UCLA Rally Ends in Students' Arrests

LOS ANGELES — About 700 UCLA students gathered to protest Proposition 209 last Wednesday, blocking traffic on Wilshire Blvd. for two hours. The demonstration began when about 300 people began to march after a series of pro-affirmative action speeches. The group swelled as it marched across the UCLA campus, ultimately stopping traffic on Wilshire Blvd. Police arrested 34 students and charged most of them with failure to disperse. - The Daily Bruin

Student Robbed At Knifepoint

CAMBRIDGE, Mass. - Two men, who identified themselves as undergraduate students, approached a firstfloor Harvard University dorm window at 4:30 a.m. Oct. 23 and robbed a resident who was inside. One suspect requested \$5 and promised to return the money in a few minutes. The suspects returned a few minutes later and demanded more money and the victim's computer. The other suspect threatened the victim with a knife, but the first suspect convinced him to "forget about it" and they fled.

- The Harvard Crimson

Yale Prof. Guilty of Sexual Harassment

NEW HAVEN, Conn. - The Yale University judicial board decided that Assistant Math Professor Jay Jorgenson slept with a 17-year-old student, violating faculty regulations concerning student-faculty relationships that state the teacher faces the burden of proving that the relationship is consensual - which Jorgenson failed to do to the board's satisfaction. The student, who wishes to remain unidentified, filed the complaint several months after the relationship ended. The board recommended that Jorgenson be kept from teaching his class, a move that was rejected by Yale Dean Richard Brodhead, and that Jorgenson be dismissed at the end of the semester.

- The Yale Daily News

INSIDE

GUARDIAN

UC SAN DIEGO

MONDAY, OCTOBER 28, 1996

Dynes Inaugurated As Sixth Chancellor

CEREMONY: Robert Dynes has major plans for UCSD and its role in the community

By Terry Lew

News Editor

Robert Dynes, a physicist by training and a university administrator by experience, was instilled Friday as UCSD's sixth chancellor in a ceremony marked by both pomp and circumstance.

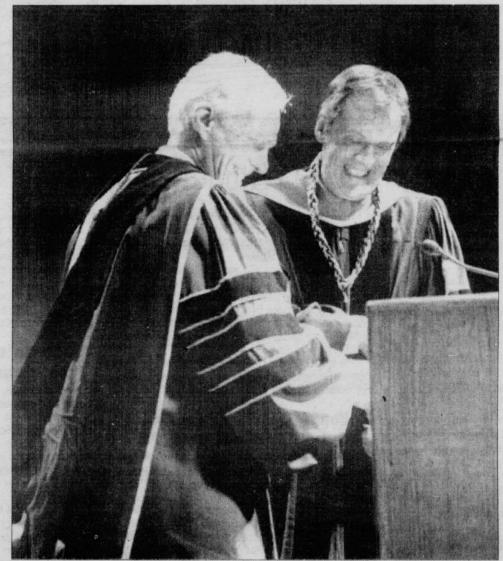
UC Office of the President (UCOP) spokes-

man Mike Lassiter said the ceremony, which drew a 1,200-person capacity crowd to the RIMAC Arena, cost \$47,000 and was paid for entirely by UCOP and the UC regents.

Regent Tirso Del Junco, who presided over the ceremony and was one of nine people from the university community to give official greetings to Dynes, said Dynes and UCSD are a good combination.

"The chancellor and the campus are wellmatched for each other," Del Junco said. "Both are dynamic, both are energetic, and both are See **DYNES**, Page 8

PASSING OF THE FLAME



Union Likely To Strike as Deadline Approaches

VOLUME 89, ISSUE 10

LEGAL: ASE/UAW union demands official recognition from the university by today

By Mary Higgins

Associate News Editor

Association of Student Employees/United Auto Workers (ASE/UAW) union members may go on strike as early as next week if UCSD Chancellor Robert Dynes refuses to grant them official recognition by today's deadline.

"We need to do something that sends a message to the administration," ASE/UAW Strike Organizer Joel Beeson said.

The union, which represents many — but not all — academic student employees at UCSD, voted last May to strike this fall quarter.

Although union members claim they will call off the strike if the administration grants them collective-bargaining rights, Dynes says he won't back down.

Dynes said Sunday night he would keep lines of communication open with the ASE/UAW, but he maintained that he and the other eight UC chancellors — as well as UC President Richard Atkinson — would not recognize the union.

"I hope they don't go on strike," Dynes said. "It's not in their best interests or in the interest of the campus. I would rather sit down and talk with them."

Although the ASE/UAW struggle for recognition dates back at least four years, the recent stand-off started September 27 when the union delivered a letter to Dynes threatening to strike if the administration failed to extend collective bargaining rights to graduate and undergraduate-student academic employees.

Student unions at five of the other eight UC campuses delivered similar letters to their chancellors, setting a systemwide deadline of October 28.

The union's letter to Dynes, written by Beeson, stated that "If [Dynes does] not agree to extend collective bargaining rights by October 28, [the ASE/UAW] will be forced to proceed with the strike."



CA\$H

OPINION: Exactly how will Proposition 212 curb campaign finance?

By Ya-Lei Yang

campus.

Guardian Reporter

New UCSD Chancellor Robert

Dynes ran down a total of 348 stu-

dents, faculty and staff members

during Chancellor's 5K Run/Walk

last Thursday at the north end of

"I knew that this race would be a

FEATURES: The Guardian takes a look at student fitness possibilities 12

SPORTS: Cross-Countryplaces second at CCAchampionships20

Claire Schneider/Guardian Standing on ceremony: Robert "Call me Bob" Dynes, who officially became chancellor in July, was formally installed in office Friday by UC President Richard Atkinson. with the strike.

Beeson said that as of Saturday, only two other chancellors had officially responded: UCLA Chancellor Charles Young and UCSC Chancellor M.R.C. Greenwood.

According to Beeson, both Young and Green-See **STRIKE**, Page 9

Dynes Places 58th in Chancellor's Run/Walk, Raising \$3,765

FUNDRAISER: Dynes pledges \$10 for every student who finishes challenge," Muir freshman Thuy Hoangsaid. "I heard about it through e-mail and I wanted to try it, since I've never done anything like this before."

> The event was organized by the UCSD Athletic Department to raise money for the UCSD Undergraduate Scholarship Fund.

> Dynes said he would personally donate \$10 to the fund for every student that finished the race, and an additional \$5 for every student finishing ahead of him.

Before the race, Dynes added that he would also donate the same amount for staff and faculty members who completed the course.

Dynes finished in 58th place with a time of 23 minutes and 16 seconds, garnering himself a \$3,765 tab.

"I had a great time," Dynes said. "I'm glad that so many people came out, and we will definitely do this every year."

Jim Stephens, founder of the UCSD student organization "Food

for Thought" — an association that feeds San Diego's homeless — won the event with a time of 16 minutes and 36 seconds.

Bioengineering graduate student Jeff Emery came in second overall with a time of 17 minutes and 3 seconds.

"Hopefully, this will be a long tradition where the students will show the chancellor how to run and not the other way around," Emery said.

See RACE, Page 11

VOL.1

NO. 1

GETTING

BACK TO

NATURE

LISTENING

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TAPES ON

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3 NEW-AGE

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UCSD Students to Debate CCRI on TV

ANNOYING OTHERS BY ACCUSING THEM OF BEING PASSIVE-AGGRESSIVE

Angry NOV 1989 Neudager NOV 1989 In Stars The magazine The magazine The magazine The magazine The magazine

THE MAGAZINE FOR COSMIC REPUBLICANS

THINGS TO SAY

TO HOMELESS

PANHANDLERS

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CRYSTAL

FOLLOW

YOUR BLISS,

DIME ON A HEALING

3 NEW-AGE

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MATT

GROENING



A helping hand: Roosevelt senior and Sigma Nu member Erik Randolph plays with Diana Ottey at the Sandblast Day event.

UCSD Fraternity **Event Helps Charity**

FUNDRAISER: Sigma Nu's Sandblast Day benefits Boys and Girls Club of Clairemont

"We wanted to

create an

philanthropy

[event] which

focused on kids

having fun and

incorporated

some of the

sororities."

annual

also

By Elaine Johnson

Guardian Reporter Scattered showers darkened the sky last Friday night, but the sun was shining in time for Sigma Nu's first annual Sandblast Day at La Jolla Shores on Saturday.

The funds raised at the event Club of Clairemont - an afterschool camp for

children. In past years, Sigma Nu has participated in various other community service projects, such as Habitat for Humanity - an organization that uses volunteers to build homes in impoverished neighborhoods but this year the fraternity decided to focus on helping children.

"We wanted to create an annual

philanthropy [event] which fo- tificates were also contributed by cused on kids having fun and also incorporated some of the so- and Bloomers on campus. rorities," said Marshall senior and Reid.

About 30 children from The program Boys and Girls Club and represenevents.

Each sorority was matched with three children for the various events. The games included a water-balloon toss, three-legged race, simple obstacle course, and a pumpkincarving competition.

The pumpkin-carving contestants had the additional challenge were donated to the Boys and Girls of incorporating the emblems of Sigma Nu, The Boys and Girls Club,

and the sororities into the carving. The Sandblast was sponsored by Circuit City, The Good Guys, and

Incredible Universe. Incredible Universe donated a 27" color TV which was raffled off - and Circuit

City is helping Sigma Nu buy a printer for The Boys and Girls - Christian Reid Club Marshall senior Financial dona-

tions and gift cer-On the Juice, Round Table Pizza,

The money raised during the Sigma Nu member Christian event will help the Boys and Girls Club to fund the after-school care

Reid said that the Sandblast was tatives from nine of UCSD's so- "a very successful day for everyone rorities participated in the day's involved. Hopefully everyone went away with a smile."

Want to watch your fellow UCSD students verbally duke it out on TV? Watch the first episode of the UCSD Debate Challenge on UCSD-TV, Monday, Oct. 28 at 8 p.m., and again at 10 p.m.

Each debate team will make a five-minute opening statement, engage in a fast-paced question and answer segment and give a two-minute closing statement.

Monday's debate is on Proposition 209, better known as the California Civil Rights Initiative, which seeks to end gender and race-based affirmative-action practices in California.

The UCSD Debate Challenge was created by Political Science Professors Arthur Lupia and Matthew McCubbins. For more information, contact Lupia at 534-5799.

National Security Advisor Nancy Soderberg to Speak at IR/PS

Nancy Soderberg, deputy assistant to President Clinton for national security affairs, will speak at a roundtable discussion on Tuesday, Oct. 29 at 7:30 a.m.

She will present her speech, entitled "Meeting Tomorrow's Challenges in Foreign Policy" in the Elizabeth Gardner Room at the Graduate School of International Relations and Pacific Studies (IR/PS), located near RIMAC

Soderberg is third in command at the National Security Council, and has worked closely with the oriented provable security. President on foreign policy issues during the last two years — including peace negotiations in Ireland, trade and human rights linkages with China, relations with an engineering discipline.

Vietnam and refugee relief in Africa.

Prior to her appointment to the National Security Council, Soderberg served as deputy director of the presidential transition for national security and as foreign policy director for the Clinton/Gore campaign.

The event is sponsored by the IR/PS Dean's Roundtable, in conjunction with the World Affairs Council of San Diego and the UCSD Program for International and Security Affairs.

UCSD Security Expert Receives **Prestigious Packard Fellowship**

Mihir Bellare, assistant professor of computer science and engineering, is one of 20 university researchers awarded the David and Lucile Packard Foundation Fellowship for Science and Engineering.

