

# Bear



# Facts

Vol. XLIV No.3

UCSD OCEANIDS NEWSLETTER

December 2006

COME TO:

*Oceanids' Holiday Party*

*Saturday December 9, 2006*

*4 - 7:30 p.m.*

*UCSD International Center*

*We'll have Klezmer music with Scott Paulson  
(guaranteed to get your feet moving)  
Supper, Wine and Beer.  
Traditional Carol-Singing.*

*See old friends, make new friends, wear your holiday, or ethnic clothing you've collected on travels (or from home).*

*Oceanids, friends, and ADULT family members are invited.  
\$10 per person at the door.  
UCSD Newcomers FREE*

In the Holiday Spirit we will accept contributions for the UCSD Student-run Free Clinic Project.

The best way to address the check is to write it to: UCSD Foundation and on the line write "UCSD Student-Run Free Clinic Project". All gifts are tax deductible.

Questions ??

Maxine Bloor, 858-459-7665

Mary McIlwain, 858-454-4857

Bernie Sisco, 858-481-1310

roosisco@sbcglobal.net

# OCEANIDS CREW

## BOARD OF DIRECTORS

(note: all phone numbers are area code 858 unless otherwise noted)



### BEAR FACTS

is the newsletter of Oceanids, a UCSD campus organization. Published monthly except July, August & September. Letters to the Editor and articles of interest to UCSD are invited.

ALL SUBMISSIONS FOR CONSIDERATION MUST BE RECEIVED BY THE EDITOR NO LATER THAN THE 15th OF THE MONTH FOR THE NEXT ISSUE.

Address all submissions to:

Oceanids/Bear Facts

International Center

9500 Gilman Drive

La Jolla, CA 92093-0049

or, preferably, email to:  
oceanids@ucsd.edu and  
renright@ucsd.edu

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(858) 453-0379

#### PLEASE NOTE

The Post Office does not forward BEAR FACTS.

Please notify Circulation of any change of address.

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### OCEANIDS ONLINE

<http://orpheus.ucsd.edu/>

oceanids/

#### E-MAIL

oceanids@ucsd.edu

and also email renright@ucsd.edu

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	Maxine Bloor.....459-7665
Theatre Fundraiser	Molli Wagner.....720-1185
Museum Bus Trip	Barbara Starkey.....453-0779

### BOARD MEETINGS: first Thursday every month

Oceanids Pavilion, International Center

Coffee and refreshments: 9:30am

Meeting: 10:00am (You are welcome to attend!)



## President's Prattle

It is December, a favorite time of the year for family and friends to enjoy the pleasure of each other's company. It is also a time when Oceanids delight in gathering at our Holiday Party. This year it is on Saturday, December 9, from 4 until 7 PM, at the International Center. We promise a fun evening with friends, food, and entertainment. In the spirit of sharing we will collect donations for the student-run free clinic. Just two days before the party, Dr. Ellen Beck, the staff person in charge of the clinic will be the speaker at the December Sounding Board, Thursday Dec.7 at the Faculty Club. Her topic is of interest to everyone: Being a Change Agent, taking responsibility for your health and well being. Come for lunch at 11:30 and stay for the talk that begins about 12:15. Tickets are now on sale for our annual Theatre Party on January 25. At this play, "Heart of a Dog" the entire audience will be seated on the stage. This limits the attendees to only 80 at each performance, so please buy your tickets early so you won't be disappointed. This event is our major fundraiser for our six Student Service Awards. I wish you and yours all the delights of this season. One of my great delights is living on Christmas Card Lane in Rancho Penasquitos. Almost two hundred houses are decorated with lights and giant holiday cards made from plywood and paint. On the weekends before Christmas several homes run toy trains on the front yard, the high school members play music on the corners, carolers stroll the neighborhood, and horse-drawn carts go up and down the streets. You can find this winter wonderland by taking route 56 east to the Black Mountain Road exit, then go north on Black Mtn. Road for about a mile to Oviedo Street. Turn left and the magic begins. Just follow the crowds along Oviedo, Renato, and Ellingham Streets. You can walk or drive, but you'll see more details if you travel by foot. It is a great way to exercise and have fun at the same time. Please do have fun this holiday season.

Barbara

will be available at the Holiday Party. They make great gifts and also help our Scholarship Program

## MONEYBOOKS

### IF YOU HAVE NOT DONE SO:

PLEASE CALL MOLLI WAGNER IMMEDIATELY AND RESERVE YOUR SEATS FOR OUR FABULOUS THIRD ANNUAL THEATRE PARTY ON JANUARY 25TH.

THE PARTY WILL START AT 6:30 IN THE FOYER OF THE MANDELL WEISS THEATRE WITH WINE AND FOOD AND MERRIMENT.  
WE WILL WALK ACROSS TO THE MANDELL WEISS FORUM FOR THE PLAY

### HEART OF A DOG

from a novella by Mikhail Bulgakov and adapted for the stage by Frank Galati. The production will be directed by Charlie Oates, Chairman of the Theatre and Dance Department, and cast with graduate actors.

