

# Bear



# Facts

Volume XXXVII No. 4

Bulletin

of

UCSD

OCEANIDS

January 1999

## GRAY WHALE SLIDE LECTURE

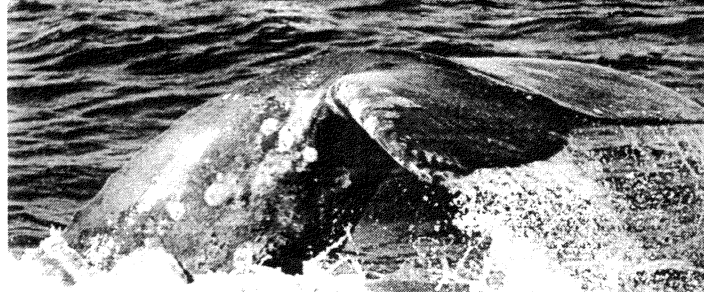
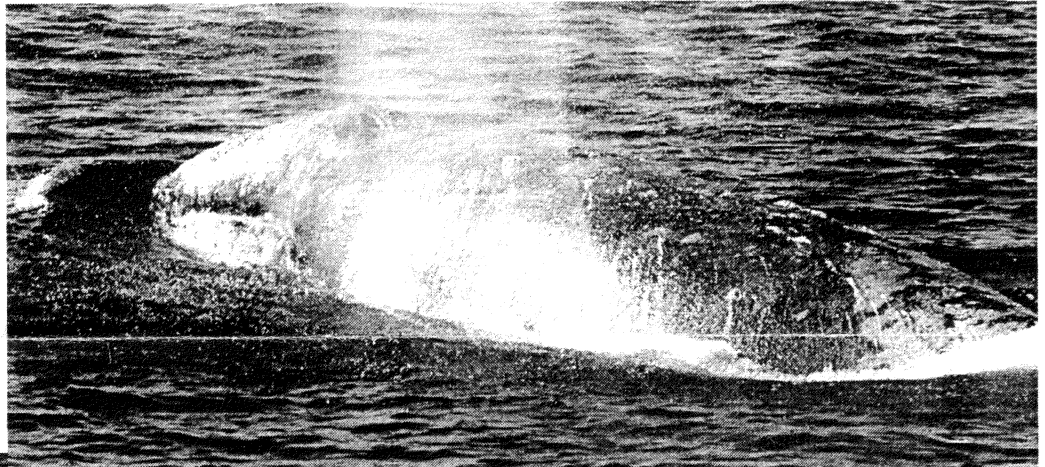
Come and learn about the migrating California Gray Whales on Tuesday evening 6:30 PM, January 5, at the International Center; everyone is welcome to attend. Our resident whale naturalist, Al Pentis, will present his informative slide talk on the behavior of these magnificent creatures.

Every year the Gray Whale herd migrates south from Alaska to the lagoons of Baja to mate and give birth. Then they return home to their feeding grounds in the Bering and Chukchi Seas.

If you are planning on going on the "whale hunt" with Newcomers, this is a great opportunity to sharpen your "hunting" skills, especially if you want to take photographs—anticipating whale behavior is the secret to a great shot.

If you just want to watch from shore, Al will acquaint you with the best viewing places. §

Photos by Al Pentis © 1975



Make your reservations now!

## NEWCOMERS' ANNUAL GRAY WHALE WATCHING TRIP

Plan to join Newcomers and friends for Oceanids' 28th annual Whale Watching Trip. Reserve Saturday morning, January 9, for an exciting two hour adventure off the coast of La Jolla. We board at 8:30 AM and will depart from Mission Bay at 9:00 AM sharp, aboard a 100 foot

long, seagoing vessel. Cost is just \$12 per adult and \$7 per child under age 12 (including infants). You must reserve early as this trip normally sells out quickly. Contact Liz Wills (619) 454-6858, for reservations and information.

The trip will be led by our marine mammal naturalist, Al Pentis, who has been following the migrating whales every year since 1964. §

## JOIN MOVEABLE FEAST AS THEY JOURNEY TO THE SOUTH OF INDIA

Moveable Feast goes on a culinary journey through the southeastern area of the subcontinent of India. Foods from the Madras region on the Bay of Bengal, in the ancient heart of Hindu India, are unique to this area. The dishes are quite different from dishes such as chicken tandoori from the northern Indian states which most of us are familiar with.

Head chef for this extraordinary dinner is Nissi Varki, M.D., a research pathologist at the UCSD Cancer Center. Dr. Varki and her husband both attended medical school in the Madras region of the state of Tamil Nadu. Assisting Dr. Varki will be her aunt and uncle (he being a retired ear-nose-throat doctor who loves to cook) along with various friends. If you would like to help that day, you will get a very special free Indian cooking lesson.



The menu will feature two kinds of *vadais* — *urud* and *channa dal*, *idlis*, *sambar over idli*; chicken *biryani*, *raita*, *dosas*, *ras malai* and *lassi*. You will get the menu translated as it is served and it is sure to be a delicious introduction to a different cuisine. Drinks and nibbles will be served in the Zonta Lounge of the International Center at 6:00 PM, with dinner at 7:00 o'clock.

Make your reservations for Saturday, January 16, as we join the Friends of the International Center for their fundraiser dinner. Cost is \$20 for Friends and \$25 for non-members. Everything above \$7.50 is tax deductible and goes to the Friends Scholarship Fund.

Please call Liz Fong-Wills any evening at (619) 454-6858 for reservations and information. §



**BEAR FACTS**

is the newsletter of Oceanids, a UCSD campus organization. Published monthly except July, August & September. Letters to the Editor and articles of interest to UCSD are invited.

ALL SUBMISSIONS FOR CONSIDERATION MUST BE RECEIVED BY THE EDITOR NO LATER THAN THE 10th OF THE MONTH FOR THE NEXT ISSUE.

Please address all submissions to:

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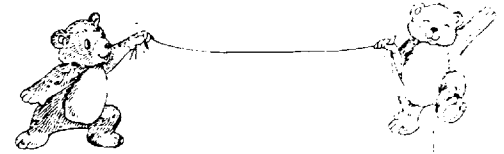
**PLEASE NOTE...**

Bear Facts will be using telephone area codes with most numbers since the telephone companies will soon begin adding new ones.

