

MON 6/25

Home after the retreat, next day.

ORIGINAL VERSION

(13)

Need laugh a little. Worries. Hasten comes in on a lilac slant. Be pretty. Wear ~~nyxix~~ sees blue T shirt in down slant. Why can't she do the ~~laundry?~~ ^{laundry?} the laundry? TIME. YET. Before 7. Relax. No concrete today. SLEEP. MEAT TUES. She forgets this is Mon. ^NINSURANCE. Whose thought? YOURS. ~~hospitalization.~~ Do ^{not} cancel ~~NO~~ ^{NO} NEED in down slant. Feel secure. POOR. (~~xxxxxxx~~) ~~xxxxxxx~~ ^{not enough} ~~xxxxxxx~~ ^{SEANS}

~~xxxxxxx~~ living expense are high ~~because~~ she spends a lot on health, Dr's, chiropractors. Yoga helps, cheaper. Her hip didn't hurt once at the retreat, she has lost her job, low energy, channel open, ~~xxxxxxx~~ should er ~~xxxxxxx~~ makes typing difficult,. Best change. Choice now. SATCHIDANAANDA . Write a letter. ^{SCORPIO} When will she see him. NOW best chance prnyama class thurs night (TRUE) zap right arm. (~~if~~ false) T. calls, go to mediataion movie, choice, the IYI has a Prnyama class Tues. at 7:30.miss/. Umbrella, ^{GO} rain. before YOU . ~~Doing Hatha yoga this morning, in thought in~~ She takes the umbrella . It does not rain, she holds it during Sri Chinmoy's movie: he meditates, she watches his eyes and meditates, she sees his face turn red as if the energy surged through his head, the umbrella says ~~red money, and later~~ ^{MONEY and} WELL. It is now a power object, and talks to her. ~~xxxxxxx~~ ~~xxxxxxx~~

~~xxxxxxx~~ This morning doing hatha yoga she fears she will forget the exercies, but she keeps her eyes closed and the words appear, ^{on her forehead} ~~xxxxxxx~~ ^{cano} on your back, ^{cano} arms overhead, more remembering, she knows her imagination is ...these clues enable her to do almost the entire series, she forgets the relaxing pose, but if she does one out of order it says mistake, do this three times, ^{cano} ~~xxxxxxx~~ Complete instructions ~~is~~ ^{and} not available on her forehead, ~~as~~ her posture is not corrected, she knows it. At the retreat she would also get advice, omit this, try this, and she was directed to different classes ~~and~~ different days.

Sri Chinmoy's head appears on people in the audience, on her, meditation is the secret of silence, do it. now in complete contr.. there is not enough room on her forehead for all the letters, ol ~~xxxxxxx~~ appears on the left side again in response to this complaint. She thanks Satchidananda for th is help.

FUN

MON cont
6/25

She comes home. She visits TUES. (above) B. smokes grass.
MENTAL. Smell, invite ↓ (down) DOUCHE. She sees the words
B. is saying in large letters the color of his chest and pants.
His face appears on hers, she realizes ~~all~~ many words she has
been writing are his. CUT ENOUGH, BUY, etc. HANNAH return
quilt Tues aft. Please. She feels the energy from the
typewriter which was B's. When she came in last night she
saw a bright light ~~out~~ from his door BEST it ~~had~~ said,
so she went in before she returned to her home which said
BEST in a slant and in a deeper color. Not as HIGH. B's
~~is~~ head is in her's, she sees it on her right side,
confusion is due to his thoughts in her head. Schizophrenic.
He was, she took acid with him, MENTAL, he connects with her,
~~Her thoughts are open~~ She ~~realizes~~ realizes he is not the
only one, she wears L's pants, "DRIVE WELL" they say, ~~and~~
She feels the energy. She misses him. She is afraid ^{SCORPIO} Benjamin
is lost. Choice (down slant). Town (down) after lost. "~~live here~~"
At B's She starts to burp ~~and~~ when she goes home it stops.
Burp. She realizes, she reads her forehead, she returns
blanket too late Timothy TUES. slant before ↓. She is
unhappy and confused. Not well, they tell her, who is talking.
Once she asked for truth, and then for complete sentences and
now she would take chances (father's voice) ~~she~~ would just
like to know who is saying what. BEST AVAILABLE then CAR
AVAILABLE comes out of L's pants (he drove a taxi) ^{Her} father
takes chances, (careful) in color of red ear he loaned ~~her~~
~~and Miriam~~ as driving we had an accident ~~avoidable~~ TRUE.
Reka ^{she} got a concussion right side head, spinal column, truth
out of joint, relaxed at retreat, pain starts again in hip
when she comes home. She takes class

