

Bear



Facts

Volume XXXVI No.6 Bulletin of UCSD OCEANIDS

March 1998



NEWCOMER'S DESERT ADVENTURE MARCH 14 & 15

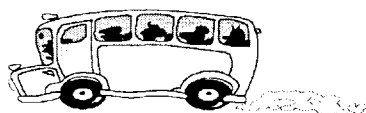


Newcomers and Oceanids will venture forth into the Anza Borrego Desert a little early this year and the timing is perfect. Nature seems to be cooperating with us since the wildflowers have already started an early bloom. The desert should still be ablaze with color when we set up camp on the 14th. Adventurous souls will spend the night under the stars, have dinner around a campfire and sing songs. You can join them on Sunday for a day of desert exploration if you don't care to camp.

Oceanids' resident geologist, Carole Ziegler, will lead off our desert adventure from Split Mountain Primitive Campground. Hiking back into the nearby canyon we will examine the geologic formation and search out wildflowers.

So mark you calendars and plan to join Newcomers on this fun trip. On Sunday, Newcomers will meet at the International Center parking lot where they will be provided with maps, then drive out to Anza Borrego Desert to join the campers for hiking, picnicking and a visit to the museum. Contact Carole at 297-0798, or Liz Wills at 454-6858, for more information.

Board the Bus for an enjoyable day



NEW GETTY MUSEUM EXPERIENCE

California's newest cultural attraction is the destination for Oceanids' bus trip on Friday, May 15. This exciting trip will leave La Jolla at 8:30 AM. Light refreshments will be served on the bus, with a no host lunch at the museum; there is a choice of a restaurant, cafeteria or cafe. Return is estimated to be 7:30 PM. Cost is only \$20 per person, including admission to the museum. Call Jean Lindsley at 453-4043. for more information. Reservations are a must, use the form on page 9.

KOREAN DINNER, DON'T MISS IT

by Sallye Krause

Friday, March 13, 6:00 PM is the date to be there at the International Center for an evening of superb food, cooked by superb cooks, aided and supervised by Sallye Krause.

You will hear informative insights into the current and future outlook of the Korean Economy and other Asian economies by Lawrence Krause, director of Korean and Pacific Studies at UCSD Graduate School of International and Pacific Studies. Larry will give a comprehensive evaluation of "what's going on with the Korean and Asian Economy" which is a very timely, important subject. Sallye Krause will tell experiences and insights into their life in Korea.

Both Sallye and Larry have lived in Korea off and on during the last eighteen years, and have been very involved in the growth of the Korean economy and the furthering of Korean and American Relations.

Do join us for this delicious, interesting and informative evening. Reservations are limited, so please reserve your spot quickly as this Ethnic Dinner will be a sell out. For more information call 619-755-0478.

The exciting menu includes appetizers of Tubu chorim, Taehap bui, and Tot'orimuk; dishes of Sogum Kui, Chap ch'ae, and Oi Saengch'ae accompanied by Kimchee, with Pamdarya for dessert. Wine and roasted barley water will also be served. (Please note: the editor refuses to translate the menu into English for you. You must attend this delicious dinner and experience the delicacies of Korea for yourself! Of course, you will also learn if the editor was able to spell them correctly.)

SOUNDING BOARD Thursday, March 5



On Thursday, March 5, we have another exciting speaker for Sounding Board. Dr. Jack Fisher, from the Department of Surgery at UCSD, will tell us about the work of "Interface", an organization that goes to other countries to operate on people who do not have access to special doctors. Dr. Fisher's speciality is cosmetic surgery and some of you may know him from personal experience as an excellent doctor.

Everyone is welcome at 12 at the Faculty Club. We never know which room we will meet in, but a board near the front desk can lead you in the right direction. The cost is \$6.50 for members and \$7.50 for non-members. This includes lunch. Non-members can go and get their lunch and pay in the room. Call Jean Lindsley with questions. 453-4043



Join us at our Board Meetings... the 1st Thursday of every month, 9:30 AM for getting acquainted, 10-11:30 business. Lunch with Sounding Board at the Faculty Club normally follows at noon. Newcomers as well as members are always welcome!

WELCOME NEW OCEANID MEMBERS

Nuria Assa-Munt
B.J. Barclay
Heather & Keith Barrington
Rosamond (Ronnie) Brown
Isabelle Brugidou
Ralf A. Bundschuh
Marjorie Caserio
Carol Littlejohn Chang
R. Jeffrey Chang
Sue Corringham
Gerd (Brigitte) Czycholl
Paola F. Desii & Harry A. King
Inge Kristian Eliassen
Martine & Jacques Genicot
Connie & Don Goertz
Mildred & Marvin L. Goldberger
Maura (Bob) Harvey
Sherry & David Hendrickson
Edith Hirsch
Barbara & Cecil Hougie
Shirley & Gordon Hughes
Diane C. Lin & Gary W. Cox
Charlotte & Morris Mamorsky
Wezlyn Martin
All & Al Montgomery
Carla & Saul Oseroff
Joan Parsons & Edward L.
Anderson
Yvonne L. Percival
Gabriela Petruck & Christoph
Rose-Petruck
Myriam & Dominique Pioletti
Bettina & Andreas Quirrenbach
Karin Reinhardt
Judy & Bob Skelton
Maria Steiner & Thomas Graf
Nilla & Richard Stennes
Kathleen Stoughton
Brenda Todd
Katalin & Csaba Toth

We welcome all of you and hope that you will participate fully in our Board meetings and our activities. Please come up to any of us and introduce yourself. If you have any questions, feel free to contact any Board member. We want to get to know you!

