

SEMESTER
COMPOSITION

typed

Name _____

47

200 Pages

69¢

260-0273

NAME _____

ADDRESS _____

SCHOOL _____ TELEPHONE _____

SCHEDULE

PERIOD		1	2	3	4	5	6	7	8
MON.	SUBJECT								
	ROOM								
	INSTRUCTOR								
TUES.	SUBJECT								
	ROOM								
	INSTRUCTOR								
WED.	SUBJECT								
	ROOM								
	INSTRUCTOR								
THURS.	SUBJECT								
	ROOM								
	INSTRUCTOR								
FRI.	SUBJECT								
	ROOM								
	INSTRUCTOR								

ORLANDO PAPER CO. OCEANSIDE, NEW YORK

Lights ^{dim} against country. See
 aquarium sign on light
 card. Any fancy on lights?
 Mr. Light flash on on. Who?
 #1 arm lights up.
 Negative face? Zaps #
 1 nose. I'm here.
 Country. ~~Atta~~ ^{also} white
 house. Went home
 for a day. Give out rest
 of note ^A to type. See
 chair way ant. She ~~is~~
 OK for ~~the~~ A to type

guest of ms. It was A's
 name I saw on gate. apt
 got sublet, but legally
 through landlord, as
 they took over my rent
 controlled lease. ~~that~~
~~I am rent~~, help apt ~~as~~
rent control. on I am
 rent as long as ~~they~~
 rent control on. Says
 lucky on something.
 Charvey out also said

want see ~~me~~ ~~at~~ X,
going to meet someone
else (whom) already
know - got some
info myself ^{from?} is away
with him. County maybe?
C will come. don't expect
much. Says I want man,
even to apt that's opening
up 2 houses away. Says
I'm going to meet someone
confused about NYa

whether I'll meet him
 away ~~from~~ ^{run} #1 face
 right on male or whether
 I'll meet him first & then
 go away run #2 side
 face. As she was
 looking I saw ~~the~~ the
 words ~~NEW~~ NEW YORK
 CITY come out of her eye.
 Words are always printed
 than god or simplest
 type face. LIKE THIS

Words are usually silver grey.

I'm disappointed about

X. Even if I am gaps #

2 ear going to meet

someone else I still

wish I could be with

him now. I keep feeling

his place & county

house together on

other people's noses &

arms. See creek of

county house into

calm of his place inside.
See my huge phone &
house? black phone, $\frac{1}{2}$ +
 $\frac{1}{2}$ on one of these previous
words. If you're angry
& count 10 the anger can
go away. I read once
in Grey Walter's book
on the ~~max~~ "The Living
Brain" an explanation
of this. I'm not sure
but it may take

10 seconds to change the
 rhythm of the brain
 from theta (anger) to
~~alpha~~ something else,
 alpha?
~~alpha it is~~ I wonder

if I'll see X soon.

On 11 coming to the
 country house has
 planned that chance.

See blain #2 side,
 across + down chest.

See Nancy on I'll see.

See light on floor.

Spirits don't like that word.

See X's glasses on o of

blame. ~~It~~ See word

blame on # 2 arm. OK

there's still something

there between us? See

circle of clear air like a

bubble on there. See this

clear bubble after?

thought it ~~was~~ a "no"

sign. Hear word no,

not clearly, as if someone
breathing it heavily
in distance, with

emphases. Hear it this
way after past few
days. See magnified
circle on clearly. Maybe
it means enlarge upon
this? ~~Saw~~ face on en of
enlarge. or I'm making
too much zap #2 hand
of it. Saw big circle
coming out of #1 side
earlier don't remember
thought. Perhaps it isn't
clear with X all kinds of
things happening to perhaps
p outlined in black +
rest of word blue tree.
See not clearly in air by
tree. See circle over air-

see air on iron grey metal
 railing see turquoise color
 on air see red on tree I guess
 any fairy on all there but
 only red on tree. Found smock
 in street just after I gave
 my loose dark blouse
 when I couldn't bear ~~to~~ any
 more to A. Smock lighter
 color, also blue. which
 is cooling to stomach.

Bump. I guess. Bump. Also
 found sleeveless blue
 plawered short skirt why
 did I leave it on street when
 I got a definite no on it -
 i.e. I saw skirt + yellow
 fanny I was leaving it on in
 air. I should have taken it
 home. Zap #1 palm + ^{#1} arm
 lights up. Could have
 worn it over bathrobe suit,
 Suit on thumb #2. Skirt
 don't like. 2nd really
 soft stretchy underwear.

Cant go naked nude here.
 Red on naked. ~~MAH~~ ~~raft~~. Saw
 X's big hairy arm all over
 my #1 arm before I went
 to chairvoyant. So I asked
 about him. Discommingery
 answer. See Dis in an dress
 sign on whole was.
 commingery wavers. Well?
 Here I am in country bare
 it doesn't mean I'll
 miss going to X's, ~~or~~. See
 raft on does. See X's on # 2
 thumb. OK that the 1100 &
 signal I'm not going to
 his place. Anyway I tried
 & stormed last night because
 I didnt want to be back from
 country weekends & thought
 the spirits had really fucked
 me over by telling me only
 stay short time, & chair-
 voyant said weekends.
 So I came back, very very
 happy to do so & went

6

afternoon on lake. I can't
stay too long or I'll miss
C who is returning but
I guess sometime. A week-
hand won't write week
blad on ee of week. Also
on a of lake. Water on l of
lake. Well I like it. Louger
than ee than on air week.
Stop it. Go away. Don't do useless,
things a little quieter after
saw clairvoyant. Light got
brighter on "I could have
stayed in country." Decided
to stop crying & take more
phone calls take bus up. Did.
See calas of country house on
try of country. Decided to try.
See if leg spasm, which is
getting worse, outturned in
yellow glaucoma red better
here. Saw purple & black
in tree leaves when I was
here a few days ago. Also
boards of back in air. I was

right to come I think I feel relaxed
 I just looked at my apt last night
 & said I'm not supposed to be
 here now. See here now
 on #1 hand. Sometime I
 think words get stuck on my
~~memory~~ eye & I see them
 somewhere else, no meaning
 meant. See twin of smud on
 ea of meaning. also chocolate
 when I just ate a tiny
 piece cake of. Does that mean
 send energy & chase away
 the bad vibes, transmute
 clean up. ~~a break down~~
 just took out a few words
 that appeared in air or on tree.
 Like "memory" before eye &
 "supposed" in "I'm not ... to
 be here" a break down after
 clean up. See clean in air also.
 Also in air. The air fairy
 edita is here. See dinner meat
 on master of masterpiece. See
 dinner #2 & humb. No dinner?
 nonsense. see

no of "moderate"
 no in air. See air in an air
 screen. Saw giant circle of
 clear air or bubble the other
 night at open window. Claw
 it. It got very cool. Bubble
 must be a "no" then.

