

## **TRITONCAST – SHOW OUTLINE**

### **EPISODE 02 – JULY 8, 2020**

#### **WELCOME – JENNY**

Welcome to the second episode of Tritoncast – the podcast for UC San Diego Athletics.

#### **COMING UP – JEFF**

In today's Triton Spotlight... UC San Diego Sports Dietetics Coordinator Jasmine Chu ... explains how she teaches Trion scholar-athletes the key components of nutrition so they can fuel themselves for competition ... Jasmine also chats about how she's using social media to continue educating the scholar-athletes remotely during the summer.

#### **AROUND CAMPUS – JENNY**

But first...we go around campus ... Division I is here! Welcome to the Big West (series on web) ... Junior Triton Club

#### **TOSS TO INTERVIEW – JEFF**

Now here's our conversation with UC San Diego Sports Dietetics Coordinator Jasmine Chu...

#### **TRITON SPOTLIGHT INTERVIEW – JASMINE CHU (JENNY)**

#### **COME OUT OF INTERVIEW – JEFF**

*Thoughts/reaction/reflection/question for Jenny, etc. (plug their IG handle @triton\_nutrition)*

#### **CAMPUS SPOTLIGHT – JENNY**

In today's Campus Spotlight ... Dr. Shaun Travers, Director of UC San Diego's LGBT Resource Center ... Shaun shares about how the center serves the LGBTQI+ community and how Pride will be celebrated virtually this year.

#### **CAMPUS SPOTLIGHT INTERVIEW – SHAUN TRAVERS (JEFF)**

#### **COME OUT OF INTERVIEW – JENNY**

*Thoughts/reaction/reflection/question for Jeff, etc.*

#### **PREVIEW NEXT EPISODE – JEFF**

Look ahead to episode 3 – Steve Quis ...new episode of Tritoncast each Wednesday.

#### **WRAP SHOW – JENNY**

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