

UNIVERSITY



JOHN HANACEK/GUARDIAN FILE

# UC Regents Approve University House Rehabilitation

BY KASHI KHORASANI Staff Writer

The University of California Board of Regents approved the second phase of rehabilitation for UCSD's University House on Jan. 19. Construction on the second phase is set to begin this April. The Regents also chose to officially rename the building

"Audrey Geisel University House" to honor Mrs. Geisel's continued support of the university and her recent \$2 million donation to the project.

Following UC tradition, every UCSD Chancellor has resided at University House, which is located approximately one half mile west of Muir campus in La Jolla Farms. In 2004, just before Chancellor Marye Anne Fox would have moved in, the seven-acre estate was

deemed uninhabitable due to structural and system deficiencies as well as code compliance issues. According to

"Officials Plan University House Renovations," published March 7, 2011 in the Guardian, a Jan. 28, 2011 environmental impact report from UCSD's physical planning department stated that

See HOUSE, page 3

### **ATHLETICS** Students to Vote on D-1 Referendum Next Month

BY ZEV HURWITZ Associate News Editor

A.S. President Alyssa Wing announced to A.S. Council Jan. 25 that a final draft of the referendum to move UCSD to Division I in all sports had been completed, after adjusting several inconsistencies and confusing language in an earlier version. Voting will take place from Feb. 27 through March 9, which are Weeks 8 and 9 of winter quarter.

Students will approve or reject the initiative, which includes a fee hike of \$165 each quarter to establish and maintain a competitive program in Division I. In order to compete at the new level, UCSD must issue a minimum amount of scholarship to athletes. UCSD has been competing in Division II since 2000 and already has Division I programs for fencing, men's volleyball and water polo.

Student Fee Advisory Committee (SFAC) chairman Brian McEuen wrote a letter to Wing, recommending that the referendum be tabled until some of the wording was changed, and adjustments to the procedures for Intercollegiate Athletic fund regulation were made. Wing said that she met privately with an SFAC representative and that all of SFAC's concerns had been solved. "[SFAC] had written their letter based on a previous draft of the referendum," Wing said. "All of the issues were addressed in the final draft."

Readers can contact Zev Hurwitz at zhurwitz@ucsd.edu

### **KNOW JUSTICE, KNOW PEACE**



### **PROVOST** Sixth College Provost Appointed

BY REBECCA HORWITZ Senior Staff Writer

UCSD announced on Dec. 20 that Vice Chair of Graduate Chemistry and Biochemistry Dan Donoghue was appointed as the new Sixth College provost

of an American Cancer Society Faculty Research Award, a Helen Hay Whitney Fellowship, a Searle Scholars Fellowship and a Senior Faculty Award from the Multiple Myeloma Research Foundation.

Donoghue said his interest in undergraduate education began

BRIAN MONROE/GUARDIAN

Members of the Armenian Student Association protest the Armenian genocide on Library Walk on Jan. 26.

Former Sixth College Provost Naomi Oreskes stepped down on July 1, 2011 after three years as provost to focus more on research. Oreskes's research is on climate change and the reception of global warming. Professor of Mathematics Jim Lin was appointed as acting provost for fall quarter.

Donoghue has worked at UCSD for 32 years. Since 1985, he has been the director of a program of a training grant funded by the National Cancer Institute that brings 32 faculty researchers together to research basic biochemical processes in cancer cells. The program also provides funding for predoctoral and postdoctoral cancer research fellows at UCSD.

Donoghue has also been a recipient

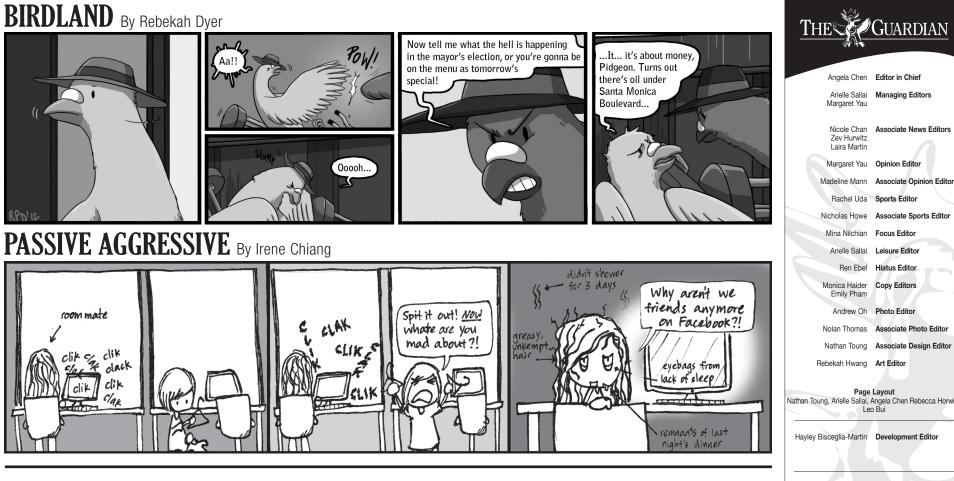
when he started teaching a lower level chemistry class 8-9 years ago. In 2008, he was appointed the Chair of the Academic Senate where he met many people from

DANIEL DONOGHUE

the Student Affairs Office and the Vice Chancellor of Student Affairs. He also served on the Committee on Student Life and Engagement from 2007-09 and recently as the co-chair of the Senate Administration Joint Task Force on Budget.

### See **PROVOST**, page 3

SPOKEN	FORECAST		<b>NIGHT WATCH</b>		SURF REPORT		GAS PER GALLON	INSIDE		
66 Oh, you Americans think every- thing is about you. I am the Dalai Lama and it's hard for me to meditate!"	<b>MONDAY</b> H 65 L 44	<b>TUESDAY</b> H 65 L 45	Monday	TUESDAY	<b>MONDAY</b> Height: 1 ft. Wind: 0-9 mph Water Temp: 58 F	<b>TUESDAY</b> Height: 1-1.5 ft. Wind: 3-7 mph Water Temp: 58 F	LOW \$3.53 Quick Trip, El Cajon 596 N Mollison Ave & I-8	Birdland2 Lights and Sirens3 At Wit's End4 Letter to the Editor5		
XIV DALAI LAMA TENZIN GYATSO	WEDNESDAY H 74 L 45	<b>THURSDAY</b> H 76 L 46	WEDNESDAY	THURSDAY	WEDNESDAY Height: 1-1.5 ft. Wind: 4-8 mph Water Temp: 58 F	<b>THURSDAY</b> Height: 1.5-2 ft. Wind: 5-10 mph Water Temp: 58 F	HIGH \$4.49 76, Coronado 900 Orange Ave & 9th St.	Student Body		



### UCSD MEDICAL UCSD Health System to Buy Nevada Cancer Institute

### BY JAVIER ARMSTRONG Staff Writer

UCSD Health System will purchase the Nevada Cancer Institute within the next four weeks for \$18 million. The announcement was made Monday, Jan. 23 in a UCSD press release and follows a Jan. 14 ruling by a federal bankruptcy court judge approving the sale.

UCSD Health System interim chief executive Dr. Thomas McAfee said in "UCSD buying Nevada Cancer Clinic," published Jan. 22 in the San Diego Union-Tribune, that buying the 142,000-square-foot, four-story building and its medical practice fits into the long-term growth plan of the UC Health System. McAfee said that UCSD Health Systems will use cash reserves to buy the institute and that there will be no state or taxpayer money used.

to McAfee, by According expanding its patient base, the UCSD Health System will be able to expand its research and clinical trials and increase its education programs.

"This expansion will allow us to fulfill our mission as the region's only academic medical center," UCSD Health Sciences Communications Director Jacqueline Carr said. "We will broaden our clinical trials and continue to teach the next generation of physician-scientists."

Carr said the out-of-state expansion is part of a new model of care that hospitals like MD Anderson and Stanford have pursued. According to Carr, the expansion is a strategic way to combine resources and lower costs while increasing access to specialized care.

This is the UCSD Health System's second expansion to an out-of-state facility. UCSD Health System opened a comprehensive but small liver clinic in Nevada in August 2011. The NVCI purchase is the first among the UC campuses to expand a large healthcare facility outside of California. UCLA and UC San Francisco have affiliations with other facilities but they are all within their surrounding communities. The \$18 million purchasing fee

includes the institute's name and the flagship building at the institute. Additionally, approximately 130 employees from the NVCI will remain at the clinic under the direction of the university.

The  $\rm \dot{N}VCI$  opened in 2005 with the hope of becoming one of the nation's top cancer research institutions, but the recession hit the small independent nonprofit and forced it in to bankruptcy court on Dec. 2, 2011. According to "UCSD buying Nevada Cancer Clinic," the NVCI found itself \$100 million in debt and laid off 300 of its employees last spring. The institute had about 350 employees before it fell in to financial troubles.

