

THE GUARDIAN

UNIVERSITY OF CALIFORNIA, SAN DIEGO

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OBITUARY

Marshall Senior Killed Monday in Shooting

BY REBECCA HORWITZ
Associate News Editor

Marshall College senior Julio Manuel Alcantar, 23, was fatally shot in Los Angeles on Monday night. Alcantar was walking in the Hyde Park neighborhood with his brother and a friend at 9 p.m. when a lone suspect walked over and opened fire. The other two victims are in serious condition. The suspect is still at large.

A memorial was held at UCSD Oct. 3 in Center Hall.

Alcantar, a senior ethnic studies major, was part of Oasis's Summer Bridge program — a program designed to help incoming freshmen transition into campus life and university classes.

At the memorial, participants reflected on Alcantar's constant positivity and goodwill. He went out of his way to say hello if he saw a friend walking around campus. The students at the memorial made plans to raise money for the family.

"I think something I'll never forget about Julio is that he was positive," Marshall senior Sashieana Scott said at the memorial. "He always turned a negative into a positive; he always had a smile on his face.

Other friends remember Alcantar as a high achiever who wanted to help people in dangerous neighborhoods.

"He really believed he would go back and be that shining light for everybody," Muir College alumnus Jorge Narvaez said.

Readers can contact Rebecca Horwitz at rahorwit@ucsd.edu

CAMPUS LIFE

CRAFT CENTER TO CLOSE FOR ACADEMIC YEAR

Crafts Center staff had already started planning classes when they received news from administration that the center would close for the foreseeable future.

BY REBECCA HORWITZ
Associate News Editor

University Centers announced on Wednesday, Sept. 26, that the Craft Center will close during the 2012-13 academic year due to budget cuts. The center has been open for 40 years. Administration does not know whether the center will reopen in the near future.

The Craft Center staff were unaware that the center was closing until they were notified on Sept. 26. The announcement was unexpected; the fall brochure had already gone out and they were already taking class registration.

The staff members were also in the process of planning their holiday sale, their annual faculty art show and a special fundraiser.

"People are devastated and heartbroken and there's anger about it," Craft Center Interim Director Joyce Rooks said. "I think we're just going through the grieving process."

Staff members will have until Nov. 11 to clean out the building, return artists' work and allow artists to complete their works-in-progress.



BRIAN MONROE/GUARDIAN

Many artists rely on the Craft Center for their income. Some of these artists are teachers there as well.

"The Craft Center has always been under threat, partly because of the condition of the facility — and it's the arts, and the arts are usually threatened in some kind of way," Rooks said.

Rooks said that she expected the Craft Center to reopen next year, based on what the administration had told her.

University Centers provides funding for the Craft Center. University Centers Interim Director Sharon Van Bruggen said the Craft Center's primary income comes from its classes and activities, but that this income is

not enough to cover all of its expenses, even with the funding from University Centers. It costs about \$594,000 a year to operate the Craft Center. The two-year average income is about \$377,000, based on the last two fiscal years.

The president of the University Centers Advisory Board (UCAB), Albert Trujillo, met with Van Bruggen over the summer to balance the University Centers' budget. Assistant Vice Chancellor Gary Ratcliff, A.S. executives and Graduate Student Association executives joined them to discuss the budget situation.

University Centers had the Craft Center's facility conditions assessed by the ISES Corporation in April 2012.

The ISES assessment found that the Craft Center needs at least \$1.5 million in repairs, \$1.27 million of which would need to be spent in the next year. The assessment does not include issues with the building foundation and construction. ISES also assessed Price Center, Student Center and Che Cafe, and concluded that, coupled with the Craft Center, renovations would cost \$10.5 million over the next eight to 10 years. The number increased to \$14 million when a third party did not review the projects.

Trujillo said that University Centers was not capable of paying for the \$1.27

See **CLOSING**, page 3

UC BUDGET

New Law Will Alert Students to Fee Hikes

BY AYAN KUSARI
Senior Staff Writer

Gov. Jerry Brown approved a highly modified version of the Working Families Student Fee Transparency Act, or AB 970, on Sept. 27. Proposed by State Assemblyman Paul Fong (D-Cupertino) in 2011 and co-sponsored by the UC and Cal State Student Associations, the bill will force state university systems to give ample warning to students before enacting tuition hikes.

The bill was introduced as a response to the many mid-year tuition hikes that the two state university systems have faced in recent years.

"Between 1990 and 2009, costs for a University of California student living on-campus rose by 70 percent,"

AB 970 reads. "Costs for a California State University student living with his or her family rose by over 80 percent. In this period, median family income in California grew by only 16 percent."

Under the original AB 970, drafted by Fong and the Student Associations, the UC Board of Regents would have to publicly propose a fee increase 90 days before voting on it. They would also have to vote six months before the increase went into effect. Amendments to the bill have drained the required minimum period between the vote and the fee increase: It currently stands at 30 days.

UC spokesperson Steve Montiel, from the UC Office of the President, said short-notice fee increases during the school year were necessary given

the difficult economic times.

"We can no longer rely upon the state of California as a consistent source of funding. A six-month window would be unreasonable," he said.

The UCOP has consistently voiced its reservations about AB 970. In a letter to the State Assembly sent on June 23, 2011, UCOP criticized the measure for containing restrictions on the Regents, but no provisions for increasing state funding.

"Without a broader plan to develop a stable and predictable program of state support, [AB 970] is illusory."

Under AB 970, the UC Regents' fee increase proposals must

See **TUITION**, page 3

KICK START



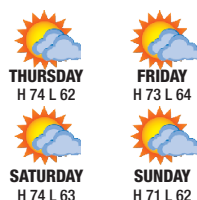
Martial arts students demonstrate their Taekwondo skills on Sept. 25.

KYLE SZETO/GUARDIAN

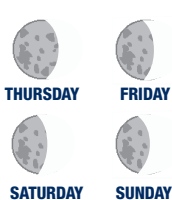
SPOKEN

“You can't let the animals die, just the women.”
MARTIN MCDONAGH
WRITER, "In Bruges," "Seven Psychopaths"

FORECAST



NIGHT WATCH



SURF REPORT

THURSDAY Height: 1 ft. Wind: 2-9 mph Water Temp: 73 F	FRIDAY Height: 1 ft. Wind: 3-9 mph Water Temp: 73 F
SATURDAY Height: 3 ft. Wind: 1-11 mph Water Temp: 73 F	SUNDAY Height: 1-3 ft. Wind: 1-11 mph Water Temp: 73 F

GAS PER GALLON

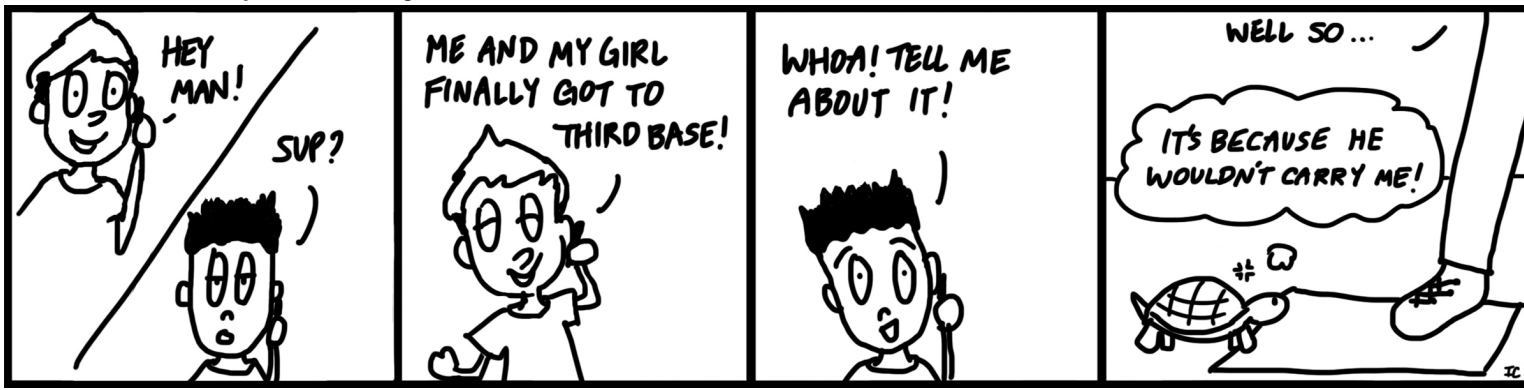
LOW \$3.89 Valero, San Diego - South 2029 La Media Rd. & Airway Rd.
HIGH \$4.79 RAMCO, Julian 1913 Main St. & Porter Ln.