Two 6/26

master

At the movie she sees the words BE UNAFRAID, GOD KNOWS , and LOVE WELL. ~~Tonight she attended a movie.~~ LOVE POWER, USE IT, BE AFRAID OF POWER ~~(DREAM)~~ DREAM, hear REKA. She is understanding her mind is closing, there is less thought transference. ~~INTERVIEW HIM SEPT INTERVIEW HIM SEPT.~~ She leaves, she goes home, she sees LOVE in large golden letters across the street where she lives. She goes in, sees B. and F. F. is unhappy, she feels love for her, she sees F's image suddenly on her, ~~xxxxxxx~~ she is high, she goes home, the words letters

of the word LOVE are dancing around the room, or was it just the lo? in golden light. ~~She thinks about F.~~ She eats NOT ENOUGH in large letters in cheese on her forehead, ~~she~~ eats more, ENOUGH. She thinks of F. She is a model, ~~she~~ she wonders what modelling is best for her, the word JEWELRY appears on her forehead, she tells her . At the movie SECOND

BE (~~xxxxxx~~ (not BEST, no room) appeared on her forehead in the colors of Sri Chinmoy's dark skin. ~~xxxxxx~~ *she doesn't know why.* ~~She was~~ *the words tell her* directed to get up in the middle. Is she ~~xxxxxx~~ showing her ~~xxxxxx~~ hip and leg ~~xxxxxx~~ It said BEST on his brown leg. He has strong legs? He runs a lot. ~~xxxxxx~~

~~xxxxxx~~ At home she sees his brown skin color along the sciatic (?) nerve in her leg. His power transferred to her? She ~~xxxxxx~~ transferred it to ~~xxxxxx~~ F. After she felt this energy transference to F. the words NOW WELL appeared in F's clothes ~~xxxxxx~~ *ing colors*. She believes the large words that go straight across. HELP in field colors on

her left chest. She left the field where Satchidananda was eating ~~xxxxxx~~ too early. HELP in clear ~~xxxxxx~~ on her chest. Not enough. The word "enough" appeared out of Swamiji's eye in his orange robe color. She ~~xxxxxx~~ turned around and left. Best ~~xxxxxx~~ on a slant (not best). agreed. LOVE.

Did she miss love? yeah. ~~xxxxxx~~ She cried Monday. After she went to the movie she felt high and loving. She ~~xxxxxx~~ sat on a cockroach. Squish. She must move. The fumes from the furnace depress her. The ceiling falls again. True ~~xxxxxx~~ on a slant. NOT WELL HER it says in fume colors over her bed. Dear Swamiji what did I miss? ~~xxxxxx~~ Miss ~~xxxxxx~~ ntire---. She didn't enjoy the retreat, she was bested all the time, she ~~xxxxxx~~ she

Tues 6/26 (2)

din't have time to read her notes or to write enough.
This is what she read on her forehead when she got up
GO HOME MON MORN. NOT BEFORE. HOPE NOW. these words
appear on her head. She went home Sun. night, ~~instead.~~
When she got up she read these words on her forehead:
please publish first. ~~She~~ knows ~~he~~ reads it Connecticut
dangerous (negative voice) famous appears over dangerous.

copy

~~Not now~~ Bernadette over dangerous. Not now. It is
impossible. Same person. Know YOU. Best record on a
slant. NOT over best. She, I, I am I again, wonder
who writes the best record. who has the best record,
plays? What does record refer to? WRITING. Not pleased.
She fears Satchidanada (know her) why does he have to
know her, it is not fear exactly she is not comfortable
in ~~the~~ his presence since Sat. when he so abruptly
refused to speak to her, although words HIS? she is not
certain because she does not hear, told her crowded
big weekend. ~~She missed seeing him Friday night~~

