Volume 1 Number 2

December 1974, January 1975

## Kwanzaa- a celebration of unity

celebrated December 26th through January 1st, is our Afrikan holiday that was a tradition centuries before the birth of Christ. Kwanzaa is a Swahili word meaning the "first fruits." Our brothers and sisters in Afrika originated Kwanzaa to mark the harvesting of the first crops and the importance of living and working together to create a better and more productive community.

Today, for Black people in America, few of us are farmers, yet the essential meaning of Kwanzaa has stood the test of time The importance of the

collective effort in providing for following items are placed on the good of the Black com- this mat; munity is as great now, if not greater, than it was for our candles and represents the Afrikan ancestors.

By celebrating Kwanzaa that is the spirit of "Unity towards better collective spirit to achieve a more

There are certain objects which the maximum from it. symbolize the essential spiritual nature of Kwanzaa:

KINARA, holds the seven original stalk from which, all

MSHUMAA, the seven candles community," Black people can are red, black, and green. They carry on the tradition of the represent the Seven Principles, NGUZO SABA, on which the ideal (original Afrikan) com- First-Born set up our society in order that our people might get

MUHINDI, the ears of corn, MKEKA, a straw mat which represents the children of the symbolizes the foundation on family and their potential to be which all existence rests: the parents symbolizing the immortality of the nation. There child in the house. A childless their labors and inspires comhome has one ear of corn to mitment of good acts and signify its potential.

ZAWADI, the presents reward should be an ear of corn for each the parents and the children for thoughts in a social sense.

### The student co-op: what does it mean to black students

by Anthony Greenfield

The central theme of the UCSD student government, known as the Co-op, is cooperation. At this time, it is doubtful that many students support this idea. Perhaps it was the budget disputes, or maybe the voting procedures which placed organizations at each other's throats, and at times, turned the meeting into mayhem. From a Black perspective, a brother or sister may well question the need to participate in such an organization. On the surface, it would seem as if little could be accomplished for Black students by working with the Co-op. However, despite all the confusion, there are several very strong reasons for Black participation on the individual, organizational, and governmental (the Co-op itself) levels:

The Co-op holds the purse strings for all organizations on campus. Black students must get involved in the budget allocating process.

The Co-op makes decisions which can benefit or disadvantage Black students. We must be present to find out about new policies or programs which may affect us.

The Co-op is becoming increasingly critical of organizations which request money, yet do not supply the Co-op with information concerning the activities of the group. The danger here is that if Black organizations do not keep up with the requirements as prescribed by the Co-op, action may be taken to cut off funds from the organization. Then, without alternative funding sources, a Black organization will be destroyed.

If Black students can somehow spare the time, energy, and patience needed to work with the Co-op, the results will be: better awareness of campus politics. 2) The position to nip potential backlashes, interrogations (on trumped-up charges), and policy making which may be dangerous to Black students, in the bud. These benefits make participation in the Co-op not only desirable, but essential.

Brothers and sisters, I'm aware that the student government is in a sense, an arm of the larger campus administrative system. But, I insist that passivity can only bring about more problems. At UCSD, what Black students don't know about campus policies can hurt us. In order to provide Black input into a very important area, we must attend Co-op meetings, defend our positions, vote down propositions of harm to Black students, and participate directly in the policy making process (Co-op committees). So Black student, why don't you check out the Co-op?

### Dick Gregory- a phenomena

There was a time when Dick Gregory was billed as a comedian, but while listening to him in Peterson Gym at San Diego State University, it became distinctly obvious that this was, for him, an almost empty title. Dick Gregory, brothers and sisters, for those of you who did not see him and are not that familiar with him is more than even a political and social activist he is a phenomena. Having seen him two years ago at Casa Del Prada in Balboa Park, I guess I was luckier than most folk cause although I didn't know what he'd be talking about specifically, I knew that seeing him would be cathartic in terms of ridding myself of old, worn ideas and replacing them with new and vibrant ones.

Much of his speech did, of course, deal with the politicality of control in this cou itry. Early in his speech he talked about the scare tactics used in the last presidential election where the Nixon gang got white folks so hung up on being scared of and watching Black folks, that they didn't have time to identify their real enemies, which were those folks most like themselves, who not only had the potential but did, in fact, commit crimes against the country.

Bro. Gregory also talked about the irony of and the sudden concern for bussing whereby it has become a major political issue. But we know what the trip is. The trip is bussing white kids into black neighborhoods which has people in an uproar because as Brother Gregory pointed out bussing is no "new" issue to Black folks. Black children have been bussed for years past many white high schools to get to a black one where even then the major focus was not on academics (as we know it) but on how well brothers learned how to dribble a basketball only to wake up after 12 years and find that there was NO way to dribble up on a job. Many Black folk have been and still are being duped into believing that the same racist structure who would not treat them right is gone miraculously teach them right.

Another important aspect of Bro. Gregory is what he calls the "Revolutionary pimp" who spouts much rhetoric on how Black folks gone get over while passing the joint (or the wine) and rappin

about how anti-systematic getting Thomas, professor in the Black of this "good luck" (weed) is.

unnecessarily induced and other Black folks. manipulated by the powers that do it properly. He suggests that self-destruction. we use fasting, along with an Dick Gregory is only one Black

students and Mrs. Shirley living.

is while refusing to Studies Dept. at San Diego State acknowledge and identify who before the lecture, Bro. Gregory the ultimate generous benefactor said that the prevailing attitude on college campuses which he Dick Gregory has been and still has observed is one of "death is prophetic in his predictions and preparation" whereby students this time the word is Famine. He are literally giving up on life but feels that this state is being most of all, on themselves and on

The time has come, he feels, to be. However, he feels that there is deal with the reality of the hope. One of the sources for this situation as it now exists and then hope he feels, is going to be to plot a course for survival, for learning how to fast and learning self-enhancement and not for

increased awareness of ourselves man. He shows us what it is - it's in terms of the entire universe to for us to decide how to deal with get our bodies in tune with nature it. We can and not only that, whereby we can secure and Brothers and Sisters, we will! maintain the kind of karma which Survival has been our middle will see us thru any kind of crisis. name and hey, guess what? it ain't While speaking to a group of about giving up now. It's all about

### **B.S.U. Survey**

The B.S.U. surveyed 33% of the Black student population to identify which parts of the university system negatively affects the largest precentage of African students.

The B.S.U. advocates on behalf of African American students experiencing stress due to administrative oversights and inef-

The number one problem facing Black students is financial aid. Many of the Brothers and Sisters reported that their papers had not been processed properly by the program's staff which resulted in the delay of students registering for courses. The effect may have stifled the student's progress for up to a year. The effect may be profoundly experienced by those who missed enrollment in courses offered yearly and sequentially.

Other students reported that financial aid along with California State Scholarship required that students return part of stipends already granted to them. The rationale was an overestimation of student expense by U.C.S.D.

In the event you continue to have problems with Financial Aid, we

1) Contacting Black Student Union by oral or written communication.

2) Contacting Financial Aid Director, address: 214 M.C. Q-013, Ph: 452-3800.

3) Contacting Student Affairs Director George Murphy, mailing code: B-023, Ph: 452-4370 Student Center

4) Contacting Legal Aid Director Raphael Levin, Mailing Code A-001, Ph: 452-2050, Student Center. Send copies of your communication to the CO-OP, Student Center.

#### **RESULTS OF SEPTEMBER 21, 1974 B.S.U. SURVEY**

- 1 Have you had any problems with financial aid?
  - yes 56% 44% no
- 2. Have you had any problems with transportation? 29% 71% no
- 3. Have you had any problems with food? yes 15%
- 4. Have you had any problems with your academic program? 25% no 75%
- 5. Have you had any problems with housing? ves 8%

## Ujima radio

Ujima Spectrum is black expression on radio. It covers all facets of blackness. The program was conceived by Bro. Tommy Calimee and Bro. Bruce Hanley in the spring of "74". They felt the lack of black representation at KSDT, the campus radio station, and felt the need to be able to communicate with the brothers and sisters on a regular basis.

Ujima offers black music, poetry, news pertaining to the black community and interviews with such featured guests as Bro. Greg Akili from the Black Federation, Bro. Chris Johnson, program director of Soul 104 FM, Bro. Larry Greenwood of the Black Action Committee (BAC) and Sis. Dianne Evans and Bro. Raefael from Phil counseling psychological department at U.C.S.D. In addition to all of this, Ujima Radio also offers Swahili lessons.

Spectrum can be heard from 9:00-10:00 p.m. Tuesday and Thursday, on KDST, 540 AM and 99.5 FM.

Sickle Cell Anemia and Sickle Cell Trait.....Page 2

Pan-African Conference Marks Era Of Peace And Liberation....Page 3

Pre-colonial Urbanization in Yoruba-Land and Timbuctoo, A Research Paper.....Page 4

Books In Review ..... Page 5

The Girl Who Loved Danger.....Page 7

Black Men/White Woman....Page 8

### Sickle cell anemia and sickle cell trait

What Is Sickle Cell Anemia?

Sickle cell anemia is an inherited condition that is caused by a changed hemoglobin called hemoglobin S. (Hemoglobin is the substance in the red cells of the blood that helps them carry oxygen through the body.) Usually, red blood cells are



However, if there is a lot of hemoglobin S (S stands for "sickle") in the red blood cells, when they lose oxygen, they may become pointed or "sickle" shaped like this:

clic

In people with sickle cell anemia almost all the hemoglobin is hemoglobin S. Is Sickle Cell Anemia Different From Sickle Cell Trait?

Yes, very different. Sickle cell anemia is a serious illness. Sickle cell trait is not an illness and normally causes none of the problems which sickle cell anemia produces.

How Does Somebody Get Sickle Cell Trait Or Sickle Cell Anemia?

Sickle cell anemia and trait are inherited conditions. You get them from your parents, like your eye, skin, and hair color. You can't catch sickle cell anemia or sickle cell trait the way you catch measles or the flu Individuals with sickle cell trait

get it from only one parent. People with sickle cell anemia get

## B.S.U. Report

The BSU is focusing in on a number of activities for the remainder of this quarter and next guarter. Some of the activities

-Sponsorship of a lecture by a Black ex-GI.

-Planning Black Consciousness Week, 1975 We are also currently involved

with:

-Acquiring a Work-Study secretary from the Co-op -Establishing the Black

Students Alliance -Ideas for recruitment of Black Students.

All of these efforts are geared at making this environment more suitable to Black life-styles. They cover a wide-ranged spectrum of

However, we do have certain limitations. These limitations do is pain and damage to internal SICKLE CELL ANEMIA FUND not really stem from a lack of ideas or notions about what we should do; we are actually teeming with new ideas. The limitations arise from a functional context, i.e. we need some hardworking people. This is quite unfortunate too, in that we could extend our activities and areas of involvement, given more man/woman power.