Please Note: Oceanids' Directory Update was recently mailed. It contains all of our new members as well as changes for previous listings and a current list of Email and Fax information. If you haven't received your copy, please contact the appropriate chair.

OCEANIDS TEAM

| | | |
|---------------------------------|---|----------|
| Honorary Chair | Chancellor Robert C. Dynes | |
| Presidents | Maxine Bloor | 459-7665 |
| | Barbara Starkey | 453-0779 |
| Past President | Carol Schultz | 453-0458 |
| | Jean Lindsley | 453-4043 |
| Past President | | |
| Advisor to the Board | Ellen Revelle Eckis | 454-2929 |
| First V.Pres's. (Fall Luncheon) | Marge Bradner | 459-7681 |
| | Alma Coles, 453-8813, & Sally Gilbert, | 755-9287 |
| Second V. Pres.. (Membership): | Pauline Nachbar | 459-2792 |
| | Laurette Verbinski | 453-4699 |
| Treasurer: | Estelle Shabeti | 459-3546 |
| Recording Secretary: | Roswitha Enright | 459-7375 |
| | Mary Lynn Hyde | 488-9283 |
| Financial Secretary: | Fran Tyler | 459-1488 |
| | Carol Schultz | 453-0458 |
| Parliamentarian: | (open) | |
| Nominating Committee: | Ch. Margaret Acampora . | 459-8123 |
| | Mary Lynn Hyde, Louise Keeling, Jean Lindsley, Elizabeth Marti (carryover), Carole Schultz (alternate) | |
| <i>Bear Facts</i> - Editor | Mary Anne Pentis | 789-4085 |
| - Assistant Editor | Susan Chadwell | 558-8811 |
| - Associate Editor | Evelyn Lakoff | 296-1039 |
| - Calendar | Jean Lindsley | 453-4043 |
| - Circulation | Isabel Wheeler, chair. | 459-7461 |
| | Nora Atlas, Laura Galbraith, Jean Kramer, Elibet Marshall, Ilse Warschawski | |
| Interest Group Coordinator | Barbara Starkey | 453-0779 |
| Volunteer Coordinator | Glenda Rosenblatt | 274-8591 |
| Newcomers | Liz Fong Wills | 454-6858 |
| | Georgina Sham | 459-1336 |
| | Lou Bowles | 755-7102 |
| Directory & | | |
| Membership Update | Estelle Shabeti | 459-3546 |
| Corresponding Secretary | Susan Scholander | 459-1491 |
| Money Books | Madeleine Rast | 755-0478 |
| Holiday Party | The Board | |
| Buildings & Grounds | Betty Shor | 453-0334 |
| Bus Trip | Carole Ziegler | 297-0798 |
| | Margaret Acampora | 459-8123 |
| Spring Luncheon | Margaret Acampora | 459-8123 |
| | Laura Norris | 272-3299 |
| | Jean Lindsley | 453-4043 |
| | Vilma Malmberg | 755-4865 |
| | Carole Ziegler | 297-0798 |
| People to People | Diane Lin | 450-4671 |
| | Lila Butler | 453-0909 |
| Friends Intl. Center | Carole Ziegler | 297-0798 |
| Friends of the Library | Pat Kampmann | 454-1856 |
| UCSD Medical Center Aux. | (open) | |
| Retirement Association | | |
| Historian | | |

BEAR FACTS

is the newsletter of Oceanids, a UCSD campus organization. Published monthly except July, August & September. Letters to the Editor and articles of interest to UCSD are invited.

ALL SUBMISSIONS FOR CONSIDERATION MUST BE RECEIVED BY THE EDITOR NO LATER THAN THE 10th OF THE MONTH FOR THE NEXT ISSUE.

Please address all submissions to:
Mary Anne Pentis - Editor
P.O. Box 2154
Ramona, CA 92065
FAX 789-4566 or Email to:
whale@sdcoe.k12.ca.us

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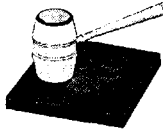
On the WWW @
<http://orpheus.ucsd.edu/oceanids/>

Bear Facts welcomes
submissions for
consideration!

NOMINATING COMMITTEE ON TASK

Oceanids' Nominating Committee is hard at work choosing the slate of elected officers for the next year. Again, we would really appreciate your input. Just call anyone on the Nominating Committee and give them your suggestions for candidates — Ch. Margaret Acampora (459-8123), Louise Keeling, Jean Lindsley, Elizabeth Marti, Mary Lynn Hyde.

PRESIDENT'S MESSAGE



What a pleasure to return to the normal paces of an Oceanids' Board meeting on Thursday, February 5th. Thanks to Jean Lindsley, our meeting began with a champagne toast for my return! Our membership roster update will be in the mail thanks to the efforts of Pauline Nachbar and Laurette Verbinski. We have had a positive response to our new "Sustaining Membership" category. Jean Lindsley has our first bus trip to the Getty Museum filled and a second trip scheduled in May is nearly filled too. Everyone has been diligently working towards completing plans for our Oceanid Activities for the remainder of the academic year. My "toast" to the Board is for their efforts in making our calendar of events stimulating and enjoyable.

