going. By the fourth wave, the film had turned into the start of a run-of-the-mill dystopian young-adult franchise.

The film tells the story of Cassie Sullivan, one of the survivors of the waves of alien attack. After she is separated from her younger brother, Sam, in the most cliché way possible (she gets off of a soon-to-depart bus in order to find a teddy bear that he left behind), she sets out on a mission to find and rescue him. The first act of the film, while completely lacking in nuance and originality, contains some compelling sci-fi action elements: planes fall out of the sky and giant tsunamis decimate coastal cities. But by the second act, the film drops the

ball and becomes like every other young-adult novel inspired film: A young person is on the run from some powerful force in a dystopian world, all while establishing a predictable love triangle. The film trades a generic alien invasion film for a generic young-adult film, but at least the former could have been more exciting.

One of the saving graces of “The 5th Wave” is the performance of Chloe Grace Moretz. She is able to inject at least some human emotion into even the most hollow and derivative scenes of the film. While there are some leaps in logic taken with her character (how did a high school cheerleader who’d never held a gun learn to survive and operate an automatic weapon?), Moretz’s portrayal is down-to-earth and relatable to the young target audience. The same cannot be said for the remaining acting talent in the film, especially the child actor who plays Cassie’s brother, Sam (Zackary Arthur). He can read lines and say “I love you,” but his character is portrayed with so little emotion, it made almost no difference whether he was rescued or not.

“The 5th Wave” goes through the various story beats of the disaster/post-apocalyptic genre as if they were a list of checkboxes. There are humvees entering a survivor campsite, a lot of walking through the forest and along a deserted highway and even an unexpected romance. There may not be a single original bone in “The 5th Wave’s” emaciated body. It feels like the film was written by a screenwriting robot which was only preprogrammed with dystopian young-adult novels. The story is very predictable, and the big reveal in the last act can easily be predicted as long as you aren’t asleep in the theater. This should leave you wondering: If an amateur film critic can foresee the aliens’ plans, are these advanced aliens really all that smart?

While “The 5th Wave” contained some slightly compelling action early on, it quickly devolved into something even teenagers would hardly enjoy. Calling this film wasted potential would be unfair, because it only ever had the potential to be half decent. Let’s just call it wasted time.

— NAFTALI BURAKOVSKY
A&E Editorial Assistant

ALBUM REVIEW

PALANA
BY CHARLIE HILTON

Release Date Jan. 22

★★★★★

Charlie Hilton proves she is the new female indie icon in her first solo release, “Palana.”

There is one rising female artist with soft, angel-like vocals of her own, and no, it’s not Lana Del Rey. Charlie Hilton, lead singer from Oregon-based indie band Blouse, recently parted ways from the band and released her first ever solo album, “Palana.” With heartfelt and soulful vocals, Hilton delivers a personal output of her experiences of meaningful love and carefree living. Indeed, her sound is reminiscent of a soft-rock version of Lana del Rey.

The word “palana” means “protection” in her native language, Sanskrit. In her early youth, Hilton’s parents anointed her with that moniker, and while recording her first solo album, she believed it would be the best manner in which to express her transition from her introverted attitude through song. The title track begins the album in a dreamlike mood with a soothing orchestra where Hilton introduces her uniform, angelic voice. Songs like “Funny Anyway,” “Let’s Go To A Party” and “Young” represent her easygoing attitude with a creative mashup of instruments to create a loose, mellow vibe. By combining the saxophone and synthesizer — a pairing not usually attempted — Hilton puts herself in a distinct category under the broader genre of indie rock, one that isn’t solely a reiteration of trendy alternative styles. Additionally, lyrics like “I’m only happy when I’m dancing for you” musically reflect Hilton’s journey in becoming more comfortable in her own skin.

Although some listeners initially

might miss the appeal of the dark, deep melodies and lush synthesizer in the album, Hilton successfully attempts to explore themes relative to her past, all while connecting with listeners. “Pony” portrays Hilton’s new independent attitude post-Blouse. She sings of failed relationships and separations with harsh, direct lyrics. “Get off my back, I’m not your pony” is an empowering chorus to blurt out cathartically, all the while maintaining the synth’s laid-back tempo. In the album’s single “100 Million,” Hilton teams up with indie veteran Mac DeMarco to deliver a profound duet, singing of an everlasting yet troubled love. With gratifying harmonies and pleasant strokes of their guitars, this final track is clearly the highlight of the album when compared to its other dark tracks.

“Palana” incorporates dark and desolated vocals throughout that many may not find amusing, so if you are the type of person who is into upbeat EDM anthems, this album may not satisfy you. However, Hilton’s vocal talent cannot be understated. She combines emotion with sensational orchestrated mashups. With her creative side coming to life through song, “Palana” contains tracks that will successfully change the way of indie tunes with her unique voice.