The audience will be seated on the Forum stage so seating is limited to 80.

Tickets will be available IMMEDIATELY for \$50 each, they are tax deductible as proceeds go to scholarships.

BRING YOUR CHECKBOOK  
TO THE BOARD MEETING



Call Molli Wagner at 858-720-1185 for reservations/tickets.

Next to every great man there is a  
great woman.....

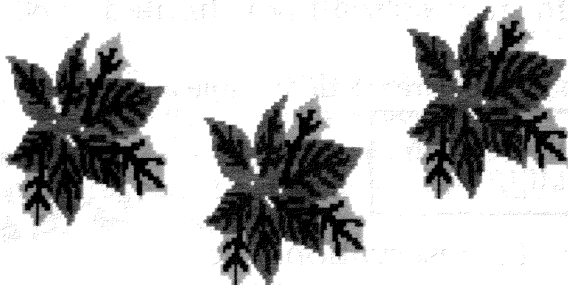
**(I realize, that many other Oceanids have great men with accomplishments and honors at their side. If you would like them to be mentioned here, please submit a short description. The Editor)**

UCSD Physicist Lu J. Sham (husband of Georgina) was awarded a Doctorate, honoris causa, from National Chiao Tung University, Taiwan, in June 2006. The citation in the certificate, honoris causa, reads "For his broad research contributions, including the quantum theory of molecules and solids, particularly, the co-founding of the Density Functional Theory, which has far reaching influence on computational physics and chemistry, and solid state quantum information and computation, particularly the optical control of spin interaction, which opens up another influential area."

Robert E. Skelton, a Distinguished Professor of mechanical and aerospace engineering at UC San Diego's Jacobs School of Engineering and a leading controls theorist (and husband of Oceanid Judy), has been named the Daniel L. Alspach Professor of Dynamic Systems and Controls.

Skelton has been involved with the country's first space station, Skylab, as well as the Hubble Space Telescope and a wide variety of down-to-Earth projects involving everything from robots to red blood cells. In recognition of his accomplishments, Skelton has been awarded the endowed chair with a gift from Daniel L. Alspach, a UCSD alumnus. Alspach's gift contributes to the \$1 billion fundraising goal of The Campaign for UCSD: Imagine What's Next.

At the annual dinner meeting of associates and fellows of the local chapter of the American College of Physicians it was announced that William S. Haubrich, M.D., Clinical Professor of Medicine (and husband of Oceanid Eila K.) had been named a Master of the College.



Press Release to the Oceanids Newsletter "Bear Facts"

Even though she wasn't kayaking the coastal caves as she did on her 99th birthday, our vivacious centenarian Ruth Leavenworth Fejer did take a weekend ride up Coast Hwy 101 with her "kids" and daughter-in-law in a P.T. Cruiser convertible for her 101st.

Later that week friends and family gathered at the cove park on her birthday, Sept. 19th, to celebrate with her and to eat a beautiful carousel cake designed and baked by her daughter Miriam and granddaughter Heidi. The cake was inspired by Ruth's exhilarating ride astride a fine steed on the merry-go-round while attending this year's family reunion in (where else?) Leavenworth, Kansas, named after a famous ancestor Brigadier General Henry Leavenworth of the U.S. Army, who founded the fort and hence the town. She found herself pictured in the local papers confidently holding her own and reaching for the elusive brass ring. She did catch four, but they were out of brass that day!

( A quote from Ruth's memoir; "Another memory of the Hudson River was stopping for a few days to attend a summer festival at I think was Schenectady. There were elephant rides, which I loved and so did Aunt Annie. If one could catch a ring while riding one could have another ride. We spent the whole afternoon and I loved it! They were not elephants. They were wooden horses who galloped up and down on a pole in a circle to music. I still love those circus wooden horses." )

At her cove-side party she made news again when introduced by our channel 8 weather and surf reporter who was doing a story about the return of the endangered giant black sea bass. Oceanids of all species came to the cove that day to celebrate Ruth's birthday. A good time was had by all!

The TV debut was possible thanks to Ady Rosenblatt (who counts Ruth as 101.1 as of October; 101.2 this month) and Ruth's son Nat, both of whom fearlessly pursued the television lead!

The latest news -- Ruth recently purchased a new suitcase - Stay tuned to see what adventure she will go on next!

## CHRISTMAS IN NEW YORK (?), 1949

The first year we were married, Martin and I were living, if you can call it that, in the open unfinished downstairs of the barn. It was cold and very uncomfortable. So we decided to drive to New York City for Christmas to be with my parents and Martin's mother. We looked like gypsies. It was a memorable trip beset by all kinds of trouble; we were bad travelers at best.