The Nominating Committee is busy at work developing a slate for next year. They would appreciate input and suggestions from you about Oceanid members who will be good candidates for our various positions. ... Maxine

MUSEUM GROUP

On Wednesday, March 11th, at 1:30 PM, the group will visit the Oceanside Museum of Art (704 Pier View Way in Oceanside, admission \$3 regular, \$2 seniors) to see a retrospective of the work of James Hubbell, San Diego artist.

Time permitting, we will then go on to visit the nearby Benedictine Monastery, noted for its architecture and stained glass windows. Meet to carpool at 12:30 PM at Odette Filloux's, 8402 Sugarman Drive, La Jolla. For further information call Odette at 619-453-0749, or Sally at 459-1322.

PEOPLE TO PEOPLE

Monday, March 9, 1:30 PM, members and guests will hear Dra. Martha Ramirez-Zetina speak on her experiences as a Mexican woman doctor. She was our hostess for the Tecate tour and we are looking forward to another enjoyable afternoon with her.

People to People is also in need of clothes for children in grades 1 through 6. Please leave them with the medical journals at the Pavilion so that we may give them to Martha when she comes to visit. Contact: Carole L. Ziegler, 619-267-0798(H), 260-4099 (W).

GARDEN GROUP CALENDAR

Our April meeting will be on Thursday, March 19, and we will meet in the TGIF parking lot at 9:30 to carpool. We are going to go to the eastern end of the Los Penasquitos Reserve off of Black Mountain Rd. and walk in to see wild flowers and the beautiful oak trees. A volunteer docent from the reserve will go with us for awhile. The idea occurred to us after the last talk at Sounding Board by a ranger who inspired us. It is a level trail along a stream. For questions call Laura Norris 272-3299.

We have dates you should save. On Thursday April 30, we will go to "Art Alive" at the San Diego Museum of Art. Mary Lynn Hyde discovered a wonderful garden for our final trip on Thursday, May 21 — the Herlihy Gardens in Fallbrook. Look in the next Bear Facts for an article about it.

HAPPENINGS

BIG SALE - IF YOU HELP!

by Betty Shor

Be a donor! Be a customer!

Now that you are thinking about taxes, bring your donations to the Resale Shop - and save on taxes next year.

The Resale Shop of the Friends of the International Center will hold an Ethnic Craft Sale, as a special one-day event on Saturday, May 2. We hope to draw customers from the campus and community to buy distinctive items and to learn about the Center's activities. (UCSD parking is free on weekends.) Many of the items offered at the Resale Shop are from other countries, so it seemed like a good idea to emphasize that point in a one-time sale. I am looking for objects to sell that are exotic, or craft items, or just unusual. That can include craft items from the U.S. We would welcome your donations along these lines, which are tax deductible, and if not sold that day, will be sold in the Shop on its regular schedule. Proceeds from the Shop and this sale are used for student scholarships.

In addition, members of the Friends who want to set up a table to sell craft items may do so, and then donate 20% of their day's income to the Shop.

We are thinking of holding a fashion show with this event, and we may sell homemade dessert items (if people volunteer them). We shall probably have demonstrations of how-to-make-it crafts.

Bring your exotic donations to the Shop any weekday from 10 to 4. If you have questions, call me at 619-453-0334.

I know that many members of Oceanids are also members of Friends of the International Center, so here I am addressing those who are not. The Friends always welcome new members and offer many interesting programs for volunteers in helping those at UCSD from other countries - and great eating opportunities. To join, call the Friends office at 534-1124 (weekdays) for an application. §

WEDNESDAY COFFEES

Coffee hours provide opportunities for forming friendships, and learning of other Center activities or community functions, and serve the spouses of our foreign scholars.. Our many volunteers provide assistance with problems of adjusting to life in a different country.

Women with babies and toddlers are welcome and we provide materials and instructions for craft projects.

Our International Kitchen program features ethnic luncheons the second Wednesday of the month following the coffee hour.

Conversation Table for women needing practice in English 9 AM to noon. Those without little ones join conversation sessions Wednesday afternoons, from 1:00 PM. A companion program meets separately to enjoy outings without children.

MORE HAPPENINGS & AWARDS

UCSD Retirement Association hosts gathering

ST. PATRICK'S BUFFET LUNCHEON



The UCSD Retirement Association invites all Retirees and their guests to a Grand Reunion as the Association honors its volunteers!

Join old friends at Tom Ham's Lighthouse - Harbor Island, on Wednesday, March 18, 11:30 AM to 2 PM. The cost is just \$10.95 per person.

Bring along some photos of family, travels, and old friends for a fun time as you enjoy meeting your fellow retirees and find out more about the Association.

RSVP by March 11, to UCSD Retirement Association, 0020, 9500 Gilman Dr., La Jolla, CA 92093-0020. Questions? Call 619-534-4724.

Zonta Club holds annual fundraiser

UCSD INTERNATIONAL CENTER TO BENEFIT

The Zonta Club of La Jolla has scheduled their annual floral event. "Flowers with a Flair" will be presented from 2 to 4:30 PM, on Sunday, March 29, at the La Jolla United Methodist Church, 6360 La Jolla Blvd.

The flower arranging demonstration by renowned floral designers from "Flowers by Ron" is always a special treat. The beautiful arrangements will then be auctioned, and refreshments will be served.

The funds raised benefit local community projects including the UCSD International Center. Tickets are \$16 and may be purchased from Debby Thorn, 619-223-6448, 3405 Curtis Street, San Diego, CA 92106. Seating is limited and tickets should be purchased in advance of March 23, as the price increases to \$18 thereafter. So purchase early as this event is very popular.