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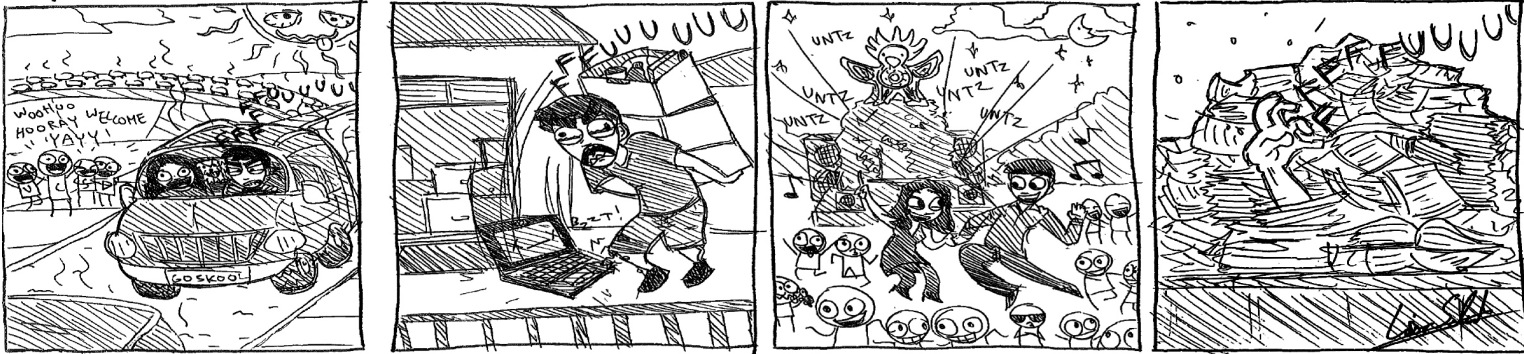
PUN TIME

By Irene Chiang



QUITE FRANKLY

By Lior Schenk



SCIENCE AND TECHNOLOGY

UCSD Researchers Connect Kidney Removal, Erectile Dysfunction

BY KASHI KHORASANI
Staff Writer

In the first study of its kind, researchers at the UC San Diego School of Medicine discovered that patients who have had an entire kidney removed have a significantly higher risk of erectile dysfunction than those who undergo partial kidney removal.

Program Director of the UCSD Cancer Center Urologic Oncology Fellowship, Dr. Ithaar Derweesh, co-authored and published an analytical paper in the *British Journal of Urology* on July 3, after concluding a retrospective study by comparing a 168-man group of patients who had partial kidney removal to a 264-man group who had complete kidney removal.

Patients who had complete kidney removal were 3.5 times more likely to develop erectile dysfunction compared to those who had kidney reconstruction; this is a normalized value that takes factors like pre-

existing cardiovascular problems into consideration. After about six years, 29.5 percent of the men in the latter group developed erectile dysfunction. Only 9.5 percent of those who had partial kidney removal developed the dysfunction.

Kidney removal, or “nephrectomy,” is usually performed



Removal of...kidney tissue may actually be increasing the risk of kidney disease.”

on patients with seriously damaged or diseased kidneys. Urological experts agree that the partial procedure is optimal for those with small, single tumors.

“We’ve been finding more and more patients with earlier stage disease and smaller tumors,” Derweesh said. “With that comes

the recognition that removal of a significant amount of kidney tissue may actually be increasing the risk of kidney disease and other diseases.”

Prior research led by Dr. Derweesh has shown that partial nephrectomy also decreases the risk of osteoporosis and chronic kidney insufficiency in patients. In April, Dr. Derweesh published a paper citing findings that partial nephrectomy means a significantly higher likelihood of anemia onset.

“Generally, even for tumors that are two centimeters and below, the rates for partial nephrectomies — even though it has gone up in recent years — is still about 40 to 50 percent and I would say that is a gross underutilization of the procedure,” Derweesh said.

Two-thirds to three-fourths of kidney removal surgeries performed at UCSD are partial nephrectomies, according to Lead Author of Study and Chief Resident, UCSD School of Medicine, Division of Urology, Dr. Ryan Kopp.

Researchers from the study include local experts, professionals from the University of Tennessee Health Science Center and other UCSD scientists.

“A question that is important to us is whether or not there is a threshold at which partial nephrectomy no longer infers a benefit, and we intend to look into that,” Kopp said.

Further research may take place soon, pending additional funding from the Sexual Medicine Society of North America.

“We’re in the process of putting together grant proposals for prospective studies that will further analyze the interrelationship between kidney surgery and various metabolic and cardiovascular consequences and we will also see what measures we may be able to take to prevent these,” Derweesh said.

Readers can contact Kashi Khorasani at kkhorasa@ucsd.

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CHANGE THE WORLD FROM HERE

Council Holds First Meeting; Recieve Triton Outfitters Gear

There was plenty of cheering and whooping and treats to usher in the first council meeting of this school year.

A.S. Graphic Studios handed out giant novelty to lollipops to members of council.

Triton Outfitters distributed T-shirts as prizes to council members who could answer trivia questions about Triton Outfitters.

AVP of Student Services **John Weng** introduced council to the heads of TritonTV and KDST and announced prospective changes to programs under the student services umbrella.

Weng announced that he's in negotiations to get TritonTV broadcast on UCSD-TV and UCTV, which would give it a statewide viewership. He also has plans to create an in-house studio for KDST.

"For the first time in five years, since my office was created, my office will have a structured staff," he said.

Weng revealed the changes coming to A.S. Safe Rides, including an online sign-up system, an iPad to swipe when entering the Safe Ride bus and an email notification system for students when they've used all three of their safe ride passes.

He also told council that there will be new condom machines all around the six colleges in addition to the machines already stationed inside the price center.

Council then proceeded to debate the merits of changing the name of the Safe Ride program from "Safe Ride" to "Safe Rides."

AVP Concert and Events **Eric**

Babjanian pitched both Hullabaloo and the upcoming Bear Gardens which will feature Oktoberfest-style beers.

Campuswide Senator **Summer Perez** asked council if they would be willing to dress up for the meeting that will take place on Halloween.

VP External **Olamide Noah** told council that the student regents will be on campus next week to take questions from students and constituents.

Campuswide Senator **Brad Segal's** Human Rights Board project has been tabled for eight weeks as he goes to different student organizations to receive feedback about implementation.

VP Finance & Resources **Bryan Cassella** briefed council on their deficit and his plan to combat it. He explained that there are three main reasons for the deficit, under enrollment, overallocation and overspending. Council currently has a deficit of \$268,266.76.

"I've been really impressed by the way cabinet has been taking care of it, I've said here's the number we have to meet, we have to make cuts, and they've been really professional about it," Cassella said.

Cassella plans to come out with a 10-year plan later this year.

"I just think it's really important that every A.S. member knows these numbers and knows what's going on, this is something that we're all in together, AVP Diversity Affairs **Elizabeth Garcia** said.

The councilmembers of the week were Noah, Cassella and VP Student Life **Cody Marshall**.

New Business

DANIEL SONG

d9song@ucsd.edu



Student Use of UCSD Craft Center Has Dropped in Recent Years

► CLOSING, from page 1

million for the Craft Center within the next year.

The decision to shut down the Craft Center was based on facility needs, student usage and student priorities.

"Student usage is pretty low despite efforts to increase advertisements and get more of an appeal to the Craft Center," Trujillo said.

In 2011-12, a of 1,928 people used the Craft Center, 524 of them students. That was 14 fewer students than in 2010-11, 36 fewer students than in 2009-2010 and 79 fewer students than 2004-05.

Van Bruggen wrote in an email to the *Guardian* that the staff had tried to increase prices, charge materials fees and increase income from special sales to help the Craft Center.

But the course fees would need to be quadrupled for the Craft Center to become a self-supporting operation.

"Unfortunately, while these efforts start to address the budget need, they do not address the looming facility costs," Van Bruggen wrote. "The one-year closure provides the opportunity to explore the feasibility of other ideas." Trujillo said efforts to save the



Craft Center will continue. UCAB is discussing a student referendum with the A.S. Council and the GSA.

"It's something that we definitely value and appreciate and it's something that I'm really sad to see go," Trujillo said. "I personally really encourage the arts."

University Centers has cut other services as well. Price Center hours have been reduced on Fridays, Saturdays and Sundays. University Centers programs, including concerts and events at PC Ballrooms, Pub Stage Room, The Loft and PC Theater also lost funding. The Commuter Student Services office will be closed, vacant

staff positions will remain vacant and facility maintenance and repairs have been postponed unless they are linked to safety, revenue generation or accessibility. Off-campus users have to pay higher reservation fees.

"I have a great love for the Craft Center, as does everybody who has taken classes here and people that teach here and great love for art," Rooks said. "I feel like the university is shooting itself in the foot and I think that we are just as important as the research and science that goes on here."

Readers can contact Rebecca Horwitz at rahorwit@ucsd.edu

AB 970 Sought to Increase Transparency for Students on Fees

► TUITION, from page 1

include three things: justification, thorough analysis of impact on underrepresented students and a statement specifying what the increased fees will be used for.

UCSA Board Member Raquel Morales, a senior at UCSD, said in a video on Gov. Brown's website that AB 970 was something students and families of students have wanted for a long time.

"They simply want to have the opportunity to defend their education and engage themselves in

the process," Morales said.

Promoting student engagement and increasing transparency from the Regents are the two major goals of AB 970, its supporters say.

"We need dialogue," Morales stated in the video.

But Montiel said that even though students may express their perspectives under the modified provisions of AB 970, they don't have veto power. He also said he thought there was already a great deal of transparency.

"We already have representation. We already consult with student

leadership. It may be distasteful, but it's very transparent, even without AB 970. The truth is, no one gets excited about tuition hikes."

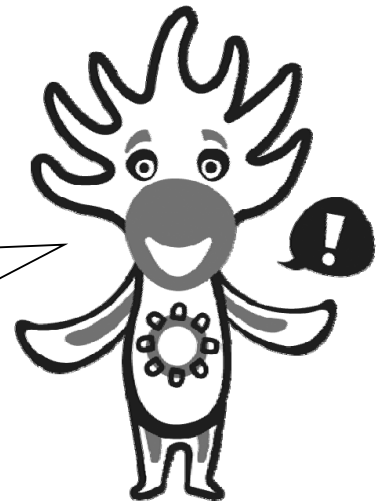
According to 66028.7 (a) of AB 970, a consultation is defined as a formal meeting in which fee hike information is given, not one in which students have the power to blunt any tuition increases.

