

Oct. 5, 1972  
Jeanne Gallick  
331 Ocean View  
Santa Cruz, Ca.  
95060

Dear Pauline,

I would like to express to you my deep gratitude for giving the weekend workshop at the University of California, Santa Cruz, last spring. I learned an enormous amount from your conceptions of music, meditation, the human body and its rhythms.

I want to ask you if you would be interested in giving a similar workshop to the inmates of the California Institution for Women, which is the state prison for women. A friend of mine, Karlene Clouse, and I taught two University of California Extension courses there last August. The experience was so intense and the women so in need of communication and stimulation, that, as a follow-up to our teaching, we decided to organize weekend workshops at the end of each month. A proposal is in the works now to finance these workshops through an educational grant and to "legitimize" them through the University of California Extension, so the women would receive college credit for their participation.

At present we do have permission from the prison authorities at CIW to give these workshops. The authorities were, by the way, enormously impressed with the success of our class (which was on women in society). We hope to take full advantage of this opening in what has been an extremely closed off and forgotten place in our society.

We would be so very pleased and thankful if you could inaugurate our weekend workshops. I can't express what it would mean to the incarcerated women. The workshop would take place the last weekend in October, Sat. morning and afternoon and then Sun. morning. The prison itself is located about 20 miles west of Riverside near Corona. You and the people you would need as demonstrators would be provided with a hotel room at the California Rehabilitation Center, the men's' prison, which is located a few miles from CIW, or you could make your own sleeping arrangements. Meal tickets would also be provided free of charge.

We are unable to provide any funds for the workshop leaders except our deepest thanks and the thanks of the inmates - and the educational experience you will gain from your participation. If you are unable to give the workshop the end of Oct., but some other weekend would be more convenient, please let me know. In any case, I would appreciate your answer as soon as possible, so, in case it is necessary, I could make alternative arrangements for Oct. In fact, if you call me collect at 408 423-2740 I would be most appreciative.

Sincerely,

Jeanne Gallick

20 November 1972

Ms. Anderson  
Program Administrator  
California Institute for Women  
Frontera, California 91720

Dear Ms. Anderson:

Joan George, Elinor Barron and myself, as members of the Ensemble, were very pleased to have the opportunity to work with the women at CIW recently. I think that the programs set up by Karlene Krause and Jeanne Gallick are very important to the inmates. We felt that our experience there was invaluable for us in helping us in understanding the problems that the women face. Their response was such that we would like to come back and work out some kind of regular program, not only to help the women but to help ourselves. We are presently devoted to an exploration of modes of consciousness through body awareness, mental awareness exercises and Sonic Meditation. Meditation, of course, is not ordinary waking consciousness. Women in prison, really have an extraordinary opportunity to explore various forms of Meditation and the resultant benefits, such as greater self awareness and the relation of inappropriate tensions both mental and physical.

Ms. Gallick felt that it was better to limit our first appearance to only 3 persons. I am hoping that it might be possible to bring more of our members for at least one session, as it would enable us to provide a more intense beginning with more trained people on hand. (There are 10 members of the ensemble). In any case I would like for every member of the Ensemble to have an opportunity to work with the women at CIW successively if not all together. It will be important to all of us, the Ensemble and Women of CIW, to set up an on-going program.

We will be very pleased to hear from you.

Sincerely yours,

P. Oliveros  
Assistant Professor of Music

cc: Jeanne Gallick  
Karlene Krause  
John Silber

20 November 1972

408- 423- 2740

Jeanne Gallick  
331 Ocean View  
Santa Cruz, Calif. 95060

Dear Jeanne;

Thank you for a wonderful letter. I and Lin will be coming to meet you at CIW on December 16 and 17. Unfortunately November is extremely busy for us. So far I have not sent a report to Ms. Anderson mainly because I have not written it! But also I have misplaced the address. Could you supply that for me please? I will be in Santa Cruz December 8 to be on Brian Vermeerchs' Doctoral Committee. I will probably stay over. Could we get together then? I will get our program going and think that beginning the end of January, with you present might be best. Then we could try to send people two at a time once a week, or bimonthly might be better, to continue the work. We are looking forward to trying all of the things you mentioned in your letter. So why don't you make a schedule which seems appropriate and we will come and carry it out.

Our project in January will be not only Sonic Meditations (which we never got to last time) but an exploration of modes of consciousness through Body Awareness, Mental Awareness and Meditation, Self Portraits through descriptions of dreams and non-ordinary reality such as fantasy and daydreams, connecting with the unconscious with external aids such as Tarot Cards and the I Ching.

We have heard twice from Norma. The last time, the wonderful news that MS Magazine has accepted one of her MSS!

Let us know if you need more information. Contact Brian if you have time to see me December 8 or 9.

My very best,