If you have a minute of spare time, let the BSU put you to work for Black people, during that time. We ask you to sacrifice that Tuesday night T.V. program, or that afternoon basketball game, because success in all phases of endeavor comes only from sacrifice\_

Please contact myself, or any of the other officers to become involved, because if you don't, we'll contact you. Remember, time is never regained, once past.

Alfred Zollar Chairman, BSU What Is Sickle Cell Trait?

People with sickle cell trait Anemia? have much less hemoglobin S in No. What people inherit, like their red blood cells than people eye color, skin color, or with sickle cell anemia. In fact, hemoglobins, can't be changed. except under very unusual cir- Is There A Cure For Sickle Cell cumstances, the red blood cells Anemia? of people with sickle cell trait do. No. Doctors are looking for a not sickle. Therefore, sickle cell cure but haven't found one. trait does not normally cause pain However, doctors can help or any other problems. It is people with this disease. important to remember that Can Sickle Cell Anemia Be sickle cell trait is not a disease.

But when both a man and woman have sickle cell trait, even if they don't know it, each of their How? children has a 1-in-4 (25 percent) chance of having sickle cell anemia, and a 1-in-2 (50 percent) chance of having sickle cell trait. Can People Have Sickle Cell Trait Without Knowing It?

Yes. One of every 10 to 12 black Americans and a small percentage of whites have sickle cell trait. However, most people with sickle cell trait don't know that they have it because it usually causes them no problems. The only way to find out is to have a special blood test.

Where Did Sickle Cell Anemia And Sickle Cell Trait Come From?

They come mainly from Africa. Many of the black people brought from Africa to the Americas (United States, Mexico, South America, Central America, and the Caribbean Islands) had sickle cell anemia and sickle cell trait. In Africa having sickle cell trait helped to protect children from the dangerous disease malaria.

Are There Other Inherited Conditions That Occur More Commonly In One Racial Group? Yes. A few examples are: Condition Occurs Mainly in

Cystic fibrosis G6PD deficiency Harelip and cleft palate Six fingers (polydactyly)

Who Has Sickle Cell Anemia Or Sickle Cell Trait?

Among Americans, both of these conditions are found mostly in black people but also among Spanish-speaking people and others whose families originally came from countries like Greece, Italy, Turkey, and some others.

About 1 of every 500 black Americans is born with sickle cell

What Is Sickle Cell Anemia Like? It is a serious illness. It is not local clinic. like other kinds of anemia (low blood) you have heard about. Almost all of the hemoglobin in FREE TESTING AND INsickle cell anemia is hemoglobin S. These red cells can easily S.C.A. PROJECT together, blocking up the small Phone No. 234-5291 blood vessels and preventing the CONTRIBUTION CHECKS SENT normal flow of blood. The result TO: organs. People with sickle cell P.O. BOX 1173, S.D. 92112 anemia can, from time to time,

> Yellowing of the skin and whites of the eves

Extreme pains in the stomach, bones, or other parts of the body that can last for several days (called "crises")

Sores that don't heal, especially around the ankles

Many other medical problems

People with sickle cell anemia need continuing attention from a doctor. Some people with sickle cell anemia have to be in the hospital many times. Whereas some victims die at an early age, some live a normal lifespan.

### Is There Any Way To Get Rid Of Sickle Cell Trait Or Sickle Cell

Prevented? Yes. But only in the next

By finding out if you have sickle cell trait. If you do not, then none of your children will have sickle cell anemia.

If you do, the only way your children can have sickle cell anemia is if the other parent of your children also has sickle cell trait (or sickle cell anemia)

If a person with sickle cell trait and a person with ordinary blood have children, none of their children will have sickle cell

However,

each child will have an equal 1in-2 (50 percent) chance of having ordinary blood or having sickle cell trait.

If both parents have sickle cell trait each child has: a 1-in-4 (25 percent) chance of having sickle cell anemia.

a 1-in-2 (50 percent) chance of having sickle cell trait.

a 1-in-4 (25 percent) chance of having ordinary blood. What Is Hemoglobin C?

Hemoglobin C is a changed hemoglobin, but one that does not cause sickling of the red cells. People who get hemoglobin C from one parent have C trait and Whites Whites are entirely normal. People who Blacks get hemoglobin C from one parent and hemoglobin S from the other have diseases similar to Blacks sickle cell anemia, though often

less severe. How Can I Find Out If I Have Sickle Cell Anemia, Sickle Cell

Trait, Or Hemoglobin C Trait? If you have sickle cell anemia you are probably already aware of it. However, if you have sickle cell trait or hemoglobin C trait, you probably don't know it, but you can find out once and for all by having a simple blood test. Where Can I Get More In-

From your doctor, nurse, or

formation?

the red blood cells of people with FORMATION AVAILABLE AT: 2907 Imperial Avenue become "sickled" and then stick 9 AM - 2 PM-Monday - Saturday

### **Understanding**

Sister/lover Walk with Take my

love and lend your heart to the cleansing of my soul be aware of my silent gratitude For locked within my hardened heart

sensitive, loving soul, desirous for

### Hairs, moth wings found in canned tuna fish

Rodent hairs, moth wings and parts of insects and maggots were found in samples of canned tuna from 13 of 16 major distributors or canners tested, according to Consumers Union.

Consumers Union, a nonpartisan consumer organization and publisher of Consumer Reports, tested 52 brands of canned tuna for color, condition, aroma, flavor and texture and, as it usually does when testing food, for filth and bacteria.

The tests, published in the magazine's November issue, indicate that, while rich in protein, the tuna samples contained "a disturbing number of rodent hairs, other animal hairs, fragments of feathers. moth scales and insect and maggot parts."

"Of the 16 distributors of tuna whose brands we tested," it said. "13 were represented by at least one filthy sample out of those examined for filth. The pattern of permitting unwholesome adulterants appears industrywide.

The article added, "Although the filth we found is more likely to ruin your appetite than your health, we think the tuna industry badly needs a clean-up."

It noted that the Food and Drug Administration's usual excuse for its lax standards on filth in food is that filth originated in nature and couldn't be readily removed." The article said, "Rats don't live in or around tuna fish in the ocean, nor do birds and maggots, moths or other insects.

"It is therefore safe to conclude that the filth we found in canned tuna was introduced after catching."

Consumers Union said tuna samples from three packers or distributors were clean but added, "We sampled only a few of their products." The three are Grand Union Stores, Nozaki Associates, Inc., which distributes the Geisha Brand, and SSC International, responsible for the Empress Brand.

The other distributors or packers tested were Bumble Bee Sea Foods Division, Castle & Cooke, Inc.; Ralston Purina Co., distributors of Chicken of the Sea and Van Camp's brands; Topco Associates, Inc., responsible for the Food Club label: A&P Stores: First National Stores, distributors of Finast brand; Kroger Stores, which also distributes North Bay brand; Westgate - California Foods, Inc., distributors of Carnation and Breast o'Chicken brands: Starkist Foods. Inc., which also distributers Eat Well; S&W Fine Foods, Inc.,; Safeway Stores, responsible for Sea Trader and Tempest brands; Del Monte Corp.; Camerican International, whose brand name is Deep Blue, and the Mitsubishi International Corp., whose brand name is Three

Charles R. Carry, executive director of the Tuna Research Foundation of San Pedro, a group representing the tuna industry, said. "It is obvious that Consumers Union investigators know nothing about the tuna industry.

They never contacted anyone here. Our plants are fly-proofed and everything else. I defy anyone to find any flies in our canneries."

Carry said more than 90% of canned tuna sold in the United States was packed in Los Angeles and Puerto Rico and added, "There are no rodents in California tuna canneries. Furthermore, Food and Drug Administration inspectors have never

turned up a case of rodent infestation in any U.S. tuna cannery, and

they inspect them frequently." Los Angeles Time, Tues., Oct. 22, 1974

### You and the community

The Black Action Committee, Inc. (BAC) wishes to congratulate organization designed to bring the UCSD Black student about planned changes, while newspaper (UJIMA) staff for their improving the quality of lives. their successful accomplishment. The newspaper is an asset to the committees: Education, Constudent body, for the printed short time. It is also a feat in itself, because most group tension), Public Relations, Family consciousness on the campus has Services (child development and in a divided core of students.

brothers and sisters problems our munity and its needs and desires. problems and to solve them together." In conjuction with this student manpower service project. This project, which begins next quarter, encompasses students to use BAC as an assigned agency to complete an independent study requirement or a class assignment on com-

munity involvement

BAC is a community-oriented The organization consists of six sumer Affairs (legal and word captures multitudes in a education), Health Care Services (sickle cell anemia and hypersubsided tremendously, resulting youth services), and Public Policy. Each committee has its BAC is designed with the same own chairman who is responsible concept as the third Black value for the respective committee system, UJIMA, "to work framework. We are in need of collectively and be responsible in students and instructors building and maintaining our assistance on the program, for community together to make our BAC is built around the com-

The Black Action Committee, concept, BAC has established a need a place to apply their learned theories into practice. BAC provides this opportunity for serious input into the community. Let us all work together....to stay

For further information, contact De Lois Kelly at 233-8883. \*

#### 1st Annual Martial Arts Exhibition

The Concerned Black Students of San Diego City College will present its first annual Martial Arts exhibition on Thursday, December 19, 1974 in the SDCC auditorium.

Starting time: 12:00 noon Price: Students with ASB card \$1.00 Non-student.....\$2.00

The various arts will include Karate, Kung-fu, Tang Soo Do, Ta Kwon Do, Aikido, Judo. Specials will be: the performance of Kata (forms), Tameshiwari (breaking), and Kumite (fighting).

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# Pan-African Conference marks era of peace and liberation

was attended by Sis. Diane Evans, Ujima Services-Counseling and Psychological Services, Sis. Diane was one of 60 North American delegates and representative of Southern California. Her participation in the Congress was to identify and evaluate mental health needs and strategies for African descent people.

The Sixth Pan African Congress took place in Dar-Es-Salaam, Tanzania. This event historically marks the era of Pan-African peace, material and social liberation. Kwame Nkrumah, C.L.R. James, Ras Makkonnen are a few of the leaders who encouraged the planning of the Congress. Pres. Nyerere of Tan-Tanzania upheld this Congress out of respect for the role it had played in the liberation of African people and felt that now it should help oppressed Africans in dispora.

