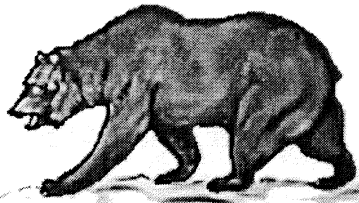


# Bear

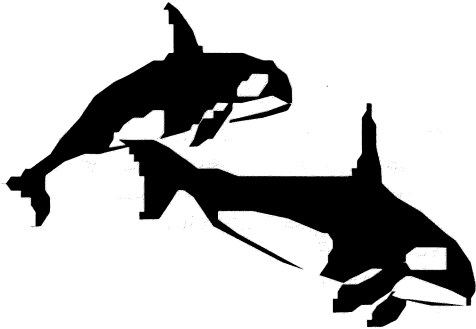


# Facts

Volume XLII No.4

Bulletin of UCSD OCEANIDS

January 2004



Bear facts (La Jolla (San Diego, Calif.))  
SIO Flr 3 Archives R  
UC San Diego  
Received on: 12-23-03

**Watch the Gray Whale migration from a chartered boat !!**

**Date: Saturday, January 24**

**Time: 9:00 a.m. (check-in) return: 12:00 to 12:15**

Pre-paid reservation (deadline: Wednesday, January 21)  
Adults \$15, all children under 12 including infants: \$10

Cancellation deadline: Wednesday, January 21  
**Informative slide show by naturalist and whale specialist,  
Charles Stinchcomb,  
on Tuesday, January 20 at 7:00 p.m.  
UCSD International Center Lounge**

Much more information on page 8



**OCEANIDS**

**WILL ORGANIZE**

**A TRIP TO SANTA ANA**

**ON JANUARY 23, 2004**

**TO VISIT THE**

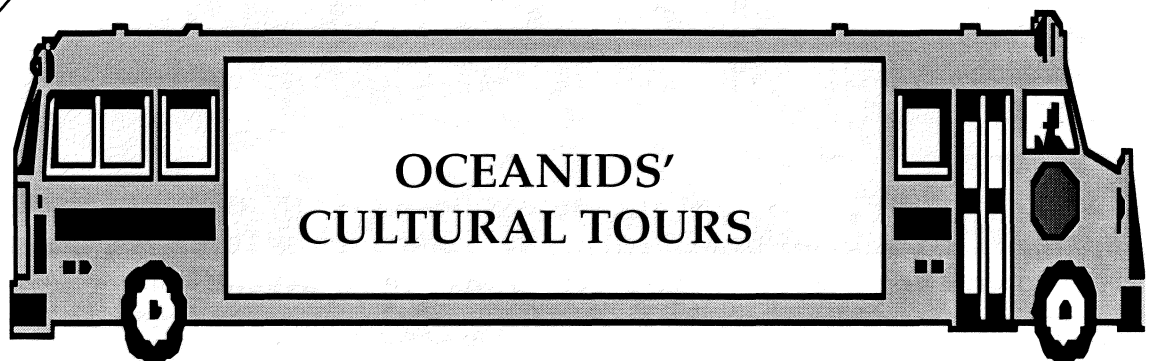
**BOWERS MUSEUM OF CULTURAL ART**

**.AND VIEW THE EXQUISITE EXHIBITION OF**

**TIBETAN SECULAR AND SACRED ARTIFACTS**

*PLEASE, SEE MORE INFORMATION ON PAGE 6*

SIO Flr :  
Archives  
LC  
1751  
B4  
v. 52  
no. 4





**BEAR FACTS**

is the newsletter of Oceanids, a UCSD campus organization. Published monthly except July, August & September. Letters to the Editor and articles of interest to UCSD are invited.

ALL SUBMISSIONS FOR CONSIDERATION MUST BE RECEIVED BY THE EDITOR NO LATER THAN THE 15<sup>th</sup> OF THE MONTH FOR THE NEXT ISSUE.

Please address all submissions to:

Oceanids/Bear Facts  
International Center

9500 Gilman Drive

La Jolla, CA 92093-0049

or **better Email to:**  
oceanids@ucsd.edu and  
renright@ucsd.edu

Circulation:

Jean Kramer 453-0379

Liz Wills 454-6858

Isabel Wheeler 362-5732

**PLEASE NOTE**

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**OCEANIDS ONLINE**

[http://  
orpheus.ucsd.edu/  
oceanids/](http://orpheus.ucsd.edu/oceanids/)

**E-MAIL**

[oceanids@ucsd.edu](mailto:oceanids@ucsd.edu)  
and also please to  
[renright@ucsd.edu](mailto:renright@ucsd.edu)

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Oceanid of the year,  
Maxine E. White-, and  
Outstanding Service Awards  
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Friday Café  
Directory Updates