— MELISSA PALAFOX
Contributing Writer

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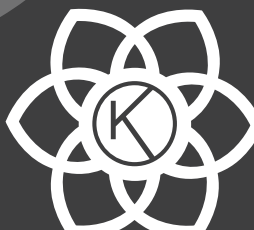
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		1					3	
9				4	8			2
	9		8					
		2	7		1	9		
	8				9			4
	3		5	6	7			9
		4					7	
	7							6

Level: 1

		2	5	3		1		
7	5				4			
		6		2				
	1	4					6	
3						5		9
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FENCING

Callaghan and Hadler Each Win Gold Medals at San Diego Cup

A pair of freshman Michelle Caplin and Leanne Singleton-Comfort finish in the top 10, fencing will compete at Northwestern Duals next.

BY MARCUS THULLIER
SPORTS EDITOR

The UCSD fencing team was back in action on Sunday, as they competed at the San Diego Cup where the men's team earned two gold medals and two silver medals.

Junior Sean Callaghan earned UCSD's first gold medal in epee. Callaghan had four wins and suffered only one defeat in pool play before running the table 5-0 in the direct elimination round. He took down Jorge Mendezu 15-10 in the final.

Sophomore David Hadler continued to perform well in foil. He went 5-1 in pool play and then went on to clinch the gold medal in the title game against another Triton, freshman Brian Howard. With the 15-14 win, Hadler earned the gold while Howard had to satisfy himself with silver. Senior and captain Drew Dickinson had himself a day in saber, going all the way through the final, only to be defeated there and earn silver.

The Triton women also performed well on Sunday, scoring a couple of top-ten finishes by freshman Michelle Caplin, who finished seventh in the D & Under Mixed Epee event; another freshman, Leanne Singleton-Comfort, took ninth in saber.

UCSD will continue its winter season at the Northwestern Duals on Jan. 30 and 31.



PHOTO BY MEGAN LEE/GUARDIAN

D & Under Senior Mixed Epee

6. Brandon Chan
7. Michelle Caplin
10. Laura Hawkins

Senior Mixed Epee

1. Sean Callaghan
- T-3. Scott Phillips
7. Gerard Heng

Senior Mixed Foil

1. David Hadler
2. Brian Howard
- T-3. Zuhri Megat Zariman
7. Andrew Hou

Senior Mixed Saber

2. Drew Dickinson
- T-3. Evan George
7. Taylor Walsh
8. Paul Datta
9. Leanne Singleton-Comfort
10. Lillian Chu

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CONTACT THE EDITOR
MARCUS THUILLIER

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UPCOMING
UCSD
GAMESW. Tennis 1/27 VS San Diego Christian
M. Volleyball 1/27 VS Princeton
M. Tennis 1/30 VS Concordia
W. Tennis 1/30 VS Concordia
M. Tennis 2/3 VS Point Loma

No. 21 UCSD opened up the season at the UC Santa Barbara Winter Invitational. The Tritons went 3-1, recording wins against Azusa Pacific, No. 19 Cal State Northridge, Cal State Bakersfield and suffering a bitter 10-9 defeat against the host No. 13 UCSB. They now hold a 3-1 overall record so far in the 2016 season.

UCSD vs. APU

On the first day of the UC Santa Barbara Winter Invitational, UCSD squared off against Azusa Pacific. The Tritons got off to a hot start and defeated APU 15-7.

After opening up the game with a 3-0 lead, through goals from junior center Lauren Boyer, senior attacker Julia Kirkland and senior two-meter Alexis Wieseler, UCSD conceded one goal to make the score 4-1 after the first quarter.

The Tritons continued the offensive onslaught during the second quarter, putting up another four goals and going 8-2 at halftime. They went up by nine at the beginning of the third quarter, and cruised to an eight point victory, 15-7.

Wieseler had a game-high five goals for the Tritons, with Kirkland and Boyer adding three and two, respectively. Senior goalkeeper, and UCSD's all-time leader in saves, Courtney Miller had 11 saves during the first game.

UCSD vs. No. 19 CSUN

The Tritons recorded their first upset win of the season when they took down No. 19 Cal State Northridge 10-9.

"I'm very happy to have a 2-0 start to the year," UCSD Head Coach Brad Kreutzkamp told the UCSD Athletics Department. "With that said, we definitely have room for growth and have a lot to work on."

Boyer and Wieseler led the charge early again, scoring all three goals of UCSD's early 3-2 lead after the first quarter. Wieseler and Kirkland continued to be the usual suspects in the second quarter, putting two more on the board and leading UCSD to a 6-3 lead at halftime.

The third quarter was dead even for both teams as UCSD and Cal State Northridge traded two goals each. Heading into the fourth quarter, UCSD was still holding a three-goal lead over Cal State Northridge. Despite allowing four goals during the final quarter, UCSD put in two of its own, getting away with a one-goal victory.

"I am proud of our team for hanging on for the victory against a very tough Northridge team," Kreutzkamp told UCSD Athletics Department.

Boyer added three goals to her tally of two on the day while Kirkland, Wieseler and senior attacker Laurel Kistler each put in two; Miller had another big game, recording 12 saves.