The 1996 fellows were nominated by their univer sity presidents and recommended by a committee of nationally recognized scientists. Bellare will receive \$500,000 over a five year period to support his research.

The award is the largest non-governmental program of unrestricted grants to young university faculty, covering the entire spectrum of science and engineering.

Bellare came to UCSD in 1995 from the IBM T.J. Watson Research Center, where he and his colleague Phillip Rogaway invented a concept called practice

Bellare's work is considered to be a major step in

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News/Features: 534-5226. General Editorial: 534-6581 Opinion/Sports: 534-6582. Hiatus: 534-6583 Business Office: 534-3466. Fax: 534-7691 e-mail: guardian@ucsd.edu Guardian Online: http://www.ucsd.edu/guardian/ UCSD Guardian, 9500 Gilman Drive 0316, La Jolla, CA 92093–0316 Actual location: Second Roor, UCSD Student Center Building 'A'. Rm. 217

The second annual Eleanor RooseveltCollegeSymposiumconvened Friday at the Price Center, bringing students, faculty and community members together to discuss the living conditions of Third World children. The symposium, entitled "Chil-

dren in the Global Village," featured Donna Goldstein of the University of Colorado and Myron Weiner of the Massachusetts Institute of Technology spoke at the event, and Allida Black of George Washington University and the University of Baltimore delivered the keynote address.

Goldstein spoke of her firsthand experience with poverty-stricken former First Lady Eleanor

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The UCSD Guardian

Roosevelt College Holds Symposium on World's Children

TALK: Seminar addresses plight of Third World children

By Adam Nichols Guardian Reporter

children in Rio de Janeiro, Brazil. "The definitions of childhood differ across societies," she said. "[In Brazil] childhood is a privilege of the rich." According to Goldstein, thousands of children in Brazil are forced

to live on the streets for a number of reasons, resulting in a generation with little direction or hope for improvement. "Children...are quickened into

getting low-paying jobs," she said. Furthermore, children see their

parents labor for as little as \$4-\$6 per day, and therefore have little motivation to work a legitimate job, Goldstein added. Kids turn to gangs and better-paying illegal activities instead, she said.

"Mothers get tough on kids to keep them out of trouble," Goldstein

Speakers at the symposium also discussed the work and the life of

"Is Eleanor Roosevelt some dead old white woman who just talked to feel good about herself? [She] would roll over in her grave if she thought that were her legacy."

- Allida Black George Washington University Roosevelt

"Is Eleanor Roosevelt some dead old white woman who just talked to feel good about herself?" Black asked. "[She] would roll over in her grave if she thought that were her legacy."

Black compared Roosevelt's work to that of civil-rights activist

Martin Luther King, Jr. and social reformer/women's rights activist Jane Adams.

Black added the former First Lady was said to have had a serious nature — especially as a child and was always quick to deny her own importance.

"Eleanor Roosevelt wanted to force standing bodies to listen to the voices of children," Black said.

Following the speeches, the symposium participants broke into smaller groups to discuss a variety of topics. One workshop was entitled "Establishing Therapeutic Programs for Street Children: A Case Study," facilitated by Nicole Swedlow

Swedlow was one of a group of people who founded Hoger de Esperanza, a program to assist indigenous children living on the city streets of Quetzaltenango, Guatemala.

"There was ... an incredible need

in Third World countries," Swedlow said. "You can change people just by walking down the street and smiling at them. That shocks people."

The Hogar program stressed that only positive, supportive attention be given to the children, rather than negative feedback.

Swedlow said life in Guatemala was always challenging, as well as potentially dangerous.

Ofher experience, Swedlow said, "It was so incredible ... so rewarding ... to see the power I had to change other people. I know that it totally changed my life."

As an aside, Roosevelt Provost Ann Craig mentioned that a "nameless media station," having received a press release on the symposium, had requested a radio interview with Eleanor Roosevelt. The station was told that such an interview would not be possible without a seance, as Eleanor Roosevelt has been dead since 1962

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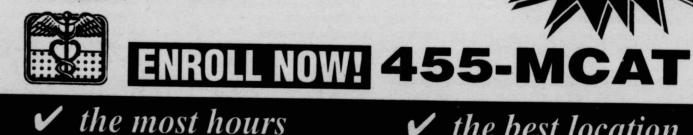
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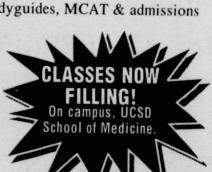
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OPINION

Three."

Actually, the total number of candidates qualified for the California ballot is eight: Bill Clinton (Democrat), Bob Dole (Republican), Ross Perot (Reform), Ralph Nader (Green), Harry Browne (Libertarian), Howard Phillips (American Independent, nationally associated with the US Taxpayer Party), John Hagelin (Natural Law) and Marsha Feinland (Peace and Freedom).

Proposition 212 Directly Violates First Amendment Rights

By Nate Pietila Opinion Editor

wealthy individuals or special- opposing) legislation that might gain advantages for their busiinterest groups (or any elite group, significantly affect their wealth. for that matter) exert undue influcial gain.

campaign-finance reform. to telephones; from the develop- Parenthood on the theory that they Because of the immense cost of , ment of new housing units, to are a corrupting influence on marpeople who are most able to every human endeavor. donate generously - wealthy It is not surprising, then, that

where they need to cajole an it. It is also not surprising that cor-The question of whether elected official into supporting (or porations lobby government to

It is not wrong for us to want ence on politicians and the politi- politicians to do the right thing, just because people are likely to cal process is an important one. regardless of the consequences for do this doesn't make it right. We We expect elected officials to their potential personal gain. But can't just say, "Boys will be serve the public trust by drafting, we have to remember that the rea- boys," and then not try to do interpreting and enforcing laws son the issue of money in politics something about bad behavior. that promote the public good has become so contentious is therather than the interests of a select cause government has the power sis: It is not immoral for corporafew. Moreover, we expect politi- to regulate such a large number of cians not to abuse their offices for spheres of human activity - and influence the political process personal gain - especially finan- most importantly commercial especially when pending legislaactivity.

Given these expectations, it is Ours is the age when govern- on their livelihood. very easy to see why many people ment regulates everything from Would we seek to limit camare concerned about the issue of cable TV programming and rates, paign contributions by Planned waging an effective political cam- contracting for public entities ginally pro-choice legislators? I paign, candidates are forced to such as public schools. The gov- think we all would agree that solicit contributions from the ernment meddles in just about

individuals and corporations. wealthy individuals and corpora- tion of abortion. Certainly it The conflict of interest arises tions see contributions to political when these wealthy individuals candidates as "investments"

find themselves in a position which have the potential for profness. This is to be expected.

However, you might reply that

Let me offer a provocative thetions or individuals to seek to tion will have a dramatic impact

Planned Parenthood and the people it represents have an enormous stake in the potential regulawould be wrong to limit their See FREEDOM, Page 6

Limits on Campaign **Contributions Restore Equal Representation**

Curbing

By Heather Canfield

Contributing Opinion Writer My friends will tell you that I'm usually a pretty easy-going person. I

Corruption

let a lot of things slide. There are realcommunication.

problem with politics. The level of deception, corruption and disregard for what ordinary people really want sickens me. When it comes to politics, lor their campaign promises (whether my voice really doesn't seem to mat- public or private) to fit what major ter. Yet it doesn't seem hard for Bill Gates to make his voice heard. The hear. voices of oil companies also seem to be heard, as do the voices of those After all, why should our politicians nameless people who want to see student fees go up.

What politics comes down to is am fed up with corporations and the super-rich buying off our politicians. Sure, bribes are illegal, but California's political candidates can accept basically as much money as

they want from whomever they want in order to fund their campaigns.

Make no mistake about it: Fundraising is crucial to winning an election. In the last election, candily only two things that I insist on in dates who raised more money than my relations with others: honesty and ... their opponents won 96 percent of the time. Candidates know from the That's why I've always had such a beginning that in order to succeed in politics they must have views that are supported by those with money. In order to obtain such support, they taicorporations and the wealthy want to

Who loses in this? The people do. bother to gain the favor of the average citizen? They don't have time for that - they're too busy making phone money, and that makes me angry. I calls to Philip Morris or Shell Oil for funding.

The most amazing thing is that 80 percent of the time, the contributions California politicians receive do not See BRIBES, Page 6 The UCSD Guardian

COMMENTARY: The media's limited coverage of and general apathy concerning third-party campaigns leave the American public unaware of other candidates and the new ideas they bring to the table

THIRD-PARTY CANDIDATES PROVIDE C **By Mark Paskowitz** The very term indicates how deeply

Contributing Opinion Writer

How many candidates are there for the presidency of the United States? To listen to the pollsters 1992 candidacy, third-party candilately, there may as well just be one. dates are widely viewed as curiosi-And according to the bipartisan Federal Election Commission, there are only two that we need to worry about. But then, it is a bipartisan commission. Most people would probably agree with the Aug. 19 USA Today headline, "Perot Makes

ingrained the two-party system is in

the American political psyche. With

the possible exception of Perot's

ties and extremists, not legitimate

contenders. According to some peo-

ple, a vote for a third-party candi-

presents two fundamental prob-

Republicans offer neither substan-

tive difference nor complete agree-

ment on many issues, such as cam-

paign-finance reform, NAFTA and

where the two major parties would

have us believe none exists. Perot

showed the power of a third party to

bring fresh views on issues like

NAFTA or the deficit to the table.

Harry Browne dares to challenge

the conventional wisdom about the

Third parties offer an option

However, the two-party system

First, Democrats and

date is a wasted vote.

lems.

the drug war.



Third parties are politically weak because few people know about them or take them seriously.

sively addresses campaign financereform.

So why is this restrictive twoparty system so entrenched? Third Ah, the "third-party" candidates. war on drugs. Ralph Nader aggres- parties are politically weak because

few people know about them or about them because they get no media attention. They get no media attention because they are so politically weak. It is a vicious circle.

