

**ROGERS** <sup>TYPED</sup>  
**COMPOSITION**

Name Cathy

School 56

Grade 1972

69¢

9<sup>3</sup>/<sub>4</sub> in. x 7<sup>1</sup>/<sub>2</sub> in.

96 Leaves

Rogers Tobacco, Candy, & Stationery Co. Brooklyn, N. Y. 11225



# CLASS PROGRAM

Date

	Family Name				Given Name				Class		Room	
	MON.	RM.	TUE.	RM.	WED.	RM.	THURS.	RM.	FRI.	RM.		
1												
2												
3												
4												
5												
6												
7												
8												
9												
10												
11												
12												

NAME \_\_\_\_\_ ADDRESS \_\_\_\_\_

P. O. #.  
new.



leave message for W? See N.

late. 3-4 on message.

See N lots. No guests today.

lots on N. wrong. I left

a message shortly after 4.

to soon on tonight.



Look at white's square

4	14	15	1
9	7	6	12
5	11	10	8
16	2	3	13

21

from below of the  
confusion that I was  
around me had in an  
other smoke from the




Look at Luke's square

Say. NO NEED FOR JESUS.

say

~~say~~ say. I have no spirit -

to thought forms. Master

Guide  on Guide not

a guide helping get

rid of noxious stuff

from below. The

confusion + hot energy

around me bad in air

or the smoke from the



furnace. Bath & lamp.

Bath on paper, in air.

used. Last night I

called on the energy to

fix the furnace it

smokes & makes

horrible <sup>noise</sup> rumbles &

shaking & today I took

the ~~the~~ person in charge

to fix it so that my

spirit's in air - now



~~Heath bound esthetics  
caused me. Were they  
ever? And it doesn't  
matter I still have to  
fight off the confusion  
& lesser forms of energy  
in thought, feeling,  
forms, manifestations,  
history & what? It  
says I'm going to  
meet someone~~



The holiday holidays on  
chest ~~met~~ ~~ALICE~~ who  
will be special + I'll feel  
like a woman MANS T  
SHIRTS & I should say  
to say. ~~It~~ sense on  
should, in air, no  
changes in apt ~~are~~  
~~fat~~ not not new  
acquaintances being  
friends accept all



imitations. High  
Priests card, Jupiter  
on High Priests  
is Priestess of the Moon.  
As for my stomach it  
has been who makes me  
feel sick to my  
stomach a year ago  
a hair? We been  
trying to figure that  
for a year. It not



the other. - NOT MOTHER

FATHER says quiet. In

coming into ~~superior~~

feeling of calm peace.

Saw PLUTO <sup>when</sup> ~~as he was~~

talk in about great spirit

Companion will go

away. away in counter

~~to say Master working~~

~~for~~ \$

thus page on gate



Stoned, no need is

WRONG in ~~land~~ Cordial

2) This (A) NO NEED Cordial  
IS WRONG Cordial

(B) "I know no need  
is wrong"

Have done I get into this.

The phrase -

Correct

through

(A)

negatives

then wrong through

(B)

~~as means no~~

This page on gates



Underneath ~~the~~ my

confusion & aseticism

when I come to ~~that~~

it always going around

paying to someone

NO NEED IS WRONG

Would be sound —

~~Buttly - Selty~~ NO NEED

MEANING.

Somehow ~~trouble~~, go,

repression of Libra <sup>put</sup> balance <sup>put</sup>



~~at the bus - ~~the~~ tent,~~

been cut - and stomach

gas since Libia is up.

Attachment - a not free

from Libia relations

Can't stand that you

think you ought to

have needs & all

such crap. Not

my nature. Freedom

is extreme, indulgence



to. Check out ~~association~~

~~Quality~~ - saw self

in ~~stand~~, ~~made~~.

She ~~not~~ this, not

can ~~today~~ & ~~be~~ bump.

Call ~~tonite~~, "Secrets?"

I ~~discovered~~ + called ~~tonite~~

gave my ~~relative~~ a lecture

in my usual ~~overbearing~~

in ~~command~~ but my

~~crises~~ ~~blared~~ up ~~as~~



moral damage <sup>Love</sup> ~~stems~~

~~to~~ clear after  
so <sup>much</sup> they say no. Must admit but  
How? how? admit

per.  
~~but so much~~

Errors today 4/3.

O's. not error no.

Chicken - head

telephone - in air

not error on phone

~~time~~

Sweater

~~parts~~

Apples

Whine

who wasn't there?



their Libra other matter  
see pro on sidewalk. go  
don't see - ~~but~~ gas  
fumbles - libra - see

□

through on gate

blue lights on street tonight.