The First Pan-African Congress was held in London, 1950, and was organized by Sylvester Williams, a Trinidad lawyer. During this event W.E.B. DuBois stated, "The problem of the twentieth century is the problem of the color line - the relation of the darker to the lighter races of men in Asia and Africa, in America and the islands of the sea. Dr. DuBois has been the moving spirit behind the 1919, 1921, 1923, 1927, and 1945 congresses. The first five congresses were promoted and attended by concerned individuals

The last and fifth Pan-African Congress held in Manchester England, 1945, echoed the experiences of the African masses. Representatives emerged from the Congress with the mandate of liberating oppressed, colonized Africa. Over the intervening twenty-five years some fifty independent African nations emerged.



**Queen Mother Moore** "Africans in America constitute a non-self governing nation by United Nations definition. Black people share a common culture, a common language, and a common land base historically referred to as the Southern Black

Pan-Africanism connotes three ideas; A governmental or a common market model, the unity of Blacks over the world, a humanism which encompasses a universal move toward freedom. The latter was descriptive of the idea underlying the 6th Pan-African Congress

opened the Congress with a speech that created the humanistic tone but recognized the racist aspects of imperalism.

The sixth Pan African Congress derstanding of the social and the destruction of Africa came political realities of new nations through the invasion of the and states. The starting point also Persians and Alexander the Great includes the abandonment of the in 332 B.C. One of the most utopian idea of returning to outstanding generals became



Sister Diane Evans

promised lands and identification Pharoah as Ptolemy I. This began of promised land as being a 300 years of Macedonian-Greek making of a new society. rule. This changed Egypt from

The next action called for was Black to brown and white. The the liquidation of foreign great libraries were blundered by domination, imperialism, Aristotle and his successors and colonialism, neo-colonialism, after alteration the great books apartheid and zionism by people were claimed to have been of Africa, people of African written by Aristole. Mahabuti descent and all people of the expressed the warning that world. Underlined is the fact that, socialism may be another form of "A movement which claims to be racial imperalism to advance the revolutionary cannot adopt the interest of Euro-American people. enemy's methods without in the Others also spoke to racism and long run serving that enemy." Sis exploitation. Minister Alioure Diane perceives this message as Sine denied that Negritude was basic to the transformation of racism but rejected a "sterile Black people's life here in polemic based ondemogogic America. It provides for unity slogans." Jasper Forbes from based on the aims of progress, a Britain argued for revolutionary dynamic factor and not the color struggle and refused to apologize of skin, a static factor. This strikes for being Black. He recognized sexual, and intellectual skin. categorizations are ways to perpetuate the unequal distribution of power. Once we, commit ourselves, as a group, to the removal of imperalism such power struggles among us will be removed.

The focus on imperalism was suspicious to many holding a Black nationalist position. In the vanguard of nationalist protectors is poet Haki R. Madhubuti who states "The ideology of white supremacy precedes the economic structure of capitalism and imperalism, the latter of which are falsely stated as the cause of racism. To believe that the white (people) mis-used and manipulated us for centuries until Pres. Nyerere of Tanzania today for purely economic reasons is racist and void of any historical reality." The European need for sense of superiority has been the driving force of their The starting point of Pan-African racist acts. Mahabuti cites action is defined as an un- Chancellor William's thesis that

delegates regarding class and race Western powers to grant into oppression, Nyerere added a dependence to their colonies in post script to his address in which the Caribbean and the Pacific. he recommended that a permanent Pan-African structure be Palestinian people. established within the OAU (organization for African unity) to represent the interest of African descent people in dispora. The North American delegation

was occupied with an internal debate over the race vs class oppression issue. The debate had begun among African-American leadership earlier this year. The intensity of the debate was increased by the private meetings held solely among government representatives who decided which liberation, groups would allow delegate status. The progressive African-American representatives perceived this as oppressive and elitist behavior. However the African-American delegates to varying degrees focused on several positions which had come out of the Southern California position paper: A Pan-African Science and Technology Center, a society of Pan-African scientists and technicians, a permanent Pan-African secretarial, and some form of dual citizenship. None of the positions were adopted. Primarily because the presenters of the proposals did not speak out of a clear political framework The Sixth Pan-African Congress

resulted in: the rejection of Pan-African institutions but an encouragement of exchange of



Owasu Sadanki, of the African Liberation Day Support Committee, called for more visible support from African Nations for the liberation struggle of Africans in the United States.

information and recruitment of technologists from abroad giving preference to Pan-African scientists. Recommendation for a power. The individual, class, Africans in discord is the color of restructuring of the United Nations in order to fairly potential.

In an attempt to cope with the represent the continents of the increasing chasm among the Third World. Support the struggles of



Amiri Baraka Congress of African People

Calls for a boycott of Portugal, South Africa and Rhodesia.

Lerone Benett jr.'s reflections of the Sixth Pan-African Congress: "If that was not the beginning of the ending of the Pan-African

Crusade, it was at least the ending

of the beginning of a painful process of re-education which may yet make the reality match the splendor of the dream. For those of us in America who are

left with the struggle of translating the events of the Congress into language of our communities, Sis Diane encourages us to analyze our deeds in the

context of our role as student at UCSD. In these roles, each student, African or non-African descent, should be able to identify patterns of thoughts, readings, personalities, and actions which support the concepts

of Pan-Africanism, the liberation of oppressed people. For African people it begins with African people. It begins with a commitment to acquiring knowledge to remove oppression. It begins with receiving and returning a smile to one experiencing oppression. It begins with being involved with the B.S.U., Black Drama, Ujima, Co-op, Com-Student Alliance. It ends with us at the essence of the conflict for that the primary contradiction of common African currency, a reaching the highest levels of our



Sixth Pan African Congress

## Pre-colonial urbanization in Yoruba-Land and Timbuctoo

Research paper by Lawrence J. T. Thibodeaux

#### Introduction

This paper deals with pre-colonial urbanization in Africa and the reasons why urban centers were originally started (i.e. trade, communication, protection, etc.). I decided that dealing with the whole continent of Africa on this subject would be like biting on more than I could chew. Therefore, it would be more feasible to deal with West Africa and more specifically, Yorubaland and Timbuctoo. I choose these two areas, as my models for West Africa, because they are considered two of the oldest urban areas in West Africa. Plus, I was greatly influenced by the amount of information to be found on these

Sociologists, Urbanologists, (if there is such a term) and others have consistently, in the past, concentrated their studies on European and Euro-american urbanism. It is as if to say that urbans or cities are strictly western. Well, history proves to the contrary. In Yorubaland, large urban agglomerations pre-date the advent of Europeans. The journals, papers and maps of the earliest European exploiters who arrived in this part of West Africa mention several Yoruba towns such as Ife, Oyo, and Ijebu-Ode. In fact, by the time of active European penetration of the country in the late 19th century, many of these towns were already centers. Timbuctoo, on the other hand, which came later (between A.D. 900 and A.D. 1000) than Yorubaland (which originated about A.D.700) had the advantages of being an old community with different cultures attributed to three ethnic groups (the Songhoi, the Arabs, and the Tuareg) and having a small population of a little over six thousand. The intense cultural heterogeneity of this city makes it more urban, according to the white man's definition of a city, than many a European and Euro-American community of equivalent size.

#### Yoruba-Land

The Yoruba have been and are to this very day the most urban of all African people of any considerable size; and their urban way of life is traditional. All Yoruba towns trace their origin to Ile-Ife. According to Biobaku, Ile-Ife was founded probably between the 7th and 10th century A.D. in the early days of the Yoruba migration into this part of West Africa. In spite of possible connections and contacts with the Sudan from early times, the impression must not be created that Yoruba towns owed their origin to the same cause, namely, the thriving trade across the Sahara to North Africa. The Yoruba were an immigrant group who moved into the south-western part of present day Nigeria from the north-east sometime between the seventh and tenth centuries. This movement was in a series of waves. The earliest of this under Oduduwa probably led to the founding of Ile-Ife. From lle-lfe, there occurred a dispersion of the sons of Oduduwa to find their own cities and carve out kingdoms for themselves. Of these, three went west to find the kingdoms of Ketu, Sabe and Popo; one went to the south to find the kingdom of Owu; another to the east to find the kingdom of Benin; and two went north to find the kingdoms of Ila and Oyo. The last named kingdom was to become the most important and most extensive of them all. From Oyo, a similar movement to that of Ile-Ife gave rise to still more towns being founded and led eventually to the creation of an extensive empire based on old Oyo which, in its hey day, included most of Western Nigeria, nearly half of Dahomey and parts of northern Nigeria.

One fact stands out from all this consideration, namely, that Yoruba towns arose largely as a form of colonial settlements among indigenous and perhaps hostile peoples. It was an attempt to dominate and control the unorganized mass of aborigines found in numerous hamlets and villages being forced to break up and move into the town. This method of finding towns seemed to have been elevated to Yoruba tradition. As late as the early nineteenth century, when the present Oyo was to be founded, Johnson remarked that several of the surrounding towns and villages within 10 to 20 miles of the new city were depopulated and their inhabitants forced to move into the new town. The incomers found security in concentration and gathered into towns for their mutual protection. Their urban characters further expresses their roles as administrators, traders or military pensioners.6

If administration was the major reason for the existence of many of these towns and cities, they were, in this respect, not much different from many towns and cities of the medieval period elsewhere in the world. Ibnkhaldun, who lived in Spain and north Africa, writing about 1375, placed primary emphasis on the fact that cities were centers of government and political power. He noted that, partly because of this, they soon exhibited economic patterns different from those of the surrounding countryside. Since the proceeds of taxation were accumulated in the cities, and since governmental and educational functions were concentrated here, new patterns of demand arose. These tended to affect, in turn, bringing about economic differences between country and city.