Please be sure to note those already in use such as 760. The telephone company no longer notifies you of any change; they only give the message "...the number is no longer in service". If you get this message be sure to check the area code.

**OCEANIDS' TEAM 1998-99**

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UCSD Med. Ctr.Aux	Salley Krause ..... 755-3245
	Carole Ziegler ..... 297-0798
Retirement Assn.	Pat Kampmann ..... 454-1856
Historian	open .....



**PRESIDENTS' MESSAGE**

The Holiday Party at University House was an especially enjoyable affair. Kudos go to Mike and Connie Mullin and the Renaissance Singers for an excellent job entertaining us with lovely renditions of many favorites.

We also extend kudos to Sandy and Evelyn Lakoff for leading us in the singing of traditional Christmas carols. It wouldn't have been nearly as much fun without them.



Glenda and I wish you all a wonderful New Year.

*Barbara Starkey*

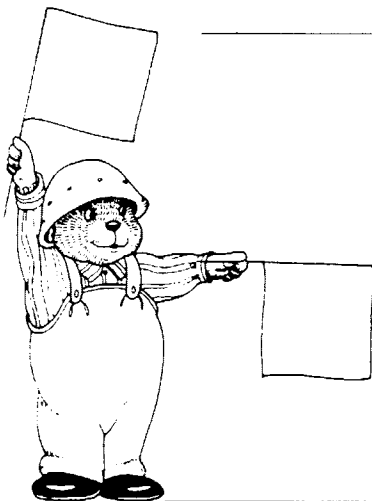
**FROM THE EDITOR'S DESK...**

Please change your directory listing for my Email address. I have made a change and messages sent to old addresses may not be received. My new address is:

**[maryanne@pentis.com](mailto:maryanne@pentis.com)**

I want to add my wishes for a happy New Year. I also thank all of you who have contributed to *Bear Facts* and encourage submissions for consideration.

I'm also pleased to announce that we now have a "press corps" consisting of several members who will be covering various campus activities; they will affectionately be known as Bear Cubs. If you are interested in writing for *Bear Facts* and joining the "corps", please let us know. And, if you can type, we can use you help entering articles into the Oceanids' computer at the International Center.



## VINCENT VAN GOGH (1853-90)

by Jean Lindsley

Van Gogh, the first great Dutch master since the seventeenth century, did not become an artist until 1880. He died only ten years later so his career was very brief. His early interests were in literature and religion; strongly dissatisfied with the values of industrial society and imbued with a strong sense of mission, he worked for a while as a lay preacher among poverty stricken coal miners. This same intense feeling for the poor dominates the paintings of his pre-impressionist period (1880-85). In *The Potato Eaters*, there is a naive clumsiness that comes from his lack of conventional training, but this only adds to the expressive power of his style.

When he painted *The Potato Eaters*, Van Gogh had not yet discovered the importance of color. A year later in Paris, where his brother Theo had a gallery devoted to modern art, he met Degas, Seurat and other leading French artists. Their effect on him was electrifying: his pictures now blazed with color. This was an Impressionist phase that lasted less than two years. Although it was vitally important to his development, he had to integrate it with the style of his earlier years before his genius could fully unfold. Painting continued to be a vessel for his personal emotions.

He went to Arles in the south of France. It was there, between 1888 and 1890, that he produced his greatest pictures. He now devoted himself to landscape painting: he saw it filled with ecstatic movement. In *The Wheat Fields* and *Cypress Trees* both earth and sky show an overpowering turbulence. He began to suffer fits of a mental illness that made painting increasingly difficult for him. Despairing of a cure, he committed suicide because he felt very deeply that art alone made his life worth living.

## Van Gogh's VAN GOGH!

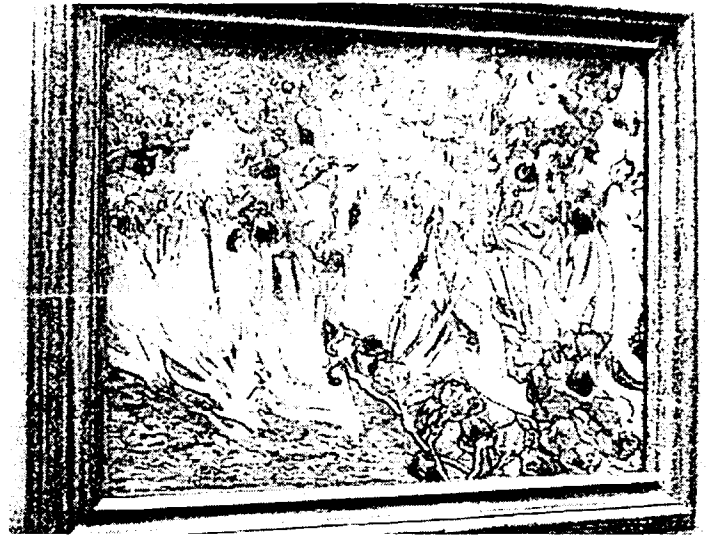


## VAN GOGH ART TOUR

by Mary Anne Pentis

The largest Vincent van Gogh exhibit held in the United States in twenty-five years opened last October at the National Gallery of Art in Washington, DC. It only took two weeks for art lovers to quickly snap up the 196,908 passes. Prices from ticket agencies soon rose to \$150 each.

This marvelous exhibit of 72 van Gogh masterpieces will move to the Los Angeles County Museum of Art, and opens January 17, 1999, where it will remain until April 4, 1999. Then it will return to the Amsterdam museum. When Oceanids toured the Getty Museum last year, they viewed *Iris*, by van Gogh. It was the only oil painting under glass and I told my daughter that it had to have been very costly. I later heard that it had recently been purchased for over \$50 million, making it quite a



substantial addition to the Getty collection.

If you act quickly, you may be one of the fortunate to join the Oceanids bus trip, organized by Jean Lindsley (619-453-4043), which will take us to the Los Angeles exhibit on Friday, February 19. Space is limited so you must reserve now using the coupon in this issue of *Bear Facts*. (See the accompanying article by Jean Lindsley.)