See trouble colors on me. Deep
 blue with some sherry to it +
 black along edges, coming
 out of head. From meat? or
 packaged ~~stuff~~ stuff? See
 iron pill on v of stuff. My
 iron pill? Vitamin C?

~~Star~~ Face on v of vitamin.
 Need C for happiness? ~~Not~~
 Is there some in iron pill?
 See blue blood on n of iron.

A some floats away.
 Take e separately. Shaved
 take e for muscle, Merina
 if I have one, yes? See e
 on n of muscle. Saw it 2
 children all down someone
 #1 Seile back. Bought
 Calcium but haven't

taken yet. Need something to
 relieve muscle spasm. (Also?)
~~sleep~~ rest a lot. Hemoglobin
 only 13 + last time. 22 better
 at 14. Wary on 4. ~~to~~ see
 wary on leg of chair. I don't
 rest so much when it's up. See
~~sleep~~ 14 on #2 hand.
 Yarn to white wad sleep.

See ^{up} sleep come out of
 someone's eye. Don't use it shin
 prefer "rest" which is of the
 body + not a decline in
 consciousness or an opposition
 to "awake", conscious. Try
 to write the "secondary" on
 someone's nose. Then they
 get out of eyes as warnings. See
 X's parts or a warning? or
 dregs. See bubble on
 parts. Shirts? Then I'm not
 going to visit Mr 2 in N.Y.C.
 Mr 2 out of someone's eye.
 See horse's eyes out of eye.
 Shouldn't he be here? but

Every time I want to put
 should I leave my phone
 no. here with X's ~~friend~~ ~~friend~~

See light flashed down pic
 of Dylan's nose. Stopped
 coffee. Deafened stopped. ~~stayed~~

landunk tea nau so feel
 nauant of nose. Fish
 nibble at feet. See gold flash
 of light when I was sitting
 on bench. ~~See~~ Every time

I get in dither + go to a
 clairvoyant or psychic
 I must get some good
 energy because spirit
 clear, calm, not so much
 confusion. Maybe there
 people help, call in
 helpers, a spirit know
~~I want~~ I'm serious
 about wanting things
 simple + clear! or at
 least clear! Like before
 I went to clairvoyant
 Like great confusion

Every time I want to put
 pay check in bank, ~~also~~
 Don't want me to use
 Don't want me to pay rent,
 phone, or bills! Put
 check for phone in mail
 after. million of no
 signals. Want me to
 use bank check not
 personal check? See
 personal in air. Insists
 on getting bank checks
 for rent & see rent in air
 & get so many no's
 on paying. Waited found
~~rent~~ bridging on rent
 strike. Well I don't mind
 not paying the city see
 paying in air, ~~they~~
 what have about no's?
 Psychi says evil spirit
 cross my path see
 black dog zig zag like
~~see~~ see wings of light
 in air like see like in

cut 3 white potatoes

as OK black zig zag
cross, gray diagonal
down, across up & down
golden light streak. ?

think all the words I see in
air are no nos. See giant
circle outlined on blue ink
cols by #2 arm chair. Don't
write? Zap #1 ear.

I'm angry at myself
for having not taking the
blue sleeves down
home & considered it's
reputation & usefulness.

I keep telling people
style doesn't matter.

If says it does I suppose

if I don't like something
~~it can't have good
tubes for me~~

I can't be happy
with it anyway. So
~~no of it~~ I hate to
judge on style. Maybe

Tzimis

19

cut 3 white potatoes

" 4-5 sweet potatoes

" 4-5 carrots

~~1/2~~ 2 onions

boiled water, put in bouillon
cube,

2 lbs stew meat + bones ~~2 lbs~~

put all together in pot
stew for 1 hour in ~~water~~
bouillon water

mix - simmer for 2 hours
apricots + prunes in towards
end.

use lamb

Hardcore Jewish Cooking

hamburger w. curry powder +
chili powder

cook in pan, loose meat,
drain fat, ~~etc~~

?

it would have been worth
 it so as to learn un-
 covered for a while. Right
 quence in room. Didn't want
 me to write about blue
 class? Go home. Drop on go.
 Can't stay forever. Fri. Sat. See
 Set in window glass.
 Sun. #2 elbow lights
 up. Mon. Tues. Job #2
 am. Wed. Thurs. Fri.
 Read See sat on window
 glass see big bubble
 in air. Watch TV.

(A)
 for a
 record
 I'd wanted
 really
 look at
 it - too
 surprised
 or too
 short a
 time

wonder about scene
 that just passed. See it
 out in air, only ~~too~~ fast
 for me to see what really
 happened ~~to~~ I couldn't
 get it to do it again. So
 surprised, I ~~wanted~~ he it
 she ~~could~~ could replay
 it. My memory or spite?
 saw sharp spite in
 window last night

?

Watch TV see mother's ~~face~~ ^{hair}
 on #1 ~~hand~~ finger nail &
 jump off #1 hand. Teller-
 shed just gotten back ~~to~~
~~from dinner house~~
 from birthday party.
 I had called earlier, against
 advice, & getting no
 answer realized they
 gone out to dinner. So
 I was sitting thinking
 I'd call at 9 & that
 when the her ~~face~~ ^{hair}
 started jumping
 around. ~~Actually she~~
~~had~~ Didn't ask if she
 had her hair done. But
 she did, that's why I saw hair,
 not face. See people on
 hill. Keep seeing bathing
 suit & lake together in
 a circle. Not good?
 See good on door knob.
 Saw from *Utricularia*, I hid

~~out on dog~~ ~~lunal~~, window
 pane. ~~Don't see much~~
 See X's place on ~~board~~ #1's
 #1 arm. Is he ~~looking~~ ~~up~~ + hear
~~zap~~ hit #1 shoulder. Has
 he called? Face on a called.
~~#2 arm~~ ~~gets~~ ~~back~~ Zap #
 1 eye hard.