Is this publishable? Worried? YE. Last night she
dreamed Dr. Lawrence Le Shawn called her and ~~offered~~
~~her~~ suggested she see one of the healers he
had trained. ACCEP. ~~She said~~ He mentioned one
and she said she had seen her, the best "western healing
she had received. However after the retreat she felt
she had healed a lot, though not completely. "Lung
dang" appears on her left chest. Disappear. What does
that mean. Reka, ~~arrow pointing down~~. Not clear. She
can't hear. Perfect appears pointing down in the ~~color~~
of Olga Worrall; CALL. need ~~to~~ (pale translucent
pink.) "perspire". She heard Le Shawn at the conference
on psychic healing, having missed him at the conference
of the American Academy of Psychoterapists in Nov.
BELIEVE IT YOU ARE WELL. These words hang in the air.

~~the~~ ~~miss~~ appears over ~~the~~ Bzzz Noah called.
See her TODAY. She worries, SWAMIJI has more power
than the western healers she has been to. Choice (slant)
Return to ~~CALL~~ appears in field color. WARN.
appears in field color. (as if written in colors of grass)
"LEAVE" She missed it. not a compliment. HEAR in

Tues. 6/26 (3)

field color. "Cry out loud." Clears head. She is so lonely. She meditates. "L. dies in a car accident" True ↓ Relax. Mediation. Died through accident, last life, true. overcome fear. ~~She~~ believe, ^{she} died drowning. ^{she} had an awesome feeling for sea, lived by bay ~~as a childhood memories~~ learned to sail, love sea, but not sailing ~~by myself alone.~~

~~She~~ ^{she} is not afraid of the sea, or of drowning again. ~~from~~ ^{she is}

afraid of car accident. Believe it. You die of it. Zap right hand. truth on slant through hand. NOT CLEAN ENERGY

She starts out with the laundry after meditation. ~~CEX~~ RETURN says her door in colors of ceiling she saw in astral vision.

More meditation, but no ceiling. BEST OFFER (b.) NEWS CO. (father) CANCEL over NewsxCo. ~~(xxxxxxx)~~ MISS IT. Before 7 . ~~Totally~~

~~conscious~~ ~~conscious schizophrenia~~. Three voices: ~~Bxxx xxx~~ father's advice negative please omit bB, (not always). Reka'a.

She hears her mother's voice say money. Best love ↓ (down) says her letter. She suggests to herself that she take

a 4:30 class today (best idea in a circle - neg) a pranyama class tonight? /class/. VISIT. Afford under visit (Noah's

voice). She hears Satchidanada's voice say 7:30 West End Ave.

~~She can~~ go there and take a (hears) hatha yoga class. COME BE

THERE she hears in Noah's voice after she calls. L's wallet ^{reads} says AVAILABLE. (car). girl. ↓ L's tee shirt says MISS IT.

UPTOWN. BEST ADVICE THURS. NIGHT. She smells incense at 7 pm.

She goes in a taxi but returns. If she goes now she is late.

~~Leonard's~~ ^A voice is interfering. She returns, BEST IDEA,

~~no~~ CHOICE ~~HEAR ME~~ HEAR ME in front of L's old house. 8-9.

Registration. ~~On~~ Fall, asleep, see hairy left arm. (father)

Mother calls, ~~she~~ tell her ~~she~~ call back. ↓ Something went wrong tonight. TELL PEOPLE. Father's voice appears in

beige outlined in black. (arm) he hit you. baseball. fear.

Meditating during class time ~~she~~ saw (remembering) tiny ^{tiny meditating man}

visions of bright heads ~~at~~ energy around them. Mother is

intelligent it says when she calls. ~~OLD~~ POLD OPERATION (reka)

WED. 6/28

Before you begin to type meditate at the typewriter. ~~I am~~ ^{she is} beginning to distinguish the colors of voices. The beige outlined with black, like the skin color with hair on it,

ifathers negativity

WED 6/28⁷

Fathers negativity. pretty. go forward. Through yet in typewriter table color on a slant (neg. clean) Please rejoice sensible (now). Your choice (in table top). She hears voice say 3:30. TIME. SEE HIM THURS NIGHT. She sees ~~Ben's~~ *Scapio's* face. Thurs comes out of his eye she sees it in cereal she just ate. Then she sees her head in cereal at the foot of the bed. She sleeps. At 3:30 Neal ~~calls~~ calls. She says it is 3:15 her forehead says hang up, she does it is 3:30. ~~She~~ over her throat says in quilt color. She invites Neal but worries that "come over" might be in reverse because it was in a solid color and not "clear". The clear writing is just a script on the background of forehead or back of tongue. She worries. She didn't go to the IYI last night at 7:30. What did she ~~miss~~ miss? Confusion. Before she got in the taxi it said BEST INSIDE. Opposition forces.