NEW DIRECTOR FOR UCSD'S CALSPACE INSTITUTE

Oceanography Professor Wolfgang Berger has been appointed director of the California Space Institute, a statewide education and research center at the University of California, San Diego. Berger is an internationally recognized earth scientist and during the past 1-1/2 years served as interim director of UCSD's Scripps Institution of Oceanography, where he has been a professor since 1971. As director of the California Space (CalSpace) Institute, Berger will oversee both basic and applied research in many interdisciplinary, space-related fields at UCSD and other UC campuses.

"As interim director, Dr. Berger brought vision and a high level of energy to Scripps Institution of Oceanography, and I am confident that he will do the same for the CalSpace Institute," said Chancellor Dynes.

SIO TOASTMASTERS CLUB SEEKING NEW MEMBERS



The Toastmasters Club has a chapter at Scripps Institution of Oceanography (SIO). Its members consist of students as well as staff who meet every Tuesday at noon in the SIO Director's Office conference room. The primary purpose is to improve public speaking skills.

They are seeking new members at this time, so if you are terrified to stand up in front of a crowd this is the group for you. They'll chase away the butterflies that most everyone experiences under the circumstances. Or maybe you're lucky enough to be a naturally gifted speaker needing to polish your skills in a supportive environment. Here's the opportunity to learn more about yourself and improve your times at the podium. Why not give them a try.

You can contact Catherine Woytowicz by email at: cwoytowicz@ucsd.edu for more information, or just show up some Tuesday at noon.

CASS APPOINTS NEW ASSOCIATE DIRECTOR

Dr. James L. Matteson, husband of Oceanid Laura R. Norris, was recently appointed Associate Director of Operations for the Center for Astrophysics and Space Sciences (CASS). Dr. Matteson earned his Ph.D. at UCSD in 1971 and is a Research Physicist. His specialty is X-Ray and Gamma-Ray Astronomy. His thesis was about the black hole — Cygnus X-1, the X-ray source in the constellation Cygnus.

Dr. Matteson is an experimental research physicist and some of his experiments have been on Apollo and the Space Shuttle. He is currently working on INTEGRAL (International Gamma-Ray Astrophysics Laboratory) which will be launched into space in 2002.

SIO OCEANOGRAPHER WINS PRESTIGIOUS HUNTSMAN AWARD

The "Huntsman" annually recognizes excellence in research and those who have made a significant influence on the course of marine scientific thought. Awarded by the Bedford Institute of Oceanography in Canada, the 1997 winner is UCSD's Scripps Institution of Oceanography professor Russ Davis.

Davis has made significant contributions to the development of observational and theoretical tools for the exploration of the large-scale ocean circulation. He joined SIO in 1968

OCEANID SERVICE AWARDS

by Jean Lindsley

I would like to find someone who would help me with a job that I really enjoy. I learned it is really wrong to do a job alone and not have someone else know how to do it. When Pat Kampmann was president around 1979, Oceanids began the awarding of Service Awards. Hazel Alksnis did this job well for many years.

A student in each of the now five colleges is chosen by the Dean of Students to receive \$250 at graduation. The colleges love this award because it is given students for their service, not just their academic achievement. And the service these students give is really impressive! That is why this is a happy job.

In April, I go to each college with a letter explaining the award and asking them to send the name of their choice with a brief resume. In May, a certificate and a check is taken to each college in time for graduation. Please call me at 453-4043, if you are interested in participating in this fun job.



CASS ASTROPHYSICISTS STUNNED BY "STARBURST GALAXY"

The astronomy team probing activities of a pair of colliding galaxies has been startled to discover a resulting nest of extremely powerful supernova explosions — the most powerful ever observed!

Harding Smith, professor of physics at the Center for Astrophysics & Space Sciences (CASS) at UCSD says, "...I was stunned. ... within the group of people working on star formation and infrared emission of galaxies, this is a startling result..."

For about a decade, astrophysicists have been debating the amount of energy released when galaxies collide. These so-called "ultraluminous infrared galaxies" were first discovered during NASA's Infrared Astronomical Satellite mission. Two of these massive stars are exploding each year in the merging galaxy known as ARP 220. Due to the dense clouds of dust and gas from these collisions, astronomers tuned into radio waves capable of passing through the thick dust without obstruction.

The images acquired reveal about a dozen extremely powerful supernovae exploding in the vicinity of one of the nuclei. Results support the "starburst" model over the quasar theory, and now there is some wonder if there might exist two separate classes of intensely lit galaxies, or if there might be some evolutionary relationship between the two.

Since supernovae normally produce more energy in one explosion than our sun will generate in its lifetime the energy produces such a glow that it outshines an entire galaxy of hundreds of billions of stars.

Future observations will follow and should be enhanced by a new infrared camera and spectrometer developed at UCSD for the Keck telescope.

If you want to see what all the excitement is about, you can download an image of ARP 220 at: <http://opposite.stsci.edu/pubinfo/PR/97/17.html> §

Oceanids Awards Presented at last year's Spring Luncheon

by Carol Schultz

(The president has asked that this article run now in preparation for the coming Award presentations at our May 28 Spring Luncheon. If you believe a particular Oceanid who should be considered for similar honor, please contact Maxine Bloor. ...Ed.)