## MASTERPIECES OF VAN GOGH MUSEUM BUS TRIP

Oceanids will have a trip to the Los Angeles County Museum of Art to see the largest collection of Van Gogh's paintings to be seen in the United States in 25 years. The show will include 72 works loaned by the Museum in Amsterdam. You will see the *Potato Eaters*, *The Bedroom*, *the Wheat Field With Crows*, along with many more.

Date: **Friday, February 19**

Time: 8 A.M. til around 7 p.m.

Cost: \$35 (this includes the bus and the entrance ticket)

For reservations please send the form in this issue of *Bear Facts* with your check, **made payable to Oceanids** to:

Van Gogh Exhibit, Oceanids, International Center, 9500 Gilman Drive, La Jolla, CA 92093-0049

Questions? Call Jean Lindsley (619) 453-4043

# AROUND CAMPUS

## OCEANID'S HOLIDAY PARTY AT UNIVERSITY HOUSE



*A sumptuous buffet feast was spread before us making choices difficult for the Shabetais and others.*

## HOLIDAY TIME

*by Mary Anne Pentis*

On an evening in December, the air was crisp and clear;  
U House glimmered gayley, sounds of carols we could hear.  
And, as we stepped inside, it sparkled with its charm;  
U House, as always, was welcoming and warm.

The choir sang its Christmas songs to glorify the reason;  
Then we raised a glass of bubbly to celebrate the season.  
We shared our plates of special food,  
Quite enjoyed the especially festive mood.

Then we gathered round the Christmas tree;  
A fitting place for Oceanids to be.  
And while the Lakoffs led, we soon were a caroling;  
What a joyous way to feel—a Holiday hearlding!



*Ken Bowles mixes an Oceanid specialty - Champagne and Creme de Casis.*



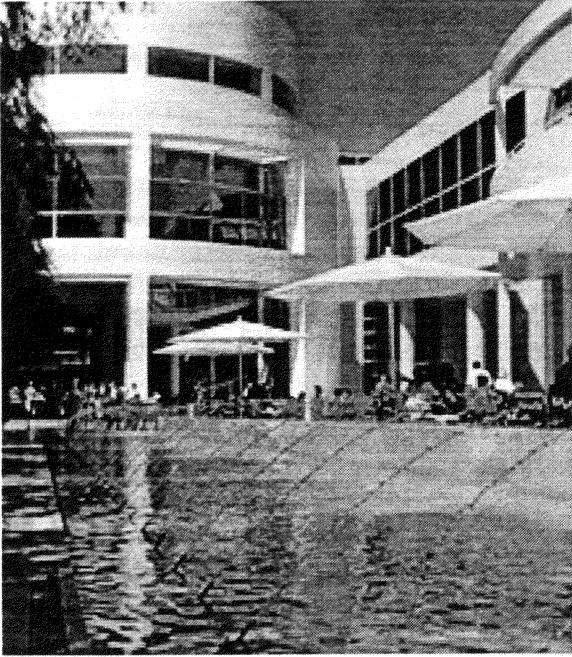
*Left: Evelyn and Sandy Lakoff with Oceanid president Barbara Starkey, lead the Christmas caroling - an Oceanid tradition.*



*Mike and Connie Mullin's Renaissance Singers lend a joyous spirit to the Holiday festivities with their beautiful voices.*



# ROUND ABOUT & AWARDS

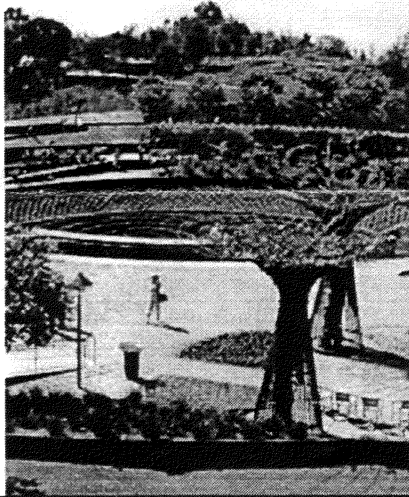


## GETTY MUSEUM

by Mary Anne Pentis

It's been a couple of months since Oceanids' last bus trip to the Getty Museum in Los Angeles, but as I review these snapshots I am again astounded at the magnificent architectural structures. They were obviously built with permanence in mind but also with striking artistic beauty. No matter which way one faced, whether inside or out, wondrous forms took shape in stone, glass and steel—all complimented by light.

I was more taken with the architecture than with the artistic collections although they were most impressive. I hope you can get a small feel for the beauty of this museum and plan on seeing it in person. It is easy to get to via the Sepulveda Freeway from San Diego, and the tram ride up from the parking lot is enjoyable. If it isn't smoggy or overcast you will get a tremendous view of the Los Angeles basin and the ocean. The Getty is perched on a hillside near UCLA and not only houses the museum but also an extraordinary research facility and lovely gardens. §



## CONGRATULATIONS - CHRIS WILLS

by Lanna Chang

Christopher Wills, husband of Liz Fong Wills (for those of you who are REALLY NEW – Newcomers Director) has won the 1998 AAAS (American Association for the Advancement of Science) Award for Public Understanding of Science and Technology, and will be honored at the 1999 AAAS Annual meeting in Anaheim, California (21-26 Jan). This is a very prestigious award which recognizes scientists who have made outstanding contributions in making science understandable to the general public. Past winners include

Carl Sagan, the well-known astronomer, and Edward O. Wilson, the Harvard Biologist who studies ants. Chris has made science fun to read and easy to understand in the five books he has written. Just the titles alone should tempt anyone with the slightest interest in science to look at the books — *Children of Prometheus: the Accelerating Pace of Human Evolution*; *Yellow Fever, Black Goddess: the Coevolution of People and Plagues*; *The Runaway Brain: the Evolution of Human Uniqueness*; *Exons, Introns, and Talking Genes* :

*the Science behind the Human Genome Project*; and *The Wisdom of the Genes: New Pathways in Evolution*.