Starting late the first morning we looked for a place to stay very late at night. Finally we found a room in a rather dilapidated motel. Motels in that time in that area were not elegant to say the least but this one was at least open. It was cold in the room and there was not much in the way of blankets. We congratulated ourselves to have taken our electric blanket along and looked forward to a warm bed. . Alas, the room had no electric outlet. Eventually we fell asleep, when early in the morning there was a loud knock at the door. Martin grabbed his gun and went to see what was up. The owner of the motel was standing outside, angrily demanding that we had better get out; he was not used to guests staying all night. His customers were only entitled to a few hours of occupancy. He left when he saw Martin's gun. Naturally we hurriedly left too.

Before we approached Baltimore I thought that driving through the city would save time. This did not turn out that way. We lost our way in the city and had to turn around. We had just gotten back to the place where we had taken the wrong turn when something went wrong with our jeep station wagon. It was, of course, late at night again and the 23rd of December. We did find an open garage and implored the mechanic to work on our car. The kind man agreed even though he was just about to leave, having promised to put up the Christmas tree with his kids. He drove us to a nearby motel. We were exhausted and looking forward to a good night's rest. However, at the crack of dawn the most frightful noises woke us up. This motel was located on or near a turkey farm and the birds were lustily greeting the new day.

We walked to the garage, picked up our car and after driving for about 100 miles realized that we were going in the wrong direction again. We had to retrace our steps and lost 200 miles. It made me rather nervous thinking we would arrive late for Christmas Eve at my parents and would have no time to change into more decent-looking clothes. "Christmas Eve?" My husband asked. He had been quite relaxed thinking that Christmas Day was on the 25th of December, while I could not imagine not celebrating Christmas Eve, as was the German tradition. Tension between us was gone and we were now both trying to get to New York as fast as possible.

Just as we got to the outskirts of the city it began to snow. By the time we got to Fifth Avenue the snow had piled up so badly that our and many other cars just could not move anymore. We were stuck! Later on we had to shovel the snow off and around the car and move it from street to street in order to evade the police that was threatening to tow away all cars. I don't remember what my parents thought of us gypsies when we finally stood before them.

Marianne Burkenroad

### OCEANIDS IS OPEN TO ALL WHO ARE INTERESTED IN UCSD

Print your name as you would like it to appear in the OCEANIDS DIRECTORY. Check here if you don't want to be listed: \_\_\_\_\_

Name: \_\_\_\_\_ Spouse's Name: \_\_\_\_\_

Address: \_\_\_\_\_

City, State, Zip: \_\_\_\_\_ Type of Membership: \_\_\_\_\_

Home Phone: \_\_\_\_\_ Work Phone: \_\_\_\_\_

FAX #: \_\_\_\_\_ Email: \_\_\_\_\_

**ANNUAL MEMBERSHIP: \$25** (Check payable to OCEANIDS - not tax deductible)

**SUSTAINING: \$250 & LIFE MEMBERSHIP: \$500** ( Check payable to UCSD FOUNDATION - tax deductible)

Send check(s) & completed form to:

OCEANIDS, INTERNATIONAL CENTER, 9500 GILMAN DR., LA JOLLA, CA 92093-0049

## WINE TASTING - OUR OWN WAY

After having spent the better part of summer in Europe we were invited to a family reunion with our three sons. They all live in the bay area and suggested a wine-tasting tour in Napa and Sonoma. Because of the size of our group, eight adults and three grandchildren, they decided to limit the number of wineries to be visited and start the day with a hike. We met at a park near Napa and climbed up to a nice viewpoint over the bay. Back at the bottom we got into the cars and headed for the Pine Ridge winery, which, according to a description had a beautiful picnic area. This turned out to be true and lunch - a Trader Joe's fare - was spread on the table while part of the group headed for the wine tasting.

They came back empty handed. The cost was \$15 per person and to buy a bottle was only possible for members and yes - those picnic tables were reserved for members only. It was already two in the afternoon, we were hungry and stayed put. Fortunately, there were two half bottles of Chardonnay in the cooler, leftovers from a party the night before that we tasted at our lovely lunch place.

Next we headed for the Stag Leaf winery. There the wine tasting was \$15 on one side of the room and \$30 on the opposite side (times 8!) and the tasting cost was not applicable towards a purchase. That seemed again beyond the budget but buying a bottle was no problem and we sat down in the beautiful gardens and tasted a Sauvignon Blanc. Well, not in glasses as usual but even in our plastic cups we enjoyed the wine. By now cell phones got into high gear asking around about the costs of tasting in different wineries. Since we were invited for dinner in Sonoma (a birthday present for dad), the decision was made to drive to the Bartholomew Park winery where our oldest had a membership that was going to lapse in December. It took us a little longer to get there and - alas - the gate closed at exactly 4:30 pm. The Bueno Vista winery close by was open until 5 pm. We parked and started up the tree-lined road to find a sign: Sorry for the inconvenience, closed for a private event. Our sons talked to the people at the entrance and lamented over the bad luck in taking their parents wine-tasting and they were able to buy a bottle of Syrah, provided with glasses to enjoy the wine at their picnic tables.

