

Fall Quarter

Week 9

Nov 22 – Nov 25

THIS WEEK AT...

The LGBT Resource Center



MON

11 AM – 12 PM	LGBTQIA Western Regionals Planning Committee	Conference Room
6 PM – 8 PM	QPOC Board Meetings	Conference Room
7 PM – 9 PM	LGBTQIA	Family Room

WED

5:30 PM- 7 PM	Women's Group	Heritage Room
7 PM – 9 PM	Men's Group	Heritage Room

RACISM IS NOT OKAY!

Come tell your story
through art and disucssion.
Art Supplies and snacks
provided.

Wednesday,
November 23rd
from 5-7pm @ LGBT RC
Conference Room
Questions contact
Lisette
lyhernan@ucsd.edu

The UCSD LGBT Resource Center is committed to being
accessible to all who frequent our space, participate in
our programs, & attend our events. Our physical location
is accessible to anyl who utilizes assisted mobility.

Vanidy Bailey, vbailey@ucsd.edu

Fall Quarter
Week 10
Nov 28 – Dec 2

THIS WEEK AT...



The LGBT Resource Center

MON

5:15 – 6:15 PM

Coming Out Group

Women's Center

7 PM – 9 PM

LGBTQIA

Family Room

TUE

5 PM – 8 PM

Why No Bi?

Conference Room

WED

7 PM – 9 PM

Men's Group

Heritage Room

THU

1 PM – 2 PM

World Aids Day Planning Meeting

Conference Room

7 PM – 9 PM

QPOC

Family Room

FRI

12PM-1PM

Women of Color Staff/Faculty Lunch

Conference Room

STUDY

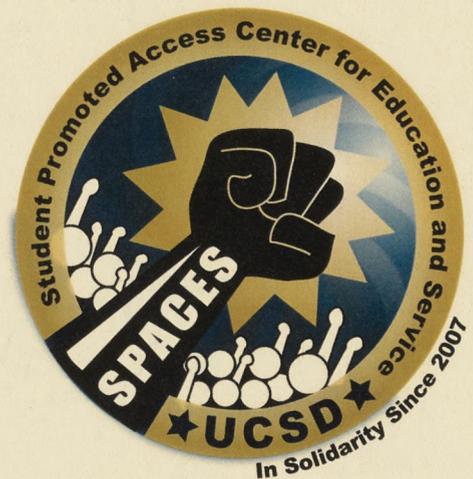


presented by the womyn of color collective @ ucscd

Spread the word! Coming this winter of 2012, SPACES Practicum is hosting a Womyn of Color Collective!

To start it off, we're having a STUDY JAM with free food and good vibes. All are welcome, bring your laughs and textbooks!

Blue books will be provided for the first 30 people.



tuesday, november 29, 2011 from 6-10 pm
at SPACES (2nd floor price center east)

for more information: contact ucsdspaces.practicum@gmail.com

WHY NO BI?

NOV 29 LGBTRC CONFERENCE ROOM 5-7PM

A space for folks to address the underrepresentation of Sexual fluidity in different spaces and how it affects the LGBT community. This program will also address the issue of Biphobia within the community. This program is open to both allies and folks who identify themselves as part of Bisexual, Pansexual, or Sexually Fluid communities. Contact nmagtoto@ucsd.edu for more information.

The UC San Diego LGBT Resource Center is committed to being accessible to all who frequent our space, participate in our programs, and attend our events. Our physical location is accessible to anyone who utilizes assisted mobility. If you require specific accommodations to fully access any of our programs or events, please contact Vanidy Bailey at vbailey@ucsd.edu, (858) 822-3493.



TREES (Stuart Art Collection)

All Day *Singing Trees and Talking Trees*
Pieces by students of Michael Trigilio, department of Visual Arts, in the literary tree and music tree

All Day *Silent Tree in Front of Geisel*
View names of people who have died from AIDS, who are living with and affected by HIV, and written reflections on the impact of HIV/AIDS

CROSS-CULTURAL CENTER COMUNIDAD ROOM

9:30am *Lead the Way*
Presentation on A first-of-its-kind study about the attitudes and barriers to HIV testing

11:00am *Medicine, Culture and AIDS by Ted Gideonse*

12:30pm *Universities Allied for Essential Medicines (UC San Diego chapter)*
Presentation on global access to anti-retrovirals and the patenting, licensing and intellectual property barriers to affordable medicines in the developing world

2:00pm *Permeable Borders: HIV/AIDS Transnationally by Dr. Brouwer and Dr. Burgos*

Until 4:00pm *Art Display in ArtSpace*
View work created in honor of World AIDS Day by UC San Diego community members. Pieces will be on display through the end of the week.