THURS. She visits B. for breakfast, she sees: NEED LEAVE (he is telling himself he is about to leave) RETURN (not her thoughts). No wonder she has trouble leaving, she passes his door on the way out. She has her own ~~and~~ troubles too. Last night Neal visited: these words: BEST WEEKEND, BESTZBEDZNeal ^{saw} received a letter signed Best Regards from Girodious. ~~ANDXTHENXSHXSAW~~ Then she Nijole: BEST REGARDS, BEST FREIND, MEN WISH YOU WELL, THIS IS SECRET, GET IT TOGETHER, BEST RECORD AVAILABLE. She ~~saw~~ saw the carpenter and read BE AT THE OFFICE from his eye: She had rushed out of bed to go to an office and ~~wasn't~~ wasn't sure why she should do it before breakfast on a rainy day. With Neal ~~she~~ got an electric connection with her on the words BEST WEEKEND. ~~My~~ *My* were smoking grass at B's and got very paranoid, MENTAL. ~~She~~ *She* read SHE IS IN CONTROL out of her eye, and YOU ARE IN CONTROL on ~~my~~ *my* forehead. Meditation helped ~~and~~ ~~some~~ some breathing exercises. ~~Calmer,~~ *Calmer,* had to concentrate on heart center otherwise it seemed like a power trip, like who is going to win out in the money-typing situation. After the grass though, and when ~~she~~ *she* got calm ~~she~~ started to ~~she~~ *she* BREATHE. OUTSIDE. CLEAN AIR. BEST says Barry's door. ~~she~~ *she* started to see bright words on ~~my~~ *my* forehead near the hairline.

THURS. cont. 6/28

They were extremely clear, small, and in the colors of ^{her} pants and t shirt, one foreground, one background. The box was outlined in the color of the words. ^{she} saw this style type on the weather broadcast on TV (CBS?) The words said NEED PROOF. ^{she} thinking about typing ^{she} saw BEST IDEA, not in a little box, in the colors of the notebook. When ^{she} thought of giving Noah some money ^{she} thought ^{she} get a lot for free so ^{she} can give some away. ^{she} saw the sign EVERYBODY. But it's not true ^{she} get things for free ^{only} clothes. ~~I pay for everything else.~~ BETWEEN 6:30 -7 CAL CLASS TONIGHT (white pants deep blue t shirt) 6:30 IYI at door. Please bring blanket. NOT YOURS. BELIEVE. Also in a little box in pants and T shirt color ^{she} saw PEACE IS PREFERRED ~~as~~ ^{she} was suggesting OM. Hari Om. ^{she} saw ultra violet slant across the street. Best advice says ^{she} hip (weak one). At 7:30 there is an intermediate class. Bring ~~the~~ telephone. She didn't need to call. When she was at B's having breakfast the words 7:30 came out of her ear in blue and white (her clothes colors). ADVERTISE (his thought) Experiment. CAPS ALSO. She reads her head and the table. She is sorry she did not keep Lee's tablet ~~top~~, his energy gives her a rush. His old dungarees and the plate he ate off give her a rush, bring the energy up to her head, even his old knife and spoon. Oh for that large table to protect her chest from colds. She holds the plate to her heart, heart ~~s~~ beats faster, speed freak he used to be. If she gets too much from it she cries. Type faster. Improve your head believe it you need it. Are these his words? HIS over need. YOU NEED IT his plate says, pessimistic ~~point~~ Not unnatural you ~~know~~ Considerate. Please consider. Plate to chest. Hungry says head. FOR LOVE. The right hand side of her typewriter ~~xxx~~ says immediate, no that is on her forehead in typewriter color, be prepared, color choice now read your forehead, Satchidanada fixes it. BE AFRAID reads down. Who says that? Sri Chinmoy says BE UNAFRAID. At the movie the words coming out of his, "silent thought" disciples eyes describing themselves, 'obedient', she cries at night, she is remembering CONTEST. She is conscientious. D comes, his eye says speed freak, think twice, advertise, HIS HOME. He used to live here.