**NOTE: All phone numbers are area code 858 unless otherwise noted.**

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Margaret Acampora ..... 459-8123  
Judy Skelton ..... 456-0930  
Mary Dashen.....457-4631  
Madeleine Rast ..... 755-0478  
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Glenda Rosenblatt, Molli Wagner,.....  
Bernie Sisco, Ady Rosenblatt, . Eleanor  
tum Suden, Jean Lindsley,alt.,  
Jean Lindsley ..... 453-4043  
Maxine Bloor ..... 459-7665  
Roswitha Enright ..... 459-7375  
e-mail: renright@UCSD.edu  
Carole Ziegler ..... 619-297-0798  
Liz Fong Wills ..... 454-6858  
Georgina Sham ..... 459-1336  
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e-mail: lndemail@san.rr.com  
Jean Kramer 453-0379, Liz Fong Wills .....  
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Madeleine Rast ..... 453-8223  
Candace Kohl..... 259-1903  
Carole L. Ziegler ..... 619-297-0798  
Ady Rosenblatt ..... 453-4626  
..... (needed)  
Candace Kohl.....259-1903  
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Pat Kampmann ..... 454-1856  
Maxine Bloor ..... 459-7665  
Jean Kramer ..... 453-0379

Judy Vacquier.....459-7834  
Ady Rosenblatt.....453-4626  
Barbara Starkey .....453-0779  
Ady Rosenblatt.....453-4626

**BOARD MEETINGS first Thursday every month at the Oceanids Pavilion,  
International Center, 9:30 AM social, 10:00 AM meeting  
You are welcome to attend!**

## President's Message

Happy New Year to all! I hope 2004 brings health and happiness to all and peace to the war-torn regions of our planet and conservation of our precious resources.

I hope you were able to attend the annual Holiday Party. Many thanks to the Oceanids board members who work hard every year to make this a fun party for all the members and their guests.

Oceanids has several interesting activities over the next few weeks, described in this issue: the trip to the Bower's Museum in Santa Ana on January 23, the Newcomers' Whalewatching trip on January 24, and our Friday Cafe at the International Center on February 13. If you haven't attended an Oceanids outing lately, try to join us on one of these. Oceanids hosts the weekly Friday Cafe around Valentine's Day each year, under the capable direction of Barbara Starkey, and it's lots of fun to help prepare lunch and meet our international students.

Don't forget to try a new interest group this year, as one of your New Year's resolutions. How about the Walking Group to work off some of those holiday goodies? I need someone in each neighborhood to coordinate when and where we walk. And how about inviting your best friend who isn't in Oceanids, to join us? Oceanids is now open to anyone interested in UCSD, and one does not have to have a direct affiliation with the university to join. Happy 2004!

Judy Vacquier

From left:

Maxine Bloor

Margaret Acampora

Judy Vacquier

Mary Dashen

Judy Skelton

Glenda Rosenblatt



The Planning Committee of Oceanids successful Fall Brunch

## NEW YEAR'S RESOLUTIONS ?- BAH HUMBUG!!

Long lists of what I want to accomplish next year?-- I don't make them, never have and never will.

No need to put more pressure on my shoulders than life deals out anyway. Sure, I would like to lose 20 pounds next year, want to finally get the closet of my son cleaned out, who left home nine years ago, get the files in my home office in order, take a computer course, etc. etc. But what good will it do me to torture myself every day by looking at this stern, once-a-year list?

Sure, I make lists, plenty of them, for shopping (which I more or less adhere to), for all the little duties of the day (call Elsa, write to sister, complain to carpet cleaner, work on newsletter, etc) which I then cross out one by one with great satisfaction.

But New Year's resolutions?

I am one of that generation which still grew up with GUILT. We punish ourselves enough for all our shortcomings and mistakes. No need to add to that. Things will get done sooner or later. And if not, well, I can live with the extra 20 pounds.

Have a great 2004.

Roswitha Enright

P.S. But if you make to do lists, please, put on the very top:

**WRITE AT LEAST ONE ARTICLE FOR OR MAKE ONE CONTRIBUTION TO BEAR FACTS.**

(Watch for helpful suggestions all through this issue)



**MORE FALL BRUNCH PHOTOS:**

Above: (from left)  
 Glenda Rosenblatt, Carol Schultz,  
 Estelle Shabetai, Margaret Acampora



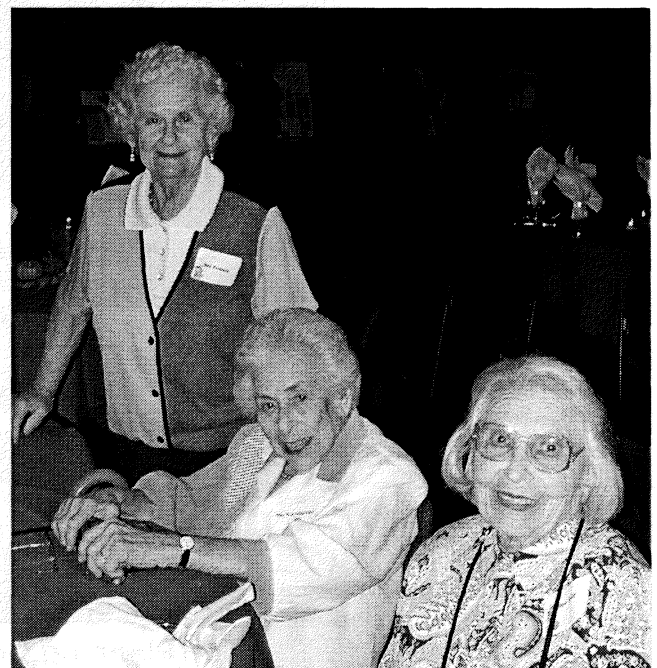
Left: (from left)  
 Eleanor tum Suden, Marge Bradner,  
 Edith Nierenberg