SPECIAL THANKS

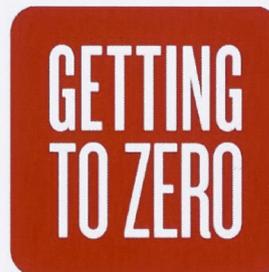
World AIDS Day events are co-sponsored by a number of organizations and departments including the LGBT Resource Center, the Student Health Service, Student Health Advocates, Associated Students (AS), the LGBT Staff & Faculty Association, the AIDS Research Institute, the Visual Arts Department, the department of Theatre and Dance, the HIV Neurobehavioral Research Center (HNRC), the Antiviral Research Center (AVRC), Arusha Project, the Owen Clinic, Environment, Health and Safety, University Centers, Face AIDS, Housing* Dining* Hospitality, Counseling and Psychological Services (CAPS), UCSD Medical Center Diversity Staff Association, the UC San Diego Bookstore, Equal Opportunity/Staff Affirmative Action, the UCSD Libraries, the Women's Center, the Cross-Cultural Center and many committed individuals throughout the University community.



honors



december 1



ZERO NEW HIV INFECTIONS

ZERO DISCRIMINATION

ZERO AIDS RELATED DEATHS

PRICE CENTER BALLROOM EAST

7:00am-8:00am

Candlelight Vigil

7:00am-6:00pm

AIDS Memorial Quilt

The UC San Diego display of the AIDS Memorial Quilt showcases three sections of the quilt. These sections emerged from San Diego organizations and individuals as they have responded to the AIDS crisis from the early years of the epidemic through the present day. The AIDS Memorial Quilt is the largest ongoing community arts project in the world. Candles may be lit in memory of someone who has passed, in honor of those living with HIV/AIDS, and in support of those "Getting to Zero" in a myriad of ways.

7:30am-6:00pm

Survivors by Jae L. Hansen

A moving photo series that showcases long-term survivors of HIV and AIDS – those who have surpassed a 10 year mark since their original diagnosis and are considered survivors of the disease.

9:30am-6:00pm

Sound and Silence: A Listener's Reflection on the Quilt

Musical performances lasting 45 minutes, followed by 15 minutes of silence

9:30am	Pianist Rene Risa
11:00am	Professor Michael Trigilio
1:00pm	Performance on Library Walk
2:00pm	Frequency, UCSD Men's A Capella
4:00pm	Kuttin' Kandi
5:00pm	The San Diego Women's Chorus

All Day

Quiet Reflection

The John Muir College Room adjoins the Quilt and Survivors photography exhibit, and is available for personal reflection and quiet remembrance.

THE LOFT VIDEO GALLERY

All Day

Videos on the Impact of HIV/AIDS

LIBRARY WALK

9:00am-3:00pm

HIV Testing

San Diego County Office of Public Health provides free, anonymous rapid HIV testing

10:00am-3:00pm

Information Tabling

Red ribbons and condom "roses" are distributed on UC San Diego's Library Walk throughout the day, in addition to prevention information and other educational materials from campus and community organizations. View a large red ribbon made of smaller ribbons on the lower lawn of the Price Center Plaza and awarded entries from the juried Student Sculpture Completion in Professor Ruben Ortiz Torres's class.

12:10pm

Carillon Music

Scott Paulson, University Carillonneur, plays original music written for the day broadcast from the top of Geisel Library, in conjunction with the die-in

12:10pm

Die-In

Starting at 12:00 p.m., participants in this performance piece will gather in four campus locations in remembrance of those who have died from AIDS. As the carillon plays, participants in the die-in will drop to the ground, "dead" for the length of the performance.

1:00pm

Dance Performance

Professor Eric Geiger, faculty from the Department of Theatre and Dance, and Jess Humphrey perform an original piece choreographed in honor of World AIDS Day

CHANCELLOR'S COMPLEX 111a

12:00pm-1:00pm

Living with HIV/AIDS: A Panel Discussion

Members of the UCSD community living with HIV/AIDS share their stories. Learn how you can make a difference!



PLEASE VISIT WORLDIDAIDSDAY.UCSD.EDU FOR MORE INFORMATION!

UC San Diego presents
World AIDS Day
Thursday, December 1, 2011
"Getting to Zero!"



Library Walk: 10am - 3pm

FREE condom roses & dental dam lilies
FREE HIV testing at HIV Mobile Test Bus
Information on HIV/AIDS and prevention
1pm: Dance performance by Prof. Eric Geiger
Tree of Remembrance in front of Geisel

PC Ballroom East

AIDS Memorial Quilt

Survivors Exhibit:

Photos by Jae Hansen showcasing long-term survivors of HIV/AIDS

Performances by:

9:30am: Pianist Rene Risa
11:00am: Professor Michael Trigilio
5:00pm: San Diego Women's Chorus

Learn & Interact!