Thurs. 6/28 cont.

3rd choice. DISAGREE, in blue and white quilt color.
UNEMPLOYMENT (david's voice). She pulls out Tom's
sweater. Tom's parents gave it to him for his birthday,
it says. There's a lot of energy in it, "Tom is high".
LOVE TONIGHT says potl Believe it on slant. Before she
woke up she saw, in neat letters (the white and gold of
her large Jewish star?) CAL. OH OH AH. SPELL BACKWARDS.
S (she sees (draw) kcab. Concentration technique.
Incarnation teacher. M (did she miss next?) MORE ONE.
Did she notice, marry (reading down) Who are we talking
about? SHE. Val's voice: HOME TUES.

TIME. SEE HIM THURS.NIGHT. She sees ^{Scorpio} Ben's face "Thurs" comes
out of his eye, She doesn't see him Thurs. She hears 3:30
at 3:30 Noah calls.

Fri. 6/30 29

These words appear from different parts of her body, CLEAN
Please forward, avoidable, car accident DEAR . Test
impossible says right shoulder. BEST TEST says father's
voice, BIG IDEA. WELL. These appear in the negative.
She is planning to hear Chitnabham, as she met some ^{in the (Caldwell),}
people eating dinner, ^{she was} as directed, ^{called to sit} who told her about him.
Introduction. Now trouble. Eat. (she ate) . Anxix
Reka. He is his aunt. He sees Muni speak. These words
come from him, or he sees them on himself. BEST IDEA,
WELL ENOUGH, DEEP WELL , LAND ENOUGH, HIS SIDE, WELL
NEEDED (across his ~~chest~~ my chest) AUG. SERVICE, MENTAL
COMMUNICATION, HEAL (left side chest) DISINTERESTED,
NOW INSTRUCTION, KEEP WELL, YOU ARE THROUGH, SPELL
BACKWARDS, YOXAREXINTEKL (b a c k w a r d s) YOU ARE
INTELLIGENT, HE IS TESTING YOU, HE IS NOT INTERESTED
IN MEETING YOU, HIS BEST IDEA, PROMINENT, HE SERVES YOELL,
YOU KEEP WELL (across chest). PERIOD. HE IS INTELLIGENT.
DRIVE YOU. NOWMENDX NOW MEN. NOW MEND. In road color
she sees AUNT REKA. GREAT REWARD. THURS NIGHT YOU ALLOWED
YOURSELF (she reads forehead) She is forgiven for being here.
Best record confusion silent thought out loud cry enough,
wrong people, NOW MENTAL. Muni held her right hand in both
his. She now meditates and feels her whole right arm,
shoulder and neck relax. ~~Wherever she goes there is help.~~
Her right arm, she sees these words in Muni's skin and robe
color. She can feel ~~her inner vibrating~~ vibrations on her
right side. This morning bio-energetic vibrating exercises
helped when hatha didn't get her head clear. LEGS. Blocked
says right thigh. She saw Noah's head on hers. ~~Paranoia.~~
BLESS. Need potassium. Pancreas. Now describe it. She
returned to the city, digestion difficult again, not ^{as bad, not}
relaxed. ~~Her type~~, . LOVE A PERSON comes out of her neck,
AWKWARD, RETURN. He is pleased, he is allowed(reads)/
He is interested in you, he is intelligent (M's thoughts)
not hers. Bruce. His thoughts. Mistreated as a child, he
developed . BERNADETTE. Classic case. Meditation. Open
your eyes. Good night. What ~~am I~~ doing in bed? Goin ^g
to sleep. ^{to sleep}