"Nothing in these sections shall be construed to exempt any increase in mandatory system-wide fees."

Readers can contact Ayan Kusari at akusari@ucsd.edu

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OPINION

EDITORIALS

Four More Years

UCSD is offering freshmen guaranteed four-year housing for the first time ever — a privilege that ultimately boasts an off-putting price.

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This year, UCSD became the first university in the UC system to guarantee four-year housing to incoming freshmen. And with all the new residential buildings popping up on campus, from the Village West to Keeling apartments (completed August 2011), UCSD certainly has room for a few more tenants. This is due to a five-year building program, completed last year, that nearly doubled housing capacity on campus, according to Mark Cunningham, assistant vice chancellor of housing and dining. While providing four years of on-campus housing is a nice option to offer, the problem is that many students simply can't afford it.

An upside to living on campus is that your rent is all-inclusive: furniture, cable, Internet and gas and electric. This makes move in so much easier since students walk into a fully furnished home their first day, and only have to worry about a single rent bill. For a student with a comfortable financial situation, on campus is the place to be. But at \$11,298 a year for a single room — that's \$1,225 per month — it is also some of the most expensive rent you'll find, and considering we live in La Jolla, this is no small boast. When compared to the townhouses just off campus in La Jolla Vista Townhouses (nicknamed "Regents" for its close proximity to the Regents parking lot), the cost of a

single room hovers around \$730 a month, or \$450 if splitting a master bedroom. If you add gas and electric (\$10 a month) and Internet (\$8), the bill is still significantly lower than on-campus housing. The only major expense is buying furniture if needed. That one-time cost is often simply solved by Craigslist or graduating friends desperate to get rid of old furniture.

It is on-campus housing, combined with the required meal plan, that really leaves student bank accounts deflated. Even Yahoo! News did a story on us. A 2007 story, titled "The Freshman Minus-15: Students at UC San Diego Are Kept in a Perpetual State of Hunger by the School's Draconian Dining Hall Policy," reported that students were coming home from Winter Break as "shells of their former selves" because the dining hall prices were too high for students to afford full meals every day. Since then, UCSD has not lowered food prices, but instead increased the required amount of meal points a dorm resident must purchase. Meal plans have increased from \$1,800 in 2007 to \$2,950 in 2012, a \$1,000 increase over the past five years. Being required to spend nearly \$3,000 on expensive dining hall food is enough to turn many students away from living on campus.

So let's do the math here. A frugal student who

See **HOUSING**, page 5

A Vote Gets You More Than Just a Sticker

As the 2012 election looms, we must deal yet again with the obnoxious naysayers who like to claim that voting is pointless and that both parties are in thrall to some nefarious corporate conspiracy. It is high time for the apathetic and young to face the fact that we have far more control of our destiny than it may seem, and that we are not merely victims of a political system but active participants.

To those who see no difference in presidential candidates, consider that there is no dispute that an Al



Gore presidency would have been far different from the one led by George W. Bush. We would have likely made significant steps in reducing carbon emissions and kept Clinton era tax rates on the rich. Had a few thousand votes went the other way in Florida, our nation would be very different. The very purpose of voting is to create difference and change in public policy. In fact, this is why autocratic regimes like China's or Syria's do all in their power to prevent the masses from exercising this freedom.

In the current contest between President Barack Obama and Gov. Mitt Romney, we are presented with starkly different visions. Obama supports a strong safety net to support the worst-off, while Romney believes this same safety net breeds dependency. In Obama's vision, programs like Medicaid that help the elderly, disabled and poor are strengthened, while in Romney's, Medicaid will be cut. Maybe if one is a young member of the upper middle class, these choices may seem abstract. However, to the millions who need assistance, the choice is as clear as daylight.

Admittedly, one's vote for the presidential candidate will matter less in partisan states like California or Texas. Nonetheless, in California, we are presented with important ballot measures and local candidates where, once again, every vote matters. The race for the 52nd Congressional District that covers most of La Jolla, for example, is one of the most closely disputed contests in the nation. Every vote will matter because the margin of victory will be so small.

For the youth, voting is even more important. Most of us in our 20s have another 60 years to go. We can shape how these 60 years turn out through our policy choices. Yet, election after election, it is the old who turn out the most despite them having fewer years to worry about. Voting is an investment for our future and like any investment, it is a poor decision to disregard it.

Hundreds of thousands have died for this right to vote in nations across the world and even more have protested for this right. To believe that voting isn't meaningful is an insult to those who have fought hard for democracy. Exercising your right to vote is determining your future. Stop making excuses and perform your civic duty.



BY KAYLA BATOM/GUARDIAN

Pepper Spray Settlement Overshadows the Report Evaluating the Event

Most students would take any amount of temporary discomfort for a \$30,000 check. So when the University of California announced Sept. 27 that it reached a \$1-million settlement with the victims of the infamous UC Davis pepper spray incident, grumblings could be heard across the UC campuses on social media.

As a result of the settlement, each of the 21 victims will receive \$30,000 and a handwritten apology letter from UCD Chancellor Linda Katehi, forcing many students to ask themselves, "Would you get pepper-sprayed for 30K?" And many wish they did.

But the fact of the matter is, this money is only going to go straight back into the UC system, with the students likely using it

to cover the rising fees they were protesting. It is then crucial that we move the dialogue toward the preventative measures listed in UC President Mark G. Yudof's recently commissioned report, rather than the money given to the victims.

Sad irony aside, the settlement itself shows that the UC system acknowledges that what happened last November was wrong. (Reports indicate poorly timed efforts to evict the campers and a questionable legal basis for the operation.)

It is precisely because of these gaffes that we should make sure there is not a structure that causes the pepper-spray incident to happen again — something the UC system has already done.

One such preventative measure

is the report commissioned by Yudof seeking advice from UC General Counsel Charles F. Robinson and UC Berkeley Law School Dean Christopher F. Edley Jr. The report, released on Sept. 13, includes 49 suggestions to prevent similar incidents.

Possibilities include establishing a student advocate within the Administration responsible for listening to concerns, having the Chancellor attend student government meetings and instituting monthly "office hours" for top administrators.

The report also suggests campuses train mediators, who could facilitate discussion between protesters and the administration during civil disobedience events, although it did state that pepper

spray might remain a necessary last resort.

Thankfully, there's a designated person we can watch to make sure these changes actually happen. Yudof announced that Associate Vice President of the UC Office of the President Communications Lynn Tierney will oversee the implementation of the recommendations, though how serious she'll be about overseeing any real change will remain to be seen. Regardless, it's the report, not the money, that's really addressing what the students were fighting for, so it's the report we should be scrutinizing. And more importantly, we need to make sure Tierney follows through with some kind of action.

Weekend

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HE AIN'T TAKIN' SHIH TZU

PAGE 6



MUSIC

Electronic hip-hop zen master returns with confidence.

PAGE 11



FILM & TV

High school rom-dram avoids mediocrity.

PAGE 8

FOOD & DRINK



Healthy food with flavor.

PAGE 9



INTERVIEW

How to Write Insane

Academy Award-winning filmmaker and playwright **Martin McDonagh** talks playing with genre, writing about writing and his new meta neckbreaker **"Seven Psychopaths."**

BY REN EBEL • A&E EDITOR / COVER ILLUSTRATION BY SNIGHDHA PAUL

You can't let the animals die, just the women." Martin McDonagh smirks as he takes a sip from his orange juice.

It's a windy day and the 40-year-old writer/director is lounging on the roof of the W Hotel in downtown San Diego. Tomorrow night, he'll premiere his new film "Seven Psychopaths" at the San Diego Film Festival. Like much of McDonagh's work, "Seven Psychopaths" is an air-tight bit of blood-splattered fiction — entangling humor, extreme brutality and an underlying love for his characters in a deceptively vast web of jubilant chaos. At the center of *this* maelstrom: one troublesome shih tzu.

"That's all you hear from the studio," says McDonagh. "In an early version of the script, the dog didn't necessarily make it out in the end. I got so many notes about that, but not a single note about how many women got killed. Not one [laughs]. But it's good that we get those notes because that's what the film is criticizing."

McDonagh has been known, more than occasionally, to hide his transgressive and poignant undertones in the least likely of places. And whether he's jabbing movie studios, pop culture or himself, McDonagh's delivery is consistently as sharp as it is unpredictable.

"It's about trickery," says McDonagh. "I like twists, and you can always hide a twist in a joke, because people laugh at a joke and then dismiss it."

When he retired from theater to focus on film five years ago, McDonagh was already an established playwright with seven acclaimed plays and four Tony nominations under his belt. His first stab at film, the brilliant "Six Shooter," took home an Academy Award for best live action short. His first feature length, "In Bruges," gained a near-immediate cult following as well as an Oscar nomination for original screenplay. "Seven Psychopaths" is McDonagh's third cinematic outing and undoubtedly his most ambitious.

"I think it took a while to get to a place where I enjoyed writing film, because I found films a lot harder to write than plays," says McDonagh. "I've always found plays quite easy, especially if you're good with dialogue and character — it's kind of all you need in some ways. But with films you have to think in images, and you can jump around in time and space and geography, and things are



much more subtle in many ways. So it took me awhile. But right now, I think I'd be more comfortable sitting down to write a film than a play."