Below: (from left)  
 Beatrice Zweifach, Ilse Warschawski,  
 Rose Bailey

Be sure to attend the Sounding Board on  
February 5, 2004 at the Faculty Club  
 after the board meeting.  
*Speaker: Richard Atkinson*  
 More info page 6

**Attention Sounding  
 Board Attendees!**

In order to get the room for the lectures without cost we had to promise that the people who attend the talks will purchase their lunch (all you can eat and drink, including dessert for 10 bucks!!) at the Faculty Club. If you are a member of the F.C., you can pay at the door to the dining room. All non-members please pay Jean in the meeting room. The lunch should only been eaten in the meeting room, not in the dining room, please.





# Global Village

*If we could shrink the earth's population to a village of precisely 100 people, with all the existing human ratios remaining the same, it would look something like the following:*

There would be:

57 Asians  
21 Europeans  
14 from the Western Hemisphere, both north and south  
8 Africans

52 would be female  
48 would be male

70 would be non-white  
30 would be white

70 would be non-Christian  
30 would be Christian

89 would be heterosexual  
11 would be homosexual

6 people would possess 59% of the entire world's wealth and all 6 would be from the United States.

80 would live in substandard housing  
70 would be unable to read  
50 would suffer from malnutrition  
1 would be near death; 1 would be near birth  
1 (yes, only 1) would have a college education  
1 would own a computer

When one considers our world from such a compressed perspective, the need for acceptance, understanding and education becomes glaringly apparent.

If you woke up this morning with more health than illness... you are more blessed than the million who will not survive this week.

If you have never experienced the danger of battle, the loneliness of imprisonment, the agony of torture, or the pangs of starvation... you are ahead of 500 million people in the world.

If you can attend a church meeting without fear of harassment, arrest, torture, or death... you are more blessed than three billion people in the world.

If you have food in the refrigerator, clothes on your back, a roof overhead and a place to sleep... you are richer than 75% of this world.

If you have money in the bank, in your wallet, and spare change in a dish someplace ... you are among the top 8% of the world's wealthy.

If your parents are still alive and still married... you are very rare.

If you can read this message, you just received a double blessing in that someone was thinking of you, and furthermore, you are more blessed than over two billion people in the world that cannot read at all.



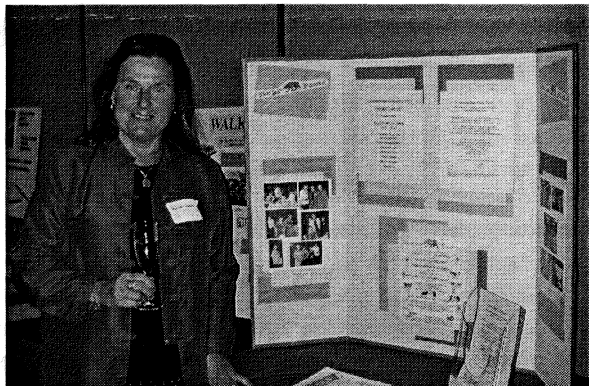
SOURCE: [download.wolrd.com/wh-01.htm](http://download.wolrd.com/wh-01.htm)

**Sounding Board Speaker in February:  
Richard Atkinson**

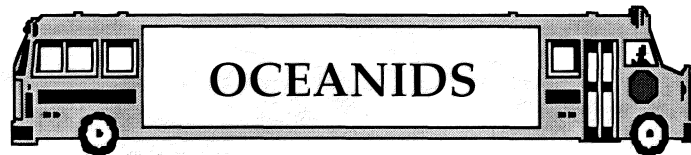
Richard Atkinson was the 17th President of the UC system until last October. Many of us knew him before that as Chancellor of UCSD. During his tenure, UCSD doubled in size to 18,000 students, consistently placed among the 5 top universities in federal funding for research. By 1995 the quality of its research programs was ranked 10th in the nation by the National Research Council.

Atkinson was Director of the National Science Foundation, a presidential appointment with a wide range of responsibilities for science policy at national and international levels before coming to UCSD. He negotiated the first memorandum of understanding between PR China and the US, for an exchange of scientists and scholars.

He had a noteworthy prior career at Stanford University as professor of psychology, with appointments also in the Schools of Engineering, Education, Applied Mathematics and Statistics, and Institute for Mathematical Studies in the Social Sciences. His research dealing with problems of memory and cognition has been influential in shaping research in the field. He developed the prototype for the commercial development of computer-assisted instruction.