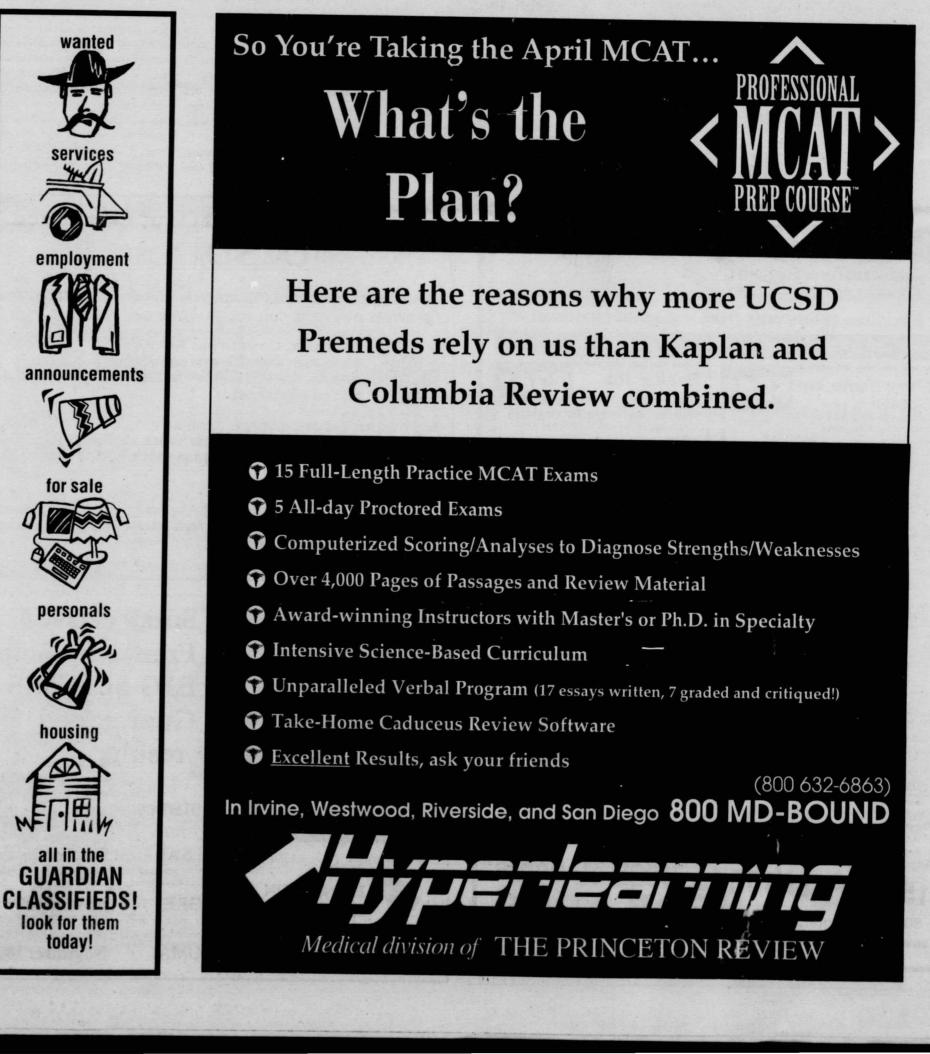
Fortunately, there is another way. The explosion of information technology has paved the way for the responsible voter to get news without having to rely on the major media outlets. C-SPAN provided thorough coverage of the major third party conventions - Reform, Libertarian and Green.

Far more important is the Internet. Almost every party has a is only receiving a few hundred web page. If you want to know just thousand. what the Natural Law Party stands for, you can go straight to the source. Curious about the Socialists' position on health care? work than simply watching the 5:00 sive to all your views.

That is only the first part of the take them seriously. No one hears equation. Once you have found a party, you have to work to make it viable. It isn't necessary to throw yourself into party work, but there are plenty of opportunities to let others know that there are options. First educate yourself, then educate others

> The ultimate tool is your vote. A vote for a third-party candidate is not a wasted vote. What does your single vote matter to the candidate who is getting tens of millions of others? That vote would be much more valuable to the candidate who

None of this is to say that a third-party candidate is likely to win this year or anytime soon. But by increasing our own awareness of It's in there. It takes a little more the options that are out there, and passing that awareness on to others, news, but the potential payoff is a we can work toward the day when government that is actually respon- we have real choices at the ballot



6 OPINION

FREEDOM: Limitations inhibit free speech

Continued from page 4 political activities.

Likewise, it would be wrong to limit the influence individuals and corporations have on the course of policy-making simply because they are wealthy or because some of us do not like their politics. Corporations have just as much stake in commercial regulation as Planned Parenthood has in the protection of abortion rights.

The whole point of Proposition 212 is to limit the political activities law...abridging freedom of speech, of individuals and corporations (which are really groups of individual shareholders) by severely limit-

ing how much they can contribute to political campaigns. Individuals would be allowed to make only \$100 contributions to campaigns for non-statewide offices and \$200 to statewide campaigns. Corporations (including non-profits and unions) would be altogether banned from making campaign contributions.

Proposition 212 also seeks to impose mandatory spending limits on political candidates depending on the office for which they are run-

The problem with these limita tions is that they all run afoul of the Constitution. The Constitution provides that "Congress shall make no or of the press, or the right of the people peaceably to assemble." In other words, the government cannot

Because of the immense cost of waging an effective political campaign, candidates are forced to solicit

The UCSD Guardian

campaign contributions from people who are most able to donate generously wealthy individuals and corporations.

limit (under the First Amendment, as applied to the states) the free political expression of individuals.

People have a right to buy all the advertisements they can afford.

Proposition 212 arbitrarily limits the right of political candidates, their campaigns and many other organizations to freely express their views. Contributions to political campaigns are a form of political participation - political advocacy that is protected by the First Amendment's free-speech clause.

The bottom line is that both the mandatory spending limits, and the individual and corporate contribution limits are likely to be thrown 212 will have no real impact.

Moreover, Proposition 212 provides for the unlimited giving of didates. Under Proposition 212 any- monstrosity.

who generate a great deal of local byists are not allowed to give gifts support will be protected from being of any kind to a candidate for office. squashed by less popular opponents The second argument is simply who are heavily funded by special interests

Proposition 212 is a grassroots initiative. It is supported by a wide range of people that often have nothing in common except that they are sick of the political process. its immediately go into effect. There's no hidden agenda, there's no corporate funding, and best of all, it's a non-partisan issue.

There are only two major arguments against 212. It supposedly politicians. Some also argue that will be thrown out in court.

The first argument is an out-andout lie: Under Proposition 212, lob- will more often reflect our interests.

one and any group could "pay" a political-candidate exorbitant sums

Monday, October 28, 1996

of money for a speaking engagement, or make "gifts" of travel or other goods. Basically, people and groups

could contribute any amount of cash to a candidate, just not to his campaign. This loophole would exacerbate the problem of large campaign contributions while simultaneously making them virtually untraceable. While proponents of 212 rightly reply that anti-bribery laws would remain in effect, large campaign out in court. If passed, Proposition contributions would persist under Proposition 212.

Proposition 212 is fraudulent. blatantly unconstitutional and tailorgifts and cash payments (such as made for liberal special interests. speaking honoraria) to political can- All of us should vote no on this

> absurd. While it is true that mandatory spending limits have been ruled unconstitutional in the past, these provisions are severable. If a court decides that these limits are unconstitutional, voluntary spending lim-

Let's force our politicians out of their offices, away from the phones. and into the public. Let's force them to rely on the contributions of ordinary people. Isn't that what democallows lobbyists to give gifts to racy is supposedly all about, anyway? When there comes a time that parts of Proposition 212 are uncon- our contributions make a difference, stitutional, and so the entire thing we will all be more likely to care about the results of our local elections, and the results of the elections.

BRIBES: Contributions bias candidates' actions

Continued from page 4

even come from their own districts. Can we count on these people to truly represent our interests?

Not under the current laws. There are no limitations on where candidates can get funding, or from whom. We all know from experience that we cannot trust our officials to regulate themselves, especially when big-moneyed interests are breathing down their necks. Unless we do something about it, things will never change.

That's why Proposition 212 is such an important measure. The proposition is the toughest cam-

paign-finance reform measure ever proposed in the United States. It prevents corporations from being able to contribute money to politicians' campaigns, sets limits on how much an individual can give to a campaign (\$100 for district offices, \$200 for statewide) and requires that politicians get 75 percent or more of their money from the district they wish to represent. What will this do for politics? It

will force politicians to start owning up to all of us, not just a select few. They will need to spend their time getting the favor of large numbers of their own constituents. If politicians can only accept contributions of \$100 or less, my \$40 or your \$25 suddenly means something to them. Proposition 212 will also release

What politics comes down to is money, and that makes me angry. I am fed up with corporations and the super-rich buying off our politicians.

them to big business. Without big checks coming in from corporations, politicians will not feel obligated to cave in to pressures from these businesses. They will feel freer to do what we want them to do: pass legislation that benefits us all.

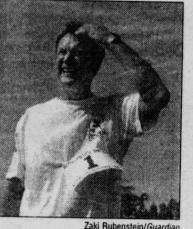
Finally, Proposition 212 will make local politics what it was politicians from the chains that bind meant to be: local. Those candidates



Chancellor Dynes comes home to UCSD

Robert Dynes is officially installed at UCSD's sixth chancellor as the campus celebrates its first annual homecoming

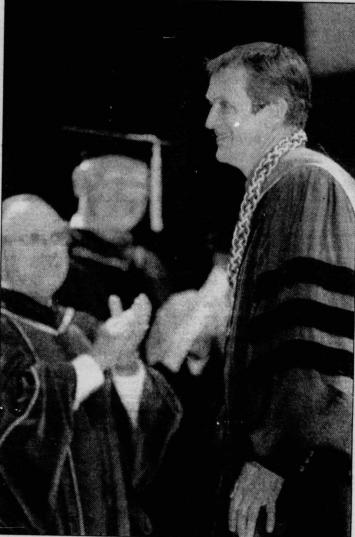
UCSD's first-ever homcoming, which featured the **Chancellor's 5K Run/Walk, Dynes'** inauguration, lectures by several distinguished faculty members and a myriad of other activities, drew several hundred alumni and friends back to campus.



Victory: Dynes looks back triumphantly after finishing the Chancellor's 5K Run/Walk last



Little Green Men?: California Space Institute Director Sally Ride delivered the keynote address at Saturday's Homecoming, intended to bring alumni back to campus for a day of lectures, activities and memories



Adulation: Dynes leaves the podium after being formally inaugurated as chancellor, despite officially taking office when the fiscal year began on July 1. The ceremony drew approximately 1,200 people to the RIMAC Arena.



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DYNES: New chancellor displays sense of humor

Continued from page 1 examples of the very best the UC has to offer the people of the state and the nation at large."

UC President Richard Atkinson, who served as UCSD's fifth chancellor from 1980 to 1995, agreed that Dynes would make an excellent chancellor and noted that Dynes hasn't grown tired of the job yet.

"He is thoroughly familiar with the problems, challenges, hopes, dreams and aspirations of the San Diego campus and the greater San Diego community," Atkinson said. "His presence here today is an encouraging indication that, six months into his administration, he still feels the pleasures of office outweigh the pitfalls."

UCSD Foundation Monroe Trout and Academic Senate Division Chair Georgios Anagnostopoulos, who also gave official greetings to the new chancellor, praised both Dynes and his work.

"His open style but deliberate

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and prompt decision-making will serve him well in the most difficult CEO job in San Diego county," Trout said.

"Today's inauguration is a truly special one - the inauguration of the chancellor who will lead the a university and university into the next millennium," Anagnostopoulos added.

San Diego Mayor Susan Golding, who delivered the keynote address, commended Dynes as "a man of remarkable wisdom."

"He has a vision we can all relate to," former Interim Chancellor Mariorie Caserio said.

Caserio, former chancellors William McGill and William McElroy, and former UC Provost Walter Massey - who left to become president of Morehouse College - all attended the inauguration.

One of the ceremony's many unscripted moments of levity came when Atkinson attempted to place the ceremonial Chancellor's Medal over Dynes' head - but the ribbon, resembling nothing so much as a Gordian knot, had other plans.

Atkinson gave the medal to Dynes to untangle, noting that Dynes . was the "experimental physicist" of the two

The UCSD Guardian

"I chose this campus because I was convinced UCSD and San Diego were community of the future. I haven't looked back, and I believe it now more than I did then."

- Robert Dynes **UCSD** Chancellor

Dynes, a well-known joker in his own right, began his remarks with a story about a young boy named Bobby who didn't want to get out of bed in the morning.

"He said, 'Listen, I'll give you two reasons why I don't want to go to school. First, I'm not really getting anything done at school. Second, the teachers don't like me.'

"And Bobby's mom said, 'You've got to go to school, and I'll give you two reasons why: Number one, you're 53 years old, and number two, you're the chancellor.""

Dynes addressed more serious is-

"UCSD is one of the great universities in the country, even though it's only 36 years old," Dynes said. "When we're in the 21st century, we'll show them what a public university can do."