UCSD vs. CSU Bakersfield

UCSD had yet another fast start, going up 4-0 on Cal State Bakersfield during the first period. Goals by senior attacker Emma Sasson, sophomore utility Kayla Fedler, Wieseler and Kistler paced the Tritons' offense. The roles were reversed in the second quarter, as Cal State Bakersfield put up three goals to close the gap to one at halftime.

The Roadrunners and Tritons went back and forth during the third period and entered the fourth quarter at a deadlock 5-5.

Kistler and Kirkland led the Tritons offense once again to open up the fourth quarter. Bakersfield put up a goal again to cut the deficit to one but Wieseler stepped up and got another goal, putting the Tritons up by two. Despite a late goal from Bakersfield, UCSD held up to get the 8-7 win.

Wieseler continued to put up big numbers, scoring two goals. Kistler and Fedler also had two goals for UCSD, while Miller had eight saves.

UCSD vs No. 13 UCSB

Kistler opened up the score against the Gauchos on a powerplay. UC Santa Barbara equalized quickly and the two teams entered the second quarter tied at one. The Gauchos quickly took a two-goal lead in the second before Boyer and Wieseler answered with a goal each. UCSD suffered another 2-0 run but Boyer once again scored, making it 5-4 in favor of UCSB at halftime.

Kirkland and Wieseler continued their flamboyant weekend, scoring two more goals for UCSD in the third. However, UCSB also put up two and headed into the final frame with a one-goal advantage.

The Tritons earned a penalty in the early fourth quarter, which Wieseler transformed. Only 14 seconds later, the Gauchos earned back their one-goal lead. Boyer equalized but UCSB continued to pressure the Tritons' defense and answered back. Wieseler converted another penalty to make it an even 9-9 with 1:30 to go in the game, but a goal by the Gauchos with only 41 seconds left sealed the deal for the host team and handed the Tritons their first loss of the young season.

Wieseler and Boyer once again led the Tritons, scoring three goals each, while Miller continued the momentum from her previous performances by amassing eight saves.

UCSD's next game is on the road on Feb. 5 against USC in Los Angeles.

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1

Lauren Boyer was voted WWPA Player of the Week for the first time in her career.

W. TENNIS

Tennis Loses Both Matches Against Tough Division-1 Opponents

UCSD can't pull off upsets against Cal State Fullerton and University of San Diego, look forward to San Diego Christian on Wednesday.

BY DEV JAIN
EDITORIAL ASSISTANT

No. 18 UCSD opened up its season against Cal State Fullerton and University of San Diego this past weekend. Against some good Division-I opposition, UCSD could not pull out the wins, falling against both teams 6-1.

The UCSD women's tennis team started its spring season with a 6-1 loss against Cal State Fullerton Wednesday, Jan. 20 at Titan Courts in Fullerton.

CSUF (1-0) is unranked in Division-I as UCSD (0-1) is ranked 18th in NCAA Division II.

The Tritons' only victory came at No. 4 singles as freshman

Alexandra Weil beat freshman Masako Makiba in two sets, 6-3 and 6-4.

The 28th-ranked singles player in the country, UCSD's senior Kyra Scott, extended her No. 1 match against freshman Alexis Valenzuela to a tiebreaker, but ended up falling 6-0, 3-6, 10-5; Cal State Fullerton won the other four singles contests in straight sets.

The doubles team of Scott and sophomore Britta Mosser, ranked No. 16, played for the Tritons in the first spot, where they were defeated 7-5, by freshmen Camille De Leon and Sarah Nuno. Weil and freshman teammate Madison Hale, the No. 3 doubles team, made it a close match, but were beaten 7-6 (4-0) by Makiba and freshman Karla Portalatin.

The Tritons then played another tough road match against a Division-I opponent on Saturday, traveling to the other side of town to USD.

The women's tennis won the double point against USD, winning two out of three matches, but could not muster much in the singles, ultimately losing the game 6-1 to the USD Saturday at the Hogan Tennis Center.

The Tritons' point came after wins in the No. 2 doubles and No. 3 doubles. Junior Shannon Theisen and freshman Ashley Chao played a complete game in the No. 2 doubles to sweep senior Marta Stojanovic and senior Shani Blecher, 6-0. In the No. 3 doubles, the two freshmen Alexandra Weil and Madison Hale got the win in convincing

fashion, defeating freshman Maria Torres Draxl and junior Colomba DiFilippo, 6-3.

UCSD's number one double suffered another defeat, as they could not get anything going against senior Dana Oppinger and sophomore Drew Spinosa from USD. The final score was 6-2 in favor of USD.

All six of UCSD's singles players lost, including Scott, who lost 6-2 and 6-0 to Stojanovic at the No. 1 spot in singles.

UCSD opens its home season on Jan. 27 when it hosts San Diego Christian at 2 p.m.

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PHOTO BY DUYN NGUYEN/GUARDIAN