I thought they were in wrong  
direction. maybe in wrong  
direction.

planned: <sup>are they</sup> ~~see~~ BACKWARDS

So I went to visit a friend  
who wasn't there (I)

\*  
\*  
\*  
\*



was it just for a walk a  
were the blue lights go  
lights a, clear the way, ~~at~~  
~~this~~ ~~over~~ of this end  
gap on ~~the~~ mist ~~any~~  
before you go on -

not empty. had ~~the~~ ~~likes~~  
~~at~~ tubes on hand  
thoughts, feelings, actions

what? ~~my~~ concentrate on

hand where I said what

NO SENSE appears there



are words behind words.

As the first I see true, as  
the last, as does the ~~do~~

2nd model, the 1<sup>st</sup>.

1-5 on lamp. NO EAT or wall

Before? on don. FRI MON NO

OPEN.

He said: "no more changes in a pet"

gate on more. Paint gate

Today \ gate NO E.

Paint on gate



Dear heavenly information

~~What~~ UNIVERSAL MIND

on wall. Last night I gazed.

Wine, grass, basil, cordial,

Saint & cordial on lamp

Saw ~~LEAVE~~ N's shirt in

Y's eyes trained, LEAVE ~~in~~

in pillow cases (I want

home) <sup>stayed</sup> missed N. who

~~was at the~~ ~~Monday~~ the

new ~~parameter~~ ~~only~~

~~I kept~~ ~~was~~ thinking of



wanted to meet if he  
were with us & then

I didn't get up to go down to

answer my bell, <sup>to see</sup>  
him at the front door.

~~maybe I would have~~

~~seen him on the hill.~~

~~at the door?~~ I didn't

see a picture of him  
at the door at the time

he was ringing the

bell? ~~the apt?~~



~~Just noted that it says~~

was the 2nd time I saw his  
shirt ~~the shirt~~ in ~~his~~'s eyes.

The time he was at the door?  
zap door, door on door  
SECOND on lamp. Can I trust

lamp on. Was it a near hurry

up. ~~The first warning~~

~~of the~~  
2:30 wake up. NONEEN

PRINT on arm. 

S	W
2	F
3	J
4	2

 on

gate. It doesn't matter  
where or ~~how~~ what size



It's just what it says.

Doesn't on floor but floor

is dirt ~~the~~ ~~upside~~ floor.

It could in here the

beats not working

not working on foot. Then I

need curtains despite

what they say, it could in

here. 2nd work up &

get 1-3 + 3-5 + ~~4-4~~

messages I see with



I knew what it meant.  
NEED by 3. I want to  
spout & eat. My head  
feels like a slegit ass.  
eat. Unhappy on dirt. Eat  
on light blue + sheet.  
+ sheet on arm. I take it  
off + put on the one I wore  
all night. Now 6:30 PM  
I have 3 sweaters to choose  
from but the new used  
one makes me burp



so I take it abt it too

soon to wear it. too soon

over ~~that~~ blue sweats.

RED ↓ sweats. Put on blue.

Now I have to take off

dungarees take ↓ have

take ↓ now. Leave them

on? ~~It is raining.~~

Or don't need "I have": 3PM

It raining. Have to or

2 blocks NEED ↓ blocks



OK corner. ~~wait at~~

Wanted a slice of pie

& little (sides) for head.

Butter on gate. bread on

app. bread coffee bar.

There seems to be a graining.

Consensus that I can go

to the corner for coffee

& Danish. Danish on

Consensus. muffin

Without little?



Contains of cables on top of  
cables. I've already had  
a taste of last one as  
hormonal heat &  
apple but the black  
left over cables was bored.

~~So I threw it out.~~

no need use blue all the  
time. I wear it because  
it's a cooling color for the

stomach. ~~4th st. n~~  
~~3rd st~~



3rd, <sup>no</sup> 4th <sup>at 6<sup>th</sup></sup> People on  
<sup>need</sup>

3rd. ~~go out.~~ go out.

~~It~~ I thought when I got a  
no on my speed boat it  
meant late up the  
dunes but it  
meant put on the  
rubber boots. I got a light  
flash on V.M. for universal  
mind, as in V.M. says. I say.

Mr. getting hurt.  
~~Heating~~ red & yellow



plus or hungry. Too

soon, need. ~~Hungry~~

Now I'm getting more.

There's draft at the

window I'm thinking of

curtains. It says no

need warm. Who

the girl is talking

now. It was used

last night I need

another quilt also.



NO NEW. Use the old

one from last year

hurry (also) take it?

God damn them I don't

want to be cold. Hurry

on cold in your suit.

I put on my coat.

Umbrella down. Go on

and color. Eat more bread

of white. Wait. Handed.

~~Stay in~~. Stay in. Stay in



W  
O  
R  
S  
E

in air on head. What is  
happening. ~~the~~ happens

in green in gate, I get

outside. It says

please I see in's eyes.