Dynes came to UCSD in 1991 as a physics professor after a 22-year career as a research scientist at AT&TBell Laboratories. He quickly became chair of the physics department, and was appointed senior vice try. chancellor of academic affairs last

"I chose this campus because I was convinced UCSD and San Diego were a university and community of the future," he said. "I haven't looked back, and I believe it now more than I did then."

According to Dynes, UCSD draws its strength from two basic groups - students, faculty and staff, and the San Diego community itself.

Dynes addressed each group, pledging to be responsive to students' concerns and thanking UCSD's 13,057 staff members for keeping the university in motion.

Monday, October 28, 1996

happen on this campus without the thoughtful work of the staff," he said

Dynes also commended the faculty for its scholarship and "commitment to quality teaching." and thanked the San Diego community for continuing to support the university

Dynes, who called the San Diego region an "awakening giant," said the university must aggressively seek partnerships with local indus-

"I am committed to being an active catalyst in this evolution." he

Dynes also addressed some of the problems facing the university, including diversity and the so-called "Tidal Wave II" - the projected rise in enrollment as the baby boomers' children head off to college.

"We must find ways to serve the whole population of the state," he

A public reception on the RIMAC patio followed the inauguration, as well as a \$6,000 private reception in the Faculty Club for approximately

200 administrators and university "Quite literally, nothing would supporters. Grab a Guardian at any of these off-campus distribution sites... SuperComputer Center Oute UNEX Cam Institute of the Americas Gilman Drive Info Booth Torrey Pines Center No. T.P. Info Booth SIO Library Snackropolis, SIO 8 Nieremberg Hall, SIO Thornton Hosp. ER St. Germain's • El Torito Cal Copy BJ's Pizzeria • Kinko's Ralphs Garden State Bagel Vons Pappachino's Golden La Jolla Del Sol Albertson's Soup Exchange Subway Ben & Jerry's • Zebra Copy Stella Bella • Koala Yogurt Costa Verde Car Wash La Salsa Rubio's Taco Bell Java House News Etc. leff's Burgers La Jolla eighbor Saver * No. Shore Cafe Panini Caffe La Jolla Brewing Co. Downcula House of Natural Foods La Jolla La Jolla Public Library Baltimore Bagel Bernini's • Pannikin 7-11 (La Jolla Blvd.) ustamente's Starbucks Ambiance Cafe Zanzibar • Cafe Crema • 7-11 Quik Corner • Soup Exchange **Dragon House** M.B. Tan . M.B. Laundry Be 15% Off Mission Coffee House

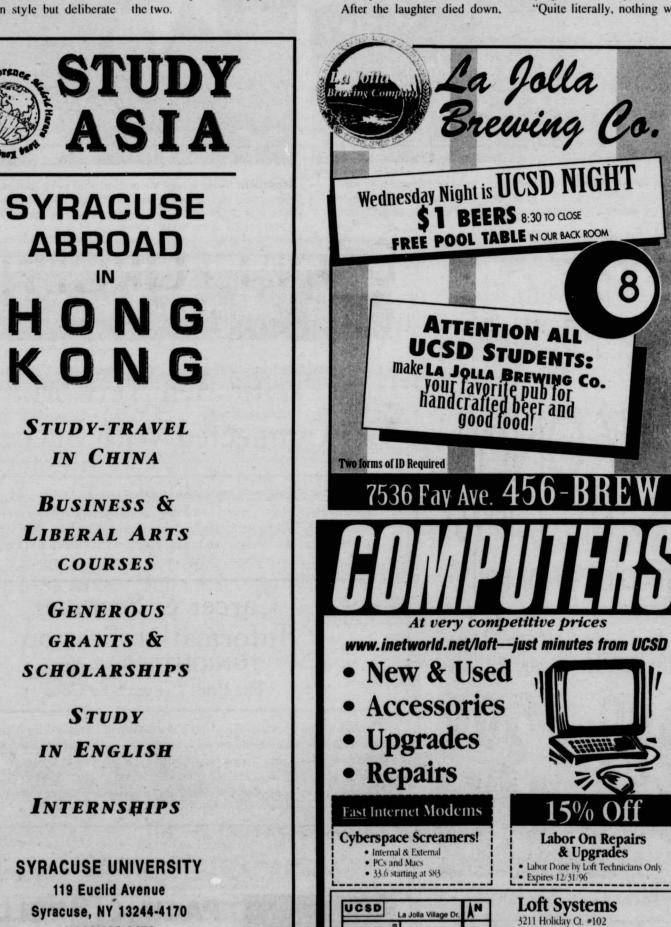
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issue.

"We decided [we would] write letters to all of [the unions on the details of the ASE/UAW strike stratvarious campuses] describing how egy, Wednesday's vote would de-[we] felt," Dynes said. "This letter was Ito bel two-fold '

Dynes said he personally drafted such a letter, in which he wrote that "a union was not an appropriate organization for students on campus."

Dynes said he also wrote in the letter that if the student employees had problems, they should feel free to approach him with them. UCSD Interim Senior Vice Chan-



STRIKE: GSA is determined to remain neutral

Continued from page 1

wood said they were unprepared to recognize the union.

Dynes said the chancellors all met with Atkinson to discuss the

cellor for Academic Affairs Rich-

ard Attiyeh said he was aware Dynes had drafted a letter, but neither Dynes nor Attiyeh were certain whether the letter had been sent.

Beeson said Sunday he had not received the letter, and that if Dynes did not meet today's deadline, union members would meet Wednesday at 5 p.m. to discuss and vote on the details of the strike.

Beeson said yesterday that while he was unable to comment on the termine the duration as well as the form of the strike.

According to a union newsletter distributed by Beeson, "disruptive actions, including strikes, have been planned at six UC campuses for this

The vote is scheduled, barring the administration's sudden reversal of its position, to take place at the Porter's Pub Meeting Room from 6 p.m. to 9 p.m. It will continue on

"I invited him and not coincidentally. some ASE members saw that he was on the agenda and got on the speakers' list. It was one of the first questions they brought up... they asked 'Would you recognize us?' He said no.

> -Vicki Mayer Presiden

Graduate Student Association at the Price Center Plaza and from 1 p.m. to 4:30 p.m. outside of Ground-

works Books. The ballots will be tallied Thursday night and Beeson said the re-Thursday from 9 a.m. to 12:30 p.m. sults will be available on Friday.

Although some UCSD administrators say Dynes has made an effort to address the union's issues, such as attending a recent UCSD Graduate Student Association meeting, members say they are still dissatisfied.

According to a memo issued by Beeson, Dynes said he received the letter but his office has not yet offered an official reply.

Beeson said Dynes told students at a GSA meeting several weeks ago that he believed student workers are not employees of the university, but essentially "work for themselves" and therefore do not have a right to collective bargaining.

UCSD Assistant Vice Chancelor for University Relations Winifred Cox said that Dynes was "very concerned and committed to the quality of life for graduate students."

GSA President Vicki Mayer said she invited Dynes to speak at a public GSA meeting several weeks ago to "talk about whatever people

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wanted to talk about.'

Mayer said Dynes showed up for the meeting, as well as several ASE/ UAW members who questioned Dynes on his views at the time.

"I invited him and not coincidentally, some ASE members saw that he was on the agenda and got on the speakers' list," Mayer said. "It was one of the first questions they brought up ... they asked 'Would you recognize us?' He said no."

However, Mayer said the GSA voted last year that it would remain neutral in regards to the strike, primarily because of the factioning of pro-union and anti-union members within the GSA.

"Some members of the GSA are also members of the union, while some GSA members are very antiunion," she said. "Since the GSA is a student government that is funded by mandatory student fees, as a body we have no right to act [against student wishes]. If they vote to be See STRIKE, Page 11

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•The Committe for World Democracy Edu-

cational Films Series presents "THe upris-ing of 1934" at Solis Hall 107 at 7pm.

Saturday, November 2

"An Evening for . . . UCSD ER" - The

UCSD Medical Center Auxiliary will present " An Evening For . . . UCSD ER" at the San

cial tribute to Dr. Monroe Trout, chaired by UC

Regent Clair Burgener, will beamong the black

tie evening's highlights. The Wayne Foster

entermainment highlighting different eras in

music. Proceeds will benefit UCSD Medical

Center's Emergency Departments. Tickets

are \$175 per person or \$1,750 froa t able of

Sunday, November 3

.Men's Water Polo vs. UC Irvine at UCSD

Other

Ongoing

or-Receive job search help from a pro

fessional in you field arranged by career advi-

sor. Pick up an application at Career Services

Monday, October 28

· On-Camera Practice interviewing for

Health Professional School, Get feedback and

Interview Skills for Life Sciences. How to

market youirself in an interview, common

questions asked, and how to prepare. Ca-

Tuesday, October 29

Interviewing for Health Professional

School Admission. What to expect and how

to prepare for admissions interviews. Career

Wednesday, October 30

•Preparing your curriculum vitae. Gradu-ate students seeking academic positions will hear faculty members discuss what they look

for in an effective CV. Career Services at

•Resume for Business. Learn how to create a resume that will get you the interview in this

nands-on workshop. Career Services at 2pm.

Career Exploration Panel: Your future in

Bioengineering. A panel featuring profes-sionals in the field discusses career options

and graduate education in the field. Career

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reer Services at 12pm.

Services at 2:30pm

Friday, November

Services at 11am

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Get your submission to the Guardian office by Thursday, 3 p.m. (Mail code 0316) or stop in (upstairs in the Student Center, Bldg. A) and fill out a form

Academic Services Ongoing

 Academic Internship Program. Applica-tions for local Winter and out-of-town Spring internships will be accepted Monday, October 7 through Friday, November 22. Students must have completed 90 units, 2 upper division courses, and have a min. 2.5 GPA. Literature • Graduate Gay Mens Group meets every Bldg., Room 3255. M, T, Th, F, 8:30-12:30 CT Thursday at 6:30 pm in the Old Student Cencourses, and have a min. 2.5 GPA. Literature 1:00-4:00: Wednesdays 8:30-1:00.

UCSD Faculty Mentor Prog juniors and senior! This is an tunity for you to wrok clo in your major and gain y perience during the acad pick up an application a ter. If you would like m 534-5791. Application ember 15, 1996.

Tuesday, O

guages and cultures f the EAP/OAP info session Center Cofnerence Roo by the Programs Abroad

Wednesday, Octo

Jian-

•Enlighten your college perspection Abroad in Latin America! Come to the ession at the International Center Conference Room at 3pm. Sponsored by Programs Abroad Office, 534-1123

Thursday, October 31

 Discover how living and studying in Asia can broaden your university perspective! Find out at the International Center Conference Room at 3pm. Sponsored by the Programs Abroad Office, 534-1123.

Interested in getting paid to teach in Japan? Find out more at the Japan Exchange and Teaching Program information session, at 3pm at the International Conference Room. Sponsored by the Programs Abroad Office, 534-1123

Lecture

Thursday, October 29

•At 5:00pm the Women's Center, located in the University Center 407 is holding a lecture on the Mexican Maquiadora workers. The lecture is open to anyone and it's free. Come talk to community organizers and find out what you can do to help the workers in Tijuana.