Bear Facts Editor Roswitha Enright promoting the newsletter at the Fall Brunch



**BUS-EXCURSION TO THE BOWERS MUSEUM**

Experience a historic exhibition of breathtaking masterpieces never before seen in the western world with Oceanids trip on Friday, January 23, 2004, to the Bowers Museum of Cultural Art in association with the Potala Palace, the Tibet Museum and the Norbulingka. The exhibit is entitled Tibet: Treasures from the Roof of the World. These treasures were used by the Dalai Lamas and their courts in the lavish ceremonies and daily rituals in Lhasa. For more than a thousand years, Lhasa has been the spiritual center of Buddhism. Almost 200 created sacred objects with great cultural significance are making their first journey to the Western World. Treasures from the Roof of the World will offer a glimpse into a culture both opulent and spiritual. There are examples of sculpture, paintings and textiles, that were the focus of the Dalai Lamas religious meditation. Oceanids bus trip will be leaving the parking lot of Macy's UTC at Nobel Drive at 10 a.m. for a cost of \$45. We will be returning by 5:30 p.m. To make reservations send a check addressed to Oceanids to Barbara Starkey, 4341 Pavlov Avenue, San Diego 92122. If you bring a guest, please give Barbara the name. For questions call (858) 453-0779.

**OCEANIDS IS OPEN TO ALL WHO ARE INTERESTED IN UCSD**

Print your name as you would like it to appear in the DIRECTORY. Check here if you do not wish to be listed \_\_\_\_\_

Name: \_\_\_\_\_ Spouse's Name: \_\_\_\_\_

Address: \_\_\_\_\_

City, State, Zip \_\_\_\_\_

Home Phone \_\_\_\_\_ Type of Membership \_\_\_\_\_

Work Phone \_\_\_\_\_ FAX # \_\_\_\_\_ Email \_\_\_\_\_

**ANNUAL MEMBERSHIP \$20 - Check payable to OCEANIDS (not tax-deductible)**  
**SUSTAINING - \$250 & LIFE MEMBERSHIP - \$500 - Check payable to UCSD FOUNDATION (tax-deductible)**

Send check(s) & completed form to  
 OCEANIDS, INTERNATIONAL CENTER, 9500 GILMAN DR., LA JOLLA, CA 92093-0049

## TRAVEL TO CUBA, NOVEMBER 2003

We flew to Havana, via Cancun, Mexico, checked into the Hotel Sevilla, a large, beautiful colonial building, right in the center of La Habana Vieja. The old part of Havana has been completely restored, but the new part of the city, though intrinsically spectacular, is dilapidated and awaits its turn for restoration, scheduled for the future. The next day, having recuperated from the journey, we enjoyed an extensive tour of Havana, lunch in a famous Habana Vieja restaurant, the Floridita (frequented by Ernest Hemingway who used to drink his daiquiris there), and a visit to the Museo de la Revolucion, where we saw "Granma," the ship in which Fidel sailed from exile in Mexico to begin his revolution against Batista. Also various weapons used by both sides; guns of all types, tanks, jeeps etc., were on display. That evening we had a dancing lesson (rumba and salsa, of course!) and then we all danced in "La Casa de la Trova" night club. Cubans live for dance and song; both were everywhere: in hotels, restaurants, even at the airports, at the baggage claims!

The next day we visited the Museo Nacional de Bellas Artes. The building and its grounds are superb, and the exhibits were outstanding (all Cuban art). We found the idea of attaching an "amigo" to small groups of us was an excellent and helpful part of the tour. Our amigo, Sergio, was about 30 years old, an engineering instructor at the University of Havana. He spoke English well, as did most of the younger people, because Fidel (as he is universally called there) made English compulsory in all schools. Many of the older professors, who delivered our lectures on Cuban History, Music, Art, etc., knew English well, but from books, and it showed in their pronunciation, making some of them hard to follow. We visited a Farmers Market in town, accompanied by our amigos, where they helped us to buy vegetables and fruit to give to a Cuban family. We were entertained in the family's modest home with our amigo who got us all talking and discussing all manner of questions relating to life in present day Cuba.

That night, we went to the Cannon Ceremony at La Fortaleza San Carlos de la Cabaña. The fortress, built to protect the city from pirate raids, dates from the 18th century when there were seven gates through the city wall. The cannon was fired at 9 p.m. to announce that the gates were closing for the night. It was fired again in the early morning to announce their opening. Now the gates are gone and so is most of the wall. The firing is only at night, an impressive well-ordered display on the fortress esplanade, with the participants dressed in the military uniform of the time and the cannon still fired by detonating the charge with a flaming torch. As soon as the ceremony was over, music and dancing began again, and probably lasted through half the night.

The following day, we went by bus (a big Mercedes double-decker) to Viñales, a delightful village on the Western side of Cuba, situated in a gorgeous valley surrounded by large limestone mounds, called mogotes. Our education there

switched to geology, fauna and flora, and agriculture. Here the best tobacco is grown. We visited a cigar factory and discovered how much goes into the manufacture of a cigar.