Heard the following words
 at different times. North West
 (of NYC) M's name, Yogurt

You should be still a little, +
 make room for the love to
 come toward you. ~~thought~~
 [for an aggressive child.]

Sit under a pine + put up some pink.

Maybe the big bear bubble
 gas in me I'm getting
 out of. Sometimes I close
 my eyes + see ~~zap~~ ~~it~~

~~to ~~sort~~ ~~one~~ who could use it~~

23

TITLE: how it works

I am interested in this fact:
Immediately upon giving up
the apt* I couldn't use, I
heard of another ~~one~~ I
could. Immediately upon
giving away (same day)
the sheet I hated ~~to~~
~~Person~~ who I found ~~me~~
~~I~~ ~~kept~~ two in the street,
one of which I kept, & left
1 in the street. Street in
air. OK I was supposed to
keep both, a girl on a friend.
? ~~I~~ ~~prof~~ ~~of~~ ~~I~~ ~~kept~~ ~~a~~ ~~little~~
Anyway, the idea is, Hell no
Cled, if you give up what
isn't for you, you get
what you ~~can~~ can use,
Same day, both times.
~~that~~ I don't even know
if I'll take the new apt. ~~but~~
~~it~~ ~~more~~ ~~what~~ ~~see~~ ~~my~~
own apt too, or take?
Stay? Another could take

writes oh ~~my god~~ ~~well~~
~~I got through my sciatica.~~
 I heard today
 the voice say marry
 me. Does it have a
 heated jolin? Someone
 shared in a ~~to~~
 toilet seat heated under
 neath (I saw this in
 the air) with those purple
 under red (?) bulbs for
 left + slum dwellers,
 also cemetery house etc.
 When I won't need to marry
 as ~~not for passport~~
~~approval citizenship~~ ~~those~~

Plaurwayast said worst
 thing was to have cross-
 current voices i.e. evil
 spirit mixed w. good.
 Right, so who's speaking
 + ~~who's~~ who's should
 I listen to? Can't listen

i.e. believe ~~any~~ ^{all} of them
 So how choose. I mean
 if a voice says what I
 think is a head is a
 restaurant & it's a restaurant
 & I look & it's a restaurant
 that voice is OK. But
 how to check out there
 it says like "you just
 lost her love". Clair-
 voyant says good spirits
 are never ~~never~~ nasty -
 they make positive
 suggestions. ~~But~~ In
 other words positions
 don't use negatives.
 Rhine I keep singing which
 I get "no" zaps "on." just
 happen to be here, that all.
 I don't just happen anything
 any more. It's a plan, ~~not~~
~~not~~ a piece of the puzzle
 a part of the man

It is not
a plot.

The plan for max
is not a plot

Os goya. I see blue & yellow
 ring of place I once visited.
 Said. I sense tennis courts
 next door & face of person
 I saw around there & liked
 the looks of her to be had
 an old lady. Was this man
 I should visit this place
 again for month or so.
 Said to myself I have to meet
 someone had zip #1 palm
 #1 arm light up & blue &
 yellow bands like ring
 appear on upper arm.
 Is this the person I have to
 meet? Very Indian looking
 guy. Sexy looking, though.
 Pink & blue on sexy. I keep
 wondering if the person
 I'm going to meet whom
 I'd know before is
 someone I'd know in

this life before? ~~as~~
 as ~~just~~ only in earlier life?
 Is it OK to swim, see OK in
 an over grass. Water on O of
 OK. Hat. Saw OK on #2 then
 but don't see NOT any where.
 In 2 go.

Some palmit one said
 quite a lot? have an unusual
 + creative mind. Laughing
 to myself (thinking of that
 phrase) see a picture of 3
~~bea~~ 4 7's pits at my foot -
 I've seen this one before -
 my ~~editor~~ collaborator
 on this book, this life,
 this? Some people have
~~5 or 6 planet indicators~~
 but I have an sword,
 I have one, + an dirty
 fairy. Do you believe
 in miracles, a god, or
 do you believe?
 Please quote from
~~Handbook~~ ~~and~~ ~~Journal~~

~~conscience~~ - materialistic
 lady, if you're Jewish
 you don't need to believe
 in astrology because
 you believe in God &
 God can create miracles.
 See what God is doing.
 a no ~~no~~ place to be
 maybe? better take out
 this part. The lights
 flashed before. I asked
 who was on the light.
 Saw black & white on
 light & on on. Negative
 force I asked, zap #
 2 ear, why faint - or
 air party or is it my
 master? Then I started
 to laugh, asking - the
 light bulb if it were
 my master. I'm
 never alone when I'm
 with a light bulb.
 As a planer a person
 a plant or me.

The place I overheard ~~and~~
 zap #2 must. Psychic
 said some day I'd have
 12 protectors - ~~teachers~~
 she didn't say if ~~and~~ spirit
 or ~~real~~ ~~father~~ ~~line~~ ~~path~~
 I wonder if each one
 represent a different
 energy as the 12 signs
 of the zodiac are 12
 different energies.
~~think~~ ~~that~~ on
 winged light on i of
 different. It's all the
 same if you get high
 enough? I've on i of high.
 See mother ~~that~~ car &
 hair ~~at night~~ while in car -
 I dream something
 dissatisfied about book.
 I have I edited too much
 before it typed? See book
 on y of typed. But I see a
 drop sign on before? I'm
 foggy eyed. I didn't do

the desk lost night. Nat me.
 I did them 2 night ago. See
 nat me on for handle. See
 little light wavy on nat.
 See deep seam & heavy bubble
 on me. The wavy, fades
 away. See strike quiet on
 way. See strike quiet on don
 handle. If I hup on the
 strike quiet, flames on me
 side. I have to do the dishes.
 Wavy on hand. Have on #2 arm.
 Maybe I should. I didn't
 cook. See quiet flames on
 so of cook. Midnight mood.
 What do I expect after eating
 chocolate. Chocolate! Can't
 think of plum yellow very
 bit, at I also saw green
 convertible of owner, too a
 memory trip, a a
 suggestion for future.
 See flames on flames.
 Pinkish on future. Faint
 light. Suggestion? Job