I take phone off

hook / NEEDS. on phone

get the I go out. no

use on phone. I eat

the center of a Daniel

coffee to meet & take



home or tasted blueberries  
muffin which plaster  
at me & coffee. NONE EN  
to WRITE says muffin  
plot of light on right  
I mean WRITE. in  
prayer. Is this what  
breakfast does? gap  
on breakfast. MORE in  
coffee. Green plot of  
Card from mother. My



about getting anything  
off my ~~relativ~~ <sup>relativ</sup> card?

Today I love. DONT NEED

USE on crumb. I decide to

keep + look at color plate

then green. I should be

~~and get~~ more observant

of myself before &

after breakfast. There

are chairs at home.

I have no quiet







on thumb. my own

Coffee. whole grain

flakes deep magenta

too much on whole grain,

insufficient ~~purple~~ black

deep magenta. ~~BETTER~~

~~NO USE~~ ~~on my~~ comment

on my sweater NO USE etc

I got to take off, need -7 take,

NO CHANGE TOO LATE ↓ change.

, but I wear it too soon?

before the I should ~~change~~



shameless? my  
stomach a letter. He  
came from my mouth  
prints, ~~and the~~ face as  
it ~~is~~ changing expression,  
as if as print, as if real.  
I must change my thought  
pattern, not go over,  
repeat, ~~renew~~ not  
ask what's wrong? but  
what is needed?



NO GETUPSET ~~of~~ I tell  
me. NO CHECKOUT LOUD SO  
OFTEN NO NEED.

5:15 nothing happened  
1-5 exact I went out 15  
min to eat green deer  
meat. Did I have  
something? <sup>plum mo</sup> I saw blue  
~~man's arms~~  
I hunt ~~some~~ ~~as~~  
as I left benchette.  
~~green on~~ I felt good



what is right? ~~200~~ Sweater  
Colors in 1916HX // .  
no DIRECTION in // .  
Hurry ~~to pass~~ ~~Flashed~~ green  
of aunt's car. What theft.  
about curtains. got beige  
dawn satin ~~from~~ ~~to see~~ ~~in~~  
thrift shop. ~~purple on a~~  
~~magenta on~~ ~~red~~ velvet  
one from ~~W.D.'s~~ D's. only road  
clack! 2 windows. green on velvet  
green on me. velvet cap's.



Something been mentioning on  
page about D's. Can't read  
VERVE + D. colors of D's. curtains  
from S? upstream thrust crop.  
thrust in air. like cables on thrust.  
blue on curtains. metal gate on  
tains. paint in <sup>new</sup> blue ~~color~~  
~~in air~~. G WEST ~~on curtains~~,  
N's shirt on U. FRIEND  
Eat now. wait till 7:30-8-  
Wed 9 min something - v again  
NOT ON THE phone ~~in air~~ now ~~in air~~



~~lock on now lock SLOW~~  
on hand. ITURN/UP on  
EAND written in stomach  
date on stomach.  
on SLOW. See money in  
pocket - put it in. What  
happening. happening on  
phone, floor. go to p's  
WAIT in fee. ~~Chuden in~~  
8-9 written in children.  
Y leaves. MISTAKE  
leaves. Blue dot on  
men, 9 written on



I am in a confused  
don't know what to do.  
check on the street P's  
on hand. too slow  
P's I must have  
too late to hurry?  
What's up. N NEXT Y  
What. I can't help  
this up in a hurry to  
eat wine on cart. I'm  
not here yet.



Visit because of stones  
? need to see man.

REST → man salad on

man bye dinner

no work, again up 20

just get drunk red

until on again well

what am I supposed

to do well I be alone

again. Is this the

many times 8-9

on plane. alone



red glass overjellies.

Hurry home? Eat

make. Every foot

home. Home to window

jud it all mixed up.

I shaved have gone

and when it said hurry.

to blue dot on claw.

Such all this information

that doesn't tell me

what happened 8-9

on claw. Check



Who needs 1-5-7

+ 8-9 + all that crap

When STAY HOME

8-9. Only tomorrow

on pants, I they know

something, but they want

to tell me what. I can't

take it. If someone

is calling or coming

CALLING on page one

Someone X on page



let them say eat 5-7  
9 some small shit  
instead of wondering  
the whole fucking day  
what they mean  
1-5- 1-3 5-7 etc  
etc etc etc etc.

what are they trying  
to say, FRIENDS NO  
ONE ZAB ON FRIENDS  
FRIBAD on fucking.



Mr. Lawrence blue in  
green places of Mr  
supposed not to eat  
why don't they say so  
Cheder on eat ~~blue~~  
P's on places. P's on don't.  
Where. C? K? ~~the~~

3 st. H. S. W. eat pink

It's raining why the pink  
Foot on way.