And "Seven Psychopaths" is first and foremost a film *about* writing. It follows protagonist Marty (Colin Farrell), a screenwriter whose latest project "Seven Psychopaths" has come to a halt in the midst of severe writer's block. Meanwhile, Marty's friends Billy (Sam Rockwell) and Hans (Christopher Walken) evade the ruthless crime boss Charlie Costello (Woody Harrelson) after inadvertently stealing his beloved shih tzu. The product reads as a grittier, less recursive parallel to Charlie Kaufman's meta masterpiece "Adaptation": the plot weaves between the fictional screenplay and the life of the man writing it (who is, essentially, a fictionalized McDonagh).

"Well I wouldn't say that it *is* me, but I liked the idea of throwing just enough red herrings in there," says McDonagh. "Obviously, naming the main character with my name and making

Mercy Be Damned, Oct. is for the Ladies

It wasn't until the tenth time I listened to "Mercy" in a row that I finally said, "Enough."

I was hearing "I'm in that two

Dodging the Horizon

ARIELLE SALLAI
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seat Lambo with your girl she tryna jerk me" on a loop in my head — and I was sick of the reminder of Kanye West's penis. A lot of hip hop can desensitize a girl, but somewhere around Big Sean's millionth ass pun, I had finally reached a breaking point.

I sat down and took a look at the culprits in my iTunes collection and there was only one logical conclusion.

"I think we need some time apart."

Handsome faces stared back at me, begging me to reconsider.

"It's not that I don't love these guys," I thought. "But for once, I need to hear a voice that sounds like my own."

So I came up with a challenge and convinced some girlfriends to join me: For the entire month of October, we're going to put all the men in our musical lives aside and listen only to music made by women. For a lack of better alliteration, it's Ovaries October.

There are a few rules to the challenge. For one, co-ed bands are acceptable so long as the women make an obvious contribution (i.e. sing or write). In essence, the women need to be noticeable, present and in the foreground — that one band with that one hot chick bassist doesn't qualify. In true bra-waving, feminist fashion, if there's only one girl, she needs an actual identity.

Secondly, it's totally acceptable to listen to men when you have no control over the music playing. So when you're out in the club and sipping that bub and they aren't playing Lady Gaga, but Usher — never fear. You haven't lost yet.

Rules aside, now that we're already a few days into the month, it's all smooth sailing from here. I have 960 tracks (and counting) lumped into one giant Spotify playlist to share with the other challenge participants, and I've upped the estrogen on my iPod by removing the men and replacing them with my favorite ladies.

What I've learned so far: Ovaries October is harder for some musical tastes than others. I have one friend who's already annoyed that she can't listen to Lil B, and another who can't listen to any of her favorite composers. For me, it's surprisingly easy.


Almost immediately, Ovaries October made it apparent how many different female voices there are. The women on my playlist have different levels of power and control, different levels of sexuality and even different levels of talent.

There are the girl groups — The Ronettes, The Crystals, The Shangri-Las, to name a few — who were so obviously interchangeable puppets for the men, like Phil Spector, who produced their records. There are pop stars like Madonna and Britney Spears, who many would argue are just like the aforementioned girl groups, but who also use their sexuality as a

The Blues Last Longer Than Midterms

There's an elephant in nearly every dorm room. It's not your suitemate's newfound sexual liberation. It's not the few pounds

Student Body
 MINA NILCHIAN
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you gained from too many late night trips to Goody's. It's not the cloud of smoke in your RA's suite. It's depression, and it's often the one secret that doesn't rear its head during those deep, 4 a.m. post-party discussions.

Getting called a bitch, a slut or an asshole hurts but can be easily combatted with a Facebook friend deletion and cathartic shit-talking. But the worst thing you can be called is "crazy." Then, it's not about your choice of clothing or your lazy living habits. It's about how you perceive things, and our thoughts and feelings are the most fundamental parts of who we are. To have someone invalidate how you feel is the most damning thing they could do.

Depression, which is disturbingly common among college campuses these days, is crippling. No one wants to talk about it, lest be labeled as "crazy." College

See **BODY**, page 10

WELLNESS

Fighting the Freshman 15



ILLUSTRATION BY LIOR SCHENK

A slice of pizza at Foodworx may be tempting but it can also lead to the dreaded freshman 15.

BY TIFFANY CHIN • STAFF WRITER

Your parents warned you about it. Your friends tried to stop you. But sometimes it happens — you hit the freshman 15.

Whether it's gaining or losing 15 pounds, the freshman 15 can strongly affect your life. Freshman year is already so stressful for so many reasons, and the last thing anyone should worry about is those

few extra pounds. Maintaining your personal wellbeing is the key to happiness, good health and overall success throughout college and in life. Fortunately, UCSD's Health, Recreation and Well-Being services offer many free or cheap programs and opportunities, such as intramural sports, recreational clubs and activities, to help students maintain a

healthy lifestyle.

One of the few great resources that UCSD supplies is The Zone. Located in Price Center Plaza, The Zone opened in the fall of 2010 and promotes eight dimensions of well being: social, spiritual, occupational, financial, environmental, physical,

See **FRESHMEN**, page 10



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FILM REVIEW

Those Beautiful Outcasts

“Perks of Being a Wallflower” adaptation treads familiar teenage romance territory with a tender heart and realistic grace.

BY AYAN KUSARI • SENIOR STAFF WRITER

Take it from a high school introvert: “The Perks of Being a Wallflower” may be as close Hollywood will ever get to depicting the real thing.

Admittedly, teenage angst in cinema is nothing new. And the plot of “Wallflower” — based on the massively popular 1999 novel by Stephen Chbosky — has definitively been done before: Lonely boy feels lonely, lonely boy finally finds friends, lonely boy feels accepted, lonely boy falls in love. But the strength of “Wallflower” lies in its realistic flourishes, which transform what might have been a pulpy drama into something that often manages to feel genuine.

Take the fact that it’s an intelligent, beautiful girl who bullies Charlie (Logan Lerman), the hero and titular wallflower of the film. A typical teen movie would have made her six feet tall and male. But as any recent high school grad will tell you, bullies take all shapes and sizes; they don’t have to be cheerleaders and jocks.

And then take Charlie himself:

He manages to be tortured, shy and good-hearted without being defined by any one of the three traits — a testament to Lerman’s subtlety as an actor. He doesn’t stutter, wear coke-bottle lenses, act effeminate or display superhuman intelligence. He just talks less and keeps to the edges of rooms — that is, until he is discovered by established outcasts Sam (Emma Watson) and Patrick (Ezra Miller), who take Charlie under their wing. “Wallflower”’s not perfect.

Emma Watson’s occasional slip into British accent, while perhaps subjectively endearing, detracts from the charged hyper-realism that is “Wallflower”’s ultimate strength. The farcical, flamboyant kiss between Harvard-bound goth Mary-Elizabeth (Mae Whitman) and Charlie is a bit of stereotypical high school drama that the film could have done without.

But the other two kisses in the movie are understated and capture nicely the ambiguities of teenage love. Sam kisses Charlie because she loves him in a platonic sense, and wants his first kiss to be “from someone who truly loves him.” Similarly, Charlie — who is straight — lets Patrick kiss him because he’s concerned about his friend’s loneli-

THE PERKS OF BEING A WALLFLOWER

Starring: Logan Lerman, Emma Watson
102 min.
Rated PG-13
B+



ness. The emotions that surround these kisses are never developed or explained, but left the way they feel in high school: brief, volatile and indistinct.

As college students, it’s tempting for us to dismiss our teenage problems as small and mundane. But “Wallflower” does an incredible job at keeping its older viewers from doing just that, using every trick in the book to make the ordinary seem enormous. Hushed conversations about love are truncated half a sentence before a lover’s name is revealed. Kissing scenes are shot

in muted tones, from a distance and off to the side. Lips are kept in shadows as cellos and horns play grand orchestral classics.

It’s in this capacity — elevating and immortalizing the experience of adolescence — that this movie shines. Though none of the lead actors are teenagers, they’re almost good enough to trick you into thinking they are. Farcical moments aside, they capture the subtler shades of teenage love and loneliness like few others before them. And that’s enough to make it worth a watch.

There’s Plenty of Variety Among Female Pop Artists

► HORIZON from page 6

statement of independence.

Then there are the straight-up rock ‘n’ roll heroes of the bunch: Joni Mitchell, Carole King, Patti Smith — true artists who’ve made timeless music that transcends their gender entirely. Take Mitchell. At first, she was the archetypal female folkie singer in the vein of Joan Baez, but she quickly picked up jazz influences which set her apart from other like-minded artists at the time. Bob Dylan is the only songwriter who compares.

Admittedly, I don’t really know quite yet what I’m trying to discover with this challenge, if anything. I guess I thought that if I only experienced music made by females, I might gain insight on femininity or life or whatever.

For now, it’s just been a treat to listen to some of the best music of all time. I encourage everyone to join me in this challenge, male or female, whatever your musical preferences. It doesn’t matter if you’re a latecomer — you can start Oct. 4 or Oct. 25, it doesn’t matter. Just take some time out of your life to appreciate performers who are often overlooked by their male counterparts. Just search “Ovaries October” on Spotify, subscribe to the playlist and add your favorites to the mix.

You’ll hear from me again at the end of the month once I’m ready to hear some lower octaves already.

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RESTAURANT REVIEW

TENDER GREENS

Great news: You no longer need to feel guilty when trying on clothes at Westfield Shoppingtown UTC after a hearty meal.