In short, we find that whatever the nature of origin of towns and cities, their continued survival depended on trade. And trade in turn resulted from the production of agricultural surpluses which could be traded against the products of craft manufactures or personal services in the cities and towns. Unequal distribution of natural resources was soon capitalized upon and specialized centers of

production emerged. Considerable movements of peoples and goods became a major factor linking the towns and determining the nature of their interaction, one with the other, as well as of their coexistence in the days before the emergence of powerful national

#### **Timbuctoo**

Timbuctoo dating back to approximately A.D.900, was another pre-colonial African city. It had a stable population of over six thousand persons, living in a community roughly a square mile in area, and patterning their lives after three distinct cultural heritages, namely the Songhoi, the Arabs, and the Tuareg. The size, density and heterogeneity of the city are all evident. Timbuctoo, of course was well known as an important center of trade and learning long before European contact.8

Timbuctoo lies where the Niger River and the Sahara desert meet. For centuries the North-bound wealth of the tropic and south-bound products of the Barbary coast flowed through the city of Timbuctoo.9 Thus owes its historical importance to its favorable location as a transshipment point. "It prospered as a commercial center because it was accessible to both land and water traffic. All locations on the banks of the Niger do not provide these conditions because of the seasonal rise and ebb of the river over its broad flood plain.... The factors which favored the growth of a commercial center at Timbuctoo were: a) its position at the point where the Niger penetrates the desert most deeply favoring the junction of river and desert borne traffic. b) its location just beyond the area of wide inundations making possible a post settlement open to land traffic the year round. c) the early political and commercial dominance of the area to the west and southwest of Timbuctoo. This factor is largely responsible for the location at the western end at the Niger bend rather than

Djenne and Timbuctoo always maintained a close commercial connection, most of the commercial goods at Djenne passing on to Timbuctoo or coming from there. Djenne itself was physically isolated by flood waters from the caravan trade just as Oualata was isolated by its desert location from the river traffic. Timbuctoo was

Although Timbuctoo functions as a river port, it is located five miles north of the normal course of the river at high tide and twice that distance from its main channel. The city managed to act as a port by means of the satellite village of Kabara, located on the high water channel itself....The location of noncommercial functions, particularly religious and governmental, at Timbuctoo established the dominance of this community which was always readily accessible by land,... In years when the water is not so high, boats unload at Kabara and the produce is taken by donkeys to Timbuctoo. At lower tides, Kabara is accessible by water through a canal built centuries ago to join it with a side channel of the Nige: 10

History was first recorded in this part of the world around A.D. 1000. The dominant center, at that time, in the Sudan was the Ghana Empire located to the west of Timbuctoo. This empire was strongly influenced by the Arabs who had invaded north Africa in the early eighth century and then infiltrated the western Sudan. Ghana, which adopted mohammedanism in A.D. 1076, was the focal point of caravan connection with north Africa."11

An early manuscript says of Timbuctoo, "In the beginning it was there that travelers arriving by land and water met (Center of communication). They made it a depot for their utensils and their grain. Soon this place became a crossroads of travelers who passed back and forth through it.12

Later, other people set up permanent residence in Timbuctoo and the population grew. People came from all directions and from all over creating an important commercial center. The first traders came from the west from the heart of Ghana. Then, there were the Songhoi from Gao and the Bambara from Mali. Black and Arab scholars, educators, philosophers frequent the city and taught at the nearby university (of Sankore).

The glory, wealth, and prestige of Timbuctoo came to a sudden demise, with the invasion of the white man (the French). Documents, arts, monuments, etc., were either stolen or destroyed. What was once great Timbuctoo was now desolate, barren, and reduced to a French colony.

#### Conclusion

Yorubaland and Timbuctoo, two outstanding pre-colonial Black African Urban area set up patterns, records, and examples for Europeans to copy. They were administrative centers, communication centers, agricultural centers, trade and commerce 12. Es - Sadi, 1900: 36. His Tarikh centers, and centers of education. It is therefore obviously pathetic for so-called Sociologists and Urbanologists to fail to mention or give overdue credit to negated African cities, as a model for urbanism.

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- es soudan was completed in 1655, but probably made use of earlier

## **Book Reviews**

### The Five Negro Presidents U.S.A.

By J.A. Rogers

J. A. Rogers' Five Negro

Presidents U.S.A., is a startling and revealing pamphlet about five former presidents of this country who were proclaimed by white people as being of Black ancestry. Bro. Rogers cites information obtained to prove this theory from newspaper articles, books, pamphlets, interviews, magazines, and numerous other sources. He also elaborates on famous statesmen, politicians, military heroes, and other historical figures who were proven to be Black people or of

"Black Stock." Some of the individuals cited by Bro. Rogers include Presidents Warren G. Harding, Thomas Jefferson, Andrew lackson. Abraham Lincoln and another so recent that the Brother doesn't mention his name because of lack of sufficient evidence. It is due to this lack of proof that influences Bro. Rogers to write him off as a "possible speculation." Others include: military men, statesmen, and stitute a painfully honest, searprominent men of distinction Colonel Catesby Cocke (Virginia periences of thirteen Black

greatest poet), Winston Chur- mother trying to save the life of chill's grandmother, Vice her child; Hannah Kemhuff, an the great Lord Fairfax).

Other works by LA Rogers include: three volumes of "Sex and Race," "From Superman To women because they belonged to Man," "100 Amazing Facts About a period that did not The Negro," "Watuze Knows No acknowledge them except as the Color-Line," and "Africa's Gift To America." His books with their place for them to grow or create hundreds of illustrations are or search for their identities. These highly controversial

In order to purchase one of his books write to: Helga M. Rogers 1270 Fifth Avenue

New York, N.Y. 10029 Telephone: Fillmore8-0204

### Trouble

In Love and

By Alice Walker

In Love and Trouble: Stories of Black women, by: Alice Walker. Harcourt, Brace Jouanovich, New

The stories in this book conching examination of the ex- Revised by K Edwards Senator), millionaire T. John women-of different ages and a Music Is My Mistress, by: Duke McKee, David Michael (marquis variety of circumstances. To Ellington Garden City: Doubleday of Milford Haven and cousin of name a few: Myop in "The & Company, 1973. Queen Victoria of England), Flowers" is a Muslimbride; Rannie

President Hannibal Hamlin, old Black women revenging a Alexander Hamilton (hero and wrong done her by a southern conqueror), leading novelist white woman. The stories are Gertrude Atherton, and Colonel oriented around Walker's unique George William Fairfax (cousin of vision and philosophy of the Black Woman which is based on history. She calls the 19th-century Black women "suspended" "mules of the world." This left no stories are the lives and troubles of Black women Walker has written of. There is much to look forward to in the writings of Alice Walker, for besides her understanding of the past, she has a sense of the future. She sees the

### Walker, she's very impressive. Music is **My Mistress**

cycle of the "suspended" women

coming to an end because Black

women, both in literature and in-

life, have helped to create room

for the next generation to move

into. After In Love and Trouble I

am certain we can expect truly

significant work from Alice

autobiography including the many people and experiences genius he is so well known to inspired by phenomena of nature, a song, gambling, travel, a simple event which enabled him to and parties. translate into memorable sounds. This book is a warm, rhythmic profile of a professional whose musical style is matchless and I'm quite sure very capable of existing. Music Is My Mistress, written by this creative genius will not, with no doubt, let you down. The Duke does not

### **Black Political Parties**

By Hanes Walton Jr.

Black Political Parties: A Historical and Political Analysis, by: Hanes Walton Jr.

This title is seemingly misleading for rather than being a discussion of Black political parties it is primarily a discussion and analysis of the activities of Black organizations that have been involved in politics. It is also concerned with the outstanding Blacks who have been involved in the two major parties. In the book the author draws a discussionbetween Black political Through his nostalgic organizations and Black political Alexander Pushkin (Russia's Toomer, a young backwoods reminiscences Duke Ellington put parties. He feels the political

panoramic organizations are concerned with the number of black voters and endorsing candidates, while the that moldedhim to be the creative black parties, not only add to the voter rolls, but nominate canhave been. His creative genius didates and help these candidates rests in his ability to become to win. Through early Black history he attempts to trace the growth of Black pressure groups

Using an assessment of Black third parties as attempts "to bring the Black man to a position of power within the American political system" as a basis, Dr. Walton theorizes on the future of Black political parties. He believes Black parties are "mainly instruments for protest" that call attention to the neglect, that we know so well, of the major parties.

in the epilogue the author feels that the birth of a "National Black Party" is possible now that the old line Black political elite are being defeated in their methods and

newspaper accepting research papers from all students, faculty and

Writers, artists, photographers needed to work on UJIMA Collective

## Pharoah Sanders - Blues to Afrika

Music 13A., Alfred W. Zollar, 14 March 1974, Dr. E. Meadows

The jazz of the sixties had a devastating affect upon many young Black musicians. The affect and influence of John Coltrane, alone, can be seen, not only in the music itself, but also in the Blackman's approach to the music. From a young layman's standpoint, Trane's musical conception opened up yet another outlet to beautify the music. However, these young Black musicians are by no means content to simply imitate Trane. Instead, they are seeking out to move the music in new directions, as it must be, since a branch of a tree is eternally grateful to it's roots. Rather than become programmed into carbon-copy, proto-types of Trane, his young disciples took his musical contributions, and moved them to yet higher dimensions, in the tradition of Afrikan music. One such disciple is Pharoah Sanders. Through his musical interpretations have evolved the best of John Coltrane, in addition to Sonny Rollins, Ornette Coleman and others. This paper is intended to shed light on the energetic, creative music of Pharoah, from a ten year reflection.

First, a bit about the man. After all, music is a life-expression. He was born in 1940 in North Little Rock. Arkansas, to the birth-given name of Pharoah. His initial motivation was to be an artist. Pharoah didn't begin his involvement with music until high school at the age of sixteen (his junior high school had only a drum and fife corps). He started out on drums and clarinet and soon began gigging in some of the local rhythm and blues bands. He even played one gig with Bobby "Blue" Bland.

In 1959, Pharoah began playing tenor saxophone, and upon graduation from high school, made his way from the South to Oakland Junior College on a musical scholarship. He soon began playing with Ed Kelley, Robert Porter and Dewey Redman. It was during this time that he first met up with John Coltrane in San Francisco, a friendship that was, perhaps, the most rewarding of his life. He also met Ornette Coleman in San Francisco. Pharoah then began to study harmonics and play in a style, free from traditional Western constraints.

Three years later he made his exodus to the musical mecca of the times, New York City. Pharoah soon began playing around New York, with drummer Billy Higgins, and alto-saxophonist C. Sharpe. He then ran into Don Cherry, and it wasn't long before he was playing around town with the famed trumpeter. Pharoah also had associations with Sun Ra and Rashied Ali. He lives in New York today

Pharoah's musical relationship with John Coltrane played a major role in the development of Pharoah Sanders, not only as a musician, but also as a man. He and Trane had a very close friendship. When they weren't talking music, they were talking life (how could they separate the two?). Contrary to the belief of many, Pharoah was never a regular member of Coltrane's combo. John would just invite him to gigs and recording sessions. By this time Pharbah had his own group and when he wasn't playing with Trane, he was playing with them.

In 1964, he recorded his first album as a leader. Pharoah, at this point in time, seemed to be absorbing the influence of Trane's "sheets of sound" along with the free improvisation of Ornette Coleman. Although his tenor voice was not yet distinct, it marked the beginnings of a synthesis. At this time, there were many influences for a young musician to pick up on, aside from Trane and Coleman. There was Sonny Rollins, Eric Dolphy, Booker Ervin, just to name a

few. And with Ornette Coleman and his music there seemed to be a new thing cookin', much as was the case in Minton's in the 1940's. Of course, Pharoah was very attentive.