#1 arm on snail (light drum)
~~beauty~~ that clack spot + #1
 arm lights up. See
 beauty spot (?) on door
 handle. Hit a number plate?
 Saw well. wit? Maybe it
 was a chaps sign. Maybe
 it's a painting out sign.
 The last bird I saw X
~~(next to)~~ I saw one of
 those diagonal slant of
 grey energy paint to
 "farewell, adieu" was it?
 A slant on a typewriter is to
 cross through \. See
 red on slant. Also I get
 many #2 film zaps
 to ~~write~~ (a no) on ~~street~~
 "This is the end of me X"
 See striped quiet on end.
 And up " ". Here "no"
 is was it scratching of pen.
 See "Here" on ^{end of} striped quiet.
 Right on! Hear. Sea hear on
 for Knah. Are we language

? are we saying didn't hear,
 or did same faint lies on
don't know, coming out of
also. ~~Adon that is a fan~~
 Mr. has to be clear about
 the don't know in order to
 know if I should do the
 dishes. Leg hurt when I
 thought I must go to blue
 yellow ^{my} house. I don't feel
 like I want to go. Don't jump
 around on playground and
 don't. Want appears halfway
 between wood & chest. Put
 on toe. Things are fast & fast
 today, or I am slow & sleepy.
 slant ~~up~~ up from wood to air.
 Never saw one of those before.
 Since we got the duon one
 clear as a m. I guess the
 up one is a yes. See yes in air.
 Thank you. See quiet on #2
 arm. See No, huh. See on
 wood one. Rent need 2. See other

quiet or, don't ^{know} ~~handle~~. See
 other quiet or quiet. Give up
 that one. See stripe quiet in
 #1 calf. Should I change
 quiet. To blue flowers or
 don't know? Pink + grey
 quiet or pink quiet ball
~~closed~~ of what when I tried +
~~closed~~ my eyes I saw fit
 up in air + so took them
 off. See Calf huts. Chocolate
 striped. See stripe quiet or top.
 OK white to use. See blue
 hairy quiet in lying on or
 white. Do I put anything
 over pillow + mattress?
 See wavy or pillow. Don't
 use. We been fighting
 giving up stripe quiet because
 it's longer than others. I
 refuse to freeze at one end or
 other. Maybe I don't
 need it so long.

Call ~~the~~ C. Go home today.
 Stay to mm. See time on
 door mat. 0 of 90
 magnified. See red author
 on magnified. See 0 on
 # 2 arm. OK. Stay.
 Don't call ~~the~~ C.
 I don't. C calls me. I do
 See photo on a of call.
 Is there someone I should
 call? #

~~Deary of a ~~man~~~~

~~Belchery of a ~~man~~~~

Why
 did I see the bacon on the
 window after I cooked it +
 not before, if I wasn't
 supposed to eat it. Saw fat
 before + cut off fat, see
 blue pen on for.

M said I had a blue aura
 of spirituality surrounded
 by the pink. Spiritual +
 human level. I said to me
 I said I came up this blue +

put in a good luck.

~~things are~~ complicated: got
no's on coffee hat, (but not
I think on coffee. Not too bad,
bitter? Drink sign

I ~~was~~ said I tried to figure
everything out since I'd
think I would take 200
Yes, ~~say we go right to~~
Yes + I'd rather go down
+ the girl up boy was
she ought but if I wait
2-10 weeks, I up already,
things would straighten
up out.

Maybe negative
few will go away, signs
from class like pieces
of coffee hat, not coffee,
+ sweater etc, better
~~seems to be better picture~~

Got many no's on boxes.
John found out there's pig cholera.
~~down south~~ Got no's on
truck before they dis

announced the mercury in
it. I'm connected to ~~some~~
info. ~~source~~. Me mind.

The collective consciousness.

See hairy man's arm on
my arm past few days.

Saw old goldshen ^{fallen} ~~fell~~ on
lawn when thinking about
time I fell off horse and
hurt back. Remembered

many dreams about ~~opt~~
as I ~~shortly~~ ^{got} into bed.

Thinking of X, head winter.

See elongated $\frac{1}{2}$ face, black outlines
on 2013 people.

Wonder what sign N is.

See SCORPIO come out of
her eye. She's a Scorpio.

See wedding ring ~~off~~
some distance off ~~at~~

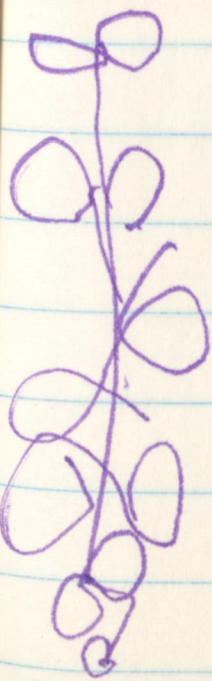
L's hand. Is he married?

Yes, but separated.

Maybe a Scorpio is right.

then NYC when we meet
 this new person, I know
 already. See meet on #
 2nd. See L on on. Is L d?
 He has hairy arms but
 isn't wearing dark
 night green. ~~See last~~
~~shirt on green~~ Should I
 sleep on here. Should
 I. It doesn't matter.
 It does. Drop on dds.
 See steps quiet on other
 bed. Here up quiet.
 See quiet on up. Zap #
 2 to be big

See tomato in tree.
 dash of green. See
 blue flower quiet on thigh.
~~too~~ But no suggestion
 do to which one to change
 to. Use only one? Use 2.
 which one? Forget it. Learn
 it is L shape. See but
 Take all blue flowers



~~But~~ No toot lie directly
 quiet, ~~lets~~ on mattress.
 Pain in leg gone. Sometimes

~~if in attitude get pain~~
~~message.~~

~~Sometimes~~

~~By "I go to ~~toilet~~". So got~~

~~Job # 2 underarm.~~

A way to ~~sever~~ ^{late} see
 rock I'd lain on in

morning. huge image,
~~AA~~ between trees on
 path to ~~the~~ pond.