Current NVCI patients will continue to see their physicians, but if certain treatments are not available in Nevada, they will go to San Diego where they will be able to consult with top physicians and have more trials available to them, Dr. Oscar Goodman Jr. of the Nevada Cancer Institute said in a Las Vegas Review Journal article dated Jan. 23.

"Patients coming from Nevada would mean better utilization of the state-of-the-art facility we have at UCSD Moores Cancer Center," UC Regent Charlene Zettel said in the "UCSD buying Nevada Cancer Clinic" article.

"It also would be a boost for the San Diego economy because patients and families would be staying here. Most importantly, though, patients would get excellent care from some of the best doctors in California."

According to the press release, UCSD Health System plans for the recruitment of medical and surgical oncologists, as well as beginning a national search for a physician-scientist to serve as director of the institute.

"We have patients who come from all over the world for some of our programs," McAfee told the San Diego Union-Tribune. "It makes us better at what we do to have adequate clinical volume."

Readers can contact Javier Armstrong at jtarmstr@ucsd.edu

llai, Angela Chen Rebecca Horwitz Leo Bui **Business Manage** Emily Ku Marketing & Advertising Director Brandon Katzer Webmaster Bryan Smith ertising & Marketing Assista Christine Alabastro Christine Doo Shilpa Sharma Advertising Design & Layout Alfredo H. Vilano Jr. A.S. Graphic Studio

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General Editorial: 858-534-6580 editor@ucsdguardian.org

News: news@ucsdguardian.org Opinion: opinion@ucsdguardian.org Sports: sports@ucsdguardian.org Focus: focus@ucsdguardian.org Leisure: leisure@ucsdguardian.org Hiatus: hiatus@ucsdguardian.org Photo: photo@ucsdguardian.or sign: design@ucsdguardian.org Art: art@ucsdguardian.org

> Advertising: 858-534-0468 ads@ucsdguardian.org Fax: 858-534-7035

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### LIGHTS & SIRENS

#### Thursday, Jan. 19

**7:03 a.m.: Suspicious person** A transient was sleeping in the men's restroom at Stein Clinical Research Building. *Subject left*.

### Friday, Jan. 20

**3:27 a.m.: Information** A male at Matthews Apartments was seen vomiting, getting back into his vehicle and then leaving. *Information only.* 

**12:14 p.m.: Citizen contact** The reporting party at the UCSD Police Department was "concerned about inappropriate touching." *No report desired.* 

**9:39 p.m.: Disturbance** There was possibly an incident of animal cruelty at Housing and Dining. *Field interview* 

### Saturday, Jan. 21

administered.

**12:41 a.m.: Citizen contact** The reporting party was at the UCSD Police Department talking about "having problems with roommates." *Information only.* **1:00 a.m.-1:10 a.m.: Medical aid** An "overly intoxicated male" refused transportation to a hospital at The Village Building 1. *Released to roommates.* 

**8:50 p.m.: Call for help** A female was heard screaming in Hopkins Parking Structure. *Gone on arrival.* 

### Sunday, Jan. 22 12:06 a.m.: Drunk in public An underage male student was drunk at the "Let's Bounce" dance. Closed by adult arrest. 1:54 a.m.: Medical aid The subject at Tioga Hall was having a "possible allergic reaction

to medication." *Transported to hospital.* **3:54 p.m.: Prisoner** A male student was caught shoplifting \$154 worth of products at Price Center. *Closed by adult citation.* 

### Monday, Jan. 23

11:43 a.m.: Non-injury accident A San Diego Metro Bus backed into a light pole at the intersection of Rupertus and Russell. *Report taken*.

### 12:15 p.m.: Burglary alarm

The burglary alarm went off at Chancellor House. False alarm. 2:55 p.m.: Medical aid A young adult male was "feeling lightheaded and dizzy," but was conscious and breathing. *Transported to hospital.* 6:02 p.m.: Welfare check There was a possibly suicidal subject at Frankfurter Hall. *Information only.* 8:05 p.m.: Citizen contact The subject reported that a vehicle was parked too close to his or her own car. *Information only.* 

### Tuesday, Jan. 24

7:50 a.m.: Non injury accident There was an accident involving a UC vehicle at Eastgate Mall. *Report taken*.

#### Wednesday, Jan. 25 9:46 a.m.: Disturbance There was a verbal argument over parking at Biomedical Library

parking at Biomedical Library. Information only.

### Thursday, Jan. 26

6:20 a.m.: Medical aid
A young female at Meteor Hall was vomiting. *Transported to hospital.*8:37 p.m.: Medical aid
A young female at Marshall
Residence Halls was choking.
Medics and fire en route — subject refused medical treatment.

-COMPILED BY SARAH KANG Staff Writer

### University House Construction to be Completed in April 2013

### ► HOUSE, from page 1

the 60-year-old house does not meet current safety standards for natural disasters. The Regents approved the full rehabilitation plan of University

House on Jan. 19, 2012. In total, the renovation will cost \$10.5 million and will be entirely covered by private funding. A sum of \$1.5 million has been allocated from the Edward F. Searles Fund, an unrestricted endowment used to finance general purposes of the university that cannot be covered by state funds.

A stabilization operation began in November 2011 to insure that the large cliff-top house would not crash onto the beach below. According to principal architect Ione Stiegler, the walls are very lightweight and the roof/ceiling structural framing is not attached to the adobe walls.

Therefore, it is believed that the building would be unable to resist the physical momentum of a seismic event. One major aspect of the renovation is to resolve these deficiencies by physically connecting the roof framing to the load bearing walls. Issues also remain within the electrical, mechanical, plumbing, gas, telephone, cable and fire service systems.

"All of these deficiencies are being rectified with the remodel and finally, the house has never had a fire protection system and that will now be provided," Steigler said.

Another setback that the house's refurbishment faced was the history of the land itself. While initially the university sought to demolish the home and replace it with a new one, the project was met with strong opposition from the Kumeyaay Native American tribe — who once lived on the land and buried their dead there.

Those within the Native American community have also raised concerns over the project since UCSD employees first came across two ancient skeletons in 1976.

Since 2007, a Native American monitor has joined the project team to handle any further cases of burial disturbance that might occur during the renovation and stabilization process. construction and major renovation projects must attain LEED silver certification or above. Because University House is only a private holding of the university, it is exempt from this requirement. Nevertheless, those in charge of the project have been vying for the certification.

"The restoration is including many sustainable energy and life cycle processes," Stiegler said. "However, the project cannot meet current LEED requirements because LEED fails to recognize the need to maintain certain character-defining elements."

The National Trust for Historic Preservation has been appealing to the United States Green Building Council, which oversees LEED, in order to have them recognize the inherent environmental benefit of rehabilitating an existing building, according to Stiegler.

The second phase is scheduled to start construction in April 2012, with a projected completion date of April 2013.

Readers can contact Kashi Khorasani at kkhorasa@ucsd.edu

UC-wide policy states that all new

### New Provost to Focus on Full Scale Development of Sixth College

### PROVOST, from page 1

"I was just more generally involved in activities at the campuswide level and just really came to appreciate how great UCSD is and how great our students are," Donoghue said.

Donoghue said it has been an honor to be appointed as the Sixth College Provost.

"Sixth College people have been so welcoming, the staff have been really awesome, students are great," Donoghue said. "I'm learning my way around Sixth College because I've been on Revelle campus most of the rest of the time. It's pretty cool."

Donoghue said he plans to work on continuing the development of Sixth College, including academic buildings, new residential halls and new dining facilities.

The new dining facility has been very important to the students.

"I'm kind of hearing that would be one of the number one priorities for students at Sixth College and that the other parts that would go along with the full scale development of the college," Donoghue said.

He said it would be easier to start working on those now that the trolley

locations have been established.

Donoghue said he is excited to be a part of the newest college on campus.

"I think Sixth College is a work that's still evolving," Donoghue said. "It's our newest college, it was started with tremendous vision by the people that really conceptualized it at its inception and some parts of that vision have been realized and other parts of it I think are still in development."

Readers can contact Rebecca Horwitz at rhorwit@ucsd.edu



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CONTACT THE EDITOR MADELINE MANN

# OPINION

TALKING POINTS

### UC STUDENT REGENTS TALK POLICY

C Student Regent Alfredo Mireles Jr. and UC Student Regent-designate Jonathan Stein visited UCSD on Jan. 29 as part of their campus tour. Each of the student regents serves for a two-year term, one as a non-voting designate and one in full capacity as the sole student voice on the 26-member UC Board of Regents. The *Guardian* interviewed Mireles and Stein about their goals and special projects, the recent police violence and more — here are some highlights from our conversation.

Guardian: What is your opinion on the recent violence and protests at UC Riverside, and do you condone the tactics of the police, such as using paintball guns filled with pepper lead?

Alfredo Mireles: I had the unique opportunity to go between the Regents and the protesters, so I was amongst the protesters for over two hours and got to meet with many of them, answer their questions and somewhat participate. We're both angry about a lot of the same issues that protesters are, and any time there is violence between police and students, it just makes me sick.