It is destined to be an under-statement that Pharoah's musical relationship with Mr. Trane had a great affect on his career. He and Trane, together, began to explore the "new thing". Pharoah began to experiment with his embouchure and tone, soon developing a near perfect vibrato, which is a trademark of his present-day style. Ironically, during his tenure with Coltrane, his style seemed much more divorced from the overwhelming influence Trane had on him a year before. In fact Pharoah's improvisations in the upper registers (and beyond), seemed to be just the proper inspiration Trane needed to lay down his searing, fiery statements. Just listen to their interplay on Coltrane's Meditations. In little or no time, Pharoah was playing all over the horn, from shrill, human-like, screams to dark and mysterious growls. Trane's ideas about chords and rhythms are a major part of Pharoah's music today, such as a rhythmic drone, generated by various percussive instruments.

It has been rumored that it wasn't until Charlie Parker's death that Miles Davis was able to pursue his own musical direction. The influence was just that strong. One may think this to be the case with Pharoah Sanders and John Coltrane. However, Pharoah firmly established his individuality as a composer, as well as a tenorman, before Coltrane's untimely death, with his second album Tauhid. His serene lyricism on that date was one of the most pleasing (to some surprising) developments to come out of the "new jazz". And in fact, during this time he was still gigging with Trane. Through his compositions Pharoah was (and is) able to employ the best of all types of music, from Japanese chants, to the drum music of Afrika.

This is not to say that Trane's death in 1957 did not affect Pharoah's musical directions. This point needs no further clarification if one understands the closeness of their friendship. Pharoah's first album release after Trane's death, Karma, was in fact Pharoah's testimonial to his faith, a point of strong bondship between he and Trane. I think that this album marked his final stage of development into an individual voice in the world of music. The strongest remaining influence of Trane was in Pharoah's approach to his music and the world. Pharoah once made the remark, "I play for the Creator." Pharoah's music at this time began to take on multitextural feelings, with changes in mood and tempo.

Within this melodic, colorful approach, Pharoah created some of the most beautiful music to emanate from this soil. He found, that with two bass players and an uptempo line, he could have a free, yet cohesive, structure upon which to build his wide-ranged, improvisations. This resulted in some of the most exciting, energetic music on record to date. His album Black Unity bears out this hypothesis. His album following Black Unity, Live At The East, represents the ultimate in simplistic beauty.

Thembi Sanders, Pharoah's wife, once described her husband's music as "Pan-Afrikan in nature." His use of various Afrikan percussive instruments and Afrikan scales and rhythm have been a major part of his music since 1969. The albums Thembi and Ummun, Bukmun, Sumyun have this Pan-Afrikan flavor. Yet his music of today

Continued on Page 7

work)

## Top ten outstanding men at UCSD

A survey was taken on the topic B.A. from UCSD and his M.A. in spare time, Chip enjoys music Joe T. hopes to attend graduate years of extensive work in these chosen ten admirable, for UCSD. He also does comdesirable and highly respected.

to select the men on the basis of in California. Jim was chosen on intellectual achievement, per- the basis of his intelligence and sonality, and leadership ability. ability to get along well with They are as follows (in everyone.

alphabetical order): DAVID CASSIDY

## David is going through UCSD

as a biology major with hopes of Charles has plans of becoming a becoming an obstetrician, a Certified Public Accountant. gynecologist, or a pediatrician. Originally from Los Angeles, This well known young man is Charles enjoys football, very active with many basketball, chess and cars. His organizations around the campus astrological sign is Virgo. including the Triton Times and the Gospel Choir. David is also interested in art, photography, last but not least, women.

#### JIM DIXON [junior]

of outstanding Black men at criminology from UCLA. His and concerning himself with school at Howard or Atlanta U. communications he may change UCSD. The purpose of this survey ultimate goal is to be a criminal politics and world affairs. Chip He does not have a specific goal, his major to Urban & Rural is not to put anyone down but investigator for the F.B.I.. Jim's falls under the sign of Aries-a but whatever field he chooses to Studies. Otis would like to pursue rather to analyze what makes talents include playing baseball natural leader. petitive surfing and has been The sisters at UCSD were asked selected as one of the top twenty

**CHARLES DOUGLAS** As an Economics major,

### CHIP GLENN

Chip was choosen on the basis dramatics, writing, dancing, and of his outstanding scholastic achievement along with his involvement in the Black Student Science Assn. He is presently Jim, a Leo, majors in pre-law majoring in biology but is unriminology. He will receive his decided on his future goals. In his

Charles has a goal quite different from the rest of our top ten. When he obtains his bachelors degree and completes 2,500 flying hours, Charles will become one of the few blacks piloting large commercial airlines. This outgoing Leo/Virgo enjoys all sports, his two favorites being football and horseback riding. The poll was unanimous in saying that Charles has the ability and potential to get it all.

### [senior]

This fine young brother displays his black pride 24 hours a day. He is carrying a double major in Communications/TWS. Though seemingly busy, he finds time to participate in almost all

go into, he wants to work for his the field of Criminal Law,

### TERRILL WASHINGTON

majoring in Biology/Pre-Dental. and basketball. This Pisces male He plans to go to Dental school at is greatly admired and respected UCSF and specialize in Dentistry by the female student body for children. Terrill stresses happiness in comparison to money in choosing his career. He is originally from San Diego and hopes to settle in San Francisco. is one man who believes in a no In his spare time he enjoys nonsense attitude when it comes workouts in Martial Arts. His to getting down to business. He Libra charm, initiative, and is currently a mathematics major winning personality placed and hopes to attend Milwaukee Terrill in Ujimas top ten.

### **OTIS WATSON**

interests. He is known around the campus radio station (KDST) UCSD and San Diego for his Al believes more people around success in radio broadcasting, campus should get more involved The Master Planner also finds in the school and stop selling black organizations on campus. time to MC concerts. After two "wolf tickets."

eventually working toward Corporate Law. He plans on investing and opening a nightclub in addition to his work in law. I This Revelle student is sports, he enjoys football, track

#### AL ZOLAR

As the president of the BSU, A Institute of Technology for graduate school. His interests are music (jazz), photography, and Otis has a large variety of DJing his weekly radio show for

### **UJIMA Staff**

- 1. Kim Edwards
- 2. Bobby Dones
- 4. Timiza Evans

- 6. Ashaki Adama
- 7. Randall Jackson 8. Al Zollar
- Contributors:
- 1. Anthony Greenfield 3. Joseph McCracken
  - 2. David Cassidy
  - 3. Deloris A. Kelley

  - 4. Bob Moss 5. Kim Settles

### "Black Women's Destiny" another view

To my mind the article, "Black Women's Destiny" raised some questions and contradictions that must be responded to.

At first it was hard trying to figure out if the author was saying Black women should stop using birth control and have more children or to stop trying to follow white morality and therefore remain virgins until they marry. The conclusion that I reached was that the author felt that Black women were "indulging in birth control and genocidal methods which are harmful..." Yet earlier in the article it was stated that because of the advent of women's liberation, Black people have even less of a chance to raise themselves above a subsistence

standard of living

If as Black people we do not have economic control then above all we should be able to control the number of children that we do have. It serves no purpose to label birth control as genocide if it means that having more children will lower the families standard of living or cause them to go on the welfare giving of themselves.

After talking to some of the women here on campus, I feel that they have the wrong attitude about their purpose here and that this affects how they relate to people, especially men.

If a woman comes to UCSD. eagerly looking for love, sex and/or marriage, she is bound to be disappointed. If she comes here striving for the best education she can get and the excitement of meeting new people and having new experiences, then a woman may have a better time of it.

However, if a woman, in her in UJIMA was the constant search for love and/or fulfillment finds herself being used by a man or men instead of first crying

the screwing feels good!

need parents that are fully ready to accept the responsibilities and restrictions of parenthood. Children are not playthings, they don't ask to come into this world and are entitled to security, love,

Dear Staff Members:

made an impressive start.

among the many excellent things beings.

Letters to the staff

Congratulations on your first caring, and sharing. If the Black

issue of UJIMA and on the community continues to assert

collective effort of yourselves and and exemplify these qualities in

all who supported you. You have its concern for its members, it will

What interested me most in how to be better human

### After cultural identity, what? Bob Moss, of course

I am a Black educator. professionally trained under traditional conditions, but committed to innovating new and exciting opportunities for those I teach. I would like to take this opportunity to ask you, my brothers and sisters here at UCSD: 'To what purpose are you dedicated; and how do you go about daily cultivating the unlimited potential of your individual talents?"

I challenge you to actively and enthusiastically explore advanced expressions of your cultural "niggers ain't shit" she should ask identity and human potential. herself why did this happen this Cultural identity can be defined time or continues to happen to as the wide variety of progressive experiences, whereby a person of Afro-American ancestory becomes aware of the full range Black women are not entirely of socio-psychological episodes passive or stupid and therefore that have influenced the lives of must know what is going on in a Black people, during the past and relationship. No one can be used the present. Moreover, only those unless they allow themselves or who know who they are, are capable of exploring the full limits of their human potential. and where it is they want to go. one sojourns over paths leading. If your answer to these questions

As a Black wife, student and Every human being is born into mother of two little girls, I feel this world with unlimited human that it's very important for the potential, but few ever really family to be a stable and positive figure out who they really are, influence on the lives of Black For any of you who feel it is to his or her Blackness, they is "right on," then I've got just children. Black children need impossible for you to become follow a unique sequence of what you need! both a strong male and female "somebody" today due to social events, individualized to fit each I am a self confidence expert; image that they can relate to, negative attitudes to the Black includes more than styling Eagle;" I can inspire you to admire and try to imitate. They memories of such great Black a funky natural or an out-of-sight become an eagle too! I have Nat Turner, Sojourner Truth, Marcus Garvey, Malcom X, or

Deadwood Dick! We must begin to provide ourselves with practical aphappiness and parents capable of plications of our cultural identity, we must begin to understand, and Deborah Y. Fitch then destroy the popular myth

emphasis upon lovalty, helping

teach all of us a profound lesson

John L. Stewart

to sacrifices in Watts, Detroit, your individual talents. Néwark and other Black communities, across the nation, most more than just your cultural pre-riot, pre-Black Studies and

willing to pay!

