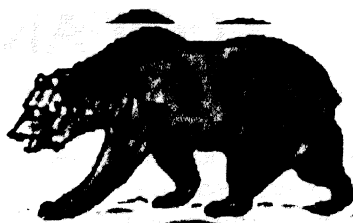


# Bear

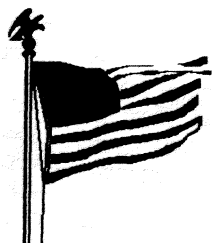


# Facts

Volume XLIII No. 9

Bulletin of UCSD OCEANIDS

June 2005



UCSD Oceanids Newcomers Committee and  
The Friends of the International Center  
invite you to the

4th of July Picnic  
at

The UCSD International Center  
5 p.m.



Menu: Hotdogs with buns and condiments, Baked Beans, Potato Salad, and  
Coleslaw, Brownies, Watermelon  
Wine and Lemonade.

**COST:** \$5/adult and \$3/child 2-10 years.

You **MUST** make reservations by June 30th

Parking is **FREE** on the UCSD campus on July 4th (Monday)

Bring warm clothing if you want to watch fireworks at the beach after the picnic  
Bring flashlights if you wish to walk to the Cove to watch. We will provide information  
and maps on watching fireworks including where to park and where to go.

For more information, see page 4 and/or call Liz at 858-454-6858 or  
e-mail Georgina: [gbsham@san.rr.com](mailto:gbsham@san.rr.com)

**BEAR FACTS**

is the newsletter of Oceanids, a UCSD campus organization. Published monthly except July, August & September. Letters to the Editor and articles of interest to UCSD are invited.

ALL SUBMISSIONS FOR CONSIDERATION MUST BE RECEIVED BY THE EDITOR NO LATER THAN THE 15 th OF THE MONTH FOR THE NEXT ISSUE.

Please address all submissions to:

Oceanids/Bear Facts  
International Center  
9500 Gilman Drive  
La Jolla, CA 92093-0049

or **better Email to:**  
**oceanids@ucsd.edu** and  
**renright@ucsd.edu**

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**E-MAIL**

[oceanids@ucsd.edu](mailto:oceanids@ucsd.edu)  
and also please to  
[renright@ucsd.edu](mailto:renright@ucsd.edu)

NOTE: All phone numbers are area code 858 unless otherwise noted.

**BOARD OF DIRECTORS****Honorary Chair****Co-Presidents**

(Oceanids Awards)

**First V. Presidents**

(Fall Brunch, Spring Lunch)

**Sec.V. Pres. (Membership)**

(Directory updates, computer coordinator)

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Asst. Rec. Secretary

**Treasurer****Financial Secretary**

Asst. Financial Secretary

**Nominating Comm.**

Corresponding Secretary  
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Interest Groups Coordinator  
Newcomers

Undergraduate Service Awards  
& Foundation Scholarships

Money Books

Bus Trips

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**Drawings**

Buildings & Grounds

People to People

Emeriti Assoc. Liaison

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Friends of Int. Ctr.

Friends of Library &

Friends of Music

Friends of UCSD Health Care

Friends of Theatre and Dance

Retirement Assn.

Historian

Refreshments

Sunshine Committee

Friday Café

Holiday Party

**Chancellor Marye Anne Fox**

Jane Takahashi..... 622-1993

Ady Rosenblatt.....453-4626

Margaret Acampora ..... 459-8123

Judy Skelton ..... 456-0930

Mary Dashen.....457-4631

Madeleine Rast ..... 453-8223

Sylvia Bai Somerville ..... 760-753-9304

Dyanne McIver..... 534-8490

Estelle Shabetai ..... 459-3546

Mary McIlwain ..... 454-4857

Linda Smith.....677-0711

Barbara Bank, D. Ann Fanestil, Barbara

Scholz, Bernie Sisco, Molli Wagner,.....