Dinner reservations were for 6:30 pm, no rush to drive to the restaurant. As usual there was a Frisbee along and we tossed it around on the empty parking lot while some of us changed into fancier attire. What is almost a rule, the Frisbee gets into an awkward place to pick up. We have retrieved Frisbees from streams, steep slopes, snowfields, and lakes (by wave propagation). In this instance it flew across the fence but we found an opening just wide enough for an adult to squeeze through. We had had a bigger problem in the morning when three-year-old Emma had to be pushed through a round hole in a fence, avoiding the barbed wire. She was terribly proud as we all cheered.

By now it was time to drive into town for dinner. While trying to find a parking place we noticed a tasting room next to the restaurant with an "open" sign. Actually, they closed at 5:30 pm but did sell us a bottle of their Castle cabernet. The wide porch was inviting but - ach - we were not allowed to drink the bottle there as they did not have a liquor license to serve wine outside the tasting room. So this bottle will still need to be opened, that is, if it has not been used up before the next visit to the bay area.

Dinner at the "girl & the fig" restaurant was fabulous and so was our wine-tasting tour even though we never stood at any counter, whirling glasses and sniffing the bouquet.

Elisabeth Marti

### IS ANYBODY INTERESTED IN A GERMAN KAFFEEKLATSCH?

We can meet at my house one afternoon a month and talk in German.

Beginners are welcome

We will be very patient, but only German will be spoken.

Please e-mail me if you are interested.

Roswitha Enright  
( [renright@ucsd.edu](mailto:renright@ucsd.edu) )

# OCEANIDS' INTEREST GROUPS

Interest Groups are the backbone of our Oceanids organization. They are here to meet the many varied needs of UCSD families, especially those new to the UCSD campus and the community. If you don't find an activity you would like to participate in, please contact Carole Ziegler (619) 297-0798 or Judy Vacquier (858) 459-7834, Interest Group Coordinators. If five or more Oceanids wish to start a new group, please let them know so we can inform other members. All we ask is that your members be Oceanids. If you are not yet a member of Oceanids, please consider joining us by calling Gail Fliesbach (858) 270-5536 or by submitting the application form in this issue.

## AVI SET BIRDERS

Contacts: Sidney Bagley (858) 455-1477, Lou Bowles (858) 755-7102, or Joany Mosher (858) 454-0017

Our birding group meets promptly at 8am the second Monday of each month **during the academic year**. The La Jolla group will meet at the corner of Dunaway Dr. and Glenwick Dr. in La Jolla. The North County birders will meet at the home of Lou Bowles, 13040 Caminito Mar Villa, Del Mar. We will carpool from these locations to sites around the county. Members will be called.

**Next outing: December 11.**

## BOOK GROUP

Contact ; Tobe Rothaus (858) 551-8083 or Janet Goff (760) 753-3472

We will meet on Tuesday, December 12 - 9:30 am - at Barbara Penn's; 8223 El Paseo Grande, La Jolla; 858/459-1868. Our book this month is "East is East" by T. C. Boyle; the discussion will be led by Coyla Wilson.

**Next meeting: December 12**

## CAFÉ ESPAÑOL

Contact: Judy Vacquier (858) 459-7834 or [jvacq@sbcglobal.net](mailto:jvacq@sbcglobal.net)

La próxima reunión de Cafe Español será el miercoles, 6 de diciembre, 1:30-3:30, en la casa de Marianne Burkenroad, 2354 Torrey Pines Road #14, La Jolla. Favor de contestar a Marianne (<<mailto:charles.fuchsman@gte.net>>charles.fuchsman@gte.net) o a Judy (858 459 7834 o <<http://us.f821.mail.yahoo.com/ym/Compose?To=jvacq@sbcglobal.net>>jvacq@sbcglobal.net).

**Next meeting: December 6.**

## CAFÉ FRANÇAIS

Contact: Hulya Saygin (858) 350-8081 ou Diana Vines (858) 459-8248

Le prochain Cafe Francais sera mercredi 13 decembre, de 13 a 15 heures chez Heli Hofmann, 5870 Cactus Way a La Jolla. Le numero de telephone d' Heli est (858) 459-4610. Nous esperons vous voir nombreuses pour le dernier Cafe Francais de 2006.

**Next meeting: December 13.**

## CINEMA SOIRÉE

Contact: Laurette Verbinski (858) 453-4699

or Roswitha Enright (858) 459-7375

We meet on the second Sunday of each month at 7:00pm for socializing; movie discussion starts at 7:30pm sharp. For more information call Laurette or Roswitha.