I never want to see any students hurt, and I'm not a policing expert so it's really hard to condone [the police tactics]. It's just very challenging for both sides when passion gets so high. I wish they didn't have to use those tactics.

G: What are some of the projects or issues that are you particularly interested in working on during your tenures as Student Regent? Alfredo, I know that you've been involved with making the UC campuses tobacco free, but what about you, Jonathan?

Jonathan Stein: I think every Student Regent enters with

an agenda, and then you get knocked off your agenda almost immediately. For example, UCSF now has this plan to make itself this quasi-independent body, and I suspect that's going to be a huge part of the next 18 months, and that's not something I had any intention of dealing with when I took the job. That said, my priorities coming in were to find new funding for public higher education and stopping fee increases. My second priority was campus climate issues — I don't need to tell UC San Diego how important campus climate issues are. I serve on a system-wide Campus Climate Steering Committee and while I think individual campuses are making some gains, we still have yet to deliver on the full promises made by the administration a year and a half ago, when we had our most challenging moments. I'm also interested in making the UC a more effective political force in Sacramento.

G: As Student Regents, your job is to represent all 220,000 students of the UC system; as graduate students, how will you ensure that you are still in touch with undergraduate issues?

JS: When we travel to a campus, the vast majority of people we meet with are undergraduates, the people we seek out first are undergraduates, the network of student leads I've built is almost entirely undergraduates, and the issues that I spend 40 hours a week working on are issues of importance for undergraduates. I don't have any preference for graduate students in my work. G: You mentioned that the administration sees out-ofstate students as a source of funding — what are your thoughts about the plans to increase the number of out-of-state admits?

See REGENTS, page 5

### Please Pass the Pomegranate Ketchup, UC San Diego

 $R_{int}^{int} before my very eyes - or, maybe while I was napping in onion ring grease up on the second floor of Price Center East - UCSD underwent a drastic reinvention. I'm not talking tuition hikes or staff furloughs, changes that$ 



haven't escaped even the oblivious and the borderline-narcoleptic like myself. Over the past three years, we have managed to become exponentially bourgie.

There was a time, approximately 10 minutes before my arrival at UCSD in Fall Quarter 2008, that there was no Loft. If you, like most students, haven't visited the Loft up at Price Center East, I would call it a reasonably sterile alternative/indie performance space where freshmen and grad students are known to stand awkwardly/nod noncommittally while up-and-coming alternative/indie acts do their damndest to rile everybody up. The university's marketers would call it a "performance lounge and social crossroads where emerging art and pop culture collide...a place where modern design, appetizing bites, and intriguing performance commingle." (Hey, it's true: they've got red Ikea chairs outside.)

What's so special about the Loft, though, is that to me it signaled the dawn of a new day at UCSD. All that followed is astounding: first came Zanzibar, a wildly successful café/ wine bar (yes: it is our campus wine bar); then the Bistro, a sit-down dining hall in the Village that boasts a seasonal menu and a sushi bar; and now, this quarter we welcome Roots, our campus's first dedicatedly vegan/ vegetarian eatery. If I didn't know better, I might think Gwyneth Paltrow herself were waving a royal hand down at us from her castle in the sky, blessing us all with Alexander Wang T-shirts and warm croissants.

No corner of campus has gone untouched. The transformation is evident from the furthest reaches of the Village all the way to the School of Medicine, where apparently, the cheekily dubbed Club Med just opened, too. Most of us know that the real Club Med is situated eight or so miles south, and that it ordinarily calls itself the University of San Diego, but to USD, we say: "LOL, did you really pay \$200K for that degree?" (But also: "Please, do try the Panini.") Desperate for a bathroom on a recent weeknight, I wandered toward the ambient lights and walllength windows of the Bistro. First, I hesitated: it had been a long day, and I half-expected the hostess - a girl I recognized from one lukewarm Popov-fueled dorm party or another - to appraise my sneakers, wrinkle her noise and ask me to please come back later. But before she could, I looked around and what I saw was sort of unbelievable: students laughing over mineral water. Students smoothing cloth napkins in their laps. Students so happy — so overjoyed at the sushi and friends surrounding them — that, for at least an hour, they had forgotten the bleakness of everything else.

### QUICK TAKES

THE U.S. DEPARTMENT OF EDUCATION'S ADVISORY COMMITTEE ON STUDENT FINANCIAL ASSISTANCE PROPOSED THE CREATION OF A NATIONAL ONLINE TEXTBOOK DATABASE TO REDUCE COSTS OF COURSE MATERIALS.

### National System Welcomes Discounts

T he cost of attending college is rapidly rising, and with it are the escalating costs of textbooks. The College Board has predicted that the average student at a four-year public university will spend \$1,137 this year on textbooks alone. In 2007, the U.S. Department of Education's Advisory Committee on Student Financial Assistance proposed the creation of a national digital marketplace that would reduce costs by uploading textbooks online. This idea is a necessary step towards affordability, as any reduction in textbook costs will provide welcome relief to already financially burdened students. With its ease of access and promises of slashed prices, a national textbook database will discourage students from skimping on their required texts. The online system would allow students to do all the same things that can be done in a printed textbook, like highlighting passages — with the added plus that it would be much easier to search for key terms. Professors would also be able to create custom texts online, so students would not have to spend copious amounts of money on purchasing custom course readers. Pilot programs have yielded promising results. The Cal State system began testing out a service called the "Digital Marketplace" on several of its campuses in 2009. The program showed that 73 percent of students participated in the program, at a 65 percent cost reduction. This groundbreaking innovation could mark the first step towards providing students with the materials they need to succeed in their classes, at prices they can afford.

### Used Texts Need to be Fully Utilized

I n an effort to make course materials more affordable for students, the Advisory Committee on Student Financial Assistance proposed the development of a national electronic textbook clearinghouse. Although the clearinghouse would help lower the cost of textbooks in the long run, its implementation just isn't feasible. The answer to cheaper textbooks lies in colleges utilizing more used textbooks, and fewer new editions.

Used textbooks are on average 25 percent cheaper than new editions, but only comprise 25 to 30 percent of textbooks on the market, according to the Advisory Committee on Student Financial Assistance. The universities themselves have the ability to strengthen the market of used textbooks by implementing cost-effective initiatives. The University of Washington, for example, took the initiative to guarantee a buy-back service that allows students to sell back their books for up to 50 percent of their current price. Furthermore, the San Mateo County Community College District Bookstore enacted a policy of sending faculty reminders to turn in used textbooks, leading to a 27 percent increase in used textbook sales between 2004 and 2006. Initiatives such as these can save students hundreds of dollars. Faculty can also commit to using the same textbook for multiple quarters, only switching to a new edition if significant changes have been made. This will strengthen the used textbook market, providing students with cheaper texts that will also encourage publishers to release fewer new editions. The electronic national database is an ambitious idea but it is just not a feasible option. Alternatives such as using more used textbooks are both more easily implemented and cost-effective.

### Database Can Work on Smaller Scale

The Advisory Committee on Student Financial Assistance recommended creating a national digital textbook database as a way to lower the cost of textbooks for students. However, pursuing a special national system is unnecessary because smaller entities are already developing their own systems, which can successfully reduce textbook prices.

Sites like PostYourBook.com allow students to buy or trade used books with other students.

- CHELSEY DAVIS Staff Writer — ALEKS LEVIN Staff Writer The site was recently started at Santa Monica College and has spread across the UC system, as students are able to sell their books to each other with no middle man, enabling discounted prices for buyers and more profit than a university bookstore would pay the seller.

Digital books show promise for reducing textbook costs. According to an IPRO report, digital textbooks can cut textbook costs by 30-50 percent. California State University launched a pilot digital textbook program on several of their campuses in 2009. Under this program, students were able to rent digital textbooks for \$60, versus the average \$173 they would pay for paper textbooks. New technology such as the Kindle and iPad make a future in digital books even more feasible, and are already being utilized in some schools for education.

It is not in the education system's best interest to waste money and time pursuing a national database that may not even be efficient, when there are already successful cost-cutting methods in existence, and new technologies providing hope for further cost reduction.

> — CHRIS ROTELIUK Staff Writer

### QUITE FRANKLY By Lior Schenk



### Regents Eager to Send Students to Sacramento Rally • REGENTS, from page 4 is that the out-of-state students apply predominantly to

**AM:** First and foremost, it's important that we don't dehumanize out-of-state students. I found that in this debate, oftentimes we third-party our out-of-state students, and we need to remind people when we're talking about this issue that we cannot create an environment in which they feel like it's hostile to them. We need to treat them with the same tact and sensitivity that other communities would like to be talked about, as they're our students too.