Eleanor tum Suden

Eleanor tum Suden.....587-8865

Maxine Bloor ..... 459-7665

Carole Ziegler ..... 619-297-0798

Liz Fong Wills ..... 454-6858

Georgina Sham ..... 459-1336

Carol Schultz ..... 453-0458

Maxine Bloor ..... 459-7665

Barbara Starkey ..... 453-0779

Jean Lindsley ..... 453-4043

Roswitha Enright ..... 459-7375

Jean Kramer ..... 453-0379,

Laura Galbraith, Ellen Revelle, Carol

Schultz, Elibet Marshall, Lucie Walther,

Ilse Warschawski, Maxine Bloor, Jean

Lindsley

Elibet Marshall.....459-5246

Candace Kohl..... 259-1903

Carole L. Ziegler ..... 619-297-0798

Ady Rosenblatt ..... 453-4626

..... (needed)

Candace Kohl.....259-1903

Maxine Bloor ..... 459-7665

Sallye Krause ..... 755-3245

Barbara Fitzsimmons..... 453-5787

Pat Kampmann ..... 454-1856

Maxine Bloor ..... 459-7665

Jean Kramer ..... 453-0379

Bernie Sisco.....481-1310

Barbara Starkey .....453-0779

Mary McIlwain, Maxine Bloor

**BOARD MEETINGS** first Thursday every month at the Oceanids Pavilion,  
International Center, 9:30 AM social, 10:00 AM meeting  
**You are welcome to attend!**

## President's Message

Thanks to an extremely supportive Board and the help of Co-President, Ady Rosenblatt, I had a wonderful Oceanid Year. In satisfied reflection, I would like to share some thoughts.

Our 2004 Fall Kick-off Luncheon returned to our "home" at the International Center. The atmosphere created by our vice-presidential team was both fun and relaxed. It was a great place for visiting with our friends after a long summer break and greeting new members.

Sounding Board, our monthly speaker luncheon at the Faculty Club, was ably scheduled with noted San Diegans by Barbara Baehr. We learned all sorts of fascinating information: for example, the Museum of Modern Arts plans for the downtown Santa Fe Station site or what is happening economically in the Far East or why perceptually we see "cars' wheels go backwards in movies". Sounding Board continues next Fall, first Thursday of the month at noon.

Our Holiday Party was a joyous event. Can you believe our members spontaneously danced to a Klezmer Band, sang carols with the Lakoffs, and marched around the room following Peter Rowat, playing "Auld Lang Syne" on the bag pipes?

Our finances which support scholarship and service awards are in good shape thanks to a series of fund raisers. If you didn't attend our Theatre Party this year, you must next year. We put on our theatre going clothes, trounced to the Mandell Weiss Theatre, drank wine and got educated about the behavior of the courtesans in the 1700's which resembles 21st century behavior. The annual Museum Bus Trip earned us more money. We went to the Huntington in Pasadena. The gardens are extensive and the number of museums are impressive. And our bus crowd was gay, maybe raucous. Where shall we go next year?

Our club members shared with the Newcomers the reasons why we love living in San Diego. We went whale watching, camped out in the desert, tasted wine, visited homes and gardens in La Jolla. Coming up is our annual Fourth of July celebration at La Jolla Shores.

And not to be forgotten, the myriad of interest groups continued in good spirits. Books read, Spanish and French conjugated and conversed, Money invested...and group dinners enjoyed ...plus more.

Read your next Bear Facts (October 2005) to find out what is going on with the Oceanids. Remember to invite your friends who want to support our University to join Oceanids. See you at the Fall Luncheon, if not sooner.

Jane

## SAD BUT TRUE— NO BEAR FACTS IN JULY, AUGUST AND SEPTEMBER

### **PERSPECTIVES ON OCEAN SCIENCE**

**6:30 pm to 8:00 pm  
at the Birch Aquarium at Scripps  
2300 Expedition Way**

**Monday, June 13**

### **Scripps Center for Marine Biodiversity and Conservation**

**presented by  
Nancy Knowlton**



**Monday, July 11**

### **Exploring Planetary Interiors**

**presented by  
Catherine Johnson**

**Monday, August 8**

### **Southern California Ocean Observing System**

**Presented by  
Eric Terrill**

.....  
*Please think about making a contribution to Bear Facts over the summer. Write about anything which interests or interested you. It will surely interest someone else. Write about a special person, about funny happenings in your life, a kindness which meant a lot, travels -good or bad, your career, etc. The easiest for me would be the story in straight e-mail (addresses inside first page of Bear Facts). But you can also mail them to the center, c/o Bear Facts. Just write. Thanks!! Editor Roswitha Enright*