**Next meeting: December 10.**

## DAY BRIDGE

Contact: Barbara Bank (858) 484-4597 or [barbara@sdnal.i](mailto:barbara@sdnal.i)

We meet the first and third Tuesdays of the month at various members' homes. We start at 10am and usually end at 3pm. Everyone brings her/his own lunch. The hostess will provide drinks. Call for information.

**Next meetings: December 5 and 19.**

## DEVILISH DINERS

Contact: Mary Dashen (858) 457-4631, fax (858) 457-4371, or [mdashen@san.rr.com](mailto:mdashen@san.rr.com)

**Next meeting: to be decided**

## ENVIRONMENTAL CONSERVATION BOOK GROUP

Contact: Carole Ziegler at [ctieglers@sandiego.edu](mailto:ctieglers@sandiego.edu) or 619-297-0798

We meet quarterly, the fourth Thursday of the month, at 11:30 am in the Birch Aquarium at the Scripps Conference Room. The next meeting will be January 25, 2007. Our book for January will be "Lost in the Woods" by San Diego Union-Tribune columnist Richard Louv. It is a comment on how our children do not play in the outdoors as much as we did when we were growing up.

**Next meeting: January 25.**

**PLEASE SEE PAGE 11**

## EVENING BRIDGE

Contact: Barbara Bank at (858) 484-4597 or [barbara@sdna1.ucsd.edu](mailto:barbara@sdna1.ucsd.edu)

The couples Evening Bridge Interest Group meets at 7:30pm on the fourth Saturday of the month all year long at one of our members' homes. If you wish to play on a regular basis, or just occasionally, please contact Barbara Bank.

**Next meeting: Call Barbara.**

## GRACIOUS AGING

Contact: Elibet Marshall

(858) 459-5246

This group has an age requirement. You must have lived 80 years to participate!

We meet on the first Monday of the month from 11am- 2pm at the home of Ellen Revelle to discuss a variety of subjects. Bring your own apple (lunch). Pure spring water is provided.

Call Elibet for details.

**Next meeting: December 4.**

Report from the  
Gracious Aging Group:

Growing old is mandatory;



growing up is optional.

## HIKING IN AND AROUND SAN DIEGO COUNTY

Contact: Roswitha Enright (858) 459-7375

We meet at 8:30am on the second Saturday of each month (October to May or June) at the La Jolla Village Shopping Center parking lot and carpool to the starting point of the hike. Bring a lunch, plenty of fluids, sturdy shoes and sun protection! Friends and family are invited. Call the week before the hike if you would like to come.

**Next hike: December 9.**

## LA JOLLA RENAISSANCE SINGERS

Contact: Bill Propp at (858) 459-2019 or [wpropp@ucsd.edu](mailto:wpropp@ucsd.edu)

The group meets every **Wednesday** at a home in La Jolla. Call Dr. Propp for the address. The LJRS (formerly the UCSD Madrigal Singers) has existed for more than 40 years as an Oceanids activity group. Directed by History and Judaic Studies Prof. William Propp, the choir of about 25 performs throughout the San Diego area in period costume. Experienced choral singers (especially men!) are encouraged to contact Dr. Propp to arrange a visit and/or audition.



### MOVEABLE FEAST I

Contact: Liz Fong Wills (858) 454-6858

This dining-out group is currently at capacity but we are taking a wait list.

**Next meeting: contact Liz Fong Wills**

### MOVEABLE FEAST II

Contact: Shirley Babior (619) 542-0536 or Babior@earthlink.net or Mary Cutchin (858) 459-8074 or marycutchin@hotmail.com

This group meets on the third Sunday of each month for drinks at a member's house. From there we carpool to the restaurant. Contact Shirley Babior or Mary Cutchin for information.

**Next meeting: December 17.**

### MUSEUM GROUP

Contact: Carol Schultz (858) 453-0458 or Sally Kroll (858) 459-1322

Museum outings are on an occasional basis. All Oceanids are invited to join.

**Next meeting: check Bear Facts Newsletter each month**

### PEOPLE-TO-PEOPLE

Contact: Carole Ziegler, (619) 297-0798 or cziegler@sandiego.edu

People-to-People will have their December lunch at the "Beach House" in Cardiff, Highway 101 on Tuesday, December 19 at 11:30 a.m.

For reservations and questions please call Carole or Phyllis Schwartzlose, 858-755 4088.

**Next meeting: December 19.**

### PHOTO DIGERATI

Contact: Jane Takahashi (858) 622-1993

We will meet on the first and third Monday of each month. This is for all who are interested in learning more about digital photography. For more information call Jane.

**Next meeting: December 4 and 18.**

### PIANO SOIRÉE INTEREST GROUP

Contact: Judy Vacquier (858) 459-7834 or jvacq@sbcglobal.net

This new interest group has started up beautifully. This is for amateurs who need a motivation to practice and want to perform in a relaxed, fun setting among friends. We also welcome chamber instruments and voice. We meet the fourth Sunday at 7:30 pm. However, in December we will meet Sunday, December 17th, at Mary Hanson's. Please email to Judy Vacquier 858-459-7834 or jvacq@sbcglobal.net if you can attend and for directions.