Sat. 6/31

Room Enough, soft (she saw HARD in road color) Well treated.
Seen at N's: NOT A LOVE AFFAIR. Cancel. (N's.) When she came
home Sun. night. ~~BENJAMIN~~ ^{SCORPIO} appeared on her gate. Why? HEAR.
Semi colon. She is pissed off. Sathidananda wasn't friendly
enough, she was a new person, he was abrupt on Sat., his
~~words~~ words were always in the reverse, she felt unwanted
or she felt like a grateful child. Indifference. Nevertheless
although Muni's eye said "he is not interested in meeting you"
he was not unfriendly when they met, looked directly in her eyes.
He helped her right shoulder without her thinking it. He said
"He is testing you" but it didn't have anxiety or fear in it,
she wasn't being ordered about, when he told her, mentally,
(or someone did) be with her, she did, 'obvious' says throat.
Still SATCHIDINANDA is printed across her chest and there
is no doubt she received enormous help from him. There is
light in her head, and big words, her own voice (~~mix~~) across
her forehead, and the other words are beginning to separate
into different people. She doesn't feel secure about
communication on the mental plane because it didn't happen
often enough, and person to person communication out loud
unsuccessful. Paranoia written in smoke across her room.
Hers, or Noah's that she picked up and put inside her head?
Oh God, She just realized "best period" meant Noah's way of
choosing period over semi-colon. ~~when she writes~~ Noah is English.
BEST ENGLISH. She is terrible (she sees) in white fuzzy color.
~~Smoke in picture of joint~~ Smoke in picture of joint over fuzzy.
Central. MORE PERIOD. Bloody. She wondered about ~~per~~
"best period" for a long time. she thought it meant her own
menstrual period, then a period of time. Forgive. FIRST
OFFICE, VERY CAREFUL. WORTH IT. REJOICE. FEEL SECURE.
FIRST OFFENSE, PUNISHMENT, REWARD, DISAGREE. BEST PERIOD
REFUSE FIRST OFFER. DOUBLEDAY PUBLISHES IT. (these last
two sentences come to her while she is screaming out ~~out~~ loud).
The person who has just left and whose words she record (in caps)
used to be on her ~~in~~, then methadone, unhappy, she feels his
vibrations, can't control it, stomach hurts, swollen, pain.
OPEN MIND. She sees him all over her face. She can't go out now,
too much pain, too open. She cries, and tries to relax. Meditation
is impossible, It hurts to sit. Lie Down her head says. Obey.

Sat 6/30 cont. (2)

Take a walk. VEST VOICE. ^{she} I feel miserable. CHEST VOICE.

GET STONED. ~~SHXRXEAL~~ She feels like ~~Drumhambasmjnstxix~~ ^{the person} who has just left. First letter. He smokes, ~~xxxx~~

chants Om where he had been, gets higher, constipation goes away, word TYPED appears on her head just before 3, in Noah's colors. Noah's choice, says the words at her hairline.

She sees clearer stoned. Now relaxing. She wonders if all the people in her head are going to have a different place on her forehead, and a different format. She laughs.

Sign Language. At 3:15 she ~~gaxt~~ gets RECEIVED on her forehead, same format as TYPED. She thinks about her apt. and how

she must move because the fumes from the furnace are bad for her lungs. It is ~~inxxxx~~ opposite the men's shelter

with a lot of old drinkers on the street, some ~~heroin~~ ^{drug} users hang out on the corner, the ~~pat apt she has was~~

~~used by a junkie before man who took heroin~~, the ceiling fell in, the shower is about to go through the floor, the floor to the toilet is braking through, there are termites,

~~thexkitchen ceilingx~~ there was a flood from the apt above last winter and the kitchen ceiling got soaked, the ~~fxnax~~ fire dept has been here ~~many times~~, she called

~~them~~ three times. Is she crazy? ~~She leaves her door~~ ~~unlocked~~ She feels she will be warned if anything to hurt her (not aggravation, anxiety), that is she will KNOW.

But she dint about the ceiling, wasn't hurt, but upset.

AVAILABLE said window. She needs a new apt. or perhaps she should leave the city. WALK. She walks to the bathroom

and pees. Lies down. Walk a while says her throat.

REST A WHILE says her forehead. Oops. Forehead ^{cap} says forehead. TIME NOW 3-4. She walks around the room.

She is not supposed to call before 4. BEST HOME. Why ~~shaxlnd~~ shouldn't she marry? ~~lee~~. Tea. She puts on some

water. The phone said not to call or no calls 3-4.