Wednesday, October 30

•Reflections of a Gay Rabbi: The personal is political and spiritual. Come hear the in-spiring and very interesting words of one of the country's publically "out" conservative Rabbis. Sponsored by the Cross Cultural Center, the Women's Center, LGBTA, and Hillel. The lecture will be given at 7:30pm in the Cross Cultural Center. Call 822-1046 for more

Thursday, October 31

•The Center for teh Study of Race and Ethnicity and the Ethnic Studies Dept. present Marie Root, Ethnic Studies Dept. at the Uni versity of Washington. "The Mu perience: A New Paradigm." So

Bldg., Room 103 at 12:00pm Health and Fit

Ongo

• Flu Shots! • Flu Shots! Stude and Get yours Early Ucsos 3:#0pm, Wedn sdays 1

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•CPR and Fist Aid Classes at Studer Call 822.0085 for detail

•FREE Anonymous HIV testing at Student Health. Walk in toosign up at Health Education Annex- 1st floor of Student Health. Call 822-0085 for more into

Clubs & Meetings

Ongoing

•Chess Club Meeting in the International oom (other side of library

walk from Center Hall) every Tuesday at 7:00 pm. No fee, almost eveyone is welcome!! Limited boards and clocks so bring your own.

•Lesbian Gay Bisexual Association meets every Monday at 7:00 pm. Come out and get involved! For more info, please call 534-GAYS (4297).

er "B" South Conference Room. Sponsored sychological and Counseling Services.

erican Student Union (AASU) Meeting at the Cross Cultural Aonday evening (begining Oct.

to have fun, get in shape, and ple? Join the UCSD Cycling gs are Thursdays at 7pm in the Rm. Even if you don't have a nt to ride, join the UCSD Cy-

de for Christ invites you to e time meeting, Tuesdays @ ter 115. Come meet new how you can have a per with our Lord, Jesus Christ al is a global organiza-

and make a difference helping one person at a time, Wednesdays at 6:30 in the Cross Cultural Center.

•T.R.E.S. Club - Transfer & Re-Entry Studen Club meets every Wednesday at 4pm at Thurgood Marshall Deans Office. Check us

out! Free food!! International Club Meetings at 6:30pm the International Ctr. Lounge. " A Group **Global Proportions.**'

 Attention Pre-Meds!! Alpha Epsilon I Pre-Med National Honor Society is no cruiting serious students to be ct bers in this new organ mation, call 626-6149

•The Ice Skating Club CSD Skate sion. All levels welc **Neet at Ice Chalet** at 7:30pm every W . Club men receive discount. Fe 534-4037.*

ent Environm c tion Commit tee (SEAC) meets ever sday at 4pm in Rm. 202 in the Old SI ter. Ques tions, call 534-7909.

•Lesbian and Bisexual Women's Group Tuesday evenings at 7:00 in the Internet Room (Formerly the graduate student union office) at the Old Student Center).

.Join the Ballroom Dance Club for weekly Fun sessions every Friday from 3-5pm in the Rec. Gym. Come to learn, practice, but most of all have fun. It's free and beginners are always welcome!

 UCSD Clothing Drive for the Homeless of San Diego. Location is at the Price Plaza (Nov. 4,5,7) from 11am-3pm and Gilman Information booth (Nov. 4-7) from 4-6pm. All clothing goes to St. Vincent De Paul Home-

londay, October 28

ality Class in student Con-(upstairs in Old Student Cenobi Lisa Goldstein leads disn's insights into Jewish Spiri-

> lay, October 29 t the myths and realities rom Prof. Tanja Luhrman @

d by Religious Studies Club. Ith students ... PAHC is

body mtg. @ PC Gallery B at e'll be having sign-ups for volunconnections, and stuff, so come by. Everyone wel-

nesday, October 30

in Israel and Politics? San Diego Israel Public Affairs vites you to find out more on how rside/Davis Room (PC). r! Call 534-6244 for more info.

Thursday, October 31 ·Looking for a fun place to wear your Halloween costume this year? Come to the .Women Medical Students. Will meet at the

10pm in the Price Ctr. Ballroom B. No expe- Wednesdays 12:00-1:00pm. Lead by Reina UCSD RiMAC Arena at 7pm. ecessary and like always, it's free

Religious Services Ongoing

· Campus Crusade for Christ invites you to



every Wednesday even ternational Student Cent for informal communion, C and free dinner. Students, I v. Staff wel

•The Office of Religious Affair Center 502, ext. 42521 is here to erve you In interfaith office to help you ct and be the best you can be. groups

•Catholic Mass- Every Tuesday at 5pm. A shorter, more reflective celbration than on Sunday. At University Lutheran Church, 9595 La Jolla Shores Drive (SW corner of N. Torrey Pines Rd. & La Jolla Shores Dr.-Across from Revelle campus.).

ght Mass- Every Wednesday at Opm. A reflective and meditative Catholic ation at midweek. At University Lutherar urch, 9595 La Jolla Shores Drive (SW cor er of N. Torrey Pines Rd. & La Jolla Shores Across from Revelle campus.).

atholic Mass- Every Thursday at 5pm. A orter, more reflective celbration than on unday. At University Lutheran Church, 9595 a Jolla Shores Drive (SW corner of N. Torrey Pines Rd. & La Jolla Shores Dr.-Across from evelle campus.).

dent Dinner - Every Thurs-Join the Catholic Student day at 6p eekly gathering. Good food, lively conversation. Only \$2. neran Church, 9595 La Jolla W corner of N. Torrey Pines res Dr.-Across from Revelle

campus.). Every Sunday at 8:15am, . Join us for a lively and faithon of Word and Eucharist! A utheran Church, 9595 La Jolla e (SW corner of N. Torrey Pines Rd. & La Jolla Shores Dr.-Across from Revelle

Tuesday, October 29

Campus Crusade for Christ's weekly meeting. Center Hall 115 at 7:30pm. Topic: Contentment. Also: Weekly small group meet-ings, for more infor. call Lori @ 535-0880.

campus.).

Friday, November 1

ces and Dinner at Interna ional Center at 6:00pm. Please RSVP for dinner at 534-6244 or 534-2521.

Services and Workshops

Ongoing

Mentor - Receive job search help from ional in your feild arranged by a c eer advisor. Pick up an application at Car Services Ref. Room

SIGI Plus - Software helps you assess your values and interests and generates ca-reer options. Located at Career Services, admission is \$10.00.

rofessional and Graduate School Advising at Career Services. Make an appointmen for individual advising by calling 534-4939.

•Free Tours of UCSD are offered this fall. Both mini-van and walking tours are available on alternating Sundays starting at 2:00 pm from the South Gilman Information Pavilion. Reservations are necessary, and may be made by calling 534-4414.

·Graduate Women's Group- 1003 Galbraith Hall. Leaders: Equilla Luke, 534-0248 and PCS Intern. Call Equilla for a pre-group appointment. Wednesdays, 4:00p.m.-6:00p.m

•Latino/Chicano support group. Wednes-days 3:00-4:00p.m. in the Half-Dome lounge in the Muir Apartments. Leaders: Reina Juarez, 534-3875 and Dan Muñoz, 534-0251.

alloween Ballroom Dance tonight from 7- Women's Center Bldg. 407 University Center

Juarez, 534-3875.

•What's Love Got to Do With It? Wednesdays 4:30-6:00p.m. at 3248j Lit. Bldg. Warren College. Leaders: Linda Young, 534-3987 and Byron Bloemer, 534-1725. Call Linda or Byron to sign up

the weekly

Orch

Breaking Up is Hard to Do. Thursdays 4:00-5:00p.m. at 3248 Lit. Bldg. @ Warren College. Leader: Linda Young, 534-3987. Call Linda to sign-up and to get a start date

Practice your Vietnamese speaking and ading skills and learn about Vietnamese culture while meeting fellow students and having fun! Come to the Vietnamese language Table every Friday from 2-3pm above PC the-

•Peer Counseling at the new Women's Cen-ter. Hours TBA. For an appointment or more information call Lindsay Calderon @534-6493 or Byron Bloemer @ 534-1725.

·Women's Support Group: Led by two peer counselors. In the new Women's Center at 4:30pm. Call Lindsay Calderon @534-6493 or Byron Bloemer @534-1725 for more information or to sign-up (not required).

Undergraduate Gay and Bisex Support Group: We are a week condiential group where students issues and share concerns. Counselors who are students self. Meets in South Conference Ro Wednesday at 7pm. Sponsore logical and Counseling Services. 534-3755 call for directions

 Campus Black Forum meets at 4:15pm on Fridays at the Cross Cultural Center 510. UC Leaders: Philip Raphael, 534-0252, and Linda Young, 534-3987

 Graduate Women in Science meets Mondays at 12:00pm in 2101 HSS. Leader: Reina Juarez, 534-3875.

 Parenting Support Group meets Thursdays at 12:00pm in the Women's Center. Led by Reina Juarez, 534-3875 and Michael DeMania, 534-5981

Tuesday, October 22

•Volunteer Opportunities: We will discuss volunteering and how the Volunteer Connection can help students find the right voulntee oppportunity. Price Ctr. Gallery A at 4pm.

Saturday, November 2

•Tropical fish, sea stars, and other marine organisms will be brought to life on colorful prints during a special workshop introducing the ancient art of fish and nature printing. This unique class is being offered from 9:30am-12:30pm, by the Birch Aquarium at Scripps Oceanography.

Events & Recreation

son. A panel discussion ont he issues of post-election foreign and domestic policies At Pepper Canyon Lodge at.8pm

.Kosher Pizza Break at the Price Cente Gallery B at 6pm. \$2 includes pizza and soda sored by Hillel.

Wednesday, October 30

•Men's Soccer vs. Claremont at UCSD Trioccer Stadium at 3:30pm. Thursday, October 31 .Come to the annual Muir Halloween Car-

nival and Pumpkin Drop in the Muir Quad 11:30am-2:30pm. We will drop the pumpkin @ 12:30! Free cotton candy, astro jump and dunk tank.

•How Brave Are You? Come to the Thurgood Marshall Halloween Haunted House and find out! At Third Base, neath La Casa. It's free from 7-9pm.

Friday, November 1

.Women's Volleyball vs. Azusa Pacific at

Monday, October 28, 1996

STRIKE: University is appealing ruling

Continued from page 9

neutral, then we must be neutral.' Mayer also cited the equal split among teaching assistants and research assistants in the GSA, as opposed to the primarily teachingassistant union, as a reason for the GSA's neutrality.

"Look at the composition of the union ... it's mostly TAs, not RAs," she said. "Because the composition of the union is skewed, the GSA doesn't want to cause a commotion by taking a position."

However, Mayer said some GSA members are also members of ASE/UAW, and may decide to strike as individuals.

The vote to strike came nine months after a September 15 ruling by California Public Employment union? I don't see the point in Relations Board Administrative that.

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Law Judge James Tamm that UCLA graduate-student instructors had the right to collective bargain-

The university is currently appealing the ruling.

"We're in the midst of a legal process," Attiyeh said. "We're following the procedures that are spelled out by the law ... the idea of a walk out in the middle of the welldefined process doesn't make that much sense."

However, Beeson argued the "process" was tied up in the courts and that it could take years to resolve. He also said most graduate students feared that in a few years they would have graduated, yet the matter would still be unresolved

Attiyeh used this to challenge the right of students to form a union.

"If they're going to be leaving so soon, then why do they want a

RACE: Event raised money for scholarship fund

Continued from page 1

Political science graduate student Mark Sniderman came in third with a time of 17 minutes and 23 seconds.

"This was a terrific event." Sniderman said. "Chancellor Dynes was very gracious to have us all here

UCSD Medical Center surgical resident Patrick Byrne, who came in fifth, was the first non-student to finish the race, with a time of 18 minutes and 5 seconds.