Keep going. I'd already
gone back once because
of "no" signal + I was
going to the rock by one
hatch when I got another
"no". I got so disgusted
I went to the hand + got
my towel + went to the
pond, despite the huge
rock wrap that blocked
my hatch, + 394 after
"no signal", like the

Gave showering people
 & a fishing rod fairing
 my path. And then?
 Was gained to swim to
 the raft & take foxes

bad (on the raft) light
 up ^{on #2 side} then the case of
 the raft up to all
 the weather. But I
 still went to the raft
 & today I wake with
 a sore throat I can't

~~even~~
~~upon~~ blame the
 spirit the signals
 were clear enough
 I just didn't want
 to be alone on the rock
 again + ~~save~~ my
 life I led in the
 morning because
 they wanted only
 tell me what priest
not to use + not
 what me to use. As

as I walked ~~had~~
~~the~~ ~~how~~ I asked
 only for positive
 suggestion not
 warning & got
 picture of my
 bathing suit
 & the water. So
 feel then I
 have a ^{sore throat} ~~cold~~ & I'm
 sent to death of
 spirit sent to death

seed to death seed
to death seed to death
seed to death seed
today. and not
one zap before
got to the water,
except the one at the
house, not all
the way twice
down, not once
did I get anything
? but picture copying

judges I wish they
change in hell for
 their confessions,
 I'm gonna to be
 the boss of the
 yesterday unless I
 get some help in
 getting rid of the
 negative force.
 I want help help
 help help. I
 want about ~~the~~

(I remember the other
night + last night
about a duplex 2

bedroom apt with
use of a garden for
\$50 a month plus
I put in my own
heat. The only water
was a girl had
died there.

On way home wonder if A
will call when I get
there. ~~Am~~ how psychic
is she? Later at home,
in ~~the~~ John, A calls. She
saw me sitting cross
legged on her phone.
~~She~~ she'll call tomorrow
when she sees me on the
phone. ~~I was~~ She saw
me wearing the shirt
that on under my ~~shorts~~.

a trip snack. He has
bronchitis + is not happy to
angry about it as I am
about see that. Why
is it I think spirits are
being mean to me?
Is it me? Because my
see mother or cause was
going to say father didn't
love me enough. Want
to go to sleep - get magnific
bird on blue + red quills

see it in air, mirror,
 gale. ok. See green quiet.
 See that man. ok too but
 for quiet see city on hat
 in in city get spread
 see it all over #2 am
 get light zap #2 ear
 blue quiet I do go on put
 that on last resort see that
 all over #1 am. See
 spread on sat see drop in blue
 quiet 012 m/f see blue

quiet in a of OK now
have spread on mat

quite so warm also

see it on whom well what?

Get under sheet? See

sheet on m. Have seen

leg hurts off spread.

Have nothing over m.

Had see nothing 2 am

in air near hair.

white, red, green, blue,

white, sheet parts (300
beam

Must buy a new sheet so I have 2.
See must on air near
hair & hair in black.

Asked phone who
should I call to ^{get}
little ^{courses} flat, mess no.

? Draw matter & ~~to~~ o

? before in union ~~the~~

gate. Mean neither,
spoke to o, no need to
wear smock, ~~get~~
sleep on wear, get
under sheet mat on top of

51
Vign my mother's

So fitting, as well,

white fruit, dust 2nd.

See 2nd in air. What

then I not dust, just

stained? 2-6 VGLX

Oh when will I get well

so mother will hurt

my leg. Please!

Please in air now pass.

OK stupid you ate

Chocolate cookie &

chocolate on vanilla

I'd claim I ~~see~~
~~see~~ ~~see~~ see beer
 on i ~~see~~ see beer in
 air. No beer? No. No in
 air. Actually my son / can
 of beer on i, had a. oh well.
 See can ~~tap~~ on # 2 bars.
 Don't like me drink metal
 can. No metal on gate.
 Always ~~buy~~ bottles myself.
 Bought beer ^{twice} ~~me~~, got
 bottles.

I asked the bhai who

called when I came in, ~~there~~,

~~no answer, and~~ mother

~~that~~ ^{hair} jump around in

Chair, see sign for ~~in~~ on

phone, deal. means no. ~~Sign~~ Sign

~~in order of~~

W also up to ~~in~~ ^{flat} size of room

muffin, ~~package~~ ~~flat~~

~~flat~~ ~~ones~~ ~~not~~

~~luncheonette~~ ~~ones~~. See

them on velvet string,

in air, wonder what

to eat if not that. Few
 throat gone. Loed in head
~~now freeze, sneeze.~~

Go to lunchette eat
 regular corn muffin
 w. jelly + sneeze ^{not after.} Go
 buy package flat corn
 muffin + jelly. No on
 jelly. Try it. Sneeze again.
~~than out~~ ~~sneeze~~ after
 jelly. than out jelly. too
 you. Have corn

muffled later we
 felt don't merge.

~~not~~ see A. say why
 don't print say then
 a review of that cal?

can't swim, ~~not first~~
~~instead of channels~~ see

word bug on gate.

~~that's the first time I~~
~~was here~~ ~~that's the~~

the first word I remember
 seeing on gate that I

haven't written. ~~Said~~

I have asked the spirits to

give me words like

if they showed the rock

say go on it or something

clearer. I thought maybe

they ^{us} see orange light on

Spirits they want to be

called angels ~~in some~~

could only show me

words I wrote a thought or

Said ^{maybe} it had to be from

ing mind, not cheer.

~~zap~~ See mind on gate.

not mind, pain? well

I got che's hug. ~~Deanna's~~

~~in with C. he's later~~

~~Hamburgers. We do up~~

~~today. That was it~~

~~Ray~~ Call on divine

healing energy, help

not get rid of terrible

so mucous or e of

? terrible headache drums

- hollow place ~~just~~ above
 eyes on side of head, where
 stomach & gas bladder
~~front~~ meridians are.
 get some energy. head
 starts go to sleep.
 The meridian energy
 could ~~not~~ ^{act} enough ~~to~~ in
~~chest~~. ~~So~~ ~~far~~ ~~as~~ ~~the~~ ~~right~~
~~system~~ ~~that~~ ~~can~~ ~~be~~ ~~come~~
 over ~~head~~ ~~chakra~~ ~~mette~~
 can ~~improve~~ ~~it~~ ~~trapped~~

See ~~cat~~ see come of hnes.
 But for ~~the~~ ~~sp~~ Angels

didn't want me to have
 coffee, then half out,
 the sink or the wastebasket
 also is what I do with stuff
 I shouldn't eat but do