1997-1998 is a year of celebration. Oceanids is 45 years old and Bear Facts is 35 years old, and both the organization and the newsletter are going strong. However, they both rely on people who generously donate their time and expertise to Oceanids, and as a token of appreciation for this service, it has become a tradition to give awards at our Spring Luncheon. (Some people could get the award more than once, but that is not part of our tradition.)

This past June, we recognized three people who we felt had given exceptional service to our organization. The Oceanid of the Year Award was presented to Mary Anne Pentis, who has been the editor of Bear Facts for the past three years, and who has fortunately agreed to do it again this year with Susan Chadwell as assistant editor. All of you know that Bear Facts is published each month of the academic year, and it is the editor who is responsible for making sure that everything is together by the monthly deadline. Mary Anne has never let us down. Mary Anne has given Bear Facts a more sophisticated look, (thanks to desktop publishing and a scanner for photos, and her own good sense of style). In addition, she writes well, and she has written articles and taken photos at a number of Oceanid and University events. She has also written articles in her own area of interest which is natural science and the environment. All in all she has kept Bear Facts an interesting newsletter that we look forward to receiving each month. We feel very fortunate to have her as the editor of our newsletter. Thank you Mary Anne!

The other two awardees received the Maxine White Outstanding Service Award. This award recognizes those who work quietly behind the scenes providing an invaluable service to our organization.

Pauline Nachbar, who has been second vice president in charge of membership for the past three years and will continue in that position this year has certainly done a wonderful job. She keeps our membership list current (and that includes changes of address and phone numbers) and she prints labels for all our mailings, and has analyzed the economic aspects of the Sustaining Membership category. Pauline has had the able assistance of Mary Lynn Hyde two years ago, and of Laurette Verbinski last year and this year. Pauline, in her very quiet way, brings formidable intelligence and skill to her job, and all of us on the Board are in awe of her analytical skills. Thank you Pauline!

The other recipient of the Maxine White Outstanding Service Award was Isabel Wheeler who has chaired the committee that folds and labels Bear Facts and prepares it for mailing. She has done this for many years. Although the date for the mailing is planned ahead, there are occasions when there are last minute changes, and both Isabel and her committee manage to be flexible. They do their job very efficiently, but they also manage to socialize while they work! Isabel and her committee do a "behind the scenes" job, but a truly important one. So we not only thank her, but we also thank the committee. §

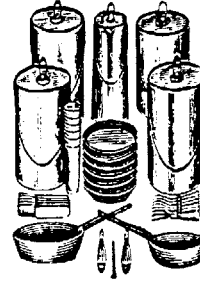
OCEANIDS INTEREST GROUPS



AVI-SET BIRDWATCHERS

Oceanids *Birding Group* meets on the **fourth Monday of each month** during the academic year.

For information, phone **Sidney Bagley, 455-1477; Lou Bowles, 755-7102; or Joany Mosher, 454-0017.**



KITCHEN EXCHANGE

Our *Kitchen Exchange* is open every Wednesday from 10:00 AM to 12:00 noon. Serving short-term foreign visitors who come to UCSD by renting kitchen equipment and baby things.

We are always happy to accept donations. And, if you enjoy meeting and helping people, we can use your help—call **Maryruth Cox, 755-4007; Louise Keeling, 755-7121; Liz Fong Wills, 454-6858; or Tzu-mei Yip, 755-6387.**



BOOK GROUP

March 10, review of *Good Scent for Strange Mountain* by Robert Owen Butler, Zella Brown will lead the discussion. April 14, *Corellis Mandolin* by Louis De Bernieres. May 12 *Swan's Way* by Proust. June 9, *Angela's Ashes* by Frank McCourt. Call **Isabel Voss, 488-2067, or Nora Atlas, 453-6444,** for further information.



LA JOLLA RENAISSANCE SINGERS

The La Jolla Renaissance Singers are off to another enjoyable season of song. Potential new members are always welcome. Call **Connie Mullin, 454-6871** if you are interested.



CAFÉ FRANÇAIS

Prochaine réunion: mercredi 4 mars 1998 a 13 heures (1 PM) Chez Colette Naegle, 5728 Caminito Empresa, La Jolla, 456-4019. For additional information you may call either **Denyse Haney 929-9120 or Arlette Helary, 551-9229.**



CINEMA SOIREE

The movie group meets on the third Saturday for an evening at the movies. Later they meet for coffee and conversation to discuss the film. Call **Zella Brown, 453-0340 or Laurette Verbinski, 453-4699,** for film information, meeting location, and time.

MOVEABLE FEAST

The group will go to the Korean dinner at the International Center, Friday, March 13. See Cover story for details. Please call **Liz Fong Wills at 454-6858** if you are interested in joining us.



DAY BRIDGE

We meet the first and third Tuesdays of the month at the various member's houses. **Isabel Wheeler, co-chair, 459-7461.**

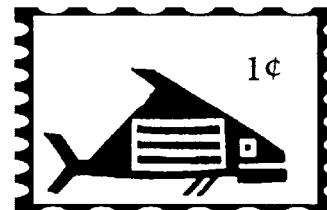
& OUT TO LUNCH BUNCH

No meeting in March as Moveable Feast goes to Korean dinner, please call **Liz Fong Wills at 454-6858,** for information.