American ancestory, or has been confidence necessary to establish subjected to the consequences of your "claim to fame," and then America's peculiar treatment. As become the greatest in your field? limitations, please explain your person's life style. To become am known to many as "The Black gibraltors as: Frederick Douglass, dashiki digg'n revolutionary established myself as the creator Harriet Tubman, W. E. B. DuBois, poetry or a return to the com- of many exciting classroom munity after finishing college, or experiences. The charismatic even clapp'n "whitey" upside the nature of my personality is most head, or one's hands to the beat effectively displayed through a PE of African drums. Though all Department course, here at these actions can well be sym- UCSD, entitled "The Psychology bolic of an initial phase of of Sports Officiating." This course Blackness, they represent only a offers relevance to any brother or means to an end, and not an end sister desiring a vehicle for exin themselves. The process of ploring the unlimited expanses of becoming Black is more than just a destination, it is a journey towards complete mental maturity! Moreover, those of us who are education oriented can earn our valid "Blackness credentials" by recognizing our unavoidable duty to create, research and design new and

> Brothers and sisters, the challenge before us is quite clear: we must self motivate ourselves to change our conditioned attitudes, rather than simply eaving these changes to chance. In days gone by, how often have we been willing to bet on a horse

more meaningful images for

perpetuated by many "Negroes" or dog to win, place or show; are who claim "I've been Black all of we determined enough today, to my life." The uniqueness of the bet on ourselves to WIN in the cultural identity (Blackness) I future? I am; are you? If you are, speak, is in its concern for then involve yourself with the changing personal attitudes. Prior discovery and development of

Once you dare to cultivate

institutions conditioned Afro- identify, you must realize that Americans to appreciate the de- you will exist amidst an enhumanizing effects of traditional vironment constantly questioning social attitudes. In earlier days, the wisdom of you pioneering the only persons worthy of more relevant opportunities for "Blackness credentials were those yourself. Adversity, frustration we all called "crazy niggers." and setbacks will follow you for Those who chose to do such sure, when you decide to engage foolish and ridiculous things as yourself in efforts to obtain your worship in the Mosque, question self determined goals. Success the values of integration, or speak can be defined as the ability to of a return to Africa. For sure, the make every tomorrow a bit more price it cost to be Black in the exciting than the day before. Success achievement is not an pre-Black Student Union era, was easy task; and it can be found more than many of us were before work only in the dictionary. Do you have a far out Obviously then, the beauty of goal and a whole lot of soul? Can the Blackness I speak of, is not you dig explorations beyond simply inherited by any and your cultural identity? Are you everyone who is of African- interested in cultivating the self

> their human potential, and making a few \$\$\$'s on the side too. Course experiences provide students with the confidence and leadership initiative to officiate, as well as conceive and implement personal success sagas. If you don't dig officiating, you need to see me anyway, for I've expanded the limits of my classroom to the world! Come by my office, on the balcony on the Revelle side of the Gymnasium; sit in my "Black Magic" chair, and I guarantee your life will never be the same! FOR MANY A WIN AND NEVER A LOSE: TREAT YOURSELF TO AN EXPERIENCE WITH BOB MOSSIII

### From African Folk Tales

### The Girl Who Loved Danger

Ntombinde, daughter of a shelter. Every night she put food wept with joy, recognizing her chief, was very different from the other girls of the tribe, for instead of staying home and doing the work of a woman, she was forever off on some dangerous mission. She was as bold as any boy. Her father pleaded with her to get married-and being the daughter of a mighty chief, she was eagerly sought by many men-but she refused to think of marriage unless she could first make a journey to the dreadful and mysterious Luange River. Finally the chief gave his permission, and with a few companions, Ntombinde traveled through the forest until she reached the mighty stream. Not satisfied with viewing the river, she said to her companions, "Come, let us go for

While the young women were bathing in the swift river, their clothes mysteriously disappeared. Now, it was known that a monster lived on the bank of the river, and the girls, assuming that it was he who had taken away their clothes, started praying that he give them back, and, in fact, little by little, their petticoats and their jewels re-appeared on the bank.

But Ntombinde was too proud to humble herself thus. "I am not going to beg a river monster to return my clothes," she bragged. But hardly had she said this, when a big-lipped monster arose from the water and spirited her away. The frightened girls summoned her father who arrived at the river bank next morning. But the chief and his party were swallowed by the monster before they could undertake any action.

By now, the monster's appetite for flesh was so aroused that he emerged from the water and crawled over the land, swallowing everything on his way. Women, children, and even cats and dogs, slipped down the throat of the insatiable monster.

Among the victims were two beautiful twin boys, the children of the shepard Sobabili. When Sobabili came home and learned of the disaster, he was so overcome with sadness that he forgot his fear and went in search of the monster. It was not long before he overtook him, for by now it was so fat it could hardly move. There in a field it lay, full of flesh and unable to swallow anotherbite Sobabili took his knife, slit open the monster's throat, and out came first his twin children, and then, one after the other, all the others who had been swallowed by the monster. The last to come out was Ntombinde the stubborn princess, who had started it all. Her father brought her home, scolded her severely, and told her to stay home and settle down like other women.

But no. Not Notombinde. If she Sis Carol, were to marry any man, it had to be the Snake-Man! Everybody had heard of the Snake-Man; but nobody knew where he lived. Again, all the pleading of Ntombinde's parents was of no avail, so finally she set off for the Snake-Man's house. After a long and difficult journey she came to a dwelling that belonged to a woman by the name of Manyoka. Manyoka was the first person who gave her information about the Snake-Man, for he was in truth her son. Manyoka was one of the wives of a chief who had already had seven sons when Manyoka gave birth to a tall, handsome boy. Everyone expected that he would be his father's heir, and that made the other sons so jealous that they kidnapped him and abandoned him in the forest.

Ntombinde, more determined than ever to marry the Snake-Man, asked Manyoka to give her La Jolla, Ca. 92037

on a plate and found to her son. She had suffered a great deal surprise that it was gone in the of abuse and mockery because of morning. One night she decided his disappearance, as the other to stay up and see who ate the women did not believe she ever food. She brewed some beer and had a son and called her barren. roasted some meat, and then Now she could go to her husband went to bed to lie awake for the in pride and say, "This is our son." caller. In the middle of the night. someone entered the hut and when he saw that this handbegan to partake of the food. somest of men was to be his son Quickly Ntombinde stretched out and heir. He sent messengers to her hand to touch the visitor's Ntombinde's father and sumbody. It felt cold and slippery- moned all her relatives to a like the skin of a snake. "Are you joyous festival celebrating the the Snake-Man?" she asked "I return of his son and his betrothal am," said the visitor; "I have to to the brave girl who had come live in the forest because of the from far beyond to woo him.

to Manyoka's hut. Old Manyoka

Great was the joy of the chief

jealousy of my brothers. I live There was much rejoicing and underground, like a snake, but if Snake-Man forgave his wicked you will marry me, it will break brothers. He and Ntombinde were the spell and I could present married and lived happily ever myself to my father." The girl ran after.

--Congo

### Sister Timiza

I tutor students and one of the factors that contributes to the learning problems of Brothers and Sisters is the lack of organization? Can you help me help us?

First of all, as a tutor, it is important to understand that everybody has a program or a system or organization. You may be saying that Bros. and Sisters are not organized to study. If this is true, we are talking about two organizations. To teach, the teacher must identify the purpose and value of the student's personal form of organization,

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The tutor's genius comes out in the ability to perceive and appreciate the student's way of learning while the new approach into the words of the tutee. For example Bro. Sam is having trouble in history. The professor's comments indicate that Sam has not included all the main points nor did he utilize the transitional paragraph. Sam felt that he had written an excellent paper on the subject of Black nationalism. He feels that his C-grade was due to the professor's

The tutor confronts the student's feelings of racism with the reality of the paper. He says that as long as Black people use English they must use it in a way that is clear. He asks the Bro. to tell him about his paper. He asks what are the parts of nationalism, how the parts relate to time, what events were triggered off in and outside this country? What are the positive and negative influences which can be drawn from the Black Nationalist Movement? Then they talk about the paper and the process until the Bro. has a formula in his phrases which equal phrases in the academic system.

For a math student, the tutor wants to understand where the problem lies for the Sis. Is she having difficulty with concepts (definitions) or is she having difficulty with application. The first usually means the student does not have a piece of information necessary to complete her understanding i.e. the standard deviation is equal to or  $\sqrt{3 (x-m)^2}$ . The Sis is able to compute for the standard deviation score but does not understand a vital component-the significance of the square root. She cannot, therefore apply the formula to data. After arriving at this point, the tutor and tutee develop a formula that provides her with a method to identify what she does not understand.

I have a friend who thinks she is pregnant. She doesn't know what to do or where to go. She doesn't want to drop out of school

It would be best if your friend could come in to see me, 302 MC, 452-3755 or if she could go to the abortion clinic. It is important for this Sister to understand that it is possible for the Sister to keep her child and remain in school or to have an abortion and remain in school. This type of decision is very difficult for a Black woman to make. We understand that and therefore we make every attempt to help her create a positive situation in which to house her decision.

These are some facts she should know about keeping the child: She is eligible for medi-cal, a health plan to cover the duration of the pregnancy and the delivery. After the birth she becomes eligible for aid to dependent children which can provide funds until the child is five years old.

The Sister may choose abortion. If she became pregnant through the school year, the student insurance plan will cover the abortion. If not she may receive financial assistance from Hospital intake. She need only call 565-1133. Then she must select a doctor and may have the abortion in the office up to tenth week of pregnancy. After the tenth week, the abortion must take place in the hospital. The cost is usually \$60.00 to \$70.00 in the office and \$195.00 in the hospital.

Please let your friend know it is O.K. to come see me. We have good information and are helpful. If you have questions, write or drop them off.

Sis Timiza 302 MC UCSD La Jolla, Ca. 92037

## Poetry Corner

The limitations of a man lie within himself, for what heights or the mind attains the body too must follow

#### YESTERDAY/TODAY/ **TOMORROW**

if i'd only

i wouldn't

in a whole

than ever

i can have

my feet on the

ground instead

so that

never

therefore...

stop to think

have my ass

and i've got to

She does not know Her Beauty, She thinks her brown body

If she could dance Naked, Under palm trees And see her image in the river She would know.

NO IMAGES

But there are no palm trees On the street, And dish water gives back no **Waring Cuney** 

must these devils keep

Cause you broke my heart in two.

me from my home

mmc 3/9/74

LATE LAST NIGHT

#### THE REBEL

coming to see

and on the ground]

[my ass will always be in a whole]

When I Late last night I Set on my steps and cried. I'm sure Wasn't nobody gone, I will have a Neither had nobody died. Big Funeral.. Curiosity seekers...