**Next meeting: December 17.**

### SOUNDING BOARD

Contact: Molli Wagner (858) 720-1185

Hear a talk by Dr. Ellen Beck, Director of Community Education at the Division of Family Medicine.

**Next meeting: December 7.**

### STAMP GROUP

Contact: Betty Shor (858) 453-0334

We do not meet on a regular basis, but welcome other collectors to join our informal exchange.

**Next meeting: contact Betty Shor**

### WALKING GROUP

Contact: Judy Vacquier (858) 459-7834 or jvacq@sbcglobal.net

This interest group encourages fitness and friendship by walking with other Oceanids in your neighborhood. You decide the time and route. Contact Judy Vacquier at jvacq@sbcglobal.net or 858 459 7834 for a list of walkers in your neighborhood. Areas: North La Jolla/UCSD, Mt Soledad/South La Jolla, Del Mar, University City, Pacific Beach, North County, Poway, Mission Hills, and El Cajon.

### WEDNESDAY COFFEE

Contact: Emily Stowell (858)481-7938 or Mary Bailey (858) 755-6813

Come join our social group of Oceanids, newcomers, postdocs, students, and their children for refreshments at the International Center every Wednesday, 10am-12 noon. You'll make friends and learn strange and wonderful American customs. Visit the Kitchen Exchange where newcomers can rent kitchen, household, and baby equipment for a small fee. For more information, contact Emily Stowell or Mary Bailey.

**Next meetings: Wednesdays 6+13 in December.**

### WINE TASTING I

Contact: Pat Kampmann (858) 454-1856

Exploring the taste sensations of a new wine or an old vintage, this group meets the third Friday monthly. Members rotate as hosts. However, this group is currently at capacity. For questions, contact Pat Kampmann.

**Next meeting: December 15.**

### WINE TASTING II

Contact: Barbara Scholz (858) 350-6014 or bscholz@hotmail.com

We meet monthly. Members rotate as hosts. The cost for wine and food is shared among the people attending (approximately \$8.00 per person). Please call contact person for information.

**Next meeting: contact Barbara Scholz**

### WITS I

Contact: Pat Kampmann (858) 454-1856

This long-time investment group allows one to learn and earn on one's own. Procedures are followed to analyze stocks before they are bought. A regular monthly investment is required along with a "buy-in." At present, there are a few places open. We meet at the Oceanids Pavilion on the 4th Tuesday of the month all year long from 1:30pm-3:30pm.

**Next meeting: Call Pat**

### WITS II

Contact: Joanne Meredith (858) 270-5795

WITS II meets the 4th Wednesday of the month at various members' homes all year long. We study companies using the NAIC stock investment guides in order to increase our financial understanding and competence. Come visit us!

**Next meeting: Call Joanne.**

### Half WITS

Contact: Liz Fong Wills (858) 454-6858

Unlike Wits I and II, the Half Wits don't buy stocks. We discuss financial and investment topics informally covering subjects ranging from longterm care insurance to pension options, as well as stocks and bonds. Our philosophy is, "There are no dumb questions." We usually meet on the 3rd Thursday of the month in the Oceanids Pavilion. Pat Kampmann and Eleanor tum Suden are our guides through the financial jungles.

**Next meeting: Call Liz. Call for confirmation.**





# Memories and Memory

by Odette Filloux

At the age at which you forget what you just did with your watch or your car key, or even with the name of the well known friend you are about to introduce, you are on the other hand sometimes surprisingly rewarded by the resurgence of memories stemming from a very distant past. They suddenly appear crystal clear in front of your eyes, in great details and vivid colors.

Nothing is more fascinating than memory, this ability to remember certain things and not others, the mysterious ways in which it seems to work, the how and possibly the why. What a temptation it is to think that one day it will all be assessed and even measured as we find out more and more about the working of our brain and its monumental task of recording life! As I write, I have no doubt that myriads of scientists in their labs all over the world are indeed doing just that, feverishly searching for any possible clues to its chemical, neurological or any other possible “ical” components. And even as they are unveiling one layer of knowledge upon another, it seems that there will always be a new one coming up to the surface; the peeling away might never come to an end.

Will we ever reach a final resolution of all the questions posed about memory and memories before we forget it all?! In the meantime, we, lay people, are left pondering about the anecdotal, and the meaning of those stories we can still recall.

Once at an early age, I became extremely sick with so high a fever as to be delirious; the memory that I have of this illness is fiery. I see my Dad looming very tall over me in reddish tones, and wavy forms in the room in which I am lying in bed. To this day I still experience his reassuring presence, but as I envision him, facing me, I also see just behind him quite low against the wall, a little blue desk, which I did not know I had in my room at that age and of which I have no other recollection. The blue is a cerulean blue, extremely cool, polished and glossy. It contrasts with everything else and shines vividly.