**JS:** My concern with out-of-state is, one, the lack of both ethnic and economic diversity, and two, the way in which the institution may be less accessible to in-state California students. Here's the real point that I think is missed when you talk about crowding students out: by increasing our out-of-state numbers, we're not displacing in-state students. We have room in the UC for the same number of in-state students plus more out-of-state. The problem

is that the out-of-state students apply predominantly to UC Berkeley, UCLA, UCSD, which then pushes in-state students to other campuses. All of our institutions are fabulous, but we have a couple "elite" campuses, and we don't want fewer Californians to be able to access them. G: What's next? What are you two working on now? JS: We are focusing on the May 16 rally in Sacramento; we're trying to get the Regents to pay for all the buses, try to work with administration and faculty to forgive absences in class so there's no penalty for students for going to Sacramento. If you can get 50 buses and they're all completely paid for — let's fill those suckers. **AM:** It's great that the Regents want to work with students, but at the end of the day, the Regents will be fine. They have lives established and what happens to the UC will not personally affect them. But if we get further cuts by Sacramento, students will feel the pain, so this has to be our rally.

### LETTER TO THE EDITOR

### Division I is Not the Answer to School Spirit

Dear Editor,

The recent article written by sports columnist Nick Howe on Jan. 23, concerning the upcoming student referendum to move UCSD to a berth in NCAA Division I athletics was inaccurate, incomplete and seemingly biased. Mr. Howe has joined the pervasive administrative drumbeat of: Division I is the answer to our enhanced school spirit prayers.

When 60,000 people apply for admission to this school as they did this year, how can we claim to have a school spirit problem? I assume that most of those applying know something of the nature of this campus before they apply. They, by all appearances, are not concerned with this so-called lack of school spirit.

In his article, Nick Howe compares UCSD to UCLA as if we are a downtrodden stepsister. Our Recreation Department is 10 times more dynamic than UCLA's, we have a gorgeous beach, our school is the no. 1 surf school, we have our own unique resources and school environment. If this is a contest on who is the biggest and baddest U.C., which I don't think it should be, we can definitely hold our own.

And just how would a jump to Division I status solve this phantom lack of school spirit?

First, understand that we won't be hosting the likes of Cal and Stanford? Our move to DI would give us possible entry to the Big West Conference. Here are their member schools: Cal State Fullerton, Cal Poly SLO, Cal State Northridge, Cal State Long Beach, UC Davis, UC Irvine, UC Riverside, UC Santa Barbara, University of the Pacific. There are no Cals, Stanfords or UCLAs in the line up.

Our ICA program has historically existed to enhance the students' athletic pursuits in a very pure form. That's been a hallmark of UCSD — that our programs are student participation driven and somewhat egalitarian. That is something to be proud of. But, lately the intercollegiate program, time and again, has gone to the funding feeding trough via student referendums to finance their leapfrogging ambitions to jump from Division III to currently Division II (2007 referendum), and next Division I. Naturally the position of the administration has been that this move is to enhance student life. From my perspective the only student lives being enhanced are those who will receive scholarships from this referendum windfall. Ironically, most of the current athletes will be voting themselves off their teams.

For this referendum to pass, a mere 5,500 or so students have to vote and only half of those votes, or more accurately 50.1 percent have to be "yes." And you, the 'average' student will be in the hole to the tune of \$500 per year.

The choice is yours, but only if you are fully informed.

-Roberta Alexander Resident, San Diego

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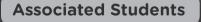




# Just In Case

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Grants

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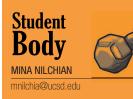
facebook.com/tritonoutfitters

CONTACT THE EDITOR ARIELLE SALLAI leisure@ucsdguardian.



# It's Your Life: Try Making Time For It

**B** ehold, the greatest barrier between you and the best version of you, the obstacle that holds you back from doing everything on your bucket list and the reason why your Nike Airs are still in



mint condition. It's why your New Year's resolutions died the same week they were born and why purchasing that yoga subscription was a total waste of money.

The time excuse.

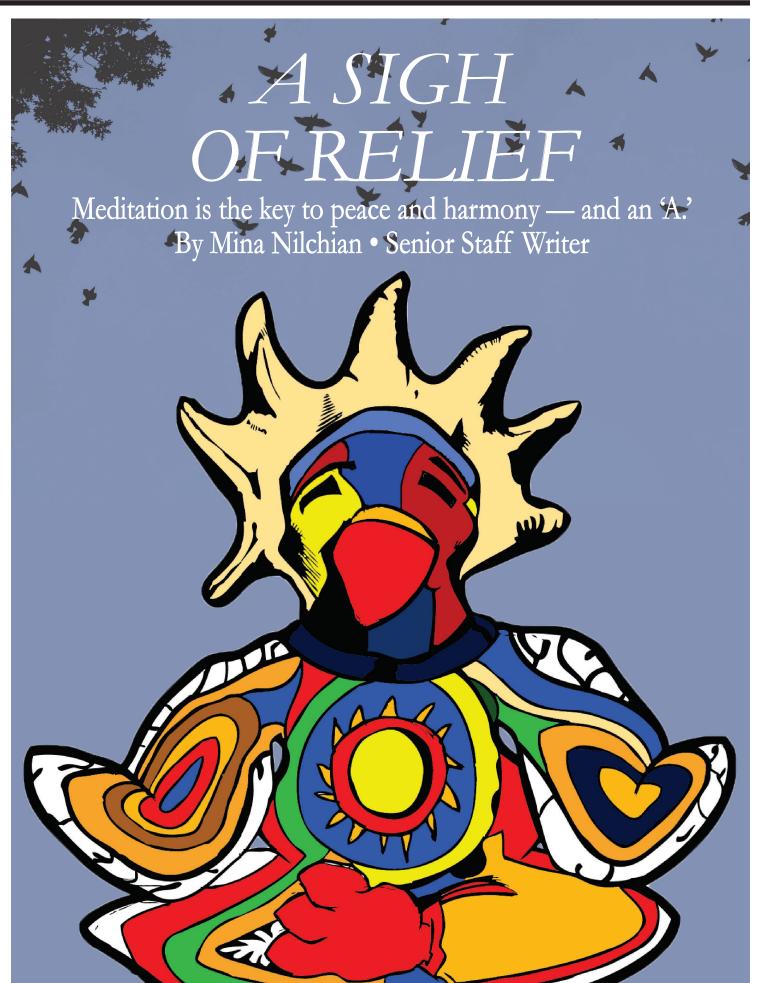
It's the accepted norm in our culture that you will never have enough time — 24-hours just doesn't cut it anymore.

But here's a news flash: Even if we had 80 hours in a day, we'd still be using the time excuse.

For the past decade or so we've been coming up with the reasons behind America's troubling obesity epidemic. But whether it's that our lives have become increasingly sedentary, or that we're consuming too much calorie-dense and processed food, America's health problems can be traced back further to the tragic belief that we simply don't have the time to be investing in our health.

It's alarming how far the time excuse goes. We don't just neglect our physical health, but also our mental health. You probably can't remember the last time you sat back and just let your mind go blank for a minute or two (and daydreaming in the uncomfortable chairs in the Solis lecture halls during your anthropology class does not count as meditation). Not just your health, but also your environment (also known as your messy room and obscenely large laundry bag.) Even your relationships are damaged by your insistence that you don't have time (please refer to your mother's eight voicemails).

It's true that living a healthy life, in terms of your body, mind and soul, does entail its fair share of planning and dedication. It seems much easier to grab a McMuffin on your way to your 8 a.m. lecture than it is to slice up an apple for breakfast. And when balancing a full load of classes, an internship and a social life, who has the time to go to RIMAC?



Actually, you do.

Take a minute to undo everything society has conditioned you to believe, and see how much of your life you can change without missing a beat. Delete the phrase, "I don't have time" from your thoughts and your speech for just a week.

Wake up just one half hour earlier and go for that early morning run. Take one quick trip to the super market and stock up on some essentials, and you're set for a week with some healthier study snacks. Go ahead, don't be afraid to take a five minute break, only five minutes, to clear your head with some meditation and notice how much more relaxed and energized you are after. Setting aside these little corners will hardly set you back and keep you from doing the work you need to do.

Slowly but surely, the more you force yourself to believe that you do have the time, the truer it becomes. With enough practice, and by eliminating the excuses, you'll learn to start making your wellbeing, both mental and physical, a priority. Self-discipline is like any muscle in our body — only strong if properly conditioned. So get on that bench press.



JEFFREY LAU/GUARDIAN

editation is a word that comes with a set of stereotypical associations: elaborate tantric practices, monks dressed in robes sitting inside an incense and chime-adorned temple, spending hours in lotus position while repeatedly chanting the word "om."

But meditating isn't just for Buddha. A universal and multicultural custom, meditation is becoming increasingly popular in Western culture, used not only as a religious tool, but also as a natural way to eliminate stress, tame anxiety and promote greater focus and awareness — as doctors and experts find more and more medical evidence to back up the claims of its usefulness.

Despite its long list of short and long-term benefits, consistent, daily meditation practice may seem more like a burden than a hobby, especially for the American college student. For the average undergrad to sit down and render blank a mind that's been racing and active all day is no easy feat, and to find a time and a place to do it is a whole other challenge.