~~Some of:~~ Had 1 orange, saw
 despite ~~count~~ orange on ceiling
 felt sick after it. ~~For~~
~~you~~ ~~saw~~ ~~I~~ ~~saw~~

So then I saw the lads

P rayer ~~to~~ ~~clear~~ ~~me~~ I got
 to ask us this day

(dust or gate)

59

air dust head + saw a

~~corn~~ flat corn muffin

on ~~head~~ head. ~~Just~~ OK,

last, does that mean

plus light (no) see

no on char + thumb

^{and} see thumb ~~on toe~~ come out

of fleshy part of toe

anyway. No on flat

corn muffin muffin

in air I smell on

other side in air, gate

describing up velvet
 string. Wonder if
~~things~~ I could see
 silver & copper telephons
 wire inside ~~the~~
 telephone curly cord,
 (concentric concentric);
 all silver concentric
 ? Some some say some
 on main set copper
 & silver not silver but
 that coin)

dreamt about C. This
morning - 2nd time,
in fact. Is he coming soon?
See soon on gate.

Reading NY Times ~~see~~
see words light up
angels business
middlemen. Is the
business of angels
that of middlemen between
me & higher forces?

See ~~no~~ signs on business.
~~light~~ winged light ~~blast~~

an middlemen & business.

See business on gate.

~~Actually~~ I'm pretty cheap.

I keep waiting for

someone with tiny scissor

so I can cut my toenails

I can't have to buy them.

If I'd had them they

would have been ripped

off. ~~Anyway~~ You

decide which refers to.

~~What~~.

See boat in air. See tomatoes
on boat. What's all this.

Who is this tomato I saw
in the trees on my boat.

Saw boat when I was
up. Don't write? Red on

I of write. Why dear?

Dear drops off lace cover

on ~~boat~~, ~~it~~ will

crate. That holds me.

If I'm lying staring at a

tissue box & see boat

in a of facial should I
write about the facial

I ~~just~~ had? skin feels

dry. Angels didn't like

it I see dark brown

facial color around

round red on tissue

by. Angels don't like

untanned either.

Took a B complex against

Seo had on against.

Nuts to you nuts

No 2 bedroom duplex
 I dreamt about Wason W10
 ST. The 3rd floor, storage,
 was attached to a factory
 where they put buttons
 a zipper on ~~them~~.

blouse

† See brain about

7 brain word at gate. Wiring
 of light on is. Call B.

7 ~~Atttt~~. See E on a of call +
 her apt dm on B. Go to

E's door + call? ~~the~~ Eat supper

with E. See light on with. (no)

~~E's door~~ See (no) on gate.

Walden
Milton

Magnificat lat. Yes.

Walden yes. Yes on gate lago.

Think of making

~~See~~ Light gets brighter

on "I thought it was purple".

See silver + oriental rug on

ward "gets". Everything in here

turns pale magenta - pink on

thought "you mean it was a

purple top? And I didn't
 have to give up the apt? See
 light on give up. See give up on me
 I see I'm discouraged. It seems
 everything is different. I see
 colors, magenta blue range
 down #1 side. I see blue
 gray cloud from ^{pink} flamed
 pillars - I'm not supposed to
 use these but write about
 them because I see them on
 Ven print. Dts of discouraged

floats in air. Saw apt floors
 of apt I gave up ^{zap #1 am} on finite of
 definite + floors of sand
 room in wood own. ~~see~~
~~card + e in on coats~~ In

carried. OK. a 2 bedroom
 rent controlled apt for 150 I gave
 up. Ouch. Drop on arch.

My vaginal suppositories
 for trichomonas were ripped
 off at my doct they rip off.

Can't believe! I print

~~could~~ I called you angels ~~to~~

~~I said~~ ~~me~~ ~~like~~ ~~decide~~ it

to want me to use them.

Said to said's (ad's), you

wouldn't tell me about

the apt before I asked you

in the light dimmed oh

nuts what does it all

mean anyway except

in contact with a

light hull & frame

fantasy about making

love to someone we're
 so close our bodies really
 seem to ~~merge~~ merge & I think
 that acid & the light dim
 & then I ~~figure~~ ^{as} there ~~are~~
 many people that hug &
 the lights dim. & ~~I'm not~~
~~sure~~ see ~~del~~ ^{clear} green
 quiet turn bright clear
 green. Same color as X's
 shirt & ~~that~~ ~~is~~ ~~in~~ ~~green~~
 in vision. Hand log #1
 eye.

eye of horse in picture are
 magenta. That's me. Purple
 image. Yesterday saw a
 postcard in the air. Today
~~there~~ ^{it} in my mailbox.
~~Maybe yesterday~~ It came in
 mail. (dont)

Day 4 of wed. Wake up w sore
 throat feel very awful. So
 much mucus & I'm still
 eating crummy diet bread
 muffins. ~~Have egg~~. See

? fenugreek tea bag in air.

It retards mucus. Don't

find that out til after I

have fenugreek tea, ~~read~~

~~about it in Bad to Eden -~~

~~about it words a~~

against Sad's wishes,

Sad = spirit, angel, devil.

See farm on wishes. Right

dims. OK I bought it

but I won't eat it. I promise

No butter either. Wad

Carrot for dinner, ^{let} soaked
 in safflower oil, ^{cut on the} ~~macrobacteris~~ ~~slot~~

~~cut on the~~ ~~start~~ ~~macrobacteris~~

~~position~~. Must eat more carrots.

9 I seem to digest these. Magnified
 o bubble on o of mac. See
 mac around # 2 wrist. ~~Both~~

Tomorrow? The next day. Saw

2 days on ~~that~~ # 1 side

intestine ^{on} ~~position~~ See word

intestine across organ I was

wondering about.