WELL DONE, Chris! We are proud of you.

The publishers of Children of Prometheus will be hosting a party to honor Chris during the AAAS meeting at Anaheim (probably on Saturday, 23 Jan, 1999). Please let Liz know if you are attending the meeting and would like to join them in the celebrations. §

# OCEANIDS' INTEREST GROUPS

*Make new friends, get to know the area, and have fun with others. Oceanids' varied interest Groups warmly welcome new faces. However, a few do have requirements that limit their enrollment. All Interest groups are invited to use the Oceanids' Pavilion at the International Center for meetings. New groups may be formed any time five or more Oceanids are interested. Just notify president Barbara Starkey if you're planning something new.*

## AVI SET (BIRDERS)

*Contacts: Sidney Bagle, (619) 455-1477, Lou Bowles 755-7102, or Joany Mosher 454-0017*

ATTENTION new and long-time members of our group. We will now meet on the **SECOND MONDAY** of each month during the academic year. Thanksgiving and Christmas and Memorial Day holidays kept interfering with our outings on the fourth Mondays, so this is a change. Please mark your calendars.

Once you have signed up for the Avi Set, our committee will phone you each month to tell you where we will go. We always meet promptly at 8:00 AM.

One group meets at the home of Teresa Lein, 8653 Dunaway Dr. La Jolla. The North County birders will meet at the home of Lou Bowles, 13040 Caminito Mar Villa, Del Mar. We carpool from these locations. We visit sites around the county.

For more information, please telephone .

## NEW GROUP - CHECK IT OUT!



## BADMINTON ANYONE ?

Dorothy Dean is interested in starting a new interest group of people who would like to play badminton. If this appeals to you call her at (619) 755-4617.

## BOOK GROUP

*Contacts: Zella Brown, (619) 453-3050, or Barbara Penn, 459-1868.*

Book Group will meet on Jan. 12 at the home of Ruth Fejer, 7225 Encelia Dr., at 9:30 a.m.. The book for discussion is "Remembering Babylon," by David Malouf. Call Zella Brown at 453-3050 for more information.

## CAFÉ FRANÇAIS

*Contacts: Denyse Haney au (760) 929-9120, ou Paula Desii (619) 287-3644*

Prochaine reunion: Mercredi 13 janvier 1999 a 13 hrs (1:00 PM) Chez Karen Reinhardt, 1649 Willowspring Dr. N., Encinitas, (760) 633-3190.

## CINEMA SOIREE (FILM GP.)

*Contacts: Zella Brown (619) 453-0340, or Laurette Verbinski, 453-4699.*

We meet on the third Saturday of the month at 7:45 PM. Many couples are included. Call for film and location so you have time to see the film before we get together to discuss it.

## DAY BRIDGE

*Contact: Isabel Wheeler (619) 459-7461*

On the first and third Tuesdays of the month, the Day Bridge Group convenes. Each member takes her turn as hostess. Coffee and tea is served, and we bring our lunch. Playing a standard game with few conventions, we combine the challenge with congeniality.

## EVENING BRIDGE

*Contact: Barbara Bank (619) 484-4597*

Couples meet at 8:00 PM on the fourth Friday of the month for "party bridge". If you wish to play on a monthly basis, or just occasionally, please call.

## FACE OFF - POLITICAL DIALOGUE

*Contact: Zella Brown (619)-453-3050*

This new group will NOT meet this month. A new regular meeting date is in the works as there was some conflict with the old one. If you are interested in political discussions, this is the group for you. Call for Zella to discuss the possibilities.

## GARDEN GROUP

*Contact: Laura Norris (619) 272-3299, Mary Lynn Hyde 488-9283 or Jean Lindsley 453-4043.*

On Thursday, January 28, we will visit Southern California's foremost

geranium nursery owned by Gerald Stewart. He grows some 2,000 varieties and he will tell us how to take care of each of the different groups of geraniums. Sometimes the talk comes with scones. A tour of his nursery and greenhouses will follow. He is an excellent speaker and says he has had a passion for these plants since he was 3 and his babysitter bought him a dark red Martha Washington geranium.

We'll meet at the TGIF parking lot at 9:30 AM and carpool to the nursery in Vista and have lunch there afterward.

## HIKING-AND WALKING

*Contact: Roswitha Enright (619) 459-7375.*

Our hiking group has been in existence for a few years now. The number of participants varies from month to month; sometimes we are as few as five, sometimes 12 to 15 people (men, women and children), who meet on the **SECOND SATURDAY** of each month to explore and enjoy the wilder surroundings of San Diego.

We meet from October until May or June, and most of our leisurely hikes (4-7 miles) take place in the near mountains (Cuyamaca State Park, Laguna Mountains, Palomar) or in the Anza Borrego Desert (in Winter and Spring, if the bloom is particularly spectacular). We usually meet at 8:30 AM in the parking lot of the La Jolla Village Shopping Center and carpool to the starting point of the hike.

Wear sturdy shoes, sun protection and appropriate clothing, and bring a lunch and enough fluids to drink for the sometimes hot days. If you have any questions, please don't hesitate to call.

## KITCHEN EXCHANGE

*Contact: Maryruth Cox (619) 755-4007, Louise Keeling 755-7121, Liz Fong Wills*

Our Kitchen Exchange serves the short-term foreign visitors who come to UCSD. We rent kitchen equipment and baby things for nominal fees.

Open every Wednesday from 10:

AM to 12:00 noon. We are always happy to accept donations; and if you enjoy meeting and helping people, we can use your help!

## LA JOLLA RENAISSANCE SINGERS

Contact: *Connie Mullin (619) 454-6871.*

The La Jolla Renaissance Singers perform programs of motets and carols and various English secular music.

Potential new members are always welcome - especially men! Please call if you are interested.

## MOVEABLE FEAST

Contact: *Liz Fong Wills (619) 454-6858*

(See article front page.)

## MUSEUM GROUP

Contacts: *Sally Kröll (619) 459-1322, or Odette Filloux (619) 453-0749.*

The next meeting will be on Wednesday, January 13, 1999, at 1:00 PM at the Museum of Man, Balboa Park.