EVENING COUPLES BRIDGE

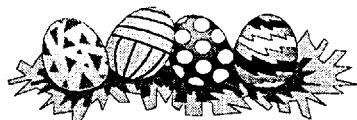
We meet at 8:00 PM on the **fourth Friday of the month** for an evening of party bridge. If you wish to play on a monthly basis, or just occasionally, please call **Barbara Bank at 484-4597.**



STAMP GROUP

The members of the Oceanids Stamp Group collect stamps more for pleasure than profit. There are only a few of us, and we exchange (mostly used) stamps with each other. Anyone interested in stamps is welcome to join us. We do not hold regular meetings.

If you have stamps to give us, we very much appreciate the U.S. a foreign stamps. You may leave them at the office of Friends of the International Center If you have questions about collecting stamps, feel free to call me, **Betty Shor at 453-0334.**



FIMO CRAFT

This craft class takes place every Monday evening at 7:30 PM in the International Center Kitchen. Information and questions? Call **Mary Dashen at 456-7848.**

OCEANIDS INTEREST GROUPS



Walking/Hiking in San Diego's Backyard

It was another clear and crisp Saturday in January when we met in the parking lot at the "old" La Jolla Village Shopping Center at 8:30. Our group was small, thanks to the other more major event of the whale watch which also took place on that same day. Nicolai, our Russian pathfinder, had chosen the Lawson Peak/Carveacre area for this month's hike. He was a little concerned that the first half of the hike was an exclusively uphill path snaking along the hillsides, a rough road which was in part scarred by deep ruts of 4-wheelers, but it was never steep enough for any of us to huff and puff. Also, every excuse was used to stand and admire the beautiful view over the wide green valleys. After Nikolai had told us about the complications in finding the path to the actual peak (you have to find the slit opening to a dark cave, then grope your way some 10 to 15 feet to find an upper opening, via ladder?, to reach the way to the top), we decided to enjoy our lunch sitting on large boulders with the vista of the wild valley before us and the mountain at our back. On the slow winding way down over Carveacre Road we saw many tracks of racoons, coyotes and deer, although not of the elusive mountain lion. Our hiking group is open to all, men, women and children. We usually go on the second Saturday of the month unless the rain interferes or there are other important reasons to postpone it. If you like to come or just know more about it, please call me. Roswitha Enright, 459 7375.

WINE-TASTING GROUP



We meet on the second Friday evening of each month.

The Wine-tasting Group has room for a few new members. If you're interested, call the chairman, Betty Shor at 453-0334, for information on time and place and the group's rules.

WITS II

We are also a stock investment group and we study which stocks to buy in our joint investments. We meet monthly, the fourth Wednesday of the month, 3:30 until 5:00 PM at Suzanne Angelucci's house, 8466 Prestwick Drive. We have a limit of 25 members. If you are interested in being placed on our waiting list, write Laurie Kreutz, 4239 Pilon Point, San Diego, CA 92130.

FRIENDS OF THE LA JOLLA SYMPHONY AND CHORUS



The La Jolla Symphony and Chorus Association (LISCA), affiliated with the Department of Music, UCSD, recently created a new volunteer group "Friends of the La Jolla Symphony and Chorus". This volunteer group will assume primary responsibility for staffing the ushering corps for performances in Mandeville, fund-raising events and social events during the season. Projects for the current season include the annual "Music with Love" fund-raiser, silent auctions, a membership recruiting drive to staff various committees of the Association, e.g. ushering at performances at Mandeville, publications, grants, development, and end-of-the season gala for volunteer recognition and the performers in the two ensembles. Anyone interested in becoming involved with the "Friends" should contact Bill Morgan (Executive Director LISCA, 534-4637, Thelma Parris (1st Vice-President, "Friends", 235-4040) or Colin Bloor (President, LISCA, 459-7665) for more information.

A little humor from Oceanid Elibet Marshall...

Have you been down to ground level lately? I mean "the ground", not fallen, but un-fallen as in "deliberate".



(Consider the view from down there. Quite something else; but I won't go into that here.) The idea is "getting up" from "down there". Can you picture eons ago, one of our ancestral fish wriggling to shore? Well you can bet he, she or it never made it upright - not until she, he, or it developed workable appendages at the four corners. They could not have been rubbery.



So are you still with me? Down on the ground? Now get up. You might observe some of our pre-schoolers. Soon after they have developed walking legs, they really take the prize for quick ups and downs. You, however, don't have to do it fast. Just develop your own technique. It is a great exercise for doing once a day.



You will bless me next time you hit ground level, undeliberately.

(Next installment in this series will deal with how glad you should be you're not a centipede: after a bad fall 50 broken legs! Lucky you, you only have two to break.)



UCSD ART MUSEUM 534-2864

Through March 21 "New Directions in Contemporary Glass Sculpture". The museum at the west end of the Mandeville Center is open Tuesday through Saturday from 11 to 4.

BOOKSTORE 534-0121

Wednesday Night Live. Every Wednesday night at the Bookstore. 6 p.m. Interesting speakers and the bookstore is open until 8 p.m.

DANCE

March 5,6,7,8 An Evening of Dance, 8 p.m., Mandell Weiss Theater, Revelle College. Critics praise the "visually polished, highly theatrical" dance at UCSD. Dance directors Margaret Marshall and Patricia Rincon and our dance faculty welcome guest artists John Malaschock, Sam Watson and Thor Sotowski will contribute to the choreography. Join us for another evening of "fine, clear, funny and ultimately heart-wrenching performance." Admission: General \$12, faculty/staff/seniors \$10 For tickets call the UCSD Box Office 534-4574.