As I reflect on this recollection, I cannot but think that, had it not been for the fit of delirium and the intensity of the moment, the image of this little blue desk would never have been registered and imprinted upon my brain and I would most likely never have known of its existence.

And so, assuming simplistically that intensity of emotions might in some way have something to do with what is identified as “long-term memories”, even if

the mechanism by which they are fixed and recorded is not necessarily known, we could go one step further and state that the deliberate use of such intensely charged events could serve, from early on, to the acquisition of some beneficial long-term memories.

And indeed we would not need each time to be thrown into a delirium in order to do so! Fortunately, emotions come in all kinds of forms and contexts.

As an example, let me recall the following.

When I think, in general terms and for no specific reason, of the French 18th century, in the back of my mind, the color pink, always prevails. At the same time and without fail I picture the little costume that I wore when as a child I participated in a dance festival that I particularly enjoyed. It was made out of a pink satin that puffed up over the hips and was trimmed with lace. My mother would have said many times, as she would help me dress, “This Pompadour pink is very elegant and it fits you well.” Or maybe she would have insisted, “I really like this Pompadour pink and it is very suitable for this ballet.”... Whatever she would have said which I do not exactly remember, definitely included the words, pink Pompadour, or Pompadour pink used many times and with insistence. At that age I had no idea of who Madame de Pompadour was and neither was I made aware of it, nor did we ever talk of the 18th century or of any such grandiose notions. The whole experience only involved such particulars as Pompadour, pink, satin, laces, my mother, the dancing, the music and the wonderful sensations they all produced in me. Yet later on, there is no doubt that in history and literature classes at the “Lycée”, we had many occasions to talk about Louis the XVth’s mistress. But in spite of this added knowledge and the various images it would have created in my mind and in my imagination, I kept picturing for myself, the Marquise dressed in the same pink satin and elegant laces that had made up my little dance costume, when I was a small child..

In the course of my life, many other layers of knowledge will come to be added to what I would know of the French 18th Century, and yet to this day, it is the Pompadour Pink that prevails. It keeps coloring this abstract notion that constitutes “a century”, even when I am thinking of it for any number of other “adult” reasons. In my mind, linked as it was to an experience of total happiness, the 18th century (this abstract notion) remains indelibly Pompadour pink, as if it were its very essence, its sole and hidden identity.

Now, in lieu of a conclusion, let me quote the well known cliché that goes this way in French, “La culture est ce qui reste, quand on a tout oublié”, or in English, “Culture is what’s left when everything else is forgotten.”

Couldn’t we even venture to say that “Culture” is most likely made up, in large part, of layers upon layers of “long term” memories?

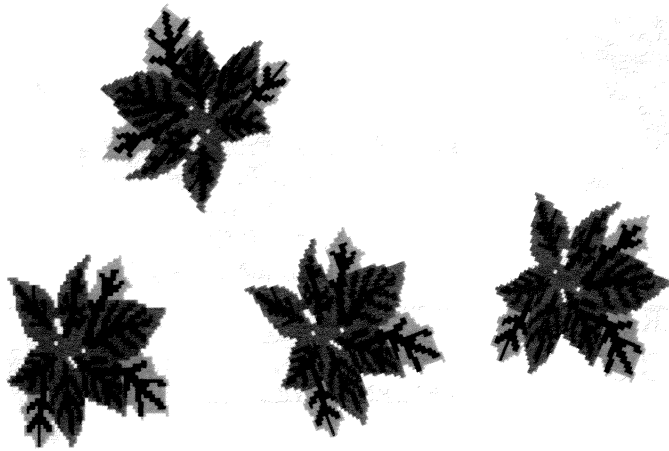


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**MONEYBOOKS**  
will be available at the Holiday Party. They make  
great gifts and also help our Scholarship Program