Marianne Burkenroad will give us a tour of the latest exhibit, "Walking Ancient Pathways, Native Peoples of Baja California". In addition, we can visit the other exhibits, "Mysteries of the Mummies" and "Path to the Lost Cities: In the footsteps of the Maya Explorers".

Admission is \$2.50 per person. For directions or carpooling, please call Odette (619) 453-0749, or Sally (619) 459-1322.

## PEOPLE-TO-PEOPLE

Contact: *Carole L. Ziegler, (619) 297-0798, or email: [cziegler@ucsd.edu](mailto:cziegler@ucsd.edu)*

People-to-People will meet on January 11, 1999 at the home of Doris Bailey, 2635 Ellentown Road, La Jolla. We will hear about her October trip to Europe. On Friday, January 8, we will host the International Cafe. Doris is chairman and would greatly appreciate any help you can offer. Her phone # is 453-3900. Any other questions? Contact: Carole Ziegler at 297-0798.

## POLYMER CLAY CLASS

Contact: *Mary Dashen (619) 456-7848*

The Crafts Group that met before on the 1st and 3rd Mondays of each

month will now meet on the 2nd and 4th Mondays of each month at 7:30 p.m. The January 1999 meetings will be on the 11th and 25th of the month. The last meeting in November was very prolific. Four ladies were making kaleidoscope barrettes and the other ladies were making flower canes that can be made into beads and other items. For a supply list and more information, contact Mary Dashen.

## SOUNDING BOARD

Contact: *Jean Lindsley (619) 453-4043.*

Sounding Board will meet Thursday, January 7th, at the Faculty Club at 12 noon. Our speaker will be Joy Glenner, a founding member of the Alzheimer's Association in San Diego. With her late husband, Dr. George Glenner (a renowned research Pathologist), she founded the Alzheimer's Centers in 1982. These are innovative, non-profit, national model, day care centers which also provide counseling and training for family caregivers.

Joy and her husband won awards from the White House, the County Board of Supervisors and the United Way. And these are only mentioning a few. Joy also co-authored a training manual for Dementia Care Specialists. I do believe we have found a winner!

We meet at the Faculty Club at noon for lunch. I've noticed that at 11:45 AM, there are parking places in front of the Faculty Club. If you are not a Faculty Club member it is no bother, just get your lunch and pay in our meeting room. Everyone is welcome.

The cost is \$6.50 for members of the Faculty Club and \$7.50 for non-members; this includes lunch.

## STAMP GROUP

Contact: *Betty Shor (619) 453-0334.*

We do not hold regular meetings and we collect stamps more for pleasure than profit. There are only a few of us and we exchange (mostly used) stamps with each other. Anyone interested in stamps is welcome to join us.

If you have stamps to give us, we very much appreciate the U.S. and foreign stamps. You may leave them at the office of Friends of the Interna-

tional Center. If you have questions about collecting stamps, please fee free to call.

## WEDNESDAY COFFEES

Contact: *Just come.*

Coffee hours provide opportunities for forming friendships and learning of other Center activities or community functions, and serve the spouses about our foreign scholars. Our many volunteers provide assistance with problems of adjusting to life in a different country.

Women with babies and toddlers are welcome and we provide materials and instructions for craft projects.

Our International Kitchen program features ethnic luncheons the second Wednesday of the month following the coffee hour.

Conversation Table for women needing practice in English, 9 AM to noon. Those without little ones join conversation sessions Wednesday afternoons, from 1:00 PM. A companion program meets separately to enjoy outings without children.

## WINE-TASTING GROUP

Contact: *Yvonne Pasternak (619)*

*459-1062*

Meets second Friday monthly. Please call for more information.

## WITS I & II

Contact: *Laurie Kreutz, (619) 792-5453*

Stock investment groups for learning. A few openings in WITS II at this time. Please call for more information.

## HOUSING

**For rent in London, England** Fully furnished house, 4 bedrooms, 2-1/2 baths, central heat, maid, gardener, close to good transport, shops. \$1,700/month. Contact Dr. Marriott, 18972 Muirland, Detroit, Michigan 48221 (313) 861-4261.

**For rent in San Diego, California** Fully furnished house, 4 bedrooms, 2-1/2 baths, close to UCSD, SIO, good schools, and shops. \$1,400/month includes maid, gardener, water. Call Kitty Wan—619 452-8669.

Ads \$10, run 2x unless advised. Make check payable to OCEANIDS. Send by 10th of month to:

UCSD Bear Facts Ed.  
Oceanids, International Ctr.,  
9500 Gilman Dr.,  
La Jolla, CA 92093-0049

# OCEANID ADVENTURES

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## NONA'S WALKABOUT

by R. Winona Rowat

Peter (my husband) was busy working. My daughters Lena and Ruby too busy with their own lives. All my friends from Canada that are in my age group were too unfit or too preoccupied. So I decided to do the walk from Tuolamie Meadows in Yosemite to Mt. Whitney, alone, 200 miles with 9 mountain passes between 11 and 14 thousand feet. It is considered by many, the most beautiful hike in North America. It is part of the Pacific Crest Trail (PCT). This section coincides with the John Muir Trail.

Our family had skied the 16 miles into the meadows to spend this last Xmas and that had shown me how lovely and snowy the Sierras can be. My daughter Lena had walked the major part of the whole of California trail last summer and autumn of 97. She said it was a piece of cake. Hah!, right! ...Whose piece of cake? Not for a 58 year old woman with a bum leg (10 surgeries from a hit and run accident 15 years prior). I was also very spoiled because most of my hiking and climbing over the last 30 years had been done with Peter, who made sure I didn't get into trouble, and who rescued me when I did.

This summer was so unusual that most folks just canceled their planned hikes on the PCT. We had an amazing snowfall in the Sierras last winter and more snow in early summer. Tioga pass opened late in early July and they considered the snow melt 2 months behind a normal summer prediction. Getting information from the different Park rangers before starting off was ridiculous. They were all very polite but were all armchair rangers and not in touch with the actual conditions in the back country. What a run around of no information! A weather report gave me more of a feel for the situation. One thing for sure, with summer so late, there would still be snow and ice on the

passes and the creeks and river crossing would be high, and a major concern!