### **Volunteers needed for UCSD clinical trial**

Dr. A. Fronek has developed a noninvasive method to evaluate the status of the vascular system especially in patients with coronary or peripheral artery disease, hypertension, hyper-cholesterolemia and diabetes. The procedure is completely painless and takes about 40 min. It will be conducted at the clinical trials facility located at the end of Osler Lane, UCSD. Free parking is available. **Persons preferably with past or present coronary disease, diabetes or hypercholesterolemia and above the age of 50 are encouraged to participate.** Volunteers will not be paid but will be told about the result.

Please call (858) 534-4270 for additional information.

## 4TH OF JULY PICKNICK

Please fill out the reservation coupon, enclose with your check made payable to "Friends of the International Center" and send to: UCSD Friends of the International Center, 9500 Gilman Drive, La Jolla, CA 92093-0018. Your **nametag-reservations** will be held at the door.

First & Last

Name(s) \_\_\_\_\_

Name(s) and age(s) of children \_\_\_\_\_

Telephone \_\_\_\_\_ # adults (@\$5) \_\_\_\_\_ # children 2-10 (@\$3) \_\_\_\_\_ Total enclosed \_\_\_\_\_

Please send to: Georgina Sham/ 5744 Bellevue Ave/ La Jolla, CA 92037

### A traditional All-American INDEPENDENCE DAY!

In small towns all across America, the morning of July 4th is spent sitting on the curb of Main St. watching a parade, followed at dinner time by a barbecue with hot dogs and watermelon, after which they'll go watch fireworks.

Please join us at the International Center for a picnic dinner at 5 pm, and watch the fireworks at the Cove or the La Jolla Shores Beach. The Cove is in downtown La Jolla, and parking is impossible unless you arrive hours before. If you come to our picnic (see coupon above), we will have information about where to park and where to go to watch the fireworks.

-----  
**FOR RENT:** 9/14/05 - 10/28/05. 2000 SF flat; 1 bdrm, 1 den w/murphy bed, 1 office, 2 baths, 2 decks, 1 ocean view, 2 CATS. Adjacent to LJ library. \$2000 per month. Contact Mary Cutchin, 7533 Draper Avenue. 858/459-8074 email: marycutchin@yahoo.com



### HOSPITAL GARMENT

A less flattering garment could hardly be found  
than that hospital gown that wraps around.  
It wraps around, and ties, that's true  
But leaves exposed a lot of—YOU!  
If it tied, instead, round under one's face,  
One could clutch it together  
With a bit more grace.

*Ellen Reinke*

### Job-sharing partner needed from August 2005

Work in downtown La Jolla, minutes from the ocean, manage phones, mail, e-mail, no typing, flexible hours, paid parking. If interested, please e-mail: [luclark279@yahoo.com](mailto:luclark279@yahoo.com) or call: 858-483 8934

**Sounding Board** is starting up again in October under the new management of Molli Wagner. After the Board meeting on the 6th of October we will get our lunch at the Faculty Club as before and listen to a talk by Jackie Speier, a California State Senator who is, rumor has it, going to run for the office of Governor of California. The title of the talk will be announced in October's Bear Facts.

### BRIDGE ANYONE?

We are a very congenial group of Oceanids and we are looking for some people interested in playing with us. Our group has dwindled to the point where we have problems getting a three-table game together. We are playing on the first and third Tuesdays of the month from about 10 am to 3 pm at the members' houses. We bring our lunches and no food needs to be provided by the hostess, only something to drink. Every player hosts about twice a year. You don't have to be a super player to join, as long as you enjoy the game. Please call Barbara Bank at 858-484 4597 or better e-mail: [barbara@sdna.ucsd.edu](mailto:barbara@sdna.ucsd.edu)  
Thank you.