But Mehrad Nazari, Ph.D, attests that meditation is tool that can be utilized by all.

"It is compatible with any lifestyle," Nazari said.

Nazari himself has used the practice to balance his own life in the corporate world. He's earned an MBA and Ph.D. in human behavior, taught at the U.S. International University for 10 years and runs a real estate company.

Yet he has also maintained a spiritual side to his life for the past 25 years. After being trained in Indian Vedic practice by his Zen master (who he mentioned is soon approaching his 105th birthday) and an initiation into Himalayan Yogic traditions, Nazari now serves as a meditation instruc-

### See MEDITATION, page 7

### HAVE A DRINK ON US

The Guardian asked Jason Whittington, a bartender at Waterfront Bar and Grill in Little Italy, to recommend a drink. This is his choice.

### **TEQUILA FRESH**



This refreshing drink is a new school take on the old school margarita. The crisp combination of fresh lime juice and spear-muddled cucumber brightens up a meal with its sweet, light flavors. Similar to salt on watermelon, a pinch of salt and pepper in this smooth drink highlights the sweet notes of the agave nectar.

### **INGREDIENTS**

1/2 oz agave nectar 1/2 oz fresh lime juice 1 cucumber spear-muddled 2 oz tequila

Shake ingredients, strain over ice and add cucumber and a pinch of salt and pepper to garnish.

> Tiffany Chin CONTRIBUTING WRITER

### RESTAURANT REVIEW

# SNOOZE, AN A.M. EATERY

an Diego is no stranger to breakfast joints, which is why it's so hard to get excited about new kids on the breakfast block — we've already got hot spots like Broken Yolk and Hash House a Go Go satisfying our hunger for the occasional pancake stack or omelet anyway. But early risers beware: Some real competition is finally here. Snooze, an a.m. eatery, headed west last November all the way from Colorado (where it's a local favorite) to set up shop in Hillcrest.

After only a few months here, the restaurant is already buzzing. It's not uncommon to see a crowd of people waiting outside to be called - hallelujah for 30 minutes, a serious nod for an hour — but once inside everything is forgiven. The sky high ceilings and all glass store front give space for you to relax, while the light atmosphere of this retrofurnished eatery is brought out not only by the summery colors that fill the big space, but also (more so) by the enthusiasm of the servers. On a side note, a nice bar is located at the right of the

entrance - ves, Snooze

sells alcohol (mimosas,

One of the unique

features of Snooze is

that you can customize

your own meals. Upon

requests, it's possible

to combine dishes

extra charge.

together without an

(\$9) is a great way to

The Pancake Flight

and lots of 'em).



save money since it PHOTO COURTESY OF CHARLES WAGNER allows you to choose

any three pancake flavors, including the pancake of the day. We opted for a popular trio: the Pineapple Upside Down Pancake, the Red-Eye Velvet Pancake and Ichabod Crane's Pancake.

The Pineapple Upside Down Pancake is an exceptionally fluffy, moist and warm pancake with caramelized pineapple chunks inside, and housemade vanilla crème anglaise with cinnamon butter lightly dripping over. With the right amount of milky sweetness enveloping your tongue as it melts in your mouth, this pancake is a standout.

The Red-Eye Velvet Pancake is the weakest of the bunch — a bland red velvet buttermilk pancake topped with indistinguishable espresso infused maple syrup, a light cream cheese frosting and chopped pecans.

Its flavors were so subdued that they  $\star\star\star\star$ didn't synchronize very well at all, and Hours: thus, did not leave Mon.-Fri. 6:30 a.m.-2:30 p.m. much of an impres-Sat.-Sun 7 a.m.-2:30 p.m. Ichabod Crane's

Pancake, an unforgettable one-of-akind buttermilk pancake sprinkled with candied pumpkin seeds, and topped with mellow yellow

pumpkin cream and a chili-spiced Vermont maple syrup, had an amazing mix of buttery and smooth flavor with a finishing taste of sweet pumpkin. A tinge of spice and pumpkin embraced each other

Location: 3940 Fifth Ave., San

Diego, 92103

Recommended: Pineapple Upside Down Pancake PHOTO COURTESY OF STEVE BOTT

firmly in unison. But Snooze isn't all pancakes. Corn Beef Hash (\$9.50) — with its signature shredded hash mixed with an ample amount of corned beef, caramelized poblanos and onions, with two eggs and toast or tortillas on its side - is recommendable for brunch, since it's a bit too meat-heavy and salty for breakfast.

Ham Benedict III (\$9.50), a soft and crunchy signature English muffin topped with slices of hickory smoked ham, soft poached eggs and smoked cheddar hollandaise, is a savory breakfast dish that is good for both breakfast and brunch. The golden-brown house hash browns that come on the side help in toning down the impressive, yet strong hollandaise taste.

Hitting equally upon the savory and the sweet, Snooze is a breakfast joint anyone's taste buds can appreciate. But with a 20-minute car ride from campus and a typically long wait, it's a place for a worthy occasion - not a weekly tradition.

> Ashley Kwon CONTRIBUTING WRITER

Nazari Recommends Daily Meditation For Stressed Out Undergraduates

sion

### ► MEDITATION, from page 6

tor at UCSD's "The Zone," which holds meditation sessions several times a quarter.

There is an endless list of different types of meditation found around the world, but Nazari explained the core philosophy rooted in all of them.

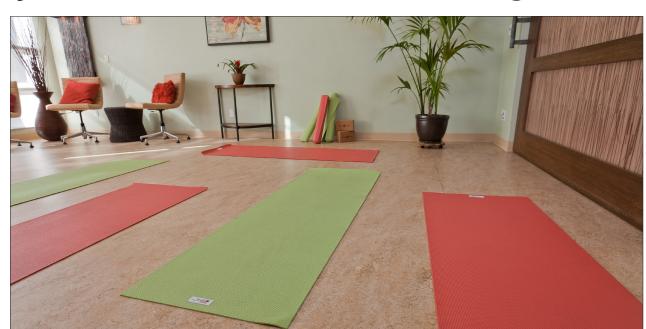
'Meditation is gathering the forces of our mind to direct them into one focused channel," he said. "It's focusing that concentrated energy to connect with our supreme self, to that inner intelligence, that inner wisdom that is connected to the universal energy field."

Nazari explained that many of the ailments we suffer from in our daily lives - issues like depression, anxiety and stress can all be rooted in a loss of connection with that "universal energy field," and a disjoint between the mind and body.

'Every single cell in the body works in unison to work toward one goal," he said. "As a human being we forget this and we think we are separate and we claim independence from that system. And that is where the disease depression and anxiety [come from] and all the miseries of the world come from -



that separation." Medical experts have attached long plethora of benefits to







It's especially important not to get your ego wrapped up in it. Developing meditation skills is like building any other habit — it takes practice."

**MEHRAD NEZARI** 

MEDITATION INSTRUCTOR

sistent, daily meditation practice, confirming Nazari's assertion that meditation can help alleviate not only constant stress and anxiety, but combat the physical symptoms associated with them, such as high cholesterol and high blood pressure. What is left behind, he said, is clarity, peace, greater joy and a focused mind.

"In the long term, once we really connect to our true essence, all these things fade away and we work in unison with everything around us," Nazari said.

Additionally, there's plenty to

be gained by an average UCSD student who's constantly on the academic grind - a relaxed mind is more receptive to learning than a stressed one is, making meditation an effective study tool.

"It's basically a tool for sharpening your mind," Nazari said. "The retention of what you learn is a lot higher, and access to that information is a lot easier. You make this whole idea of education a lot easier once you can place [your thoughts] in a proper place in your brain and get access to it."

While many have given it a try, the inability to clear a mind jumbled full of thoughts can be discouraging, and is often the main reason people give up the practice after a few tries. While it's a common complaint, it's certainly no reason to give up, Nazari explained.

"The Dalai Lama was in New York and one of my friends asked him why it's so hard for Americans to meditate," he said. "He's so funny, his holiness Dalai Lama. He waved his hand up and said, 'Oh, you Americans think everything is about you.  $\overline{I}$ am the Dalai Lama and it's hard for me to meditate!"

The key is to let your mind run its course without worrying about reaching a blank state.

"In the western world, we associate with the whole idea of 'I think therefore I am,' and it's just the cause of our problem," Nazari said, explaining that to practice meditation, one needs to be detached from thoughts, not eliminate them altogether. "So when we sit down and we see that train of thoughts going across, not associating with any one thought, that will help you make a separation. That separation is the first successful stop toward meditation."

According to Nazari, the mind thinks between 60 to 90,000 thoughts a day, 90 percent of those being repeated thoughts from the day before. That kind of repeated cycle of endless thinking by an uncontrollable mind is a key reason behind mental exhaustion. Practicing mental control can help alleviate the constant agitation from what Nazari calls our mind playing "a broken record."

As for finding the time and place, an hour seated in the lotus position in your dorm room is not required.