Just a bus ride away from campus, the new restaurant Tender Greens is a product of the mall's ongoing renovations. Tender Greens, as its menu states, is a southern California "fast casual"

dining chain that boasts locally grown and raised food, serving mainly salads and grilled proteins. Right when you walk into Tender Greens, the restaurant

instantly embodies the southern California lifestyle. The atmosphere is reminiscent of an upscale version of UCSD's own dining hall Pines — clean, simple and wooden.

Dining out is often limited for vegetarians, but Tender Greens caters to just that demographic while also offering plenty of other options for those that want some protein with their salads. They even have food for the adventurous diner (their Tuna Nicoise salad comes with quail eggs).

There really is something for everyone, including the Happy Vegan, a salad that consists of cranberry and hazelnuts, quinoa with cucumber and beats, green hummus, tabbouleh and lettuce. But for those who enjoy a good



PHOTOS COURTESY OF TENDER GREENS

steak or BBQ every once in awhile, Tender Greens has options like the Backyard Marinated Steak and the Chipotle Barbecue Chicken. Most of the items on their menu are generously portioned and moderately priced at \$11. Patrons can choose from 12 Big Salads (\$11), a simple salad (\$6), grilled meat or vegetables with either a small salad or arguably the best garlic mashed potatoes of all time (\$11). Their Mint Lemonade is a perfect complement drink (\$3). It's unlike any other lemonade, because it has mint in it. The mint is a perfect balance

to the tangy taste of the lemonade.

For vegetarians, it is recommended to order the Grilled Vegetables either on a ciabatta or on a hot plate (\$11). All of the vegetables are grilled and seasoned perfectly with olive oil and chili, giving the mild flavored vegetables the kick they need. This meal comes with your choice of potatoes or a simple salad. Although there is a Tender Greens salad, it's quite underwhelming. It's merely lettuce and balsamic vinegar. In short, it's not worthy to be named after the restaurant. A better side would be

either the garlic mash potatoes or the Romaine Hearts salad.

Although Tender Greens has no real waiters, its customer service is unparalleled to many other fast, casual restaurants. The employees provide patrons with friendly and attentive service. If you're craving a little BBQ or steak with a "fast casual" setting, Tender Greens proves to be a healthier option than the go-to San Diego landmark Phil's BBQ.

— Nichole Perri
STAFF WRITER



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First World Problems Cover Up What is Really Hurting

► **BODY** from page 7

brochures rattle on about the fantastic study abroad opportunities at UCSD. Your uncle gets starry-eyed as he reminisces about the night he managed to find himself at the top of the literature building wearing nothing but a horse mask. But what seemingly no one warns you about is what defines these “golden years” for many of us.

You're away from home for the first time, starting from scratch with your social scene and under pressure to figure out what you want to do with your life. You're surrounded by some of the brightest and most competitive students in the nation and you can't help but feel like you don't measure up. Some of us, between the parties and the club meetings, get caught up in existential malaise. Who are we? What are we doing? What's the point of it all?

The thing about depression, or any kind of mental illness, is that until you've experienced it, you don't know what it's like. My own freshman year was defined by my experience with depression and my inability to talk about it. Looking back, I can probably say that my unhappiness was attributed to a mix of a drastic change of environment, a discrepancy between what I thought college would be and what it ended up being and a genetic predisposition to depression. If you're going through anything similar to what I went through, you probably know why the “what is there to be sad about” line of questions is so unhelpful — not even scientists can exactly pinpoint the causes of depression.

We live in a culture that both

glorifies depression and stigmatizes it. We talk about how brilliant Kurt Cobain was, and his suicide adds a mystique and implies a certain “truth” to the depressive outlook. Academia falsely insists that we're depressed because we're smart. Yet at the same time, we dismiss people's existential qualms as “first world problems.”

What you feel is *not* you being crazy or selfish. If you've been feeling disconnected for a while, get help. You'll feel sheepish making that first CAPS appointment, but sometimes it takes only one session with a professional to figure out what you need to do to get out of that funk. Sadness is a feeling, not a logical reasoning that comes from being smart. Keep up lines of communication; calling your friend and asking them to lunch can be enough to lift your spirits considerably. Research shows that exercising can be a very effective way of treating depression, as can adopting a healthy diet. Don't add another dimension to your emotional struggle by worrying about your depression. Getting told time and time again that these are the best years of your life puts pressure on students to be happy all the time, when that simply isn't the case. Life goes on for a while after college, and the best years are just ahead.

I'm thankful to say that by adopting healthy habits, taking up meditation and reaching out to friends and family, I overcame what was the hardest and loneliest year of my life. I rewarded myself by getting the letters “tsp” tatted on my wrist. It's reminder of the most important advice I've ever heard: “this too shall pass.”

A Healthy Lifestyle is Easily Attainable Given the Resources Available on Campus

► **FRESHMEN** from page 7

intellectual and emotional. This space is a collaborative space for UCSD's Health, Recreation and Well-Being cluster, which includes Counseling and Psychological Services (CAPS), Sexual Assault & Violence Prevention Resource Center (SARC), UCSD Recreation and Student Health Services (SHS).

Each week, The Zone features free programs such as yoga, meditation and zumba to promote the eight fundamental dimensions of their program and introduce students to other campus wellness services. A popular service provided by The Zone are the therapy dogs. These canine companions from San Diego's Love on a Lease come to The Zone to play with students for the students' clinically proven stress relief.

“We have healthy cooking demonstrations that teach students nutritious recipes,” Zone program coordinator Iris Crowe-Lerma said. “They are usually vegetarian. We offer a cookbook here that has all the recipes that are healthy and easy to make.”

All services provided by The Zone are free for students so there's no need to add financial stress to your list of worries.

Another program available to students is the nutritional consultation provided by UCSD Recreation. UCSD's registered dietitian, Yumi Petrisko, helps students address health and nutrition history, make nutrition goals, and create a nutrition care plan during one-on-one or group consultations. For students with SHIP, her services are free, and for those without SHIP, a small price of \$20 is necessary. Call Central Scheduling in order to schedule an appointment and take

one step closer to good, overall health.

UCSD Recreation organizes other great activities. This on-campus organization provides students with informal recreation classes and formal classes to fight the flab and meet new people. All classes provided are located on campus and are typically around \$100 for about 10 sessions during the quarter.

“With over 100 sports facilities here on campus,” Crowe-Lerma said, “There's really no reason not to be active.”

Recreation also provides opportunities for students to be one with nature through its Outback Adventures, which includes backpacking, white water rafting and horseback riding trips such as a camping trip to Joshua Tree. These trips are a little on the pricey side, but if you don't mind dropping a couple hundred dollars for an amazing experience in the wilderness, Outback Adventures would be your best choice.

Intramural sports such as beach volleyball and dodgeball offer alternatives to working out at the gym. Another option is to join one of the various sports clubs and represent the Tritons. These clubs include not only your traditional sports, such as soccer, volleyball and water polo, but are also not-as-traditional sports such as dance, cycling and sailing.

There are also recreational dance clubs available for the less sporty. With beat-dropping hip hop groups, such as Ascension and 4n01, and cultural dance clubs, such as Chinese Dance Association and Da Real Punjabiz, UCSD remains diverse even within its physical activities.

Students can also sign up for dance classes (TDMV 1) like ballet, contemporary and jazz, ranging from

beginner to advanced classes. Sign up through WebReg and shake what your mama gave you; working toward your GEs has never been more fun.


And finally, the simplest solution in three easy words: Hit the gym. With two, large, indoor facilities on opposite ends of the campus, UCSD has provided easy access for students to break a sweat for free. It's easy to get bogged down with the stress of classes and extracurricular activities so sometimes working out will be the last thing on your to-do list, but making simple, healthy changes is essential to fighting off the freshman 15.

“Even just simply walking to class instead of taking the shuttle [or] taking the stairs,” The Zone's marketing intern Natalie Wong said. “Just little things. They may not seem like much when you're doing it, but it really does add up.”

In order to keep off the freshman 15, many programs on campus suggest not only exercising and watching what you eat, but also maintaining overall balance.


“It's not about starving yourself, because a lot of students think ‘Oh, dieting... but actually that's worse,” Wong said. “It's all about balance — balancing your diet, balancing your life, and making time for yourself and to exercise. Those are the things that also help with stress, and stress can affect your eating habits and your sleeping schedule too. Eating isn't the only thing that affects the weight that you gain or lose.”

With so many different options, choosing an activity to ward away the freshman 15 can be a daunting task. But with programs ranging from recreational class to free programs at The Zone, everyone is able to find what works best for them.

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Martin McDonagh Talks Dream Team Cast and Tom Waits Collaboration



► MCDONAGH from page 6

him a writer who's writing 'Seven Psychopaths' — it's an easy conclusion to make. But I also share Colin's character's view of violence in films and his desire to explore a way that films can be equally about love and peace, and still be cool."

The story-within-a-story method has marked much of McDonagh's work, including his beloved 2003 play "The Pillowman," which was also about a writer's (decidedly more grisly) relationship with his stories.

"I kind of see this as a film equivalent to what I was trying to do in 'Pillowman,'" says McDonagh. "But I'll probably leave that style of storytelling alone for now. I'd like to just

concentrate on the stories in their own right, achieving something pure. Did you see 'The Master' yet? I loved that. It was something so pure — not tricky — and meaty. That's the kind of film I'd like to work on next."