The first woman to finish was biology graduate student Anne Blaschke, who came in 25th with a time of 20 minutes and 36 sec-

The entry fee - \$2 for students and \$5 for faculty and staff

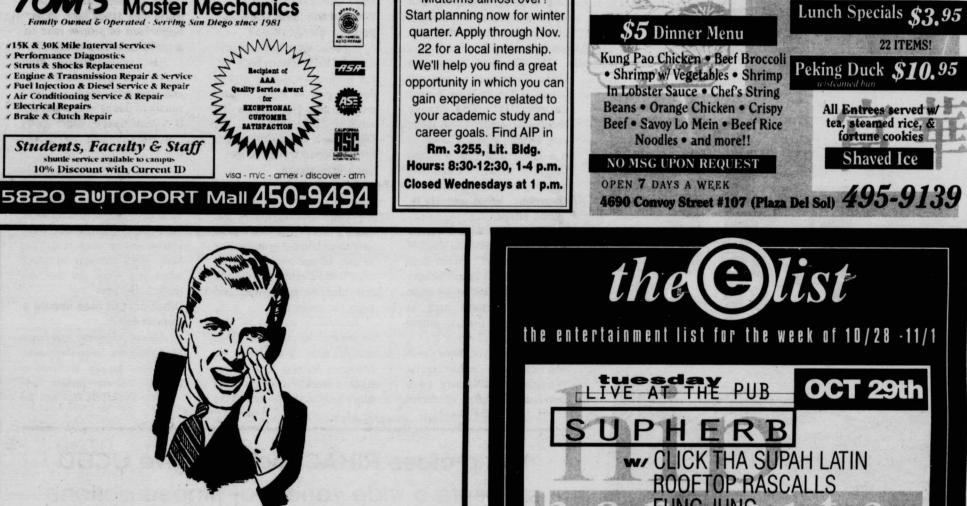


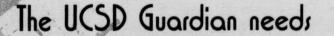
Mangial: Warren Junior Jodie Knott looks on as Chancellor Robert Dynes wolfs down a sandwich after finishing Thursday's 5K race.

memorative T-shirt and lunch following the race on the RIMAC patio

Participants were also given maps to help them navigate the course.







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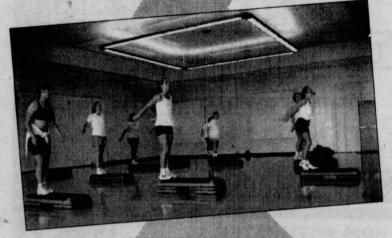
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Photos By **Andrew Chen**

HEALTH FITNESS GUARDIAN FEATURES

Personal fitness trainer offers health tips, fitness advice for the sedentary student

By Chris Schreiber Senior Staff Writer

UCSD students often get caught up in the hustle and bustle of daily responsibilities such as trying to keep up with studies and maintaining a social life. Personal health often gets lost in this shuffle.

The Guardian interviewed Jenny Thompson, a personal trainer at the 24-Hour Fitness Center in UTC, to find out more about what students can do to keep up their health. Thompson is a 23-year-old student at San Diego State University majoring in sports nutrition. Guardian: What exactly is

"good shape"? Thompson: What I usually

ask a client is, "How do you feel in your clothes?" "What does the mirror say?" I don't believe in a single definition — there are many factors, such as cardiovascular fitness, proper nutrition, etc.

A good rule of thumb is if you can do cardiovascular exercise and still carry on a conversation, you're in decent

shape. If doing things like rearranging your furniture doesn't cause you to become completely exhausted, you're probably in decent shape. Good shape takes a bit more effort. What is the ideal body-fat percent composition?

For men, the optimal range is between 8-15 percent body fat. For women it's slightly higher, due in part to lower resting metabolisms. For women it's about 15-22 percent. Describe a good program

for someone trying to get back into shape.

First, the person should begin a moderate cardiovascular workout, exercising four or five times a week. You don't even have to go into the gym. We live in one of the most beautiful cities in the country. Get out and rollerblade or power-walk and enjoy the outdoors.

Resistance training is also important to increase lean muscle mass. You should do resistance training four or five times a week, focusing on the major muscle groups such as the back, chest, and legs. Your muscles adapt quickly to a workout program, and it's important to get a consistent, full body program. Many students wake up

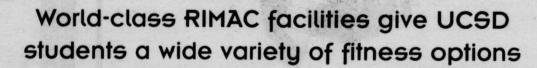
early and study late. How important is proper rest to a good exercise routine? Rest is everything. Your

body needs time to heal itself, and your mind needs rest so it can focus during your workouts. If you keep your body constantly running, you'll burn it out.

I am a firm believer in setting small, realistic goals such as getting your exercise in each day. You have a lot more motivation to work out when you've gotten your rest. Your body goes through so much when you work out that rest really is the key.

What sort of food should a person eat?

Almost everyone can begin by cutting the fat in their diets. You need to pay attention to overall caloric intake, and See INTERVIEW, Page 13



By John Murphy Senior Staff Write

Faced with UCSD's competitive academic students find it difficult to find the time to exercise. For the student who lives on campus, traveling to a health club off campus seems like an unlikely proposition. Luckily, a world-class facility is located on campus that features an array of machines, trainers and programs to get the student body into shape.

The Recreation, Intramural and Athletic Complex, more commonly known as RIMAC, offers UCSD students a variety of paths to physical well-being. Perched atop a hill overlooking the North Campus Recreational Fields. RIMAC is testament to what \$32 million and the determination to consolidate most of the campus' athletics facilities under one roof can accomplish. The nearly 200,000 square foot facility was opened in January 1995 to serve as UCSD's main recreational and athletic facility.

Whether you are interested in weight training, aerobics or playing a quick game of basketball with a group of friends, RIMAC offers the facilities and the equipment. Housed at the complex are a weight room, three activity rooms, an auxiliary gym and an arena that can hold five full basketball courts.

"It's definitely a mixed-use facility," said Director of Sports Facilities Don Chadwick. "It is not designated for one department only, but for the whole campus."

Possibly the most popular destination at the RIMAC complex for the healthconscious, the 12,000 square foot weight room features an assortment of weight and resistance machines, six sets of free weights and a variety of cardiovascular equipment such as exercise bikes. Besides being one of the largest such facilities

on the West Coast, the weight room has a unique design that allows concurrent use by the general public and recreation

"The design of it was to allow for special use by teams, clubs or classes, but never close it up to the general public. We created that by having that pit in the center," said Chadwick. "The pit is reservable by teams, but whenever it's being used, the rest of the room is still open to the public."

Those interested in using the weight room must first complete a 15-minute orientation.

RIMAC also offers aerobics. dance and martial-arts classes in the facility's three activity rooms. With a mirror, ballet bars and a built-in sound system, Activity Room One was specifically designed for exercise and dance. Activity Room Two, the largest of the multi-purpose activity rooms, is See RIMAC, Page 13

fare altogether.

something right.

As for general guidelines, stock up on complex carbohydrates like breads, cereals, and pastas. Cut down on the red meat, but, women especially, make sure that you're getting your iron from either supplements or green, leafy vegetables. Caloric intake is the most important thing. As your Professor [Paul] Saltman [of the biology department] says, "If you eat it, and you don't burn it, you sit on it."

proper exercise?

Everyone needs to slow it down, and stay in control. Control the weight, rather than let it control you. Proper form is



PARIS BALI







INTERVIEW: Proper regimen includes rest, diet

Continued from page 12

cutting fat is a good way to do that. I recommend going to the grocery store and stocking the fridge with good food and skipping that high fat cafeteria

You should know your own body and be able to feel your nutritional needs. When you make changes in your diet, and you feel better and have more energy, you'll know you're doing

What are some simple "do's" and "don'ts" of

"Rest is everything. Your body needs time to heal itself, and your mind needs rest so it can focus during your workouts. If you keep your body constantly running. you'll burn out.

-Jenny Thompso 24-hour Fitness Center

crucial. You should do your research and ask someone who knows what the proper form is on each machine and for each exercise you do.

Another important thing is breathing. You need to exhale on the exertion in weightlifting, and breath normally during cardio. It's natural for people to hold their breath while exerting, but your muscles need that oxygen. What is important for effective weight loss?

Proper exercise, proper nutrition, and consistent workouts. and energy if you don't know You will need to keep up with all exactly what you're doing. You of these to build an effective can possess a lot of knowledge program. If you neglect one of about fitness and technique, but those areas, you'll cheat yourself it's always good to get an and won't achieve your goals. If you cut your calories too you're doing things right.

The UCSD Guardian

drastically or don't get the proper nutrients, your body will think that it is starving and slow down your metabolism, maintaining its precious fat reserves and burning muscle tissue. You'll have no energy and you won't lose weight.

People also need to exercise correctly and consistently. People who go in erratically do not maximize their benefits, and get discouraged when they don't progress as fast as they had hoped. Your body needs to be conditioned. What about a program for effective weight gain?

To gain weight, you up your caloric intake, but make sure to get those calories from good sources. Increase your complex carbs and proteins, focusing on lean meats. Don't go binging on Big-Macs if you don't want to gain fat. Also, try to keep up a constant caloric intake throughout the day, as opposed to three huge meals, which overwhelms the system.

You should always get advice from a qualified person when beginning a program for either weight loss or weight gain. You can waste a lot of valuable time objective opinion to make sure

RIMAC: Created for teams, available to public

Continued from page 12

similarly equipped, while the third activity room - used primarily for martial-arts classes - features padded walls and a suspended kick bag. All three rooms have wooden spring floors to prevent injury.

The 44,000 square foot RIMAC arena — the crown jewel of the complex — is located in the eastern half of the building and can accommodate a wide range of sports and seating configurations. The floor of the arena is springloaded with the Robbins Bio-Cushion I to reduce injuries and provide a bounce to the step. Featuring telescopic bleachers, the arena can seat 4,000 for major events. When the bleachers are not in use, they can be retracted into the walls, providing an expansive multi-use floor.

"[The arena] contains five fullsized basketball courts, which is unique among arenas," said Chadwick. "Most arenas have a a health club, such as Family whole lot of seats and maybe one Fitness," said Chadwick. "And basketball court in the center. We with this you get a little more — it's can retract all the seats and have a not just a weight room, there are huge open floor, which is also basketball courts, racquetball wonderful for recreational use or courts, there's a training center that intramural use."

Sharing a similar purpose to the and the arena."

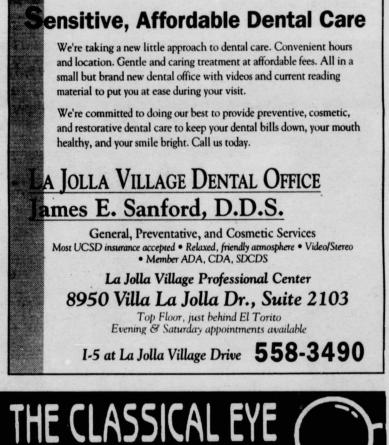
arena is the two-court Auxiliary Gym, which is used primarily for basketball, volleyball, floor hockey and indoor soccer. Unlike the main arena, the gym features rounded corners for indoor soccer and hockey. A curtain can also be lowered from the ceiling to partition the gym, allowing two games to be played without interference.

Additionally, RIMAC houses eight racquetball and two squash courts on the second floor. Airconditioned with wooden floors and textured glass the courts facilitate viewing. The courts can be reserved at the site or by telephone. Equipment such as rackets, racquetballs, basketballs and volleyballs can also be checked out on the second level at the Equipment Storage and Check-out adjacent to the courts. Lockers are also available on the second floor.

