

## Gay performance and video artist, Paul Best, holds a master of fine arts video show

## September 7, 1982

Paul Best, Gay performance and video artist, will hold a master of fine arts video show in the East Room of the Mandeville Center at the University of California, San Diego September 16-18.

The show, titled "Becoming the Perfect Gay Man," will be open from 10 a.m. until 5 p.m.

A reception and performance of the piece "The Gay Pursuit of Muscle" will be held on Friday, September 17 at 7 p.m. Admission is free.

Paul Best, a native San Diegan, documents his two-year continuous performance in which he explores the current trend of bodybuilding among Gay men in San Diego. The show, consisting of video tapes and artist's books, offers the artist as his own subject in a light, humorous way, documenting the physical and emotional results of a two-year intense bodybuilding regimen. The documentation examines how bodybuilding, as well as alterations in hair style and color, has affected his social and sexual life in the Gay community. Call 452-2860 for additional information.

For more information contact: Paul Lowenberg, 452-3120 or Paul Best, 452-2860

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