Aside from its labyrinthian twists and darkly comic take on the crime thriller, "Seven Psychopaths" is most notable for its incredible ensemble cast for which McDonagh cherry-picked some of American indie cinema's finest. In addition to Farrell and Rockwell, Woody Harrelson is brilliant as the film's antagonist, Christopher Walken takes peyote and wanders a desert for the entire second half of the film, the great Tom Waits plays a serial killer-killer à la Dexter and "Precious" Gabourey Sidibe gets

ALBUM REVIEW

House of a Thousand Beats

Flying Lotus returns with an impressive hip-hop balancing act.



Until the Silence Comes
Flying Lotus
Columbia Records

The latest sonic foray from Flying Lotus, *Until the Silence Comes*, finds the preeminent sage of electronic hip-hop coping with a serious split personality. On the one hand, there is an ethereal presence in these songs. On "All In," the very first cut off the album, harps gently trace vacillating curves. Electronically softened vocal samples from the likes of Thom Yorke and Erykah Badu shyly peer out of the psyched-out beats.

a handgun held to her head.

Most exciting for McDonagh, however, was the prolific Harry Dean Stanton.

"I couldn't believe it — it was really just a matter of asking Harry," says McDonagh. "I had dinner with him and he said 'tell me what it's about.' So I did, and I got to the violence and he said, 'ah I don't really like violence,' but when I told him what the twist was he said 'oh well I'm really interested in all the eastern philosophies. I'll do it.' It was that simple [laughs]. Christ, this is just the dream for any kid who loves movies."

While "Seven Psychopaths" will inevitably acquire McDonagh a wider mainstream fanbase, giving Tarantino a run for his money

Synth lines tentatively wander across entire tracks, like on "Dream to Me," an entire song built on the synth's gradual, gentle rise and fall.

But FlyLo places this calm sensibility at odds with drum loops that are both complex and breathless, lending a sense of urgency. Hi-hats, kicks and snares seem to be engaged in some kind of race, only loosely bound by the constraints of time signatures. The synth even morphs into a heavy, dub-step womp on "Sultan's Request."

The rest of *Until the Quiet Comes* is populated by FlyLo's notoriously vast catalog of curious sampled noises. These sounds, whether from a maraca or a piece of sheet metal being vigorously shaken, are condensed and clipped, sounding rushed and incomplete as if fed through a vast and funky black hole. The coupling of what sounds like a chopped-up bird and Yorke's ghostly voice on "Electric

Candyman," serves as the most distinctive (and rewarding) of this light-vs.-dark approach.

Keep in mind that Steve Ellison, the man behind the (often literal) mask of Flying Lotus, is one of the leaders of the LA-based "beat music" movement, the protege of the late master J Dilla and the great-nephew of Alice Coltrane, the wife of jazz legend John Coltrane. As in jazz, FlyLo makes busy, conversational songs that flirt with, but thankfully never cross, the threshold of chaos. True to his teacher, though, Ellison contains all of this sound within the familiar drum kit template of roots hip-hop. And it is in this very celebration of contradiction that Ellison has left the landscape of hip-hop production more fertile than it has been in years.

— Sebastian Brady
STAFF WRITER

“

I'd like to just concentrate on the stories in their own right, achieving something pure. Did you see 'The Master' yet? I loved that. It was something so pure — not tricky — and meaty. That's the kind of film I'd like to work on next."

— Martin McDonagh
FILMMAKER

this awards season, those who've followed the writer's past work will likely have one unresolved question. Last year, rumors began circulating that McDonagh and "Psychopaths" collaborator Tom Waits were working on a Broadway musical — a gin-soaked folktale lover's dream come true.

"It kind of fell through," admits McDonagh, "and it was pretty loose from the start. But I had so much fun working with Tom on this, and I'm in touch with him all the time. I might go ahead and write it and see if he wants to contribute. I certainly want to work with him again in some capacity anyway."

Let's hope the stars align for this one.

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UCSDGUARDIAN.ORG/JOBS

EDITORS' PICKS CALENDAR

THURS.
10/4

ARIEL PINK'S HAUNTED GRAFFITI
THE IRENIC / 8:30 P.M. / \$18

Retro avant-glam hermit Ariel Pink has been called charlatan, a bad comedian and a talentless hack. He also happens to be one of the greatest and most prolific songwriters of our time. Come slip into a hazy, VHS, 80s pop-rock dream at the Irenic. Dam-Funk opens.



FRI.
10/5

DEL MAR GEM FAIRE
DEL MAR FAIR GROUNDS / 12 P.M. - 5 P.M. / \$7

Need to refresh your jewelry box? With \$7 general admission ticket, you can shop jewelry, gems, beads, crystals, silver and minerals from various dealers.

PACIFICA QUARTET
CONRAD PRESBYS CONCERT HALL / 8 P.M. - 10 P.M. / \$11

Don't miss your chance to listen to the impressive ensemble's personal interpretations of contemporary and classical composers.



GOODFELLAS
FULL MOON DRIVE-IN / 7:30 P.M. / \$20 PER CAR

Come catch Scorsese's ultra-stylish, ultra-violent gangster classic under the stars at Pacific Beach's Full Moon Drive-In. Prices are per-car, so cram in the back of your friends stationwagon.

DISORIENTATION
OLD STUDENT CENTER / 11 A.M. - 10:30 P.M. / FREE

Progressive orgs on campus will table and the co-ops will host workshops throughout the day in the Old Student Center. From 6 - 10 p.m., bands will perform at the Disco Disco at Che Cafe.

SAT.
10/6



8TH ANNUAL OLD TOWN SAN DIEGO ART FESTIVAL
SAN DIEGO AVENUE FROM CONDE STREET INTO OLD TOWN / 10 A.M. - 6 P.M. / FREE

Be exposed to the contemporary arts and the flavors of Old Town while enjoying continuous live entertainment. This is a two day event.

DEL MAR MUD RUN
DEL MAR FAIRGROUNDS / 8 A.M. - 12 P.M. / ??

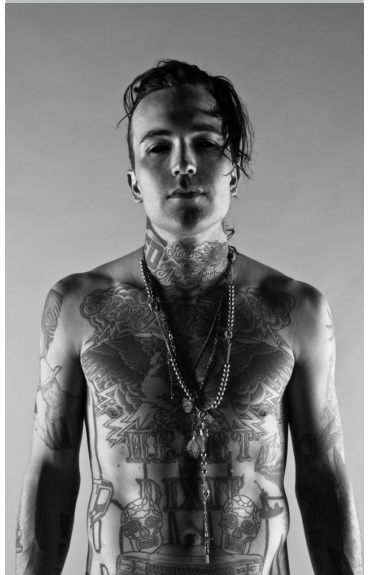
Time to get down and dirty! Sign up now and challenge yourself through the infamously overwhelming 5K Mud Run. Don't miss the Mud Fest after-party.



SUN.
10/7

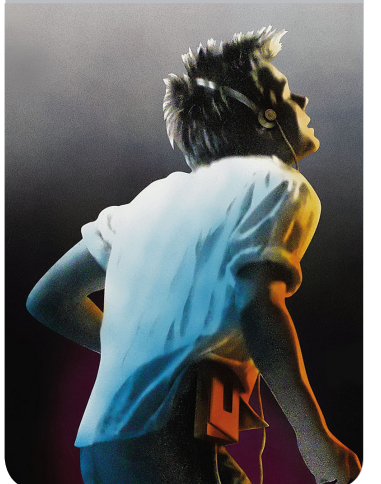
YELAWOLF
HOUSE OF BLUES / 8 P.M. / \$17

Rising underground rapper and Eminem homie Yelawolf released his brand of white rap upon mainstream masses with his 2011 release Radioactive. Now, he's touring his upcoming album Love Story, set for release next year.



FOOTLOOSE
BIRCH NORTH PARK THEATER / 2 P.M. / \$38

Is that \$40 burning a hole in your pocket? Do you just need to dance? Come see this classic live at the Birch North Park Theater and keep on living the dream.



MON.
10/8

MIDDLE EASTERN BELLY-DANCE CLASS
WORLDBEAT CULTURAL CENTER / 7 P.M. / \$12

Belly-Dance to the tribal live drumming and feel the Middle Eastern vibe — all while getting a pretty decent workout.



TUES.
10/9

XZIBIT
PORTER'S PUB / 8 P.M. / \$20

Bored on a Tuesday night? Xzibit is 'bouta put a hip-show in your pub, so you can hip-hop while you pub. This West Coast rapper has worked with Snoop, Dre, Eminem and, of course, Alice Cooper. He's starred alongside Nic Cage in Herzog's "Bad Lieutenant: Port of Call New Orleans," and first wooed fans back in 1996 with his glorious hit single "Paparazzi." He's also pimped many, many a ride. Respect.

WED.
10/10

KENDRICK LAMAR
SOMA / 7 P.M. / \$27

Kendrick Lamar has erupted in the indie rap world since the release of his excellent mixtape/epic Section.80 back in 2011. Since then, he's been building a reputation and a mystique under the tutelage of Dre and Kanye West, and his very promising debut album is set for release at the end of this year.

UCSDTV PREMIERE: LOCAL LEGENDS: THE LEOPARD SHARKS OF LA JOLLA SHORES
UCSD TV / 8 P.M. / FREE

Learn more about San Diego - join Andy Norsal, a Scripps Ph.D. student to discover facts about local leopard sharks.



HALCYON DAYS By Christie Yi



Parking on Campus is a Burden to Dorm Residents

► HOUSING, from page 4

opted to live in a triple will pay \$9,698 a year, plus \$2,950 on dining dollars. That's \$1,405 a month, without factoring in fun expenses like the movies, going shopping or eating out at a restaurant.