RIMAC offers myriad facilities and programs to keep students in shape. Students pay \$70 a quarter regardless of whether they utilize the complex or not.

"This is a little less costly than we have downstairs for the teams,

1



Monday, October 28, 1996

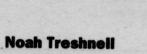
ARENA ►

WHAT'S YOUR OPINION ON PROP. 209?

Interviews by Grace Jang • Photography by Alli MacIsaac



I'm not for 209, because it opposes affirmative action. I favor affirmative action. It needs to be continued because 40 years of affirmative action doesn't make up for 500 years of oppression.



Marshall Sophomore

\$ 5.23

I'm definitely voting no on it. It's really an indication that the state doesn't feel it's necessary to support people in a less advantaged situation. It's also an indication that racism is beginning to surface again to the top.



It's pretty bad as far as minorities are considered. Minorities need all the help they can get. It's bad for women, too because it will keep women out of higher paying jobs as well. There is a glass ceiling for women and no one wants to admit that. [Prop 209] will hinder a lot of opportunities for everybody.

Christopher Dupre Revelle Senior



I support affirmative action until we can find a better system of improving equality in schools and institutions but ideally, we should reach a point where we don't need it anymore. But I need to study [Prop 209] before I really know whether I totally support it or not.

> Laura Lamb Roosevelt Senior

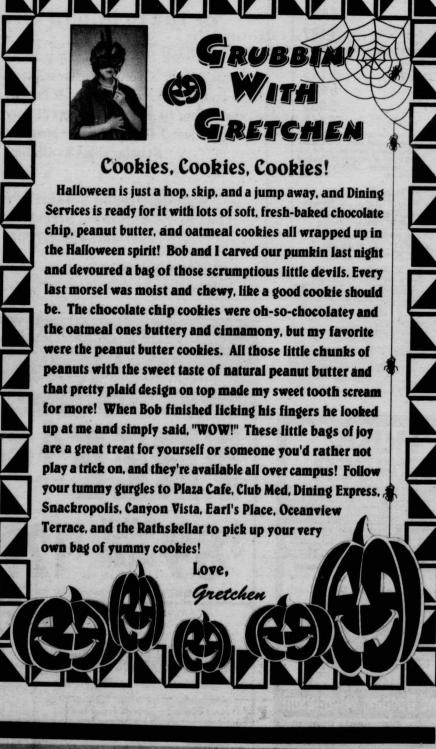


Prop. 209 is going to have a positive influence on the whole situation in California. We need to revamp affirmative action. It is not working effectively the way it is. Times change, people change, so we need to adapt our government litigations to fit the times better.

> **Armin Perham** Marshall Junior

Christina Roland Roosevelt Sophomore





I prospective Features writers and those currently on our list: Sorry we haven't gotten in touch with you. Nothing peronel. We're just swamped. We'll talk at the FEATURES WRITERS' MEETING THURSDAY 6 P.M. @ GUARDIAN.

Monday, October 28, 1996

SENIORS: Six players say goodbye

Continued from page 20

again using their dominant frontline. Shannon Noonan and Chi combined for three important blocks, with Noonan getting a big kill off an Eagle overpass. Going back to basics put the game and the match away for UCSD. Four of the Triton

Friday Fight... starters tallied double digits in Oc kills for the with Biesheuvel lead- Ripken, M. 12 kills, 15 digs ing the way with Noonan, S. 12 kills, 4 aces

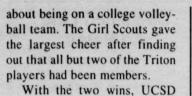
"I expected we would bounce back after the

match

16

tough loss to Cal Lu," McFarland said, "The seniors are determined to have a great season, so you can't keep them down. We are definately hungry to see (Cal Lu) again."

Following the game, the Triton players and coaches met with over 70 Girl Scouts from around the community, signing autographs and answering questions



improved its overall record to 20-6. Only two of the six losses have come against Division III opponents

In addition to the two victories, the Tritons recieved more good news over

the weekend

host the NCAA

when they found out that they will Tritons 15 15 12 15 3 **Division III Vol-**Ebadi, S. 52 assists, 2 aces

Minutes from UCSD near Baltimore Bagel and Ben & Jerry's 450-9400 • Mon-Fri • 9 a.m. - 6 p.m. • Sat. by app

leyball Western Regionals on Nov. 15 and 16. UCSD will face three other Division III teams including California Lutheran in the tournament to determine who will travel

to the national championships. If the Tritons continue to play with the same abandon behind their senior leadership, Shakespeare will soon be replaced by Vince Lombardi, who correctly noted: "Winning isn't everything ... it's the only thing."

SLIGHT: The NCAA hurts UCSD

Continued from page 20 home gym.

Granted, UCSD will host the Water Polo Final Four, but in my opinion, the Tritons should host NCAA Regionals for at least the first rounds in both soccers and volleyball.

UCSD possesses one of the best sports facilities - RIMAC - in the country, let alone on the West Coast. Our women's volleyball squad is currently ranked fourth in the nation with a 20-6 record.

The women's soccer team will try to defend its title when they steamrol into the playoffs with a 14-1 record and the top ranking in the nation. And the men's soccer team looks to improve on their 10-5 mark and assure themselves of a playoff spot.

Too many times in the past, UCSD teams have gotten screwed by the NCAA committee undeservedly. If it were up to me, I would let the best team, with the best record, and the best facilities get the chance to host. A man can't ask for much more.

Well maybe a new car and some money but I don't want to get greedy.

SPORTS 15



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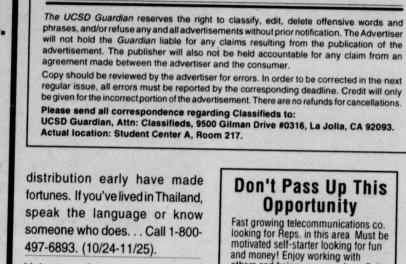
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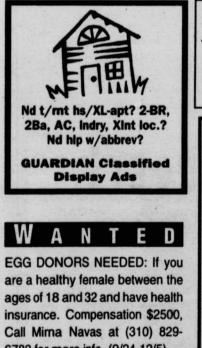
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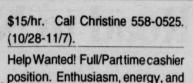
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Reasonable Rates. Rosalind 792-9173. (10/14-10/28).

Students, I will type your papers! Fast work/Same day service. Catherine 565-2479. (10/28).

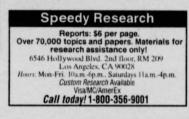
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PERSONALS

McGill University alumni reception Newport Beach, Nov. 3. Anyone interested in Carpool? Call 455-1686. (10/28).

There's this new flick called "Romeo and Juliet" out, written by writer William Shakespeare. Bill's been around a while, and he's kind of a recluse now. I never see him at the Oscars. (10/28)

Thanks for the vote of confidence. Mr. Steinbrenner. (10/28)

World Series, continued: The only Fox network star not shown in the crowd at any game was Homer Simpson. (10/28)

Dear Aaron: I've got an idea! You can write your paper about an abused, disfunctional 14-year-old drug addict named Canary whose parents are embezzling, Fundamentalist elves who speak French. (10/28)

Shin: Your rules are beginning to annoy me. (10/28)



Open interviews on campus are still available for Friday, November 1. Sign up at Career Services immediately.

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100

CCAA Provides Fast Test on Road to Nationals

MIRROR IMAGES: With a flat course leading to a host of record times, both the men's and women's squads captured second place in the conference championships at Cal Poly Pomona, providing a final tune up for the NCAA Western Regionals

By Kevin McLaughlin Staff Writer

Success continues to follow the



headed north to Pomona this week- didn't slow him. end to engage in a champion.

Although both the men's and women's teams finished in second for the combined squad, marking mile course. the first time in history that both teams were runners-up in the same

Running on a relatively flat Cal Poly Pomona course, the men were that will travel to the NCAA able to establish some impressive regionals in two weeks. records. The first three racers crossed the line with the top course times in UCSD history, with each motivated Tritons. With a group of of the three achieving personal five runners sticking together, the bests.

again, finishing in fifth with a time communicating throughout the Augmenting this claim, the "B" of 24:52. Rhodes Walton was next event. in seventh, while Brian Leek returned to action to finish ninth. Though times are not as relevant as placement in determining team pack strategy in Regionals." victory, three runners finishing

sive feat. Leek, slowed for much of the season with illness, gave the team Canyon squad, only the top five ward to run the Tri-Triton cross country team. Having a big lift with senior experience runners are used for scoring, giving tons' ninth fastest left the comfort of the home course and stellar running. He had not the favored GCC team the edge by behind, the racers raced since the Stanford Invita- three points. tional, but the extended layoff

other four teams in to have three All-Americans, with the CCAA confer- the speedy Klinger and the emergscoring five for UCSD, both rui - Coach Ted Van Arsdale. place, it was still a tremendous event ning personal bests over the five

Sophomore Franzwa Achie and

Only the Broncos of Cal Poly Pomona were able to outrun the home team showed some strategic Gavin Klinger led the team yet pack racing, surging at set times and

"You gain about 10 seconds on

under 25:00 is a rare and impres- nipped by Grand Canyon College in onships.

an exciting race. Though the 10 Tritons easily beat the combined Grand Erkkila stepped for-

and Maggie Dwire again led the The return of the rejuvenated team, placing fifth and seventh, reshowdown with the Leek gives the team a good chance spectively. Freshman Amy Kitchen "stepped up significantly" to finish third on the women's squad, illusence to determine a ing Walton leaving their compcti- trating the depth of "the best comtors in the dust. Juniors Neal Harcer petitive [women's] team we have and Mike Wallace rounded out the had in years," according to Head

The women's team turned a number of heads against its Division II opponents, with 13 runners breakjunior Steve Varnell, both of whom ing 20:00 for the 5000 meter course. ran over 40 seconds faster than their The performance on Saturday puts personal bests, complete the squad the women in good position on their way to qualifying for the national championships. The team is cur- female runners, both rently ranked in the top 25 of Division III.

With both the men and women finishing second, the runners es- race this weekend, the tablished themselves as the most balanced team in the conference. confidence. squad put forth an excellent effort in a separate race. The men's squad have raced with great your home course," team captain was able to capture the team cham-Walton said, "We want to use more pionship in the Bronco Invitational, held on the same course ing the aggressive spirit so essential The women, meanwhile, were prior to the Conference Champi- to competition.

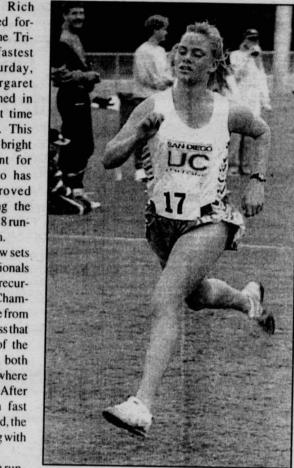
time on Saturday, while Margaret Sophomore standouts Jenny Card Wikander turned in the eighth best time for the women. This is a particularly bright accomplishment for Wikander, who has greatly improved since beginning the year as the No. 18 runner for the team.

Junior

The team now sets its sights on Regionals on Nov. 9, the precursorto National Championships. Aside from a wave of sickness that has hit a few of the teams are right where they want to be. After running such a fast team is brimming with

The top seven runners for both squads consistency in recent

"Any bumps or stumps we've hit



Hanh Nguyen/Guardia Racin' Home: Sophomore Jenny Card led

the women's squad with a fifth-place finish. weeks, with the later runners show- along the path they've adjusted to," Van Arsdale proudly said of his racers, "Stepping into Regionals,

we know we control our destiny."