She sees AFTER lit up. At 4 LOST CHANCE it says. Where should ^y be? At Noah's having tea? Working hard. ~~says she~~

At 4:15 she hears Bernadette's (sh isn't sure) voice say "now me" Or Mother's. Her forehead says Bernadette at 4:30,

as did ~~phone, x, xhexaxlx~~ clock in phone color. No answer. ~~ake~~. Noah doesn't answer. Fake. She leaves. There is a

street fair for Guru Maharji. She stands opposite his picture

CAREFUL

Sat. 6/30 p.3

She sees ~~Mary's pic on the phone~~. The words LOVE AND REALIZATION transfer from the poster to her chest, but not completely. She is supposed to hear voices but she didn't smoke enough and left to early. Didn't wait to follow instructions. It said RAIN GO HOME on the banner ~~xxx~~ in ~~medium size~~ red letters and then a few minutes later a larger RAIN in orange letters, more push behind it, more energy. B who works in the bookstore suggests she wait there out of the rain. A book of Mirdad, the word SUFI appears on its front. She sees an illustrated book of Yoga by Swamiji. BUY IT she hears, and sees it on her head. She doesn't want to spend the money this weekend but REFUSE reading down in Swamiji's robe color so she buys it. Mental control. Hmph. Needed it appears on head. She sees ~~Mary's~~ ^{Case} pic on phone. Calls, not home. before 5-7. She sees big orange words in her house, only not thick/~~xxxxxx~~ color, but light. BRIGHT PEOPLE. USE IT WELL her chest says. Not now change words. PUBLISH. NOW CLEAN UP syas her talking umbrella as she puts it away. NOW CELIBATE. She has made love 5 times in the last year, ~~threextheyear, kefxxxx~~ about the same the year before. Red CHANGE. YELLOW FOODS. (Bernadette). She eats them. DESIRE FOR IT. PLEASE RETUR she sees on her head in book color. She starts to work on her notes. WRONG TI. in book color. Book is noot omplete? Is that the idea/ YES. TYPE in road color. She rests. She sees Reka in the summer home, SAY PLEASE comesout of her mouth. PHOEBES. She goes out meets Douglas. TEACH CHILDREN, BEST ENGLISH out of his eyes, h wants to go to Europe free, teaching English. He drives a taxi. DRIVE WELL ~~she wants to go to Europe free, teaching English. He drives a taxi.~~ she thinks. She forgets his name, his nose says DO UGLAS. She saw APTS AVAIL. in Voice ad color. Choice. Return at 7:45 . EAT DOUGLAS.

She is going to Phoebes.

~~Syxxxx/lxmxSemateamneaxhaBxxxxright~~ **EAT OUT**

Sat 6/30 cont. p. 4

MEAT in money. ^{color.} SWEATER on door ^{color of sweater.} ~~RETROGRADE~~ TAKE in umbrella
(she does and it doesn't rain - she is curious about this).

Retrograde: overemphasized (she reads)

~~SAATSVIC~~ AT PHOEBES: She sees:

BRING IT

Now what is she doing? EATING ME (in hamburger) (no AT)
(is this the room enough? On her head)

She eats baked potatoe. Satsvic? How do you spell it, she
sees in larger letters, printed this time SAATSVIC.

She thinks of Bruce, waits for him (here) . She sees his
head on hers. VOICE.

HANNAH WARNING

Between you

Leader in Bruce's colors (2 blues) PREFER ↓

WAKE UP

She uses it. What? MENTAL POWER.

He needs his glasses. SHE LEAVES (written in pie) She stays.

10-11 - she sees this on Bruce's forehead which is superimposed
on hers. She realizes this is the time he usually comes to Phoebes
and she wondered all winter what 10-11 meant. NARANJO.

BOOK. INVITED. Be Here. Indian (Bruce is) INITIATE.

She sees Bruce on her head again. TRUE OFFER. 11

He projects. She sees: "public invited". She feels generous
about money to generous people and nervous about giving it to
people who are anxious about it. NOW TRUTH. INITIATION. WELL.

TIME? (it is 9:45) 10:15. Bruce is different. People love it.

BEST IDEA written in plywood ceiling color (later).

SPIRITUAL LEADER, these words come out of her eyes in bright light.

ENOUGH
BE AFFRANIO OF IT

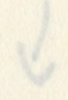
original

original

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Beethoven