12pm: Chancellor's Complex 111s

"Living with HIV/AIDS": A panel discussion

All day: The Loft Video Gallery

Cross-Cultural Center

Educational Talks given in Comunidad Room:

9:30am: Lead the Way: HIV Testing as Prevention

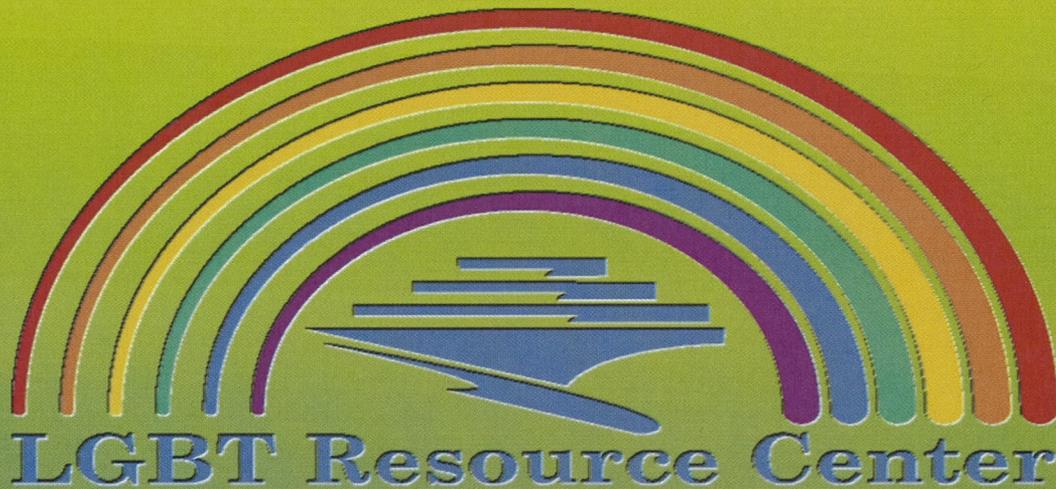
11:00am: Medicine, Culture, and AIDS

12:30pm: Global Access to AIDS Medicines

2:00pm: Permeable Borders: HIV/AIDS transnationally

The events are co-sponsored by a number of organizations and departments at UC San Diego, including the LGBT Resource Center, the Student Health Service, Student Health Advocates, Associated Students (AS), the LGBT Staff & Faculty Association, the AIDS Research Institute, the Visual Arts Department, the department of Theatre and Dance, the HIV Neurobehavioral Research Center (HNRC), the Anti Viral Research Center (AVRC), Arusha Project, the Owen Clinic, Environment, Health and Safety, University Centers, Face AIDS, Housing/Dining/Hospitality, Counseling and Psychological Services, the UC San Diego Medical Center Diversity Staff Association, the UC San Diego Bookstore, Equal Opportunity/Staff Affirmative Action, the UCSD Libraries, the Women's Center, the Cross-Cultural Center and many committed individuals throughout the University community.