I was having sex fantasies
 about ~~me + me + pedo suddenly~~
 about A + saw him ~~above~~
~~in~~ right up my #2 arm and his
 head at shoulder level + ~~the~~ the
^{sado}~~ist~~ wanted me to stop + I
 wouldn't like on the mental
 picture I had of ~~the~~ ^{him} ~~man~~ he just
 dropped out - it of another of the
 2 of us together half ^{me} & half him
 his half just went blank.
~~like~~ I guess I shouldn't

fantasize about her. ~~the~~

The news had anyone

disappear so completely all

at once like that before

or at all in any way from

my images. ~~the~~ see

green shirt down across gate,

That's a no. ^{boat} still see

hairy arms ^{supplimented}

on mind is much. Plunka

than mine & ~~has~~ hairier

last night but not so big

as hairy as before. I guess
~~the~~ the owner of the
 hairy dunes was the owner of
 the when I saw them - it was
 the night the moon was in
 his moon - that's when he
 wrote to me. photos when it
 was. ~~Right~~ ~~Right~~ ~~Right~~
~~thoughts~~ - see ~~two~~ telephone
 on owner - did he call?
 Did he call - Zap on the #1
 dunes gets brighter. Is he

going to call? Zap on toe.

~~See phone~~ See word zap on
gate. Zap is negative?

Or don't use that word? See

~~part of~~ nega in air. See

code bubble magnify

around air. That's a no.

"I heard" & "called you on the phone"
after taking a bite of ~~prune~~^{prune}
of prune Danish,

~~a lot of~~ ~~the~~ ~~use~~
going

A snake of a ride to ~~that~~
 Colorado. Saw Colorado painted
 on #1 along edge of #1
 upper arm, ~~the~~ ~~not~~
 & coming from picture
 on wall when I just saw
 on my big toe & picture
 on gate. ah got I think
 we're getting closer.
~~Picture~~ (all pictures)
 on wall, trees, ~~gate~~
 where ^{are} ~~are~~ all No 12

8 79

Saw again my
grandmother made me
on ~~had~~ & when I ~~found~~
~~out~~ ~~it~~ no longer
have heard of it
purple color, on hem
of smock I found on
sheet. Hem has orange
on it & I saw that color on
~~stay~~ ~~along~~ post it had
been hanging on after
smock gone. See velvet coat

on hanging. Hang it out
here to look out. Drop on
out. Hang ^{print out} ~~addresses~~ on board.
Fold it up ~~and~~ zip # 2 am.

See blue & white sweaters
stolen from me on road. I see
that it was stolen a red it I
wore it. Clean coat? Take

out lining? See lining on
1 am See blue & white
and the sweaters in bag
hunkle in air. All these

lost regret day? I'm not
gonna go through another
one of past regrets + future
fears about dates mess
silver linkers appts etc -

~~my~~ See lining on
u of future as it now.

Now ~~to~~ out of stomach tube,
(one next to heart)

?

hood off next one or 2. OK

hood off, lining out +

shorten it. Go to closet

to look at ~~stitches~~ ^{Sutures} for wrinkles. Hear

what say no red. ~~but~~

See green huckle leaves ~~leaves~~ ^{hips.}

Got so mad after day

on rock when I saw

new print on thigh after

I cried etc I smoo up the

palm which went somewhere very

like

I want to be stronger

stronger than rocks quilts

& stronger " " sheets

stronger " " stripes & pleats

" " " " reds blues

" " " " colors of my hair

Went to a healing session -
~~stronger than blanket &~~
~~pillows~~

~~stronger than pants~~ ~~shirt~~
~~stronger than~~ ~~shirt & sweater~~
~~clothes that hurt~~

~~stronger than pants~~
~~pillows & shirt & shoes~~
stronger than sneakers &
boots & socks

stronger
stronger than ~~boots~~ socks
stronger than ~~socks~~ about
stronger than socks.

0. In the air many
feet away from the
body - ~~stronger than~~
~~boots~~

The stronger was I felt
better when I came home &
related. The light will
diminish me ~~stronger~~ I prayed

Went to a ~~few~~ healing session -
~~the~~ makes passes with their
 his hands over head &
 shoulders & then shake off
 negative energy ~~#~~ - stopped.
 abused by ~~eggs~~ crazy juice
 + white ball with eggs, -
 got very painful + also
 got ~~from~~ ^{spain} muscle pain
 across ~~back~~ ~~in~~ shoulder.

Saw the image ~~of the~~
 of the #1 arm & part of head
~~of the person who had healed~~
 of the person who had healed
 me in the air many
 feet away from her
 body - ~~and I had it as a~~
~~leaving her actual~~
~~body.~~

The ~~stomach~~ was I felt
 better when I came home &
 rested. The lights were
 dimming me crazy + I prayed

to the master for guidance
& they stopped. They're on
again now. Also I
experienced ~~in my~~
~~case~~ that burning dry
heat ~~at the~~ along
the outside of my calf.
I ~~also~~ get a little
frightened when I feel
that - I'm afraid I'll have
to go through more pain
to ~~get~~ pain on gate, plus
to ~~do~~ somewhere, to clear
out my leg. I went
to the healing session, it
seems, against so against
on gate, the advice of my
spirit. ~~Today~~ I was
~~by~~ wondering what
a master would do in my
situation & smell fenugreek
tea. So this ~~A~~ today I had
some but after seeing
the tea bag, put & tea jump
all over the place

I saw the bread on my #1 arm,
 the faeces in the air, the
 smell in a waste I used on the
 eggs. So I ate the raisins
 from the bread until they
 began to jump around. I ~~then~~
~~had to stop~~. I started to sweep
 but the pain in my large
 intestine got fierce so I
 lay down again wondering
 what to eat since I get
 negative on everything I
 think of I don't fast.
 The raisins I eat on fast.
 Saw every on gate. OK who
 suggest something then.
 The place that hurts most is
 the spot that ~~was~~ had
 the words "two days" ~~written~~ on it
 2 days ago. ~~red~~ ^{red} on ^{intestine}
~~eyes~~

I just started to chortle some mo when
 I got this sharp pain in the
 joint of my arthritic #1 finger.

Dawn streak of grey lily
Diagnosed ~~as~~

~~on~~ on pair + intestine.

Line? Gall? Pancreas.

see gold
light on
gall +

~~gall~~ gall on gate. ~~the~~ ~~part~~ of
line on gate, ~~gates~~ gates on
gate on # 2 arm. Fat on
intestine, also wavy lines.

~~See magnets~~
Had ~~small amount~~ 1/3 cup
Lump of ta. muscles
membrane duct up -
dreamt I was in house
too small inside. See yogurt
container on "one" then I should
eat. I think I should on phone.
eat magnified + wavy on gate.
that dream? dream large +
translucent in air.