UCSD provides multiple opportunities to attend guided meditation sessions, like Nazari's quarterly guided instructions at The Zone. Additionally, his wife, Michele Hebert, will be instructing a weekly meditation class at RIMAC beginning in spring quarter, available to students for about \$20.

But Nazari said it's the "meanwhile" practices done multiple times a day that students can get the most out of. To start, Nazari said, you can find a quiet, isolated place, or even small pockets of time throughout the day. Spend two minutes engaged in abdominal breathing, or breathing in a way that fills up the stomach instead of just the upper chest. That kind of breathing is a signal to the brain to begin relaxing. Then, it's simply a matter of focusing on your breath, and letting your thoughts run their course without associating with any one thought.

"Use it like a snack throughout the day," Nazari said. Another technique is to repeat a word, or find a mantra.

"That word, in our teaching, is peace, harmony or wellbeing," he said. "Once you repeat those words, you have no choice but to get in that state."

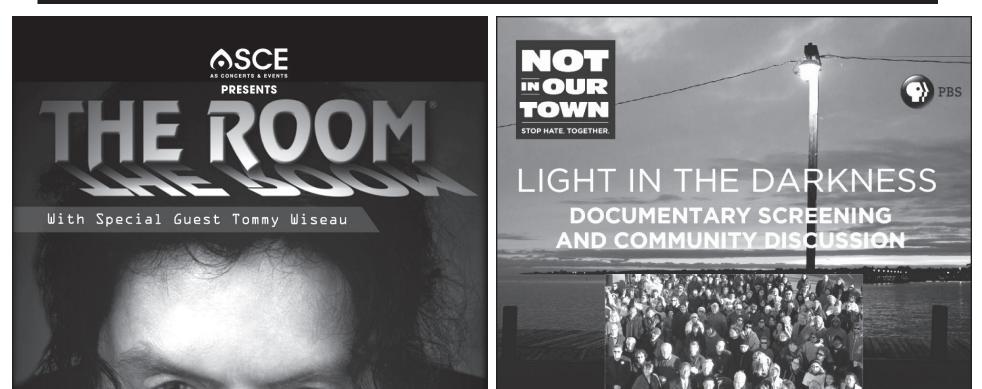
It's especially important not to get your ego wrapped up in it. Developing meditation skills is like building any other habit it takes practice.

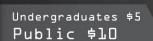
"Don't get discouraged," Nazari said. "There are days that it gets a lot easier to sit down and get to that calm state, there are days that the mind has been agitated, activated and it takes a little bit longer. It's a matter of patience, consistency and toler-





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For more information₁ contact ASCE at avpconcerts@ucsd.edu or (858) 534–0477



# How can we stand together against hate in our town?

Join us for a screening of Not In Our Town: Light in the Darkness, a one-hour PBS documentary about a town taking action after anti-immigrant violence devastates their community.

Date:	Monday, February 6, 2012
Time:	5pm - 8pm
Location:	Student Service Center, Multipurpose Room

Sponsors: KPBS, UCSD LGBT Resource Center, UCSD Cross Cultural Center, UCSD Women's Center, Associated Students and the Anti-Defamation League.

To learn more about Light in the Darkness and the Not In Our Town movement, visit www.NIOT.org or www.kpbs.org/events/2012/feb/06/12299/.

KQED Presents

# CAMPUS 1.30-2.5 CALENDAR



# **MON**1.30

AMERICAN ROYALTY @ THE LOFT • 8pm

# this week



ROMA NIGHTS: ZACHARY BOND Monday, Jan. 30 • 8pm Espresso Roma • FREE

### PUB AFTER DARK: TWIN SISTER Wednesday, Feb. 1

Doors: 7:30pm; Show: 8:30pm Porter's Pub • FREE Student + 1 Guest

## **MON**1.30

### 6pm

### UCSD UNIVERSITY CITY CENTER CAMPUS

Attend a Free Information. Join us and learn about our high quality, career focused programs, ask questions and discuss your future as a creative professional. Programs: -Game design -Graphic design -Mobile apps development -Video production

### 7pm

### PROSPECT JOURNAL OF INTERNATIONAL AFFAIRS AND IAG PRESENT: SINK OR SWIM: INTERESTED IN THE UNCERTAIN FUTURE OF THE EUROPEAN UNION?- ERC GREAT HALL

Curious about the concept of a European identity? Join Prospect Journal and the International Affairs Group as we host a panel of UCSD professors to discuss such issues as the European monetary system, Europe's role in the global balance of power, and the future of the European identity. Professors Christina Schneider, David Fisk, and Luis Martin-Cabrera will present. This event will be held at the Great Hall in ERC at 7pm, and is FREE.

### **8pm** American Royalty - The Loft

It's truly difficult to describe this new young group that seemed to appear out of nowhere onto the Los Angeles music scene. The band's unique ambivalence to a particular genre, raw musical talent and vast music taste leaves most people struggling to think of another band to compare them to; most end up with something along the lines of 'somewhere between The Black Keys and The Bloody Beetroots'. Others simply give up, saying 'I can't describe them. You just have to see them live.' Check out their hit single, 'Lately' and hear what everyone's talking about! Doors 8:00pm - Show 9:00pm, \$12 General, \$8 UCSD Student, \$4 Loft Member Advance (Free at door if available)

# **THU**2.2

### 1:30pm

### THERAPY FLUFFIES: PET-A-PUP EVERY WEEK IN THE ZONE!

Drop into The Zone every Thursday from 1:30-2:30 pm for some special canine cuddling guaranteed to boost your mood and brighten your day! Studies show that petting a dog can relieve stress and bolster well-being. The Zone brings you a different dog(s) each week!

### **8pm** 21st century chinese film series Presents: CRY Woman- PC Theatre

**SUN**2.5

**CENTER WEST BALLROOM** 

6pm

Banned in China, Beijing filmmaker Liu Bingjian's third feature has struck a chord for its equally humorous and honest portrayal of Chinese life.

SUNDAY BALLROOM DANCE PARTY! - PRICE

The Ballroom Dance Club presents its first Sunday

to Waltz will begin at 6:00pm, with open social

dancing until 10:30. Dance cha cha, swing, tango,

nightclub, and more! Dress as you wish - anything

from casual jeans to 'dress to impress' is welcome.

No experience or partner is necessary, so come out

and have fun! Oh, and the whole event is FREE!

Dance Party of the quarter! A beginning introduction

# **TUE**1.31

### **3pm** TASTY TUESDAYS WEEKLY COOKING DEMONSTRATION - THE ZONE

Drop into The Zone every Tuesday from 5:00-6:00 pm for a Free Healthy Cooking demonstration! Tasty Tuesday features local, organic, and vegetarian ingredients to keep you running at peak performance levels. Sponsors such as Whole Foods Market, Housing & Dining Services, Student Health Services, and Recreation bring a different dish to the table every week. Come hungry, leave healthy!

### 6pm

### BOARD & BREW: GAMES & FLATBREAD PIZZA-THE LOFT

At The Loft, they are most definitely playing games. LOTS of games. Come hang out, enjoying Specialty Flatbreads, Craft Brews and Tasty soda Floats from Zanzibar whilst playing your favorite board game! The Loft will provide the games and Zanzibar will have specials on the foods! Contact: pgillcrist@ucsd.edu

# **FRI**2.3

### **12pm** International center friday café-International center

In honor of Black History Month, we will be offering a menu of soul food at the Friday Café. Lunch costs \$5 and is served from noon until 1:15pm. The menu will include: oven-barbecued chicken, Sylvia's steamin' cornbread, green salad, garlic and herb-mashed potatoes, and lemon bars. Our generous sponsor this week will be UCSD Extension's International Student Services.

### 6pm

### HE'S MY BROTHER, SHE'S MY SISTER- THE LOFT

He's My Brother She's My Sister is coming to The Loft at UCSD! Don't miss out on your chance to see this up-and-coming LA band.

### 6pm

### MOONLIGHT KAYAK ON MISSION BAY -OUTBACK RENTAL SHOP, PEPPER CANYON

Imagine: Mission Bay, calm as glass, paddle drips break the reflections of the moon and city lights above the bay. This is a San Diego experience not to be missed. After a quick drive to the bay we will have a short skills session, launch for the sunset and enjoy the moonlight paddle.Signup online, in person at the Rental Shop (behind Pepper Canyon) or the Surf Shop (in PC), or by phone at 858-534-0684. Early Bird Pricing (Before Jan 22nd): Current UCSD students \$35. All others \$50. After Jan 22nd: Current UCSD students \$40. All others \$55. Signup online. recreation.ucsd.edu

# **WED**2.1

### 8am

**ART DISPLAY- BLACK GIRL PROBLEMS** This display will highlight the many styles and

trends of queer black fashionistas over time. Contact Michelle Strange, mdstrange@ucsd.edu.

