

Dr. John Boyer will serve as keynote speaker for a one-day fitness and health symposium

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San Diego physician Dr. John Boyer, noted for his work in cardiology and rehabilitation, will serve as the keynote speaker for a one-day fitness and health symposium Saturday, April 19, at the University of California, San Diego.

The symposium, jointly sponsored by the Emergency Service Personnel Association and the UCSD Physical Education Department, will be held in room 2722 of the Undergraduate Sciences Building on the Revelle College campus. Registration will take place from 7 to 9:00 a.m. in the east entrance of the UCSD Gymnasium.

Registration for the day-long symposium is \$7.50 which includes refreshments and a 60-page copy of the proceedings involving abstracts and articles used by participants. Student registration is \$2.00.

Boyer, a member of the President's Fitness Council, will speak at 9:10 a.m. He will be followed by a morning session covering coronary risk factors and the effects of fitness programs of exercise on adults. An afternoon forum on preventive medicine and health, fitness and rehabilitation will be held following a lunch break.

Also presented will be the preliminary results of fitness tests administered to about 30 firemen, policemen and other "emergency" type personnel at UCSD on Friday, April 18. The tests, conducted by members of the UCSD Physical Education Department, will determine fitness levels and coronary risk factors in the subjects. Such things as blood pressure, resting heart rate, blood lipids, smoking, amounts of exercise and personality will be measured.

Howard Hunt, a supervisor in the UCSD Physical Education Department and UCSD Athletic Director, is serving as symposium program coordinator and Dr. James White, an associate supervisor in the Physical Education Department, is program director.

For further information on the symposium, call the UCSD Physical Education Department at 452-4032.

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