The final kicker is, you guessed it: Parking. When you live off campus, it is almost always guaranteed that your rent includes a couple reserved parking spots — after all, everyone needs access to a car in San Diego if they want to see farther than their front yard. But UCSD doesn't see it that way — if you want your car

on campus you will need to cough up \$732 a year. Parking is not only expensive, it's scarce. Of the 14,138 parking spaces on campus, there are only 4,910 S spots. And UCSD isn't working to increase this number — in fact, 133 S spots were actually eliminated in 2010. Parking is a huge deterrent to living on campus. If UCSD could lower the cost of student parking permits and increase the number of student parking spots, more students would be encouraged to return to on-campus living.

In addition to lowering the cost of parking permits, Housing, Dining and Hospitality should re-evaluate many

aspects of their budget with the sole purpose of making on-campus living more affordable. If dishwashing is a high expense, UCSD should look into getting rid of trays. Williams College in Massachusetts saved an estimated 14,000 gallons of water annually since eliminating trays in one of their dining halls, according to Zilkha Center for Environmental Initiatives.

UCSD is known for being an extremely innovative campus, so let's find ways that we can channel that creativity into affordable student life. A four-year guarantee for housing won't mean much until on-campus living becomes more desirable.

LETTER TO THE EDITOR

UC Employee Benefits Must Be Improved

Dear Editor,

As the people who cook, clean and care for the students and the campus, the work we do is essential to the University of California's ability to provide students with a world-class education. Our work isn't glamorous, but the purpose of our work is to support the students — our future — and we take real pride in that. Today, we are engaged in a struggle with the UC administration over issues that affect us and our families deeply: retirement with dignity, wages and jobs that sustain us, and the ability to advocate for ourselves and the campus community that we serve.

At age 60, after 20-plus years of hard work, we will retire with permanent injuries, unaffordable healthcare and an average retirement income of \$18,000 a year. By contrast, UC President Mark Yudof can retire after just seven years of service to the UC system on more than \$350,000 a year, with decreased health insurance costs.

We pay for our retirement benefits each month of our working lives so that we can afford to stop working when we are old, and we have foregone hefty raises for the promise of healthcare when our bodies are too broken to work. The UC Regents, however, have proposed changes to these benefits that will leave us impoverished: We would retire at age 65, well past the point of physical ability, and for some of us, the increased cost of our health insurance would exceed our monthly retirement income. Yet our risk of work-related injury is only increasing.

The UC system now hires fewer custodians, maintenance workers and gardeners to clean campus restrooms, fix the lights in classrooms, and

make the campus clean and safe. The people who work for outside contractors, make poverty wages with no benefits and have no rights at work are increasingly doing these jobs. This creates unsafe working conditions for us and poor conditions for UC students' education.

For this, students are paying higher fees, yet the training and research they do while at the UC system is the foundation for what is a highly profitable university system. We think that the UC system can and should do better.

The UC system is the third-largest employer in the state, impacts one out of 46 jobs in the state, and reported an increase of \$414 million in net assets last year. The University of California is an economic engine that can either help drive the state's economy forward or help drag it down, but the administration is making further and deeper cuts to students' education and our livelihoods. How will workers be able to retire if the UC system continues to cut our pensions? How will students be able to earn their degrees if the UC continues to raise fees and cut classes? How will California recover and grow if the UC system's workers and graduates are living in debt?

We ask that the campus community understand, as they see us on the picket line this year, that we are putting our greatest effort into reaching a fair agreement with the UC administration — one that honors our dignity, safety and livelihoods, and that can help to restore the excellence that students deserve and should expect from the University of California.

—Kathryn Lybarger
President, American Federation of State, County, and Municipal Employees, Local 3299

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CLASSIFIEDS

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FOR SALE

55" Mitsubishi HDTV \$ 300.00. Mitsubishi Great HDTV 55", Original owner. Works great, Picture is beautiful. Mitsubishi WS-55511 (909) 670-6645 Listing ID: 39309760 at ucsdguardian.org/classifieds for more information

Womens beach cruiser "firmstrong" - \$120. tires, tubes, chain, saddle, & wheels have all been replaced, = they are brand new, bike is in perfect condition. Listing ID: 39430032 at ucsdguardian.org/classifieds for more information

Puppies for sale - 150.00. AUSTRALIAN SHEPHERD MIX, 2 month puppies, with Australian Cattle dog, 3 males and 1 female. Listing ID: 39309216 at ucsdguardian.org/classifieds for more information

JOBS

Marketing and PR Intern for SD Museum Artists Guild. We are seeking an intern to help us market and do PR work with the guild. You will be working with an experienced team of professional marketers. You will learn valuable marketing and PR skills as related to the art world. Activities will include writing press releases, learning and executing web marketing including Pay-Per-Click campaigns. We are an all volunteer organisation. As a student, this position would likely be eligible for class credit. As a volunteer, you would be gaining valuable insight into the art world of San Diego. A free one-year membership is being offered to the right candidate, which will grant you access to members only shows and exhibitions. You do not need to be an artist to participate. If you know someone interested in marketing, please pass on this opportunity. Please email your resume and a short introduction to yourself when applying to this position. You can find out more about the Artists Guild here: <http://sdmaag.org/> Listing ID: 39366751 at ucsdguardian.org/classifieds for more information

Donor Communications Intern (Spring 2013). Invisible Children's competitive Internship Program is designed to be a learning opportunity for people who are interested in pursuing careers in various aspects of film, media, non profit management, and/or international development work. As an intern, you will have the opportunity to work alongside Invisible Children staff and offer insight and creativity to your position while you gain professional experience in an innovative work environment. Listing ID: 39127720 at ucsdguardian.org/classifieds for more information

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Looking for female to share 1b/1b at Costa Verde [UTC] - \$600 - I am a working professional looking for a female (preferably vegetarian) to share a 1b/1b with loft (top floor unit) at the Costa Verde Apartment Complex in UTC. You get to use the loft exclusively (loft can easily hold a queen size bed) and a walk-in closet. The apartment is clean and fully furnished; kitchen fully stocked. Ready for move in with minimal stuff. Your share of the rent would be \$600+1/2 utilities. Washer/ dryer in unit. Assigned parking available for \$50 p.m. extra. Move-in date after Aug 15. Lease term negotiable. Please call Anu at (408) 420 0183 or email anu.ramaswamy@gmail.com if interested. No pets. Listing ID: 39366759 at ucsdguardian.org/classifieds for more information

Tanaya: woman, 22 - Need a Share/Room in San Diego, CA - \$500. Need a Room - Full time employee; recent grad from UCSD Listing ID: 39430017 at ucsdguardian.org/classifieds for more information

Karissa: woman, 20 - Need a Share/Room

in San Diego, CA - \$350 Hello I'm looking for a room - I am a 20 yr old single mother. My son is three years old. I have a part time job and am trying very hard to get a 2nd job hopefully soon. I am very friendly and easy going. Listing ID: 39430018 at ucsdguardian.org/classifieds for more information

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SUDOKU

Complete the grid so each row, column and 3-by-3 box (in bold borders) contains every digit, 1 to 9. For strategies on how to solve Sudoku, visit www.sudoku.org.uk

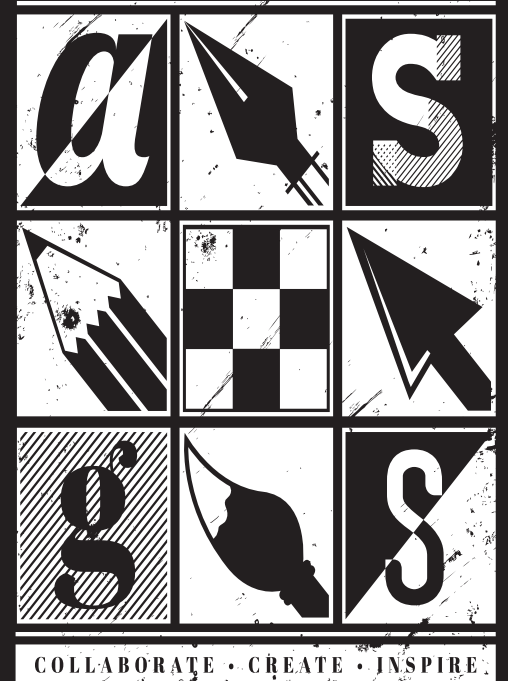
Level: 1

4	3	4						6
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4						7		9

Level: 1

4					5			
3			9	1				4
2	6			8				5
1	9	8		6				
					3		6	1
	5			2			9	7
		1	3			9	2	
				6				

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Meet to Serve as Test for Championships

► **CROSS COUNTRY**, from page 12

them to success," Chang said. "This batch of underclassmen is composed and determined that nothing will get in our way."

Chang placed third at last year's Triton Invitational followed shortly after by sophomores Dani Brabender and Michelle LeRoux. Brabender placed third for the Tritons in Conference last year, just behind Michelle LeRoux who also garnered All-CCAA honors. Freshman Marie Diaz and Carolina Guzman have also posted top marks for UCSD. They took seventh and eighth respectively at the UCSD opener in August. This season, senior Elena Inouye returns to the roster after redshirting last year. Inouye is back into form, placing fifth overall at the Lancer Classic hosted by Cal Baptist last week.

The invite will be vital for Tritons to gain confidence against powerhouses Chico and San Francisco State, as well as Humboldt, CSU Los Angeles and Cal Poly Pomona.