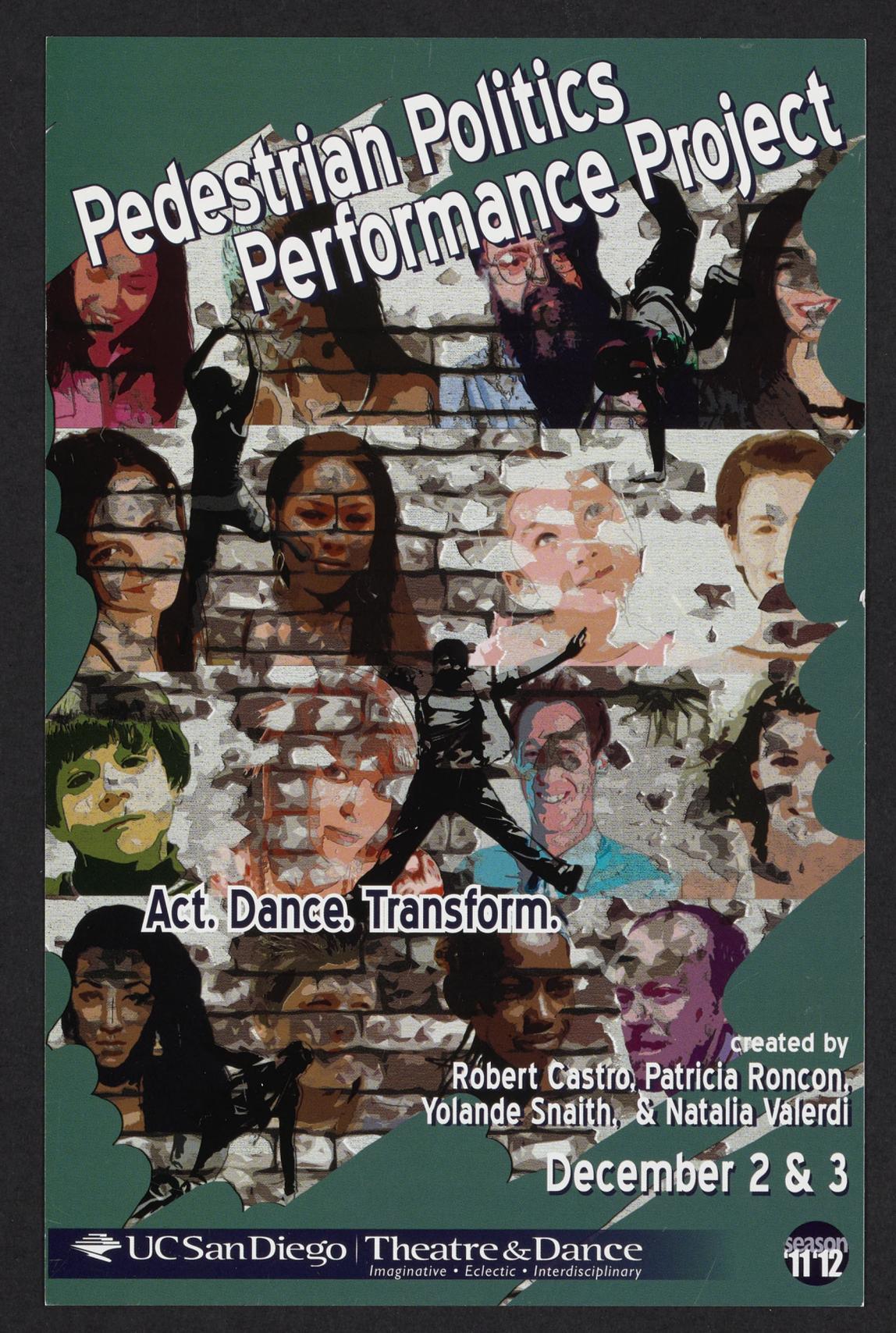


**As an LGBT Resource Center Community
we value:**

**FAMILY
COMMUNITY
RESPECT
SOCIAL JUSTICE**

**We aspire to live these values and
engage gently with each other as we do.**

Pedestrian Politics Performance Project



Act. Dance. Transform.

created by
Robert Castro, Patricia Roncon,
Yolande Snaith, & Natalia Valerdi

December 2 & 3

 UC San Diego | Theatre & Dance
Imaginative • Eclectic • Interdisciplinary

season
11/12

Pedestrian Politics Performance Project

Witness art as social and moral action in service of transformation, progress and communication. A collaboration by Robert Castro, Patricia Rincon, Yolande Snaith, and Natalia Valeri, funded in part by the UC San Diego Arts and Humanities Initiative Committee.

As the performance is a site-specific performance happening, bring an imagination and a coat to the front door of the Plaza Café, Revelle Campus for a revelatory evening.

Creators Robert Castro, Patricia Rincon
Yolande Snaith, Natalia Valerdi
Production Stage Manager Zach Kennedy
Lighting Consultant Sherrice Kelly



University of California, San Diego
Department of Theatre and Dance
9500 Gilman Drive - Dept 0344
La Jolla, CA 92093-0344



Image created by: Kathryn Lieber



Meeting Point: PLAZA CAFE, REVELLE

Dec 2nd & 3rd, 7pm No ticket required

Visit the season website for more information on the event

858.534.4574 • THEATRE.UCSD.EDU/SEASON

UC San Diego Theatre & Dance
Imaginative • Eclectic • Interdisciplinary

Need a place to study for finals?

Each day, from the evening of December 4th until the morning of December 8th, one of the Campus Community Centers or SPACES will be...

**OPEN
24 Hours**

The Schedule:

LGBT Resource Center:

Open 24 hours: Sun. (12/4) - Mon. (12/5)

Cross-Cultural Center:

Open 24 hours: Mon. (12/5) - Tues. (12/6)

Women's Center:

Open 24 hours: Tues. (12/6) - Wed. (12/7)

SPACES

Open 24 hours: Wed. (12/7) - Thurs. (12/8)

We'll have study space, games, fun, and a ridiculous amount of coffee.



Get your study on!



For more information, please visit ccc.ucsd.edu, lgbt.ucsd.edu, women.ucsd.edu, or spaces.ucsd.edu.