On our way by bus to the local airport near Havana, we visited a sugar refinery. And then we flew across the island to its opposite coast, the eastern side (the Oriente), destination Santiago de Cuba. When Cuba was a Spanish and then, briefly, a British colony, sugar was the chief source of its economy. Slaves worked on the sugar plantations in the Oriente. Their impact on Cuban culture, music, and religion is enormous. Much African blood flows through Cuban veins and not a few are black. The weather is a lot hotter on this side. The Spanish influence is very evident in the architecture, and the African influence in the culture and music. We toured the fascinating "Museum of Religiousness," where we saw examples of the artifacts of different African religions, such as Santería and Voodoo, which always seemed to be mixed in with Christian beliefs. For example, a Ma donna and a black sensuous goddess would be worshipped together!

We also visited a beautiful house, now a museum that was occupied by the first governor of Santiago, Diego Velázquez, built in the 16th century, containing lovely furniture from the 16th to the 18th century. Really interesting was seeing the Moncada Barracks, with its bullet and shell holes from the battle with Batista's army. Castro vowed that if he could capture the barracks, he would turn it into a school; that is, indeed, what it is today, except a small portion that is a history museum. On our last day there, we visited San Juan Hill where important battles against the Spanish were fought until Cuba became independent. The U.S. Marines were on the Cuban side then! Our hotel in Santiago de Cuba was very beautiful and we ate our meals on the 9th floor open-air restaurant with a wonderful view of the whole city and the Caribbean, and we could almost touch the angel on the top of the next door cathedral!

Finally, we flew back to Havana. The highlight was a visit to a Rehabilitation Center for Senior Citizens, located in the Museum of the Revolution (which used to be Batista's presidential palace), in a large, beautiful room called the Hall of Mirrors, complete with a secret door through which Batista escaped when the army of the revolution captured the building. We were impressed with what had been accomplished for the "patients" who put on a performance of poetry reading, dancing, and singing so good that a language barrier did not exist. Finally, we toured Ernest Hemingway's house in the outskirts of Havana, situated in a beautiful park with gardens of which an English gardener could justly be proud!

Fidel is still immensely popular. While there is criticism of restrictions, now considered no longer necessary, the people appreciate that the revolution transformed the country from a feudal society of aristocrats and serfs, ruled by a cruel dictator and infiltrated by the Mafia, to a socialist one. Our guides contend that Fidel was never a Communist

and that he sided with the Russian Communists because he had no choice. Literacy and the number of children attending school is almost 100 percent. Education is free from grade school to Ph.D. School uniforms are provided without charge and there is Universal Health Care.

The property of Cubans who fled was confiscated by the Government. Mansions became hotels, Government and municipal offices, schools and museums. The people who chose to remain retained their homes and even their businesses and are comparatively well off. The most privileged of all are foreigners living in Cuba. Two currencies exist, the Cuban peso and the U.S. dollar, but the poor have little or no access to the latter. The peso is the currency of the Farmers Markets and the Government Stores (these stores sell food very cheaply to the Cubans who have ration books. Tourists cannot buy food there). All private businesses and transactions use the dollar currency and they pay taxes to the Government. Houses and cars cannot be bought or sold but can be exchanged. All that goes through Government offices. Lots of rather unappealing, but satisfactory housing has been built for the poor. The cars are of two kinds; fancy, for the privileged, ancient American for most. One sees 1950's Chevys and Fords in immaculate condition wherever one goes.

For the most part, our meals were good. Of course, we were tourists and used the dollar currency! Lots of black beans and rice! Our breakfasts were buffet style with an endless selection of everything one could think of, including fresh fruit (grapefruit, oranges, bananas, papayas, pineapples, etc.), hard-boiled eggs (and sometimes there was a chef cooking omelettes and scrambled eggs), jugs of delicious plain and fruit yogurts, lots of lovely flans and rice cakes, as well as pastries, breads, cheeses, and cold meat slices, and we were served with big cups of delicious coffee con leche caliente. Lunches and dinners were usually served family style with big platters of rice and beans, fried plantain, chicken, pork and/or beef, as well as fresh salads (tomatoes, cucumber and lettuce). Dinner usually ended with tacitas of espresso coffee. We hardly ever saw anyone smoking indoors. And we never saw any homeless people. The Government is criticized for failing to develop the country when aid from the communist block suddenly ended, but, on the whole, the people are content under what we can best describe as a benign dictatorship. Cuba is a poor country and classic freedoms are limited, but the people enjoy many benefits denied them in many "developed" countries.

Estelle and Ralph Shabetai



### Whale Watch information

The boat will leave at 9:30 a.m. from Seaforth Sportfishing off Quivera Rd. San Diego.

Directions: **From I-5:** take the Seaworld Drive exit. West 1/4 mile past Sea World entrance to west Mission Bay Drive. Stay to the right. Proceed through traffic loop to first stoplight. Left at stoplight onto short access road to Quivera Rd. Fourth building on the right. **From I-8:** go to West Mission Bay Dr. exit: Right at end of off-ramp. go over bridge. Go past Seaworld Dr. 1/4 mile and veer right onto West Mission Bay Dr. Proceed through traffic loop to first stoplight and follow above directions. **From I-15:** take 163 south to 8 west and follow above directions.

Look for "NEWCOMERS" banner. Park on the 4th parking lot on the right.