You looked at me cross-eved And broke my heart in twoam really Dead... So I was cryin' or just trying to make Trouble... On account of

**Mari Evans Langston Hughes** 

#### LOVE

Love is a spiritual feeling of oneness with all within the universe. It is a state in which you feel life is worth living in spite of your faults and those of others and regardless of the trails and tribulations of life. For once you have acquired the knowledge and understanding of the seasons of life and the changing tides of the hearts of men, love ecomes as natural as the beating of a heart or the softness of a woman. It is to perceive the beatuy within the hearts and minds of men and to embody the strength to bear the burden of its development. It is to behold the beauty of nature and to have the wisdom to seek ways to implement its offerings in the making of a

True love does not exist for the man whose life revolves around superficial and materialistic values, for true love lies within the depths of each of us. Its worth is immeasurable within the limits of materialistic values, for the strength of its presence humbles the affluent and makes noble the beggar.

**THEOPHILUS PREVOST** 

Continued from Page 5

### Blues to Afrika

even more deeply into the music of Afrika. He has recorded a couple of versions of Nigerian High-Life music (He even does a High-Life dance in live performances, in the tradition). Pharoah Sanders is truly a man who knows his roots.

On a recent LP, Pharoah recorded a tune entitled "Went Like It Came", a rhythm and blues number done up in his unmistakable style. Pharoah Sanders offers us proof that Afrikan music is one in the same; whether it be High-Life, the Blues, or Jazz, it all comes from one source, i.e. Black creativity. I think this tune is an adequate reflection of this great musician's path from the Blues to Afrika.

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Pharoah Sanders Quintet, ESP1003 Tauhid, Impulse A-9138 Karma, Impulse A-9181 Summun Bukmun Umyun, Impulse AS-9199 Black Unity, Impulse AS-9219 Live At The East, Impuise AS-9227 Wisdom Through Music, Impulse AS-9233 Village Of The Pharoahs, Impulse AS-9254 Elevation, Impulse AS-9261 Meditations, Impulse A-9110 Om. Impulse A-9140

Page 7 UJIMA December 1974, January 1975

## Top ten outstanding men at UCSD

A survey was taken on the topic B.A. from UCSD and his M.A. in spare time, Chip enjoys music Joe T. hopes to attend graduate years of extensive work in of outstanding Black men at criminology from UCLA. His and concerning himself with school at Howard or Atlanta U. communications he may change rather to analyze what makes talents include playing baseball natural leader. these chosen ten admirable, for UCSD. H $\epsilon$  also does comdesirable and highly respected.

to select the men on the basis of in California. Jim was chosen on They are as follows (in everyone. alphabetical order)

#### **DAVID CASSIDY** [sophomore]

David is going through UCSD As an Economics major, as a biology major with hopes of Charles has plans of becoming a becoming an obstetrician, a Certified Public Accountant. gynecologist, or a pediatrician. Originally from Los Angeles, This well known young man is Charles very active with many basketball, chess and cars. His and potential to get it all. organizations around the campus astrological sign is Virgo. including the Triton Times and the Gospel Choir. David is also interested in art, photography, dramatics, writing, dancing, and

### IIM DIXON

last but not least, women

petitive surfing and has been The sisters at UCSD were asked selected as one of the top twenty

### **CHARLES DOUGLAS**

enjoys football, CHIP GLENN

### [junior]

Chip was choosen on the basis of his outstanding scholastic displays his black pride 24 hours a Jim, a Leo, majors in pre-law majoring in biology but is un-time to participate in almost all

UCSD. The purpose of this survey ultimate goal is to be a criminal politics and world affairs. Chip He does not have a specific goal, his major to Urban & Rural s not to put anyone down but investigator for the F.B.I.. Jim's falls under the sign of Aries-a but whatever field he chooses to Studies. Otis would like to pursue

### CHARLES LEE

Charles has a goal quite difintellectual achievement, per- the basis of his intelligence and ferent from the rest of our top sonality, and leadership ability. ability to get along well with ten. When he obtains his bachelors degree and completes 2,500 flying hours, Charles will become one of the few blacks piloting large commercial airlines. This outgoing Leo/Virgo enjoys all sports, his two favorites being football and horseback riding. The poll was unanimous in saying that Charles has the ability

### [senior]

This fine young brother achievement along with his day. He is carrying a double involvement in the Black Student major in Communications/TWS. Science Assn. He is presently Though seemingly busy, he finds criminology. He will receive his decided on his future goals. In his black organizations on campus. time to MC concerts. After two "wolf tickets."

#### **TERRILL WASHINGTON**

UCSF and specialize in Dentistry by the female student body. for children. Terrill stresses happiness in comparison to money in choosing his career. He is originally from San Diego and Terrill in Uiimas top ten

> **OTIS WATSON** [junior]

go into, he wants to work for his the field of Criminal Law, eventually working toward Corporate Law. He plans on investing and opening a nightclub in addition to his work in law. In This Revelle student is sports, he enjoys football, track majoring in Biology/Pre-Dental, and basketball. This Pisces male He plans to go to Dental school at is greatly admired and respected

#### AL ZOLAR [junior]

As the president of the BSU, A hopes to settle in San Francisco. is one man who believes in a no In his spare time he enjoys nonsense attitude when it comes workouts in Martial Arts. His to getting down to business. He Libra charm, initiative, and is currently a mathematics major winning personality placed and hopes to attend Milwaukee Institute of Technology for graduate school. His interests are music (jazz), photography, and Otis has a large variety of DJing his weekly radio show for interests. He is known around the campus radio station (KDST) UCSD and San Diego for his Al believes more people around success in radio broadcasting, campus should get more involved The Master Planner also finds in the school and stop selling

### **UJIMA Staff**

- 1. Kim Edwards
- 2. Bobby Dones 3. Joseph McCracken
- 4. Timiza Evans
- 5. Joe T.
- 6. Ashaki Adama 7. Randall Jackson

8. Al Zollar

- Contributors: 1. Anthony Greenfield
- - 2. David Cassidy 3. Deloris A. Kelley

  - 4. Bob Moss 5. Kim Settles

### "Black Women's Destiny" another view

To my mind the article, "Black Women's Destiny" raised some questions and contradictions that must be responded to.

At first it was hard trying to figure out if the author was saving Black women should stop using birth control and have more children or to stop trying to follow white morality and therefore remain virgins until they marry. The conclusion that I reached was that the author felt that Black women were "indulging in birth control and genocidal methods which are harmful..." Yet earlier in the article it was stated that because of the advent of women's liberation, Black people have even less of a chance to raise themselves above a subsistence standard of living.

have economic control then above all we should be able to control the number of children that we do have. It serves no purpose to label birth control as genocide if it means that having more children will lower the families standard of living or cause them to go on the welfare

After talking to some of the women here on campus, I feel that they have the wrong attitude about their purpose here and that this affects how they relate to people, especially men.

If a woman comes to UCSD, eagerly looking for love, sex and/or marriage, she is bound to be disappointed. If she comes here striving for the best education she can get and the excitement of meeting new people and having new experiences, then a woman may have a better time of it.

However, if a woman, in her search for love and/or fulfillment finds herself being used by a man or men instead of first crying "niggers ain't shit" she should ask

the screwing feels good!

restrictions of parenthood. Children are not playthings, they don't ask to come into this world and are entitled to security, love, ourselves with practical aphappiness and parents capable of plications of our cultural identity,

Dear Staff Members:

made an impressive start

among the many excellent things beings.

UJIMA was the constant

Letters to the staff

Congratulations on your first caring, and sharing. If the Black

issue of UJIMA and on the community continues to assert

all who supported you. You have its concern for its members, it will

collective effort of yourselves and and exemplify these qualities in

What interested me most in how to be better human

### After cultural identity, what? Bob Moss, of course

I am a Black educator. professionally trained under traditional conditions, but committed to innovating new and exciting opportunities for those I teach. I would like to take this opportunity to ask you, my brothers and sisters here at UCSD: 'To what purpose are you dedicated; and how do you go about daily cultivating the unlimited potential of your individual talents?"

I challenge you to actively and enthusiastically explore advanced expressions of your cultural identity and human potential. herself why did this happen this Cultural identity can be defined time or continues to happen to as the wide variety of progressive experiences, whereby a person of Afro-American ancestory becomes aware of the full range Black women are not entirely of socio-psychological episodes passive or stupid and therefore that have influenced the lives of must know what is going on in a Black people, during the past and relationship. No one can be used the present. Moreover, only those unless they allow themselves or who know who they are, are capable of exploring the full limits of their human potential. As a Black wife, student and Every human being is born into mother of two little girls. I feel this world with unlimited human that it's very important for the potential, but few ever really family to be a stable and positive figure out who they really are, and where it is they want to go. influence on the lives of Black For any of you who feel it is children. Black children need impossible for you to become both a strong male and female "somebody" today due to social limitations, please explain your person's life style. To become am known to many as "The Black image that they can relate to, negative attitudes to the Black includes more than styling Eagle;" I can inspire you to admire and try to imitate. They memories of such great Black need parents that are fully ready gibraltors as: Frederick Douglass, dashiki digg'n revolutionary established myself as the creator to accept the responsibilities and Harriet Tubman, W. E. B. DuBois, Nat Turner, Sojourner Truth, Marcus Garvey, Malcom X, or

Deadwood Dick! We must begin to provide we must begin to understand, and Deborah Y. Fitch then destroy the popular myth

emphasis upon lovalty helping

teach all of us a profound lesson

John L. Stewart

to sacrifices in Watts. Detroit, your individual talents. Newark and other Black com- Once you dare to cultivate munities, across the nation, most more than just your cultural more than many of us were willing to pay!