Should I walk fact on way

Red + blue on tomorrow



Hurry in coat, guard.

P's <sup>NO</sup> <sub>GO</sub> where, guard on

they. <sup>NO</sup> <sub>GO</sub> down it in out

going to let them play

head games in the rain

I want to eat. hurry

on eat. Hurry ↓ P's

My hand hurts. HURRY

↓ P's, YES. or NO go

YES on hand. YES

NO on HURRY. Can



any one figure the out.

look on i. phone? N?

N FIRST on chair ~~see~~

FIRST wait over lock.

salad in o p is U P

to to A P P + 12 IN 6 \ to

perhaps on wait bus, home

check in - a go to P's.

Go east. west. go

east \ hope unigrams.

sold on east.



I come home + scream  
like hell there  
blood has total  
cast me a \$1. 2x.  
not the \$1 it all  
the while (I knew  
B was at the bar  
but I didn't say  
bar god forbid!  
I'm gonna tell  
everyone about words



~~Do not keep secret  
from me + I'm  
going not to keep  
secret any longer.  
I'll get my phone +  
give it to the folks +  
tell people about  
words! no min~~

p's 10-11 In app again.  
10 on thumb. see A's face.

No mess A's face 10-11. Got  
p's name there. easy!



one. See A at home. It

It is it too late for N's again!

N's again in air. late on

air, tell A about

words - Corno home

against ~~the~~ ~~order~~

secrets. I must to get

the wanted clear up in

A hurry. Y is not home.

I need to see him. 11-12

on phone, what does that  
mean?



~~For I assume it means  
it went wrong between 11-12  
because the fasted  
are heavier & backwards  
In home, I can't take it  
any any more. In  
too slow & too fast my  
limb is all jerked up.  
I turn my clock to the wall,  
it is just an arm.  
Beginning at midnight~~



~~As~~ I am not going

to write for 5 days.

NO NEED IS WANT

PREP ON KNOW? DON'T HOLD ONTO

NOT SO GOOD WITH TODAY

(after 9 out (Genuine AS))

MIDLIGHT

ENLIGHTENED

WAKEL

PULL OUT PLUG

UNIVERSAL MIND

L

LOWER PLANE



~~4 Days later~~

WHOM? IS WRONG

NO NEED IS WANT

PARENTS ON KNOW? DON'T HOLD ONTO.

NOT SO GOOD I THINK TODAY  
(after) at (arrived at)

MID LIGHT

ENLIGHTENED

LOVEL

PULL OUT PLUG.

UNIVERSAL MIND

L

LOWER PLANE



think - rebellion against <sup>street</sup> authority

See yellow round object

~~no wrong in pale sunny~~

(moon) IN LEO (d's)

mean ~~over moon~~ ~~arrow~~ (do they mean SUN)  
YES → SUN

See words in <sup>deep</sup> red, green, blue

See <sup>pale</sup> green words ~~at~~ over my <sup>stomach</sup>

See pale blue words on R's

~~is it a fact~~ forehead

get flames. See butterfly  
on lamp

~~claw eyes, see belt cord~~

W/



pale smoky blue <sup>streak</sup> on my  
forehead

blue words

NO WRONG in pale smoky  
blue ~~part~~ memory words

Write in red situations

no in red? I believe

no use in brilliant white  
light after I drew white men  
same eyes does the

image of the hell as

reversed, ~~but~~ left to

right. "It was the"

perhaps my memory's

faults?



next to blue letter

blue words

~~like~~ path + blue words

© not oppositions

as in a mirror? receive

backwards advice as?

same eyes does the

image of the hell

reversed, ~~but~~ left to

right. "It was IT"

perhaps my memory's

fault?



if it was it was on  
table, a large cardboard

crumbs across the ~~room~~

floor. Wads pale pink

+ huge appetizer on the wall.

No color of my aura?

There were <sup>pale smoky</sup> blue on my

body - a deep blue on

right

~~the~~ side, deep green on

"physiology" - the pale

smoky blue is a thick color



as if drawn with chalk,  
not a color, with a light

behead it, as other medium

blues. The pale green is thick,

the pale pink has a light

is translucent, neither

thick nor thin. lit.

~~UNIVERSAL MIND, ~~LOW~~~~

~~LOWER PLANE appearance~~

YES IS NECESSARY

NO. I NOCED



V  
O  
A  
L  
I  
C  
E

I eat chicken. I wish

bone appears over my

~~intestines~~ intestines, which

are full of gas bubbles.