# OCEANIDS' INTEREST GROUPS

Interest Groups are the backbone of our Oceanids organization. They are here to meet the many varied needs of UCSD families, especially those new to the UCSD campus, and the community. If you do not find an activity you would like to participate in, please contact Carole Ziegler, Interest Group Coordinator@ 619-297-0798. If five or more Oceanids wish to start a new group, please let Carole know so we can inform other members. All we ask is that your members be Oceanids. If you are not yet a member of Oceanids, please consider joining us today by calling Madeleine Rast, (858)453-8223 or submitting the application form in this issue.

## AVI SET BIRDERS

*Contacts: Sidney Bagley (858)455-1477, Lou Bowles (858)755-7102, or Joany Mosher (858)454-0017*

Our birding group meets promptly at 8 a.m the second Monday of each month during the academic year. The La Jolla group will now meet at the corner of Dunaway Drive and Glenwick Dr. in La Jolla, and the north county birders will meet at the home of Lou Bowles, 13040 Caminito Mar Villa, Del Mar. We carpool from these locations and visit sites around the county. Members will be called.

**Next outing is June 13**

## BOOK GROUP

*Contact Odette Filloux, (858) 453-0749*

**June 14**, at 9:30a.m.: we will discuss "The Good Soldier: A Tale of Passion", by Ford Madox Ford, and it will be reviewed by Professor John Halperin. We will meet at Odette Filloux, 8402 Sugarman Drive, La Jolla. Telephone Odette if you need directions. We hope to see you all.

For other questions call either Odette, Sally Kroll at (858) 453-1322, or Carol Schultz at (858) 453-0458.

## CAFÉ ESPAÑOL

*Contact: Judy Vacquier, (858) 459-7834*

La próxima reunión de Cafe Español será el miércoles, **1 de junio**, 1:30-3:30, en la casa de Miki Pappone, 1865 Soledad Avenue, La Jolla. Favor de contestar a Miki 858 459-5864, mikip@san.rr.com o a Judy 858 459-7834 (jvacq@san.rr.com) si puede venir o si tiene preguntas.

## CAFÉ FRANÇAIS

*Contact: Hulya Saygin (858) 350-8081 ou Diana Vines (858) 459-8248*

La dernière reunion de Cafe Francais sera chez Gusti Simmons, 4074, Avenida Brisa, Rancho Santa Fe, le **8 Juin 2005**, a 1:00 pm. Veuillez telephoner a Gusti (858)- 756-5415 RSVP.

## CINEMA SOIRÉE

*Contact: Laurette Verbinski, (858) 453-4699 or Roswitha Enright (858) 459-7375.* We meet on the second Sunday of each month at 7:00 p.m. for socializing, and movie discussion will start at 7:30 sharp. For information call Laurette or Roswitha.

**Next meeting June 12.**

## DAY BRIDGE

*Contact: Barbara Bank (858)484-4597 (barbara@sdnucsd.edu)*

We meet the first and third Tuesdays of the month at various members' homes. We start at 10 a.m. and usually end at about 3 p.m. Everyone brings their own lunch. The hostess only provides drinks. Call for information.

**Next meetings: June 7 and 21..**

## DEVILISH DINERS

*Contact: Mary Dashen (858) 457-4631, fax 457-4371, or mdashen@san.rr.com.*

**Next meeting is going to be the Fall Brunch in October.**

## ENVIRONMENTAL CONSERVATION BOOK GROUP

*Contact: Judy Vacquier (858) 459- 7834.*

Environmental Conservation Book Group: This group will meet every two months on the **FOURTH FRIDAY** to discuss a book on environmental conservation and related topics. The next meeting will be Friday, **July 22**, in the conference room at the Birch Aquarium at Scripps. Bring lunch at 11:30, discussion starts at 11:45. The book will be *The New Consumers: The Influence of Affluence on the Environment* by Normal Myers and Jennifer Kent. The book for Friday, **September 23**, will be lighter reading for the summer: *In the Kingdom of Gorillas: Fragile Species in a Dangerous Land* by Bill Weber and Amy Vedder. If you are interested, contact Judy Vacquier, 858-459-7834 or mailto: jvacq@san.rr.com



## EVENING BRIDGE

*Contact: Barbara Bank at (858)484-4597, or e-mail (barbara@sdnucsd.edu)*

The couples Evening Bridge Interest group meets at 7:30 p.m. on the fourth Saturday of the month all year long at one of our members' homes. If you wish to play on a regular basis, or just occasionally, please contact Barbara Bank.