### The boat will not wait.

Reserve space by prepayment to Georgina Sham, coupon page 11.

No tickets will be sent. You will receive a nametag when you check in.

**Cancellation deadline is Wednesday, January 21 at 5 p.m..** You must call Liz Wills by that time (858-454 6858, cell: 858-232 7545) or your check will be donated to Oceanids.

We will call you on the day of the outing before 8 a.m. at home if the trip is postponed due to weather.

For more information call Liz Wills (see numbers above), or e-mail Georgina Sham at [gbsham@san.rr.com](mailto:gbsham@san.rr.com)

**WEAR WARM CLOTHES**

**Reservation Deadline:  
Wednesday, January 21**

### Suggestions for a Bear Facts Contribution

- My most important learning experience
- My favorite Interest Group
- The most embarrassing moment of my life
- Why and how did I get to the US of A  
(for foreign born only)
- One of my favorite people



# OCEANIDS' INTEREST GROUPS

Interest Groups are the backbone of our Oceanids organization. They are here to meet the many varied needs of UCSD families, especially those new to the UCSD campus, and the community. If you do not find an activity you would like to participate in, please contact Carole Ziegler, Interest Group Coordinator @ 619-297-0798. If five or more Oceanids wish to start a new group, please let Carole know so we can inform other members. All we ask is that your members be Oceanids. If you are not yet a member of Oceanids, please consider joining us today by calling Madeleine Rast, 858-755 0478 or submitting the application form in this issue.

## AVI SET BIRDERS

*Contacts: Sidney Bagley (858)455-1477, Lou Bowles (858)755-7102, or Joany Mosher (858)454-0017*

Our birding group meets promptly at 8 a.m. the second Monday of each month during the academic year. The La Jolla group will now meet at the corner of Dunaway Drive and Glenwick Dr. in La Jolla, and the north county birders will meet at the home of Lou Bowles, 13040 Caminito Mar Villa, Del Mar. We carpool from these locations and visit sites around the county. Members will be called. **Next outing is January 12, 2004.**

## BOOK GROUP

*Contact Odette Filloux, (858) 453-0749*

**January 13, at 9:30a.m.:** We will meet at Barbara Nemiroff, 2803 Inverness Drive, La Jolla, to discuss the book "Tuesdays with Morrie", by Mitch Albom. Charlotte Mamorsky will lead the discussion. For any questions call either Odette, Sally Kroll, 453-1322, or Carol Schultz, 453-0458.

## CAFÉ ESPAÑOL

*Contact: Judy Vacquier, (858) 459-7834*

La próxima reunión de Café Español será el lunes, **19 de enero**, 1:30-3:30, en la casa de Roswitha Enright, 7561 Cabrillo Avenue, La Jolla (anfitriona Beate Menzel). Favor de contestar a Judy (858-459-7834) si puede venir o si tiene preguntas.

## CAFÉ FRANÇAIS

*Contact: Lucie Walther, (858)755-8060 and Martha Morera (858)481-7723*

La rencontre du prochain cafe francais aura lieu le **14 janvier 2004**, a 13 heures, chez Karin Reinhardt, 1649 Willowspring Dr N, Encinitas, tel (760)633.3190. Veuillez s.v.pl. lui faire savoir si vous venez ou pas. Merci!

## CINEMA SOIRÉE

*Contact: Laurette Verbinski, (858) 453-4699 or Roswitha Enright (858) 459-7375.* We meet on the second Sunday of each month at 7:00 p.m. for socializing, and movie discussion will start at 7:30 sharp. For information call Laurette or Roswitha. Next meeting **January 11, 2004**

## DAY BRIDGE

*Contact: Barbara Bank (858)484-4597 (barbara@s dna1.ucsd.edu)*

We meet the first and third Tuesdays of the month at various members' homes. We start at 10 a.m. and usually end at about 3 p.m. Everyone brings their own lunch. The hostess only provides drinks. Call for information.

Next meetings: **January 6 and 20, 2004**

## DEVILISH DINERS

*Contact: Mary Dashen (858) 457-4631, fax 457-4371, or mdashen@san.rr.com.*

On Tuesday January 13, we are meeting at TGIF at 11:00 and will carpool to Balboa Park where we will have lunch at 11:30 at the Water's Cafe, which is next to the Sculptor Garden at the Art Museum. Waters is a light lunch type cafe. Reservations are necessary. Afterwards you will have a chance to join the museum group and visit the exhibition at the San Diego Museum of Modern Art: "Sculpture in Silk; Costumes from Japan's Noh Oceanids

Theater. We will have a docent-guided tour at 1 p.m.. Call Mary for **lunch reservations.**

## ENVIRONMENTAL CONSERVATION BOOK GROUP

*Contact: Judy Vacquier (858) 459- 7834.*

This group meets the fourth Thursday of each month to discuss a book on environmental conservation and related topics. The next meeting will be Thursday, **January 22, 11:30-1:00**, in the conference room at the Birch Aquarium at Scripps. The book for January is Darwin's Dream Pond: Drama in Lake Victoria by Tijs Goldschmidt, MIT Press. Book discussion will begin at 11:45. You must pay \$3 per vehicle (for the parking machine) or have an A or B parking sticker or display your member's parking coupon. Bring your lunch. For more information contact Judy Vacquier, 858-459-7834 or jvacq@san.rr.com