I got all my permits and left San Diego July 23rd, staying at our friend Randy in Bishop. He went over the maps with me in the morning and got very excited about what I was about to undertake. He was most encouraging, even though aware of the conditions and my limited abilities. He said just start slow and don't stick to a schedule! I drove up to the Yosemite meadows, parked the car, emptied out all the food, spoke to the ranger in the kiosk, walked to the lodge and ran for shelter in the rain and hail that pelted down. Several inches of hail in no time. What a beginning! I spoke to Peter on the phone and he said I didn't need to start that day if conditions were lousy.

Through Lena's influence and this Ray Jardin's now popular style, I was attempting to travel even lighter than usual. My pack, with the first 6 days of food, was only 31 pounds. I ran to the local climbing store, bought some rain over-pants and a pair of boots.

It was now 4 PM and I hadn't started. I went back to my car and the start as this really nice young Dutch hiker, Martin, came off the trail going north (maybe the first or 2nd hiker of the season to come all the way here). Finally someone with back country info. I eagerly bought him supper as he circled dangerous crossings going south on my map and told me about the passes! It was easy to get lost if I wasn't good with a map and compass as the PCT under snow was hopeless to follow. Even if someone came through a few hours before, the footprints melted into obscurity. He said I didn't need the new heavy boots. He also hiked in sneakers or tevas, and besides, my feet would be wet all the time anyway!. He was optimistic about my making it if I was careful. I should wait for early morning to do the bad creek crossings when the snow melt was less and easier to cross. Then do the passes in the middle of the day when the snow and ice were soft. He

also showed me alternative routes around some of the worse crossings.

All this did not calm me completely and I had second thoughts about what I was undertaking alone! It is always so much easier, psychologically, to share scary moments. Nevertheless, I started out about 6 PM, as the sun had reappeared and the world looked rosy.

The following 18 days, I walked in snow and in streams; over 9 mountain passes, up to the top of Whitney. I swam in cold mountain streams and lakes, got low on food, crossed logs, fell down in streams, got mildly lost once, spent hours trying to pad my bad foot ulcer, became physically exhausted, caught trout once with my hands, and even helped with a mountain rescue of a young woman whose horse had rolled off the trail.

Once I was so exhausted that I went to sleep without walking the two hundred yards to the the running water that I could hear gurgling nearby. I used a ski pole as my walking stick. A long ice ax may have been a wiser choice for crossing snow fields. I travelled almost always alone and met some wonderful and interesting people — some amazing characters and lifestyles. I was often out of contact with other people for 4 to 18 hours; however, every day I did see someone. I encountered 12 men on their own, mostly going north. I ran into no other single woman. There were a few groups with women, i.e., a Sierra Club group doing a circuit of a small part of the trail, and a few groups of women travelling 2 to 4 in the group. I was disappointed to see the Boy Scout groups were all male with no female scouts.

The weather was mostly very bright sunny. Three times I was in a hail/snow storm—on the beginning day, along the mid section and on the very last day after climbing Whitney. The flower display was simply incredible. Perhaps the best on record due to all the snow. Most notable to me were the miles of shooting stars along the streams and in the



# OCEANID ADVENTURES

meadows: and the purple fragrant sky pilot flowers that stuck their heads up through the barren boulders when you approached the top of a pass at over 11,000 feet.

I used fresh green mountain onions almost every nite in my supper soup. I got used to altitude. I did not travel with a bear canister. The bears might steal my food, but have a reputation for not molesting people in this area. I saw very few animals—a grouse family on the trail, deer, a snake, and many ground squirrels and chipmunks. Of course, I did see a lot of birds, and there were areas with plenty of mosquitoes, but on the whole, I managed to not be put off by them. I even sent home my mosquito repellent just before my worst mosquito encounter!

I stopped only one time for two days. That was for supplies at Vermillion Ranch Resort, Edison

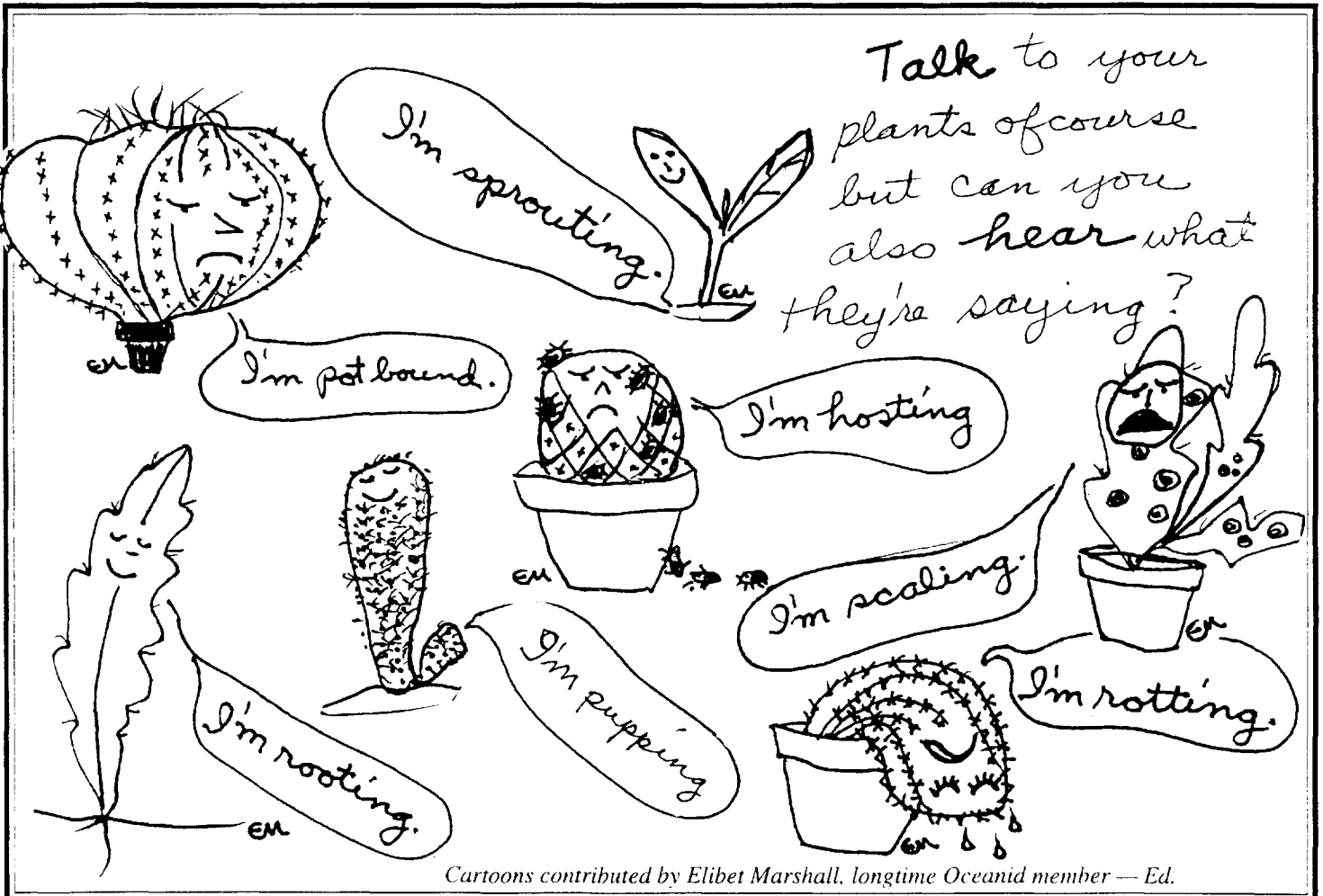
Lake, about 1/3 the way along. I wished I had time for another 2 day rest, but the exits to supplies would have been over 15 miles round trip and I didn't have the time. My pack at its heaviest was around 35 pounds. I was very thrilled with my new Stephenson Warmlite 2 man tent. (It can fit 4 in a pinch. I know because I have subsequently done that!) The tent, beautifully made for all conditions, is from a small eccentric company in New Hampshire, and weighs only 2 pounds 11 ounces!