**Next meeting June 25..**

## GARDENING GROUP

*Contact Mary Lynn Hyde 858-488-9283 mlhyde@san.rr.com*

If you are interested in assuming leadership of the Gardening Interest Group, please contact Mary Lynn Hyde for more information.

## GRACIOUS AGING

*Contact: Elibet Marshall (858)459-5246*

This group has an age limit; you must have lived 80 years to participate. We meet at Ellen Revelle's home on the first Monday of the month from 11 a.m. to about 2 p.m. to discuss various associated subjects. Pure spring water is provided. You bring your own apple (lunch). Call Elibet for details.

**Next meeting June 6.**

*Report from the  
Gracious Aging Group:*

*Growing old is mandatory;*



*growing up is optional.*



## HIKING IN AND AROUND SAN DIEGO COUNTY

Contact: Roswitha Enright (858)459-7375

We meet at 8:30 a.m. on the second Saturday of each month (October to May or June) at the La Jolla Village Shopping Center parking lot and carpool to the starting point of the hike. Bring a lunch, plenty of fluids, sturdy shoes and sun protection! Friends and family are invited. Call the week before the hike if you would like to come. Next hike (maybe) June 11. Call Christa McReynolds at 858-454 5385

OTHERWISE SEE YOU IN OCTOBER

## LA JOLLA RENAISSANCE SINGERS

Contact: Bill Propp at (858-459-2019) or [wpropp@ucsd.edu](mailto:wpropp@ucsd.edu).

The group meets every Wednesday at the La Jolla home of Connie Mullin, a member of the UCSD Oceanids.

The La Jolla Renaissance Singers (formerly the UCSD Madrigal Singers) has existed for more than 40 years as an Oceanids activity group. Directed by History and Judaic Studies professor William Propp, the choir of about 25 performs throughout the San Diego area in period costume. Experienced choral singers (especially men!) are encouraged to contact Dr. Propp at [wpropp@ucsd.edu](mailto:wpropp@ucsd.edu) to arrange a visit and/or audition.

## MOVEABLE FEAST

Contact: Liz Fong Wills (858) 454-6858.

This dining out group is currently at capacity but we are taking a wait list. For questions, please call Liz.

## MOVEABLE FEAST II

Contact: Shirley Babior ([Babior@earthlink.net](mailto:Babior@earthlink.net) or (619-542 0536) or Mary Cutchin ([marycutchin@hotmail.com](mailto:marycutchin@hotmail.com) or (858 459-8074)

This new group will meet (most likely) on the third Sunday of each month. Please call or e-mail the contact persons if you want to join this new interest group. Next meeting June 5

## MUSEUM GROUP

Contact: Carol Schultz (858) 453 0458 or Sally Kroll (858) 459 1322

We will occasionally have museum outings where all Oceanids are invited to join. Check the newsletter for information.

## PEOPLE-TO-PEOPLE

Contact: Carole Ziegler, (619) 297-0798. ([cziegler@sandiego.edu](mailto:cziegler@sandiego.edu))

NEXT MEETING IN OCTOBER

## SOUNDING BOARD

Contact: Molli Wagner (858)720-1185)

NEXT MEETING ON OCTOBER 6. SEE PAGE 4

## STAMP GROUP

Contact: Betty Shor (858) 453-0334

We do not meet on a regular basis, but welcome other collectors to join our informal exchange. For information call Betty.

## WALKING GROUP

This is a relatively new interest group to encourage fitness by walking with friends in your neighborhood. We have 3 groups formed so far: Del Mar, North La Jolla (UCSD), and South La Jolla (Mt. Soledad/Bird Rock). Please contact Judy Vacquier (858) 459-7834 if you would like to join a group or start one in your neighborhood, or if you would be willing to be a team captain for your neighborhood.