FACULTY CLUB 534-0876

Through March 23 Art Exhibit Features UCSD Extension Art Instructors. Paintings and drawing of Irina Gronborg, Thia Nevius, Julie Schneider Ljubenkov and Li Tie will be on display.

March 6 Happy Hour. Don't miss the next Happy Hour on the first Friday of the month. Drop by the Club between 4 and 6 p.m. Relax, enjoy the company of your colleagues and have your favorite libation from the no-host bar. Complimentary hors d'oeuvres. See you there!

March 17 "The History of Hospice" Doris A Howell, M.D. is featured at SOMA Speakers

Dinner. She was a pioneer in the hospice movement and assisted Joan Krock with her plan for a hospice. Before she joined the UCSD's School of medicine she helped establish "Butterfly Hill", a pediatric hospice in Philadelphia. A non-host social hour at 6:30 is followed by dinner at 7 p.m. Call for reservations.

FILMS

AS Film Series Price Center Theater. Movies are on Tuesday and Thursday. Tickets \$2 available at the Price Center Box Office. Call 534-4083

March 3 "Shall We Dance?"

March 5 "Boogie Nights"

The San Diego Film Festival presents the best new films available from around the world. All the films presented are San Diego area premiers and for some films this will be their very first United States screening. Mandeville Auditorium. 8 p.m. UCSD Box Office, 534-6467, Tu-F 10-5. Season tickets will be available as well as individual ones.

March 3 "The Last Bus Home" (Ireland)

March 6 "Topless Women Talk About Their Lives" (New Zealand)

March 10 "After the Wind Has Gone" (Japan)

March 10 "Road to Nhill" (plus short film "Gorilla Girls") (Australia)

March 24 "Lumiere du Massacre" (France)

March 31 "Gudia" (India)

LECTURES SEMINARS

MUSIC 534-4830 Admission: The first amount is for general admission and the second is for faculty, staff, seniors and the third for students.

March 1 Jazz Improvisation Concert, 8 p.m., Mandeville Au-

ditorium. Students of George Lewis perform varied program. \$5, \$3

March 2 Indian Music Concert, 8 p.m., Mandeville Auditorium. Sitar students of Karik Seshadri and tabla students of Terry Longshore play traditional Indian Music. \$5, \$3

March 5 UCSD Singers, 8 p.m., Recital Hall, Mandeville Center. Concert choir and chamber singers perform under the direction of Philip Larson. \$5, \$3

March 8 Glenn Miller Orchestra. Price Club Ballroom, 8 p.m. The best big band is back with music no swing-fan can resist. While Miller's death is still shrouded in mystery, there's no question that his music will live forever. So put on those dancing shoes and swing out to the immortal sounds of a true legend. UCSD Box Office 534-4574 for tickets. \$20, \$18, \$15.

March 11 Jazz Concert. Mandeville Auditorium 8 p.m. UCSD jazz ensembles under the direction of Jimmy Cheatham \$5, \$3.

March 13 Wind Ensemble Concert: Music of England, Scotland, Ireland and Wales directed by Robert Zelickman with guest vocalist Deborah Davis. 8 p.m., Mandeville Auditorium. \$5, \$3.

March 14 4 p.m., Vocal Recital: Students of Carol Plantamura. Erickson Hall, Mandeville Center. Free

March 14 Percussion Concert: red fish blue fish, directed by Steven Schick. 8 p.m. Recital Hall, Mandeville Center. \$5, \$3.

March 15 Piano Recital. Students of Aleck Karis. 4 p.m., Erickson Hall. Free.

March 15 Chamber Ensembles: Students of Janos Negyesy perform classical repertoire. 8 p.m., Recital Hall, \$5, \$3.

March 21 and 22. La Jolla Symphony and Chorus. 8 p.m. Saturday and 3 p.m. Sunday. Mandeville Auditorium. David Chase conducts works by Monteverdi, Moran, Jorgensen, Schaefer and others. For prices and tickets call 534-4637

March 29 Manhattan String Quartet. Beethoven, Berg and Brahms. 8 p.m., in Mandeville Auditorium.

SPORTS for information call 534-4211 This is the season for women and men's basketball, water polo, softball, baseball, swimming and diving, volleyball and tennis. Call for schedules.

SPECIAL EVENTS

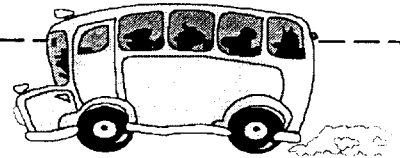
Tuesdays at Noon. "Pier Review". Toastmasters - ongoing until the end of the year. Room 114 Administration Bldg., Scripps Institution of Oceanography. Improve your speaking and leadership skills and have fun doing it. Guests are welcome to attend. Free. 534-0597

Personal Training, Weight Room, RIMAC. Ongoing until the end of the year. Instruction will include goal setting, weight training, aerobic training or whatever your fitness goals may be. \$37 per hour, members \$27. 534-4037

Personal Wellness RIMAC One hour private wellness sessions are available in yoga, stress management, meditation. Fee: \$37, rec card holders \$27. To make arrangements and for information call 534-4037.

Private Massage RIMAC Ongoing every Tuesday and Thursday evenings. Half-hour and full-hour private massage sessions are now available with resident certified massage technician, Barbara Romero. Fee: \$33 half hour, \$48 full-hour. Less for rec card holders. For appointments and additional information call 534-4037.