War Games

梁知明

contributing writer

One of my first memories of colonization was of rattling windows. The Marines were conducting “War Games” and fighter jets were flying by my neighborhood. As these planes break the sound barrier, they leave behind a trail of shaking ground and roaring noise. Living in a military town, I see evidence of this institution all the time (ie. going past a marine base to pick up groceries). For me, it’s not really a big deal—it’s just there. At least, that’s what I’ve been taught to think. When I came to UCSD, I learned about how militarism really functions. As it turns out, it is one of the ways that the colonization of land, bodies, and minds take place. It’s an interesting thing to think about. When people talk about militarism in classrooms and other academic spaces, they tend to forget the lived impact of it—the lives that are wasted, the “collateral damage,” the people that are left behind, and the wars that a lot of people forget are still happening

right now. And that’s not an accident.

The military is as vital to San Diego as it is destructive to our communities. The jobs that all the Naval and Marine bases create for civilians in this city—not to mention the research contracts—make us dependent on them for our economic survival. Recruiting offices give poor and working class people of color a way to get regular paychecks, a place to live, healthcare, and meals to eat. By virtue of being a militarized city, we need to forget. But it kills us. Literally. Colonization makes it acceptable for young people to enlist and fight wars that are not of their making. It lets Westerners take over their lands, then it forces them to migrate to a place where they will end up living in historically divested communities, and if that wasn’t enough, it’ll go after their minds while it’s at it too. Our school system will make sure that they won’t go far, and the recruiters will swoop in, bringing them promises of a college education—but only if they’re willing to die for it. Such is the state of normalcy.

They Don't Tell Me

JENNIFERTZI

contributing writer

They tell me, I will fail,
They tell me, there's no future,
They say I will get nowhere,

JOIN THE UC-SAN DIEGO DELEGATION!

T-Camp: An InterCampus Retreat for Trans/Genderqueer & Gender Questioning Students

January 6-8, 2012 @ Camp de Benneville Pines

T-camp is an intercampus retreat to explore gender identity and expression and to engage in dialogue with our peers. This event is specifically for students who are transgender, genderqueer, or gender questioning (TGQQ). Retreat facilitators include transgender and genderqueer community members, as well as campus LGBT resource professionals. We encourage you to apply for T-Camp if:

- You are a TGQQ-identified college student
- You wish to explore your own gender identity/expression and engage in dialogue with others
- You wish to build community with your peers across multiple campuses and experiences
- You wish to gain knowledge regarding trans issues, self-care and wellness, and accessing resources and support
- You wish to learn and share best practices to help improve TGQQ campus climate, policy, and programming on campuses throughout California

Application Process

- Complete the online T-Camp Application. The priority deadline is November 1, 2011. **UCSD students are encouraged to still apply.** Contact Vanidy (vbailey@ucsd.edu) with questions.
- Students may work with a campus representative to find funding to cover the \$140 fee. Funding sources include student government grants, departmental funds, etc.
- A payment form, liability form, and emergency contact form will be posted on this web site in November. All forms and payment are due by December 1.
- Questions regarding applications and payment may be directed to Nancy Tubbs (UCR director of LGBT resources) at 951.827.2267, nancy.tubbs@ucr.edu

APPLICATION IS ONLINE: <http://www.surveymonkey.com/s/3S7L8VH>



Wednesday | January 11, 2012

LGBT Resource Center

If you are an individual with a disability who requires an accommodation, please contact Vanidy Bailey at 858 822-3493 or vbailey@ucsd.edu as soon as possible before the event.



CAMP



winter

Winter Q Camp rings in the new quarter by welcoming new members to the community and welcoming back old ones. This is a time for ALL of us to (re)connect and to hear about this quarter's upcoming events. Bring back the spirit of Fall Q Camp's potluck, only this time, food will be provided! Please contact Vanidy Bailey (vbailey@ucsd.edu) for more information.



WINTER Quarter 2012 Q-CLASS List

ANTH 102. Humans Are Cultural Animals (4)

Wakefield, Monica TuTh 3:30p - 4:50p

This class examines humans from a comparative perspective; if we ignore culture, what's left? How do culture and biology interact? And how does biology inform cultural debates over race, sex, marriage, war, peace, etc.? (**Note:** This is a core course for all anthropology majors. Students may not receive credit for ANTH 102 and ANBI 161.) **Prerequisites:** ANTH 2 or consent of instructor.

ANSC 125. Gender, Sexuality, and Society (4)

Brenner, Suzanne TuTh 12:30p - 1:50p

How are gender and sexuality shaped by cultural ideologies, social institutions, and social change? We explore their connections to such dimensions of society as kinship and family, the state, religion, and popular culture. We also examine alternative genders/sexualities cross-culturally. **Prerequisites:** upper-division standing. (Formerly known as ANGN 125.) Credit not allowed for both ANGN 125 and ANSC 125.