~~Does my intestines hurt~~

~~I would not eat chicken?~~

~~upset, hang on ~~intestines~~ wall,~~

~~say I don't need --- hear~~

~~"Sugar"~~



UPSET <sup>2</sup> <sub>2</sub> <sup>2</sup> <sub>2</sub> in heat & blue

black & white dotted lines

along throat, grain

~~FRI~~ WED THURS FRI OUT

in blue, <sup>name-</sup> heat, red sky gate  
(in a sheet of light)

NO USE NEEDED

TICKS

2-1-2

NO INDEED

✓ ~~WED~~

~~the~~ a stemmed wire glass half

full of red wire & copper

plaster I used to cover

appears like seed of flowers



SKILLED IN GKA MINNAK written  
in roughly hair lines (neg.)  
~~SET~~ NOT OVERSKILLED

"No need to concentrate"

wads appear at ends of  
sheets of energy that  
move across the room,  
some in cubical forms on  
the floor, some all over  
body, the wall. They  
don't like the wall energy.

It appears on my arm +  
quiet + ~~from~~ squiggles  
merit <sup>N</sup> <sub>W</sub> beside like  
Power? NO NEED

Tell myself to wake up in time <sup>to know</sup> +  
I tell ~~what~~ food to get  
for me. See his name  
written on corn muffs +



Checker <sup>colors</sup> when I wake up.  
Another day saw snuffles,  
cheders + beer printed over  
curtain straps ~~for~~ pillows  
I saw a cheder + words for  
snuffles + beer. There is  
a salutation to Uryun +  
pequero out in advance  
what food I need for the  
next 2 days. I have been  
mistake ~~with a~~ ~~some~~ ~~the~~ "master-  
~~man~~ ~~with a~~ ~~cold~~ changing  
~~for~~ <sup>some</sup> parts from green to  
marine pink + dusty blue.  
I tell myself to wake up  
~~time to know~~ + know  
what I need ~~in~~ at the  
correct time work ~~with~~  
belts than anxiety +  
planning ahead. I am  
learning not to think,  
+ not to get upset

N  
V  
+  
S  
T



~~Inside aspect~~

YES written in corn muffin  
a YES! I can't believe it.  
Light get bright.

YES in autoneo don color.

The vase flashes green.

NO GOOOO on flashes. Rewrite:

I see a green color on the

vase for a brief instant.

~~I should say~~. We might

be getting somewhere.

BETTER YET. ~~##~~

lights dim NOT

R comes to visit me, left a

deep bright green image of

the body in hall, autoneo

of one side of body in room,

Also outline <sup>one case</sup> my body ~~##~~

~~image~~. Blackish blue

off shoulder; neck; head.

Marginal - black ~~off stomach~~

intestines.



I don't eat, I go  
J's party -  
Sun. yellow on U.

cutted ↓ sun.

(for sundes)

yellow anew!

sun

✓ ~~more~~ more wine bottles in  
cup colors.

(D's nurse writes in phone  
+ his jacket colors. He calls

too late written on gate  
in box + cream cheese.  
then

→ ~~to get~~ I ask him  
to get box + cream cheese  
(Really man, ~~man of salt~~)

I go to eat last cream cheese  
J's name all over the place  
in cream cheese. ~~to the~~



I don't eat, I go

J's party -  
to ~~the party~~ - Cal of food.

<sup>days</sup>  
I ~~to~~ we been not  
writing, ~~to~~ home with a  
cold, but last night put  
two exactly 2 weeks.

We been home, no  
decision. I'll get what  
fact to get + I've solved  
that problem by

programmer signed.  
The next before. As far  
as the left clean there  
you, I wrote up an hour  
before I called. but  
didn't get any sign  
about what to eat until  
just before he called.

I assume the TOO LATE  
meant "NOT" too late



With no illusion to make  
the birds much, went away.  
~~I saw them~~ I see them  
~~scrippers in great~~ whirly  
disks about 2 feet  
wide ~~singing~~ charming  
a pretty boy - I ~~took~~  
got some + it was awful.  
~~I knew it to~~ Brega +  
what place + really  
bad for my stomach.

When I went out I <sup>saw</sup> ~~lost~~  
was raining full time  
I saw MISTAKE ~~of~~ ~~the~~  
the ~~thing~~ sign I took it  
anyway, + got a ~~big~~  
red horn so I didn't get wet  
~~today I didn't~~ ~~fare so~~  
~~well, plenty~~ ~~articles~~ ~~on~~  
~~my forehead~~ I found  
as usual, ~~beards~~



~~Full opposite but might~~  
~~not.~~ My stomach was  
bloated + painful +  
I have ~~severe~~ <sup>some</sup> ~~everywhere~~  
in gas bubble. I was  
determined to take  
out the garbage bag  
toilet paper, breakfast, +  
wine, + some stuff  
to fill in the cracks  
in the bathroom window  
+ a notebook.