## EVENING BRIDGE

*Contact: Barbara Bank at (858)484-4597, or e-mail (barbara@s dna1.ucsd.edu)*

The couples Evening Bridge Interest group meets at 7:30 p.m. on the fourth Saturday of the month all year long at one of our members' homes. If you wish to play on a regular basis, or just occasionally, please contact Barbara Bank. Next meeting **January 24, 2004**

## GARDENING GROUP

*Contact Mary Lynn Hyde 858-488-9283 mlhyde@san.rr.com or Irene Allison 858-453-0206 iallison@ucsd.edu*

We are piggybacking on the excursion to Balboa Park on Tuesday **January 13th.** Lunch at the Water's Cafe near the Sculpture Garden will be at 11:30 am and precede a docent-guided tour of the exhibit: "Sculpture in Silk; Costumes from Japan's Noh Theater" at the SDMOMA at 1 p.m. There should be time in between to see the recently renovated Botanical Garden adjacent to the Art Museum. For more information, see the entries under the Devilish Diners and Museum Group. Please **make reservation for lunch** by calling Mary Dashen at 457 4631

## GRACIOUS AGING

*Contact: Elibet Marshall (858)459-5246*

This group has an age limit; you must have lived 80 years to participate. We meet at Ellen Revelle's home on the first Monday of the month from 11 a.m. to about 2 p.m. to discuss various associated subjects. Pure spring water is provided. You bring your own apple (lunch). Call Elibet for details. Next meeting **January 5, 2004**

## HIKING IN AND AROUND SAN DIEGO COUNTY

*Contact: Roswitha Enright (858)459-7375*

We meet at 8:30 a.m. on the second Saturday of each month (October to May or June) at the La Jolla Village Shopping Center parking lot and carpool to the starting point of the hike. Bring a lunch, plenty of fluids, sturdy shoes and sun protection! Friends and family are invited. Call the week before the hike if you would like to come.

Next hike **January 10, 2004**

## LA JOLLA RENAISSANCE SINGERS

*Contact: Bill Propp at (858-459-2019) or wpropp@ucsd.edu.*

The group meets **every Wednesday** at the La Jolla home of Connie Mullin, a member of the UCSD Oceanids.

The La Jolla Renaissance Singers (formerly the UCSD Madrigal Singers) has existed for 40 years as an Oceanids activity group. Directed by History and Judaic Studies professor William Propp, the choir of about 25 performs throughout the San Diego area in period costume. Experienced choral singers (especially men!) are encouraged to contact Dr. Propp at [wpropp@ucsd.edu](mailto:wpropp@ucsd.edu) to arrange a visit and/or audition.

#### MOVEABLE FEAST

Contact: *Liz Fong Wills (858) 454-6858.*

This dining out group is currently at capacity but we are taking a wait list. For questions, please call Liz.

#### MUSEUM GROUP

Contact: *Carol Schultz (858) 453 0458 or Sally Kroll (858) 459 1322..*

We are planning to visit the San Diego Museum of Fine Arts in Balboa Park on Tuesday, **January 13th**, 1 pm.to view "Sculpture in Silk", an exhibit of costumes from Japan's Noh Theater. Group members might like to join members of the devilish diners and the garden groups for lunch at the Waters Cafe next to the Sculpture Garden, preceding the museum visit, at 11:30 am. Please make **reservation for lunch** by calling Mary Dashen at 457 4631. Call Carol for other information.

#### PEOPLE-TO-PEOPLE

Contact: *Carole Ziegler, (619) 297-0798.*

On Saturday, **January 3**, we will undertake an all-day trip to El Hogar orphanage near Ensenada/Mexico where we will bring gifts to help the children celebrate the Epiphany.

Contact: Carole L. Ziegler (619)297-0798 (H) or (619)594-6443 (W). email: [cziegler@acusd.edu](mailto:cziegler@acusd.edu)

#### SOUNDING BOARD

Contact: *Barbara Baehr (858) 272-4370*

No Sounding Board in January. But keep your calendar marked for **February 5**, 2004, when Richard Atkinson will talk about "Prospects for UC". See more information about him on page 6 and 11 in the newsletter.

#### STAMP GROUP

Contact: *Betty Shor (858) 453-0334*

We do not meet on a regular basis, but welcome other collectors to join our informal exchange. For information call Betty.

#### WALKING GROUP

This is a relatively new interest group to encourage fitness by walking with friends in your neighborhood. We have 3 groups formed so far: Del Mar, North La Jolla (UCSD), and South La Jolla (Mt. Soledad/Bird Rock). Please contact Judy Vacquier (858) 459-7834 if you would like to join a group or start one in your neighborhood, or if you would be willing to be a team captain for your neighborhood.