### 6pm

### BSU OPENER-OPEN MIC EVENT- BSU/MECHA Resource center

In celebration of Black History Month, BSU is hosting an open mic session. Participants are welcome to sing, rap, perform monologues or poems, or dance. Food will be provided.

### 7:30pm

### PUB AFTER DARK: TWIN SISTER- PORTERS PUB



Twin Sister is a fun dream pop band from Long Island, NY. Formed in 2008, the band wrote and recorded extensively for two years before their second EP, Color Your Life, began garnering widespread critical acclaim. In 2011 they released 'In Heaven', their most polished and wide-ranging release yet. Twin Sister have been gathering steam ever since, whether it be playing at countless festivals or opening for acts like Beirut and Explosions in the Sky, this band is certainly one to watch. \*With special guest Ava Luna! Contact: ucenmarketing@ucsd.edu

# **SAT**2.4

### **2pm** In Search of Gold Mountain - Geisel Library

From coroner reports dating back to 1872 to the forgotten 'partnership papers' that were the only thing affording Chinese immigrants any status, historian Murray K. Lee has pieced together the story of some of San Diego's earliest â and forgotten -- pioneers: The Chinese. Join us for a lecture and book signing by Murray K. Lee, Curator of Chinese American History at the San Diego Chinese Historical Museum and author of recently published book, 'In Search of Gold Mountain, A History of the Chinese in San Diego, California.' Sponsored by Librarians Association of UC San Diego's Committee on Diversity.

THE JUMP OFF: EPIC NIGHT PRODUCTIONS Friday, Feb. 3 • 1-4pm Round Table Patio • FREE

Be a Price Center & Student Center

Special Deals Fun Give A Ways CRYING WOMAN ARTPOWER! FILM Thursday, Feb. 2 Doors: 7pm; Film: 8pm The Loft • \$4 Student; \$8 General

**AMERICAN ROYALTY** 

Doors: 8pm; Show: 9pm

The Loft • \$4 Member Adv

(Free at door if avail): \$8

BOARD AND BREW

The Loft • FREE

Tuesday, Jan. 31 • 7-10pm

Student; \$12 General

Monday, Jan. 30

HE'S MY BROTHER SHE'S MY SISTER Friday, Feb. 3 Doors: 8pm; Show: 9pm • The Loft • \$4 Member Adv (Free at door if avail); \$8 Student; \$10 General

TALKDEMONIC Saturday, Feb. 4 Doors: 7pm; Show: 8pm The Loft • \$4 Member Adv (Free at door if avail); \$8 Student; \$10 General

universitycenters.ucsd.edu

### **8pm** As concerts & events presents: the room price center east ballroom

'The Room' is a 2003 independent drama film starring Tommy Wiseau, who also wrote, directed, and produced the feature. The film has been dubbed 'the Citizen Kane of bad movies' and one of the worst films ever made. Originally only shown in a limited number of California theaters, the film quickly developed a cult following as fans found humor in the film's various technical and narrative flaws. Within a decade of its premier, the film was selling out showings around the United States and had inspired a video game, book, and traveling stage show. Undergrads: \$5 General Public: \$10 get isted... every MONDAY in The Guardian Calendar SUBMIT your EVENT for FREE!

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# THE GUARDIAN

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JARDIAN

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GUARDIAN

### ROOMMATE

\$600- Regents La Jolla - Will be rooming in a double with a male student in a spacious master bedroom/bathroom (11' x 16') and walk-in closet. Will be 3 roommates in total including yourself - 2 in Master bedroom and 1 in another smaller room. Apartment includes all basic living essentials (kitchen, washer, dryer, etc.). In addition, the apartment is very private and resides in an inclosed-community with several amenities. Also, there is a covered garage parking spot available. The apartment is located near Mira Mesa Apartments so it is close to campus and has multiple shuttle options such as the 202/201 that is 20 feet away from the inclosed community. It is also in walking distance to UTC and nearby fastfood restaurants including L&L Hawaiian BBQ, Papa John's, Starbucks. Duration: Roommate needed for the spring quarter 2012 (spring break - June) and will have the viable option of re-leasing the room after June but may need to find new roommates. Reply online to listing ID: 21243068

2 bedroom/2 bathroom shared room at the Venetian - I have to move out early on my lease so I am looking for someone to sublet or take over the lease on a double in the Venetian apartments in the La Jolla/ UTC/UCSD area. You must be a non-smoker and not bring the party home. The place is shared with 3 other 3rd year students at UCSD (male) and is a quiet but laid back environment. The unit has high ceilings, a balcony, stainless steel appliances, granite counter tops, two large closets in the bedroom with built in shelves, and is furnished with the exception of the bedroom, which will be unfurnished. There is also gated parking with two spots that are currently open. We are looking for a UCSD student to take over. The apartment is right next to the 201/202 and UCSD arriba stop so getting to campus is pretty easy. text/cal or reply if interested. Reply online to listing ID: 20348341

\$357.50- La Regencia - Need a nice female roommate to share a double in La Regencia for 357.50 not 357 as posted in title- Uloop refuses the .50 entry. It is a master bedroom with an attaching bathroom. You will also have your own spacious double slide door closet. Our lease ends in early September. We would like someone who would be willing to rent the space till the end of June at least.Looking for move in as soon as possible. Reply online to listing ID: 20289885

Nice 3 bedroom home in University City, in a quiet & safe neighborhood where parking is never limited. Looking for a roommate who is willing to share the typical cleaning duties of the house and who doesn't party at home. This is a quiet and friendly environment for studying. Currently 2 UCSD students and 1 UCSD grad living here. Also have one clean kitty. (sorry but no more pets allowed)Reply online to listing ID: 20290119



-Associated Students Graphic Studio

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### ACROSS

- Dissolves into a puddle
- 6 Firing range rounds 10 Dog bugger 14 Audibly astonished
- 15 Pastry served au rhum 16 Bee, to Andy 17 Exec's perk
- 19 Adriatic resort
- 20 Sixth sense letters 21 Tableland
- 22 Conestoga, e.g. 23 Tempts fate, in a way 27 God of manly beauty
- 29 Actor Diggs 30 "Saturday Night Fever" dance genre 31 Bogus plan
- 33 Actress Chervl
- 37 Acolyte's suffix 38 One in an extra-large baby carriage,
- perhaps 41 Angus's greeting 42 Space Shuttle gp. 44 Feb. 14

- 45 Colorado resort 47 "Of \_\_ I Sing"
- 49 Mideast fleet
- 50 Second in a Sue Grafton series 55 One more time
- 56 "Trick" or "treat"
- 57 Horn for a Muppet named Zoot
- 60 Defame 61 Fairly spicy, as chili (and like this puzzle, literally, based on the ends of 17-, 23-and 50-Across)
- 64 Charged particles
- 65 Feathery wraps 66 Dance in a line
- 67 Laver of paint
- 68 Eyelid woe 69 Praise

- DOWN
- 1 Nutmeg spice 2 Boardroom clashers
- 3 Streetlight supports
- 4 1/6 fl. oz. 5 Musical with the song "The Holy Grail"
- 6 Bottomless pit
- 7 Avian chatterbox 8 Wharton deg.
- 9 Galley mover
- 10 Pita filling 11 "Super Mario" brother 12 Biblical witch's home
- 13 Do penance 18 R&B artist with the 2006 #1 hit "So Sick"
- 22 "For what reason?"
- - 24 Partnership letters 25 Country with a da Vinci drawing on its one-euro coin
  - 26 Docile

  - 27 Score after deuce 28 Galileo's birthplace 31 Flip of a hit single
  - 32 IRS audit rep 34 Barnes & Noble link?

  - 35 Perpetrator
  - 36 Crime bosses 39 Winnebago owner, briefly 40 NFL ball carrier, often

  - 43 In the beginning 46 Gp. that abducted Patty Hearst
  - 48 Sweetie
  - 49 Meanie 50 Rudimentary
  - 51 Inuit home
  - 52 Sweat box? 53 Sun danger
  - 54 Witherspoon of "Walk the Line"

  - 58 Jason's vessel 59 Dec. holiday 61 "Very funny" TV station
  - 62 In vogue 63 '70s TV boss of Mary, Ted and Murray



### HOUSING

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THE GUARDIAN

# UCSD Men's Volleyball Drops Fourth Straight Match

**BY NICK HOWE** Associate Sports Editor

ompeting in the Division I Mountain Pacific Sports Federation, the men's volleyball team dropped both their games over the weekend against No. 6 Pepperdine University and No. 5 USC. The Tritons are now 1-4 in conference play.

After losing five seniors last year, the men's volleyball team has an almost entirely new lineup. The only returner from last year's No. 12 ranked team is junior outside hitter Carl Eberts. Last year, as co-Captain, Eberts led the Tritons in kills, attack attempts, digs and points.

On Friday, the Tritons overcame an initial deficit of 10 points to take the first game 26-24. The Tritons played well, but erratically, as they let the Waves keep plays alive after what should have been easy kills for the Tritons.