So I did. But my  
leg hurt, ~~gaps~~ <sup>in the</sup>  
~~upper~~ caused feel bad  
energy in the train, +  
"swallow" on everyone  
feared but when  
I turned to go home  
NO TURN on feared.  
I came home not to be  
later, set up + messed  
from completely



<sup>information</sup>  
in front of the light dimmed  
on "articles" which,  
naturally, was before the  
fact. ~~I'm sorry to say~~  
I woke up, up to a map  
with a sore throat again,  
not to say the blue spots  
have turned greyish  
blue more dark, not  
light green & some blood  
dot comes from the  
hips. OK so I stayed  
have stayed in bed. What  
a day. They've still  
not telling me until  
too late, or else I'm  
still impatient &  
not listening. ~~The~~  
I TUNE in whose  
color at the night on  
quite meaningless but  
follow (?) large



I think I've learned a little that not always to wait for something from the head of ~~to~~ what & when. When I learn important. But not enough. Put me is still full of continuing advice that makes the simplest task feel.

I come back, I missed them all & then realized I really wanted them to get out the best work, best stars for Notebooks etc etc in October on last can't go out Sun. but I feel like an ass when I to buy me food again to

I ask to need perfection



from the ~~spirit~~, that's right  
forms - ~~form~~ → whatever.  
whatever is ~~gas~~ clear gas  
color, form that's right  
is blue.

~~No ideas~~

Wah up - no ~~clo~~ pieces a  
words about what O should  
get me to eat. T ~~A~~ calls, brings  
food I decide roast beef  
because of dream in  
what the chicken farmer  
eat a roast beef. Try to  
decide about tomorrow



can't do it in advance any  
more. Will see tomorrow.

Followed ~~sign cards~~

Suggestion today

First phone call. Food

in green, on phone -

didn't ask them to

bring any, and what  
call, ~~the~~, bring food.

Men D, I didn't need

him - 7 days ago saw



redder glow on SON

when thinking about

I hunger, fast.

~~I went out yesterday~~

~~but~~ out again

tomorrow, I think, today

D says he'll take me

walking so I won't

feel so spaced out.

walking on quiet. I

have been I hope



learned patience &  
timing, not to rush  
into things, & have?  
did yes today when I  
went out to the street.

I still get upset but today  
in blue plus, the  
pale smoky kind &  
I ~~do~~ don't feel upset or  
depressed when I'm  
blue.



In street. See WALK on  
red on arm. ~~Don't walk,~~  
I stop.

Get annoyed! any cant I

look? suddenly I

walk. Notice others are  
also crossing street.

They were telling me

the light was against

me, ~~not that I~~

~~couldn't continue.~~

He red walk on my



In street. See WALK on  
red on arm. ~~Don't walk,~~  
I stop.

Get annoyed! My car?

(hear) 'look?,' Suddenly I

walk. Native others are  
also crossing street.  
They were telling me  
the light was against

me, ~~not that~~ I

~~couldn't continue.~~

He re walk on my



of even, further  
directions. YES I NOEEB

~~My~~ directions. Crutemid

State present efficiency  
of action POWER. Weede

efficiency, present

POWER KNOWLEDGE  
through ~~my~~ POWER. I dream

of new xpt, large &  
a <sup>AM/FM</sup> ~~radio~~ radio phonograph.

Intestine or large Beer



the beauty was so good.  
I did a large  
roast beef but eat 1/4 lb.  
to Burp, Wards in gas  
hubbles all over street,  
hence, I didnt read them.  
Many? URGENT & OBTUSE  
on shelf, etc. Mean?  
dont fallawarge, find  
right time. Dont get  
upset to which I refer



about what? / what  
shouldn't I get upset  
about? & thank all  
horrible things - my  
stomach goes down so  
away, the energy can't  
hear me (Dear Deanna

~~Healing Energy, I~~

~~don't know if you got  
the thought ~~of~~  
my last ~~thought~~ or not but~~

~~I am still having~~



~~trouble with my~~

~~intestine & the salad~~

~~bladder area & less~~

~~send me from some~~

~~healing energy.~~

stress in the area

way. They want me to

say POW ER but

Dear Divine I feel my

Power. This is the

I have to me to be



well, get rid of the  
swell in my stomach

Please, set my body

at ease. ~~scared, you~~

~~of so much~~ ~~beast~~

I ~~help~~ get reminders of  
things that make me  
angry. I get upset - but  
the last few days, especially  
when I'm blue, I just  
say, ah ~~fuck~~ don't



father me with that. ~~at~~

Sometimes  
~~Often~~ now I feel the

same rocking through

me, not always over

all of my body. ~~but~~

The best time ~~that~~ I

kept my mind really

still + black waves

came over after the attack

to my closed eyes ~~at~~

~~When I saw the cable~~



it felt so relaxing &  
maneuvered (then)  
saw the flames on my  
table top, then they  
repeated into another  
rattling & then I heard  
a voice and saw words  
that said not this office  
& not this "L" word  
saw a black & sheet on  
my <sup>left</sup> arm & ~~seized~~