## WEDNESDAY COFFEE

Contact: Emily Stowell, 858 481-7938 or Mary Bailey, 858 755-6813.

Please come and join our social group of Oceanids, newcomers, postdocs, students and their children every Wednesday all through the year from 10 a.m. to 12 noon for coffee, juice and cookies at the International Center. This is a time for children and adults to make friends, and find out about strange and wonderful American customs. There is also the opportunity to visit the kitchen exchange, where newcomers can rent kitchen and household equipment, also baby things for a small fee.

For more information, please call Emily Stowell, or Mary Bailey.

## WINE TASTING GROUP

Contact: Pat Kampmann (858) 454-1856

Exploring the taste sensations of a new wine or an old vintage, this group meets the third Friday monthly. Members rotate as hosts, however, this group is currently at capacity. For questions, contact Pat. Next meeting June 17.

## WINE TASTING II

Contact: Barbara Scholz 858- 350-6014 or [bscholz@hotmail.com](mailto:bscholz@hotmail.com).

We meet monthly. Members rotate as hosts. The cost for wine and food is shared among the people attending (approx. \$8.00/person)

Please call contact person for information.

## WITS I

Contact: Pat Kampmann, (858)454-1856.

This long-time investment group allows one to learn and earn on one's own. Procedures are followed which analyze all stocks before they are bought. A regular monthly investment is required along with a "buy-in". At present there are a few places open. We meet at the Oceanids Pavilion on the 4th Tuesday of the month all year long from 1:30 to 3:30. Next meeting, June 28

## WITS II

Contact: Joanne Meredith (858) 270-5795.

WITS II meets the 4th Wednesday of the month, all year long, at various members' homes. We study companies, using the stock investment guides of NAIC, educating ourselves to have a better financial understanding and competence. Come visit us for a couple of meetings. Next meeting: June 22.

## Half WITS

Contact: Liz Fong Wills (858)454-6858.

Unlike the other 2 Oceanids financial groups (Wits I and II), the Half Wits group does not buy stocks as a group. Instead, we only discuss financial topics and investments in an informal way. We cover any financial subject that interests us, ranging from long term care insurance to pension options, as well as stocks and bonds. Our philosophy is "There are no dumb questions." We usually meet on the 3rd Thursday of the month in the Oceanids Pavilion. If you are interested, call Liz (at 858 454-6858) to confirm the date. Pat Kampmann and Eleanor tum Suden are our guides through the financial jungles. Tentative(?) date: June 16.

The problem:

How to get 2 pounds of chocolate home from the store in a hot car.

The solution:

Eat it in the parking lot.



## Gandhi and the Bag Lady

One of my favorite quotes from Mohandas Gandhi is posted on my computer: "Whatever you do may seem very small, but it is very important that you do it."

Do you have cloth or canvas shopping bags sitting around in your garage or pantry? Did you buy them when you felt like it would make a difference to the environment if everyone used them, and now you've given up? Do you find yourself feeling helpless, as I do, watching the destruction of our habitat, man-made extinction of species, and global climate change, with an administration focused on other objectives and actively trying to undermine conservation efforts for short term business profits? It's time to pull out your canvas shopping bags and start using them at the grocery store! It seems very small, but it is very important that you do it!

Shoppers in other countries have been providing their own bags for years. When I lived in rural Oaxaca, Mexico, as a little girl I remember the ladies taking their plastic "bolsas" to the open air markets to carry home their fruits and vegetables. The city of San Francisco recently proposed a 17 cent tax per plastic grocery bag. According to the BBC, the Republic of Ireland saw a greater than 90 per cent decrease in the use of plastic bags in five months when they started taxing shoppers 15 cents per bag. They estimated they were using over one billion plastic bags per year in Ireland alone. I believe it would be a much more positive incentive to offer a 5 cent discount per canvas bag you provide, as Henry's does (they also honor reused paper or plastic bags). If your grocery store doesn't offer a discount, ask them for one. Each plastic bag costs them one cent, and each paper bag 4 cents.