The second game was not as close, as

Pepperdine's service upped the tempo and forced the Tritons into small errors. The Tritons fell behind 14-25, evening the set score at one game apiece.

The third game saw the Tritons pick up their defense as Pepperdine suffered from a cold streak from the service line, where it committed 19 errors on the night. The Tritons made quick work of the Waves' mistakes and took the game 25-22.

Pepperdine setter Matt West caught fire in the fourth game as he built to 62 assists for the match. However, UCSD fought hard and kept the game close until the Waves pulled away to take the fourth game 23-25.

In the tiebreaker, the Waves looked like a completely different team as they handed the Tritons a 15-11 win to take the match.

Eberts led the Tritons with 16 kills, while junior transfer hitter Troy Tomasello had 11.

On Saturday, the Tritons were swept

by No. 5 USC. The scores were 25-21, 25-14 and 27-25. In the match the Tritons hit only .121, their second lowest attack percentage since hitting .000 in the season opener against Hawaii.

Conversely, the Trojans hit .309, amassing 39 kills in 81 attacks compared to the Tritons' 32 of 90. Despite the sweep, the Tritons stayed close the whole match.

The Tritons had every opportunity, but failed to execute as deflections went inches wide or dropped just a hair's breadth from a defender's fingertips.

Sophomore setter Mike Brunsting led the team with seven digs, while also accruing 21 assists and three service aces.

The Tritons will now face Princeton on Wednesday at 5 p.m. at RIMAC arena before going to Fullerton on Saturday.

Readers can contact Nick Howe at nshowe@ucsd.edu



# Men's Basketball Fails to Find a Win on the Road

**BY NICK HOWE** Associate Sports Editor

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A fter losing four games by a margin of only five points, the Triton Men's Basketball team went into this weekend hard set for a win.

"We have a game plan," sophomore James McCann said. "Coach [Carlson] does a good job preparing us. So if we execute then we should come away with wins."

However, the weekend did not go as planned, as the men's basketball team came away disappointed by back-to-back losses to Cal Poly Pomona and San Francisco State University.

On both occasions, the Tritons were shorthanded, with seniors Christian Hatch and Ryan Peters on the bench due to injuries sustained at Cal State Monterey Bay several weeks ago.

Yet younger players have started to step up in the Triton lineup to compensate.

McCann has been recording big numbers for UCSD since the start of the season, taking on much of the burden of Hatch's absence.

The sophomore picked up 15 points against Pomona, where the Tritons came within one point with only 1:26 in regulation.

But Pomona pulled away quickly to end the game in their favor, 58-50, allowing them to hold on to first place in the CCAA at 9-4.

Sophomore slashing guard MacKenzie McCullough had a good game, nabbing nine points and three boards.

Junior shooting guard Tyler McGrath has been either hot or cold for the Tritons in 2012. McGrath had 17 points against Pomona, sinking nine for nine of his free throws and going 3-7 from the floor.

"I am very proud of our effort tonight,"

Carlson said to the UCSD athletics department. "We didn't shoot it well all night, but we gave ourselves chances to win late. You have to credit Pomona. They are a good team and make things very tough on you. That was certainly the case this evening."

Saturday's game against San Francisco State was another story altogether. McGrath went 0-6 from the floor and shot 2-4 from the line. McGrath's streaky play often makes the difference in UCSD's close games, as McGrath's play from the perimeter has proven key.

Brue pulls down around 10 points and five rebounds a game while McCann can be counted on for 15 plus points and a handful of assists.

McGrath needs to find a way to be "on" all the time, or the Tritons will continue to lose, especially without Hatch.

This was highlighted against San Francisco, who dominated in the paint, scoring 24 points

to San Diego's 14 points.

Without Hatch, the Tritons have no other bigs to step in after senior forward Ryan Wheeler steps out to take a breather, which means UCSD's opposition can open up big gaps with inside scoring and rebounding while the Tritons can do anything about it.

San Francisco took the game 56-45, and they never led by less than six points after the half.

This Friday's coming game against Cal State Los Angeles will be at home for Spirit Night at 7:30 pm.

The game will be a turning point: Either the Tritons will be able to salvage a season, or start looking at getting freshman and sophomores more playing time to try for a better result next season.

Readers can contact Nick Howe at nshowe@ ucsd.edu

Just In Case

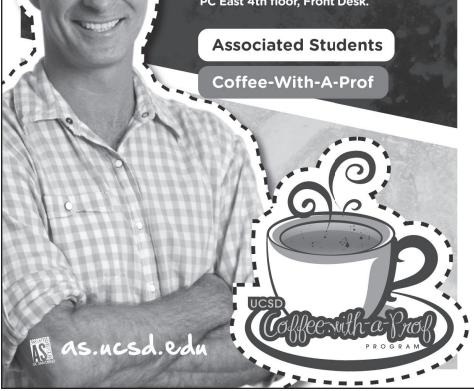
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Join Triton Tide on Feb. 3rd at 5:00pm at the Spirit Night Basketball Doubleheader vs. Cal State L.A.



For more info, visit as.ucsd.edu/contest and www.ucsdtritons.com

2/03

2/03

BASEBALL 1/30

WOMEN'S TENNIS 2/01

MEN'S VOLLEYBALL 2/02

### CONTACT THE EDITOR RACHEL UDA

UPCOMING SPORTS UCSD GAMES **Still Perfect** 



Triton women's basketball goes 20-0 behind wins at Cal Poly Pomona and San Francisco State this weekend.

BY RACHEL UDA Sports Editor

he UCSD Women's Basketball team continues its undefeated streak, taking two wins last weekend from Cal Poly Pomona on Thursday, Jan. 26 and San Francisco State on Saturday, Jan. 28.

On Thursday, No. 1 UCSD topped the No. 22 Broncos - the only other nationally ranked squad in the CCAA — 69-53.

The Tritons raced out to a seven-point lead off of five consecutive points from junior guard Emily Osga.

The Broncos responded, going on a 10-0 run that gave them a three-point lead just four minutes into the game.

Cal Poly Pomona wouldn't hold the advantage for long, as the Tritons capitalized on their next three possessions.

With a slim two-point margin, UCSD head coach Charity Elliot brought on her underclassmen reserves, relieving all Triton starters except for senior All-American Chelsea Carlisle.

Carlisle, who led all scorers with 18 points, five assists and six boards, headed a Triton offense reinvigorated by fresh legs. UCSD ended the half with a seven-point lead.

"Our defense was really good against Pomona, and we were pretty much on the same page and working well together in that game," Osga said.

In the second half, the Tritons displayed their usual spot-on shooting, going 51.7 percent from the field on 15 of 29 shooting.

Defensively, UCSD limited Pomona to just a 33 percent field goal percentage.

"Coming into the gym we had vengeance on our minds because [Pomona] beat us last season, so we wanted to come out and beat

them pretty badly," Osga said. "And we played good for the most part, our offense was not nearly what it could have been because we kind of let them close down a little bit but we played amazing defense which made up for our offense that wasn't doing as well."

On Saturday, the Tritons faced San

Francisco State, who currently sits in sixth place in the conference with a 5-9 CCAA record.

"Once again, our offense kind of slowed us down and we didn't get on transition as we should have, but if we just do what we did on defense and get our stuff there, then we're going to be successful," Osga said.

The Gators led for the first five minutes of the game, but lost the lead after backto-back three pointers by Triton shooting guards Osga and senior Daisy Feder.

From there, the Triton backcourt caught fire as Feder, Osga and Carlisle combined for 47 points.

Taking a 12-point lead into the second half, the Gators couldn't muster much of a comeback as UCSD held San Francisco State to under 34 percent from the field.

"We were never really in sync tonight offensively, but we still found a way to get a win on the road," Elliot said to UCSD athletics officials. "It's always a battle on the road and San Francisco State played really hard. Our defense was the difference again for us tonight."

The Tritons return to RIMAC for their next two matches.

On Friday at Spirit Night, UCSD will face Cal State Los Angeles at 5:30 p.m., and on Saturday the Tritons will take on Cal State Dominguez Hills at 5:30 p.m.

Readers can contact Rachel Uda at ruda@ ucsd.edu.



VS Point Loma

**VS** Princeton

AT Chico State

VS Western Oregon

VS Hope International

Number of kills junior outside hitter Carl Eberts had against Pepperdine

.300 Average attack percentage of Triton opponents over the last four games

1253/1255

**Triton Men's Basketball** aggregate points in 2012/ opponents' aggregate points

Number of games senior center Christian Hatch has missed due to sprained wrist

Senior Chelsea Carlisle's free throw percentage

# 12/9

**Hits Triton Baseball had** this weekend/hits CSU San Marcos had this weekend





It's always a battle on the road and... Our defense was the difference again for us tonight."

### CHARITY ELLIOT WOMEN'S HEAD COACH



12

# Ernie Els on the 12th Hole of the South Course Torrey Pines: Jan. 26-29, 2012 **FARMERS PRO TOUR**