Note spiritualist meeting to see
if I'll get messages to when
& when I'll meet this new
lover. Lover on gate. No lover?!
No message. See see cream
2 swaps in dish off bible. Have



some before I come home. ~~at~~
 Went + hurry when I get home
 eat square out of raisin
 bread. ~~was~~ raisin corns out
 of esophagus. Herd birds
 Pray: See results on "end"
 So now what do I do? Negative
 on palmist. See negative #2
 Underarm. Oh - saw Sunday
~~work of morning~~ scene on velvet
 string, so I guess I should have
 stayed home. See negative on
 phone. Go tomorrow. Or another
 day. Tomorrow on gate - next
 week. Next on gate. Hear there.
 See it in air. ~~From~~ air on phone.
 Tues. Wed. Red hood last
 Light dim on tomorrow, see Jan
 velvet string. See magnifying
 bubble over negative. No gate.
 Blood gate. See palmist another
 day. See palmist & X's place on
 mirror. Then to reddish light
 where X's place was. 9

~~words~~ then thought about X's
 place + county. Smell here a
 few trees in natural. Family
 home? Upstate? Woodstock?
 See mezzle line across
 upstate, upstate on gate.
 Big magnifying bubble
 on upstate. Magnifying
 bubble earlier on ~~the~~ thing. thing
 on gate. Down south. People
 on south. New Jersey.
 Zap #1 in new. old Jersey.
 See C face on gate. Exploding
~~big~~ zinging zaps of white
 light surrounded by black-
 little bubble of explosions
ant ~~of~~ mark. I heard was
 exploding heard burst
 after day, could feel zingies
 across room like little 5/8
 shots. Coat & gave me, same
 thing. See X on flash. See
 here on gate. See red + blue
 quiet on happening.

Foot in spurs - face looks good, also ~~as for~~ prints

What do I weigh? 110 ~~lbs~~ out of belly. 109 on scale. when ~~is usually~~ 2 lbs over.

Since we had this coast + stopped eating meat, very little smell, my eyeball ~~to~~

Saw him surrounded by blue by gold ~~to~~ ~~so~~ gold on head yellow circles ^{above} ~~head~~ ~~after~~ as I walked by mirror after healing session.

Sweet + full smells of Emergent tea.

~~that of~~ "I didn't eat for 2 weeks" I hear metallic sound.

See quinslene + name in county book along it 2 am. ~~to~~ ohhought "Well you told me I couldn't do X + the county ~~to~~ bath" - hear metallic dit, ~~also~~ light dries even though

magnifying
glass
on
0

its aff. Is a ~~lot~~ metallic dit,
 as if energy hitting metal,
 a no. Lights do funny things
 not dim, not bright. ~~See~~
 wood light on picture. a no to a
 no. Lights do lighter-dimmer
 thing. See lights on phone,
 written in light. Will X call.
 See phone dead circuit X on gate. No.

Am I moving. Am I staying here.
 Am I moving to 4, 1.

Moving across #2 tit. Paged
 2 sub rent against ~~the~~
 address (rent figures in air)
 because of disposers.

~~To~~ had New money
 1 - no behind. Also
 had phone bill against
 huge distance -) suppose
 it (and) used a personal
 check instead of a
 cashier's bank check ~~and~~

The Caber in an frigate.
 Have some opium. I'm
 deep blue head along #1
 arm. See long ^{tawny} haired fellow
 in street with ~~animal~~ sheet
 purple & tawny sheet - sueding
 it binds together & it
 looks like he's a lion.
 #1 hand puppy. Am I on
 acid, is coffee? + sheet I
 was during healing so
 full of heavy rite I can't

next it up. I mean it
 feels heavier than other,
 & heavier goes right to
 arm I have to shake
 off that energy after I
 tried it. See dungarees
 wanted. Don't I guess.
 I need to have my my
 dungarees help ~~clean~~
~~of the~~ place in cleaning
 them. Buy new pair
 blue & chest ~~on~~ ~~of the~~

to June men fence
tea dry up head. led on gate.

~~No wonder~~ the spirit cost

? let me while paint gate they

want at a clear metal

field. they're easy. they

also wanted me to pay off

I was sent when the

dispatcher said 2 more due

? plus I am another. I just

had to get another checked.

Maybe I'm wrong - because

of rent stores? strike up
 character has of gate a new
 form usually the word just
~~so~~ appears on the gate as
 the written it only larger.
 If they're writing a word
 it is nearly printed.

The last 6 lbs ~~has~~ with cold
 hope it stop off I can now

wear my new ^{7¢} ~~7¢~~ used pants.

I saw ~~the~~ ^{his} fare on 3 ^{with} books.

Show them to him. Some

one she's face? Leo also on me
#2 breast.

my dungs are expelling
heavily. I wonder if they can
be healed?

Aspirin sign on velvet card.
can see energy leave dungs
like ^{soda} fizz ~~from a tube~~
plus ~~little~~ light in blood
circle dots. ~~When I~~
~~concentrate on them~~
~~I send energy from~~
~~my bed eye.~~

Close my eyes. See D's
name written out in my
handwriting - I mean
could he name & are
they forgetting? His sign
was next to his also his
sign.

Thoughts ~~see~~ blue + yellow
on sign. C is coming soon?
Drabs off like water #1
side head. Yes. No. No.
Drop on yes.

Hungry. Meh? Nose turns
 white. Eggs ~~egg~~ ~~egg~~
 word on wrist #2 - head
 with evil radius word
 ↑ in diagonal up in air,
 bacon & fat come out
 of tail, bottles that idleness
 cream cheese skin wrinkles
 on #2 hand bread on
 x of wrinkles In
 hungry. ~~fast~~.

Don't eat. Cream cheese a
 mil on don't.

Had milk.

Immort seeing as much
 print out on arms. Things
 since ~~last~~ night I came
 home from healing session
 + saw X's name ^{near} ~~on~~ top
 outside ^{from paper} ~~edge~~ of bag of
~~apples~~. I fasted the next
 day, ~~mean~~ is that why
 things are weak, a bit
 expelling from the healing?

99

[Faint, mostly illegible handwriting on lined paper, possibly bleed-through from the reverse side.]

[Handwritten text in blue ink at the bottom of the page.]

914-783-9204

Sauell field sta 17 nor

No 691-0682

No 2
No 2