**ICNS Relocation Update**  
--by Ruth Newmark

Since the International Center needs more space to house new staff, the University decided that the nursery school module was the only reasonable place into which to expand. In fact, many of the International Center programs have doubled in size over the past ten years, whereas space has not increased at all. But how best to find a new home for the International Cooperative Nursery School? Agreeing that early childhood education was of high priority to the university, Chancellor Marye Anne Fox directed three vice chancellor areas--Business Affairs, Resource Management and Planning, and Student Affairs--to assist ICNS in its relocation. A committee composed of Lisa Nakadate (ICNS President and Committee Chair), Connie Justice (ICNS Director), Ruth Newmark (Friends Representative), Patti Seyfert (Space Planner for Student Affairs), and Matt Xavier (Educational Facility Planner) was formed this summer. Meeting almost weekly, the Relocation Committee has been working earnestly to find an appropriate home for ICNS. In September, we submitted a proposal to the Torrey Pines Christian Church on La Jolla Scenic Drive North to see whether ICNS might rent a portion of its Berry Center, a space that is already set up for a pre-school and would therefore need relatively few improvements other than enlargement of and new equipment for its play yard. However, the Church turned us down, not because of conflict with our program’s non-religious orientation nor because of the amount of money ICNS could afford to pay, but rather because our competitor, the YMCA, is a close neighbor and the Church already has a relationship with the Y. Lisa Nakadate has investigated numerous other off-campus venues, but so far has not come up with anything else located in a suitable 3-5 mile radius from campus. The Committee has also looked at different on-campus sites, in particular at some located near married student housing. Several possibilities are being pursued in greater detail, most promising a Community Center in the Mesa apartment complex. Patti Seyfert and Matt Xavier, in conjunction with other campus officials, are busily exploring how this space might be converted for ICNS use. The location off Regents Road is good; there is sufficient indoor space for two classrooms, bathrooms, as well as a modest office for the director; there is an adjacent outdoor area that could be developed into a play yard and related storage facility; and... parking is definitely more plentiful than in the middle of campus. All in all, the Committee is extremely excited about the possibilities inherent in this site; the more so, since there seems to be a lot of interest on the part of parents living in the Mesa complex for stimulating part-time childcare, such as the programs offered by ICNS.



December's Note From Membership –  
 Since the last publication of Bear Facts, 5 new members have joined our organization. These new members include: Penny Dublin, Elin & John Kjekshus, Greta Ross, Emma Marxer-Tobler and Kerstin Waschewksy. We welcome these new members and invite them to become an active part of our interest groups – or for that matter, to start an interest group of their choosing. It is exciting for us to welcome new people each month.

**CHANGES IN THE ENVIRONMENTAL BOOKGROUP**

After 3 years of exclusively reading books associated with the environment we are going to expand the view of this the Environmental Book Group and include other Nonfiction works. Our book for January will be "Lost in the Woods" by San Diego Union-Tribune columnist Richard Louv. It is a comment on how our children do not play in the outdoors as much as we did when we were growing up. Another change is that after Judy Vacquier's able leadership Carole Ziegler is the new chairman of this group. Carole's contact is [cziegler@sandiego.edu](mailto:cziegler@sandiego.edu) or 619-297-0798.

**Book Group Activities Report**

We are meeting on the second Tuesday of every month at members' houses for a book discussion. There is a designated reviewer for each month's selection. That person delivers a nuanced introduction of the author and generally directs the discussion which follows.

Books for the following year are nominated at the August meeting by members who have read certain books and found them suitable for the group as well as otherwise recommended books thought to be of interest. The lengthy list plus the views expressed are then edited and designated for an appropriate month by the chairman.

This year our titles are announced regularly in the Bear Facts calendar. You are one and all invited to attend our meetings. Reading is a beginning talking, discussing, sharing add pleasure to purpose.

Tote Barbara Rothaus

**EVERY 1ST THURSDAY AT 12 NOON.....**

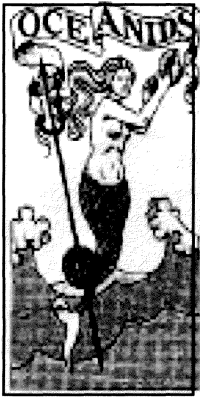
Oceanids and friends of the university meet at the Faculty Club, convene in a specially designated room to eat lunch and listen to fascinating speakers. You can be sure of a lively discussion!

**SOUNDING BOARD 2006**

After the Board meeting on **December 7th** join us at the Faculty Club for lunch to hear a talk by:

**Dr. Ellen Beck**, Director of Community Education at the Division of Family Medicine at UCSD, will discuss being a CHANGE AGENT. Dr. Beck combines her career goal of "creating environments where individuals, families or communities can take responsibility for their health and achieve well being" with her goal of "teaching young and future physicians to integrate the art and science of medicine" by focusing on programs that address the health needs of the underserved.

*Please come to this lecture which will certainly be extremely important and informative.*



# WELCOME NEWCOMERS!

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## BEAR FACTS UCSD OCEANIDS NEWSLETTER

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# DECEMBER 2006

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
					1	2
3	Gracious Aging Photo Digerati 4	Day Bridge 5	KitX Wed. Coffee LJRS 6	BOARD MEETING Sounding Board 7	8	Holiday Party 9
Cinema Soirée 10	Avi Set Birders 11	Book Group 12	KitX Wed. Coffee LJRS Café Français Café Español 13	14	Wine Tasting I 15	16
Moveable Feast II Piano Soirée Interest Group 17	Photo Digerati 18	Day Bridge People-to-People 19	LJRS 20	21	22	23
24 31	HAPPY HOLIDAYS 25	26	KitX LJRS 27	28	29	30

**Bear Facts**

**Month: December**

**Year: 2006**



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