~~had still to figure~~  
~~out a deal with a just~~  
~~get rid of pattern of~~  
~~behavior ~~learned~~~~

~~I used with a fidelity~~

~~lover when I was 18~~

~~a job I had ~~learned~~~~

~~when I ran ~~around~~~~

~~the ~~most~~ after~~

~~enter my boss ~~used to~~~~

~~get ~~enter~~ used to~~



~~run~~ ~~believe~~ ~~to~~ ~~my~~  
when ~~so~~ ~~gelled~~ ~~gelled~~  
~~pass~~ ~~by~~ ~~time~~ ~~to~~ ~~catch~~  
~~for~~ ~~me~~ ~~did~~ ~~I~~ ~~rebel?~~  
~~I~~ ~~got~~ ~~an~~ ~~idea~~ ~~target~~

~~etc.~~ ~~I~~ ~~have~~ ~~to~~ ~~learn~~  
~~not~~ ~~to~~ ~~read~~ ~~around~~ ~~for~~

people, ~~del~~ ~~to~~ ~~to~~

from ~~the~~ ~~self~~

~~not~~ ~~at~~ ~~trust~~ ~~I~~ ~~have~~

~~to~~ ~~know~~ ~~my~~ ~~needs~~

when I need something.

~~like~~ ~~not~~ ~~letting~~ ~~the~~



~~man at the party with~~

~~the folder ahead of me~~

~~because he said "I'll~~

~~only be 20 seconds" ~~when~~~~

~~I really had to go ~~back~~~~

~~loaded here~~ I dream

I gave up my bed in

a ~~summer~~ <sup>pull of love</sup> have to ~~or~~

someone, better known

than I ~~is~~ look a little

desirable no. More

yappy', in being



pushed around. By those ↑  
of naturally people. I

finally asked the needles  
to stop yelling & to scream  
at me. I cried after I did  
get upset, but there's more  
quiet ~~not do~~. Telepathy  
did not work. ~~I had to~~

could I see a lot of NOW SEE

& cracks of light in

myself & others. in here



~~to~~ there seems to be a need  
for renewal, ~~improvement~~,  
cleaning & healing.

OUT WEST on gate

~~meanwhile no go - - - 10!~~

~~I laughed at that one.~~

Check you turn blue  
for record of trial in

what I am ~~not~~ cannot

Supposed to do something.

~~work on it. Get up \$30~~



~~See blue to 9~~

One of turner clad around.

Saw face anyway, blue  
~~between 8-3~~ til 9 o'clock.

Looked at clock. It was 8:30

~~I assume it~~ Did it mean

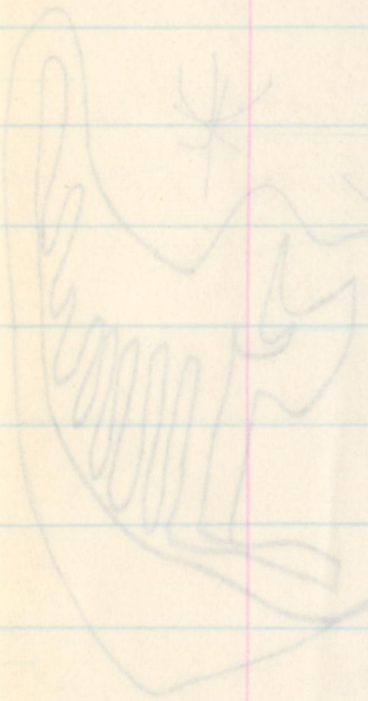
don't get up, or eat til 9?



go a. alan Fri.  
stay home Fri.

see.

how N come see.  
then.



Handwritten notes and symbols, including a vertical list of numbers (1, 2, 3, 4, 5, 6, 7, 8, 9, 10) and various scribbles and symbols.



412w110  
42  
-----  
Fr 9

## USEFUL INFORMATION

### LIQUID MEASURE

4 gills (gi.) = 1 pint (pt.)  
 2 pints = 1 quart (qt.)  
 4 quarts = 1 gallon (gal.)  
 31½ gallons = 1 barrel (bbl.)  
 2 barrels = 1 hogshead (hhd.)  
 1 cubic foot of water = 7.48 gallons  
 1 cubic foot of water weighs approximately 62½ pounds.

### CUBIC MEASURE

1728 cubic inches = 1 cubic foot (cu. in.) (cu. ft.)  
 27 cubic feet = 1 cubic yard (cu. yd.)  
 16 cubic feet = 1 cord foot of wood  
 128 cubic feet or 8 cord feet = 1 cord of wood

NOTE:—A cord of wood is equivalent to a pile 8 feet long, 4 feet wide, and 4 feet high.