Readers can contact Nash Howe at nshowe@ucsd.edu



NOLAN THOMAS/GUARDIAN FILE



NOLAN THOMAS/GUARDIAN FILE

Is There Still Room for Old School Coaches?

► **UDA**, from page 12

who's unafraid to yell at his players, leaving hurt feelings to be dealt with by younger, more relatable assistant coaches.

It wasn't until the start of the men's soccer game that I saw the comical contrast in approach between McManus and UCSD Head Coach Jon Pascale. Flanked by assistants Eric Bucchere and Ryan Hernandez — two twenty-somethings who wouldn't look out

of place in a UCSD uniform — the staff creates a much more mellow atmosphere during the pregame.

In a voice that was never loud enough to be heard clearly from the scores booth, Pascale calmly outlined objectives before sending his players on the field. At the same time assistant coaches pulled players to the side, patting backs, giving individual advice to substitutes and defusing frustrated forwards.

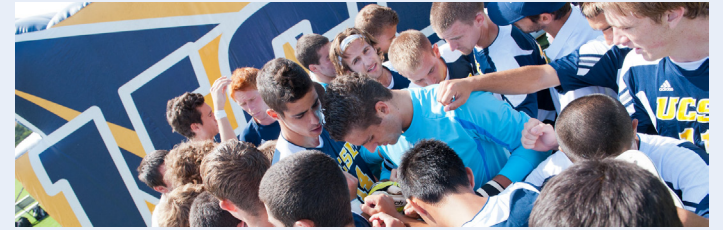
Creating a climate of solidarity, where players aren't intimidated by

their coaches, seemed the superior strategy on Sunday. Pascale's squad pulled strength from each other to extend their lead into the second half, while the women seemed unable to gather the composure to pose an attack late in the game.

There will probably always be a place for "old-school" coaches, for as long as Vince Lombardi and John Madden are fixtures in the American consciousness. But for now it seems the new school is gaining ground.

CCAA MEN'S SOCCER

	Record	Win %
UC San Diego	5-1-2	0.750
Cal State L.A.	5-2-1	0.868
Cal State San Bernardino	3-1-4	0.625
Cal State Dominguez Hills	4-4	0.500
Cal Poly Pomona	1-4-2	0.286
San Francisco State	0-4-3	0.214



CCAA WOMEN'S SOCCER

	Record	Win %
UC San Diego	6-1-1	0.812
Cal State L.A.	4-3-1	0.562
Cal State San Bernardino	4-3-1	0.562
Cal State Dominguez Hills	1-6-1	0.188
Cal Poly Pomona	2-4-1	0.357
San Francisco State	2-5	0.286




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SPORTS

TRITONS HOST UCSD INVITATIONAL

BY NASH HOWE
ASSOCIATE SPORTS
EDITORSat., Oct. 6
Men's Race: 8 a.m.
Women's Race: 9:45 a.m.

NOLAN THOMAS/GUARDIAN FILE

This weekend, UCSD will host the Annual Triton Cross Country Classic, Saturday Oct. 6.

The Annual Triton Cross Country Classic is a UCSD tradition 20 years in the running. The tournament plays host to strong Division I programs, including UC Irvine, Loyola Marymount and San Diego State.

Traditionally, two weeks before the conference championships, the Triton Invitational serves as a gauge for who is healthy, who is ready to run and, more importantly, who has put in the necessary work to step up big at the CCAA tournament.

This year, the CCAA tournament will be held at UCSD. And the Triton Invitational is not simply a preparation for conference, but a legitimate measure of what, and whom, UCSD will deliver at the conference cham-

pionships on Oct. 20. The last time the Triton Invitational was hosted by UCSD was in 2006. The men fell third to distance powerhouse Chico State and Cal Poly Pomona. The women also finished third behind Chico and CSU Los Angeles.

This Saturday, the men will face competition in their 8k race against Cal Baptist, CSU Northridge, Christian Brothers, Concordia, Hawaii Pacific, Loyola Marymount, Marymount College, Orange Coast College, Point Loma, San Diego, San Diego Christian, Soka, Southwestern, UC Irvine and CCAA competitors in Cal Poly Pomona and CSU Monterey Bay.

Three juniors have taken up leadership roles for UCSD. Junior Kellen Levy, who has been UCSD's top runner in every meet he has competed in this season and was UCSD's second-best runner last year at conference, leads

the Tritons this season. Also clocking strong times for the Tritons are juniors Mario Flores and Ben Rich. Flores, took the final scoring position for UCSD at conference, while Rich placed third of UCSD runners and 18th overall last season.

Levy, Flores and Rich will be critical in pulling along underclassmen standouts freshmen Tareq Alwafai and Scott Acton. The two Tritons led UCSD at their last meet against Cal Baptist. The pair have been consistent all season. The men's 8k will begin at 9 a.m. this Saturday, Oct. 6.

The women begin their 6k at 9:45 a.m., where UCSD hosts talent from Cal Baptist, Bakersfield, Northridge, Christian Brothers, Concordia, Hawaii Pacific, Loyola Marymount, Marymount College, Orange Coast College, Pacific, Point Loma, San Diego State, San Diego Christian,

Soka, Southwestern, UC Irvine, UN Las Vegas and CCAA opponents from Cal Poly Pomona, CSU Los Angeles, CSU Monterey Bay and CSU San Bernardino.

Last year, sophomore Chia Chang led the Tritons and finished seventh overall in the CCAA. She has continued to dominate the field, and still hasn't fallen behind any UCSD runner in her past nine races.

"I feel [the Triton Classic] is a great opportunity for us and me to get a glimpse of the competition of the actual conference course," Chang said. "It will be similar to a warm up, before the real deal."

Chang said that the Tritons have a strong group of runners in 2012.

"We have a very young and talented team in which I am confident to lead

See CROSS COUNTRY, page 11

Coaching:
Good
Cops
and Bad

Sitting in the stands at a UCSD Women's Soccer game, you're going to hear head coach Brian McManus before you see him.

When you finally catch sight of the man behind the Scottish bark, you'll see the 26-year tenured coach alternately crowding the sideline to issue his marching orders, mulling over a bad pass or evaluating the referees...loudly.

Play It As It
LaysRACHEL UDA
ruda@ucsd.edu

Last Sunday, Sept. 30, if it wasn't clear who won the matchup between CSU San Bernardino and UCSD, McManus made a point to clarify in his postgame interview.

"Teams are coming out and pressuring us, and we're not handling the pressure. We're too damn soft," McManus said in UCSD's official post game interview.

In response to the followup — whether there is anything positive the team could take out of the loss — McManus replied, "Not really. Not really. At halftime I tried to be nice to them, I tried not to get into them. I thought they would play through it, but they needed their backsides kicked and they needed a wakeup call, and this was a big time wakeup call."

Granted, the loss was UCSD's first of the season. But in the realm of college sports, the antics of a veteran coach — easily likened to a four-year old who lost his favorite toy — is not only acceptable, it's celebrated.

However McManus is one of a dying breed, a so-called "old school coach" in the Vince Lombardi, Bob Knight, Mike Ditka fashion. A coach

See UDA, page 11

Tritons Prepare for CCAA Road Trip

BY RACHEL UDA / SPORTS EDITOR

MEN'S SOCCER

After taking two shut-out wins last weekend, the UCSD Men's Soccer team now sits at the top of the CCAA conference standings. The Tritons, at 5-1-2 overall, will be taking a trip up north to Sonoma State this Friday, Oct. 5.

With only one game this weekend — the Humboldt State Men's Soccer team was discharged from participation in the 2012 season — UCSD Head Coach Jon Pascale will be able to exhaust his players.

The Tritons will need to field their best 11 against the Seawolves, who are tied for the first position in the CCAA North. But Sonoma State—a perennial powerhouse in

Division II Men's Soccer— seems to be in the middle of a slump. The Seawolves' last win was two weeks ago against Cal Poly Pomona, a 1-0 victory at their home field. Since then, Sonoma State fell to Chico State before settling for two 1-1 ties against CCAA North Division opponents CSU Stanislaus and Chico State.

Conversely, the Tritons have yet to concede a loss in seven games.

A win this weekend would put UCSD solidly at the top of the standings, and would make UCSD a very serious contender in the postseason race.



BRIAN YIP/GUARDIAN FILE

WOMEN'S SOCCER

Last weekend, the UCSD Women's Soccer team saw its first set of blemishes on their formerly untarnished 6-0 record.

Last Friday, Sept. 28, the Tritons drew with CSU Dominguez Hills 1-1. The following Sunday, Sept. 30, UCSD saw a 1-0 overtime loss to CSU San Bernardino.

The Tritons remain at the top of the CCAA South Division standings, but have been overtaken by Sonoma State in the overall standings. Although the Tritons have secured a two-game lead over south division opponents CSU Los Angeles and CSU San

Bernardino, this weekend's matchup will likely serve as a precursor to the CCAA conference championships.

Along with No. 10 CSU Stanislaus and No. 17 UCSD, Sonoma State is currently the only other team in the CCAA to be ranked nationally. With a 9-1 record, the Seawolves are ranked No. 13, four spots above the Tritons, who fell in the rankings after last weekend's poor performances.

The Tritons are also slated to face Humboldt State. The Lumberjacks fell under a three-game suspension for the same infraction that cancelled the Humboldt Men's Soccer team's season.

Humboldt State has only won one of their six games in 2012, and are currently ranked at the bottom of the CCAA standings.