We already know there are good environmental reasons why canvas bags are so much better than plastic or paper. According to the EPA's website, eleven barrels of oil are used per ton of plastic bags, and 13 to 17 trees are cut down to produce one ton of paper bags. In 1997, we used almost a million tons of paper bags in the US. We have all seen plastic bags cluttering up the environment. Even if we are conscientious and don't litter, they still get loose. Plastic bags are the new "Flowers of Africa" because African shoppers use thin bags that tear easily and cannot be reused, so they toss them to the ground. Have you been dreaming of taking a photo safari to Africa? Be prepared to have "flowers of Africa" in the background of your photos. Plastic bags have become a worldwide problem. Bangladesh has banned polythene bags. Taiwan, Singapore, England, Australia and Thailand are all considering or have implemented taxes or bans on plastic bags. The United States could start to improve its tarnished image overseas if we acted responsibly on this non-controversial environmental issue.

Only about one percent of U.S. shoppers use canvas or reusable bags. Imagine if even 10% of us did! What a simple way to feel empowered to do something for the environment and to cut down on our selfish consumption of resources. According to the EPA, one less grocery bag per person per year in New York City alone would eliminate five million pounds of waste. If you don't have canvas bags already, you can buy them at grocery stores, or get one free when you join some environmental organizations, or buy them online. Imagine product lines of fashionable shopping bags, with emblems to match your car or your shoes, or brightly colored, personalized or monogrammed bags! You can purchase tote bags online in bright colors like turquoise, lime and even wild berry! Bags don't need to be washed very often. If you're worried about messiness, ask for your meat or milk products to be in a plastic bag or two- you're still helping reduce waste and littering.

We could even start our own organizations to show our concern for the environment by using canvas shopping bags – instead of the ladies with the red hats, or the Minutemen, we could be the "Bag Ladies (and men, of course)!" I think Gandhi would be very pleased...

Judy Vacquier

### OCEANIDS IS OPEN TO ALL WHO ARE INTERESTED IN UCSD

Print your name as you would like it to appear in the DIRECTORY. Check here if you do not wish to be listed \_\_\_\_\_

Name: \_\_\_\_\_ Spouse's Name: \_\_\_\_\_

Address: \_\_\_\_\_

City, State, Zip \_\_\_\_\_

Home Phone \_\_\_\_\_ Type of Membership \_\_\_\_\_

Work Phone \_\_\_\_\_ FAX # \_\_\_\_\_ Email \_\_\_\_\_

**ANNUAL MEMBERSHIP \$25 - Check payable to OCEANIDS (not tax-deductible)**

**SUSTAINING - \$250 & LIFE MEMBERSHIP - \$500 - Check payable to UCSD FOUNDATION (tax-deductible)**

Send check(s) & completed form to

OCEANIDS, INTERNATIONAL CENTER, 9500 GILMAN DR., LA JOLLA, CA 92093-0049



# WELCOME NEWCOMERS!

UCSD  
Oceanids, International Center  
9500 Gilman Drive  
La Jolla, CA 92093-0049

*June 2005*

Non-Profit Org.  
U.S. Postage  
**PAID**  
SAN DIEGO, CA  
Permit No. 1909

*Beer Facts*

**RETURN SERVICE REQUESTED**

## JUNE 2005

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
			KitX, Wed. Coffee LJRS Café Español 1	BOARD MEETING at Mary McIlwain's 2	3	4
Moveable Feast II 5	Gracious Aging 6	Day Bridge 7	KitX, Wed. Coffee LJRS Café Franc. 8	9	10	Hiking (maybe) 11
Cinema Soirée 12	Avi set Aquarium Lecture 13	Book Group 14	KitX, Wed. Coffee LJRS WITS II 15	SPRING LUNCH Devilish Diners HALF WITS 16	Wine Tasting I 17	18
19	20	Day Bridge 21	KitX, Wed. Coffee LJRS WITS II 22	23	24	Evening Bridge 25
26	27	WITS I 28	KitX, Wed. Coffee LJRS 29	30		



**Bear Facts**

**Month: June**

**Year: 2005**



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