On my last day down from Whitney, I lost about 6,000 feet in the 11 mile descent to the road! Altogether, I would be doing over 20 miles on this last day with plus 4000 gain! I passed two remarkable older men of 68 and 73 who had summated. They had started walking at 1 AM the nite before! I figured that they would reach the bottom in the dark around 9 or 10 PM — 21 hours of almost continuous walking!

I was finished at 6:30, tired and starved. I got a hitch into Lone Pine (there was no pay phone at the Portal small store). I then tried to hitch in the dusk up to Bishop, gave up and felt like it was a let down. I couldn't find a nearby camping spot and was forced to take a motel room. Naturally, I had a big delicious meal and called Peter.

In the morning, I got up and hitched quite easily back to my car in Yosemite. I had heard on the radio about the 800 cars that had been broken into by bears. When I approached my car, I realized mine was one of them. The passenger window was no more and the passenger seat was ruined. Amusingly the ranger told me they had put plastic over my window, but every nite the bear would return to rummage in my car! All that work of emptying my car of any trace of food had not paid off for me.

I loved my trip, lost over 10 pounds, had an infected foot and spent several days recovering.



# UCSD CALENDAR JANUARY 1999

**UCSD ART MUSEUM**  
534-2107

## **BOOKSTORE 534-0121**

Wednesday Night Live. Every Wednesday night at the Bookstore. 6 p.m. Interesting speakers and the bookstore is open until 8 p.m.

## **FACULTY CLUB 534-0876**

January through March UCSD Extension and the Faculty Club present "Botanical Drawings and Living Sculptures", an exhibit by the art instructor Ina Gronberg, MA. She will be teaching Botanical Illustration at UCSD Extension in the Fall and Spring Quarters.

January 17 Cecil Lytle: Celebrating Duke Ellington's 100th birthday with an afternoon piano concert devoted entirely to Ellington's compositions. Followed by an evening Supper Club concert that takes us back to the days of New York's famed supper clubs - soft lights, sweet music, dancing, gourmet cuisine-without the haughty headwaiters. Proceeds benefit the Rebecca E. Lytle Memorial Scholarship Fund. These concerts are always sell-outs so reserve early.

January 25 Joan and David Ward take us to Scotland once more to celebrate the birthday of 18th century poet, Robert Burns, in true highland fashion with the wail of bagpipes by the kilted bagpiper as the haggis is paraded around the room. A Scottish menu follows, then entertainment. 6 p.m.

## **FILMS**

AS Film Series Price Center Theater. Movies are on Tuesday and Thursday, 7 and 10 p.m. Tickets \$2 available at the Price Center Box Office. Call 822-2068

The San Diego Film Festival

presents the best new films available from around the world. All the films presented are San Diego area premiers and for some films this will be their very first United States screening. Mandeville Auditorium. 8 p.m. UCSD Box Office, 534-6467. Tu-F 10-5. February 3 Festival begins. Call 534-0497 for update.

## **MUSIC 534-4830**

(Unless otherwise stated.) Admission: The first amount is for general admission and the second is for faculty, staff, seniors and the third for students.

January 14 Percussion Recital: Vanessa Tomlinson, DMA student, performs recent works for solo percussion. 8 p.m. Recital Hall, Mandeville Center. \$5/\$3

January 15 St. Lawrence String Quartet "Immaculate technique, impeccable intonation!" 8 p.m., Mandeville Auditorium General admission \$20 534-TIXS

January 18 Martin Luther King Concert: Featuring UCSD's Gospel Choir directed by Ken Anderson with special guest speaker honoring Dr. King. 8 p.m., Mandeville Auditorium. Donations.