ANSC 148. Global Health and Cultural Diversity (4)

Yarris, Kristin TuTh 5:00p - 6:20p

Introduction to global health from the perspective of medical anthropology on disease and illness, cultural conceptions of health, doctor-patient interaction, illness experience, medical science and technology, mental health, infectious disease, and health-care inequalities by ethnicity, gender, and socioeconomic status.

Prerequisites: upper-division standing.

COCU 131. Cinema of the Cuban Revolution (4)

Hernandez, Ariana Tu 5:00p - 7:50p

Overview of the Cuban Revolution (1959–2000) and cultural policies through the study of its film production, as a cultural industry and representational style. Cuban film in context of domestic and international events, particularly treatment of race and gender dynamics. **Prerequisites:** upper-division standing.

COMT 109. Digital Media Pedagogy (4)

Goldfarb, Brian TuTh 09:30a - 10:50a

This course teaches techniques for teaching digital media: such as Word, Photoshop, PageMaker, digital cameras, digital video, nonlinear editing. What are the special challenges digital media present to teachers and students? How do digital media compare to older technologies such as typewriters, film cameras, and analog video? How do gender, class, and age affect the way students and teachers respond to digital media? At least six hours of fieldwork at a computer lab of their choice or at Seiter's project at Adams Elementary will be required. Experience with computers and/or digital imaging recommended. **Prerequisites:** communication majors only.

CGS 2B: Introduction to Critical Gender Studies: Gender and Institutions (4)

Suarez, Harrod TuTh 2:00p - 3:20p

This course examines how gender organizes and is organized by institutions. Domains of inquiry may include family, education, medicine, technology, law, media, the workplace, immigration, and citizenship.

CGS 105. Queer Theory (4)

Kaplan, Sara Clarke TuTh 11:00a - 12:20p

Examines the different methodologies and disciplinary histories that together constitute the interdisciplinary project called queer studies. Of particular interest will be how these different methodologies and history construe and construct the relations between gender, race, class, and nation. **Prerequisites:** upper-division standing or consent of instructor.

CGS 111. Gender and the Body (4)

Cartwright, Lisa TuTh 12:30p - 1:50p SOLIS 109

Various approaches to the study of gendered bodies. Possible topics to include masculinities/feminities; lifecycles; biology, culture, and identity; medical discourses; and health issues. May be taken for credit three times when topics vary. **Prerequisites:** upper-division standing or consent of instructor.

ETHN 129. Asian and Latina Immigrant Workers in the Global Economy (4)

TuTh 11:00a - 12:20p

This course will explore the social, political, and economic implications of global economic restructuring, immigration policies, and welfare reform on Asian and Latina immigrant women in the United States. We will critically examine these larger social forces from the perspectives of Latina and Asian immigrant women workers, incorporating theories of race, class, and gender to provide a careful reading of the experiences of immigrant women on the global assembly line. (Cross-listed with USP 135.)

ETHN 142. Medicine, Race, and the Global Politics of Inequality (4)

Mendes, Gabriel TuTh 3:30p - 4:50p

Globalization fosters both the transmission of AIDS, cholera, tuberculosis, and other infectious diseases and gross inequalities in the resources available to prevent and cure them. This course focuses on how race, ethnicity, gender, sexuality, class, and nation both shape and are shaped by the social construction of health and disease worldwide.

ETHN 183: Gender, Race, Ethnicity, and Class (4)

MWF 10:00a - 10:50a

Gender is often neglected in studies of ethnic/racial politics. This seminar explores the relationship of race, ethnicity, class, and gender by examining the participation of working class women of color in community politics and how they challenge mainstream political theory.

HIEA 129. Faces of the Chinese Past (4)

Schneewind, Sarah MWF 2:00p - 2:50p

Through the biographies and autobiographies of prominent and ordinary men and women from antiquity to today, this course explores the relation of the individual to social structures, class and gender in personal experience, and the production of primary and secondary sources. **Prerequisites:** upper-division standing or consent of instructor. +

HIUS 157. American Women, American Womanhood 1870 to Present

Plant, Rebecca Jo TuTh 8:00-9:20a

This course explores the making of the ideology of womanhood in modern America and the diversity of American women's experience from 1870 to the present. Topics include the suffrage movement, the struggle for reproductive rights and the ERA; immigrant and working-class women, women's work, and labor organization; education, the modern feminist movement and the contemporary politics of reproduction, including abortion and surrogate motherhood. **Prerequisite:** upper-division standing.

