

Members of campus community available to speak on different topics through the UCSD Speakers Bureau

August 26, 1985

More than 100 members of the University of California, San Diego campus community are available to speak on more than 200 different topics through the UCSD Speakers Bureau.

The subjects cover a wide range including history, politics, science, sports, computers and the arts. Among the most popular topics are stress management and physical fitness.

Participants, who speak without charge, include faculty, administrators, graduate students and staff.

A brochure listing speakers and their topics is available from the UCSD Public Information Office, Q-036, La Jolla, CA 92093, or by calling (619) 452-3120.

Any group wishing a speaker should notify the Public Information Office at least three weeks in advance of the speaking date.

Individuals are available to talk about the UCSD campus including a discussion of "Undergraduate Education at UCSD," and the "Development and Character of UCSD."

In the area of stress management, speakers can address such topics as "How to Manage and Handle Stress," "Assertiveness Training," and "Self-Hypnosis for Habit Control."

Groups interested in learning more about physical fitness can choose from many topics including "Middle Age Begins at 24," "Physical Fitness and Nutrition," and "Physical Fitness for Executives."

Another popular subject is astronomy where several experts are available to discuss a variety of topics, among them "Comets," "Space Exploration," and "Our Extraterrestrial Environment."

(August 26, 1985) For more information contact: Paul Lowenberg, 452-3120