January 20 Flute Recital: Lisa Cella, DMA student, plays compositions by Mark Osborn, Anne La Berge, Joji Yuasa and Gerard Brophy. 8 p.m., Recital Hall, Mandeville Center. \$5/\$3

January 22 Violin Recital: Violinist Janos Negyesy plays "Dedications to JN: works for solo violin". 8 p.m., Recital Hall, Mandeville Center. \$8/\$6

January 23 Lily Cai Chinese Dance Company 8 p.m., Mandeville Auditorium. \$18/\$15/\$13. 534-TIXS

January 24 Vocal Recital: Baritone Orren Tanabe sings operatic and contemporary music plus

traditional lieder. 8 p.m., Recital Hall, Mandeville Center. \$5/\$3

January 26 Guitar Recital: Australian guitarist Geoffry Morris plays music of Manca, Zimmerman, Ferney hough, Eckhardt, Carter, Brophy, Kats-Chernin, Marcellino and Dench. 6 p.m., Erickson Hall, Mandeville Center. Free.

January 29 Emerson String Quartet. Winners of 3 Grammy Awards—quite simply the best. 8 p.m., Mandeville Auditorium \$22 Students \$10. 534-TIXS

## **SPORTS - FOR INFORMATION CALL 534-4211**

### **STEPHEN BIRCH AQUARIUM-MUSEUM 534-7336**

Advance reservations are required for all activities.

New Animals Live Chinook Salmon are now swimming in a photographic exhibit until Feb 15. The aquarium has two new Wolf-eels donated by the Vancouver Aquarium. They are believed to be a male and a female, sparking hopes that the Aquarium may be treated to newly hatched baby eels sometime soon. Another new addition is a young female Giant Pacific octopus collected off the coast of Seattle. She weighs 5 pounds but can grow to 100 pounds.

Whale Watching. Cruises leave twice daily on Jan 2,3,9,10,16,17,18,23,24,30,31. Cruises are 9-11a.m. or 11:30-1:30 p.m. Call Seaforth Sportfishing 224-7767 and request an Aquarium Cruise. \$17 for adults, \$12 for 5-15 years.

January 2 Wild Winter Weather: Don't like the Weather? Find out about actual instruments used by meteorologists and make your own measurements.

# RESERVATION FOR VAN GOGH MUSEUM TRIP

Friday, February 19, 1999 — \$35 PER PERSON

NAME: \_\_\_\_\_

ADDRESS: \_\_\_\_\_

CITY, STATE, ZIP \_\_\_\_\_

PHONE \_\_\_\_\_ NO. OF PEOPLE: \_\_\_\_\_

NORTH COUNTY PICK UP? \_\_\_\_\_ TOTAL AMOUNT ENCLOSED \$ \_\_\_\_\_

PLEASE SEND YOUR RESERVATION TO: VAN GOGH EXHIBIT, OCEANIDS,  
INTERNATIONAL CENTER, 9500 GILMAN DR., LA JOLLA, CA 92093-0049

**MAKE CHECKS PAYABLE TO OCEANIDS.**

You should receive a postcard within 2 weeks confirming your reservation. Please call  
Jean Lindsley, 619-453-4043, if you do not receive this.

## MEMBERSHIP APPLICATION

*OCEANIDS IS OPEN TO ALL ASSOCIATED WITH UCSD*

PRINT YOUR NAME AS YOU WOULD LIKE IT TO APPEAR IN THE  
DIRECTORY. CHECK HERE IF YOU DO NOT WISH TO BE LISTED

NAME: \_\_\_\_\_ SPOUSE'S NAME \_\_\_\_\_

ADDRESS: \_\_\_\_\_

CITY, STATE, ZIP \_\_\_\_\_

HOME PHONE \_\_\_\_\_ TYPE OF MEMBERSHIP \_\_\_\_\_

Work Phone \_\_\_\_\_ FAX # \_\_\_\_\_ Email \_\_\_\_\_

ANNUAL MEMBERSHIP \$20 - Check payable to OCEANIDS

AMOUNT ENCLOSED \$ \_\_\_\_\_

SUSTAINING MEMBERSHIP \$250 - LIFE MEMBERSHIP \$500 - Check payable to UCSD FOUNDATION

Send check(s) & completed form to OCEANIDS, INTERNATIONAL CENTER, 9500 GILMAN DR., LA JOLLA, CA 92093-0049

## UCSD JANUARY CALENDAR CONTINUED...

9:30-11:30. Grades 1-3. Fee is \$15

January 2 Learn with Me ABCs: "W is for Whale". 9:30-11 a.m. Learn together about different kinds of whales. Ages 3 and 4, with adult admitted free. Fee is \$13.

January 16 Coral Reef Aquarium Techniques. This class teaches experienced salt-water aquarium hobbyists how to make responsible choices when deciding to maintain live corals. Step-by-step guide to setting up a new reef tank or improving one you have. Ages 10 and up (10-13 with paying adult). 9-1:30 p.m. Fee is \$35.

January 17 Whale Day with Wyland. Celebrate the return of whales to our coast. In Smargon Court, kids don a smock, grab a paintbrush and

add to the excitement of watching a mural come to life with a life-size baby gray whale. 11 am -1p.m. (mural) 2-3:15 (video). All ages free with museum admission.

January 18 World of Gray Whales: Discover what makes whales special! Explore behaviors that can be seen from shore like spouting, sounding and breaching. 9:30-11:30. Grades 1-3 Fee is \$15.

January 27 Dive after Five Happy Hour. Relax after work by our kelp tank while you watch Scripps divers feed the fishes. Get answers to your questions. Includes taco bar, soft drinks, beer and wine. Ages 21 and up. Fee is \$20.

January 29-30 Kids bring an adult and spend the night in the aquarium! Sleep next to the

tanks and just wait until you see what goes on under the moon in the kelp forest. Special activities with bioluminescence, fish printing on T-shirts and tours of the aquarium. Ages 8-12 with adult. \$30 adult, \$40 child.

### TOURS OF UCSD

Sunday January 3 and 17 Mini-Van Tours of UCSD, 2 p.m., Gilman Information Pavilion.

Handicapped van available upon request. Reservations are required. Call 534-4414

Sunday January 11 and 25 Sunday Walking Tours of UCSD, 2 p.m., Gilman Information Pavilion.

A 90 minute tour of the campus offered on second and fourth Sundays of each month.

Reservations are required. Call 534-4414





**Bear Facts**

**Month: January**

**Year: 1999**



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