LING174. Gender and Language in Society (4)

Arvaniti, Amalia TuTh 11:00a - 12:20p

(Same as **SOCI 116.**) This course examines how language contributes to the social construction of gender identities, and how gender impacts language use and ideologies. Topics include the ways language and gender interact across the life span (especially childhood and adolescence); within ethnolinguistic minority communities; and across cultures. **Prerequisites:** LIGN 101, or upper-division standing, or consent of instructor.

LTCS 50. Introduction to Cultural Studies (4)

Blanco, John D TuTh 11:00a - 12:20p

An introduction to cultural studies with a focus on the following areas: literary and historical studies, popular culture, women's studies, ethnic studies, science studies, and gay/lesbian studies. Particular emphasis on the question of "cultural practices" and their social and political conditions and effects.

MUS115. Women in Music (4)

Pasler, Jann Corinne TuTh 12:30p - 1:50p

A survey of the biographical, historical, sociological, and political issues affecting woman musicians, their creativity, their opportunities, and their perception by others. It compares and contrasts the work of women composers, performers, patrons, teachers, and writers on music from the Middle Ages through the present.

Prerequisites: consent of instructor.

PSYC 190 Parenting

Spilkin, Amy TuTh 11:00a - 12:20p

This course adopts an interdisciplinary approach to the complex construct of parenting. Parenting is explored with respect to history, culture, development, psychology, biology, etc. Controversial issues such as the influence of the media, family structure, and discipline strategies are analyzed. **Prerequisite:** upper-division standing.

SOCI 113. Sociology of the AIDS Epidemic (4)

M 5:00p - 7:50p

This course considers the social, cultural, political, and economic aspects of HIV/AIDS. Topics include the social context of transmission; the experiences of women living with HIV; AIDS activism; representations of AIDS; and the impact of race and class differences. **Prerequisites:** upper-division standing. Will not receive credit for SOCI 113 and SOCB 113.

SOCI 129. The Family (4)

Klatch, Rebecca MWF 11:00a - 11:50a

An examination of historical and social influences on family life. Analyzes contemporary families in the United States, the influences of gender, class, and race, and current issues such as divorce, domestic violence, and the feminization of poverty. **Prerequisites:** upper-division standing. Will not receive credit for SOCI 129 and SOCC 129.

SOCI 139. Social Inequality: Class, Race, and Gender (4)

TuTh 09:30a - 10:50a

Massive inequality in wealth, power, and prestige is ever-present in industrial societies. In this course, causes and consequences of class, gender, racial, and ethnic inequality ("stratification") will be considered through examination of classical and modern social science theory and research. **Prerequisites:** upper-division standing. Will not receive credit for SOCI 139 and SOCC 139.

ALL COURSES ARE SUBJECT TO CHANGE

**Winter Quarter
Week 1**

Jan 9 – Jan 13

THIS WEEK AT...

The LGBT Resource Center



MON

7 PM – 9 PM

LGBTQIA

Family Room

WED

5 PM – 8 PM

Winter QCAMP

Conference Room

7PM – 9PM

Men's Group

Heritage Room

THU

7 PM – 9 PM

QPOC

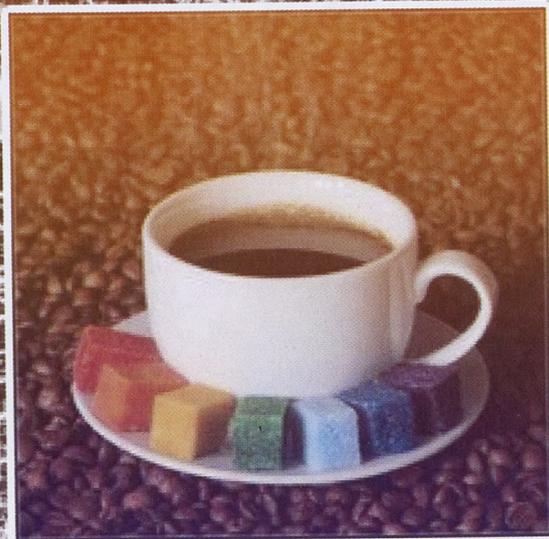
Family Room

Coffee and Connection: LGBT Graduate Student Coffee Hours



Welcome!

Grab a bite to eat, something to drink, and enjoy!



Wednesday Wellness Workshops for Graduate Students

This lunch-time series provides information on campus resources that support the mental, physical, social, and financial aspects of the graduate & professional student experience.

WEDNESDAYS, 12PM—1PM @ THE ZONE (LOCATED IN PRICE CENTER)

FREE FOOD catered by Art of Espresso

RSVP to Iris Crowe-Lerma at icrowelerma@ucsd.edu

A minimum attendance of 5 students is required for workshop to take place.