#### WEDNESDAY COFFEE

Contact: *Emily Stowell, 858 481-7938 or Mary Bailey, 858 755-6813.*

Please come and join our social group of Oceanids, newcomers, postdocs, students and their children every Wednesday all through the year from 10 a.m. to 12 noon for coffee, juice and cookies at the International Center. This is a time for children and adults to make friends, and find out about strange and wonderful American customs. There is also the opportunity to visit the kitchen exchange, where newcomers can rent kitchen and household equipment, also baby things for a small fee.

For more information, please call Emily Stowell, **or** Mary Bailey.

#### WINE TASTING GROUP

Contact: *Pat Kampmann (858) 454-1856*

Exploring the taste sensations of a new wine or an old vintage, this group meets the third Friday monthly. Members rotate as hosts, however, this group is currently at capacity. For questions, contact Pat.

#### WINE TASTING II

Contact: *Barbara Scholz 858- 350-6014 or bscholz@hotmail.com.*

We meet monthly. Members rotate as hosts. The cost for wine and food is shared between the people attending. Contact Barbara for information on the next meeting. 858-350-6014 (home)or 800-358-0700 x475 (work)

#### WITS I

Contact: *Pat Kampmann, (858)454-1856.*

This long-time investment group allows one to learn and earn on one's own. Procedures are followed which analyze all stocks before they are bought. A regular monthly investment is required along with a "buy-in". At present there are a few places open. We meet at the Oceanids Pavilion on the 4th Tuesday of the month all year long from 1:30 to 3:30. Next meeting, **January 27**

#### WITS II

Contact: *Ruth Reid (619) 226-2538*

WITS II meets the 4th Wednesday of the month, all year long, at various members' homes. We study companies, using the stock investment guides of NAIC, educating ourselves to have a better financial understanding and competence. Come visit us for a couple of meetings. Next meeting **January 28**. Call for information.

#### Half WITS

Contact: *Liz Fong Wills (858)454-6858.*

Half Wits will meet on January 15 (third Thursday of the month) to learn about the stock market and other financial topics. Beginning in Feb., we will meet on the second Thursdays of the month unless there are other conflicts. Call either Eleanor (858587-8865) or Liz to confirm the date!

.....  
• **Suggestion for a Bear Facts Contribution** •  
• **My most disastrous travel experience** •  
.....

#### HOUSE FOR RENT IN UC

**May through September 2004(flexible). Three bedrooms plus office, beautiful living area and European style kitchen, large patio and lovely garden with green canyon view and spa. Twelve minute commute to UCSD for visitors. \$2,100 includes utilities. Call (858)455-5721.**

Dr. Harriette Rosen, (she had a PhD in Music) died December 8, 2003. She has been a member of Oceanids since she came to San Diego many years ago. She was an ardent supporter of the Athenaeum. Her friends will miss her.

**ADDRESS CHANGES:**

Eleanor tumSuden  
8243 Caminito Modena  
La Jolla, CA 92037-2921

Lucy Stillwell  
6456 Goodwin St  
San Diego, CA 92111

.....  
• Suggestion for a Bear Facts Contribution •  
• The high point of my career •  
.....



**OCEANIDS & UCSD NEWCOMERS WHALE WATCHING TRIP**

Name(s) \_\_\_\_\_

Address \_\_\_\_\_

Home telephone number \_\_\_\_\_

Number of Adults \_\_\_\_\_ Number of Children \_\_\_\_\_ Amount of Check \_\_\_\_\_

Make checks payable to **Oceanids**. Send both form and check to:  
Georgina Sham, c/o Int. Center, 9500 Gilman Drive,  
La Jolla, CA 92093-0018

**Reservation Deadline: Wednesday, January 21**



**UPCOMING TALKS AT SOUNDING BOARD**

February 5: Richard Atkinson, UC President (Ret.) "Prospects for UC"

March 4: Donna Frye, SD City Council, 6th District "City Council Maverick"

April 1: Steve Erie, Political/Urban Scientist "Water and Growth"

May 8: Jim Goldsborough, SD Union-Tribune "Today's Hot Topics"

**More Sounding Board information. Please note:**

The speaker is introduced at about 12:20 and talks for about 20 to 25 minutes, then there is a discussion. There may be also interruptions with questions or statements during the talk-- it's very informal.

Sounding board is supposed to be over by 1:00-1:15 p.m.



# WELCOME NEWCOMERS!

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*Bear Facts*

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## January 2004

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
						People to people 1 2 3
Wine Tasting II 4	Gracious Aging 5	Day Bridge 6	KitX, Wed. Coffee LJRS 7	BOARD MEETING Sounding Board 8	9	Hiking 10
Cinema Soiree 11	Avi set 12	Book Group Museum Group Devilish Diners Gardening Group 13	KitX, Wed. Coffee LJRS Cafe Franc. 14	HALF WITS 15	Wine Tasting I 16	17
18	Cafe Espanol 19	Day Bridge 20	KitX, Wed. Coffee LJRS 21	Environ. Cons. Book Group 22	Bowers Museum 23	Whale Watching Evening Bridge 24
25	26	WITS I 27	KitX, Wed. Coffee LJRS WITS II 28	29	30	31

**Bear Facts**

**Month: January**

**Year: 2004**



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