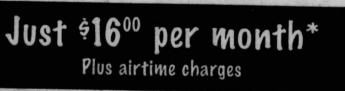


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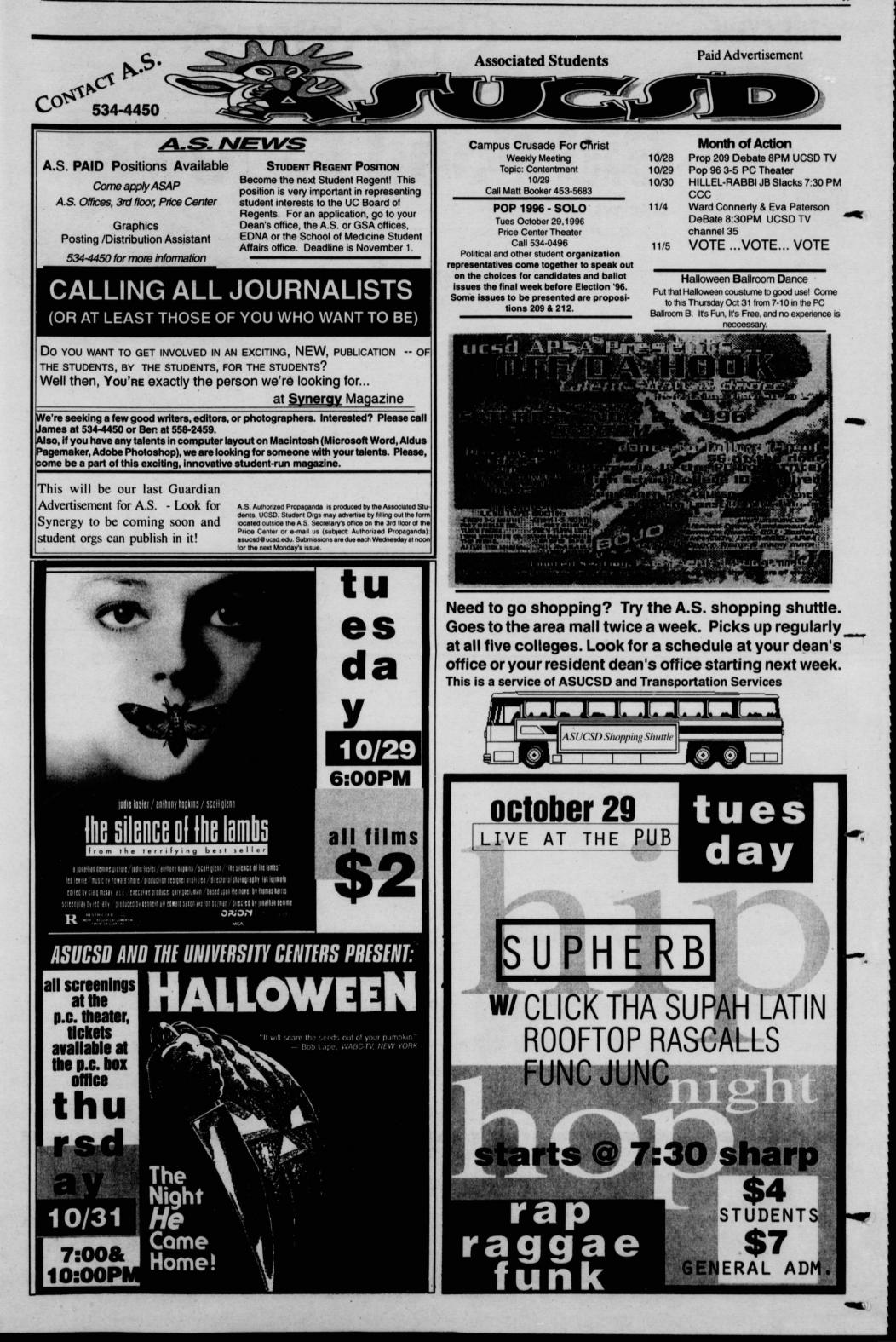
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Monday, October 28, 1996

The UCSD Guardian



Monday, October 28, 1996

THE CYNIC SEAN RAHIMI

East vs. West: Who's the Boss?

I wonder sometimes. Is there any way that we, as a society, can overcome our inherent prejudices and live peacefully amongst each other? How do they get that creamy filling inside a twinkie? And is there an East Coast bias permeating the NCAA selection committee?

Because I don't have the slightest idea on how to intelligently answer the first two questions, I will tackle the latter.

The East Coast vs. West Coast battle has been part of our history as far back as I can remember, whether it's a competition to see which coastline has the best universities, or the East vs. West bikini pageant on the "Richard Bey Show." And as witnessed in recent headlines. West Coast gangsta rappers drop the lyrics on East Coast homeys, marking their territory on the music charts. Many believe that 2Pac Shakur's murder was a possible hit by East Coast rapper The Notorious B.I.G. But I don't want to lose my white readers so I must stop digressing.

In this context, I am referring to the practices of the NCAA selection committee.

First, I must explain what the aforementioned committee's duty entails. A group of distinguished stuffshirts sits in its New York office, trying to formulate a supposedly fair playoff bracket for the respective fall sports: men's soccer, women's volleyball, men's water polo and women's soccer.

Going by the rule book, these selections should be made by accounting for numerous factors. For example, they must consider a team's current record and national ranking, previous years of hosting a regional playoff event and the facilities available for use by the universities on hand.

In their hands, the committee controls the fate of every Division III school's playoff schedule. If they feel like it, they send an undefeated volleyball team from the West to play a ocre squad from Iov

Bid Fond Farewell

SPORTS

GOODBYE: With two wins, six seniors close out their final regular-season home games in style

By Steve Walsh

Co-Associate Sports Editor

William Shakespeare once wrote, "Parting is such sweet sorrow." Apparently, the writing great did not intend these immortal words for the UCSD women's volleyball team, which is making a charge for the national championship behind the leadership of six departing seniors.

No sorrow was evident Saturday, when the Tritons bid a fond farewell to their seniors by destroying the University of La Verne in the final regular-season home match. Christine Chi, Mieke Biesheuvel, Kelly McGlothlin, Shelly Graf, Anne Su and Madelyn

Ripken were honored prior to the contest and given their final opportunity to start together. This provided a special moment for the Tritons, as Su started despite a torn anterior crutiate ligament that occured earlier this season. Su played the first point before being replaced and was given a standing ovation by the full house at RIMAC.

"Everyone was really excited that we could start all six of the seniors," Head Coach Duncan McFarland said, "We weren't sure about Ann being able to start until just a few days ago."

Riding a wave of emotion, UCSD jumped ahead of visiting Leopards before they knew what hit them. Behind the huge frontcourt play of Chi, who used the



quick set to tally a team-high 10 kills, the Tritons had La Verne back on its heels for much of the match. Sherine Ebadi, who replaced Su, blasted the Leopards with a vicious jump serve as the Tritons took advantage of the poor passing skills of their opponents to streak ahead 10-1. Following a series of sideouts, UCSD capitalized on its front-court advantage by blocking two consecutive hits

for points. After surrendering only one more point, the Tritons mercifully put away La Verne in game one, 15-2.

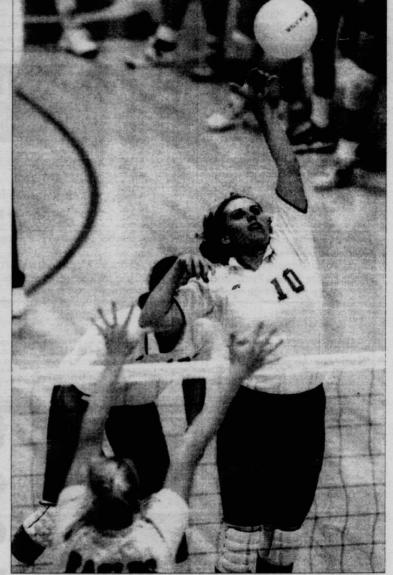
The new scenery after VOLLEY changing sides of the court must have provided some BALL motivation for the Leopards, who came out firing in game two. Just as La Verne began to hit its stride, the Tritons found themselves sliding into a mini-slump.

> "(Small slumps) have been plaguing us all season," McFarland said, "The squad hits a spot in the match where they forget that they're the better team. We tend to kill our own momentum with poor serves and errors, but it's something we're working on."

> Unable to pull everything together, the Tritons were looking at a deficit on the scoreboard for the first time all match. Rather than give up the game, UCSD rallied behind its senior leadership to bounce back into contention. With Biesheuvel swinging hard down the lines and the left-handed Ripken hitting cross court over the

> > La Verne block, the Tritons mounted a comeback to knot the score at 13-13.

With sideouts working for both teams, UCSD used its big block to capture the serve. Once again it was the poor passing of La Verne, that came to vice ace by Dana Chi, C. 10 kills, 8 blocks the rescue as the Tritons squeaked home the last two points to take the game, 15-13.



Southpaw: Senior Madelyn Ripken (10) puts away a kill against Concordia as the Tritons easily won their final two home games.

From there, the Tritons steamrolled Tritons up by six points. A diving through the final points to finish off the match.

On Friday night, fourth-ranked UCSD opened its doors to Concordia University, with the Tritons looking for revenge from a crushing loss last season. From the start of the match, UCSD made it

clear that there Saturday Romp... would be no repeat performance. Leopards Tritons Following a Chi

solo block, a ser-Biesheuvel, M. 9 kills Salter and a huge

save by Ripken and two blocks for points put game one in the bag for UCSD.

The second game proved to be much of the same, as the Tritons capitalized on costly Concordia errors. Twice during the game, the

Eagles were called for an overlap rotation violation that resulted in automatic points for UCSD.

Once again, the fritons fell into a slump in the third game. After hav-

because the team from the Midwest won its conference.

There is no Division III conference out here on the West to be won, so some of our teams might post aterrific 13-4 record, but wind up earning an at-large bid --- which basically means that you are screwed. Earning an at-large bid mandates a long road trip to the other coast to play a squad in their See SLIGHT, Page 15

根据

High five: Senior Shelly Graf (4) and teammates celebrate the weekend wins.

THE WEEK AHEAD

After surviving the scare of the previous game, UCSD returned to its form of game one. The clearly overmatched Leopards looked de-

feated from the start, giving up five unanswered points to start the game.

McGlothlin, K. 7 kills kill by Biesheuvel, the Tritons jumped

out to a 4-0 lead and showed no signs of letting up. After pushing the score to 8-1, UCSD gave up four unanswered points and McFarland called a timeout to settle the team.

The pep talk showed immediate results as Salter pounded home back-to-back kills and Ripken floated in a service ace to put the

ing dominated the previous two games, the team was unable to fire on all cylinders and looked nothing like their previous selves.

A rally at the end of the game proved to be too little, too late as the Tritons fell, 15-12.

The fourth game allowed the Tritons to get back to form by See SENIORS, Page 15



Cross Country: At the CCAA Championships, the men's and women's squads captured second place against their Division II opponents

Women's Soccer:

Today, Oct. 28 at Occidental College, 4 p.m. Sat., Nov. 2 vs. Grand Canyon University at Triton Soccer Stadium, 7 p.m.

Men's Soccer: Wed., Oct. 30 vs. Claremont College at Triton Soccer Stadium, 3:30 p.m. Men's Water Polo: Sun., Nov. 3 vs. UC Irvine at Canyonview Pool, Noon.