- JANUARY 11: COMMUNICATION SKILLS TO BE SUCCESSFUL IN GROUP INTERVIEWS:** Many companies and most student campus jobs are asking candidates to participate in a group interview process. In this session, participants will learn the skills that will make them stand out above the other applicants in a group interview setting. *Presented by Grace Bagunu; Center for Communication & Leadership*
- JANUARY 18: FEELING LIKE A FRAUD - DEALING WITH IMPOSTER SYNDROME:** As a graduate student, have you ever had the secret sense that you are not as capable as others think you are? You are not alone—self-doubt can creep into anyone's life, especially when they've stepped into a new role (e.g., becoming parents, presidents, doctors, or graduate students!). This workshop is designed to help you navigate through these doubts, to be mindful of the limits of your current abilities, and to encourage you to find personal and professional growth opportunities. *Presented by Drs. Jeness Chang & Monique Mendoza; Counseling and Psychological Services (CAPS)*
- JANUARY 25: TURN THE MONEY YOU HAVE INTO THE MONEY YOU'LL NEED:** Join us as we discuss the following topics and help you plan for your financial success: Planning & Saving, Managing Retirement Income, Transferring Wealth, How Much Will I Need to Retire, Tax Sheltered Savings Plans, Do You Need an Estate Plan, Planning for College Expenses, Plan for Success. *Presented by Jim Froman, Financial Consultant for USE Investment Services*
- FEBRUARY 1: PRIORITIZING YOUR PARTNER, PART II: LONG DISTANCE RELATIONSHIPS:** Keeping your relationship a priority while staying focused in school isn't always easy. It can be even more difficult if you are in a long distance relationship. Join us for an interactive workshop and we'll offer strategies on how to improve communication and maintain trust in order to sustain a healthy long-distance relationship while in grad school. *Presented by Lisa Swid & Lana Talampas; Sexual Assault & Violence Prevention Resource Center (SARC)*
- FEBRUARY 8: COMMUNICATING LOVE AND APPRECIATION IN RELATIONSHIPS:** Would you like to enhance your current relationships with partners, friends, and family members? Participants in this workshop will learn the various styles of giving and receiving love. Learning about your own style will strengthen your understanding of communicating love and appreciation in relationships. *Presented by Tiffany O'Meara, Ph.D.; Counseling & Psychological Services (CAPS)*
- FEBRUARY 15: LAUGHTER YOGA:** Bring out your inner joy and playfulness with laughter yoga. It's a great way to relieve stress, make friends, and inspire a sense of well-being! *Presented by Gina Tang; Health, Recreation & Well-being*
- FEBRUARY 22: COMMUNICATION SKILLS IN THE CLASSROOM:** This workshop includes communication strategies to create a positive class atmosphere, as well as general guidelines to insure instructional clarity. Tips on leading effective discussions will also be presented. *Presented by Christine Alexander; Center for Teaching Development*
- FEBRUARY 29: COMBATING HOMOPHOBIA AND TRANSPHOBIA IN THE CLASSROOM:** This session is a roundtable discussion regarding the harsh realities surrounding homophobia and transphobia in the classroom. This discussion will provide graduate students and professors with a healing space regarding the various experiences around combating homophobia and transphobia in classroom settings. Participants will be given tools around creating welcoming spaces for LGBT students and academic professionals. *Presented by Vanidy Bailey; LGBT Resource Center*



Mixed Student Union

We are a group of students trying to create a space for the mixed, multicultural, multiethnic, multiracial and transracial adoptee community here at UCSD.

We want to create a fun space for all of us to share our experiences, foster discussion, and meet new people. All people interested are welcome!

**GBM 5-6pm every week at
Women's Center
Conference Room**

Email Us at ucsdmixedstudentunion@gmail.com!

Winter Quarter

Week 3

Jan 23 – Jan 27

THIS WEEK AT...



The LGBT Resource Center

MON

3 PM – 5 PM	T.I.A.	Heritage Room
5:15 – 6:15 PM	Coming Out Group	Women's Center
7 PM – 9 PM	LGBTQIA	Family Room

TUE

3 PM – 5 PM	Volunteer Training	Conference Room
5 PM – 7 PM	Speakers Bureau Panelist Training	Heritage Room
6 PM – 9 PM	Jewish Queer Film Festival	Conference Room

WED

3 PM – 5 PM	Speakers Bureau Panelist Training	Heritage Room
7 PM – 9 PM	LGBT Pre-Health Association	Family Room
7 PM – 9 PM	Men's Group	Heritage Room

THU

5 PM – 7 PM	Dialogues in Sexuality Studies	Conference Room
7 PM – 9 PM	QPOC	Family Room

FRI

3 PM-4 PM	Fluid Sexuality	Heritage Room
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