GETTY MUSEUM TRIP MAY 15



NAME _____ # PEOPLE _____

ADDRESS _____

PHONE _____

_____ @ \$20 PER PERSON TOTAL ENCLOSED \$ _____

Please send check made payable to: OCEANIDS
Mail to:

Jean Lindsley
2611 Inyaha Ln.
La Jolla, CA 92037

STEPHEN BIRCH
AQUARIUM-MUSEUM
534-7336 Advance reservations are required for all activities.

March 1 "Take me Under the Sea". Lecture and book signing. 2-4 p.m., Tom Burgess presents his book, an incredible story that explores Jules Verne, pioneer undersea filmmakers the Williamson Brothers and submarine sea scape painter Zahr Pritchard. Free with admission.

March 7 Take a closer Look: Shells, Snails, and More. Children will learn the fundamentals of the scientific method while examining seashells and the animals that live in them. Then they will tour the aquarium searching for shelled animals. Ages 3 and 4 with adult admitted free. Fee is \$13.

March 9 Tidepooling for Tots. 1-2:30 p.m., Seaside Beach, South Cardiff.

March 14 Grunion Run. On certain spring nights hundreds of grunion may glitter in the moonlight as high tide washes them up on the beach during mating. An then again, this fish may not show up at all. Either way it is fun. A film precedes going to the beach.

March 22 Amazing But True Shark Stories—Fun Presentation and Book Signing. For a rollicking adventure through time and the Seven Seas, join author Fred Barnett when he presents and signs copies of his at once hilarious and fascinating book. The author will show a 20 minute video as well as shark-related artifacts. Free with admission. (aimed at children)

March 28 Advanced Aquarium Techniques. Learn from the master, Senior Aquarist Fernando Nosratpour. This workshop is for those who have attended the basic class or those advanced home aquarists who would like further discussions, information or demonstrations. Ages 10 and up (10-13 with paid adult). Fee is \$25.

March 26 Tidepooling for Tots. 1:30-3 p.m., La Jolla Shores.

THEATRE

March 5 through March 14 Macbeth. 8 p.m. Mandell Weiss Forum, Revelle College. Shakespeare's masterpiece of ambition, passion, murder and war. A Scottish noble meets three supernatural witches on a deserted heath. At their instigation and with the prodding of his vengeful wife, Macbeth plots to make himself king.

Bodies litter the stage in this classic tragedy. The guest artist David Esbjornson, the artistic director of Classic Stage Company of New York. He is noted for his subtle, seductive and entirely contemporary approach to the classics. Admission: general \$12, faculty, staff and seniors \$10. For tickets call UCSD Box Office at 534-4574. \$

HOUSING

The charge for housing ads is \$10. The ad will run twice unless advised. Make check payable to Oceanids and send with ad by the 10th of the month for the next month's issue to: UCSD Editor, Bear Facts, Oceanids, International Ctr., 9500 Gilman Drive, La Jolla, CA 92093-0049

FOR RENT in San Diego

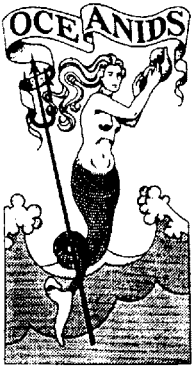
Sept. thru Dec. 1998—fully furn. house, 4 bdrm, 2 1/2 ba, close to UCSD/SIO, good schools/shops. \$1,300/mo. Maid, gardener, water incl. Call Kitty Wan, (619) 452-8669.

FOR RENT in London, England

Sept. thru Dec. 1998. Fully furnished house, 4 bdrm. 2 1/2 ba, central heat, maid, gardener, close to good transport, shops, \$1700/mo. Contact Dr. R. Marriott, 18972 Muirland, Detroit, Michigan 48221, (313) 861-4261.

WANTED TO RENT in La Jolla

Professional Couple looking for a rental during the months of July and August, in the La Jolla Shores area or near UCSD. Contact Mrs. Claire Kramer, 8526 No. 84 St., Scottsdale, AZ 85258, phone (602) 483-6267.



Bear Facts

HAPPY ST. PATRICK'S DAY!

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March 1998

| Sunday | Monday | Tuesday | Wednesday | Thursday | Friday | Saturday |
|----------------------|------------------------------------|----------------------------------|--|----------------------------------|----------------|--|
| | Fimo Crafts | Day Bridge | Wed. Cafe, Kit.X, LJRS, Café Français | BOARD MEETING Sounding Bd. | | |
| 1 | 2 | 3 | 4 | 5 | 6 | 7 |
| | Fimo Crafts, People 2 People | Book Group | Wed. Cafe, Kit.X, LJRS, Museum Gp | | Korean Dinner | Desert Campers, Walk/Hike Group |
| 8 | 9 | 10 | 11 | 12 | 13 | 14 |
| Desert Trip | Fimo Crafts | Day Bridge, St. Patrick's Day | Wed. Cafe, Kit.X, LJRS, Retirement Buffet | Garden Group | | Cinema Soiree |
| 15 | 16 | 17 | 18 | 19 | 20 | 21 |
| | Fimo Crafts, Avi-Set Birders | | Wed. Cafe, Kit.X, LJRS, WITS II | | Evening Bridge | |
| 22 | 23 | 24 | 25 | 26 | 27 | 28 |
| Zonta Flower Show | Fimo Crafts | | | | | |
| 29 | 30 | 31 | | | | |

Bear Facts

Month: March

Year: 1998



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