Obviously then, the beauty of

follow a unique sequence of what you need! events, individualized to fit each | I am a self confidence expert: I head, or one's hands to the beat effectively displayed through a PE bolic of an initial phase of of Sports Officiating." This course in themselves. The process of ploring the unlimited expanses of becoming Black is more than just a destination, it is a journey towards complete mental maturity! Moreover, those of us who are education oriented can earn our valid "Blackness credentials" by recognizing our unavoidable duty to create, research and design new and more meaningful images for

Brothers and sisters, the challenge before us is quite clear; we must self motivate ourselves to change our conditioned attitudes, rather than simply leaving these changes to chance. In days gone by, how often have we been willing to bet on a horse

perpetuated by many "Negroes" or dog to win, place or show; are who claim "I've been Black all of we determined enough today, to my life." The uniqueness of the bet on ourselves to WIN in the cultural identity (Blackness) I future? I am; are you? If you are, speak, is in its concern for then involve yourself with the changing personal attitudes. Prior discovery and development of

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a funky natural or an out-of-sight become an eagle too! I have poetry or a return to the com- of many exciting classroom munity after finishing college, or experiences. The charismatic even clapp'n "whitey" upside the nature of my personality is most of African drums. Though all Department course, here at these actions can well be sym- UCSD, entitled "The Psychology Blackness, they represent only a offers relevance to any brother or means to an end, and not an end sister desiring a vehicle for extheir human potential, and making a few \$\$\$'s on the side too. Course experiences provide students with the confidence and leadership initiative to officiate. as well as conceive and implement personal success sagas. If you don't dig officiating, you need to see me anyway, for I've expanded the limits of my classroom to the world! Come by my office, on the balcony on the Revelle side of the Gymnasium: sit in my "Black Magic" chair, and I guarantee your life will never be the same! FOR MANY A WIN AND NEVER A LOSE: TREAT YOURSELF TO AN EXPERIENCE WITH BOB MOSSIII

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For a math student, the tutor wants to understand where the problem lies for the Sis. Is she having difficulty with concepts (definitions) or is she having difficulty with application. The first usually means the student does not have a piece of information necessary to complete her understanding i.e. the standard deviation is equal to  $\sigma = \sqrt{\frac{(x-m)^2}{n}}$ . The Sis is able to compute for the standard deviation score but does not understand a vital component-the significance of the square root. She cannot, therefore apply the formula to data. After arriving at this point, the tutor and tutee develop a formula that provides her with a method to identify what she does not understand.

I have a friend who thinks she is pregnant. She doesn't know what to do or where to go. She doesn't want to drop out of school.

It would be best if your friend could come in to see me, 302 MC, 452-3755 or if she could go to the abortion clinic. It is important for this Sister to understand that it is possible for the Sister to keep her child and remain in school or to have an abortion and remain in school. This type of decision is very difficult for a Black woman to one source, i.e. Black creativity. I think this tune is an adequate make. We understand that and therefore we make every attempt to help her create a positive situation in which to house her decision.

These are some facts she should know about keeping the child: She is eligible for medi-cal, a health plan to cover the duration of the pregnancy and the delivery. After the birth she becomes eligible for aid to dependent children which can provide funds until the child is five years old.

The Sister may choose abortion. If she became pregnant through the school year, the student insurance plan will cover the abortion. If not she may receive financial assistance from Hospital intake. She need only call 565-1133. Then she must select a doctor and may have the abortion in the office up to tenth week of pregnancy. After the tenth week, the abortion must take place in the hospital. The cost is usually \$60.00 to \$70.00 in the office and \$195.00 in the hospital.

Please let your friend know it is O.K. to come see me. We have good information and are helpful.

La Jolla, Ca. 92037

If you have questions, write or drop them off. Sis Timiza 302 MC UCSD

### Poetry Corner

depths the mind attains the body too must follow

#### NO IMAGES YESTERDAY/TODAY/

TOMORROW

if i'd only

stop to think

have my ass

and i've got to

my feet on the

ground instead

of my ass

therefore...

When I

am really

Dead...

or just

Trouble...

trying to make

never

in a whole

than ever

so that

She does not know Her Beauty, She thinks her brown body Has no glory.

If she could dance Under palm trees And see her image in the river She would know.

But there are no palm trees On the street, And dish water gives back no **Waring Cuney** 

must these devils keep

[my ass will always be in a whole] and on the ground]

mmc 3/8/74

#### THE REBEL

LATE LAST NIGHT Late last night I Set on my steps and cried. I'm sure Wasn't nobody gone, Neither had nobody died I will have a Big Funeral.. Curiosity seekers...

Cause you broke my heart in two coming to see You looked at me cross-eyed And broke my heart in two

So I was cryin On account of You!

**Langston Hughes** 

LOVE

**Mari Evans** 

Love is a spiritual feeling of oneness with all within the universe. is a state in which you feel life is worth living in spite of your faults I those of others and regardless of the trails and tribulations of life. For once you have acquired the knowledge and understanding of the seasons of life and the changing tides of the hearts of men, love becomes as natural as the beating of a heart or the softness of a woman. It is to perceive the beatuy within the hearts and minds of men and to embody the strength to bear the burden of its development. It is to behold the beauty of nature and to have the wisdom to seek ways to implement its offerings in the making of a

True love does not exist for the man whose life revolves around superficial and materialistic values, for true love lies within the depths of each of us. Its worth is immeasurable within the limits of materialistic values, for the strength of its presence humbles the affluent and makes noble the beggar.

THEOPHILUS PREVOST

Continued from Page 5

### Blues to Afrika

seems to delve even more deeply into the music of Afrika. He has recorded a couple of versions of Nigerian High-Life music (He eve does a High-Life dance in live performances, in the tradition). Pharoah Sanders is truly a man who knows his roots.

On a recent LP, Pharoah recorded a tune entitled "Went Like It Came", a rhythm and blues number done up in his unmistakable style. Pharoah Sanders offers us proof that Afrikan music is one in the same; whether it be High-Life, the Blues, or Jazz, it all comes from reflection of this great musician's path from the Blues to Afrika.

#### BIBLIOGRAPHY

Rivelli, Pauline The Black Giants, New York World Pub. Co., 1970 Downbeat Magazine, Pharoah Sanders: "I Play For The Creator" May

LISTENING

Pharoah Sanders Quintet, ESP1003 Tauhid, Impulse A-9138 Karma, Impulse A-9181 Summun Bukmun Umyun, Impulse AS-9199 Black Unity, Impulse AS-9219 Live At The East, Impuise AS-9227 Wisdom Through Music, Impulse AS-9233 Village Of The Pharoahs, Impulse AS-9254 Elevation, Impulse AS-9261 Meditations, Impulse A-9110 Om, Impulse A-9140

Page 7 UIIMA December 1974, January 1975

### Poetry by Brother Al

In Search of Truth

Black wind blowing from the beauty of forgotten into the parasitic dreams of the red, white and blues. The instantaneous surge of Black creativity held in captivity by the one we know too well The one who stole our lives, without conscience nor reprimand the one who preys upon our rhythmic voodoo the mindless imitation, the deaf critic deaf to the impatient screams of a soul denied. But through endless tireless communion with our own musical spirit can we pursue the lost truth that is the key to our Nation. In search of truth. All praises to the Creator of the Blackman ....

## Black men/white women

Over the past decade there has been quite a bit of controversy over the subject of Black men and white women. After so many years of who knows how much struggling we've done with and for black men, a fair amount of black men have been deserting us sisters for white women. I personally feel very sad seeing this type of situation has risen. We've stood by the blackman's side for so long doing our best to help him in everything he ever attempted to do. Is this form of non recognition what you think we deserve?

I feel a lot of sisters have taken a very negative attitude towards this situation. As long as we get mad and loud, like we do when we get upset, and continue to shine these brothers on, our problem will forever exist. There's a reason for everything everyone does. What I'd like to do is talk about a few of them, hoping it will bring about a better understanding for us. Understanding is the first step in finding a solution.

A brother I once spoke with announced that he thought white women in general were more attractive than black women. Now, in that instance I'd say the brother has not yet realized the essence of black beauty. He's been listening to the saying "the whiter you are the better" and has never heard I guess "the blacker the berry the sweeter the juice". As a slave he was constantly reminded that the master's wife and daughters were off limits at all times. Not only were black men not to look at them, or think about them, but even talking to them, during that period, was enough to bring about a castration. White women were considered very "pure" and "precious". If her skin was lily white and she had long straight hair she was "just as much a jewel as a diamond".

What many black men have not yet realized is that being black does not prevent us from being beautiful. We feel we are very much as and even more beautiful than white women. Check us out: our velvety smooth, black skin, our soft kinky fros. Check first though, black brothers our minds for it is only through our minds that we will obtain the understanding that will allow us to love each other as we should.

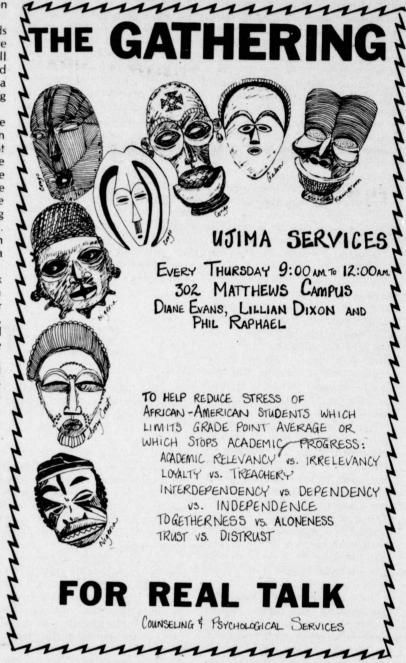
It is impossible for us to do it alone. Some brothers are so involved in taking part in the making of black/white babies, there's little time for us. How else can we physically build our race if together we cannot produce black children.

Another reason I've heard from black men is that the dominant male role doesn't exist as strong between black brothers as it does in a black/white relationship. It's very hard to understand how that can be said. We have for so long been denied the opportunity to grow and create for ourselves as well as our people. When we go out to seek higher education it is only to enrich ourselves so we can feel accomplishment and be proud. Our wish is not to outsmart you or make you feel inferior to us. Some black men are so egotistic and belligerent that intelligent black women scare him. They take our strongnesses for weaknesses and would rather his woman be his slave rather than his mate. As far as that goes, we've had our share of slavery.

When we play hard to get, which is another complaint, we aren't asking or expecting you to go through a lot of changes. We only want respect. We've been taken for granted too long. Why is it hard to ask to be treated like a lady?

Seeing black men with white women no longer upsets me as it did. It's something that will probably be around for a while.

There are still those, I am proud to say who respect and appreciate us as black women. These are the men who will build the foundation of our race. I think it's God's way of separating the weak from the strong. To you, the strong men of our race; I love you now, tomorrow and forever!



# Meetings & Events

Black Drama/Sun./3:00/Bdg. 2A, Muir Campus Rm. 2313
Black Gospel Chorus/Tues./7-8/Mandaville Ctr. B-210
Ujima Newspaper/Fri./7:30-8:30/Stu. Ctr. Rm. 206
Black Student Science Org./DFri./6-7/Tioga Hall 7th Flr.
Black Karate/Sat./12-2/Wrestling Rm.
B.S.U./Thurs.\*/7:30-8:30/Bdg. 2A, Muir Campus Rm. 2113
Ujima Radio Meeting Program/Tues. & Thurs./9-10/KSDT Radio Inner City B.S.U. /Every other Friday/Black Federation Office/2 pm.

Black Psychological/Sun./1:30/ Mandaville Center

\*Last Thursday of every month