24¾ cubic feet = 1 perch (P.)  
 NOTE:—A perch of stone or brick is equivalent to a section 16½ feet long, 1½ feet wide, and 1 foot high. The unit is sometimes understood to mean 16½ cubic feet and sometimes 25 cubic feet.

40 cubic feet = 1 measurement ton, U. S. Shipping

42 cubic feet = 1 ton British Shipping

40 feet of round timber, or 50 feet of hewn timber = 1 ton or load

### AVOIRDUPOIS WEIGHT

(Used in weighing all articles except drugs, gold, silver and precious stones)

27-11/32 grains (gr.) = 1 dram (dr.)  
 16 drams = 1 ounce (oz.)  
 437½ grs. = 1 pound (lb.)  
 16 ounces (7000 grs.) = 1 pound (lb.)  
 25 pounds = 1 quarter (qr.)  
 4 quarters = 1 hundredweight (cwt.)  
 or 100 pounds weight (cwt.)  
 2000 pounds or 20 hundredweight = 1 ton (T.)

NOTE:—The ton and hundredweight above given are those in common use in the United States.

2240 pounds = 1 long ton (L. T.)  
 13¼ cubic feet of air weighs = 1 pound

NOTE:—The grain has the same value in the Avoirdupois, Apothecaries' and Troy systems.

### MISCELLANEOUS

12 units = 1 dozen  
 12 dozen = 1 gross  
 12 gross = 1 great gross  
 20 units = 1 score  
 4 inches = 1 hand  
 Diameter of circle x 3.1416 = circumference  
 Circumference of circle x .3183 = diameter  
 Diameter of circle squared x .7854 = area  
 Atmospheric pressure is 14.7 lbs. per square inch at sea level.

### SQUARE MEASURE

144 square inches = 1 square foot (sq. ft.)  
 9 square feet = 1 square yard (sq. yd.)  
 30¼ square yards or 272¼ square feet = 1 square rod or 1 perch  
 40 square rods = 1 rood (R.)  
 160 square rods = 1 acre (A.)  
 640 acres = 1 square mile (sq. mi.)

A square having an area of 1 acre, measures 208.71 feet on each side.

1 township = 36 sections each 1 mile square  
 1 section = 640 acres  
 ¼ section = ½ mile square or 160 acres  
 ½ section = ½ mile long and ¼ mile wide or 80 acres  
 1 acre = 4840 square yards  
 1 acre = a lot 208.71 feet square

### LINEAR MEASURE

1/12 inch = 1 line  
 12 inches = 1 foot (ft.)  
 3 feet = 1 yard (yd.)  
 5½ yards or 16½ feet = 1 rod (rd.) or pole  
 40 rods (660 feet) = 1 furlong (fur.)  
 320 rods (5280 feet or 8 furlongs) = 1 statute mile (m.)  
 3 miles = 1 league  
 6 feet = 1 fathom  
 120 fathoms = 1 cable-length  
 7½ cables = 1 statute mile  
 5280 feet = 1 statute mile  
 6080.2 feet = 1 geographical or nautical mile  
 1 geographical mile = 1.15155 statute mile  
 60 geographical miles = 1 degree longitude at equator  
 360 degrees = circumference of earth at equator

### CIRCULAR MEASURE

60 seconds (") = 1 minute (')

60 minutes = 1 degree (°)

90 degrees = 1 quadrant

360 degrees = 1 circumference

A degree of the earth's surface on a meridian equals approximately 69 miles.

### APOTHECARIES' FLUID MEASURE

60 minims = 1 fluid dram  
 8 fluid drams = 1 fluid ounce  
 16 fluid ounces = 1 pint  
 8 pints = 1 gallon

### MULTIPLICATION TABLE

	1	2	3	4	5	6	7	8	9	10	11	12
1	1	2	3	4	5	6	7	8	9	10	11	12
2	2	4	6	8	10	12	14	16	18	20	22	24
3	3	6	9	12	15	18	21	24	27	30	33	36
4	4	8	12	16	20	24	28	32	36	40	44	48
5	5	10	15	20	25	30	35	40	45	50	55	60
6	6	12	18	24	30	36	42	48	54	60	66	72
7	7	14	21	28	35	42	49	56	63	70	77	84
8	8	16	24	32	40	48	56	64	72	80	88	96
9	9	18	27	36	45	54	63	72	81	90	99	108
10	10	20	30	40	50	60	70	80	90	100	110	120
11	11	22	33	44	55	66	77	88	99	110	121	132
12	12	24	36	48	60	72	84	96	108	120	132	144